



EVENT GUIDE

\$1

IF YOU CAN DRAW IT,
WE CAN MAKE IT.

83
GOAT



PHOTOS BY ERIN CHUPP



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STAFF

TOURNAMENT STAFF will be wearing blue event staff shirts. If they can't answer your questions, they can point you to one of the following people to help you out.

LOCAL ORGANIZING

COMMITTEE STAFF

Tournament Director – Rodger Oakes
 Volunteer Coordinator – Brian Kowalski
 Head Scorekeepers – DeAnna Ball and Emily Puchala
 Local Media Coordinator – Chris Spittal and
 Bob McSheffery
 Social Coordinators – Hannah Gustafson and
 Matt Fisher

UPA STAFF

UPA Executive Director/Media Director –
 Sandie Hammerly
 UPA Championship Director – Will Deaver
 UPA National College Director – Jeff Kula
 UPA Championship Series Manager –
 Matthew Bourland
 UPA Championship Series Manager – Byron Hicks
 UPA Membership and Sport Development Director –
 Melanie Byrd
 UPA Membership Manager – Anna Schott
 UPA Youth Development Director – Meredith Tosta

ULTIMATE PLAYERS ASSOCIATION, 4730 TABLE MESA DR., STE I-200C, BOULDER, COLORADO 80305
 TEL: 303-447-3472 FAX: 303-447-3483 WEB: WWW.UPA.ORG EMAIL: INFO@UPA.ORG

SITE RULES

- DOGS MUST BE LEASHED!

- **NO ALCOHOL!** – This goes for both the main field site and the finals stadium. The main fields are on the Ohio State University campus where alcohol is prohibited. University employees and event staff will be checking to make sure people are not drinking. There will also be lots of moms, dads, and kids watching the action. Please abide by these rules. The stadium is at a high school where, of course, alcohol is prohibited. If you are caught with alcohol at either of the field site(s) you will be asked to leave the site and risk disqualification for your team, as well as potential ramifications outside of the event for breaking the field regulations. Thank you!

- **NO TENT STAKES!** – Per university facility regulations, do not drive stakes into the ground. This includes stakes for shade tents. Shade tents are fine to use at the fields, but teams are responsible for making sure they are anchored down sufficiently by some method other than staking. If you have questions about whether something is OK, please contact the tournament director.

- **SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES!**
 Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.

- **TRASH AND RECYCLING!** Place recyclables in the recycling receptacles and place trash in the trash. Thanks to VC Ultimate for helping make recycling possible at this event through the VC Green Program

WELCOME

Welcome to scenic Columbus, Ohio for the 2009 UPA College Ultimate Championships. We are so excited to be hosting everyone again. It's been a pleasure working with the UPA to put on this outstanding event.

I'd like to take the time to thank all of the volunteers that have put in the countless hours to help host this tournament. We couldn't do this without the ideas, energy, and excitement you all have brought. Thank you.

Congratulations to all of the teams that have qualified to this point. This is quite an accomplishment. Good luck and enjoy the moment. To the coaches, players, and fans, if there is anything we can do to make your experience more enjoyable, don't hesitate to ask. We have just about anything you could want... it just might take a local to find it for you.

Enjoy,

Rodger Oakes, Tournament Director, 2009 UPA College Ultimate Championships

COMPETITION RULES

- *UPA Official Rules of Ultimate, 11th Edition* will be in effect. Observers will be used in all games, along with the Unified Misconduct Foul system.
- All games to 15, point-cap at 17.
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. In a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time-cap goes on at end of round time on schedule. Add two points to higher score after first score after soft time-cap. Game ends when first team reaches new game total, or when first team reaches 15 ahead by at least two points, whichever comes first.
- A hard time cap will be put into effect for all pool and consolation/placement games (9th-20th). The hard time cap will go on 15 minutes after the soft time cap. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.



PHOTO BY: MATT LANE

WEEKEND OVERVIEW

THURSDAY MAY 21ST AT UNIVERSITY PLAZA HOTEL

(3110 OLENTANGY RIVER RD, COLUMBUS, OH 43202 614-267-7461)

6:00pm – 7:30pm Team Registration

8:00pm – 9:00pm Captain's Meeting

FRIDAY MAY 22ND AT FRED BEEKMAN PARK, OHIO STATE UNIVERSITY

(CORNER OF KENNY AND LANE AVE - 1031 CARMACK RD, COLUMBUS, OH)

8:30am-7:15pm Pool play

SATURDAY MAY 23RD AT FRED BEEKMAN PARK

8:30am-5:00pm Pool play

6:00pm-8:00pm Pre-quarters

SUNDAY MAY 24TH AT FRED BEEKMAN PARK

8:30am-4:00pm Placement rounds

12:30pm-2:30pm Women's Division Quarterfinals

1:30pm-3:30pm Open Division Quarterfinals

3:30pm-5:30pm Women's Division Semifinals

4:30pm-6:30pm Open Division Semifinals

SUNDAY EVENING MAY 24TH AT FRED BEEKMAN PARK

5:00-7:30pm Dinner served at the fields to participating teams and event staff.

7:00pm Callahan Award Ceremony

7:30pm College Alumni All-Star Showcase - All-Stars vs Team USA (see page 5). College stars of the past team up against the nation's best.

Longest Pull and Biggest Hammer Competitions (Men/Women) - One entry per team per competition. Sign up at Tournament Central before 4:00pm Sunday. Preliminary heats starting Sunday at 5:00pm on Field 5. Finals for top 4/division at half-time of All-Star Showcase. Winners will receive a prize package courtesy of Discraft.

MONDAY MAY 25TH AT CENTRAL CROSSING STADIUM

(4500 BIG RUN SOUTH RD, GROVE CITY, OH 43123)

10:00am Women's Division Final

12:30pm* Open Division Final

**or 30 minutes after Women's Final, whichever is later*

Half-time and Post-Game – Award Ceremonies

* During half-time, awards will be presented to the Spirit Award teams and Spirit Award individuals (one from each team).

Thanks to Discraft and Five Ultimate for their support of the Spirit of the Game awards.

* Immediately following each final, awards will be presented to 1st and 2nd place team for that division. Thanks to Discraft for their support of the UPA College Championships.

SLOOPY'S
BAR & GRILL

Join us on the patio Saturday
for drink deals and games.

We'll help your Hammer!

263-9650

2619 N. High St.

ALUMNI ALL-STAR SHOWCASE: ALL STARS VS TEAM USA

On Sunday evening, the UPA will host a showcase game between an all-star team consisting of former college players from throughout the country and the US National Team (Team USA) that will compete at the World Games this summer in Taiwan. The UPA is excited about continuing to showcase the sport and entertain players and fans at the College Championships through this game, first hosted at the tournament in 2007.

Check out the star-studded rosters and find a player or team to cheer for.

COLLEGE ALUMNI ALL-STAR STAR TEAM

Players for the all-star team were selected based upon where they played in the College Series while in college, and on factors such as level of playing ability, position, and sportsmanship.

Name	Jersey Number	College	College Region	College Class	Club Team(s)	Awards / Highlights*
Kate Crump	88	Ottawa	Metro East	2008	Capitals	2008 College Championships Qualifier
Robin Davis	14	Stanford	Northwest	2001	Fury	4 time Club Championships Champion
Ashley Greive	8	Texas A&M	South	2008	Showdown	2005 College Championships Qualifier
Lindsey Hack	23	North Carolina	Atlantic Coast	2006	Backhoe	All-Region 2005, 2006
Anna Hagstrom	9	Minnestoa	Central	2004	Pop	All-Region 2003
Meg Hofner	13	Illinois	Great Lakes	2008	Alpha Cobra Squadron	All-Region 2008
Sara Jacobi	3	Boston University	New England	2008	Brute Squad	All-Region 2008
Megan Molteni	10	Carleton College	Central	2008	Deathstar Contractors	All-Region 2006, 2007, 2008
Adam Bunn	32	CA-San Diego	Southwest	2007	San Diego United	All-Region 2006
Robert Dulabon	21	Pittsburgh	Metro East	2008	Pittsburgh Forge	4 time College Championships Qualifier
Drew Mahowald	0	Wisconsin	Central	2008	Sub Zero	All-Region 2008
Ryan Morgan	2	Virginia	Atlantic Coast	2004	Truck Stop	All-Region 2004
Taylor Pope	5	Ohio Wesleyan	Great Lakes	2002	Ring of Fire	6 time Club Championships Qualifier
Ryan Purcell	33	Michigan	Great Lakes	2008	BAT	All-Region 2007, 2008
Kiran Thomas	16	Texas	South	2006	Doublewide	2 time College Championships Qualifier
Timmy Thurston	18	Ohio State	Great Lakes	2007	Madcow	All-Region 2007, 200

TEAM USA 2009

Players selected for Team USA "should represent the best of US Ultimate in play and in sportsmanship. Players are chosen based on high skill as prerequisite, with service to the sport, championship experience, ambassadorial qualities, and ability to fit into the team all valued highly in the selection process." Team members were selected from approximately 80 athletes that participated in tryout camps hosted by the UPA in March. Representatives of Team USA will participate in two additional tournaments here in the US (Poultry Days, June 13-15) and Potlatch (July 3-5) as well as the World Games in Kaohsiung, Taiwan July 19-21.

Name	Jersey Number	City/State	Club Team	College Team
Gwen Ambler	3	Seattle, WA	Fury	Stanford University
Sam Chatterton-Kirchmeier	14	Seattle, WA	Sockeye	Univ of CA Santa Cruz
Cara Crouch	5	Austin, TX	Showdown	Univ of Texas
Deb Cussen	27	Decatur, GA	Ozone	Carleton College
Jolian Dahl	60	Boulder, CO	Johnny Bravo	Univ of Colorado
Kathy Dobson	6	Cambridge, MA	Brute Squad	MIT
Liz Duffy	37	Seattle, WA	Riot	Amherst College
Cate Foster	17	Raleigh, NC	Backhoe	College of Charleston
Cree Howard	13	Berkeley, CA	Fury	Univ of CA Berkeley
Jared Inselmann	11	Chapel Hill, NC	Ring of Fire	Univ of Pennsylvania
Beau Kittredge	50	Boulder, CO	Johnny Bravo	Univ of Colorado
Chelsea Putnam	2	Portland, OR	Schwa	Univ of Oregon
Jonathan Remucal	20	Berkeley, CA	JAM	Carleton College
Steven Rouisse	16	Boulder, CO	Johnny Bravo	Univ of Colorado
Gabe Saunkeah	9	Berkeley, CA	JAM	Univ of CA Berkeley
Adam Simon	7	New Haven, CT	Johnny Bravo	Univ of Colorado
Dylan Tunnell	78	Atlanta, GA	Chain Lightning	Univ of Georgia
Bart Watson	24	Oakland, CA	JAM	Stanford, Univ of CA Berkeley
Alicia White	19	Oakland, CA	Fury	Univ of CA San Diego
Seth Wiggins	10	San Francisco, CA	Revolver	Univ of Oregon



UPA SPIRIT OF COACHING



PHOTO BY: MATT LANE

BACKGROUND: The role of the coach at all levels of Ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision making process, even in the most egregious violations, will indicate to players that the coach and not the players have the ultimate responsibility for ensuring the inherent fairness of the game.

Teaching players the rules and how to implement them should be done at practices or off of the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

GUIDELINES:

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or footblocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never ok at any level.
- Coaches will not make calls from the sideline nor offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of Ultimate.
- Coaches will always exhibit respect for opposing players.
- Coaches will always exhibit respect for other coaches.
- Coaches will always exhibit respect for observers.
- Coaches will model Spirit of the Game at all times.

SUMMARY: The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

2009 UPA COACHING CERTIFICATION INFORMATION

During games at UPA Championship events where field access is restricted, teams with coaching staff are required to have at least one Level 1 Certified coach or a coach who has attended the UPA Coaching Ethics Workshop in order for coaching staff to have player-level field access. All other non-player support staff, with player-level or limited field access, including coaches, must read, sign and agree to abide by the UPA Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

For more information on the UPA's Spirit of Coaching or Coaching Certification Requirements, please contact UPA Director of Youth Development Meredith Tosta at this event, via email at Meredith@hq.upa.org or visit the UPA web site at: www.upa.org/coaches/coaching.

SPIRIT AWARDS

Ultimate has traditionally relied upon a spirit of sportsmanship which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed-upon rules, or the basic joy of play. - UPA Official Rules of Ultimate, 11th Edition

INDIVIDUAL SPIRIT AWARDS - Teams are asked to nominate a player from their own team who they feel displays the highest level of spirit. The definition of spirit is up to each team, but could include elements of sportsmanship, leadership, perseverance, fire, etc. Teams are asked to choose the person whose attitude they wish other people on their team would emulate and who players from other teams admire. Individual spirit winners will receive a medal, a Discraft SuperColor™ Spirit of the Game disc, and a Five Ultimate gear bag. Thanks to Discraft and Five Ultimate for their support of Ultimate and Spirit of the Game.

TEAM SPIRIT AWARDS - Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the rating for the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award trophy after their division's finals.

UPA SPIRIT RATINGS GUIDELINES: The ratings are ordered from 5 (indicating the highest level of spirit) thru 1 (the lowest level of spirit):

- 5 - Highest level of respect shown throughout game towards opponents, officials, and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.
- 4 - Respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.
- 3 - Generally exhibited respect towards opponents, officials, and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.
- 2 - Exhibited a lack of respect towards opponents, officials, and/or spectators. For the level of play, showed a lack of knowledge of or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.
- 1 - Exhibited a major lack of respect towards opponents, officials, and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.



PHOTO BY: BRIAN CALWIE

HEALTH AND SAFETY

Medical staff (trainer and EMT) will be available through the event at Tournament Central. Please seek advice and assistance regarding prevention and treatment of injuries or illness.

Directions to the local hospital can be found in the "Directions" section of this program.

CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion, balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the person see a medical professional. Medical staff are on hand at the event at Tournament Central.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs where body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include change in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness
 - Avoid alcohol, caffeine, and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
 - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
 - Know your body – Be honest! Are you fit enough to perform under current conditions?
 - Drink and eat – Eat and drink (water AND sports drinks) "optimally" before, during, and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas, oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels crackers, gummy candies).
 - Don't drink too much – Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
 - Monitor your urine – Clear/copious = hydrated. Dark = Need water/electrolytes.
 - Be sensitive to prior illness – If you've been sick, your body may be more susceptible to dehydration.
 - Rest and cool down after play – Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Players and spectators should make every effort to keep objects, including but not limited to bags, strollers, chairs, coolers and tents, as far away from the playing field as possible. If there are restraining lines or ropes, please keep all equipment behind them.
- If a player feels that an object on the sideline is not safe, s/he should inform Event Staff and should refrain from playing until s/he is satisfied that safe conditions have been established.
- The UPA and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of the UPA or Event Staff, unsafe for players, staff, or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and field marshals equipped with radios that there is a lightning danger, play will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the Flash-to Bang method to determine when to send people to shelter. By the time the Flash-to-Bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects, and water. Assume a crouch position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at the organizational tent at Tournament Central to receive instructions for resuming play and any schedule modifications.



PHOTO BY: SCOTT ROEDER

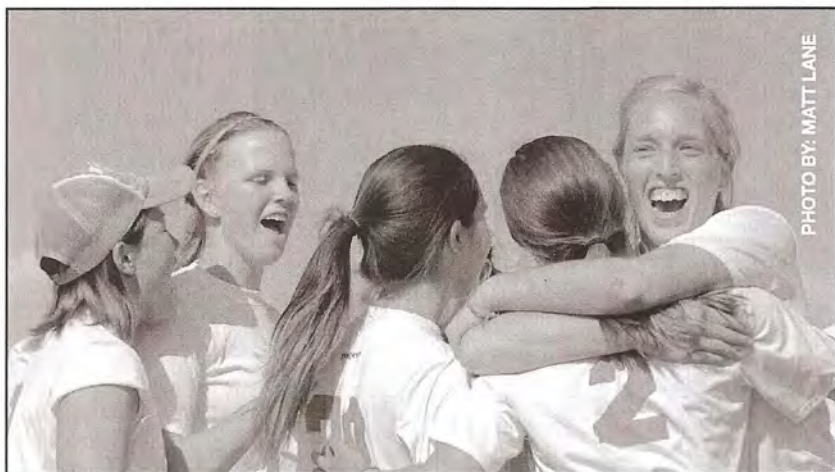


PHOTO BY: MATT LANE

Friday, May 22, 2009

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Placement Brackets

Sunday, May 24, 2009



All games to 15 cup 17

Championship Bracket

Saturday-Monday, May 23-25, 2009



All games to 15 cup 17





2009 UPA College Ultimate Championships - Women's Division

Friday, May 22, 2009

All Games to 15 Cap 17	Pool A					Pool B					Pool C					Pool D					
	A1	California-Santa Barbara (1)				B1	Washington (2)				C1	Wisconsin (3)				D1	Ottawa (4)				
	A2	North Carolina-Wilmington (8)				B2	Michigan (7)				C2	Oregon (6)				D2	Stanford (5)				
	A3	Carleton (12)				B3	UCLA (11)				C3	Colorado (10)				D3	North Carolina (9)				
	A4	Washington University (13)				B4	Saint Louis (14)				C4	Southern California (15)				D4	Iowa State (16)				
A5	Illinois (17)				B5	Northeastern (18)				C5	Dartmouth (19)				D5	Pennsylvania (20)					
Friday		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score			
8:30 - 10:15																					
10:45 - 12:30	A1 v A2	3	-	A3 v A4	4	-		B1 v B5	3	-	B2 v B4	4	-		C2 v C4	5	-	C3 v C5	6	-	
1:00 - 2:45								B1 v B2	3	-	B3 v B4	4	-					D1 v D5	5	-	
3:15 - 5:00	A2 v A4	5	-	A3 v A5	4	-									C1 v C2	3	-	C3 v C4	6	-	
5:30 - 7:15				A1 v A5	4	-					B3 v B5	6	-		C1 v C5	5	-		D1 v D2	3	-
Saturday, May 23, 2009																					
Saturday		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score			
8:30 - 10:15																					
10:45 - 12:30	A1 v A3	4	-	A2 v A5	10	-									C4 v C5	6	-	D1 v D3	3	-	
1:00 - 2:45								B1 v B3	4	-	B2 v B5	10	-		C1 v C3	3	-	C2 v C5	6	-	
3:15 - 5:00	A1 v A4	4	-	A2 v A3	3	-					B4 v B5	10	-					D1 v D4	6	-	
5:00-9:00	A4 v A5	4	-					B2 v B3	3	-	B1 v B4	10	-		C1 v C4	5	-	C2 v C3	6	-	
Pre-Quarters: See brackets for matchups and field assignments																					

Pre-Quarters: See brackets for matchups and field assignments



DISCRAFT





Placement Brackets

Sunday, May 24, 2009



All games to 15 cap 17

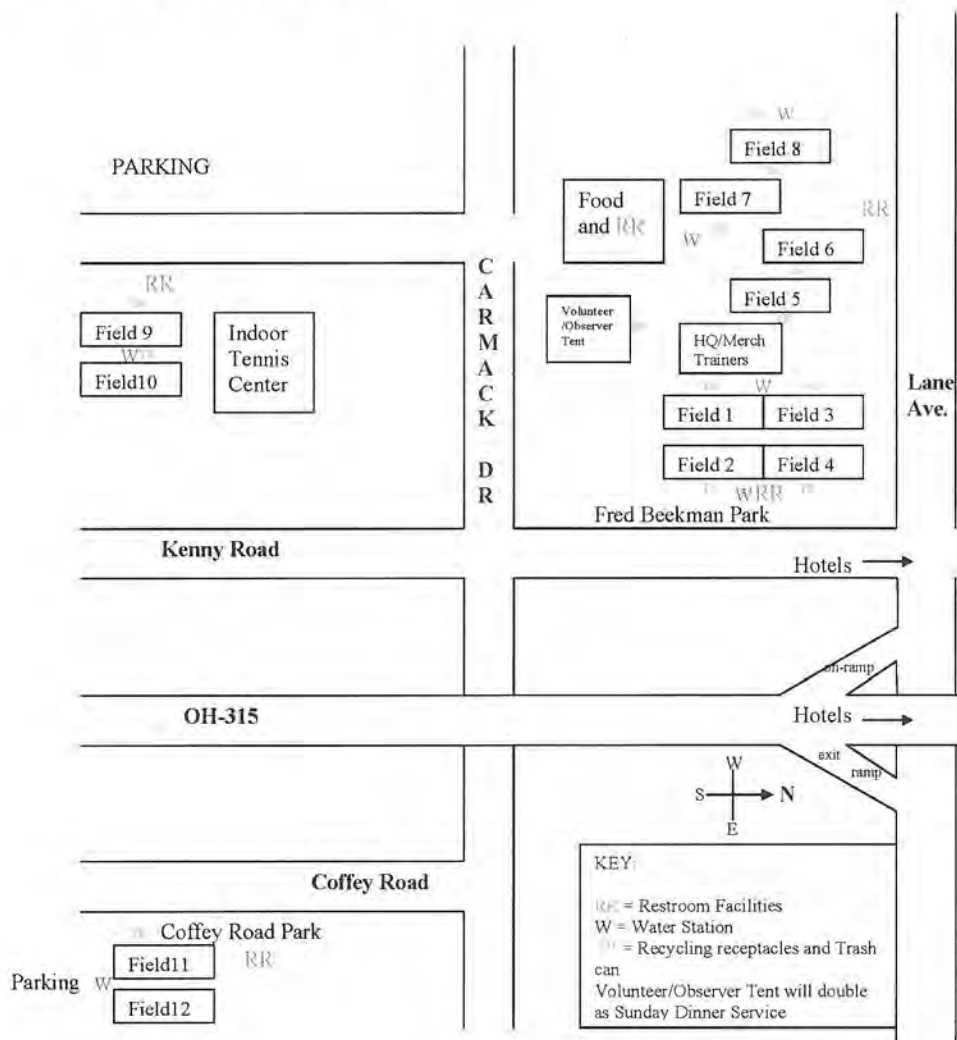
Championship Bracket

Saturday-Monday, May 23-25, 2009



All games to 15 cap 17

FIELD MAP



DIRECTIONS

TOURNAMENT HOTELS TO MAIN FIELDS (FRED BEEKMAN PARK)

Fred Beekman Park at the Ohio State University -
1031 Carmack Rd, Columbus, OH

Head north on Olentangy River Rd

Take the ramp onto OH-315 S

Take the Lane Ave exit

Keep right at the fork, follow signs for Upper Arlington
and merge onto W Lane Ave

Turn left at Kenny Rd

Turn right at Carmack Rd

TOURNAMENT HOTELS TO BACKUP FIELDS (BERLINER PARK)

Berliner Park - 325 Greenlawn Ave

Head north on Olentangy River Rd

Take the ramp onto OH-315 S

Continue on S Fwy (signs for Cincinnati/I-71)

Take exit 105 for Greenlawn Ave

Turn left at Greenlawn Ave

Destination will be on the right

TOURNAMENT HOTELS TO FINALS STADIUM (CENTRAL CROSSING HS)

Central Crossing Stadium - 4500 Big Run South Rd,
Grove City, OH 43123

Head north on Olentangy River Rd

Take the ramp onto OH-315 S

Take the exit onto I-70 W toward Dayton

Take exit 98B for Mound St

Turn right at W Mound St

Turn left at Harrisburg Pike/OH-3/US-62

Turn right at Alkire Rd

Turn left at Big Run S Rd

Destination will be on the right

TOURNAMENT HOTELS TO COLUMBUS AIRPORT

Port Columbus International Airport -
4600 International Gtwy

Head north on Olentangy River Rd

Take the ramp onto OH-315 S

Take the exit onto I-670 E

Take exit 9 for Stelzer Rd

Merge onto International Gateway

Slight right to stay on International Gateway

Turn left

Destination will be on the left

FINALS STADIUM TO COLUMBUS AIRPORT

Head northeast on Big Run S Rd toward Tupelo St

Turn right at Alkire Rd

Turn left at Harrisburg Pike/OH-3/US-62

Slight right at W Mound St

Turn left to merge onto I-70 E toward Wheeling

Continue on I-71 N (signs for I-670/I-70/Cleveland)

Take exit 109B to merge onto I-670 E

Take exit 9 for Stelzer Rd

Merge onto International Gateway

Slight right to stay on International Gateway

Turn left

Destination will be on the left

MAIN FIELDS TO BACKUP FIELDS

Head east on Carmack Rd toward Kenny Rd

Turn left at Kenny Rd

Turn right at W Lane Ave

Slight right to merge onto OH-315 S toward Columbus

Continue on S Fwy (signs for Cincinnati/I-71)

Take exit 105 for Greenlawn Ave

Turn left at Greenlawn Ave

Destination will be on the right

MAIN FIELDS TO HOSPITAL (OHIO STATE UNIV. MEDICAL CENTER)

410 W. 10th Avenue; 1-800-293-5123

Head east on Carmack Rd toward Kenny Rd

Continue on Woody Hayes Dr

Turn right at Campus Loop Rd

Slight right at Cannon Dr

Turn left at W 9th Ave

Slight left at Belmont Ave

Destination will be on the left

BACKUP FIELDS TO HOSPITAL

Head west on Greenlawn Ave toward Deckenbach Rd

Take the ramp onto S Fwy/I-71 N

Continue to follow S Fwy

Continue on OH-315 N

Take the exit toward Medical Center Dr

Merge onto W 9th Ave

Slight left at Belmont Ave

Destination will be on the left



OPEN TEAMS

CALIFORNIA

BERKELEY CALIFORNIA

Team Name: UGMO

Captains: Choongil Fleischman, Erec Hillis

Coaches: Alexander Ghesquiere, Ryo Kawaoka, Corey Lee

The Ultimate program at UC Berkeley is several decades old and has gone by several different names. The current iteration, UGMO (ugly monkey) started in 2002. In those first years, UGMO established itself as one of the premier teams in the Northwest region. They put forth their most dominant showing in the 2004 season, winning several spring tournaments (including the first annual Centex tournament) en route to a Northwest Regional Championship and the first overall seed at the UPA College Championships. That team fell just short of the ultimate prize, losing in the finals to a talented Colorado team. Since then Cal has been battling to make it back to the show. Although many talented players have come and gone, the team fell just short of the College Championships the following four seasons, including a loss in the game-to-go and 3 losses in the back door semi-finals. Finally, in 2009, UGMO was able to get that monkey off its back, and punch a ticket to Columbus, Ohio for the first trip to the Championships in 5 years.



ROSTER

0	Clay Miller	Sr	5'10"
1	Clayton Ernst	So	5'11"
2	Andrew Hagen	So	5'11"
3	Dylan Kluck	Jr	6'1"
4	Joel Schlachet	Sr	5'9"
6	Jeff Roeder	Fr	6'0"
7	Greg Moy	Fr	5'10"
8	James Pollard	Fr	6'4"
9	Choongil Fleischman	Gr	5'11"
10	Thomas Hendrickson	Gr	5'11"
11	Wesley Stratton	Sr	6'0"
12	Brandon Kwock	Jr	6'1"
14	Kristopher Thomson	Sr	6'2"
15	Brendan Bulick-Sullivan	Fr	5'10"
16	AJ Shankar	Gr	5'9"
17	Jake Janzen	Sr	6'1"
18	Cullen Coyne	So	6'0"
19	Jeff Liu	Fr	5'11"
23	Dalga Surofchy	Fr	5'10"
24	Joey Durkin	Sr	5'9"
25	Gary Dixon	So	5'10"
31	Albert Tsai	Sr	5'11"
33	Ben Ewing	Jr	6'3"
45	Erec Hillis	Jr	5'11"
66	Jie Tang	Gr	5'11"

CALIFORNIA – SAN DIEGO

SAN DIEGO CALIFORNIA

Team Name: Air Squids

Captains: Mark Johnston, Justin Elliott

Coaches: Kevin Smith, Kevin Stuart

The Squids entered the season as a young team led by two coaches (S Smith, Kevin Stuart), whose Ultimate resumes were both long and distinguished. The Squids were a very physical team with many long tall members. The work put in both at the field and on the track was hard and sweaty, but enjoyable. Throughout the season the Squids became well versed at both man on man and cupping defenses. On the offensive side the Squids throws became straighter and more potent. Able to penetrate any team's zone the Squids were on their way to a productive season. While the Squids season this year had its ups and downs, their showing at sectionals was impressive. Riding a high seed into regionals, the wind encountered was stiff. The Squids persevered and came out on top. Excited about the impending trip to Ohio, and hoping it's not too wet, the Squids are looking to leave their mark.



ROSTER

2	Eric Hsu	Jr	5'7"
4	Mark Johnston	Sr	5'10"
5	Justin Elliott	Jr	6'4"
6	Eric Abhold	Jr	5'8"
8	Alec Miller	Sr	5'10"
9	Guy Hughes	Jr	6'4"
16	Andrew Yu	Sn	5'6"
22	Brooks Lecomte	Sr	6'2"
24	Michael Tilghman	Fr	6'3"
30	Murphy Hitchcock	Fr	5'11"
32	Kyle Frost	So	6'0"
37	Danny Brodberg	Fr	5'9"
51	Yui Takenashita	Gr	5'8"
52	Nicholas Miller	Jr	5'6"
55	Owen Eigenbrot	Fr	5'7"
71	Stephen Hubbard	Sr	6'3"
80	Josh Nickerson	Jr	6'4"
88	Anson Brune	Gr	5'10"
99	Christopher Schmidt	Fr	6'3"

OPEN TEAMS

CALIFORNIA – SANTA BARBARA

SANTA BARBARA, CALIFORNIA

Team Name: Black Tide

Captains: Jeff Silverman, Timmy Beatty

Coach: James Studarus

UCSB Ultimate program began in 1984 and in 1985 developed the name "Black Tide" in reference to an oil spill off the coast of Santa Barbara in 1969. The Ultimate program started strong thanks to the leadership of Tom Kennedy, who brought Ultimate to Santa Barbara. Black Tide went on to make the College Championships for the first time in 1986 and won it for the first time in 1988. They went on to repeat in 1989 and 1990, completing a 3-peat. The early '90s were rebuilding years and they lost in the finals and semifinals in 1993 and 1994 respectively. In 1996 Black Tide began its second 3-peat in a decade, winning the National Championship in 1996, '97, and '98, then lost in the finals in 1999. Black Tide lost in the semi-finals in 2000 and 2001, then in the quarter-finals in 2002. Black Tide has not been a serious threat at the College Championships since then, but thanks in large part to the leadership of Jeff Silverman and Tim Beatty, they have found their way back with one of the youngest teams in Black Tide history.



ROSTER

1	Blake Robillard	So	5'9"
3	Venzel Hammershaimb	Sr	5'7"
5	Johnny Gallo	Fr	5'11"
7	Andrew Pebley	So	5'9"
8	Eli Fiddler	Fr	5'7"
9	Jeff Silverman	Gr	5'9"
10	Johnny Walker	Sr	6'0"
13	Evan Brydon	Fr	6'0"
15	Joey Barker	Fr	5'11"
19	Peter Burke	Gr	6'0"
21	Max Schteir-Dunn	Jr	6'0"
22	Timmy Beatty	Sr	5'10"
23	Curtis Worden	Fr	6'0"
31	Lincoln Scott	Jr	6'2"
33	Noah Hopton	So	5'9"
36	Kari Crabb	Fr	5'6"
61	Daniel Smith	Jr	6'6"
69	Ryan Bouthcher	Jr	6'1"
77	Teiwaz Steenbock-Smith	Sr	5'8"

CARLETON COLLEGE

MINNEAPOLIS, MINNESOTA

Team Name: CUT

Captains: Chris Kosednar, Sam Kanner

Coaches: Sam Roberts, Derek Gottlieb

CUT was founded in the early 1980's as the Frisbee Union of Carleton Knights and soon derived the CUT name and symbol from a math textbook on graph theory. CUT is a passionate group of Frisbee players. CUT looks to ourselves for support and the betterment of our team. CUT does not post on RSD. CUT does not have one or two faces. CUT does not nominate for Callahan. In practice, CUT does not pick teams gym-class style. Teams play their best games against CUT. CUT was the first team to have its symbol tattooed on the body of one of its players (Lou Burruss '95).



ROSTER

1	Ty Thorsen	Sr	5'9"
2	Grant Lindsley	So	5'10"
3	Rob Bradley	Sr	6'0"
4	Mike Clark	Fr	5'10"
6	Adam Fagin	Jr	5'11"
7	Dan Mammel	Sr	6'1"
9	Dan Curme	Jr	6'0"
10	James Munson	So	6'0"
11	Christian Foster	Jr	5'10"
12	Sam Kanner	Jr	6'0"
13	Alex Evangelides	So	6'3"
14	Robert Carlton	Jr	6'4"
15	Sam Keller	Fr	5'10"
16	Hai Ngo	Jr	5'9"
17	Patrick Roberts	So	6'3"
18	Peter Karian	Jr	5'10"
19	Chris Kosednar	Sr	5'11"
21	Adrian Chow	Jr	5'8"
31	Ben Sullender	So	6'0"
44	Luke Powers	Jr	5'11"
46	Alex Kinsey	So	5'10"
87	Jerome Potter	Sr	5'11"

OPEN TEAMS

COLORADO

BOULDER, COLORADO

Team Name: Mamabird

Captains: Evan Padget, Mac Taylor, Marty Freeman

Coach: Jim Schoettler

Mamabird is making their 12th straight appearance at the UPA College Championships, the longest active streak in the nation. Since 2001, Mamabird has appeared in the finals of the Championship four times, and won it all in 2004. This season they are lead by new coach, and 1997 Callahan winner Jim Schoettler. With a young team and new coach, Mamabird struggled with their consistency in 2009. However, after a dominant performance at Regionals Mamabird is flying into Columbus with confidence. Lead by a quartet of talented seniors, Mac Taylor, Kevin Schipper, Brian Clarkson, and Ted Phillips, nothing less than the championship will suffice.



ROSTER

4	Harrison Fast	Jr	6'1"
5	Marty Freeman	Jr	6'2"
6	Brian Holligan	Sr	6'2"
7	David Barnes	Jr	6'1"
10	Craig Manahan	Sr	5'8"
11	Evan Padget	Sr	5'11"
13	Matty Zemel	So	5'9"
16	Kevin Schipper	Sr	5'8"
17	Jack McShane	Jr	6'0"
19	James Moses	Jr	5'10"
21	Zander Padget	Fr	6'0"
23	Jared Winegrad	So	6'3"
24	Brian Clarkson	Sr	6'2"
28	Jackson Kloor	Fr	6'0"
30	Hylke Snieder	So	5'5"
36	James Mitchell	Fr	6'2"
40	Mac Taylor	Sr	6'3"
42	Jonathon White	Fr	6'3"
46	Ted Phillips	Sr	6'0"
63	Michael Charrier	Sr	5'8"
65	Jacob Coate	Fr	6'5"
85	Calvin Delamere	Jr	6'1"
99	Dan Gruber	So	5'10"

CORNELL

ITHACA, NEW YORK

Team Name: Buds

Captains: Arthur Shull, Damien Lazar, Dan Brager

The Cornell Buds formed back in 1973. We were a very strong team in the early years of the sport of Ultimate and routinely made national showings up until 2002. We then went through a 7 year long drought as we struggled to do well at Regionals. In 2007 we fought our way back into the finals of Regionals and then had 2 heartbreaking losses in a row to take away our shot at making the College Championships yet again. This year, however, we have redefined our game and hope to continue with the success we have been having as we head back to the big show.



ROSTER

0	Daniel Campbell	Jr	6'1"
1	Daniel Kantor	Gr	5'10"
2	Seth Reinhardt	Sr	6'4"
5	Wilbur Kan	Gr	5'9"
6	Garrett Bernstein	Jr	5'11"
7	Damien Lazar	Jr	5'6"
8	Ryan Swisher	Fr	5'10"
9	Max Lieberman	Gr	5'8"
10	Alex Kadesch	Jr	5'9"
11	Stephen Tseou	Jr	5'7"
13	Neil Butler	So	6'3"
16	Arthur Shull	Jr	6'3"
18	Un Soi Chio	So	5'6"
19	Ethan Pollack	Jr	6'6"
24	David Chalenski	Gr	6'2"
27	Daniel Farrugia	Jr	6'1"
42	Bryan Parry	Sr	5'10"
43	Jon Hirschberger	Jr	6'4"
47	Brian Grundy	So	6'3"
55	Daniel Brager	Sr	5'8"
68	Andy McClintock	Jr	6'8"
77	Bo Li	So	5'10"
88	Garland Wong	So	5'9"

OPEN TEAMS

GEORGIA

ATHLETIC GEORGIA

Team Name: Jojah

Captains: Peter Dempsey, Robert Herrig

Coaches: AJ Tiarsmith, Greg Swanson

There once was a man named Dylan Tunnell who was, perhaps, the greatest American Hero (the source of G.I. Joe's inspiration). He found a field and painted a mosaic that would forever morph and endlessly grow on the nutrients of his unparalleled spirit. This mosaic is the modern day Jojah. Some say Will Deaver was the original artist, but it is believed that Dylan has been ever-present, even during Deaver's reign. Needless to say, we no longer have any recognizable names. Maybe "Patrick Dempsey," wasn't he "McDreamy" in "Grey's Anatomy"? Really, who knows?

Only two things are certain: Pitbulls, which are much like Bulldogs, are majestic beasts, and

Jojah is still here.



ROSTER

2	Matt Bailey	Jr	6'3"
3	Josh Lowell	Jr	5'9"
7	Charlie Herrig	So	5'10"
8	Brian Inkrot	Sr	5'11"
9	Davis Waller	Jr	5'8"
10	Matt Bledsoe	So	5'9"
11	Peter Dempsey	Sr	6'0"
12	Dustin Graham	Sr	5'8"
13	Travis Smith	Sr	5'10"
15	Andrew Mistretta	Jr	6'4"
17	Caleb Edwards	Fr	5'9"
20	Taylor Nilan	Sr	6'0"
21	Dave Benkeser	Jr	6'5"
23	Tom Ball	Fr	5'8"
24	Robert Herrig	Sr	5'9"
32	Brian Walter	Fr	6'1"
33	Tom Morris	Sr	5'10"
45	Michael Slade	Jr	6'3"
56	Allen Jarvis	So	5'11"
64	Grant Fiddymont	Fr	6'2"
68	Max Leonard	Fr	6'1"
88	Kevin Terry	Gr	6'0"

ILLINOIS

BRANA ILLINOIS

Captains: Denis Agniel, Brian Phelan

Coach: Matt Stupca

This is the Illini's third trip to the UPA College Championships in the past six years. Last year, Illinois Ultimate finished tied for 5th at the UPA Championships in Boulder, Colorado. After last year's quarterfinal performance, the Illini graduated 12 seniors including two all-region players, Joel Koehneman and Pat Stephens. Losing a line and a half leaves a void in a team, but the former young players were ready to step into their new roles even if it took some time. Illinois had a rough fall and spring season, but under the guiding hand of their Coach Matt Stupca who has coached the program for 5 years, their hard work and determination paid off at the end. After winning the Great Lakes for the first time since 2002, this year's Illini is hoping to have momentum and teamwork carry them past the quarterfinals.

**ILLINOIS
ULTIMATE**

ROSTER

4	Bradley Johnson	Sr	5'7"
6	Paul Ripsky	Sr	5'10"
7	Don Lambka	Sr	6'1"
11	Miles Corcoran	Sr	6'0"
12	Denis Agniel	Gr	6'0"
13	Michael Komnenich	Sr	6'0"
14	Austin Lien	So	5'9"
18	Kurt Zoellick	Gr	5'11"
23	Ryan Smith	Fr	5'6"
26	Brian McLain	Sr	5'11"
27	Chris Hidaka	Jr	5'11"
30	Kyle Somerfield	Sr	6'1"
31	Walden Nelson	Sr	5'10"
33	Pavan Sarguru	Sr	6'3"
34	Noah Birdman	Gr	5'8"
47	Jon Hatcher	So	5'10"
50	Michael Simeone	Gr	5'9"
61	Brian Phelan	Sr	5'10"
63	Zubair Abdulla	Sr	6'0"
79	Dan Stueland	Sr	6'0"
81	Suleyman Ahmad	So	6'0"
84	Charlie O'Brien	Fr	6'2"
90	Frantz Zachary	Fr	6'2"

OPEN TEAMS

KANSAS

LAWRENCE, KANSAS

Team Name: Horror Zontals

Captains: Kevin Kelly, Ryan Bigley, Justin Kaminsky

Coach: Jack Stuart

What is a Zontal? While Indigenous to the northern backwoods of Wisconsin... alright lets just be honest, our team is Dylan Tunnel... I mean... We are CUT! In seriousness, the Zontals have existed since 1979 and we are proud to celebrate our 30th season by returning to the College Championships. Since the UPA started the College Championships we have qualified 15 times, with recent appearances in 2004, 2006, 2007, and 2009. Last season was undoubtedly our team's worst in history, finishing 7th at regionals. However this season, after getting off to a so-so start at our first two tournaments, we have since won 19 of 20 games over our last three tournaments. During that stretch we became the first team in Ultimate history to finish 5th place at a major tournament (Huck Finn) despite going undefeated.

The Zontals have been and still are a team that prides itself on being highly competitive on the field while still remaining a tight-knit group off of it. The 2009 Zontal team is a true embodiment of hard off-season work, dedication to constant improvement, Big Fun, and family. We truly believe this team is capable of proving itself as one of the nation's best and we welcome the challenge ahead of us because in tough times we rely on one another.

Get ready for the BIG RED Z!

No Mercy, No Prisoners.



ROSTER

00	Luke Hanson	Jr	5'11"
1	Aaron Berc	So	5'9"
2	Drew Anderson	Fr	6'1"
3	Joey Finkelstein	Jr	5'10"
4	Chris Lou	So	5'7"
06	Justin Kaminsky	Jr	5'9"
7	Jack McFarland	Sr	6'3"
9	Gary Gareis	So	5'11"
10	David Waller	Sr	6'3"
11	Tim Robbins	Gr	6'0"
12	Abe Jacobs	Jr	5'8"
14	Vinny Ciaramitaro	Fr	5'11"
15	Axl Brammer	So	6'3"
21	Bruce Tuschhoff	Fr	6'3"
22	Ryan Bigley	Sr	6'4"
25	Brett Hidaka	Fr	5'11"
26	Kevin Kelly	Sr	6'4"
27	Weston Norwood	Sr	6'3"
31	Nate Wohl	Sr	5'9"
34	Bryan Erickson	Fr	5'10"
52	Ryan Reynolds	Sr	6'2"
72	Robbie Reynolds	So	6'0"

LUTHER

DECAHAN, IOWA

Team Name: LUFDA

Captains: Drew Lee, Greg Shirbroun

The Luther Ultimate Flying Disc Association (LUFDA) has been around since 2003, when a young, amicable fellow by the name of Dave Curtis took it upon himself to plant the seeds of what would become one of the most successful club sports programs in Luther College's history. Since its creation the Luther Ultimate program has remained strong due to the dedication of eight captains and the hundreds of athletes who have graced the program with their desire, and strong play. Their commitment has helped raise the program to where it is today. Looking to improve upon the ground-work laid in the past 6 years, this year's LUFDA squad came into the season looking to take the next step toward excellence. Hitting the gym, the road, and the dirt harder than ever before, LUFDA started strong with a 3rd place finish at Mardi Gras. In the post-season they claimed their first ever West Plain Sectional Championship, then slugged it out in muddy Northfield to claim a trip to Ohio.



To our alumni, friends, and parents, thank you for your continued support!

ROSTER

1	Eric Sievers	Jr	5'8"
3	Chris Ash	Jr	5'7"
5	Isaac White	Gr	6'4"
6	Luke Hollander	So	6'3"
7	Greg Shirbroun	Jr	5'7"
8	Collin Meyer	Fr	6'2"
9	Paul Meyer	So	6'0"
10	Mike Kientzle	Jr	5'11"
14	Brett Hazen	Jr	5'9"
17	Ben Kofoed	Fr	5'10"
18	Aaron Taylor	Jr	6'3"
21	Eric Johnson	Fr	5'10"
23	Reid Wilson	Jr	6'1"
27	Sean Keenan	Sr	5'8"
30	Adam Ettestead	Sr	6'0"
32	Karl Meunier	Sr	5'11"
33	Drew Lee	Sr	6'0"
66	John Anderson	So	6'1"
77	Joe Wheelock	So	6'0"

OPEN TEAMS

MICHIGAN

ANN ARBOR MICHIGAN

Team Name: magnUM

Captains: Dave Fumo, Will Neff, Ollie Honderd

Coaches: Ricky Eikstadt, Ryan Purcell, Jav Carey

While Ultimate has been around the Ann Arbor campus for the past 30 years, magnUM was officially established in 1997 after a game to name the team ended with a rookie skying a veteran on universe point. Since then, it has become a force on the national scene, appearing at the College Championships 9 of the last 11 years. This year, magnUM has high hopes due to a strong pre-season and senior-laden team.



ROSTER

1	Derek Moen	Fr	5'10"
2	Adam van Staveren	Gr	6'0"
3	Seth Collins	Fr	6'0"
4	Jeff Siddiqui	Gr	5'10"
5	Dorn Conti	Sr	6'0"
6	Alex Fegert	Jr	5'11"
7	Will Neff	Sr	6'3"
8	Tim Lee	Jr	6'1"
9	Derrick Wolbert	Jr	5'9"
11	Tom Haynes	Sr	5'11"
12	Jesse Brauner	Fr	6'2"
13	Dave Fumo	Gr	6'1"
14	Matt Marcum	Sr	5'11"
16	Ollie Honderd	So	6'0"
18	Gordon Siegfriedt	Sr	5'11"
22	Alex Kaulins	Sr	6'7"
25	Pat Collins	Jr	6'4"
27	Jeff Pape	So	6'0"
32	Robbie Steinbock	So	6'2"
33	Craig Sanford	Sr	6'3"
40	Ben DeLand	So	6'3"
55	Derek Towster	Jr	5'7"
57	Andy Dunn	Gr	5'10"
80	Zak Kemmer	Sr	6'0"
88	Kevin Yien	So	5'11"

MINNESOTA

MINNEAPOLIS MINNESOTA

Team Name: Grey Duck

Captains: Jeff Anderson, Chris Demet, Justin Gilbert

Coaches: Charlie Reznikoff, Chris York

The University of Minnesota Ultimate team formed long ago under the moniker Mu, the greek symbol commonly used for the arithmetic mean, or average. For some time this was the accepted name and accepted result for team's season. Over time the name progressed, as did the team, until five years ago when the leadership decided on the only mythical creature to inhabit our land. Here is an excerpt from a textbook discussing the creature.

"The origin of the animal, the Grey Duck, is truthfully not well known. Most scientists have come to the conclusion that the Grey Duck is a close relative to vicious animals such as the bear, wolf, and alligator, and express many of these vicious traits when vying for territory, fighting against other such animals (eg. Hodags, Jojabs, Mama-birds...) for a trophy piece." - "The Grey Duck, The Season of" by Michael Arenson



ROSTER

2	Stephan Mance	So	6'1"
5	Danny Miesen	Fr	5'11"
6	Jake Humphrey	So	5'8"
8	Russ Taylor	Sr	5'10"
9	Greg Arenson	Fr	5'11"
10	Matt Marinello	Fr	5'10"
11	Dan Hoff	So	6'1"
12	Alex Clevette	Fr	6'2"
17	Tim Pearce	Gr	5'10"
18	Calvin Tam	Sr	5'5"
19	Eric VanderMolen	So	6'2"
20	Chris Demet	Jr	5'11"
21	Michael Arenson	Jr	6'2"
22	Jeff Anderson	Sr	5'11"
23	Mike Peterson	Gr	6'1"
25	Mark Landman	Sr	5'9"
31	David Eddy	Fr	5'10"
33	Justin Gilbert	Jr	6'0"
34	Peter Schmitt	Jr	6'5"
35	Austin Juds	So	6'3"
39	Tallis Boyd	Jr	6'4"

OPEN TEAMS

NORTH CAROLINA STATE

RALEIGH, NORTH CAROLINA

Team Name: Wolfpack

Captains: Thomas Ward, Evan Bowles, Derrick Marcey

Coach: James Murray

The NC State Men's Ultimate club was founded in the late eighties. The club's first bid to the College Championships came in 1996, followed by appearances in four of the next five years. These appearances included a semifinal appearance in 1998 and NC State's first UPA College Ultimate Championship in 1999. Upon winning the championship in 1999, the university allowed the team to switch its name from Jinx to the school mascot Wolfpack. The Wolfpack entered the 2003 College Championship as the number 1 overall seed. This is the first appearance to the College Championships since 2004.



ROSTER

00	Ken Porter	Sr	5'10"
1	Monty Pridgeon	So	5'11"
3	Chris Kelly	Sr	5'8"
5	Brad Thornton	Sr	5'7"
7	Thomas Ward	Sr	5'11"
9	Evan Bowles	Gr	5'11"
11	Brandon Jones	Sr	5'10"
12	Andrew Carmen	So	6'1"
13	Bryan Conklin	Sr	6'6"
17	Mike Hartin	So	5'11"
21	Ryan McCann	Fr	6'1"
22	Tyler Risdon	Sr	5'10"
23	Chris Prosser	Fr	6'1"
35	Dalton Deluca	So	5'11"
42	Wendell Wilson	Jr	6'1"
43	Zach Berman	Fr	6'0"
45	Brett Matzuka	Gr	5'8"
46	Casey Haigh	So	5'10"
49	Derrick Marcey	Sr	6'0"
55	Forrest Whitfield	So	6'0"
69	Paul Johnson	Jr	5'6"
77	Stephen Panasci	Jr	5'7"
80	Bobby Jones	So	5'11"
90	Cam Bevington	Jr	5'6"

PITTSBURGH

PITTSBURGH, PENNSYLVANIA

Team Name: En Sabah Nur

Captains: Nick Kaczmarek, Chris Brenenburg

Coaches: David Lionetti, David Vatz, Robert Dulabon

A program built from humble beginnings, Pittsburgh made the UPA College Championships for the first time in 2005. Through the efforts of some remarkable leaders, countless hours of training and top-notch coaching, PITT has become a consistent qualifier for the College Championships (making repeat appearances in 2006, 2007, and 2008). *Qualifying is no longer enough for the program.* We are proud to represent our University, the Metro East Region, and the City of Pittsburgh at the highest level of collegiate competition.



ROSTER

2	Chris Brenenburg	Jr	6'0"
3	Allen Rakars	Fr	5'5"
4	Ravi Ved	Sr	5'4"
5	Colin Conner	Fr	5'11"
6	Kyle Baynes	Jr	5'6"
7	Julian Hausman	So	6'2"
8	Mike Plunkett	So	5'8"
9	Jason Kunsu	Fr	6'0"
10	Andrej Ababovic	So	6'3"
11	Nick Kaczmarek	Gr	6'0"
12	Geoff Zettel	Jr	5'10"
16	David Hogan	Jr	6'1"
20	Nick Rivers	So	6'0"
21	Alex Thorne	Fr	5'7"
23	Eddie Peters	Jr	6'0"
25	Mike Pannone	Sr	6'1"
35	Jake Christian	Gr	5'9"
41	Pat Hammonds	Sr	6'1"
71	Brad Bellinger	Sr	5'10"
81	Tyler Degirolamo	Fr	6'3"

OPEN TEAMS

STANFORD

STANFORD, CALIFORNIA

Team Name: Bloodthirsty

Captains: Ryan Thompson, Nicolai Schlag

Coaches: Will Chen, Laurent Lessard, Mike Payne (advisor), Russell Speidel (trainer), Ben Funk (manager)

The Stanford Men's Ultimate Team has a long and illustrious history, dating back to the team's founding in 1980. SMUT soon joined the ranks of the nation's top teams and won the first-ever National Collegiate Championship in 1984. Since then, the team has finished as runners-up 5 times, and finally added another glorious championship trophy to the case in 2002. Along the way, the team has won hundreds of games and scores of tournaments, and is known as one of the most consistent powerhouses in college Ultimate.

Stanford Bloodthirsty is led by captains Ryan Thompson and Nick Schlag, as well as Callahan nominee Tom James. Stanford stormed back to the UPA College Championships this year under the guidance of rookie coaches Will Chen and Laurent Lessard.



ROSTER

1	David Abram	Gr	5'8"
2	Alex Drlica-Wagner	Gr	6'1"
3	Ryan Thompson	Jr	5'10"
4	Angus Pacala	Gr	5'10"
7	Tom James	Gr	6'0"
8	Chris O'Brien	Fr	6'1"
9	William Wagstaff	Fr	6'3"
10	Nicolai Schlag	Gr	5'10"
11	Ryan Tibshirani	Gr	6'0"
12	Derek Frome	Jr	6'0"
13	Sam Shrank	Gr	5'10"
15	Nathan Young	Gr	5'9"
16	Chris McCarty	Sr	5'11"
17	Ariel Jackson	Gr	6'1"
19	James Hansell	Jr	6'2"
20	Nick Greenfield	So	6'1"
21	Jacob Speidel	Sr	6'2"
24	Colin Van Lang	Jr	5'7"
29	Ben Phillips	Jr	6'2"
34	Jordan Jeffery	So	6'4"
54	Steve Scardato	Sr	5'7"
89	Tyler Boyd-Meredith	Fr	5'7"
96	Alec Norton	Gr	5'11"

TEXAS

AUSTIN, TEXAS

Team Name: TUFF

Captains: Matt Campbell, Jeff Loskorn

Coaches: Calvin Lin, Michael Natenberg

Texas Ultimate has been around for many years. In the late 80's and early 90's, the Longhorns had great runs at the College Championships with a finals appearance and semis. Since then, TUFF has been constantly improving on its performance year in and year out. 2002 saw the first appearance of TUFF at the UPA College Championships. Ever since then, TUFF has been to the Championships all but one year with top 8 finishes in '03, '05, and '06. This will be the fifth consecutive year TUFF will be competing at the UPA College Championships.



ROSTER

1	Paul Tsuji	Gr	5'7"
2	Will Campbell	So	5'9"
3	Nathan van Oort	Fr	6'1"
4	Jacob Lohman	Sr	6'2"
5	Matthew Bierschenk	Sr	5'6"
7	Jason Fortner	Sr	5'10"
8	Jeff Loskorn	Sr	6'1"
9	Vinay Mikkilineni	Sr	5'9"
10	Steven Darroh	Sr	6'0"
11	Bryan Au-Young	Sr	5'8"
12	Drew Coyne	Sr	6'0"
13	Ken Soo	Jr	5'8"
18	Matt Campbell	Sr	6'0"
20	Ben Hamilton	So	5'10"
21	Luke Tapsak	Jr	5'9"
22	Stephen Presley	Sr	5'9"
23	Ryan Storey	Jr	5'11"
24	Thomas Powell	Jr	6'3"
25	Aditya Yerrapragada	So	6'1"
26	Gary Kane	Fr	5'9"
28	Peter Clarke	Jr	5'11"
33	Andrew Klotz	So	6'1"
51	Judson Moore	Sr	5'11"
63	Andrew Foley	Jr	6'2"
81	Joshua Kipp	Gr	6'2"



OPEN TEAMS

TUFTS

WILMINGTON, MASSACHUSETTS

Team Name: Elephant Men

Captains: Andrew Hollingworth, Tyler Bugden

Coaches: Dan Forseter, Michael Bright, Michael Zalisk, Jeff Brown

Founded in 1972 by Jim Pistrang and Ed Summers under the name "Tufts Varsity Frisbee," Tufts Ultimate has consistently been a competitive force in the New England Region over its 37 year history. In 1984, Tufts hosted the first ever UPA College National tournament and somehow managed to go winless on its own turf. The team began its annual tradition of a team spring break trip in 1988, where they make the pilgrimage south for a week of Ultimate and team building every year. In addition to 2009, Tufts has made UPA College Championship appearances in 1984, '89, 2000, '01, '02, and '04. Tufts Ultimate runs year round featuring a fall season, winter indoor league, spring season, and a summer club team dubbed "Somerville Youth." In addition, Tufts Ultimate highly values the support and continued involvement of alumni; events like sectionals and regionals always draw many alumni fans from the northeast and beyond, and alumni weekend in early autumn is a chance for the alums to meet and face off against the current team. Tufts has not one, not two, not three, but four (4) coaches, featuring decades of cumulative club and Tufts ultimate experience on its coaching staff.



ROSTER

00	Will Perry	Jr	5'10"
2	Christopher Cote	Sr	6'0"
3	Andrew Hollingworth	Jr	5'11"
5	Colin Harari	Jr	5'11"
7	Patrick Meyers	Sr	5'6"
9	Ethan Gillett	Sr	6'2"
11	Lee Hofrichter	Sr	5'11"
12	Trevor Sanders	So	5'11"
13	Ben Strauss	Jr	5'8"
15	Alex Berdoff	Jr	5'11"
18	Tyler Johnson	Sr	6'2"
22	Joshua Willis	Sr	6'1"
24	Alex Ornik	Jr	6'1"
27	Tyler Bugden	Sr	6'0"
28	Jason Clark	So	6'2"
29	Alex Cooper	Fr	5'10"
33	Brett Lieblich	Sr	5'9"
38	Adrian Banerji	Fr	5'11"
55	Jason Tsai	So	5'5"
68	Ben Nelson	So	6'2"
87	Will Murphy	Sr	6'5"

VIRGINIA

CHARLOTTESVILLE, VIRGINIA

Team Name: Night Train

Captains: Robert Runner, Greg Ericksen

The UVA Ultimate program has been around for a while (sometime after Thomas Jefferson but before iPods); however, this is our first year earning a spot at the UPA College Championships. After missing out on Regionals two years ago, the core of the team worked to rebuild the program through dedication and consistency. We have been more focused this year and increased the intensity of our practices, which has shown in our results. After making it to Sunday at Regionals last year, we have been constantly improving throughout this year. Winning Wolfpack and finishing 5th at CCC gave us confidence heading into the spring season. We proved to ourselves we were a regional contender after winning ACC's and have continued to work hard all year with the goal of the College Championships in mind. Throughout the regional and national competitions, our team strategy has remained the same: intense defense and 100% on offense. All-in-all this is one of the best seasons in team history. Six tournaments, three tournament wins, five finals appearances, and our first shot at the Championships.



ROSTER

00	Tyler Conger	Jr	6'2"
1	Peter Van De Burgt	Sr	6'0"
2	Jesse Macadangdang	So	5'8"
4	Robert Runner	Sr	6'3"
5	Tyler Healy	Sr	6'1"
7	Charlie Scott	Sr	6'1"
8	Greg Ericksen	Sr	5'11"
10	Matt King	Jr	5'9"
11	Svet Neov	So	6'0"
13	Justin Webster	Gr	5'10"
17	Ryan Early	Sr	5'11"
19	Aaron Mullins	Fr	5'10"
20	Tom Licitra	So	6'0"
21	Brian Kiernan	Fr	5'11"
23	Stephen Mondschein	Gr	6'1"
24	Jim Boley	Jr	5'8"
27	Jonathan Neeley	Sr	5'11"
30	Will Galebach	Jr	5'9"
33	Roy Matthews	Gr	6'3"
37	Andrew Wilkes	So	6'0"
41	Alex Dagley	So	6'0"
44	Brooks Taylor	Sr	6'1"
66	Iv Neov	So	6'1"

OPEN TEAMS

WILLIAMS

WILLIAMSTOWN, MASSACHUSETTS

Team Name: WUFO

Captains: Brian Bistolfo, Carl Brasz, Caleb Balderston

The Williams Ultimate Frisbee Organization has been active since 1977. In 3+ decades it has evolved from a seven-man squad into an organization that easily fields an A-team and two B-teams. WUFO has been consistently competitive in the New England region for the past 15 years, experiencing many narrow misses at regionals. This year, WUFO makes its second trip to the Championships in three years, as well as in 2003, 1995 and 1996. We take pride in being one of the last un-coached competitive teams in our region.

This season, after spending nearly five months on the frozen tundra of the Williams College outdoor turf, WUFO went south for Spring Break, finishing tied for 7th at Southern and tied for 3rd at Easterns (including a highlight 15-9 win over Georgia). WUFO handled all comers at the Brown Invite, beating Brown, Dartmouth, Tufts, and UMass. Throughout the spring, frustrating losses to Middlebury seemed to be the only thing stopping us in the Northeast, including a 15-9 loss in the Sectional final. After being up on Tufts 13-10 in the Regional Semifinal and losing 16-14, WUFO won 3 games in a row on Sunday, culminating in a 15-14 win over Middlebury.



WUFO will graduate just five seniors in June. We rely on our depth, athleticism, and a core of several team leaders rather than a single dominant player.

ROSTER

0	Will Pettengill	Jr	6'3"
1	Kieran Brennan	Jr	6'0"
2	Cody Rasmussen	So	6'2"
3	Carl Brasz	Sr	6'0"
4	Andre Martinez	Sr	5'10"
5	Jack Chen	Fr	6'1"
6	Todd Bustard	Jr	5'10"
7	Tim Marinelli	Jr	5'11"
8	Amulya Iyer	Jr	5'9"
9	Brian Bistolfo	Sr	5'9"
11	Caleb Balderston	Jr	6'2"
13	Matt Wellenbach	Sr	6'1"
17	Mike Marchinetti	Jr	5'10"
19	Jamie Quella	Jr	6'1"
21	Will Weiss	Fr	5'9"
22	David Roth	So	5'10"
28	Chris Law	Jr	5'11"
29	Aaron Freedman	Fr	6'2"
30	David Phillips	So	5'10"
44	Cale Weatherly	Sr	5'10"
50	Brent Eng	Fr	5'10"
99	Jon Morgenstern	So	5'9"

WISCONSIN

MADISON, WISCONSIN

Team Name: Hodags

Captains: Jim Foster, Evan Klane

Coach: Brandon Malecek

A lumberjack named Olee Swenson discovered the Hodag -- a horrifying creature with the head of an ox, feet of a bear, back of dinosaur, and tail of alligator -- in the far North Woods of Wisconsin. While Olee and the Hodag were 'livin' in a dream world' and eating blueberry bushes, car JimJam pulled up with Mannywood and Hollywood arguing over who controls the D line hunters. Piggly Wiggly was shoveling Cinnamon Buns in his mouth and didn't notice as AlterZone and Darth Lazer hatched a plan to save Olee and Hodag from the D line. Berjergies was going to help his fellow O line handlers but he heard Schott calling and immediately ran off into the woods. He left a trail of Matt Crumbs for the Hodag to follow to safety but C monster and Diablo rose from the earth with their minion Gangles and cornered the Hodag. Lunchbox had left to go to DP Doughu for lunch and was a non-factor in the battle now raging between the O and D lines. Killstrong rode into the battle throwing Cherrybombs everywhere and it looked as though the Hodag and Olee were at their end. Suddenly, with an earth-shattering 'cah CAW!!!' Murderballs came flying into the fray with Lil' Jimmy and CP3 in tow, dousing the D line with Straight Droeze and SB2kMayo. Defeated, the D line retreated and Olee Swenson and Hodag were saved.



ROSTER

1	Adam Drews	Sr	5'9"
2	Ben Feldman	Jr	5'10"
4	Zach Alter	So	6'3"
6	Jake Smart	Jr	6'2"
7	Matt Davidman	Sr	5'10"
8	Tom Murray	Sr	5'11"
9	Jon Bergen	Jr	5'11"
10	Chris Pearce	Fr	5'10"
11	Cullen Geppert	Jr	6'2"
12	Alex Simmons	So	5'9"
14	Jon Gaynor	Sr	6'2"
17	Tom Annen	Sr	5'10"
18	Jim Foster	Sr	6'2"
20	Matt Young	Gr	6'0"
21	Dave Wiseman	Jr	6'4"
23	Dayu Liu	Fr	6'0"
27	John Armstrong	Fr	6'0"
28	Dan Park	Fr	5'11"
33	Jon Masler	Jr	5'11"
37	Jerry McGinnis	Fr	6'1"
38	Evan Klane	Sr	5'10"
93	Pat Donovan	So	6'

WOMEN'S TEAMS

CALIFORNIA-SANTA BARBARA

SANTA BARBARA CALIFORNIA

Team Name: Burning Skirts

Captains: Carolyn Finney, Kaela Jorgenson

Coaches: Jenny Hanscom, Steve Dugan

The Santa Barbara women's team was founded in the fall of 1984 and officially became the Burning Skirts in 1988. Between '88 and '91, the Skirts claimed three championship titles. After several years missing on the national scene the Skirts returned to finals in 2007 and again in 2008. Falling just short of a championship, the Skirts of 2009 were determined from the start to bring the title back to Santa Barbara. The team went undefeated at Presidents Day, Stanford Invite, and UPA Southwest Regionals, and made it to the finals at Centex. With guidance from coaches Steve Dugan and Jenny Hanscom and the support of the Santa Barbara Ultimate community the team is ready to represent in Columbus. DOM



ROSTER

1	Stephanie Karba	Fr	6'1"
2	Nida Moloukas	Fr	5'2"
3	Kate Helvestine	Fr	5'5"
4	Milena Jovanovich	So	5'8"
5	Kaela Jorgenson	Jr	5'8"
6	Joyce Wang	Fr	5'3"
7	Arianne Johnson	Gr	5'3"
9	Courtney Wilkinson	Fr	5'7"
11	Carolyn Finney	Jr	5'3"
12	Kristie Bowen	Gr	5'2"
13	Alina Warner	So	5'5"
14	Marie Madaras	So	5'6"
15	Katie Barry	Sr	5'7"
17	Kaila Kero	Fr	5'7"
18	Shannon Bubb	So	5'2"
20	Briana Cahn	So	5'6"
22	Emily Bass	Jr	5'6"
23	Genny Cook	Sr	5'5"
24	Andrea Romano	Sr	5'9"
29	Erin Mordacai	Gr	5'8"
41	Rachel Meek	So	5'6"
52	Jessie Fix	Sr	5'8"

CARLETON COLLEGE

NORTHFIELD MINNESOTA

Team Name: Syzygy

Captains: Becca Sheridan, Julia Busiek

In nineteen-hundred and eighty-two
Carleton women's Ultimate arose
from the blue.

Named after three stars, live out on
the plains;
We've played through sunshine,
wind and rain.

We dream by night; we dream
by day;

For the hours we get to play.
Many alumni also help us know
How to find the way to flow.

20 years, no other college team has
been more;

At the tournament for the most
hardcore.

From older players, we're taught
how to leap;

And handlers to swing while cutters
go deep.

Year after year we train in the
heartland;
We dream of
flicks, hammers,

backhands.

In 2000 Championships dreams
came true,

You never saw a happier crew!
"Syzygy Syzygy" Carletonians cried;
Our hearts were filled with joyful
pride.

But 2000 the end of Syzygy was
not;

Though the weather is cold, our
play is still hot.

We hear Columbus in late May
is nice;

Destination Ohio for seniors, thrice.
Rookies listen to stories of old
Echoing with laughter, legends
are told.

We'll make the trip again and again,
The glory of past we hope to attain,
The first Ultimate players? No,
not quite.

But then, now, and forever, we find
Frisbee a delight.

ROSTER

2	Liz Arakaki	So	5'6"
3	Caitlin McKimmy	Jr	5'8"
5	Jess Schueler	Sr	5'6"
7	Nicky Bloom	Sr	5'6"
11	Sophie Hines	So	5'10"
12	Melissa Villars	So	5'10"
13	Jessie Martinez	Sr	5'5"
17	Merritt Swain	So	5'4"
18	Anna Poaster	Fr	5'2"
21	Julia Busiek	Sr	5'6"
22	Rebecca Sheridan	Sr	5'9"
23	Anna Snyder	So	5'8"
24	Emma Dobbins	Jr	5'4"
25	Elise Rasmussen	Fr	5'6"
26	Zoe Harris	So	5'7"
77	Laurel Schmidt	So	5'5"
96	Biz Silverstein	So	5'3"

WOMEN'S TEAMS

COLORADO

BOLDER, COLORADO

Team Name: Kali

Captains: Courtney Verhaalen, Shannon Waugh, Laura Travers

Coaches: Tina McDowell, Leah Ledenbach

The past two years Kali has been absent from the UPA College Championships, losing the game to go at Regionals both years in 2007 and 2008. After graduating two all star players Alex Snyder and Caroline Matthews in 2006 Kali was on a mission to rebuild a team with depth. And - finally - in 2009 we have fought and clawed our way back into the national competition. Returning as a faceless army this year- Kali is about to serve up some upsets.



Kali Ultimate

ROSTER

00	Samantha Brooke	Fr	5'10"
1	Hanae Isobe	Sr	5'4"
2	Alison Wilber	Jr	5'2"
3	Lili Morris	So	5'3"
5	Katie Dosch	Gr	5'2"
6	Heather Waugh	Sr	5'3"
7	Ali Greer	Sr	5'3"
9	Whitney Fose	Fr	
12	Shannon Waugh	Jr	5'4"
13	Alex Feldman		5'5"
14	Katie Patterson	Gr	5'6"
15	Christy Reams	Jr	5'9"
16	Dana Hayward	So	5'1"
18	Courtney Verhaalen	Sr	5'7"
21	Hannah Jones	Gr	5'0"
24	Laura Travers	Jr	5'10"
25	Jenny Wilson	Jr	5'5"
26	Courtney Adamo	Fr	5'7"
27	Emery Cowen	Jr	5'5"
33	Lauren Rindels	Jr	5'4"
42	Katie Anarde	Jr	5'8"
43	Kelly Bolt	Sr	5'5"
44	Dana Guber	Jr	5'7"
72	Sarah McNichols	So	5'5"

DARTMOUTH

HANOVER, NEW HAMPSHIRE

Team Name: Princess Layout

Captains: Katie Nash, Molly Roy

Coaches: Mike Lee, Fuyuki Hirashima

Princess Layout, Dartmouth College's Women's Ultimate Frisbee team was founded in 1990 as an extension of "Moo Disc," the Dartmouth Men's Ultimate team. Reports from Melissa Stamp '92 claim that she had to bribe the sixth woman out of bed to get her to play. Princess has come a long way over the past two decades, attracting a record number of 50 Dartmouth freshmen to our fall open practices, providing us with the ability to form our own 'B' team, Princess, B-side. We are proud to have such a strong and positive presence on Dartmouth's campus. Despite our small school and wintry climate Princess is consistently competitive on the national stage. We have qualified for the College Championships four out of the past five years and have enjoyed playing teams from across the country on our spring break trip and at tournaments like Centex. We condition, work and play hard but always do so with smiles on our faces, love for our teammates, and painters' warm-up jump suits in hand. Princess is very excited and privileged to have been selected for a Five Ultimate sponsorship this year based on our team's spirit and dedication to competitive women's

Ultimate. In addition, Dartmouth Ultimate will participate as a team sponsor for Ultimate Peace, a new organization aiming to build understanding between Israeli and Palestinian youth through the game of Ultimate



ROSTER

00	Katie Nash	Sr	5'4"
2	Hannah Baranes	Fr	5'5"
3	Emma Frankel	Fr	5'4"
4	Rohre Titcomb	Sr	5'6"
8	Ana Mark	So	5'8"
11	Lyle Kau	So	5'4"
12	Allison Caley	Sr	5'7"
13	Marika Austin	Sr	5'7"
18	Sam Kaplan	Sr	5'5"
20	Cory Kendrick	Jr	5'8"
21	Kate Deroches	Fr	6'0"
24	Tiffany Ho	Jr	5'6"
37	Dai Lin	Sr	5'4"
48	Sara Remsen	Fr	5'5"
55	Molly Roy	Sr	5'3"
64	Jing-Jing Zhang	So	5'6"
87	Amada Lobel	Sr	5'8"
88	Emily Unger	So	5'9"



WOMEN'S TEAMS

ILLINOIS

CHAMPAIGN/URBANA ILLINOIS

Team Name: Menace

Captains: Kelly Foster, Mary Kim

Coaches: Matt Pasienski, Meg Hofner

Illinois Women's Ultimate was established in 1992, with the name change to the current Illinois Menace in 2005. Menace has grown into a very competitive team over the past few years, and the talent on the team is rising. We recruited a great, and large, class of rookies this year and also carry a solid bunch of veteran players who continue to improve. We work very hard and are beginning to play well against top-level teams in the country. We've put a lot of effort into becoming a top tier team this season and after competing in Pres Day and Centex we gained the experience necessary to compete at the national level.

ILLINOIS

ROSTER

3	Jennifer Weizeorick	Sr	5'6"
4	Lauren Sheehy	Fr	5'5"
6	Risa Umeno	Fr	5'5"
7	Kate Fasbender	Jr	5'6"
8	Rachel Graham	Sr	5'5"
10	Maggie Dunleavy	Jr	5'4"
11	Claire Wright	Jr	5'7"
17	Kim Dyar	Jr	5'6"
18	Alexis Dettmer	Jr	5'4"
19	Rebecca Poulter	Fr	5'4"
22	Tania Reitz	Sr	5'6"
23	Jen Mader	So	5'6"
24	Mary Kim	Sr	5'6"
25	Joann Wong	Jr	5'3"
41	Melissa Blackford	Sr	5'8"
42	Kelly Foster	Sr	6'1"
44	Nora Doyle	Fr	5'7"

IOWA STATE

AMES, IOWA

Team Name: Women Scorned

Captains: Melissa Gibbs and Jasmine Draper

Coaches: Rachel Derscheid, Taiwo Anjonrin-Ohu

Usually misquoted to Shakespeare, it is the English playwright and poet, William Congreve, that really said "Heaven has no rage like love to hatred turned / Nor hell a fury like a woman scorned." Iowa State University's "Women Scorned" was founded by current co-coach, Rachel Derscheid, in the year 2002. The history of Women Scorned is varied: from barely fielding a team in its inaugural series competition, to harvesting stellar players who have competed on the national club scene with regularity. All the while, a College Championships appearance remained elusive to a tough squad making solid, albeit small steps towards more competitiveness each year. Struggling under the shadow of past and current dominant Central Region women's teams, the light came in the form of an increased Championships tournament size and an addition of one more central bid. The challenge would be met by a willing group of ladies. Increasing the roster in size, competitive desire, and athletic ability, the team carried its history on the shoulders of the older teammates while keeping its fresh and young eyes turned toward the ultimate goal: making it to the 2009 Championship. The team is proud to offer former teammates, past and current fans, and brothers on the Iowa State Open team their share of the success experienced during this, Women Scorned's first UPA College Championships appearance.



ROSTER

02	Lindsey Gapstur	Sr	5'3"
03	Caitlin Bosco	Fr	5'4"
04	Daisy Velasco	Fr	5'5"
07	Annikka Murray	Fr	5'5"
08	Magon Liu	Fr	5'4"
09	Lauren Theile	Jr	5'5"
12	Jasmine Draper	Sr	5'3"
14	Jessy Erickson	Jr	5'9"
16	Chelle Johnson	Jr	5'10"
17	Annie Glawe	Jr	5'8"
18	Jiear Vang	So	5'2"
20	Britt Schenk	Fr	5'2"
23	Melissa Gibbs	Sr	5'7"
29	Cassie Panther	F	5'
33	Andrea Mallarino	So	5'
35	Sarah Hoistad	So	5'6"
39	Christine Rosen	So	5'4"
86	Amanda Bottjen	Fr	5'5"

WOMEN'S TEAMS

MICHIGAN

ANN ARBOR, MICHIGAN

Team Name: Flywheel

Captains: Nelly Turley, Emily Baecher

Coaches: Martha Carlson, Keely Dinse, Janet Jin

The Michigan Women's Ultimate team, under the name of Flywheel, began in 1998. The team gained their first set of coaches in 2000, with Miriam Allersma continuing to coach Flywheel from 2000-2007. Michigan first qualified for the UPA College Championships in 2003, under the leadership of coaches Miriam and Martha Carlson. Since 2003, Martha has taken Flywheel to the Championships in 2006, 2008 and now 2009. In her 9th year, this will be her final tournament coaching Flywheel, and she is hoping to celebrate Flywheel's strongest national performance.



ROSTER

3	Hannah Foster	Gr	5'3"
4	Serina Mazzoni	Gr	5'9"
5	Sarah Rutherford	Jr	5'2"
6	Sarah Buranskas	Jr	5'8"
9	Nelly Turley	Sr	5'10"
11	Becky Malinowski	So	5'11"
14	Ashley Daly	Gr	5'7"
16	Helen Huang	Gr	5'9"
19	Beth Quisenberry	So	5'9"
22	Paula Seville	Fr	5'9"
23	Emily Baecher	Sr	5'7"
28	Vicki Chang	Fr	5'4"
33	Anna Maria Paruk	So	5'2"
42	Kelsey Delave	Fr	5'5"
48	Katka Bodova	Gr	5'6"
82	Sara Johnson	Gr	5'4"
89	Annie Fisher	Fr	5'6"

NORTH CAROLINA

CHAPEL HILL, NORTH CAROLINA

Team Name: Pleiades

Captains: Charliss Fenton, Dorothy Scott, Jill Simmerman

Coaches: Brian Dobyns, Lindsey Hack

Pleiades was founded by Emily Larson in the fall of 1995 when she split from Darksides (UNC's men's team). After several name changes, the team settled on Pleiades for its meaning: "Seven Sisters." In the 2006 season, Pleiades split into A and B teams to give more women an opportunity to learn the sport. This will be Pleiades third appearance at the UPA College Championships, and the second in two years. For the past three years we have been coached by Brian Dobyns, a world class Ultimate legend, and alumna Lindsey Hack, a top club player.



ROSTER

00	Dorothy Scott	Sr	5'1"
3	Jill Simmerman	Sr	5'8"
4	Kaitlin Baden	Jr	5'2"
5	Anna Underwood	So	5'4"
6	Leslie Peck	Sr	5'4"
11	Claire Thomson	Sr	5'4"
12	Karen Kimel	Sr	5'10"
13	Kelly Gillis	Sr	5'4"
14	Charliss Fenton	Sr	5'3"
16	Lauren Edwards	Sr	5'10"
17	Suzanne Willis	Sr	5'5"
18	Leila Tunnell	Jr	5'8"
21	Janna Coulter	So	5'8"
22	Erin Wiltgen	Sr	5'8"
24	Ashley Barfield	So	5'2"
25	Lauren McGuire	So	5'5"
28	Rachel Steber	Jr	5'7"
30	Heather Zimmerman	Jr	5'1"
51	Lindsay Lang	Fr	5'6"

WOMEN'S TEAMS

NORTH CAROLINA - WILMINGTON

WILMINGTON,
NORTH CAROLINA

Team Name: Seaweed

Captains: Elise Bardsley, Sara Casey

Coaches: Danny Wrenn, Nikki Zeldin

Seaweed Ultimate was created 20 years ago in 1989. During the 1990's and early 2000s the team was a dominate player on the national stage, including winning the UPA College Championships in 1992 and 1996. For the past few years the players of Seaweed have worked hard to bring UNC-W back to the College Championships for the first time in eight years by winning NC Sectionals and Atlantic Coast Regionals.



ROSTER

2	Hayden Greenawalt	Fr	5'3"
4	Defilah Bista	Jr	5'8"
5	Liz Dressler	Jr	5'10"
6	Emily Fusco	So	5'3"
7	Claire Chastain	Fr	5'4"
8	Sara Casey	Jr	5'11"
9	Meg Young	Jr	
10	Magarit Nguyen	So	5'6"
11	Kelly Tidwell	Jr	5'2"
13	Elise Bardsley	Sr	5'5"
14	Jessica Patrick	So	5'6"
15	Erica Cohoon	Fr	5'4"
16	Jessica Makowski	Jr	5'6"
21	Mikayla Chiarello	Sr	5'3"
22	Michelle Guadagno	Fr	5'5"
27	Lia English	Sr	5'4"
96	Meg Hooker	Sr	5'3"

NORTHEASTERN

BOSTON, MASSACHUSETTS

Team Name: Valkyries

Captains: Courtney Moores, Stephanie Barker, Laura Cedro

Coaches: Jason Adams, Kayla Burnim

The Valkyries were formed in the fall of 2001 after playing as part of the Northeastern Men's team for a couple of years. The first couple seasons were filled with the intense growing pains that any brand new team faces... getting only 7 girls to a tournament and practices that had so few people they weren't really practices at all. In 2005 we added our current head coach and won our first game at Regionals. We finished 5th at 2006 Regionals and 4th at 2007 Regionals and entered the 2008 season with the goal of the Championships. We worked hard from the start, flew to our first ever tournament, and racked up a couple finals appearances at tournaments like President's Day and Roll Call, but that wasn't enough. We intensified our workouts and focused our minds and went onto win both Sectionals and Regionals to earn our first trip to the Championships where we finished 9th. The 2009 season has been a tough one. We again made the trip to President's Day and added Centex to our schedule. We had many difficult early season losses, but were able to refocus and again win the New England Region. The Valkyries are excited to be back on the national stage and are working hard to see where we can finish this year.



ROSTER

00	Lauren Scanlon	So	5'2"
2	Dana Kwitnicki	So	5'6"
4	Dana Chard	So	5'7"
5	Courtney Moores	Sr	5'1"
7	Rebecca Marx	Fr	5'5"
8	Stephanie Barker	Sr	5'8"
9	Chelsey Burrows	Mr	5'7"
11	Kelly O'Neil	Sr	5'3"
12	Christine Sniezek	Mr	5'4"
13	Lauren Kava	Jr	5'7"
14	Laura Cedro	Sr	5'7"
16	Carissa Huang	Fr	5'5"
17	Julia Whinnery	So	5'9"
18	Kristine Murphy	Mr	5'6"
19	Carla Fergusson	Mr	5'6"
21	Chelsey Bowman	Jr	5'6"
23	Sam Cook	So	5'2"
24	Morgan Galaznik	Mr	5'3"
27	Alyssa Pastuszak	Mr	5'5"
30	Allison McAndrew	Gr	5'10"
33	Judy Arnobit	Fr	5'4"
36	Casey Curry	Fr	5'2"
55	Joy Veeraplin	Mr	5'1"
89	Michelle Chiang	Mr	5'5"
98	Rebecca Ginsburg	Fr	5'2"

WOMEN'S TEAMS

OREGON

EUGENE, OREGON

Team Name: Fugue

Captains: Molly Suver, Clare Gordon, Julia Sherwood

Coaches: Lou Burruss, Ryann Crowley, Morgan Zajonc

The University of Oregon has had a women's Ultimate team since the 1980's. This year Fugue continues to benefit from adopting and developing several D1 varsity athletes, as well as recruiting several players with high school and WFDF Junior World's experience. Their dedicated veteran-of-Ultimate coach Lou Burruss and new assistant coaches Ryann Crowley and Morgan Zajonc lead Fugue's re-emergence as a Championship caliber team. In the past year, Fugue burst onto the pre-series national scene with two 2nd place finishes at the President's Day and Stanford invites. In addition, they won a bid to the College Championships in the most difficult region in women's Ultimate for the second year in a row. Last year, Fugue's first taste of the Championships in 6 years only left them ravenous for more this year in Columbus. The women of Fugue pride themselves on being one of the deepest teams in college Ultimate, and also on their ridiculous and all-consuming love for the sport, the spirit of the game, and each other.



ROSTER

00	Katie Weatherhead	So	5'3"
1	Kimber Coles	Fr	5'3"
2	Christina Wickman	Jr	5'4"
3	Hannah Fletcher	Sr	5'4"
4	Bailey Zahniser	Fr	5'4"
5	Marie Vendrasco	Sr	5'5"
6	Christina Schueler	So	5'7"
7	Claire Sharman	Sr	5'8"
8	Shannon McDowell	Sr	5'8"
9	Erica Faria	So	5'8"
13	Clare Gordon	Sr	5'7"
17	Jenica Villamor	Jr	5'7"
18	Julia Sherwood	Jr	5'5"
19	Molly Suver	Sr	5'3"
21	Tina Snodgrass	Sr	5'11"
23	Katy Craley	So	5'7"
26	Danielle Hirsch	Sr	5'5"

OTTAWA

OTTAWA, ONTARIO, CANADA

Team Name: Lady Gee Gees

Captains: Alex Benedict, Danielle Fortin, Anne Mercier

Coach: Kate Crump

The uOttawa Lady Gee-Gees have been working hard to build a name for themselves in the Ultimate community since their inception in 2004. Off the field, the team contributes to the local Ottawa Ultimate community by coaching leagues and running an annual high school tournament. On the international level, the team organized a fundraiser to send discs and clothes to a South African village. On the field, the Lady Gee-Gees have claimed titles at CUUC (06), Vegas (08), and Centex (09). In 2009, with two pre-series tournaments under their belt and a solid run at the UPA Series, the Lady Gee-Gees are eager to improve their 5th place finish at the 2008 UPA College Championships.



uOttawa
Ultimate

ROSTER

1	Renee Black	Gr	5'2"
3	Zanda Wattamaniuk	Sr	5'4"
5	Anne Mercier	Jr	5'9"
7	Jamie Collins	Gr	5'9"
8	Samantha Morris	Sr	5'9"
10	Kathryn Pohran	So	5'9"
11	Meghan Kane	Gr	5'5"
12	Chantal Mayotte	Jr	5'6"
13	Viviane Bartlett	Sr	5'4"
14	Rochelle van Collier	Fr	6'0"
15	Sonia Komenda	Jr	5'5"
16	Christine Riddick	Sr	5'7"
17	Louise Guolla	Sr	5'7"
19	Kelly Fulton	Sr	5'4"
21	Annie Baxter	Jr	5'7"
22	Danielle Fortin	Sr	5'4"
23	Tayla Sedgwick	Fr	5'7"
27	Heather Munro	Sr	5'6"
28	Valerie Langlois	Gr	5'9"
33	Emilia Santoromita Villa	Fr	5'5"
42	Alex Benedict	Sr	5'8"
89	Brianna Jaffray	Fr	5'1"



WOMEN'S TEAMS

PENNSYLVANIA

PHILADELPHIA, PENNSYLVANIA

Team Name: Venus

Captains: Whitney Viets, Rachel Shah

Coaches: Marc Stachowski

Venus was born on Valentine's Day, February 14, 1989 at the University of Pennsylvania. We were named after the goddess of love, which may fool our opponents because it isn't that intense but behind the façade, there is something truly divine. The last time we went to the UPA College Championship was 1996. Two years ago, we were in a similar situation, fighting against NYU to get the backdoor bid to the Championship and we lost after a hard struggle. We thought it was our year. Now we are stronger than ever, with the biggest rookie class we've ever seen. And we are gonna tear it up in Columbus.



ROSTER

1	Ally Fox	Fr	5'3"
3	Kate Anthony	Jr	5'6"
4	Raha Mozaffari	Gr	5'4"
7	Katherine Goldschmidt	So	5'8"
8	Whitney Viets	Sr	5'5"
9	Octavia Payne	So	5'4"
10	Anna Spirdiglozzi	Jr	5'8"
11	Julia Moon	So	5'2"
12	Katie Poulos	Jr	5'4"
13	Rachel Shah	Sr	5'5"
14	Maria Nelson	Jr	5'3"
15	Elizabeth Varnell	Jr	5'4"
16	Melinda Snover	Jr	5'4"
17	Chiu-yu Chen	Gr	5'5"
18	Julie Vernon	Fr	5'7"
19	Shannon Tsai	Fr	5'2"
20	Devyn Shafer	Fr	5'5"
22	Jenny Gai	So	5'1"
23	Julia Quindlen	Fr	5'5"
24	Renee Byers	Fr	5'6"
25	Bernadette Hsu	Fr	5'3"
26	Preeya Khanna	Fr	5'3"
27	Jennifer Grier	Gr	5'7"
28	Mili Mehta	Fr	5'1"
32	Susan Sheng	Fr	5'10"
33	Grace Wang	Fr	5'7"
61	Karen Liao	So	5'1"

SAINT LOUIS

ST LOUIS, MISSOURI

Team Name: SLULU

Captains: Kara O'Malley, Kristen Wilson, Carolyn Batzel

Coach: Kevin McGinnis

Saint Louis University Ladies Ultimate Team (SLULU) was established in the 2001-2002 school year. The team has been under the leadership of captain Kara O'Malley for the past three years. She along with the other six seniors have dedicated four years to learning the sport of Ultimate, perfecting their skills, and teaching newer members of the team. Each year the team continues to grow and improve with the addition of talented underclassmen. Despite our unconventional playing methods, SLULU has a heavy background in athleticism and competitiveness that makes us a real threat to unsuspecting teams. We have come a long way in the last few seasons, with a great help to coach Kevin McGinnis who has spent countless hours teaching us the game. During the 2008-2009 season SLULU competed in numerous tournaments finishing first at Harvest Moon, Midwest Throwdown, and Chicago Invite, along with placing sixth at Centex. This is our first trip to the UPA College Championship and we are pumped!



ROSTER

4	Maureen Cutrera	Sr	5'6"
5	Mary P Eilenfeldt	Jr	5'7"
6	Kathleen Horton	So	5'7"
8	Teresa Ogrinc	Sr	5'11"
9	Carly Ferstle	Jr	5'7"
10	Kristen Wilson	Jr	5'4"
11	Elizabeth Seelaus	Jr	5'7"
12	Michelle Place	Sr	5'4"
13	Meghan Welsh	Sr	5'5"
14	Carolyn Batzel	Sr	5'3"
15	Emilia Garcia	Jr	6'0"
16	Erin Szopiak	So	5'5"
18	Kathryn Quiray	So	5'0"
19	Kara O'Malley	Sr	5'4"
20	Tara Siebenaller	So	5'9"
21	Sarah Bieser	So	5'7"
22	Lauren Geiger	Fr	5'2"
29	Christin Veith	Jr	5'4"
33	Lauren Schuster	Fr	5'4"
35	Elizabeth Honigfort	Fr	5'4"
44	Laura Sloan	Fr	5'8"
85	Lauren Macdonald	Fr	5'8"

WOMEN'S TEAMS

SOUTHERN CALIFORNIA

LOS ANGELES, CALIFORNIA

Team Name: Hellions of Troy

Captain: Mary Kate Hogan

Coaches: Franklin Rho, Tracy Rho, Karen Chu, Jessica Rosenblatt, Sarah Bullock

The team was founded in 2003 because a few of the women who had been playing with the men's club team decided to start their own. For the first year, the team included about four regular players and whoever of their friends could be convinced to fill out the team for tournaments. The majority of the tournaments that the Hellions played in the first four years were played savage, and the goal was usually just to break seed.

In the fall of 2006 the Hellions recruited a large freshman class as well as some dedicated coaches and began to build up the team. Since then, they have been growing and reaching levels of success the team had only dreamed of before. In the 2008 season, the Hellions won the Stanford Qualifier and placed 5th at the UPA Southwest Regionals. That catapulted them into a year of much higher caliber tournaments and a new level of competition. They placed 4th in the UPA Southwest Regionals 2009, and will be playing at the 2009 UPA College Championship for the first time in the team's history.



ROSTER

2	Marcella Grimaux	Sr	5'6"
3	Kate Enzenauer	Sr	5'2"
5	Anne Ohliger	Sr	5'6"
6	Alaina Schlinker	Sr	5'8"
7	Katie Killebrew	Jr	5'5"
8	Ilana Simon	Sr	5'6"
9	Kara Scheu	Jr	5'7"
10	Lindsey Cross	Jr	5'8"
11	Kate Schlag	So	5'6"
17	Aisling Winston	Sr	5'6"
18	Noelle Oh	So	5'8"
20	Jenny Ho	So	5'4"
21	Carrie Williams	So	5'6"
24	Mary Kate Hogan	Jr	5'8"
25	Lexy Sinnott	Jr	5'4"
27	Shinyi Chen	Sr	5'4"
36	Robin Hartman	Jr	5'7"
51	Amelia Bahr	Fr	5'4"
70	Samantha Zyck	Jr	5'10"

STANFORD

STANFORD, CALIFORNIA

Team Name: Superfly

Captains: Emily Damon, Jenny Founds, Rachel Habbert

Coaches: Jen Burney, Lauren Casey, Robin Davis

No other team in the history of college Ultimate has had as storied a past as Stanford Superfly. Since the team first qualified for the College Championships in 1995, it has made the final game 11 times en route to winning 7 championship titles, including a three-peat in 2005 - 2007. After failing to qualify last season, Superfly takes nothing for granted and has worked hard to return to the championships in 2009. The team only graduated two players from last year's roster and includes 12 players from the 2007 championship team, 5 second-year stars, and 4 dynamite rookies. Superfly has overcome injuries, deficits, and poor weather as it has racked up a 33-7 record on the year. The team's three coaches (led by eight year veteran strategist Robin Davis), endless hours of practice and sprints, bonding over fundraising and spring break, a tough season schedule, and some mediocre quiche have prepared the team to face the competition in Columbus head-on. This team wants it. One thing that history has taught Superfly: the team that wants it more wins.

Other teams should especially watch out for: Liz Cassel (the only three-time national champion in the country), Jenny Founds (the team's Cal-lahan nominee handler), Emily Damon (back in full-effect after an elbow injury), Krystal Barghelame (a smarter Ultimate player than you are), and Danielle Platt (defensive specialist extraordinaire).



ROSTER

2	Ariel Marcy	So	5'6"
3	Elaine Hart	Gr	5'5"
4	Fannie Watkinson	Fr	5'9"
5	Emily Damon	Sr	5'6"
7	Ali Mendoza	Jr	5'
8	Elizabeth Cassel	Gr	5'8"
9	Danielle Platt	Gr	5'7"
12	Becca Richardson	So	5'10"
13	Jen Schmerling	Jr	5'6"
14	Rebecca Schwartz	Gr	5'7"
16	Jenny Founds	Sr	5'7"
17	Rachel Habbert	Sr	5'4"
18	Caitlin Rugg	Jr	5'6"
19	Katie Stanley	Fr	5'3"
20	Samantha Law	So	5'6"
21	Krystal Barghelame	Gr	5'7"
22	Sara Maatta	Jr	5'6"
23	Moiri Hafer	So	5'5"
28	Tien-Tien Chan	Gr	4'11"
53	Ana Brown	Jr	5'5"

WOMEN'S TEAMS

UCLA

LOS ANGELES, CALIFORNIA

Team Name: BLU (Bruin Ladies Ultimate)

Captains: Sarah Peters, KC Vampola, Shira Greenbaum

Coach: Alex Korb

Bruin Ladies Ultimate (BLU) was founded in 2003 and made their debut at the UPA College Championships series in 2006, finishing a strong second. In both 2007 and 2008 BLU finished third in the nation; they now return to the national platform for their fourth consecutive year. BLU is driven by an intense love for the sport and for each other, which along with the dedicated coaching of Alex Korb, have been crucial to their success. BLU's quick rise to the national scene is attributed to the passion and devotion of their coach, who has taught BLU to emanate joy on the field while competing at the highest level of Ultimate.



ROSTER

2	Karisa Tang	Sr	5'7"
3	Shira Greenbaum	Sr	5'3"
4	Meredith Callan	So	5'6"
5	Sarah Peters	Jr	5'5"
6	Lauren Sweeney	Sr	5'6"
7	Adrienne Baker	So	5'9"
8	Megha Shah	Jr	5'5"
10	Krisztina Jozsef	Gr	5'3"
11	Emily Beyerlian	Fr	5'8"
12	KC Vampola	Sr	5'7"
13	Dani Morgan	Sr	5'8"
14	Marisa Mead	Sr	5'6"
15	Becca Delshad	Sr	5'6"
16	Samara Leader	Sr	5'5"
17	Kelly Wiese	Fr	5'7"
20	Alexa Kirkland	Sr	5'5"
21	Kendra Jewell	Fr	5'5"
23	Sabrina Fong	Fr	5'6"
24	Katherine O'Neil	Jr	5'2"
26	Alyssa Brown	So	5'9"
47	Yvette Fisher	Sr	5'7"
51	Katie Falk	So	5'9"

WASHINGTON

SEATTLE, WASHINGTON

Team Name: Element

Captains: Nora Carr, Claire Suver, Heather Underwood

Coaches: Ron Kubalanza, Cyle Van Auken

UW Womens Ultimate Frisbee started in the late 1990s. Coached by a local player, the team barely had enough members to survive at tournaments. In 2000, two mysterious men coached the UW women to an uneventful middle pack placing at Regionals. After a few years of developing the team, 2003 brought UW their first tournament win. This was also the year the team became Element. It was only two years later that Element finished second at the UPA College Championships. Since then, Element has been a solid competitor in the Northwest region, giving nationals finishers a run for their money. 2008 brought Element their second College Championships appearance, with a strong third place finish. This year Element is striving for the gold with first place finishes at Trouble in Vegas and Northwest Regionals.



Not my chair, not my problem. What is box happening?

ROSTER

1	Mara Isaacson	So	5'8"
2	Lindsey Wilson	So	5'6"
3	Leah Fury	So	5'6"
4	Sarah Wilhite	Gr	5'1"
5	Heather Underwood	Sr	5'6"
6	Margo Kelly	Fr	5'6"
7	Jillian Goodreau	So	5'10"
8	Alex Mathison	Fr	5'7"
9	Erica Petru	So	5'3"
10	Kristin Okinaka	Sr	5'3"
11	Shannon O'Malley	Sr	5'5"
12	Libby Hsu	Fr	5'8"
14	Laura Holcomb	Gr	5'2"
15	Zina Hurd	Fr	5'3"
17	Katie Paulson	Jr	5'4"
19	Annie Alsheimer	Fr	5'9"
21	Maggie Capwell	So	5'3"
25	Niki Lesniak	Sr	5'8"
37	Jenn Yeom	Fr	5'3"
42	Roberta Abbott	Gr	5'6"
48	Dorothy Abuan	Fr	5'1"
55	Nora Carr	Sr	5'7"
88	Claire Suver	Sr	5'3"

WOMEN'S TEAMS

WASHINGTON UNIVERSITY

ST LOUIS, MISSOURI

Team Name: WUWU Tilt

Captains: Kate Stambaugh, Abby Stephens

Coach: Chung Lee

WUWU (Washington University Women's Ultimate) formed in the fall of 1999 and was recognized as a UPA College Team in 2000. The group made its first trip to the College Championships in 2001. Winning just a few tournaments throughout the Central and South regions the last few years, WUWU has had a breakout season in 2009.

This year we've added 'Tilt' to our identity: just as tilting trains are specially built to take curves at incredible lightning speed, WUWU Tilt has turned heads, taking the South region by storm. Proudly sponsored by Five Ultimate, we won Glory Days, the Harvest Moon Spirit Award, and the Hendrix Ultimate Experience during the regular season. Then, with a huge group of energized recruits, plus some fresh grad student talent, and topped off with the training regimen and contagious dedication of our new coach, we swept the Ozarks Section and South Region to qualify for our second UPA College Championships appearance in team history. We're excited to be a part of the growth of College Ultimate and the 2009 Championships!



ROSTER

1	Abby Stephens	Sr	5'6"
2	Paige Creo	Sr	5'7"
3	Laura Halfmann	Gr	5'7"
4	Carolyn Auchter	Sr	5'7"
5	Heidi Weeks	Sr	5'2"
6	Julie Habbert	Fr	5'9"
7	Kami Groom	Fr	5'5"
8	Kate Wilson	Jr	5'6"
10	Emily Luck	Jr	5'7"
11	Ellen Miller	So	5'5"
13	Rebecca Strubberg	So	5'3"
14	Elise Bixby	Jr	5'7"
15	Lauren Gramlich	Gr	5'6"
16	Naomi Campbell	Fr	5'11"
17	Megan Epperson	Gr	5'6"
18	Shayna Makaron	So	4'11"
21	Julia Baller	Sr	5'4"
23	Samantha Huo	So	5'6"
24	Kate Stambaugh	Sr	5'8"
25	Corinne Mitchell	So	5'7"
29	Hannah Clements	Jr	5'5"
31	Leslie DeCristofaro	Fr	5'3"
36	Sarah Ebstein	So	5'4"
47	Theresa Chan	So	5'2"
50	Kavita Joshi	Sr	5'0"
67	Jenny McKenzie	Gr	5'4"
71	Lauren Krone	Fr	5'6"

WISCONSIN

MADISON, WISCONSIN

Team Name: Bella Donna

Captains: Georgia Bosscher, Courtney Kiesow,

Emelie McKain, Shira Klane

Coach: Holly Greunke

The team was started in the 1980's, the work of a few women fed up with playing on the men's team. The name Bella Donna, given to the team in 2001, literally means "Beautiful Woman" in Italian, and belladonna is also a toxic and hallucinogenic plant, commonly known as Deadly Nightshade. Since 2001, Bella Donna has been to the UPA College Championships 6 times, making it to the semi-finals in 2006.



ROSTER

1	Elizabeth Vu	Gr	5'6"
2	Jenny Gaynor	Sr	5'6"
3	Laura Bitterman	Jr	5'2"
4	Shira Klane	Jr	5'4"
7	Frances Tsukano	Sr	5'3"
8	Sarah Offutt	Sr	5'7"
9	Becca Ludford	Fr	5'5"
10	Amber Sinicrope	So	5'4"
11	Erin Moran	So	5'7"
12	Rebecca Enders	Fr	6'0"
13	Aimee Speaker	Sr	5'6"
14	Leah Alstad	So	5'8"
17	Emelie McKain	So	4'11"
19	Georgia Bosscher	Sr	5'7"
21	Jenny Koll	Sr	5'6"
22	Kari Rongstad	Sr	5'5"
24	Kay Powell	Jr	5'3"
26	Rachael Westgate	Fr	5'5"
27	Laura Schott	So	5'7"
29	Maria Mahowald	Jr	5'7"
37	Sandy Jorgensen	Sr	5'9"
99	Courtney Kiesow	Sr	5'9"

TEN THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T "GIVE AS YOU GOT"

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

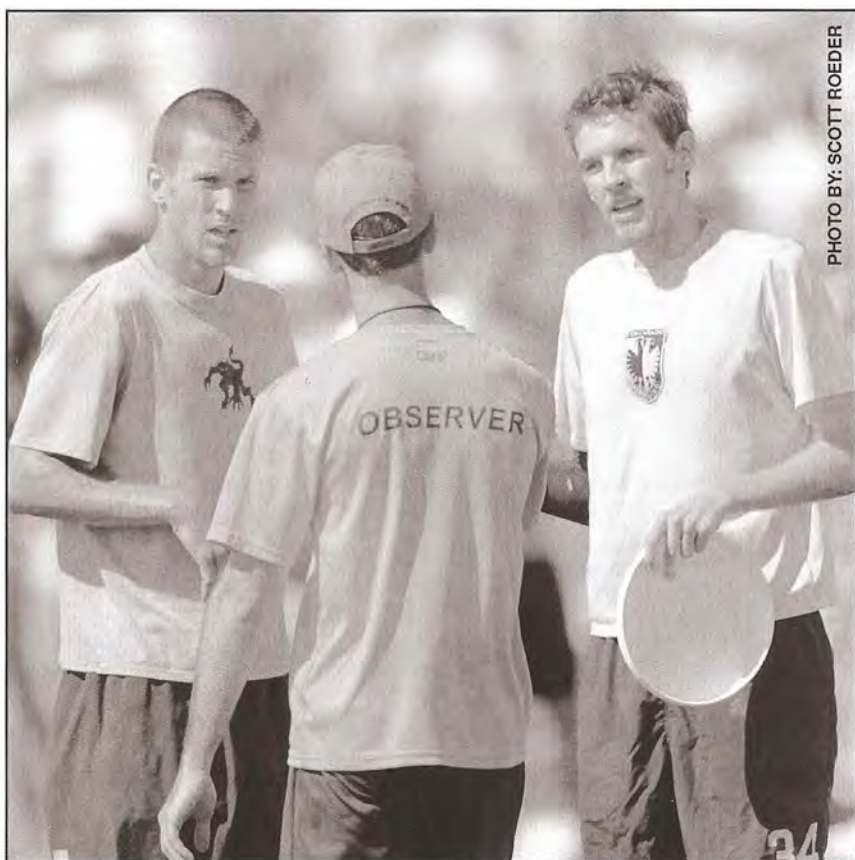
9. IMPRESSIONS LINGER

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document Adopted by UPA Executive Committee, March 29, 2005.



WELCOME VISITORS AND SPECTATORS!

A tent for Friends and Family will be set up throughout the event. Stop by for general information, a spectator guide or to speak with a UPA representative. Friends and Family members can participate in a social to include an opportunity to meet other Friends and Family members and a chance to speak with a UPA representative. Refreshments will be provided.

Look for the Friends and Family tent at the fields. UPA staff will be available at the tent Friday-Sunday. Stop by and check us out!

FRIENDS AND FAMILY MEMBERSHIP

Like to know more about watching the game? Or maybe you used to play and are looking for alternative ways to get involved and support the sport...

FRIENDS AND FAMILY MEMBERSHIP - \$18

FRIENDS/FAMILY & COACH MEMBER - \$33

Join this weekend and receive a copy of the UPA magazine (USA Ultimate), an event guide, spectator guide and enjoy participation in our Friends and Family social event!

SHOOTING PHOTOS/VIDEOS

The Ultimate Players Association (UPA) appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of Events hosted by the UPA.

Anyone wishing to record UPA Events for Commercial Purposes (as defined in the agreement) is required to sign the UPA Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement is intended to protect the UPA's rights as an event organizer as well as the rights of participating athletes and to encourage and allow recording of UPA Events for both personal and commercial purposes beneficial to the sport and its participants. Please see UPA Executive Director, Sandie Hammerly, at the event for more information.

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Highlight Video coverage of the 2009 UPA College Championships
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Have Friends and Family who can't attend the College Championships but who want to see the action?

Freeheel Images and the UPA have teamed up to bring you photos of the tournament!

Andrew Davis of Freeheel Images will be photographing all the teams and posting the photos with the tournament logo to www.UPAphotos.com.

Thanks to the UPA, the full resolution photos will be available for free. You can also order prints at cost. The photos will be posted throughout the tournament and during the two weeks after. Check back often to find photos of your team.

Freeheel Images will also be posting slideshows each night to www.upa.org. ***Look for shots of your team!***



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