



EVENT GUIDE \$2



Photo by Billy Dzwonkowski

**THIS IS NO TIME
TO DREAM SMALL.**

FIVEULTIMATE



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USA ULTIMATE

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WELCOME

On behalf of the Columbus Ultimate Disc Association and the City of Westerville, we'd like to congratulate and welcome all the players, families and fans to the 2014 USA Ultimate Division III College Championships. We could not be more excited to be the hosts for this fast-growing event. We hope you find the Westerville area provides all the amenities you could possibly need to make for an enjoyable weekend. Don't hesitate to ask one of our volunteers if you have any questions.

Hosting championship events is always a pleasure, and there are a number of people who deserve our gratitude. Thank you to all the volunteers, the USA Ultimate staff and Westerville Parks and Recreation for making this event possible.

To the players, make sure you grab some dinner from our #1 rated food trucks Saturday after the games before you cool off in the pool across the street at the amazing Westerville Recreation Center.

For the fans, there are a number of events in town this weekend. Whether you're just looking for some local eateries or a huge rock concert, we've got you covered.

As you take the field, remember only a few players each year earn the opportunity to compete and showcase the game we love to the nation. Good luck, enjoy the moment and show your Spirit. We can't wait to watch.

Sincerely,
Rodger Oakes
Tournament Director
2014 USA Ultimate Division III College Championships



EVENT STAFF

Tournament staff members will be wearing event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

Tournament Director - Rodger Oakes
Assistant Tournament Director -
Bob McSheffery
Volunteer Coordinators -
Sarah Powers and Brian Kowalski
Head Scorekeepers -
Deanna Ball and Emily Meister
Social Event Coordinator -
Josh Botti and Nate Botti
Field Liaison - Patti Wilson
Head Observer - Wally Kwong

USA ULTIMATE STAFF

Managing Director, Competition and
Athlete Programs - Will Deaver
Manager, Competition and Athlete
Programs-College - Ty Krajec
Manager, Events - Byron Hicks

OBSERVERS

Laura Meyer, Chris Burling, Tom Rath,
Stephen Wang, Dan Laurilla, Sam Wood,
Wally Kwong, Joel Houmes, Daniel Wong,
Brad Tinney, Linda Kudo, Paul Klingler, Jeff
Kula, Kevin Kula, Kyle DeVries, Jacob Nuxoll

WEEKEND OVERVIEW

FRIDAY, MAY 16 AT WESTERVILLE RECREATION CENTER

7:00pm – 9:00pm Team Registration

SATURDAY, MAY 17 AT WESTERVILLE SPORTS COMPLEX

8:00am Captains Meeting
9:00am – 6:15pm Pool Play & Pre-quarters
Evening Dinner & Open Time at Rec Center

SUNDAY, MAY 18 AT WESTERVILLE SPORTS COMPLEX

8:00am – 3:45pm Elimination, Placement & Championship Games
Post-Championships Award Ceremony. Immediately following the second championship game, awards will be presented to the champions and second-place teams in each division, as well as Team Spirit Award winners and Individual Spirit Award winners.

COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- All games to 15, point cap at 17.
- Halftime is 5 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time-cap goes on twenty minutes before end of round time on schedule. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total, or when first team reaches 15 ahead by at least two points, whichever comes first.
- Hard time cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.



Join USA Ultimate and the international ultimate community **July 3-6, 2014, in Minnesota's Twin Cities** for the third annual U.S. Open Ultimate Championships & Convention.

A celebration of character, community and competition.

**3 DIVISIONS, 3 CHAMPIONS,
24 OF THE WORLD'S BEST TEAMS**



ESPN

ESPN 3

★ A CELEBRATION OF CHARACTER, COMMUNITY AND COMPETITION ★

SITE RULES

- **NO TOBACCO!** Facility, event staff and security will be checking to make sure people are not smoking. There will also be lots of moms, dads and kids watching the action. Please abide by these rules. If you are caught with tobacco at the field site, you will risk disqualification for your team as well as potential ramifications outside of the event for breaking the field regulations. Thank you!
- **NO GLASS AND NO ALCOHOL MAY BE BROUGHT IN!**
- **DOGS MUST BE LEASHED!** Please leave your pooches at home, but if you must bring them, they must be leashed and cared for. Do not tie them up in the parking lot or leave them in your car.
- **NO STAKES >6 INCHES!** Please secure your pop-up tents, but in order to protect the irrigation system, do not use stakes longer than 6 inches.
- **SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 5 YARDS AWAY FROM SIDELINES!** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- **TRASH AND RECYCLING!** Place recyclables in the recycling receptacles, and place trash in the trash...keep your sidelines clean.
- **LANGUAGE** This is overall a family environment. Please keep this in mind when doing team cheers, etc.
- **GUESTS AND SPECTATORS** You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

Failure to meet these guidelines could result in removal from the site.

DIRECTIONS

DIRECTIONS FROM WESTERVILLE SPORTS COMPLEX (325 N. Cleveland Avenue, Westerville, OH 43082) **TO OHIOHEALTH WESTERVILLE MEDICAL CAMPUS** (300 Polaris Pkwy, Westerville, OH 43082)

- Head north on N. Cleveland Avenue toward County Line Schrock Trail for 0.7 miles.
- Turn right onto Polaris Parkway and continue for 0.4 miles.
- Turn left onto Africa Road and the hospital will be on the right.

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SHOOTING PHOTOS/VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at usultimate.org/about/usultimate/media_policies.aspx or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at stacey@hq.usultimate.org.

MEN'S TEAMS

BENTLEY UNIVERSITY



ICEHOUSE

City/State: Waltham, MA

Captains: Alex Foo, Mark Adamiak, Justin Ondrof

Coaches: Ben Davis, Henry Brecher

Bentley Ultimate Society was created in 2003 and hails from Waltham, MA. As the club picked up speed, so did its desire to win. Playing against local perennial powerhouses such as Harvard, Tufts, Dartmouth and Boston College provided valuable experience that built a foundation for success moving forward. In 2009, the team qualified for New England Regionals for the first time and earned a berth to the first D-III National Championships. Icehouse has qualified for D-III Nationals each of the last five years. We take pride in perennially representing the New England region and hope to bring home a trophy. "Brothamen Never Quit, Brothamen Never Die"

ROSTER

2	Derek Bond	Gr	5'11"	22
5	Peter Jacobs	Fr	5'6"	19
7	Maxwell Rick	Gr	6'0"	23
8	Walter Aspinwall	Fr	6'0"	18
9	Michael DeVito	Jr	5'5"	21
11	Daniel Muller	So	5'11"	20
12	Patrick Michaud	Fr	6'0"	18
15	Ryan Peters	So	5'9"	19
16	Matthew Keegan	Jr	5'11"	21
17	Andrew Zaccardi	So	6'0"	19
19	Alec Parzych	Sr	6'1"	21
20	Scott Seifert	Sr	5'6"	21
23	Kevin Sparacino	Gr	5'6"	23
25	Mark Adamiak	Sr	6'3"	21
27	Justin Ondrof	Sr	6'2"	22
31	Jacob van Berkum	Sr	6'3"	23
33	Mackenzie Magner	Sr	6'0"	21
41	Ross Denkin	Sr	5'10"	21
42	Daniel Schofer	Jr	6'4"	21
44	Corey Lerner	Fr	5'7"	18
77	Alex Foo	Sr	5'8"	21
81	Joseph Miller	Sr	5'8"	21
82	Kyle Saroka	Fr	5'11"	19
85	Sigmund Ty	Fr	5'7"	19
88	Daniel Wojtak	So	5'10"	20
91	Nathan Surgenor	Fr	5'8"	18
92	Blair Potter	Sr	5'10"	22

BRANDEIS UNIVERSITY



TRON

City/State: Waltham, MA

Captains: Nadav Pearl, Clarence Lee, Max Zaslove

Coaches: Samuel Dinning, Lillian Steponaitis

TRON has been competing in Division III for three years now, qualifying for D-III Nationals for the past two years. This year, TRON embraced an attitude of hard work, focusing on conditioning and mental toughness. After mixed results at D-III Warm-up and D-III Easterns, losing some close games and winning some hard-fought ones, TRON entered DII-I New England Regionals ready to work hard and earn a bid. In a tough region, TRON managed to win in the game-to-go and earn a spot at D-III Nationals. This year, TRON hopes to improve on last year's 11th-place finish.

ROSTER

1	Daniel Krigel	So	5'8"	20
2	Tzvi Miller	So	5'9"	20
3	Isaac Sosebee	So	5'9"	19
4	Benjamin Meschede-Krasa	Fr	5'8"	18
5	Hansen Yang	So	6'0"	20
7	Max Zaslove	So	5'10"	20
8	Mike Humbert	Fr	5'7"	18
10	Clarence Lee	Jr	6'0"	21
11	Daniel Hakakian	Fr	5'6"	19
14	Alex Esakof	So	6'2"	20
15	Elan Kane	So	5'10"	20
17	Nadav Pearl	Sr	5'9"	22
19	Noah Newberger	Jr	5'11"	21
23	Zephyr Wright	Fr	5'5"	19
25	Brian Gzemski	Fr	5'10"	19
55	Rohan Narayanan	Jr	5'8"	20
63	Victor Zhivich	Gr	5'10"	22
88	Sam Zuckernik	Jr	6'0"	21

MEN'S TEAMS

ROSTER

1	Jenny Gagnon	So	5'1"	20
9	Tyler Horton	So	6'0"	20
10	Kyle Sprague	Sr	5'7"	22
14	Austin Kelson	Fr	6'2"	18
15	Jim Rubino	Sr	5'7"	22
23	John-Paul Saggal	Jr	5'10"	20
24	Lucas Anderson	So	5'11"	20
28	Jimi Philips	Fr	6'3"	19
29	Adrian			
	Alonso-Tavera	Fr	5'9"	18
36	Jacob Garfinkel	Fr	6'2"	19
45	Steve Adams	Sr	6'2"	22
48	Harry Veilleux	Jr	5'9"	21
55	Tyler Pardee	Jr	6'3"	21
69	Joe Scully	Sr	6'0"	22
70	Jon Malchiodi	So	6'0"	20
99	Mike Bighinatti	So	5'9"	20

BRYANT UNIVERSITY

CRAZE

City/State: Smithfield, RI

Captain: Joe Scully

Coach: Jim Bishop

The team started in the late 80s, and this season is our first-ever trip to Nationals. Bryant has been a top contender in the South New England D-III conference and has qualified for New England D-III Regionals for the past four years. Coach Jim Bishop has been with the team for over 10 years.

SPECTATOR INFO

ROSTER

1	Sam Feigenbaum	Sr	6'1"	23
2	Gil Eisbruch	Jr	6'1"	21
3	Colin Froines	So	5'9"	20
6	Jeremy			
	Randolph-Flagg	Jr	6'1"	21
8	Daniel Barter	Sr	5'11"	21
9	Brandon Taitt	Sr	6'0"	21
10	Mike Chappell	Sr	5'10"	22
11	Kenny Harvey	Jr	6'3"	20
12	Michael Massad	Sr	5'9"	22
14	Drew Holmen	Sr	5'10"	21
15	Andy Rodgers	So	6'0"	20
18	Tommy Grodzicki	Jr	5'11"	21
20	Charlie Cross	Sr	6'0"	22
21	Ian Fischer	Jr	6'1"	21
22	Ned Rohrbach	So	5'11"	19
23	Sam White	So	5'10"	20
24	Devon Manber	Jr	6'2"	20
25	Rob Yeagle	Jr	6'0"	20
27	Eric Angell	Jr	6'5"	20
42	Max Willard	Jr	5'9"	21
48	Matt Godfrey	Jr	5'6"	20
51	Malcom Fox	Fr	5'10"	19
60	Jake Yanoviak	So	6'0"	20
67	Anders Berglund	Jr	5'11"	21
69	Dan Black	Fr	6'1"	18
88	Max Longchamp	So	5'11"	19

CARLETON COLLEGE



GODS OF PLASTIC

City/State: Northfield, MN

Website: <https://apps.carleton.edu/student/orgs/gop/>

Captains: Matt Godfrey, Anders Berglund, Daniel Barter

GOP began in 1995 when some Carleton ultimate players became disillusioned with CUT's win-at-all-costs mentality. They formed a splinter team, dubbed the Gods of Plastic, and somehow we've stuck around. We are now in our 20th season and have enjoyed incredible successes including 2009, 2010 and 2012, all years in which we won the USA Ultimate Division III National Championships.

MEN'S TEAMS

CEDARVILLE UNIVERSITY



CEDARVILLE ULTIMATE

City/State: Cedarville, OH

Website: twitter.com/cedarvilleuf

Captains: Eric Shomo, John Laubscher, Lance Young, Kyle Bradley

Cedarville Ultimate was officially founded in January 2013. There was always a large intramural and pick-up ultimate presence at Cedarville, and we decided we wanted to compete against other schools in Ohio and around the country. We had nearly 50 guys attend our first tryout, a testament to the ultimate culture that was already on campus. This allowed us to have both an A team and a competitive B team, uncommon for a first-year team. After a successful first season where we competed and played well in smaller tournaments, we made it a team goal to qualify for D-III Nationals and win it in our first sanctioned season.

Now in our second official season and our first season participating in the series, we strive to play competitive and spirited ultimate while representing Jesus Christ to every team we face. We're excited to continue to prove ourselves and have the opportunity to play for a national title!

ROSTER

0	Eric Shomo	Sr	5'11"	22
2	Luke Barulich	So	5'8"	19
5	Kyle Bradley	Jr	6'3"	20
8	Adam Terpstra	Sr	6'2"	22
9	Lance Young	Sr	5'8"	22
13	Zach Hixon	Jr	5'11"	21
14	Sam Riggelman	Sr	5'9"	22
15	Scott Armor	So	6'4"	20
16	Matt Schoenwald	Sr	6'1"	22
17	Ryan Gernert	Sr	5'11"	21
18	Andrew Richard	Jr	5'11"	21
19	Jeremiah Morton	Sr	6'1"	22
21	John Laubscher	Sr	5'11"	21
23	Jay White	Jr	6'0"	20
24	David Gayer	Sr	5'11"	21
26	Andrew Wiebe	Jr	6'1"	21
37	Tony Donato	Jr	5'5"	21
42	Trevor Marshall	So	5'8"	20
77	Scott Gay	Sr	6'1"	22

CLAREMONT

BRAINEATERS

City/State: Claremont, CA

Website: claremontultimate.com

Captains: Chris Brown, Alex Cloud, Dylan Horowitz

Coach: Bob Koca

The Braineaters have a proud and noble history, steeped in lore and tradition. Created in 1979, the team is currently celebrating its glorious 35th anniversary. In the team's early days, it represented only Pitzer College, the alma mater of the Braineaters' founding father Jeff Landesman. Legend has it that the 1979 team was one day away from their first tournament and needed a name. A teammate heard about a low-budget B movie on TV that night called "The Braineaters," and they decided it would suffice. Ironically, the whole team had other plans for the night and missed the movie. To this day, no member of the Braineaters has ever seen the movie.

ROSTER

1	Alex Cloud	Jr	5'9"	21
2	Andrew Russell	So	5'9"	20
5	Chris Brown	Jr	5'10"	20
11	Gabe Currier	So	5'8"	20
18	Stephan Kim	So	6'1"	19
19	Matt Griffith	Fr	6'3"	18
20	Jimmy Bright-Dumm	So	6'3"	21
23	Sam Waren	Fr	5'9"	20
24	Ian Brown	Sr	6'4"	22
25	Andrew Wells	Jr	6'0"	20
26	Sam Schumer	Jr	5'8"	21
27	Michael Diamond	Fr	5'7"	19
29	Nathan Hall	Jr	5'11"	20
34	Alex Gruver	Jr	6'2"	21
46	Owen Bell	So	6'2"	20
50	Gabriel Ayala	Jr	5'10"	20
66	Bruce Service	Fr	6'0"	19
68	Naseem Silver-Hajo	So	5'9"	19
69	Jacob Bronstein	So	5'9"	20
73	Jordon Lim	Fr	5'6"	19
77	Will Marks	So	6'0"	20
79	Malone Mischke	Fr	6'1"	19

MEN'S TEAMS

ROSTER

1	Spencer Dean	Fr	5'7"	18
10	Alexander Taylor	So	6'0"	20
11	William-Clayton Scofield	Fr	5'9"	19
12	Evan Miceli	So	5'10"	20
13	Andrew Loughran	Jr	6'0"	21
18	Matt Cameron	Sr	5'8"	22
20	Brian Szymanski	So	6'1"	19
24	Jordan August	Jr	6'1"	20
25	Jacob Grady	Sr	5'10"	22
27	Andrew Manca	Jr	6'1"	21
28	Andrew Gruninger	Sr	5'9"	21
33	Ryan Walden	Jr	5'6"	21
36	Ian Girelli	Sr	5'7"	22
50	Paul Kantlehner	So	6'2"	20
74	Chris Stoll	Jr	6'0"	21
84	Andrew Rogers	Jr	6'1"	20
85	Peter Bostancic	Sr	6'0"	21
88	John Sisson	Jr	5'10"	21
99	Devon LaFrance	So	5'9"	20

ELON UNIVERSITY



ELON BIG FAT BOMB

City/State: Elon, NC

Website: sites.google.com/a/elon.edu/elonultimate

Captains: Peter Bostancic, Matt Cameron, Ian Girelli

Coach: Matthew Rushing

This is Elon's first year at Nationals, after slowly growing as a team over the last 10 years. Last year, we narrowly missed out on Nationals, losing to Wake Forest in the game to go, and this year, we are finally making noise at the national level. D-III East-erns was our first high-class tournament victory in the team's history, and we want to go on and prove that Elon has been consistently improving and that the Atlantic Coast as a whole is a region worth looking out for in future years.

SPECTATOR INFO

ROSTER

00	Caleb Shorthouse	So	5'9"	19
1	Charles Morris III	Gr	5'9"	22
2	Josh Bush	So	4'11"	20
3	Gunnar Mendiola	Sr	5'8"	22
4	Ian Agnew	Sr	5'7"	21
7	Nathan Vickroy	So	6'7"	19
8	Joseph Vives	So	6'2"	20
9	Patrick Gonzalez	Fr	5'10"	19
10	Adam Burgess	So	5'11"	20
11	James Mitchell	So	6'0"	20
12	Felix Jaffin	So	6'0"	20
16	Nolan Klinke	Sr	5'10"	22
21	Ben Harmon	So	5'10"	19
22	Taylor Ray	Sr	6'0"	22
24	Justin Poole	Fr	6'1"	19
25	Robert Hunt	Jr	5'9"	22
27	Patrick Davidson	Sr	5'11"	22
31	James Moore	So	5'11"	19
34	Traver Batson	So	5'8"	19
47	Alex Kelly	So	6'0"	20
99	Zac Watford	So	5'11"	20

GEORGIA COLLEGE



DISCONNECTED

City/State: Milledgeville, GA

Website: bfc.gcsu.edu

Captains: Nolan Klinke, Jake Morris

Coaches: Jericho Barber, Doug Oetter

The Georgia College Men's Ultimate Club, Disconnected, was founded in 2003 by a group of people who really liked throwing the disc, and within a couple of years, they had learned how to put on cleats, set up cones and play some pretty decent ultimate. Over the last decade, the team's mindset and image has grown to reflect a highly competitive, motivated group of athletes who enjoy participating in the sport at the highest level while always maintaining respect for the opponent and spirit of the game. Disconnected exists both on and off the field, with the majority of our team being actual friends! This year, we've added a strong group of new players, many of whom came from the stellar ATL high school programs, and a full-time coach who actually learned the game from the guy who wrote the book! Inspired that more than a few other D-III teams came to our tournament, and also came to the conference tourney, we are pleased to represent the fastest-growing conference this year at 2014 D-III Men's Nationals!

MEN'S TEAMS

JOHN BROWN UNIVERSITY



City/State: Siloam Springs, AR

Website: twitter.com/jbuironfist

Captains: Chris Genheimer, Kyle Dyer, Aric Powers

The modern era of JBUltimate started four years ago with a class of rookies who were crazy enough to think they could make Nationals. Those players dedicated themselves to creating a team culture that is inclusive and feels like a brotherhood, while still holding each other to an athletic level that was higher than year's prior. This striving for unity and increasing our athletic standards has allowed JBU to increase our standing as a team drastically in the past four years. We strive in every action, word and deed to honor God. God, in his goodness, has afforded us the opportunity to represent the South Central region at D-III Nationals two years in a row now. We are John Brown Ironfist, and this is our prayer:

"Dear Lord, the battles we go through life, we ask for a chance that's fair. A chance to equal our stride, a chance to do or dare. If we should win, let it be by the code, faith and honor held high. If we should lose, let us stand by the road, and cheer as the winners go by. Day by day! We get better and better! Til we can't be beat! Won't be beat!"

ROSTER

0	Daniel Williams	Sr	5'9"	23
2	Ryan Gulbranson	Fr	6'5"	19
3	Nelson Butler	Jr	5'10"	21
4	Matt Weeden	Jr	6'2"	21
5	Kyle Dyer	Jr	5'11"	21
7	Clayton Rowe	Jr	6'1"	21
8	Chris Genheimer	Sr	5'11"	22
12	Drew Taylor	So	6'0"	20
13	Josh Crouch	Sr	5'7"	22
14	Ethan Penner	So	5'10"	20
15	Jacob Moore	Sr	6'0"	22
18	Brendan Culp	Fr	6'1"	19
20	Aric Powers	Jr	6'2"	21
23	Garrett Wiley	Jr	6'1"	21
25	Nick Fields	Jr	5'11"	21
35	Andrew Goode	Sr	6'1"	22
39	Justin Riepma	Jr	6'3"	21
42	Harley Barker	Fr	5'7"	19
66	Mark Belvardi	Fr	6'2"	19
81	Jacob Hash	Fr	5'9"	19

KENYON COLLEGE



City/State: Gambier, OH

Captains: Max Dugan, Ian Kenison, Robert Heavner

If you have seen the latest USA Ultimate article, then you know "Aceball" (the first North American team disc sport) began at Kenyon in the 1940s. Sometime between 1979 and 2005, we became an organized team, which sometimes wore shoes. We began to play ultimate with passion and trust starting in 2006, winning games and slowly developing a program. We went to D-III Nationals twice. This past season, Serf took it to another level by developing a unique, neo-soul sound. And along the way, we played ultimate, drank Boylans Cream Soda, and created a liminal space in which communitas emanated. Beyonce released a surprise album (Visuals) that revolutionized our team strategy, as well as our musical style.

ROSTER

1	Dominic Camperchioli	Fr	5'7"	18
2	Eli Kernis	Fr	5'8"	19
3	Sam Ross	Sr	5'9"	22
5	Dan Kipp	Sr	5'9"	21
6	Thomas Piper	So	5'10"	20
7	John Rancatore	Sr	5'6"	23
8	Shaun Stewart	Fr	5'8"	19
9	Rehan Bhatti	Sr	5'10"	21
10	Corey Barber-Bockelman	Sr	6'5"	21
12	Max Dugan	Sr	5'3"	22
13	Ian Round	So	5'6"	20
14	Will Kyle	Fr	5'6"	19
16	Hanning Wong	So	5'6"	20
17	Kyle Aaronson	Jr	5'11"	21
19	Sam Kaplan	Sr	5'11"	22
21	Kevin Zhang	Jr	5'6"	20
25	Lewis Thompson	So	5'5"	20
29	Robert Heavner	Jr	5'7"	21
41	Jackson Todd	So	5'9"	20
42	Henry Upton	Jr	6'2"	21
44	Ian Kenison	Sr	6'1"	22
53	Alex Pijanowski	So	5'5"	20
55	Scott Matus	Sr	5'2"	22

MEN'S TEAMS

ROSTER

4	Brendan Huber	So	5'9"	19
6	Justin Carter	Jr	6'1"	21
7	Jonathan Goldsmith	Sr	6'0"	22
10	Shane McDevitt	Jr	6'0"	21
12	Jeffrey Gilbert	Gr	5'9"	22
13	Adam Long	Sr	5'11"	20
18	Andrew Hannah	Sr	5'11"	22
21	Adam Kafka	So	5'4"	20
23	Nicholas Mathison	Sr	6'4"	22
25	Kyle Fischer	Fr	5'11"	19
30	David Bloodgood	So	6'0"	20
34	Chris McHugh	Sr	5'1"	23
35	Ziv Arzt	So	6'0"	20
36	Tyler Kenney	Gr	5'8"	23
46	David Danko	Fr	5'0"	18
70	David Betz	So	6'2"	20
82	Dylan Petruskevicius	Sr	6'0"	23
87	Kyle Megathlin	Fr	6'1"	18
98	Dan Thareja	Gr	5'0"	22

LEHIGH UNIVERSITY



City/State: Bethlehem, PA

Captains: Nick Mathison, Tyler Kenney, Jeff Gilbert

Coach: Daniel Clark

Lehigh Ultimate was founded in 1975 and is one of the oldest collegiate programs in the country. Over the last 40 years, we have developed a unique culture that is perhaps best summarized by our most exalted tradition: Celtic Classic. This Celtic festival, the largest in North America, is held annually in Bethlehem, PA, and marks one of the team's many alumni weekends because nobody wants to miss the caber tossing, sheep herding and haggis eating competitions.

We now consist of a three-team army with over 90 members and a strong sense of camaraderie on campus. This will be Lehigh's fourth trip to the Division III Championships where we have twice finished as quarterfinalists. This year, we fully expect to be back in the championship bracket fighting for our best all-time finish.

SPECTATOR INFO

ROSTER

2	Harrison Chase	Sr	5'11"	21
4	Kyle Barton	Sr	5'10"	22
6	Lucas Contino	So	6'5"	20
7	Greg Soto	Sr	6'3"	22
10	Sam Franer	Sr	5'11"	22
12	Sam Cooper	Sr	5'10"	22
13	Ben Whitenack	So	5'10"	20
14	Tiemo Landes	Sr	5'10"	22
15	Sam Kumasaka	So	5'9"	20
16	Hiroshi Morishita	Fr	5'6"	21
19	Jeremiah Miller	So	6'3"	20
22	Marty Shanahan	Sr	6'4"	22
23	Matt Cheng	So	6'1"	20
24	Jack Hochberg	Fr	6'0"	18
25	Tim Collins	Fr	5'10"	18
26	Ethan Bruno	Sr	6'3"	22
30	Ben Whitehead	Jr	5'10"	21
32	Abe Weill	Fr	6'2"	19
33	Sam Gordon-Koven	So	6'5"	19
35	Isaac Campbell-Smith	Sr	6'4"	22
40	Will Shaw	Jr	5'10"	21
42	Graham Mitchell	So	5'0"	21
44	Will Beck	Fr	6'1"	20
70	Simon Mann-Gow	Jr	6'2"	21

LEWIS & CLARK COLLEGE



BACCHUS

City/State: Portland, OR

Captains: Harrison Chase, Kyle Barton

Coach: Sean Parker

MEN'S TEAMS

OLIVET NAZARENE UNIVERSITY



City/State: Bourbonnais, IL

Website: blackpenguinsultimate.com

Captains: Reece Storey, Zac Carlton, Nick Geever, Jake Ryan

The Black Penguins started almost five years ago in the fall of 2009. The team started with 16 guys and their shared love for the game of ultimate. We had always played pick-up games and intramurals with everyone at school, but some guys wanted to play competitively against other schools. With the help of some outside sources, we embarked on a journey of starting the first ultimate team at Olivet Nazarene.

At the end of the fall semester, we finally got permission from the school to play as a team, and we got enough guys interested in playing. When the second semester started, we hit the ground running and started practicing and working out as a team. First, we had a team meeting to discuss all the plans for the coming season and what we needed to do. After the team meeting, the core members stayed and discussed a team name. We decided to play Rock Band to help brainstorm a team name. One of the band's names was something involving penguins, and we all liked the idea of having the team name based on penguins, so in the end, we decided to be named the Black Penguins. We ended up making it to Nationals our first year, but since then, have been close but unable to make it back.

ROSTER

1	Reece Storey	Sr	5'11"	22
2	Ryan Clendenning	Fr	6'0"	19
3	Charlie Garr	So	5'9"	19
5	Aaron Abrassart	Fr	6'0"	18
7	Riley Dale	Fr	5'11"	18
8	Peyton Close	Fr	5'10"	19
10	Matt Posladek	So	6'0"	20
11	Jaron Parke	Fr	6'1"	18
12	Daniel Mitchell	So	5'11"	20
13	David Decker	Fr	6'6"	19
16	Luke Vihnanek	Fr	5'9"	19
17	Jack Salsgiver	Fr	5'11"	19
19	Nick Geever	Sr	6'0"	21
20	Ben Prude	Sr	5'11"	22
21	Nick Schoon	So	6'0"	20
24	John Gargiulo	Jr	6'2"	21
25	Scott Fischer	So	6'0"	20
28	Will Mims	Fr	6'2"	18
33	Mitch Brummel	Fr	5'10"	19
36	Zac Carlton	Jr	5'11"	20
83	Jake Ryan	Sr	6'0"	22

UNIVERSITY OF RICHMOND



SPIDERMONKEYS

City/State: Richmond, VA

Captains: James Robb, Joel Reimer, Alex Lichtenstein

Coach: Matthew Graves

The Richmond Spidermonkeys were founded in 1993 and have been constantly growing and improving ever since. The club's most prominent win came at D-I Southern in 2006, but the team has slowly transitioned from a D-I contender to a contender in D-III. A consistent presence at Atlantic Coast Regionals, Richmond suffered disappointing exits in each of the last two years. Finally, the Spidermonkeys were able to break through to win the regional tournament and qualify for Nationals for the first time in their history. The team is looking to expand upon their strong regular season and assert themselves as contenders on the national scene.

ROSTER

1	Dennis MacLaine	So	6'0"	19
2	Shihan Wijeyeratne	Jr	5'11"	20
5	Corey Decato	Sr	5'9"	22
7	Joel Reimer	Sr	6'0"	22
9	Alex Lichtenstein	Sr	6'1"	22
13	Tom Walsh	Jr	5'9"	21
15	Nick Spurlock	Jr	5'11"	21
18	Sam Gillespie	Fr	6'3"	19
20	James Robb	Sr	6'3"	22
21	Matt Szeluga	Fr	5'10"	18
22	AJ Accomando	Fr	5'7"	19
24	Harrison Richmond Schulman	Fr	6'0"	19
26	Alex Johnson	So	5'11"	20
27	Brian Dwyer	Jr	6'1"	20
29	Zac Andres	Fr	5'10"	21
33	Tyler Dickinson	So	5'5"	19
36	William Shelton	Fr	5'11"	19
46	Henry Babcock	Fr	6'2"	18
49	John Morales	Fr	5'8"	19
55	Will Ofit	Jr	6'2"	21
56	Jason Andresen	Jr	5'11"	20
64	Joey Cullison	Fr	6'0"	19
72	Jimmy Lenox	Fr	6'0"	18
87	Colin Beals-Reid	Jr	6'3"	21
99	Brenden Carol	Fr	6'2"	19

MEN'S TEAMS

ROSTER

0	Ryan Mord	Sr	6'2"	21
1	Michael Ruble	Sr	5'7"	22
3	Noah Speeter	So	5'8"	19
4	Chuck Dudek	Sr	6'0"	21
5	Mark Heinen	Sr	5'8"	21
7	John Schmelzer	Fr	6'1"	19
8	Jeffrey McGurran	Fr	6'2"	19
9	Mitch Rotert	Fr	5'9"	19
11	Justin Wollin	Fr	5'10"	18
12	Brady Ross	Fr	5'11"	19
13	Sam Eherenman	So	6'0"	20
14	Lucas Wald	Sr	5'10"	22
15	Maxfield Rotert	Jr	5'10"	21
16	Tyler Torborg	Jr	6'0"	21
20	Zach Borer	Fr	5'10"	19
21	Pat Kunkel	Sr	6'0"	22
23	David Stemper	Sr	6'3"	22
24	Kevin Lebahn	So	6'3"	20
25	Jordan Baker	Fr	5'6"	19
29	Conor McDonald	Fr	6'0"	19
31	Dan Cahill	Sr	5'8"	22
33	Nihal Bhakta	Sr	6'3"	21
44	Chris Camber	Fr	6'3"	19
47	Benjamin Berthiaume	Sr	5'7"	22
52	Matt Berthiaume	Jr	5'7"	20
73	Charlie Enders	Sr	6'0"	22
84	Edward Mallak	So	6'2"	20
96	Sam Raths	Sr	6'0"	22

ST. JOHN'S



ST. JOHN'S ULTIMATE

City/State: Collegeville, MN

Captains: Nihal Bhakta, Dan Cahill, David Stemper

Coach: John Groess

Saint John's Ultimate has been a staple in the North Central trifecta of Division III ultimate programs including Carleton GOP and Saint Olaf. Founded as BAM in 1994, Saint John's changed to Friar Huck in 2002 and back to BAM in 2005, before settling on Saint John's Ultimate in 2013 at the behest of the Club Funding Board and Dean of Students. With a long history of underwhelming performances and a storied tradition of recruiting players from private Minnesota Catholic high schools Cretin-Derham Hall and Cathedral, Saint John's boasts a tradition of asking for forgiveness, rather than asking for permission. As USA Ultimate began to legitimize the Division III tournament, Saint John's began to take themselves seriously as well, enjoying a bittersweet second-place finish behind Claremont in the 2011 final. In 2012, Saint John's entered the Division III Championships as the first overall seed before falling to eventual champions and North Central rivals Carleton GOP in the quarterfinals. A disappointing regionals exit at the hands of Saint Olaf in 2013 echoed through much of the 2014 season where Saint John's posted a 6-10 record. Fortunately, Saint John's found their stride in the regional tournament, riding uncharacteristically unselfish play to a 6-0 record on the weekend, securing first place in the North Central region and punching their ticket to Westerville, OH. Saint John's is excited to join their sisters at Saint Benedict in taking Division III Nationals by storm. GRAPEFRUIT!

SPECTATOR INFO

ROSTER

1	Matthew Cook	Fr	6'1"	18
5	Greg Spitz	Sr	5'11"	21
7	David Abbott	Jr	6'0"	20
8	Matthew Rybak	Jr	5'8"	21
9	Mitch Harris	Jr	5'9"	20
10	Kyle Morgan	Sr	5'10"	21
11	Patrick Stegemoeller	Sr	5'11"	21
16	Karl Wissemann	Sr	6'0"	21
17	Colin Peartree	Jr	6'1"	21
20	Matt Fuller	Jr	6'7"	21
21	Alec Friedman	So	5'9"	20
22	Matthew Keys	So	5'9"	20
23	Stephen Ruswick	Jr	6'3"	20
35	Galen Gibian	So	5'10"	21
38	Dillon Peterson	So	6'3"	20
44	Dylan Eldred	Fr	5'9"	18
70	Jacob Wukovits	So	5'8"	19
72	Matthew Viglucci	Fr	5'9"	18
88	Justin Ilowite	Sr	6'1"	21
99	Daniel Stern	Fr	5'9"	18

SUNY GENESEO



SNAIL

City/State: Geneseo, NY

Captains: Patrick Stegemoeller, David Abbott

Having formed sometime in the late 90s, SUNY Geneseo Snail has recently burst on to the national D-III scene. In 2013, the team made regionals for the first time in school history, falling just short of a Nationals berth with a regional semifinals loss to their rivals SUNY Fredonia. Picking up where they left off, in 2014, Snail improved on their breakout season and finished the regular season ranked 10th by USA Ultimate, their best finish to date. Snail would go on to win the Metro East region, their first-ever regional title, as well as a bid to Nationals.

WOMEN'S TEAMS

BOWDOIN COLLEGE



CHAOS THEORY

City/State: Brunswick, ME

Website: twitter.com/Chaos_theOry

Captains: Mik Cooper, Clare Stansberry

Chaos Theory, Bowdoin College's women's ultimate team, broke off from their lesser, clown-shaped, male counterparts sometime in the mythical years of the early 2000s. Records were kept, and lost, of these early days. Memory resumes sometime around the time of captains Mack and Animal, graduates in the year 2010. Through the reign of Gimli, D'Scheisse, Licious, Mystaque, Skipper and Goose, Chaos grew by hucks and bounds and finally learned that you had to wear matching shorts at Nationals. Chaos today is fueled by the Fraggie, bojangles 2.0, bronchial infections, bagels and EDDD.

ROSTER

0	Clare Stansberry	Sr	5'10"	22
3	Kate Powers	Fr	5'9"	18
4	Hannah LeBlanc	So	5'5"	20
6	Nina Underman	Jr	5'9"	21
9	Zoe Karp	Sr	5'5"	21
10	Mik Cooper	Sr	5'8"	22
13	Riley Freedman	Fr	5'6"	18
15	Hannah Broos	Fr	5'7"	19
16	Charlotte McLaughry	Jr	5'9"	20
17	Libby Szufliita	Jr	5'5"	20
19	Hallie Schaeffer	So	5'5"	20
21	Vivian Yang	Jr	5'8"	21
22	Molly Sun	Jr	5'8"	21
25	Elisabeth Strayer	Jr	5'9"	21
35	Emily McDonald	Sr	5'6"	22
40	Jodi Kraushar	Fr	5'8"	19
77	Juliet Eyraud	So	5'6"	21
94	Ana Leon	So	5'6"	20

CARLETON COLLEGE



ECLIPSE

City/State: Northfield, MN

Website: carletoneclipse.weebly.com

Captains: Kalli Perano, Claire Leichter, Julia Reich

Eclipse formed roughly 10 years ago as a team devoted to having fun and learning ultimate. Within the past few years, however, the team has grown from just a group of girls who like to dance, have fun and play ultimate, to a group of women who like to dance, have fun, play ultimate and WIN! Breaking out of their B-team label, Eclipse started to make cuts five years ago and, in 2011, went to D-III Nationals for the first time, only to come away victorious with a national championship title. In 2012 and 2013, Eclipse made it to D-III Nationals once again. While the success at first was both amazing and novel for the women, the team has not lost sight of its founding priorities: growth and spirit. Eclipse continues to be an environment where women can develop their skills, play competitively and enjoy ultimate.

ROSTER

0	Lisa Qiu	So	5'6"	
2	Meg Crenshaw	Fr	5'7"	
3	Molly Burness	Jr	5'2"	
7	Joyce Kim	Fr	5'4"	
8	Kalli Perano	Sr	5'2"	
9	Marina Watowich	Jr	5'0"	
11	Julia Reich	Jr	5'6"	
12	Elizabeth Kimberly	Sr	5'8"	
13	Elly Fireside-Ostergaard	So	5'1"	
14	Adele Daniel	Sr	5'6"	
15	Katie Blise	Jr	5'8"	
17	Lucinda Robinson	Sr	5'4"	
18	Katharine Noakes	Sr	5'10"	
19	Rebecca Plotnick	Sr	5'4"	
21	Kate Wagner	So	5'6"	
22	Claire Leichter	Sr	5'3"	
25	Kira Faller	Sr	6'1"	
27	Elaine Rock	So	5'1"	
66	Beret Fitzgerald	Jr	5'7"	

WOMEN'S TEAMS

ROSTER

0	Marianna Heckendorn	So	5'7"	20
3	Sumiko Maristany	Jr	5'4"	21
4	Margaret Miller	So	5'7"	20
7	Amelia Haselkorn	So	5'5"	20
8	Jodie Palmer	Jr	5'5"	21
11	Andrea Green	Fr	5'4"	18
15	Laurel Estes	Jr	5'4"	21
19	Sarah Laws	So	5'2"	21
20	Mara Bandt-Law	So	5'4"	20
24	Sarah Renjilian	Fr	5'4"	19
27	Samantha Echevarria	So	5'3"	20
30	Nicole Subler	So	5'9"	20
32	Neha Vaingankar	So	5'3"	19
33	Brynn Arborico	Fr	5'5"	19
40	Tessa Bertozzi	Jr	5'6"	20
45	Bryn Bandt-Law	So	5'4"	20
55	Kaitlyn Anderson	So	5'6"	20

CLAREMONT



GREENSHIRTS

City/State: Claremont, CA

Website: claremontgreenshirts.com

Captains: Tasha Arvanitis, Tessa Bertozzi, Nicole Yu

Approximately 68 million years ago, a lonely pachycephalosaurus was roaming around, reflecting upon what she wouldn't do just to have a few friends (she liked the idea of having six friends, a solid crew of seven). The more she considered her loneliness, the more upset she became, until she couldn't help but ram her head against a big, fat rock. When she stepped back, a bit dizzy, she discovered she had knocked a slab of the rock clean off: an indented, round slab. She picked it up and flung it with all her lonely might! Meanwhile, a velociraptor nearby saw this spinning rock fly through the air and couldn't help but chase it down and catch it. She promptly threw the rock back to the pachycephalosaurus. It became a game of catch. One by one, dinosaurs and pterosaurs came from far and near, following the sounds of excitement and happiness that was a result of a few friends tossing this odd shaped rock. After a while, this motley crew decided to take their awesomeness to the next level and become a team. They called themselves the Greenshirts, as dinosaur vocabulary is quite limited, and colors and items of clothing are some of the first English words they had learned. The Greenshirts soon became a feared name in the Cretaceous Ultimate Frisbee league, and the once lonely pachycephalosaurus had found happiness with her new friends and a Frisbee.

SPECTATOR INFO

ROSTER

00	Grace Rubright	Jr	5'5"	20
2	Amy Zemanick	Sr	5'3"	21
4	Sophie Kane	Fr	5'5"	19
5	Kerianne Durkin	So	5'3"	20
6	Helen Peplowski	Jr	5'4"	21
10	Erin York	Fr	5'5"	19
11	Diana Abrahams	Sr	5'5"	22
12	Kathryn Robling	Jr	5'2"	20
13	Maureen Dougherty	Sr	5'10"	21
14	Libby Gormley	Jr	5'2"	21
15	Grace Huang	Fr	5'6"	19
16	Julie Rodriguez	Jr	5'4"	21
17	Emily McHugh	Fr	5'5"	19
18	Emily Harrison	Fr	5'6"	18
21	Ros Spada	So	5'6"	20
23	Kirsten Goodwin	Fr	5'6"	18
25	Hannah Matthews	Sr	5'3"	22
26	Catie Ryan	Fr	5'6"	18
27	Brittany DiRienzo	So	5'3"	19
33	Danielle Baker	Sr	5'6"	21
35	Rachel Shippee	Jr	5'5"	20
39	Emily McCachren	Jr	5'4"	21
44	Aelish Aoki	So	5'2"	20
52	Sydney Harris	So	5'5"	19
65	Natalie Brown	So	5'2"	20

ELON UNIVERSITY



WILD RUMPUS

City/State: Elon, NC

Captains: Maureen Dougherty, Helen Peplowski, Hannah Matthews

Coach: Brian Dobyns

This year was a really strong year for our team. We recruited so many talented, awesome rookies, and our younger returners have all stepped up and become incredible leaders and players. After a rough start to the spring season, courtesy of a tournament cancellation due to the snowpocalypse that hit the east coast, we only had two tournaments before we had to play for a bid to Nationals. We came in fourth and second, breaking seed in both of those tournaments and playing really competitively with some great teams. We adopted a new team name this year, Wild Rumpus, which literally means a wild noisy commotion, and we plan to be just that this year in Ohio and improve upon last year's ninth-place finish.

WOMEN'S TEAMS

GEORGIA COLLEGE



LYNX RUFUS

City/State: Milledgeville, GA

Website: gcultimate.com

Captains: Katie Pulliam, Paige Carver

Coach: Doug Oetter

Lynx Rufus came together in 2010. Love built us, with spirit we grew, and over the years, hard work and determination have become the cornerstones of our program. We have qualified for Nationals each year we have been a team, and we are proud to compete again in 2014. If you don't know us already, here's what to expect: We snatch cheese off of traps. We blap blap blap. We slam dunk the funk. We can't stop, won't stop, gettin' it. We are Fierce, like Beyonce. Rah Rah, like a Dungeon Dragon. We'll tutu all over you. And high five you when we're done. We have been a small team ever since we started, and our players have been used to playing savage, or having only a couple subs. This pushed the girls to learn the game quickly because we knew we would get plenty of playing time, and gave us a strong foundation from which to grow. This year however we have doubled in size, and mostly with young girls who are excited and passionate about the sport. Our team has always been a close one, and has always been a great community where the girls can cut loose and say anything they want, without judgment. Lynx rufus was built by fun loving passionate women and has always had its focus on enjoying being together as much as enjoying playing together. Win or lose we come out to have fun and play our hearts out.

ROSTER

2	Lauren Lee	Sr	5'6"	22
3	Paige Carver	Sr	5'0"	22
4	Kristen Crane	Fr	5'0"	19
5	Emily Beggs	Fr	5'4"	19
7	Kelsey LaVilla	Fr	5'8"	19
10	Julia Eck	So	5'7"	20
11	Erin Hackman	Sr	5'7"	22
12	Emily Moses	Fr	5'2"	19
13	Heather Kelley	Fr	5'8"	19
14	Amber Woodall	Fr	5'6"	19
19	Megan Varner	Sr	5'5"	22
21	Katie Pulliam	Jr	5'9"	21
24	Jenny Gold	Jr	5'5"	21
25	Grier Marzendorfer	So	5'9"	20
26	Hannah Elrod	Fr	5'3"	19
30	Katherine Yost	Fr	5'1"	19
32	Devon Lally	Fr	5'2"	19
40	Mary Mason Beale	Fr	5'11"	19
48	Kat Watson	Fr	5'3"	19
80	Amber Myers	Fr	5'8"	18
99	Tori Ulich	Sr	5'7"	23

HAMILTON COLLEGE



HOT SAUCE'ERS

City/State: Clinton, NY

Website: hotsaucersultimate.blogspot.com

Captains: Libby Chamberlin, Jessi Crowley

A young team with just one senior and starting handlers and cutters from the freshman class, the Hot Sauce'ers have a bright future. What the 'Hers lack in depth on the line, they make up for with depth in players. Rookies Leah Parker and Hannah Strong have come out especially strong this spring with extreme improvement in the accuracy and timing of their cuts and their intuition for the game. Audrey Love has led the team in scores this spring after recovering from a difficult and injury-ridden fall season. Molly April and Libby Chamberlin work both the cutter and the handler lines, which makes for an extremely effective cutter lineup. Zoe Tessler, Sara Lewis and Malindi Chesnut-Tangerman are reliable on the cutting line with remarkable abilities transitioning between and O and D.

Inexhaustible up-field work from April, Strong, Tessler, Parker, Lewis, Chesnut-Tangerman and Love has helped the 'Hers move quickly through points, securing the lead in many games early in the first half. The handler line rotation, run by Sophie Aron, Jessi Crowley, Libby Chamberlin and Kateri Boucher, is extremely tight while maintaining flexibility. These women pack notable throwing power and the ability to direct the field when in possession. The 'Hers 6-0 Regionals finish was well deserved after masterful play throughout the weekend, even during the longer points against formidable opponents Vassar and Connecticut College. While the 'Hers are small in numbers, intelligent disc work, an iron zone and exceptional communication make these women highly competitive."

ROSTER

6	Hannah Strong	Fr	5'3"	19
11	Molly April	Fr	5'4"	19
12	Libby Chamberlin	Sr	5'6"	23
13	Jessi Crowley	So	5'3"	20
16	Sara Lewis	So	5'6"	20
18	Sophie Aron	So	5'6"	20
23	Zoe Tessler	So	5'4"	20
35	Leah Parker	Fr	5'7"	19
36	Kateri Boucher	Fr	5'4"	18
39	Audrey Love	Fr	5'7"	19
72	Malindi Chesnut-Tangerman Jr		5'9"	20

WOMEN'S TEAMS

ROSTER

3	Malissa Hoehn	Sr	4'11"	21
7	Shelby Roberts	So	5'2"	19
9	Natalie Brinley	Gr	5'6"	23
10	Joanna Thomas	So	5'6"	20
11	Courtney Senn	Fr	5'7"	18
15	Kimberly Rowand	Fr	5'6"	18
16	Anna Lowe	Fr	5'10"	18
19	Megan Heckes	Fr	5'6"	18
21	Julia Lapo	Jr	5'4"	21
24	Michelle Hammett	Fr	5'6"	19
28	Renee Wimpey	Fr	5'6"	19
32	Brooke Rice	So	5'10"	19
44	Meredith Whitman	Sr	5'4"	22
91	Lani Pruett	Sr	5'5"	22

HARDING UNIVERSITY



SKYBISONS

City/State: Searcy, AR

Captains: Lani Pruett, Meredith Whitman, Joanna Thomas

The Harding Women's Ultimate team began in 2006 with just eight members who were dedicated to promoting the sport of ultimate in the Harding community. Since then, the team has grown in both size and competitiveness. Changing their name from Abattoir to Skybisons in the fall of 2013, the Harding Women's Ultimate team has continued to uphold the desire of the original members to promote the sport around the community. With a rookie class consisting of 18 members at the beginning of fall 2013, the aspirations of the original eight-member team are becoming a reality.

SPECTATOR INFO

ROSTER

2	Zoe Lewis	Fr	5'3"	18
3	Jennifer Willemssen	Jr	5'11"	21
8	Siena Mann	Sr	5'2"	21
9	Iris Lippert	Sr	5'9"	21
11	Rosemary Ventura	So	5'7"	20
12	Fern Beetle-Moorcroft	Sr	5'6"	22
13	Adriana Cvitkovic	So	5'7"	20
14	Julia Neumann	Sr	5'4"	21
16	Marina Relman	Jr	5'8"	21
20	Lauren Dana	So	5'7"	20
22	Romi Laskin	Jr	5'4"	21
24	Dipaali Reddy	So	5'7"	20
26	Ruth Cartwright	Jr	5'6"	21
27	Brianna Groh	Jr	5'6"	21
34	Larkin Johnson	Fr	5'4"	19
68	Emily Chan	Jr	5'7"	21

HAVERFORD COLLEGE



SNEETCHES

City/State: Haverford, PA

Captains: Julia Neumann, Fern Beetle-Moorcroft, Iris Lippert

The Haverford and Bryn Mawr Sneetches have been a consortium college team since 1993. Since then, they've loved playing fun, spirited and competitive ultimate. They are known for their personalized end-of-game cheers, written together on the sideline, and their impressive collection of flair that is passed down from Sneetch to Sneetch. In recent years, they have started creating a spring B team to accommodate a growing number of Sneetches. The Sneetches have gone to Nationals two other times, in 2011 and 2012, when they tied for third.

WOMEN'S TEAMS

RICE UNIVERSITY



TORQUE

City/State: Houston, TX

Website: www.ruf.rice.edu/~ultimate/womens

Captains: Monica Matsumoto, Erika Danckers

Coaches: Edith Teng, Eric Leonard, Robert Brazile, Jr.

Rice women's ultimate started in 1996 with the name, "Catch Her on the Fly" (a play on the book *Catcher in the Rye*). A year or two later, the name was changed to Miss Red, a play on "misread" since many people thought they were just a team of nerds who couldn't play ultimate. In 1998, the team made it to Nationals where they played savage with tie-dyed shirts and taped-on numbers and lost all of their games, but they are still proud to have had the most creative—and arguably the best—cheers. In recent years, led by outstanding coaches (including Bjorn Schey, Edith Teng, Sheila Ogden, Eric Leonard, Jay Dunlop, Kim Breese and Pascal Mickelson) and captains, the team has pushed to be more competitive again and to build a solid program. In 2011, the team made it to the South Central D-I Regional finals but lost that game, as well as the back-door game, in an effort to get one of the two bids to D-I Nationals. Following the 2010-11 season, the players voted to re-name the team "Torque," a play on the formula: $\text{torque} = r \times F$ ("r" for Rice, "F" for Frisbee). The team made it to 2012 and 2013 D-I Regionals, but this season, the team took the opportunity to compete in the D-III postseason. Torque has had an outstanding season so far, playing against both D-I and D-III teams and is excited to continue building the legacy of Rice women's ultimate.

ROSTER

2	Marie Hoeger	So	5'9"	20
3	Monica Matsumoto	Sr	5'3"	23
5	Kelsey Nanneman	Fr	5'6"	19
6	Marica Sharashenidze	So	5'7"	20
7	Sarah Southmayd	Sr	5'6"	22
8	Cordelia Brazile	So	5'6"	19
10	Angela Aie	So	5'4"	20
11	Angela Yang	So	5'5"	19
15	Lauren Gernon	Jr	5'4"	20
17	Jackie Li	Fr	5'10"	19
18	Julie Doar	Fr	5'3"	18
19	Kara Van Schilfgaarde	Jr	5'2"	21
20	Valerie Pinillos	So	5'5"	20
21	Victoria Yuan	Fr	5'1"	19
23	Nichole Kwee	Jr	5'8"	21
32	Erika Danckers	Jr	6'0"	20

COLLEGE OF SAINT BENEDICT



BAD HABITS

City/State: Saint Joseph, MN

Captains: Kaylee Mathews, Kelsey Peterson, Erynn Schroeder

Coaches: Ryan Oto, Ty Thorsen

Known as the Ugly Hucklings until the 2013 season, the Bad Habits have rejuvenated their spirit and passion for ultimate. Since becoming the Bad Habits, they will be making a second appearance at D-III Nationals with a current 21-1 season and hope to outshine their results of last year, when they tied for 13th place.

ROSTER

2	Alyssa Hoppe	Sr	5'4"	22
4	Sara Brummer	Jr	5'10"	21
7	Genna Lawler	Sr	5'3"	21
8	Rachel Kiley	Fr	5'8"	19
12	Alison Dudek	So	5'2"	20
13	Morgan Potter	Fr	5'7"	19
15	Lisa Knappek	Sr	5'5"	22
17	Kaylee Mathews	Sr	5'5"	21
18	Siri Berg-Moberg	So	5'4"	20
21	Elizabeth Schneider	Fr	5'5"	19
29	Kelsey Peterson	Sr	5'5"	22
36	Lexi Bernstein	Fr	5'8"	18
37	Jacqueline Liska	So	5'2"	20
42	Bethani Sidla	Sr	5'4"	22
52	Erynn Schroeder	Jr	5'6"	21
54	Sarah Schneider	Jr	5'5"	21
99	Hannah Zobitz	Fr	5'5"	18

WOMEN'S TEAMS

ROSTER

1	Janna Jansen	Jr	5'8"	20
2	Lauren Hagen	Sr	5'1"	22
4	Tanya Bovitz	Sr	5'3"	22
10	Beret Amundson	Jr		21
12	Ali Schmitz	So		19
13	Tess Halac			21
14	Stephanie Van Dyke	Sr		22
16	Emma Keiski	So		19
17	Grace Freeman	Fr		19
18	Emily Verticchio	Fr		22
19	Aubrey Tyler	Sr		22
22	Emilia Lewis	Sr		22
33	Mattie Melin	So		19
47	Laurel Oswald	Sr		22
55	Britt Nance Letcher	Sr		22
77	Cate Cavalier	So		20

ST. OLAF COLLEGE



DURGA

City/State: Northfield, MN

Captains: Emma Keski, Laurel Oswald, Lauren Hagen

Started in 1994, the women's ultimate program at St. Olaf has grown to include two teams with 50 participants overall.

Started in 1994, the women's ultimate program at St. Olaf has grown to include two teams with 50 participants overall.

SPECTATOR INFO

ROSTER

0	Jessica Zilch	Jr	5'6"	21
3	Carli Jackson	So	5'3"	20
4	Lauren Kells	Jr	5'6"	21
6	Emma Randolph	So	5'2"	20
7	Emily Royer	Fr	5'5"	18
11	Priya Maillacheruvu	Sr	5'3"	21
13	Kristina Kohl	Fr	5'5"	19
15	Lynn Koch	Sr	5'9"	22
17	Emily Firsching	Sr	5'4"	22
18	Haley Johnson	Fr	5'2"	19
20	Christy Crouse	Fr	5'6"	19
21	Maple			
	Adkins-Threats	Fr	5'0"	19
23	Madeline Niehaus	Jr	5'6"	20
24	Jessica Derry	Jr	5'6"	21
	Jen May	Sr	5'7"	22
27	Meredith Howard	So	5'5"	19
32	Jordan Noland	Fr	5'6"	18
34	Samantha			
	Daugherty	So	5'6"	19
38	Callie Warren	So	5'7"	18
44	Juli Dworak	Jr	5'5"	21
45	Gwendolyn			
	Beckemeier	Fr	5'9"	19
54	Hanna Mothesky	Fr	5'8"	19
77	Emily Otto	Fr	5'5"	19

TRUMAN STATE UNIVERSITY



TSUNAMI WOMEN'S
ULTIMATE

City/State: Kirksville, MO

Website: tsunamiultimate.weebly.com

Captains: Jen May, Jessica Derry, Stephanie Sherman

Coach: Mel Huegerich

TSUnami Women's Ultimate has been making waves since it was founded in 2004. Located in a little-known corner of rural Missouri, Kirksville has produced a women's team ready to take on Westerville. Prior to an actual women's team, a number of notable females played on JujiTSU. Christina Wirkus and Maya Suffern are credited with having founded the actual women's team in the fall of 2004. In 2007, TSUnami went to D-I Nationals, and this year is our fourth at D-III Nationals. TSUnami ladies are recognized at tournaments by their vibrant jerseys and colorful personalities. TSUnami ladies play every point with the intent of good spirit, athleticism and competitiveness. Although a young team, TSUnami hopes to improve upon last year's success and sweep in some great games.

WOMEN'S TEAMS

VALPARAISO UNIVERSITY



CHICKS HUCKING DISCS

City/State: Valparaiso, IN

Captains: Kelly Perfect, Erin Watkins

Valpo's ultimate team has been around for a while, but the women's team became a separate entity from the men's in 2007. After making it to D-III Nationals for the past four years and continually placing in the top five, we are ready to play hard in this year's championship series.

ROSTER

4	Brenna Zaplatynsky	Fr	5'7"	19
7	Erin Watkins	Jr	5'3"	21
8	Emma Barnes	Jr	5'3"	20
9	Carly Crave	Sr	5'11"	21
12	Mackenzie Allen	Fr	5'8"	19
13	Miranda			
	Sprenger-Mahal	Jr	5'6"	21
14	Kelly Perfect	Sr	5'8"	22
17	Ned King	Sr	5'3"	21
20	Jessica Lyza	Jr	5'4"	21
26	Jordan Eissner	Fr	5'7"	18
27	Teryn Gehred	Sr	5'4"	21
30	Jordan Bauer	Fr	5'10"	19
32	Abby Matter	Sr	5'9"	22
38	Ellen Guisfredi	Sr	5'7"	22
47	Kathryn Merklng	So	5'3"	20

WAKE FOREST UNIVERSITY

RUCKUS

City/State: Winston-Salem, NC

Website: wfuwomensultimate.weebly.com

Captains: Amelia Fatsi, Lindsay Soo

Coach: Shelley Sizemore

The Wake Forest Women's Ultimate Team (Ruckus) started in 2001. We are a team with both undergraduates and graduate students. Ruckus prides itself on our strong team community both on and off the field. We work hard to accomplish the goals we set each season, and we also maintain a strong relationship with the university and its Pro Humanitate mission statement. Our goal for the spring season was to qualify for Division III Nationals. In order to make this goal happen, we practiced three times a week and really focused on endurance training as well as catching and throwing skills. In the fall, we competed in three tournaments, one of which was a sanctioned USA Ultimate event. In September, the beginning of the season, we finished the tournament with five wins and two losses. We just finished another sanctioned tournament at the beginning of February, winning six games and losing one. In the fall, we recruited a large freshman class, and we worked diligently as a team to help them develop into skilled and knowledgeable players. Due to our increased player participation, we are now more competitive than we have been in the last three years.

ROSTER

3	Alex St. Clair	Jr		21
4	Lindsay Soo	So		19
5	Mildred Perez	Fr		19
10	Elizabeth Harvell	Fr		18
11	Alexandra			
	Schlesinger	Fr		18
12	Courtney Lang	Jr		20
13	Hana Choi	Jr		21
14	Deanna Margius	Sr		21
15	Kelsey Neville	Jr		21
16	Shelby Ortiz	Sr		22
20	Danielle Walsh	Gr		23
21	Mary Helen			
	Simpson	Jr		21
26	Elizabeth			
	Piontkowski	So		20
28	Gabriella Hunt	So		19
33	Amanda Murphy	Fr		19
44	Reece Guida	Fr		18
55	Amelia Fatsi	Sr		21
81	Adeline Ding	Fr		17

WOMEN'S TEAMS

ROSTER

3	Emma Rouse	Sr	5'2"	21
4	Kelsey McDermott	Sr	5'4"	22
6	Stephanie Sun	So	5'7"	20
7	Denise Park	Jr	5'4"	21
8	Christine Reed	Fr	5'5"	18
10	Sivahn Barsade	Sr	5'6"	21
11	Krystina Lincoln	Fr	5'6"	19
13	Alex Albright	Sr	5'10"	21
14	Sam Murray	Sr	5'7"	22
17	Alison Hill	So	5'8"	20
18	Nina Horowitz	Sr	5'7"	21
21	Alison Roach	So	5'5"	20
22	Chelsea Zhu	Jr	5'5"	21
24	Meagan Clark	Sr	5'5"	22
44	Rachel Krcmar	So	5'9"	19
48	Mariah Widman	Jr	5'9"	20
50	Lane Davis	Fr	5'10"	18
76	Amy Rosten	Fr	5'8"	18
92	Charlotte Fleming	Jr	5'7"	21

WILLIAMS COLLEGE



LA WUFA

City/State: Williamstown, MA

Captains: Meg Clark, Emma Rouse, Chelsea Zhu

Coach: Jeannie Albrecht

Over the last four years, La Wufa has grown and changed immensely both on and off the field. From being the most underestimated team at Nationals in Buffalo, to being one of the top D-III teams (and tallest) going into Nationals in Appleton, we have seen it all. With a past history of coming in second (2011 vs. Carleton Eclipse; 2013 vs. Bowdoin), and a 50 percent new squad of incredible newbies, we have more motivation than ever to prove ourselves. This team has worked so well together during the series under the leadership of captains Meg Clark, Emma Rouse and Chelsea Zhu, we have high hopes for Nationals 2014.

SPECTATOR INFO

ROSTER

0	Paige Madden	Sr	5'4"	21
1	Elisa Toto	So	5'1"	19
2	Hallie Scanlon	Fr	5'2"	19
3	Celeste Endlich	Jr	5'5"	21
4	Audrey Steiner-Malumphy	So	5'8"	20
5	Meredith Mann	So	5'9"	20
6	Emily Stevens	Jr	5'10"	20
7	Sara Green	Sr	5'5"	22
8	Alanna Faust	Jr	5'11"	21
9	Caitlin McCombs	Fr	5'1"	19
10	Aziza Moore	Fr	5'8"	19
12	Kasie Fagan	Sr	5'3"	22
16	Claire Ramey	Jr	5'6"	21
20	Camille Boufford	Fr	5'4"	18
21	Mae Kemsley	So	5'3"	20
22	Madison Swoy	Jr	5'5"	20
28	Amy Melena	So	5'3"	20
29	Theadora Kwan	Fr	5'8"	18
34	Madeline Happ	So	5'8"	20
52	Heather Smith	Fr	5'9"	19
63	Valerie Mcvey	Sr	5'9"	22
72	Anna Regan	Sr	5'8"	22

COLLEGE OF WOOSTER



BETTY GONE
WILD

City/State: Wooster, OH

Captains: Abby VanLeuven, Claire Ramey,

Mae Kemsley

Coach: Nicholas Shaw

Betty Gone Wild split off from an originally coed team in 2005 to form the Wooster Women's Ultimate team. The team has been coached under Nicholas Shaw for the past two seasons. Prior to two years ago, the team often played savage, but we now have enough for rotations of lines. We are heavily supported by Ram Jam, our men's team, and family and friends. We attribute our success to our ability to create an environment founded on positive feedback and happiness.

HEALTH & SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the “Directions” section of this program.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: usaultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion:
 1. Remove athlete from play.
 2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management.
 - Do not try to judge the seriousness of the injury yourself.
 3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
 4. Allow athlete to return to play only with permission from an appropriate health care professional.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and Treatment of Heat Illness:
 - Avoid alcohol, caffeine and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.

- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event Staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

SPIRIT OF THE GAME

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. -- 11th Edition USA Ultimate Rules of Ultimate.

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee, March 29, 2005.

SPIRIT CIRCLE

USA Ultimate has recommended post-game “spirit circles” to teams at the Youth Club Championships since 2010. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

SPIRIT AWARDS

Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged, and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

5: Highest level of respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.

4: Respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

3: Generally exhibited respect towards opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

2: Exhibited a lack of respect towards opponents, officials and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for, the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/ or with a poor attitude.

1: Exhibited a major lack of respect towards opponents, officials and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly, and their attitude was abysmal.

INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

USA ULTIMATE SPIRIT OF COACHING

BACKGROUND: The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

GUIDELINES:

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

SUMMARY: The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

2014 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

FOR MORE INFORMATION ON USA ULTIMATE'S SPIRIT OF COACHING OR COACHING CERTIFICATION

Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at mike@hq.usultimate.org, or visit the USA Ultimate website at usultimate.org.

MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.

PLAY HARD. HAVE FUN.
FIVEULTIMATE

Team@FiveUltimate.com



photo by Billy D Photography



2014 USA ULTIMATE D-III COLLEGE CHAMPIONSHIPS

2014 USA Ultimate Division III College Championships - Men's Division

Saturday, May 17, 2014													
Pool A				Pool B				Pool C		Pool D			
All Games to 15 Cap 17				B1 Lehigh (2) B2 SUNY-Geneseo (7) B3 St John's (11) B4 Brandeis (14)				C1 Claremont (3) C2 Elon (6) C3 Bryant (10) C4 Kenyon (15)					
Saturday				F# Score				F# Score					
9:00 - 10:30	A1 Bentley (1)	A2 Lewis & Clark (8)	A3 Carleton College (12)	A4 John Brown (13)	F# Score	F# Score	F# Score	F# Score	F# Score	F# Score	F# Score		
10:45 - 12:15	A1 v A3 6 -	A2 v A4 10 -	A3 v A4 10 -	A4 v A3 6 -	B1 v B3 6 -	B2 v B4 10 -	C1 v C3 2 -	C2 v C4 1 -	D1 v D3 2 -	D2 v D4 1 -			
1:00 - 2:30	A1 v A4 6 -	A2 v A3 10 -	A3 v A4 10 -	A4 v A3 6 -	B1 v B4 4 -	B2 v B3 3 -	C1 v C4 8 -	C2 v C3 7 -	D1 v D4 2 -	D2 v D3 1 -			
2:45 - 4:15	A1 v A2 6 -	A3 v A4 10 -	A4 v A3 6 -	A2 v A1 6 -	B1 v B2 4 -	B3 v B4 3 -	C1 v C2 8 -	C3 v C4 7 -	D1 v D2 2 -	D3 v D4 1 -			
Re-seed teams 1-4 within each pool													
4:45 - 6:15	A2 v D3 6 -	B2 v C3 7 -	C2 v B3 8 -	D2 v A3 9 -									
Championship Bracket Sunday, May 18, 2014													
Consolation Bracket Sunday, May 18, 2014													
Championship Bracket Sunday, May 18, 2014													
Final 12:00-1:45pm Field # 6													
Champion													
Semifinal 10:00-11:45am Field # 6													
Semifinal 10:00-11:45am Field # 10													
Semifinal 10:00-11:45am Field # 11													
Semifinal 10:00-11:45am Field # 12													
Semifinal 10:00-11:45am Field # 13													
Semifinal 10:00-11:45am Field # 14													
Semifinal 10:00-11:45am Field # 15													
Semifinal 10:00-11:45am Field # 16													
Semifinal 10:00-11:45am Field # 17													
Semifinal 10:00-11:45am Field # 18													
Semifinal 10:00-11:45am Field # 19													
Semifinal 10:00-11:45am Field # 20													
Semifinal 10:00-11:45am Field # 21													
Semifinal 10:00-11:45am Field # 22													
Semifinal 10:00-11:45am Field # 23													
Semifinal													



Championship games to 15 cap 17



2014



The highest level of competitive ultimate in North America is back.

COME CHECK IT OUT. EVERYONE IS INVITED. USAULTIMATE.ORG/TRIPLECROWNTOUR

WOMEN'S SCHEDULE

2014 USA Ultimate Division III College Championships - Women's Division														
Saturday, May 17, 2014														
Pool A					Pool B					Pool C				
All Games to 15 Cap 17					B1 Truman State (2) B2 Valparaiso (7) B3 Carleton College (11) B4 Hamilton (14)					C1 Wake Forest (3) C2 Claremont (6) C3 Bowdoin (10) C4 Wooster (15)				
Saturday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score
9:00 - 10:30	A1 v A3	5 -	A2 v A4	9 -	B1 v B3	8 -	B2 v B4	7 -	C1 v C3	4 -	C2 v C4	3 -	D1 v D3	12 -
10:45 - 12:15	A1 v A4	5 -	A2 v A3	9 -	B1 v B4	8 -	B2 v B3	7 -	C1 v C4	4 -	C2 v C3	3 -	D1 v D4	12 -
1:00 - 2:30	A1 v A2	5 -	A3 v A4	9 -	B1 v B2	5 -	B3 v B4	9 -	C1 v C2	12 -	C3 v C4	11 -	D1 v D2	12 -
2:45 - 4:15														
Re-seed teams 1-4 within each pool														
4:45 - 6:15	A2 v D3	10 -	B2 v C3	5 -	C2 v B3	12 -	D2 v A3	11 -						
Consolation Bracket Sunday, May 18, 2014														
Loser B2 v C3 8:00-9:45am Game 5-Field # 1	A4	12:00-1:45pm Field # 12	9th Place (tie)		Winner B2 v C2 8:00am-9:45am Game 1 - Field # 5	A1	Semifinal 10:00-11:45am Field # 5							
Loser C2 v B3 8:00-9:45am Game 6-Field # 2	D4				Winner C2 v B3 8:00am-9:45am Game 2 - Field # 7	D1	Final 2:00-3:45pm Field # 6	Champion						
Loser D2 v A3 10:00-11:45am Game 7-Field # 2	C4	12:00-1:45pm Field # 2	9th Place (tie)		Winner D2 v A3 8:00am-9:45am Game 3 - Field # 8	C1	Semifinal 10:00-11:45am Field # 9							
Loser A2 v D3 10:00-11:45am Game 8-Field # 1	B4				Winner A2 v D3 8:00am-9:45am Game 4 - Field # 9	B1								
Loser Game 5 12:00-1:45pm Field # 11		13th Place (tie)			Loser Game 1 10:00-11:45am Field # 8		5th Place (tie)							
Loser Game 6					Loser Game 2									
Loser Game 7 12:00-1:45pm Field # 1		13th Place (tie)			Loser Game 3 10:00-11:45am Field # 7		5th Place (tie)							
Loser Game 8					Loser Game 4									
Consolation games to 15 cap 17														
Championship Bracket Sunday, May 18, 2014														
Championship games to 15 cap 17														





2014 COLLEGE CHAMPIONSHIPS

The biggest games from one of the year's biggest events – all broadcast live.

LIVE ON ESPN3 (ALL TIMES EST) SUNDAY, MAY 25

12:00pm Women's Semifinal

2:30pm Women's Semifinal

5:30pm Men's Semifinal

8:00pm Men's Semifinal

MONDAY, MAY 26

12:00pm Women's Championship Game

2:30pm Men's Championship Game

TAPE-DELAYED BROADCAST ON ESPNU (ALL TIMES EASTERN)

WEDNESDAY, MAY 28

8:00pm USA Ultimate College
Championships Semifinals
Highlights Show

9:00pm Men's Championship Game

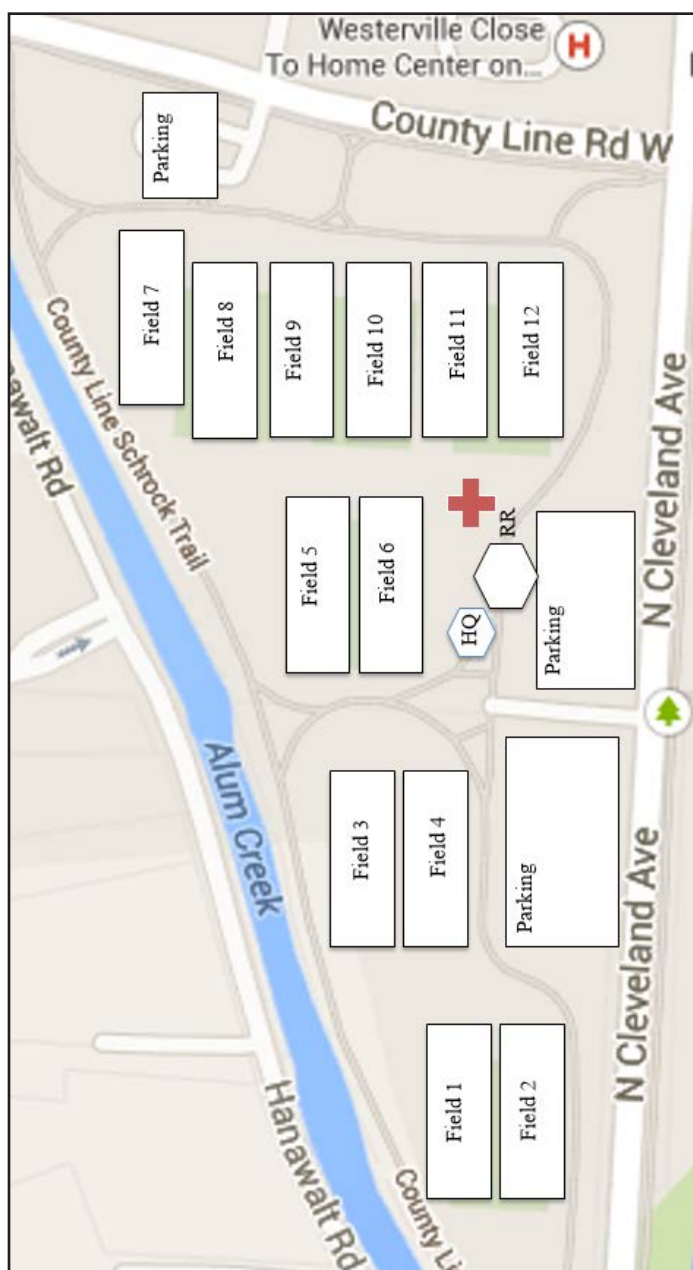
10:00pm Women's Championship
Game

ESPN



ESPN 3

FIELD MAP





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