



EVENT GUIDE \$2



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## STAFF

Tournament staff members will be wearing red event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

### EVENT STAFF

Tournament Director – Scott Sawinski  
Volunteer Coordinator – Brian Niver  
Head Scorekeeper – Scott Severson  
Assistant Scorekeeper – Scott Kramer  
Head Stat-keeper – Matt Hensgen  
Local Media Coordinator – Nick Kochelek  
Social Event Coordinator – Matt Ten Haken  
Head Observer – Jon Thibadeau

### USA ULTIMATE STAFF

Manager, Competition and Athlete Programs, College – Richard Dana  
Manager, Competition and Athlete Programs, Club – Byron Hicks  
Manager, New Media – Matthew Bourland



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# WELCOME

Congratulations on qualifying for the 2012 USA Ultimate Division III College Championships held in Appleton, Wis.! We're excited to host this event once again at the USA Youth Sports Complex, one of the most beautiful youth sports facilities in the Midwest. Appleton is the largest city of a group of smaller cities known as the Fox Cities with the Fox River running through a majority of them. The Fox Cities has a strong DIII tradition with this being the geographical home of Lawrence University, UW-Oshkosh, and St. Norbert College, and has hosted numerous DIII championships including the NCAA DIII Baseball World Series which will take place next weekend at Fox Cities Stadium.

I'm honored to be able to host this event in partnership with the Milwaukee Ultimate Club and Scott "Scooter" Severson. M.U.C. and Scooter are responsible for league play in the Milwaukee area as well as the Cooler Classic, which will take place for the 24th year August 18-19, 2012 at the Milwaukee Polo Club grounds. With that said, we've done our best to make sure that everything has been taken care of so that you can focus on playing in the most important tournament of your season. The fields are in great condition and ready for national level play. We'll have water stations located throughout the complex, a food pack will be handed out to the captains in the morning, and a full scale concession stand will be provided for players and fans on both days.

The Saturday night social event will take place at Players Choice-Fox Cities. It will be an opportunity to gather with teams from across the

country. We will provide admission and snacks to all players. The highlight of the evening will be a roller derby bout with The Fox Cityz Foxz. This is their championship bout as well for the season! Basketball, volleyball, bean bag toss, and party music will also be available for players to enjoy throughout the evening.

A few short words of caution: please respect the site rules including the consumption of alcoholic beverages and use of tobacco products. These items are strictly prohibited on site grounds. If you or your team is caught with these items you will be asked to leave the tournament. Please showcase the sport in a positive light and set a good example to other youth who will be watching our sport, possibly for the first time.

Tournaments like the USA Ultimate Division III College Championships only happen with lots of volunteers. They will be keeping score, refilling water jugs, and helping out in many more ways throughout the weekend. Be sure to say a simple thanks to the tournament staff when you see one. I especially want to thank my local organizing committee and volunteer team who have been with me for many years and with whom it is a complete joy and reward to host a national championship. Thank you!

To all the players: good luck, play hard, and may the best teams win!

Scott Sawinski  
TD, 2012 USA Ultimate Division III  
College Championships

## WEEKEND OVERVIEW

### FRIDAY, MAY 18 AT CAMBRIA SUITES, APPLETON

7:00 – 9:00pm: Team Registration

### SATURDAY, MAY 19 AT USA YOUTH SPORTS COMPLEX

8:00am: Captain's Meeting

9:00am – 6:15pm: Pool Play & Pre-quarters

Evening: Fun at Players Choice Fox Cities

### SUNDAY, MAY 20 AT USA YOUTH SPORTS COMPLEX

8:00am – 1:45pm: Elimination and Placement games

2:00pm: Finals

Post-Finals: Award Ceremony

Immediately following the finals, awards will be presented to the champions and second-place teams in each division, as well as Team Spirit award winners and Individual Spirit Award winners.



IF YOU CAN DREAM IT...



...WE CAN MAKE IT



# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- All games to 15, point cap at 17.
- Halftime is 5 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. In a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time-cap goes on twenty minutes before end of round time on schedule. Add two points to higher score after first score after soft time-cap. Game ends when first team reaches new game total, or when first team reaches 15 ahead by at least two points, whichever comes first.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

## SITE RULES

- **NO ALCOHOL OR TOBACCO:** Facility, event staff, and security will be checking to make sure people are not drinking or smoking. There will also be lots of moms, dads, and kids watching the action. Please abide by these rules. If you are caught with alcohol/tobacco at the field site you will risk disqualification for your team as well as potential ramifications outside of the event for breaking the field regulations. Thank you!
- **NO GLASS OR METAL BOTTLE CAPS**
- **NO DOGS**
- **SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES:** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- **TRASH AND RECYCLING:** Place recyclables in the recycling receptacles and place trash in the trash...keep your sidelines clean.
- **LANGUAGE:** This is a Youth Facility and overall a family environment. Please keep this in mind when doing team cheers etc.
- **GUESTS AND SPECTATORS:** You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

## SHOOTING PHOTOS/VIDEO

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Director of Marketing and Communications Andy Lee at [andy@hq.usultimate.org](mailto:andy@hq.usultimate.org).

# SPIRIT AWARDS

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play — 11th Edition USA Ultimate Rules of Ultimate.

**TEAM AWARDS:** Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

## USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

**5:** Highest level of respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.

**4:** Respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

**3:** Generally exhibited respect towards opponents, officials, and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident.

Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

**2:** Exhibited a lack of respect towards opponents, officials, and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.

**1:** Exhibited a major lack of respect towards opponents, officials, and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.

**INDIVIDUAL AWARDS:** Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of Ultimate and Spirit of the Game!



# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies, and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal and he/she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the "Directions" section of this program.

## CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion, and balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the athlete see a medical professional. Medical staff members are on hand at Tournament Central.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness
- Avoid alcohol, caffeine, and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – Be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After

play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).

- Don't drink too much: Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine: Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness: If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## **SIDELINE SAFETY**

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

## **LIGHTNING GUIDELINES**

- Event staff will communicate with players and spectators via PA system, and through field marshals equipped with radios, if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the "flash-to-bang" method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# DIRECTIONS

**DIRECTIONS FROM CAMBRIA SUITES** (3940 North Gateway Drive, Appleton, WI 54913) **TO USA YOUTH SPORTS COMPLEX** (3300 Evergreen Drive, Appleton, Wisconsin 54914)

- Head north on North Gateway Drive toward West Evergreen Drive
- Turn right onto West Evergreen Drive
- USA Youth Sports Complex will be on the left

**DIRECTIONS FROM CAMBRIA SUITES** (3940 North Gateway Drive, Appleton, WI 54913) **TO PLAYERS CHOICE-FOX CITIES** (W3025 Edgewood Trail, Appleton, WI 54913)

- Head north on North Gateway Drive toward West Evergreen Drive
- Turn right onto West Evergreen Drive
- Take the 3rd left onto North French Rd
- Turn right onto County Rd JJ/East Edgewood Dr
- Take the 2nd right onto Edgewood Trail
- Players Choice Fox Cities will be on the left

**DIRECTIONS FROM USA YOUTH SPORTS COMPLEX** (3300 Evergreen Drive, Appleton, Wisconsin 54914) **TO APPLETON MEDICAL CENTER** (1818 North Meade Street, Appleton, WI 54911)

- Head east on West Evergreen Drive toward North French Road
- Take the 1st right onto North French Rd
- Turn right onto County Rd OO/East Northland Ave
- Turn left onto North Meade Street
- Appleton Medical Center will be on the left

# FIELD MAP

## USA Youth Sports Complex 3300 Evergreen Drive Appleton WI 54914

- From S. 41 From N. 41 From 441
- Exit Hwy 41 at Ballard Road. Left on Ballard about 1/8 mile (at 3<sup>rd</sup> light) to Evergreen Drive. Right on Evergreen about 3/4 mile. Left into USA Youth Sports Complex
  - Exit to Hwy 441 then to Northland Ave. Left on Northland Ave. 2 blocks. Left on French Rd. about 1 mile. Left on Evergreen Drive about 0.25 miles. Right into USA Youth Sports Complex.
  - Exit Hwy 41 at Ballard Road. Right on Ballard about 1/10 mile (at 2<sup>nd</sup> light) to Evergreen Drive. Right on Evergreen Drive about 3/4 mile. Left into USA Youth Sports Complex.
  - Exit to Hwy 441 then to Northland Ave. Left on Northland Ave. 2 blocks. Left on French Rd. about 1 mile. Left on Evergreen Drive about 0.25 miles. Right into USA Youth Sports Complex
  - Exit Hwy 441 at Northland Ave. Right on Northland Ave. 1 block. Left on French Rd. about 1 mile. Left on Evergreen Drive about 0.25 miles. Right into USA Youth Sports Complex

**Appleton Medical Center** - 1818 N Meade Street - East (left) on Evergreen Drive to French Rd. Right on French Rd. to Northland Ave. Right on Northland Ave. about 2 miles. Left on Meade St. about 0.6 miles. Left on Grant St. at AMC. ER (920)738-6447







## 2012 USA Ultimate Division III College Championships - Open Division

Saturday, May 19, 2012

All Games to 15 Cap 17	Pool A				Pool B				Pool C				Pool D											
	A1	St Johns (1)			B1	Kenyon (2)			C1	Bentley (3)			D1	Bowdoin (4)										
	A2	Rice (8)			B2	Carleton College (7)			C2	Puget Sound (6)			D2	Claremont (5)										
	A3	Georgia College & State (12)			B3	Wake Forest (11)			C3	North Park (10)			D3	St Olaf (9)										
	A4	Reed (13)			B4	Rensselaer Polytech (14)			C4	Stevens Tech (15)			D4	Lewis and Clark (16)										
Saturday	F#	Score		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score							
9:00 - 10:30							B1 v B3	1	-	B2 v B4	2	-	C1 v C3	3	-	C2 v C4	4	-	D1 v D3	5	-	D2 v D4	6	-
10:45 - 12:15	A1 v A3	1	-	A2 v A4	2	-							C1 v C4	3	-	A2 v A3	2	-	D1 v D4	5	-	C2 v C3	4	-
1:00 - 2:30	A1 v A4	1	-	A2 v A3	2	-	B1 v B4	3	-	B2 v B3	4	-							D1 v D2	5	-	D3 v D4	6	-
2:45 - 4:15	A1 v A2	1	-	A3 v A4	2	-	B1 v B2	3	-	B3 v B4	4	-	C1 v C2	5	-	C3 v C4	6	-						
Re-seed teams 1-4 within each pool																								
4:45 - 6:15	A2 v D3	1	-	B2 v C3	2	-	C2 v B3	4	-	D2 v A3	6	-												



### Consolation Bracket

Sunday, May 20, 2012



Consolation games to 15 cap 17



### Championship Bracket

Sunday, May 20, 2012



Championship games to 15 cap 17



# WOMEN'S TEAMS

## Bowdoin College

### CHAOS THEORY

Brunswick, Maine

Captains: Liz Leon, Sadie Nott, Julie Bender, Phoebe Aron



Chaos Theory is Bowdoin's only women's ultimate Frisbee team, started in the early 2000s once the open team already existed. Traditionally, Chaos Theory has been a very fun group of girls to be a part of, and, more recently, has turned into a

highly-competitive team. We have kept our identity as a cheerful, spirited, and close-knit team that has a lot of fun and wears a lot of flare during regular competition.

## ROSTER

00	Sadie Nott	Sr	5'8"
2	Julie Bender	Jr	5'5"
4	Elizabeth (Liz) Leon	Sr	5'9"
5	Sivana Barron	Fr	5'4"
9	Zoe Karp	So	5'5"
10	Mikala Cooper	So	5'7"
11	Phoebe Aron	Jr	5'5"
12	Katherine Stewart	Sr	5'4"
13	Hannah Young	Jr	5'2"
16	Rachel Herter	Sr	5'5"
21	Laura Till	Sr	5'8"
23	Erica Swan	Jr	5'7"
24	Elizabeth Carew	Fr	5'2"
31	Leah Wang	Sr	5'6"
36	Tess Chardiet	Jr	5'4"
37	Christina Pindar	Sr	5'8"

## Carleton College

### ECLIPSE

Northfield, Minn.

Captains: Katie Claiborne, Niki Tomita, Lydia English



Eclipse formed roughly nine years ago as a team devoted to having fun and learning Frisbee. Within the past few years, however, the team has grown from just a group of girls who like to dance, have fun, and play Frisbee, to a group of girls who like to dance,

have fun, play Frisbee and WIN! Breaking out of their B-team label, Eclipse started to make cuts just three years ago, and in 2011 went to DIII nationals for the first time, only to come away victorious with a national title. While this success was both amazing and novel for the girls, the team has not lost sight of its founding priorities — growth and spirit. Eclipse continues to be an environment where girls can develop their skills, play competitively, and enjoy Frisbee.

## ROSTER

1	Mia Borden	Jr	5'8"
2	Kristine Nachbor	Sr	5'4"
3	Molly Burness	Fr	5'3"
4	Laura Hockenbury	Sr	5'7"
5	Colette Meller	Sr	5'8"
6	Casey Markenson	Sr	5'3"
7	Kalli Perano	So	5'2"
8	Lilly Pearson	Jr	5'6"
9	Mary Van Dyke	Jr	5'7"
10	Niki Tomita	Sr	5'8"
11	Julia Reich	Fr	5'6"
12	Elizabeth Kimberly	So	5'8"
15	Katie Claiborne	Jr	5'4"
17	Lucinda Robinson	So	5'4"
18	Katharine Noakes	So	5'10"
19	Rebecca Plotnick	So	5'5"
20	Jill Merkle	Sr	5'9"
21	Katie Blise	Fr	5'8"
22	Claire Leichter	So	5'2"
23	Marina Watowich	Fr	5'0"
27	Becky Riss	Sr	5'3"
34	Zoe Suche	Jr	5'8"
36	Lydia English	Jr	5'1"

# WOMEN'S TEAMS

## Claremont Colleges

### GREENSHIRTS

Claremont, Calif.

Captains: Erica Baken, Jenya Kahn-Lang, Elizabeth Duda



Approximately 68 million years ago, a lonely pachycephalosaurus was roaming around, reflecting upon what she wouldn't do just to have a few friends (she liked the idea of having six friends, a solid crew of seven). The more she considered her loneliness, the more upset she became, until she couldn't help but ram her head against a big, fat rock. When she stepped back, a bit dizzy, she discovered she had knocked a slab of the rock clean off — an indented, round slab. She picked it up and flung it with all her lonely might! Meanwhile, a velociraptor nearby saw this spinning rock fly through the air and couldn't help but chase it down and catch it. She promptly threw the rock back to the pachycephalosaurus. It became a game of catch as both dinos squealed with glee. One by one, dinosaurs and pterosaurs came from far and near, following the sounds of excitement and happiness that was a result of a few friends tossing this odd shaped rock. After a while, this motley crew decided to take their awesomeness to the next level and become a team. They called themselves the Greenshirts, as dinosaur vocabulary is quite limited, and colors and items of clothing are some of the first English words they had learned. The Greenshirts soon became a feared name in the Cretaceous Ultimate Frisbee league, and the once lonely pachycephalosaurus had found happiness with her new friends and a Frisbee.

## ROSTER

2	Nicole Yu	So	5'1"
3	Alison Marks	So	5'6"
5	Jennifer Schmidt	So	5'6"
8	Julia Raney	Jr	5'6"
9	Clara Amarosi	So	5'7"
11	Alicia Hendrix	Sr	5'7"
12	Eliza Longnecker	So	5'5"
13	Kate Speck	Jr	5'1"
15	Laurel Estes	Fr	5'4"
16	Catherine Raney	Jr	5'6"
17	Elizabeth Duda	Jr	5'1"
21	Rose Comaduran	Sr	5'7"
22	Marlene Haggblade	So	5'4"
23	Jenya Kahn-Lang	Sr	5'2"
25	Paloma Garcia	Sr	5'10"
26	Claire Tietelbaum	So	5'7"
27	Erin Childs	Sr	5'7"
31	Erica Baken	Sr	5'7"
38	McKenzie	Floyd	Sr 5'5"
71	Tasha Arvanitis	Fr	5'6"
93	Tessa Bertozzi	Fr	5'7"

## Elon University

### FREE TO LAY

Elon, N.C.

Captains: Lauren Krizay, Caroline Walker, Morgan Cannino



In 2009, Elon's Free to Lay earned a spot at D1 Regionals playing well, breaking seed and ending their season graduating more than half the team. Since then, Free to Lay, has rebuilt from the ground up. The past three years have taught Free to Lay the importance of commitment, diligent practice and a cohesive team dynamic. They have worked hard to develop a style of play that increasingly develops their strengths and improves their weaknesses. This team has enjoyed continuously learning about the game and consistently improving every season. Since 2011, Free to Lay is proud to be the host of their annual USA Ultimate sanctioned Spring tournament, the Nutty Huck. We look forward to encouraging competitive sanctioned play and hosting this tournament every year. With the helpful addition of an alumni coach, they feel this season has helped them get close to realizing their full potential. Though once again, they will be graduating a majority of their current leadership after the spring, 2012 season, Free to Lay is excited and confident in their team's ability to showcase their skills at 2012 DIII Nationals.

## ROSTER

1	Anne Lukens	Sr	5'3"
6	Helen Peplowski	Fr	5'4"
8	Caroline Walker	Sr	5'4"
9	Alex Cerussi	Jr	5'7"
11	Sarah Gerald	Sr	5'4"
12	Jenna Ambrosi	Jr	5'5"
13	Maureen Dougherty	So	5'10"
14	Libby Gormley	Fr	5'2"
16	Julie Rodriguez	Fr	5'4"
18	Kelsey Aikens	Jr	5'9"
19	Rachel Johnson	Sr	5'7"
23	Morgan Cannino	Gr	5'6"
24	Heather Olin	Jr	5'8"
25	Hannah Matthews	So	5'3"
26	Millie Rosen	Jr	5'5"
33	Lauren Krizay	Sr	6'0"
35	Rachel Shippee	Fr	5'5"
67	Emily Wappes	Sr	5'9"
88	Jill Padfield	Jr	5'4"



# WOMEN'S TEAMS

Grinnell College

## STICKY TONGUE FROGS

Grinnell, Iowa

Captains: Cory Keeler, Paige Hill



For a small town in the middle of Iowa, Grinnell has a high thrift-store-to-resident ratio. Sometime in the early 2000s, a young college student came across an old jersey in one of the four thrift stores in downtown Grinnell. The jersey bore the logo of a frog and the words "Sticky Tongue Frogs Grinnell Ultimate." This was fortuitous, as the young

woman happened to have been thinking about re-forming the women's Ultimate team at Grinnell, which had disintegrated in the years before. She bought the old jersey and the mascot was reborn. The Sticky Tongue Frogs once again took to playing Ultimate all across the Midwest, and have been going strong ever since. With their three-peat appearance at DIII Nationals on the line, the team trained harder than ever through the long Iowa winter and ventured out as far as Georgia to test their mettle against other teams. After graduating a large, talented senior class, the Stickies are showing what it means to come together against the odds and fight their way to the top. As scrappy as ever, they are ready to show off their jam hands, sticky tongues, and great spirit at the national level once again.

## ROSTER

4	Sam Rosen	Fr	5'4"
6	Eden Marek	Fr	5'6"
9	Mia Ritter	Fr	5'6"
10	Carla Eckland	Jr	5'5"
12	Julia Daniels	So	5'2"
13	Cory Keeler	Sr	5'6"
18	Julia Sauerhaft	Fr	5'6"
19	Kelly Helbach	Jr	5'4"
21	Carissa Shoemaker	So	5'8"
23	Alexa Stevens	Fr	5'4"
24	Ellie Honan	So	5'5"
27	Eva Metz	So	5'5"
28	Remy Ferber	So	5'8"
29	Hannah Bauman	Jr	5'7"
32	Misha Ghadiri	Sr	5'8"
34	Sarah Farberman	Fr	5'2"
36	Talora Martin	Fr	5'1"
40	Nikki Pyle	So	5'7"
47	Paige Hill	Sr	5'4"
48	Linnea Van Pilsun-Bloom	So	5'6"
57	Kirsten Nelson	Fr	5'6"
80	Bethany Clarke	Fr	5'11"

Haverford/Bryn Mawr College

## SNEETCHES

Haverford, Pa.

Captains: Julie Singer, Aly Lieberman, Meg Bishop



The Sneetches are a fun-loving group of talented women. Since the team was founded in 1994, the Sneetches have always embodied passion and love for Ultimate. Sneetches pride themselves in their ability to play high-spirited and competitive games, while never losing sight of the joy of

Ultimate. The Sneetches have a unique tradition of passing down "flair" from senior Sneetches to younger Sneetches as a way of building legacies and celebrating future Sneetch greats (flair includes clothing, accessories, decorative lamps, and even stuffed sneetches that Sneetches from the past have gifted to the team). The Sneetch Ultimate program has blossomed over the last year, allowing the Sneetches to field two squads for the first time this Spring. The diverse individuals that make up this year's team have inspired personal growth on and off the field, and they have developed incredible flow and team cohesion. The Sneetches play fast-paced Ultimate and are extremely proud of their suffocating defense. After winning Ohio Valley Regionals two years in a row, they look forward to being a competitive contender at this year's national championships.

## ROSTER

2	Fern Beetle-Moorcroft	So	5'6"
3	Wynne Lewis	Sr	5'8"
4	Maya Barlev	Sr	5'1"
5	Sara Taggart	Jr	5'8"
7	Meg Bishop	Sr	5'2"
8	Siena Mann	So	5'1"
9	Jacquelyn LaBua	Jr	5'4"
10	Kelsey Bilek	Jr	5'9"
11	Ilja Hermans	Sr	5'6"
12	Iris Lippert	So	5'10"
13	Amy Greulich	Jr	5'8"
15	Emma Sawin	Jr	5'7"
21	Julie Singer	Sr	5'8"
23	Elinor Hickey	Sr	5'10"
24	Aly Lieberman	Sr	5'7"
29	Madeline Smith-Gibbs	Jr	5'6"
30	Maisy Hughes	Jr	5'5"
49	Christine Long	Sr	5'9"

# WOMEN'S TEAMS

## Hendrix College

### SUGAR GLIDERS

Conway, Ark.

Captains: Rose Thompson, Olivia Harrington



The women's Ultimate team at Hendrix College (located in the Natural State of Arkansas) began in the spring of 2005, and grew out of an Ultimate team, the Flying Squirrels, who had been playing both open and mixed since 2002. Because the men's and the women's teams were still very close, we wanted our team name to remain in the squirrel family; thus we became the Sugar Gliders. We have never had a coach, so we depend on every player to be a leader on the field. Over the years we have struggled to maintain committed numbers or win games, but we have always prided ourselves on upholding Spirit of the Game, throwing excellent parties, and wearing bedazzled trucker hats. Nowadays, we are able to have two women's practices a week and travel to tournaments throughout our region. Along with the Flying Squirrels, we host the Hendrix Ultimate Experience (HUX) tournament every February—this year was our tenth anniversary. This is the first time that the Sugar Gliders have ever qualified for DIII Nationals, and we couldn't be more excited to play in the big leagues.

## ROSTER

11	Anna Broadwell-Gulde	Jr	5'9"
12	Emily Maverick	So	5'10"
21	Rose Thomson	Sr	5'7"
22	Abby Sapien	Fr	5'4"
26	Annemarie Beck	So	5'2"
50	Hannah McWilliams	Jr	5'7"
54	Leah Harkey	Fr	4'11"
55	Michaelene Miller	Jr	5'4"
58	Olivia Harrington	Sr	5'8"
82	Jenny Shostrand	Jr	5'9"
87	Sara Slimp	Sr	5'6"
99	Sophie Houin	Sr	5'8"

## Lehigh University

### LEHIGH GRAVITY

Bethlehem, Pa.

Captains: Andy Bonarrigo

Lehigh Gravity split from the men's team two years ago. We have a strong core of seniors who are responsible for the successful launch of the team. Our improbable success is due to our dedication to each other as teammates and our desire to have fun playing the game.

## ROSTER

2	Andy Bonarrigo	Sr	5'0"
6	Sarah Solberg	Fr	5'0"
7	Sarah Johnson	Gr	5'7"
11	Danica Palacio	So	5'5"
12	Julia Pieper	Sr	5'8"
15	Nora Stack	So	5'4"
16	Aditi Varma	Jr	5'3"
17	Mara Ringer	So	5'6"
18	Stephanie Hartson	Fr	5'3"
21	Amanda Walker	Sr	5'7"
28	Courtney Their	Fr	5'4"
36	Stacy Sawin	So	5'8"
41	Kellen Lowrie	Fr	5'9"
44	Hana Harrison	Sr	5'2"
54	Rachael Freedman	So	5'1"
55	Lindsay Frazier	So	5'3"

# WOMEN'S TEAMS

Mary Washington University

## MARY MASSACRE

Fredericksburg, Va.

Captains: Chelsea Lewis



Mary Massacre is proud to be attending DIII Nationals for the second year in a row. After a taste of Nationals last year, we were determined to work hard, have fun and get back there this year. We are proud of our season and excited to be joining some of the best DIII teams in the country on the big stage in Appleton this year.

## ROSTER

3	Alex Carpenter	Jr	5'4"
5	Krystal Hawkins	Sr	5'4"
7	Kyle Lefler	Sr	6'0"
10	Erica Bressler	Fr	5'6"
11	Chelsea Lewis	Sr	5'8"
12	Mary Beth Moody	Jr	5'8"
13	Marjorie Blanton	Jr	5'4"
15	Emily Goldhammer	Jr	5'6"
16	Christine Nolan	Jr	5'5"
19	Kelsey Witt	Jr	5'6"
22	Devon Davis	Jr	5'5"
32	Gina Ayers	Sr	5'4"
42	Laura Pape	So	5'7"

Pacific Lutheran University

## REIGN

Tacoma, Wash.

Captains: Jihan Grettenberger, Flannery Spinhirne

PLU Women's Ultimate Frisbee team, also known as Reign, started about twelve years ago with a few women who could throw a disc and wanted to compete. Since then, the team has become a competitive and nationally recognized team. We are a club sport

and we take any woman who wants to play. Most of the women on our team started playing Ultimate for the first time at PLU. Some players had never thrown a Frisbee before joining the team, and for others, this is their first sport. We combine our dedication, teamwork, and a lot of spirit as we continue to grow and become more competitive each year. Two years ago we won the DIII National title in Appleton, Wis. and this year it is our goal to reclaim that title. Above all, our team strives for a fun season, full of costumes, giggles, and good competition.

## ROSTER

1	Flannery Spinhirne	Sr	5'2"
2	Cassady Coulter	So	5'4"
4	Anna McCracken	So	5'9"
5	Kristin Hayes	Fr	5'5"
6	Jessica Wilson	Sr	5'4"
7	Teresa Brna	Sr	5'3"
8	Jihan Grettenberger	Sr	5'9"
9	Darrien Dorr	So	5'4"
14	Nicoe Bayard	Sr	5'10"
15	Ashley Marcy	Fr	5'8"
16	Breanna Nelson	Sr	5'7"
18	Maggie Mickelson	Jr	5'6"
21	Melanie Venhaus	Jr	5'6"
22	Kiersten Dahms	Jr	5'4"
23	Susan Keyl	So	5'6"
27	Chelsea Paulsen	Jr	4'11"
31	Allie Jo Koester	Jr	5'2"
47	Elizabeth Herzfledt-Kamprath	Sr	5'8"

# WOMEN'S TEAMS

## Princeton University

### CLOCKWORK

Princeton, N.J.

Captains: Kelly Weeks, Laura Brock, Rachel Chen



Clockwork Orange's extended history has unfortunately vanished into the same area of cyberspace that hosts our former website. Recent years have

hopefully been a continuation of greatness rather than a decline from glory, but we couldn't say for sure. When we write the history books, we will say that we always had sweet deep looks and sick breaks and that our D was so intimidating we made a team forfeit to us, two games in advance (#truestory). Our team philosophy includes being as swift as a panda master, as dangerous as a dictator, and as hashtaggy as the average tweet by a giggly teenage girl.

## ROSTER

6	Jen Kim	So	5'2"
9	Sherry Li	Fr	5'5"
13	Kaitlyn Yin	Fr	5'4"
16	Rachel Chen	Jr	5'1"
17	Hannah Sosebee	Fr	5'5"
18	Laura Bock	Sr	5'8"
21	Ming Lu	Sr	5'11"
22	Evaline Cheng	So	5'4"
23	Julia Yue	Jr	5'4"
24	Hannah Vasquez	Jr	5'9"
25	Madison Bush	So	5'7"
26	Min Yi	Fr	5'3"
28	Lucy Lee	So	5'6"
44	Sarah Plummer	Sr	5'5"
81	Sara Nason	Sr	5'4"
87	Angela Liu	Fr	5'4"
99	Kelly Weeks	Sr	5'6"

## St. Olaf

### DURGA

Northfield, Minn.

Captains: Erin Curme, Sarah Mitchell, Lauren Hagen



In Hinduism, "Durga" (the Sanskrit word for "the invincible") is a "supremely radiant" goddess, and is known to have several arms, ride a tiger, and carry weapons for battle. Established in the early 90s, St. Olaf Durga is not

far from that. Having several arms in the form of layouts and skys, riding the tiger that is our speed, and carrying discs for highly spirited yet competitive battle, we seek to embody our inner goddesses each and every time we play Ultimate. This is the second time in team history that Durga will play at Nationals. We are a supremely radiant group of women who take pride in our spirit, in our commitment, in our silliness, and in our skill. We are beautiful animals, we are destroyers of worlds, we are Durga!

## ROSTER

0	Meredith Mount	Jr	5'6"
2	Lauren Hagen	So	5'2"
3	Harriet Pedersen	Fr	5'6"
4	Tanya Bovitz	So	5'4"
7	Audrey Phillips	Jr	5'7"
10	Beret Amundson	Fr	5'8"
13	Emily Peterson	Jr	5'2"
14	Steph Vandyke	So	5'9"
19	Aubrey Tyler	So	5'9"
22	Emilia Lewis	So	5'7"
23	Sarah Mitchell	Sr	5'7"
24	Erin Curme	Sr	5'4"
25	Brynn Rathjen	Jr	5'7"
47	Laurel Oswald	Fr	5'2"
55	Britt Letcher	So	5'5"
69	Leah Svingen	Jr	5'7"
88	Taylor Bridges	Jr	5'3"



# WOMEN'S TEAMS

## Stonehill College

### TURTLEDOVES

Easton, Mass.

Captains: Maggie Carmona, Jane Dudley



The Stonehill Turtledoves is four years old. In its first year there were ten players on the team, two of whom had played Ultimate before. Our team's growth has paralleled the development of DIII Nationals, we were one of four teams to compete at DIII Nationals in 2009. When we returned to Nationals in 2010, it was a more competitive tournament and now that there are 16 teams competing this year at nationals, we are excited for the opportunity to compete with some of the best DIII teams across the nation. Similar to the nature of the DIII College Championship Series' progress, we have also grown in strength and numbers as well; with our team count totaling 20 players. Last year we gained a talented and athletic group who were new to the sport. This year everyone returned, and worked on their individual skill set, which increased the overall performance of our team. Hard work, dedication, and outstanding spirit contributed to our success throughout the season and our current USA Ultimate ranking.

## ROSTER

1	Kate Twombly	Sr	5'5"
2	Abby Barnicle	Fr	5'5"
3	Maggie Carmona	Sr	5'5"
5	Jane Dudley	Sr	5'6"
7	Maddie McGohey	Sr	5'5"
8	Kristen Kennedy	So	5'4"
9	Linds Bouzan	Jr	5'3"
10	Rachel Dauer	So	5'8"
11	Emily Nicotera	Sr	5'3"
12	Grace Walkowicz	Sr	5'10"
13	Sara Burnheimer	Jr	5'6"
14	Jane Farrell	So	5'9"
17	Lauren Melaugh	Jr	5'8"
19	Kelsey Hoffman	Jr	5'2"
24	Tate Molaghan	So	5'6"
33	Kristen Turpin	Jr	5'2"
67	Megan Granahan	Jr	5'4"
69	Meghan McDonough	Fr	5'5"
80	Kayla Delle Chiaie	So	5'3"
99	Melissa DiBerardino	So	5'4"

## Truman State University

### TSUNAMI WOMEN'S ULTIMATE

Kirksville, Mo.

Captains: Sarah Warner, Betsey York, Erica Sumner

Truman State Women's Ultimate was founded in 2004. Prior to an actual women's team, a number of notable females played on Ju-jitsu. Christina Wirkus and Maya Suffern are credited with having founded the actual women's team in the fall of 2004. In 2007, TSU-nami went College Nationals and this year is our second trip to DIII Nationals.

## ROSTER

0	Lynn Koch	So	5'9"
2	Brooke Giddens	So	5'5.5"
4	Emily Firsching	So	5'4"
6	Betsey York	Sr	5'8"
7	Carissa Rethemeyer	Sr	5'8"
8	Lauren Kells	Fr	5'6"
11	Priya Maillacheruvu	So	5'3"
13	Brittany Thompson	So	5'5"
14	Stephanie Sherman	Fr	5'5"
16	Ashley Maricic	Sr	5'6"
17	Sarah Warner	Sr	5'10"
19	Lisa Dworak	Sr	5'8"
23	Maddy Niehaus	Fr	5'6"
24	Jessica Derry	Fr	5'6"
25	Kerry Linhares	So	5'9.5"
26	Jennifer May	So	5'7"
28	Juliana Dworak	Fr	5'5.5"
33	Erica Sumner	Jr	5'7"
44	Rebecca Rockamann	Fr	5'5"
74	Stephanie Elsea	Fr	5'2"
79	Callie Federer	Fr	5'7"

# WOMEN'S TEAMS

Valparaiso University

## CHICKS HUCKING DISCS

Valparaiso, Ind.

Captains: Dannie Dolan, Erika Wagner



The Valparaiso University Ultimate team has been around for a while, but the women's team became a separate entity from the men's in 2007. The first two years of this team's existence were rough with recruiting numbers as well as finding committed players to grow and lead the team. In 2010 the team took third at the first-ever DIII nationals. The year after, the team was concerned about having a "rebuilding year" with more freshmen than returning players, but again had an impressive performance at DIII nationals and again took third despite all the young talent. This year, after a very satisfying season so far, we look forward to the tough competition at another DIII championship.

## ROSTER

02	Katelyn Niemeyer	So	5' 9"
06	Stephanie Volz	Jr	5' 6"
07	Erin Watkins	Fr	5' 3"
10	Claire Simonpietri	Jr	5' 6"
11	Dannie Dolan	Sr	5' 8"
12	Kate Guidera	Jr	5' 7"
13	Miranda Sprenger-Mahal	Fr	5' 6"
14	Kelly Perfect	So	5' 9"
17	Ned King	So	5' 3"
18	Erika Wagner	Jr	5' 7"
20	Mandi Lazzaro	Sr	5' 1"
22	Ariel Jamison	Sr	5' 7"
27	Teryn Gehred	So	5' 4"
32	Abby Matter	So	5' 9"
38	Ellen Guisfredi	So	5' 8"
87	Rachel Okerstrom	Jr	5' 10"

Willamette University

## HYSTERIA

Salem, Ore.

Captains: Susa Lynne, Emily Browne

Our team was formally established last spring, making this our first full season.

## ROSTER

3	Samia Munayirji	Sr	5'5"
4	Susa Lynne	Sr	5'
10	Eve Wiggins	Fr	5'4"
12	Kara Faciszewski	Sr	5'4"
18	Christin Licata	Sr	5'4"
23	Lauren Henken	Jr	5'10"
25	Emily Brown	Sr	5'6"
30	Emily Brixey	Fr	5'3"
36	Josie Passantino	So	5'4"
48	Catie Plourde	Sr	5'9"

# OPEN TEAMS

## Bentley University

### ICEHOUSE

Waltham, Mass.

Captain: Peter Login



Bentley Ultimate Society (BUS) formed as a club on campus in the spring of 2003. BUS first participated in the College Series in 2004. The team, nicknamed Icehouse, is

a tight-knit group on and off the field. We have won the past two DIII New England Regional tournaments on universe point. BUS has qualified for the past three Division III national championships, finishing fifth in 2010 and 11th in 2011. Our goal since the end of last season was to get back to DIII Nationals and become a championship contender. We have been known to give lots of airplanes.

### ROSTER

5	Peter Login	Sr	5'7"
6	Dan Bourdeau	Sr	6'1"
7	Maxwell Rick	Jr	6'0"
9	Lucas Ruffel	Jr	5'11"
11	Mark Bokuniewicz	Sr	5'10"
12	Stephen Perkins	Jr	6'0"
14	Noah Comen	So	5'7"
15	Seth Jackson	Sr	6'3"
16	Matt Keegan	Fr	5'11"
19	Alec Parzych	So	6'1"
20	Scott Seifert	So	5'6"
22	Scott Roy	So	6'2"
23	Kevin Sparacino	Jr	5'6"
25	Mark Adamiak	So	6'2"
27	Justin Ondrof	So	6'2"
31	Jacob van Berkum	So	6'3"
34	Matt Burton	Sr	5'10"
36	Dan Touger	Sr	6'1"
47	Sly Lamaruggine	Fr	6'2"
77	Alex Foo	So	5'6"
82	Chris Saroka	Sr	5'10"

## Bowdoin College

### CLOWN

Brunswick, Maine

Captains: Dylan Kane, Adam Mortimer, Michael Ben-Zvi, Bill Page



The Clown is the Ultimate Frisbee team at Bowdoin College. The team is entirely self-governed, with captains serving as coaches, teammates, mentors, and life coaches. Rookie members are named in the fall, and from that

point on divorce themselves entirely from their old identity. Most members are unaware of the old, useless, birth-certificate names of their fellow teammates. Though the Clown is a relatively new organization on campus, they have developed a strong tradition of principles that members carry with them their entire lives. The Clown teaches you that Fire is more important than Water, you are nothing if you don't Hammer, shaving your legs doesn't always secure victory (but it certainly helps), and the most important thing in this life is finishing. Finishing and Winning.

### ROSTER

0	Michael Ben-Zvi	Jr	6'2"
2	Zachary Morrison	So	6'1"
5	Daniel Peckham	Sr	6'0"
9	Jake Shorty	Sr	5'10"
10	Dylan Kane	Sr	6'0"
11	Craig Hardt	Sr	6'2"
12	Samuel Shapiro	So	6'1"
13	William Page	Jr	6'1"
14	Nick Riker	Sr	6'0"
17	Adam Louis Mortimer	Sr	5'9"
18	Salem Harry	So	5'10"
20	William Alexander	Sr	6'4"
22	Evan Hoyt	Fr	6'2"
23	Eduardo van Rhede		
	van der Kloot	Sr	5'11"
29	Tim Farley	Sr	5'11"
31	Sam Fichtner	So	5'10"
33	Nick Benfey	Fr	5'10"
34	Curtis Morrill	Sr	5'7"
37	Denis Maguire	Fr	6'2"

# OPEN TEAMS

## Carleton College

### GOP (GODS OF PLASTIC)

Northfield, Minn.

Captains: Cory Fauver, Jon Isaac, Rhys Lindmark



GoP began in 1995 when some Carleton Frisbee players became disillusioned with CUT's win-at-all-costs mentality. They formed a splinter team, dubbed the Gods of Plastic, and the rest is history. We are now in our 18th season and have enjoyed incredible successes, including placing fifth at North Central Regionals in 2010 and winning the 2009 and 2010 USA Ultimate Division III National Championships.

## ROSTER

1	Sam Feigenbaum	So	6'1"
2	Mike Alexander	Sr	5'10"
3	Reed Jordan	Sr	5'8"
6	Scott Graber	Jr	5'10"
7	Rhys Lindmark	Jr	6'0"
8	Daniel Barter	So	5'11"
9	Brandon Taitt	So	6'0"
10	Mike Chappell	So	5'11"
11	Alex Walker	Sr	5'11"
12	Kyle Markwalter	Jr	5'10"
13	Rob Yeagle	Fr	6'0"
14	Drew Holmen	So	5'11"
15	Peter Rogers	Jr	6'3"
20	Charlie Cross	So	6'0"
21	Ian Fischer	Fr	6'1"
22	Niko Duffy	Jr	6'0"
24	Devon Manber	Fr	6'1"
25	Matt Godfrey	Fr	5'5"
26	Michael Groeneman	Sr	5'10"
27	Cory Fauver	Sr	5'10"
28	Jon Isaac	Sr	5'9"
37	Will Gagne-Maynard	Jr	5'11"
42	Max Willard	Fr	5'9"
67	Anders Berglund	Fr	5'11"
77	Alex Waltz	Jr	5'10"
90	Sam Rosenberg	Jr	5'11"

## Claremont College Consortium

### BRAINEATERS

Claremont, Calif.

Captains: Riley MacPhee, Tommy Li, Logan Schumacher



Located in sunny Southern California, just east of L.A., the Claremont Brains represent not one, but four different schools united by the Claremont consortium: Harvey Mudd College, Pomona College, Pitzer College, and Claremont McKenna College.

The Braineaters have a proud and noble history, steeped in lore and tradition. Created in 1979, the team is currently celebrating its glorious 30th anniversary. In the team's early days, it represented only Pitzer

College, the alma mater of the Braineater's founding father Jeff Landesman. Legend has it, the 1979 team was one day away from their first tournament and needed a name to call themselves. A teammate heard about a low-budget B movie on TV that night called "The Braineaters," and they decided it would suffice. Ironically, the whole team had other plans for the night and missed the movie. To this day, no member of the Braineaters has ever seen the movie.

The Brains swiftly developed a reputation at tournaments for being a fun, if not particularly talented team. The most famous Braineater tradition was the ritual offering of the pre-game "Mystery Box." If the opponents accepted, the Braineaters would receive all of the pre-game decisions. If the opposing team declined the box, they would receive the pregame decisions. Not surprisingly, nearly all teams accepted the contents of the mystery box, which has been known to include everything from a functional wetsuit to a team captain.

We've come a long way from our fun-filled beginnings. Last year, for the first time, the Brains competed in Division III, and won the championship. We're back again this year to defend the title. Game on.

## ROSTER

1	Alex Cloud	Fr	5' 9"
3	Ben Huppe	So	5'8"
5	Chris Brown	Fr	5'11"
7	Zack Purdy	Jr	5'10"
9	Michael Weil	So	5'10"
10	Joel Fagliano	So	5' 8"
12	Daniel Geller	Jr	5'6"
14	Patrick Pelegri-O'Day	Fr	5'11"
15	Devin Drewry	Jr	5'10"
16	Tommy Li	Sr	5'11"
17	Taylor Brent	So	5'8"
23	Sam Trachtman	Sr	5'8"
24	Ian Brown	So	6'4"
29	Nathan Hall	Fr	5'11"
34	Alex Gruver	Fr	6'4"
35	Dylan Horowitz	So	6'0"
37	Kevin Black	Sr	5'11"
63	Jon Witte	Sr	6'4"
80	Sam Asin	Sr	5'11"
00	Jeremy Brecher-Haimson	So	6'0"



# OPEN TEAMS

## Georgia College

### DISCONNECTED

Milledgeville, Ga.

Captain: Koy Manget / Coach: Doug Oetter



The Georgia College Men's Ultimate Club, also known as Disconnected, was founded in 2003 by student Bennett Williams and faculty advisor Doug Oetter. The team's name was inspired by the feeling of connection and community created among the members of the team due to the love for the game.

## ROSTER

1	Charles Morris	Jr.	5'9
2	Taylor Minch	Sr.	5'11
5	Joseph Hanson	Jr.	6'2
7	David Anderson	So.	6'1
11	Ryan Prisco	Fr.	5'7
12	Taylor Lamb	Sr.	5'11
13	John Manget	Sr.	5'11
16	Nolan Klink	So.	5'10
20	Alex Damerow	Jr.	5'8
21	Christopher Hannah	Sr.	6'2
22	Trever Alexander	Fr.	5'9
23	Connor Chesser	So.	6'1
27	Patrick Davidson	Jr.	5'10
42	Sean Morris	Sr.	6'0
47	Gunnar Mendiola	So.	5'8

## Kenyon College

### SERF

Gambier, Ohio

Captains: Adrian Galbraith, Brendan O'Connor, Jordan Rhyne



Kenyon Men's ultimate was founded in 1976. In recent years the team has returned to national prominence, qualifying for its first ever Regionals event in 2007. SERF returns to the DIII scene after finishing sixth at the Ohio Valley DI Regionals last year. In 2010, SERF finished third at DIII nationals and looks to improve on that performance in 2012.

## ROSTER

2	Danny Rosenberg	Jr	6'2"
3	Adrian Galvin	Sr	5'6"
4	Daniel Druffel	So	6'0
5	Sam Ross	So	5'10
7	Will Bowman	Jr	6'2"
9	Rehan Bhatti	So	6'2
10	Corey Barber-Bockelman	So	6'5
11	Adrian Galbraith-Paul	Sr	5'10"
17	Brendan O'Connor	Sr	6'0"
18	Mitch Schwarz	Jr	5'10"
19	Sam Kaplan	So	5'9
22	Jordan Rhyne	Jr	6'1"
25	Ian Kenison	So	6'1
29	Rob Heavner	Fr	5'11
33	Dan Kipp	So	6'0
37	Walker Hudobenko	So	5'9
77	Kenny Polyak	Sr	5'7"
88	Harry Hanson	Jr	5'10"
	Scott Matus	So	5'7"

# OPEN TEAMS

Lewis and Clark College

## BACCHUS

Portland, Ore.

Captains: Ben Lohre, Kelly Van Arsdale



In 1999 the team was called Chicken Skin and was not very competitive, no one wore cleats. After the freshmen challenged the seniors to a winner-take-all game the team was renamed Bacchus and became more serious. At this time there weren't enough people to have an all guys team so Bacchus in the early years was co-ed. After four years the team had enough people to be only men and has continued to get better each year.

## ROSTER

2	Harrison Chase	So	5'11"
4	Kyle Barton	So	5'9"
10	Sam Franer	So	5'10"
12	Sam Cooper	So	5'10"
13	Kotaro Maki	Fr	5'4"
14	Tiemo Landes	So	5'10"
17	Tanner Hebert	Fr	6'1"
20	Ethan Bruno	So	6'3"
21	Andrew Stern	Fr	5'9"
25	Ryan Kaszynski	Sr.	5'11"
34	Nao Ohdera	Sr.	5'11"
40	Will Shaw	Fr.	5'11"
42	Ben Lohre	Sr	6'
68	Marty Shanahan	So	5'8"
82	Miles Hume	Fr	6'2"
88	Ian Mass	Sr	6'2"
99	Kelly Van Arsdale	Sr	6'5"

North Park University

## LOST BOYS

Chicago, Ill.

Captains: Connaught Donnelly, Grant Blankenship, John Peter Frederickson



Ultimate at North Park is different, mainly because we are a faith-based institution and try to implement our faith in our game and the way we play. The team was started in 2001 by a group of friends who decided to call the team Extend, with the main purpose being the extension of Jesus Christ's love to the Ultimate community, hence the name. Over the years, as the team has gotten better, it is more difficult to keep this the main purpose, but we try our best to show other teams and players what it means to be a follower. Another word to describe our team is "brotherhood." We consider our team a family, and we all have each others' backs and try our best to make everyone feel welcome. Many players that join have no intention of playing because they love the game of Frisbee, but playing because they love the community that the team offers. However, we are constantly working towards improving our game and our ability to challenge higher level teams. This has begun to show, especially last season when we went to the DIII College Championships and tied for fifth.

## ROSTER

0	Cooper Lane	Fr.	6'3"
4	Eric Ek	Gr.	6'2"
5	Christian Gieseke	Sr.	6'0"
6	Brent Gustafson	Fr.	6'2"
11	Timothy Krumland	Fr.	5'8"
12	Sean Burke	Gr.	6'0"
13	Tom Williams	Fr.	6'0"
15	Tyler Nelson	Sr.	6'4"
19	Dan Raymond	Fr.	6'6"
22	W. Connaught Donnelly	Gr.	5'11"
33	Carl Gieseke	Sr.	6'0"
44	Grant Blankenship	Sr.	5'10"
45	Reese Samin	So.	5'10"
49	Joel Stenberg	Fr.	6'0"
56	Nathan Hutchins-Peterson	Fr.	5'10"
58	Joe Gaylord	Fr.	5'3"
62	J. Peter Fredrickson	Sr.	5'11"
76	Andrew Fredrickson	So.	5'11"
80	Tanner Mayo	So.	6'2"

# OPEN TEAMS

## University of Puget Sound

### POSTMEN

Tacoma, Wash.

Captains: Ky Lewis, Luke Jespersen, Spencer Sheridan



Our team started from humble beginnings in the year 2004 when a little boy with a dream wanted him and his friends to start a local micro financing bank in their beloved town of Tacoma, Washington.

They soon realized this would be way to much work and quickly opted to just throw around a small piece of plastic instead. After what the Postmen refer to as the dark ages (when Bruce Hart and Eli Ritchie led the team) the Postmen finally earned their chance to travel to the Mecca of the West, Appleton, Wisconsin; where the team tied for third place. The Postmen have worked hard for this opportunity to return to Appleton to once again tour the Hearthstone House of lovely downtown Appleton.

### ROSTER

1	Jonas Cole	Jr	5'9"
4	Daniel Mozell	So	5'10"
7	Elliott Cohen	Jr	6'0"
9	Taylor Smith	Fr	6'2"
10	C.B. Wolf	Fr	6'2"
11	Nitai Deitel	Sr	6'3"
14	Peter Geertz-Larson	Jr	5'8"
18	Ryan Baatz	Sr	5'11"
20	Luke Jespersen	Sr	6'2"
22	Alan Henzy	Fr	5'9"
23	Eric Hopfenbeck	So	6'3"
25	Brahm Heyman	Sr	5'7"
29	Peter Cellier	Sr	6'2"
31	Spencer Sheridan	Jr	5'9"
32	Travis Shetter	Fr	6'2"
33	Henry Funk	Sr	5'9"
34	Garrett Stanford	So	6'0"
40	Ky Lewis	Sr	5'5"
43	Andrew Mark	Sr	6'0"
44	Sam Berkelhammer	Jr	6'3"
47	Walker Bohannon	So	6'1"
99	Jack Derham	Fr	5'8"

## Reed College

### BERSERK

Portland, Ore.

Captains: Teyon Edwards, Sam May



Know, oh prince, that between the years when the oceans drank Willamette and the gleaming cities, and the years of the rise of the Sons of Simeon, there was an age undreamed of, when shining kingdoms lay spread across the world like blue mantles beneath the

stars. Hither came Conan, the Berserker, black-haired, sullen-eyed, sword in hand, a thief, a reaver, a slayer, with gigantic melancholies and gigantic mirth, to tread the jeweled thrones of the Earth under his sandaled feet. Through many hardships, Conan's teachings have guided his people—the Berserk—to the Ultimate championships, our fourth showing in the last six years. Conan taught the Berserk why we play Ultimate: to crush our enemies, see them driven before us, and hear the lamentations of their women.

### ROSTER

00	Alec Jackson	Jr	6'3"
4	Andrew Lynch	Sr	6'0"
12	Will Eichelberger	Jr	6'3"
13	Kai Nalipinski	Fr	6'1"
14	Devon Kesseli	Fr	5'10"
15	Xander Harris	Fr	6'7"
17	Grayson Curtis	Jr	6'5"
19	Daniel Dashevsky	So	5'8"
21	Michael Badr	Sr	5'7"
22	Sam May	So	5'7"
23	Julius Monello	Jr	5'10"
29	Peter Beach	Fr	6'0"
34	Lucas Howard	Jr	5'7"
48	Ari Fischer	Jr	5'11"
54	Alex Eveleth	Jr	5'7"
69	Joel Hawkins	Fr	5'9"
85	Miguel Conner	Fr	6'1"
88	Francis Dieterle	Sr	5'8"

# OPEN TEAMS

## Rensselaer Polytechnic Institute

### TRUDGE

Troy, N.Y.

Captains: John Hosmer, Max Dyer

RPI was one of the first colleges to field a team back in the mid-70s. They attended the first intercollegiate tournament touted as the College Championship and were a surprise finalist, ultimately losing to Rutgers. RPI has gone through a few different names but for the past decade RPI has gone by the name TRUDGE (Ten Really Ugly Dudes Getting Even). TRUDGE has been a consistent competitor in the DIII division with 2012 being their fifth appearance in the past six years at the DIII championships.

### ROSTER

0	John Hosmer	Sr	6'2"
2	Tim Langr	Sr	5'10"
4	Jon Soucy	Fr	5'8"
5	Andrew Janucik	Jr	6'0"
7	Mickey Hyland	Sr	5'11"
8	Dan Donovan	Sr	6'1"
10	Ryosuke Tashiro	So	5'6"
11	Stefan Dicker	Sr	6'2"
15	Arun Fricker	So	5'11"
17	Charles Mehrotra	Fr	5'11"
18	Chris Blum	Sr	5'10"
22	Christopher Persichilli	Gr	5'10"
23	Sean Murphy	So	5'7"
24	Matt Lustbader	So	6'1"
28	Matt Williamson	Sr	5'9"
33	John Grover	Jr	5'8"
34	Nolan Ryan	So	5'9"
35	Russell Katz	So	5'11"
36	Rohit Chandra	Sr	5'10"
47	Max Dyer	Sr	5'10"
52	Andrew Sklar	Fr	5'9"
80	Jay Walker	Sr	5'10"

## Rice University

### CLOUD 9

Houston, Texas

Captains: Stephen Haff, Kevin Shen



Begun in 1992, Cloud 9 Ultimate Frisbee has had a storied tradition of winning, winning and... you guessed it... winning. It has been only until recently, however, that we have stopped only winning at life, and have begun to also win on the Ultimate Frisbee field. Over the past four years our team has taken a turn for the better behind the previous leadership of captains Steven Loh, Sev Travis and Travis Martin, to the point where it is today as we take a shot at winning DIII nationals.

### ROSTER

1	Matt Liu	So	5'7"
4	Wally Lang	Jr	6'0"
9	Ben Lynch	So	6'2"
10	Amod Desai	So	6'2"
11	Michael Drewry	Fr	5'9"
13	Stephen Haff	Sr	6'2"
20	Sam Dubinski	Jr	5'7"
26	Nick Tiee	Sr	5'9"
27	Sean Murphy	Gr	5'10"
38	Frasier Liljestrand	Jr	6'1"
45	Ray Verm	Sr	5'10"
48	Evan Ross	Jr	5'8"
49	Kevin Shen	Jr	5'9"
69	Alex Hilser	So	5'9"

# OPEN TEAMS

St. John's University

## BAD MONKS (BAM)

Collegeville, Minn.

Captains: Paul Dewenter, Matthew Kortz, Patrick Kunkel



Started in 1994, the name changed from BAM to Friar Huck in 2002, then to simply St. John's Ultimate in 2004 and back again to BAM in 2005.

The team qualified for D-III Nationals from 2006-09 finishing eighth, T-3rd, turning down the bid in 2008 and another eighth place finish in 2009.

Most recently, BAM finished second at DIII's in 2011.

## ROSTER

0	Ryan Mord	So	6'1"
2	Nick Archbold	Jr	5'10"
4	Matthew Archbold	Sr	5'11"
5	Mark Heinen	So	5'9"
7	Paul DeWenter	Sr	6'0"
8	Matthew Kortz	Jr	6'2"
9	Kody Williams	Jr	6'0"
10	Chuck Dudek	So	5'11"
14	Luke Wald	So	5'10"
15	Max Rotert	Fr	5'10"
16	Tyler Torborg	Fr	6'1"
17	Tyler Anderson	So	5'11"
19	Michael Ruble	So	5'8"
21	Patrick Kunkel	So	6'0"
22	Ben Brummer	Jr	5'11"
23	David Stemper	So	6'2"
26	Andy Schupp	Fr	5'9"
27	Joe Woken	Fr	5'10"
31	Dan Cahill	So	5'9"
33	Nihal Bhakta	So	6'3"
42	Lars Benson	Fr	6'1"
44	Alex Sell	Sr	5'11"
47	Ben Berthiaume	So	5'7"
52	Matt Berthiaume	Fr	5'6"
55	Sam Rath	So	5'10"
73	Charlie Enders	So	6'0"
88	Andrew Kiminski	Sr	5'11"
90	Dan Antinon	So	5'9"

St. Olaf

## BERSERKERS

Northfield, Minn.

Captains: Evan Doucett, Charlie Whitmore



This is the Zerk's first trip to DIII Nationals. Founded back before anyone can remember, the Zerk's have always been a presence in the highly competitive North Central Region, often placing in the top ten in Regionals. Coming from the North Central has given

them lots of experience playing against the best teams in the country. Every year they host the Exit 69 Fall Classic in Northfield, Minn., which often draws more than 30 Open teams and 12+ Women's teams.

## ROSTER

2	Richard Coffin	Sr	5'6"
3	Mark Emmons	So	6'1"
4	Matt Metcalf	Jr	6'1"
9	Tommy Cullen	Jr	6'2"
10	Evan Doucett	Sr	6'2"
11	Ben Liska	Fr	6'1"
12	Weston Birnbaum	So	5'9"
13	Doug Binder	So	6'2"
14	Andrew Little	Jr	6'2"
15	Vinh Bui	So	5'3"
16	Tyler Nielsen	Jr	6'2"
17	Donny Harder	So	6'1"
18	Jeffrey Hudson	So	5'9"
19	Cole Stiegler	Sr	6'0"
21	Eric Larsen	Sr	5'7"
22	Ben Marolf	Fr	6'0"
23	Kurt Schroeter	So	6'5"
25	Eric Emmons	Sr	6'2"
27	David Anderson	Fr	6'0"
28	Charlie Whitmore	Jr	5'9"
34	Luke Riley	Jr	6'1"
48	John Knapp	So	6'3"
91	Clay Horsfall	Jr	6'0"



# OPEN TEAMS

## Stevens Institute of Technology

### STEVENS TECH

Hoboken, N.J.

**Captains:** Andrew Mithos, Zack Zaorski, Mason Compton, Chris Fairfield



In 2009, the Stevens Ultimate team was a shell of what it could be; with very few practices and a tiny roster, there was a distinct lack of organization to the team. To say the least, it barely existed. Just before Sectionals 2010, the old captains handed the team over to the new bunch, who completely rejuvenated the ailing team. The new captains,

Freshmen Andrew Mithos and Chris Fairfield and Sophomores Zack Zaorski and Mason Compton, employed a completely revamped system, with regularly scheduled, intense practices, and a focus on recruiting athletic players and building a deep roster. The team grew from 15 members during Spring 2010 to more than 40 for this season.

Another focus of the team has been to set reasonable performance goals for every season to measure growth. During the 2010 college series, Stevens was excited simply to attend Sectionals. During the 2011 college series, the goal was simply to qualify for Regionals, a goal that the team met and then exceeded with a third place finish. For this season, the goal was no less than to qualify for Division III Nationals, which the team has now fulfilled.

For a team that was on the brink of non-existence just two years ago, Stevens has come a long way to qualify for Nationals. This just goes to show that strong leadership and dedication to the sport will lead to great results.

## ROSTER

0	Seung-Kook Burns	Sr.	5'8"
3	Zack Zaorski	Sr.	6'3"
4	Toshi Suzuki	So.	5'8"
5	Andrew Mithos	Jr.	6'2"
8	Austin Chung	So.	5'9"
11	Mason Compton	Sr.	6'2"
12	Dale Dombrowski	Sr.	5'10"
13	David Johnston	Jr.	5'7"
14	Charlie Cannon	Fr.	6'1"
15	Mohd Syafiq		
	Addi Saiful Rizai Voon	So.	5'7"
16	Christopher Fairfield	Jr.	5'10"
18	Muhammad Khalifi		
	Abdull Rahman	Jr.	5'9"
22	Jonathan Lee	So.	6'0"
27	Daniel Richards	Sr.	6'2"
28	Jinmyon Coyne	Sr.	6'3"
29	Zachary Smith	Fr.	6'1"
42	Matthew Linden	So.	6'0"
69	Ed Hofmann	Sr.	5'8"
82	Marques Brownlee	Fr.	6'2"
93	Nick Raguseo	Fr.	5'4"
99	Vasili Pantazis	Fr.	5'11"

## Wake Forest University

### WELL OILED MACHINE, BABY! (WOMB)

Winston-Salem, N.C.

**Captains:** Brett Kaiser, Jay Sehgal



Wake Forest's Men's Ultimate team (WOMB) was founded in 1999. WOMB had qualified for D-I Regionals numerous times through the 2007 college season. WOMB leadership has always been strong and its alumni have left to play for a number of

competitive club teams that include Truck Stop, Space City, D'Oh, TAU, L.A. Metro, and others. In 2011, WOMB elected to compete in the DIII College Championship Series, finishing tied for ninth at nationals in Buffalo.

## ROSTER

1	Luke Fallon	Fr	5'8"
2	John Aguilar	Sr	6'0"
3	Aleksa Trifunovic	Fr	5'11"
4	Corey Casarella	Jr	5'11"
6	Patrick McKendry	So	5'10"
7	Stephen Turner	Jr	5'6"
10	Taylor Peretz	Fr	5'10"
11	Walker MacKenzie	Jr	6'1"
12	Tony Bleyer	Fr	5'7"
13	Jay Sehgal	So	5'10"
14	Matt Pierce	Fr	6'1"
15	David Crespi	So	5'10"
16	Brett Kaiser	Sr	5'10"
17	Sean Gannon	So	6'0"
20	Lee Begelman	Fr	5'11"
21	David Banerjee	Jr	6'1"
22	Ryan Koski-Vacirca	So	5'11"
23	John Zmuda	Fr	5'11"
24	Greyson McConnell	Jr	6'5"
26	Tim Kreutzfeldt	So	6'1"
33	Jesse Hynes	Gr	5'10"
35	Jake Klein	So	5'10"
37	Aaron Lazarus	So	6'0"
38	Ben Adams	Fr	6'1"
59	Zach Anderson	Fr	6'4"
66	Peter Ellis	So	5'10"
82	Cory Ryan	Jr	5'8"

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## **1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.**

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

## **2. CONTROL: SOTG TAKES REAL EFFORT.**

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## **3. HECKLING AND TAUNTING ARE DIFFERENT.**

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## **4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.**

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## **5. DON'T "GIVE AS YOU GOT."**

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## **6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## **7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.**

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.

# USA ULTIMATE SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of Ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline nor offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of Ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

# 2012 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

For more information on the USA Ultimate's Spirit of Coaching or Coaching Certification Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at [mike@hq.usultimate.org](mailto:mike@hq.usultimate.org), or visit the USA Ultimate website at [usultimate.org](http://usultimate.org).



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