

**USA  
ULTIMATE**



**2015 BEACH  
CHAMPIONSHIPS**

**MAY 2-3, 2015**  **VIRGINIA BEACH**

**EVENT GUIDE \$2**

**ONLY  
THE  
BEST**



**BEACH DESERVES THE BEST.**

PHOTO CREDIT: WILLIAM BRODY BROTMAN



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### USA ULTIMATE

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# WELCOME

It is a great pleasure to welcome you to the inaugural USA Ultimate Beach Championships in Virginia Beach. USA Ultimate encompasses everything that is good about athletic competition. It exemplifies the core values of sportsmanship, respect, integrity, cooperation and self-discipline.

Our community partners, Virginia Beach Jaycees and George Alcaraz with Resort Management LLC, have been working diligently to create an enjoyable experience for you while you are in beautiful Virginia Beach.

To all the athletes competing – the City of Virginia Beach wishes you success in displaying your abilities to the fullest. The sportsmanship, fair play and respect you demonstrate are major reasons for the popularity of your sport.

When you are done competing, please get out and enjoy some of the best of what Virginia Beach has to offer. From award-winning coastal cuisine and family friendly attractions to shopping and relaxing in the sand, Virginia Beach has something for everyone.

Please accept my best wishes for a great event!

Nancy Herman, Sports Marketing Director  
Virginia Beach Convention and Visitors Bureau  
[www.vbsports.com](http://www.vbsports.com)



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The Virginia Beach Jaycees are so very proud to welcome the 2015 USA Ultimate Beach Championships to our beautiful home, Virginia Beach, Va. It's a great honor to be the host city and volunteer organization for this event.

Today, the Virginia Beach Jaycees are comprised of young men and women, ages 18 to 40, and provide development opportunities that empower young people to create positive change in the community. Leadership training is offered in areas of public speaking, writing, management skills, professional networking, financial planning and much more. The Virginia Beach Jaycees are currently 50 members strong and have historically been one of the premier chapters in the state.

Virginia Beach was recently ranked by The Culture Trip on their website as one of the 10 Most Beautiful Cities to the USA.

As your host, we are happy offer you our volunteers and knowledge of our wonderful community. We look forward to great fellowship, spirited competition, fun and sharing our beautiful city and oceanfront with you.

Sincerely,  
Halsey R Beldon, Virginia Beach Jaycees Volunteer Chairman



# WEEKEND OVERVIEW

## FRIDAY, MAY 1 AT BEACH QUARTERS RESORT HOTEL

6:00pm - 8:00pm: Team Registration

8:00pm - 9:00pm: Captains' Meeting

## SATURDAY, MAY 2 AT VIRGINIA BEACH

9:00am - 6:00pm: Competition Begins

5:00pm - 10:00pm: Meal for athletes, social event to follow.

## SUNDAY, MAY 3 AT VIRGINIA BEACH

8:30am - 2:00pm: Competition Continues

2:30pm: Finals

Post-Finals: Award Ceremony. Immediately following the finals, awards will be presented to the champions and second-place teams in each division, as well as Team Spirit Award winners and Individual Spirit Award winners.

# EVENT STAFF

Tournament staff members will be wearing green event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

Tournament Director - George Alcaraz

## USA ULTIMATE STAFF

Chief Executive Officer - Dr. Tom Crawford

Managing Director, Competition and Athlete Programs - Will Deaver

Director, Marketing and Communications - Andy Lee

Manager, Events - Byron Hicks

Manager, Competition and Athlete Programs - Ernest Toney

Manager, New Media - Matthew Bourland

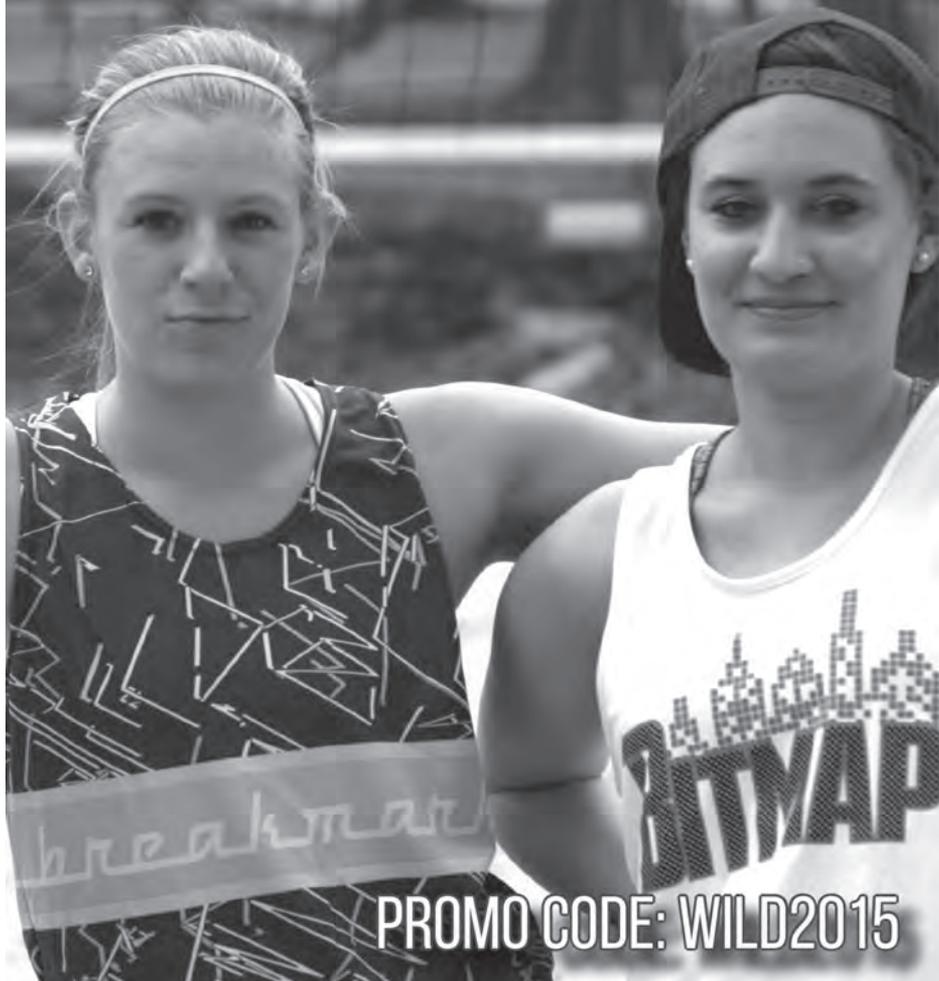
Manager, Communications and Publications - Stacey Waldrup

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**\$20 DOLLAR TEAM SPOT SUB TANKS  
JUST IN TIME FOR WILDWOOD.**



**PROMO CODE: WILD2015**

# COMPETITION RULES

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- USA Ultimate Official Rules of Ultimate - 11th Edition will be in effect.
- All games to 13, point cap at 15
- Halftime is 5 minutes.
- Each team has one timeout per game.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 13 goals, overtime occurs when the score reaches 12-12).
- Soft time-cap will not be used.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

## SITE RULES

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- **NO TOBACCO!** Facility, event staff and security will be checking to make sure people are not smoking. Please abide by these rules.
- **NO GLASS OR METAL BOTTLE CAPS!**
- **PETS, GLASS CONTAINERS, MOTORIZED VEHICLES AND ANY OTHER ITEMS THAT ARE DEEMED UNSAFE ARE PROHIBITED.**
- **SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES!** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- **TRASH AND RECYCLING!** Place recyclables in the recycling receptacles, and place trash in the trash. Keep the facility clean.
- **LANGUAGE** - This is a family environment. Please keep this in mind.

# HOSPITAL

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Virginia Beach General Hospital is the closest medical facility with emergency room facilities. It is located at 1060 First Colonial Road, Virginia Beach, VA 23454.

## SHOOTING PHOTOS/VIDEOS

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USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at [usultimate.org/about/usultimate/media\\_policies.aspx](http://usultimate.org/about/usultimate/media_policies.aspx) or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at [stacey@hq.usultimate.org](mailto:stacey@hq.usultimate.org).

# MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2015 USA Ultimate Coaching Development Program.

**PLAY HARD. HAVE FUN.**  
**FIVEULTIMATE**

[Team@FiveUltimate.com](mailto:Team@FiveUltimate.com)



photo by Billy D Photography



# MEN'S TEAMS

## BAYONET

### San Francisco, CA

**Captain: Zack Purdy**

Group of beach players in San Francisco looking to ball on the national stage.

#### ROSTER

4	Rico Johnson	5'10"	25
5	Cody Cassidy	6'2"	30
7	Zack Purdy	5'10"	23
10	Liam Rosen	5'8"	27
11	Drew Galiger	5'10"	25
12	Simon Margolis	5'4"	30
13	Michael Lopez	6'0"	33
15	Glenn Poole	5'9"	27
23	Sam Trachtman	5'8"	26
42	Wendell Wilson	6'2"	27
55	Abe McKay	5'10"	23
72	Devin Drewry	5'10"	23

## BROWATCH

### Athens, OH

**Twitter: @BroCatsUltimate**

**Captains: Andy Ball, Mitch Cihon**



BroWatch was formed on the sandy shores of Stroud's Run in Athens, Ohio, by a collection of Ohio University college students and alumni. The unofficial "Best Pickup Team" in the country.

#### ROSTER

1	Daniel Olson	6'2"	26
2	Eric Converse	5'11"	26
3	Drew Cribbet	6'2"	23
5	Andy Ball	5'10"	26
6	Kevin Hanzel	5'3"	26
7	Todd Grace	5'9"	40
12	Mitch Cihon	5'11"	24
14	Mike Bruce	5'9"	24
22	Nick Wetzel	5'11"	25
26	Travis Neal	6'3"	23
33	Matthew Olson	6'5"	21
41	Cody Pettitt	6'3"	23
57	Schuyler Redding	6'0"	27
88	Robert Olson	6'2"	30
99	Drew Grogan	6'2"	21

# MEN'S TEAMS

## DUNE SQUAD

### Ypsilanti, MI

Twitter: @Dune\_Squad

Captain: Austin Engel



Dune Squad is a mix of Eastern Michigan Hellfish and friends in the Great Lakes Region. Most of us have either competed in college and/or club divisions together and/or against each other. Dune Squad is ready to soak up the sights and sounds of Beach Nationals while shocking the competition with our skilled play.

### ROSTER

4	Mike Zaagman	6'2"	24
5	Austin Engel	5'10"	28
6	Kevin Coulter	6'2"	24
7	Jonathan Lee	5'7"	22
8	Trey Taliaferro	5'11"	20
11	Stefan Dicker	6'2"	24
15	Alex Belanger	6'2"	20
17	Connor Lukas	5'11"	19
22	Josh Osinski	5'10"	22
23	Ryan Mehaffey	5'10"	24
24	Austin Lewis	5'8"	20
27	Grant Furnier	6'0"	24
77	Mark Brown	6'3"	30
98	Dan Donovan	6'1"	24
99	Evan Priest	5'10"	27

SPECTATOR INFO

## FLUDWHALE

### Richmond, VA

Website: [facebook.com/FloodwallUltimate](https://www.facebook.com/FloodwallUltimate)

Twitter: @rvaopen

Captains: Justin Morrison, Geoff Horsfield



In the cold and winter months, several members of Virginia's premier men's team, Floodwall, decided that we sort of like each other, we sort of like ultimate, and we especially like the beach. Those things were combined with the tempest that is the Richmond ultimate community and a jealousy for the college players that get to play flatball in the spring, and thus, Fludwhale was born. Fludwhale is hoping to use the inaugural USA Ultimate Beach National Championships to launch the club season and to motivate returning members to do the necessary amount of ab workouts. We are looking forward to representing the best of what Richmond - and Virginia - have to offer.

### ROSTER

00	Jameson Hinkle	5'6"	27
1	Matt Koh	5'10"	26
2	Justin Morrison	5'10"	27
3	Keys Pattie	5'10"	26
4	Matthew Goff	5'9"	27
7	Justin Smith	5'10"	28
8	Matt Graves	5'10"	24
11	Brian Brown	5'10"	25
12	Chris Bonuel	5'7"	26
15	Geoff Horsfield	5'8"	27
19	Chris Bowling	6'0"	27
29	Josh Reynolds	5'9"	25
52	JT Moore	6'4"	26
55	Paul Corbett	5'10"	26
64	Mike Parker	6'0"	24

# MEN'S TEAMS

## GARUDA TRIANGLE

### Boston, MA

Website: [GarudaUltimate.com](http://GarudaUltimate.com)

Twitter: @GarudaUltimate

Captains: Alex Dagley, Matt Little, Jonah Guerin



Garuda Triangle is an offshoot from Boston's men's club team Garuda. Despite living next to the world's second-largest ocean, many of us are new to beach ultimate. But we're not letting what's under our feet get in the

way. We have played countless hours of mini together in training for club season and expect this experience to translate well to the sand. Our goal is simple: compete with spirit. We'd also love to bring back some of what we learn about beach ultimate to the Boston community. The rest is just for us. "What happens in the Garuda Triangle stays in the Garuda Triangle."

### ROSTER

1	Alex Foo	5'7"	22
2	John Repucci	5'8"	25
3	Aaron Freedman	6'2"	24
6	Matt Barnes	5'9"	24
7	Mike Sender	5'8"	23
11	Mat Little	5'10"	28
14	Devon Williams	6'0"	26
17	Ryan Kelley	5'10"	26
25	Austin Raymond	6'1"	26
28	Rowan McDonnell	6'0"	25
33	Jonah Guerin	6'2"	25
55	Kyle Deaver	6'1"	25
81	Sam Richardson	6'0"	23
83	Alex Dagley	6'1"	26
93	Jake Smart	6'2"	28

## HUMILISWAG

### Ocean City, MD

Captain: Tim Morrill

### ROSTER

00	Jonathan Helton	6'0"	31
1	John Kerr	6'0"	27
5	Keven Moldenhauer	5'11"	38
7	Will Neff	6'4"	29
9	Brad Scott	6'1"	23
11	Jonathan Neeley	5'11"	28
13	Bryant Dean	6'2"	29
15	Mike Malloy	5'9"	28
22	Tim Morrill	6'0"	29
23	Jordan Queckboerner	6'2"	24
30	Marc Michael Huber	6'1"	33
33	AJ Jacoski	6'3"	27
55	Dan Dypsky	5'8"	34
71	Nicholas Simonelli	6'0"	24
77	Elliot Trotter	5'8"	28

# MEN'S TEAMS

## JAYBIRDS

### Baton Rouge, LA

**Captains:** Craig Anderson, Mason Zetsch

**Coaches:** Derrick Mulroney, Ben Stringer



This group of 13 miscreants flocked together from five states to compete in the 2015 USA Ultimate Beach National Championships as the Jaybirds. With Gunshine at the core, Six Pack, Uproar, Medicine Men and Deluge players

supplement the birds. After an exhaustive preseason-training regiment, the birds hope to make a statement against established beach teams.

### ROSTER

0	Craig Anderson	5'7"	24
1	John Foeller	5'9"	24
3	Domenick Fareiri	6'1"	23
5	Billy Fleming	5'11"	19
11	Dustin McKee	6'1"	31
13	Eric Clarkson	6'2"	23
15	Josh Madigan	5'10"	19
17	Montez Jones	5'11"	26
18	Keith Meek	6'3"	23
23	Shannon Mosley	5'7"	24
29	Mason Zetsch	6'2"	20
77	James Theodos	5'8"	22
95	Chris Cude	6'2"	20

SPECTATOR INFO

## MIDRIFT

### Iowa City, IA

**Twitter:** @MidRiftUltimate

**Captains:** Sean Newlin, Jimmy Wiesbrock

We established residency early in the jurisdiction of ultimate. The sport transcends holistic effort and respect, especially towards one's brethren. Empathy allowed our team to hone ultimate and master its inner language (an incredible skill) without the annoying guff.

### ROSTER

0	Robbie Dennis	6'2"	23
1	Jimmy Wiesbrock	5'11"	24
2	Nathan Wiemers	5'11"	24
3	Ethan Levine	6'1"	26
5	Sean Willett	6'1"	28
6	Evan Kerr	6'1"	24
9	Chris Brown	6'2"	25
12	Sean Newlin	6'0"	26
14	Josh Purman	6'2"	23
16	Cody Rohlf	5'10"	22
19	Steve Czechowski	5'8"	22
20	Franklyn Robinson	6'2"	25
25	Joe Brisbois	6'1"	31
33	Alex Brown	6'1"	25
77	Eric Shomo	5'11"	23

# MEN'S TEAMS

## PARANOIA

### Washington, DC

**Captain: Charlie Patten**

Paranoia was formed from players within the Georgetown ultimate community and includes several former and current captains and coaches of the Georgetown men's team, Catholic Justice. While we come from a diverse background of club teams, many of us have competed together in college or on mixed teams at Wildwood and Lei Out.

### ROSTER

3	Ivan Robinson	6'0"	20
4	Roger Chu	5'11"	25
6	Alex Laws	5'6"	28
7	Ben Feng	6'2"	25
9	Danton Noriega	6'2"	29
12	Nico Lake	5'11"	21
13	Logan Rhyné	6'3"	28
17	Eric Miner	6'5"	28
19	Scott Hampton	5'8"	23
20	Dan Stokes	6'0"	24
23	Michael Drost	6'1"	25
25	Charlie Patten	5'9"	24
80	Troy Holland	6'0"	21
87	Matthew Kerrigan	6'0"	24
90	Alex Bodaken	6'2"	24

## RIGHT COAST

### Raleigh, NC

**Captains: Jarrett Bowen, Tommy Lamar**

**Coach: Rusty Ingold-Smith**



Right Coast is a group of North Carolina's elite club players coming together for beach. What started as a North Carolina-Wilmington alumni team turned into a North Carolina grassroots squad.

Each member of this team has played college or elite club for a North Carolina-based team. Experience from all levels of competition is represented on the roster. We are excited for the challenge of taking our on-field success and turning it into on-sand success.

### ROSTER

2	Josh Mullen	5'10"	34
3	Tommy Lamar	6'3"	25
10	Jarrett Bowen	5'10"	27
12	Robert Goode	5'11"	24
13	Shane Sisco	5'11"	27
21	Andrew Allen	6'3"	29
24	Noah Saul	6'0"	25
31	Bryan Conklin	6'6"	28
50	Josh Norris	5'10"	30
54	Stephen Bender	5'11"	28
79	Matt Bode	5'10"	24

# MEN'S TEAMS

## SAILORS

### Lynchburg, VA

**Captains: Connor High, Jonathan Mast**



Sailors. That is our name. Our rowdy crew became ultimate comrades through our shared home port of Lynchburg, Va. We took to the high seas and played ultimate at a competitive level as Lynchburg's men's

club team YAK (You Already Know). We've played the last two seasons, adding a few seaworthy friends along the way. When we heard of the grand tale of a beach where ultimate was played 5 v 5 on a national level, we could not resist. We set sail for the 2015 USA Ultimate Beach National Championships, and now we have landed. Sailors to the 'Ship!

### ROSTER

00	Josh Walker	6'0"	25
1	Taylor Nelson	5'10"	22
2	Kevin Habermas	5'8"	29
3	Brandon Lison	5'7"	27
5	Connor High	5'11"	23
7	Haydn Bibby	6'1"	22
9	Joshua Savage	6'0"	26
12	Jonathan Mast	6'0"	26
15	Brendan Kinne	6'1"	23
17	Thomas Scott	6'4"	25
28	Teddy Seago	5'9"	20
44	Justin Phillips	5'5"	21

SPECTATOR INFO

## STAFFGRUB

### Fredericksburg, VA

**Captain: Eli Hosen**

"There is nothing that cuts you down to size like coming to some strange and marvelous place where no one even stops to notice that you stare about you."

— Richard Adams, Watership Down

### ROSTER

00	Nick Rinehart	6'4"	23
2	Eli Hosen	6'3"	29
5	Scott Andrews	5'10"	26
6	Aaron Wida	6'0"	25
7	Marc Schreiner	5'10"	26
8	Devon Cassiday	6'2"	26
11	Kevin Dodd	5'5"	26
12	Andrew Han	5'8"	23
13	Joshua Cruz	5'9"	25
17	Alain Monyette	6'3"	24
28	Kameron Chambliss	5'6"	25
47	Billy Harmon	5'8"	26
78	Rabah Sbitani	5'9"	47

# MEN'S TEAMS

## AND THE WARHAWKS

### Cambridge, MA

**Captains: Ben Van Heuvelen, Misha Sidorsky**

And the Warhawks is a New England beach ultimate team composed of some of the former members of Danny and the Warhawks. Caw-caw!

### ROSTER

0	Jacob Taylor	6'4"	28
1	Markian Kuzmowycz	5'7"	28
2	Daniel Heijmen	5'11"	31
3	Chris Mazur	6'1"	29
4	Matt Rebholz	6'2"	30
6	Jasper Hoitsma	5'10"	32
8	Walker Hatchett	6'1"	25
9	Misha Sidorsky	5'10"	28
10	Jacob Luria	5'10"	29
17	Thomas Cooper	5'10"	25
21	Misha Herscu	5'11"	24
27	John Hatchett	6'0"	25
42	Berend Van Heuvelen	6'5"	34

## VA BEACH BUMS

### Virginia Beach, VA

**Website: [facebook.com/groups/virginiabeachultimate](https://www.facebook.com/groups/virginiabeachultimate)**

**Captains: Nick Astin, Josh Pfenning**



Everyone on the team met through the Virginia Beach Ultimate Meetup site, Facebook or word of mouth. Over the years, we have become really good friends and owe it all to ultimate. We come from all walks of life and share one common love - beach ultimate. Many team members play in other turf leagues and indoor tournaments throughout the year but always look forward to the sand. We play at the Virginia Beach oceanfront nine months out of the year and only move to grass for the colder months.

### ROSTER

2	Chris Halbert	5'10"	32
5	Ryan Quinn	5'9"	37
8	Fernando Prieto	5'9"	33
10	David Brown	5'8"	24
13	Bob Steinberg	5'11"	49
17	Dale Williams	6'1"	33
22	Nick Astin	6'0"	23
23	Jake Williams	6'0"	29
24	Nick Gould	6'0"	21
28	Alek Hartzog	6'2"	26
40	Eric Herold	5'7"	28
84	Josh Pfenning	6'4"	32
88	Eric Hartzog	6'0"	28
92	Stuart McDougal	6'3"	23
99	Spencer High	6'5"	31

# MEN'S TEAMS

## VEST CLUB HEAVEN

### Blacksburg, VA

Website: [facebook.com/VTUAA](https://www.facebook.com/VTUAA)

Captain: Mark McEntee



We are comprised of Virginia Tech alumni players, who mostly graduated from 2008 to 2014. We have been playing together for those years at many fun tournaments around the country such as Wildwood, Fools Fest, Potlatch and others. We also get together every year on Labor Day weekend for an ultimate alumni reunion in Blacksburg where we play ultimate and disc golf against the current college team. The alumni team usually wins and always has the most fun.

### ROSTER

6	Mark McEntee	6'1"	28
7	Jaryd Engberg	5'10"	25
13	Zach Peterson	5'10"	24
15	Mathias Soucek	5'10"	30
22	Louis Armstrong	5'11"	23
23	Doug Phung	5'7"	24
41	Brendan Karlstand	6'1"	25
52	JP Moraca	6'0"	23
56	Curt Cimino	5'11"	25
68	Rusty Trageser	5'8"	24

SPECTATOR INFO

## YETIS ON THE BEACH

### Ann Arbor, MI

Captain: Matt Wilken



Yetis on the Beach are best known for guarding the expansive Michigan coastline from the threat of our nefarious neighbors, but few historians know they protect the Ohio shores as well. These creatures of mythical proportions enjoy long walks on the beach, expansive piano solos, serene

sunsets and philosophical conversations that last deep into the night. BUT, don't be fooled by his cultured insights, unrelenting charm and dashing good looks. This creature comes to play. If you are fortunate enough to see a Yeti up close, don't forget to snap a picture. For years, they eluded the paparazzi and only recently have embraced the pictorial age. Be one of the first to catch these creatures in their natural habitat, on the beach!

This particular group of Yetis have competed together and against each other in the club division on High Five and Madcow for several years. Now, thanks to the Treaty of Versailles (Ohio, not France), they have joined forces to compete at the national level and share their mystical combination of competitiveness and fun. If you see one on the beach, just remember that it's good luck to pet a Yeti.

### ROSTER

1	Alex Edinger	5'10"	26
2	Travis Martin	5'9"	26
3	Matt Wilken	6'3"	36
6	James Highsmith	6'2"	22
7	Jesse Ellwood	5'10"	25
10	Nate Pascale	5'9"	22
11	Tom Haynes	6'0"	27
21	Ben Ayres	6'1"	26
28	Mike Jahm	5'8"	29
33	Ryan Purcell	5'8"	30
47	Phil Cherosky	5'9"	27
55	Johnny Bansfield	5'11"	22
81	Kevin Ryan	6'0"	33

# MIXED TEAMS

## BALTIMORE FLATBALL CLUB

### Baltimore, MD

Twitter: @baltimorefc

Captains: Zara Cadoux, Warren Wells



Baltimore Flatball Club is based on a group of players that has attended Wildwood and Lei Out together for the past four years. Many of us came together through mixed club in Baltimore, and though we now play on separate summer teams, we reunite for any opportunity to play on the beach.

### ROSTER

3	Winston Chang	6'1"	28
7	Quinne Farenwald	5'5"	27
9	Susanna Jivotovski	5'11"	21
12	Britta Schaffmeyer	5'7"	31
13	Echo Presgraves	5'8"	24
16	Leo Pepper	5'11"	25
22	Zara Cadoux	5'9"	28
24	Kate Stambaugh	5'8"	28
25	Madison Bush	5'7"	22
29	Kyle Blackiston	6'1"	23
31	Christopher Cahoon	5'11"	26
32	Brett Youngerman	5'11"	26
42	Warren Wells	5'11"	28
61	Carlos Lalimarmo	5'9"	25

## THE BANDITS

### Middletown, NJ

Captain: Ken Calello

The Bandits are a mixed team out of Middletown, N.J. We started out mostly as a pickup team but slowly evolved into a real team. We tend to compete in any division we can but mostly stick to mixed events. Last summer, we primarily played beach ultimate and cannot wait to compete at Beach Nationals.

### ROSTER

1	Eric Huang	5'7"	24
3	John Denman	5'8"	23
4	Peggy Monkemeier	5'2"	23
5	Nick Raguseo	5'3"	23
8	Tom Sum	5'6"	24
9	Nikki Hair	5'2"	22
14	Maura McKechnie	5'6"	26
15	Mary Carlton	5'5"	23
17	Robb Prescott	5'11"	24
23	Olivia Oo	5'2"	22
24	Steve Willis	6'2"	32
33	Allison McDonald	5'4"	24
69	Matt Tacheron	6'1"	28
77	Craig Sinkler	5'9"	22
80	Ken Calello	6'0"	26

# MIXED TEAMS

## BEACHBOAT

### Cincinnati, OH

Website: [facebook.com/beachboatully](https://facebook.com/beachboatully)

Twitter: @beachboatully

Captains: Ryan Gorman, Brittany Winner



With a core of Cincinnati Steamboat's club mixed players at the helm, Beachboat is excited to make its debut on the shores of the Atlantic. Steamboat was formed in 2008 and is the Great Lakes Region's

longest-running mixed program. Over the years, shipmates have travelled extensively to play grass tournaments around the U.S., but in 2011, eager to test out our sea legs, we navigated uncharted waters as Batello a Vapore to the harbors of Paganello and docked there again in 2012. Now, with some new crew on board, we're hoisting anchor and setting course to Virginia Beach to compete for the first time together on American sand.

### ROSTER

2	Chris Powers	6'0"	27
5	Ryan Gorman	6'3"	28
6	Steph Mack	5'5"	30
9	Kelly Ramsburg	5'3"	23
11	Travis Knight	6'0"	28
13	Kate McInerney	5'10"	29
21	David Protter	5'9"	26
22	Brittany Winner	5'10"	29
24	Hajnal Salanki	5'6"	34
28	Jeffrey Haney	5'11"	27
33	Austin Winner	6'2"	28
38	Joe Mozloom	5'11"	27
41	Kate Macri	5'1"	26
47	Allison Knight	5'10"	27

SPECTATOR INFO

## COMIC SANDS

### Fort Worth, TX

Captain: Ivy Byun



Texas and Florida decided to join forces, combining spirit and talent to compete at the inaugural Beach National Championships. The players on comic sands have been teammates through clubs, leagues and

off-season tournaments. While beach ultimate is a new frontier for the landlocked cities of Dallas-Fort Worth and Orlando, comic sands is excited to make its debut on the sand.

### ROSTER

1	Casey Hogg	5'11"	34
2	Zach Riggins	6'1"	24
3	Sam Gillen	5'9"	23
4	Ivy Byun	5'3"	29
5	Ted Barnett	6'1"	28
8	Jay Dunlop	5'10"	28
9	Daniel Love	5'10"	28
11	Frank Macon	5'8"	21
13	Tim Records	6'1"	26
17	Megan Reeves	4'11"	23
18	Wes Nemec	6'4"	28
42	Haley Collins	5'7"	28
56	Paul Burt	6'3"	30
75	Kyle Boudreau	5'9"	28
77	Keya Davani	5'3"	23

# MIXED TEAMS

## DONKEY PLAY

### Raleigh, NC

**Captains: Sean Gallagher, Kim Soltmann**

Donkey Play is a newly formed team that hopes to continue to make strong showings in the USA Ultimate Beach Division as it continues to grow. Based out of Raleigh, N.C., the majority of the team was formed through relationships developed on club teams and in leagues and tournaments sanctioned by the Triangle Flying Disc Association (TFDA).

### ROSTER

4	John Ramerman	6'1"	23
10	Erik Lindquist	6'0"	24
11	Laura Harrington	5'4"	27
14	Sean Gallagher	6'0"	24
17	Rylee Cone	5'8"	22
21	Morelva Campbell	5'4"	35
24	Brad Montgomery	5'11"	24
30	George Eichman	5'11"	27
31	Alex Kaja	5'10"	24
34	Kim Soltmann	5'5"	27
36	Sven Soltmann	6'0"	22
40	Meg Shea	5'6"	29
42	Chris Work	6'2"	32
47	Stacey Zargham	6'0"	30
48	Brook Johnson	5'2"	24

## EVORG

### San Francisco, CA

**Captain: Adam Farren**

Evorg is a team that likes to groove — but in reverse. Like the moonwalk or rewinding a VHS of Napoleon Dynamite.

### ROSTER

0	Tony Havens	5'11"	28
1	Ellen Zwickl	5'6"	29
2	Jason Edelman	5'9"	32
3	Gianna Tesler	5'6"	25
7	Kate England	5'4"	28
15	Jeff Voss	6'2"	22
17	Brooke-Ray Smith	5'10"	34
25	Sam Applegate	5'7"	26
29	Eric Shaw	5'9"	31
42	Bob Madden	6'4"	31
69	Karen Brohard	5'9"	29
77	Alec Surmani	6'3"	26
86	Jannon Frank	5'11"	36

# MIXED TEAMS

## FOG CITY

### San Francisco, CA

Captain: Adam Farren



Fog City was born on Ocean Beach in San Francisco, where we come together every offseason to play beach ultimate and enjoy the occasional sunshine. We're a group of friends and teammates from the Bay Area ultimate scene and are excited to travel east for the first Beach National Championships.

#### ROSTER

0	Sam Adamson	5'11"	27
2	Corey Lee	5'9"	33
7	Rachel Holz	5'0"	40
8	Drew Kim	6'0"	31
9	Adam Farren	6'1"	31
11	Franzi Sinner	5'9"	36
17	Marika Austin	5'8"	27
21	Krista McDonald	5'8"	36
22	Eric Rivera	6'2"	29
42	Aaron Caulfield	6'5"	24
51	Ryan Scribner	5'10"	35
73	Kimmy Hardesty	6'0"	36
77	Emily Prader	5'7"	25
86	Dulcy Docken	5'8"	31
88	Bill Liu	5'9"	31

SPECTATOR INFO

## HOTSPOT

### Washington, DC

Captains: Jimmy DeMartini, Misha Tseytlin

This team came together by merging two Wildwood teams. We threw in a few of our local friends from the D.C. and Charleston, W.V. area, and "Hotspot" was born! We're excited to come down to Virginia Beach to compete against some of the best teams in the country and play some quality ultimate!

#### ROSTER

0	Jimmy DeMartini	5'8"	30
4	Wesley Muncy	5'10"	21
6	Jonathan Ginsberg	6'1"	29
7	Aaron Burns	6'0"	25
9	Jeremy Heaton	5'9"	25
11	Sarah Buxbaum	5'2"	24
15	Chuck Yu	5'10"	28
17	Sasha Bugler	5'6"	23
20	Misha Tseytlin	5'10"	34
23	Jane Romantseva	5'6"	28
27	Briana Calhoun	5'3"	27
43	Tim Spiridonov	5'11"	28
71	Morgan Wimberley	5'10"	30
91	Jessie O'Connor	5'2"	23

# MIXED TEAMS

## ILLEGAL SEAFOOD

### Boston, MA

**Captain: Steve Sullivan**

From the early years to the present, Slow White has always been a tight-knit group of friend and teammates. With an opportunity to reunite some alumni with some current players and another chance at a national title, we couldn't pass it up. Seven if by land and five if by sea, Illegal Seafood is coming to Virginia Beach. Here come the dwarfs.

### ROSTER

1	Teddy Browar-Jarus	6'2"	30
2	Megan Schoellhamer	5'6"	30
4	Dave Truesdale	5'10"	33
6	Peter Prial	6'2"	27
8	Ryan Richardson	5'10"	29
9	Jeff Smith	5'9"	29
12	Chris Waite	6'0"	29
15	Kim Sabo	5'5"	28
17	Kirsten Lundquist	5'5"	26
18	Kendra Frederick	5'9"	35
21	Steve Sullivan	5'9"	32
22	Lexi Zalk	5'8"	24
23	Eddie Peters	6'1"	26
25	Alex Trahey	6'4"	26
27	Chelsea Pawlek	5'9"	32

## THE KEVIN SEILER EXPERIENCE

### Ames, IA

**Twitter: @thedadlarsonEXP**

**Captains: Sarah Pesch, Rebecca Miller**

**Coach: Kevin Seiler**



If you couldn't tell from the team's name, we're a tribute to the best player ever to graduate from Ames High School: the one, the only...THE Kevin Seiler. Has he been running the length of the field longer than most of us have known how

to walk? Probably. Has he been heckling longer than most of us have known how to talk? Definitely. But he is still the fearless leader of one of the best mixed teams in the country. He is a world champion, a national champion, a cheese lover and a local hero. He has coached or captained the majority of this team and helped us all become better ultimate players. We'll do our best to make you proud, Dad.

### ROSTER

7	Emily Langland	5'2"	26
9	Charles Hubbard	6'3"	25
17	Joe Wheelock	5'11"	25
22	Dan Brennan	5'11"	26
25	Ryan Tucker	6'4"	22
28	Jessy Erickson	5'9"	28
33	Peter Miller	5'11"	18
35	Ryan Pesch	5'9"	26
42	Ben Lohre	6'0"	24
47	Rebecca Miller	5'4"	23
49	Bethany Ray	5'4"	26
56	Matt Stegemann	6'0"	24
61	Kelly Smith	5'9"	25
88	Matt Lee	5'10"	24
97	Sarah Pesch	5'10"	24

# MIXED TEAMS

## NO TSU OH

### Houston, TX

**Captains: Katey Forth, Sean McCall**

No Tsu Oh originated in 2000 as a reunion team of the Houston Houndz and Doublewide to attend Paganello in Italy. The team won the World Beach Ultimate Cup five times on the Rimini beach before retiring the name in 2008. Since then, a core team has been playing off-season tournaments together in the mixed division to set the stage for NTO's return to the sand with the power of Showdown's finest and some recent WCBU goldies. No Tsu Oh has initiated beach league games in Galveston and locally in Houston on sand volleyball courts.

### ROSTER

1	John Sandahl	6'1"	39
2	Evan Winograd	5'8"	25
4	Sharon Tsao	5'5"	23
5	Sunny Harris	5'6"	24
7	Brett Kolinek	5'11"	32
9	Julie Malecek	5'9"	24
10	Don Tom	5'10"	43
11	Katey Forth	5'5"	39
12	Mariel Hammond	5'4"	24
13	Brandon Malecek	5'10"	30
16	Sarah Levinn	5'10"	25
17	Doug Richardson	5'11"	26
19	Sean McCall	6'3"	43
23	Rebecca Forth	5'5"	39
33	Glenn Lenberger	6'3"	27

SPECTATOR INFO

## OPIG

### Arlington, VA

**Captains: Jenny Fey, Ashley Daly, Kevin Riley, Ryan Morgan**



Stuck, Oh Pig.

### ROSTER

1	Jenny Fey	5'8"	30
2	Ryan Morgan	6'1"	33
5	David Cranston	6'1"	26
6	Ashley Daly Morgan	5'7"	30
7	Kevin Riley	6'0"	30
8	Nate Raines	5'10"	30
10	Katie Klein Shepley	5'8"	34
15	Nate Castine	5'11"	27
22	Brian Marshall	6'0"	26
33	Luke Wolckenhauer	6'1"	31
37	Sandy Jorgensen	5'9"	28
45	Jeff Wodatch	6'1"	28
50	Hannah Boone	5'10"	24
83	Tim MacGougan	6'0"	31
88	Kelly Hyland	5'4"	27

# MIXED TEAMS

## PLUFF MUD PANIC

### Charleston, SC

Twitter: @pluffmudpanic

Captains: Adam Bailey, Stacey Lathem, Eric Olivier



Pluff Mud Panic came together in 2013 in response to the growing, quality ultimate community in Charleston. We wanted to stay close to home, play highly competitive ultimate and be with all our friends. Since then, we've continued to grow and

improve with our sights on Nationals!

### ROSTER

1	Bobby O'Brien	5'7"	23
4	Tim Monahan	6'0"	27
7	Sam Cooper	6'0"	27
8	Elaine Alford	5'8"	24
19	Michaela Dube	5'4"	22
20	Adam Bailey	5'11"	26
22	Hannah Anderson	5'2"	22
23	Caitlin Sudman	5'4"	26
24	Terran Tout	5'6"	23
26	Stacey Lathem	5'3"	29
29	Thomas Rivas	6'2"	28
36	John Sullivan	5'8"	27
44	Eric Olivier	6'0"	28
51	Justin Gaeta	5'9"	28
80	Matt Ondek	6'2"	24

## POINT BREAK

### Los Angeles, CA

Captains: Remy Schor, Russell Gaskamp



Little hand says it's time to rock and roll.

### ROSTER

00	Trevor Smith	6'0"	30
3	Evan Valdes	5'9"	29
5	Kate Wilson	5'3"	31
7	Eric Brach	5'10"	33
8	Alexa Cohen	5'6"	23
11	Barrs Lang	6'1"	30
12	Erika Swanson	5'6"	30
13	Tyler Grant	6'1"	35
16	Lori Eich	5'6"	33
21	Keegan Uhl	6'4"	36
23	Remy Schor	5'4"	35
28	Stephanie Pritchard	5'8"	24
30	Russell Gaskamp	5'11"	31
32	Daniel Walton	6'10"	29
72	Alice Chen	5'3"	34

# MIXED TEAMS

## THE SANDLOT

### Minneapolis, MN

**Captains: Martha Harris, Jake McKean**



Missy "Smalls" Davey is the new kid in town and wants to make friends before summer. The town's best ultimate player, Jay "The Jet" Drescher, takes her under his wing, and they fall into adventures involving ultimate, treehouse sleep-ins and battling snooty rival team Sub Zero. The team was banned for life from the local pool after Melissa Gibbs kissed the desirous lifeguard, Eric Olson, while pretending she was a drowning victim. During the summer, Missy gets the team into a huge pickle when she pulls her stepdad's (Jacob Lien) disc, signed by Sky "The Great Bambino" Davey, into Blake "The Beast" Larson's backyard, where no one has ever gone for fear of being eaten. Junkyard owner Jake McKean bought a guard dog, and after feeding it large amounts of raw meat, it grew large and savage and supposedly killed any thieves who broke in. The police had Jake chain up Blake "FOREVER." When Jay has a dream about Sky Davey telling him to go over the fence to get the disc, he overcomes his fears and defeats Blake (who's really named Jeff "Hercules" Trosvig). Jay became a legend in town, and all The Sandlot players lived happily ever after.

### ROSTER

1	Jeff Trosvig	6'0"	27
3	Sky Davey	5'10"	42
4	Erica Baken	5'7"	24
6	Jake McKean	5'11"	30
7	Missy Davey	5'0"	30
8	Claire Oakley	5'8"	27
9	Jay Drescher	5'10"	25
10	Martha Harris	5'2"	27
13	Jacob Lien	5'11"	23
16	Brian Schoenrock	6'1"	25
18	Ryan Pekarna	6'4"	25
21	Eric Olson	5'10"	28
23	Melissa Gibbs	5'7"	29
44	Sarah Meckstroth	5'8"	23
50	Blake Larson	5'11"	31

SPECTATOR INFO

## SQUIRTLE SQUAD

### Princeton, NJ

**Twitter: @BigSquirtle**

**Captains: Jesse Hynes, Brett Kaiser, Andrew Misthos**



We want to be the very best, like no one ever was. To catch discs is our real test, to throw them is our cause.

Here comes the Squirtle Squad. We are a mixed squad of players who know each other from playing together and against each other at the college and club levels. After being abandoned by our trainers, we were all brought together by our love of practical jokes and cheesy sunglasses. In the words of our fearless leader: "Squirtle Squirtle Squirtle Squirtle."

### ROSTER

4	Allyce Estremera	5'6"	23
5	Andrew Misthos	6'2"	23
7	Andrew LoPresti	6'0"	22
11	Rebecca Velez	5'5"	24
13	Jay Sehgal	5'10"	22
16	Brett Kaiser	5'10"	25
22	Jonathan Lee	6'0"	22
24	Corey Casarella	5'11"	24
25	Meeta Prakash	5'2"	23
26	Tim Kreutzfeldt	6'1"	23
28	Ryan Saffa	6'4"	23
29	Sabina Sujak	5'5"	24
33	Jesse Hynes	5'10"	25
45	Sara Pritt	5'5"	30
51	Jessica Renninger	5'1"	23

# WOMEN'S TEAMS

## BURG IS THE WORD

### Fredericksburg, VA

**Captains:** Beth Kimball, Caitlin Newswanger

**Coach:** Janelle Heinig



We are a bunch of misfits from central Virginia. We found out about the Beach National Championships and decided to get together a gang of ladies from the area. Unsurprisingly, all of the girls were into the idea. Who really is going

to turn down the beach and playing ultimate? The ultimate community in Fredericksburg, Va., is quite unique and almost like a family. It has brought a lot of players, ranging from new to the sport to mothers who can't give it up, into the local scene and has helped formed the roster you see above. The Richmond area brings in the other half of our players! Most of the girls have played in college or on a club team together. We all are associated somehow or know someone who knows someone. We see each other at hat tournaments and seasonal leagues throughout the year, but really we are just excited to be part of this event and can't wait to get our beachin' on...with a disc!

### ROSTER

2	Audrey Jerauld	5'6"	21
4	Beth Kimball	5'6"	29
5	Fiona Curtis	5'1"	22
7	Jessica Hudson	5'8"	26
8	Jennifer Barbosa	5'8"	22
9	Caitlin Newswanger	5'6"	29
10	Emily Eakin	5'1"	23
12	Janelle Heinig	5'8"	25
13	Kelly Ann Oravec	5'10"	24
16	Nicole Morelli	5'3"	26
19	Leigh Donahue	5'7"	26
21	Mary Nguyen	5'7"	24

## CITY BEACHES

### New York, NY

**Captains:** Ashley Snyder, Julie Sussman



City Beaches is a crew of lovely ladies from in and around New York City. While there's no place like our Coney Island home, you'll more often find us traveling around the country - and the world - in search of the softest sand and warm-

est winds. And though we won't reach peak form till late July (Wildwood4Life), we're looking forward to getting an early start on summer. We are a tangled web of friends and friends of friends, motivated by a particularly snowy winter to come together in Virginia Beach, excited to combine our myriad talents and show everyone what New York City Beaches are all about!

### ROSTER

0	Geoa Geer	5'8"	26
2	Diane Palmer	5'8"	31
9	Leanne King	5'3"	34
16	Ashley Snyder	5'5"	28
19	Brittany Cumens	5'8"	23
20	Steph Wong	5'5"	27
35	Laura Markham	5'8"	27
39	Sarah Kay Dela Cruz	5'3"	25
66	Jackie Wang	5'4"	24
71	Julie Sussman	5'3"	33
77	Aideen Costello	5'4"	23
81	Jody Karol	5'9"	34

# WOMEN'S TEAMS

## FILLY LAMP

### Philadelphia, PA

Twitter: @PhillyAMP

Captains: Andrea DeSabato, Raha Mozaffari, Melissa Devlin



Another brisk November sun sets over the Schuylkill as Betsy Ross lights a few lonely candles. She sighs, holding the project General Washington commissioned her. Unbeknownst to her, she is holding the symbol of freedom and independence for hundreds of years to come, but it feels like a heavy burden now. Although her John comes home every

night, her day-to-day upholstery work has become more and more monotonous without his quiet smile beside her. The wind rustles the window pane gently, and she lifts her whiskey-colored eyes to catch the final glimpses of sunlight through the fall foliage.

Suddenly, an unidentified object – a disc-shaped object – comes crashing through that same window, knocking over the candles she had just lovingly lit. The flames catch onto her skirt, then onto the flag, and soon the entire room is ablaze. Suddenly, a beautiful crimson filly bursts through her flame-compromised door, bucking through her parlor and throwing Betsy out into the cold, but away from danger. The mare grabs the American flag in its teeth and takes off through the flame, traversing time and space. It is with this passion and fervor that the ladies of Filly LAMP come together to compete.

### ROSTER

00	Melissa Devlin	5'5"	26
1	Madeline Kreider-Carlson	5'7"	26
3	Sachie Hayakawa	5'2"	24
4	Raha Mozaffari	5'3"	28
6	Jill Furfari	5'6"	35
10	Kelly Nye	5'4"	27
13	Stacy Huffstetler	5'10"	32
15	Sara Taggart	5'9"	23
16	Anna Truskin	5'7"	26
18	Emily Shields	5'4"	22
21	Andrea DeSabato	5'5"	28
24	Krista Winalski	5'6"	28
26	Katie Erikson	5'8"	24
40	Jessica Glazer	5'4"	29
81	Alexandra Stambaugh	5'5"	23

SPECTATOR INFO

## FIRST IN FLIGHT

### Chapel Hill, NC

Captains: Christine Bookhout, Megan Tarasi



We are a North Carolina-based team composed of ladies who love going to the beach and laying out in the sun. The majority of us play together on the women's team Phoenix during the club season, and we're excit-

ed about participating in the inaugural Beach National Championships!

### ROSTER

8	Megan Tarasi	5'3"	27
10	Paige Soper	5'4"	23
12	Erin Wiltgen	5'7"	28
14	Cassandra Swafford	5'10"	24
15	Meagan Brown	5'3"	28
20	Shannon Matzinger	5'6"	31
22	Heather Zimmerman	5'1"	26
23	Jenny Wei	5'7"	20
25	Judy Winglee	5'2"	28
26	Johannah Sanchez-Adams	5'1"	30
35	Emma Johnson	5'7"	24
88	Christine Bookhout	5'6"	29

# WOMEN'S TEAMS

## THE MUSSELS

### Seattle, WA

**Captains: Dominique Fontenette, Crystal Davis, Alicia White**



The Mussels hail from the great coastal cities of Boston; Washington, D.C.; San Francisco; and Seattle. We compete against each other during the regular club season, only to be united in the off season by our shared love of bearded

bivalves. We are excited to play together for the first time, under the banner of our favorite crustacean, at the first ever Beach National Championships.

### ROSTER

1	Kelly Johnson	5'6"	28
2	Lindsey Wilson	5'7"	25
3	Laura Bitterman	5'4"	26
4	Rohre Titcomb	5'7"	27
5	Gwen Ambler	5'10"	33
7	Calise Cardenas	5'4"	28
9	Octavia Payne	5'5"	26
10	Shira Stern	5'5"	22
13	Cree Howard	5'8"	28
14	Hana Kawai	5'8"	27
17	Dominique Fontenette	5'6"	39
18	Crystal Davis	5'6"	31
19	Alicia White	5'7"	32
20	Katy Craley	5'7"	25
29	Fiona McKibben	5'4"	26

## ROCKFORD BEACHES

### Rockford, IL

**Captains: Robyn Wiseman, Becky LeDonnen**

**ROCKFORD  
BEACHES**



The Rockford Beaches are a women's professional beach team with a storied history. The Beaches originally played from

1943 through 1954 in the All-American Girls Professional Beach League. The Peaches won the league championship in 1945, 1948, 1949 and 1950, and hope to kick up some sand in Virginia Beach in 2015.

Due to budget cuts, Dottie Hinson, All-The-Way Mae Mordabito and heavy hitter Marla Hooch will be unable to join the Beaches for this tournament. They will be replaced by other star players from Wisconsin and Illinois. The Rockford Beaches bring their mantra to Nationals..."there's no crying in beach ultimate!"

We're the members of the All American League. We come from cities near and far. We've got Madisonians, Illinois ones and Swedes. We're all for one, we're one for all, we're all American.

### ROSTER

2	Jessi LeDonne		27
8	Katy Cagle		35
9	Becky LeDonne		38
10	Jackie Peters		28
12	Jasmine Draper		28
17	Kelly Wiese		25
20	Emilia Garcia		26
22	Libby Lehman		25
31	Sara Scott		23
33	Steph Knell		28
43	Kelly Bolt		30
44	Robyn Wiseman		27
72	Jacqueline Jarik		23
99	Katie Dyer		25

# WOMEN'S TEAMS

## SEASICK

### Ringwood, NJ

**Captain:** Jessica Waugaman



SeaSick is a team formed specifically for the Beach National Championships. We are a well-rounded team with young players and experienced players. SeaSick has players from all areas of New Jersey including north, central, south and shore representation. We also have included friends from Philly and Delaware. SeaSick is excited to represent New Jersey in the first Beach Championships this year. We are a fun, energetic crew excited to play some beach ultimate together for the first time.

### ROSTER

3	Nikki Ross	5'8"	27
4	Alyssa Gehringer	5'4"	21
8	Jessica Waugaman	5'3"	31
9	Kelly Fonner	5'8"	31
11	Jess Schaub	5'9"	21
15	Megan Kuhfuss	5'9"	27
17	Xenia Rudenko	5'6"	25
19	Alice Weng	5'2"	25
20	Rebecca Halleran	5'8"	21
21	Melissa Villars	5'10"	26
23	Cristin Califf	5'2"	25
26	Kate Douthat	5'7"	31
27	Kim Burrows	5'7"	38
42	Bridget O'Brien	5'7"	31

SPECTATOR INFO

## SHARKS & KISSES

### Gainesville, FL

**Twitter:** @SharksAndKisses

**Captain:** Jenna Dahl



This year is the inaugural season for Sharks & Kisses. Our team formed from our network of ultimate friendships, stemming from mutual competitive respect and a shared desire to always play the sport at the highest level. Sharks & Kisses is comprised of young, female ultimate players who have captained together, coached together, played with and against each other, run tournaments and other events together, lived and vacationed together, and otherwise spent countless hours talking about ultimate and life together. We hail primarily from the Southeast - mostly Florida and North Carolina - but have a few players flying in from Texas and Colorado. We are all super pumped for Beach Nationals!

### ROSTER

1	Emily Witt	5'3"	23
2	Brooke Stanislawski	5'6"	24
3	Lili Morris	5'3"	25
4	Brittany Fabbri	5'6"	28
5	Jessi Jones	5'7"	24
7	Claire Chastain	5'5"	24
10	Michelle Ng	5'3"	31
19	Jenna Dahl	5'3"	24
21	Kyra Catabay	5'2"	25
23	Lauren Boyle	5'5"	28
24	Katelyn Cobelens	5'7"	25
29	Jackie Fane	5'6"	25
45	Christine Lynch	5'2"	26

# WOMEN'S TEAMS

## SKEEAHREET

### Boston, MA

**Captain: Becky Malinowski**

After surviving the Boston winter, we are ready to play on This. Sick. Beach.

### ROSTER

3	Sara Jacobi	5'5"	29
4	Lien Hoffmann	5'6"	24
6	Elana Schwam	5'4"	28
7	Shira Klane	5'4"	27
9	Becca Ludford	5'6"	25
11	Becky Malinowski	5'10"	25
12	Claudia Tajima	5'6"	23
13	Liza Minor	5'5"	23
21	Chelsea Murphy	5'3"	26
22	Vicky Negus	5'8"	24
23	Sally Mimms	5'8"	35
28	Vicki Chang	5'5"	24
33	Anna Nazarov	5'3"	30

## SPF 50

### Minneapolis, MN

**Captain: Rebecca Enders**



SPF 50 is made up of both current and former North Central region players. The sun is our only weakness, so we arm ourselves with strong sunscreen. We are Popstars, Heisters and current club free agents. Though we may not have the ocean and sand near to us, we do have a lot of mud and rain, which is similar to beach conditions, we've heard.

### ROSTER

3	Biz Cook	5'10"	24
4	Anna Reed	5'2"	24
8	Flannery McArdle	5'11"	23
11	Brit Gartner	5'6"	24
12	Rebecca Enders	5'11"	24
20	Lauren Perucco	5'5"	23
23	Maggie Kenny	5'7"	25
26	Rachael Westgate	5'5"	25
40	Amelia Cuarenta	5'6"	23
75	Lisa Biehl	5'5"	26
77	Kristen Schultz	5'2"	26

# MIXED MASTERS TEAMS

## BEACHES & CREAM

### Nashville, TN

Twitter: @BeachandCream

Captains: Ryan McVay, Robin Sasseville

We are a team created from the void, players brought together out of a desire to compete, a tangential bond and a residence in the beloved Southeast. Enemies across decades, forming friendships of lifetimes on our chosen field of battle, the sandy beaches of Virginia.

### ROSTER

2	Athelia Graham	5'6"	36
5	John Markham	5'11"	33
7	Colleen Glenn	5'6"	38
8	Matthew Randall	6'2"	36
12	Don Clark	5'10"	35
13	Neal Peterson	6'3"	35
14	Nick Crawford	6'2"	38
16	Alicia Bender	5'3"	33
17	Julie Reichling	5'5"	34
19	Alex Hoover	5'5"	30
23	Ryan McVay	5'10"	32
53	Christy Stephenson	5'2"	35
84	Robin Sasseville	5'10"	31

SPECTATOR INFO

## BIG FISH

### Woods Hole, MA

Captains: Sarah Tulin, Brian Sauro, Sam Harvey

The core of our team plays ultimate year-round on Cape Cod. You can find us on the beach in the summer. We added some talent from other cities not represented by another mixed masters beach team. Save the whales!

### ROSTER

1	Darah Schofield
2	Jonathan Gilbert
4	Joeeun Lee
7	Alison Regan
8	Sarah Tulin
13	Brian Sauro
17	Gareth Cawley
37	Sam Harvey
78	Velda Wong
84	Noah Goldstein
88	Monika Petroczy

# MIXED MASTERS TEAMS

## BOTTOMLESS BRUNCH

### New York, NY

Twitter: @BBBUltimate

Captains: Cary Hammond, Kristi Schmeling



Bottomless Brunch was formed as a group of friends, old and new, who love eating breakfast foods at unreasonable hours, drinking unlimited mimosas before noon and competing at a high level on the sand while having the best time

possible. We bring the swag and the spirit everywhere we go. The majority of our ladies play together on Hot Flash, the 2014 women's masters third-place finisher, and our guys are really, really good looking (they play pretty good ultimate as well). Together, our brunches are always bottomless.

### ROSTER

3	Michael Baysinger	6'0"	33
8	Kathleen Boyle	5'7"	30
9	Elizabeth McCullagh	5'7"	31
12	Gail Reich	5'5"	33
13	Cassandra Schaffa	5'3"	31
17	Ian Hamilton	5'9"	33
22	Theodore Fetter	6'1"	32
23	Evan Ritt	5'7"	35
30	Sam Lang	5'11"	37
44	David Wexler	6'1"	36
47	Evan Blumberg	6'4"	38
50	Dana Grandoni	5'11"	34
54	Jessica Lang	5'5"	32
76	Cary Hammond	5'5"	39
77	Dylan Zeigler	5'9"	37
85	Bob Suvanich	5'5"	37
99	Kristi Schmeling	5'2"	34

## CHARGE!

### Jennieville, MD

Captains: Rod Hannon, Trish Hannon



CHARGE! was formed 13 years ago to give a core group of long standing coed teammates a reason to play in the sand in the summer. It was a welcome chance to take off our cleats, soak up some sun and enjoy competitive disc in a new way. Since forming, we have competed each year in Wildwood, N.J., living on board-

walk pizza, dodging TRAM cars and soothing sunburn in the ocean. In fact, several players on the squad now ONLY appear on the horizon when beach ultimate is on the menu, preferring to never don cleats again. Our roster has changed somewhat over the years, but the core members and spirit of CHARGE! remain strong. Carefully crafted, like your favorite cocktail, Charge! is assembled each year with equal parts of talent and friendship. We pride ourselves on high-spirited, competitive play, happily heckling our own players as a means of team discipline. We encourage this spirit of play in our opponents as well, ending each game with a ceremony that recognizes the standout players on the opposing squad.

### ROSTER

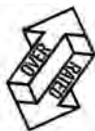
1	Rod Hannon	5'9"	46
3	Garrett Dyer	5'10"	45
4	Mike Resnick	5'10"	36
5	Eric Prange	6'2"	36
10	Trudy Philip	5'4"	38
11	Terri Brandt	5'11"	34
13	Paul Didier	6'0"	51
16	Hon Yin Eubanks	5'4"	42
25	Alexandra Resnick	5'3"	35
29	Chris Schulze	5'11"	37
32	Kathryn Kisska-Schulze	5'7"	41
33	Pat McGlone	5'2"	51
36	Kirsten Leckszas	5'8"	48
42	David Ross	5'7"	45
49	Graham Katz	5'8"	49
66	Andrei Israel	5'10"	38
91	Abby Elbow	5'8"	39

# MIXED MASTERS TEAMS

## OVERRATED

### Rochester, NY

**Captain: Scott Franklin**



Overrated brings together a core who have been playing together for over 15 years at all levels of ultimate. Aging gracefully into the mixed masters division, Overrated has competed at Wildwood and Erie beach

tournaments and expands as needed for local club tournaments. Overrated is excited to be in the first ever Beach Championships and looks forward to intense, good-spirited play!

### ROSTER

0	Rachel Borchardt	5'6"	34
4	Christine Purtell	5'4"	36
5	Ken Dziak	6'0"	35
8	Marisa Wilson	5'4"	31
9	Katie Mihalenko	5'5"	30
11	Greg Schmidt	6'0"	36
12	Lynne Boucher	5'7"	40
13	Scott Franklin	5'8"	45
14	David Lindsay	6'0"	46
28	Angela Dana	5'3"	31
31	Jameson Nicolazzo	6'1"	35
32	Dan Bell	5'9"	53

SPECTATOR INFO

## OVER THE HILL

### Washington, DC

**Captain: Peter MacArthur**

We are a group of old and new friends with ties to the D.C. metropolitan area.

### ROSTER

2	Huldah Gronvall	5'5"	33
3	Chad Christensen	6'2"	38
4	Christian Heneghan	5'8"	36
7	Peter MacArthur	5'10"	33
9	Brandon Silverman	5'10"	35
11	Deanna Christensen	5'7"	37
12	Taryn Price	5'9"	36
20	Eric Hartge	6'0"	36
24	Sarah Itoh	5'6"	29
27	Whitney Potter	5'7"	34
31	Alanna Tievsky	5'4"	30
33	Cathleen Hartge	5'4"	31
77	Kimberly Beach	5'5"	42
81	Caner Cooperrider	5'10"	36
88	Calvin Oung	6'0"	34
92	Victor Wu	5'10"	33
97	Maddy Frey	5'8"	35

# MIXED MASTERS TEAMS

## SHOSTAKOVICH (AND THE ANGRY BUDDHA)

### Brooklyn, NY

**Captains: Pete Gilchrist, Natalya Budnyatsky**



Shostakovich (and the Angry Buddha) is delighted to be participating in both the inaugural USA Ultimate Beach National Championships. Originally founded nearly a decade ago to fulfill Taylor Richey's dream of winning the Ow, My

Knee tournament in Albany (goal yet to be accomplished – perhaps at the 31st annual this summer), Shostakovich draws players from a wide spectrum of club teams. Our unifying (if sometimes tenuous) connection is to pick-up in Prospect Park, Brooklyn, a game dating back to the early 1990s that fosters competition from the high school through great-grand masters ages. While our Angry Buddha has retired (at least for now), we look forward to channeling his admirable blend of intense competitiveness and embodiment of the Spirit of the Game in Virginia Beach.

### ROSTER

1	Jennifer Kurz	5'8"	37
2	Becca Tucker	5'6"	33
3	Rafael Pina	6'3"	40
4	Annie Meisels	5'4"	44
5	Pete Gilchrist	6'1"	35
9	Farzad Kapadia	5'9"	33
10	Winston Ely	6'3"	41
12	Billy Garcia	5'8"	36
13	Josh Kent	6'0"	35
14	Natalya Budnyatsky	5'4"	31
27	Katrina Krasnansky	5'7"	35
36	Emma Groetzinger	5'5"	31
69	Manuel Fergus	5'11"	33
76	Taliesin Thomas	5'5"	39
79	Ivan Cestero	5'11"	35

## SWAMP RATS

### Raleigh, NC

**Captains: Ben Dieter, Sara Dieter**



The Swamp Rats climbed out of the grimy depths of the Great Dismal Swamp for the first time this season. Many of us have competed together on club teams in North Carolina (LCN, Ring of Fire, Phoenix, Retro, Backhoe,

Boneyard) and have played coed together in the offseason (Hate, Inc.). Even though the beach is not our natural habitat, we are excited to scrap and claw in the sand!

### ROSTER

00	Sharon Tucker	5'4"	30
1	Kate Morrison	5'6"	30
3	Ray Parrish	6'2"	37
6	Sara Dieter	5'6"	33
8	Eric Woolridge	5'10"	36
11	Ben Dieter	6'3"	33
12	Daniel Bjorkman	6'0"	35
13	Thuy Brooks	5'2"	43
15	Keith Stanley	6'1"	34
19	Jimmy Mangum	6'0"	38
22	Brian Gane	6'0"	37
26	Baker Pratt	6'5"	33
34	Frannie Goodrich	5'10"	40
35	Mike Jolley	6'3"	42

# GRAND MASTERS TEAMS

## ALCHEMY

### Carrboro, NC

**Captains: Dave Kaminski, Greg Williams, Daran Edmonds, Nat Taylor**



A small nucleus of increasingly ancient straw-hat pirates from the southeastern coast had a burning desire to grab that ever-elusive trophy. Discontented with previous formulas that attempted to attain gold,

they knew their newly combined concoction would be based on one thing - Alchemy: the forerunner to chemistry; the process that transforms individual matter and base materials into a refined compound; the elixir.

A dash of old names and a sprinkle of new faces got mixed, with the right amount of heat treatment and some meticulous agitation, into a fused ingot of unmeltable resolve. They create small wake and have a stealthy profile, but whether their ship leads to the waters of the delta, the sands of the beach or the rivers of the high mountains, this group of pirates is coming to take some booty.

### ROSTER

0	Chris Hurwitz	5'10"	46
2	Josh Nadel	5'6"	44
4	Josh Greene	5'11"	40
6	Eric Davis	6'1"	50
8	Brian Lang	6'0"	41
9	Alan Hoyle	5'9"	40
12	Keith Doucette	5'7"	40
13	Nat Taylor	5'10"	45
15	Sean Britton	6'0"	41
21	Daran Edmonds	6'8"	46
23	Sandy Hartwiger	5'11"	40
33	Kris Bass	5'10"	40
41	Trent Morrow	5'11"	40
42	Jason Pierce	5'11"	44
54	Rich Mason	5'10"	42

SPECTATOR INFO

## BROKEN CODGERS

### Tacoma, WA

**Captain: Colin Iosso**



Under the shadow of Mt. Rainier and on the shores of Commencement Bay, the spark of inspiration for the Broken Codgers was ignited. We are old, yet we are new! Broken Codgers!

### ROSTER

00	Thomas Rowan	6'2"	45
13	Paul Bozich	5'11"	52
15	Mark Evangelisto	6'0"	53
22	Peter Masone	5'10"	45
23	Keith Hernandez	5'7"	54
31	Brad Kalil	5'10"	49
33	Chris Cook	5'9"	44
42	Alex Blanton	6'1"	45
44	Rich Bolen	5'9"	44
48	Bob Vogel	6'3"	49
50	Josh Feinstein	5'8"	45
55	Jim Davis	5'9"	53
84	Colin Iosso	5'9"	52
85	Tony Christian	5'7"	42
92	Travis Frazier	6'0"	41
98	Rob Severson	6'0"	44
99	Jerry Keister	6'0"	44

# GRAND MASTERS TEAMS

## NO COUNTRY

### Brattleboro, VT

Captain: Jim Olson



**NO COUNTRY**

No Country claims all of New England as its home, getting together only when a USA Ultimate championship is on the line. When we were forced to pick between masters and grand masters in 2013, the team picked up the remaining survivors from DoG Masters and won the grand masters title. We failed to repeat in 2014 after suffering a time-capped, one-point loss in the semifinals. This year, with several of its members fresh off a thrilling, patriotic, come-from-behind victory in the finals of the World Championships of Beach Ultimate, No Country aims to show that whether it's grass, sand or snow, we know how to play.

### ROSTER

1	Alex de Frondeville	5'11"	48
7	Ben Cohen	5'10"	39
8	Jim Olson	6'0"	50
9	Jeff Talbot	5'11"	41
10	Marshall Goff	5'11"	45
11	Woody Clift	5'6"	45
13	Jed Geary	6'3"	44
14	Gary LeDonne	5'9"	40
18	Dan Sage	6'2"	46
22	Arnold Sanchez	5'8"	45
23	Juano Flores	5'8"	49
33	Steve Dugan	5'8"	44
34	Clayton Coltmán	5'10"	41
37	Fritz Burkhardt	6'2"	41
71	Jon Meade	5'9"	39
88	Jim Parinella	5'10"	50

## OLD LINE

### Cockeysville, MD

Captains: Bill Dristy, Tim Eubanks, Pat Wright



We are Old Line from Cockeysville! We have been around for a few years and have competed in the USA Ultimate masters series. We've added this tournament to our schedule to try something different. Our Beach Nationals team started with a handful of our Old Line players, and it has grown through our recruiting efforts focused on friends that we have played with over the years, who are awesome dudes and fun players. One of our captains was just at the World Championships of Beach Ultimate and was able to recruit new friends with beach skills for our team. We are looking to have a good time and make more friends; beware, however, WE are Old Line of Cockeysville - WE ARE IN IT TO WIN IT!!!

C'mon!!!

### ROSTER

1	Eric Wenck	5'8"	48
10	Tony Brown	5'9"	42
11	Gregg Landry	6'0"	46
13	Tim Eubanks	5'10"	49
15	Brian Barney	5'11"	54
16	Thomas Maroon	5'9"	50
17	Matthew Shaff	5'10"	43
18	Trey Paulissen	5'11"	45
19	Daniel Gwartz	5'10"	48
22	Patrick Wright	5'8"	52
24	Bill Dristy	6'4"	52
27	Michael Link	6'5"	53
29	Justin Hughes	5'9"	43
64	Mark Stephen	6'1"	44
66	Jamal Yusuf	6'0"	48
88	Christopher Dawson	5'10"	45
99	Rex Taylor	6'0"	44

# GRAND MASTERS TEAMS

## SANDBLAST

### Chicago, IL

Captain: Johnny Hock



REAL Huck was a masters team that competed from 2006 to 2011 and finished as high as fourth at the Masters Championships in 2010. The team was essentially a melting pot of former teammates

and foes from Illinois, Indiana, Ohio and Michigan. The sands of time have passed, but we have reformed and are reaching back to compete again as Sandblast. Sandblasting "the operation of forcibly propelling a stream of abrasive material against a surface under high pressure to smooth a rough surface." Some of our players are abrasive material, some are a stream of high pressure and some have just been worn down.

### ROSTER

00	Steve LaCrosse	6'2"	45
2	Tom Pearl	6'0"	42
4	Chris Reynolds	5'9"	47
8	Dan Soper	5'11"	47
9	Kent Elliott	5'9"	46
11	Andrew Murray	5'9"	44
13	Eric Geile	6'2"	42
15	Sean Brown	5'11"	42
29	Brian Corradi	6'2"	51
31	Marc Landau	6'2"	49
32	Keith Allen	5'8"	42
34	Johnny Hock	5'11"	50
36	Ed Serzo	5'8"	42
42	Pat Prendergast	6'1"	44
52	Graham Smith	6'0"	44
70	Perry Nacionales	5'4"	45
99	Paul Devine	5'10"	48

SPECTATOR INFO

## SOL DRAFT

### Orlando, FL

Captains: Eric Gilmore, Young Byun



Sol Draft...The solar winds lifting the worn and beaten warrior bodies high into the sky. Thermal drafts rising them aloft over all domains. Ah yes, the definition of Sol Draft. OR it

could simply be an anagram for "old fartS?" Regardless, a rag-tag group of players from the South and regions beyond, comprised of world champions, club elites and dreamers of days of old....Sol Draft.

### ROSTER

3	Young Byun	5'7"	40
5	Mark Hoover	5'9"	57
7	Eric Gilmore	5'6"	52
22	William Dean Hinton	5'10"	50
28	Tim Ray	5'9"	49
44	Brian Kettenring	6'2"	43
46	Richard Hale Brown	6'0"	46
52	Robert McCormack	6'1"	52
66	John York	5'11"	48
69	Daryl Fefee	6'0"	48
96	Larry Butch Brown	6'0"	46

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## **1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.**

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

## **2. CONTROL: SOTG TAKES REAL EFFORT.**

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## **3. HECKLING AND TAUNTING ARE DIFFERENT.**

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## **4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.**

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## **5. DON'T “GIVE AS YOU GOT.”**

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## **6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## **7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.**

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.*

# SPIRIT CIRCLE

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Spirit Circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

# SPIRIT AWARDS

Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged, and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

## USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

**5:** Highest level of respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.

**4:** Respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

**3:** Generally exhibited respect towards opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

**2:** Exhibited a lack of respect towards opponents, officials and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for, the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.

**1:** Exhibited a major lack of respect towards opponents, officials and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly, and their attitude was abysmal.

## INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day. Directions to the local hospital can be found in prior pages of this program.

## CONCUSSIONS

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove athlete from play.
  2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
  4. Allow athlete to return to play only with permission from an appropriate health care professional.

## DOCTOR’S NOTE REQUIREMENT

If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor’s office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor’s note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

## PREVENTION AND TREATMENT OF HEAT ILLNESS

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges. Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## SIDELINE SAFETY

- Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

## LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# USA ULTIMATE SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g., spiking and rushing the field), and possible modifications to the captain's clause (e.g., prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own. If asked during a dispute, coaches may offer rules clarifications. After a dispute, a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

# 2015 USA ULTIMATE COACHING SIDELINE ACCESS INFORMATION

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During games at the 2015 Beach National Championships where field access is restricted, sideline access will only be granted to players, coaches and team support staff that are designated by the team and have registered for the event. Coaches must be registered as coach members of the organization, which includes a background check and agreement to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching. The limit on the number of coaches and team support personnel, all of whom must comply with the above policy, is as follows:

Coaches - 3 (may have player-level access to sidelines/field)

Team Support - 2 (must remain in team tent/bench area during points)

For more information on USA Ultimate's Spirit of Coaching or coaching certification requirements, please contact USA Ultimate's Coordinator of Youth and Education Programs, Sarah Powers, at [sarah@hq.usultimate.org](mailto:sarah@hq.usultimate.org) or visit the USA Ultimate website at [usultimate.org](http://usultimate.org).

# MEN'S SCHEDULE

## 2015 USA Ultimate Beach Championships - Men's Division

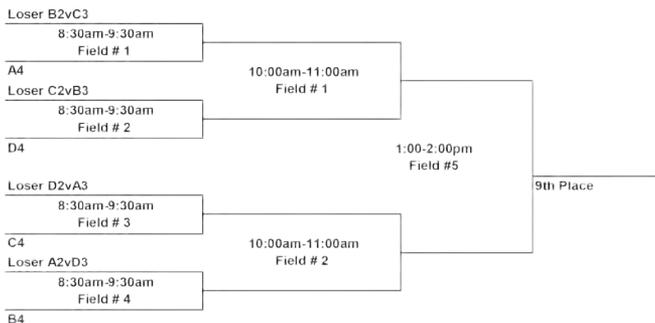
Saturday, May 2, 2015

All Games to 13 Cap at 15	Pool A					Pool B				
	A1 (1) And the Warhawks (Cambridge, MA)	A2 (8) Paranoia (Washington, DC)	A3 (12) BroWatch (Athens, OH)	A4 (13) Staffgrub (Fredericksburg, VA)		B1 (2) Humiliswag (Ocean City, MD)	B2 (7) Dune Squad (Ypsilanti, MI)	B3 (11) Jaybird (Baton Rouge, LA)	B4 (14) Sailors (Lynchburg, VA)	
Saturday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score
9:00 - 10:00	A1 v A3	1 -	A2 v A4	2 -	B1 v B3	5 -	B2 v B4	6 -		
10:30 - 11:30	A1 v A4	1 -	A2 v A3	2 -	B1 v B4	5 -	B2 v B3	6 -		
12:00 - 1:00	Bye		Bye		B1 v B2	5 -	B3 v B4	6 -		
1:30 - 2:30	A1 v A2	5 -	A3 v A4	6 -						
Re-seed teams 1-4 within each pool										
3:00 - 4:00	A2 v D3	5 -	B2 v C3	7 -	C2 v B3	8 -	D2 v A3	6 -		



### Placement Bracket

Sunday, May 3, 2015



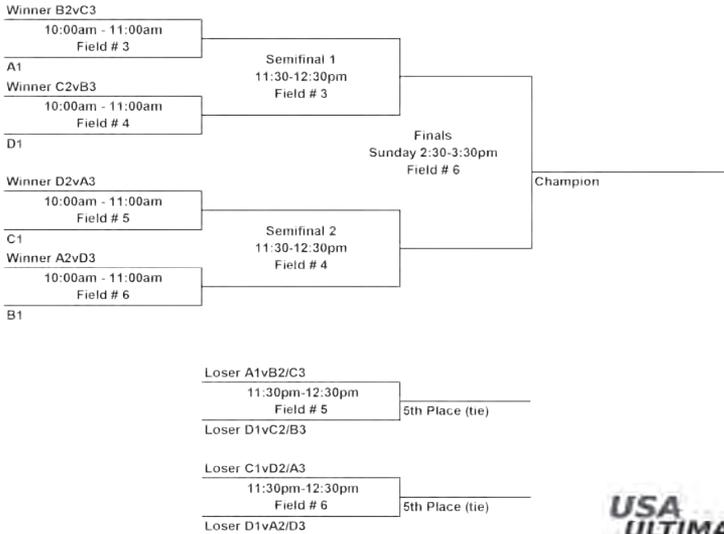
Placement games to 13, cap 15

**2015 USA Ultimate Beach Championships - Men's Division**

Saturday, May 2, 2015

All Games to 13 Cap at 15	Pool C					Pool D												
	C1	(3)	Right Coast (Raleigh, NC)	C2	(6)	Bayonet (San Francisco, CA)	D1	(4)	Yetis on the Beach (Ann Arbor, MI)	D2	(5)	Garuda Triangle (Boston, MA)	D3	(9)	Midrift (Iowa City, IA)	D4	(16)	Vest Club Heaven (Blacksburg, VA)
Saturday		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score
9:00 - 10:00	C1 v C3	7	-	C2 v C4	8	-	D1 v D3	3	-	D2 v D4	4	-						
10:30 - 11:30	C1 v C4	7	-	C2 v C3	8	-	D1 v D4	3	-	D2 v D3	4	-						
12:00 - 1:00	C1 v C2	7	-	C3 v C4	8	-	Bye			Bye								
1:30 - 2:30							D1 v D2	7	-	D3 v D4	8	-						
<b>Re-seed teams 1-4 within each pool</b>																		
3:00 - 4:00																		

**Championship Bracket**  
Sunday, May 3, 2015



Championship games to 13, cap 15



# MIXED SCHEDULE

## 2015 USA Ultimate Beach Championships - Mixed Division

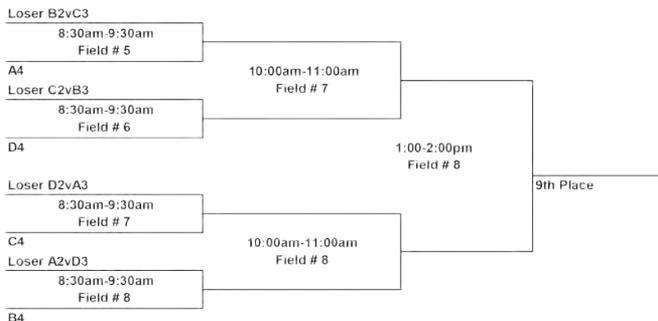
Saturday, May 2, 2015

All Games to 13 Cap at 15	Pool A						Pool B					
	A1 (1) Illegal Seafood (Boston, MA)	A2 (8) Evorg (San Francisco, CA)	A3 (12) Comic Sands (Forth Worth, TX)	A4 (13) Baltimore Flatball Club (Baltimore, MD)	B1 (2) Opig (Arlington, VA)	B2 (7) The Kevin Seiler Experience (Ames, IA)	B3 (11) Squirtle Squad (Princeton, NJ)	B4 (14) Pluff Mud Panic (Charleston, SC)				
Saturday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00 - 10:00	Bye		Bye		B1 v B3	9 -	B2 v B4	10 -				
10:30 - 11:30	A1 v A3	9 -	A2 v A4	10 -	Bye		Bye					
12:00 - 1:00	A1 v A4	9 -	A2 v A3	10 -	Bye		Bye					
1:30 - 2:30	Bye		Bye		B1 v B4	9 -	B2 v B3	10 -				
3:00 - 4:00	A1 v A2	1 -	A3 v A4	2 -	B1 v B2	9 -	B3 v B4	10 -				
<b>Re-seed teams 1-4 within each pool</b>												
4:30 - 5:30	A2 v D3	1 -	B2 v C3	9 -	C2 v B3	10 -	D2 v A3	2 -				



### Placement Bracket

Sunday, May 3, 2015



Placement games to 13, cap 15



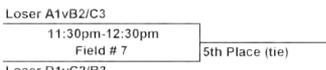
**2015 USA Ultimate Beach Championships - Mixed Division**

Saturday, May 2, 2015

All Games to 13 Cap at 15	Pool C					Pool D						
	C1 (3) No Tsu Oh (Houston, TX)	C2 (6) Point Break (Los Angeles, CA)	C3 (10) Donkey Play (Raleigh, NC)	C4 (15) Hot Spot (Washington, DC)		D1 (4) Fog City (San Francisco, CA)	D2 (5) The Sandlot (Minneapolis, MN)	D3 (9) Beachboat (Cincinnati, OH)	D4 (16) The Bandits (Middletown, NJ)			
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
9:00 - 10:00	C1 v C3	11	-	C2 v C4	12	-	Bye			Bye		
10:30 - 11:30	Bye			Bye			D1 v D3	11	-	D2 v D4	12	-
12:00 - 1:00	Bye			Bye			D1 v D4	11	-	D2 v D3	12	-
1:30 - 2:30	C1 v C4	11	-	C2 v C3	12	-	Bye			Bye		
3:00 - 4:00	C1 v C2	11	-	C3 v C4	12	-	D1 v D2	3	-	D3 v D4	4	-
<b>Re-seed teams 1-4 within each pool</b>												
4:30 - 5:30												

**Championship Bracket**

Sunday, May 3, 2015



Championship games to 13, cap 15



# WOMEN'S SCHEDULE

## 2015 USA Ultimate Beach Championships - Women's Division

Saturday, May 2, 2015

All Games to 13 Cap at 15	Pool A						Pool B														
	A1	(1) The Mussels (Seattle, WA)	A2	(3) Rockford Beaches (Rockford, IL)	A3	(6) City Beaches (New York, NY)	A4	(8) First in Flight (Chapel Hill, NC)	A5	(9) Seasick (Ringwood, NJ)	B1	(2) Skeeheet (Boston, MA)	B2	(4) Sharks and Kisses (Gainesville, FL)	B3	(5) Filly LAMP (Philadelphia, PA)	B4	(7) SPF 50 (Minneapolis, MN)	B5	(10) Burg is the Word (Fredericksburg, VA)	
9:00 - 10:00	A1 v A5	16	-	A2 v A4	17	-	B1 v B5	18	-	B2 v B4	19	-									
10:30 - 11:30	A1 v A3	16	-	A4 v A5	17	-	B1 v B3	18	-	B4 v B5	19	-									
12:00 - 1:00	A2 v A5	16	-	A3 v A4	17	-	Bye			Bye											
1:30 - 2:30	Bye			Bye			B2 v B5	18	-	B3 v B4	19	-									
3:00 - 4:00	A1 v A4	16	-	A2 v A3	17	-	B1 v B4	18	-	B2 v B3	19	-									
4:30 - 5:30	A1 v A2	16	-	A3 v A5	17	-	B1 v B2	18	-	B3 v B5	19	-									
Re-seed teams within each pool for Sunday play																					



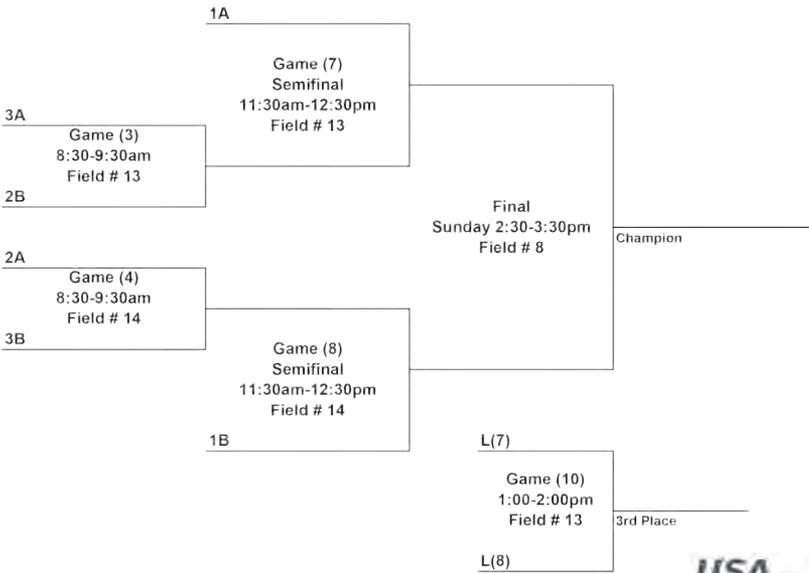
### Placement Bracket

Sunday, May 3, 2015



Placement games to 13, cap 15

Championship Bracket  
 Sunday, May 3, 2015



Championship games to 13, cap 15





# GRAND MASTERS SCHEDULE

## 2015 USA Ultimate Beach Championships - Grand Masters Division

Saturday, May 2, 2015

All Games to 13 Cap at 15	Pool A								
	A1	(1) No Country (Brattleboro, VT)							
	A2	(2) Sandblast GM (Chicago, IL)							
	A3	(3) Alchemy (Carrboro, NC)							
	A4	(4) Broken Codgers (Tacoma, WA)							
	A5	(5) Old Line (Cockeysville, MD)							
	A6	(6) Sol Draft (Orlando, FL)							
Saturday		F#	Score		F#	Score		F#	Score
9:00 - 10:00	A1 v A3	13	-	A2 v A5	14	-	A4 v A6	15	-
10:30 - 11:30	A1 v A2	13	-	A3 v A4	14	-	A5 v A6	15	-
1:30 - 2:30	A1 v A4	13	-	A2 v A6	14	-	A3 v A5	15	-
3:00 - 4:00	A1 v A6	13	-	A2 v A3	14	-	A4 v A5	15	-

Sunday

8:30 - 9:30	A1 v A5	9	-	A2 v A4	10	-	A3 v A6	11	-
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Re-seed teams within each pool for bracket play

Sunday, May 3, 2015

1A

11:30am-  
12:30pm  
Field # 11

4A

1:00pm - 2:00pm  
Field # 7

Champion

3A

11:30am-  
12:30pm  
Field # 12

2A

5A

10:00am-  
11:00am  
Field # 15

5th Place

6A



# 2015 COLLEGE CHAMPIONSHIPS

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## **LIVE ON ESPN3 // ALL TIMES EASTERN**

### **SUNDAY, MAY 24**

1:00pm – Women's Semifinal

3:30pm – Women's Semifinal

6:30pm – Men's Semifinal

9:00pm – Men's Semifinal

### **MONDAY, MAY 25**

1:00pm – Women's Championship Game

3:30pm – Men's Championship Game

## **TAPE-DELAYED BROADCAST**

### **ON ESPN // ALL TIMES EASTERN**

### **WEDNESDAY, MAY 27**

8:00pm USA Ultimate College  
Championships Semifinals  
Highlights Show

9:00pm Men's Championship Game

10:00pm Women's Championship  
Game

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