



D-III



EVENT GUIDE \$3

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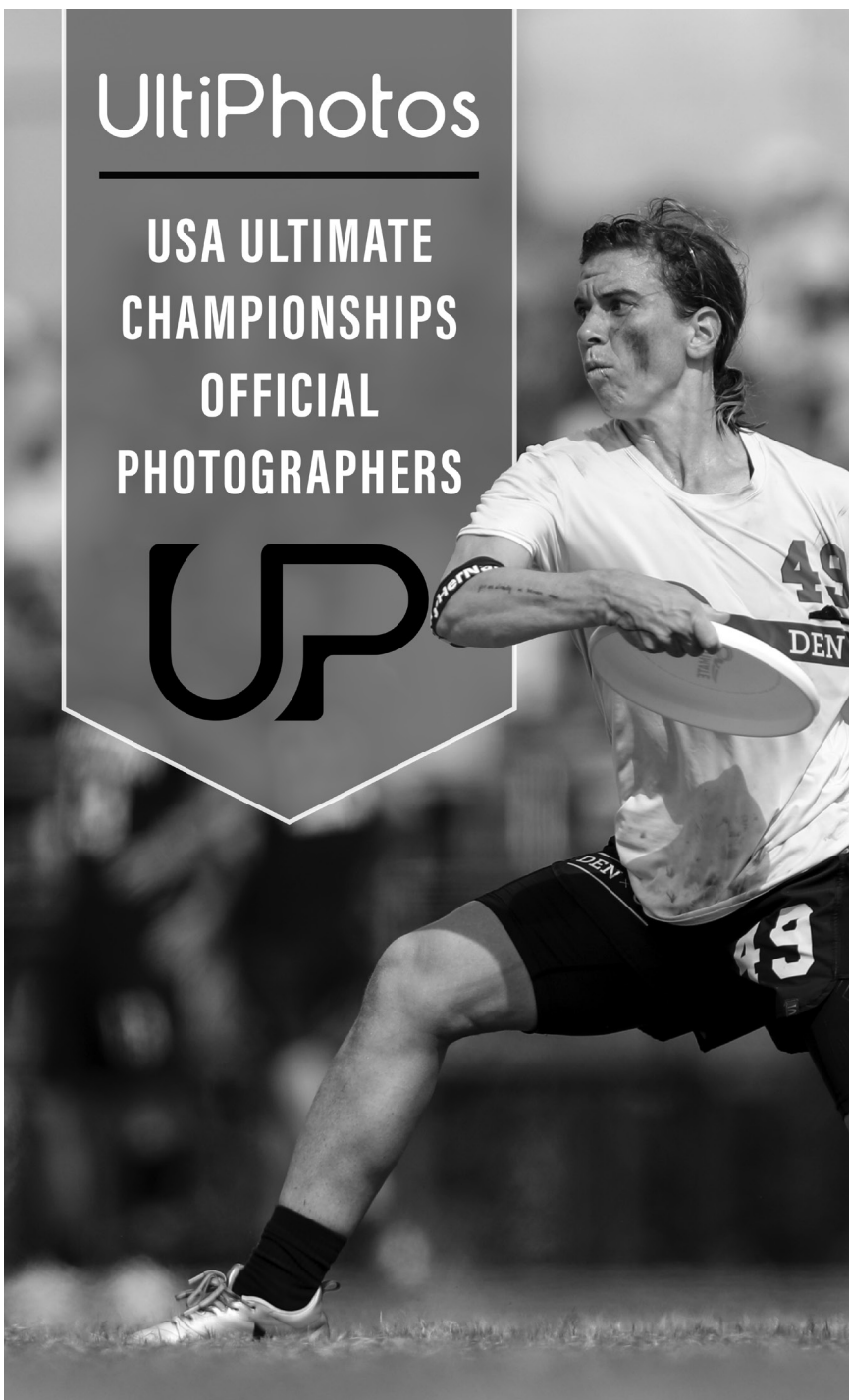
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   UltiPhotos

WELCOME

Greetings Players, Parents, and Fans,

On behalf of Milwaukee Ultimate, welcome to the 2022 USA Ultimate D-III College Championships. We are excited to be the Local Organizing Committee for our second D-III Championship event.

Milwaukee Ultimate has a long history of hosting great tournaments. We have hosted the D-I Championships in 2015, and 2018, the D-III Championships in 2013 and partnered on the 2012 D-III Championships. We have hosted (8) USAU Regionals and multiple Sectionals tournaments. We will hold our 33rd annual Cooler Classic this August as well as the 34th annual Toys-4-Tots Ultimate Jam in December. We will use all that experience to make this year's D-III tournament a truly memorable event for everyone.

NEWS FLASH: Milwaukee Ultimate is now the proud owner of the first and only Ultimate owned and Ultimate dedicated field complex in the United States. We purchased the Milwaukee Polo Club fields at the end of 2020 and ran our first (3) tournaments (including the North Central Sectionals) and brought back the No Wisconsequences college event. We are very excited to continue building on the success of 2021 by adding even more events, including fundraising tournaments for our local teams.

Milwaukee Ultimate is glad to have you all here. To the fans and parents we hope you all enjoy the event and your visit to Milwaukee. To all the players: good luck on the field, play well, have a blast and make some big memories for you and your team.

Scott "Scooter" Severson
2022 USA Ultimate D-III College Championships – Tournament Director
Milwaukee Ultimate - President

EVENT STAFF

LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Scott Severson
Volunteer Coordinator – Patrick Kelley
Head Scorekeeper – Scott Kramer
Hospitality Coordinator – Jason Fellows
Admissions Coordinator – Rob Popp

USA ULTIMATE STAFF

Manager, Events – Byron Hicks
Manager, Events – David Raflo
Manager, Athlete & National Team Programs (College) – Ben Feng
Manager, Athlete & National Team Programs (Youth); Equity, Diversity & Inclusion Co-Chair – Dana Jefferson

OBSERVERS

Brad Tinney (Head Observer), Brian Bradburn, Vincent Chang, Ben DeForest, Nate Gath, Sandra Hanson, Steve Haynes, Linda Kudo, Sebastian Miner, Carl Nelson, Madison Olesen, Sam Shapiro, Zeta Strickland, Joey Tillman, and Steve Wang

SPECIAL THANKS

California Ultimate; Discraft; Greater Ontario CVB; Silverlakes Sports Park;
VC Ultimate Discraft
Milwaukee Ultimate
Spin Ultimate
Uihlein Soccer Park
VISIT Milwaukee

WEEKEND OVERVIEW

Saturday, May 21

8:30 a.m.	Pool Play	Uihlein Soccer Park
10:45 a.m.	Pool Play	Uihlein Soccer Park
1:00 p.m.	Pool Play	Uihlein Soccer Park
3:15 p.m.	Pool Play	Uihlein Soccer Park

Sunday, May 22

8:30 a.m.	PreQuarters & Consolation	Uihlein Soccer Park
10:45 a.m.	Quarterfinals & Consolation	Uihlein Soccer Park
1:00 p.m.	Quarterfinals	Uihlein Soccer Park
3:00 p.m.	Men's Semifinal	Uihlein Soccer Park
3:30 p.m.	Men's Semifinal	Uihlein Soccer Park
5:30 p.m.	Women's Semifinal	Uihlein Soccer Park
6:00 p.m.	Women's Semifinal	Uihlein Soccer Park

Monday, May 23

8:00 a.m.	Consolation	Uihlein Soccer Park
9:30 a.m.	Men's Championship	Uihlein Soccer Park
12:00 p.m.	Women's Championship	Uihlein Soccer Park

* Awards Ceremony Following Each Game Uihlein Soccer Park

**COLOR
OF
ULTIMATE**

SHOWCASE GAME

**11:00AM CT, Monday May 30
in the Stadium**

Featuring student-athletes from USA Ultimate's college division, the Color of Ultimate showcase game will highlight the talents of Players of Color, connect participants through a unique experience, publicize the sport to a wider community and encourage more People of Color to play ultimate.

Founded in 2018 by the Atlanta Flying Disc Club's Project Diversity Committee, Color of Ultimate was created to raise awareness of socioeconomic and racial inequities in ultimate.

For more information, email ColorOfUltimate@gmail.com.

presented by



BROADCAST & STREAMING SCHEDULE

With the help of our broadcast partners (ESPN and Ultiworld), we are excited to air games from the 2022 USA Ultimate College Championships on a variety of platforms.

For D-III, select quarterfinals and semifinals, and both championship games, will stream live on USA Ultimate's YouTube channel, while additional games will be available via Ultiworld.com on a tape-delayed basis as part of a subscription package.

For D-I, select pool play games and early-round bracket play will stream live on USA Ultimate's YouTube channel, while all four semifinals will air live on ESPN3 and the two championship games will be broadcast on ESPNU. Additional games will be available via Ultiworld on a tape-delayed basis as part of a subscription package.

For the most up-to-date livestreaming and broadcast schedule, visit usaultimate.org/watch.

Sunday, May 22

10:45 a.m. CT	TBD	D-III Quarterfinal	USA Ultimate YouTube
1:00 p.m. CT	TBD	D-III Quarterfinal	USA Ultimate YouTube
3:30 p.m. CT	Men	D-III Semifinal	USA Ultimate YouTube
6:00 p.m. CT	Women	D-III Semifinal	USA Ultimate YouTube

Monday, May 23

9:30 a.m. CT	Men	Championship Game	USA Ultimate YouTube
12:00 p.m. CT	Women	Championship Game	USA Ultimate YouTube

Friday, May 27

8:30 a.m. - 6:30 p.m. CT	Men/Women	Pool Play	USA Ultimate YouTube
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Saturday, May 28

8:30 a.m. - 4:30 p.m. CT	Men/Women	Pool Play	USA Ultimate YouTube
5:15 p.m. CT	TBD	PreQuarter	USA Ultimate YouTube
5:15 p.m. CT	TBD	PreQuarter	USA Ultimate YouTube

Sunday, May 29

TBD	TBD	Quarterfinal	USA Ultimate YouTube
12:00 p.m. CT	Women	D-I Semifinal	ESPN3
2:30 p.m. CT	Women	D-I Semifinal	ESPN3
5:30 p.m. CT	Men	D-I Semifinal	ESPN3
8:00 p.m. CT	Men	D-I Semifinal	ESPN3

Monday, May 30

11:00 a.m. CT	Mixed	Color of Ultimate Exhibition	USA Ultimate YouTube
3:00 p.m. CT	Women	Championship Game	ESPNU/ESPN3
5:30 p.m. CT	Men	Championship Game	ESPN3
9:00 p.m. CT	Men	Championship Games	ESPNU

***Subject to change. Visit usaultimate.org/watch for the most up-to-date broadcast schedule**

SITE RULES

- **Dogs:** Dogs must be leashed. No dogs at finals stadium!
- **No Glass.**
- Beer will be available for purchase at Uihlein Soccer Park. Outside alcohol may not be brought into the facility.
- **No Tobacco Products.**
- **Field Access:** Spectators and equipment must stay at least three yards away from sidelines and behind any spectator/equipment lines or barriers! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least three yards.
- **Trash and Recycling:** Place recyclables in the recycling receptacles, and place trash in the trash.
- **Guests and Spectators:** You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

COMPETITION RULES

- 2022-2023 Official Rules of Ultimate will be in effect.
 - Changes from previous versions can be reviewed at usaultimate.org/rules
- All games to 15.
- **Halftime cap** goes on exactly halfway to hard cap (52:30 after the beginning of the game). If neither team has reached seven or more points, one point is added to the highest score after the completion of the point. Halftime will be taken once a team reaches the new halftime score.
- Halftime is five minutes.
 - Halftime for semifinals and finals is 10 minutes.
- **Soft time cap** goes on after 90 minutes (15 minutes before the hard cap). Add one point to the higher score after the point during which the cap goes off is completed. Game ends when the first team reaches the new game total or when the first team reaches 15, whichever comes first.
 - Soft cap for Semifinals and Finals will be at 1 hr 45 min.
- **Hard time cap** goes on at the end of round time listed in the schedule (1 hr, 45 min). Finish the point in progress and the game is over unless tied. If tied, play one more point.
 - Hard caps will not be used for the semifinals and finals.
- Each team has two timeouts per half.
- Caps do not affect timeouts.

NOISEMAKER GUIDELINES

The following guidelines for noisemakers will be applied at USA Ultimate events. They are designed to strike a balance between limiting artificial noise that adversely impacts the competition or the on-site experience of participants with allowing for noise that helps create an enthusiastic, fun and supportive environment. Players, teams and spectators are expected to abide by these guidelines while on site at the event.

- Powered noisemakers are not allowed at the event site. This includes, but is not limited to, air horns, sirens and electronic bullhorns.
- Novelty noisemakers are NOT permitted, except under the following conditions:
 - Must remain outside of the equipment lines.
 - May only be used between a goal being scored and the offense signaling readiness for the next point.
 - May not be used during timeouts taken during active play.
 - Novelty noisemakers include, but are not limited to, whistles, vuvuzelas, squeeze horns and musical instruments.
- Music-playing devices with external speakers are permitted under the following conditions:
 - Must remain outside of equipment lines, except during warm-ups and half-time.
 - Must remain at a reasonable volume considering other event participants and attendees.
 - May not be used to play music with offensive lyrics or themes.
- No noisemaker of any kind is permitted that may present a safety hazard.
- Any noisemaker permitted above may be disallowed if the volume or content of the noise is deemed to be offensive or disruptive to the enjoyment of the event, or the noisemaker is used in an un-spirited manner such as to taunt, intimidate or give a team an undue competitive advantage, as determined by event staff.

Event staff and observers will inform teams and individuals of these guidelines as needed. Repercussions for violation of these guidelines may include confiscation of the noisemaker, removal of the individual from the event site and/or in-game sanctions associated with the Misconduct System.

ULTIMATE IN 10 SIMPLE RULES

1. THE FIELD: A rectangular shape with end zones at each end. A regulation field is 70 yards long by 40 yards wide, with end zones 20 yards deep.

2. STARTING PLAY: Each point begins with both teams lining up on the front of opposite end zone lines. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.

3. SCORING: Each time the offense catches a pass in the defense’s end zone, the offense scores a point. The teams switch direction after every goal, and the next point begins with a new pull by the team that just scored.

4. MOVEMENT OF THE DISC: The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.

5. CHANGE OF POSSESSION: When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

6. SUBSTITUTIONS: Players not in the game may replace players in the game after a score and during an injury timeout.

7. NON-CONTACT: Players must attempt to avoid physical contact during play. Picks and screens are also prohibited.

8. FOULS: When a player initiates contact that affects the play, a foul occurs. When a foul causes a player to lose possession, the play resumes as if the possession was retained. If the player that the foul was called against disagrees with the foul call, the play is redone.

9. SELF-OFFICIATING: Players are responsible for their own foul and line calls. Players resolve their own disputes.

10. SPIRIT OF THE GAME: The foundation of the rules in ultimate is Spirit of the Game, which places the responsibility for fair play on the player. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

ULTIMATE GLOSSARY

BREAKMARK – a throw made to other side of the field from what is being forced by the marker

BRICK MARK – the spot where play may be initiated when a pull lands out of bounds, typically 15 or 20 yards from the front of the offense's end zone and in the center of the field (yardage varies based on individual tournament rules); players have the option of making this call or taking the disc on the sideline closest to where it lands

CALLAHAN – a defensive score, occurs when a defender catches the disc in the end zone he or she is attacking

CUP – the wall of defenders that surround the thrower in a zone defense; the wall typically consists of 3 players, but variations with 2 or 4 defenders are also common

FLICK – forehand, thrown outside, away from the handler's body

FORCE – side of the field to which throws should be contained; the marker will attempt to take away throws to one part of the field and is said to be “forcing” throws to go up in a certain direction

GREATEST – a jump, throw, catch combination that occurs when the disc is out-of-bounds, but a player jumps from in-bounds, catches the disc and successfully throws it back in-bounds to a teammate

HAMMER – an overhead throw that starts above the shoulders where the disc turns over in the air and lands upside-down

HUCK – a long throw

POACH – a defensive decision to leave a designated one-on-one matchup, usually temporarily, to clog a cutting lane or help defend a player other than the original

PULL – the “kick-off” of each point in which the defensive team throws the disc from their own end zone down the field toward the offensive team

STALL – the 10-second count for which a player is allowed to maintain possession of the disc; the opposing, defensive player must count the 10-seconds aloud; a “stall” occurs if the disc is held for more than the 10-second count

STRIP – occurs when a disc is knocked out of a player's hands after they have stopped rotation and achieved possession

PREVIOUS CHAMPIONS

Year	D-I Men	D-I Women	D-III Men	D-III Women
1984	Stanford			
1985	Pennsylvania			
1986	U-Mass			
1987	Chabot CC	Kansas		
1988	UC-Santa Barbara	UC-Santa Barbara		
1989	UC-Santa Barbara	UC-Davis		
1990	UC-Santa Barbara	UC-Santa Barbara		
1991	UC-Santa Cruz	UC-Santa Barbara		
1992	Oregon	UNC-Wilmington		
1993	UNC-Wilmington	California		
1994	East Carolina	UC-Santa Cruz		
1995	East Carolina	UC-Santa Cruz		
1996	UC-Santa Barbara	UNC-Wilmington		
1997	UC-Santa Barbara	Stanford		
1998	UC-Santa Barbara	Stanford		
1999	North Carolina State	Stanford		
2000	Brown	Carleton College		
2001	Carleton College	Georgia		
2002	Stanford	UC-San Diego		
2003	Wisconsin	Stanford		
2004	Colorado	UC-Davis		
2005	Brown	Stanford		

Year	D-I Men	D-I Women	D-III Men	D-III Women
2006	Florida	Stanford		
2007	Wisconsin	Stanford		
2008	Wisconsin	British Columbia		
2009	Carleton College	UC-Santa Barbara		
2010	Florida	Oregon	Carleton College	Pacific Lutheran
2011	Carleton College	UC-Santa Barbara	Claremont	Carleton College
2012	Pittsburgh	Washington	Carleton College	Claremont
2013	Pittsburgh	Oregon	Middlebury	Bowdoin
2014	Colorado	Ohio State	Bentley	Rice
2015	North Carolina	Oregon	Franciscan	Rice
2016	Minnesota	Stanford	Georgia College	Carleton College
2017	Carleton College	Dartmouth	Richmond	Carleton College
2018	North Carolina	Dartmouth	Bryant	St. Olaf
2019	Brown	UC-San Diego	Middlebury	Oberlin
2021	North Carolina	North Carolina	Oklahoma Christian	Middlebury

D-III MEN'S TEAMS

BERRY BUCKS



Rome, GA

Coach(es): Robert Bradham, Cori

Bradham, Miles Lally

Captain(s): Walter Ellard

Spirit Nominee: Chris Bauguss

#	Name	Age	Year	Hometown	Pronoun
3	Caleb Grant	20	Jr	Senoia, GA	
5	Bohdi Young	22	Sr	Buford, GA	
6	Gavin Zielke	18	Fr		
8	Ben Keller	20	So		
9	Chris Bauguss	22	Sr	Sandy Springs, GA	
10	Mason Hemstreet	22	Sr	Birmingham, AL	
11	Walter Ellard	21	Sr	Roswell, GA	
12	Aidan Meek	21	Jr	Dacula, GA	
13	Simon Dowdy	19	Fr	Belo Horizonte, Brazil	
14	Marshall Cornell	22	Sr	Chattanooga, TN	
16	Tanner Gregory	23	Sr	Canton, GA	
22	Cole McDaniel	21	Jr	Knoxville, TN	
24	Silas Camp	19	Fr	Cartersville, GA	
25	Collin Hill	20	So	Atlanta, GA	H
28	Chris Gmeiner	22	Sr	Peachtree City, GA	
45	Colt Doster	22	Sr	Colbert, GA	
52	Ian VanOrder	18	Fr	Cartersville, GA	
68	Stephen Kise	21	Sr	Rome, GA	
69	Michael Dolan	20	So	Buford, GA	
74	Anthony Frattaroli	20	So	Fort Mill, SC	
96	Christian Casteel	22	Sr	Villa Rica, GA	
99	Caleb Enright	22	Sr	Orlando, FL	

Pronouns: S= She, H=He, T= They

BRANDEIS TRON



Waltham, MA

Coach(es): Andrew Pillsbury, Gabe Coloton

Captain(s): Matt Kolk, Noam

Gumberman, Micah Rothkopf

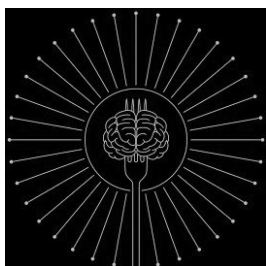
Spirit Nominee: Cam "Plank" Park

#	Name	Age	Year	Hometown	Pronoun
0	Max Woolf	20	So	Sudbury, MA	
1	Elan Azrieli	21	Sr		
4	Ben Moyer	21	Sr	Brookline, MA	H
5	Micah Rothkopf	20	Jr		
6	Jesse Levisohn	19	Fr	Newton, MA	H
7	Griffin Stotland	21	Jr	Doha, Qatar	
9	Joshua Wan	21	Jr		
10	Samuel Richards	20	So		H
11	Harrison Kaish	21	Sr		H
13	Matt Kolk	22	Sr	Peterborough, NH	
14	August Soderberg	21	Sr	Palo Alto, CA	
18	Noam Gumberman	20	Jr		
20	Jake Smith	21	Sr	Berwick, ME	H
22	Adam Dickstein	19	Fr	Scarsdale, NY	
25	Cameron Park	22	Sr	Donovan, IL	
32	Andrew Marshall	23	Gr	Chicago, IL	
34	Ayush Thacker	20	Jr	Sharon, MA	
39	Josiah Thompson	20	So	Boston, MA	
44	Matt Sehgal	22	Jr	Centennial, CO	
51	Benjamin Schoenfeld	21	Jr	Portland, ME	
70	Quiyang Wang	19	Fr	Shanghai, China	H

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D-III MEN'S TEAMS

CLAREMONT BRAINEATERS



Claremont, CA

Coach(es): Alex Rubin, Dylan Freechild

Captain(s): Samin Zachariah, Leo Kitchell, Logan Stouse, Tristan Johnson

Spirit Nominee: Logan Stouse

National Titles: 2011

#	Name	Age	Year	Hometown	Pronoun
2	Samin Zachariah	22	Sr		
3	Jack Weber	22	Jr		
5	Cianan Gamble	21			
6	Cooper Nissenbaum	20	Jr		H
9	Ezra Marcus-Tyler	21	J		
11	Gunnar Mikko	20	Fr		
12	Will Howard	21			
13	Kip Macsai-Goren	22	Jr		
15	Sloan Senofsky	19			
17	Lukas Karapin-Springorum	20	So		
19	August Cosinuke	22			
21	William Yik	20	So		H
27	Logan Stouse	22	Jr		
34	Tristan Johnson	22	Sr		
37	William Warrick	19			H
43	Griffin Campion	20			H
49	Rory Beals	19	Fr		H
55	David DAttile	21	Jr		
56	Clay Rasmussen	19	So		
66	Khaya Kingston	22	Jr		
77	Arya Goutam	21	Jr		
87	Ta'ir (Ty) Rocker	22			
91	Simon Gilbert	21	Sr		
95	Leo Kitchell	23	Sr		H
97	Andrew Baxter	20			
99	Calder Altman	22	Sr		
	Adidev Jhunjunwala	19			H
	Moises Flores	19			

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SPECTATOR INFO

COLORADO COLLEGE WASABI



Colorado Springs, CO

Coach(es): Jimmy Donnellon, Ben Jelinek, Sam Pfeifer

Captain(s): Lincoln Grench, Joe Keat, Parker Rehmus

Spirit Nominee: Josh Felton

#	Name	Age	Year	Hometown	Pronoun
0	Fremont Forsberg	21	So	Saint Paul, MN	
4	Nathaniel Wolfgang	22	Sr	North Kingstown, RI	
7	Max Sandweiss	21	Sr	Salt Lake City, UT	
11	Graham Whiting	22	Jr	Falmouth, ME	
13	Will Wallace	20	So	Loveland, CO	
14	Ben Carpenter	21	Jr	Denver, CO	
15	Daon Hatzigiannis	19	Fr	Andover, MA	H
18	Simon Broan	21	Jr	Minneapolis, MN	
19	Joe Keat	22	Sr	Pittsburgh, PA	H
22	Sam Davis	21	Jr	Charlotte, NC	
26	Parker Rehmus	22	Sr	Vancouver, BC	
30	Josh Felton	22	Sr	Edina, MN	H
32	Anders Pohlmann	19	Fr	Seattle, WA	
33	Leo Fowler	21	Sr	Milwaukee, WI	
36	Tanner Flagg	19	Fr	Lafayette, CA	
37	Bergen Hoff	23	Sr	Northfield, MN	
55	Gordon Clark	21	Jr	Johnson, VT	
66	Sean McGonigle	20	So	Baltimore, MD	
74	Eliot Kirkham	19	Fr	Berkeley, CA	
77	Lincoln Grench	21	Jr	Saint Louis, MO	
88	Will Gorman	20	So	Bethesda, MD	
16	Nicky Shapiro	20	So	Falmouth, ME	
20	Quinn Eaheart	21	Jr	Chicago, IL	

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D-III MEN'S TEAMS

CONNECTICUT COLLEGE DEIMOS



New London, CT

Coach(es): N/A

Captain(s): Jake O'Brien, Ezra Norris, Kevin Scannell

Spirit Nominee: Enso Tran

#	Name	Age	Year	Hometown	Pronoun
2	Ezra Norris	23	Sr	Northampton, MA	H
3	Alex Bajohr	22	Sr	Freehold, NJ	
4	Jacob Nozaki	22	Sr	Barrington, RI	
5	Clark Strauss	21	Jr	Farmington, CT	
8	Leo Clancy	18	Fr	Wilmington, DE	
10	Henry Westgard	19	So	Orange, CT	
12	Dan Smith	20	Sr	Salt Lake City, UT	
13	William Ferguson	22	Jr	North Andover, MA	
14	Ben Gelfond	21	Jr	Newton, MA	
15	Tyler Giorgio	21	Jr	Middlebury, VT	
16	Kevin Rissmiller	21	Jr	Jefferson, MA	
17	Emile Smigielski	21	Jr	New York, NY	
20	Prosser Friedman	19	Fr	Marion, MA	H
21	Owen Tacy	21	So	New York, NY	
22	Enso Tran	22	Sr		
25	Evan Strouse	20	So	Sherborn, MA	
28	Kel Clark	19	So	Vienna, VA	
32	Todd Shriber	19	Fr	Newton, MA	
33	Kevin Scannell	20	Jr	St. Louis, MO	
42	Niko Severino	22	Sr	Newton, MA	
45	Lucas Verrilli	22	Sr	Evanston, IL	
47	Gabe Crane	21	Jr	Montpelier, VT	
50	Austin Cheng	19	Fr	Newton, MA	
69	Eliot Grear	19	Fr	South Kingstown, RI	
81	Jake O'Brien	21	Sr	New York, NY	
89	Brendan Stiltner	21	Sr	Hamden, CT	
	Si Ross				
	Milo Lynch	22	Jr		

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GRACE COLLEGE LANCERS



Winona Lake, IN

Coach(es): Drew Schramm, Alaister McFarren

Captain(s): Ben Close, Ty Swartzentruber, Jodi Glickert, Joel Close

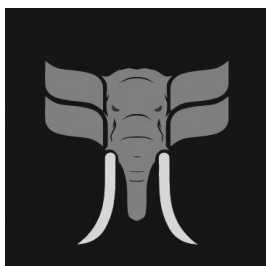
Spirit Nominee: Kody Beachey

#	Name	Age	Year	Hometown	Pronoun
3	Christian Harris	21	Fr	Fort Wayne, IN	
6	Maegan McGlothlin	20	So	Rochester, IN	
7	Ty Swartzentruber	22	Sr	Ashland, OH	
8	Olivia Bottorff	22	Sr	Henryville, IN	
9	Regann Roth	20	So	Milwaukee, WI	
13	Jodi Glickert	22	Sr	Peekskill, NY	
15	TJ Faur	20	So	Auburn, IN	
18	Kody Beachey	19	Fr	Three Rivers, MI	
19	Jacob Koons	19	Fr	Cuyahoga Falls, OH	
20	Carlos Avila	19	Fr	Henryville, IN	
21	Jaima DeWitt	21	Sr	Rochester, NY	
22	Brandon Wray	22	Sr	Momence, IL	
25	Kaitlyn Wilczynski	20	So	Lanark, Illinois	
28	Luke Osburn	19	So	Warsaw, IN	
35	Gabe Lyons	20	So	San Antonio, TX	
64	Ben Close	22	Sr	Plainfield, IN	
74	Caleb Cochran	19	Fr	Crawfordsville, IN	
77	Joel Close	20	So	Plainfield, IN	

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D-III MEN'S TEAMS

GRINNELL GRINNELLEPHANTS



Grinnell, IA

Coach(es): N/A

Captain(s): Jo Saito, Zoe Mahler,
Jacob Cowan

Spirit Nominee: Simon Dungan-
Seaver

#	Name	Age	Year	Hometown	Pronoun
1	Keir Hichens	22	Sr	Seattle, WA	
7	Gabriel Ferguson	21	Jr	Minneapolis, MN	
8	Noah Fehr	20	So	Madison, WI	
9	Chris Stuckart	19	So	Portland, OR	
10	Simon Dungan-Seaver	21	Sr	Sait Paul, MN	
11	Will Norry	20	Fr	Durham, NC	
12	Jo Saito	21	Jr	Tokyo, Japan	
20	Jack Connelly	19	Fr	Cincinnati, OH	
21	Gus Braun	18	Fr	Minneapolis, MN	
22	Ishai Melamede	21	Jr	Brooklyn, NY	
23	Zoe Mahler	21	Sr	Riverside, IA	
24	Jacob Cowan	20	Jr	Brooklyn, NY	
27	Chris Dickinson	21	Jr	Bethesda, MD	
29	Ori Shaham	21	So	New York, NY	
31	Duncan Lambert	19	Fr	Houston, TX	
34	Mack Trachtenburg	21	Jr	Bronx, NY	
44	Duncan Steele-Maley	19	So	Edgecomb, ME	
52	Solomon Golden	21	So	Seattle, WA	
54	Alex Hecht	20	So	Boston, MA	
64	Eamon Worden	21	Jr	Hanover, NH	
76	Zade Mullin	20	So	Los Angeles, CA	
84	Carl Olson-Skog	20	So	St. Paul, MN	
96	Ansel Smith	20	So	Edina, MN	

Pronouns: S= She, H=He, T= They

SPECTATOR INFO

ITHACA COLLEGE NAWSHUS ULTIMATE



Ithaca, NY

Coach(es): N/A

Captain(s): Luke Pohlman, Stephen
Welsh, Noah Kamens, Ben Gutches

Spirit Nominee: Eli Robinson

#	Name	Age	Year	Hometown	Pronoun
0	Noah Kamens	20	So	West Orange, NJ	
2	Eli Robinson	21	Sr	Ithaca, NY	
10	Elliot Mintz	21	Jr	Westborough, MA	
11	Owen Young	18	Fr	Leverett, MA	
13	Stephen Welsh	22	Sr	Glen Mills, PA	
14	Benjamin Gutches	21	Jr	Ithaca, NY	
15	Benjamin McKelvey	20	So	Hingham, MA	H
16	Nadav Berkman	20	Fr	Amherst, MA	
17	Zebediah Staples	20	So	Cumberland, ME	
20	Sawyer Simmons	19	Fr	Waitsfield, VT	
24	Samuel Isle	20	So	Havertown, PA	
26	Jack McShane	21	Sr	Garden City, NY	
27	Justin Juchnewich	21	Sr	Pompton Lakes, NJ	
32	Luke Pohlman	21	Jr	Oakton, VA	
34	Ian Donahue	19	So	New York City, NY	
93	Daniel Orlich	22	Jr	Glen Rock, NJ	
95	Timothy Hunt	20	So	Carmel, NY	
97	Vincent Masotti	19	Fr	Guilford, CT	H

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D-III MEN'S TEAMS

MIDDLEBURY PRANKSTERS



Middlebury, IN

Coach(es): Malachi Raymond

Captain(s): Walker Frankenberg,
Leo Sovell-Fernandez, Ben Morris

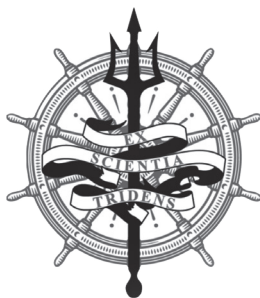
Spirit Nominee: Jack Landrigan

National Titles: 2019

#	Name	Age	Year	Hometown	Pronoun
1	Max Chafin-Jacobs	19	Fr	Newton, MA	
2	Ethan Lavallee	20	So	Climax, MN	
3	Leo Sovell-Fernandez	22	Sr	St. Paul, MN	
4	Walker Frankenberg	22	Sr	Seattle, WA	
5	Charlie Harder	19		Shelburne, VT	
6	Josh Sims Speyer	22	Sr	Newton, MA	H
7	Grady Welsh	21	So	Yarmouth, ME	H
8	Ethan DeMaio	20	so	Conway, MA	
9	Tobin Graf	19	So	El Cerrito, CA	
10	Noah Gettings	20	So	Roanoke, VA	
12	Samuel Medeiros	21	Sr	East Providence, RI	
13	Trey Atkins	22	Sr	Watertown, CT	
14	Jake Lyons	20	So	Richmond, MA	
18	Max Zeltsar	19	So	Boxford, MA	
22	Max Rogers	19	Fr	Seattle, WA	
23	William Fenimore	20	So	Lancaster, PA	
24	Malachi Raymond	20	So	St. Paul, MN	
30	Raffi Najarian	21	Jr	Woodcliff Lake, NJ	
33	Ben Morris	22	Sr	Watertown, MA	
34	Colman Bashore	20	So	Seattle, WA	
37	Lucas Nerbonne	19	Fr	Minneapolis, MN	H
39	Levi Hoffman	21	so	Fredericksburg, VA	H/T
44	Kai Hoadley	20	so	Pacific Grove, CA	
53	Jorre Dahl	19	Fr	Seattle, WA	
69	Jack Landrigan	22	Sr	Newton, MA	
88	Aiden Masters	22	Sr	Kennett Square, PA	
96	Max Hanscom	21	Jr	Seattle, WA	H

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NAVY POSEIDON



Annapolis, MD

Coach(es): LCDR David Stira

Captain(s): Anthony Armad, Sam
Little, Max Benedetti, Charlie Dunn,
Jack Stevenson

Spirit Nominee: Sam Little

#	Name	Age	Year	Hometown	Pronoun
0	Andrew Mazza	20	So	New York City, NY	
1	Justin Miller	22	Sr	Yardley, PA	
2	Hayden Belcher	19	Fr	Lebanon, TN	
3	Nate McDougall	20	Jr	Steilacoom, WA	
5	Sam Little	23	Sr	Temple, TX	
7	Ben Doniger	19	So	Midlothian, VA	
9	Ryan Hogg	19	So	Prosper, TX	
12	Jack Basset	20	So	Cape Elizabeth, ME	
15	Silas Rhodes	19	So	Memphis, TN	
16	Jack Stevenson	20	Jr	Centennial, CO	
19	Anthony Armad	22	Sr	Mukilteo, WA	
22	Andrew Beck	22	Sr	Baytown, TX	
30	Charlie Dunn	21	Jr	Bourne, MA	
32	Michael Pyle	20	Jr	Jacksonville, FL	
37	Joe Veloz	20	So	La Porte, TX	
46	Ayush Padhi	19	So	Charlotte, NC	
47	Nate Williams	21	Jr	Narragansett, RI	
52	Mike Berger	21	Sr	Chesterfield, MI	
57	Anders Woulo-Journey	21	Jr	Minneapolis, MN	
69	Max Benedetti	22	Jr	Mukilteo, WA	H
71	Keith Tran	21	Sr	Raleigh, NC	
88	Nate Palmer	20	So	Columbus, MT	

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D-III MEN'S TEAMS

OBERLIN COLLEGE FLYING HORSECOWS



Oberlin, OH

Coach(es): Meghan Drews

Captain(s): Oliver Vickers-Batzdorf,
Elliott DeGrace, Henry Sieber

Spirit Nominee: Jack Povilaitis

#	Name	Age	Year	Hometown	Pronoun
1	Jack Povilaitis	22	Jr	Weston, WI	
8	Elliott DeGrace	22	Sr	Elmhurst, IL	
9	Zejian Huang	22	Sr	Guangzhou, China	
10	Braque Pike	20	So	Salem, OR	H
11	Zihan "Christy" Chen	22	Sr	Beijing, China	
12	Henry Sieber	22	Sr	Medford, MA	H
13	Parker Swanson	22	Sr	Ashland, OH	H
14	Ben Parsons	21	Jr	Greencastle, IN	
15	Xander Cox	21	Jr	New York, NY	H
18	Abe Frolichstein-Appel	21	So	Evanston, IL	
19	Batian Pienaar	22	Sr	Chapel Hill, NC	
23	Zach Marshall	20	So	Wilmette, IL	
24	Griffin O'Neal-Freeman	20	So	Chevy Chase, MD	
26	Sagana Ondande	21	Sr	Oak Park, IL	
28	Ian Grochocinski	22	Jr	Newfield, NY	
32	Josh Turner	22	Sr	New York City, NY	
34	Issandro "Isso" Trenard	18	Fr	Brooklyn, NY	H
42	Oliver Vickers Batzdorf	23	Sr	Brooklyn, NY	H
69	Michael Plevin	22	Sr	New York City, NY	
90	Ben Fuguet	20	Fr	Durham, NC	H
99	Soren Callahan	19	Fr	New York, NY	

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SPECTATOR INFO

OKLAHOMA CHRISTIAN EAGLES



Oklahoma City, OK

Coach(es): Garrett Taylor, Chris Del-
lenbaugh

Captain(s): Elliott Moore, Jonathan
Costello, Garrett Houston

Spirit Nominee: Emmanuel Kameri

National Titles: 2021

#	Name	Age	Year	Hometown	Pronoun
2	Thomas Maguire	22	So	Middletown, NJ	
4	Emmanuel Bilolo	23	Gr	Flower Mound, TX	
5	Branson Seaton	21	So	Marlow, OK	
7	Surafel Sharpe	19	Fr	Levelland, TX	
10	David Peterson	22	Gr	Yelm, WA	
11	Kade Schuermann	19	Fr	Norman, OK	
12	Evan Card	21	Fr	East Hartford, CT	
13	Garrett Houston	21	Sr	Heyworth, IL	
15	Timothy Lee	20	Fr	Salem, OR	
17	Caleb Lance	22	Sr	Memphis, TX	
18	Elliott Moore	23	Sr	Austin, TX	
19	Jonathan Costello	23	Gr	Highland Village, TX	
20	Javin Smith	20	So	Azle, TX	
21	Kevin van Roosmalen	23	Jr	Rosmalen, Netherlands	H
24	Daniel Griffin	28	Gr	Edmond, OK	
26	Elijah Johnson	21	Jr	Mesquite, TX	
28	Zach Simpson	19	Fr	Mustang, OK	
42	Cameron White	21	Jr	Lakewood, CO	
51	Max Hamilton	27	Gr	Boulder, CO	
57	Samuel Roberts	18	Fr	Willington, CT	
60	Emmanuel Kameri	25	Fr	Naivasha, Kenya	H/T
72	Trevor Cook	24	Gr	Hinsdale, IL	
99	Michael Schrader	18	Fr	Spokane, WA	

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D-III MEN'S TEAMS

PACIFIC LUTHERAN REIGN



Tacoma, WA

Coach(es): Nicholas Dare

Captain(s): Caeden Newby, Isaac

Luedtke, Reece Painter

Spirit Nominee: Isaac Luedtke

#	Name	Age	Year	Hometown	Pronoun
0	Denny Corson	20	So	Juneau, AK	
2	Nicholas Etzell	21	Sr	Whidbey Island, WA	H
4	Caeden Newby	22	Sr	Portland, OR	
6	Avery Carlson	22	Sr	Seattle, WA	
7	Duncan Haddock	22	Sr	Bremerton, WA	
9	Reece Painter	21	Jr	Trout Lake, WA	
10	Blake Clapp	21	Jr	Tacoma, WA	H
11	Isaac Luedtke	21	Sr	Newberg, OR	H
12	Aaron Miller	21	Jr	Spokane Valley, WA	H
13	Henry Clark	19	Fr	Ketchikan, AK	H
17	Jonathan Zosel	20	Jr	Maple Valley, WA	
21	David Collier	20	So	Sammamish, WA	
31	Benjamin Chance	22	Sr	Maple Valley, WA	
33	Nicolas McCuiston	19	Fr	Shoreline, WA	H
34	Brennan LaBrie	22	Sr	Port Townsend, WA	H
	Brandon Ishise	23	Sr	Federal Way, WA	

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SCRANTON ELECTRIC CITY ULTIMATE



Scranton, PA

Coach(es): N/A

Captain(s): Matt Pindilli

Spirit Nominee: Michael Kane

#	Name	Age	Year	Hometown	Pronoun
14	Mike Kane	20	Jr	Westfield, NJ	
23	Dylan Fluck	20	Jr	Green Lane, PA	
26	Peter Orloff	21	Jr	Florham Park, NJ	
29	Gabe Hackman	19	Fr	Warminster, PA	
33	Brandon DaGrosa	21	Jr	Hazle Township, PA	
34	Pat Dineen	18	Fr	Monroe, CT	
38	Matt Pindilli	21	Jr	Westfield, NJ	
47	Mike Radzwilka	21	Jr	Plymouth Meeting, PA	
51	Matthew Comiciotto	20	So	Schwenksville, PA	
56	Mike Esposito	19	Fr	Langhorne, PA	
83	Conor Hastings	20	So	Floral Park, NY	
84	Aidan Corrigan	20	So	Mansfield, MA	
85	Mike Honrado	21	Jr	Quakertown PA	

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D-III MEN'S TEAMS

ST. OLAF BERZERKERS



Northfield, MN

Coach(es): Caleb Szydlo, Dave

Truesdale, Aidan Clements

Captain(s): Luke Bleers, Gordon

Larson, Ben Fjetland-Souza, Josh

Kugel

Spirit Nominee: Gordon Larson

#	Name	Age	Year	Hometown	Pronoun
0	Eric Crosby Lehmann	20	So	Edina, MN	
1	Grady Conquergood	22	Jr	Redmond, WA	
3	Matt Kompelien	20	So	Edina, MN	
4	Max Waldron	20	Fr	Yarmouth, ME	
5	Ben Fjetland-Souza	22	Sr	St. Paul	
7	Cade Ashland	19	Fr	Mankato, MN	
8	Josh Kugel	22	Sr		
10	Noah Johnson	22	Sr	St. Paul, MN	
11	Will Brandt	20	So	Edina, MN	
12	Gordon Larson	21	Sr	Ladera Ranch, CA	
13	Luke Bleers	21	Jr	Naperville, IL	
14	Ryan Harvey	22	Sr	Edina, MN	
15	Alex Lien	22	Sr	Hudson, WI	
16	Jasper	22	Sr	Vermont	
17	Cade O'Fallon	21	Jr	Durham, NC	
19	Sean Rogers	20	So	Osceola, WI	
21	Trevor Laugen	21	Jr	Boulder, CO	
22	Carter Schafer	20	So	Seattle, WA	
32	Justin Vorndran	21	Jr	Osceola, WI	
39	Kai Assef	20	Fr	Green Bay, WI	
64	Gabe Weigel	21	Sr	Iowa City, IA	
69	Quinn Munson	19	Fr	St. Paul, MN	
81	Nick Marston	19	Fr	Minneapolis, MN	H
86	Kelby Anderson	20	So	Iowa City, IA	
55	Caleb Griffiths	21	Jr	Edina, MN	

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SPECTATOR INFO

WILLIAMS COLLEGE WUFO



Williamstown, MA

Coach(es): N/A

Captain(s): Benjamin Siciliano,

Nicholas Servedio, Harry Wilcox

Spirit Nominee: Jonah Tobin

#	Name	Age	Year	Hometown	Pronoun
0	Reed Kendall	19	So	Falmouth, MA	H
1	Nick Langel	21	Jr	Great Neck, NY	
2	Lucas Tolley	21	Sr	Millersville, MD	H
4	Will Beyreis	20	So	Cincinnati, OH	H
6	Alex Cumming	18	Fr	Winchester, MA	
8	Charles Tantum	19	Fr	Belvedere, CA	
9	Malcolm Bellairs	20	Jr	Minneapolis, MN	
11	Karthik Vellayan Subbiah	19	So	Chennai, India	
13	Benjamin Siciliano	22	Sr	Queens, NY	
17	Reece Overholt	19	So	Tyrone, GA	H
20	Nicholas Servedio	21	Sr	New York, NY	
23	Minh-Huy Le	20	So	Bolton, MA	
24	Kjellen MacBain	18	Fr	Seattle, WA	
26	Jonah Tobin	22	Jr	Wellesley, MA	
33	Harry Wilcox	20	Jr	Glendale, CA	H
34	Jesse Schumann	18	Fr	Tulsa, OK	
41	Daniel Klein	20	So	Cambridge, MA	
42	Ezra Joffe-Hancock	18	Fr	Brooklyn, NY	
55	Joshua Bruns	55	Fr	Dakar, Senegal	H
69	Alex Kim	19	So	Fullerton, CA	
71	Oscar Triggs	20	Jr	Amherst, MA	H
87	Christopher Brown	20	So	Rye, NY	H
99	Luke Graupmann	20	So	Talkeetna, AK	

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D-III MEN'S SCHEDULE

2022 USA Ultimate College Championships - D-III Men's Division

Saturday, May 21, 2022

All Games to 15

Pool A

A1 (1) St. Olaf

A2 (8) Oberlin

A3 (12) Brandeis

A4 (13) Grace

Pool B

B1 (2) Middlebury

B2 (7) Claremont

B3 (11) Pacific Lutheran

B4 (14) Grinnell

Saturday

8:30-10:15

A1 v A3

5

-

A2 v A4

4

-

10:45-12:30

A1 v A4

5

-

A2 v A3

4

-

1:00-2:45

A1 v A2

6

-

A3 v A4

1

-

3:15-5:00

F#

Score

F#

Score

F#

Score

F#

Score

B1 v B3

7

-

B2 v B4

8

-

B1 v B4

7

-

B2 v B3

8

-

B1 v B2

1

-

B3 v B4

6

-

Sunday, May 22, 2022

Sunday

Pre-Quarters and Placement Brackets: See brackets for field assignments

Quarterfinals: See brackets for matchups and field assignments

Placement Brackets

Sunday-Monday, May 22-23, 2022

13th Place Round Robin

E1 4A

E2 4B

E3 4C

E4 4D

F#

Score

F#

Score

8:00-9:45

E1 v E3

19

-

E2 v E4

22

-

10:15-12:00

E1 v E4

19

-

E2 v E3

22

-

Sunday

8:00-9:45

E1 v E2

11

-

E3 v E4

12

-

Loser Game (1)

Game (9)

Sun 10:45am-12:30pm

Field #7 or #8

Loser Game (3)

Game (10)

Sun 10:45am-12:30pm

Field #7 or #8

Loser Game (4)

Mon 8:00-9:45am

Field #7

9th Place

Loser Game (9)

Mon 8:00-9:45am

Field #8

Loser Game (10)

11th Place

2022

COLLEGE CHAMPIONSHIPS

MILWAUKEE

Official Event Photography:

UP

UltiPhotos

ultiphotos.com

DISCRAFT

USA ULTIMATE

* Sunday bracket field assignments subject to change; final field announcements will be made at 6:00PM on Saturday at HQ and online.

All games to 15



Official Event Photography:



2022 USA Ultimate College Championships - D-III Men's Division

Saturday, May 21, 2022

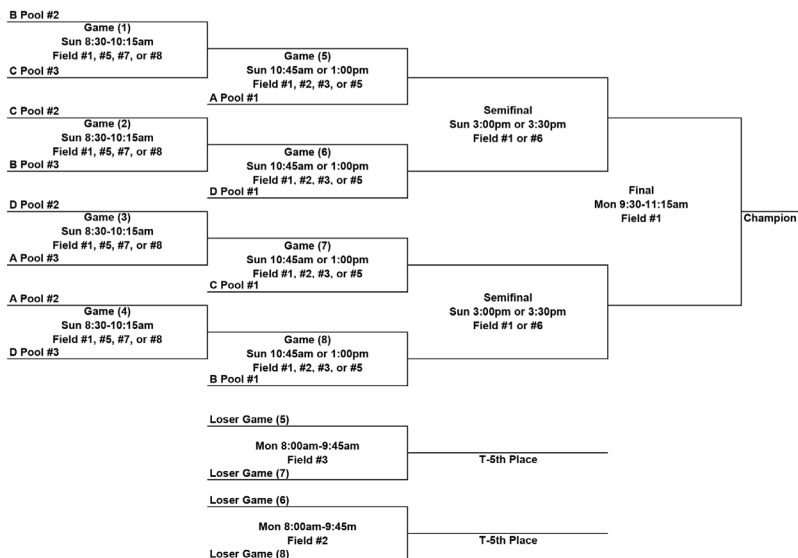
All Games to 15	Pool C						Pool D					
	C1	(3) Berry					D1	(4) Colorado College				
	C2	(6) Oklahoma Christian					D2	(5) Navy				
	C3	(10) Ithaca					D3	(9) Williams				
	C4	(15) Scranton					D4	(16) Connecticut College				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15	C1 v C3	9	-	C2 v C4	10	-	D1 v D3	11	-	D2 v D4	12	-
10:45-12:30	C1 v C4	9	-	C2 v C3	10	-	D1 v D4	11	-	D2 v D3	12	-
1:00-2:45							D1 v D2	11	-	D3 v D4	12	-
3:15-5:00	C1 v C2	11	-	C3 v C4	12	-						

Sunday, May 22, 2022

Pre-Quarters and Placement Brackets: See brackets for field assignments

Quarterfinals: See brackets for matchups and field assignments

Championship Bracket Sunday-Monday, May 22-23, 2022



* Sunday bracket field assignments subject to change; final field announcements will be made at 6:00PM on Saturday at HQ and online.

All games to 15

SPECTATOR INFO

BERRY

#	Name	Age	Year	Hometown	Pronoun
4	Malia Ellard	22	Sr	Athens, GA	S
5	Kay Petmecky	20	So	Stone Mountain, GA	
6	Vanessa Belanger	22	Sr	Knoxville, TN	
7	Hannah Tritschler	21	Jr	Murfreesboro, TN	
8	Carly Robinson	19	Jr	Bowdon, GA	
12	Eve Stanley	21	Jr	Dallas, GA	
13	Leslie Gutierrez	22	Sr	Calhoun, GA	
20	Rose Hill	21	So	Rome, GA	
27	Joi Buckley	20	Sr	Huntsville, AL	T
44	Stahr Stembel	22	Sr	Atlanta, GA	
52	Mindy Dondelinger	21	Jr	Marietta, GA	
80	Kendall Holan	22	Sr	Houston, TX	

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CARLETON

[illegible]

Coach(es): Courtney Kiesow, Lauren Weiss
Captain(s): Allegra Johnson McKee, Carly Campana, Kate Lanier
National Titles: 2000

D-III WOMEN'S TEAMS

HAVERFORD/BRYN MAWR SNEETCHES



Haverford/Bryn Mawr, PA
Coach(es): Jason Oswald
Captain(s): Julia Smeltzer and
Lindsey Hua
Spirit Nominee: Elizabeth (Lizy)
Szanton

#	Name	Age	Year	Hometown	Pronoun
2	Julia Smeltzer	20	Jr	Washington, DC	S
7	May Courtney	20	So	North Stonington, CT	
8	Amy Tse	19	So	San Jose, CA	
10	Ella Evans	19	Fr	Arlington, VA	
13	Eleanor Wheeler	19	Fr	Minneapolis, MN	
18	Camille Roberts	20	Fr	Chicago, IL	
21	Lindsey Hua	20	Jr	Shanghai, China	
22	Mariah Newfont	22	Sr	Asheville, NC	
24	Lizy Szanton	22	Sr	Newton, MA	
27	Xiaorong Wang	21	Jr	Shanghai, China	
41	Phoebe Hulbert	20	Fr	Hillsborough, NC	T
45	Zoe Costanza	19	Fr	Manlius, NY	
46	Ruojia Zhang	19	Fr	San Diego, CA	
47	Anna Bingham	19	Fr	Rockville Centre, NY	

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SPECTATOR INFO

KNOX ALLEYCATS



Galesburg, IL
Coach(es): N/A
Captain(s): Beck Baird
Spirit Nominee: Tegan Doherty

#	Name	Age	Year	Hometown	Pronoun
1	Cadence Eischens	21	Jr	Stacy, MN	H/T
2	Kali Christopher	19	Fr	Tulsa, OK	
3	Morgan Hopkins	20	So	O'Fallon, MO	
5	Madeline Hart	19	Fr	San Francisco, CA	
14	Nola Waltson	19	Fr	Seattle, WA	
15	Ren Herzog	20	Fr	Champaign, IL	
17	Tegan Doherty	23	Gr	Newtown, CT	
22	Bennett Van Meter	23	Gr	Houston, TX	
24	Odette Herrand	22	Sr	Santo Domingo, DR	
25	SJ Danielson	18	Fr	San Francisco, CA	
34	Leah Wheatley	20	So	West Chicago, IL	S
42	Beck Baird	21	Jr	Wheeling, IL	
62	Lana Gallagher	18	Fr	Villa Park, IL	

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D-III WOMEN'S TEAMS

LEHIGH GRAVITY



Bethlehem, PA

Coach(es): Matt Lubitz, Emily Polefka

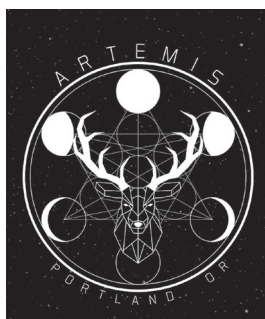
Captain(s): Anna Sivinski, Elly Labay, Cat Spellman, Casey Su-Morrill Su-Mo

Spirit Nominee: Nora Abbott

#	Name	Age	Year	Hometown	Pronoun
7	Catherine Spellman	21	Jr	Newton Square, PA	S
11	Amy Zimmerman	19	Fr	Glen Rock, NJ	
15	Shoshana Evans	18	Fr	Baltimore, MD	S
20	Erin Dillon	22	Sr	Cranston, RI	
27	Casey Su-Morrill	20	Jr	Albany, NY	
30	Belle Sullivan	22	Sr	Hopkinton NH	
35	Aimee Teplitskiy	21	Sr	Bayside, NY	
47	Ashley Wilhelm	22	Sr	Woodstock, MD	
52	Elly Labay	22	Sr	Mill Valley, CA	
55	Emily Cheshire	20	So	Huntington, NY	
62	MacKenzie Lambinus	20	So	Brienigsville, PA	S
67	Nora Abbott	22	Sr	Albany, NY	
74	Jordyn Pykon	21	Jr	New York, NY	S
75	Ella Morrissey	21	Jr	Greenwich, CT	
79	Jennifer Fiore	20	So	Lexington, MA	S
80	Allison Codi	22	Sr	Fonda, NY	
93	Anna Sivinski	22	Sr	Westport, CT	S

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LEWIS & CLARK ARTEMIS



Portland, OR

Coach(es): Chris Beaulieu and Jacob Artz

Captain(s): Xena Jaffe, Emery Anderson, and Lizzy Kolb

Spirit Nominee: Helen Guyton

#	Name	Age	Year	Hometown	Pronoun
4	Mari Johnson	21	Jr	Olympia, WA	S
7	Julia Scott	19	Fr	Minneapolis, MN	S
9	Xena Jaffe	21	Sr	Asheville, NC	S
11	Linden Warling	22	Sr	Loveland, CO	
13	Katelyn Osborne	18	Fr	Denver, CO	S
15	Emily Larabee	20	Fr	Anchorage, AK	
16	Claire Joseph	22	Sr	Falls Church, VA	
17	Mira Larrance	20	Fr	San Francisco, CA	
19	Helen Guyton	21	Jr	Cologne, Germany	S
20	Rachel Buys	20	Fr	Asheville, NC	S
22	Lizzy Kolb	21	Jr	Saint Cloud, MN	S
24	Emery Anderson	21	Sr	Murray, UT	
35	Athena Anderson	20	So	Fort Bragg, CA	S/T
50	Lauren Pichard	21	Sr	Woodinville, WA	S
77	Mikah Keetch	19	Fr	Sebastopol, CA	T
85	Alix Abrahams	20	Fr	Berkeley, CA	
88	Alexandra Flory	19	Fr	Bozeman, MT	

Pronouns: S= She, H=He, T= They

D-III WOMEN'S TEAMS

MARY WASHINGTON MARY MASSACRE



Fredericksburg, VA

Coach(es): Kai Jensen

Captain(s): Chloe Wade, Ayumi Yuzawa, Ellie Heil

Spirit Nominee: Rachael Harrington

#	Name	Age	Year	Hometown	Pronoun
2	Kiki Lapan	21	Sr	Emerald Isle, NC	
3	Carolina Bruschi	21	Jr	Vienna, VA	
5	Katie Heyn	19	Fr	Kent Island, MD	
7	Dayton Keffer	19	So	Winchester, VA	S
8	Alexandra Tingen	20	So	Burke, VA	S
9	Chloe Wade	22	Gr	Dumfries, VA	S
10	Olivia Black	22	Sr	Shepherdstown, WV	
11	Natalie Brennan	21	Jr	Sterling, VA	
12	Laura McCann	21	Sr	Suffolk, VA	
19	Rachael Harrington	19	So	Marshall, VA	
21	Ayumi Yuzawa	22	Sr	Arlington, VA	
22	Rachel Bowman	19	Fr	Clifton, VA	S
27	Mallory Childress	21	Jr	Mathews, VA	
57	Eleanor Heil	21	Sr	Arlington, VA	S
69	Meredith Miller	22	Sr	Chantilly, VA	S
71	Grace Galen	21	Jr	Annandale, VA	
95	Miriam Gorbach	19	Fr	Sterling, VA	S

Pronouns: S= She, H=He, T= They

SPECTATOR INFO

MIDDLEBURY PRANKSTERS



Middlebury, VT

Coach(es): Stephen Swannifer

Captain(s): Jennie Bob Bizal-Clark,

Claire Babbot-Bryan, Raechel Zeller

Spirit Nominee: Molly Gallagher

National Titles: 2021

#	Name	Age	Year	Hometown	Pronoun
2	Raechel Robinson Zeller	22	Sr	Ashe County, NC	
5	Kamryn You Mak	21	Jr	San Francisco, CA	
6	Liz Crawford	19	Fr	Burlington, VT	
7	Sarah Rifkin	19	So	Seattle, WA	
8	Claire Babbott-Bryan	22	Jr	Northampton, MA	
9	Lily Laesch	21	Jr	Seattle, WA	
11	Ali DePaolo	21	Jr	Cheshire, CT	
13	Grace Kellogg	22	Sr	Seattle, WA	
14	Niamh Carty	20	Jr	Rye, NY	
15	Ruby Warner	20	So	Wellfleet, MA	
17	Eliza Wieman	21	Jr	Newark, DE	
19	Grace Sokolow	19	So	Brookline, MA	S
22	Laurie Chen	22	Sr	Acton, MA	
23	Mady Lander	21	Jr	Morganton, WV	
24	Jennie Bob Bizal-Clark	22	Sr	Chapel Hill, NC	S
25	Grace Valentine	20	So	Montpelier, VT	
29	Pearl Tulay	20	So	Amherst, MA	
30	Jade Zalaznik	20	So	Saint Paul, MN	
32	Kate Goodman	20	SO	Austin, TX	
35	Keziah Wilde	19	So	Arlington, MA	S
37	Elise Chan	20	So	Seattle, WA	S
69	Brooke Laird	22	Sr	Darien, CT	
71	Liz Bowen	19	So	Seattle, WA	
77	Lauren Gemery	20	Jr	Norwich, VT	
81	Molly Gallagher	21	Sr	Wilmette, IL	T
88	Darya Khodakhah	21	Sr	Harrison, NY	
99	Natalie Dodson	21	Jr	Portland, OR	S

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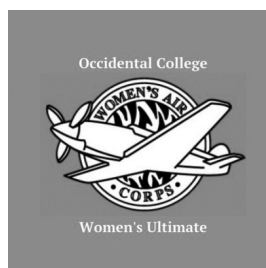
D-III WOMEN'S TEAMS

MOUNT HOLYOKE DAISY CHAIN

#	Name	Age	Year	Hometown	Pronoun
2	Mamie, Mulder	17	Fr		S
3	Olivia, Brandwein	22	Sr	Brooklyn, NY	
5	Gigi, Downey	21	Jr	Newton, MA	S
6	Rebecca, Anacheka-Nasemann	20	Fr		
7	Kyra, Sanborn-Burch	20	Jr		
8	Sydney, Zobel	21	So	Amherst, MA	
9	Maggie, Sullivan	21	Sr	Northampton, MA	T
11	Tong, Wu	19	So		
13	Celine, Falcon-Geist	19	Fr		
14	Amelia, Zamonski	21	Jr		
15	Maddy, McAlexander	21	Jr	Havertown, PA	
17	Celina, Krantz	20	So	Seattle, WA	
20	Talia, Pott	20	Fr		
21	Reece, Liu	21	So		
23	Madhavi, Rao	20	So		
24	Olive, Rowell	21	So	Brattleboro, VT	
27	Tai, Owen	21	So		
28	Silvie, Schlein	21	Jr	New York, New York	S
30	Jamie, Eldridge	18	Fr	Lower Merion, PA	
32	Gabbi, Perry	21	Jr	Holyoke, MA	
33	Rossi, Wang	20	So		S
42	Hjordis, Aho	20	Fr		S
47	Ayla, Osgood	21	Sr		
53	Mary, Meng	22	Jr		S
59	Grace, Mitchell	21	Jr	Medfield, MA	
78	Emma, St. John	22	Jr		S
88	Molly, Potts	20	Fr	Pittsburgh, PA	S/T

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OCCIDENTAL WAC



Los Angeles, CA

Coach(es): Linda Hamon

Captain(s): Jaya Duckworth, Sophie Havranek, Rae Hirschfeld-Smith, Lily Hue

Spirit Nominee: Lily Hue

#	Name	Age	Year	Hometown	Pronoun
1	Paisley Logan	22	Sr		
3	Meiyi Weisbord	19	Fr		
10	Rachel Kolpa	21	Sr		
11	Lily Hue	22	Sr		
12	Rae Hirschfeld-Smith	22	Sr		
15	Isabel Mascuch	21	Sr		
16	Rachel Schachter	19	Fr		
17	Sophie Havranek	22	Sr		
21	Oona Milliken	23	Sr		
24	Amanda Iglesias	1	So		
25	Livia Reider	21	Jr		
26	Jules Quimson	22	Sr		S
32	Jaya Duckworth	21	Jr		
42	Ava Letterie	20	So		S
47	Claire Frohling	21	Sr		
64	Holly Frank	20	Fr		

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D-III WOMEN'S TEAMS

PORTLAND UPROAR



Portland, OR

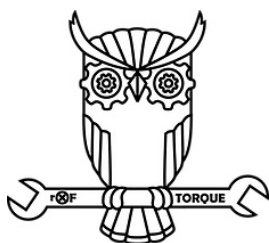
Coach(es): Beckie Perston, Dan Young, Elise Hollowell
 Captain(s): Jaclyn Wataoka, Mairead McManus, Julianna Galian
 Spirit Nominee: Isabel Contreras

#	Name	Age	Year	Hometown	Pronoun
4	Makaley Krueger	21	Jr	Bellingham, WA	S
8	Quinn Day	21	Jr	Alamo, CA	
10	Isabel Contreras	18	Fr	Gervais, OR	S
11	Audrey Dewey	19	Fr	Simi Valley, CA	
12	Hallie Turk	21	Sr	Silverdale, WA	S
14	Julianna Galian	20	So	Hillsboro, OR	
17	Mairead McManus	20	Jr	Fair Oaks, CA	S
19	Julia Hanly	21	Jr	Tacoma, WA	
20	Mia Taylor	19	Fr	Superior, CO	S
23	Kelly Westberg	21	Jr	San Diego, CA	
25	Gabrielle Weaver	19	Fr	Benicia, CA	S
37	Audrey Stineman	19	Fr	Oakland, CA	
42	Mallori Boddy	20	So	Hillsboro, OR	S
58	Jaclyn Wataoka	22	Sr	Honolulu, HI	
64	Presley Denkinger	21	Jr	Edmonds, WA	S

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SPECTATOR INFO

RICE TORQUE



Houston, TX

Coach(es): Ashley Shelor, Emma Wine
 Captain(s): Amanda Lopatin, Heather Szczesniack
 Spirit Nominee: Amanda Lopatin
 National Titles: 2014, 2015

#	Name	Age	Year	Hometown	Pronoun
2	Alice Owens	19	Fr	Wigan, UK	S
4	Rosemary Lach	20	Jr	Huntsville, AL	
5	Bryn Gerwin	19	Jr	Chicago, IL	S
6	Natalia Perey	18	Fr	Houston, TX	
7	Heather Szczesniack	20	So	Carlisle, MA	S
9	Sophie Leibowitz	20	So	Miami, FL	
11	Amanda Lopatin	24	Sr	St. Louis, CO	S
12	Mayah Pazgal	19	So	Houston, TX	
14	Sophia Figueroa	19	Fr	Atlanta, GA	S
17	Isabella Baker	18	Fr	Washington, DC	
18	Sarah Mozden	21	Jr	Chicago, IL	S
19	Sandy Wu	19	So	Shanghai, China	
22	Ashley Zhou	21	Sr	Fort Collins, CO	S
29	Sheena Bai	18	Fr	Shanghai, China	
44	Alix Macklin	26	Gr	Houston, TX	S

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D-III WOMEN'S TEAMS

SKIDMORE WOMBATS



Saratoga Springs, NY

Coach(es): Karoline Hart

Captain(s): Claire Slattery & Sophia Spelman

Spirit Nominee: Marley Schmidt

#	Name	Age	Year	Hometown	Pronoun
2	Sophia Spelman	21	Sr	Falmouth, ME	S/T
4	Marley Schmidt	21	Jr	Swampscott, MA	
6	Kaitlin Reif	21	So	Wilton, CT	
8	Mira Kaufman-Rosengarten	22	Sr	Philadelphia, PA	
10	Olivia Kupiec	21	Sr	New York, NY	S
11	Elayna Bennett°	22	Jr	Portsmouth, NH	
12	Abby MacDonald	22	Sr	Toronto, Canada	
13	Claire Dunn	21	Jr	Brooklyn, NY	
22	Emaline Relyea-Strawn	19	Fr	Mount Hermon, MA	S
23	Brenna Green	22	Sr	Pittsburgh, PA	
24	Claire Slattery	21	Sr	Brookline, MA	
26	Fiona Lacey	18	Fr	Delmar, NY	
36	Lillian Yang-Schmidt	20	So	Newton, MA	S
47	Ellie Runiewicz	20	So	Swarthmore, PA	
56	Anna Paul	18	Fr	Maplewood, NJ	S
77	Rose Gordon°	20	So	Newton, MA	

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ST. OLAF VORTEX



Northfield, MN

Coach(es): Rebecca Enders, Biz Cook

Captain(s): Anna Mulhern, Elsa Anderson, Carolina Schuster

Spirit Nominee: Grette Schmidt

National Titles: 2018

#	Name	Age	Year	Hometown	Pronoun
4	Hannah Omodt	20	So	St. Paul, MN	S
5	Grette Schmidt	21	Sr	Arden Hills, MN	
6	Erica Collin	20	So	Middleton, WI	
9	Savina Dock	19	So	Portland, OR	
10	Grace Milhaupt	19	Fr	Burnsville, MN	S
11	Leina Goto	18	Fr	Seattle, WA	
13	Julia Himmelberger	22	Sr	Wellesley, MA	
14	Ellie McDonald	19	So	Minneapolis, MN	
16	Emily Mulhern	20	So	Minneapolis, MN	S
18	Anna Mulhern	22	Sr	Minneapolis, MN	
20	Abby Halverson	20	Jr	Lake Elmo, MN	
22	Elsa Anderson	21	Sr	Seattle, WA	
23	Madeline Sorenson	22	Sr	Menomonie, WI	T
24	Unni Isaksen	18	Fr	Brooklyn, NY	
25	Emily Wammer	20	Jr	Bloomington, MN	
29	Anna Clements	22	Sr	St. Paul, MN	
30	Neina Abdulai	21	Jr	Tamale, Ghana	S
31	Bella Marek	18	Fr	St. Paul, MN	
32	Emma Jansen	19	Fr	Askov, MN	
33	Annika Challengren	20	Jr	Apple Valley, MN	
41	Caroline McKnight	22	Sr	Holland, MI	S
77	Carolina Schuster	20	Jr	St. Paul, MN	

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D-III WOMEN'S TEAMS

SUNY-GENESEO



Geneseo, NY

Coach(es): N/A

Captain(s): Katey Church, Katherine Arriaga, Allie Judge

Spirit Nominee: Lexie Flurschutz

#	Name	Age	Year	Hometown	Pronoun
3	Julia Rogerson	21	Jr	Kingston, NY	
5	Nora Whorton	19	So	Rochester, NY	
6	Phoebe Walther	20	Fr	Huntington, NY	S
7	Madelyn Hill	21	Jr	West Nyack, NY	
8	Cora Woloson	21	So	Canandaigua, NY	
9	Katelyn Church	22	Sr	Binghamton, NY	
11	Olivia Petsos	19	Fr	Rochester, NY	
12	Katelyn Stancliffe	18	Fr	Troy, NY	
13	Emma Bail	18	Fr	Philmont, NY	
14	Katherine Arriaga	21	Jr	Buffalo, NY	
16	Allie Judge	21	Sr	Westchester, NY	S
17	Kate Flynn	21	Sr	Binghamton, NY	
19	Susanna Dolan	21	Jr	Kinderhook, NY	
20	Katie Morgan	20	So	Long Island, NY	S
21	Lila Brown	21	Jr	Rochester, NY	S
23	Kaitlyn Gerstler	20	Jr	Niskayuna, NY	S
24	Tarra Lindsay	18	Fr	Webster, NY	
28	Madison Kieft	21	Jr	Amsterdam, NY	
33	Luise Shay	20	Jr	Watertown, NY	
57	Alexandra Flurschutz	21	Jr	Auburn, NY	S

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SPECTATOR INFO

WELLESLEY WHIPTAILS



Wellesley, MA

Coach(es): Marshall Goff





Captain(s): Josie Ku, Savannah Cary

Spirit Nominee: Tess Dolan

#	Name	Age	Year	Hometown	Pronoun
0	Tess Dolan	20	Jr	Cape Elizabeth, ME	
1	Bella Steedly	20	So	Woodinville, WA	
3	Leah Black	20	Jr	Friday Harbor, WA	
4	Maya Collins	21	Sr	Santa Clara, CA	
7	Becky Chen	21	Jr	Queens, NY	
13	Emma Feldman	19	So	Scarsdale, NY	
17	Kiki Chen	19	Jr	Athens, OH	
34	Antara Ramkumar	19	So	Chennai, India	S
35	Aurora Daniel	23	Jr	Corvallis, OR	
38	Annika Wolberg	38	Fr	San Francisco, CA	
40	Jenny Chan	22	Sr	Hong Kong	
46	Ella McHugh	18	Fr	Arlington, VA	
57	Isabel Kapner	18	Fr	Brookline, MA	
72	Annalise Paul	21	Sr	Oak Park, IL	
77	Chaucer Langbert	21	Jr	Dallas, TX	
84	Savannah Cary	21	Sr	West Jefferson, NC	
87	Josie Ku	23	Sr	Hong Kong	
88	Sarah Young	22	Sr	Williamsville, VT	
91	Eliza Zizka	21	Sr	Washington, DC	
92	Nicole Leung	22	Sr	San Francisco, CA	

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D-III WOMEN'S SCHEDULE

2021 USA Ultimate College Championships - D-III Women's Division												
Saturday, May 21, 2022												
All Games to 15	Pool A						Pool B					
	A1	(1) Middlebury					B1	(2) Carleton-Eclipse				
	A2	(8) Berry					B2	(7) Haverford				
	A3	(12) SUNY-Geneseo					B3	(11) Skidmore				
	A4	(13) Occidental					B4	(14) Mary Washington				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15							B1 v B3	1	-	B2 v B4	6	-
10:45-12:30	A1 v A3	6	-	A2 v A4	1	-						
1:00-2:45	A1 v A4	5	-	A2 v A3	4	-	B1 v B4	7	-	B2 v B3	8	-
3:15-5:00	A1 v A2	5	-	A3 v A4	4	-	B1 v B2	7	-	B3 v B4	8	-
Sunday, May 22, 2022												
Sunday	Pre-Quarters and Placement Brackets: See brackets for field assignments											
	Quarterfinals: See brackets for matchups and field assignments											
Placement Brackets												
Sunday-Monday, May 22-23, 2022												
	13th Place Round Robin											
	E1	4A										
	E2	4B										
	E3	4C										
	E4	4D										
Sunday		F#	Score		F#	Score						
8:00-9:45	E1 v E3	9	-	E2 v E4	10	-						
10:15-12:00	E1 v E4	9	-	E2 v E3	10	-						
Monday												
8:00-9:45	E1 v E2	9	-									
10:00-11:45				E3 v E4	9	-						
<div>Loser Game (1) Game (9) Sun 10:45am-12:30pm Field #4 or #6</div> <div>Loser Game (3)</div> <div>Loser Game (2) Game (9) Sun 10:45am-12:30pm Field #4 or #6</div> <div>Loser Game (4)</div> <div>Mon 8:00-9:45am Field #4</div> <div>9th Place</div> <div>Loser Game (9) Mon 8:00-9:45am Field #10</div> <div>Loser Game (10)</div> <div>11th Place</div>												
<div></div> <div><div>Official Event Photography:</div><div></div></div> <div></div> <div></div>												
* Sunday bracket field assignments subject to change; final field announcements will be made at 6:00PM on Saturday at HQ and online.												
All games to 15												

2022 USA Ultimate College Championships - D-III Women's Division

Saturday, May 21, 2022

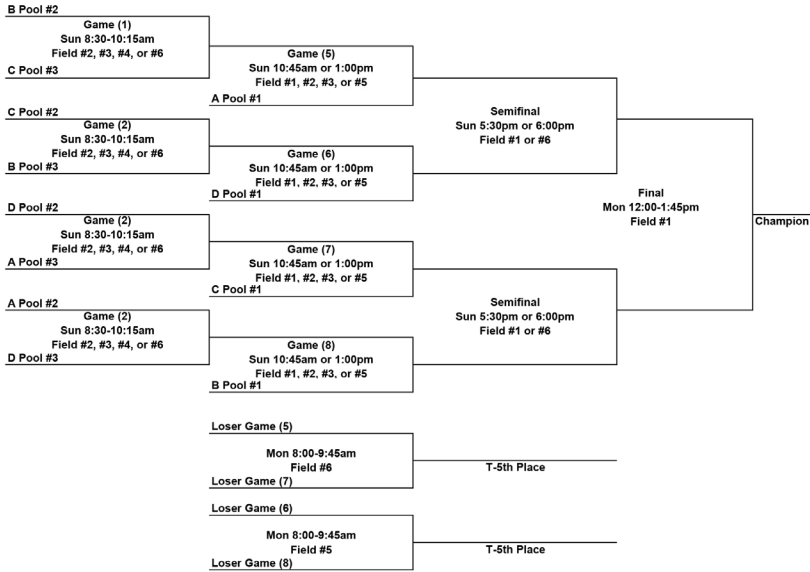
All Games to 15	Pool C						Pool D					
	C1	(3) Portland					D1	(4) Wellesley				
	C2	(6) Mount Holyoke					D2	(5) Lehigh				
	C3	(10) Rice					D3	(9) St. Olaf				
	C4	(15) Knox					D4	(16) Lewis & Clark				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:30-10:15							D1 v D3	7	-	D2 v D4	8	-
10:45-12:30	C1 v C3	7	-	C2 v C4	8	-						
1:00-2:45	C1 v C4	7	-	C2 v C3	8	-	D1 v D4	5	-	D2 v D3	6	-
3:15-5:00	C1 v C2	7	-	C3 v C4	8	-	D1 v D2	5	-	D3 v D4	6	-

Sunday, May 22, 2022

Sunday Pre-Quarters and Placement Brackets: See brackets for field assignments

Quarterfinals: See brackets for matchups and field assignments

Championship Bracket Sunday-Monday, May 22-23, 2022



* Sunday bracket field assignments subject to change; final field announcements will be made at 6:00PM on Saturday at HQ and online.

All games to 15

SPECTATOR INFO

HEALTH AND SAFETY

NEAREST HOSPITAL:

Froedtert Hospital & the Medical College of Wisconsin

9200 W Wisconsin Ave; Milwaukee, WI 53226; Phone: (800) 272-3666

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and they will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields approximately 90 minutes prior to game time each day.

COVID-19 EVENT PROTOCOLS - 2022 USA ULTIMATE COLLEGE NATIONALS

See <https://usultimate.org/covid-19/> for more detailed information.

USA Ultimate requires that sanctioned events and activities follow all COVID-19 related federal, state, local, and facility health and safety standards. There is no longer a USA Ultimate requirement for participants or other attendees to provide proof of vaccination status or a negative test result prior to the event. Participants are not required to wear masks during play or in conjunction with participation in an event, unless they are determined to be close contacts and meet certain CDC-recommended conditions for being allowed to continue at the event.

USA Ultimate recognizes that, at this point, individuals have the resources and tools to mitigate their own risks, and state and local authorities have the information and perspective to impose additional community-wide or activity-specific requirements as needed. USA Ultimate encourages the use of vaccinations, boosters, and testing to limit risks to individuals and groups.

Athletes, organizers, coaches, staff and spectators are expected to NOT participate if they feel unwell, are symptomatic, or have been in close contact with someone that may be sick or may have tested positive for COVID-19 in the prior five days. Any event attendee who tests positive for COVID-19 prior to the event may not attend unless they have completed CDC and local health department requirements for isolation and return to activity. Any event attendee, including players, coaches, observers, volunteers, vendors and media partners, who tests positive during an event must report those results to the event organizer and follow CDC and local health department requirements for contact tracing and isolation.

Individuals and/or teams that do not comply with these or other event rules are subject to removal from the event and additional disciplinary action.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC "Heads Up Safety" program, a free one-hour online training.
- USA Ultimate's participant waiver includes important information from the CDC regarding concussion safety.

COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course).

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
 1. Remove the athlete from play.
 2. Ensure the athlete is evaluated by a healthcare professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
 3. If the athlete is a minor, inform the athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussions.
 - State of California Law for Under 18
 - IF removed from play for suspected concussion, no same day return to play.
 - IF determined NOT to have a concussion, must have a written doctor's note to present to the tournament staff in order to be allowed to return to play.
 - IF determined to HAVE a concussion, would not be allowed to return to play during the tournament and must complete graded return to play protocol before competing in the future.
 4. Allow the athlete to return to play only with written permission from a licensed healthcare professional trained in concussion diagnosis and management (see below).

DOCTOR'S NOTE REQUIREMENT

- If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor's office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until they provide a doctor's note, on letterhead or prescription pad, to event medical and competition staff stating that the athlete is authorized to return to competition.

ATHLETE PROTECTION

- USA Ultimate takes the protection of event participants seriously. In accordance with SafeSport and the USA Ultimate Conduct Policy, all USA Ultimate employees, volunteers, athletes, members, coaches and chaperones are prohibited from engaging in the following conduct with athletes at any time (a more thorough description is available at www.usultimate.org/protection):
 - Bullying
 - Hazing
 - Harassment, including Sexual Harassment
 - Emotional Misconduct
 - Physical Misconduct
 - Sexual Misconduct, including Child Sexual Abuse
- With the passage of the recent federal legislation to protect amateur and minor athletes, all SafeSport trained individuals (including coaches, team support, USA Ultimate staff) are now mandatory reporters.
- If you have questions or would like to file a complaint with USA Ultimate, please contact Sam Callan, sam@hq.usultimate.org.

HEAT, NUTRITION AND HYDRATION

- Heat-related illnesses occur when the body's ability to cool itself by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of a heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of a heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

PREVENTION AND TREATMENT OF HEAT ILLNESS

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase the risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges. Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to any prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin or get in front of a fan or breeze.

HEAT SAFETY GUIDELINES

- Event and medical staff will be monitoring the Wet Bulb Globe Temperature and making competition and scheduling decisions based on established safety thresholds. Conditions will be monitored before each round with the goal of determining any competition adjustments prior to the round. These may include additional and/or extended hydration and rest breaks. Monitoring will continue during rounds, especially near Heat Precaution thresholds, and some adjustments may be implemented during the round if necessary. Heat Precaution Levels may also be accelerated if medical staff observe a trend of heat related illness that calls for earlier adjustments.

SIDELINE SAFETY

- Spectators and equipment must stay at least five yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, people and other objects must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via a PA system and through field marshals equipped with radios if there is a lightning danger. Play will then be stopped, and everyone should seek shelter in the vehicles in which they arrived.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will be monitoring radar and listening for thunder. If lightning is occurring within 10 miles or thunder is audible, play will be suspended and all individuals should get in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

SPIRIT CIRCLES

Spirit circles are an idea borrowed from international competitions throughout the ultimate world.

Upon the conclusion of a game, teams can use spirit circles as an opportunity to highlight, discuss or address any spirit-related issues.

- If agreed upon, the spirit captains of the opposing teams should arrange a space for the conversation to occur between the teams.
- Spirit captains should be prepared to speak about their team's experience during the game.
 - Prior to engaging in a spirit circle, each spirit captain should quickly check in with their team and/or complete spirit scoring so as to inform the discussion in the circle.
 - Discussion and feedback should be honest and candid, but not overly critical, and consistent with the scores submitted.
- Spirit captains should refrain from calling out individuals for negative actions which may be better discussed with that player or their spirit captain as a separate follow up.

Spirit circles can bring teams together and put the game in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. Spirit circles are unique to ultimate and help teams build relationships and see opponents for who they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear).



FREE

LEARN TO PLAY CLINIC



WHO

Kids 18
and under!

WHEN

Sunday, May 29
12:00pm - 2:00pm

WHERE

Uihlein Soccer Park
7101 W Good Hope Rd
Milwaukee, WI 53223

COST

FREE
+ FREE disc!

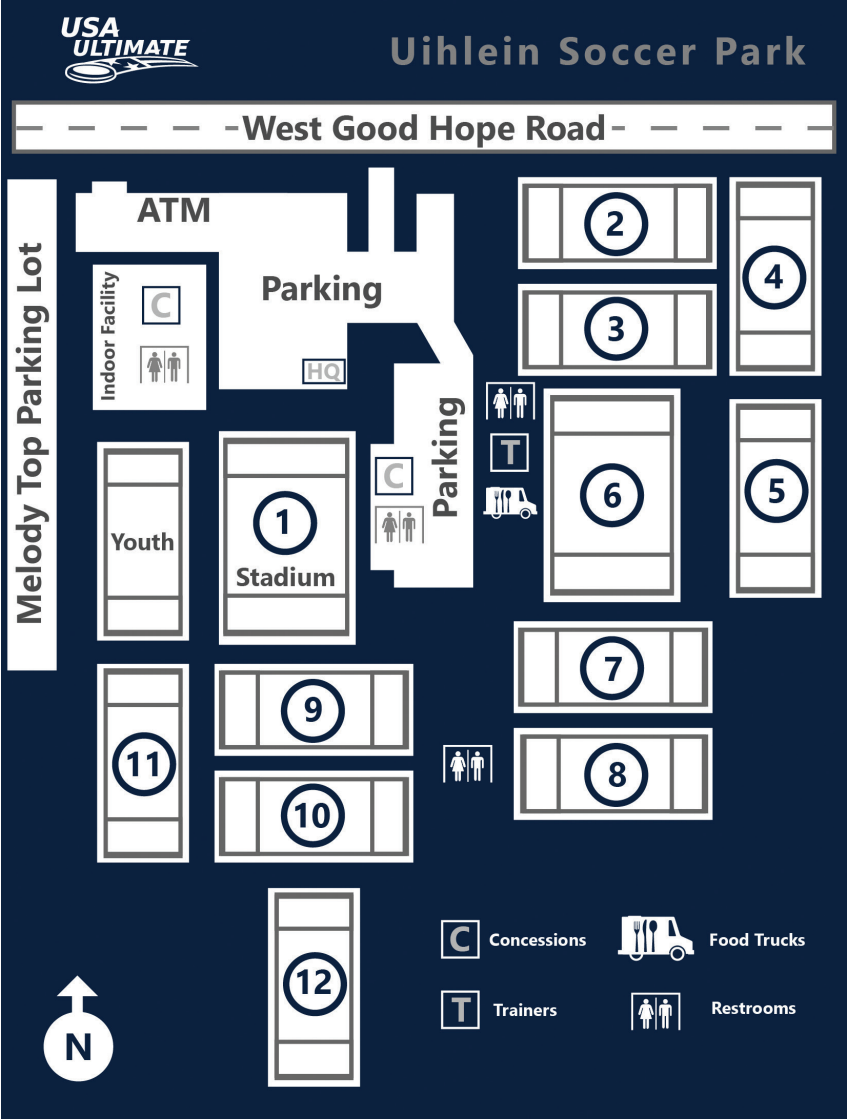
REGISTER

Register on-site with a parent or online at
tinyurl.com/CollegeChampsLTP



NOTES

FIELD MAP



SCHEDULES & MAP

**Trust takes years to build,
and we haven't changed a thing since 1981.**



DISCRAFT

The UltraStar - Trusted by millions.