

August 30 - 1993
September 4

EUROPEAN



ULTIMATE & GUTS
championships

Papendal, The Netherlands

Organized by: Dutch Flying Disc Association
and Dutch Disc Sports Promotion Foundation

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Dear guests,

on behalf of the Board of NFB - the Dutch Flying Disc Association - it is my pleasure to welcome you to the 1993 European Championships Ultimate and Guts at Papendal.

It is an honour to be able to host this event in the fifteenth year of our existence and we are all deeply indebted to the organizing committee of SDDSP - the Foundation for Dutch Disc Sports Promotion - for their creativity and sheer hard work in making the event possible and the success it will undoubtedly prove to be.

We welcome amongst our mids the reigning World Champions at Ultimate - unprecedented in these Championships - and a host of other friends - both old and new.

We wish all players present the best possible success, athletic excellence under ideal conditions and in an atmosphere that will as always be guided by the Spirit of the Game, cornerstone to the sport.

We leave you in the more than capable hands of SDDSP.
Enjoy your flights.

Paul Mouwes
Chairman NFB - Dutch Flying Disc Association

Welcome

Welcome to the Netherlands, welcome to Papendal, welcome to the sixth European Ultimate and Guts Championships. Eight months ago, the decision was made that the Championships would be in the Netherlands. At that moment, eight people started organizing the necessary things for the tournament: a bed to sleep in, a field to play on, a bar to drink at and of course teams to play against each other. We've managed to organize all this and much, much more! We're also proud of the fact that with 11 participating country's and over 400 players, these European Championships are the biggest ever yet.

The organizing committee consists of eight (ex)students of the Agricultural University Wageningen, all Ultimate players. Together a total of 202 years of life, 13.99 m of body, and during the preparations more than 1000 kgs of dung added to the dung heap in the Netherlands.

The organizing eight would, of course, have been unable to do everything without the help of many willing and unwilling slaves. We would like to extend our special thanks to:

- National Sports Center Papendal for their friendly co-operation
- the physical therapists, who will coddle your muscles all week if necessary
- Dr. P. Marfleet for being the medical officer at the finals
- Leo Wiegman and "banketbakkerij" Rodenburg, Haren, Groningen
- Gerlo Design
- The VIP for being so kind to as to open these sixth European Championships
- and of course all the volunteers who will have kept score, made breakfast and lunch, smoothed ruffled feathers and made the sun shine in all your hearts (violins, trumpets, play).

Finally,
we wish you all a **good**
tournament, with **better**
Ultimate than ever
before and the **best** Spirit!!

May the Disc be with you.

Board of directors:
L to R, T to B:
Stef, Erik S, Marjelle,
Imke, Claudia, Erik B.
Photograph taken by
Henri and Maarten



Accommodation

There are three places to sleep during the tournament, if sleep you must. The camp site and the hotel are situated on the Papendal compound, the youth hostel is in Arnhem (see the maps elsewhere in this book). Breakfast will be at the place you stay, lunch will be all together in the canteen near the camp site. You can find additional information about your sleeping place below.

Campers

You can choose your own spot and pitch your tent at the camp site within the limits of the red/white tape. The fence behind the camp site will be open during the day so anyone can enter the camp site. Somebody will guard the camp site during the day, but we advise you not to leave anything valuable in your tent. The organization will not be responsible for theft!

Cars are not allowed on the camp site, sorry.

Some people sleep at night, some people party: these two don't match. Please be so kind as to respect other people's need for rest and shut up after midnight!

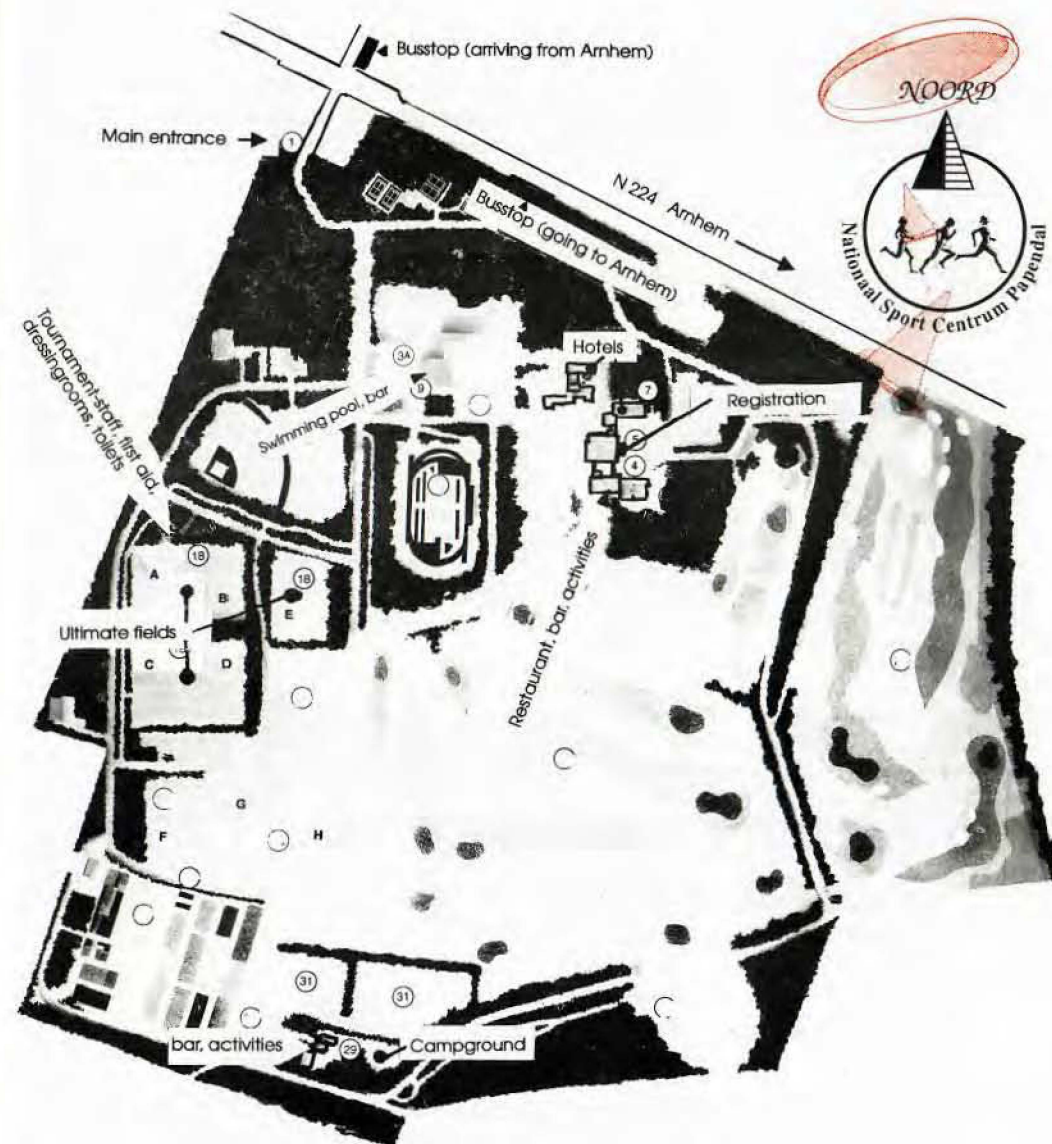


Hotel guests

People staying in the hotel can use the Papendal swimming pool between 7 and 9 a.m. (not on Monday, Saturday only till 8). Could you keep your rooms neat, please? Don't forget to return your room key when you leave! Breakfast will be in the self-service restaurant of the hotel.

Youth hostel

The youth hostel is located in the northwest part of Arnhem, near the "Open Lucht (open-air) Museum" and "Burger's Zoo & Bush". As with the hotel: don't forget to return your room key when you leave.



Meals

Breakfast 6.45-9.00 hours

Breakfast will be served near the place you sleep. For campers, breakfast will be in the canteen near the camp site; hotel guests can get breakfast in the self-service restaurant of the hotel and people staying in the youth hostel will have breakfast there.

Lunch 12.00-14.00 hours

Yes, an unlimited supply of mind-altering drugs (caffeine for the deadheads, tea for the wimps) is available! For everyone lunch will be in the canteen near the camp site. We will not supply any eating aids, so please bring your own plate, cup, knife, fork, spoon, chopsticks and bib if you want to eat properly. You can wash your dishes in the canteen.

Dinner 18.00 and 19.00 hours

Dinner is also a group event and for everybody will be in the self-service restaurant of the hotel. There is not enough room for everybody at the same time, so please control your animal urges and spread yourselves out. Teams who played in round 3 will eat at 18.00, teams who played in round 4 will eat at 19.00. We'll stop serving dinner at 19.30. If you're not in by then you'll go hungry.

On Friday, September 3, dinner will be at Casa del Loro. Don't forget your ID-card! Dinner will not be provided on Saturday, September 4.

Tzatziki

Apart from Ultimate the members of the organizing committee have another common love: Garlic. This ancient herb has a thousand golden properties, which we want to share with you. During the tournament we will do the work for you and supply you with vast quantities of tzatziki, one of our favourite ways to use Garlic. For those of you who become hopelessly addicted we include the recipe which you can try yourself at home

5 liter yoghurt or "kwark"

5 cucumbers

20 Garlic cloves

some olive oil

some vinegar

salt, pepper

oregano, thyme

Put the yoghurt or "kwark" in a sheet, hang this for about a night, so the water from the yoghurt can leak out. Rasp the cucumber and squeeze it. Add (squeezed) garlic, oil, vinegar, pepper, salt, oregano and thyme. It is best to put this mixture in a quiet cool spot for a couple of hours before you start eating this delicious tzatziki.

Drinks

Drinks

Water is available in the dressing rooms at the fields. Other, more tasty, liquids are available at three different bars, which are open from 8.30 a.m. till 0.45 a.m.. One bar is in the main building, called "dug out" (ground water?), one in the swimming pool (has a bit chlorine taste) and the best one at the camp site. Drinks are sold at Papendal prices.

General remarks

ID-card

Your players kit includes a blank ID-card. Please fill in your name and make sure you bring it with you when you want to get dinner and when you go to the party. Without your ID you will not be fed and not be entertained.

Note

Please do not leave valuable items unattended in your tent. Although the tournament crew will be present constantly at the camp site, things may get stolen. The EUGC organization cannot be held responsible for loss of possessions.

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Sound coffee

There is something special about the coffee we serve you at this tournament and that is **not** the fact that it is free. The coffee carries the "Max Havelaar" trademark. Max Havelaar, the main character of a book by Multatuli (1860), was a Dutch government official who lived in Indonesia when it was a Dutch colony and fought the unfair way the Dutch treated the Indonesians.

The Max Havelaar trademark guarantees that the farmers who grow and pick the coffee receive a fair price for their produce. The coffee is **bought directly** from the farmers (bypassing the middlemen), at a **guaranteed price** (determined by UNCTAD), which is a **higher price** than the price on the world market (the present world market price for coffee is at its lowest point in 15 years). The farmers receive 60% of the **money in advance** so that they have an income between harvests. Finally, the farmers get **contracts for more than one year**.

Max Havelaar coffee is bought from farmer cooperatives in Central and South America and Africa and is available in almost every supermarket in the Netherlands. Since its introduction in the Netherlands in 1988, Max Havelaar coffee has captured a market share of ca. 2.5% (3 million kgs per year).

In the near future, Max Havelaar cacao will be introduced in the Netherlands. Tea and rice may follow later.

Outside the Netherlands, Max Havelaar coffee is sold in Belgium and Switzerland and will soon be sold in Germany (where it will be called Transfer). Great Britain, Austria and France are the next countries where Max Havelaar coffee will be introduced.

For this coffee,
only beans were used
and not the workers abused.



No time to waste

At this tournament we want to minimize our impact on the environment. We will therefore do our best to avoid producing waste. For this reason, we have decided not to use disposable cups and plates for the breakfasts, lunches and coffee which will be served at the camp site canteen. Instead, we asked you to bring your own cup, plate and cutlery. If you forgot to bring a plate, cup or cutlery, you can **borrow** them for a f 10 deposit during the tournament. **If you return the utensils at the end of the tournament, you will get your money back.**

For the same reason, beer and other drinks will only be sold in **bottles** (beer out of a plastic cup doesn't taste good anyway), for which a f 1 deposit will be charged.

You, too, can help minimize the impact of the tournament. Please be so kind as to clean up after yourself and help keep the fields, camp site, party site, etc. tidy.
Thank you!

Tournament set-up

Rules

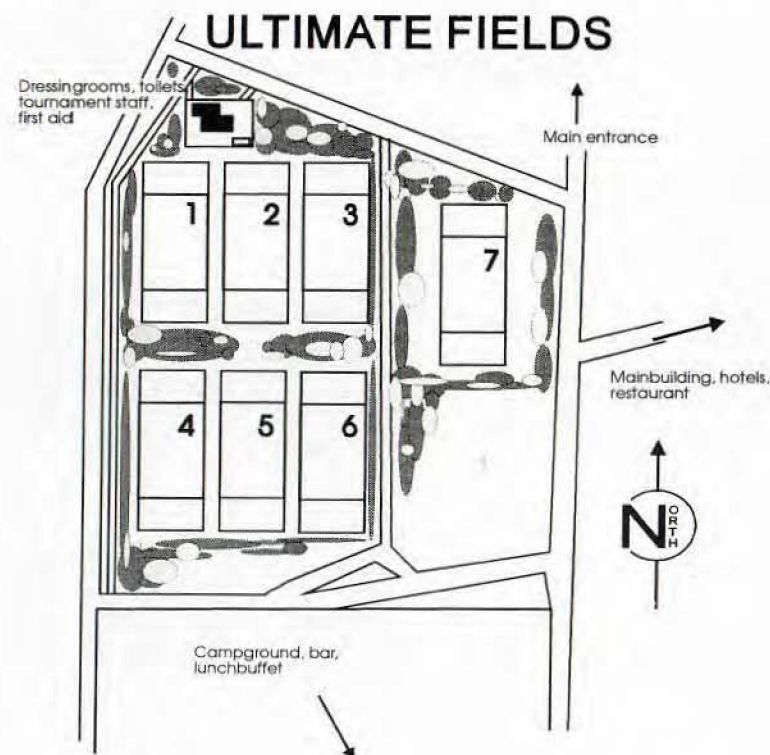
WFDF rules will be the official rules of the tournament, with the exception of the tournament disc; this will be a 175 g. Discraft Ultrastar.

In the open division a game lasts until one team reaches a score of 21 goals with a lead of at least 2 goals, or until a team scores 25 goals. Halftime occurs the first time either team reaches 11 goals.

In the women's, the juniors' and the masters' divisions games last till 19 goals with a lead of at least 2 goals, or until a team scores 22 goals. Halftime at 10 goals. During games each team has three time outs per half.

A two-hour time cap will apply to all games, except for the finals. After the time cap signal, play shall continue until the next point is scored. Then two points are added to the highest score. The team reaching that score first will be declared the winner.

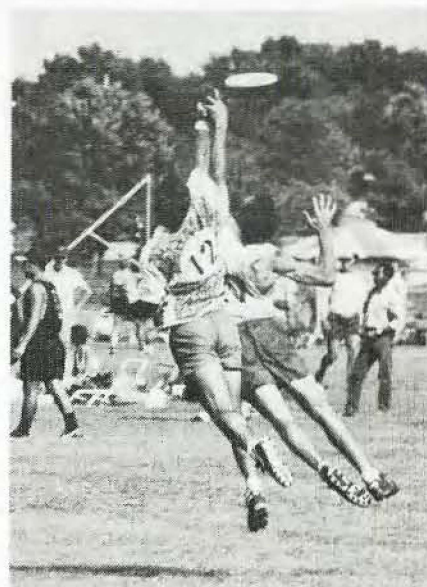
A complete edition of the rules will be available at the fields and at the tournament's bus.



Day 1: Monday August 30

	Round 1: 8.30 h	Round 2: 11.00 h	Round 3: 13.30 h	Round 4: 16.00 h
Field 1		Netherlands Denmark	Sweden Italy	<i>Sweden Germany</i>
Field 2		Sweden France	Finland Switzerland	<i>Great Britain France</i>
Field 3	Sweden Switzerland	Finland Italy	Germany Denmark	
Field 4	Finland Italy	Germany Switzerland	Netherlands Austria	Netherlands Italy
Field 5	Germany Great Britain		Great Britain Czech Republic	Sweden Switzerland
Field 6	Netherlands Denmark	<i>Sweden France</i>		Finland Denmark
Field 7	Austria Czech Republic	<i>Great Britain Germany</i>		Germany France

LEGEND:	Open	<i>Juniors</i>	Women	Masters
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Photograph taken by André Witkam

Day 2: Tuesday August 31

	Round 1: 8.30 h	Round 2: 11.00 h	Round 3: 13.30 h	Round 4: 16.00 h
Field 1		Sweden Czech Republic	<i>Sweden Great Britain</i>	Sweden Great Britain
Field 2		Switzerland Netherlands	<i>Germany France</i>	Finland Denmark
Field 3		Finland Germany		Germany Netherlands
Field 4	Netherlands Germany	Great Britain Austria	Netherlands Finland	Switzerland Austria
Field 5	Sweden Finland	Denmark Italy	Sweden - Germany	Italy Czech Republic
Field 6	Switzerland Denmark		Switzerland France	
Field 7	Italy France		Italy Denmark	

Day 3: Wednesday September 1

	Round 1: 8.30 h	Round 2: 11.00 h	Round 3: 13.30 h	Round 4: 16.00 h
Field 1		Netherlands France		Netherlands Sweden
Field 2		Sweden Denmark		Finland Germany
Field 3	Sweden Austria	Finland Switzerland	Netherlands Italy	Switzerland Italy
Field 4	Germany Italy	Germany Italy	Finland Czech Republic	France Denmark
Field 5	Finland Netherlands		Switzerland Great Britain	
Field 6	Switzerland Czech Republic	Netherlands Great Britain	Sweden Germany	Sweden Great Britain
Field 7	Great Britain Denmark	Germany Sweden	Austria Denmark	Netherlands Germany

Day 4: Thursday September 2

	Round 1: 8.30 h	Round 2: 11.00 h	Round 3: 13.30 h	Round 4: 16.00 h
Field 1	<i>Sweden France</i>	Sweden Finland	<i>Germany France</i>	Sweden Denmark
Field 2	<i>Great Britain Germany</i>	Germany Switzerland	<i>Sweden Great Britain</i>	Finland Great Britain
Field 3	Germany Great Britain	Great Britain Netherlands		Germany Austria
Field 4	Sweden Netherlands	Austria Italy	Netherlands Switzerland	Switzerland Italy
Field 5		Denmark Czech Republic	Sweden Italy	Netherlands Czech Republic
Field 6			Finland France	Sweden Germany
Field 7			Germany Denmark	Great Britain Netherlands

Day 5: Friday September 3

	Round 1: 9.00 h	Round 2: 11.30 h	Round 3: 14.00 h
Field 1	Semi Final 1st - 4th (A)	Germany Czech Republic	3rd/4th place loser A - loser B
Field 2	Semi Final 2nd - 3rd (B)	Finland Austria	5th/6th place winner C - winner D
Field 3	5th - 8th (C)	Sweden Netherlands	7th/8th place loser C - loser D
Field 4	6th - 7th (D)	Switzerland Denmark	Netherlands Sweden
Field 5	Germany Netherlands	Great Britain Italy	Great Britain Germany
Field 6	Great Britain Sweden	<i>Sweden Germany</i>	
Field 7		<i>Great Britain France</i>	

Day 6: Saturday September 4

Finals:

10.00 h	Field 3	Juniors
10.30 h	Field 1	Masters
11.30 h	Field 2	Women
ca. 13.30 h	Field 2	Open

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AUGUST

European Championships

29 SUNDAY

16.00 - 20.00 *Arrival teams and registration*
20.00 *Opening ceremony*
21.00 *Captains' meeting, followed by GUTS meeting*

30 MONDAY

6.45 - 9.00 *breakfast (page 6)*
8.30 - 18.00 *games (page 10)*
12.00 - 14.00 *lunch at the camp site (page 6)*
18.00 and 19.00 *dinner at the hotel (page 6)*
FREE EVENING! (page 17)

31 TUESDAY

6.45 - 9.00 *breakfast*
8.30 - 18.00 *games (page 11)*
12.00 - 14.00 *lunch at the camp site*
18.00 and 19.00 *dinner at the hotel*
MOVIE (page 24)

1 WEDNESDAY

6.45 - 9.00 *breakfast*
8.30 - 18.00 *games (page 11)*
12.00 - 14.00 *lunch at the camp site*
18.00 and 19.00 *dinner at the hotel*
TRADING NIGHT and all other kinds of activities: FUN! (page 24)

Ultimate and Guts

SEPTEMBER

THURSDAY **2**

6.45 - 9.00 *breakfast*
8.30 - 18.00 *games (page 12)*
12.00 - 14.00 *lunch at the camp site*
18.00 and 19.00 *dinner at the hotel*
EJDF-meeting main building Papendal (page 25)

FRIDAY **3**

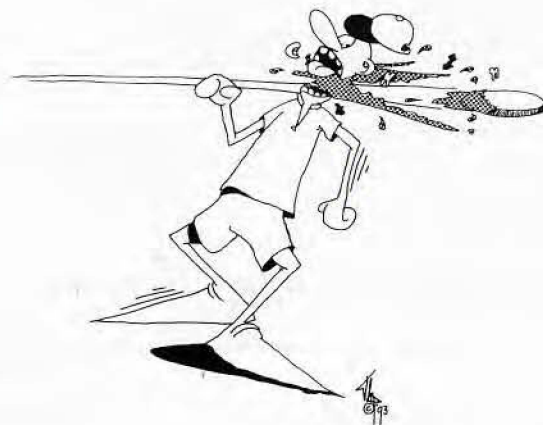
6.45 - 9.00 *breakfast*
9.00 - 16.00 *games (page 13)*
12.00 - 14.00 *lunch at the camp site*
16.00 - 1.00 *Zoo, dinner and PARTY at Casa del Loro (page 25)*

SATURDAY **4**

6.45 - 9.00 *breakfast*
10.00 *Finals Juniors' division*
10.30 *Finals Masters' division*
10.30 *Finals Guts*
11.30 *Finals Women's division*
12.00 - 14.00 *lunch at the camp site*
ca. 13.30 *Finals Open division*
15.30 *Presentation of Awards*

Guts

During the captains' meeting this event will be discussed and promoted. Participating teams will decide their own roster, depending on the game schedule of Ultimate. Sets will be to 15 points, games will be best of three sets. The final will be on Saturday at 10:30 a.m. Come and see it, but beware, this event may not be suitable for children under the age of 12.



Emergencies

First aid for minor injuries: visit the medical tent near the fields or the doctor at the medical center of Papendal.

In case of an emergency, dial the national ALARM NUMBER 06-11.

First aid for serious cases: "Rijnstate" Hospital, van Lawick van Pabstraat 72, tel. (085) 529 450 (shown on the map).

Sale of merchandise

During the tournament, you will be able to buy tourney shirts, sweaters and discs in the organisation's yellow bus (we tried to get a submarine, but....). You can sell your own merchandise on Wednesday at the trading night.

What to do on a free evening?

monday august 30, thursday september 2

There you are: you've just arrived at Papendal, played only one day, your legs are not yet completely acidified and already you're faced with an evening without any scheduled events. What to do now? This is the time to discover the nightlife of Arnhem. Take your car or the bus (time table on page 20.) and read on this page about Arnhem and where to find the best café's and disco's in town.

Arnhem

Arnhem, with about 130,000 inhabitants, is the largest city near Papendal. Many people know Arnhem from the movie "A Bridge Too Far", about the Second World War, and nowadays many monuments honour that period. The 5,100 ha of public parks, the monumental buildings, the museums, orchestra's and above all the numerous café's, coffee shops and restaurants make Arnhem a pleasant place to visit.

history

Airborne: a word which means a lot in the recent history of Arnhem and Oosterbeek. The Airborneplein in Arnhem and the Airborne museum, Airborne monument and Airborne cemetery in Oosterbeek remind us of the battle for Arnhem in September 1944. In that historic battle, British and Polish paratroopers were dropped far behind the German lines to capture the bridge over the river Rhine at Arnhem. Because Allied Forces coming from Belgium were slowed down, the airborne divisions had to fight without reinforcements for nine days before it was concluded that this bridge "was one too far." As a result, the northern part of the Netherlands was not liberated until the spring of 1945 and had to survive the most difficult winter of that war.

Reminders of earlier military activities can be found in fortifications such as the Sabelspoort, dating from 1440. Other interesting, old buildings are the concert hall Musis Sacrum, the Eusebius Church, and the medieval Duivelshuis.

parks

The 19th century Sonsbeek Park, with its idyllic ponds and gently rolling landscape, is just one of the many beautiful parks in and around Arnhem. An international art centre is located in Sonsbeek Park. The castle at Zijpendaal and Rosendaal Park with "De bedriegertjes" (the little deceivers) are also well worth a visit.

museums

Openlucht (open-air) museum:

"Come see how life really was in the good old days!" This museum shows small holdings, mills, houses and barns from all parts of the country that have long since disappeared. Traditional clothing, household goods, toys and tools are actually used in this museum. You can even see traditional craftsmen working, such as a baker who bakes his delicious bread in a wood-fired stove, a paper maker, ladies making lace and much more.

Burger's Bush zoo, safari & desert

Burger's Bush was the first European zoo where wild animals could be seen outside their cages. In the open 45 ha. safari park, many African animals and birds can be seen roaming around. Even more impressive is the enormous indoor tropical rainforest with hundreds of kinds of animals, from butterflies to crocodiles, moving around freely. Recently a hall has been opened showing deserts in different seasons.

Kröller Muller

The forested areas around Arnhem include the National Park "De Hoge Veluwe", inside which the Kröller Muller museum lies. The museum's collection includes many of Van Gogh's most famous paintings, as well as Impressionist paintings and an excellent sculpture garden.

café's

Most café's, such as "Het Podium" (artists café) and "Grand Café" (trendy), are located on the Korenmarkt. Here is a short list of some other café's:

het Moortgat	Ruiterstraat 35	many different beer's
de Stoep	Ruiterstraat 6	blues café
George jazz café	Hoogstraat 7a	
Meiers	Beekstraat 2	
Dingo's	Ruiterstraat/Bovenbeekstraat	

restaurants

le Connaisseur	Jansplein 50	cheap pizza's and pasta's from f8.50
Prabir	Duizelsteeg 21	tasty Indian food, also vegetarian; cheap (ca. f19.00) and cosy.
Shoarma's	Hoogstraat	shoarma rolls for about f6.50
Nola Rae	Marienburgstraat 2 (near the Jansplein)	vegetarian specialities, but also fish and meat (prices about f25.00).

coffee shops

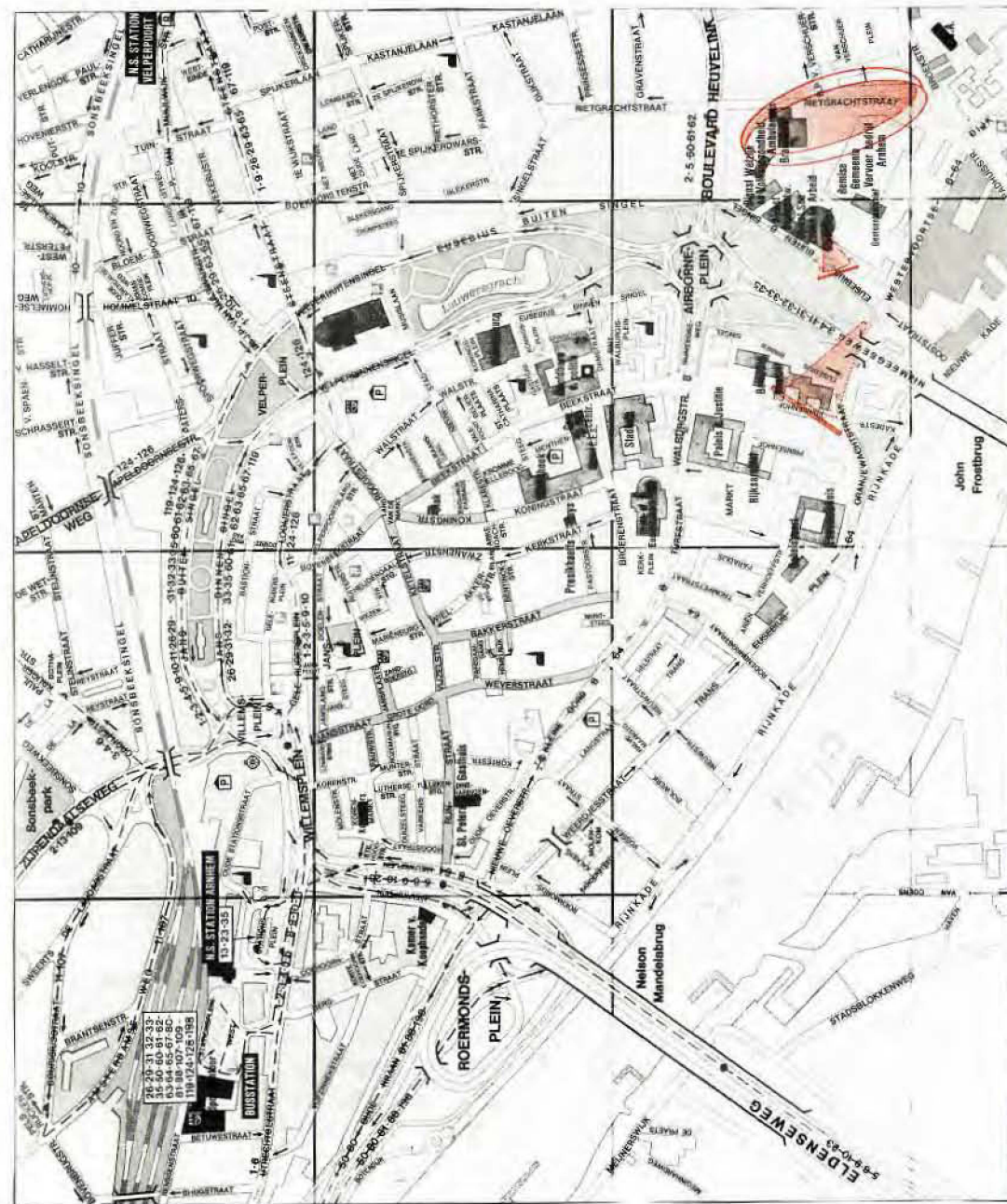
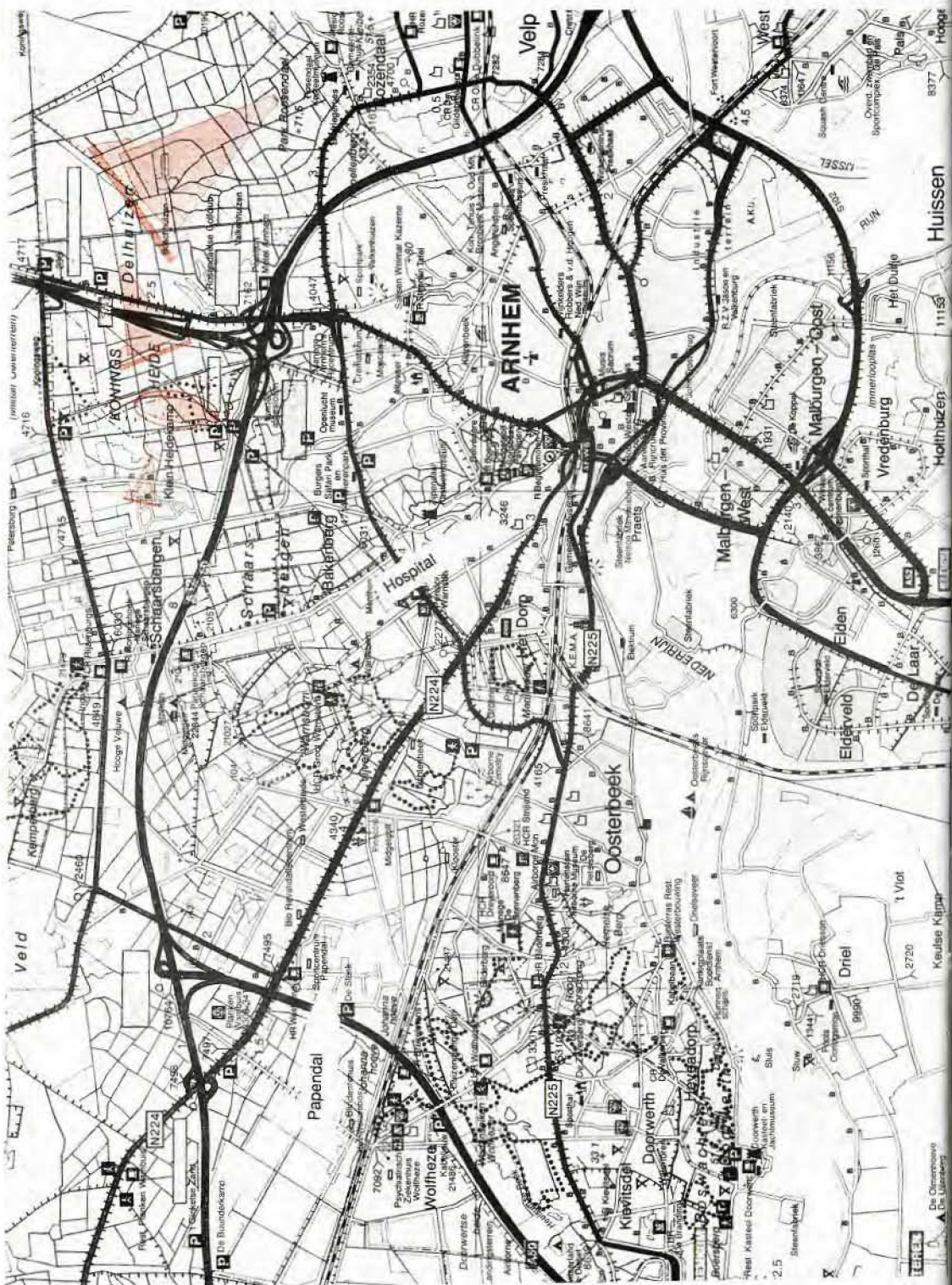
Speak Easy Varkensstraat
and many more along the Sonsbeeksingel

places to dance

As with the café's, many disco's are located on or in the neighbourhood of the Korenmarkt.

het Swingcafé	Duizelsteeg	Recommended. Open till 4.00 in the morning.
Luxor	Willemssplein	Expensive, nice hall. Open till 4.00 in the morning.
Muziekkelder	Jansplein 39	Often live music.





MOVIE MOVIE MOVIE MOVIE MOVIE MOVIE MOVIE MOVIE

Tuesday august 31

Not just any old movie but one on a 12 by 20 m. screen! This happening will take place outdoors, near the camp site. First some slides and then: the **MOVIE!** The title we keep secret, otherwise the whole neighbourhood will come and watch. In the inconceivable event it should rain (it never rains in the Netherlands) the movie will be shown in a dry place.

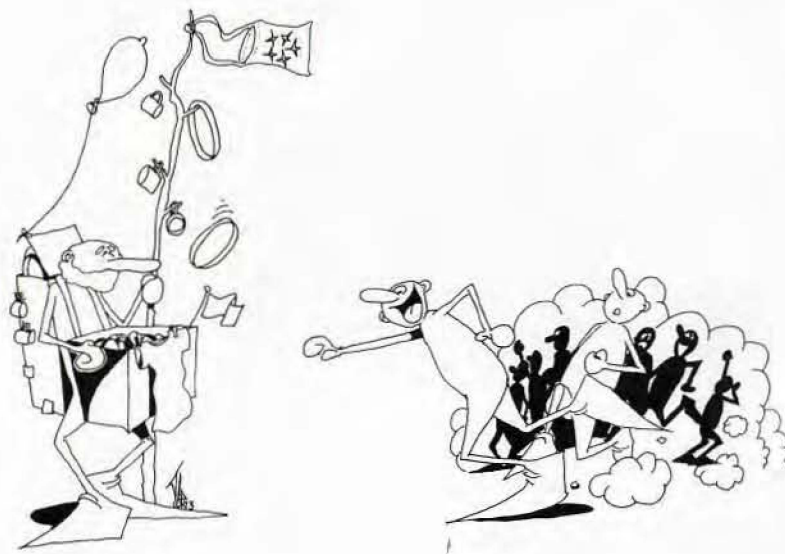
Trading night and FUN activities

wednesday september 1

Want to get rid of that dirty old shirt? This is the evening to find a fool who wants to exchange his or her equally old and dirty shirt with you.

Furthermore:

Learn how to milk a cow (you are, after all, in the land of milk and honey), try to ride a funny bike and beware of the BOOMERANGS!! These will be airbound at 19:00, when a boomerang demonstration will be held.



EFDF-meeting

thursday september 2

The life of a "bobo" is rough: all evening in a monkey suit in a boring room trying to be important while everyone else is having major fun in Arnhem's swinging downtown. Meeting starts at 20.00 hours in the main building of Papendal.

Animal party

friday september 3

From 16.00 on visit to the zoo, dinner and party at Casa del Loro, Rhenen. If you haven't seen enough animals at the tournament yet, you will be able to enter the zoo before dinner is served.

Transportation by bus from Papendal will be available. For car drivers (see map): on leaving the gate of Papendal, turn left. Follow the A12 towards Utrecht, take the Wageningen/Ede/ Bennekom exit, follow signs to Wageningen and then Rhenen (N255). Near Rhenen, the road goes uphill (a hill, in the Netherlands?). You will find Casa del Loro at the top of the mountain; look for a large yellow sign.

At different times in the evening buses will return to Papendal. The exact departure times of the buses will be printed in the News letter.



An interview with Dan Weiss

trainer and coach of the Dutch open team.

Who are you?

"I'm 37 and have been playing Ultimate for 16 years in America and this is my first official coaching experience."

How did you start out playing Ultimate?

"I started out tossing a frisbee disc inbetween classes in college (Cornell University, Ithaca, New York). Somebody told me that I threw pretty well and that I should try out for the frisbee team. At that time I had never heard of Ultimate, I found out about the sport and fell in love."

Why did you come to the Netherlands?

"I was invited by Arjen Witte, from Red Lights, to coach the national team for the month of August, in preparation for the European Championships and I like Amsterdam."

How do you experience Ultimate in Europe and especially in the Netherlands?

"There are two basic differences: 1) skill level and athleticism and 2) intensity of play. Generally Americans have been playing longer and in the States it attracts people who have been playing other sports, so their skills are a little better. Besides this, Americans are willing to sacrifice a little bit more in order to win. Some people may say that 'The Spirit of the Game' is more alive in Europe, but I feel that we in America still play with 'Spirit', but also with more drive, desire and heart."

What do you think about passive observers?

"I think at the higher levels the time for passive observers is definitely here. It makes the game go better and when you have a championship kind of game and people have been preparing so long, playing in the 'Spirit' while fighting for a championship is asking too much of a human being. We're kind of cutting our own throats by not adapting to the changing nature of the competitiveness of Ultimate. Some people are less objective than others, they should not be allowed to gain an unfair advantage. Passive observers will help with that. My experience in the States with people who do not play in the 'Spirit' is that observers are necessary and eventually in Europe you will need them as well."

Since a lot of people are attracted to the sport because of the fact that there are no referees, do you think that, eventually, there will be two kinds of Ultimate, one with and one without observers?

"I was also attracted by that and it is still an important part of the game, there will always be a place for it. In the States we do not have observers in pool play and games go pretty well, but when you get to the semi's and the finals there's more at stake and people are less willing to be 'spirited' and objective. Sometimes people really abuse the 'Spirit' and the rules. Eventually there may be active observers, when money gets involved."

Do you have a message for frisbee players in Europe?

"It's great to see European teams come to America. It's good for the international flavour of the sport and the more European players see American frisbee, the more they will learn. It has been shown that teams which have been exposed to American frisbee have benefitted from it. They can take their knowledge back to Europe and hopefully the other teams can benefit from it, too, and the level of European frisbee will improve."

Reggi Hensen

1993 WFDF world Ultimate club championships

In July 1993 the Ultimate world club championships, one of the largest Ultimate events in the world with more than 1,200 participants, were held in Madison, Wisconsin, USA. Here the overall standing.

Open

Rank	Seed	Team
1	1	New York Ultimate, USA
2	5	Double Happiness, USA
3	4	Rhino Slami, USA
4	6	Ring of Fire, USA
5	8	Vicious Cycle, USA
6	3	Windy City, USA
7	2	Big Brother, USA
8	10	Port City Slickers, USA
9	24	Alvin Houndz, USA
10	18	Condors, USA
11	12	Seattle Sockeye, USA
12	9	Vertigogh, Canada
13	7	Graffiti, USA
14	32	Fuschia Shock, USA
15	14	King Tut, USA
16	36	Anything Cheesy, USA
17	15	Team 42, Germany
18	20	Seamen, USA
19	28	Zurich Ultimate Flyers, Switzerland
20	35	Moscow State, USA
21	23	Red Lights, Netherlands
22	27	Panic, USA
23	33	Gummibears, Germany
24	11	Dingo-au-go-go All Stars, Australia
25	21	Mir San Mir, Germany
26	22	Suntans, International
27	16	Freaks, Japan
28	39	Winnipagans, Canada
29	13	Horizontal Hombres, Great Britain
30	38	Bombers, Japan
31	19	Cynics, Canada
32	29	Surrender Dorothy, Canada
33	31	Geffe Frisbee Club, Sweden
34	25	Loquitos, Japan
35	34	Java Fatty Poo, Canada
36	41	Yanomami Sur, Venezuela
37	42	Paris Ultimatum, France
38	26	Yanomami Norte, Venezuela
39	40	Lasqueti Esoteric, Canada
40	17	Grope of Seven, Canada
41	43	Sirusiciucayursi, Columbia
42	30	Free Flyers, Japan
43	37	Lounge Lizards, Japan
44	44	Mexico Ultimate, Mexico

Women

Rank	Seed	Team
1	1	Maineiacs, USA
2	2	Lady Godiva, USA
3	7	Women on the Verge, USA
4	3	Satori, USA
5	6	Red lights, Netherlands
6	4	Block Party, USA
7	5	Ozone, USA
8	13	Whirled Peas, USA
9	15	Mind Erasers, USA
10	9	Nemesis, USA
11	16	Core, USA
12	11	Spike, USA
13	21	Hucksters, USA
14	19	Grits, USA
15	17	CUJC, Japan
16	10	Barbarian Ladies, Japan
17	12	Suntans, International
18	14	Flo, Canada
19	24	Mud, USA
20	23	Kansas City, USA
21	18	Freaks, Japan
22	20	Guests of Oprah, Canada
23	8	See Jane Run, Canada
24	22	Free Flyers, Japan
25	25	Bluezy, Japan

Masters

Rank	Seed	Team
1	2	Seven Sages, USA
2	12	Hapa Haolies, USA
3	1	Rude Boys, USA
4	3	Refugees, USA
5	4	Texas Twister, USA
6	6	Mo'Better Masters, USA
7	13	Uff-da, USA
8	11	Crawdaddies, USA
9	5	G.O.U.T., USA
10	7	Fossil Fuel, USA
11	10	Where is Bob, Germany
12	9	Council of Elders, Canada
13	14	Back to Babylon, USA
14	8	P.U.L.P., USA

Random Comments

11320 points scored (51 were forfeit points)
443 games were actually played or forfeited.

Papendal

During this tournament, you will be staying at the National Sports Center Papendal. Papendal is the home base of the NSF - the National Sports Foundation - which co-ordinates and looks after all Dutch sport interests. The NOC - the Dutch Olympic Committee-, the Dutch Sport and Health Institute and the Edese Golf Club are also located at Papendal.

The National Sports Center was established several decades ago. The name, "Papendal", has got a much longer history. Papendal used to be a farm with surrounding lands near the sports center and "pape" is often used in names of roads in Arnhem region. There are several stories about the origin of this word, such as a children's cemetery in pre-history. Most likely it has something to do with Catholic clergymen; in the past it was common to use "paap" (from "pope") instead of priest. Another story tells us that in the Middle Ages some Flemish sailors, home from travels to far and distant lands, brought a present for their priest. It was a bird and they called it "pape-gaai" (parrot). Whatever the origin of the name, Papendal is a great place to play Ultimate and Guts!

Official?

The European Championships will be held literally in the backyard of the Dutch Olympic Committee and the Dutch Sport Federation. The NFB - the Dutch Flying Disc Association - hopes this tournament will demonstrate that frisbee sports, such as Ultimate, are full-fledged sports and that they will be officially recognized. We hope that everyone will help achieve this goal by demonstrating our wonderful sport in a professional manner.

Your NEWS!

Read all about's spectacular dive, the unbelievable upset of ... by ..., the day's stock exchange figures and who "trained" with who. Our eager-beaver reporters will be busy every day uncovering every major event and insignificant detail. Grab one as they come flying by and let them know what a wonderful, superb, brilliant and generally divine tournament this is.

If no news, we will make news!!!!

Monday
August 30th
Volume 1

Morning After

Newsletter

of the European Ultimate & Guts Championships



BOTTLE-BAR AT CAMPINGSITE

Because Ultimate is a running game and running makes thirsty, the organisation has settled a bottle-bar at the campingsite, so you can get your liquid. Be aware the organisation has only fixed the prices of the liquid at the campingsite. Prices are F 3.-- (F 1.-- deposit included) for beer (0,5l), F 5.-- (F 2.-- deposit included) for soda (1,5l) and F 3.-- for juice (1l). If you don't want to drink out of a bottle take your mug with you. Conclusion: Everywhere you go, always take your mug with you and always drink at the campingsite of Papendal if you like drinking for less money and more liquid.

SPIRIT OF THE GAME OPENS EUROPEAN CHAMPIONSHIPS

What VIP could possibly be more appropriate to open the European Championships than the real Spirit of the Game. In his name these championships are being held here at Papendal in the Netherlands. So remember: The Spirit of the Game is not only a phantom.



foto: André Witkam

WARNING: All missing and damaged objects, e.g. towels, mattresses, etc. must be paid for by the organisation. This holds for both hotelrooms and tents. The organisation will present the bill to the responsible teams after the tournament. So keep all stuff clean and undamaged. Thank you!

**WHAT IS IN YOUR ULTRASTAR
THIS WEEK?**

CAPRICORN
21dec-21jan

You have a direct way of treating other people. Be careful with this attitude, you might hurt others egos. This won't stimulate the team-spirit. Fortunately you have the capacity of forgiving and being forgiven. A beer might help.

AQUARIUS
21jan-21feb

This week you have to make a decision that can change your life completely. So be alert because you never know when it happens. Do not be discouraged and show your guts.

PISCES
21feb-21mar

You should not be drinking too much this week and sometimes it is good to go to bed early. Garlic can make and break your week.

ARIES
21mar-21april

Life's a bitch and then you die. This certainly accounts for you. So try to have as much fun as possible before it is too late.

TAURUS
21april-21may

Positive thinking is the key to your success. Just use it and make this the best week of your ultimate career.

GEMINI
21may-21june

Lonely twins are playing stars from heaven. This week you have the opportunity to make a lot of friends and not only with your twin brother or sister.

CANCER
21jun-21jul

When you do not take care this week can turn in to a financial disaster. But it is a great week for diving D's.

LION
21jul-21aug

This week can be a fortunate week for you, if you are able to control everything. When you lose control you will have the opportunity to correct your mistakes only if you react quickly enough.

VIRGO
21aug-21sept

Take care of neglecting a good friend, you might lose him/her. Throw a few more discs to this friend of yours.

LIBRA
21sept-21oct

Take a break, loosen up a little bit. It will make your week much more relaxed if you just play ultimate and nothing else.

SCORPIO
21oct-21nov

This is the week for going to the casino. Your winning chances are above the sun. Your frisbee play is strongly correlated with the weather. Nice weather, good play. Bad weather, bad play.

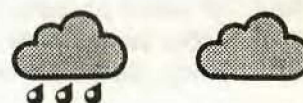
ARCHER
21nov-21dec

You will spoil your love-chances during the movie. But your playing will improve.

**IMPORTANT MESSAGE FROM
YOUR EAGER-BEAVER
REPORTERS**

All interesting, important and other remarks you want to make public, can be sent to your newsletter reporters. You can find them in the yellow bus. So when you lose your team mates or celebrate your birthday, contact us and the world will know it the morning after.

WEATHER FORECAST



18°C

When you were clever you took your umbrella or raincoat with you when you went for breakfast, because there will be some rain in the morning. The rest of the day you can try to search for some yellow beams.

Tuesday
August 31th
Volume 2

Morning After

Newsletter

of the European Ultimate & Guts Championships



Organisational matters

- Please bring the coldpacks back.
- In case of injuries and if you need tape or other medical equipment you should go to the fysios. You can find them in the green tent near the playing fields.
- The guests staying in the hotel are kindly requested to finish breakfast before 9.00 am.
- The prices for deposit of bottles at the bottle-bar have been changed. A beer will go for F 2,25 with F 0,25 deposit and soda for F 4,-- with F 1,-- deposit.
- The bar at the campingsite will open at 20.00
- For missing objects, contact the people who serve breakfast and lunch. You will find them during breakfast and lunch in the restaurant at the campingsite.

GERMANY MEETS GREAT BRITAIN

One of the major events today could have been this game. After Germany leading with 8 - 6 the British team succeeded in bringing the score back in their own profit. At half time the score was 8 - 11. Intimidated by this succes the German team failed in getting the winning mood back and had to face 8 - 15 . Although they tried hard and showed their guts the endscore was 12 - 21 in favour of the Brittisch team.

Unfortunately we were not yet able to produce the results of the junior division and guts. You'll have to wait another night and read about it tomorrow morning.

SPIRIT OF THE GAME IS

... COMMITTING ADULTERY AND TELL YOUR WIFE

RESULTS OF THE OPEN DIVISION:

Sweden	-Switzerland	21-4
Finland	-Italy	21-2
Germany	-GB	12-21
Netherlands	-Denmark	21-11
Austria	-Czech-Republic	21-5
Sweden	-Italy	21-7
Finland	-Switzerland	21-4
Germany	-Denmark	21-12
Netherlands	-Austria	21-6
GB	-Czech-Republic	21-3

RESULTS OF THE WOMEN DIVISION:

Netherlands	-Denmark	19-1
Sweden	-France	19-2
Germany	-Switzerland	19-7
Netherlands	-Finland	19-15
Sweden	-Switzerland	19-2
Germany	-France	14-19

RANKING	COUNTRY	POINTS	NUMBER OF GAMES PLAYED	SCORE
1	Finland	4	2	42-6
2	Sweden	4	2	42-11
3	GB	4	2	42-15
4	Netherland	4	2	42-17
5	Germany	2	2	33-33
6	Austria	2	2	27-26
7	Denmark	0	2	23-42
8	Italy	0	2	9-42
9	Swiss.	0	2	8-42
9	Czech	0	2	8-42

MOVIE

This evenings movie will be held on the field in front of the campsite and starts at 21.00. Special about this movie is the screensize of 240 m².

The movie is WILLOW, a story about Willow the gnome and his thrilling adventures and his crusade against the cruel queen Bavmorda, trolls and other creeps. He is accompanied by Madmartigan the womanizer, two tiny creatures called the Brownies and an old witch.

Director Ron Howard has turned his amazing fantasies into real creatures of flesh and blood, with whom you can laugh, cry and shiver.

WOMEN DIVISION

RANKING	COUNTRY	POINTS	NUMBER OF GAMES PLAYED	SCORE
1	Sweden	4	2	38-4
2	Netherland	4	2	38-16
3	Germany	2	2	33-26
4	France	2	2	21-33
5	Finland	0	1	15-19
6	Denmark	0	1	1-19
7	Swiss	0	2	9-38

WEATHER FORECAST



17 °C

No changes today, so remember it is slippery. It will turn out to be a little bit drier. Now and then rain. Forget about the sun, but keep the spirit.

Wednesday
September 1st
Volume 3

Morning After

Newsletter

of the European Ultimate & Guts Championships



From the organisation with love

-The Breakfast & Lunch-Crew wants you to know that they are at your service every morning and afternoon. Lunch is always available from 11.30 until 14.00. The time breakfast is served depends on the events that are being held in the evening: on thursday morning breakfast will be served at 6.45 until 9.00. After the meeting of the EFDF, the officials need more time (perhaps to meditate about the interesting subjects from that night). After the animal party on friday night breakfast will be served at 7.15 until 9.30, so you can stay a bit longer in your sleeping-bags. The breakfast- and lunchcrew will be serving you on friday and saturday morning at 7.15 until 9.00.

- Today Guts will take place, for information about time and place go to the yellow bus.

THIS EVENING: TRADING NIGHT

Tonight a boomerang demonstration will be held at 19.00. This will take place in front of the yellow bus (on field 1, 2 and 3). Members of the Dutch Boomerang Association will demonstrate various types of ranges:

- distance
- maximum time aloft
- fast and slow ranges
- etc.

At 20.30 the trading will start at the bar on the campingsite. Here you can trade, sell or buy the items you always wanted to have or get rid of. This is the place to buy the official tournament clothing (sweaters, shirts, discs). Afterwards there is a party with Dutch challenges. Try to ride the weird bike or try to milk a cow.

YESTERDAY'S THRILLER

The game of the German Junior team versus the French Junior team turned out to be one of the most exiting games yesterday. At the start it appeared to be a dull game with Germany leading with 6-1. When the young players from Germany smelled half-time they stopped playing the way they did. The French took advantage of this and by good playing they reduced the difference to 10-7 at half-time. After the break the Germans had a good start again and this resulted in 17-11. This seemed to be the definite fall of the French. But maybe the French coach studied the ancient art of druids and came up with some magic potion. This resulted in a time-cap at 17-16 in favour of the Germans. The French tried hard but the Germans had just enough breath to score the winning point after 2 hours and 25 minutes. They demonstrated why we play ultimate.

The Spirit of the Game is ...

OPEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	8	4	84-18
2	Finland	8	4	84-27
3	Netherlands	8	4	84-39
4	GB	6	4	70-49
5	Italy	4	4	51-62
6	Germany	2	4	63-75
7	Switzerland	2	4	38-82
8	Austria	2	4	59-68
9	Denmark	0	4	44-84
10	Czech	0	4	16-84

RESULTS OF THE OPEN DIVISION:

Sweden	-Czech Rep.	21-0
Switzerland	-Netherlands	9-21
Finland	-Germany	21-17
GB	-Austria	21-13
Denmark	-Italy	17-21
Sweden	-GB	21-7
Finland	-Denmark	21-4
Germany	-Netherlands	13-21
Switzerland	-Austria	21-19
Italy	-Czech Rep.	21-8

RESULTS OF THE WOMEN DIVISION:

Netherlands	-Germany	19-11
Sweden	-Finland	19-16
Switzerland	-Denmark	19-7
Sweden	-Germany	19-3
Switzerland	-France	3-19
Finland	-Denmark	19-1

WOMEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	8	4	76-23
2	Netherlands	6	3	57-27
3	France	4	3	40-36
4	Finland	2	3	50-39
5	Germany	2	4	47-64
6	Switzerland	2	4	31-64
7	Denmark	0	3	9-57

RESULTS OF THE JUNIOR DIVISION:

Sweden	-Germany	19-1
GB	-Germany	5-19
Sweden	-France	19-2
GB	-France	11-19
Sweden	-GB	19-1
Germany	-France	19-18

Weather Forecast

17°C



Yes, finally a day without rain in the Netherlands, hopefully this includes Papendal. It will be clouded but one gets used to it. You can not blame the wind for dropping your disc today, because there is just a little wind (3 Beaufort) from the North West.

JUNIOR DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	6	3	57-4
2	Germany	4	3	39-42
3	France	2	3	39-49
4	GB	0	3	17-57

Thursday
September 2th
Volume 4

Morning After

Newsletter

of the European Ultimate & Guts Championships



From the organisation with love

- Tonight's EFDF-meeting will start at 20.30 Papendals main building (in foyer 2). The EFDF-board invites all representatives of the national frisbee associations and organisers of (possible) upcoming championships, are invited to attend this meeting.
- The rest of the participants is free to check out Arnhem or have a beer at one of Papendals bars. ENJOY YOURSELVES!!!
- A pair of glasses has been found. Ask the breakfast-crew if you lost your glasses or other belongings.

CHANGED SCHEDULE ON FRIDAY:

	Round 1 : 9.00 h	Round 2: 11.30 h	Round 3: 14.00 h
Field 1	Semi Final 1st - 4th (A)	Sweden Netherlands	3rd /4th place loser A - loser B
Field 2	Semi Final 2nd - 3rd (B)	Finland Austria	5th/6th place Winner C - 5th
Field 3	6th - 7th (C)	Germany Czech Republic	
Field 4			
Field 5	Germany Netherlands	Great Britain Italy	Netherlands Sweden
Field 6	Great Britain Sweden	Switzerland Denmark	Great Britain Germany
Field 7		<i>Sweden Germany</i>	<i>Great Britain France</i>

TO TIME-OUT OR NOT TO TIME-OUT

That's the question...

For the first time since 1989 the Swedish national women team beat the Dutch national women team after a tense game. The Dutch team seemed to be the strongest with scores like 10-7, 14-12 and 16-14. But in the last part of the game the Swedish managed to bring the score to 18-18. In the time-cap they won with 20-18. Unfortunately the tv- crew from a Dutch broadcasting company missed all spectacular dives because the camera was not recording.

LEGEND:	Open	Juniors	Women	Masters
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OPEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	12	6	126-31
2	Finland	12	6	126-44
3	Netherlands	10	6	119-70
4	GB	8	6	107-81
5	Switzerland	6	6	70-109
6	Germany	4	6	93-105
7	Austria	4	6	77-99
8	Italy	4	6	84-100
9	Denmark	0	6	69-126
10	Czech	0	6	20-126

RESULTS OF THE OPEN DIVISION:

Sweden	-Austria	21-4
Germany	-Italy	21-9
Finland	-Netherlands	21-14
Switzerland	-Czech Rep.	21-1
GB	-Denmark	21-14
Netherlands	-Italy	21-10
Finland	-Czech Rep.	21-3
Switzerland	-GB	18-16
Sweden	-Germany	21-9
Austria	-Denmark	21-11

RESULTS OF THE WOMEN DIVISION:

Netherlands	-France	19-3
Sweden	-Denmark	19-0
Finland	-Switzerland	19-9
Netherlands	-Sweden	18-20
Finland	-Germany	19-11
France	-Denmark	19-6

WOMEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	12	6	115-41
2	Netherlands	8	5	94-50
3	Finland	6	5	62-61
4	France	6	5	88-59
5	Germany	2	5	58-83
6	Switzerland	2	5	40-83
7	Denmark	0	5	15-95

RESULTS MASTER DIVISION:

Netherlands	-GB	19-12
Germany	-Sweden	14-16
Sweden	-GB	19-11
Netherlands	-Germany	8-19

Weather Forecast



18°C

Oh, oh, oh, another day without the heavenly sun shining on your heads. Don't get depressed by the clouds, at least it won't be raining today (like we said yesterday).

MASTER DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	4	2	35-25
2	Germany	2	2	33-24
3	Netherland	2	2	27-31
4	GB	0	2	23-38



Friday
September 3th
Volume 5

Morning After

Newsletter

of the European Ultimate & Guts Championships



From the organisation with love

- You must leave your hotelroom saturday morning before 11.00.
- The preset tents must be vacated before 11.30, the other tents must be taken down and the field must be clean.
- You can leave your luggage under the carport (table tennistable) at the campsite. It will be heavily guarded.
- Breakfast on saturday will be served between 7.30 and 11.00. After this time you can obtain your lunch (or late breakfast) at the yellow bus where also all lost objects can be collected.
- Return your plate sets saturday morning after breakfast.
- As we told you before: All missing and damaged objects, e.g. towels, mattresses, etc. must be paid for by the organisation. This holds for both hotelrooms and tents. The organisation will present the bill to the responsible teams after the tournament. So keep all stuff clean and undamaged. Thank you.
- Many people lost their discs. If you find a deserted disc, please try to find the owner or give it to the people in the yellow bus.

ANIMAL PARTY

Will be held at Casa del Loro, Rhenen. Transportation by bus is available. One bus will leave from the hotel at 16.30 and one bus will leave near the campsite at 16.30 (just a little bit up the road). Before dinner is served at 18.30, you will be able to enter the Zoo and take a look at the Siberian wolves or the Bosnian bears. After dinner it is time for party. So put on your animal clothes and turn it into a real animal party. The buses will return from Casa del Loro to Papendal at 23.30, 0.30 and 1.30. After the party, the bottle-bar at the campsite will be open from 2.00 till



The Spirit of the game is ...

OPEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	16	8	168-57
2	Finland	14	8	162-80
3	Netherlands	14	8	158-83
4	GB	8	8	133-120
5	Germany	8	8	135-134
6	Switzerland	8	8	103-146
7	Austria	6	8	115-134
8	Italy	4	8	114-142
9	Denmark	2	8	101-159
10	Czech	0	8	34-168

RESULTS OF THE OPEN DIVISION:

Sweden	-Finland	21-15
Germany	-Switzerland	21-12
GB	-Netherlands	11-18
Austria	-Italy	21-14
Denmark	-Czech Rep.	21-12
Sweden	-Denmark	21-11
Finland	-GB	21-15
Germany	-Austria	21-17
Switzerland	-Italy	21-16
Netherlands	-Czech Rep.	21-2

RESULTS OF THE WOMEN DIVISION:

Netherlands	-Switzerland	19-6
Finland	-France	19-4
Germany	-Denmark	19-3

RESULTS OF THE JUNIOR DIVISION:

Sweden	-France	19-3
GB	-Germany	2-19
Germany	-France	19-14
Sweden	-GB	19-0

RESULTS MASTER DIVISION:

Germany	-GB	19-5
Sweden	-Netherlands	19-16
Sweden	-Germany	11-19
GB	-Netherlands	8-19

WOMEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	12	6	115-41
2	Netherlands	10	6	113-56
3	Finland	8	6	81-65
4	France	6	6	92-78
5	Germany	4	6	77-86
6	Switzerland	2	6	46-102
7	Denmark	0	6	18-114

JUNIOR DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	10	5	95-7
2	Germany	8	5	77-58
3	France	2	5	56-87
4	GB	0	5	19-95

MASTER DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Germany	6	4	65-60
2	Sweden	6	4	71-40
3	Netherlands	4	4	62-58
4	GB	0	4	36-76

Weather Forecast



17°C

Yes indeed, today there will be clouds with just some rain during the morning, but we guessed you noticed already. In the afternoon the sun will try to show himself, but you don't need sun tan !

... not nominating yourself for the spirit of the game

Saturday
September 4th
Volume 6

Morning After

Newsletter

of the European Ultimate & Guts Championships



From the organisation with love

- You must leave your hotelroom before 11.00.
- The preset tents must be vacated before 10.30, the other tents must be taken down and the field must be clean.
- You can leave your luggage under the carport (table tennistable) at the campsite. It will be heavily guarded.
- You can have breakfast until 11.00. After this time you can obtain your lunch (or late breakfast) at the yellow bus where also all lost objects can be collected.
- Please return your plate sets after breakfast to the breakfast crew at the campsite
- As we told you before: All missing and damaged objects, e.g. towels, mattresses, etc. must be paid for by the organisation. This holds for both hotelrooms and tents. The organisation will present the bill to the responsible teams after the tournament. So keep all stuff clean and undamaged. Thank you.
- 73 discs kidnapped, please help to return them to their owners, so they can together continue their journey through the Ultimate world.

TODAY THE ULTIMATE FINALES

TIME	FIELD	DIVISION	TEAMS
10.00 h	FIELD 2	JUNIORS	SWEDEN - GERMANY
10.00 h	FIELD 3	MASTERS	GERMANY - SWEDEN
11.30 h	FIELD 1	WOMEN	SWEDEN - NETHERLANDS
ca. 13.30 h	FIELD 1	OPEN	SWEDEN - FINLAND

The winner is...

- * Frank of Germany, the most **unlucky** player of this weeks tournament
- * Gaby, one of the Swiss misses, and Harry, from GB, for being the most **attractive** players on the fields of Papendal (who judged this?)
- * The **DUTCH** masters for being the **nicest dressed** team (and who was their hairdresser?)

The Spirit of the game is ...

OPEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	18	9	189-70
2	Finland	16	9	183-90
3	Netherlands	14	9	171-104
4	GB	10	9	154-130
5	Germany	10	9	156-141
6	Switzerland	8	9	121-166
7	Austria	6	9	125-155
8	Italy	4	9	124-163
9	Denmark	4	9	121-177
10	Czech	0	9	41-189

RESULTS OF THE OPEN DIVISION:

Sweden	-Netherlands	21-13
Finland	-Austria	21-10
Germany	-Czech Rep.	21-7
GB	-Italy	21-10
Switzerland	-Denmark	18-20

RESULTS OF THE WOMEN DIVISION:

Switzerland	-Denmark	19-4
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SEMI FINALS:

Sweden	-France	19-5
Netherlands	-Finland	19-8

3rd / 4th place:

France	-Finland	10-19
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5th / 6th place:

Switzerland	-Germany	7-19
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RESULTS OF THE JUNIOR DIVISION:

Sweden	-Germany	19-3
GB	-France	11-19

RESULTS MASTER DIVISION:

Germany	-Netherlands	19-8
GB	-Sweden	3-19
Netherlands	-Sweden	12-19
GB	-Germany	8-19

WOMEN DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	12	6	115-41
2	Netherlands	10	6	113-56
3	Finland			
4	France			
5	Germany			
6	Switzerland			
7	Denmark			

Weather Forecast



16°C

There is no need to give you the new weather forecast for today. After a week of Dutch weather you can predict it yourselves: clouds and now and then a bit of rain.

JUNIOR DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Sweden	12	6	114-10
2	Germany	8	6	80-77
3	France	4	6	75-98
4	GB	0	6	30-114

MASTER DIVISION

RANKING	COUNTRY	POINTS	# GAMES	SCORE
1	Germany	10	6	109-56
2	Sweden	10	6	103-75
3	Netherlands	4	6	82-96
4	GB	0	6	47-114

... waking up on Saturday and say
GOOD MORNING!!!

Saturday
September 4th
Volume 7

Morning After

Newsletter

of the European Ultimate & Guts Championships



Till we meet again

This is the last Morning After of this European Ultimate & Guts Championships, it is not even a real Morning After because it is handed out to you just after the open final, so it is a sort of Moment After. A real special volume with all the results of the finals, the rankings, statistics, etc. How we managed to put in the results of the finals? Predicting, just like we did with the weather. We know some of our predictions were incorrect, but there is one prediction we can make that is definitive correct: We will meet again, don't know where don't know when but we are pretty sure it is some where on an Ultimate-tournament again.

Your eager-beaver reporters.

CONGRATULATIONS...

...Sweden with the European Championship Ultimate in the open division and the junior division. Congratulations Netherlands with your title in the women division and Germany with your title in the masters division. Congratulations Swedish juniors with your European Championship Guts.

RESULTS OF THE FINALS

Open division:	Sweden - Finland	21- 15
Women division:	Sweden - Netherlands	14- 19
Masters division:	Germany - Sweden	21 - 8
Junior division:	Sweden - Germany	19 - 3
Guts:	Sweden Juniors - Finland Open	2 - 1

THE SPIRIT OF THE GAME IS ...

... in the open division won by Great Britain.
... in the junior division won by Great Britain.
... in the women division won by Denmark.
... in the masters division won by Sweden.

Many thanks from the staff: Imke, Erik, Marjelle, Erik, Maarten, Claudia, Stef, Henri. to the crew: Frank, Toos, Thyl, Marielle, Daphne, Jos, Antoine, Evert, Henri, Maaike, Sander, Mirko, Heleen, Helene, Erik, Marcel, Lineke, Joost, Arjen, Mark, Tjeerd and A&S copyshop.

OPEN DIVISION

RANKING	COUNTRY
1	Sweden
2	Finland
3	Netherlands
4	GB
5	Germany
6	Switzerland
7	Austria
8	Italy
9	Denmark
10	Czech

WOMEN DIVISION

RANKING	COUNTRY
1	Netherlands
2	Sweden
3	Finland
4	France
5	Germany
6	Switzerland
7	Denmark

JUNIOR DIVISION

RANKING	COUNTRY
1	Sweden
2	Germany
3	France
4	GB

MASTER DIVISION

RANKING	COUNTRY
1	Germany
2	Sweden
3	Netherlands
4	GB

This tournament statistics

The physiotherapist's casebook

TREATMENT	Mo	Tu	We	Th	Fr	Sa	Total
CALF	4	8	10	11	8	5	46
ANKLE	2	6	6	7	6	2	29
BACK	1	3	1	7	3	0	15
HAMSTRING	1	0	10	13	9	6	39
SHOULDER / NECK	0	2	5	4	2	0	13
KNEE	0	3	5	5	2	0	15
HAND	0	3	3	2	1	0	9
THIGH	0	0	2	3	3	0	8
LOWER LEG	0	0	4	2	0	0	6

Lunch and breakfast

Bread	425	Beer	720 liter
Rolls	2160	Soda	393 liter
Cheese	120 kilo	Soup	250 liter
Meat	96 kilo	Coffee	45 kilo
Chocolate strands	17 kilo	Buttermilk	24 liter
Jam	30 kilo	Milk	540 liter
Peanutbutter	13 kilo	Yogurt	72 liter
Butter	36 kilo		
Fruit	500 kilo		
Chocolate Paste	20 kilo		

GUTS

RANKING	COUNTRY	RANKING	COUNTRY
1	Sweden	5	Germany
2	Finland	6	Great Britain
3	Netherlands	7	Czech Rep.
4	Austria		