



**EVENT GUIDE \$2**



**ULTIMATE  
GEAR + APPAREL**



OFFICIAL MERCHANDISER  
**2014 HIGH SCHOOL  
SOUTHERN CHAMPIONSHIPS**

[spinultimate.com](http://spinultimate.com)





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### USA ULTIMATE

4730 Table Mesa Drive, Unit I-200 C, Boulder, CO 80305  
P: 303-447-3472 / F: 303-447-3483  
[www.usultimate.org](http://www.usultimate.org) / [info@usultimate.org](mailto:info@usultimate.org)

# WELCOME

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Athletes, Coaches and Parents,



On behalf of Greenville Ultimate, welcome to Greenville and the 2014 USA Ultimate High School Southern Championships. We are excited to host the future stars of ultimate in the South, coming from as far as Louisiana, Maryland and everywhere in between.

This year, the open division has grown to 16 teams, while the girls' division has increased to eight teams, up from five in 2013.

Our field site is MeSA Athletic Complex in Greer, located just east of Greenville and a convenient 10-minute drive from Greenville-Spartanburg International Airport. With some of the best fields in the south, MeSA is home to Carolina Elite Soccer Academy as well as various other sports. This is the second ultimate tournament held at MeSA. Be sure to stick around after the games on Saturday for some BBQ, live music and other fun activities!

We would like to thank Greenville County Parks, Recreation, & Tourism, which has been an integral part of planning this event. Through this project, they have shown over the past year that they are committed to helping foster the growth of ultimate in Greenville. With their help, we will be starting our first-ever youth league this June.

Events like the Southern Championships are only possible thanks to local volunteers who donate much of their weekend to help out. When you see them, be sure to thank them for their time and efforts.

Last, but certainly not least, I would like to thank all of the mothers who made the trip. Thank you for giving up YOUR weekend, so your son or daughter can play the sport they love. Happy Mother's Day.

Good Luck,  
Chris Burling, Tournament Director

## EVENT STAFF

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Tournament staff members will be wearing blue volunteer/staff t-shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

Tournament Director - Chris Burling  
Volunteer Coordinator - Lauren Hall  
Assistant Volunteer Coordinator - Chris Billman  
Head Scorekeeper - Paul Gay  
Head Statkeeper - Daniel Holzberger  
Local Media Coordinator - Mike Teachey  
Assistant Head Scorekeeper - Wes Hall  
Hospitality Coordinator - Jeff Poole

### **USA ULTIMATE STAFF**

Manager, Competition and Athlete Programs - Baker Pratt  
Manager, Events - Byron Hicks

# WEEKEND OVERVIEW

## FRIDAY, MAY 9 AT CLARION INN & SUITES

8:00 – 9:00pm      Team Registration

## SATURDAY, MAY 10 AT MESA ATHLETIC COMPLEX

8:00am      Captains' Meeting

9:00am – 6:00pm      Game Play

4:30pm – 6:30pm      Dinner

6:00pm – 7:30pm      Live classic rock music from The Cat's Bananas

## SUNDAY, MAY 11 AT MESA ATHLETIC COMPLEX

8:30am – 2:00pm      Completion of Pool Play (Girls Only),  
Elimination and Placement games

2:30pm      Finals

Post-Finals      Award Ceremony. Immediately following the finals, awards will be presented to the champions and second-place teams in each division, as well as Team Spirit Award winners and Individual Spirit Award winners.

# COMPETITION RULES

USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.

- All games to 13, point-cap at 15.
- Halftime is five minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 13 goals, overtime occurs when the score reaches 12-12).
- Soft time-cap will not be used.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

# MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.

**PLAY HARD. HAVE FUN.**  
**FIVEULTIMATE**

[Team@FiveUltimate.com](mailto:Team@FiveUltimate.com)



photo by Billy D Photography



# SITE RULES

- **NO ALCOHOL OR TOBACCO!** Facility, event staff and security will be checking to make sure people are not drinking/smoking. There will also be lots of moms, dads and kids watching the action. Please abide by these rules.
- **NO FIREWORKS, FIREARMS, AIR GUNS, SLINGSHOTS, BOWS AND ARROWS, MODEL ROCKETS OR MODEL AIRPLANES.**
- **NO GLASS BOTTLES.**
- **NO DOGS (EXCEPT OFFICIAL SERVICE DOGS)!**
- **NO TENTS, CHAIRS, STAKES, EQUIPMENT ON THE SOCCER PLAYING FIELD SURFACE! ADDITIONALLY, SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES!** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- **TRASH AND RECYCLING!** Place recyclables in the recycling receptacles and place trash in the trash. Keep MeSA clean.
- **LANGUAGE** This is a youth facility and overall a family environment

# DIRECTIONS

## **DIRECTIONS FROM MESA ATHLETIC COMPLEX**

*1020 Anderson Ridge Road, Greer, SC 29651*

## **TO BON SECOURS ST. FRANCIS EASTSIDE HOSPITAL**

*125 Commonwealth Drive, Greenville, SC 29615*

- Turn right heading NW on Anderson Ridge Road and proceed 1 mile
- Turn left onto S-23-183/S-23-458/Roper Mountain Road and proceed 6.4 miles
- Turn right onto Roper Mountain Road Extension and proceed for 0.8 mile
- Turn left onto Commonwealth Drive. Hospital will be on the right in 0.3 mile

# UltiPhotos

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# SHOOTING PHOTOS/VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at [usultimate.org/about/usultimate/media\\_policies.aspx](http://usultimate.org/about/usultimate/media_policies.aspx) or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at [stacey@hq.usultimate.org](mailto:stacey@hq.usultimate.org).



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# GIRLS TEAMS

## BLACKMAN HIGH SCHOOL

### BLACKMAN ULTIMATE GIRLS

City/State: Murfreesboro, TN

Coaches: Lynn Boyd, Heather Gardner



The Blackman Ultimate Girls (BUG) team started in 2013. This is our second year as a team. We are thankful for the University School of Nashville girls' team who has been a source of encouragement and

inspiration for our team.

### ROSTER

1	Sofia Lima	Jr	5'6"
2	Dakota Frech	So	5'5"
3	Michaela Creech	So	5'7"
4	Christine Monchecourt	So	5'7"
6	Sydney Harrod	Sr	5'6"
12	Catherine Kanemitsu	So	5'4"
13	Marissa Rust	Jr	5'6"
16	Ashley Weber	So	5'5"
17	Ashley Singleton	So	5'6"
20	Caroline Pope	So	5'7"
21	Alice Burks	So	5'5"
23	Bre Graham	So	5'6"
25	Madelyn Chappellear	So	5'4"

## GRADY HIGH SCHOOL

### GAUNTLET

City/State: Atlanta, GA

Coaches: Haley Reese, Emily Lloyd



The Grady Gauntlet varsity girls' team has come a long way since its inception five years ago. Historically, the team struggled for numbers, which made practices difficult and tournaments challenging.

But last season, things began to look up under the caring attention of Haley Reese of Ozone fame. Haley brought a spirit of community. She made the girls feel like family, increasing investment and maxing out on the fun factor. This season, the seeds planted in 2013 came to fruition, and the team took off in terms of numbers, reputation and wins. Plus, Haley brought along fellow Ozone Emily Lloyd as assistant coach. Membership tripled, fun was off the charts, and excellent practices abounded. Girls' ultimate really gained buzz around the school this year, and players from other sports even made the switch. After a rewarding season, the girls brought home the spirit trophy from the State Championships. The future is bright for girls' ultimate at Grady. Go Gauntlet!

### ROSTER

1	Camilla Kasper	Fr	5'4"
2	Eliza Renner	Sr	5'7"
	<i>Middlebury</i>		
3	Cate Matthews	Sr	5'8"
	<i>Massachusetts</i>		
5	Maggie Miller	Fr	5'7"
6	Audrey Burnette	Fr	5'6"
7	Georgia Smith	Fr	5'6"
8	Eavan Hendry	So	5'7"
11	Melissa Drake	Fr	5'6"
12	Meredith Fossitt	So	5'7"
14	Sally Cummings	Jr	5'6"
19	Charlotte Jackson	Jr	5'9"
33	Kitty Wright	Jr	5'2"
42	Zoe Schneider	Sr	5'8"
	<i>Georgia</i>		
66	Amelia Reh	Fr	5'6"
77	Alexis Scott	Fr	5'7"
88	Mazie Switzer	Fr	5'6"
91	Molly Collins	Jr	5'7"

# GIRLS TEAMS

## H-B WOODLAWN SECONDARY PROGRAM

### RISE

City/State: Arlington, VA

Website: [sites.google.com/site/ultiathb/](https://sites.google.com/site/ultiathb/)

Coach: Jacob Nuxoll



H-B Woodlawn has had a girls' team for almost 10 years, and a varsity and JV program for over half that time. Our jerseys are stylized after the sun and the moon, so we go by Rise (sunrise, moonrise).

### ROSTER

2	Margaret Atkinson <i>William &amp; Mary</i>	Sr
3	Alex Gartner	Jr
4	Christine Derieux	Jr
5	Emily Sutherland <i>Virginia Commonwealth</i>	Sr
8	Hannah Hauptman <i>Yale</i>	Sr
9	Amy Heng	Sr
11	Melissa Joskow <i>Wesleyan</i>	Sr
12	Allison Hahn <i>Virginia</i>	Sr
14	Madeleine Preiss <i>Carleton College</i>	Sr
19	Anna Janetos <i>Boston University</i>	Sr
21	Olivia Prosak	Jr
23	Sarah Bluestein <i>Claremont College</i>	Sr
28	Madeleine Boyle	So
31	Agnes Cheng	So
40	Camille Santiago	Jr
42	Amanda Hayes	Jr
98	Emma Snead	Sr
99	Rachel Branman	Jr

## PAIDEIA SCHOOL

### GROOVE VARSITY

City/State: Atlanta, GA

Website: [paideiaschool.org](https://paideiaschool.org)

Coaches: Miranda Knowles, Allee Stargel



Paideia Groove - Do you wanna dance all night?

### ROSTER

1	Sarah Brock	Jr	5'6"
3	Nia Smith <i>Berry College</i>	Sr	5'7"
4	Sarina Chalmers	So	5'1"
5	Kira Farley	Jr	5'5"
7	Caroline Hubbard	So	5'5"
8	Carly Berlin <i>Bowdoin</i>	Sr	5'4"
10	Hannah Neiditz	Fr	5'4"
11	Anna Glass <i>Emory</i>	Sr	5'5"
12	Vlada Watkins	Fr	5'5"
13	Parker Lunsford	Fr	5'7"
17	Isabel Arevalo	Fr	5'4"
25	Syd Taylor-Klaus	Jr	5'7"
26	Kaya Wurtzel	Fr	5'5"
33	Ollie Peterson	So	5'1"
44	Josie Veal	Fr	5'5"

# GIRLS TEAMS

## PAIDEIA SCHOOL

### GROOVE JV

City/State: Atlanta, GA

Website: [paideiaschool.org](http://paideiaschool.org)

Coaches: Miranda Knowles, Allee Stargel



Paideia Groove - Do you wanna dance all night?

### ROSTER

2	Rebecca Schapiro	Jr	5'7"
6	Courtney Ford	Jr	5'7"
9	Kirstiana Perryman	Jr	5'9"
10	Mary Emma Heald	Jr	5'4"
15	Emma Pettit	Jr	5'5"
18	Claire Barkley	So	5'7"
19	Kyra Bronfman	Fr	5'1"
20	Lulu Graham	8th	5'6"
21	Amy Doneff	So	5'9"
27	Marisa Schwartz	Fr	5'5"
31	Carmen Tappero	Fr	5'6"
37	Isabel Draper	Fr	5'4"
66	Maggie Aschmeyer	So	5'2"
78	Bess Renjilian	Fr	5'3"
99	Margaret Meller	Jr	5'5"

## SAGA ULTIMATE

City/State: Chapel Hill, NC

Coaches: Joshua Hartzog, Suzanne Derby-Wright, Jinny Eun



Saga was founded in the spring of 2013 in order to provide girls an opportunity to play ultimate in the Triangle area. Saga is a Norse god whose name literally translates to

"story." Episode I of Saga is the beginning of the story of girls' ultimate growing in the Triangle, and we are privileged to be a part of the first team. Saga has also come to represent something far more meaningful, the Socially Awkward Girls Association. We provide socially awkward girls a place to gather and revel in their awkwardness, to share their stories of awkward silences and silliness. If you are interested in laughing with or at us, find us on the sideline. We are always down for fun!

### ROSTER

0	Elisabeth Parker	Sr	5'4"
3	Domenica Sutherland	Sr	5'4"
4	Ashley Powell	Sr	5'4"
5	Katie Cubrilovic	Jr	5'2"
8	Laura Mahon	Fr	5'5"
9	Sydney Rehder	8th	5'4"
11	Magy Llamas	Jr	5'9"
13	Danielle Sawyer	Jr	5'3"
16	Zoe Chen	Fr	5'3"
17	Kate Lanier	8th	5'6"
18	Emily Lauterbach	So	5'4"
21	Beth Manturuk	8th	5'7"
24	Amanda Maxson	Jr	5'8"
27	Mary Clarke	Jr	5'4"
	Worthington	7th	5'3"
33	Ellie Cubrilovic	Jr	5'2"
34	Jane Carsey	Jr	5'2"
35	Allegra Berry	Sr	5'8"
42	Linnea Van Manen	Fr	5'1"
47	Marina Winkler	Jr	5'5"
52	Ali Montavon	Fr	5'2"

# GIRLS TEAMS

## UNIVERSITY SCHOOL OF NASHVILLE

### UNIVERSITY SCHOOL OF NASHVILLE GIRLS

City/State: Nashville, TN

Website: [usn.org](http://usn.org)

Coaches: Tobey Balzer, Nora Hoover



The girls' team at USN has been in existence since 1999. We have competed in national, regional, state and club tournaments. We have a

history of aggressive playing on the field, working hard for our teammates and having a pretty great time while competing. Over the last few years, our team has continued to grow in size and experience.

The name Brutal Grassburn came from the mom of a founding member of the boys' team in 1995. While washing her son's jersey after a hard day of ultimate, she exclaimed "Wow, these are some brutal grass burns!" The name stuck, and as the slogan goes, "We have been trading skin for glory," ever since then.

## ROSTER

00	Emily Bridgers	So	5'6"
1	Hannah Aaron	Jr	5'8"
2	Cali York	Jr	5'6"
3	Metta Devine-Qin	Jr	5'4"
4	Lila Weiss	Jr	5'6"
5	Katie Campbell	Jr	5'8"
6	Carson Thomas	Jr	5'6"
12	Mary Noser	Sr	5'6"
13	Alice May	Fr	5'1"
14	Louisa Friedman	Fr	5'6"
16	Rachel Weaver	So	5'8"
17	Natalie Connor	Fr	5'5"
18	Keri Friedman	Fr	5'2"
19	Maya Riley	So	5'6"
25	Maya Riefflin	Jr	5'7"
32	Lena Friedman	Jr	5'6"

## WOODSIDE HIGH SCHOOL

### WOLVERINES

City/State: Newport News, VA

Website: [woodsidesultimate.blogspot.com](http://woodsidesultimate.blogspot.com)

Coach: Haley Hammond



The Woodside Ultimate girls' team was founded in 2006 and followed the guys' team by taking the name Wolverines from the school they represent. The team has been up

and down through the loss of two coaches but has been steadily working to grow and improve. Woodside is proud to represent their school, Hampton Roads (the 757), and all of Virginia.

## ROSTER

6	Amber McFadden	So	
7	Austin Reed	Fr	
8	Destiny Arrington	Fr	
9	Heather Ford	Jr	
10	Harlee Hayes	So	
13	Alexis Thompson	Fr	
16	Sasha Brickhouse	Sr	
17	Madison Reed	So	
18	Jailene Rivera	Sr	
19	Katie Newton	Sr	
21	Dedrea Curtis	Fr	
23	Yvonne Truong	So	
24	Chayla Steele	So	
38	Kamayra Gabriel	Sr	
71	Samantha Overton	Fr	
73	Jaydn Unnoppet	Sr	

# BOYS TEAMS

## BLACKMAN HIGH SCHOOL

### BLACKMAN HIGH SCHOOL OPEN

City/State: Murfreesboro, TN

Website: [twitter.com/blackmanulti](https://twitter.com/blackmanulti)

Coaches: Robby Owen, Monty Waldron



The name of our team is simply our school's name: Blackman High School Ultimate (Open). Our team was originally formed in 2008 by students at the school. Robby Owen began coaching later in that same season. This current season is our sixth season.

## ROSTER

1	Jonathan Anderson	So	5'10"
2	Brendn Swam	So	5'10"
3	Joey Brown	So	5'3"
4	Grant Waldron	So	5'10"
6	Josh Potter	Jr	5'10"
7	Beau Waldron	Jr	5'11"
11	Adam Chapman	Sr	5'10"
<i>Middle Tennessee State</i>			
13	Brian Vilayphanh	So	5'9"
24	Miguel Hector	Jr	5'9"
27	Tanner Niles	So	5'9"
29	Bryce Thayvysaath	Sr	5'10"
<i>Austin Peay</i>			
38	Sanford Stone	So	5'10"
43	Blake Hagan	So	5'10"
69	Tony Estrada	Sr	5'10"
<i>Middle Tennessee State</i>			
81	Dillon Stahr	Jr	5'10"
88	Austin Levi	Jr	5'11"
99	Nathan Osborne	Sr	5'10"
<i>Middle Tennessee State</i>			

## BROOKWOOD HIGH SCHOOL

### INFERNO

City/State: Snellville, GA

Coach: Matthew Thompson



Our program has grown in six years from 12 players on one team to 57 players on three teams in 2014. The Inferno signifies our desire to play and practice with the fire necessary to succeed and galvanize us in the

face of adversity.

## ROSTER

2	Scott Diller	Sr	5'9"
<i>Georgia College &amp; State</i>			
3	Ryan Cameron	Jr	5'11"
7	Micah Jo	Jr	5'7"
8	Victor Pria	Jr	6'0"
10	Enzo Cianelli	Jr	5'4"
11	Jason Jones	Sr	6'2"
<i>Georgia</i>			
12	Foster Boales	Jr	5'9"
15	Augustine Song	Jr	5'9"
16	Sean Diller	Sr	5'4"
<i>Georgia</i>			
17	Parker Robertson	Jr	5'7"
19	Charles Loudermilk	Sr	5'9"
<i>Kennesaw State</i>			
21	Jake Rooks	Sr	6'3"
<i>Georgia Gwinnett</i>			
22	Derek Luciani	Sr	5'10"
<i>Georgia Tech</i>			
30	Christian Reynolds	Jr	6'1"
33	Jordan Hill	Jr	5'5"
35	Reuben Rivas	Jr	5'8"
46	Chidike Iromuanya	Jr	5'1"
76	Jeffrey Minowa	Jr	5'7"
96	Logan Bonds	Jr	5'9"

# BOYS TEAMS

## CAROLINA FRIENDS SCHOOL

### CAROLINA FRIENDS SCHOOL

City/State: Durham, NC

Coaches: Rim Vilgalys, Augie Kreivenas



Carolina Friends is one of the oldest high school teams in the area. While not historically a powerhouse, an influx of athletic talent and leadership from many of the students has pushed the program to a new competitive height. Last year, CFS won the North Carolina High School State Championship and finished tied for third at Southern.

### ROSTER

0	Conor Chickos	So
2	Solomon Yanuck	Sr
3	Matthew Gayek	Sr
4	Jeffrey Takahashi	Jr
5	Henry Fisher	Sr
7	Matt Gouchoe-Hanas	Sr
9	Aaron Wynmor	Fr
10	Nick Tansey	Fr
12	Liam Searles-Bohs	Fr
14	Dillon Lanier	So
15	Anthony Berry	Sr
16	Jack StClair	Fr
20	Jacob Zurbuch	Jr
21	Ben Alexander	Fr
22	Seth Lee	Fr
23	Jack Stefan	Sr
25	Jaylan Watson	So
30	Kyle McConaughey	Sr
42	Abraham Eichner	Sr
43	Tim Bliss	Fr
64	George Gildehaus	Jr
67	Austin Sorscher	Jr
83	Daniel Johnson	So
99	Josh McClain	Jr

## CARRBORO HIGH SCHOOL

### CARRBORO CLAMS

City/State: Carrboro, NC

Coaches: Britta Jones, Heather Zimmerman



The Carrboro Clams were founded in 2009 with five coaches and the first nine Clams. The Clams have come a long way from a nearly 1:2 coach-to-player ratio and extreme love of Clam Zones and sideline cuddling. We are excited to bring our Clamily and our Clam Fans along with a roster composed of YCC players and assorted other bivalves. We believe every year is the Year of the Clam. #Clamluv

### ROSTER

4	Jacob Warshauer	Sr
5	Ben Bourret	Jr
9	Marc Rovner	Jr
10	Matas Zdanavicius	Jr
12	Chathan Driehuys	Jr
18	Ethan Cole	Jr
19	Matthew Singleton	Fr
26	Justin Patzer	Jr
28	Arthur Bentulan	So
32	Yuma Kobayashi	So
45	Rees Braam	So
55	Dean Merritt	So
69	Marichi Gupta	Jr
89	Matthew Carson	Jr

# BOYS TEAMS

## CATHOLIC HIGH SCHOOL

### BAYOU HAZARD

City/State: Baton Rouge, LA

Coaches: Michael Aguilar, Gary Vicknair



Catholic High School has been the most consistent and competitive program from the state of Louisiana for the last decade. Bayou Hazard won three of the first four Louisiana State Championship tournaments and made its name known nationally with a third-place finish at 2011 High School Westerns and a fifth-place finish at 2013 High School Southern.

### ROSTER

2	Matt Freeburgh	Fr	5'5"
4	Zach Johnson	Sr	5'9"
	<i>LSU</i>		
5	Kyle Caronna	Jr	5'10"
6	Peter Wilson	Jr	5'8"
9	Dylan Zeringue	Sr	5'9"
	<i>LSU</i>		
10	Jacques Pecquet	Jr	6'1"
11	Dan Murray	Sr	6'4"
	<i>LSU</i>		
13	Thomas Bozeman	Jr	5'8"
14	Grant Hardy	Sr	6'0"
	<i>LSU</i>		
15	Thomas Hannie	Sr	6'3"
	<i>Baton Rouge CC</i>		
16	Chandler Price	Jr	6'1"
18	David Johnson	Jr	5'9"
20	Johnny Sims	Jr	5'9"
21	Eric Reviere	Jr	5'9"
32	Andrew Corder	Sr	6'1"
33	John Michael		
	Bankhead	Jr	6'0"
34	Jacob Pourciau	Jr	5'11"
35	Kenny Hingle	So	5'6"
37	Pierre Melancon	Sr	5'9"
	<i>LSU</i>		
53	Brandon Magazine	Jr	5'11"

## CHAPEL HILL HIGH SCHOOL

### CHAPEL HILL ULTIMATE FRISBEE - CHUF

City/State: Chapel Hill, NC

Coaches: Geoff Horsfield, Melissa Witmer

CHUF has consistently competed for the state championship and been a regional power. We're proud to help represent the North Carolina youth scene. The program has produced players that have gone on to have successful ultimate careers at all levels of play. The team prides itself on competing hard, competing with spirit and competing to support our teammates. CHUF is always lucky to have a wide range of players, and providing an inclusive and fun atmosphere is one of the team's focal points. Players enter as freshman, many of whom have never played ultimate before, and leave becoming ambassadors for the sport and for good North Carolina ultimate.

### ROSTER

5	Raymond Chen	Fr	5'9"
6	Chris Mateer	Fr	5'7"
8	Jonathan Phillips	So	5'11"
9	Valeri Kozarev	So	5'10"
11	Elijah Long	Jr	5'10"
12	Kevin Mateer	Sr	6'2"
	<i>UNC-Wilmington</i>		
15	Jeffery Perkins	Sr	5'10"
20	Hayden Reynolds	So	5'11"
25	Avery Acierno	So	5'11"
26	Brian Mateer	Fr	6'2"
44	Eddie Zhuang	So	5'9"
47	Brian Malucci	Jr	5'10"
54	Matt Schinsky	Fr	5'9"
88	Jeffrey He	So	5'9"



# BOYS TEAMS

## EAST CHAPEL HILL HIGH SCHOOL

### ECHHS

City/State: Chapel Hill, NC

Coaches: Aaron Stern, Chuck French



East Chapel Hill has had a program since 2008. We have grown to have the currently longest-running B team in North Carolina. We have competed at a high level in North Carolina for many years. We pride ourselves on spirit and won the Southern Spirit Award in 2013. We are looking to compete hard and defend our Spirit title.

### ROSTER

0	Henry Caron	Fr	5'11"
1	Tyler French	Fr	5'11"
4	Sean Murray	So	6'0"
8	Alex Tax	Sr	6'0"
	<i>UNC-Charlotte</i>		
9	Tristan Manturuk	So	5'10"
10	Daniel Cheong	So	5'8"
13	Ethan Mikhail	Jr	5'8"
16	Lucas Tax	Jr	5'10"
17	Bryce Sit	Fr	5'8"
19	Jeremiah Gelb	Jr	5'9"
20	Thomas Williams	So	5'9"
23	Michael Young	So	6'1"
24	Bowie Biechele	Fr	5'8"
26	Alex Scheib	So	5'8"
34	John McDonnell	Fr	5'6"
37	Ramsey Kurdi	So	5'8"
39	Shiliang Long	So	5'7"
42	Pete Evans-Digre	Jr	5'10"
64	Ryan Armstrong	Fr	5'11"
85	Teddy Randby	Fr	5'9"
99	Amos Pomp	Jr	6'0"

SPECTATOR INFO

## FERNANDINA BEACH HIGH SCHOOL

### DINA-SAURS

City/State: Fernandina Beach, FL

Coach: Thomas Rowan



Dina-Saurs, led by their captain Clay Hewett, are ready to complete their two-year journey and be named USA Ultimate South Regional Champs. Born on sandy Fernandina Beach from a simple YMCA program, the

Dina-Saurs team emerged. The beginning was tough with many of the team not knowing their own potential. The learning curve overcome, a team that prides itself on playing tough and smart rose through the Florida ranks to become a foe to all. They play with the mindset that the game is always tied, regardless of the score, often yelling out "0-0." Those who know are saying this determined, goal-driven group of Dinas are on the rise and prepared for the grind ahead.

### ROSTER

1	Connor Mclean	Sr	5'9"
2	Sidney Kostecki	Sr	6'1"
4	Alec Cutajar	Sr	5'10"
5	Thomas Cavender	Jr	6'4"
6	Joseph Bustabad	Sr	6'0"
8	Daniel McCranie	Sr	5'9"
9	Clay Hewett	Sr	5'10"
12	Bobby Larsen	Sr	6'2"
13	Josh Lesoine	Sr	6'2"
14	Dylan Sharpe	Jr	5'10"
16	Matthew Bustabad	Jr	6'0"
19	Joshua Mazur	Sr	5'9"
23	Will Weaver	Jr	5'10"
24	Mike Bukovsky	Sr	6'0"
30	Tom Taylor	Sr	5'10"
34	Zach Snyder	Jr	5'11"
42	Noah Emmons	Fr	6'2"
81	Chase Langford	So	5'11"
94	Christopher McCranie	So	5'4"

# BOYS TEAMS

## GRADY HIGH SCHOOL

### GAUNTLET

City/State: Atlanta, GA

Coaches: Max Leonard, Dylan Tunnell, Asa Wilson



The Grady Ultimate Gauntlet is in its eighth season and boasts three strong teams: varsity boys, varsity girls and JV boys. Several of our veteran players coach at our feeder middle school, and this is our

second season allowing eighth graders to play on the JV squad. The varsity boys' team is already seeing the benefits of this partnership on the field. We are very active in the broader juniors ultimate community, and Grady was proud to have seven current or alumni players on the last year's YCC championship team. We also added new coaches this year: Max Leonard and Asa Wilson of Chain Lightning, not to mention the return of Dylan Tunnell. Coaching at Grady is a homecoming for Max, as he was the captain of Grady Ultimate in its inaugural and second seasons in 2007-2008. Senior captains Sebbi Di Francesco, Riley Erickson, Josh Weinstock and Michael Dillard led the varsity boys to third-place at States this April. Go Gauntlet!

### ROSTER

1	Brandon Kleber	Jr	6'0"
2	Michael Dillard	Sr	6'0"
	<i>Tufts</i>		
3	Joe Bradley	Jr	5'11"
4	Conor Downey	So	5'11"
6	Riley Erickson	Sr	5'10"
	<i>Georgia</i>		
7	Chris Brown	Jr	5'9"
8	Sebastian Di Francesco	Sr	5'8"
	<i>Georgia</i>		
10	Declan Farissee	Sr	6'3"
	<i>Georgia</i>		
11	Harrison Thweatt	Fr	5'11"
13	Jake Barrineau	Jr	5'11"
15	Griffin Kish	Jr	5'8"
18	Josh Weinstock	Sr	5'10"
	<i>George Washington</i>		
19	Kiran Potula	So	5'8"
22	Noah Li	So	6'0"
27	Vincent James	Jr	5'11"
28	Mack Hodges	Sr	5'10"
33	Drew Di Francesco	Fr	5'6"
42	Alex Cameli	So	5'10"
47	Trent Lopata	Jr	5'10"
63	Isaac Reh	Sr	6'0"
	<i>California-San Diego</i>		
66	Hank Persons	So	5'7"

## H-B WOODLAWN SECONDARY PROGRAM

### PANDA CUBS

City/State: Arlington, VA

Website: <https://sites.google.com/site/ultiathb/>

Coaches: Jordan Albro, Cody Johnston



H-B Woodlawn, of the YHB dynasty, is in its second year. With a second (solo) Virginia state title under their belt, the boys of H-B are coming to Southern as the Panda Cubs.

They're cuddly but fierce. If you choose to hug one, do so at your own risk.

### ROSTER

0	Ted Sither	So	
4	Chris Arthur	Sr	
	<i>Virginia</i>		
8	Johnny Bowman	Sr	
	<i>Indiana</i>		
9	Owen Walker	Sr	
	<i>Mary Washington</i>		
11	Conner Fox	Sr	
	<i>James Madison</i>		
12	Adam Norrbom	So	
14	Andrew Mack	Sr	
16	Evan Mclean	So	
17	Gus Norrbom	So	
20	Brad Gagelin	Jr	
22	Seth Hage	Sr	
	<i>William &amp; Mary</i>		
23	Anthony Pill	Sr	
	<i>Vermont</i>		
29	Jack Schrider	Sr	
32	Matt Cleaveland	Sr	
	<i>Duke</i>		
42	Will Hubbert	Sr	
88	Noah Harrington	Sr	
	<i>American Academy of Dramatic Arts</i>		
95	Matt Straus	Sr	
	<i>James Madison</i>		
97	Lars Hemmendinger	Jr	

# BOYS TEAMS

## INDEPENDENCE HIGH SCHOOL

### FLIGHT

City/State: Thompson's Station, TN

Head Coach: Jordan Roe

Assistant Coach: Eric Williams



Independence Ultimate's roots came from a regional ultimate gathering that began in the city of Spring Hill in 2006 for middle schoolers all the way up to masters-age players. As

the sport grew, high school students began to gather along with the founder of that gathering, now their newly appointed coach, to pilot the start of a new fall weekly ultimate program at Independence High School in order to grow the sport. By 2009, the first competitive team was fielded and now has grown into two boys' high school teams, one girls' high school team and a strong alumni presence showing up in college and club ultimate all over the eastern half of the United States. FLIGHT is committed to speed, precision and sportsmanship. Our desire is to continue to learn and grow the game while seeing the values ultimate brings instilled in future generations.

### ROSTER

2	Mac McClellan	Sr	5'9"
	<i>Tennessee</i>		
5	Chase Hammond	Sr	5'10"
	<i>Tennessee-Chattanooga</i>		
8	Blake Oliver	Fr	5'5"
9	Jacob Bell	So	5'8"
10	Boone McClellan	So	5'8"
14	Gibson Brueher	So	5'10"
15	Coleman Davis	So	5'8"
18	Jacob Flowers	So	5'8"
19	Brandon Tester	Sr	6'0"
	<i>Tennessee</i>		
21	Caleb Whitley	Sr	5'10"
	<i>Tennessee</i>		
28	Nick Baldwin	Jr	6'1"
31	Luke Hudgin	Sr	5'9"
	<i>Tennessee</i>		
32	Brett McKinney	Sr	5'10"
	<i>Tennessee</i>		
33	Austin Steward	Jr	6'0"
36	Matthew Nelson	Sr	5'7"
	<i>Lipscomb</i>		
45	Carter Rae	Sr	5'11"
	<i>Samford</i>		
50	Nathan Stickles	So	5'9"
55	JT Varni	So	6'2"
60	Matthew Schwartz	Fr	5'7"

## LAKESIDE HIGH SCHOOL

### VIKINGS

City/State: Atlanta, GA

Coach: Fred Perivier



Lakeside High School Ultimate started several years ago. The school mascot is the Vikings, and the ultimate team adopted that same nickname. Coach Fred Perivier, former Chain Lightning member, has been the coach since

its inception. Lakeside started as a young, inexperienced team, but in the past few seasons, has become a powerhouse in the state of Georgia and looks to go very deep in this year's Southern tournament.

### ROSTER

1	Jay Burnett	Fr	5'8"
3	Drew Teachout	Jr	5'11"
7	Jacques Perivier	Jr	5'10"
8	Graham Laderman	Jr	5'9"
11	Leo Warren	Jr	5'10"
13	Victor Ochoa	Fr	5'7"
14	Phillippos Lemma	Fr	5'5"
16	Govindan Veliyath	Fr	5'5"
17	William Syre	Jr	5'10"
21	Krishan Chib	Fr	5'6"
22	Harris Dasher	Fr	5'5"
24	Conor Brownell	Jr	5'9"
35	Joshua Kalman	Jr	5'9"
66	Laurence Perivier	Fr	5'10"
77	Austin Hegmon	Jr	5'10"

# BOYS TEAMS

## PAIDEIA SCHOOL

### GRUEL

**City/State:** Atlanta, GA

**Coaches:** Michael Baccarini, Martin Aguilera



Gruel is in its 22nd season, having kicked off in the 1992-93 school year. The team name came about as a result of two separate, but clinching, incidents.

The founders wanted to be named something "decidedly southern," so hoped to go by "Grits."

However, that name was already taken by a team in NC. While still undecided on a name, one of the school's favorite English instructors was teaching Wuthering Heights. During discussion, he stated in his thick Irish accent, "They ate grew-ill." A young Moses Rifkin and Kyle Weisbrod were in the class and asked, "They ate what?" Upon hearing him repeat it, they decided that should be the team's name! It may not be southern, but it is a thin watery porridge, and it sure sounded cool!

The Simpsons get credit for helping to solidify the thin watery porridge as the team name. An episode which aired around the same time, saw the kids at a work camp being made to eat gruel. Once the team watched that episode together, it was a done deal.

The team was co-ed until 2001, when we arrived at a critical mass of girls, enabling us to split the squads. Sticking with the "Gr..." theme, the girls' team is known as Groove.

## ROSTER

00	Daniel Sperling	Jr	5'8"
1	Gabe Eisen	Jr	6'3"
3	Sandy Leach	Jr	5'7"
4	Noah Cohen	So	5'9"
7	Jack Smith	Jr	6'2"
9	Tommy Gartman	Sr	5'10"
11	Noah Dezen	Sr	5'9"
16	Anders Olsen	Sr	5'10"
17	Ben Mapes	Sr	6'2"
19	Stan Birdsong	So	6'1"
20	Zachary Karsch	Jr	6'1"
21	Coleman Tappero	Fr	5'9"
23	Tim Jernigan	So	5'9"
25	Evan Mapes	Fr	5'8"
26	Jimmy Peterson	Sr	5'8"
27	James Walker	Sr	5'10"
36	Henry Laseter	So	5'9"
40	Tyler Russell	So	6'0"
44	Bryson Levisay	So	6'0"
54	Alex Shrader	So	5'9"
71	Houston Shrader	So	5'9"
88	Nathan Haskell	Sr	6'1"

## UNIVERSITY SCHOOL OF NASHVILLE

### BRUTAL GRASSBURN

**City/State:** Nashville, TN

**Coaches:** Jack Blair, Mike Lutz



Brutal Grassburn is the oldest high school ultimate program in Tennessee (founded in 1995), and has encouraged other schools to start teams, supported

them and helped them prosper. USN has also held camps and a few ultimate clinics in the past few years. Many players also participate in local pick-up and summer league. We have encouraged new players to participate and supported others to find opportunities to play. We stress spirit of the game and do everything we can to be players that anyone would enjoy playing with and against. Mike Lutz was our coach for almost 20 years. His dedication and passion for the game, working through our program, have made a huge impact on ultimate in Nashville and beyond. We are very grateful to him and hope to carry the torch in this, our first year without him running the program.

## ROSTER

5	Crawford Lyons	So	5'8"
6	Nicky Farren	So	5'10"
11	Douglas Corzine	Jr	6'3"
15	Mathieu Agee	So	6'2"
16	Mark Pierce	So	5'7"
17	Sam Kingsbury	Fr	5'6"
19	Joshua Gabella	Fr	5'9"
25	Zack Stern	Sr	5'10"
27	Grant Eidam	Sr	5'8"
29	Brandon Awh	Sr	6'0"
30	Patrick Chickey	Fr	6'0"
33	Sam Fisher	So	5'9"
37	Grant Given	Sr	5'9"
42	Alex Bahner	Fr	6'2"
64	Isaac Gabella	Sr	6'1"
99	Mitchell Coverstone	So	6'2"

# BOYS TEAMS

## WOODSIDE HIGH SCHOOL

### WOLVERINES

City/State: Newport News, VA

Website: [woodsidesultimate.blogspot.com](http://woodsidesultimate.blogspot.com)

Coach: Richard Rudnicki



Woodside Ultimate was founded in 2003 by Christian Lesnett as a way to bring the game he loved to the school where he taught. The team took the name Wolverines from the school they represent. A regular contender for the Virginia State Championship, Woodside is proud to represent their school, Hampton Roads (the 757), and all of Virginia.

### ROSTER

2	Chris Clark	So
3	Josuel Jimenez	Jr
8	Daniel Chappell	So
11	Ashtyn Mims	Fr
12	Luke Young	Jr
14	Andrew Lakey	Fr
15	Nick Fallon	Jr
16	Will Necker	So
17	Dmitri Stalnik	Jr
18	Jahleel Burrell	Jr
21	Jason Renfrew	Sr
23	Aaron Morris	Jr
24	Craig Benson	Jr
25	Xavier Whitaker	Jr
31	Reggie McClellan	Jr
32	Randy McMath	Jr
33	Nick Evans	Jr
42	Tyler Paul	Jr
70	Fred Hudson	Fr

## YORKTOWN HIGH SCHOOL

### PATRIOTS

City/State: Arlington, VA

Coaches: Matthew MacInnes, Alex Walker



We split from YHB last year to form our own team. In our first year as our own program, we took second at Virginia States and showed up well at Southern. The Patriots has been the Yorktown team name for longer than I have been alive.

### ROSTER

2	Spencer Cobb	Sr	5'7"
6	Ryan Whitesides	Sr	6'1"
9	Keaton Anderson	Jr	5'10"
10	Chris Radke	So	5'11"
11	Anders Juegnst	So	5'7"
14	Hunter Shumaker	So	5'10"
19	Fred Wolf	Sr	6'2"
22	Schall Nick	Sr	6'2"
29	Jackson Cochran	Sr	5'9"
31	Tristan Brady	Sr	5'11"
32	Sean Mcsweeney	Jr	5'10"
43	Joe Freund	Jr	6'1"
53	Jonathan Malks	Fr	5'9"
55	Christian Gilbertson	Sr	5'10"
59	Markus Wolf	Fr	6'1"
87	White Toby	Sr	5'10"
95	Nathan Fajfar	Sr	5'11"

# HEALTH & SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the “Directions” section of this program.

## CONCUSSIONS

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion:
  1. Remove athlete from play.
  2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management.
    - Do not try to judge the seriousness of the injury yourself.
  3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
  4. Allow athlete to return to play only with permission from an appropriate health care professional.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and Treatment of Heat Illness:
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.

- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## SIDELINE SAFETY

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

## LIGHTNING GUIDELINES

- Event Staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# SPIRIT OF THE GAME

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. -- 11th Edition USA Ultimate Rules of Ultimate.*

## 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

### 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

### 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

### 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

### 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

### 5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.



## 6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## 7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## 8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## 9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## 10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee, March 29, 2005.*

# SPIRIT CIRCLE

USA Ultimate has recommended post-game “spirit circles” to teams at the Youth Club Championships since 2010. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

# SPIRIT AWARDS

Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged, and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

## USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

**5:** Highest level of respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.

**4:** Respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

**3:** Generally exhibited respect towards opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

**2:** Exhibited a lack of respect towards opponents, officials and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for, the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/ or with a poor attitude.

**1:** Exhibited a major lack of respect towards opponents, officials and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly, and their attitude was abysmal.

## INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

# USA ULTIMATE SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

# 2014 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

## **FOR MORE INFORMATION ON USA ULTIMATE'S SPIRIT OF COACHING OR COACHING CERTIFICATION**

Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at [mike@hq.usultimate.org](mailto:mike@hq.usultimate.org), or visit the USA Ultimate website at [usultimate.org](http://usultimate.org).



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## 2014 USA ULTIMATE SOUTHERN HIGH SCHOOL CHAMPIONSHIPS

## SCHEDULES & MAP

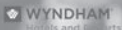
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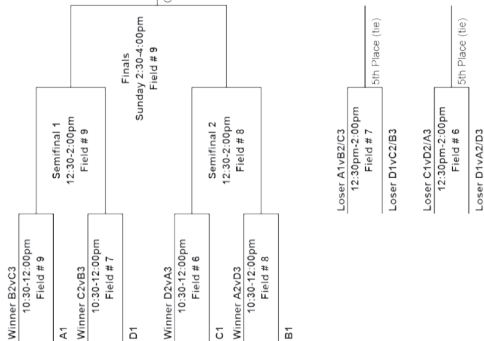


## 2014 USA ULTIMATE SOUTHERN HIGH SCHOOL CHAMPIONSHIPS

## 2014 USA ULTIMATE SOUTHERN HIGH SCHOOL CHAMPIONSHIPS

2014 USA ULTIMATE SOUTHERN HIGH SCHOOL CHAMPIONSHIPS

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5:30pm Men's Semifinal  
8:00pm Men's Semifinal

**MONDAY, MAY 26**

12:00pm Women's Championship Game  
2:30pm Men's Championship Game

**TAPE-DELAYED BROADCAST ON  
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**WEDNESDAY, MAY 28**

8:00pm USA Ultimate College  
Championships Semifinals  
Highlights Show  
9:00pm Men's Championship Game  
10:00pm Women's Championship  
Game

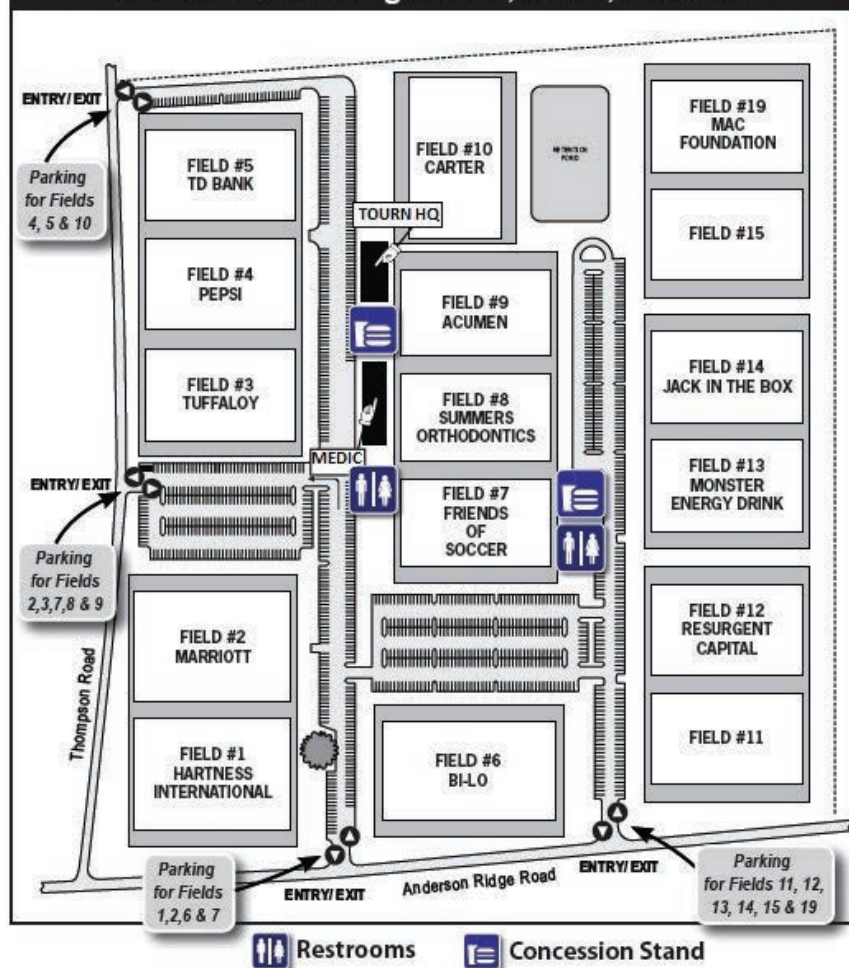
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# FIELD MAP

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