



EBUC

EUROPEAN BEACH  
ULTIMATE CHAMPIONSHIPS

PRAIA DA ROCHA PORTUGAL MAY 6-11 '19

WFDF

BULA

European  
Beach Ultimate  
Championships  
2019  
EVENT HANDBOOK

This event was made possible by:



## Official Event Partners



ulti.TV



## Sponsors



# Contents

04

Welcome

09

Beach Ultimate

10

Program

11

Map

12

Pools

14

Meet the EBUC team

16

About the WFDF

18

About BULA and APUDD

19

Online

20

Important Player information

21

Food & Beverage

22

Do's and Don'ts



## To all participants in the WFDF 2019 EBUC

On behalf of the World Flying Disc Federation, I would like to welcome all athletes, coaches, staff, supporters, and spectators to Praia da Rocha, Portimão Portugal, for the WFDF 2019 European Beach Ultimate Championships, in association with BULA (EBUC). Praia da Rocha Beach is the perfect location for EBUC, and we are confident you will enjoy this unique setting for this premier European event for Beach Ultimate.

WFDF is pleased to see 88 teams from 21 countries and over 1,300 players participating in this year's event. The event was last hosted in 2013 by Calafell Spain. It is great to see the popularity of Beach Ultimate in the region continue to grow, following the very successful WCBU hosted in France in 2017 with 22 European countries attending. These past events have set a high standard and were a tremendous success. We know that this next generation of the elite Beach Ultimate players in Europe will enjoy themselves as they assemble in Portugal.

WFDF would like to thank the local authorities for their support, especially the region of Portimão – European Sports City 2019. We also applaud all the efforts and hard work of the Tournament Organizing Committee, headed by Tournament Director Sofia Pereira, and the Portuguese Flying Disc Association (Associação Portuguesa de Ultimate e Desportos de Disco - APUDD). We also thank the team at BULA headed by President Patrick van der Valk consulting with the TOC as WFDF's Official Beach Ultimate Partner. All groups have done their utmost to prepare a special event and the best conditions for all participants.

I wish all teams competitive success and hope that you have an enjoyable tournament, with great memories that will last for years to come!

Very truly yours,

*Nob*



**Robert "Nob" Rauch**  
WFDF President  
[president@wdf.org](mailto:president@wdf.org)





### Dear EBUC2019 Participants,

What a pleasure to welcome you to Portugal! It is absolutely incredible to see the growth of beach ultimate since the first World Championships in 2004 in Figueira da Foz, thanks to the fantastic work of WFDF and BULA. Also, these championships could never have happened without the Portuguese Flying Disc Association (APUDD), the local Portimão team UFA, the Maritime authorities, and the Portimão Municipality.

This week, I look forward to putting this event on the map of this positive growth trend with all of you. Whether you are here as a player, coach or team support, guest, volunteer, partner, or a member of media or staff, you are the reason why we are all here and why this event is so special.

Wishes for a fantastic week of highly competitive games, meeting up with old friends and making new ones, and lots of sandy smiles!

See you on the beach!



**Sofia C. Pereira**  
Tournament Director

It's filled with proudness and great enthusiasm that, on behalf of the City of Portimão, I welcome the WFDF 2019 European Beach Ultimate Championships.

It's a great honour to be part of the elite group of cities that host this premier European event for Beach Ultimate. We believe in the success of this event.

Portimão offers a fantastic climate, a very rich natural beauty, renewed riversides, first class hotels, and outstanding people, which helps create Transnational Tourism Products.

**WE LOVE SPORTS! AND BIG CHALLENGES!**

These championships will help us achieve a strong position as a European City of Sports and, for this, we thank you!

I would like to stress the hard work (team work, I would say!) and dedication of all those involved in making this event a reality.

I hope you will leave with good memories of Portimão and that you have a successful season in 2019.



**Isilda Gomes**  
Mayor of Portimão

### To all participants at EBUC 2019

On behalf of the Portuguese Flying Disc Association (APUDD), I would like to welcome all athletes, coaches, staff, volunteers, students, supporters, and spectators to Praia da Rocha, Portimão Portugal, for the WFDF 2019 European Beach Ultimate Championships, in association with BULA. Praia da Rocha is a beach with history, beauty and one of the few in the country with the capacity to host events with this dimension.

It's a huge privilege to receive EBUC 2019 in Portugal, and I believe this event will have a significant impact on the development of (Beach) Ultimate and Disc Sports in Portugal. In this year of transformation, EBUC will reinforce ongoing development projects with schools and universities.

I also want to thank all those who were involved this event. Special thanks to the Municipality of Portimão, (European city of sport), the Portuguese Institute of Youth and Sport, the Portuguese Olympic Committee, WFDF, BULA and all the staff who have worked hard from the beginning to make EBUC 2019 a great experience.

I especially wish that all participants enjoy themselves in a competitive way. Play the sport you love so much, with a lot of fair play, respect and friendship.

Kind regards,



**José Pedro Amoroso**

APUDD President

[presidente@portugal-ultimate.org](mailto:presidente@portugal-ultimate.org)



### **To all Beach Ultimate Lovers**

Thank you, city of Portimão! Thank you, World Flying Disc Federation. Thank you, Portuguese Flying Disc Association, tournament organizing committee, all the volunteers, partners, players, support staff, and anyone who I might have missed and who helped to make the European Beach Ultimate Championships happen!

I am thrilled to see how the sport has grown since the first BULA World Championships in Portugal in 2004, and what all of you have done to make this growth happen.

Beach Ultimate is an amazing sport! The ability for players to compete at the highest level, while fully self-refereed and consistently adhering to Spirit of the Game, shows me that a world based on respectful communication and fair-mindedness can lead to great enjoyment, where winning is a journey, not a goal. Keep it up!

I wish all teams the best in their games. Enjoy the city, the beach, and Portuguese hospitality.

See you on the beach!

Patrick



**Patrick van der Valk**  
BULA President  
[patrick@beachultimate.org](mailto:patrick@beachultimate.org)

# Beach Ultimate

Beach Ultimate is a fast growing and exciting sport. Teams of 5 players try to score points by receiving the flying disc (frisbee) in the endzone of the opponent (similar to American Football).

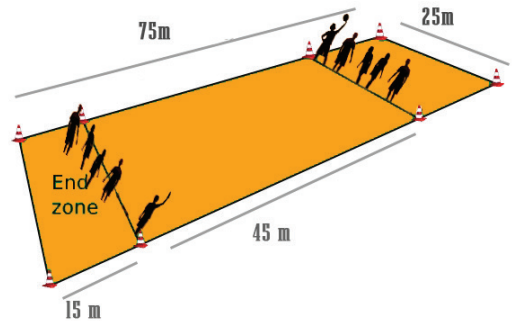
## Movement of the disc and the players

The disc can be thrown from one player to another in any direction. A player may not run with the disc in hand. The person with the disc in hand has 10 seconds to throw the disc to a teammate.

## Change of possession

A turnover (i.e. defense takes possession of the disc and becomes offense) results whenever one of the following items occur:

- the disc touches the ground (also when first touched by the defense)
- the disc is caught outside the field (line is out)
- the disc is intercepted by an opposing player



## Scoring

A goal, worth 1 point, is scored when a player throws the disc to a teammate and it is successfully caught in the endzone of the other team. Games are 45 minutes or until a team reaches 13 points

## Player substitutions

A player can only be substituted after a score was made and the teams are lining up, or if a player is injured. No other substitutions can take place while the point is in progress.

## Non-contact

Beach Ultimate is a non-contact sport and when a player initiates contact on another player a foul is committed.

## Self-Refereeing

All fouls are called by the player(s) involved. When a foul results in loss of possession, the play is stopped and resumed as if possession was not lost. If the player committing the foul disagrees with the foul call, the play is redone.

## SPIRIT OF THE Game



## Spirit of the Game

Beach Ultimate is about sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, or the basic joy of play.



# Agenda

MAY  
05

SUNDAY

12h00 to 20h00

**REGISTRATION**

Jupiter Algarve Hotel (see map)

17h00 onwards

**WELCOME PARTY**

NoSoloÁgua Praia (see map)

MAY  
06

MONDAY - Official Opening Day

8h00 to 12h00

**REGISTRATION**

Jupiter Algarve Hotel (see map)

9h00 to 10h00

**CAPTAINS MEETING Captains**

Jupiter Algarve Hotel (Room Medronheiro)

10h15 to 11h15

**SPIRIT CAPTAINS MEETING**

Jupiter Algarve Hotel (Room Medronheiro)

11h30 to 12h30

**PARADE OF NATIONS**

Beach in front of Casalinho (ALL players in uniform)

12h45 to 13h15

**OPENING CEREMONY**

EBUC Arena

13h30 to 14h30

**OPENING GAME**

EBUC Arena

15h00

**INITIATION OF COMPETITION ROUNDS**

Fields 2-14

16h00 to 18h00

**TEAM PHOTOS**

Staff tent

MAY  
07-10

TUESDAY

8h30 to 19h00

**REGULAR COMPETITION DAYS**

Arena and Fields 2-14

MAY  
08

WEDNESDAY

18h00

**SUNSET WITH MICK MENGUCCI**

NoSoloÁgua Praia (see map)

MAY  
10

FRIDAY MORNING

**REGULAR COMPETITION**

FRIDAY AFTERNOON

14h15

**GREAT GRAND MASTER MEN'S DIVISION FINAL**

15h45

**MASTER WOMEN'S DIVISION FINAL**

17h15

**GRAND MASTER MEN'S DIVISION FINAL**

18h45

**MASTER MIXED DIVISION FINAL**

21h00 to 05h00

**PARTY & TRADE NIGHT**

Katedral club (see map)

MAY  
11

SATURDAY

11h00

**MIXED DIVISION FINAL**

12h30

**MASTER MEN'S DIVISION FINAL**

14h00

**WOMEN'S DIVISION FINAL**

15h30

**MEN'S DIVISION FINAL**

16h30

**CLOSING CEREMONY**



# PRAIA DA ROCHA

## LEGEND

- A** - VC tent
- B** - Player lounge
- C** - Staff tent
- D** - Toilets
- E** - Medic tent

**JUPITER  
ALGARVE HOTEL**

**KATEDRAL**

**CASTELOS**

**O JOÃO**

**CASALINHO**

**O BONÉZINHO**

**MARE SOL**

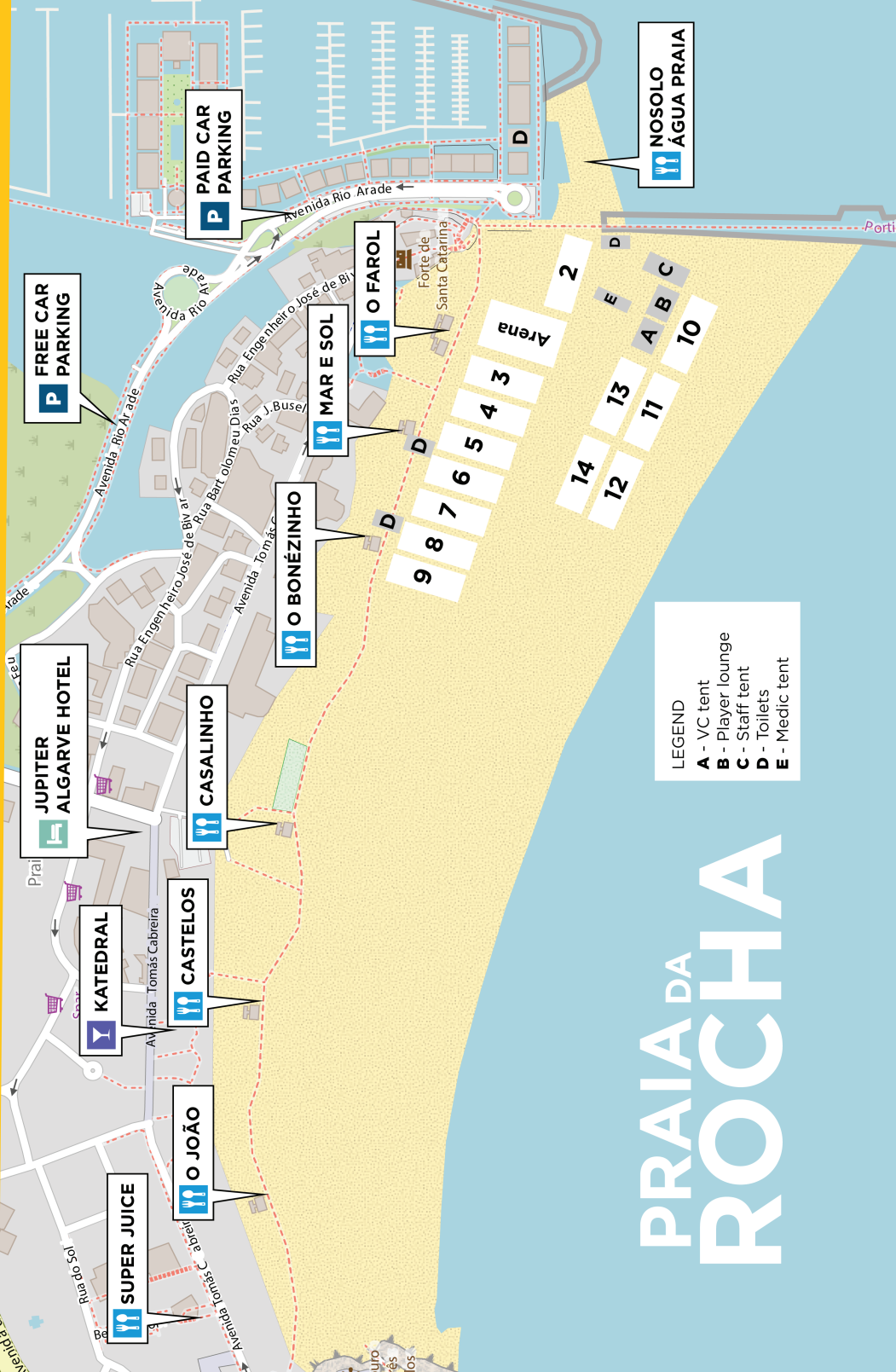
**O FAROL**

**PAID CAR  
PARKING**

**FREE CAR  
PARKING**

**NOSOLO  
ÁGUA PRAIA**

Arena  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14



# Pools

For details, go to [live.ebuc2019.org](http://live.ebuc2019.org)

## MEN's

### POOL A



### POOL B



## WOMEN's

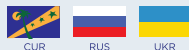


## MIXED

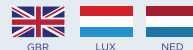
### POOL A



### POOL B



### POOL C



### POOL D



### POOL E



### POOL F



## MASTER MEN's

### POOL A



### POOL B



## MASTER WOMEN's



## MASTER MIXED

### POOL A



### POOL B



## GRAND MASTER MEN's

### PRE-POOL



## GREAT GRAND MASTER MEN's



# THE ULTIMATE IN CUSTOM

**DISCRAFT**  
**ULTRASTAR**

**SUPERCOLOR**



**HOT STAMP**

**ORDER FROM  
1 TO 1 MILLION**

official disc  
**WFDF**  
WORLD FLYING DISC FEDERATION

## Meet the EBUC Team

### The Tournament Organizing Committee (TOC) (in royal blue shirts)

Sofia C Pereira – Tournament director  
Bruno Gravato – IT, scoring and registration director, and Treasurer  
Filipa Bringel – Local tournament director  
José Pires – Venue and athlete village director  
Corinne Tupling – Sustainability director  
Carla Oliveira – Health and safety director  
Adriana Valentim – Logistics (Transportation, Accommodation)  
Stephanie Huffman – Food director  
Shiellah Quintos – Volunteer director  
Ricardo Ferreira – Local volunteer director



### WFDF (in royal blue shirts)

Karen Cabrera – Chair of the WFDF Beach Ultimate Committee  
Patrick Fourcample-Maye – Tournament technical director  
Kate Barabanova – Spirit of the Game director

### BULA (in royal blue shirts)

Patrick van der Valk – Media and promotion  
Pedro Vargas – Beach Ultimate development

### Volunteers (in yellow shirts)

There are 80 volunteers to help make the event a success. Make sure to thank them for their awesome job!

**Throughout EBUC, the TOC will be in (or reachable at) the Staff tent (see venue map)**

### EMERGENCY CONTACT

Emergency number: 112

In case the Main Tent is closed and you have an event related question, contact Ricardo Ferreira: +351 933 606 046 available from 07h00 - 01h00 (after 01h00, only if it is really really really serious)



VC Ultimate is proud to be

**WFDF** OFFICIAL  
MERCHANDISE  
PARTNER



**#OnlyTheBest**

[www.vcultimate.com](http://www.vcultimate.com)



## About the WFDF



The World Flying Disc Federation is the international sports federation responsible for world governance of Flying Disc (frisbee) sports, including Ultimate, Beach Ultimate, Disc Golf, Freestyle, Guts, and Individual Events. WFDF is a federation of member associations which represent flying disc sports and their athletes in more than 84 countries. WFDF is an international federation recognized by the International Olympic Committee (IOC), the International Paralympic Committee (IPC), a member of ARISF, GAISF and the International World Games Association, and a registered not-for-profit 501(c)(3) corporation in the state of Colorado, USA.



### WFDF Executive Committee

President Robert "Nob" Rauch  
Secretary Thomas Griesbaum  
Treasurer Kate Bergeron

### WFDF Executive Director

Volker Bernardi  
Email [ed@wdf.org](mailto:ed@wdf.org)  
Website <http://www.wdf.org>

### WFDF EBUC Event Officials

WFDF EBUC Tournament Technical Director - Patrick Fourcample-Maye  
WFDF Beach Ultimate Committee Chair - Karen Cabrera  
WFDF EBUC Spirit Director - Kate Barabanova  
WFDF Managing Director Events & Operations - Karina Woldt  
(during event: [karina.woldt@wdf.org](mailto:karina.woldt@wdf.org))


Throughout EBUC, WFDF officials can be contacted at the WFDF office, inside the Main HQ offices on the beach located near the fields. (Near the info booth)

### WFDF Official Sponsors, Partners and Suppliers


WFDF Official Apparel Partner - V.C. Ultimate Inc  
WFDF Official Disc Supplier & Partner - Discraft Inc  
WFDF Official Spirit of the Game Partner - E.R.I.C.  
WFDF Official Footwear Supplier & Partner - Universe Point  
WFDF Official Beach Ultimate Partner - BULA  
WFDF Official Glove Supplier & Partner - Friction Gloves  
WFDF Official Bag Supplier & Partner - Greatest





 @upcleats

 @upcleats

 @universepoint



# ***UNIVERSE POINT***

Special offer of 2 pairs of UP cleats of same size  
for the price of one pair (on existing inventory):  
send us an email with cleats' size, color and your delivery  
address including phone number at [hello@universepoint.com](mailto:hello@universepoint.com)



## About BULA and APUDD



**BULA** is a beach sports and lifestyle organization whose mission it is to assist, educate, and promote the Spirit and the Sport of Beach Ultimate world-wide.

BULA has been organizing World Championships of Beach Ultimate since 2004. As a previous member of the World Flying Disc Federation (WFDF), BULA got Beach Ultimate recognized as an official disc sport in 2010 and subsequently co-hosted the World and European Beach Championships with the WFDF in 2011, 2013, 2015 and 2017.

BULA is the Official WFDF Beach Ultimate & Beach Lifestyle Partner for WFDF World & Continental Beach Ultimate Championships.

BULA President: Patrick van der Valk  
BULA Director: Pedro Vargas

For more information about BULA:  
[www.beachultimate.org](http://www.beachultimate.org)



**APUDD – Associação Portuguesa de Ultimate e Desportos de Disco**, ADP was born on April 2, 2011. It is a non-profit association and aims to promote, develop, regulate and organize the sporting practices carried out with a flying disc throughout the territory of continental Portugal and the archipelagos.

Since 2013, the APUDD has been an official member of the World Flying Disc Federation, the world-wide governing body for disc sports, which in 2015 was officially recognized by the International Olympic Committee.

For more information about APUDD:  
[www.apudd.pt](http://www.apudd.pt)

Online

**The EBUC  
website**  
[www.ebuc2019.org](http://www.ebuc2019.org)

Check us out on  
**Facebook**  
[facebook.com/EBUC2019](https://facebook.com/EBUC2019)

Follow us on  
**Twitter**  
[twitter.com/ebuc2019](https://twitter.com/ebuc2019)

Follow the  
**live action**  
[live.ebuc2019.org](http://live.ebuc2019.org)

#ebuc2019 



## Important Player information

### Rules

- WFDF Rules of Beach Ultimate 2019 are in use: <http://bit.ly/2019BURules>
- All games are to 13 points or 45 minutes, with half-time at 7 points or 25 minutes
- In the Mixed divisions Gender Ratio Rule A is in effect
- Each team has one 90-second timeout per game
- Halftime cap (+1) occurs after 25 minutes of game time if neither team has reached 7 goals
- Half time is 0 minutes in duration
- Time cap (+1) occurs after 45 minutes of game time if neither team has reached 13 goals
- Teams should clear fields and sideline areas to allow next teams to move in and prepare in a timely manner. Spirit circles, team huddles and the like should be done off the field.

### Checking for news:

During the event, check <http://news.ebuc2019.org> often for field updates and/or other player news

### Medical Facilities

The emergency number in Portugal is 112. Regarding medical assistance, there will be doctors and physiotherapists at the venue as well as an ambulance with two paramedics. All medical staff will be in red shirts. Please refer to the map for the medical facilities

IMPORTANT NOTE: If you feel dizzy, are suffering from dehydration or exhaustion, please seek shade immediately, drink plenty of liquids and consult an on-site medical staff member.

### Lost and found

Please make sure to take care of your belongings. The organization is not responsible for theft or loss. There will be a lost and found in the players lounge. Valuable items such as wallets and phones should be brought to the staff tent

### Currier Island development field - come help teach!

We have a field close to the tents where Currier Island is hosting beach ultimate classes a few times a day. Visit the Currier Island field and help out by teaching the local youth how to throw, run, and catch!

## Food & Beverage

Praia da Rocha has many restaurants, for all tastes and budgets. The seafood and fresh fish are divine, but there is also plenty of international fare available.

We thank NoSoloÁgua, who has partnered with us to provide lunches to staff and registered athletes (pre-orders only). Drop by their facilities and use your accreditation for discounts on their great food, drinks and ice-cream!

We also partnered with other local establishments. Upon display of your EBUC accreditation card, players, guest, staff, partners, and volunteers can get also 10% discount at the following:

- NoSoloÁgua Praia
- Super Juice (15% off on all smoothies and protein shakes)
- Mar e Sol
- O Farol
- 3 Castelos
- O João
- Casalinho
- O Bonezinho

**LEGAL DRINKING AGE:** The legal age for alcohol consumption in Portugal is 18 years and older,

**WATER:** The tap water in Portugal is drinkable - Athletes are advised to refill their water bottles from the water stations around the venue or at the hotels/restaurants. There will be water near each field during competition.



## Do's and Don'ts



*Do use garbage bins and recycle properly. Don't litter.*

*Do tell local spectators about what the event is*

*Do use and look for #EBUC2019 in social media*

*Do treat volunteers with respect*



*Don't leave valuable items in the car*

*Don't leave bags unattended*

*Don't bring glass to the beach*





**Thanks  
Players,  
Fans  
and Coaches!**



**ultiTV** wants to thank all the people we have filmed over the last 10 years!

You are the **LIVING** proof that we can play sport competitively with great **SPiRiT**.

**JOIN THE ULTIMATE FUTURE on ULTI.TV**



# Portimão

**CIDADE EUROPEIA  
DO DESPORTO**

**European City  
of Sports**

**2  
0  
1  
9**

**more  
sport  
for  
all!**

