



Photo by Get Horizontal

THIS IS NO TIME TO DREAM SMALL.

5FIVEULTIMATE



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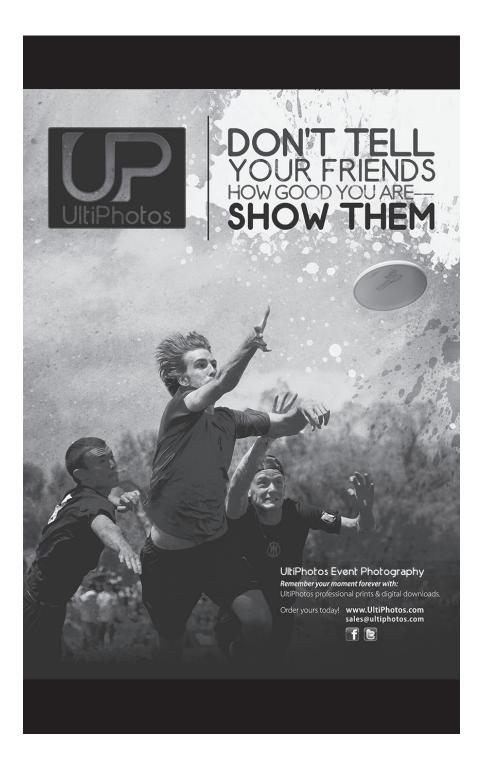
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🖪 🍠 🖸 #dlnatties

USA Ultimate, 5825 Delmonico Drive, Suite 350, Colorado Springs, CO 80919 719-219-8322 / www.usaultimate.org / info@usaultimate.org



WELCOME

Greetings ultimate players, parents and spectators!

On behalf of Triangle Ultimate, and in coordination with USA Ultimate and the support of the Greater Raleigh Sports Alliance, we are proud to bring you the 2016 USA Ultimate Division I College Championships. As the local organizing committee for the event, Triangle Ultimate welcomes you to Raleigh and hopes you enjoy your tournament experience and your stay in the Triangle.

Triangle Ultimate's vision is to build, grow and sustain a happy, healthy and thriving community for people in the Triangle region of North Carolina through the sport of ultimate, and to support other ultimate communities in doing the same. Triangle Ultimate aims to provide quality, meaningful adult, youth and volunteer ultimate opportunities to the Triangle community. We are excited to bring the Division I College Championships to the Triangle and to showcase our amazing ultimate community.

Since hosting the U.S. Open in Raleigh in 2013, the Triangle Ultimate community has had some exciting developments. Triangle teams have won national championships at the youth, college and club levels of play, as well as local men's master's team Boneyard winning the World Championships in 2014. Triangle Ultimate has grown from a volunteer-run organization to an organization with two full-time staff members. We organize more than 60 programs throughout the year for adults and youth, serving more than 2,500 participants, 60 percent of which are youth participants. Learn more about ultimate in the Triangle at triangleultimate.org.

We are excited to bring a USA Ultimate tournament back to the newly renovated WRAL Soccer Park, with more paved parking, a new turf surface on the stadium field, permanent bathrooms, local food trucks, trainers, an ultimate village of vendors and more. We hope you all have a great and memorable time in Raleigh.

We are excited to have you here and are looking forward to a great weekend of championship ultimate. Welcome to Raleigh, best of luck to your team, and enjoy an ultimate weekend!

Sincerely,

Troy Revell

Co-Tournament Director

Tristan Green

Co-Tournament Director Triangle Ultimate, Executive Director



The Greater Raleigh Convention and Visitors Bureau offers an enthusiastic welcome to all involved and participating in the USA Ultimate D-I College Championships. This event is an honor for our area to host, and I think you'll find out the WRAL Soccer Park is a superb site for your event.

In addition to our outstanding sports facilities, I encourage you to take some time to explore all that our area has to offer including the N.C. Museum of Natural Sciences, Nature Research Center, N.C. Museum of History and N.C. Museum of Art – all which offer free admission – or other family favorites like Marbles Kids Museum and IMAX Theatre, historic sites, some of the Southeast's best shopping and dining, and plenty of other activities, most of which are FREE.

You can be assured that the Raleigh area will roll out the red carpet for you during your stay. The area is known for its hospitality, friendly citizens and Southern charm.

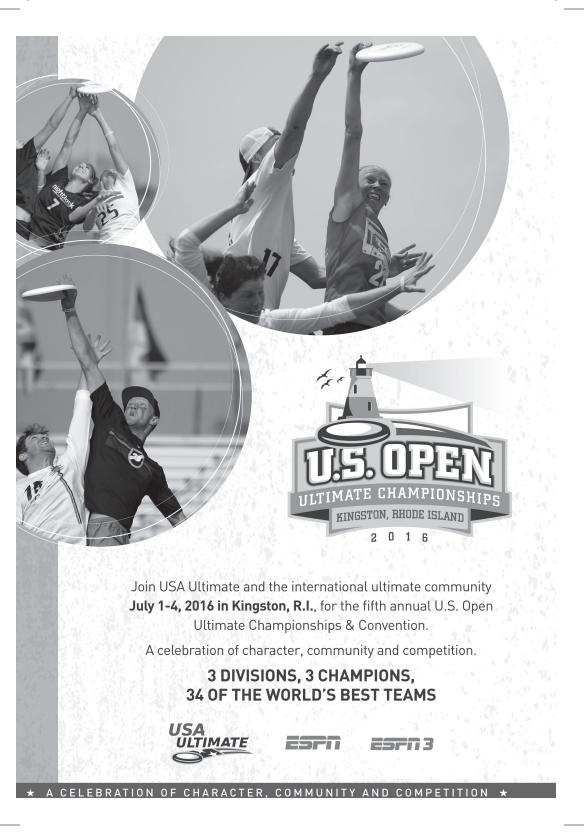
Once again, welcome to Raleigh. We're glad you're here. Best of luck during the tournament, and please visit www.visitRaleigh.com for a complete calendar of events and area information.

Sincerely,

Deni Stale

Denny Edwards President and CEO Visit Raleigh





EVENT INFO

EVENT STAFF

Event staff will be wearing "Event Staff" shirts. If they can't answer your questions, they can point you to one of the following people to help you out.

Local Organizing Committee Staff

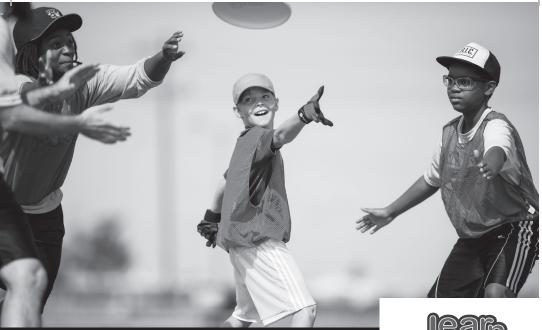
Tournament Directors – Tristan Green, Troy Revell Volunteer Coordinators – Geoff Horsfield Head Scorekeeper – Brian Cochran Head Statkeeper – Cory Keeler Social Coordinator – Chani Hodonsky Youth Outreach Coordinator – Josh Hartzog Parking Coordinator – Aaron Stern Media Coordinator – Charles Kerr

PA Announcer - Steve Dunn

USA Ultimate Staff

Chief Executive Officer - Dr. Tom Crawford Managing Director, Competition and Athlete Programs - Will Deaver Manager, Events – Byron Hicks Manager, Competition and Athlete Programs - Tom Manewitz Manager, Youth and Education Programs - Dan Raabe Director, Member Services & Community Development– Josh Murphy Manager, Membership and Sport Development - Rebecca Simeone Manager, Community Services & Development - Kristin Gallagher Director, Marketing and Communications - Andy Lee Manager, New Media - Matthew Bourland Manager, Communications and Publications – Stacey Waldrup Director, Finance and Development - Julia Lee Manager, Finance and Administration – Ethan Taylor-Pierce National College Men's Director – Jeff Kula National College Women's Director - Beth Nakamura National Developmental College Coordinator - Amy Hudson Chair, Observer Committee – Mitch Dengler

Observers: Mitch Dengler (Head Observer), Greg Connelly, Janna Hamaker, Julie Morris, Bradley Tinney, Sam Wood, Laura Meyer, Stephen Wang, Dan Laurila, Brian Bradburn, Linda Kudo, Daniel Wong, Brandon Jones, Mark Fritz, Paul Klingler, Matt Schiffman, Hank Cary, Carl Nelson, Kate Monforti, Jonathan Monforti, Walter Kwong, Anne-Marie Wissman, Andrew Buermeyer, Mike Gerics, Jack Derbyshire, Jeff Blair, Craig McGowan, Andrew Nguyen, Bill Bourett



COME LEARN TO PLAY ULTIMATE



USA Ultimate is hosting a FREE Learn to Play clinic at the 2016 College Championships!

Date: Saturday, May 28 Time: 10:00 a.m. - 12:00 p.m. Who: Boys and girls ages 8-16 Where: WRAL Soccer Park

Kids will learn the rules and basic skills of ultimate through fun games, drills and a scrimmage.

No experience necessary!

Each kid receives a free disc, sticker and handout.

You can register at the USA Ultimate Information Tent or at goo.gl/Mid9CO.

Bring a friend and join in the fastest-growing sport in the country!

WEEKEND OVERVIEW

Thursday, May 26 at Hilton Garden Inn Crabtree Mall

6:00pm - 7:30pm:Team Registration6:00pm - 8:00pm:Coaches' Social8:00pm - 9:00pm:Captains' Meeting

Friday, May 27 at WRAL Soccer Park

8:30am – 6:15pm: Pool Play

Saturday, May 28 at WRAL Soccer Park

8:30am – 4:15pm:	Pool Play
10:00am - 12:00pm:	Learn to Play Clinic
10:30am - 12:30pm:	STAR Clinic
5:00pm – 6:45pm:	Pre-quarterfinals and Placement Play

Sunday, May 29 at WRAL Soccer Park

8:30am – 10:15am: Quarterfinals and Placement Play

Sunday, May 29 at WRAL Soccer Park

12:00pm - 1:45pm:	Women's Division Semifinal #1
2:30pm – 4:15pm:	Women's Division Semifinal #2
Halftime:	Men's Callahan Award Ceremony (2016 College MVP)
4:30pm - 5:30pm:	Parent's "Tailgate" and dinner served at the fields to participating teams
5:30pm – 7:15pm:	Men's Division Semifinal #1
Halftime:	Women's Callahan Award Ceremony (2016 College MVP)
8:00pm – 9:45pm:	Men's Division Semifinal #2

Monday, May 30 at WRAL Soccer Park

12:00pm - 1:45pm:Women's Division Final2:30pm - 4:15pm:Men's Division Final

Halftime and Post-Game: Award Ceremonies

- Awards will be presented to the Team Spirit Award winners. Thanks to Discraft for their support of the individual and team Spirit of the Game awards.
- Immediately following finals, awards will be presented to first- and second- place teams in each division.



COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- In addition, per the 2016 USA Ultimate College Season Guidelines:
 - End zones will be 20 yards in depth.
 - Contact Call If contact occurs between the thrower and the marker that would constitute
 a foul under XVI.H.3.a but the thrower does not release the disc, "contact" may be called.
 Play does not stop, and the marker resumes the stall count at "one." Other than resetting
 the stall count to "one" after the first instance, the contact call is treated as any other
 marking violation. The marker may contest the "contact" call by calling "violation,"
 which stops play. If the thrower calls "contact" after beginning the throwing motion and
 subsequently release the disc, it is treated as if the thrower called "foul."
- All games to 15, point-cap at 17.
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Soft time-cap goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time-cap. Game ends when first team reaches new game total, or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.
- Hard caps will not be used for the semis and finals games.

SITE RULES

Facility, event staff, and security will be checking to make sure people are following the site rules. If you are caught violating these rules you will risk being barred from the facility, team/ athlete disqualification, vehicle towing, or other potential ramifications outside of the event. Thank you!

- No Alcohol or Tobacco
- No Pets
- No Weapons
- Restrooms Use them...not the fields, bushes or trees.
- No Abusive Language Respect your opponent, teammates, spectators, officials, etc.
- Driving and Parking Observe parking restrictions and handicap/staff spots. Do not avoid traffic bumps, no through traffic in parking lots, 11 MPH speed limit.
- Spectators and Equipment Must stay behind designated lines.
- Trash and Recycling. Use the appropriate receptacles. Keep the facility clean.

M A K I N G ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2016 USA Ultimate Coaching Development Program.



PLAY HARD. HAVE FUN. FIVEULTIMATE

Team@FiveUltimate.com

ULTIMATE IN 10 SIMPLE RULES

1. THE FIELD: A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.

2. INITIATE PLAY: Each point begins with both teams lining up on the front of their respective end zone line. The defense throws ("pulls") the disc to the offense. A regulation game has seven players per team.

3. SCORING: Each time the offense completes a pass in the defense's end zone, the offense scores a point. Play is initiated after each score.

4. MOVEMENT OF THE DISC: The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc ("thrower") has ten seconds to throw the disc. The defender guarding the thrower ("marker") counts out the stall count.

5. CHANGE OF POSSESSION: When a pass in not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

6. SUBSTITUTIONS: Players not in the game may replace players in the game after a score and during an injury timeout.

7. NON-CONTACT: No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

8. FOULS: When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

9. SELF-OFFICIATING: Players are responsible for their own foul and line calls. Players resolve their own disputes.

10. SPIRIT OF THE GAME: Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

USA ULTIMATE COLLEGE CHAMPIONS

Year	Men's Women's	
1984	Stanford	
1985	Pennsylvania	
1986	Massachusetts	
1987	Chabot CC	Kansas
1988	California-Santa Barbara	California-Santa Barbara
1989	California-Santa Barbara	California-Davis
1990	California-Santa Barbara	California-Santa Barbara
1991	California-Santa Cruz	California-Santa Barbara
1992	Oregon	North Carolina-Wilmington
1993	North Carolina-Wilmington	California
1994	East Carolina	California-Santa Cruz
1995	East Carolina	California-Santa Cruz
1996	California-Santa Barbara	North Carolina-Wilmington
1997	California-Santa Barbara	Stanford
1998	California-Santa Barbara	Stanford
1999	North Carolina State	Stanford
2000	Brown	Carleton College
2001	Carleton College	Georgia
2002	Stanford	California-San Diego
2003	Wisconsin	Stanford
2004	Colorado	California-Davis
2005	Brown	Stanford



2006	Florida
2007	Wisconsin
2008	Wisconsin
2009	Carleton College
2010	Florida
2011	Carleton College
2012	Pittsburgh
2013	Pittsburgh
2014	Colorado
2015	North Carolina

Stanford Stanford British Columbia California-Santa Barbara Oregon California-Santa Barbara Washington Oregon Ohio State Oregon

AUBURN UNIVERSITY AETOS

AUBURN, AL

Coach: TJ Martin Captains: Garris Bugg, Martin Newman, Michael Volz facebook.com/auburnultimate @AuburnUltimate



Auburn Aetos has recently grown into a strong and nationally-competitive team. Built on brotherhood and hard work, Auburn has created a program that will be around for a while. Auburn has won the Gulf Coast Conference Championship two times in a row and is at Nationals for the second year in a row.

ROSTER

11

12222222333344888

12682345678235747357	Blake Galloway Eric Sjostrom Garris Bugg Dustin Register Jack Missildine Jonathan Arrington Evan Caldwell Robert Alongi Rocco Magnella Martin Newman Samuel Murphree Reid Williams Hamilton Wasnick Michael Volz Reid Thackerson Trois White Cory Hershey Clark Missildine Michael Strobel Hank Womble Joshua Connelly Ryan Landry Evan Boecking Ben Thompson	S S S T T F T S S S T F T S S S T T F T S S S T F T S S S T F T T S S S T T T T	$\begin{array}{c} 6'1''\\ 6'0''\\ 5'11''\\ 5'10''\\ 5'11''\\ 5'10''\\ 5'11''\\ 5'9''\\ 6'0''\\ 6'0''\\ 5'8''\\ 6'3''\\ 6'1''\\ 5'7''\\ 5'7''\\ 5'7''\\ 5'7''\\ 5'7''\\ 5'7''\\ 6'0''\\ 5'7''\\ 5'10''\\ 6'0''\\ 6'1''$	$\begin{array}{c} 22\\ 19\\ 22\\ 11\\ 18\\ 22\\ 20\\ 21\\ 9\\ 20\\ 21\\ 20\\ 21\\ 21\\ 21\\ 22\\ 23\\ 26\\ 19 \end{array}$
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CALIFORNIA POLYTECHNIC STATE UNIVERSITY SLOCORE

SAN LUIS OBISPO, CA

Coach: Peter Raines Captains: Tim Okita, Chris Cogswell slocore.com @CORE ultimate



We are the legacy of the original Cal Poly team of 1978. That's 38 years. Back then, our founders gave us the name CORE - Comrades Of Radical Energy. The green radiation symbol symbolizes our comradery and effort to not just be teammates, but a family.

SLOCORE had its first College Nationals appearance in 1985 and has not been back since 1987, when they came in third behind UC-Santa Barbara and Chabot.

Our rise to success started only last year. The seniors on this team remember a dreadful freshman year with an end ranking of 164th. Two years ago, SLOCORE didn't even make regionals. However, with an influx of athletic sophomores, a core of six seniors who have remained the rock of the team, and coaching from alumni Peter Raines, this year has been a totally different story.

Our identity as a team is found in HARD $\ensuremath{\mathsf{CORE}}$ – Hustle, Adapt, Respect and Discipline.



2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

ROSTER

0	Sunghoon Chung	Jr	5'7"	20
3	Simon Krauter	Jr	6'0"	22
	Daniel Hoffman	Jr	6'4"	21
4 5	Aaron Shi	Sr	6'2"	21
8	Dillon Whited	So	6'0"	20
9	Nathan Pettyjohn	So	6'2"	20
11	Cameron Wariner	Jr	Ğ'Ī"	21
14	Chris Cogswell	Sr	6'2"	21
16	Tom Konogeris	Sr	5'9"	22
17	Slater Levey	Jr	5'11"	20
18	Alec Bandler	Jr	5'8"	21
20	Sean Liston	So	6'1"	20
21	Caleb Merriam	So	5'9"	20
23	David Hirschey	Sr	5'11"	22
24	Jonathan Chianglin	So	5'11"	20
25	Camden Reynolds	Jr	5'10"	21
27	Andrew Lam	So	5'10"	20
28	Joe Gagliano	Sr	5'10"	22
	lan Sweeney	So	6'3"	20
		Sr	5'9"	22
53		Jr	5'10"	21
82	Joel Anton	Sr	5'11"	22

CARLETON COLLEGE CUT

NORTHFIELD, MN

Coach: Philip Bowen Captains: Justin Lim, Russell Hanson, Natan Lee-Engel orgs.carleton.edu/cut @cutrules

CUT players have the privilege of playing ultimate at the highest level of the college game, receiving an excellent education at one of the nation's top liberal arts colleges, and becoming part of a tightly knit group of motivated, fun individuals. Playing for CUT is intense, physically demanding and incredibly rewarding. CUT is a brotherhood.

supported by a huge network of alumni, parents and fans. (from orgs.carleton.edu/cut/about)

ROSTER

CASE WESTERN RESERVE UNIVERSITY FIGHTING GOBIES

CLEVELAND, OH

Coaches: Nicholas Mathison, Daniel Young, James Zhang Captains: Jacob Lunn, Matt Tedesco ultimate.case.edu @FightingGobies



Located on Lake Erie in Cleveland, Ohio, the Case Western Reserve University ultimate team was founded 20 years ago. Since being rebranded as the Fighting Gobies, we have been slowly swimming upstream to capture our White Whale, a spot at the National Championships. Throughout the season, from High Tide to Huck Finn, the gobies

have been leaping over their seedings and scaling brackets, causing big waves by winning the Ohio Valley Region. We are accustomed to being a small fish in a big pond and are excited to swim with the sharks in Raleigh.

ROSTER

0 Dima Estrin 3 Joseph Marmerste 7 Jordan Liff 8 Kunal Rath 12 Buck Baskin 14 Kyle Rogers 15 Steven Iokar 17 Steven Her 18 Anthony Dario 22 Nathan Olszowy 23 Tarik Akyuz 25 Matt Tedesco 26 Milo Korman 27 Kevin Talbot 30 Brian Ward 31 Matthew Chin 33 Jacob Lunn 43 Jake Rovner 72 Nick Longo 81 Mark Fertal 85 Michael Kasper	ein Gr $5^{*}9^{*}$ 2 So $6^{*}3^{*}$ 2 Fr $5^{*}6^{*}$ 1 Jr $6^{*}0^{*}$ 2 Sr $6^{*}2^{*}$ 2 Jr $5^{*}9^{*}$ 2 Sr $5^{*}9^{*}$ 2 Sr $6^{*}1^{*}$ 2 Sr $6^{*}1^{*}$ 2 Sr $6^{*}1^{*}$ 2 Sr $5^{*}11^{*}$ 2 Gr $6^{*}0^{*}$ 2 Jr $5^{*}11^{*}$ 2 Jr $5^{*}11^{*}$ 2 Jr $5^{*}10^{*}$ 2 Jr $5^{*}10^{*}$ 2 Jr $5^{*}10^{*}$ 2 Jr $5^{*}10^{*}$ 1 Fr $5^{*}7^{*}$ 2	930912112122201011900
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2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

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SPECTATOR INFO

UNIVERSITY OF COLORADO MAMABIRD

BOULDER, CO

Coaches: Michael Lun, Gabe Stump Captains: Oak Nelson, Josh Crane, Matt Gleason mamabird.com @CUMamabird



Colorado Mamabird has been a constant force at College Nationals for the past 19 years - the longest nationals attendance streak in college ultimate.

ROSTER

0 1 2 3 4 5	Mark Rauls Matt Robinson Zach Krieger Elliott Woodward	Jr Gr Sr Sr	5'7" 5'11" 6'1" 6'0"	21 23 22 22
4	Jack Drumright Dylan Hanel	Jr Fr	6'0" 5'9"	21 18
6	Erik Hotaling	Jr	5'10"	21
8	Pawel Janas	Gr	5'10"	22
10	Danny Langevin	So	5'10"	20
11	Josh Crane	Sr	6'0"	22
12	Girish Narayanswamy	So	6'2"	20
13	Greg Blumer	So	5'10"	20
15	Marc Kaylor	Sr	5'10"	22
17	Tristan Voss	Gr	6'1"	22
19	Isaac Chestler	So	5'11"	20
21	Wes Chow	Sr	5'11"	22
24	Matt Bubernak	Gr	5'8"	23
28	Oak Nelson	Śr	6'0"	21
29	Matt Gleason	Gr	5'9"	23
30	Jon Stirk	Sr	6'2"	21
44	Jesse Fisher	Gr	6'0"	23
80	Jeremy Harker	Sr	6'2"	22
<u>9</u> 9	Alex Tatum	So	5'11"	20

UNIVERSITY OF CONNECTICUT GRIND

STORRS, CT

Coaches: Bryan Jones, Jimmy Leppert Captains: John Wodatch, Ryan Possardt, Dan Reilly uconntact.uconn.edu/organization/uconnmensultimate @UConnGrind



Founded in 1974, Connecticut Grind is a team that preaches dedication, courage and academic achievement. Additionally, the individuals that make up this coalition hold their friendship and team chemistry to the highest standard. When you incorporate these values together, it is then

that you are ready to understand Grind on the field playing this sport that is ultimate.

ROSTER



FLORIDA STATE UNIVERSITY DUF

TALLAHASSEE, FL

Coaches: Pete Van De Burgt, Matthew Childs, Chris LaRocque Head Captain: Cole Friedes Co-Captains: Bobby Patterson, Tom Mazza fsultimate.com @duftrainroll



DUF was originally founded in 1975 as a disc games club at FSU, though it wasn't until the late 80s and early 90s that the team began competing at ultimate tournaments. Aside from a lone appearance at Nationals in 1996, DUF

spent most of its early decades toiling in relative obscurity. Throughout the aughts, despite the fact that the team garnered little attention on the national scene, DUF began establishing a culture of grittiness and determination that would lay the groundwork for future success. At the center of this culture is DUF Heart, something that is perhaps best exemplified by the 2004 team, which played 75 games in a single season. After years of building, DUF finally returned to Nationals in 2013, the first of four consecutive appearances. After a tied-for-third finish last year in the semifinals, DUF is hungrier than ever for a chance at the title.

UNIVERSITY OF GEORGIA JOJAH

ATHENS, GA

Coaches: Benjamin Gray, Nathan Kelley Captains: Parker Bray, Sebastian Di Francesco, George Summers jojahultimatefrisbee.wordpress.com @jojahultimate



Jojah Ultimate was founded in 1982 in the midst of Reaganomics and Quiet Riot. The economy was good, the metal was loud, and Jojah couldn't wait to sink their teeth into a dirty communist ultimate

team. It was truly a simpler time.

Jojah has had its ups and downs, including players like Deaver, Crawford, Hammond, and some dude nicknamed "Sneal." For most of these washed-up superstars, it's hard to say which ones were the ups and which were the downs.

Throughout our history, Jojah has had notable wins over Kennesaw State University and world hunger. However, the world hunger victory was officially denounced by the UPA for unknown reasons.

ROSTER

ROSTER

2 3 4 5 7 8 9 10 14 5 7 8 9 10 14 15 16 19 22 24 6 28 9 60 82 87	Joseph Lavine George Summers Aidan Rogers Ethan Bowling Parker Bray Sebastian Di Francesco Sam Little Adam Burgess John Langstaff Neal Raines Hunter Cutts Ryan Pappafotis Sheryar Ali Jon Ross Ingley Patrick Trent Vasily Mishin Jason Jones Mason Cary David Petmecky Sam Batson Gino Mattace	ור גוור געניין געניי געניין געניין	$6'1'''_{5'9'1}'''_{5'9'1}'''_{5'9'1}'''_{5'9'1}'''_{5'9'1}'''_{5'5''}''_{5'9'0}'''_{5'5'10''}''_{5'6'0'''}''_{5'7'0''}''_{5'6'0'''}'''_{5'7'0''}'''_{5'8'''}'''_{5'8'''}'''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''_{5'8'''}''''''''''''''''''''''''''''''''$	21 22 20 21 20 20 23 22 20 21 21 22 23 19 19 20 20 19 20 21 21 22 23
			5'8" 6'0"	

SPECTATOR INFC

2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

HARVARD UNIVERSITY **RED LINE**

CAMBRIDGE. MA

Coaches: Michael MacKenzie, William Dean Captains: Ben Scharfstein, John Stubbs, Mark Vandenberg hcs.harvard.edu/~disc @HarvardRedLine



Founded in 1976. Harvard Men's Frisbee has been a consistent presence in New England since the early 90s. HMF donned the name Red Line in 2000 and has since evolved into a perennial regional contender. Harvard returns to Nationals for its eighth appearance in 12 years.

This year's team is led by a large veteran presence, including seven seniors who have worked tirelessly to strengthen Harvard ultimate on and off the field, while 2015's large rookie class has stepped up into big roles to boost Red Line back to Nationals. On the sideline, fifth-year head coach Michael MacKenzie is joined by William Dean. Together, Red Line 2016 looks forward to testing itself against college ultimate's best at the Championships.

Like many Red Line teams before us, we are on a Vision Quest, a journey to climb that wall, date that drifter and grab our share of the glory. All we ever settled for was that we were born to live and then to die; we've gotta do it alone, each in his own way. And I guess that's why we gotta love those people who deserve it like there's no tomorrow. 'Cause when you get right down to it...there isn't.

ROSTER

UNIVERSITY OF MASSACHUSETTS ZOODISC

AMHERST, MA

Coaches: Tiina Booth, Russell Wallack Captains: Ben Sadok, Ben Tseytlin, Jeff Babbitt Website: facebook.com/UMassUlitmate Twitter: @UMassUltimate



UMass ZooDisc won the third annual College Championships in 1986 and is looking to win another College Championship title 30 years later. After reaching the Nationals level in 2014, ZooDisc is back for its third straight year. Under legendary coach Tiina Booth, composed consul-

tant Russell Wallack, monster captain Jeff Babbitt, technician captain Ben Tseytlin, and squirrelly captain Ben Sadok, the Zoodisc is poised to challenge the rest of the country. The team is looking forward to representing New England and bringing back the hardware for the first time in 30 years.

ROSTER

2 3 4 7 9 10 11 12 15 16 18 232 334 36 38 47 76	Patrick Barron Benjamin Sadok Ciaran Shaughnessy Gabriel Schmitt Samuel Carr Jared Madore Conor Kline Benjamin Tseytlin Tannor Johnson Giancarlo Cincotta Brett Gramann Aaron Raskin Jack Staples William Thornton Jeffrey Dreyfus Giovanni Flamini Matthew Caswell Alec Zabrecky Solomon Maerowitz-M	So Jr Gr Sr Fr Jr Sr Fr Jr So Jr Fr Jr So Gr Fr Jr Ma So	6'1" 5'5" 5'11" 5'7" 6'2" 6'2" 6'4" 5'10" 5'8" 6'1" 6'2" 6'1" 6'2" 6'2" 6'2" 6'2"	19 21 26 21 18 19 20 22 19 21 20 20 19 21 20 22 18 20 19
80 84 87 89	Christopher Bartoli Colin Hannahan Jeffrey Babbitt Eugene L'Heureux	So Sr Sr Fr	6'0" 5'9" 6'1" 5'10"	19 23 22 19



UNIVERSITY OF MICHIGAN MAGNUM

ANN ARBOR, MI

Coaches: Richard Eikstadt, Tyler Kinley, Jonathan Paruk Captains: Noah Backer, Zach Goulson magnumultimate.com @magnUMultimate



MagnUM has been to Nationals 13 times in the 19-year history of the program, though the team has never finished better than fifth at the College Championships. MagnUM has taken first in the Great Lakes Region eight times. Will Neff is the only MagnUM player to win the Callahan, which he did in 2009.

ROSTER

2	Wesley Chen	Jr	5'10"	21
2 3	Alexander Russomanno		6'2"	25
4	Vikram Mathias	So	5'11"	20
5 7	Noah Backer	Sr	6'1"	22
7	Daniel Calabrese	Jr	6'0"	20
10	Jake Steslicki	So	6'1"	20
11	Zachary Goulson	Sr	5'11"	21
12	Charles Walmsley	Fr	5'11"	19
14			5'11"	22
	Benjamin Page	Sr	0 11	
15	Samuel Greenwood	Gr	6'2" 6'2"	23
17	Jake Moyer	Jr	6'2"	20
20	Adam Stautberg	Fr	5'11"	18
21	Travis Compo	Sr	5'8"	22
21 23	Maxwell Teener	Jr	6'2"	21
26	Noah Lybik	So	5'7"	20
28	Andrew Suchezky	Fr	5'8"	19
29	Christopher Jacobson	So	5'10"	20
30	Parker Howard	Jr	5'11"	20
33		Sr	5'10"	21
33	Andy Yu Debart Mover		5'10" 6'2"	20
40	Robert Moyer	Jr	0 2	
41	Daniel Lee	Jr	6'2" 6'1"	21
43	Michael Roberts	Sr	6'1"	22
44	Samuel Vetromile	So	6'1"	20
59	Nicholas Gerber	So	5'10"	20
64	Steven Jacobson	So	5'10"	20
77	Alexander Roberts	Sr	6'1"	22
84	Joseph Krieger	Jr	6'1"	20
87	Joshua Becker	Sr	5'7"	21
			C'0"	
88	Samuel Bethancourt	Fr	6'2"	19

UNIVERSITY OF MINNESOTA GREYDUCK

MINNEAPOLIS, MN

Coaches: Tallis Boyd, Dave Eddy Captains: Ryan Osgar, Soham Shah, Wyatt Mekler mngreyduck.weebly.com @1Duck1Love

Duck Duck Grey Duck > Duck Duck Goose



ROSTER

0	Josh Kautz	Sr	6'1"	22
1	Ryan Osgar	Gr	6'1"	23
	Alex Jirele	Jr	5'11"	21
2 3	Connor Anderson	Sr	5'7"	21
4	Ben Jagt	Jr	6'6"	23
7	Zach Trosvig	Fr	5'11"	18
8 9	Cole Wallin	Fr	5'11"	19
	Tom Duret	Fr	5'9"	19
10	Tony Poletto	Jr	5'9"	21
11	Sam Kaminsky	Fr	6'0"	19
18	James Nguyen	Jr	5'7"	20
20	Blake Trantina	Sr	6'3"	22
21	Joshua Pratt	Jr	6'1"	20
22	Adam Meckstroth	So	6'2"	20
23	Saurav Dubey	Jr	5'10"	21
24	Isaac Ruff	Sr	6'4"	22
36	Donnie Wood	So	5'8"	20
40	Neil Petersen	Sr	6'0"	22
41	Sam Bumsted	Sr	6'0"	22
42	Tom Bakko	Sr	6'4"	22
47	Dan Wylie	Sr	6'1"	22
48	Wyatt Mekler	Jr	5'11"	20
77	Soham Shah	Gr	5'10"	22
93	Justin Hill	Sr	6'4"	22
99	Tristan Van De Moortele	Gr	5'10"	21

19

SPECTATOR INFO

UNIVERSITY OF NORTH CAROLINA DARKSIDE

CHAPEL HILL, NC

Coaches: Jon Nethercutt, Dennis Tarasi, Michael DeNardis Captains: Aaron Warshauer, JD Hastings, Dain Nielsen uncdarkside.com @UNC Darkside



Founded in the fall of 1993, University of North Carolina Darkside has grown to become one of the nation's perennial powerhouse ultimate programs in the 22 years since. Darkside earned its first bid to Nationals in 1999, and followed up that performance with return visits in

both 2000 and 2001. More recently, Darkside has won the Atlantic Coast Regional Championship in three of the last five years, as well as steadily improving its finish at Nationals, culminating in Darkside's first-ever win last year. Led by a core of senior veterans like Aaron Warshauer and JD Hastings, and bolstered by a stable of young talent such as Nathan Kwon, Matt Gouchoe-Hanas and Elijah Long, this year's Darkside squad is ready for action. As of late, Darkside's sidelines, featuring this year's "Noodle Squad" have really risen to the occasion and can be seen swinging noodles around and somersaulting after scores. Darkside hopes to ride a wave of resurgence all the way to the National Championship.

ROSTER

$\begin{array}{c} 0 \\ 1 \\ 3 \\ 4 \\ 5 \\ 6 \\ 7 \\ 8 \\ 10 \\ 11 \\ 12 \\ 15 \\ 16 \\ 17 \\ 18 \\ 22 \\ 4 \\ 25 \\ 27 \\ 4 \\ 25 \\ 76 \\ 85 \end{array}$	Aaron Warshauer Aaron Wan JD Hastings Suraj Madiraju Nathan Kwon Ben Maxson Jesse Kovacs Alec Tolentino Marc Rovner Taek Lee Elijah Long Vikram Sethuraman Austin Banks Spencer Beck Dain Nielsen Paden McBride Matt Gouchoe-Hanas Walker Matthews Alex Davis David Voychuck Ryan Greaves Alex Grosskurth Miles Lally Chathan Driehuys Drew Mouw	S11 S1F S0 1 S0 F S0 F S1F S0 S0 S0 FF F1 1 1 FF FF	$\begin{array}{c} 6^{'3''}_{5'10''}\\ 5^{'5'}_{5'2''}\\ 5^{'7''}_{5'7''}\\ 5^{'7''}_{5'7''}\\ 5^{'9''}_{5'9''}\\ 5^{'9''}_{5'10''}\\ 5^{'10''}_{5'10''}\\ 5^{'10''}_{5'10''}\\ 5^{'10''}_{5'10''}\\ 5^{'10''}_{5'10''}\\ 5^{'10''}_{5'10''}\\ 5^{'10''}_{5'8''}\\ 6^{'2''}_{5'11'''}\\ 6^{'3''}_{6'3''}\end{array}$	22 20 22 18 20 20 19 19 19 22 20 19 20 18 20 22 20 19 20 18 20 21 19 22 20 19 19 19 22 20 19 19 19 22 18 20 20 19 19 19 22 20 20 20 19 19 20 20 20 20 20 20 20 20 20 20 20 20 20
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UNIVERSITY OF NORTH CAROLINA-WILMINGTON SEAMEN

WILMINGTON, NC

Coaches: Greg Vassar, Brian Casey, Tully Beatty Captains: Jake Gallagher, Jack Williams, Austin McGrayne seamenultimate.com @seamenultimate



The UNCW Seamen have a long and storied history and are proud of what the program has achieved. Founded in 1988, UNCW has won 13 sectional/ conference championships, nine regional championships and one national championship. This year's version of the Seamen is not dissimilar to

those championship teams of the past – fast, athletic, skilled and determined. We look forward to representing eastern North Carolina, our school, our history and ourselves well in Raleigh.

ROSTER

1	Willie Stewart	So	6'2"	20
2	Gabe Fuller	Sr	5'10"	23
3	Colin White	Fr	5'10"	19
5	Danny Mercer	Jr	5'9"	20
9	Rick Henninghausen	So	6'3"	19
10	Kyle Warfel	Jr	6'3"	20
11	Jack Williams	Sr	6'1"	21
12	Kevin Mateer	So	6'3"	19
17	Keane Squeri	Jr	5'8"	20
18	Grayson Sanner	So	5'7"	20
20	Matt Mason	Sr	6'2"	21
22	Carl Matysek	Sr	5'11"	22
23	Charlie Lian	Sr	6'0"	22
25	Jake Gallagher	Sr	6'0"	22
27	John Wright	Jr	5'10"	20
28	Joseph Sharp	So	6'1"	20
33	Austin McGrayne	Sr	5'10"	22
42	Jonathan Callahan	Sr	5'9"	22
79	Erik Esposto	Sr	5'9"	21
80	Xavier Maxstadt	Sr	6'3"	22
88	Dalton Vestal	So	6'1"	20
89 99	Davon Jaramillo Thomas Theunissen	S0 S0 S0	5'9" 6'2"	20 20 20



UNIVERSITY OF OREGON EGO

EUGENE, OR

Coach: Jay Janin Captains: Chris Strub, Will Watkins, Adam Rees @egotime

One Ego.



ROSTER

$\begin{array}{c} 2\\ 3\\ 5\\ 11\\ 14\\ 15\\ 17\\ 22\\ 23\\ 24\\ 25\\ 26\\ 33\\ 42\\ 55\\ 64\\ 66\\ 8\\ 70\\ 75\\ 80\\ \end{array}$	Max Moore Jacob Lambert Stevie Pearlman Spencer Latarski Zach Meyer Xander Cuizon-Tice Adam Rees Nic Heaton Colton Clark Martin Harris Ben Pettis Will Lohre Connor Matthews Leandro Marx Will Watkins Marty Shanahan Chris Strub	Southard States State	5'9"	20 18 18 22 18 21 23 18 22 21 20 21 20 21 20 21 20 21 20 21 20 21 20 21 22 23 21 22 21 22 21 22 21 22 21 21			

SPECTATOR INFO

UNIVERSITY OF PITTSBURGH EN SABAH NUR

PITTSBURGH, PA

Coaches: Nick Kaczmarek, David Hogan, Aaron Watson Captains: Trent Dillon, Patrick Earles, Christian Pitts Website: pittultimate.org Twitter: @pittultimate



This is Pitt's 12th consecutive year attending the College Championships.

ROSTER

TEXAS A&M UNIVERSITY DOZEN

COLLEGE STATION, TX

Coaches: Jose Cespedes, Robert Lew Captains: Dalton Smith, Ben Lewis, Nick Ochoa @DozenUltimate



ROSTER

1 3 4 7 12 13 14 16 17 18 22 23 4 22 24 24 22 30 31	Timmy Robison Michael Wilson Nick Ochoa Ben Lewis Jamie Wall Connor Ughetta Dalton Smith Carter Hollo David Smith Todd Schrader Casey Aldridge Nico Ceaser Zach Marbach Travis Winter Brendan Adams Colin Smith Ryan Jones Connor Cole Luke Hebert	Fr Fr So So Sr Sr Sr So So Jr Fr So So So So So So So So So So So So So	$\begin{array}{c} 5'6''\\ 6'1''\\ 5'9''\\ 6'2''\\ 6'3''\\ 5'11''\\ 6'3''\\ 6'3''\\ 6'2''\\ 6'3''\\ 6'2''\\ 6'2''\\ 6'0''\\ 5'11''\\ 5'8''\\ 6'0''\\ 6'4''\\ 5'8''\\ 6'2''\\ 6'5''\end{array}$	18 19 22 23 20 19 23 21 22 25 19 19 21 23 21 20 20 20 20
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UNIVERSITY OF UTAH ZION CURTAIN ULTIMATE

SALT LAKE CITY, UT

Coaches: Josh Letsinger, Tommy Newell, Clayton Bracht Captains: Joshua Zdrodowski, Michael Affleck, Hunter Levis @ZCU_Ultimate



Zion Curtain Ultimate was established 10 years ago by local legend, Chris Watkins. Watkins talked about a "10year plan" to grow the sport in Utah. He wanted to see Utah competing with elite teams, so he did what any ultimate vet would do: start a college team at the University of Utah with two up-and-coming studs, Trevor Harper and

Eric Christensen. Like every new team, the primary focus was retention. After a couple years, Watty passed the torch to Ed Tyner who was pivotal in establishing a passion for the game in many young players. The team continued to grow through hard work and community support. Salt Lake native Tyler Bugden brought the knowledge he gained from four years playing at Tufts back to Utah as the next coach. He, along with Eric Christensen, was the driving force behind the competitive program we have today. While we have had many individual accomplishments, our focus has always been creating the team that Watty set out to build 10 years ago. It's only fitting that our first Nationals berth is during our 10-year anniversary season, led by the first ZCU all-alumni coaching staff.

ROSTER

0 Michael Lien So 1 Brady Ohlsen Gi 2 Caleb Felicetti So 3 Matt Lansing Fr 4 Eric Amerling Gi 5 Ivan Martins Jr 6 Brenden Fischer-Femal Gi 7 Bryson Allison So 9 Robert King Fr 10 Michael Giere So 12 Andrew Feller So 13 Trey Taylor Fr 14 Herson Fackler Jr 17 Jeff Letsinger So 20 Anderson Fackler So 21 Michael Affleck So 22 Alex Baker So 23 Machael Affleck So 24 Simon Greenhalgh Fr 4 Harrison Sucher Fr 50 Zander Knock Fr 6 Josh Zdrodowski So 75 Jeff Santry Jr 76 Connor Hess Fr <td< th=""><th>$\begin{array}{cccccccccccccccccccccccccccccccccccc$</th></td<>	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
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2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS



SEATTLE, WA

Coaches: Alex Wells, Michael Capeloto Captains: Curty Rusch, Dongyang Chen, Khalif El-Salaam, Tian Chuan Yen Website: washingtonultimate.org Twitter: @Sundodgers



The University of Washington Sundodgers have been a perennial contender out of the Northwest Region. This is the team's first Nationals appearance since 2013.

ROSTER

 2 Tian Chuan Yen 3 Khalif El-Salaam 4 John Bjorge 6 Curty Rusch 7 Eli Savelle 8 James Gendreau 9 Maximilian Landa 10 Dongyang Chen 11 Jonathan Shuster 12 Tomás Delgado 13 Jason Peacher-Ton 14 Steven Benaloh 16 Cooper Schumacher 19 Oliver Marczynski 21 Oliver Speltz 23 Xiao Dong Liu 37 Brian Huynh 50 Samuel Scherer 51 Chris Lu 87 Galen Kornowske 	Fr Sr Sr Gr Jr Sr Fr Gr Jr Jr So Sr Fr Fr Jr So Jr Jr Sr	$\begin{array}{c} 6^{\circ}2^{\circ\prime}\\ 5^{\circ}10^{\circ\prime}\\ 5^{\circ}9^{\circ\prime}\\ 5^{\circ}9^{\circ\prime}\\ 5^{\circ}8^{\circ\prime}\\ 6^{\circ}1^{\circ\prime}\\ 5^{\circ}7^{\circ\prime}\\ 5^{\circ}7^{\circ\prime}\\ 5^{\circ}7^{\circ\prime}\\ 5^{\circ}7^{\circ\prime}\\ 5^{\circ}7^{\circ\prime}\\ 6^{\circ}3^{\circ\prime}\\ 6^{\circ}3^{\circ\prime}\\ 5^{\circ}10^{\circ\prime}\\ 5^{\circ}10^{\circ\prime}\\ 6^{\circ}0^{\circ\prime}\\ 5^{\circ}8^{\circ\prime}\end{array}$	18 21 22 23 21 21 21 21 20 19 22 21 20 19 21 19 21 19 21 20 22
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SPECTATOR INFC

UNIVERSITY OF WISCONSIN HODAGS

MADISON. WI

Coaches: Eric Alexander, Andrew Brown, Hector Valdivia Captains: Craig Cox, Avery Johnson hodags.org @hodaglove



The UW-Madison Ultimate Frisbee club was founded in 1977. Upon creation, the team immediately began to establish a great winning tradition with nine sectional championships and five final four finishes in regional play. Between 1977 and 1988, the team had an overall record of 347 wins and 189 losses.

The Dave McClain Athletic Facility, opened in 1988, offered the club an opportunity to cleat-up during the winter season. Coincidence or not, it wasn't until after 1988 that the club first qualified for Nationals.

In spring 1994, the "Hodags" team name was implemented and has been held to this day. Tryouts were conducted for the first time in the fall of 1988.

Since 2001, the Wisconsin Hodags have three national titles and five finals appearances.

ROSTER

0 2 3 5 6 7 9 10 11 12 13 14 17 22 3 25 26 27 31 33 37 41	Rami Paust Jacob Elias Shane Saddison-Brad Jan Szmanda	So Jr So So So Sr Sr Jr So So Sr Jr So Sr Jr So So So Sr Jr So So So So So So So So So So So So So	5'7" 5'11" 6'4" 5'10" 5'9" 6'4" 5'9" 6'3" 5'9" 6'3" 5'10" 6'0" 5'10" 6'0" 5'10" 6'0" 5'11" 6'4" 5'9" 6'1" 5'10" 6'1" 5'10" 6'1" 5'10" 6'1" 6'1" 5'10" 6'1" 6'1" 5'10" 6'1" 6'1"	19 21 20 19 22 20 22 26 20 21 21 21 24 21 19 19 22 22 23
			5'10"	22
			61	23
44		Sr	6'2" 6'1"	21
49	John Tan Austin Reif	Fr Sr	5'10"	18 21
57 84	Craig Cox	Sr Sr	5 10 6'6"	21
04	UIAIS UUX	51	0.0	22

2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

UNIVERSITY OF BRITISH COLUMBIA THUNDERBIRDS

VANCOUVER, BC

Coaches: Jeff Cruickshank, Candice Chan Captains: Mira Donaldson, Ellen Au-Yeung, Victoria McCann @UBCwomensulti

UBC THUNDERBIRDS WOMEN'S ULTIMATE SPORT CLUB The UBC Thunderbirds come from a strong ultimate presence in Vancouver. Many players have experience playing for provincial teams together as juniors, as well as experience competing on the Canadian U-19 and U-23 teams. This season, they have acquired the coaching presence of Jeff Cruickshank and Candice Chan. Together,

the pair combines years of women's ultimate experience through coaching and captaining Traffic. In their past two Nationals experiences, the Thunderbirds have made it to the quarterfinals and semifinals, and this year, they hope to continue that progression.

ROSTER

4 5 6 8 9 10 11 12 14 18 9 21 24 25 28 31 32	Julia Zhang Naomi Morcilla Evelyn Chan Kate Scarth Serena Tam Joanna Lo Naomi Johnson Ingrid Yuen Cindy Li Christine Liu Mira Donaldson Ellen Au-Yeung Megan Zhu Esther Au Esmily Yuen Jessica Chung Katherine McGuire	Fro Jr Gr Jr So Jr Fr So Fr Jr Fr Jr So	5'7" 5'3" 5'6" 5'2" 5'3" 5'7" 5'2" 5'3" 5'5"	18 19 20 22 20 19 20 18 20 25 22 19 18 21 19 20 20 20
36	Emma Madden-Kras	Jr	5'4"	20
37	Paige Muir	Fr	5'3"	19
44	Janelle Siwa	So	5'7"	19
47	Victoria McCann	Jr	5'7"	21
55	Beverly Yim	Fr	5'2"	19
75	Mavis Huang	Fr	5'4"	18
96	Alei Mohr	Gr	5'9"	22

UNIVERSITY OF CALIFORNIA PIE QUEENS

BERKELEY, CA

Coaches: Manisha Daryani, Aman Ahuja Captains: Marisa Rafter, Alison Griffith, Kim Long piequeens.org @piequeens



The UC Berkeley women's team was founded in 1988 and only four years later reached the finals of the College Championships. After another Nationals appearance in 1992, Cal went on to win the 1993 championship. Sometime in the 90s,

the team was named the Pie Queens after the team's favorite post-tournament soul food restaurant, Lois the Pie Queen, in Oakland, Calif. The team has been loyal customers ever since. After a streak of Nationals appearances in the early 2000s, the Pie Queens reached the big show in 2010, 2011 and 2012. Cal has been home to a number of big names in ultimate, including Hall of Famer Molly Goodwin.

ROSTER

1 2 4 6 10 11 12 14 15 18 19 21 22	Anna Wysen Marisa Rafter Jile An Allegra Mayer Christy Jarman Mackensie Smith Kathryn Carlson Megan Pera Alison Griffith Hannah Ellis Jessalyn Siu Alexandra Hasan Elena Good	Fr Sr Gr So Fr Gr Jr So Jr Jr Gr	5'9" 5'8" 5'8" 5'5" 5'10" 5'7" 5'6" 5'8" 5'6" 5'8" 5'6" 5'3" 5'9"	19 22 21 24 21 19 18 24 20 20 20 21 22
24	Jackelyne Nguyen	So	5'5"	20
27	Yun-Yun Lin	Fr	5'1"	18
28	Krystal Ching	Jr	5'1"	21
45	Charlotte Flintermann	Sr	5'5"	23
57	Mathilda Farrell	Jr	5'10"	21
72	Petra Varkonyi	So	5'8"	20
89	Kimberly Long	Gr	5'5"	26
99	Danielle Murray	Sr	5'8"	21



2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS



ORLANDO, FL

Coach: Joe Tilley Captains: Stephanie Williams, Janina Freystatter @UCFWUltimate

SIRENS:

The Sirens were started by a girl named Tina with a dream and a social media account. She messaged strangers relentlessly until Facebook actually banned her, but in the process,

she gathered exactly seven girls who shared her crazy passion for ultimate, and one coach named Joe Tilley who wouldn't quit on them. Fast forward six years, and you have the most dominant group of Sirens yet. We're still small, but we have huge potential and talent, and our commitment to the sport and each other is unwavering. After dominating the regular season, the Sirens are emerging in Raleigh to make Momma Tinsie proud and play the teams that will push us the farthest and get us to be that elite team we always thought we could be. This is the year of the Siren. Mark your calendars.

ROSTER

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SPECTATOR INFO

CHAOS

BELLINGHAM, WA

Coaches: Alyssa Weatherford, Callie Mah Captains: Ariel Edwards, Jessie Thoreson, Alea Clymer

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Chaos Ultimate was formed in 1999, in the city of subdued excitement, Bellingham, Wash. We pride ourselves on bringing crazy, spirited competition to the ultimate field. In short, Chaos is a scrappy, gritty, passionate gaggle of girls ready to emerge from our damp, overcast lair in the Northwest and take on the North Carolina sun.

Trust, Love, Grit. Chaos.

ROSTER

UNIVERSITY OF COLORADO KALI

BOULDER, CO

Coaches: Claire Chastain, Lauren Boyle Captains: Kirstin Johnson, Megan Ives, Nhi Nguyen colorado.edu/recreation/club-sports/listing/ultimate-womens @KaliUltimate



In the dry, thin air of central Colorado, where the vast plains come to an abrupt end in the harsh sagebrush foothills of the Rockies, the Goddess Kali reigns supreme. There, in the chill shadow of the Flatirons, her minions train for battle. Glorying in the sounds of combat, the disciples of Kali are

a fierce and savage tribe whose love for victory is surpassed only by their love for their fellow warriors. Their devotion to Kali gives them the power to conquer.

After tying for third in the nation in 2010, Kali has been on the hunt for a title, qualifying for Nationals the past three years in a row, winning the South Central Region for the last two. A 13th place finish in 2014 followed by a fifth place finish in 2015 proves an eerie warning to Kali's rivals as their thirst for victory remains unquenched. Complete with the addition of many new fiery Kalis, and the untamed remainder of last year's team, Colorado Kali will be a force to be reckoned with this year. Watch our team as we shake 'n bake, slice 'n dice, and send our way to the top of Bojangles this month in Raleigh.

COLORADO COLLEGE LYSISTRATA'S TOOLS

COLORADO SPRINGS, CO

Coaches: Emily Woolridge, Amanda Walker Captains: Chloë Rowse, Patty Weicht, Corey Baron facebook.com/StrataUltimate @STRATAultimate



Dating back to Ancient Greece during the Peloponnesian War, Athenian woman Lysistrata convinces the women of her tribe to be the tools to end the war by abstaining from sexual privileges. The lineage of Lysistrata continued, and in 1992, Justine Crowley and Rachel Hess founded Colora-

do College's women's ultimate team, Lysistrata's Tools (also known as "Strata"). Since then, we have continued our flirty traditions and play the glorious game of ultimate. Coming from a small, liberal arts school, we have a reputation as an underdog. This is our third time at Nationals, and we intend to bring our flirty, fun, spirited energy on and off the fields!

ROSTER

3 5 6 8 9 10 11 13 16 21 33 14 9	Amy Leder Nhi Nguyen Leilani Nelson Emma Capra Jean Russell Kirstin Johnson Sarah Bartosh Meg Henderson Jessie Chesnut Maddy Green Katiana Hutchinson Hilary Egan Chelsea Gerleit Fiona Dragonfly Kate Macri Alex Karpilow	Sr Jr Sr Jr Sr Soo Fr So Gr Jr Fr Gr S	5'10'' 5'5'' 5'5'' 5'4'' 5'4'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3'' 5'3''' 5'3''' 5'3''' 5'3''' 5'3'''' 5'3'''' 5'3'''''''''''''''''''''''''''''''''''	23 21 21 22 21 20 20 20 20 20 20 20 20 25 21 19 20 25 21	
33	Fiona Dragonfly	Fr	5'5"	19	
41	Kate Macri	Gr	5'1"	28	

ROSTER

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2	Caitlin Hegg	So	5'8"	20
2 5	Robin Fassett-Carman	Jr	6'0"	20
6	Chloë Rowse	Sr	5'9"	22
6 7	Frances Gellert	Fr	5'8"	19
9	Marta Sola-Pfeffer	Fr	5'8"	18
12	Anna Doctor	So	5'3"	20
13	Kiera Connelly	Fr	5'8"	19
14	Stella Gardner	Fr	5'3"	19
15		So	5'8"	20
10	Emily Komie		J 0	
16	Abbey Lew	So	5'1"	19
17	Patty Weicht	Sr	5'7"	21
18	Audrey Mills	So	5'4"	20
19	Cate Éllison	So	5'8"	20
20	Marlee Akerson	Fr	5'2"	18
20				
21	Libby Alvin	Sr	5'5"	22
21 23	Rachael Maxwell	So	5'3"	19
27	Emma Sargent	Fr	5'2"	19
28	Monica Weindling	Jr	5'7"	22
32	Lexie Millikin	Ĵr	š'4"	22
				22
64	Annie Brewster	Jr	5'6"	21
71	Erika Hiromitsu	So	5'4"	23
81	Corey Baron	Jr	5'7"	20
97	Christie Ma	Fr	5'1"	



2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

DARTMOUTH COLLEGE PRINCESS LAYOUT

HANOVER, NH

Coaches: Ian Engler, Eugene Yum Captains: Angela Zhu, Sarah Heyborne dartmouth.edu/~playout @PrincessLayout



ROSTER

1 2 3 4 6 7 8 9 12	Sophia Siu Sarah Heyborne Carolyn Susman Madeline Parish Piper Curtis Lillian Huang Angela Zhu Kristie Kelly Erica Ng	So Sr Sr Jr Gr Jr Fr	5'4" 5'6" 5'5" 5'6" 5'8" 5'4" 5'4" 5'2" 5'10"	20 22 20 21 21 22 20 21 19
14	Lily Eisner	So	5'7"	20
16	Ella Dzenitis	So	5'7"	20
17	Maggie Pizzo	Fr	4'11"	19
22	Jaclyn Verzuh	Fr	6'0"	18
26	Caitlyn Lee	Fr	5'6"	18
33	Sarah Colon	Jr	5'5"	21
42	Jaquille Jones	Sr	5'6"	22
55	Julianna Werffeli	So	5'8"	20
81	Mae Hardebeck	So	5'7"	20
99	Moyosore Okeremi	Fr	5'3"	18

UNIVERSITY OF MICHIGAN FLYWHEEL

ANN ARBOR, MI

Coaches: Ben Murphy, Alyssa Abbey, Joe Besser Captains: Hannah Henkin, Tracey Lo flywheelultimate.com @UMichFlywheel



Originally named Wanda's Binge you may be astounded way back in 1989 is when our team was founded

In the season of '98 we wanted a different feel so we opted to change our name and are now called "Flywheel"

To play the best competition we travel all around in the past several years our programs grown leaps and bounds as we show off our skills!

We now compete nationally and continue to excel and have become known as the team who plays cowbell

Representing Michigan our colors are maize and blue In 2011 we did very well finishing off at number two

Now you know our story but if you want more thrills come watch our games at Nationals

ROSTER

1 2 3 6 7	Kari Paine Ali Jensen Leslie Hamar	Gr Gr Fr	5'9" 5'1" 5'5"	23 27 19
6 7	Liv Perfetti Lizzy Benedetto	Fr Sr	5'8" 5'4"	18 21
9	Nina Janjic	Jr	5'6"	20
10 11	Brittany Wright Tracey Lo	So Sr	5'5" 5'3"	20 21
13	Mary Boyd	So	5'8"	20
14	Meghan Campano	So	5'4"	19
15 17	Emily Jameson Maya Grumeretz	Fr Sr	5'7" 5'7"	19 22
17 20	Emma Boyd	Gr	5'4"	22
22	Talia Barth	Gr	5'9"	23
23 27	Gina Sancricca Bridget Karsten	Jr Sr	5'3" 6'0"	21 21
28	Leah Bar-On Simmons	Sr	5'5"	21
37	Hannah Henkin	Sr	5'3" 5'5"	22 21
44 46	Grace Denney Amy Stoddard	Jr So	5'8"	20
48	Hannah Gannon	Jr	5'5"	21
66 77	Tia Esposito Phoebe Hopp	Fr Fr	5'4" 5'7"	19 19
11	Linene unhh	ГÍ	57	19

2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

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SPECTATOR INFO

OHIO STATE UNIVERSITY FEVFR

COLUMBUS, OH

Coaches: DeAnna Ball, Nick Hamilton Captains: Stevie Miller, Alaine Wetli, Emily Steedman feverultimate.org.ohio-state.edu @feverultimate



Fever will be making its sixth appearance at Nationals this year. The team has grown from a group of girls playing with the guys to a nationally ranked program with over 40 members in the past 15 years. We pride ourselves on the support and love we give and receive from all of our team-

mates and alumni. Fever is family — once in the program, always in the program. We may not have the shiniest record, but Fever has truly encompassed the term "grit" during the 2016 season. Fever is ready to show the ultimate community what we are capable of. It ain't over till it's over! #Feverlove

ROSTER

36Casey SchomerFr5'537Sarah BushmanGr5'642Rachael BeemanSr5'644Malika SmootSr5'654Stephany StumphauzerFr5'457Kelly RusinSo5'278Tiffany LimJr5'3	5" 21 5" 20 5" 21 5" 21 5" 21 5" 21 5" 20 5" 22 5" 22 5" 22 5" 22 5" 22 5" 22 4" 19 4" 20
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UNIVERSITY OF OREGON FUGUE

EUGENE, OR

Coaches: Kathryn Weatherhead, Claire Sharman, Danielle Hirsch Captains: Alexandra Ode, Bethany Kaylor, Jesse Shofner oregonfugue.weebly.com @oregonfugueultimate

> Over the years, Oregon Fugue has seen much success. The team was founded in the mid-80s and has had a strong program full of extremely talented players since then. Fugue won the national title in 2010, 2013 and 2015; received the silver in 2012 and 2014; and finished third in 2009 and 2011. Besides that, we have achieved success at many prestigious

tournaments, including the President's Day Invite, the Stanford Invite and the Northwest Challenge. Beyond winning, Fugue is a team grounded in several key principles. The first is the Clown Tent (brought to us by Lou Burruss and sustained in his absence), which is the idea that the system changes to fit the players, not the other way around, and that everyone trusts her teammates to bring everything they possibly can to the team always. The second principle is Democratic Leadership, which is the idea that the team is run by every individual, and everyone's voice is heard and valued. On top of these fundamentals, Fugue is a team of grit, heart, spirit, hard work and an unquenchable desire to be the best.



2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

ROSTER

UNIVERSITY OF OTTAWA GEEGEES

OTTAWA, ON

Coach: Kaylee Sparks Captains: Isabelle Bédard, Camille Bédard, Corrine Giorgetti geegees.ca/en/sports/clubs/ultimate-w

@LadyGGUItimate



The GeeGees were founded in 2004 and have had many successful seasons since then. Every year, we have a mixture of skill levels on the team, ranging from those who have played in international competitions, to those who have played

locally, to those who have never picked up a disc. Our team has won the title of Canadian University Champions and has qualified several times for the USA Ultimate College Championships, most recently in 2013. The team is integral to Ottawa's club feeder system, and many players have gone on to play for teams such as Traffic, Iris, Capitals and Team Canada.

ROSTER

3 5 6 7 11 12 15 16 22	Sarah Brown Pascale Charette Ola Kobza Maude Carrier-Laforte Rebecca Jacobs Kelsey Buchmayer Alyssa Mainwood Corrine Giorgetti Kaylee O 'Connor-Berj	Sr Gr Sr Jr Gr Sr Sr Sr	5'7" 5'5" 5'6" 5'6" 5'6" 5'10" 5'8" 5'3"	21 26 22 23 21 25 22 21
25 26 29 34 41 43 42 97	Caitlin Fowler Meagan Doyle Bayley Quinn Ashley Bénard-Legris Christina Torok Anna Blinder Isabelle Bédard Camille Bédard Katrine Fortin	Jr Sr Gr So Fr So Sr So Fr	5'7" 5'6" 5'6' 5'7" 57" 57" 5'10" 5'4" 5'6" 5'1"	20 23 32 20 19 20 22 22 20 18

SPECTATOR INFO

UNIVERSITY OF PITTSBURGH DANGER

PITTSBURGH, PA

Coaches: Ben Banyas, James Greeno Captains: Carolyn Normile, Linda Morse sites.google.com/site/dangerultimate2 @dangerultimate



Danger was founded in 2005 and had their first Nationals appearance in 2009. This year, 2016, is the first time ever that Danger has won the Ohio Valley Region. This is also the first time

Danger has made it to Nationals in back-to-back years.

ROSTER

UNIVERSITY OF SOUTHERN CALIFORNIA HELLIONS

LOS ANGELES, CA

Coaches: Samantha Zyck, Daniel Oettinger, Nathan Warden Captains: Avalon Igawa, Connie Chan uscwomensultimate.com @USCHellions



Founded in 2003, the USC Hellions of Troy are returning to Nationals for the first time since 2010. Our team strives to be passionate, spirited and inclusive, both on campus and throughout Los Angeles. We pride ourselves on turning rookies with no ultimate experience into seasoned veterans. Win or lose, we serenade our opponents with post-game cheers that ring loudly across the tournament fields.

At the helm of the program are coaches and alumni Samantha Zyck and Dan Oettinger, who have been with the team for the past four years. They are joined by Nate Warden as a late-season coaching addition. Off the field, you can find the Hellions all over campus, from the chemistry lab to the film school, though your best bet will be finding some hungry Hellions eating at the dining hall or foraging for free food and giveaways around campus. We embrace our teammates for who they are, and we have a habit of winning the fields and the dance floor. We are very excited to make all of our Hellions alumni proud with our showing at Nationals!

STANFORD UNIVERSITY SUPERFLY

STANFORD, CA

Coaches: Robin Davis, Jenny Wang, Stephanie Lim Captains: Veronica Cruz, Monisha White ultimate.stanford.edu @superflyUlti



Stanford Women's Ultimate has a long history of success. Superfly has been in the College Championship finals 12 times since 1995, with seven title wins. Led by the experienced coaching of Robin Davis, Jenny Wang and Steph Lim, Superfly has worked this season to achieve athletic greatness, a genuine sense of what we like

to call teamness, and widely acclaimed music video fame. (Check out "Ultimate Funk feat. Stanford Superfly" at youtube.com/watch?v=pBNm_LhQzGE, and stay tuned for our next hit song, coming out soon.)

ROSTER

5 8 10 112 13 19 223 24 5 7 35 69 69	Rachel Chang Becklin Davis Julia Johnson Christie Yeh Linda Venema Jolene Liu Sophia Zhou Rachel Litz Alyssa Perez Alana Archer Avalon Igawa Catherine Chung Connie Chan Jean Frazier Brianne Low Rhea Choudhury Valentina Valdez	\r\r\r\r\r\r\r\r\r\r\r\r\r\r\r\r\r\r\r	5'5" 5'7" 5'5" 5'4" 5'4" 5'7" 5'4" 5'7" 5'4" 5'7" 5'5" 5'5" 5'5" 5'5" 5'5" 5'5" 5'5	20 21 21 26 18 19 18 20 19 21 18 23 23 18 18 19
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ROSTER

2	Veronica Cruz	Sr	5'2"	22
3 5	Rachel Thomson	Fr	5'7"	19
5	Anne Marie Gordon	Gr	5'5"	27
6	Carly Eckstrom	Fr	5'2"	19
7	Natasha Field-Marsham	So	5'6"	20
9	Amanda Somvilay	Jr	5'2"	21
11	Freya Chay	So	5'8"	21
12	Rosemarie Sandino	Jr	5'5"	20
14	Monisha White	Sr	5'7"	21
15	Anne Rempel	Gr	5'9"	24
18	Michelle McGhee	So	5'8"	19
22	Rachel Gianforte	So	5'6"	22
23	Courtney Gegg	Gr	6'0"	23
27	Deanna Abrams	Jr	5'3"	21
30	Emma Heath	So	5'7"	20
51	Shayla Harris	So	5'8"	19
60	Caitlin Go	Jr	5'2"	21
84	Hallie Dunham	Fr	5'5"	19



2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

UNIVERSITY OF TEXAS MELEE

AUSTIN, TX

Coaches: Alexandra Klein, Edith Teng Captains: Andrea Esparza, Marissa Land texaswomensultimate.github.io/home @txmelee



The University of Texas Women's Ultimate Frisbee Club was founded in the spring semester of 2000. During that semester, the twice-a-week practices drew perhaps 10 players regularly, making a full game, 7-on-7 scrimmage impossible. We played in one tournament that semester. Centex, when

we were pressed to come up with a team name. We adopted the name "Lady Marmalade" in part because marmalade was the required color orange, and also because we all dug the Labelle version of that song. In 2002, we changed our name to Melee and have developed into one of the most competitive and elite college women's team in the nation.

ROSTER

SPECTATOR INFO

UCLA BLU

LOS ANGELES, CA

Coaches: Alex Korb, Emma Frankel Captains: Kristen Pojunis, Alyssa Worsham, Kathleen Lo uclaclubsports.com/index.aspx?path=wuf @BLUItimate

ƏLU

Bruin Ladies Ultimate (BLU) was formed in 2003 by coaches Alex Korb and Jamie Nuwer. It its third year as a team, BLU made its first appearance at College Nationals, placing second. Since then, BLU has returned to Nationals nine times.

BLU returns for our third consecutive trip to Nationals after claiming first place at the Santa Barbara Invite, second place at President's Day Invite and third place at Centex/Windtex. BLU 2016 is driven by our desire to #explore. Watch out for the dynamic duo of Kristen Pojunis and Han Chen and the solid foundation that is BRICK HOUSE.

We would like to thank our BLUmni, family and friends for the incredible amount of support they have provided all season. We BLUv you so much and hope to make you proud at College Nationals 2016.

ROSTER

UNIVERSITY OF VIRGINIA HYDRA

CHARLOTTESVILLE, VA

Coaches: David Allison, Elliott Isaac, Nada Tramonte Captains: Amy Wedmore, Brogan Jones, Rebecca Meeker @HydraNFriends



From its modest beginnings in the early '80s, Virginia women's ultimate has grown in size, strength and depth to become the nationally competitive A-Team and accomplished B-Team that it is today. In 2012, Hydra won the Atlantic Coast Regional Championship for the first time in 10 years and has continued

to lead the region ever since. Coaches David Állison, Elliott Isaac and Nada Tramonte have worked tirelessly to develop 23 talented players into a disciplined team that won a single-bid region. Captains Brogan Jones, Rebecca Meeker and Amy Wedmore have continued the legacy of strong leadership, guiding their teammates and friends through another rewarding season, marked by the Atlantic Coast Regional Championship. From the program that brought the 2015 Callahan Award winner, Virginia Hydra is excited to represent the AC Region at Nationals and face off against the most talented teams in the country. Good luck to all the teams competing and Wahoowa!

ROSTER

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UNIVERSITY OF WASHINGTON ELEMENT

SEATTLE, WA

Coaches: Kyle Weisbrod, Jillian Goodreau, Lucy Williams Captains: Nora Landri, Grace Noah, Nicole Cramer, Bailey Bonaci @UWElement



University of Washington Element's first appearance at Nationals was in 2001 where we placed 16th. Now, Element is tied for the longest streak of qualifying for Nationals in the women's division and most recently won the National Championship in 2012. We are a group of women dedi-

cated to each other and our goals of Passion, Pace and Phamily. We give it our all on the field, always keep our spirits high, and we love playing in any and all elements.

ROSTER

5	Janet Ho	Fr	5'3"	18
7	Rachel Jecker	So	5'4"	18
9	Clara Amorosi	Gr	5'7"	24
10	Kathy Tong	Sr	5'4"	23
11	Nora Landri	Sr	5'3"	21
13	Katie Meyer	Sr	5'6"	22
14	Nicole Cramer	Sr	5'6"	22
15	Kaitlin Kirkpatrick	Fr	5'5"	18
16	Bailey Bonaci	Sr	5'6"	22
17	Ellen Goldberg	Gr	5'11"	22
18	Alli Tjader	Sr	5'7"	22
19	Addy Frattura	Sr	5'4"	22
20	Grace Noah	Sr	5'6"	21
21	Cami Canter	Sr	5'7"	21
22	Sarah Edwards	Sr	5'7"	23
23	Carla Marigmen	Jr	5'2"	21
25	Edrienne Chan	Jr	5'4"	21
36	Sophie Johansen	Fr	5'4"	19

Gr 5'6"

25

51 Kate Dusenbury



WHITMAN COLLEGE SWEETS

WALLA WALLA, WA

Coaches: Jeremy Norden, Ben McGinn Captains: Ari Lozano, Marlena Sloss, Nina Finley whitmancollegesweets.squarespace.com @WWhitman_Sweets



The Sweets hail from Walla Walla, Wash., (the city so nice they named it twice), home of Whitman College, a liberal arts school with 1,500 students. In 2013, the then-D-III Sweets opted to compete at D-I Northwest Regionals and qualified for the D-I College Championships for the first time in the program's history. Every year since, the Sweets have competed at D-I Nationals and have been growing exponentially as a program, adding

a developmental D-III team this past season. This team has many layers, like it's namesake, the Walla Walla Sweet Onion. When the team is not tossing on Ankeny (Whitman's quad), they are known for their Sweet acapella skills and matching bucket hats. LGS! (Let's go sweets!)

ROSTER

1 2 4 5 7 9 10 11 12 15 17 21 22		So Jr Jr Sr Sr Sr Jr So Jr So Jr	6'2" 5'5" 5'4" 5'5" 5'5" 5'6" 5'6" 5'6" 5'6" 5'6" 5'3"	20 19 22 21 21 22 19 22 19 21 20 21
23 24 25 28 30 32 33 37 39 42 92	Linnea Soo Mia Letterie Caitlin Scott Claire Revere Lindsey Scott Alissa Soo Margo Heffron Mackenzie Timbel Jessica Kostelnik Elissa Picozzi Hannah Filley	Jr So So Jr Sr Sr Sr Sr Fr Sr Fr	5'3" 5'6" 5'5" 5'6" 5'4" 6'0" 6'0" 5'3" 5'3"	21 20 21 19 21 22 20 21 19 19 22 19

UNIVERSITY OF WISCONSIN BELLA DONNA

MADISON, WI

Coaches: Robyn Wiseman, Brittany Bergen, Keith Westgate Captains: Lorraine Guerin, Anneke Vermaak, Anna Hrovat-Staedter belladonnauw.wordpress.com @bdultimate



Once, there was an ultimate team by the name of Bella Donna. Her history was as long as her exquisite hair. Some knew of the legend, passed down from generations past, while others had heard only whispers of her greatness, and others yet were completely oblivious of her power. Each year, she hand-picked a collection of individuals to embody her symbol – to manifest the grit, heart and talent she represented. These would be her task force, ready to do work.

Where did they all come from? Was it love or fear that brought them to her? Or was it just an annoying friend? It is hard to say for sure. In the end, 24 women stand behind her, fighting for her – fighting for each other. Their path had been fraught with battles, both windy and muddy; still, they forged ahead. Their persistence carried them through it, and they've emerged as the underdogs three years later – with a few cuts and bruises – on the national stage, ready to keep fighting, fueled by the support of alumni, friends, family, community and the strength of each player on the team.

ROSTER

1 Jackie Welsch 2 Sabrina Hoffman 3 Carly Siewert 4 Lorraine Guerin 5 Lauren Allin 7 Grace Backes 8 Evie Adams 9 Elizabeth Iverson 10 Caitlin Murphy 12 Kaitlynne Roling 14 Anna Hrovat-Staedter 16 Molly Berkholtz 18 Sarah Mondschein 20 Jenna Lynne 21 Anneke Vermaak 22 Garoline Mueller 23 Caroline Mueller 24 Lauren Roach 25 Jamie Brown 27 Taylor Srebnick 28 Maddie Letcher 42 Lexi Amundson 60 Claire Cech	Fr G Fr S S S G Fr G Fr S J S G T S G J T S J T S J T Fr J	$5^{\circ}6^{\circ}$; $5^{\circ}5^{\circ}$; $5^{\circ}8^{\circ}$; $5^{\circ}8^{\circ}$; $5^{\circ}8^{\circ}$; $5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}$	19 26 19 22 20 21 25 19 24 19 22 20 20 20 20 20 21 20 20 21 21 20 21 21 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 21 22 20 20 21 22 20 20 20 20 20 20 20 20 20 20 20 20	
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2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

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SPECTATOR INFO

HEALTH AND SAFETY

handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day. Directions to the local hospital can be found in prior pages of this program.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC "Heads Up Safety" program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
- USA Ultimate's participant waiver includes important information from the CDC regarding concussion safety: usaultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

• Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
 - 1. Remove athlete from play.

 $2. \ \mbox{Ensure athlete}$ is evaluated by a health care professional trained in concussion diagnosis and management.

Do not try to judge the seriousness of the injury yourself.

 ${\bf 3}.$ If a minor, inform athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussion.

 $\ensuremath{\mathsf{4}}.$ Allow athlete to return to play only with permission from an appropriate health care professional.

DOCTOR'S NOTE REQUIREMENT

• If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor's office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor's note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.



PREVENTION AND TREATMENT OF HEAT ILLNESS

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges. Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the "flash-to-bang" method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field
 or on open water. Avoid other tall objects, metal objects and water. Assume a crouched
 position with only the balls of your feet touching the ground, your arms wrapped around
 your knees and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

SPIRIT OF THE GAME

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. — 11th Edition USA Ultimate Rules of Ultimate.

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T "GIVE AS YOU GOT."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.



6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

SPIRIT CIRCLES

Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circles. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains or spirit captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely something that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!





The highest level of competitive ultimate in North America will return. CHECK IT OUT. EVERYONE IS INVITED. USAULTIMATE.ORG/TRIPLECROWNTOUR

MEN'S SCHEDULE

		2016 U	SA Ultir	nate Co	lege Ch	nampior	ships -	Men's D	Division				
				F	riday, Ma	ay 27, 201	6						
			Po	ol A				Po	ol B				
411.0	A1	(1) Mass	achusett	s		B1 (2) Oregon							
All Games	A2	(8) Geor	gia			B2 (7) North Carolina							
to 15	A3	(12) Tex	as A&M			B3 (11) Colorado							
Cap 17	A4	(13) Was	hington			B4	(14) Flor	ida State					
	A5	(17) Cal	Poly-SLC)		B5	(18) Cas	h Carolina lorado rida State se Western Reserve Score F# Sc - B2 v B4 13 - B3 v B4 13 - B3 v B4 13 - B3 v B4 13					
Friday		F#	Score		F#	Score		F#	Score		F#	Score	
8:30-10:15							B1 v B5	12	-	B2 v B4	13	-	
10:30-12:15	A1 v A2	10	-	A3 v A4	11	-							
12:30-2:15							B1 v B2	12	-	B3 v B4	13	-	
2:30-4:15	A2 v A4	10	-	A3 v A5	11	-							
4:30-6:15				A1 v A5	11	-				B3 v B5	12	-	
				Sa	turday, N	/lay 28, 20	016						
Saturday		F#	Score		F#	Score		F#	Score		F#	Score	
8:30-10:15	A1 v A3	18A	-	A2 v A5	18B	-							
10:30-12:15							B1 v B3	6	-	B2 v B5	18B	-	
12:30-2:15	A1 v A4	18A	-	A2 v A3	21B	-				B4 v B5	18B	-	
2:30-4:15	A4 v A5	18A	-				B2 v B3	17B	-	B1 v B4	18B	-	
5:00-6:45		Pre-Quarters: See brackets for matchups and field assignments											

Placement Brackets Saturday-Sunday, May 28-29, 2016



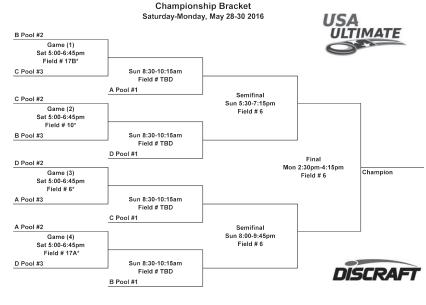
All games to 15, cap 17



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You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

		2016 U	SA Ultin	nate Col	llege Ch	nampior	ships -	Men's C	Division						
				F	riday, Ma	ay 27, 201	6								
			Po	ol C			Pool D								
	C1	(3) UNC-	Wilming	ton		D1 (4) Minnesota									
All Games	C2	(6) Wisc	onsin			D2 (5) Pittsburgh									
to 15	C3	(10) Har	vard			D3 (9) Carleton College									
Cap 17	C4	(15) Mic	higan			D4									
	C5	(19) Con	necticut			D5	(20) Utah								
Friday		F#	Score		F#	Score		F#	Score		F#	Score			
8:30-10:15							D2 v D4	21A	-	D3 v D5	21B	-			
10:30-12:15	C2 v C4	17A	-	C3 v C5	17B	-									
12:30-2:15							D1 v D5	21A	-	D3 v D4	21B	-			
2:30-4:15	C1 v C2	6	-	C3 v C4	17B	-									
4:30-6:15	C1 v C5	17A				-	D1 v D2	6	-						
				Sa	turday, N	/lay 28, 20	016								
Saturday		F#	Score		F#	Score		F#	Score		F#	Score			
8:30-10:15				C4 v C5	22	-	D1 v D3	13	-	D4 v D5	12	-			
10:30-12:15	C1 v C3	17A	-	C2 v C5	22	-				D2 v D5	12	-			
12:30-2:15							D1 v D4	21A	-	D2 v D3	12	-			
2:30-4:15	C1 v C4	10	-	C2 v C3	11	-									
5:00-6:45			Pre-G	Pre-Quarters: See brackets for matchups and field assignments											



* Pre-Quarter field assignments subject to change

All games to 15, cap 17

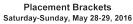


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2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

WOMEN'S SCHEDULE

	2	016 US/	A Ultima	ate Colle	ge Cha	mpions	hips - W	omen's	Divisio	on			
				F	riday, Ma	ay 27, 201	16						
			Po	ol A			Pool B						
All Games	A1	(1) Oreg	on				B1 (2) British Columbia						
to 15	A2	(8) Color	rado			B2 (7) UCLA							
Cap 17	A3	(12) Cali	fornia			B3 (11) Pittsburgh							
Cap II	A4	(13) Virg	inia			B4	B4 (14) Chaos						
	A5	(17) Cold	orado Co	llege		B5	(18) Dartmouth						
Friday		F#	Score		F#	Score		F#	Score		F#	Score	
8:30-10:15							B1 v B5	10	-	B2 v B4	11	-	
10:30-12:15	A1 v A2	12	-	A3 v A4	6	-							
12:30-2:15							B1 v B2	6	-	B3 v B4	11	-	
2:30-4:15	A2 v A4	12	-	A3 v A5	13	-							
4:30-6:15				A1 v A5	13	-				B3 v B5	10	-	
				Sa	turday, N	/lay 28, 20	016						
Saturday		F#	Score		F#	Score		F#	Score		F#	Score	
8:30-10:15	A1 v A3	17A	-	A2 v A5	17B	-							
10:30-12:15							B1 v B3	10	-	B2 v B5	13	-	
12:30-2:15	A1 v A4	17A	-	A2 v A3	17B	-				B4 v B5	13		
2:30-4:15	A4 v A5	17A	-				B2 v B3	21B	-	B1 v B4	13	-	
5:00-6:45			Pre-C	Quarters:	See brac	kets for I	matchups	and fiel	d assign	ments			





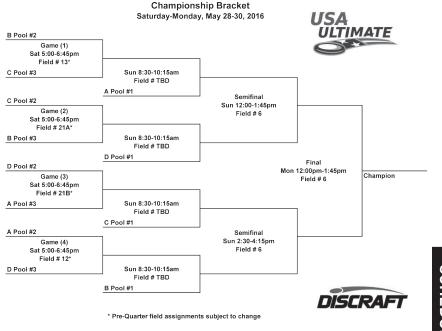
* Pre-Quarter field assignments subject to change

All games to 15, cap 17



You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

	2	016 US/	A Ultima	ate Colle	ege Cha	mpions	hips - W	/omen's	s Divisio	on			
				F	riday, M	ay 27, 20′	16						
			Po	ol C				Po	ol D				
All Games to 15 Cap 17	C1	(3) Stanf	ord			D1 (4) Central Florida							
	C2	(6) Wash	ington			D2	(5) Whit	man					
	C3	(10) Micl	nigan			D3	(9) Texa	s					
Cap 17	C4 (15) Ohio State							D4 (16) Wisconsin					
	C5	(19) USC	:				D5	(20) Otta	awa				
Friday		F#	Score		F#	Score		F#	Score		F#	Score	
8:30-10:15							D2 v D4	17A	-	D3 v D5	17B	-	
10:30-12:15	C2 v C4	21A	-	C3 v C5	21B	-							
12:30-2:15							D1 v D5	17A	-	D3 v D4	17B	-	
2:30-4:15	C1 v C2	21A	-	C3 v C4	21B	-							
4:30-6:15	C1 v C5	21A				-	D1 v D2	17B	-				
				Sa	turday, N	/lay 28, 20	016						
Saturday		F#	Score		F#	Score		F#	Score		F#	Score	
8:30-10:15				C4 v C5	21B	-	D1 v D3	10	-	D4 v D5	11	-	
10:30-12:15	C1 v C3	21B	-	C2 v C5	21A	-				D2 v D5	11	-	
12:30-2:15							D1 v D4	10	-	D2 v D3	6	-	
2:30-4:15	C1 v C4	21A	-	C2 v C3	12	-							
5:00-6:45			Pre-C	Quarters:	See brac	kets for	matchups	s and fiel	d assign	ments			



All games to 15, cap 17

SCHEDULES & MAP

2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS



The biggest games from the year's biggest event – all broadcast live.

Catch the semifinals and finals, all streamed live from Raleigh, N.C., on Sunday, May 29, and Monday, May 30.

CHECK OUT USAULTIMATE.ORG OR ESPN3.COM FOR BROADCAST TIMES

Then watch the Semifinals Highlights Show and both the Men's and Women's Championships games on ESPNU on Wednesday, June 1.



FIELD MAP



2016 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

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