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Welcome to Madison for the 1988 UPA National Series qualifying tournament. Central Regional Championships is held to decide which Open and Women's team will represent our great region at Nationals. Good Luck to the teams that qualify.

Madison Ultimate Cheese Heads and Mudeaters are very proud to be this years host. We have hosted 1979 Open Regionals, 1984 Blow Out (24 teams), 1985 & 1987 Collegiate Regionals, 1986 Open Sectionals, 1988 Collegiate Sectionals, 1988 Big Ten Championships (20 teams), plus other small tourneys each spring and fall. We think we know how to host a good event. Two goals we set for each new tournament are: 1) make it better than our last and 2) win our own tournament. This time we added a third goal-3) make this the best Regional Tourney you have ever been to. This batch of dirty cheese is trying our hardest to do just that. Let us know how we did.

Now that we are doing our part as host, you, our guest, please do your part. SPIRIT OF THE GAME!!! Play your hardest, play your best (unless you play us!), pick up your garbage, buy lots of shirts and discs, and have big fun. Also, please observe the no parking signs and alcohol and drugs are not allowed on the fields. Any questions-just ask a Cheese or a Mud.

Thank you for your cooperation, SPIRIT, and big fun.

Tournament Overseer--Brad Wendt

Women's Ultimate--Private Sponsors

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ULTIMATE: THE SPORT

Ultimate is a fast-moving sport, where the wind becomes another player, and people are constantly churning and diving after a piece of plastic.

Ultimate started in 1967 at Columbia High School in Maplewood, New Jersey. A group of students used a parking lot as a field and invented a new sport, what was later to become known as Ultimate Frisbee.

The name was shortened to Ultimate because of a trademark infringement with Whamo and the sport grew to be nationwide, and ultimately worldwide. It is played on a 70 X 40 yard field, with 25 yard end zones. Games are played to points, and goals are scored by completing a pass to a teammate in the end Zone.

A point is started with a downfield throw-off , or pull as it is called by players, from one team to another. The player who catches the disc must stop, establish a pivot foot, and throw a pass before the defender reaches a count of ten. If the defender reaches ten before the pass is thrown, or is the pass is intercepted, incomplete, or out of bounds, the result is a turnover and the possession of the disc is reversed. This process is repeated with every completed pass. The result is a dynamic, free-flowing game, with lots of exciting dives and catches.

ULTIMATE AND THEN SOME

A good way to improve your ultimate game is to get involved in other disc sports. Discathon is a perfect sport for ultimate players. This event is a race of 1500 meters, running while throwing one of two or three discs through mandatory obstacles and around dog legs. You must finish the course with two discs. Only the disc thrown has to take the course—you may run short cuts to get to where your throw landed and then make your next throw. You must be a good runner plus a good thrower to do well.

Disc golf improves your ultimate game because of the variety of throws used. Golf is good distance, accuracy, and mind control practice.

Maximum time aloft is a game to see how long you can keep a disc in the air and then catch it with one hand. The world record is around 16 seconds from the time the disc left your hand until the disc was caught. Ultimately, this game is good for making throws using wind, reading the wind, and reading how the disc floats in the air.

Distance competition helps with pulls and the high percentage bomb.

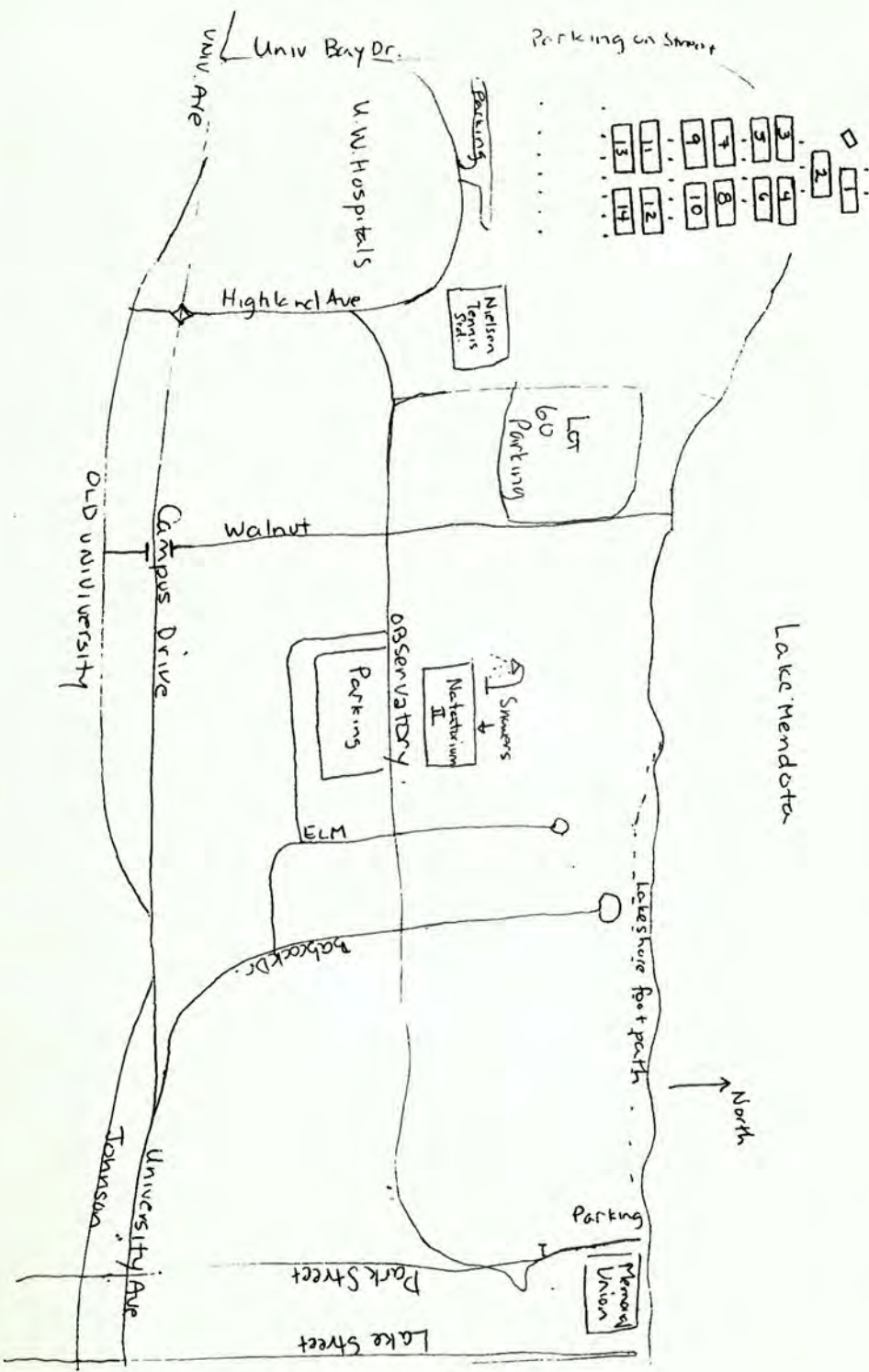
Freestyle helps with quickness and body control. It makes for a good warm-up and spectacular hot dog catches for when you want to rub in a score.

The accuracy event speaks for itself.

Guts is good for improving reaction time, diving, and team work.

So come on, expand your overall disc skills. Compete in event tournaments. You can get to know your competitors easily and you never have to make a questionable call! You may be surprised at how well you do in event competition. There are trophies and bucks out there to be claimed at Flying Disc Tournaments.

Wisconsin holds a State Tournament every August. The 1988 State was held at Brown Deer Park in Milwaukee. It was the 13th annual tournament. The events were Disc Golf, Distance, Maximum Time Aloft, Discathon, and Freestyle. Competing in all 5 (all around) is as tough as an Ultimate weekend. Almost.



MADISON'S ULTIMATE HISTORY

It is fitting that Madison will host the 10th Midwest Regionals as it was the site of the very first Midwest Regional held in 1979. Madison's ultimate history had begun two years earlier when in 1977 Andy Klein's Penn State team won the eastern regional and went on to face Santa Barbara in the national title game. Although they didn't win that game it did motivate Andy Klein to start a team that fall at the University of Wisconsin where he was beginning graduate school.

Andy, along with two students he met throwing at James Madison Park, Kent Archie and Gary Stricker, decided to advertise around campus to form a U.W. ultimate team. They came up with a couple of good athletes out of the midwest willing to learn the game, but a vast majority of the original team were east coasters—including six from New York City. They all had played ultimate previously either in high school or at an eastern college. Among these was Mike Wohl who was being featured in the original Pepsi ultimate commercial shot in Central Park near Mike's house in NYC. Thus Madison ultimate had it's first star. The team worked out a few times late in the fall of 1977. Although they didn't go to their first tournament until the spring of 1978 which was sectionals held in East Lansing, Michigan. Most of the teams there had been playing a year or two already. But Madison showed they were a team to be reckoned with from day one by going undefeated and winning sectionals. This included a big win over heavily favored Michigan State in the finals. But M.S.U. rebounded and went on to win it's second regional amid a streak of five in a row. So they, along with runnerup Yellow Springs, Ohio, went on out to Easterns as was the procedure back then. But this prompted Andy Klein to convince Tom Kennedy, for whom he had written the U.P.A. bylaws, to divide the country into five separate regions instead of two. The next spring this was adopted and the top 8 teams from sectional play advanced to Madison for the very first Midwest Regional in 1979. Again M.S.U. were the champs with Yellow Springs as runnerup and Madison beating Michigan University for third.

But with Nationals in the spring, Andy Klein began to notice that the upper midwest was at a big disadvantage getting ready with snow lasting until April. So he talked Tom Kennedy into changing the regionals from the spring to fall and also into allowing the top 16 teams advancing to regionals instead of 8.

So you can see Madison ultimate and Andy Klein had alot to do with shaping the history and development of the sport, especially here in the midwest. Although Madison's chance to eventually make Nationals in those early years was dealt a severe blow when it's best player ever-John Ballsrud was paralyzed in a car accident. The team did go on to establish a great winning tradition with 9 Sectional Championships and 5 final four finishes at regional play. They've compiled an overall record of 347 wins and 189 losses in the last eleven years. This included a remarkable early dominance against Windy City going 8-0 from 1978-1982 which included 4 tough one point decisions.

In the spring of 1982 Madison was hit hard by graduation and lost 10 of it's top 12 players. So the team had to be rebuilt and the names like Andy Klein, Tim McGregor, Joe Brady, Stephen Shurson, and John Schmail were gone. But soon new names came forth to restore that winning tradition such as Brad Wendt, Joe Stocklein, Jeff Yu, and the Sackett brothers Sammy and Jumpin Joe. So now it's up to all of you to help keep that strong ultimate tradition going here in Madison by having some good games and good times at the 1988 Midwest Regionals!!!

by David L. Jewell

(ten year member and
six time coach)

ROUND 1
9:00 AM
15 POINTS

WINDY CITY

1

INDIANA U.

St. LOUIS TUNA

2

TORONTO

CLEVELAND
NORTH COAST

3

OHIO STATE

MICHIGAN
COFFEE & DONUTS

4

NORTHFIELD MN.
CARLETON

MINNEAPOLIS
FLYING TERPS

5

ST. LOUIS
OUTSIDE LOOP

KANSAS CITY
DOVER

6

CHICAGO
CZECH

MADISON U.W.

7

GRAND HAVEN

INDY EAGLES

8

TOLEDO

ROUND 2
11:00 AM
15 POINTS

WINDY CITY

w1

9

INDY EAGLES

w8

St. L. TUNA

w2

10

MADISON

w7

NORTH COAST

w3

11

CZECH

w6

C & D

w4

12

FLYING TERPS

w5

INDIANA U

L1

13

TOLEDO

L8

L2

14

GRAND HAVEN

L7

OHIO STATE

L3

15

DOVER

L6

CARLETON

L4

16

OUTSIDE LOOP

L5

ROUND 3
WINNER SEMI
18 POINTS

WINDY CITY

w9

17

C & D

w12

TUNA

w10

18

NORTH COAST

w11

LOSER BRACKET
17 POINTS
ROUND 3
1:00 PM

INDY EAGLES

L9

19

CARLETON

w16

MADISON

L10

20

DOVER

w15

CZECH

L11

21

GRAND HAVEN

w14

FLYING TERPS

L12

22

TOLEDO

w13

SUNDAY 10:00 AM
CHAMPIONSHIP
21 POINTS

WINDY CITY
J 17 25
St Louis TUNA
J 18

St Louis TUNA
CENTRAL CHAMP

SUNDAY 200 PM
2ND PLACE GAME
21 POINTS

WINDY CITY
L 25 29
COFFEE + DONUTS
W 28

WINDY CITY
2ND PLACE

SATURDAY
ROUND 4
3:00 PM
17 POINTS

INDY EAGLES
J 19 23
FLYING TERPS
J 22

SUNDAY 10:00 AM
LOSER B. SEMI
18 POINTS

C + D
L 17 26
TERPS
W 23

12:00 NOON
LOSER B. FINAL
19 POINTS

Coffee + Donuts
W 26 28
DOVER
W 27

DOVER
J 20 24
BRAND HAVEN
J 21

NORTH COAST
L 18 27
DOVER
W 24

MENS DOUBBLE ELIMINATION BRACKETS

Women's Central Regionals
Playing Schedule

Saturday Nov. 5:

8:00--Captain's Meeting

<u>Game Time</u>	<u>Teams</u>
8:45-9:45	1-6; 2-4; 3-5
10:15-11:15	1-4; 2-5; 3-6
11:45-12:45	1-2; 3-4; 5-6
1:30-2:30	1-3; 2-6; 4-5
3:00-4:00	1-5; 2-3; 4-6

Sunday Nov 6.: To Be Decided

--Games are to 13 points.

--Games will start on time. If a team is not ready 5 min after the scheduled starting time or after the captains have conferred, 1 point will be added to the opponents score. There will be an additional point added for every 5 min thereafter.

--There will be a 15 minute time cap in effect after the allotted time.

MOTHER GOOSE & GRIMM

by Mike Peters



Mudeaters: The Mudeaters have always won the party-- now we win the games too!! Although we are a very young team we have lots of talent and even more enthusiasm. We went to Nationals in the spring and placed fifth; our goal is to go again and win this time.

Stray Cows: Lovely cowgirls with nice looking calves!!

Betty: A massive recruiting effort at the beginning of our semester allows Betty to boast a 20 + member team, but as only 7 of us return from last year--Betty is makin' it from scratch.

Living with the Bomb: Living with the Bomb is a team with all new recruits who are all fired up and unusually improved!!

Swing Sisters: The sisters of swing are back. We've won a few and lost a few more...

Fisheads: Representing the Fisheads this year in 1988 Central Regionals--our school of fresh, fun, and feisty women with the strong backbone and spawning sacs of surprises--these women are SLIPPERY. Be on the look out for women on fish duty!

Hoosier Papas: Umpapas Umpapas Umpapas Um-we're the papas yeah yeah yeah!

MILLER'S

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Fall of '88 brings the 3rd generation of Madison Ultimate. As always, good rookies show up with 3 or 4 of them and get lots of playing time. We lost our fearless leader Jethro and our '87 offensive Player of the Year-Huggy, as both moved to the Northeast coast. Joe Sackett had knee surgery and decided to take this fall off. Joe Stocklein defected back to his home town of Chicago. We miss their quality play and experience, but 5 or 6 2nd and 3rd year players have stepped up their own skill and psyche to the level of those players that we lost. '87 defensive Player of the Year, Ski, is hiding in the grass just waiting to snatch the disc away from unsuspecting opponents. Add veterans led by Sam-wise, Scott, and social butterfly Sasquatch to this team along with the gray haired and no haired dudes. The Cheese Heads look good past, present, and future. Ultimate Spirit is healthy in this town.

Our 1988 record is 51-25 with fall being 17-6. Although we handed our Sectional Crown over to the Terps on a silver platter, when this team plays to its ability--look out!



The second annual **Big Ten Open** will be hosted in Madison once again. It will occur sometime in early April. All teams are welcome, contact Sam Sackett at (608) 249-6600 or Brad Wendt 246-2174

Windy City: This psyched-up team has no report this issue. What can you say?

St. Louis Tunas: The other premier team in the Central Region. These guys always play a very athletic game that is hard to stop when they get going. We'll see if these Park Hippias can stay hot in the rain and snow.

North Coast: Last year's surprise, these buzzards from the North Coast of the U.S. are ready to rock, roll and show us all that 1987 was no fluke.

Coffee and Donuts: Let's hope the coffee doesn't freeze over and the donuts aren't stale. C&D is in a rebuilding year (aren't they always), but they can still prove that the Mitten State All-Stars won't be gobbled up by just anyone.

Terrapins: Minneapolis is ready to fly, but what they don't know is that turtle soup is the main entree at the all-you-can-eat-food-and-beer- fest in the Capitol Brewery.

Dover: These scrappy dudes at least want to get back into the top 4 of the region once again. They proved their spunk at Centrals where they made semis and at the Aquatennial tournament in Minneapolis where they lost a tough game to Windy City in the finals.

Czech: These Chi-town guys may have to spike the baaaaad kitty before the weekend is over. Beware of sticks bearing gifts.

Toledo Landsharks: After an incredible sectional tournament the Landsharks are ready to devour all the competition in their first regional.

Grand Haven: They took second in the Michigan section and are ready to take on the region. They have the element of surprise coming into the tournament as an unknown. Will they be Grand or will they need a Haven?

Indy Eagles: If it snows in Madison the Eagle may not land. These guys are a solid running, good throwing, bomb-happy team that always plays tough, especially against the zone.

Outside Loop: Here's the scoop on Outside Loop: don't get caught by a Loop hot streak. They run hard and know how the game works.

Carleton College: Ultimate is very popular at this Minnesota school, which makes their club team very good. These guys are young, smart, fast and love to get Ho. Watch out for their intensity at the beginning of the game. If they can keep that psyche up through the second half they can beat anybody.

Ohio State: The Huckeyes are back! They put on a great tournament last year. It is only fair that we do the same for them. If they are still playing on that landfill site their record may be as poor as Earle Bruce's.

Toronto: No Borders is the name of the game with these guys. Let's show 'em the good old American know-how it takes to put on the best regional tournament ever.

Indiana U.: Move over Bobby Knight. Ultimate is herel! Hoosiermama is as much a Big Ten power in ultimate as they are in football.

Indianapolis: The team known historically as the 'Eagles' has adopted a new philosophy which is reflected by its latest name--'Save the Worms.' The team concept depends in large part on the notion that it is better to receive than to give, turnovers, that is. With the addition of several new players and a more positive team attitude, Indianapolis came off an anxiety-ridden summer to go 5-1 and take second to Windy City in this fall's Indiana-Illinois sectional. Indianapolis, making its fourth consecutive Central Regional appearance, is led by veterans Chris Bishop, Jon Breiner, and Steve Kubacki. Indianapolis' all time won-loss record is 203-90 (dating back to Jan 1, 1984).

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Meeting new friends
Many hours of driving
Going Hoze for the disc
Drinking warm water because it's wet
Trying to figure out what Francis means
Cutting hard when you're too tired to walk
Climbing the ladder to get the disc
Trying to keep your hands warm
Saturday night post-tournament parties
Needing to get horizontal
Stuff and Score!
Big Fun!
Ultimate!

Ultimate, a definition
by Garret Crosbie
Madison Ultimate

Baumann's

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TEEN MEISTER BRAINS



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TO CRASH--DO YOU?

AIM

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PLACE TO CRASH-- THE
LONG, SMELLY COUCH
BY THE TELEVISION.



BERT IS PREPARING
FOR "THE MOUNT..."

FIRE

BERT IS DEMONSTRATING
THE "CRASH AND BURN!"
HIS APPROACH WAS SHORT
AND BERT ENDS UP
WITH A FACE-FULL OF
"RUG RASH"...



HERE BERT
PERFORMS
A SUCCESS-
FUL CRASH-
PERFECT!
LANDING!

OF COURSE
THIS TECH-
NIQUE MAY
TAKE SOME
TIME TO
PERFECT,
BUT REMEM-
BER PRACTICE
MAKES
PERFECT,
AND ANY
CRASH YOU
WALK AWAY
FROM IS
A GOOD ONE.
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LANDINGS!

By Jeremy Rintz



Jim says
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or two...

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