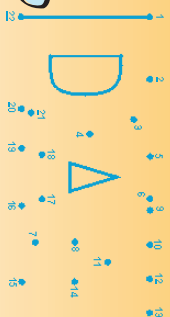
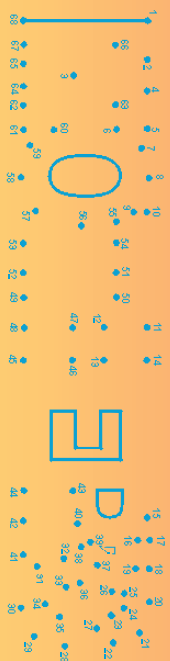




EVENT GUIDE \$2



breakmark
SALES@BREAKMARK.COM
WWW.BREAKMARK.COM
TWITTER.COM/BREAKMARK
WWW.FACEBOOK.COM/BREAKMARK



TABLE OF CONTENTS

EVENT INFORMATION

Welcome.....	2
Event Staff	2
Weekend Overview	3
Competition Rules	3
Site Rules.....	5
Directions.....	5

SPECTATOR INFORMATION

Shooting Photos and Video	7
Girls' Team Rosters	8-13
Boys' Team Rosters	14-21

PLAYER INFORMATION

Health and Safety	22-23
Spirit of the Game	25-28
USA Ultimate Coaching Information	30-31

SCHEDULES AND MAPS

Girls' Schedule and Brackets	33
Boys' Schedule and Brackets	35
Field Map.....	37

USA ULTIMATE

4730 Table Mesa Drive, Unit I-200 C, Boulder, CO 80305
P: 303-447-3472 / F: 303-447-3483
www.usultimate.org / info@usultimate.org

WELCOME

On behalf of Maine Ultimate, the Maine Sports Commission, the Greater Portland Convention and Visitors Bureau and the city of South Portland, we welcome you to the great state of Maine. We are very excited to be hosting you and your families.

The tournament will take place at the Wainwright Complex, the hidden gem of South Portland. Wainwright Complex has over 66 acres of developed athletic fields which include baseball, softball, ultimate, boys and girls lacrosse, soccer, hurling and football. Wainwright also plays host to the Greenbelt Walkway that connects a six-mile bike/walking trail to Bug Light Park. The greater Portland area is known for its excellent foodie scene! We will also be hosting the "Ultimate Food Truck Event" on Saturday and Sunday.

The Saturday evening social event will take place at the South Portland Community Center, where four food trucks will be serving you dinner. From burritos to PB&Js and everything in between, we're happily prepared to satisfy everyone's cravings!

Events like this only happen because of the time and effort put in by the volunteers. These volunteers will be keeping you hydrated, keeping stats and scores, and making sure you have a great time at the party. Be sure to acknowledge their hard work and say, "Thanks!" to a volunteer when you see one.

See you on the fields!

Richard Young
Tournament Director - 2014 Northeasterns



EVENT STAFF

Tournament Staff will be wearing yellow volunteer shirts with the event logo on them. If they can't answer your questions, they can point you to one of the following people to help you out.

Tournament Director - Richard Young
Volunteer Coordinator - Jen Meuhle
Head Scorekeeper - Toby Jacobs
Head Statistician - Mike Leding
Assistant Scorekeeper - Stacy Mears
Hospitality Coordinator - Cristina Scassa
Head Ambassador - Nicole Welch
Party Coordinator - Paul Amundson
Public Relations Director - Izzy Forman
Water Coordinator - Andy Aikens

USA ULTIMATE STAFF

Manager - Competition & Athlete Programs - David Raflo
Manager - Youth & Education Programs - Mike Lovinguth

WEEKEND OVERVIEW

FRIDAY, MAY 9 - HOLIDAY INN EXPRESS

8:00pm-9:00pm Team Registration

SATURDAY, MAY 10 - WAINWRIGHT ATHLETIC COMPLEX

8:00am Captains Meeting

9:00am-6:00pm Competition Begins

5:00pm-10:00pm ***Social Event at South Portland Community Center:
Dinner provided for players, coaches and chaperones.
See page 4 for details.***

SUNDAY, MAY 11 - WAINWRIGHT ATHLETIC COMPLEX

8:30am-2:00pm Competition Continues

2:30pm Finals

Post-Finals - Award Ceremony. Immediately following the finals, awards will be presented to 1st and 2nd place teams in each division along with team spirit awards and individual spirit awards (one from each team).

COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- All games to 13, point-cap at 15.
- Halftime is five minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 13 goals, overtime occurs when the score reaches 12-12).
- Soft time-cap will not be used.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

DON'T MISS THE TOURNAMENT

PARTY!

Saturday night after the games...

FREE for players, coaches and chaperones!

\$15 for additional guests.



5 - 10 PM

FOOD & DRINKS

Bring extra money for ice cream!

SHOWERS & LOCKERS

Bring your own towel and swimsuit

DJ & DANCING!

SWIMMING POOL

JERSEY/DISC SWAP

BASKETBALL

BINGO

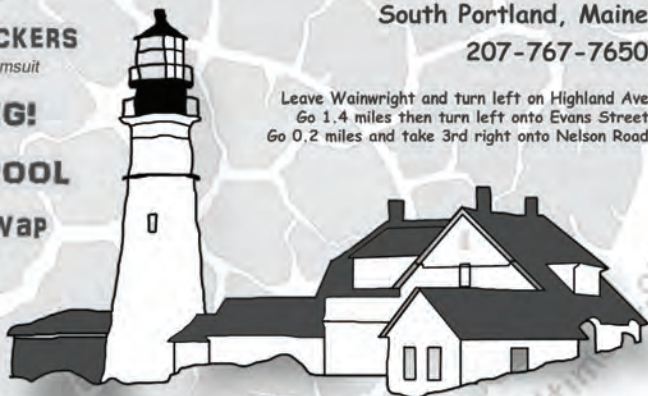
South Portland Community Center

21 Nelson Road

South Portland, Maine

207-767-7650

Leave Wainwright and turn left on Highland Ave.
Go 1.4 miles then turn left onto Evans Street
Go 0.2 miles and take 3rd right onto Nelson Road



NORTHEASTERS

MAY 10-11 MMXIV • PORTLAND • MAINE

Sponsored by USA Ultimate, Maine Ultimate, the Maine Sports Commission,
and the Greater Portland Convention and Visitors Bureau

maineultimate.org

SITE RULES

- **NO ALCOHOL OR TOBACCO!** Facility, event staff, and security will be checking to make sure people are not drinking/smoking. Thank you!
- **DOGS ON LEASH ONLY!** Please properly dispose of waste.
- **SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES!** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- **TRASH AND RECYCLING!** Place recyclables in the recycling receptacles and place trash in the trash...keep your sidelines clean.
- **LANGUAGE** This is a Youth Facility and overall a family environment.

DIRECTIONS

FROM WAINWRIGHT ATHLETIC COMPLEX Gary L. Maietta Way, South Portland, ME 04106 **TO SOUTH PORTLAND COMMUNITY CENTER** 21 Nelson Road, South Portland, ME 04106

- Exit Parking lot heading Southeast on Gary L Maietta Way for 0.4 mile &
- Turn left onto Highland Avenue & proceed 1.4 miles &
- Turn left onto Evans Street & proceed 0.2 mile &
- Take 3rd right onto Nelson Road & Community Center will be on your left

FROM WAINWRIGHT ATHLETIC COMPLEX Gary L. Maietta Way, South Portland, ME 04106 **TO MAINE MEDICAL CENTER** 22 Bramhall Street, Portland, ME 04102

- Exit Parking lot heading Southeast on Gary L Maietta Way for 0.4 mile &
- Turn left onto Highland Avenue & proceed 2.1 miles &
- Turn left onto Antoine Street & proceed 0.5 mile &
- Turn right onto Broadway & proceed 0.1 mile &
- Turn left onto ME-77 N/Broadway & proceed 1.3 miles &
- Turn left onto High Street & proceed 0.3 mile &

- Turn left onto Congress Street & proceed 0.5 mile &
- Turn left onto Bramhall Street & Medical Center will be on the right

FROM SOUTH PORTLAND COMMUNITY CENTER 21 Nelson Road, South Portland, ME 04106 **TO MAINE MEDICAL CENTER** 22 Bramhall Street, Portland, ME 04102

- Exit Community Center on Nelson Road &
- Take the 1st right onto Evans Street & proceed 0.5 mile &
- Turn left onto Broadway & proceed 0.2 mile &
- Turn a slight right onto Lincoln Street & proceed 0.6 mile &
- Turn left onto Billy Vachon Street & proceed 0.2 mile &
- Turn right onto US 1 N & proceed 0.2 mile &
- Keep left at the fork & follow signs for I-295 N/US 1 N/Portland/Falmouth & merge onto I-295 N/US 1 N & proceed 0.9 mile &
- Take Exit 5 to merge onto ME 22 E/ Congress Street & proceed 1.1 miles &
- Turn right onto Bramhall Street & Medical Center will be on the right

UltiPhotos

USA Ultimate Championships
Official Photography



LAY
OUT

for the
camera

www.UltiPhotos.com

facebook.com/UltiPhotos

twitter.com/UltiPhotos

SHOOTING PHOTOS/VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at usultimate.org/about/usultimate/media_policies.aspx or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at stacey@hq.usultimate.org.



**YOUTH ULTIMATE
SUMMER
CAMPS**

NIKE 
ULTIMATE
C A M P S

USSportsCamps.com | 1-800-NIKE-CAMP

GIRLS TEAMS

AMHERST REGIONAL HIGH SCHOOL

HURRICANES - GIRLS VARSITY

City/State: Amherst, MA

Coach: Josh Nugent



The Amherst Girls' Ultimate team started in the late 1990s as one of the first high school girls' teams and soon rose to prominence as the team to beat on the east coast. A decade later, our program's strength and depth

had increased to include a JVA and JVB team. Our early-season schedule consists almost entirely of college tournaments and youth boys' tournaments, and we finish our season each year by vying for the most prestigious titles in girls' ultimate: the Amherst Invitational and Northeasterns.

ROSTER

2	Gloria Miller	Sr	5'4"
3	Emma Gonzalez	Jr	5'7"
5	Rachel Musante	Sr	5'5"
	<i>Bowdoin</i>		
6	Lindy Crowley	Jr	5'5"
7	Caroline Jones	Sr	5'6"
9	Nina Wolff Landau	Jr	5'5"
10	Erin O'Connor	Sr	5'4"
12	Grace Berman	Sr	5'5"
13	Valerie Willocq	Sr	5'4"
	<i>Tufts</i>		
14	Tulsa Douglas	Sr	5'8"
15	Julia Fay	Sr	5'10"
21	Meaghan McCluskey	Jr	5'4"
22	Kate Schreiber	Sr	5'7"
	<i>Dartmouth</i>		
23	Anna Seterdahl	Sr	5'8"
31	Jacqueline Mathers	Jr	5'5"
33	Lily Gould	Jr	5'5"

AMHERST REGIONAL HIGH SCHOOL

HURRICANES JVA

City/State: Amherst, MA

Coach: John Bechtold



The JVA girls are the oldest (to our knowledge) JV girls program in the country and a regular at Northeasterns. At 17 years old, we've remained competitive with the ever-increasing field of strong girls' teams.

Currently the defending Massachusetts state champs, this year's team features a completely new slate of players, many new to the ARHS ultimate program. As always, we relish the role of underdog and look forward to a great weekend in Portland!

ROSTER

1	April Weintraub	So	5'6"
2	Aoife Dahill-Baue	So	5'6"
4	Livvy Weld	So	5'4"
8	Kippie Douglas	Fr	5'5"
9	Mia Hartl	So	5'9"
11	Manali Rege-Colt	Fr	5'5"
13	Shira Yeskel-Mednick	Fr	5'9"
17	Josie Coppinger	So	5'8"
19	Izzi Tripp	So	5'6"
24	Elende Connor	So	5'5"
27	Katy King	Fr	5'9"
33	Fernanda Breña	Fr	5'3"

GIRLS TEAMS

ANDOVER HIGH SCHOOL

GOLDEN GOPHERS

ROSTER

SPECTATOR INFO

BELLOWS FREE ACADEMY

BULLETS

City/State: Fairfax, VT

Website: facebook.com/bfaultimate

Coach: Fred Griffin



2014 is the third year of existence for the girls' ultimate team at Bellows Free Academy. BFA finished second and first in the state, respectively, in 2012 and 2013. All of the sports teams at BFA are called the Bullets,

and this team is no exception. The team did, however, come up with a new logo for the 2014 season. This logo features a maple tree in the foreground, accompanied by Georgia Mountain and its distinctive wind turbines in the background. The scene is a familiar picture for any who have played in an ultimate game at the Bullets' home field in Fairfax, VT.

ROSTER

3	CeLynn Siemons	So	5'6"
5	Nicole Peatman	Sr	5'3"
7	Franny Harvey	Jr	5'3"
	<i>Vermont</i>		
8	Rachal Peatman	Fr	4'6"
10	Amy Blair	Jr	5'4"
11	Olivia Coon	Sr	5'7"
	<i>Endicott</i>		
12	Scout Donahue	So	5'4"
14	Cooper Gonyaw	So	5'4"
26	Mary Fitzgerald	Fr	5'2"
27	Katy Thibault	So	5'2"
44	Katelyn Whitaker	Sr	5'5"
82	Adi Toof	Jr	5'2"

GIRLS TEAMS

CAPE ELIZABETH HIGH SCHOOL

CAPE ULTIMATE

City/State: Cape Elizabeth, ME

Coaches: Tom Stoughton, Tom Brady



This is the first year Cape Elizabeth High School has had a girls' team, so while many on our team have played successful mixed ultimate for years at the middle school and high school levels in league play and/or at YCCs,

this is our first full season as a girls' team. The team name needs some work though (and not just on the ultimate front), but fortunately the toucan can help with that (see logo). Ultimate has been happening in Cape since the late 1980s, and our practice field at Fort Williams has been a popular ultimate location for years. We hope to create a whole new chapter for girls here and throughout Maine for years to come.

ROSTER

1	Anna Friberg	Fr	5'2"
3	Grace Stoughton	Fr	5'8"
4	Sarah Merriam	So	5'1"
8	Sierra Bates	Jr	5'2"
9	Caroline Paclat	Fr	5'2"
10	RosePunsky	Fr	5'2"
12	Emma Landes	Jr	5'4"
13	Katie Ewald	Jr	5'10"
14	Rachel Seekins	Jr	5'7"
15	Izzy Brady	Fr	5'8"
16	Victoria Szalontai	Jr	5'3"
18	Tori Diaz	So	5'2"
19	Rose Baillie	Fr	5'7"
31	Isabel Clarke	Jr	5'6"
51	Amelia Morrissey	Jr	5'5"

FALMOUTH HIGH SCHOOL

FALMOUTH ULTIMATE

City/State: Falmouth, ME

Coaches: Nicole Welch, Rob Rowse, Jim Tait



Falmouth Ultimate (from a suburb of Portland, ME) is entering its sixth year of existence as a coed team. We participated at Northeasterns in 2012 with the only coed team in the open division, playing 5-2 every point of the weekend. We tied for first place

in Spirit, with a PERFECT score. We participated at Northeasterns in 2013 as a Maine Ultimate team, with the team made up of a core of Falmouth players. Four of our current girls participated as part of Rising Tide, the Maine representative at the coed Youth Club Championships in Minnesota last year.

Falmouth Ultimate is the largest high school program in the state and is the first (and only) squad to expand to four teams in 2013. We will have one of four all-girls teams participating in the first-ever Maine High School Girls Championships this year.

ROSTER

5	Callie McMahon	Jr	5'8"
7	Molly Bennett		
9	Evie Clement	Fr	5'3"
13	Marijke Rowse	Jr	5'9"
14	Kirsten Mazur	Sr	5'5"
15	Molly Barter		
17	Katrina Meserve	Sr	5'10"
18	Abbey Mitchell	Sr	5'5"
19	Madison Tait	Fr	5'6"
20	Lydia Mundhenk		5'5"
23	Sarah Dobbins		
28	Megan Tammaro	Jr	5'8"
35	Emily Rioux		5'6"
54	Hannah Marr	So	5'6"
72	Ava Demer	Jr	

GIRLS TEAMS

FRYEBURG ACADEMY

FEMME FATALE

City/State: Fryeburg, ME

Coaches: Chris Strahler, Emily Strahler



Femme FAtale is in its second year of existence, but there have been girls on the Fryeburg Academy team since its creation. The number of female participants really jumped

with the prospect of girls-only competition. We've had a great time of it so far and look forward to continued growth and improvement. Our open team is named FAtal, and in both team names, the FA stands for Fryeburg Academy. The leap to Femme FAtale was easy to make, and we hope that we prove to be a 'dangerous' and formidable opponent as our name suggests.

ROSTER

2	Thu Pham	Jr	5'1"
8	Erin Friberg	Jr	5'4"
10	Emery O'Connell	So	5'5"
11	Ariel Fogden	So	5'4"
12	Abby Davis	So	5'8"
14	Laura Monegro	Sr	5'6"
	<i>St. Anselm College</i>		
15	Danae Dostie	Sr	5'4"
	<i>National Guard</i>		
17	Kiki Tsang	Sr	5'6"
	<i>Eckard College</i>		
22	Bridget Bailey	So	6'0"
23	Sydney Andreoli	Jr	5'5"
25	Bryanna Brea	Jr	5'0"
27	Esme Hernandez	So	5'3"
33	Kaylee Barboza	So	4'10"
43	Emmajo Armington	Fr	5'10"

SPECTATOR INFO

LEXINGTON HIGH SCHOOL

FOOLIGALS

City/State: Lexington, MA

Coach: Larry David



The Lexington program started back in 1999-2000, and while we had several girls playing over the years, including two who served as captains, we never had an actual separate girls' team until last year. Last year's squad won St. Johnsbury in their first-ever tourney and finished fourth at States. With a lot of new recruits, the Fooligals are looking to make it a habit to be a top team in Massachusetts.

ROSTER

6	Justinne Guarin	Sr	5'2"
	<i>Massachusetts</i>		
7	Amy Zheng	Jr	5'5"
23	Angie Yu	Jr	5'5"
26	Lenna Wolffe	Fr	5'10"
33	Stephanie Zhou	Fr	5'3"
34	Jiamin Li	Jr	5'5"
35	Noha Yehia	Jr	5'0"
38	Marissa Lerner	Jr	5'6"
41	Maevie Wurtz	Jr	5'8"
48	May Zhou	Jr	5'3"
55	Abby Mulligan	Jr	5'8"
60	Emma Brinton	Sr	5'4"
62	Leanne Go	Jr	5'5"
63	Audrey Zhu	Fr	5'4"
66	Charlotte Wong-Labow	Jr	5'5"
69	Megan Logan	Jr	5'7"
75	Emily Nadler	So	5'4"
79	Brooke Medley	Fr	5'5"
81	Maggie Zhang	Fr	5'2"
88	Bonnie Nguyen	Fr	5'4"
89	Emily McCarter	Jr	5'6"
96	Gina Kim	Jr	5'1"
97	Valerie Hsieh	So	5'4"

GIRLS TEAMS

PENNSBURY HIGH SCHOOL

PENNSBURY ULTIMATE FEMALE FRISBEE



City/State: Fairless Hills, PA
Coach: Cindy Pfender

Pennsbury Ultimate Female Frisbee began as a few girls playing alongside the boys' team, and in 2006, we first fielded our own team. From there on, we participated in local games and regularly attended Tidewater Tune Up, finishing third this past fall. In 2009, we adopted the acronym "PUFF" to shorten Pennsbury Ultimate Female Frisbee.

ROSTER

0	Jordyn Sharp	So	5'3"
3	Sarah Metts	Jr	5'2"
4	Hannah Natale	Jr	5'6"
6	Hannah Millen	Jr	5'1"
7	Alana Ziemer	So	5'10"
11	Shannon Ryan	Sr	5'4"
	<i>Kutztown</i>		
12	Madison Sendlock	Jr	5'2"
13	Danielle Ford	Sr	5'4"
	<i>Kutztown</i>		
15	Carlee Christensen	Jr	5'1"
16	Bethany Tesarck	Sr	5'5"
	<i>Pace</i>		
18	Roxanne Watlington	Jr	5'4"
19	Fabiola Riva-Sanchez	Jr	5'5"
21	Rachel Tesarck	So	5'4"
22	Samantha Vietti	Jr	5'3"
25	Emily Burkhardt	Jr	5'4"
27	Samantha Nelligan	So	5'7"
31	Olivia Cavalier	Jr	5'8"
81	Hailey Ingraham	Sr	5'6"
	<i>South Carolina</i>		

PIONEER VALLEY PERFORMING ARTS

PVPA

City/State: South Hadley, MA
Website: pvpa.org/index.php/about-pvpa/who-we-are?start=4
Coaches: Tom Barry, Mike Micucci



PVPA Ultimate has been around for 13 years, with the girls' team being founded in 2008. We are a small school of 400 students and are very proud to be one of the most consistently successful girls' teams in Massachusetts.

ROSTER

3	Alex Sweetland	So	5'5"
8	Rachel Huggett	So	5'4"
10	Renata Pepi	So	5'5"
12	Maddie Silverman	Jr	5'5"
13	Izzy Oram-Brown	Fr	5'4"
14	Jayla McCall	8th	5'9"
16	Alana Young	Sr	5'8"
18	Isobel Ahlstrom	So	5'7"
19	Kate Nelson	So	5'5"
21	Laura Sutfenfield	Sr	5'9"
24	Maddie Couture	Sr	5'3"
25	Savita Diggs	Fr	5'5"
29	Olivia Lederman	Jr	5'7"
42	Lark Wicinas	Sr	5'11"
44	Maggie Barron	So	5'11"
52	Sophie Lewis-Nash	Jr	5'3"
57	Sadie Levy	Sr	5'2"
66	Emma Thorup	So	5'5"
88	Michelle Wellman	Jr	5'4"

GIRLS TEAMS

STUYVESANT HIGH SCHOOL

STICKY FINGERS

City/State: New York, NY
Coach: Martha Gregory



The Stuyvesant Sticky Fingers girls' team has been a prevalent member of the ultimate community for nearly three decades, so we have no idea where our name originally came from. This year, we have a solid group

of returning players and plenty of fresh faces. Our team has been steadily improving over the last few years. In spring of 2013, we had 10 players and no coach. By fall of 2014, we recruited many new players and got a new coach who was able to help us turn the team around. We have been training hard all year through rain, snow, mud and wind, and we expect this year's team to be the strongest it has ever been.

ROSTER

5	Melanie Ng	Sr	5'3"
10	Angel Cai	Sr	5'6"
	<i>Syracuse</i>		
11	Jamie Hong	Jr	5'3"
13	Stephanie Kuang	Jr	5'7"
17	Kasey Chen	Kr	5'1"
22	Kiana Leung	Sr	5'2"
	<i>Cornell</i>		
28	Sofia Collins	So	5'7"
29	Anna Yang	So	5'1"
32	Megan Wilson	Sr	5'8"
	<i>Tufts</i>		
36	Helen Li	So	5'6"
44	Cassandra Silano	Sr	5'7"
	<i>Binghamton</i>		
45	Bernice Yu	Sr	5'6"
53	Tracy Chou	Sr	5'1"
	<i>Baruch College</i>		
55	Anisha Karim	Jr	5'3"
83	Hennessy Tsang	So	5'1"

SPECTATOR INFO

WATCHUNG HILLS REGIONAL HIGH SCHOOL

LADY WARRIORS

City/State: Warren, NJ
Coach: Terence Chen



The Watchung Hills ultimate team was started in 2000 and became a varsity sport in 2003. The Watchung Hills girls' ultimate team has won the USA Ultimate New Jersey High School Championships for three

consecutive years. Our team has placed second at Northeasterns for two years in a row. In addition to participating in many high school tournaments, our team has competed in college tournaments as well, attending Fall Brawl and Garden State Open consistently.

ROSTER

2	Jessie Sun	So	5'6"
3	Rachel Tigol	So	5'3"
7	Joy Rizzoli	So	5'6"
9	Amy Hu	Jr	5'4"
10	Annika Chan	Sr	5'7"
	<i>Boston University</i>		
14	Evey Le	Sr	5'0"
	<i>North Carolina-Charlotte</i>		
17	Minhee Han	Fr	5'6"
20	Kelly McKenna	Fr	5'4"
21	Kristy Huang	Sr	5'2"
	<i>Rutgers</i>		
23	Kathy Lee	Fr	5'3"
24	Jesse Song	Fr	5'1"
26	Megan Ma	Fr	5'5"
27	Nicki Wang	Fr	5'6"
28	Cidney Weng	Fr	5'5"
31	Tuhina Bhat	Jr	5'1"
33	Tammy Shen	Sr	5'2"
	<i>Rutgers</i>		
36	Kristina Woo	So	5'1"
42	Kate Stoll	So	5'6"
52	Kim Chao	Jr	5'3"
72	Camille Bahr	Jr	5'9"

BOYS TEAMS

AMHERST REGIONAL HIGH SCHOOL

HURRICANES

City/State: Amherst, MA

Coaches: Joe Costello, Leila Tunnell



We are in the 25th year of our team's existence. Our team name, "Hurricanes," is Amherst Regional High School's mascot. We are a recognized varsity sport by our athletic department.

ROSTER

2	Jacob Kaplan	So	5'10"
3	Reuben Hagan	Jr	6'0"
7	Avi Elkin	Jr	5'10"
8	Taylor Gray	Sr	5'10"
	<i>RISD</i>		
9	Gabe Fontes	Jr	6'1"
11	Jesse Newman	Jr	5'9"
13	Jordan Van Emmerick	Jr	5'11"
15	Luke Webb	So	6'0"
17	Evan Carson	Jr	5'11"
18	Ilan Berkman	Jr	5'10"
20	Leland Rege-Colt	Sr	5'10"
	<i>Lewis and Clark</i>		
21	Eric Chen	Sr	5'11"
25	Solomon		
	<i>Maerowitz-McMahan</i>	Sr	6'1"
27	Lenny Knight	So	6'0"
36	Noah Fay	So	6'3"
41	Oliver Fay	So	6'3"
51	Jared Kannel	So	5'10"
73	Duncan Crowley	Sr	5'10"
	<i>Harvey Mudd</i>		
88	George Holt	So	5'10"
98	Kale Wenczel	So	5'11"

BELLOWS FREE ACADEMY

BULLETS

City/State: Fairfax, VT

Website: [facebook.com/bfultimate](https://www.facebook.com/bfultimate)

Coach: Matthew Forgues



The bullet is the mascot of all of the sports teams at Bellows Free Academy in Fairfax, VT. The BFA Ultimate Club adopted the bullet as its own in 2010 – the club's second year of existence. In the year prior to this, the team called itself the Fairfax Fairies. BFA has improved their in-state standing in every year of existence, including a second-place finish in 2012 and a first-place finish in 2013.

ROSTER

00	Chris Campbell	So	6'0"
4	Bastien Taylor	So	6'2"
12	Sam Donahue	Sr	6'0"
13	Hudson Elledge	So	5'2"
15	Ben Bosland	So	6'1"
16	Luke Langelier	Jr	6'1"
19	Kevin Farmer	Sr	6'1"
20	Alex Ferguson	So	5'7"
21	Henry Reinecke	So	5'8"
22	Logan Langley	Jr	5'10"
27	Seamus Rooney	So	5'11"
51	Lucas Wells	So	5'11"

BOYS TEAMS

CAPE ELIZABETH HIGH SCHOOL

CAPE ULTIMATE

City/State: Cape Elizabeth, ME

Coach: Matt Bates



Cape Ultimate evolved from the Gulf of Maine in 2008 (or so) as a loose group of players wanting to play more than just pick-up and calling themselves all kinds of names, before finally settling on Cape Ultimate. By

2012, Cape Ultimate was the top team at the Maine State Championships, and we took the open state title in 2013 along with the coed titles in 2011 and 2012. We look forward to warmer springs in the future!

ROSTER

6	Tom Lalouche	Jr	5'6"
7	Elliot McGinn	Fr	5'8"
8	Matt Martin	Jr	5'7"
9	Eli Babcock	Fr	5'6"
12	Peter Johnson	Sr	5'7"
13	Tim Corsello	So	5'10"
14	Abaseen Shir	So	5'9"
17	Ben Ekedahl	Fr	6'0"
21	Calvin Barber	Fr	5'8"
22	Sawyer Wood	Jr	6'0"
23	Evan Concannon	Fr	5'7"
28	Sam Price	Fr	5'9"
46	Will Corsello	Fr	5'7"
67	Stephen Bennett	So	5'8"
88	Brandon Ledoux	So	5'11"

SPECTATOR INFO

COLUMBIA HIGH SCHOOL

CHS VARSITY FRISBEE

City/State: Maplewood, NJ

Website: twitter.com/chsvft

Coach: Ben Haim



During their senior year, the class of 1970, with captains Joel Silver, Buzzy Hellring and Jonny Hines, decided to name the team the Columbia High School Varsity Frisbee Squad (CHSVFS), even though it had no official connection to the school.

The Richmond Avenue Gang (RAG), a group of 10th-grade friends, played the Squad in June 1970 and throughout the summer. "They said we played well enough to take over their name," said Irv Kalb, '72. RAG opted to replace "Squad" with "Team." RAG officially became the Columbia High School Varsity Frisbee Team (CHSVFT) after the original class of 1970 graduated. It has been 46 years since Silver stood up at a student council meeting, 45 years since the famous parking lot was built, and 44 years since the class of '70 passed the torch to the Johnny Appleseeds of '72, when CHSVFS became CHSVFT. #continuity

ROSTER

2	Tim McPhillips	Sr	6'1"
4	Jack Kelly	Fr	5'6"
5	Alex Rafkin	So	5'11"
13	Jake Sander	So	5'7"
15	Griffin Arguelles	So	5'8"
18	Jesse Nelson	Jr	5'8"
21	Gabe Fearon	So	5'10"
22	Conor Love	Sr	5'9"
	<i>Ohio State</i>		
23	Russell Moy	So	5'8"
24	Adam Fine	So	5'8"
31	Jared Mahoney	So	5'6"
41	Harry McNamara	Fr	5'7"
58	Zack Cincotta	Jr	5'6"
62	Jack Worth	Sr	6'2"
	<i>Emerson College</i>		
68	Donovan Hugel	Fr	5'8"
72	Gustav Naftz	Jr	6'1"
77	Jordan Pressel		5'9"

BOYS TEAMS

FALMOUTH HIGH SCHOOL

FALMOUTH ULTIMATE

City/State: Falmouth, ME

Coaches: Dylan McPhetres, Brian Edmonds,
Chris Hepburn



Falmouth Ultimate (from a suburb of Portland, ME) is entering its sixth year of existence. In our first year, 2009, we lost every single game we played. The following year, we won the State Championship and had a record of 24-3. In 2011, we won the

State Championship for the second time and also won the Cumberland (ME) Invite. In 2012 and 2013, we came in third in the state tournament. Falmouth won the State Coed High School Championships in October 2013 at Thomas College in Waterville, ME.

We participated at Northeasterns in 2012 with the only coed team in the open division, playing 5-2 every point of the weekend. We tied for first place in Spirit, with a PERFECT score. Falmouth Ultimate is the largest high school program in the state and is the first (and only) squad to expand to four teams in 2013.

ROSTER

00	Chip Robishaw	Jr	5'10"
1	Sage Tanner	Sr	6'0"
7	Nick Tenney	Sr	6'3"
8	Jordan Rose	Sr	5'11"
10	James Wegener	Sr	6'0"
11	Patrick O'Donoghue	Sr	6'1"
12	Andre Clement	Sr	5'8"
13	Jeremy Swerdlow	Sr	5'11"
16	Jake Dremman	Sr	5'8"
18	Tony St. Angelo	So	6'3"
21	Cole Aaskov	Sr	6'4"
22	Matt Edmonds	Jr	6'3"
24	Charlie Hepburn	Jr	5'11"
27	Nate Watson	Sr	6'0"
32	Jared DeWolfe	Jr	5'11"
39	Calder Favreau	Sr	5'11"

FOX CHAPEL AREA HIGH SCHOOL

FOXES

City/State: Pittsburgh, PA

Coach: Jesse Sidhu



Our team was created in 2001 by Ben Banyas. We are a three-time Pittsburgh High School League Champion and a one-time Pennsylvania State Champion. The team name is taken from our high school.

ROSTER

00	Andrew Shaw	So	6'3"
2	Matt Hermann	Jr	6'4"
4	Mark Calandra	So	5'10"
6	Ty Englert	Jr	6'1"
7	Steve Scalise	Jr	5'10"
9	Micah Ziff	Fr	5'10"
20	Richard Szabo	Sr	6'1"
22	Jon Stebbins	Sr	6'1"
28	Elliott Norman	So	5'11"
55	Colson Bentz	Jr	6'2"
67	Josh Pogue	So	5'11"
97	Eli Ziff	Jr	5'11"

BOYS TEAMS

HAMPTON HIGH SCHOOL

TALBOTS

City/State: Allison Park, PA

Website: tinyURL.com/HamptonUltimate

Head Coach: Christie Lawry

Assistant Coaches: Ben Banyas, Tony Maromonte



Founded in 2002, the Hampton High School Boys' Ultimate Team has been active in the Pittsburgh

High School Ultimate League (PHUL) for over 10 years. Since 2005, the team has finished in the top four in PHUL and has attended the Pennsylvania State High School Championships every year. The success of the team is largely contributed to gaining club status with the school in 2005, acquiring a Parent Booster Club in 2006 and having dedicated coaches since 2005. The Hampton team has practiced and played year-round and competed in every PHUL tournament and seasonal league that has been available each year.

The team finished third at the Northeastern Regional Championships in 2012 and fifth in 2013.

ROSTER

2	Jake Kraus	Sr	6'1"
	<i>Rosedale Technical Institute</i>		
3	Charlie West	Jr	5'7"
7	David Antol	Sr	5'9"
	<i>Catholic</i>		
8	Jarrett Sheran	So	6'2"
10	Saleh Ismayilzada	So	5'8"
16	Matt Stadler	Sr	6'2"
	<i>Liberty</i>		
17	Matt Hanna	Sr	6'0"
	<i>Pittsburgh</i>		
21	Derek Sanchioli	Jr	6'1"
22	Kevin Trimble	Jr	6'0"
23	Jake Davis	Sr	6'0"
	<i>Indiana University of Pennsylvania</i>		
27	Ethan Steinmetz	Sr	5'8"
	<i>Dayton</i>		
32	Tyler Cross	Fr	6'1"
57	Doug Eckhardt	Jr	5'11"
85	Mike Larkin	Sr	5'10"
	<i>Penn State</i>		
92	Wally Gaida	Sr	6'0"
	<i>Ohio</i>		
97	Jayson English	So	5'7"

SPECTATOR INFO

JOHN JAY HIGH SCHOOL

JOHN JAY AIR RAID

City/State: Cross River, NY

Coach: Laura Woelfel



John Jay High School has had their ultimate team for about eight years now. The name Air Raid comes historically from WWII bombings in Britain, but the name is catchy, serves as somewhat of a pun with

flying discs and has allowed for some very cool jersey designs through the years. Upon asking the captain of the team from eight years ago, we've been told that there was a play called "Air Raid" in which, "Every receiver curled up into a ball with their hands atop their heads, defending the possible presence of an 'air raid'. One player went deep and was thrown the disc while the confusion caused this receiver to usually be wide open."

ROSTER

1	Caleb Cowher	So	5'9"
2	Theo Chryssos	Sr	5'10"
4	Sam Wolfson	Sr	5'7"
7	Jeremy Fischer	Sr	5'10"
8	Helen Eifert	Sr	5'7"
10	David Geddes	Sr	5'10"
11	Michael McElroy	So	5'11"
13	Max Savo	Sr	6'0"
14	Alex Lupinacci	Sr	5'11"
15	Russell Ohnemus	Sr	6'0"
18	Erik Reeves	Sr	6'0"
22	Steven Olson	Sr	6'1"
24	Owen Whitsett	Sr	6'0"
27	Sam Fischer	Sr	5'9"
32	Aidan Cadley	Sr	5'11"
35	James Pardo	Sr	5'9"
37	Brendan Ferrara	Sr	5'8"
44	Brian Jones	Sr	5'10"
57	Laurent Rossignol	Sr	5'10"
62	Zander Bolgar	Sr	5'9"
69	Evan McReddie	Sr	6'0"

BOYS TEAMS

LEXINGTON HIGH SCHOOL

FOOLIGANS

City/State: Lexington, MA

Coach: Larry David



The Lexington team started back in 1999-2000 when they were a bunch of Fooligoons with no real field. The team has almost always been competitive, with highlights being a trip to Easterns back in 2005 and finishing second in the Massachusetts States tourney in 2012. Last year, the team blew away all expectations with a second-place finish at Amherst and winning States and Northeasterns. We're back and looking to win, exhibit good spirit and have fun. Oh, and SPUMONI!

ROSTER

0	Arjun Khandelwal	Jr	5'11"
1	Thomas Marge <i>Johns Hopkins</i>	Sr	5'11"
2	Jimin Ko	Jr	5'9"
5	Joshua Nam	So	5'2"
9	James Swingle	So	5'7"
10	Brian Chirn <i>Boston University</i>	Sr	5'8"
11	Tim Schoch	Jr	6'1"
12	Charlie Coburn	Jr	6'1"
13	Chris Padilla	So	6'0"
18	Gabe Halperin-Goldstein	Jr	5'9"
19	Ian Davis	Sr	5'9"
21	Tannor Johnson	Jr	6'4"
22	Elias Carver	Fr	5'10"
24	David Amirault	So	5'7"
30	Matt Sabin	Fr	5'10"
31	Zachary Zola <i>Michigan</i>	Sr	5'10"
32	Mark Rosenberg	Jr	5'9"
37	Jack Deschler	Jr	6'0"
40	Will Marshall	So	5'11"
47	Skylar Levey	Jr	6'0"
51	Michael Xu	Sr	5'11"
57	Jesse Strod	Fr	5'10"
80	Eugene Kim	Jr	5'6"
93	Walden Ng	Fr	5'6"

MASCONOMET REGIONAL HIGH SCHOOL

MASCONOMET

City/State: Topsfield, MA

Website: <https://sites.google.com/site/mascoultimate/>

Head Coach: Bob Serino

Assistant Coach: Reilly Finnegan



Masconomet Ultimate was founded in 1998, and the team joined the Massachusetts high school league this year. Fifty to 60 athletes try out for a spot on either the A or B teams in March each year. In 2004, the team competed in the Massachusetts state tournament for the first time. The team finished second in the state in 2010 and was in the final four in 2005 and 2013. The team focuses on four pillars that represent the philosophy of Masco Ultimate: Character, Courage, Community, and Commitment.

ROSTER

4	Alex Curreri	Sr	6'0"
5	Jared Madore	Jr	6'0"
6	Mike Caputo	Jr	5'9"
7	Mitch Hebert	Jr	6'2"
9	Dylan Zernich	Sr	6'1"
10	Willie Stewart <i>UNC-Wilmington</i>	Sr	6'2"
11	Adam Grammer <i>Occidental College</i>	Sr	5'9"
13	Peter Walker	Fr	5'8"
17	Steve Heintzelman	So	5'10"
18	Connor Yako	Sr	5'8"
20	Alex Spaulding	So	6'4"
21	Connor Whiffen	Jr	6'1"
23	John Moshio <i>Marist College</i>	Sr	5'4"
24	Tim Stump	Jr	5'9"
26	Eric Blanchard	Jr	5'9"

BOYS TEAMS

MIDDLETOWN HIGH SCHOOL

FIRESTARTERS

City/State: Middletown, CT

Website: firestartersultimate.com

Coaches: Trevor Charles, Bryan Hand, Todd Hettrich



Middletown is in its 10th year of existence, after being founded by three students: Todd Hettrich, Austin Raymond and Bobby Meskill. Initially unrecognized, and therefore not allowed to use the school mascot, the Blue Dragons, the team chose

play off the dragon variation and go with the Firestarters because they had started something new in Middletown. The team is now a fully recognized varsity sport in our district. Quickly rising among the ranks in New England, Middletown has competed successfully at the regional level, winning titles at the New England and St. Johnsbury tournaments. The team recently hosted its ninth Middletown Invitational, attracting teams from all over the tri-state and New England area, and has helped form the Connecticut Ultimate League open to all high schools in the state in an effort to expand the sport.

ROSTER

1	Brandon Harrington	Jr	6'2"
2	Kevin Scotton	Jr	5'11"
3	Marissa Aldieri	Sr	5'4"
5	Dario Highsmith	Jr	5'11"
6	Nate Roy	Sr	5'11"
	<i>Temple</i>		
9	Zach Conway	Sr	5'10"
11	Mikaela Coady	Sr	5'7"
15	Kenny Vaughan	Jr	5'10"
16	Szymon Szarek	Sr	5'9"
	<i>Keane</i>		
18	Cameron Cietek	Jr	5'10"
20	Naim Edens	Sr	6'1"
22	Tim Tozier	Jr	5'9"
23	Robert Baran	Sr	5'10"
	<i>Drexel</i>		
24	Nick Rodo	Sr	6'0"
25	Kyle Bonvouloir	Jr	6'0"
27	Mike Murphy	So	6'0"
28	Jack Murphy	Sr	5'11"
29	Brian Rogers	Sr	5'9"
31	Michal Ciebielski	Sr	6'0"
	<i>Connecticut</i>		
33	Alex Pandolfe	Sr	5'8"
50	Dan Kinney	Sr	5'10"
	<i>Connecticut</i>		

SPECTATOR INFO

NEEDHAM HIGH SCHOOL

NEEDHAM ULTIMATE

City/State: Needham, MA

Coaches: Dan Hourigan, Brian Clarkson, Jake Smart



Debate. Founded 2001.

ROSTER

5	Jeremy Katz	Sr	5'8"
	<i>Skidmore</i>		
7	Jeremy Marcus	Sr	6'4"
	<i>Washington University</i>		
8	Emerson Boyd	Sr	6'1"
	<i>Northeastern</i>		
12	Matt Caswell	Jr	6'1"
13	Dan Moder	Sr	6'1"
	<i>Dartmouth</i>		
14	Eric Silverman	Sr	5'11"
	<i>Denver</i>		
15	Ethan Nash	So	5'7"
16	Jeff Schindler	Sr	5'10"
	<i>Vermont</i>		
17	Josh Shapiro	So	5'5"
21	Brendan Chin	Sr	5'6"
	<i>Rochester</i>		
24	Brendan Chambers	Jr	6'4"
25	Noam Kahn	Sr	5'11"
	<i>Skidmore</i>		
28	Alex Caulfield	Sr	5'10"
	<i>Tufts</i>		
35	Dan Goldstein	Jr	5'6"
39	Matt Cote	Jr	6'0"
42	James Cataldo	Sr	5'10"
	<i>Oregon</i>		
45	Jack Kenney	So	5'7"

BOYS TEAMS

PENNSBURY HIGH SCHOOL

PENNSBURY

City/State: Fairless Hills, PA

Coaches: Casey Startzell, Paul Klimkowski



The Pennsbury Falcon Ultimate team is a student-run program supported by a player parent group along with mentoring and practice support from alumni players. The team is a member of the Philadelphia High School Ultimate Education League and gained notoriety by winning five Ultimate

Players Association state championships. The team played in their first Easterns High School Championship in 2006 and tied for third place. The team went on to play in the next three championship tournaments, placing first in 2007 and 2009. The program has a long history of building strong teams, with players graduating and taking their skills to colleges and universities with high-level ultimate programs. The team hosts two tournaments each year, Fall Brawl and Born to Dive, attracting top teams from the east coast. The team name aligns with our high school sports program, and we are proud to be Falcons!

ROSTER

1	Zac Sands	Sr	5'10"
	<i>Shippensburg</i>		
2	TJ Arias	So	5'9"
3	Mac Rushing	So	5'6"
4	Luke Kowal	Jr	5'10"
5	Pat Ward	Jr	5'8"
7	Colby Gordon	So	5'11"
8	Blake McDonald	Jr	6'2"
10	Nick Argenti	So	5'6"
13	Christian Duess	Jr	6'1"
15	Zach Wall	Jr	5'8"
16	Sean Johnson	Fr	5'3"
17	Tyler Cohen	Jr	5'11"
18	Jake Doyle	Sr	6'2"
	<i>Shippensburg</i>		
20	Jake Wall	Jr	5'9"
23	Gayle Hunziker	Jr	5'10"
24	Max Rooney	Sr	6'0"
	<i>Temple</i>		
26	Eric Quidort	Sr	6'1"
	<i>Drexel</i>		
31	Drew Ficarotta	So	5'6"
69	Jake Walton	Sr	5'7"
89	Cole Drummond	Jr	5'10"

STUYVESANT HIGH SCHOOL

STICKY FINGERS

City/State: New York, NY

Coaches: Devon Huang, Malcolm Baker



The Stuyvesant Ultimate team, from its inception over 30 years ago, has strived to hold in highest regard the dissemination of the principal of sportsmanship, in addition to the proliferation of ultimate as a whole. Sticky Fingers has been the name of the Stuyvesant ultimate team since before any

of the current players were born. Therefore, many theories have been proposed for the meaning of the name. However, the current players believe the term "Sticky Fingers" portrays the hard work and dedication that enables them to make highlight grabs in the sky and horizontally. Furthermore, the term "sticky" symbolizes the camaraderie amongst the Stuyvesant players that develops throughout the year as they push their physical and mental limits to become the best players they can be. #BucketsForJesus #QuebenUltimate #TeamFirst.

ROSTER

6	Nathan Mannes	Jr	5'7"
8	Eric Wong	Jr	5'7"
9	Ethan Schwab	Sr	5'9"
	<i>Virginia</i>		
11	Shamay Osipov	Jr	5'10"
12	Max Kong	So	5'10"
19	Benjamin Attal	Sr	6'2"
	<i>Brown</i>		
20	Terrence Koo	Jr	5'9"
21	Jacob Grunebaum	Fr	5'6"
22	Kyle Lam	Sr	5'6"
	<i>Cooper Union</i>		
27	Kevin Poon	Fr	5'7"
30	Mark Kharakh	So	5'7"
36	Jake Waksbaum	So	5'7"
39	Keiran Carpen	Jr	5'7"
42	Timothy Fung	Sr	5'11"
	<i>NYU</i>		
45	Matthew Cook	Jr	5'11"
52	William Tan	Jr	5'8"
56	David Butsko	Jr	6'1"
80	Eric Chen	Jr	5'9"

BOYS TEAMS

WATCHUNG HILLS REGIONAL HIGH SCHOOL

WARRIORS

City/State: Warren, NJ

Coach: Ken Karnas



The Watchung Hills Warrior Ultimate team was established as a club in 2000 and became a varsity sport three years later. In a little more than a decade, our program expanded from just over 10 people to nearly 40

active members. Many of our team's alumni have gone on to play college ultimate at schools across the United States.

ROSTER

1	Andrew Tu	Jr	5'6"
2	Manav Anand	So	5'10"
3	Brandon Leong	Sr	5'10"
	<i>Drexel</i>		
7	Kyle Isler	Sr	5'9"
	<i>Wake Forest</i>		
10	Kunwoo Park	So	5'4"
12	Edson Wong	So	5'8"
13	Pete Isler	So	5'3"
14	Zack Chan	Sr	5'10"
	<i>Wake Forest</i>		
15	William Pascoal	So	5'7"
16	James Bey	Sr	6'0"
	<i>Fairleigh</i>		
17	Leon Cheung	Sr	5'9"
	<i>Rowan</i>		
21	Alvin Cheng	Sr	5'7"
22	Matt Deitz	Sr	5'7"
	<i>Indiana</i>		
24	Greg Scott	So	5'11"
25	David Voychuk	Jr	5'8"
28	Anmol Jadvani	So	5'8"
42	Alex Wang	Sr	5'11"
	<i>American</i>		

SPECTATOR INFO

WESTFIELD HIGH SCHOOL

WESTFIELD HIGH SCHOOL

City/State: Westfield, NJ

Website: westfieldnj12.org/ultimatefrisbee

Coaches: Ryan Belline, Jason Thompson



The Westfield Ultimate Team was one of the original teams in the 1960s in New Jersey. After disappearing for decades, the team was reformed in 2007, including the sons of original players! After building a program

that included players in sixth grade when it was founded, we now have seniors who are the first group to make it all the way through the program. The program has grown to include teams, leagues and learning programs starting in third grade and running through 12th grade.

ROSTER

3	Kevin Stelmach	Jr	6'2"
4	Aidan Paul	Fr	6'2"
6	Sarah Davidson	Sr	5'3"
	<i>Puget Sound</i>		
7	Jack Venezia	Sr	5'9"
	<i>George Washington</i>		
8	Andrew Lehmberg	Sr	5'7"
	<i>Pittsburgh</i>		
11	Sadie Jezierski	Sr	5'6"
	<i>Ohio State</i>		
16	Eric Weber	Sr	6'2"
	<i>Rowan</i>		
17	Kevin Tsui	Fr	5'9"
18	Drew Stierhoff	Sr	5'9"
	<i>Ithaca</i>		
20	Nick Larue	Sr	5'9"
	<i>Temple</i>		
21	Cole Feltman	Fr	5'7"
25	Matt Stravach	Fr	5'9"
26	Jack Schwartz	Fr	5'8"
27	Brandon Egert	Sr	5'11"
	<i>American</i>		
30	Evan Steinfield	Jr	5'10"
31	Jagger Linsky	Sr	5'6"
	<i>Vermont</i>		
36	Christian Kelly	Fr	5'5"
41	Ezra Kennedy	Fr	5'10"
45	Marcus Ciasco	Fr	5'6"
47	Neil Becker	Fr	5'4"
48	Ryan Moore	Fr	5'6"
52	Connor Russell	So	6'3"
57	Eric Cantor	Sr	5'9"
	<i>Tulane</i>		
64	Jack Liebling	Fr	5'10"
66	Jake Wolynez	Fr	5'6"
67	Chris Ng	Fr	5'7"
77	Jake Davis	Fr	5'6"
84	Chris McGlynn	Sr	5'9"
	<i>Syracuse</i>		

HEALTH & SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the "Directions" section of this program.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC "Heads Up Safety" program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
- USA Ultimate's participant waiver includes important information from the CDC regarding concussion safety: usultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion:
 1. Remove athlete from play.
 2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management.
 - Do not try to judge the seriousness of the injury yourself.
 3. If a minor, inform athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
 4. Allow athlete to return to play only with permission from an appropriate health care professional.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and Treatment of Heat Illness:
 - Avoid alcohol, caffeine and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
 - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.

- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event Staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.



Join USA Ultimate and the international ultimate community **July 3-6, 2014, in Minnesota's Twin Cities** for the third annual U.S. Open Ultimate Championships & Convention.

A celebration of character, community and competition.

**3 DIVISIONS, 3 CHAMPIONS,
24 OF THE WORLD'S BEST TEAMS**



ESPN

ESPN 3

★ A CELEBRATION OF CHARACTER, COMMUNITY AND COMPETITION ★

SPIRIT OF THE GAME

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. -- 11th Edition USA Ultimate Rules of Ultimate.

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

SPIRIT OF THE GAME CONTINUED

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee, March 29, 2005.

SPIRIT CIRCLE

USA Ultimate has recommended post-game “spirit circles” to teams at the Youth Club Championships since 2010. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

SPIRIT AWARDS

Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged, and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

5: Highest level of respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.

4: Respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

3: Generally exhibited respect towards opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

2: Exhibited a lack of respect towards opponents, officials and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for, the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.

1: Exhibited a major lack of respect towards opponents, officials and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly, and their attitude was abysmal.

INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!



The highest level of competitive ultimate in North America is back.

COME CHECK IT OUT. EVERYONE IS INVITED. USAULTIMATE.ORG/TRIPLECROWNTOUR

USA ULTIMATE SPIRIT OF COACHING

BACKGROUND: The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach - and not the players - has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

GUIDELINES:

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

SUMMARY: The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

2014 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

FOR MORE INFORMATION ON USA ULTIMATE'S SPIRIT OF COACHING OR COACHING CERTIFICATION

Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at mike@hq.usultimate.org, or visit the USA Ultimate website at usultimate.org.

WYNDHAM
HOTEL GROUP

USA
ULTIMATE

SAVE UP TO 20% OFF
"Best Available Rate*" at more than 7,000 properties!

Call 877.670.7088 & mention
ID# 1000009286 to receive the discount!



the Wyndham

WYNDHAM
HOTELS AND RESORTS

WYNDHAM
GRAND COLLECTION

WINGATE

HAWTHORN
HOTELS & RESORTS

RAMADA
WORLDWIDE

Days Inn

Super 8

BAYMONT
INN & SUITES

Microtel
INN & SUITES

Howard Johnson

Travelodge

Knights
Inn

*"Best Available Rate" is defined as the best, non-qualified, publicly available rate on the Internet for the hotel, date and accommodations requested. The discount for International properties may be less than or equal to 20% of Best Available Rate. Certain restrictions apply. To redeem this offer call the hotel brand phone number above and give ID at the time of reservation. Offer not valid if hotel is called directly; caller must use toll free numbers listed above. Advanced reservations are required. Offer is subject to availability at participating locations and some blackout dates may apply. Offer cannot be combined with any other discounts, offers, or special promotions. Discounts vary by location and time of year. Offer is void where prohibited by law and has no cash value.

GIRLS' SCHEDULE

2014 USA Ultimate High School Northeastern Championships - Girls Division

2014 USA Ultimate High School Northeastern Championships - Girls Division

Saturday, May 10, 2014

Pool A			Pool B			Pool C			Pool D			
All Games to 13 Cap 15	A1	(1) Amherst	B1	(2) Watchung Hills		C1	(3) Pioneer Valley		D1			
	A2	(8) Pennsbury		(7) Lexington			(6) BFA Fairfax					
	A3	(11) Falmouth		(12) Cape Elizabeth			(9) Andover					
Saturday	F# Score		F# Score		F# Score		F# Score		F# Score			
9:00 - 10:15		B2 v B3	2	-			D2 v D3	4	-			
10:45 - 12:00	A2 v A3	1	-	B1 v B3	2	-	C2 v C3	3	-	D1 v D3	4	-
1:00 - 2:15	A1 v A3	1	-	B1 v B2	2	-	C1 v C3	3	-	D1 v D2	4	-
Re-seed teams 1-3 in Pools B & D												
2:45 - 4:00	A1 v A2	1	-	B2 v B3	2	-	C1 v C2	3	-	D2 v D3	4	-
Re-seed teams 1-3 in Pools A & C												
4:45 - 6:00	1A v 1C	1	-	2A v 3C	2	-	2C v 3A	3	-	1B v 1D	4	-

Consolation Bracket
Sunday, May 11, 2014

Championship Bracket
Sunday, May 11, 2014

Loser Game 1 10:30am-12:00pm Game 5 - Field # 7	Loser Game 2 10:30am-12:00pm Game 6 - Field # 8	Loser Game 3 10:30am-12:00pm Game 6 - Field # 8	Loser Game 4	12:30pm-2:00pm Field # 7	5th Place	12:30pm-2:00pm Field # 7	Winner 1A v 1C 8:30am-10:00am Game 1 - Field # 5	Semifinal 1 10:30am-12:00pm Field # 5	Winner 2B v 3D 8:30am-10:00am Game 2 - Field # 7	Final 2:30-4:00pm Field # 2	Champion	
Loser Game 5 12:30-2:00pm Field # 6	Loser Game 6	7th Place										
Round Robin for 9th - 12th												
Sunday	F#	Score	F#	Score	F#	Score						
8:30 - 10:00	E1 v E4	9	-	E2 v E3	10	-						
10:30 - 12:00	E1 v E3	9	-	E2 v E4	10	-						
12:30 - 2:00	E1 v E2	9	-	E3 v E4	10	-						
							E1 = Loser of 2A v 3C E2 = Loser of 2B v 3D E3 = Loser of 2C v 3A E4 = Loser of 2D v 3B					
							Loser Semi 1 12:30-2:00pm Field # 5 3rd Place Loser semi 2					

Consolation games to 13 cap 15

Championship games to 13 cap 15

MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.

PLAY HARD. HAVE FUN.
FIVEULTIMATE

Team@FiveUltimate.com



photo by Billy D Photography



BOYS' SCHEDULE

2014 USA Ultimate High School Northeastern Championships - Boy's Division												
Saturday, May 10, 2014												
Pool A				Pool B				Pool C				Pool D
All Games to 13 Cap 15	A1 (1) Lexington A2 (8) Stuyvesant A3 (12) Watchung Hills A4 (13) BFA Fairfax	B1 (2) Needham B2 (7) Columbia B3 (11) Fox Chapel B4 (14) John Jay	F# Score	F# Score	F# Score	F# Score	F# Score	C1 (3) Parnassus C2 (6) Masconomet C3 (10) Westfield C4 (15) Falmouth	F# Score	F# Score	F# Score	D1 (4) Amherst D2 (5) Hampton D3 (9) Middletown D4 (16) Cape Elizabeth
Saturday	C2 v C4 7 -	D2 v D4 8 -	B1 v B3 9 -	B2 v B4 10 -	C1 v C3 5 -	D1 v D3 6 -	Pool A					
9:00 - 10:15	A1 v A3 9 -	A2 v A4 10 -	C2 v C3 7 -	D2 v D3 8 -	C1 v C4 5 -	D1 v D4 6 -	Pool B					
10:45 - 12:00	A1 v A4 9 -	A2 v A3 10 -	B1 v B4 8 -	B2 v B3 7 -	D3 v D4 5 -	D1 v D2 6 -	Pool C					
1:00 - 2:15	A1 v A2 9 -	A3 v A4 10 -	B1 v B2 8 -	B3 v B4 7 -	C1 v C2 5 -	C3 v C4 6 -	Pool D					
2:45 - 4:00	A1 v A2 9 -	A3 v A4 10 -	B1 v B2 8 -	B3 v B4 7 -	C1 v C2 5 -	C3 v C4 6 -						
4:45 - 6:00	A2 v D3 7 -	B2 v C3 8 -	C2 v B3 5 -	D2 v A3 6 -								

Consolation Bracket
Sunday, May 11, 2014

Winner B2/C3
8:30am-10:00am
Field # 11

A4
Loser C2/B3
8:30am-10:00am
Field # 4

D4
Loser D2/A3
8:30am-10:00am
Field # 3

C4
Loser A2/D3
8:30am-10:00am
Field # 12

B4

10:30am-12:00pm
Field # 11

2:30-4:00pm
Field # 3

9th Place

10:30am-12:00pm
Field # 12

12:30-2:00pm
Field # 11

13th Place (tie)

Loser D4/C2/B3

Loser C4/D2/A3
12:30-2:00pm
Field # 12

Loser B4/A2/D3

Consolation games to 13 cap 15

Championship Bracket
Sunday, May 11, 2014

Winner B2/C3
10:30-12:00pm
Field # 1

A1
Winner C2/B3
10:30-12:00pm
Field # 3

D1
Winner D2/A3
10:30-12:00pm
Field # 4

C1
Winner A2/D3
10:30-12:00pm
Field # 2

B1

Semifinal 1
12:30-2:00pm
Field # 1

Semifinal 2
12:30-2:00pm
Field # 2

Finals
Sunday 2:30-4:00pm
Field # 1

Champion

Loser A1/B2/C3
12:30pm-2:00pm
Field # 3

Loser D1/C2/B3

Loser C1/D2/A3
12:30pm-2:00pm
Field # 4

Loser D1/A2/D3

Championship games to 13 cap 15

Loser A4/B2/C3
12:30-2:00pm
Field # 11

Loser D4/C2/B3

Loser C4/D2/A3
12:30-2:00pm
Field # 12

Loser B4/A2/D3

Consolation games to 13 cap 15



2014 COLLEGE CHAMPIONSHIPS

The biggest games from one of the year's biggest events – all broadcast live.

LIVE ON ESPN3 (ALL TIMES EST) SUNDAY, MAY 25

- 12:00pm Women's Semifinal
- 2:30pm Women's Semifinal
- 5:30pm Men's Semifinal
- 8:00pm Men's Semifinal

MONDAY, MAY 26

- 12:00pm Women's Championship Game
- 2:30pm Men's Championship Game

TAPE-DELAYED BROADCAST ON ESPNU (ALL TIMES EASTERN)

WEDNESDAY, MAY 28

- 8:00pm USA Ultimate College Championships Semifinals Highlights Show
- 9:00pm Men's Championship Game
- 10:00pm Women's Championship Game

ESPN



ESPN 3

FIELD MAP





FIND YOUR **CENTER**



Customize your UltraStar with SuperColor center printing. Now USAU championship approved.

DISCRAFT