



MASON/OH - MAY 23-26/2014

EVENT GUIDE \$2



Photo by Billy Dzwonkowski

**THIS IS NO TIME
TO DREAM SMALL.**

FIVEULTIMATE



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USA ULTIMATE

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#Cincinatties

WELCOME

On behalf of the USA Ultimate, the Cincinnati Ultimate Players Association, Youth Ultimate Cincinnati and the Warren County Convention and Visitors Bureau, I take great pleasure in welcoming you to the 2014 USA Ultimate Division I College Championships. We are very excited about hosting another USA Ultimate Championship event in southwest Ohio - Warren County.

Warren County is centrally located between Cincinnati and Dayton which makes it a perfect destination to experience nearby regional attractions such as the Cincinnati Zoo & Botanical Garden, the National Museum of the U.S. Air Force, The Kings Island Amusement Park, Cincinnati Reds and many fine athletic facilities, performing arts centers and cultural museums. There's a reason we're called Ohio's Largest Playground, where everyone wins.

This year's event includes 20 men's and 20 women's teams from around the United States and Canada in a showcase of college ultimate at its best. Many of the teams are returning from last year, including last year's champions in each division. Also, many new teams will be playing in their first-ever USA Ultimate College Championships. Best of luck to all of the teams, and thanks to all of the players and coaches who continue to grow and support ultimate.

Events like the College Championships only happen with lots of volunteers. Volunteers are the backbone of every successful USA Ultimate championship event. These fabulous helpers will be keeping score, setting up the fields, keeping you hydrated and running many errands around the fields. We will strive to make this a premier event. Please acknowledge their hard work and dedication in supporting the sport of ultimate.

Have a great weekend,
Dale Wilker, Tournament Director, and the CUPA Staff

WELCOME TO WARREN COUNTY!

On behalf of the Warren County Convention & Visitors Bureau, I am pleased to welcome each of you to Warren County, Ohio. It is truly an honor to host the USA Ultimate Division I College Championships.

As home to hundreds of entertainment choices and with world-class events and attractions within easy reach, Warren County is an ideal family destination.

During your stay, I hope you have an opportunity to enjoy many of the wonderful Warren County attractions, entertainment and dining options, including Kings Island (one of the nation's top theme parks), our three water parks, a national scenic river (for canoeing and rafting), shopping, dining and great golf courses. There's plenty to do in Warren County, and we truly are Ohio's Largest Playground!

Warren County is proud to host you for the 2014 USA Ultimate Division I College Championships. I wish each of you the best of luck as you compete this week. Best wishes for a fun and successful tournament.

Sincerely,
Phillip S. Smith
President & CEO, Warren County Convention & Visitors Bureau

EVENT STAFF

Event staff will be wearing “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people to help you out:

LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Dale Wilker
Volunteer Coordinators – Eddie and Steph Mack
Head Scorekeeper – Pete Luttmann
Head Statkeeper/Assistant Scorekeeper – Chris Hoy
Assistant Statkeeper – Russ Johnson
Social/Local Media Coordinator – Izzi Bikun

USA ULTIMATE STAFF

Chief Executive Officer – Dr. Tom Crawford
Managing Director, Competition and Athlete Programs – Will Deaver
Manager, Events – Byron Hicks
Manager, Competition and Athlete Programs – Tyler Krajec
Manager, Competition and Athlete Programs – Ernest Toney
Manager, Competition and Athlete Programs – Baker Pratt
Manager, Education and Youth Programs – Mike Lovinguth
Manager, Events – David Raflo
Director, Membership and Sport Development – Melanie Byrd
Manager, Membership and Sport Development – Rebecca Simeone
Manager, Membership Development – Ryan Gorman
Manager, Membership Development – Josh Murphy
Director, Marketing and Communications – Andy Lee
Manager, New Media – Matthew Bourland
Manager, Communications and Publications – Stacey Waldrup
Director, Finance and Development – Julia Lee
Manager, Finance and Development – Ethan Taylor-Pierce
National College Open Director – Jeff Kula
National College Women’s Director – Beth Nakamura
Chair, Observer Committee – Mitch Dengler

OBSERVERS

Mitch Dengler (Head Observer), Greg Connelly, Samantha McClellan, Hank Cary, Jesse Kuriowa, Stephen Hubbard, Keith Temple, Jon Rothman, Julie Morris, Warren Wells, Bradley Tinney, Andrew Buermeyer, Walter Kwong, Sam Wood, Laura Meyer, Thomas Rath, Stephen Wang, Josh Cooper, Dan Laurilla, Josh Hyde, Brian Bradburn, Marvin Vuong, Kai Hudek, Linda Kudo, Daniel Wong, Brandon Jones, Mark Fritz, Paul Klingler.

WEEKEND OVERVIEW

THURSDAY, MAY 22 AT HILTON GARDEN INN MASON

6:00pm – 7:30pm Team Registration
6:00pm – 8:00pm Coaches' Social
8:00pm – 9:00pm Captains' Meeting

FRIDAY, MAY 23 AT HERITAGE OAK PARK

8:15am National Anthem
8:30am – 6:15pm Pool Play

SATURDAY, MAY 24 AT HERITAGE OAK PARK

8:30am – 4:15pm Pool Play
9:00am – 12:00pm Learn to Play Clinic
5:00pm – 6:45pm Pre-quarters and Placement Play

SUNDAY, MAY 25 AT HERITAGE OAK PARK

8:30am – 10:15am Quarterfinals and Placement Play

SUNDAY, MAY 25 AT MASON HIGH SCHOOL STADIUM

12:00pm – 1:45pm Women's Division Semifinal #1
2:30pm – 4:15pm Women's Division Semifinal #2
Halftime: Men's Callahan Award Ceremony (2014 College MVP)
4:15pm Individual Spirit Awards Ceremony
5:00pm Parent's "Tailgate" and dinner served at the fields to participating teams
5:30pm – 7:15pm Men's Division Semifinal #1
Halftime: Women's Callahan Award Ceremony (2014 College MVP)
8:00pm – 9:45pm Men's Division Semifinal #2

MONDAY, MAY 26 AT MASON HIGH SCHOOL STADIUM

11:45am National Anthem
12:00pm – 1:45pm Women's Division Final
2:30pm – 4:15pm Men's Division Final

HALFTIME AND POST-GAME: AWARD CEREMONIES

- Awards will be presented to the Team Spirit Award winners and Individual Spirit Award winners (one from each team). Thanks to Discraft for their support of the Spirit of the Game awards.
- Immediately following finals, awards will be presented to first and second place teams in each division.



2014



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COME CHECK IT OUT. EVERYONE IS INVITED. USAULTIMATE.ORG/TRIPLECROWNTOUR

COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- All games to 15, point cap at 17.
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Hard time cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Soft time cap goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.

SITE RULES

- **DOGS:** Must be leashed at Heritage Oak; no dogs at finals stadium!
- **NO GLASS.**
- **NO ALCOHOL.** This goes for both the main field site and the finals stadium. There will be facility employees and event staff checking to make sure people are not drinking. There will also be lots of moms, dads and kids watching the action. Please abide by these rules. The stadium is at a high school where, of course, alcohol is prohibited. If you are caught with alcohol at either of the field site(s), you will risk disqualification for your team as well as potential ramifications outside of the event for breaking the field regulations. Thank you!
- **NO TOBACCO.** USA Ultimate has a no tobacco policy at its championship events.
- **FIELD ACCESS:** Spectators and equipment must stay at least 3 yards away from sidelines and behind any spectator/equipment lines or barriers! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- **TRASH AND RECYCLING:** Place recyclables in the recycling receptacles, and place trash in the trash.
- **GUESTS AND SPECTATORS:** You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

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DIRECTIONS

IMPORTANT ADDRESSES

REGISTRATION/COACHES SOCIAL/CAPTAINS' MEETING

Hilton Garden Inn Mason/Cincinnati - 5200 Natorp Blvd., Mason, OH 45040

FIELD SITES:

Heritage Oak Park - 4601 U.S. 42, Mason, OH 45040

Mason High School - 6100 Mason Montgomery Rd., Mason, OH 45040

NEAREST HOSPITALS:

West Chester Hospital - 7700 University Drive West Chester, OH 45069

Bethesda North Hospital - 10500 Montgomery Road Cincinnati, OH 45242

Atrium Medical Center Middletown - One Medical Center Drive, Middletown, OH 45005

FROM HILTON GARDEN INN TO HERITAGE OAK PARK

- Turn right onto S. Mason Montgomery Road and continue onto Mason Road for 0.5 mile.
- Turn left onto Field Ertel Road and turn left to merge onto I-71 North.
- Follow I-71 North for 4.8 miles.
- Take exit 25 for King Mills Rd/OH-741 N and turn left onto OH-741.
- After 1 mile, turn right to stay on OH-741 N and continue for 1.2 miles.
- Turn left onto US-42 S. After 0.8 mile, Heritage Oak Park will be on the right.

FROM HERITAGE OAK PARK TO WEST CHESTER HOSPITAL

- Head southwest on US-42 S for 0.9 mile.
- Turn right onto W Main St and follow for 0.3 mile.
- Take the second right onto Mason Road and continue for 0.4 mile.
- At the traffic circle, take the third exit and stay on Mason Rd.
- Continue onto Liberty Way for 0.8 mile.
- Turn left onto Cox Rd. After 0.9 mile, the hospital will be on the right.

FROM HERITAGE OAK PARK TO MASON HIGH SCHOOL

- Head southwest on US-42 S for 0.7 mile.
- Turn left onto S Mason Montgomery Rd and continue for 0.7 mile.
- Turn left onto Lakeside Drive and follow for 0.1 mile.
- Mason High School will be on the right.

FROM HILTON GARDEN INN TO MASON HIGH SCHOOL

- Turn left on S Mason Montgomery Rd and follow for 3.5 miles.
- Turn right onto Lakeside Drive.
- After 0.1 mile, Mason High School will be on the right.

FROM MASON HIGH SCHOOL TO WEST CHESTER HOSPITAL

- Turn left onto S Mason Montgomery Rd and follow for 0.4 mile.
- Turn right onto Tylersville Rd and continue for 2.1 miles.
- Turn right to stay on Tylersville Rd for an additional 1.1 miles.
- Turn right onto Cox Rd. After 0.3 mile, the hospital will be on the left.



COME LEARN TO PLAY ULTIMATE



from 9am – 12pm on Saturday, May 24!

In partnership with the Cincinnati Ultimate Players Association, USA Ultimate is hosting a Learn to Play clinic at the 2014 College Championships.

The clinic is open to kids of all ages. Parents are also welcome to attend the coinciding Parents-to-Coaches clinic, where you can learn how best to help support and coach ultimate athletes.

For more information and to register, check out at cincyultimate.org or visit the USA Ultimate Information Tent at Heritage Oak Park.

COME OUT AND LEARN TO PLAY!

USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate information tent if you have any questions about the event or about USA Ultimate! During all rounds Friday through Sunday, there will be a USA Ultimate staff member available to answer questions. We will also have event guides available for purchase as well as other USA Ultimate swag and information.

Please come by and let us know what you think of the event, talk to us about the college structure and learn about our outreach programs! Players, be sure to send your parents over to have them sign up for a USA Ultimate Friends & Family membership, so they can stay in the loop about your favorite sport!

SHOOTING PHOTOS/VIDEO

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at www.usultimate.org/about/usultimate/media_policies.aspx or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at stacey@hq.usultimate.org.

WOMEN'S TEAMS

UNIVERSITY OF BRITISH COLUMBIA

THUNDERBIRDS

City/State: Vancouver, BC
Website: ubcultimate.wordpress.com
Captains: Devra Waldman, Gera Stancheva, Mira Donaldson
Coaches: Tasia Balding, Jennifer Kwok



The UBC Ultimate program was founded in 1997. Our success was limited until 2006, when two-time Callahan nominee Stephanie Chow became involved in the program. Chow led our team to Nationals three seasons in a row, culminating in 2008 as our most successful season, in which we won College Nationals, Centex with 12 players, and the Canadian University Ultimate Championships with seven players including only two veterans. After Chow passed on the coaching torch, the TBirds have been lucky to have great coaches Kira Frew, Jon Hayduk, Ashley Welsh, Tasia Balding and Jenn Kwok to lead a group of phenomenal ladies. Since 2011, we have qualified for Nationals every season, always placing better than the year before. We return to the 2014 College Championships in Mason, OH, looking to win it all.

ROSTER

2	Laurel Jay	Sr	5'1"	21
3	Johannah Yeo	Jr	5'5"	21
4	Natalie Lim	Jr	5'4"	20
6	Birgit Rogalla	So	5'3"	19
8	Gera Stancheva	Sr	5'3"	23
11	Christine Liu	Sr	5'3"	23
14	Kimberly Ho	Jr	5'3"	23
15	Amy Luo	Jr	5'2"	21
16	Judith Yeo	Fr	5'3"	18
17	Kathy Lee	Sr	5'6"	21
19	Mira Donaldson	So	5'9"	20
22	Leah Mulholland	Fr	5'10"	18
25	Esther Au	Fr	5'2"	19
27	Terynn Chan	Jr	5'6"	21
31	Jessica Chung	Fr	5'4"	18
32	Naomi Johnson	Fr	5'11"	18
34	Zoe Suche	Gr	5'8"	22
36	Emma			
	Madden-Krasnick	Fr	5'3"	18
42	Devra Waldman	Gr	5'1"	24
47	Victoria McCann	Fr	5'7"	19
48	Lisa Wong	Jr	5'5"	20

UNIVERSITY OF CALIFORNIA-LOS ANGELES

BRUIN LADIES ULTIMATE

City/State: Los Angeles, CA
Website: bruinladiesultimate.wordpress.com
Captains: Ellen Smith, Katie Swinnerton, Jamie Lam
Coaches: Alex Korb, Caitlin Rugg, Emma Frankel



Bruin Ladies Ultimate was formed in 2003 by coaches Alex Korb and Jamie Nuwer. In its third year as a team, BLU made its first appearance at Nationals, placing second. Since then, BLU has returned to Nationals seven times. This year marks BLU's 10th anniversary, and the team is hungry to represent its legacy on the national stage. Coached by Alex Korb, Caitlin Rugg and Emma Frankel, WHEN THE SUN IS UP, THE SKY TURNS BLU.

ROSTER

0	Celaena Powder	Gr	5'7"	22
2	Megan Beck	Jr	5'3"	21
3	Jamie Lam	Jr	5'4"	21
4	Kristen Pojunis	So	5'7"	19
6	Anjali Mehta	Sr	5'6"	22
8	Alexa Cohen	Gr	5'6"	22
12	Michelle Chang	Gr	5'1"	22
14	Julia Tang	Jr	5'4"	21
16	Alyssa Worsham	So	5'7"	19
17	Margot Stert	Jr	5'9"	20
18	Camille Wilson	Fr	5'3"	19
19	Ann Lee	Gr	5'6"	28
20	Vivian Griffey	Fr	5'3"	18
21	Ellen Smith	Sr	5'4"	22
22	Katie Swinnerton	Sr	5'4"	22
23	Breanna Dirkse	So	5'6"	20
25	Han Chen	Fr	5'10"	18
31	Kathleen Lo	Fr	5'2"	19
87	Kelcie Ralph	Gr	5'4"	26
89	Tiana Rangchi	So	5'8"	20
99	Maria Kazantsev	So	5'10"	19

WOMEN'S TEAMS

UNIVERSITY OF CALIFORNIA-SANTA BARBARA

BURNING SKIRTS

City/State: Santa Barbara, CA
Captain: Kelly Gross
Coaches: Carolyn Finney, Tyler Bacon



The UCSB Women's Ultimate team was founded in 1985 when a few women who played ultimate moved to Santa Barbara and decided to start a college team.

One was Kelly Green, and another was Liz Stolz. Back then, college teams were allowed to have ringers, so Kelly, Lizzy Marino and Joanie (Shumacher) Merrill played with the team, teaching them the fundamentals of the game.

Initially, the team changed their name every tournament from "No Food in the Library" to "Flying Nuns," and when they did poorly, "Flying Nones." In 1987, the first year of the college women's division, the ultimate scene was so strong for women on the west coast that the UCSB Women's Ultimate team couldn't make it out of the region.

In 1988, the UCSB Women's Ultimate team began using the name the Burning Skirts. That year, under the leadership of Liz Stoltz, Andrea Kelly, Tricia (Meyer) Guilfoyle, Pattie Montgomery and Cathy Lamoureux, the Skirts won the 1988 National Championship. This championship began the golden era in Santa Barbara, with the Skirts capturing National Championships in 1990 and 1991.

CARLETON COLLEGE

SYZYGY

City/State: Northfield, MN
Website: carletonsyzygy.weebly.com
Captains: Julia Snyder, Bri Rick, Lucia Childs-Walker
Coaches: Megan Molteni, Emily Muirhead



"What's Syzygy you might like to know?

Three heavenly bodies all in a row.

We've got the bodies, we've got the flow, so come on Syzygy, let's go!

Let's line those bodies up, one-two-three!

We've got huckin' O, we've got divin' D!

We're going to launch that disc astronomically, so everyone knows we're Syzygy!"

ROSTER

5	Kieran Hughes	Fr	5'3"	18
7	Rachel Johnston	Fr	5'4"	19
8	Winnie Lam	Jr	5'3"	20
9	Talia Barth	Jr	5'9"	21
11	Rukmini Basu	Fr	5'3"	18
12	Angela Dong	Fr	5'4"	18
14	Kristin Snyder	Fr	5'7"	18
15	Audrey De Los Reyes	Jr	5'2"	20
16	Joy Kang	Jr	5'7"	20
17	Kristin Arakawa	Jr	5'3"	20
19	Dana Patterson	So	5'7"	20
20	Kelly Gross	Sr	6'0"	21
21	Noelle Neason	Sr	5'4"	22
26	Lisa Pitcaithley	Sr	5'10"	22
27	Kelsey McClung	Fr	5'7"	19
31	Samantha Kretchmar	Fr	5'4"	18
33	Liz Henandez	Fr	5'4"	18

ROSTER

3	Leah Cromer	Jr	5'5"	21
4	Arielle Koshkin	Sr	5'5"	22
5	Emily Buckner	Jr	6'0"	21
7	Bri Rick	Sr	6'0"	21
8	Caroline Sheffield	Fr	5'2"	19
10	Lucia Childs-Walker	Jr	5'7"	21
11	Emma Nicosia	Fr	5'4"	19
12	Zoe Borden	Jr	5'6"	21
13	Annika Ord	Sr	5'3"	21
14	Claire Rostov	Fr	5'5"	19
15	Nami Sumida	Jr	5'5"	21
21	Ahna Weeks	Jr	5'6"	21
22	Megan Chavez	So	5'6"	19
23	Emily Kampa	Fr	5'5"	18
24	Hannah Tremblay	Sr	5'6"	22
26	Clara			
	Hazlett-Norman	Fr	5'5"	19
27	Julia Snyder	Sr	5'5"	21
34	Kirstie Barton	So	5'7"	20
35	Claire Thallon	Fr	5'8"	19
45	Katie Ciaglio	Fr	5'7"	19
63	Jamie Johnson	Jr	5'6"	21
81	Sarah Robinson	Sr	5'8"	22

WOMEN'S TEAMS

UNIVERSITY OF CENTRAL FLORIDA

SIRENS

City/State: Orlando, FL
Website: sirensultimate.com
Captains: Mariel Hammond, Erin Goding
Coaches: Joseph Tilley, Katie Fox, Laura Payne



The women's ultimate team at UCF formed in Fall 2009 when a few girls decided it was time to create a name for UCF in the women's ultimate community. The first year consisted of 10 girls who traveled the state trying to learn more. With the coaching of Nicole, a former Florida player, that first team traveled to its first tournament and discovered ultimate is a grueling sport. By the third tournament, they were ready to call it quits. However, they had to give it one more shot, so they combined with USF, won their first games at Georgia Southern and realized they had made some lifelong friends and kind of enjoyed playing the game. Without the perseverance of Nicole and the girls that first year, we wouldn't have been able to create a team that exists today.

In the Sirens' first "official year," we had an amazing coach, Joseph Tilley, volunteer and a team of 16 girls commit. Tilley turned our team around and made us all strong ultimate athletes. We ended up fourth in our section, ninth in our region and 61st in the nation.

Since then, we have improved tremendously each year. We made it to Nationals for the first time last year, in only our fourth official year as a team. Now, we come into the tournament ranked third in the nation! We hope to earn that number one spot this year, and with Tilley at the helm, it's certainly attainable.

ROSTER

00	Nicole Feldman	So	5'5"	20
1	Erin Goding	Sr	5'8"	23
3	Amy Price	Sr	5'1"	23
4	Jesse Baldwin	Jr	5'5"	20
5	Kalah St. Pierre	Sr	5'0"	22
6	Stephanie Williams	So	5'4"	20
8	Shayna Brock	So	5'2"	19
10	Morgan Fayocavitz	Jr	5'2"	20
12	Mariel Hammond	Sr	5'4"	23
13	Sara Demonaco	Fr	5'4"	18
15	Emma Davidson	Fr	5'4"	20
16	Carolina Gonzalez-Llanos	Sr	5'6"	22
18	Katie Davidson	Fr	5'4"	20
20	Larissa Curran			
23	Sonya Harris	Sr	5'6"	23
26	Shelby Spence	So	5'8"	20
27	Felicia Perez	Jr	5'0"	21
28	Jodi Dearing	Sr	5'6"	22
29	Alexa Wood	So	5'2"	20
33	Teresa Badillo	Sr	5'5"	22
36	Rachel Acuna	Sr	5'5"	22
45	Jaymi Curran	Fr	5'4"	
88	Emily Hayes	Fr	5'4"	19
95	Tia Persaud	So	5'3"	20

UNIVERSITY OF COLORADO

KALI

City/State: Boulder, CO
Website: kaliultimate.com
Captains: Karla Rosario, Stephanie Frost, Dori Franklin
Coaches: Jack McShane, Anna Updyke



Kali's most recent Nationals appearance was in 2010, when the team tied for third. Since then, the team has focused on building its core of players and developing a strong program. In 2012, Jack McShane became head coach and Kali finished fifth at Regionals. During the spring of 2013, our program expanded to include a B team (Devi). This season, we picked up Lauren Boyle as head coach for Devi, and the team attended both Trouble in Vegas and Centex. This team is indicative of the growing depth and strength of CU Women's Ultimate.

Kali entered Regionals as the #1 seed in 2013, but we fell to Texas in the finals and missed out on Nationals. In 2014, we returned an experienced core of upperclassmen, in addition to many strong rookie additions. We spent the season fine-tuning our offense and defense and developing team chemistry. We played in some of the most competitive tournaments of our team's recent history. While we were not always as successful as we would have hoped at these tournaments, playing against such a high level of competition allowed us to learn and develop from our struggles. This season, the past few years of hard work and dedication finally paid off, and Kali took the third bid to Nationals in the back-door game at Regionals. We look forward to the continued development of our program at Nationals and in the years to come.

ROSTER

3	Amy Leder	Jr	5'10"	21
4	Nhi Nguyen	Fr	5'5"	19
5	Leilani Nelson	So	5'5"	19
6	Jackie Turner	Fr	5'3"	18
7	Karla Rosario	Gr	5'1"	22
8	Jean Russell	Fr	5'4"	18
9	Kirstin Johnson	So	5'4"	19
13	Andrea Willson	Sr	5'9"	23
14	Sarah Saffari	Jr	5'5"	21
15	Dorothe Franklin	Jr	5'9"	21
16	Megan Cousins	Sr	5'7"	21
18	Stephanie Frost	Sr	5'7"	23
19	Christina Mickel	Sr	5'8"	22
20	McKenzie Weed	Sr	5'10"	21
22	Frances Oliver	Sr	5'4"	23
42	Katharine Heil	Jr	5'4"	20
44	Clara Moore	Sr	5'10"	21
65	Megan Ives	Fr	5'6"	18
89	Rebecca Mitchell	Gr	5'3"	23
99	Kelsey Bennett	Fr	5'5"	19

WOMEN'S TEAMS

COLORADO COLLEGE

LYSISTRATA'S TOOLS

City/State: Colorado Springs, CO

Captains: Chrissy Maruyama, Lisi Lohre, Maggie Bailey

Coach: Emily Woolridge



Lysistrata's Tools (AKA Strata) was established in the early 1990s by Justine Crowley and Rachel Hess. Strata made it to Nationals for the first time in 2011 under the leadership of Sophia Herscu, Molly Sinnott and Hannah Sohl. There are three members of that squad on the current team: Lisi Lohre, Jessi Garhart and Sarah Freeman. Although the team existed far earlier, it was the addition of Sophia Herscu's talent and passion at Colorado College that built the strong foundation of the current thriving program. Additionally, the gain of coach Emily Woolridge in 2009 solidified Strata as a competitive D-I team. In 2012, Strata lost on universe point to Washington University, finishing third in the region. Last year, Strata finished fifth in the region. This year, with an influx of experienced freshmen and a dedicated squad, Strata is psyched to be in Cincinnati and hopes to make a strong showing.

ROSTER

1	Virginia Hill	Jr	5'7"	20
2	Christina Maruyama	Sr	5'5"	21
3	Nina Lundstrom	Fr	5'6"	18
4	Madison Andres	Jr	5'6"	21
5	Robin Fassett-Carman	Fr	5'11"	18
6	Chloë Rowse	So	5'9"	20
7	Jessi Garhart	Sr	5'4"	22
8	Rachel Katzoff	Jr	5'6"	21
12	Sarah Freeman	Sr	5'9"	23
13	Molly Snell	Jr	5'9"	20
14	Jenny Grossman	Fr	5'6"	22
17	Patty Weicht	So	5'7"	19
21	Libby Alvin	So	5'3"	20
22	Jessica Badgeley	Jr	5'8"	20
27	Maggie Bailey	Jr	5'8"	20
28	Monica Weindling	Fr	5'7"	20
32	Alexie Millikin	Fr	5'3"	20
37	Rosa Baum	Jr	5'10"	21
42	Lisi Lohre	Sr	5'7"	21
64	Annie Brewster	Fr	5'5"	19
81	Corey Baron	Fr	5'7"	18

SPECTATOR INFO

CORNELL UNIVERSITY

WILD ROSES

City/State: Ithaca, NY

Website: orgsync.rso.cornell.edu/org/ultimate

Captains: Sarah Zhao, Katy Bland, Erica Kepski



Founded in 1980, the Roses program has grown to support a competitive B team, the Thorny Roses, which began in 2004. The Roses were most recently at Nationals in 2005.

ROSTER

00	Olivia Olson	So	5'4"	20
4	Kimberly Brown	Fr	5'7"	19
5	Lisa Levine	Jr	5'4"	21
7	Helen Wedegaertner	Fr	5'4"	19
9	Katy Bland	Sr	5'9"	21
10	Meryl Kruskopf	So	5'10"	20
13	Christine Georgakakos	Jr	5'5"	21
15	Elena Arnosky	Jr	5'8"	21
19	Rebecca Baldwin	Jr	5'9"	21
22	Margaret Zientek	Gr	5'7"	22
23	Kelsey Cadagin	So	5'3"	20
25	Sarah Zhao	Sr	5'2"	22
26	Pooja Desai	So	5'1"	19
37	Lizzy Miner	Sr	5'6"	22
38	Sharon Chiu	Fr	5'4"	18
56	Deirdre Quillen	Jr	5'5"	21
74	Asia Peureux	Sr	5'5"	21
79	Hannah Scrafford	Sr	5'5"	21

WOMEN'S TEAMS

UNIVERSITY OF KANSAS

BETTY ULTIMATE

City/State: Lawrence, KS

Website: bettyultimate.wordpress.com

Captains: Kat Songer, Kailee Karr, Clare Frantz, Alexa Kaczor

Coaches: Loren Schieber, Jack Colicchio



We're Pretty, We're Quick...

Betty Ultimate has a long and proud history. Women have been playing ultimate at the University of Kansas since the early 1980s. In 1986, the Bettys were born. In 1987, the UPA held the first ever women's College National Championship. The Bettys not only qualified for the event, but they were the inaugural champions. The Bettys reached Nationals a number of times throughout the 1990s but haven't been back to the big dance since the late 90s. In the recent past, the goals at the beginning of the season have been to reach Nationals. This year, we stepped back and played for three goals: 1) love of the sport; 2) love of the Bettys; 3) love for yourself. The Bettys were challenged by their captains and coaches to commit to each other at practices, workouts and tournaments. They stepped up to the plate and won conference championships for the first time since 2005 and regionals for the first time since 1999.

ROSTER

0	Jordan Alonzo	Fr	5'6"	19
2	Kate Eshelman	Gr	5'8"	26
4	Kat Songer	Sr	5'4"	23
8	Lilly Bakker	So	5'6"	20
10	Christina Baker	Sr	5'5"	22
11	Jordan Warren	Sr	5'4"	22
12	Clare Frantz	Sr	5'7"	21
14	Kelsey Akin	So	5'8"	20
15	Dung Nguyen	Sr	4'11"	22
16	Tess Hoerle	Sr	5'7"	21
17	Caitlin Fitzgerald	Jr		
19	Molly Welsh	Fr	5'2"	19
20	Nadine Rowen	Jr	5'6"	21
21	Jordan Kaczor	So	5'7"	20
22	Kailee Karr	Jr	5'7"	21
23	Alexa Kaczor	So	5'7"	20
24	Grace Roth	Fr	5'5"	18
25	Mimi Mechache	Fr	5'5"	19
28	Megan Burns	So	5'8"	20
31	Jenni Corcoran	Jr	5'6"	20
38	Annie Wangles	So	5'3"	20
44	Claire Shanovich	Fr	5'1"	19
45	Janie Reiter	So	5'3"	20
47	Andrea Kelly	Sr	5'3"	22

UNIVERSITY OF MICHIGAN

FLYWHEEL

City/State: Ann Arbor, MI

Website: flywheelultimate.com

Captains: Meeri Chang, Bailey Torvinen

Coaches: Julia Weinert, Kristin Essary



Originally named Wanda's Binge you may be astounded way back in 1989 is when our team was founded

In the season of '98 we wanted a different feel so we opted to change our name and are now called "Flywheel"

To play the best competition we travel all around in the past several years our program has grown leaps and bounds

We now compete nationally and continue to excel and have become known as the team who plays cowbell

Representing Michigan our colors are maize and blue In 2011 we did very well finishing off at number two

Now you know our story but if you want more thrills come watch our games at Nationals as we show off our skills!"

ROSTER

1	Alyssa Abbey	Gr	5'3"	23
2	Maggie Smith	Sr	5'5"	22
3	Kati Turner	Gr	5'5"	23
4	Becky Moore	Gr	5'8"	22
6	Amanda Whitehouse	Sr	5'4"	22
11	Tracey Lo	So	5'3"	19
14	Theresa Zettner	Sr	5'7"	22
17	Maya Grumeretz	Jr	5'8"	20
20	Emma Boyd	Jr	5'4"	20
21	Meeri Chang	Sr	5'3"	21
22	Meghan Drews	Jr	5'3"	21
24	Charlotte Wilson	Gr	5'9"	22
27	Bailey Torvinen	Gr	5'6"	22
34	Carolyn Vlach	Sr	5'6"	22
37	Hannah Henkin	So	5'3"	20
44	Grace Denney	Fr	5'5"	19
72	Jacqueline Jarik	Sr	5'8"	22

WOMEN'S TEAMS

NORTHEASTERN UNIVERSITY

VALKYRIES

City/State: Boston, MA

Website: ultimate.neu.edu

Captains: Lizzie Jones, Kate Flood, Melissa Ellis

Coaches: Jason Adams, Courtney Moores



"Valkyries: The nymphs at Wotan's palace. Messengers of the gods, they led heroes to their death—and then to paradise. They excite combatants with the love that their charm excites in their hearts, and through the example of bravery at the battlefield, mounted on steeds as fast as the clouds and as deafening as a thunderstorm. At the same time, they symbolize both the inebriation of courage and rest for the warrior, the adventure of love in battle, encounter and loss."

This year the Valkyries wear #8 on their jerseys in loving memory of 2009 Alumna, Stephanie Barker.

ROSTER

00	Hilda Doan	Gr	5'5"	23
5	Lizzie Jones	Gr	6'0"	22
6	Jackie Phillips	Sr	5'7"	23
9	Grace Lin	Sr	5'4"	23
10	Shawn Zubin	Jr	5'2"	22
11	Ally Rosin	Jr	5'9"	21
12	Nicole Canning	Jr	5'9"	22
13	Shelby Parton	Jr	5'6"	22
14	Mei Bruist	Jr	5'5"	21
16	Rachel Loo	Fr	5'4"	19
20	Kate Flood	Sr	5'7"	22
22	Melissa Ellis	Jr	5'9"	22
21	Jenni Ladutko	Sr	5'11"	22
33	Sam Gray	So	5'4"	19
37	Hannah Walter	Jr	5'9"	21
38	Maggie Soto	Jr	6'0"	21
43	Tina Vivio	Jr	5'4"	22
64	Tracey Lum	Fr	5'2"	18
77	Alyssa Nebrosky	Gr	5'2"	23
88	Della Chen	Sr	5'8"	22

SPECTATOR INFO

THE OHIO STATE UNIVERSITY

FEVER

City/State: Columbus, OH

Website: feverultimate.org.ohio-state.edu

Captains: Cassie Swafford, Caitlin Harley

Coaches: DeAnna Ball, Brent Reeb, Nick Hamilton



What started as a small team with barely enough people to play has become a vast but tightly knit squad that harnesses the ability to compete on a national level. Launched in 1999, a small, dedicated group practiced with OSU's men's team or simply picked up at tournaments. The 14 players who were scrounged together at the last minute for sectionals in 2000 did not win a game. However, these spirited ladies were any-

thing but discouraged. The next year, "Flood" Ultimate, newly identified as an OSU club team, attended local tournaments, though wins were rare and the roster often fluctuated. In the following years, they hosted their own tournament and frequently joined the ranks of other new teams at other local tournaments. Eventually rebranded as "Fever Ultimate," the team continued to grow both in numbers and skill. In 2009, Fever was just one spot away from qualifying for Nationals for the first time, and in 2011, that dream finally came true. In 2014, Fever was able to establish the program's first B team. Fever has turned into a skilled powerhouse that is able to contend with nationally ranked teams. Fever came in fifth at nationals in 2012 and third in 2013. The players' persistent dedication to the team and one another can be seen in their fierce enthusiasm for the game and the joy each individual brings to the field. Way to go Fever!

ROSTER

0	Paige Soper	Sr	5'4"	23
2	Catelen Ramsey	Sr	5'4"	23
3	Alaine Wetli	Jr	5'4"	21
5	Stevie Miller	Jr	5'6"	21
6	Michelle Hablitzel	Jr	5'4"	21
7	Emily Steedman	So	5'1"	20
8	Caitlin Harley	Sr	5'6"	21
12	Katie Backus	Sr	5'7"	22
14	Cassie Swafford	Sr	5'10"	23
15	Emmy Schroder	Sr	5'10"	23
16	Caitie Sheban	Jr	5'2"	21
17	Lauren Franke	Sr	5'10"	22
19	Jenna Galletta	Jr	5'4"	21
22	Kristi Steva	Sr	5'8"	23
24	Liz Gates	Sr	5'6"	22
27	Corinne Murphy	Jr	5'4"	21
28	Anna Dorfi	Sr	5'6"	22
44	Malika Smoot	So	5'6"	20
71	Olivia Bayer	Fr	5'2"	19
99	Caitlin Duffner	Fr	5'9"	18

WOMEN'S TEAMS

UNIVERSITY OF OREGON

FUGUE

City/State: Eugene, OR

Website: <http://pages.uoregon.edu/fugue/>

Captains: Sophie Darch, Ashley Young, Kasey Harris

Coaches: Lou Burruss, Kathryn Weatherhead, Julia Sherwood



Oregon has had a women's team since the mid 80s and has had streaks of success over the past three decades. Oregon Fugue has a history of Callahan winners with Jody Dozono in 1999 and Chelsea Dengler in 2003, and Julia Sherwood and Bailey Zahniser placing in the top five.

Since then, Fugue has been a big competitor at Nationals, placing first in 2013 and second in 2012. Fugue has a history of fielding former USA Worlds team members, and has been successful at major tournaments year-round such as Stanford Invite, President's Day and NW Challenge in the past few years.

ROSTER

2	Jesse Shofner	Jr	5'1"	20
3	Laetitia Guillet	So	5'5"	20
4	Lily Herd	Sr	5'5"	23
5	Gabby Aufderheide	Fr	5'11"	18
6	Angela Tocchi	Sr	5'11"	22
7	Alex Ode	Jr	5'8"	21
8	Ashley Young	Sr	5'7"	21
9	Olivia Bartruff	Jr	5'1"	21
10	Sophie Darch	Sr	5'5"	22
11	Bethany Kaylor	Jr	5'7"	21
12	Kasey Harris	Sr	5'8"	23
13	Molly Lanning	Jr	5'8"	20
14	Sarafina Angstadt-Leto	Fr	5'8"	19
15	Andrea Fontenot	Sr	5'1"	21
16	Adrienne Bovee	Sr	5'7"	22
19	Lillian Weaver	So	5'7"	19
20	Hope Zima	Fr	5'6"	18
22	Rachel Hershey	Jr	5'7"	20
25	Foley Galvin	So	5'6"	20
27	Hayley Wahlroos	Fr	5'8"	19
44	Kaitlin Brunik	Fr	5'6"	18

STANFORD UNIVERSITY

SUPERFLY

City/State: Stanford, CA

Website: ultimate.stanford.edu

Captains: Halsey Hoster, Steph Lim, Jennie Lummis

Coaches: Robin Davis, Jamie Nuwer, Jenny Wang



With seven National Championships and multiple other finals and semifinals appearances, Stanford Superfly is one of the most storied programs in college ultimate. We owe our success to our coaches Robin Davis, Jamie Nuwer and Jenny Wang, who bring years of strategy and coaching expertise to our program.

We're bringing a small but strong squad to Nationals this year; we are a close-knit group of women who are dedicated, supportive and hardworking. After battling through a string of injuries and coming back even stronger, Superfly 2014 is here to prove that the strength of the wolf is the pack.

ROSTER

1	Jennie Lummis	Sr	5'4"	21
2	Veronica Cruz	So	5'2"	20
4	Claire Hawkins	Sr	5'10"	22
5	Kellie Schueler	Sr	5'4"	22
8	Maya White	Gr	5'7"	27
9	Amanda Somvilay	Fr	5'1"	19
10	Halsey Hoster	Sr	5'10"	22
11	Rosemarie Sandino	Fr	5'5"	18
12	Hilary Vance	Sr	5'4"	22
13	Steph Lim	Sr	5'4"	21
14	Monisha White	So	5'7"	19
15	Anne Rempel	Sr	5'9"	22
16	Christina Li	Gr	5'6"	26
17	Jennifer Thompson	Sr	5'3"	22
24	Pooja Desai	Gr	5'5"	23
27	Deanna Abrams	Fr	5'3"	19
60	Caitlin Go	Fr	5'2"	19
69	Taylor Martin	Gr	5'5"	23

WOMEN'S TEAMS

TUFTS UNIVERSITY

ELEPHANT WOMEN

City/State: Medford, MA

Website: sites.tufts.edu/tuftsewo

Captains: Hannah Garfield, Mia Greenwald, Emily Shields

Coaches: Sangwha Hong, Meriden D'Arcy, Josh McCarthy



What is a Tufts? And what is an Ewo? The Elephant Women hail from Somerville/Medford, MA. The 'Wo are just about that action, boss, and are ready to win games and have fun at College Nationals for the fourth year in a row.

Thanks to our dedicated coaches, parents and fans who have supported us along the way!

<http://youtu.be/o3Rgf5uWcmY>

ROSTER

2	Sara Hanneman	Sr	5'7"	21
3	Winnie Zhang	So	5'2"	20
7	Mia Greenwald	Sr	5'6"	22
9	Jojo Emerson	So	5'6"	20
10	Qxhna Titcomb	Jr	5'7"	20
11	Michaela Fallon	Sr	5'10"	21
12	Emily Eibl	So	5'4"	20
15	Laura Fradin	So	5'7"	20
16	Hadley Green	Jr	5'8"	20
18	Emily Shields	Sr	5'4"	21
19	Alexandra Earle	Sr	5'9"	22
21	Maeve O'Sullivan	Fr	5'5"	19
22	Jillian Gerke	So	5'4"	20
24	Kathryn Hopkins-McGill	Jr	5'5"	21
25	Taylor Lentz	Sr	5'7"	21
28	Rachel Kramer	Fr	5'3"	19
42	Kei Thurber	So	5'4"	19
44	Hanna Buechi	Sr	5'4"	22
80	Hannah Garfield	Sr	5'6"	22

SPECTATOR INFO

UNIVERSITY OF VICTORIA

VIXENS

City/State: Victoria, BC

Website: uvcultimate.com

Captains: Danie Proby, Allie Short, Jessie Bell



Victoria finally became a fully functioning team that played in fall and spring five years ago. We typically were only fielding 7-10 players for each tournament until two years ago when the culture and passion spread throughout the team like wildfire. Now we have a B team and an A team with plenty of members. We all live together, near

and with the men's team, in different houses in the same neighbourhood. Our team is all about culture.

ROSTER

3	Patty Massel	Sr	5'8"	21
4	Mairin Berezan	So	5'8"	20
5	Jennifer Brown	Sr	5'7"	23
7	Naomi Redmond	Jr	5'7"	20
8	Kate Scarth	Jr	5'7"	20
9	Joanna Stratton	Sr	5'7"	23
11	Katie Hikida	Sr	5'3"	23
12	Kira Beukeboom	Jr	5'8"	21
13	Corinne Dunwoody	Jr	5'8"	22
15	Mary Cameron	Sr	5'8"	22
16	Jessie Bell	Sr	5'8"	23
17	Allie Short	Sr	5'11"	24
21	Lexi Omand	Sr	5'10"	21
22	Tasha Cameron	Jr	5'6"	21
26	Paige Quinn	Fr	5'5"	18
32	Danie Proby	Sr	5'8"	25
33	Maria Walker	Fr	5'5"	18
71	Jillian O'Quinn	Sr	5'8"	23
77	Nicola Parker	Sr	5'9"	21
81	Lillian Pham	So	5'7"	20
92	Monica Whitney-Brown	So	5'10"	20

WOMEN'S TEAMS

UNIVERSITY OF VIRGINIA

HYDRA

City/State: Charlottesville, VA
Website: sites.google.com/a/virginia.edu/uva/womensultimate
Captains: Melanie Chastka, Sarah Hansen, Alika Johnston
Coaches: David Allison, Manu Argilli



Virginia Women's Ultimate has been a growing program since the early '80s, recently developing into a nationally competitive A team as well as a talented B team. With revitalized determination and dedicated leadership, Hydra won its first Atlantic Coast Regional Championship in 10 years back in 2012. Last year's coaches David Allison and Manu Argilli, along with captains Mary Kelly and Katrien Hinderdael, helped lead Hydra to its second AC Regional Championship and bid to Nationals. This year's captains - Melanie Chastka, Alika Johnston and Sarah Hansen - have continued the legacy of strong leadership, guiding their young team to its third AC Regional Championship victory in a row. Hydra is excited to compete at Nationals in Cincinnati, OH, and is proud to represent the AC Region yet again. Wahoooa!

ROSTER

0	Audrey Hite	Gr	5'2"	23
1	Emma Price	Fr	5'5"	18
7	Janie Mockrish	Jr	5'3"	21
8	Theresa Hackett	Sr	5'8"	22
9	Laura Landis	Fr	5'5"	19
10	Nada Tramonte	Jr	5'5"	21
11	Kathryn Hannum	Jr	5'4"	21
12	Emily Leivy	So	5'4"	20
13	Alika Johnston	Jr	5'3"	20
14	Amy Wedmore	So	5'5"	20
18	Melanie Chastka	Sr	5'8"	22
23	Michele DeRieux	Jr	5'8"	21
24	Kelly Ross	So	5'10"	20
27	Rebecca Meeker	So	5'6"	20
30	Brogan Jones	So	5'2"	19
31	Sarah Hansen	Jr	5'8"	21
32	Rebecca Driver	Fr	5'8"	19
34	Ibby Han	Fr	5'3"	19
36	Delia Goldin	Fr	5'8"	19
44	Keila Strick	Fr	5'5"	19
52	Tess Warner	Jr	5'8"	21

UNIVERSITY OF WASHINGTON

ELEMENT

City/State: Seattle, WA
Captains: Alysia Letourneau, Amanda Kostic, Sarah Edwards, Shira Stern
Coaches: Kyle Weisbrod, Moses Rifkin, Jillian Goodreau



Washington Element first reached the College Championships in 2001, where they finished 16th. Since then, they have competed at the Championships seven times and took home the national title in 2012. 2014 marks their seventh consecutive trip to the College Championships.

ROSTER

2	Miranda Moore	Gr	5'9"	24
3	Samantha Hing	Jr	5'4"	20
4	Alysia Letourneau	Sr	5'5"	22
8	Barbara Hoover	Sr	5'7"	22
9	Michelle Herman	Sr	5'6"	22
10	Shira Stern	Sr	5'5"	22
11	Nora Landri	So	5'3"	19
12	Lucy Williams	Sr	5'8"	23
13	Katie Meyer	So	5'6"	20
14	Nicole Cramer	So	5'7"	20
16	Kate Wilburn	Fr	5'3"	19
17	Vickie Su	Jr	5'2"	20
18	Alli Tjader	So	5'6"	20
20	Grace Noah	So	5'8"	19
21	Camille Canter	So	5'7"	19
22	Sarah Edwards	Jr	5'6"	21
25	Molly Boyd	Sr	5'9"	21
36	Georgia Seyfried	Sr	5'10"	21
37	Bailey Kilmer	Jr	5'8"	20
47	Amanda Kostic	Sr	5'9"	22
67	Kelley Hall	Gr	5'5"	23
99	Noelle Takahashi	Sr	5'6"	21

WOMEN'S TEAMS

WESTERN WASHINGTON UNIVERSITY

CHAOS

City/State: Bellingham, WA

Captains: Natalie Powell, Abbie Abramovich, Rosemary Widenor

Coaches: Alyssa Weatherford, Pauline Ruegg, Bren Byerley



Chaos was not built in a day; it took years to make this much havoc. The 2013-2014 season marks the 14th year of Chaos. This team was started in 1999 by Tanya Cram. Alyssa Weatherford, former player and current coach, has been involved with Chaos for nine years and is a huge contributor to the success of this team. Chaos has come a long way since their

inaugural season in which they did not win a single game; however, their core values of friendship, love and just having a good time will always lie in the heart of Chaos. The program developed over the years and began to attract attention in 2008, starting to be seen as a team with a lot of potential. In 2013, Chaos won their first USA Ultimate sanctioned tournament, Stanford Open, and won the tournament for a second time in 2014 before continuing on to place second at the Stanford Invite. After finishing fifth in the Northwest Regional tournament, Chaos earned their first bid to College Nationals.

"Our real discoveries come from chaos, from going to the place that looks wrong and stupid and foolish." - Chuck Palahniuk

WHITMAN COLLEGE

SWEETS

City/State: Walla Walla, WA

Captains: Corinne Pingul, Julia Bladin, Ari Lozano

Coach: Benjamin McGinn



Five years ago, the Walla Walla Lady Sweets were a team who could, on a good day, only muster five-on-five at practice. In 2012, we placed fourth at D-I regionals, playing in the game to go to Nationals against UBC. At last year's regionals, we came with a new focus and intensity and pushed our way to break seed and nab the last bid to Nationals. We are not only a group of individually committed

players, but a passionate team determined to continue playing fiery and scrappy ultimate. Let's go Sweets!

ROSTER

0	Anna Nakae	Jr	5'5"	20
2	Jendy Edgerton	So	5'9"	20
3	Alea Clymer	So	5'9"	20
5	Tiffany Phan	Fr	4'11"	19
7	Kaitlin Webster	Jr	5'7"	21
8	Ariel Edwards	So	5'8"	19
9	Rosemary Widenor	Jr	5'9"	21
10	Tessa Pettyjohn	So	5'4"	20
11	Chehala			
	Andriananjason	Jr	5'2"	20
12	Callie Mah	Sr	5'9"	22
18	Kylie Miyata	Fr	5'3"	19
20	Mary Nozykowski	Jr	5'4"	21
21	Michelle Hanneman	So	5'7"	19
24	Allie Sanchez	Fr	5'5"	19
27	Natalie Powell	Sr	5'6"	21
33	Colleen Horntvedt	So	5'4"	20
44	Abbie Abramovich	So	5'10"	20
47	Hannah Hyde	So	6'1"	20
67	Brittany Vallene	So	5'6"	20
82	Melina Edgerton	Sr	5'8"	22
95	Maggie Graves	Fr	5'7"	19

ROSTER

2	Sarah Adams	Fr	5'3"	19
4	Corinne Pingul	Sr	5'7"	21
6	Jessica Shatkin	Jr	5'4"	21
7	Ari Lozano	So	5'6"	19
8	Amanda Lu	Sr	5'2"	22
9	Brenna Bailey	So	5'5"	20
10	Julia Bladin	Jr	5'7"	21
12	Kate Benjamin	Sr	5'10"	22
13	Lindsey Scott	So	5'4"	20
16	Julia Gesensway	So	5'4"	20
20	Annie Want	Fr	5'7"	20
21	Celine Valentin	Sr	5'6"	22
22	Melanie			
	Jochheim-Atkins	Fr	5'3"	19
25	Alex Hardesty	Fr	5'6"	19
26	Jessie Austin	So	5'9"	19
28	Claire Revere	Fr	5'5"	19
33	Margo Heffron	Fr	5'11"	19
42	Elissa Picozzi	So	5'3"	20

MEN'S TEAMS

UNIVERSITY OF CALIFORNIA-SAN DIEGO

AIR SQUIDS

City/State: San Diego, CA

Captains: Trevor Purdy, Nicholas Smith

Coaches: Kevin Stuart, Andrew Curtis, Matthew Parisi



After surviving the grueling San Diego summer and getting in touch with their ancestry by eating a lot of calamari, the Squids knew they had to start the year with one thing on their minds: winning. The Squids came out firing this year with a huge win at the Sean Ryan tournament in Santa Cruz. Here, they realized that there was another thing to keep on their minds: cream. They continued to churn that cream with their first sanctioned tournament win in recent history at Santa Barbara. The cream cooled a bit at Stanford Invite, where they suffered some tough losses. The Squids decided that the best move was to make a trip to the inaugural mustache bash which proved to be a catalyst to a strong finish to the season. With the cream churning and mustaches trimmed, the Squids took the conference and earned the number one seed in the region. The cream and the mustaches only got warmer and fuller in preparation for regionals. To make it interesting, their captain decided to drop the pull on universe in the semis but go on to win anyway, and the Squids brushed their 'staches in preparation for the finals. This helped them win the region, earning the only Southwest bid to Nationals. They have since started prepping the hair on their lips and churning a new batch of cream for Nationals. The Squids are going places and inking faces!

ROSTER

1	James Lai	Sr	6'0"	23
2	Nikhar Abbas	Jr	6'0"	21
4	Tyler Gates	Sr	6'1"	22
5	Chris Liu	Jr	5'8"	20
6	Brent Lo	So	5'9"	20
8	Paul Morimoto	Sr	5'11"	22
10	Alistair McIntyre	Gr	6'2"	22
12	Aaron Lee	Gr	5'7"	23
13	Sean Wilkinson	Sr	6'2"	23
14	Brendan Winnacott	Jr	5'11"	21
19	Migal Manickaraj	Fr	5'6"	19
22	Cody Kirkland	So	5'10"	21
23	Zachary Wu	Sr	5'9"	22
25	Kedar Pujara	Fr	5'8"	18
28	Justin Lin	Gr	5'10"	22
33	Steven Chung	So	5'9"	19
40	James Linscheid	Jr	6'1"	21
41	Ben Kumler	Fr	5'10"	19
44	Nicholas Smith	Sr	5'10"	21
47	Mark Bunnell	So	5'10"	20
54	Glenn Allen	So	5'11"	19
55	Trevor Purdy	Sr	6'6"	21
77	Gavriel Gelbart	Fr	6'2"	19
84	Jesse Cohen	Sr	6'1"	21
87	Christopher Bonner	Sr	5'10"	23
94	Zach Spidell	Jr	6'1"	21
97	Zak Murez	Gr	6'4"	25

CARLETON COLLEGE

CUT

City/State: Northfield, MN

Website: orgs.carleton.edu/cut

Captains: Simon Johansen, John Reynolds

Coaches: Phil Bowen, Nick Stuart



Since 1990, CUT has made Nationals every year except one. CUT has made it to the semifinals for the past six years running, and has won three championships - in 2001, 2009 and 2011. Our 2014 season is dedicated to Paxton Harvieux, Michael Goodgame and James Adams.

ROSTER

0	Robert Olney	Jr	6'1"	21
3	Eli Miller	Fr	6'0"	18
5	Louis Cohen	Jr	5'10"	21
7	Jesse Bolton	So	6'0"	20
10	John Reynolds	Sr	5'11"	21
11	Duncan Sallstrom	Jr	6'2"	21
13	Simon Johansen	Sr	6'4"	22
14	Justin Lim	So	5'9"	20
17	Alex Trautman	Jr	6'2"	20
20	Nate Grant	Sr	6'5"	22
21	Tyler Mahony	Sr	6'0"	22
23	Sef van Kan	So	5'9"	20
27	Elliot Mawby	Fr	6'5"	19
33	Conor Eckert	Fr	5'10"	19
40	Galen Ryan	Sr	6'2"	22
48	Ben Caffrey	Sr	6'1"	22
50	Nick Petru	Jr	6'1"	21
55	Jake Ritmire	Fr	5'11"	19
91	Russ Hanson	So	5'8"	19
95	Natan Lee-Engel	Fr	5'7"	19

MEN'S TEAMS

UNIVERSITY OF CENTRAL FLORIDA

DOGS OF WAR

City/State: Orlando, FL

Website: centralfloridaultimate.com

Coaches: Andrew Roca, Daniel Jakob, Zach Hollis



The Men's Ultimate Frisbee Club was accepted as a registered student organization (RSO) at the University of Central Florida in 2004 and was accepted into UCF's Sport Club Council shortly thereafter. However, the history within ultimate dates back to 1985, based on UPA

records. Since 2004, the Dogs have evolved from developmental party team to quiet contender in the powerhouse AC Region. Since 2011 and the redrawing of the Southeast Region, the Dogs have steadily increased their recruiting, visibility and competitiveness with player-turned-coach, Andrew Roca. UCF made its first Nationals appearance in 2012 with a T-5th place finish and returned the next year as the National Runner-Up in 2013. 2014 was not the perfect season, but during the Series, the plan remains the same; showcasing their best play come May. Vamanos!

ROSTER

1	Brawley Adams	Jr	6'0"	21
2	Matt Northam	So	6'1"	19
3	Terry Murphy	Jr	5'11"	22
4	Kyle Reedy	So	6'0"	20
5	Michael Fairley	Fr	6'4"	19
7	JacJack Collins	Fr	6'2"	19
8	Alex Bullock	Sr	5'11"	23
9	Jake Radford	Fr	6'1"	19
12	Matt Helms	So	5'9"	19
13	JC Feldman	Sr	6'1"	22
15	Chad Russom	Jr	6'2"	21
19	Colin Mackeett	Gr	5'9"	23
25	Jeremy Langdon	Sr	6'2"	21
27	Austin Mercadante	Gr	5'11"	30
30	Andrew McKelvey	So	5'10"	19
32	Austin Malone	Fr	6'0"	18
33	John Best	Sr	6'0"	23
34	Garrett Pelton	Sr	6'0"	22
42	Michael Ogren	Sr	6'1"	22
44	Tommy Hankin	So	6'1"	20
47	Seth Calhoun	Sr	5'7"	21
69	Eric Buenostro	Sr	6'1"	22
74	Stuart Little	So	6'4"	20
90	Zachary Marks	So	5'7"	19
99	Matthew Aberman	Jr	5'9"	20

SPECTATOR INFO

UNIVERSITY OF COLORADO

MAMABIRD

City/State: Boulder, CO

Website: mamabird.com

Captains: Pawel Janas, Phil Sun, Todd Wolma

Coaches: Jim Schoettler, Brent Zionie



In 1993, Mamabird first took the fields. By 1998, she made her first Nationals appearance. There has been no looking back, across three different regions, ever since. But only one national title is in her talons, despite several chances.

This season has seen a lot of success from a team that has grown together over the years, a team that has learned the value of trust, confidence and being loose. Play hard, play smart, have fun. And it would be nice if we play a little defense. Now, where is that football?

ROSTER

0	Mark Rauls	So	5'6"	20
2	Zach Krieger	Jr	6'1"	21
7	Hidde Snieder	Sr	6'1"	23
8	Pawel Janas	Jr	5'10"	20
9	Pete Gleason	Sr	6'1"	23
10	Max Trotter	Sr	5'8"	21
11	Joshua Crane	So	6'0"	20
12	Tim Morrissy	Sr	5'11"	23
15	Dennison Bechis	Sr	5'8"	22
17	Tristan Voss	Jr	6'0"	21
18	Phil Sun	Sr	5'8"	23
20	Jack Barrow	Sr	6'0"	24
21	J Wesley Chow	So	5'10"	20
23	Jimmy Mickle	Gr	6'3"	22
24	Matt Bubernak	Jr	5'8"	21
26	Stanley Peterson	Jr	6'1"	20
27	Andrew Commander	Jr	6'1"	20
28	Oak Nelson	So	6'0"	19
29	Matt Gleason	Jr	5'9"	21
35	Todd Wolma	Sr	6'1"	23
44	Jesse Fisher	Jr	6'0"	21
80	Jeremy Harker	So	6'2"	20
92	Joey Carrara	So	6'0"	19

MEN'S TEAMS

DARTMOUTH COLLEGE

PAIN TRAIN

City/State: Hanover, NH

Website: dartmouth.edu/~ultimate/

Captains: Dan Harris, Spencer Diamond, David Clemens-Sewall

Coach: Brook Martin



The Dartmouth Pain Train began from humble roots back when there were no backs to the end zone*. Our name originated not from our forays into the world of heavy metal Train cover bands but instead from the inimitable Terry

Tate — office linebacker of 2003 Super Bowl Reebok commercial fame. Whether or not Reebok responds to our sponsorship requests**, the Pain Train and Terry Tate share a number of qualities in common: a strong sense of discipline, a 6'4" frame, unbridled aggression***, and a big heart. Coached by Dr. Brook Martin, PhD — who has more national and world championship rings than fingers**** — we brave the cold winters and cold falls and kind of nice springs of New England to hone our game. Our strengths are our ability to score goals and throw them as well. We're pumped to be here. Woo woo.

*Until a natural obstruction such as railroad tracks or a bush.

**The offer is still on the table!

***Not really.

****If those were a thing in ultimate.

ROSTER

1	Evan Rheingold	Fr	6'1"	18
2	Spencer Diamond	Sr	6'0"	22
3	Patton Lowenstein	Sr	5'11"	22
4	Daniel Rosengard	Gr	6'1"	23
5	Andrew Pillsbury	Jr	6'3"	21
6	Daniel Finch	Fr	6'5"	18
7	Gerben Scherpier	Sr	6'5"	21
8	Peter Lobel	So	6'0"	20
9	Brett Szalapski	Jr	5'9"	21
10	Sam Hills	Jr	5'9"	21
11	Arthur Bledsoe	Sr	6'0"	21
12	Daniel Harris	Sr	6'1"	22
13	Leo Blooston	Fr	5'10"	18
15	Caleb Ladue	Sr	6'3"	22
16	Henry Frost	Jr	6'1"	20
17	Sean Howe	Sr	6'0"	20
20	David Friedman	So	6'1"	19
22	Nathan Lehrer	Sr	5'11"	21
23	Jonathan Xu	Jr	5'9"	21
25	Sean Griffin	Sr	5'11"	22
27	Ted Owens	So	6'1"	19
31	Nicholas Golini	Fr	5'7"	19
33	David Clemens-Sewall	Sr	5'11"	21
44	Cedar Farwell	Fr	6'5"	19
50	Sean Derrow	Gr	6'4"	23
64	David Klings	Fr	6'2"	19

EASTERN MICHIGAN UNIVERSITY

FIGHTING HELLFISH

City/State: Ypsilanti, MI

Website: twitter.com/emuhellfish

Captains: Austin Engel, Mark Cooks



2014 will mark the first appearance at the College Championships for Eastern Michigan. Our program was established in the 1990s and has recently found success competing in the Great

Lakes Region. In the past decade, we have grown from a team competing at the lowest tiers of college ultimate to consistently competing for a bid to the College Championships.

The 2014 rendition of the Hellfish consists of 15 players and no coach, but through hard work and personal accountability, we managed to earn a spot competing at the College Championships.

Let the train roll, baby!

ROSTER

5	Austin Engel	So	5'11"	27
6	James Highsmith	Sr	6'1"	21
7	Jonathan Lee	Jr	5'7"	21
8	Trey Taliaferro	So	5'10"	19
11	Andrew Adler	Fr	5'7"	19
15	Alex Belanger	So	6'2"	19
16	Jacob Noel	Fr	6'1"	18
17	Brennan Flynn	Fr	6'2"	19
19	Scott Dickson	Sr	5'11"	24
21	Alex Theiss	Sr	5'8"	23
22	Josh Osinski	Jr	5'9"	21
25	Gary Grant	Sr	5'7"	23
27	Grant Fournier	Sr	6'0"	23
36	Dan Boynton	Sr	5'10"	23
55	Johnny Bansfield	Sr	5'10"	21

MEN'S TEAMS

UNIVERSITY OF FLORIDA

GATORS

City/State: Gainesville, FL

Captains: Bobby Ley, Jason Silverman, James Dahl

Coach: Cyle Van Auken



Florida exploded onto the national scene in 2006, riding a short rotation to the program's first Championship in its first appearance at Nationals. Repeating again as champions in 2010, the team kept

its stars on the field while the competition waited, disappointed, for them to fade. Florida returns to the College Championships in the same fashion, placing a heavy workload on captains Jason Silverman, James Dahl and Bobby Ley, who look to add their names among the greats of the program's history.

ROSTER

0	Jason Silverman	Gr	5'11"	24
2	Billy O'Bryan	Fr	5'11"	18
3	James Dahl	Sr	5'9"	22
4	Bradley Seuntjens	Jr	6'0"	21
5	Dayan D'Aniello	So	5'10"	19
6	Danny Bishop	So	5'10"	20
8	Joe Sutherland	Fr	6'1"	19
9	Bobby Ley	Jr	5'10"	21
10	Matt Thompson	Jr	6'7"	20
11	Jacob Dummeldinger	Jr	6'2"	21
12	Brennen Zinckgraf	So	5'10"	19
13	Matt Terza	Gr	5'11"	25
15	Tanner Repasky	So	5'10"	20
16	Rob Brice	Gr	5'10"	23
17	Andrew Ranon	Jr	6'5"	21
18	Hayden Wachob	Fr	6'1"	18
26	Aaron Spector	Sr	5'10"	27
31	Doug Terza	Sr	5'10"	23
32	Patrick Gettino	So	5'11"	22
33	Brian Bengel	Jr	6'1"	21
45	Bryan Redden	So	6'2"	19
	Gabe Lucas	Jr	6'1"	22

SPECTATOR INFO

FLORIDA STATE UNIVERSITY

DUF

City/State: Tallahassee, FL

Website: fsultimate.com

Captains: Christopher LaRocque, Andrew Roney, Ryan MacFadyen

Coaches: Peter Van De Burgt, Matthew Fontaine Childs



DUF was originally founded in 1975 as a disc games club at FSU. In the late 80s and early 90s, the team began competing at ultimate tournaments. Since reaching Nationals in 1996, DUF has stayed in relative obscurity.

Throughout the 2000s, the squad was always competitive but never able to make a break through. After bringing in Coach Peter van de Burgt, the team started making huge strides towards becoming a national-caliber squad and finished fourth at Southeast Regionals in 2012, the highest finish for DUF in 10 years. 2013 was the first year DUF had made Nationals in 17 years. This year, DUF is looking forward to building on last year's results and going for its first title.

ROSTER

1	Jason Holleran	Sr	6'3"	21
2	Bobby Patterson	Jr	6'1"	20
3	Andrew Roney	Jr	6'0"	20
5	Tom Mazza	So	5'10"	20
6	Marcus Johns	Jr	6'0"	21
7	Clark Cofer	Sr	6'1"	22
8	Chente Ortiz	Fr	5'10"	19
9	David Cromer	Sr	5'11"	24
10	James Koerner	Sr	5'10"	21
11	Liam Rawson	Jr	5'11"	20
12	Wayde Voss	Jr	5'7"	21
13	Scotty Bohrer	Gr	6'2"	23
14	Austin Bass	Fr	6'2"	19
15	Morgan Stanley	Sr	5'9"	22
16	Zach Wernick	Jr	6'0"	21
17	Joshua Puttbach	Sr	5'10"	22
18	Christopher LaRocque	Sr	6'2"	22
21	Zac Maines	Fr	6'1"	19
22	Ryan MacFadyen	Gr	5'11"	22
23	Peter Van Brussel	Jr	6'3"	20
27	Connor Holcombe	Jr	6'0"	21
28	Andrew LaRocque	Gr	6'1"	23
29	Cole Friesdes	So	5'11"	20
33	Kody Cotton	Jr	5'7"	21
46	Brian Phillips	Jr	6'3"	21
88	Scotty Landstreet	Sr	6'0"	22
99	Gabriel Bidot	Sr	5'9"	22

MEN'S TEAMS

HARVARD UNIVERSITY

RED LINE

City/State: Cambridge, MA
Website: hcs.harvard.edu/~disc/
Captains: William Dean, Wynn Tucker
Coaches: Michael MacKenzie, Piers MacNaughton



Founded in 1976, Harvard Men's Frisbee has been a consistent presence in New England since the early 90s. HMF donned the name Red Line in 2000 and has since evolved into a perennial regional contender. Prior to the 2011-2012 season, Harvard picked up former Red Line captain Mike MacKenzie as its new coach. A cool head on the sidelines, he implemented a deep roster to great effect, leading Red Line to consecutive regional championships the past two seasons. Harvard returns to Nationals for its seventh appearance in 10 years.

This year's team brings together a potent mix of players from every year of the program. Junior Callahan Nominee Jeremy "Thelonious" Nixon leads a dominant O-Line alongside ancient wise-man David "Dr. Doctor" Reshef and central handler Mark "Funky Bunches" Vandenberg. Captain Wynn Tucker leads a star-studded D-Line cast including senior Danny "Big Bird" Broudy and freshman standout John "Chicken Tips" Stubbs. The team looks forward to testing its surgical offense and relentless defense against college ultimate's best at the Championships.

Like many Red Line teams before us, we are on a Vision Quest, a journey to climb that wall, date that drifter, and grab our share of the glory. All we ever settled for was that we were born to live and then to die; we've gotta do it alone, each in his own way. And I guess that's why we gotta love those people who deserve it like there's no tomorrow. 'Cause when you get right down to it...there isn't.

ROSTER

1	Andrew O'Rourke	So	5'9"	20
2	Ryan Kerr	Fr	6'0"	19
4	Jeremy Nixon	Jr	6'2"	21
5	Daniel Broudy	Jr	6'5"	22
6	James Thurm	So	5'11"	19
7	Adrian Pforzheimer	Sr	5'9"	21
8	Jake McNamara	Fr	6'0"	19
10	Mark Vandenberg	So	6'1"	20
11	Johnathon Davis	Sr	6'2"	21
12	Ben Scharfstein	So	5'10"	20
13	Michael Aderhold	So	5'11"	20
14	John Stubbs	Fr	6'0"	19
17	Tsuki Hoshijima	Gr	5'8"	24
18	Harry Stone	So	6'0"	19
19	William Dean	Sr	6'2"	22
22	Alex Hem	So	6'4"	20
24	David Reshef	Gr	5'11"	27
25	Wes Welch	Sr	5'9"	22
26	Matt Thiman	Gr	6'0"	23
30	Wynn Tucker	Jr	6'3"	21
38	Fraser Liljestrang	Gr	6'4"	22
71	Jonah Hahn	Fr	5'10"	19

UNIVERSITY OF MASSACHUSETTS

ZOODISC

City/State: Amherst, MA
Captains: Kevin Norton, David Lunetta
Coaches: Evan Johnson, Tiina Booth



ZooDisc was founded in 1982 and won a national championship in 1986. The program last appeared at Nationals in 1988.

ROSTER

0	John Clapp	Gr	5'9"	25
1	David Lunetta	Sr	5'10"	22
2	David DiBiase	Gr	5'8"	22
3	Elliot Lee	Jr	5'9"	21
5	Jackson Barron	Jr	6'2"	21
6	Brian Rodriguez	Gr	5'6"	22
7	Maxwell Perham	Jr	5'10"	21
8	Ben Sadok	Fr	5'5"	19
10	Wesley Johnson	Jr	5'9"	22
11	Conor Kline	Fr	6'2"	19
15	Kevin Norton	Gr	6'6"	22
17	Ben Katz	Gr	5'8"	23
19	George Milne	Sr	6'0"	22
21	Manit Munshi	Sr	5'11"	22
22	Ben Tseytlin	So	6'1"	20
28	Aaron Raskin	Fr	5'11"	18
31	Jeffrey Babbitt	So	6'2"	20
33	Elliot Jerry	Fr	6'0"	19
44	GianCarlo Cincotta	Fr	5'8"	19
47	Alec Zabrecky	Fr	5'9"	19
67	Peter McGinn	Fr	6'1"	19
72	Josh Hirschman	Fr	5'9"	19
81	Samuel Richardson	Sr	6'0"	22
84	Colin Hannahan	Jr	5'7"	21

MEN'S TEAMS

UNIVERSITY OF MICHIGAN

MAGNUM

City/State: Ann Arbor, MI

Captains: Eli Leonard, Yonatan Rafael, Sam Greenwood

Coaches: Richard Eikstadt, Seth Collins, Matt Wilken



Magnum has been to Nationals 12 times in the 16-year history of the program, though the team has never finished better than fifth at Nationals. MagnUM has also taken first in the Great Lakes Region seven times. Will Neff is the only MagnUM player to win the Callahan, which he did in 2009.

ROSTER

0	Noah Backer	So	6'0"	20
1	Andrew Purugganan	Sr	5'7"	22
2	Wesley Chen	Fr	5'10"	19
3	Alex Russomanno	Gr	6'2"	23
4	Jonathan Paruk	Sr	5'11"	22
5	Sam Greenwood	Jr	6'2"	21
6	Jesse Haji-Sheikh	Sr	5'11"	22
7	Jordan Macocha	Sr	5'7"	21
8	Eli Leonard	Jr	5'1"	20
10	Alex Heatlie	Sr	5'11"	21
11	Zach Goulson	So	6'0"	19
12	Krishna Mahajan	Jr	5'8"	20
14	Ben Page	So	5'10"	20
15	Ryan Schechtman	Sr	5'11"	23
17	Eli Graves	Sr	5'10"	21
18	Dan Detone	Gr	6'0"	22
20	Drew Dyer	So	5'7"	20
21	Travis Compo	So	5'8"	20
23	Max Teener	Fr	6'2"	19
33	Andy Yu	So	5'9"	19
34	Jesse Buchsbaum	Jr	6'9"	21
40	Bobby Moyer	Fr	6'2"	18
41	Dan Lee	Fr	6'1"	19
43	Michael Roberts	So	6'0"	20
48	Charlie Hyde	Jr	5'10"	21
70	Jake Moyer	Fr	6'2"	18
72	Dan Calabrese	Fr	5'11"	18
81	Yonatan Rafael	Gr	5'9"	22

SPECTATOR INFO

UNIVERSITY OF NORTH CAROLINA

DARKSIDE

City/State: Chapel Hill, NC

Website: uncdarkside.com

Captains: Justin Moore, Jonathan Nethercutt, Christian Johnson

Coaches: Mike DeNardis, Matthew Scallet, Jonathan Brodhag

dark side

Darkside began in the fall of 1993, when a couple of freshmen at UNC got together with the idea of forming an ultimate team. By 1995, Darkside had qualified for its first regional tournament. In 1999, Darkside earned its first ever Nationals berth. In 2000, the team won Sectionals and Regionals on the way to a second Nationals bid.

In 2001, Darkside again qualified for Nationals and established itself as a perennial regional power. Darkside has now gone to Nationals in 2005, 2007, 2012 and 2013. Beyond these superficial accolades exists a collection of upstanding young gentlemen. Darkside is best described as a group of gentlemen whose dashing good looks and unflappable southern charm are outweighed only by their razor-sharp disc skills, breathtaking athleticism and blinding, white-hot competitive fire. More important still is their propensity for camaraderie. Like soldiers headed to war, they must rely on each other and trust each other. Being placed in competitive situations such as these creates an environment where a tight-knit sense of brotherhood is not just commonplace, it is inevitable.

ROSTER

0	Aaron Warshauer	So	6'3"	20
1	Aaron Wan	Fr	5'8"	19
2	Norman Archer	Fr	6'3"	19
3	JD Hastings	So	5'6"	20
4	Mike French	Sr	5'7"	22
5	Brian Luong	So	6'0"	19
6	Ben Maxson	Fr	5'11"	19
7	Jackson Tambor	So	6'0"	20
8	Mitchell Sayasene	So	5'9"	20
9	Jacob Mouw	Sr	6'3"	21
11	Justin Moore	Gr	6'1"	28
12	Drew Chandler	Sr	5'10"	22
13	Andrew Cohen	Fr	5'9"	19
14	Nick MacLeod	Fr	5'9"	19
15	Vikram Sethuraman	So	5'10"	20
17	Schuyler Kylstra	Gr	5'10"	23
18	Dain Nielsen	So	5'11"	20
20	Charlie Shaffner	Sr	6'3"	22
21	Nathan Warden	Sr	6'0"	22
23	Jimmy Zuraw	Sr	6'1"	21
24	Jonathan Nethercutt	Sr	6'2"	22
26	Hunter Wilson	Sr	6'4"	21
32	Christian Johnson	Sr	6'2"	22
42	Alex Grosskurth	Fr	5'8"	19
51	Tim McAllister	Jr	5'10"	20
76	Clayton Noblit	Jr	6'1"	20
77	Ben Snell	Sr	6'3"	22

MEN'S TEAMS

UNIVERSITY OF NORTH CAROLINA-WILMINGTON

SEAMEN

City/State: Wilmington, NC
Website: seamenuultimate.com
Captains: Luke Hancock, Trueman Nottingham, Nick Jackson
Coaches: Brian Casey, Greg Vassar, Tully Beatty



Wilmington Ultimate was started in 1989 by Toad Leber. Since its beginning, the Seamen were on top as a national contender for a large part of the 90s; winning the national title in 1993. The Seamen strive to be a Nationals-level contender every year and continue to grow the long history that is Seamen Ultimate.

ROSTER

00	Jason Alexander	Sr	5'8"	23
1	Charlie Lian	Jr	5'11"	20
3	Cale Ward	Jr	5'11"	21
4	Erik Esposto	So	5'8"	19
5	Wilkin Hanaway	Sr	5'11"	22
7	Trip Brightwell	Sr	6'2"	22
8	David Harum	Jr	5'11"	21
9	Chip McGee	Jr	6'4"	20
10	Luke Hancock	Jr	6'1"	20
11	Jack Williams	So	6'0"	20
12	Robert Goode	Sr	6'0"	22
16	Thomas Terrio	Jr	5'10"	21
20	Matthews Mason	So	6'11"	20
21	Trueman Nottingham	Sr	5'11"	22
22	Chris LeBlanc	Sr	5'10"	22
24	Nick Jackson	Sr	6'0"	23
25	Jake Gallagher	Jr	6'1"	21
33	Austin McGrayne	So	5'11"	20
35	Danny Mercer	Fr	5'8"	19
52	Ross Anthony	Sr	6'4"	22
56	Kyle Gibbons	Sr	5'11"	22
80	Xavier Maxstadt	Jr	6'2"	21
99	Parker Grissom	Jr	6'0"	21

UNIVERSITY OF OREGON

EGO

City/State: Eugene, OR
Captains: Charlie Wilson-Moses, Trevor Smith, Brian Penner, Dylan Freechild
Coach: Jay Janin



One Ego

ROSTER

2	Charlie Wilson-Moses	Sr	6'2"	23
5	Noah Stuart	Fr	5'9"	18
8	Eric Normen	Jr	6'0"	20
10	Dylan Freechild	Sr	5'10"	22
11	Chris Strub	Fr	5'9"	20
14	Connor Williamson	So	5'11"	19
15	Mario Bundy	Jr	5'11"	21
17	Ian Campbell	Sr	5'10"	22
19	Reilly Gardner	Sr	6'2"	22
21	Gabe Fruchter	Sr	6'4"	22
22	Zach Meyer	Fr	5'9"	18
24	Adam Rees	Fr	6'0"	18
25	Nic Heaton	So	5'10"	19
27	Trevor Smith	Sr	5'11"	21
31	Garrett Chappell	Sr	6'1"	22
33	Tim Durbin	Gr	5'10"	23
34	Tim McGinn	Fr	5'10"	19
35	Andrew Halpin	Sr	6'3"	23
44	Spencer Latarski	So	5'8"	20
55	Connor Matthews	Fr	5'11"	18
66	Will Watkins	Jr	5'11"	21
77	Brian Penner	Sr	5'11"	22
88	Jack Slevin	So	5'10"	20
93	Jon Bergan	So	6'3"	20

MEN'S TEAMS

UNIVERSITY OF PITTSBURGH

EN SABAH NUR

City/State: Pittsburgh, PA
Website: pittultimate.org
Captains: Aaron Watson, Tyler Kunsu, Marcus Ranii-Dropcho, Trent Dillon
Coaches: Nick Kaczmarek, David Hogan, Tyler Degirolamo



The University of Pittsburgh ultimate team was founded in 1998 and first qualified for Nationals in 2005. This year, the program is making its 10th consecutive appearance at the College Championships. Pitt 2014 is a team built on brotherhood and hardwork, forged through competition, and prepared for adversity. We look forward to the battle in Cincinnati.

ROSTER

2	Joe Bender	Jr	5'11"	21
3	Pat Earles	Jr	6'1"	20
4	Chris Mangogna	Fr	6'1"	19
5	Saul Graves	Fr	6'0"	18
7	Jay Boyle	So	5'9"	20
8	Tyler Kunsu	Sr	6'1"	22
10	Max Thorne	Jr	5'9"	21
11	Marquis Cofer	Fr	6'0"	18
15	Dylan Best	Fr	6'1"	18
16	Trent Dillon	Jr	6'1"	21
17	Pete McCloskey	Jr	6'4"	21
18	Stephen Shaw	Sr	6'1"	22
21	Pat Asinger	Fr	6'3"	19
22	Christian Pitts	Jr	6'5"	20
24	Sam Van Dusen	So	6'0"	20
33	Connor Kazmierczak	So	5'9"	20
35	Kevin Tang	So	5'7"	19
38	Jonah Wisch	Fr	5'11"	19
42	Marcus Ranii-Dropcho	Sr	6'3"	21
43	Dan O'Connor	So	5'11"	20
48	Jimmy Towle	Fr	5'11"	18
59	Aaron Watson	Sr	6'0"	22
61	Carl Morgenstern	So	5'11"	19
66	Chen Su	So	5'11"	20
77	Dillon Tranquillo	Fr	6'0"	19
83	Daniel Wickens	Jr	6'2"	20
88	Ryan DelCasino	Jr	6'0"	21

SPECTATOR INFO

RUTGERS UNIVERSITY

MACHINE

City/State: New Brunswick, NJ
Website: rutgersultimate.net
Captains: Scott Xu, Jibran Mieser, Matt Weintraub, Albert Alarcon
Coaches: Ari Weitzman, Isaiah Bryant



Rutgers was a primordial team in intercollegiate ultimate. On November 6, 1972, in the first game of college ultimate, Rutgers played Princeton, in a parking lot in New Brunswick, NJ. Rutgers was led by Columbia High School graduates Irv Kalb and Geoff West, two players who contributed to the birth of the game so many of us hold dear. In the 1970s, during the sport's infancy, Rutgers was a powerhouse, winning the National Championships in '73, '74, '75 and '76. After this period, Rutgers never again soared to such heights, with the exponential growth of the sport and inevitable competition that accompanied it. During the 1980s and early 1990s, Rutgers Ultimate maintained a fairly consistent presence at College Regionals. After a lull in the late 90s, Rutgers returned to Regionals from 2000-2005, only to regress once again until the 2011 regional redraw. With a strong freshman class, Rutgers Machine began its revival with its first Regional appearance since '05. Since then, Machine has developed into a strong college program with the help of former coach Anthony Nunez and current coach Ari Weitzman. This year, that same freshman class from 2011 led the team to its first Regional Championship in nearly 40 years. Now stands a Machine full of dedicated players, hungry to make some noise at the College Championships once again.

ROSTER

6	Jibran Mieser	Jr	5'10"	20
7	Andrew Zhang	So	5'8"	20
9	Jonathan Rosen	Gr	6'1"	23
10	Shashank Alladi	Fr	5'9"	19
11	Scott Xu	Sr	5'8"	21
13	Albert Alarcon	Sr	6'0"	22
17	Curtis Wang	Jr	5'8"	20
18	Richard Wong	Jr	6'0"	20
19	Andrew Auyeung	Jr	5'8"	20
20	Kyle Potkay	Jr	5'11"	20
21	Chris Weisenbacher	Gr	5'1"	24
27	Kevin Wang	Sr	5'9"	22
30	Justin Lamarche	Jr	6'0"	23
32	Alex Kong	So	5'5"	19
35	Brian Morrison	Sr	5'9"	23
43	Josue Alorro	Sr	5'9"	21
50	Drew Rasmussen	So	6'3"	20
61	Matt Weintraub	Sr	6'0"	22
73	Brian Schumm	Fr	5'9"	19
88	Sean Stratton	Jr	5'11"	21
89	Michael Kichura	Sr	5'8"	22

MEN'S TEAMS

UNIVERSITY OF TEXAS

TUFF

City/State: Austin, TX
Website: texasultimate.org
Captains: Chris Brooks, Jon Clutton
Coaches: Calvin Lin, Trey Lemastres, Matthew Bierschenk



ROSTER

1	Sidney Watts	So	5'10"	19
2	Matt Reese	Sr	5'9"	22
6	Garrett Idler	Gr	6'3"	23
7	Jordan Taylor	Sr	6'1"	22
8	Hagen Fritz	So	6'1"	20
10	Connor Breen	Fr	5'11"	19
11	Dillon Larberg	So	6'1"	19
12	Casey LeMay	Gr	6'0"	27
13	Nash Mock	Jr	5'9"	21
14	Dennis Merworth	Jr	5'10"	21
16	Michael Hays	Jr	5'10"	21
17	Aaryaman Singhal	Jr	5'8"	21
19	Jon Clutton	Sr	6'0"	23
20	Chase Cunningham	Sr	6'3"	21
21	Mitchell Bennett	Sr	5'9"	23
30	Carlos Vargas	Jr	5'10"	20
31	Chris Brooks	Sr	6'0"	23
32	Joel Clutton	So	6'5"	19
33	Kolby Janzen	Sr	5'8"	23
34	Cody Holloway	Sr	6'0"	23
42	Whit Perkins	Gr	6'4"	28
48	David Miller	Gr	6'5"	23
57	Will Driscoll	Sr	6'3"	23
83	Chris Giron	Sr	5'8"	22

TEXAS A&M UNIVERSITY

DOZEN

City/State: College Station, TX
Website: ultimatefrisbee.tamu.edu
Captains: Matthew Bennett, Dalton Smith
Coaches: Jose Cespedes, Patrick Marco



A&M Ultimate officially started in 1999 when a few old Ags convinced a lot of freshmen to join the team. They went to a few tournaments the first couple years, but they actually played more disc golf than ultimate, so they never had a huge amount of success. Then in 2001, A&M decided to play less disc golf, and therefore, they made Nationals for the first time and finished 12th. Pretty much every year since then, A&M's season has ended a game or two short of going back, so this year Ags everywhere can celebrate again!

ROSTER

1	Ian Smith	Jr	5'7"	21
2	Matthew Bennett	Sr	5'8"	21
3	John Abuhamad	So	6'1"	20
4	Nick Ochoa	So	5'6"	20
6	Daniel Ehrig	Sr	6'2"	21
7	Benjamin Lewis	Jr	5'11"	21
8	Garrett Krebs	Fr	5'8"	19
9	Robert Lewis	Sr	5'10"	22
10	Austin Delk	Sr	5'9"	21
11	Juhn Na	Jr	5'9"	21
12	Kyle Zawieja	Sr	5'9"	21
13	Dalton Smith	Jr	5'11"	21
14	Luke Yanker	Sr	5'8"	21
18	Kevin Land	Jr	6'2"	21
23	Thomas Slack	Jr	5'8"	21
32	Jared Schueler	So	5'9"	20
35	David Smith	Jr	5'11"	21
36	Garrett Coleman	Sr	5'11"	21
42	Ryan Jones	Fr	5'7"	19
80	Connor Cole	Fr	5'10"	19
88	Jonathan Nance	Jr	6'3"	21

MEN'S TEAMS

TUFTS UNIVERSITY

ELEPHANT MEN

City/State: Medford, MA

Website: tuftsemen.org

Captains: Sam Dushay, Carter Thallon, Gene Buonaccorsi

Coaches: Jeff Brown, Dan Forseter, Mike Zalisk



Over the course of our 42-year existence, we have seen much success. Starting with a Nationals appearance in 2009, the E-Men have qualified for Nationals four of the last six years. In 2012, the E-Men placed fifth, tying their 2002 finish. The program boasts a very large and active

alumni network to match its rich history. The students that make up our program come from diverse backgrounds and represent many different aspects of the Tufts Community. We dedicate ourselves to both the competitive spirit and the dignified respect of the sport of ultimate. Off the field, we hope to model the hard work, diplomacy and passion that Tufts Ultimate breeds.

ROSTER

1	Nick Adolph	Gr	5'10"	22
2	Gavin Murphy	Sr	5'10"	22
3	Nicholas Roberts	Fr	5'9"	19
4	Tyler Chan	Jr	5'10"	21
5	Carter Thallon	Jr	6'0"	20
7	Yukinobu Tanimoto	Sr	5'9"	22
8	Samuel Dushay	Sr	5'11"	22
9	Eric Shaw	Sr	6'1"	22
10	Dylan Gully	So	6'0"	20
12	Skyler Tom	So	5'11"	19
18	John Spiva	Fr	5'7"	19
19	Jason Shnipes	Jr	6'0"	21
20	Eugene Buonaccorsi	Gr	5'8"	23
21	Jinhyun Shin	Fr	5'7"	19
24	Daniel Pavitt	Sr	6'2"	22
25	William Wong	Sr	5'10"	21
31	Sam Isaac	Sr	5'10"	22
32	David Lyle	Jr	6'0"	20
33	David Taylor	Sr	6'1"	22
41	Jesse Mahler	Fr	5'10"	19
52	Michael Hagenow	Sr	6'3"	22
70	Seth Drew	So	6'0"	20
82	Ariel Rascoe	Jr	5'6"	20
94	Eamon Wick	So	6'0"	19

SPECTATOR INFO

UNIVERSITY OF WISCONSIN

HODAGS

City/State: Madison, WI

Website: hodags.org

Captains: Colin Camp, Jordan O'Neill

Coaches: Hector Valdivia, James Smart, Ben Feldman



The UW-Madison Ultimate Frisbee club was founded in the 1977. Upon creation, the team immediately began to establish a great winning tradition with nine sectional championships and five final four finishes in regional play. Between 1977 and 1988, the team had an overall record

of 347 wins and 189 losses.

In 1988, the club qualified for Nationals for the first time. In the spring of 1994, the "Hodags" team name was implemented and has been held to this date. Tryouts were conducted for the first time in the fall of 1988.

Since 2002, the Wisconsin Hodags have earned three national titles and seven finals appearances.

ROSTER

00	Brian Novotny	Gr	5'10"	26
6	Arthur Herlitzka	So	6'0"	20
7	Avery Johnson	So	5'11"	19
9	Erik Jorgensen	So	6'3"	20
10	Jordan O'Neill	Sr	5'11"	23
11	Sterling Knoche	So	6'0"	20
12	Chris Wilen	Gr	6'2"	25
14	Bill Kluender	So	6'2"	20
16	Danny Stulligross	Gr	5'9"	23
17	Tommy Gallagher	Fr	5'10"	19
19	Sam Loveland	Sr	6'2"	23
20	Nick Zeman	Sr	5'11"	21
22	Aaron Speiss	Sr	5'11"	22
23	Graeme Kernick	So	6'0"	19
25	Ross Barker	So	5'11"	19
32	Colin Camp	Sr	6'2"	23
37	Jan Szmanda	So	5'11"	20
41	Colin Sunde	Jr	6'0"	21
44	Nick Ladas	So	6'2"	20
57	Austin Reif	So	5'11"	20
76	Ben Rehmann	Sr	5'11"	23
84	Craig Cox	Jr	6'6"	20



Join USA Ultimate and the international ultimate community **July 3-6, 2014, in Minnesota's Twin Cities** for the third annual U.S. Open Ultimate Championships & Convention.

A celebration of character, community and competition.

**3 DIVISIONS, 3 CHAMPIONS,
24 OF THE WORLD'S BEST TEAMS**



★ A CELEBRATION OF CHARACTER, COMMUNITY AND COMPETITION ★

HEALTH & SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the “Directions” section of this program.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: usultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion:
 1. Remove athlete from play.
 2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management.
 - Do not try to judge the seriousness of the injury yourself.
 3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
 4. Allow athlete to return to play only with permission from an appropriate health care professional.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and Treatment of Heat Illness:
 - Avoid alcohol, caffeine and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.

- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event Staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.

PLAY HARD. HAVE FUN.
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SPIRIT OF THE GAME

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee, March 29, 2005.

SPIRIT AWARDS

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. – 11th Edition USA Ultimate Rules of Ultimate.

INDIVIDUAL AWARDS: Teams will each be asked to nominate a player from their own team who they feel displays the highest level of Spirit. The definition of Spirit is up to each team but should include elements of sportsmanship, leadership, perseverance, fire, etc. Choose the person whose attitude you wish other people on your team would emulate and who other players off your team admire. Individual Spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

TEAM AWARDS: Following every game, each team will be asked to rate its opponent using the World Flying Disc Federation's spirit scoring system.

WFDF SPIRIT SCORING (from www.wfdf.org)

The objectives of the Spirit of the Game (SOTG) scoring sheet are:

- 1) Educate players on what Spirit of the Game is
- 2) Help teams to improve specific parts of their Spirit
- 3) Celebrate SOTG by awarding a prize to the team that gets the highest score

To achieve this, every team needs to score in a similar fashion. We recognize that SOTG is hard to capture exactly, and the specifics and the examples may vary by country, competition level, etc., but if players adhere to the guidelines below, the objectives of the scoring system will be achieved.

HOW TO FILL IN THE SCORES

- Filling in the scores is a team effort. This helps in educating your players too. While this might take several minutes the first few times, it will take only a minute after you get used to it.
- It is expected that teams display normal, good spirit. The system was designed in accordance with this expectation. Therefore the baseline in each category is "Good" which equals 2 Points. For each game, determine if the other team was better than, worse than, or the same as just a regular game and score accordingly.
- Focus on each question and answer that question only. Do not start with an overall score in mind and work backwards to get that score.
- There might be many times that nothing out of the ordinary occurred at a game. As such, each category should get 2 points. A final score of 10 points is considered Good Spirit.
- Give a real score that reflects the items detailed on the sheet; do not score a team because you felt the team was 'nice' or because they made a funny game in the circle.
- Do your part of the job and bring back the sheet when requested by the TD.

LOGISTICS:

- Teams will receive a sample scoring sheet and explanation at the captain's meeting.
- Scorekeepers will hand out the 4-team scoring sheet during your first rounds of play each day.
- After your last round of play, return the scoring sheet to the score keeper of your last game.

SPIRIT CIRCLE

USA Ultimate has recommended post-game “spirit circles” to teams at the Youth Club Championships since 2010. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

OFFICIAL PHOTOGRAPHY
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U S A U l t i m a t e

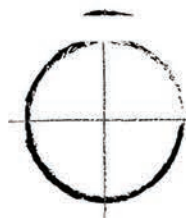


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video



cbmtultimate.com



USA ULTIMATE SPIRIT OF COACHING

BACKGROUND: The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

GUIDELINES:

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

SUMMARY: The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

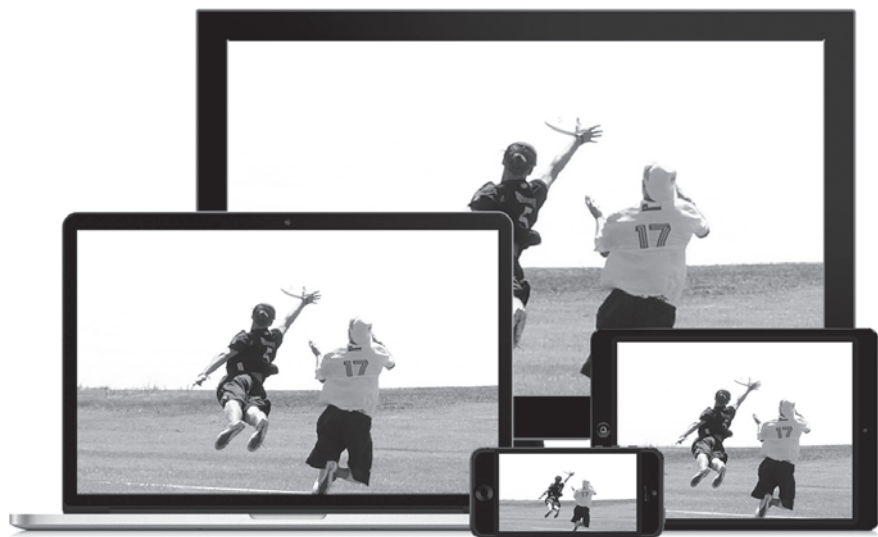
2014 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

FOR MORE INFORMATION ON USA ULTIMATE'S SPIRIT OF COACHING OR COACHING CERTIFICATION

Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at mike@hq.usultimate.org, or visit the USA Ultimate website at usultimate.org.

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WOMEN'S SCHEDULE

2014 USA Ultimate College Championships - Women's Division												
Friday, May 23, 2014												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Ohio State (1)					B1	Oregon (2)				
	A2	Michigan (8)					B2	Stanford (7)				
	A3	Victoria (12)					B3	Western Washington (11)				
	A4	Virginia (13)					B4	Tufts (14)				
	A5	Kansas (17)					B5	Colorado College (18)				
Friday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15							B1 v B5	2	-	B2 v B4	7	-
10:30-12:15	A1 v A2	1	-	A3 v A4	5	-						
12:30-2:15							B1 v B2	1	-	B3 v B4	6	-
2:30-4:15	A2 v A4	4	-	A3 v A5	8	-						
4:30-6:15				A1 v A5	8	-				B3 v B5	7	-
Saturday, May 24, 2014												
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15	A1 v A3	5	-	A2 v A5	9	-						
10:30-12:15							B1 v B3	3	-	B2 v B5	5	-
12:30-2:15	A1 v A4	3	-	A2 v A3	9	-				B4 v B5	5	-
2:30-4:15	A4 v A5	3	-				B2 v B3	6	-	B1 v B4	5	-
5:00-6:45	Pre-Quarters: See brackets for matchups and field assignments											



Placement Brackets Saturday-Sunday, May 24-25, 2014

A Pool #4	Game (7) Sun 8:30-10:15am Field # 11	_____
D Pool #5		
B Pool #5	Game (8) Sat 5:00-6:45pm Field # 9	_____
C Pool #4		
D Pool #4	Game (9) Sat 5:00pm-6:45pm Field # 10	_____
A Pool #5		
C Pool #5	Game (10) Sun 8:30am-10:15am Field # 12	_____
B Pool #4		

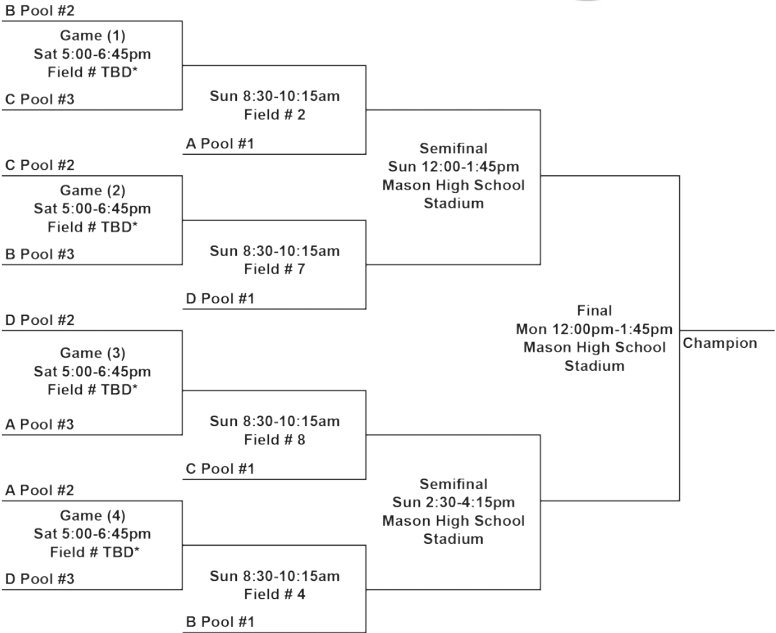


All games to 15 cap 17



2014 USA Ultimate College Championships - Women's Division												
Friday, May 23, 2014												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Central Florida (3)					D1	Washington (4)				
	C2	Carleton College (6)					D2	California-Santa Barbara (5)				
	C3	British Columbia (10)					D3	Whitman (9)				
	C4	Northeastern (15)					D4	UCLA (16)				
	C5	Colorado (19)					D5	Cornell (20)				
Friday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15							D2 v D4	4	-	D3 v D5	8	-
10:30-12:15	C2 v C4	3	-	C3 v C5	6	-						
12:30-2:15							D1 v D5	3	-	D3 v D4	5	-
2:30-4:15	C1 v C2	3	-	C3 v C4	7	-						
4:30-6:15	C1 v C5	3				-	D1 v D2	1	-			
Saturday, May 24, 2014												
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15				C4 v C5	2	-	D1 v D3	4	-	D4 v D5	8	-
10:30-12:15	C1 v C3	10	-	C2 v C5	1	-				D2 v D5	8	-
12:30-2:15							D1 v D4	2	-	D2 v D3	8	-
2:30-4:15	C1 v C4	10	-	C2 v C3	1	-						
5:00-6:45	Pre-Quarters: See brackets for matchups and field assignments											

Championship Bracket
Saturday-Monday, May 24-26, 2014



*TBD based on broadcast coverage



All games to 15 cap 17

MEN'S SCHEDULE

2014 USA Ultimate College Championships - Men's Division												
Friday, May 23, 2014												
All Games to 15 Cap 17	Pool A					Pool B						
	A1	Colorado (1)					B1	Pittsburgh (2)				
	A2	Harvard (8)					B2	Texas A&M (7)				
	A3	Wisconsin (12)					B3	Michigan (11)				
	A4	California-San Diego (13)					B4	Central Florida (14)				
	A5	Eastern Michigan (17)					B5	Dartmouth (18)				
Friday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15							B1 v B5	3	-	B2 v B4	1	-
10:30-12:15	A1 v A2	2	-	A3 v A4	7	-						
12:30-2:15							B1 v B2	2	-	B3 v B4	8	-
2:30-4:15	A2 v A4	2	-	A3 v A5	5	-						
4:30-6:15				A1 v A5	5	-				B3 v B5	6	-
Saturday, May 24, 2014												
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15	A1 v A3	1	-	A2 v A5	10	-						
10:30-12:15							B1 v B3	2	-	B2 v B5	4	-
12:30-2:15	A1 v A4	7	-	A2 v A3	10	-				B4 v B5	4	-
2:30-4:15	A4 v A5	7	-				B2 v B3	2	-	B1 v B4	4	-
5:00-6:45	Pre-Quarters: See brackets for matchups and field assignments											



Placement Brackets Saturday-Sunday, May 24-25, 2014

A Pool #4	Game (7) Sun 8:30-10:15am Field # 9	_____
D Pool #5		
B Pool #5	Game (8) Sat 5:00-6:45pm Field # 11	_____
C Pool #4		
D Pool #4	Game (9) Sat 5:00-6:45pm Field # 12	_____
A Pool #5		
C Pool #5	Game (10) Sun 8:30am-10:15am Field # 10	_____
B Pool #4		

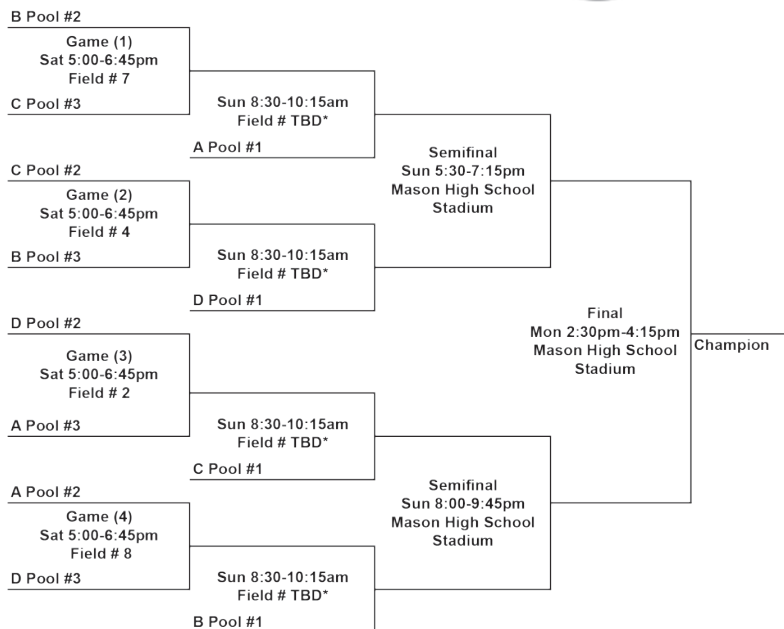


All games to 15 cap 17



2014 USA Ultimate College Championships - Men's Division												
Friday, May 23, 2014												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Texas (3)					D1	Oregon (4)				
	C2	North Carolina (6)					D2	North Carolina-Wilmington (5)				
	C3	Florida State (10)					D3	Florida (9)				
	C4	Tufts (15)					D4	Carleton College (16)				
	C5	Massachusetts (19)					D5	Rutgers (20)				
Friday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15							D2 v D4	6	-	D3 v D5	5	-
10:30-12:15	C2 v C4	4	-	C3 v C5	8	-						
12:30-2:15							D1 v D5	4	-	D3 v D4	7	-
2:30-4:15	C1 v C2	1	-	C3 v C4	6	-						
4:30-6:15	C1 v C5	2				-	D1 v D2	4	-			
Saturday, May 24, 2014												
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15				C4 v C5	7	-	D1 v D3	3	-	D4 v D5	6	-
10:30-12:15	C1 v C3	9	-	C2 v C5	7	-				D2 v D5	6	-
12:30-2:15							D1 v D4	1	-	D2 v D3	6	-
2:30-4:15	C1 v C4	9	-	C2 v C3	8	-						
5:00-6:45	Pre-Quarters: See brackets for matchups and field assignments											

Championship Bracket
Saturday-Monday, May 24-26, 2014



*TBD based on broadcast coverage

All games to 15 cap 17





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9:00pm Men's Championship Game

10:00pm Women's Championship Game

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FIELD MAP





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