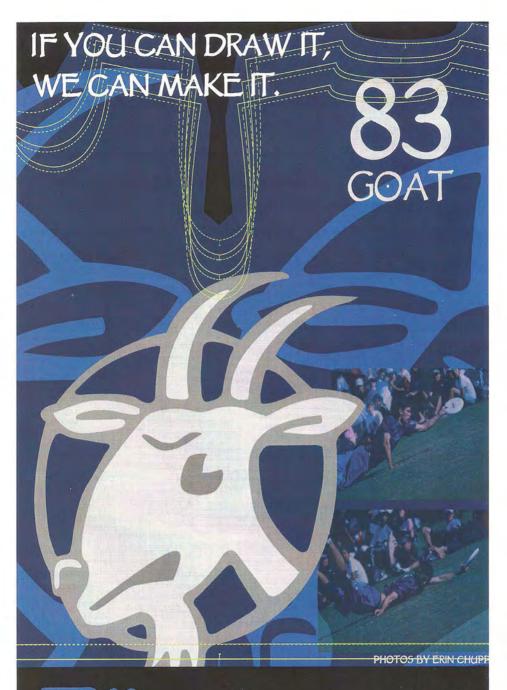


2009 UPA GRAND MASTERS & MASTERS WOMEN'S ULTIMATE CHAMPIONSHIPS

JULY 11-12, 2009 ♣ DENVER, COLORADO



EVENT GUIDE





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STAFF

TOURNAMENT STAFF will be wearing blue event staff shirts. If they can't answer your questions, they can point you to one of the following people to help you out.

LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director - Randy Ricks Media Coordinator - Dave Samuels

UPA STAFF

UPA Championship Director – Will Deaver
UPA National Masters Director – David Raflo
UPA Championship Series Manager – Matthew Bourland
UPA Championships Series Manager – Byron Hicks

ULTIMATE PLAYERS ASSOCIATION

4730 Table Mesa Dr., Ste I-200C, Boulder, Colorado 80305
Tel: 303-447-3472 Fax: 303-447-3483 Web: www.upa.org Email: info@upa.org

SITE RULES

NO PETS - If you bring a pet, you'll be asked to take him or her home. Do not put animals in vehicles.

NO ALCOHOL – Event and facility staff will be monitoring. You can purchase and drink alcohol at the on-site cantina, or wait for the party Saturday night. If you are caught drinking at the fields, you'll be asked to leave.

NO GLASS CONTAINERS - See above for alcohol, but this also applies to other food or beverages as well.

SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards

TRASH AND RECYCLING! Place recyclables in the recycling receptacles and place trash in the trash.

WELCOME

Welcome to beautiful Colorado! Thank you all for the sacrifices you made to be here for this landmark event in the history of Ultimate. It is a great honor for me to serve as tournament director.

To be honest, when we put the bid in for Denver to host, I thought we might attract 5 or 6 women's teams and 8-10 men's teams. Au contraire! You, the "mature" Ultimate community, have spoken mightily! 35 teams! A waiting list. Unbelievable!

There are too many "legends" here this weekend to list them all; people whom truly are pioneers in the growth and history of our beloved game; you all know who you are!

We're going to have a lot of fun--great fields, reunions of some seminal teams and old friends, new friends playing together for the first time, and live music by "The \$ellout\$" (yes, a shameless plug!) at the tournament hotel for your convenience.

Many of us have been playing Ultimate for 20 or 30 years! Some of us now have children the age we were when we first laced on our cleats. Imagine that! So like it or not, we are role models. It could be very hot this weekend and games could become "heated." I trust we will usher in the "senior" division era of Ultimate with class and sportsmanship on display.

Thanks to you, there is no doubt in my mind that the Grand Masters division is here to stay and the Masters Women's division is back to stay.

Soak it all in! Randy Ricks, Tournament Director

WEEKEND OVERVIEW

FRIDAY JULY 10TH AT CROWNE PLAZA HOTEL

6:00pm - 10:00pm Team Registration

SATURDAY JULY 11TH AT DICK'S SPORTING GOODS PARK

6:30am - 8:30am Free shuttle from Crowne Plaza Hotel to fields

7:30am Captain's Meeting

8:30am-6:30pm Pool play and Women's crossovers

5:30pm - 7:30pm Free shuttle from fields to Crowne Plaza Hotel

SATURDAY EVENING JULY 11TH AT CROWNE PLAZA HOTEL

7:00pm Tournament Party - Players and event staff (bring your ticket). Appetizers

and beer free of charge. Concessions and other alcoholic beverages will be available for purchase. Local band "The \$ellout\$", featuring some of your local Colorado Ultimate players, will be rocking for your entertainment.

SUNDAY JULY 12TH AT DICK'S SPORTING GOODS PARK

6:30am - 8:30am Free shuttle from Crowne Plaza Hotel to fields

8:30am - 4:00pm Elimination and Placement rounds

3:30pm Finals (both divisions)

3:30pm - 5:30pm Free shuttle from fields to Crowne Plaza Hotel

POST-FINALS - AWARD CEREMONY. Immediately following the finals, awards will be presented to 1st and 2nd place teams in each division, Spirit Award teams, and Spirit Award individuals (one from each team).

COMPETITION RULES

- UPA Official Rules of Ultimate, 11th Edition will be in effect.
- All Saturday games to 13, point cap 15, except Women's Pool C (19/21). All Sunday games to 15, point cap 17, except Women's 13-15th Round Robin (19/21).
- Half-time is 5 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. In a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time-cap goes on at end of round time on schedule. Add two points to higher score after first score after soft time-cap. Game ends when first team reaches new game total, or when first team reaches the original point total ahead by at least two points, whichever comes first.
- Hard time-cap goes on 15 minutes after the soft time-cap. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

DIRECTIONS

HOTEL SHUTTLE

Crown Plaza Denver International Airport 15500 East 40th Avenue Denver, CO 80239 303-371-9494

- The Crowne Plaza Hotel has a free shuttle to and from the airport.
- The Crown Plaza Hotel will be providing a free shuttle to and from the fields before and after games on Saturday and Sunday. Check the "Weekend Overview" section of this event guide for specific pickup times.

TOURNAMENT HOTEL (CROWNE PLAZA) TO DICK'S SPORTING GOODS PARK

(Dick's Sporting Goods Park - 6000 Victory Way, Commerce City, CO 80022)

- Head east on E 40th Ave 0.1 mi
- Make a U-turn 0.2 mi
- Turn left at Chambers Rd 361 ft
- Take the ramp onto I-70 W/US-36 W 2.7 mi
- Take exit 280 to merge onto Havana St - 1.8 mi
- Turn left at E 56th Ave 1.4 mi
- Turn right at Valentia St 0.4 mi
- Turn right at first intersection in park towards Lot E

DICK'S SPORTING GOODS PARK TO DENVER INTERNATIONAL AIRPORT

- Exit Park on Valentia St
- Turn left at E 56th Ave 5.6 mi
- Turn left onto the Peña Blvd/Pena Blvd ramp - 0.3 mi
- Follow signs to airport or rental car return

DICK'S SPORTING GOODS PARK TO HOSPITAL

(North Suburban Medical Center - 9191 Grant St, Thornton, CO 80229 - 303-451-7800) Total Est. Time: 15 minutes

- Turn left at Valentia St 0.2 mi
- Turn right at E 56th Ave 0.6 mi
- Turn left at Quebec St 0.7 mi
- Slight right (signs for I-270/US-36) 0.2 mi
- Take the ramp to I-270 W/US-36 W 308 ft
- Keep right at the fork, follow signs for I-270/US-36 and merge onto I-270 W/US-36 W - 5.3 mi
- Take exit 0 to merge onto I-25 N/US-87 N toward Ft Collins - 2.5 mi
- Take exit 220 to merge onto Thornton Pkwy - 0.8 mi
- Turn right at Grant St 0.5 m
- End at 9191 Grant St



And Your Little Dog Too (Melee)

Madison, Wisconsin

Captain: Kris Stepenuck Coach: Sue DeCicco

And Your Little Dog Too is made up of primarily players from Madison, Wisconsin, and players who once played in Madison. We also have a number of players from Minneapolis, Minnesota, who decided to join forces with us for the tourney. We have a few more secret weapons from other areas of the Central Region, plus a three-some of sisters to intimidate our opponents. This melee of players is coming together as a unified team for the women's' masters tourney.

and your dog too

Roster

~ ~ ~	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
1	Elizabeth Vu	5'5"
3	Melissa Dubois	5'5"
4	Liz Walsh	5'7"
5	Anna Goldschadt	5'2"
6	Megan Popowski	5'9"
7	Mrill Ingram	5'5"
8	Lindsey Munkwitz	5'7"
10	Claire Pettersen	5'7"
11	Nicole Munkwitz	5'7"
13	Michelle Swan	5'7"
17	Grace Borlee	5'2"
20	Kris Stepenuck	5'8"
21	Katie Beadle	5'4"
22	Vanessa Kahn	5'6"
24	Lisa Woodson	5'6"
34	Natalee Hartwig	5'9"
40	Maria Ellingson	5'6"
42	Melissa Munkwitz	5'10"
76	Kathy Haig	5'6"
88	Layla Merrifield	5'7"

Extended Warranty

Austin, Texas

Captain: Harper Ray

No practice? No tournaments? No track-workouts? Masters here we come! Take some parts of Buttercup, Hang Time, Holes n' Poles and Howdown...add a dash of Chewbacca Defense and Showdown, and you get Extended Warranty. We have all played against each other but we've never all played together!

Leigh Gorman	5'10"
Rebecca Turnbow	5'8"
Laney Bevill	5'3"
Marta Puyana	5'10"
Lisa Short	5'3"
Kristine Kobs	5'8"
Penelope Jenkins	5'8"
Julie Cook	5'4"
Whitney Elkins	5'4"
Amalia Sandel	5'10"
Dawn Skonieczny	5'7"
Barbara Karia-Marton	5'4"
Harper Ray	5'10"
Mary McDowell	5'6"
Luisa Silva	5'10"
Jennifer Glass	5'3"
	Rebecca Turnbow Laney Bevill Marta Puyana Lisa Short Kristine Kobs Penelope Jenkins Julie Cook Whitney Elkins Amalia Sandel Dawn Skonieczny Barbara Karia-Marton Harper Ray Mary McDowell Luisa Silva

Hot Flash

Boulder, Colorado

Captains: Jennifer Delamere, Christine Keenan, Jane Zelikova

While some say the universe was created by the Big Bang, we say the universe was created by the Hot Flash. High density, high temperature, and rapidly expanding, that is the Hot Flash. Comprised of Colorado club players from Box, Cougars, and Alchemy, we span 104,762 UPA membership numbers and 41 years. Like a disc in flight one mile high, Hot Flash is a finite entity with a hard edge and lots of spin. When that burst of light blinds your eyes at Dick's Sporting Goods Park on July 11 & 12, 2009, you will know you have just experienced the Hot Flash.

Roster

***	JUCCA	
00	Sara Fox	5'5"
1	Teresa Halverson	5'8"
2	Kate Douglas Kestyn	5'9"
4	Demaree Michelau	5'3"
7	Jeanette Hrubes	5'7"
8	Tracy Scholl	5'5"
9	Rhonda Kracker	5'4"
10	Liane Jollon	5'4"
13	Merry Beth Evans	5'7"
14	Kim Hutton	5'7"
16	Catherine Anievas	5'6"
17	Sonya Wytinck	5'4"
18	Jessica Lambert-Dauchy	5'6"
23	Tamara Zelikova	5'5"
26	Jennifer Delamere	5'2"
29	Valerie McKenzie	5'10"
31	Lucita Chin	5'4"
69	Christine Keenan	5'4"
71	Rehecca Snider	5'5"

hot flosh

KapakaHI

Honolulu, Hawaii

Captains: Buffy Cushman, Katelyn Allers Coach: Steve Fleischer

As a very experienced group of women, we have over 150 years of Ultimate playing under our belts. We have been coaches, players, mentors, and organizers. There is a UPA certified Level I coach, players who have been to nationals, and a coach with many years of experience. We have women who have been playing on the mainland for years and women who have been based in Hawaii for years. Our dedication and enthusiasm speak as loud as our experience. Many of us have been recognized by the Hawaii Ultimate League Association for our years of service by being inducted into the Hall of Fame. We've come together for Masters Nationals to represent our fair Hawaiian islands. Aloha!

KepakeHi

Ro	oster	
00	Suzanne Fields	5'2"
2	Kim Umeda	5'3"
3	Jenny Whitton	5'7"
7	Katelyn Allers	5'7"
8	Sheri Tamamoto	5'2"
9	Deborah Kremins	5'4"
11	Alex Polderman	5'3"
12	Buffy Cushman	5'4"
13	Jena Kline	5'4"
17	Laura Gilda	5'7"
23	Blue Kaanehe	5'4"
24	Leslie Kramer	5'2"
33	Nadine Wolfe	5'6"
45	Becky Shor	5'6"
55	Kimberly Towler	5'3"
62	Lori Daniels	5'4"
-71	Maureen Taylor	5'4"
99	Mina Kim	5'2"

MiNT

Seattle, Washington

Captain: Erin Gallagher

We are experienced ladies over 30 and hail from the northwest region. 'Nuf said.

Roster

Anja Haman	5'4"
Ava Segal	5'2"
Joanna Marsolek	5'7"
Heather Brown	5'9"
Abbi Nilssen	5'7"
Lori Van Holmes	5'8"
Amanda Goodin	5'10"
Kari Deleeuw	5'8"
Vivian Zayas	5'6"
Megan Wargo	5'7"
Kerry Soo Von Esch	5'2"
Elin Kuffner	5'2"
Katie O'Sullivan	5'2"
Erin Gallagher	5'7"
Pam Kraus	5'10"
Phyllis Gregoire	5'0"
Val Dion	5'8"
	Ava Segal Joanna Marsolek Heather Brown Abbi Nilssen Lori Van Holmes Amanda Goodin Kari Deleeuw Vivian Zayas Megan Wargo Kerry Soo Von Esch Elin Kuffner Katie O'Sullivan Erin Gallagher Pam Kraus Phyllis Gregoire

Kristin Ettinger

MINT

Nemes Ex

Chicago, Illinois

Captains: Nancy Glass, Mia Zierk

We are X. We are ex-Nemesis players, NemesEx. Some played under the corn, some played under the sword, but we are all united in our having played under the great name of Nemesis, the goddess of divine vengeance and retribution, "she whom none can escape". Under Nemesis, the corn and the sword unite.

Founded in 1983, Nemesis - Chicago's elite Ultimate Frisbee team - will celebrate 26 years since its inception, representing one of the longest-running legacies for a team's identity in an often tumultuous sport. We thought of ourselves as the goddesses of antagonism and punishment, the logo then was a snake with flowing hair. The team has been a traditional force in the Midwest, winning the Regional Championship multiple

times and qualifying for the Club Championships far more years than not.

K	oster	
1	Mia Zierk	5'9"
2	Amy Cooper	5'8"
3	Eva Cham	5'2"
4	Lynne Nolan	5'3"
4 5	Val Ngai	5'4"
7	Alison Hramiec	5'7"
8	Kerry Fein	5'6"
9	Mimi Ruether	5'10"
12	Michelle Boardman	5'3"
13	Cathy Ormerod	5'6"
14	Caren Henry	5'4"
17	Rudy Loveless	5'4"
19	Michelle Whitehead	5'9"
22	Carrie Hixson	5'5"
24	Nancy Glass	5'6"
42	Robin Kunze	5'10"
43	Melanie Koskamp	5'11"
44	Jackie Forrette	5'7"
48	Barrett White	5'5"
77	Sarah Savage	5'9"



Nicely Stacked

San Francisco, California

Captain: Lara Kehoe

Nicely Stacked hails from the Northwest, primarily the San Francisco Bay Area. The squad includes current and former players from Brass Monkey, Children of the Corn, Feral Cows, F.O.G., Mischief, and That's What SHE Said, among others. Likes include: Ultimate, double entendres and the color green. Dislikes include: lack of Ultimate. Thanks to the UPA for bringing back the Women's Masters Division!

Nicely Stacked

Roster

0	1 17 1	FION
0	Lara Kehoe	5'0"
2	Lisa Timmins	5'6"
3	Kristin Asmus	5'5"
4	Portia Monberg	5'7"
5	Juliet Lamont	5'4"
8	Kelly Petrich	5'3"
11	Nina Robin	5'0"
12	Karen Cortez	5'3"
14	Maria Comstock	5'4"
15	Jane Ross	6'0"
22	Elizabeth Kerbleski	5'6"
24	Janette Robinson	5'8"
26	Linda Shively	5'5"
27	Kathleen Rolinson	5'5"
37	Michelle Mellon	5'5"
47	Kitt Hodsden	5'6"

Kate Bergeron

5'5"

The team formerly known as the Peppers

Philadelphia, Pennsylvania

Captains: Tracy Berg, Stacey Bilinski, Kathy Heyman, Lisa Meeden

Like the artist formerly known as Prince, the Team formerly known as the Peppers was getting down in the 90s. We were covered in mud at Mud Bowl, took off our shirts for Mardi Gras, celebrated New Years at Tempe, enjoyed the sun at Terminus, were foolish at Fools, thanked our moms at Mother's Day, and drank from the Purchase Cup. We went to Worlds twice, Nationals seven times, and were the first women's masters champs in '94. We plan on line dancing our way back to the masters podium in Denver.



TO.	SICI	
2	Jen Freeman	5'4"
4	Beth Pfeiffer	5'6"
7	Tracy Berg	5'2"
9	Kathy Heyman	5'5"
11	Karen Scott	5'3"
12	Mel Iwaszko	5'8"
13	Chris Cianfrani	5'4"
14	Alison Cohen	5'4"
15	Beth Wise	5'4"
17	Emily Chorney	5'2"
18	Nurit Bloom	5'9"
19	Linda Cassill Vogel	5'5"
20	Mary Catherine Arbour	5'10"
21	Karen Grossberg	5'3"
22	Lisa Meeden	5'7"
28	Sara Handy	5'8"
-29	Vicki Pollard	5'5"
36	Kendra Viner	5'11"
42	Samantha Wittchen	5'9"
44	Karen Martin	5'7"
69	Stacey Bilinski	5'5"
74	Sandy Meroney	5'2"
79	Kathi Jenkins	5'4"

Prowl

Pittsburgh, Pennsylvania

Captains: Karen Thorne, Chriss O'Lare

We called ourselves Catshit way back in 1908
Then morphed into Pounce (cat names are our fate)
We went four times to Nationals, gave it our all
And played in the summer and spring time and fall.
But now we are older, and Ultimate's changing
The players are younger and teams rearranging.
The jerseys are Dri Fit, shorts go to your knees
You need a bank loan to pay tournament fees.
Picks don't stop play, the vertical's dead
And the ho stack is hip (at least that's what she said)
Teams will mix you a drink, but they no longer cheer
And the young'uns get younger, year after year.
But while some things have changed, there's much that's

We'll always be teammates; it's still the best game. And though we're more creaky and wrinkled and gray, and pop handfuls of Advil and slap on Ben Gay



Though our knee joints get achy each time that it rains
Spirit still runs through our varicose veins!

Roster

200	o c c x	
0	Jenn Bakal	5'4"
1	Linda Farley	5'6" -
2	Hope Celani	5'1.5"
4	Jenny Pack	5'2"
6	Marie Norman	5'5'
7	Mary Doolittle Hagen	5'5'
8	Karen Thorne	5'2.5"
10	Tara Branstad	5'4"
12	Chriss O'Lare	5'9.5"
13	Tracy O'Lare	5'7"
14	Ashley Smith	5'7"
15	Mara Harrell	5'9"
16	Susie Josten	5'6"
20	Sheetal Jhaveri	5'0"
22	Debbie Baird	5'6.5"
23	Paula Ward	5'7"
24	Kim Forsten Williams	5'8"
42	Megan Zdancewic	5'6"
48	Suzanne Bradley Porter	5'2"

Safari-tarians

San Diego, California

Captain: Shar Stuht

Safari-tarians is a team based out of San Diego, CA. Still making it from one end of the field to the other, they may not be 100 yrs old yet, but some days it sure looks like it!

Although this team's roots began in the early 80s, the veterans of Safari are still able to limp from the jungle and bring an arsenal of weapons to the Ultimate field. We're not just talking canes, walkers and knee replacements. Nope. Pure animal strength. They'll run and hunt for the perfect score. Just like the old days, no matter the challenge or battle that came. They always knew they'd win the game!

Separated by generation gaps, Safari-tarians are comprised of the old, older and fossils of ultimate. Even the arthritis doesn't stop the beat of their drums. Supplies of advil and jager line their sidelines. Their eyes of confidence continue to gleam even through their bifocals.

The wild spirit of Safari-tarians burns as bright as ever.



Don't be surprised if you see animal print at the party, tequila body shots, or sambuca on fire. And of course, you just might see a mohawk or two.

111	SICI	
3	Laura Wheeler	5'7"
4	Nicole Belle Isle	5'6"
7	Anahid Brakke	5'10"
8	Mary Ann Polityka	5'8"
9	Jill Van Wie	5'2"
11	Ann Corson	5'6"
14	Michelle Lesh	5'8"
15	Jutta Sellin	5'7"
17	Beth Thomas	5'4"
19	Lisa Bittner	5'2"
20	Shar Stuht	5'7"
22	Amy Finkelor	5'3"
25	Minh Huynh	5'0"
27	Deg Shechter	5'2"
28	Gail Solod	5'4"
71	Brenda Hunt	5'3"
77	Jennifer Sanderson	5'6"
99	Suzanne Doolen	5'5'

Schwuz

Portland, Oregon

It started about at a little tournament that ended up covered in Schwa paraphernalia in 1995, merged into phonetics and aliens in the late 90's and somewhere in the early 2000's a schwallow was added. We don't know much about the bird, but the spirit of schwa still lives among us. viva la schwuz.

Roster

- 2 Dara Linkfield
- 04 Cathleen Garnand
 - 7 Molly Barnes
- 08 Michele Gray
- 9 Shantrian Lininger
- 10 Val Hamm
- 11 Jen Fa-va
- 12 Deana McMurrer
- 13 Kathleen Porter
- 17 Mel Scurry
- 19 Merm Rosenbaum
- 22 Jeanne Savage
- 24 Jody Dozono
- 25 Cathy Erickson
- 26 Maura Mahon
- 27 Anne George
- 28 Hilary Wells
- 32 Marisa Dunbrasky
- 34 Deb Gutof
- 55 Amila Ferron
- 99 Ester Katsaros

Spinsters

Atlanta, Georgia

Captains: Karen Johnson, Eileen Murray

The idea for the Spinsters came from the desire to have an Ozone reunion. While there are many Ozone alums on the roster, the team includes other Atlanta players and a few ladies from Montana.

Ozone was established in 1986. Chris O'Cleary and Jackie Bourgeois saw some of the team's early years attending many of the first championship tournaments, and building a solid foundation for the future. Through their dedication and passion to development of women's Ultimate, Montana's Julie Keck, Sarah Megysi and Daphne Evans, have helped many great women surface from this region. Eileen Murray, Andrea Burridge, Emily Merkle, Julia Echterhoff and Angela Lin have been or are vital leaders not only for Ozone but in the Atlanta Ultimate community. All of these Spinsters have excelled in Ultimate whether it's winning a National Championship, being a league commissioner, or coaching a Worlds Team or college team – and giving back to the sport that has given them so much. The Spinsters represent the growth and diversity that Ultimate has become.

Our purpose is to play Ultimate at the highest competitive level and to achieve exceptional performance. Our guiding principles include respect for teammates and self, trust in teammates, commitment, and above all fun.

Roster

Ro	oster	
0	Rachael Aubert	5'4"
2	Andrea Burridge	5'6"
3	Jennifer Pennington	5'5"
5	Daphne Evans	5'6"
7	Eileen Murray	5'4"
8	Lori Bork	5'7"
10	Melissa Hough	6'1"
11	Julia Echterhoff	5'10"
17	Mimi Recker	5'4"
19	Jackie Bourgeois	5'3"
20	Sarah Megyesi	5'10"
22	KK Johnson	5'8"
24	Chris O' Cleary	5'10"
25	Susie Mercer	5'9"
33	Emily Merkle	5'5"
38	Julie Keck	5'6"
-69	Julia Daly	5'11"
73	Amanda Wing	5'4"

Angela Lin

5'8"

SXNE

South Region

Captain: Sue Farquharson

We are a group of women who have played Ultimate on various teams on every level of Ultimate for the last quarter century. SXNE (South by NorthEast) players range from relatively new players to veterans who continue to dedicate enormous amounts of time and energy to promoting this sport we all love. We play for the companionship of strong, like-minded women for whom tennis at the club just doesn't cut it. We've played all over the world in storms, blizzards, blazing sun and beautiful, soft spring days. We've played on lush fields, beautiful beaches and hard as rock vacant lots. We play to push limits - our own and those of others. But, most of all we play to represent love and respect that is the Spirit of the Game.



Roster

	,000	
0	Irene Garnett	5'4"
5	Anne Stuewe	5'2"
7	Liz O' Connell	5'7"
8	Deanna Griffin	5'6"
9	Wendy Mayes-Beasly	5'8"
11	Sue Farguharson	5'7"
12	Kris Brady	5'8"
14	Sage Morrison	5'10"
15	Laurie Rowan	5'8"
21	Barbara Denison	5'7"
22	Laura Williams	5'1"
24	Beth Scanlon	5'6"
25	Katherine Thacker	5'8"
27	Amy P. Lee	5'8"
33	Jennifer Sanders	5'2"
38	Amy Eversole	5'6"
42	Loretta Radeke	5'6"
76	Taliesin Thomas	5'6"
78	Catalina Alfonso	5'2"
89	Cindy Armstrong	5'2"

That's What She Said

Dallas, Texas

Captains: Diana O'Quinn, Lisa Etchison, Pam McLemore

From the town of Big D, we have a Big O

We haven't done it before in Colorado.

On Hang Time, Rival, and Zanzara we got a good taste

Just thinking of this tourney made us come without haste

We're here to play hard, let us tell you more:

The bigger the huck, the faster we'll score.

We'll handle the disc first softly, then rough...

And after we're done, you'll know it's enough.

It's okay, you can say it now, go right ahead:

We won't hold back, "That's What She Said!"



Heather Ayers	5'5"
Gina LeClaire	5'7"
Christina Robinson	5'8.5'
Kristen Wheeler	5'6"
Lisa Etchison	5'9"
April Grady	5'7"
Michelle Walters	5'7"
Elizabeth Sellers	5'4"
Dana LeClaire	5'7"
Rebecca Cormey	5'6"
Aislinn Rex	5'6"
Mary Fuzat	5'4"
Sarai Stapleton	5'7"
Pam McLemore	5'7"
Diana O'Quinn	5'3"
Kerrin Moeller	5'3"
Jennifer Forbes	5'4"
Maria Thompson	5'7"
	Gina LeClaire Christina Robinson Kristen Wheeler Lisa Etchison April Grady Michelle Walters Elizabeth Sellers Dana LeClaire Rebecca Cormey Aislinn Rex Mary Fuzat Sarai Stapleton Pam McLemore Diana O'Quinn Kerrin Moeller Jennifer Forbes

Well Done

Denver/Boulder, Colorado

Captains: Carrie Thrasher, Julie Wolf, Marley Steele-Inama, Kristin Hardie

As permanent as the Rocky Mountains, Well Done players have a lasting love for Ultimate Frisbee. Each of our players holds special things dear, but we are consistent in our commitment to holding athleticism, competition, laughter, and friendship close to our hearts. We have deep Colorado roots or connections and have all played on many teams throughout our Frisbee careers. Most of us have dedicated many years to Women's Club Ultimate and are excited for an abbreviated, competitive, women's masters series where we can connect and re-connect with our old friends.



Roster

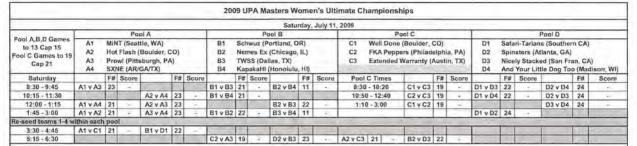
		ULUK	
	1	Renee Lambo Barnes	5'6"
1	2	Vicky Thrasher	5'2"
-	3	Anne Pogoriler	5'5"
,	4	Kristin Hardie	5'4"
	5	Michele Stockham	5'4"
1	6	Fran Carson	5'8"
	7	Allison Boyd	5'7"
1	8	Leslie Schein	5'4"
	10	Julie Wolf	5'4"
	11	Jana Krutsinger	5'6"
	12	Margie Parkis	5'6"
	13	Suzanne Jones	5'6"
	15	Marley Steele-Inama	5'4"
	17	Ally DeBastiani	5'5"
1	21	Robin Hamilton	56"
1	23	Heidi Pomfret	5'5"
	25	Jen Stone	5'8"
1	27	Chelsea Boyle	5'4"
	31	Elise Jones	5'6"
1	44	Tisha Schuller	5'6"
1	99	Carrie Thrasher	5'5"

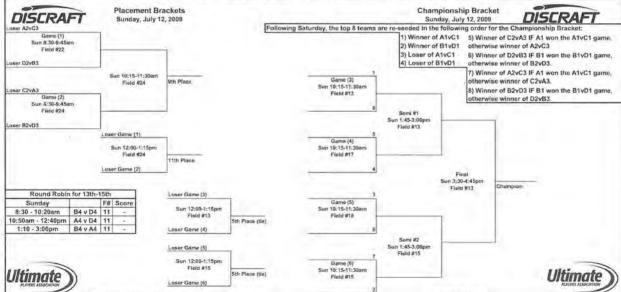
SHOOTING PHOTOS/VIDEOS

The Ultimate Players Association (UPA) appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of Events hosted by the UPA.

Anyone wishing to record UPA Events for Commercial Purposes (as defined in the agreement) is required to sign the UPA Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement is intended to protect the UPA's rights as an event organizer as well as the rights of participating athletes and to encourage and allow recording of UPA Events for both personal and commercial purposes beneficial to the sport and its participants. Please see Media Coordinator, Dave Samuels, at the event for more information.

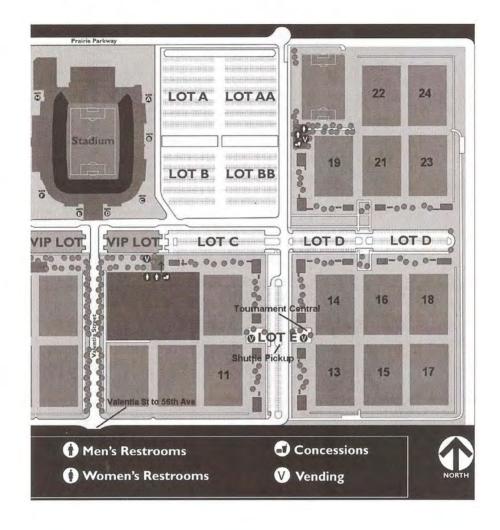




All games to 15 cap 17

All names to 15 cap 17 except Round Robin to 19 cap 21

FIELD MAP



2009 UPA GRAND MASTERS & MASTERS WOMEN'S CHAMPIONSHIPS



2009 UPA Grand Masters Ultimate Championship	2	2009 UPA	Grand	Masters	Ultimate	Championships	
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										Sa	turday,	July 11, 2	009											
			Po	ol A					Po	ool B					Po	ol C					Po	ol D		
All Pool Games to 13 Cap 15	A2 A3 A4	Old Glo Yoma F AARP (og Oho (l Austin, T)	delphia, PA			B1 Confluence 5280 (Denver, Co) B2 Grind (Vancouver, BC) B3 Boneyard's Boneyard (NC) B4 Rigor More Disc (Baltimore, MD) B5 Ozark Hillbilitys (Fayetteville, AR)						C1 Surty (Twin Cities, MN) C2 Southern Comfort (TX/GA/FL) C3 Vintage (Berkeley, CA) C4 Denver Dinos (Denver, CO) C5 The DTs (Cincinnati, OH)					i	D1 Big Sky Grand (Salt Lake City, UT) D2 NY/CT Gods of Ultimate (NY, NY) D3 Grandmaster Flash (Atlanta, GA) D4 Sick Hammers (TX) D5 Duck Pond (College Park, MD)					
Saturday		F#	Score	-	F#	Score		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score		F#	Score
8:30 - 9:45		7	-	750		1	B4 v B5	13		B2 v B3	15	1.4	C4 v C5	17	34	C2 v C3	18	. 60	D4 v D5	14	3.0	D2 v D3	16	4
10:15 - 11:30	A4 v A5	13	1	A2 v A3	15	10							C1 v C3	17	1	C2 v C4	18	100	D1 v D3	14	-	D2 v D4	16	1
12:00 - 1:15	A1 v A3	13		A2 v A4	15	100	B1 v B3	17	-	B2 v B4	18	1							D1 v D5	14		D3 v D4	16	
1:45 - 3:00	A1 v A5	13		A3 v A4	15		B1 v B5	17	-	B3 v B4	18		C1 v C5	14	240	C3 v C4	16	1.5						
3:30 - 4:45	A1 V A4	13	2	A2 v A5	15	1.20	B1 v B4	17	2	B2 v B5	18	0	C1 v C4	14	-0	C2 v C5	16	112	D1 v D4	11	4	D2 v D5	24	1
E-45 E-20	A1 11 A2	12		A2 A5	46		D4 v D2	47	1.5.	D2 D6	10	100	C1 11 C2	14		C2 4 C5	16	0.0	D1 D2	11		D2 4 D6	24	





DISCRAFT

Game (1) Sun 8:30-9:45am

Field #13

Game (2)

Sun #:30-9:45am

Field #14

Game (3)

Placement Brackets

Sunday, July 12, 2009

Sun 1:45-3:00pm

Field #17

9th Place

Game (5) Sun 12:00-1:15pm

Field #17

DISCRAFT

Championship Bracket

Sunday, July 12, 2009

Final

Sun 3:36-4:45pm

Field #14

Champion

Semi #1

Sun 1:45-3:00pm

Field #14

Game (7)

Sun 10:15-11:30am

Field #14

Game (5)

Sun 10:15-11:30am

Field #21

Game (9)

CZ





Austin Antique Roadshow Players - AARP

Austin, Texas

Captain/organizer: Paul Normandin Coach: Steve Milan

Austin Antique Roadshow Players (AARP) is a motley crew of Ultimate players from all over the south, even as far South as Mexico and with one a little West of Texas. We play for the love of the game and the friendship that comes from it. The Austin Antique Roadshow Players (AARP) is one of 3 Austin teams going to Denver for GM Nationals. AARP hails from Texas and beyond. We have players from Austin, Houston, Nacogdoches, one from Mexico, one from Florida and one from Southern California.



Roster

5	Daniel Saenz	5'7"
7	Steve Milan	5' 9"
11	Tom Harbuck	5' 9"
13	Angel Alvarez Marcen	6' 3"
17	Rob Burridge	5' 9"
19	Kenan Pollack	5' 11"
21	Greg Sitz	6'0"
22	Scott Cilento	5' 9"
24	Thad Barnes	6' 1"
26	Paul Normandin	5' 11"
42	Mark Graham	6' 3"
44	Brent Burt	5' 11"
57	Al Brown	5' 8"
61	Randy Sanchez	5' 9"
88	David Armstrong	6' 0"

Big Sky Grand

Ketchum, Idaho

Captains: Rick Whitty, Bill Sherrerd Coaches: Pat Benson, Kib Dacklin

These are the men your mothers warned you about... bad influence and miscreant action tossed together in a perfect blend - both shaken and stirred.

Thoroughbred, corn fed, and thoroughly inbred, we hail from high in the hills, deep in the valleys, and across the plains where deep cuts and long hucks have drawn us together in the land of Big Sky...a joyful land where hasbeen and once-were still thrive.

These BiG Boys are good ol' fashioned American made steel thrown down on a rugged, built-for-abuse chassis and constructed in a time when smooth cruisin and a stable's worth of horsepower crushed even the concept of efficiency. You'll find we guzzle our fuels and belch out whatever we damn well please...and if were goin'

off half cocked we're probably only half way there.

GO LONG GO GRAND GO BIGS

Alexander Cross	6'
John Milich	5'11"
Sean Graff	6'
Chris Eaton	5'11"
Kib Dacklin	6'1"
Trent Stumph	6'
Eric Rogers	6'
Pat Benson	5'11"
Mike Gollin	6'4"
Jason Sutter	6'2"
Layne Davis	6'
Tom Moyer	5'10"
Mike Payne	6'
Paul Schiess	6'
John Selfridge	5'11"
Rick Whitty	5'10"
Chuck Rettberg	5'10"
Bill Sherrerd	6'2"
Phil Blevins	6'
Herb Kaup	5'10"
Dean Civille	5'10"
	John Milich Sean Graff Chris Eaton Kib Dacklin Trent Stumph Eric Rogers Pat Benson Mike Gollin Jason Sutter Layne Davis Tom Moyer Mike Payne Paul Schiess John Selfridge Rick Whitty Chuck Rettberg Bill Sherrerd Phil Blevins Herb Kaup

Boneyard's Boneyard

Research Triangle Park, North Carolina

Captain: Mark Britt

Never say die! Frankenstein had his monster. Dracula, his blood rituals. Ezekiel, his valley of bones. Idun, her golden apples. Columbia, its Voodoo Magic 3-in-1 parka. We love the anxious surprise as the hero-or villain-rises from seeming death for one more battle. Cheer then as mad scientists and witch doctors from Research Triangle Park, NC, present their latest success: from bone intercropping in the glowing earth near the Shearon Harris Nuclear plant, aided by certain choice stem cells, organ transplants and resveratrol overdose rejuvenation experiments, emerges a rascally, loveable bunch of the living dead. Fortified with kackalacky backy juice (it's not yet a banned substance),



these zombies take on the sheen of newborns as they attempt to steal another dose of Ultimate immortality. Watch for the brown spittle when you argue a call. Old Frisbee players never die—they're resurrected in the Bonevard.

Roster

1	Marc Kessler	5'9"
2	Mark Britt	5'8"
3	Tom Wang	6'0"
5	Christoph Boshoff	6'1"
7	Tim Brooks	5'10"
8	Christian Schwoerke	6'0"
1 2 3 5 7 8 9	Bradley Newsom	5'8"
11	John Boswell	5'10"
13	Eric Guajardo	5'11"
15	Tom Schopler	5'10"
18		C'A"
10	Frankie Bausch	6'4"
22	Alan Ellis	6'2" 6'1"
24	Mark Pfahlert	61
28	Mike Riley	6'1"
29	Tim Lo	5'9"
32	Tom Reid	6'0"
33	TJ Cawley	5'10"
42	Roger Lassiter	5'11"
49	Bucky Ransdell	6'1"
52	Brian Zuercher	6'1"
57	Scott Vandelinde	6'0"
64	Tom Munoz	5'6"
68	Brian Holloway	5'11"
69	Victor Maneilly	6'0"
84	David Kaminski	6'1"
89	Greg Williams	6'0"
99	Cedric Locklear	6'0"
11.7	DETILIFE FOR VICTI	11.11

Confluence 5280

Denver, Colorado

Captains: Randy Ricks, JD Lobue, Jr. Coaches: Dee Rambeau, Gary Foreman

Collectively, we've won countless National and World Championships as members of legendary teams like the Santa Barbara Condors, St. Louis Tunas, Windy City, NYNY, Rude Boys, Double Happiness, and Old and in the Way. Like most teams in this "new" division, we are energized by the opportunity to play again with so many old friends while making new ones. We can't wait to display our skills, intensity and good spirit as we pursue the first UPA National Championship in the Grand Masters division. Good luck to all. Play hard, play clean, play fair and may the best team win!

ONFLUENCE

TIL	BICI	
123456789	Carlie Schubert Rob Bleiberg Ben Theilhorn JD Lobue, Jr.	5'11" 5'8" 5'11" 5'8"
6	Brian Herman Brian Hicke	5'11" 5'10"
7	Mike O'Dowd	6'0"
8	Bo Esrey	5'10"
9	Jeff Bryant	5'10"
10	Mike Morrissey	5'10"
11	Mike Glass	5'10"
12 13	Finlay Waugh Buzz Ellsworth	6'4" 6'0"
14	Gary Foreman	5'11"
21	Jeff Landesman	5'8"
22	Tony Porter	5'11"
24	Jim Middlebrook	6'0"
27	Jeff Van Spriell	5'10" 5'9"
33	Geir Kvaran Dave Smith	6'5"
34	Walt VanderSchraff	5'8"
42	Phil Lohre	5'8" 6'3"
43	Daryl Nounan	5'11"
44	Randy Ricks	6'3"
45	Skip Řepetto	6'0"
66 84	Dave Banks Mark Witherell	6'5" 6'0"
UT	Wain milities	UU

Denver Dinos

Denver, Colorado

Captain: John Cyran

The Denver Dinos is a last minute conglomeration of the finest washed-up, has-been and never-was Ultimate dinosaurs in the greater Denver metropolitan area (excluding Arvada, Englewood and parts of Aurora). Consisting of former national, regional. sectional, local, pick-up, and backyard all-stars, our ability to launch ill-advised hammers, scoobers, and bendy-putts is legendary. Did someone say barbecue backhand? If that's not enough, the Dinos are the acknowledged heckling champs of the southwest corridor, having altered the outcomes of countless tournaments through well-timed cries of "unhook the plows" and the all-time favorite, "is that all you got?" Ultimate players come and go, but like unwanted relatives and the smell of stale beer, the Dinos just seem to stick around.

Roster

111	Jotel	
0	Daniel Price	5'8'"
1	Michael Heben	6,0,,
2	Carlos Aguirre	5'6"
2 3 4	Garrison Kaufmann	5'11"
4	John Cyran	6'0"
6	John Williammee	6'0"
7	Marty Esquibel	5'8"
8	Sebastian Hayman	5'9"
9	Jonathan Shepherd	6'0"
10	Joe Canepa	5'7"
11	John Rodgers	5'8"
11 12	Matt Smith	5'10"
13	Richard Wagner	6'2"
14	Barry Jerebker	5'10"
	Jeff Jones	6'1"
15		
16	Jay Austern	5'11"
17	Drew O'Connor	6'1"
18	Randy Ellingson	6'1"
19	James McDonald	6'0"
22	Jim Ptacek	5'11"
27	Frank Phillips	6'0"
33	Chuck Brunson	5'9"
36	Daniel Blum	6'1"
42	Tim Warder	6'4"
43	Mookie Schulz	5'9"
44	Theodore Mondale	6'4"
4.4	Theodole mondale	UT

DoG

Boston, Massachusetts

Captains: Jim Parinella, Alex de Frondeville, Jim Johnston

DoG (Death or Glory) is one of the most storied franchises in Ultimate history. Created after years of crushing defeats, this Boston team won six consecutive Open National championships from 1994-1999 and continued to be a presence on the national scene for years afterward. After the retirement of its final original members, the team immediately made its mark in the Masters Division, capturing a National championship in 2007 and a World Championship in 2008. It hopes to add another division title this year.

1	Alex de frondeville	5'11"
2	Jay Watson	5'11"
3	Jim Johnston	5'6"
5	Justin White	5'10"
6	Eric Zaslow	6'0"
10	Marshall Goff	5'11"
14	Simon Verghese	5'8"
17	Gary Bernard	5'6"
22	Paul Greff	6'1"
25	Rob Barrett	5'10"
28	Mike Cooper	6'2"
33	Damon Spitz	5'10"
34	Jeff Brown	5'10"
56	Arnold Sanchez	5'8"
70	Jordan Haskell	5'8"
77	Scott Goodrich	6'0"
81	William Taylor	5'8"
88	Jim Parinella	5'10"
88	Jim Parinella	5'10"





Duck Pond

College Park, Maryland

Captains: Paul Fagiolo, Mike Schichtel

The earth was once a molten mass and soon afterwards Duck Pond Ultimate began with a group of likeminded University of Maryland students as pick-up in a nearby park with a duck pond. That casual start spawned the Duck Pond team (and judging by how many kids are on the sidelines of our games now, spawned is the right word) and core Duck Pond members have played together ever since. While we've been playing in the UPA individually, we've kept the Duck Pond team together throughout the past two decades in the WAFC leagues and we're thrilled to reunite again as Duck Pond at the Grand Master Championships.

Roster

8 Chatkan Bunnag 5	'1" '8"
9 Keith Bryant 5	1100
	'10"
10 Tom Duncan 6	'0"
12 Sharon Burke 5	'4"
13 Sharon Crook 5	'5"
17 Mike Schichtel 5	'10"
18 Mike Norman 6	'2"
22 Jay Renbaum 5	'8"
25 Kendra Briechle 5	'7"
29 Jeremy Warner 5	' 8"
32 Joe Svitak 5	'8"
36 Kirsten Leckszas 5	'7"

Duck Pond

Grandmaster Flash

Atlanta, Georgia

Captain: Hale Brown

GRANDMASTER FLASH is a southern "all-star" team where everyone contributes. Call out for "Greg" to cut and you'll get both Bug and Shap. Tell "Richard" to go long, Russell, Hale or even Nate might all go (but not Nathan, he handles). Ask "Jim" to carry the team and Hereford and Nesbitt will step up. Rely on "Andy" to get a D, and Kennett and Grimes will make it happen. Lightning flashed in Florida revealing old "Dogs of War" (Hoover & McCormack) along with fellow O'towners (Daryll & Eric). Barckley and Matt will run you into the ground, Chester is an AFDC (Atlanta Flying Disc Club) living-legend, and Eric is proud of being 1-Smoot tall. We've got players with decades of experience (Peter, Alex, Lare), summer leaguers who have never been to nationals (Craig, Nate, Sam), and a handful of national and international champions (Daryll, JR, Hale). At Open Nationals every year



you'll find JR filming and Andy Grimes (our spirit-nominee) dishing out the best Ultimate food out of the "Green Pickle". But this weekend all you need to remember is the name GRANDMASTER FLASH and we'll all be there.

K	oster	
0	Greg Allpow	6'4"
1	J.R. Reynolds	5'8"
2	Jim Nesbitt	5'11
3	Chester Harich	5'7"
4	Alex Thompson	5'11
5	Mark Hoover	5'9"
6	Matt Daniels	5'10
7	Eric Gilmore	5'7"
8	Peter Jenkins	5'10
9	Hale Brown	6'
11.	Andy Kennett	5'8"
12	Richard Russell	6'3"
13	Nathan Stuart	6'1"
17	Barckley Toole	6"
21	Craig Arnold	6'2"
23	Sam Cooke	5'8"
-28	Andy Grimes	6'
32	Nate Edwards	6'
40	Lare Brooks	6'4"
66	Daryll Fefee	6'2"
75	Boris McCormack	6'2"
82	Jim Hereford	6'
98	Gregg Shapiro	5'7"

GRIND

Vancouver, BC, Canada

"On the seventh day God rested, because Grind practices on Saturdays, and God pulled a hammy in the scrimmage and had to spend Sunday on the couch. But He didn't mind. There was hockey on TV, there was Grind's collection of gold, silver, and bronze medals to marvel over (God likes shiny things), and it gave Him a chance to reflect on the previous week. On Monday He had created the Frisbee, round and nippled and perfect, and He saw that it was good. On Tuesday the grass fields, soft and lined, 1200 cubits square. On Wednesday He came up with good spirit -- a wise move on the advice of his lawyers. On Thursday He looked into Disc Golf, but didn't think anyone would take it seriously. On Friday He pulled an all-nighter making the rules (He admits the Pick could be more clear). On Saturday morning -- tired. old, and hung-over -- He created Grind in his image, and it was good. Not great, but pretty good."



Roster

- 2 Detmar Schwichtenberg
- 3 Kelly Mah
- 5 Kevin Chenoweth
- 6 David Brockington
- 7 Del Surjik
- 8 Brian Harris
- 10 Craig Woods
- 11 Tim O'Donnell
- 13 Pete McCann
- 18 Victor Gaysinsky
- 22 Nigel Cochrane
- 23 Pat Harris
- 27 Sandy Lane
- 31 Marc Landau
- 33 Dave McNeilly
- 44 Tim Friesen
- 77 Curtis Collins
- 87 Chris Smith
- 90 Greg Holloway
- 97 Brian Gisel

New York/Connecticut Gods of Ultimate

Westport, Connecticut; New York, New York

Captains: Matty Jefferson, Sas Peters

From the primal ooze of New York and Connecticut they emerged more beasts than men. Over the years they developed deep warrior and hunting skills using their unique disc tools to dominate the northeast Ultimate wilderness for many, many years. They became known as G.O.D.S., both feared and revered by the other warring tribes for their fearlessness, brutality, and speed.

Over many years, after conquering all the warring tribes of the Northeast, the US and the World, they moved into scholarly and intellectual pursuits, but frequently on



weekends (or when the moon was full) they prowled the Ultimate wilderness hungering for more wars, and thirsting for the hunts of younger days.

神的飞盘

Roster

00 Gabe Selig

00	dabe delig	0 0
1	Eddie Stone	5'4"
2	Brian Barney	5'9"
3	Matty Jefferson	5'7"
4	Josh Kapp	5'8"
5	David Goldemberg	5'9"
6	David Mathison	5'8"
7	Skip Kuhn	5'10"
8	Josh Polur	5'9"
10	Stu Farguharson	5'10"
12	David Chaiken	5'10"
13	Sas Peters	6'2"
14	Dan Powers	6'1"
17	Linwood Lewis	6'1"
18	Daniel Gwartz	5'10"
19	Chris Showers	6'3"
22	Ken Silver	5'8"
33	Charley Riggs	6'1"
45	Dan O'Connor	6'0"
46	Russ Bogin	5'10"
48	Disque Deane	5'9"

Joe Hunt

John Garb

5'7"

5'9"

79

Old Glory

Philadelphia, Pennsylvania

Captain(s): Bruce Kuo and Sean Smith

Following the UPA National Championships in 2007, a core of players from O.L.D.S.A.G. (Philly Masters) decided it was time to form an open GM team. We added a bunch of local old guys who still play reasonably well and called our selves Old Glory.



Roster

Tre	Jocet	
1	Chris O'Connor	6'1'
2	Taun Chapman	6'2'
3	Mark Cornacchio	5'7"
4	JB Harrington	6'0"
5	Bruce Kuo	5'9"
6	Keith Scott	5'11"
7	Kenne Hemphill	5'10"
8	Rod Hannon	5'9"
9	Andrew Rutledge	6'4"
10	Marc Davies	6'2"
11	Ken Yanoviak	6'0"
12	Gian Dodici	6'3"
13	Peter Knappenberger	5'9"
15	Tom Boerth	5'11"
16	Tom Maroon	5'9"
17	Brendan Smith	5'8"
20	Jim Brose	5'8"
21	Mike Adlis	5'10"
22	Hector Hernandez	6'0"
24	Brian Canniff	5'8"
26	Sean Smith	5'8"
27	Jim Viner	6'0"
29	Curtis Maier	5'8"
33	Bruce Jacobson	6'0"
42	RScott Cochrane	5'6"
44	Will Heyman	6'2"

Ozark Hillbillys

Fayetteville, Arkansas

Captains: Doug Behrend, Lance Coleman, John Schmuecker

Come and listen to a story 'bout our grandmaster team/ The huckinest bunch of rednecks you have ever seen/ It started with the Coleman and Schmuecker bros/ When they said, "Hey fellas, here's a game ya oughta knows"

Ultimate, that is. Flying discs. Team sport. Well the next thing you know discs were flyin in the air/ This small group of 'billys took their team most every-

where/ Porker Platter Pushers was the name originally/ But that was too hard to say so they changed to UTP

Ultimate, that is. Tillya. Puke.

Well them boys grew up and soon hit masters age/ Went to Worlds in '98 where the team was all the rage/ Been to Southern Regionals the last 5 years in a row/ And played in both Masters Tune-ups in Colorado.

Denver, that is. Altitude. Thin air.

Now it's seven on the line with our friends and all our kin/ Who can tell the difference? (Yep, we had to put that in)/

And though your tendons have lost some OZALSK elasticity/ You're still invited to our tent to share our hospitality.

Hillbilly, that is. Ozark. Grandmasters National Championship.

別しいませいる Y'all run like Dan, now. Y'hear?

R	oster	
		4.4
2	Howard McNeely	6'0"
3	Brian Woodson	5'2"
6	Eddie Bryan	5'6"
7	Tim Caffrey	6'0"
9	Rich Connell	5'9"
11	Bob Lee	6'1"
13	Wayne Ramsey	5'10"
14	Randall Gilpatrick	5'11"
16	Randall Hewes	5'11"
18	Bradley Erickson	5'10"
19	John Schmuecker	6'2"
21	Todd Erickson	6'5"
24	John Bailey	5'9"
26	Luis Montes	5'10"
39	Michael Strange	6'0"
40	Richard Wanko	6'0"
.41	Doug Behrend	5'9"
42	Joe Garrett	6'6"
44	Brian McFarland	6'2"
69	Quint Newcomer	6'0"
80	Lance Coleman	5'11"

Rigor More Disc

Baltimore, Maryland

Captains: Mitch Vitullo & Bob Fonte

Rigor more Disc is in it's 4th year of Grand Masters play. RMD is comprised mostly of Baltimore-based club players with a strong DC contingent, a PA/Penn State group and some West Coast ringers from New Mexico.

Many of our players are Nationals veterans from various Open, Masters and Mixed Division teams, including several former World Club and UPA National Champions.

Rigor more Disc has played in the growing East Coast Grand Masters circuit with three trips to Montreal and appearances in Philly and Long Island.

It is a great group of guys and we are psyched to represent the Mid-Atlantic and old people in general at this inaugural event.



Roster

1	Mitch Vitullo	5'7"
2	Tim Eubanks	5'10"
3	Tom Coffin	5'10"
4	John O'Neill	5'11"
6	Dave Wilkins	6'3"
7	Mike Pascale	5'9"
9	Chris Fontes	5'6"
10	Barry Lloyd	5'10"
11	Gregg Landry	6'
17	Steve Pranger	6'3"
19	Bob Fonte	5'10"
21	Bruce Lord	6'1"
24	Bill Dristy	6'5"
27	Louis Bair	6'
43	Jamal Yusof	6'
66	Greg Alling	6'3"
68	Neill Curtis	5'5"
77	John Gallagher	6'
85	Mark Simons	6'2"
88	David Ritchie	5'10"

Sick Hammers

Texas

Captain: Rob Seidenberg

Sick Hammers are Frankenstein creations welding together abused limbs and other assorted vital parts from three masters teams: 33 1/3 (Texas), Herniated Disc (Florida) and Faded (Southern California). Most Hammers reside in the Lone Star State--from the capital in Austin, to Houston, College Station and beyond. But able-bodied volunteers from both the Sunshine State and the Golden State provide adroit support. Nomadic lifestyles—along with embryonic Facebook skills--may scream "Witness Protection Program," but the Hammers strictly adhere to the ancient philosophy of "If you don't move, it won't groove."

Sick Hammers



Roster

Jerry Rush

6'3"

90

1	Max Norton	6'4"
5	Brad McCredie	5'11"
7	Jack Chen	5'8"
9	Rob Seidenberg	5'9"
10	Peter Wells	5'7"
11	Rick Scott	5'8"
12	Reggie Ullrich	6'2"
13	Scott Nolf	5'11"
17	Eric Moelter	5'10"
21	Gary Breaux	5'10"
22	Jimmy Moore	6'0"
27	John Shank	6'2"
29	Joey Barcio	6'1"
32	Carl Edwards	6'0"
33	Mark Newton	5'7"
44	Tom Blinn	6'0"
46	Daniel Benson	5'10"
47	David Spath	6'1"
87	Dwight Monteith	5'10"

Southern Comfort

Florida/Georgia/Texas

Captain: Byron Hicks

The South; tradition, larger than life characters, fiery tempers, and the love of good food and drink. We are Southern Comfort.



Roctor

1/1	SICI	
1	Pete Derouin	5'11
2	Sean Douglass	5'6
3	Jim Gerencser	6'5
4	Byron Hicks	6'
5	Walter Passmore	5'8
6	Steve Olsen	6'
11	Pat Lee	5'11
14	Mike Jones	6'3
15	Brad Kaylor	5'9
17	Marc Ellison	5'10
21	Chris Cosgrove	6'1
23	Calvin Lin	5'10
27	Dave Patton	5'11
28	Mark Houska	5'11
37	Terry Fowler	5'11
42	Doug Howie	5'9
44	Jim Thompson	5'8
50	Doug Parrish	5'9
69	Milan Hooper III	5'11
71	Greg Clark	5'11

Surly

Brooklyn Center, Minnesota

Captain: Jim Mott, Johnny Hock, Russ Adams Coach: Marty Bakko

Budha Boys, Terrapins, Tuna's, Windy City, throw in friends from other central region teams of the 80's get sponsored by a brewery in Minnesota and you have the 2009 Grand Masters team: SURLY A great mix of central region players that have shaped the region the past 30 years by tough play and dedication to the sport. We come to compete on and off the field. We look forward to seeing old friends and battling old foes. Cheers to all of you old guys. SURLY ULTIMATE



Roster

77

3 Billy Theisen

Aaron Switzer

- 4 Chris Reynolds
- 5 Tony Severt
- 6 Bryan Young 7
- Matt Zupan 8
- Dave Steglich
- 9 Greg Williams
- 10 Dave Ross
- 11 Mike Balas
- 13 Jeremy Alden
- 14 Buck Schneider
- 15 Joey Stocklein
- 16 lim Mott
- 17 Fritz Busmann
- 18 Matt Hietter
- 20 Jeff Walters
- 21 Tim Duggan
- 22 Sam LaBrie
- 23 Shawn Kokenge
- 27 Mike Cline
- 28 Eric Enge
- 29 Brian Corradi
- 33 John Fenske
- 34 Johnny Hock
- Russ Adams

Thirst'N'Howl

Fremont, California

Captains: Mike Sexter, Curt Lichtenstern, Tom Collett

Formed in 1994 in Fremont, CA as a competitive Open Division Team. Our team was a spin-off of the Fremont-based Ohlone College (86-89) team, as well as the San Jose-based "Monkeyshine" (92-94) teams. Many of our players still play competitively with other Bay Area based teams, but as a team we have not played together since late 90's-early 2000's.

Roster

0	Mike Sexter	5' 10"
1	Curt Lichtenstern	5' 11"
3	Matt Storch	6'
4	Sean Trabosh	5' 10"
5	Dean Hinton	5' 10"
6	Eric Stefanich	5' 9"
11	Joe Konst	5' 10"
13	Doug Irving	5' 9"
15	Rick Colbeth	6'
16	Tom Collett	5' 10"
19	Fritz Robbins	6'
25	Kendra Hershey	5' 2"
29	Ken Joye	6' 4 "
31	Doug Heath	5' 7"
35	Lance Crawford	5' 8 "
50	Loren Lacampagne	5' 11"



The DT's

Cincinnati, Ohio

Captain: George White

Adolph Coors long claimed to have the best hucksters, and he challenged anybody to prove him wrong. Somewhere in the south central midwest, brewmasters Dave Wiedeman, Tom Burger and Dave Hudepohl arose to answer the challenge. They combed the great river valley for elite elder discmen. Each village brought forth their decrepit discmasters. "How will we know whom to choose? Will they throw long? Run fast?" No. None who had seen forty winters possessed such abilities, yet the brewmasters knew their CHOSEN immediately. They came from all walks of life, but they were to a man tired, slow, distracted and pickled with cheap local beer. But above all, they were all named either Dave or Tom. Bound by common nomenclature and a love of swill, their numbers grew to seven, then seven more, and another seven. After injuries, some gout and horrendous hemorrhoids, they were 18 and 3/4 in number. They could neither run fast, jump, nor throw long, but they DID know their names-really, really well. This handpicked

DTS

es—really, really well. This nandpicked legion of Daves and Toms comes to the mountain; they may be conquered, but they will drink the budget beers of the

valley with gusto. They are the DT's.

Roster

79 Chris Aiuto

5' 8" 6' 6' 6' 5' 10' 5' 10'
6' 6' 5' 10'
6' 5' 10'
5' 10'
5' 10"
0 10
6'
6' 5"
5' 9"
6' 6"
5' 9"
6' 4"
5' 11"
6'
6'
5' 9"
5' 8"

Tom Phillips

88

Vintage

Berkeley, California

Captains: Stephen LaBonge / Ben Emery Coaches: Stephen LaBonge / Ben Emery

Vintage was formed in early 2009 to send a fun spirited competitive bay area team to the 2009 Grand Masters Championships. "In Dog Years We're Dead".

Roster

John Cohuser	6'0"
Tim Merrigun	5'9"
Scot Schreider	5'8"
Page Patterson	6'1"
Tommy Cortez	5'9"
David Kennedy	6'2"
Phil Herlich	5'9"
Jeff Pilisuk	5'10"
Jerry Britten	5'6"
Andrew Hoffman	5'9"
Jeff Guthmiller	5'10"
Stephen LaBonge	6'5"
Rand Wrobel	5'10"
Pat Wadell	6'0"
Brian Higgins	5'10"
Benjamin Emery	5'9"
Jeff Skoke	5'7"
Greg Yachuk	6'0"
Vince Gallagher	6'1"
	Page Patterson Tommy Cortez David Kennedy Phil Herlich Jeff Pilisuk Jerry Britten Andrew Hoffman Jeff Guthmiller Stephen LaBenge Rand Wrobel Pat Wadell Brian Higgins Benjamin Emery Jeff Skoke Greg Yachuk



Yomo Fog Oho

Colorado and points West

Captains: Guy Martin, Jimmy Glynn

Yomo Fog Oho, an ancient American culture known for their disc-shaped dwellings, as well as disc-shaped faces. Known as the first man-beings to fly in ancient stories told, not very high, rather in a horizontal mode and likely only 3 feet off the ground. This was how they hunted the ancient birds. They would throw themselves in this fashion into a flock and took down whatever prey they might manage to grasp. This hunting trait was not very successful, thus the tribes slowly died out. However, the stories of their grand style still are worth telling, and we fashion ourselves after these beings.



Ro	oster	
00	Paul Kieler	5'8"
1	Tommy Viskocil	5/8"
2	Spencer Reeder	6'3"
4 5	Paul De Morgan	6'4"
5	Greg Berbaum	6'2"
6	Martin Saxer	5'11"
7	Sam Berry	5'5"
8	John Frantz	6'0"
10	Matt Krei	6'0
11	Mark Karger	6'0"
15	Jim Nolte	6'1"
16	Jason Flock	6'0"
22	John Babin	6'0"
23	Charles Greaves	6'0"
24	Karl Heuerman	6'3"
31	Coupar Lester	5'10"
41	Pete Faulhaber	6'0"
-42	Chuck Figur	6'2"
44	Sam Levenberg	5'9"
50	Guy Martin	5'11"
54	Laurence Verbeck	6'3"
67	Michael Kuhns	5'7"
76	Jimmy Glynn	5'11"
77	John Hardt	6'1"
96	Brandon Twine	6'4"

SPIRIT AWARDS

Ultimate has traditionally relied upon a spirit of sportsmanship which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed-upon rules, or the basic joy of play. – UPA Official Rules of Ultimate, 11th Edition

INDIVIDUAL SPIRIT AWARDS - Teams are asked to nominate a player from their own team who they feel displays the highest level of spirit. The definition of spirit is up to each team, but could include elements of sportsmanship, leadership, perseverance, fire, etc. Teams are asked to choose the person whose attitude they wish other people on their team would emulate and who players from other teams admire. Individual spirit winners will receive a medal, a Discraft SuperColor™ Spirit of the Game disc. Thanks to Discraft for their support of Ultimate and Spirit of the Game.

TEAM SPIRIT AWARDS - Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the rating for the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award trophy after their division's finals.

UPA SPIRIT RATINGS GUIDELINES: The ratings are ordered from 5 (indicating the highest level of spirit) thru 1 (the lowest level of spirit):

- 5 Highest level of respect shown throughout game towards opponents, officials, and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unfailingly played fairly and with an excellent attitude.
- 4 Respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.
- 3 Generally exhibited respect towards opponents, officials, and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.
- 2 Exhibited a lack of respect towards opponents, officials, and/or spectators. For the level of play, showed a lack of knowledge of or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.
- 1 Exhibited a major lack of respect towards opponents, officials, and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.

HEALTH AND SAFETY

Medical staff (trainer and EMT) will be available through the event at Tournament Central. Please seek advice and assistance regarding prevention and treatment of injuries or illness. Directions to the local hospital can be found in the "Directions" section of this program.

CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion, balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the person see a medical professional. Medical staff are on hand at the event at Tournament Central.

HEAT, NUTRITION AND HYDRATION*

- * Please note that at a mile above sea level, the Denver, CO air is thin and dry and the sun can be more intense. Players who are not acclimated to the altitude should be especially aware of the following health issues.
- Heat-related illness occurs where body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include change in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness
 - Avoid alcohol, caffeine, and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
 - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
 - Know your body Be honest! Are you fit enough to perform under current conditions?
 - Drink and eat Eat and drink (water AND sports drinks) "optimally" before, during, and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas, oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels crackers, gummy candies).
 - Don't drink too much Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
 - Monitor your urine Clear/copious = hydrated. Dark = Need water/electrolytes.
 - Be sensitive to prior illness If you've been sick, your body may be more susceptible to dehydration.
 - Rest and cool down after play Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Players and spectators should make every effort to keep objects, including but not limited to bags, strollers, chairs, coolers and tents, as far away from the playing field as possible. If there are restraining lines or ropes, please keep all equipment behind them.
- If a player feels that an object on the sideline is not safe, s/he should inform Event Staff and should refrain from playing until s/he is satisfied that safe conditions have been established.
- The UPA and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of the UPA or Event Staff, unsafe for players. staff, or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and field marshals equipped with radios that there is a lightning danger, play will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.



HEALTH AND SAFETY

CONTINUED

- Event staff will work with facility staff to determine when lightning is within 6 miles of the facility, at which time play will be suspended and the fields vacated.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects, and water. Assume a crouch position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at the organizational tent at Tournament Central to receive instructions for resuming play and any schedule modifications.

Improvements to the UPA Hall of Fame Selection Process Announced

A committee of long time Ultimate veterans, chaired by Dan "Stork" Roddick and Tom "TK" Kennedy, convened to review and improve the Hall of Fame selection process. Along with TK and Stork, Ann Cohan, Mike O'Dowd, Robert "Nob" Rauch, and Henry Thorne devised the enhanced process, which was approved by the UPA Board of Directors in June.

Two enhancements were selected by the Refinement Committee to gather information on the Spirit of the Game (SOTG) for use by Hall of Fame voters: a <u>three point spirit rating provided</u> by the peer group and a call to the community, with private response.

These additions will improve the process by providing additional data to the voters and opening the process to allow greater input.

THREE POINT SPIRIT RATING

The three point spirit rating system provides a vehicle for peers to inform HoF voters about the candidate's SOTG; a measure not reflected in the standard "championships won" dataset.

The three point spirit rating, added to the existing process, provides a measurement focused on the player's demeanor. The Peer group will rate each player on the following scale:

- 1. The player's spirit significantly adds to his/her qualifications.
- 2. The player's spirit doesn't significantly add or detract from his/her qualifications.
- 3. The player's spirit significantly detracts from his/her qualifications.

Peers are asked what that rating is based upon: whether it is reflective of consistent behavior evidenced in the "heat of battle", repeated patterns, reputation, getting to know the player off the field, etc.

CALL TO THE COMMUNITY

After the vetting committee has created The Slate of Eight Finalists, they will be announced on the UPA website or in the UPA e-news or equivalent. Thereafter, the community will be invited to review and/or comment on the candidates for consideration by the voting members of the UPA Hall of Fame Committee by sending an e-mail to the selection committee.

2009 HALL OF FAME NOMINATION/SELECTION TIMELINE

Candidate Procurement: Nominations are due by March 25, and completed applications are due by April 10 of each year (although the deadline for 2009 applications has been moved to July 30th).

Peer Review: This will be completed by June 1 (although the deadline for 2009 has been moved to August 31).

Selection of finalists: By July 15 (for 2009, the deadline has been moved to September 15).

Call to the Community: September 30th, 2009

Final Voting: October 15th, 2009, with final announcement scheduled for approximately October 26th

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5, DON'T "GIVE AS YOU GOT."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat

others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee, March 29, 2005. Feed your passion.



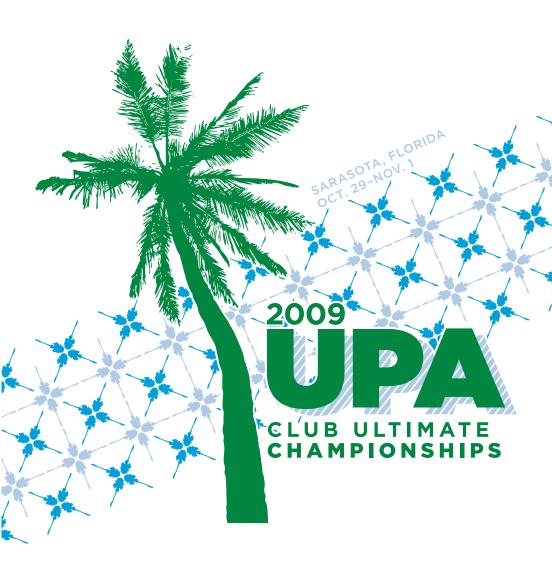
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EVENT GUIDE



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EVENT STAFF

TOURNAMENT STAFF members will be wearing blue event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

Event Director: Will Deaver
Assistant Event Director: Byron Hicks
Competition Director: David Raflo
Volunteer Coordinator: William Bartram
Head Observer: Keith Temple
Head Scorekeepers: DeAnna Ball/
Matthew Bourland
Media/Marketing Contact: Chuck Menke

Most of the UPA staff will also be on hand at the event. We look forward to spending some time out of the office with the people we work hard for every day. Please especially help us welcome Tom and Chuck to the Ultimate community and their first UPA Club Championship.

Tom Crawford – Chief Executive Officer Will Deaver – Managing Director, Competition & Athlete Programs

Chuck Menke – Managing Director, Business Development & Communications Meredith Tosta – Director, Youth Development Matthew Bourland – Manager, Championships Anna Schott (Rare Air) – Manager,

Membership & Sport Development Byron Hicks – Manager, Championships

ULTIMATE PLAYERS ASSOCIATION

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TEL: 303-447-3472 FAX: 303-447-3483 WEB: WWW.UPA.ORG EMAIL: INFO@UPA.ORG

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SPECIAL THANKS

William Bartram, Keith Temple, Joe Brenner, Tim Naylor, Dan Heijmen, Mike O'Dowd, Jessica Sipperley, Matt Spillum, Matthew Lane, Bil Elsinger, Jason Puckett and Erin Duggan (Sarasota Convention and Visitors Bureau), Andy Grimes (Ultimate Culinary Solutions), Aaron Freedman (Sidewalk Salads), Maggie Mitchell, Christie Payne, Ron Smith (Sarasota Polo Club), Barbara Long (Dollar Rent A Car), Barbara Nelson (Comfort Suites), Terry Uphouse (Publix), Joe Furtaw and Gold Coast Eagle Distributors, National Directors — DeAnna Ball, Adam Goff, Kris Kelly and David Raflo. All Regional and Sectional Coordinators, and tournament volunteers.

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WELCOME

Welcome to the finale of the Ultimate year, the culmination of thousands of games played by more than 12,000 players over the spring, summer and fall ... the 2009 UPA Club Championships! The top 60 teams in North America will showcase the best the sport has to offer in four divisions (Masters, Mixed, Open and Women's). The world will be watching the action to see who will rise to claim the most sought-after titles in the sport. But the event isn't just about the competition. There's a lot going on outside the lines for players and spectators to enjoy.

There are returning champions in all four divisions, but in a nod to the ever-growing parity of Ultimate, only two come into the tournament as the top seed in their respective division. And if a UPA title wasn't enough to play for, teams will also be competing this year for highly coveted bids to the 2010 World Ultimate Club Championships (see page four for details).

For those of you with family and friends at home, the UPA and UltiVillage.com are partnering to bring more live video streaming to fans than ever before, including one showcase game from each division leading up to live coverage of each championship contest. Round-by-round highlight clips also will be available for each division throughout the event. So make sure you let the folks back home know they can still be part of the event by watching it online through www.upa.org.

While at the event, please be sure to check out VC Ultimate's official tournament merchandise at the main pavilion, and take a look to see what other companies have to offer you or your team. We also have excellent food vendors on site, so you won't even have to leave the venue for meals. As usual, athletic trainers will help with preventative care and

injury attention. Be sure to show up well before your pre-game warm-up to ensure that you have enough time to get taped. There also will be professional massage therapists available to take care of those sore muscles and help you relax.

If relaxing includes kicking back with a cold one and watching some Ultimate, the Beer Garden is open during select portions of the event (see Event Schedule). We've decided to keep the garden next to the grandstands, which should provide a great atmosphere and vantage point to catch showcase games all weekend. Please remember that you must have a valid ID to prove you are 21 in order to enter the Beer Garden, and you may not leave the Beer Garden area with your drink. Reusable "green" cups are required to receive free beer. Please respect these rules and the Beer Garden staff so that everyone can enjoy this aspect of the tournament.

Last but not least, please be respectful in whatever you do, on and off the field. Do your part to reduce trash by using the appropriate recycling and trash containers. Note that by picking up recyclables you have a chance to win a \$1,000 gift certificate from VC Ultimate (see page five for details). Be respectful of your team hotel so that we can return there in the future. Be respectful of the tournament staff members, who are working hard to make this a great event for you. And most of all, please be respectful of each other on the field. Earning the respect of your fellow players, win or lose, is really what this is all about.

Will Deaver UPA Managing Director, Competition & Athlete Programs

SITE RULES

- NO GLASS! This is important. We're at a worldclass polo facility. Some of the horses are worth more than your house. If you are found on the fields with a glass container, you will be asked to leave the Polo Club for the duration of the tournament.
- DOGS MUST BE LEASHED! We would prefer that you leave the pooches at home, and certainly do not lock your pets in the car or tie them up in the sun either. So if you must bring your dog, please leash it. They can spook the horses and result in loss of future use of the Polo Club for this event.
- SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM THE SIDELINES! Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- TRASH AND RECYCLING. Place bottles and cans in the recycling receptacles and trash in the trash cans. Please help make the Green Program, sponsored by VC Ultimate, a success.
- NO SMOKING. In order to provide a clean and healthy environment for Ultimate's fans, and to provide an environment for optimal performance by athletes, smoking is prohibited at all UPA Championship events.



WEEKEND OVERVIEW

WEDNESDAY, OCT. 28 AT THE SARASOTA POLO CLUB (CLUB HOUSE)

6:00 p.m. – 7:30 p.m. Team Registration 8:00 p.m. – 9:00 p.m. Captain's Meeting

THURSDAY, OCT. 29 AT THE SARASOTA POLO CLUB

9:30 a.m. – 5:30 p.m. Pool Play (all divisions) 4:00 p.m. – 6:00 p.m. Beer Garden* open

FRIDAY, OCT. 30 AT THE SARASOTA POLO CLUB

9:30 a.m. – 2:15 p.m. Pool Play (all divisions) 2:30 p.m. – 6:00 p.m. Beer Garden* open

3:30 p.m. – 5:30 p.m. Pre-quarterfinals (Mixed, Open, Women's Divisions)

3:30 p.m. – 5:30 p.m. Quarterfinals (Masters Division)

SATURDAY, OCTOBER 31 AT THE SARASOTA POLO CLUB (unless otherwise noted)

9:30 a.m. – 6:00 p.m. Elimination and Placement (all divisions)

10:30 a.m. Semifinals (Masters Division)

1:00 p.m. – 7:00 p.m. Beer Garden* open

1:15 p.m. and 2:15 p.m. Semifinals (Mixed, Open, Women's Divisions) 3:45 p.m. Championship Game (Masters Division)

Ceremonial Pull Mark "Paco" Enright in honor of the late Marty Bakko and on

behalf of Marty's wife and family/friends.

**Evening – Daiquiri Deck Drink specials. Hang out on Siesta Key with other players and

locals. See coupon on page 47.

SUNDAY, NOVEMBER 1 AT THE SARASOTA POLO CLUB

9:00 a.m. Championship Game (Mixed Division)

10:00 a.m. – 4:00 p.m. Beer Garden* open

11:45 a.m. Championship Game (Women's Division)

2:00 p.m. (approx.) Team USA Tribute – Members of the U.S. National Team, which

captured a gold medal at the 2009 World Games, will be recog-

nized between the Women's and Open Finals.

2:30 p.m. Championship Game (Open Division)

HALFTIME AND POST-GAME – AWARD CEREMONIES. During halftime, presentations will be made to the Spirit Award teams and Spirit Award individuals (one from each team). Following each division's championship game, awards will be presented to first- and second-place teams. The Farricker Award and Pufahl Award will be presented following the Open Division and Women's Division finals, respectively.

*BEER GARDEN – Located in the big tent next to the grandstands. Only those who are 21 with an ID will be allowed into the beer garden. Beer from the beer garden must stay in the beer garden! As part of the VC Ultimate Green Program, you must have a green stadium cup to receive beer in the beer garden. Each player receives one cup in his/her pack. Additional cups are sold at the merchandise tent. Please help us reduce trash by reusing your beer cup. (Beer you bring yourself can be consumed anywhere on site. Remember, NO GLASS BOTTLES!)

PLEASE DRINK RESPONSIBILY

DON'T DRINK AND DRIVE!

Local Cab Companies providing service to the field site:

Diplomat Taxi: (941) 365-8294

Yellow Cab: (941) 955-3341



COMPETITION RULES

- UPA Official Rules of Ultimate (11th Edition) will be in effect.
- All games will be played to 15, with a point-cap at 17
- Halftime is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft-time cap goes on at end of round time on schedule. Add two points to higher score after first score after soft-time cap. Game ends when first team reaches new-game total, or when first team reaches 15 ahead by at least two points, whichever comes first.
- A hard-time cap will be put into effect for all pool and placement games (5th-16th, Masters 3rd). The hard-time cap will go on 35 minutes after the softtime cap for pool games and 20 minutes after the soft-time cap for placement games. When the hardtime cap goes on, finish the point in progress and the game is over. If it's tied, play one more point.
- Caps do not affect timeouts.

PLACEMENT GAME RULES (5TH-8TH AND 9TH-16TH ON SATURDAY AND ANY THIRD-PLACE GAMES)

- All games on the schedule, including placement games on Saturday, must be played this year. Final placement for the event will be used to determine bids to the 2010 World Ultimate Club Championships (WUCC) in Prague, Czech Republic. Note that the number of bids currently awarded to the U.S. may increase if other countries turn down their bids. It is very important that all placement games 5th-16th are played out so the UPA can award those additional bids should they become available.
- Strength wildcards will be awarded based on final standings as determined by the set format and the strength wildcard criteria. Because this is a WUCCqualifying year, all placement games will be played as scheduled rather than switched to create specific wildcard match-ups (as is possible in non-WUCC qualifying years).
- If a team does not play a scheduled placement game, that team will not be eligible for a bid to the 2010 WUCC and that team's region will not be eligible for any wildcards (strength, size and growth) in that team's division for the 2010 Club Series, unless special approval is granted by the Tournament Competition Director.

NEW STRENGTH WILDCARD ALGORITHM (ADOPTED FALL 2009)

- i. Using the previous year's Club Championships, final placements of the worst-finishing teams from each region are compared. Additionally, if a Region had four teams in attendance, then the third-finishing team from that Region also participates in the comparison. This group of teams is called the "Wildcard Comparison."
- The first strength wildcard is awarded to the region with the highest-finishing team in the Wildcard Comparison.
- iii. If the team which earned the first strength wildcard is the third-finishing team from a Region with exactly three teams and the next highestfinishing team in the Final Placement (all teams) is not another region's third-finishing team, then the team that earned the first wildcard also earns the second strength wildcard.
- iv. If not already awarded, the second strength wildcard is awarded to the region with the secondhighest-finishing team in the Wildcard Comparison, provided at least one of the following conditions is met:
 - a. they are the third- or fourth-finishing team from their Region, OR
 - b. they are more than one place ahead in the Final Placement (all teams) of all other teams in the Wildcard Comparison, OR
 - c. they are the second-finishing team from their region and the team directly below them in the Final Placement (all teams) is not a third- or fourth-finishing team from another Region.
- v. If not already awarded, the second strength wildcard is awarded to the region with the third-highestfinishing team in the Wildcard Comparison.

2010 WUCC QUALIFICATION

The World Flying Disc Federation (WFDF) has informed the UPA of the United States' initial bid allocations for the 2010 World Ultimate Club Championships, to be held July 2010 in Prague, Czech Republic. The U.S. has initially been awarded the following number of bids to the 2010 WUCC in each division: Masters – 3, Mixed – 4, Open – 4, Women's – 4. Please note that it is possible that not all initial bid invitations will be accepted by other countries. Additional bids will be re-allocated if they become available. Qualification for these bids and any additional U.S. bids awarded to the UPA by the WFDF will be initially based on final placement at the 2009 UPA Club Championships.



DIRECTIONS

TO THE FIELDS FROM I-75:

Sarasota Polo Club

8201 Polo Club Lane, Sarasota, FL 34240

- 1. From I-75 take exit 213 University Parkway east (old exit 40).
- 2. Stay on University until Lorraine Rd. (about 3 miles)
- 3. Turn right on Lorraine Rd.
- 4. Take third right onto Polo Club Drive.

TO THE TOURNAMENT HOTEL FROM I-75:

Comfort Suites

8305 Tourist Center Dr., Sarasota, FL 34201

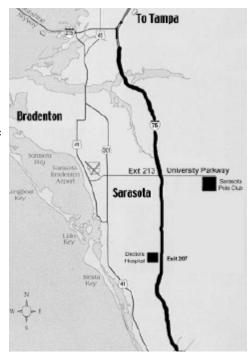
- 1. From I-75 take exit 213 University Parkway west (old exit 40).
- Stay on University for about one-half mile until Cooper Creek Blvd.
- 3. Turn right on Cooper Creek Blvd.
- 4. Turn left at Tourist Center Drive

TO THE HOSPITAL FROM UNIVERSITY

Parkway and I-75:

Doctor's Hospital – 5731 Bee Ridge Road Sarasota, FL, (941) 342-1100

- 1. South on I-75 to exit 207 (old exit 38)
- 2. Stay right off of exit
- 3. Turn right onto Cattleman Rd.
- 4. Follow signs to Doctor's Hospital



VC ULTIMATE GREEN PROGRAM

The UPA and VC Ultimate are once again partnering to make the 2009 Club Championships a green event. Clearly marked recycling containers are located throughout the facility. Please be sure to put recyclables and trash in the appropriate bins.

VC ULTIMATE GREEN PROGRAM AWARD

VC Ultimate is excited to introduce the VC Green Program Award. VC and the UPA have worked tirelessly for the last past three years to offer recycling at the UPA Club Championships. This season, we're asking for your help to make this program even better. Each team captain will receive three recycling bags when he/she checks-in at registration. More bags will be available throughout the weekend at the pavilion. The team that returns the most recycling bags (minimum 60)

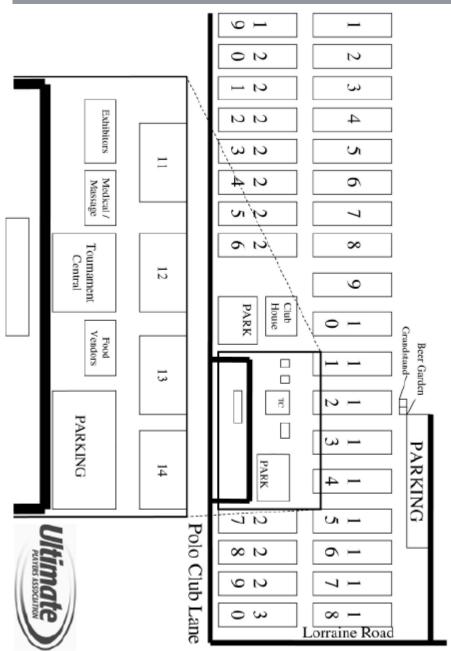
percent full) throughout the competition will be awarded the VC Green Program Award – a VC gift certificate for \$1,000.

Bags can be turned in behind the pavilion, where a running tally will be kept for each team. Aluminum, plastic, glass (reminder: glass items are not permitted to be used by participants and spectators) and cardboard will be accepted. The minimum contribution in order to be eligible for the award is 10 bags. Ideas for collection:

- Clean up your sidelines
- Replace a bag from a recycling container

The final count will be taken prior to the Masters finals, and the prize will be awarded during halftime. Thanks for your help in making this the "greenest" UPA Club Championships ever!

FIELD LAYOUT





DIVISION SEEDS/POOLS

MASTERS DIVISION

- 1. Surly* (Twin Cities, Minn.)
- 2. Mileage (Dallas)
- 3. Troubled Past (Arcata, Calif.)
- 4. Beyondors (Santa Barbara, Calif.)
- 5.. O.L.D. S.A.G. (Philadelphia)
- 6. GLUM (Ottawa, Ontario)
- 7. DoG (Boston)
- 8. Double Black (Denver)
- 9. Throwback (Seattle)
- 10. Ball & Chain (Atlanta)
- 11. Real Huck (Chicago)
- 12. Boneyard (Cary, N.C.)

POOL A

Surly, Troubled Past, GLUM, DoG, Ball & Chain, Bonevard

POOL B

Mileage, Beyondors, O.L.D. S.A.G., Double Black, Throwback. Real Huck

MIXED DIVISION

- 1. Mental Toss Flycoons* (Missoula, Mt.)
- 2. AMP (Philadelphia)
- 3. The Chad Larson Experience (Ames, Iowa)
- 4. Axis of C'Ville (Charlottesville, Va.)
- 5. D'oh! (Seattle)
- 6. One Trick Pony (St. Louis)
- 7. Slow White (Boston)
- 8. Barrio (Tucson, Ariz.)
- 9. Psychoplastique (Edmonton, Alberta)
- 10. Bucket (Atlanta)
- 11. Jukebox Hero (Jacksonville, Fla.)
- 12. METRO (Los Angeles)
- 13. TAU (Triad Area, N.C.)
- 14. Quiet Coyote (Cambridge, Mass.)
- 15. Bashing Piñatas (New York City)
- 16. Brown Chicken Brown Cow (Los Angeles)

POOL A

Mental Toss Flycoons, Barrio, Psychoplastique, Brown Chicken Brown Cow

POOL B

AMP, Slow White, Bucket, Bashing Piñatas

The Chad Larson Experience, One Trick Pony, Jukebox Hero, Quiet Coyote

POOL D

Axis of C'Ville, D'oh!, METRO, TAU

OPEN DIVISION

- 1. Revolver (Bay Area, Calif.)
- 2. Chain Lightning (Atlanta)
- 3. Ironside (Boston)
- 4. Sockeye (Seattle)
- 5. Johnny Bravo (Denver)
- 6. Doublewide (Austin, Texas)
- 7. Jam* (San Francisco)
- 8. GOAT (Toronto, Ontario)
- 9. Truck Stop (Washington D.C./Baltimore)
- 10. Ring of Fire (Raleigh/Durham, N.C.)
- 11. Bodhi (Amherst, Mass.)
- 12. Madison Club (Madison, Wis.)
- 13. Machine (Chicago)
- 14. Streetgang (San Diego)
- 15. Madcow (Columbus, Ohio)
- 16. Pike (Philadelphia)

POOL A

Revolver, GOAT, Truck Stop, Pike

POOL B

Chain Lightning, Jam, Ring of Fire, Madcow

POOL C Ironside, Doublewide, Bodhi, Streetgang

POOL D Sockeye, Johnny Bravo, Madison Club, Machine

WOMEN'S DIVISION

- 1. Riot (Seattle)
- 2. Fury* (San Francisco)
- 3. Capitals (Toronto/Ottawa, Ontario)
- 4. Brute Squad (Boston)
- 5. Backhoe (Triangle, N.C.)
- 6. Zeitgeist (Berkeley, Calif.)
- 7. Traffic (Vancouver, British Columbia)
- 8. Showdown (Texas)
- 9. Ozone (Atlanta)
- 10. Lady Condors (Santa Barbara, Calif.)
- 11. Nemesis (Chicago)
- 12. Rare Air (Boulder/Denver, Colo.)
- 13. Scandal (Washington, D.C.)
- 14. Safari (San Diego)
- 15. Pop (Minneapolis)
- 16. Wildcard (Pennsylvania)

POOL A

Riot, Showdown, Ozone, Wildcard

POOL B

Fury, Traffic, Lady Condors, Pop

POOL C

Capitals, Zeitgeist, Nemesis, Safari

POOL D

Brute Squad, Backhoe, Rare Air, Scandal

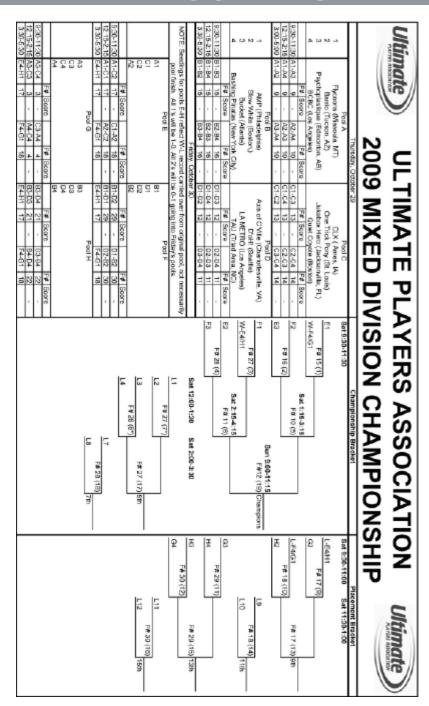
*denotes 2008 UPA Club Champion

MASTERS SCHEDULE

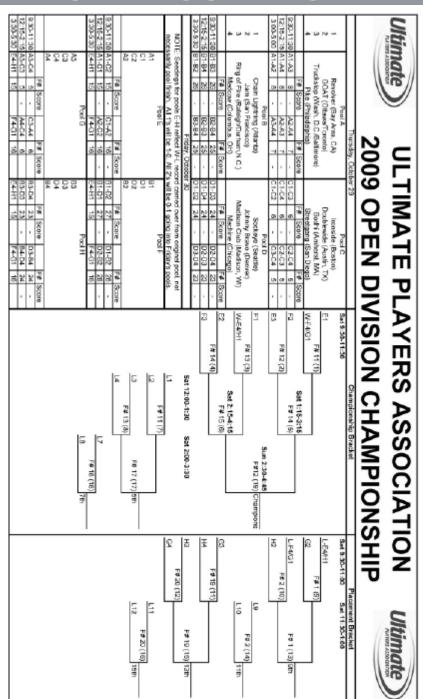
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th.	A5	F# 26 (6)	10	- A2	29		85		30	A6	A5 -	2:15
		Sat 10:30-12:30		,	28				18	П	A2	8
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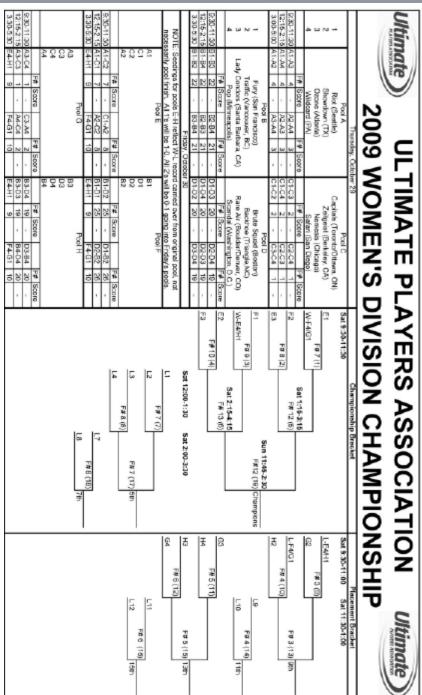
MIXED SCHEDULE



OPEN SCHEDULE







HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies, and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal and he/she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the "Directions" section of this program.

CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion and balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the athlete see a medical professional. Medical staff members are on hand at Tournament Central.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes
 the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or
 symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness:
 - Avoid alcohol, caffeine, and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
 - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
 - Know your body Be honest! Are you fit enough to perform under current conditions?
 - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important (foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
 - Don't drink too much: Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
 - Monitor your urine: Clear/copious = hydrated. Dark = Need water/electrolytes.
 - Be sensitive to prior illness: If you've been sick, your body may be more susceptible to dehydration.
 - Rest and cool-down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Players and spectators should make every effort to keep objects, including but not limited to bags, strollers, chairs, coolers and tents, as far away from the playing field as possible. Where there are restraining lines or ropes, please keep all equipment behind them.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- The UPA and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of the UPA or Event Staff, unsafe for players, staff or spectators.



LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system, and through field marshals equipped with radios, if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the "flash-to-bang" method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

MASSAGE

Massage therapists will be available next to the medical tent near the pavilion. These professionals will be working on a \$1/minute, pay-as-you-go system. They will be available from 8:00 a.m. through the end of games each day.

DISCRAFT SILENT AUCTION

Discraft has donated six vintage Ultra-Stars, which will be located at HQ as part of a silent auction. The bidding will take place Thursday, Friday and Saturday, with the highest bidder winning each disc. The auction winners will be announced on Sunday, when payments also will be required before receiving the disc(s). All money raised will be donated to the UPA Youth Outreach Program.



SPIRIT AWARDS

Ultimate has traditionally relied upon a spirit of sportsmanship which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed-upon rules of the game, or the basic joy of play. - 11th Edition UPA Rules of Ultimate

TEAM AWARDS

Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the rating for the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award after its division's finals.

UPA SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (lowest level):

- 5: Highest level of respect shown throughout game toward opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to enjoyment of the game. The opposing team unfailingly played fairly and with an excellent attitude.
- 4: Respect shown throughout the game toward opponents, officials and spectators. For the level of play, showed above-average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from enjoyment of the game. The opposing team played fairly and with a good attitude.
- 3: Generally exhibited respect toward opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from enjoyment of the game. The opposing team generally played fairly and with a decent attitude.
- 2: Exhibited a lack of respect toward opponents, officials and spectators. For the level of play, showed a lack of knowledge of or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.
- 1: Exhibited a major lack of respect toward opponents, officials and spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.

INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal, prize disc (courtesy of Discraft), and hoodie-sweatshirt (courtesy of Five Ultimate).

Thanks to Discraft and Five Ultimate for their support of Ultimate and Spirit of the Game!



PETER FARRICKER SPIRIT OF THE GAME AWARD

The spirit award in the Open Division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. This award is given to a player in the Open Division of the UPA's Championship Series deemed to have exhibited personal responsibility, integrity and fairness combined with a high standard of playing ability. Each qualifying Open team nominates one player from its roster who best represents the Spirit of the Game. At the Open Championship, each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. A selection committee watches the Open semifinal round and selects one of the four semifinal nominees as the winner. The award will be presented after the Open Finals. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley and Josh McCarthy.

KATHY PUFAHL SPIRIT OF THE GAME AWARD

The Women's Division spirit award builds upon the foundations of SOTG that are reflected in the Farricker Spirit Award: ability, fairness and integrity. The Kathy Pufahl Spirit Award also recognizes those individuals who give back to our sport and is presented to the player(s) deemed to have exhibited personal responsibility, integrity and selfless contribution to Ultimate, combined

with a high standard of playing ability. Each qualifying Women's team nominates one player from its roster as the person who best represents the Spirit of the Game and has contributed in a substantial way to her Ultimate community. At the Club Championships, each of the 16 nominees is honored with a memento reflective of Kathy's love of horticulture. A vote of the qualifying teams will determine the recipient of the Pufahl Award, which will be presented after the Women's Finals. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, DeAnna Ball and Allison Bovd.

REMEMBERING MARTY BAKKO

The Ultimate community lost a remarkable member this year when Marty Bakko, an enduring fixture of the Minnesota Ultimate scene for more than two decades, passed away on July 24. Over the years, Marty played on many great teams in the Men's Open and Masters Divisions, helping capture eight National and five World Championships. Last year, too weak from his cancer treatments to play, Marty inspired his Surly teammates by roaming the sidelines imploring them to play their best - and they returned the favor by winning the Masters finals. Those who had the pleasure to know Marty will remember him for his dry wit, competitive spirit, uncompromising sportsmanship and love of the game of Ultimate. The UPA is paying a special tribute to Marty at the beginning of the Masters Division finals on Saturday at 3:45 p.m. with the ceremonial first pull of the game.

TEAM USA TRIBUTE

To honor and celebrate the gold medal captured this past July by the U.S. National Team at The World Games 2009 in Kaohsiung, Chinese Taipei, the UPA will present each team member with a special token of appreciation during a ceremony held between the Women's and Open Division Championship Games on Sunday (approx. 2 p.m.). Please join us in congratulating the Team USA athletes on their remarkable accomplishment.

Name
Gwen Ambler
Sam Chatterton-
Kirchmeier
Cara Crouch
Deb Cussen
Jolian Dahl
Kathy Dobson
Liz Duffy
Cate Foster
Cree Howard
Jared Inselmann
Beau Kittredge

Hometown Seattle
Decatur, Ga. Austin, Texas Decatur, Ga. Boulder, Colo. Cambridge, Mass. Seattle Raleigh, N.C.
Berkeley, Calif.
Chapel Hill, N.C.
San Francisco

Club Team Riot	
Sockeye Showdown Ozone Johnny Bravo Brute Squad Riot Backhoe Fury	
Ring of Fire	
Revolver	

Name Chelsea Putnam Jonathan Remucal Steven Rouisse Gabe Saunkeah Adam Simon Dylan Tunnell

Bart Watson Alicia White Seth Wiggins Hometown Portland, Ore. Berkeley, Calif. Boulder, Colo. Berkeley, Calif. New Haven, Conn. Atlanta

Oakland, Calif. Oakland, Calif. Seattle

og Connolly

Club Team Schwa Jam Johnny Bravo Jam Ironside Chain

Lightning Jam Fury Sockeye

Head Coach Greg Connelly



Ball & Chain

Captains: Dan Konisky & Dan Powers

The South rises again as Ball & Chain retakes the field after a one-year hiatus. The team retooled this season, filling the gaps left by the departure of a number of Atlanta veterans with a healthy mix of new Atlanta talent, ranging from the newly eligible to the way-too-eligible. To put the finishing touches on its roster, B&C looked Outside the Perimeter (Atlantan for "not in Atlanta") and recruited a select few free agents to come along for the ride. An eclectic bunch, this team has gelled around its dynamic mix of experience, talent and personality. Turning in a solid performance at South Regionals, Ball & Chain earned its first bid to the UPA Club Championships since 2006.



Roster

No.	Player	Ht.	Age
1	Ryan Hersey	5-10	33
2	Brian Barney	5-9	49
5	Chris Hatton	5-8	37
6	Charlie Yood	5-9	40
7	Raley Parker	6-2	33
8	Otto Depenbrok	6-0	37
9	Paul Pinto	6-4	46
10	Mark Moore	6-3	40
11	Jason Allman	6-3	34
13	Dave Leedle	5-10	39
14	Dan Powers	6-1	46
15	Dan Konisky	5-9	38
17	Doug Schwartz	5-10	39
18	Mark Hoover	5-9	52
21	David Chaiken	5-10	47
23	Greg Allpow	6-5	44
24	Rob Johnson	5-9	36
25	Sonny Mueller	6-0	38
27	Boris McCormack	6-1	46
33	Patrick Corn	6-2	33
34	Chris Blackburn	5-9	34
43	David Schmitt	6-4	43
46	Rex Taylor	6-0	38
70	Eric Gilmore	5-6	50
88	Chris Dawson	5-10	39

Beyondors

Captains: Steve Dugan & Greg Husak Coach: Brent Russell

' | | | | | | | | |

The Santa Barbara Beyondors first spread their wings in 1993, pulling many veteran players from the 1991 Condors squad. That fall, the Beyondors claimed their first Masters title. The team competed together for the next four years, culminating in the World title in Vancouver in 1997. The team has re-emerged with a few players from the 1997 team, as well as a handful of players from the Condors championship teams of 2000 and 2001. "Swoop and Pummel."



Roster

No.	Player	Ht.	Age
1	Brandon Steets	6-1	34
4	J.D. Lobue	5-9	40
7	Jeff Landesman	5-9	42
8	Andy Crews	5-9	39
9	RyanYarbrough	5-11	35
11	Charlie Morison	5-11	42
12	Forrest Colllins	5-11	34
13	Buzzy Ellsworth	5-11	49
21	Christopher Gavigan	60	35
23	Jim Regetz	5-10	34
24	Jim Middlebrook	6-0	43
25	Crawford Shippey	6-0	34
30	Corey Sanford	5-11	39
31	Matt (Pepe) Lefevre	5-8	40
33	Steve Dugan	5-10	39
34	Mike (Puma) Weems	5-10	39
42	Adam Glimme	5-11	35
43	John Shelton	6-0	41
44	Jim Mallon	5-8	47
49	Jason Haas	6-0	35
76	Mario Viani	5-10	39
80	Harrison (Pads) Heyl	6-1	42
83	Greg Husak	6-2	35
84	Austin Glimme	5-11	35
88	Blake Garnand	5-11	43
99	Garrett Headley	5-11	42
00	James Studarus	6-0	35

Boneyard

NORTH CAROLINA

Captains: Mark Britt, John Boswell, Terry Kramer, Augie Kreivenas & Tim Lupo Coach: Roger Lassiter

In its fifth year Boneyard has clawed its way out of the tough Mid-Atlantic Region to represent North Carolina at Nationals for the third time. A scrappy squad of lesser-known has-beens and no-name, never-weres orbiting the gravitational pulls of Augie Kreivenas, Boneyard is proof that the whole is greater than the sum of its parts. The nine remaining founders from 2005 and the 11 teammates who joined in subsequent years have been rejuvenated by seven new players who are continuing the Boneyard tradition—a defense that runs our opponents into the ground. Look for Boneyard to be the fly in the ointment of the Masters Division in 2009.



Roster

No. 0 1 2 3 4 5 6 6 8 9 11 12 13 14 15 16 17 22 3 28 29	Player Jake Bonenberger Marc Kessler Mark Britt Dwayne Purper Christoph Boshoff Tim Lupo Brian Sherry Christian Schwoerke Bradley Newsom John Boswell Terry Kramer Nathan Fritze Geoff Bell Eric Davis Rocky Payne Brett McCall Alan Ellis Bobby Veit Jeff Plentl Sunny Lo	Ht. 5-11 5-9 5-8 5-8 6-2 6-0 5-8 5-10 6-2 6-1 5-10 6-2 6-1 5-10 5-9	Age 35 43 47 42 42 40 33 54 46 49 36 38 45 35 41 34 45
22	Alan Ellis	6-2	41
23	Bobby Veit	6-1	34
28	Jeff Plentl	5-10	34

DoG

MASSACHUSET

Captains: Alex de Frondeville & Jim Parinella

DoG returns to the UPA Championships for the 16th consecutive year. As always, there is a mix of old and new. Some of the team will be making an 18th straight appearance at Nationals, others their first. The offense has added a horizontal stack to its repertoire, though stylistically it resembles the old "conservative" vertical stack of DoG more than the modern "huck and hope" horizontal offenses in the Open game. The defenses continue to evolve each year, changing based on personnel and on opposition tendencies.

Competing in the Open division, the team won six UPA Championships and three World titles between 1994 and 2000, and continued to be a presence for years afterward. After the retirement of its final original members, the team immediately made its mark in the Masters Division, capturing a National Championship in 2007, a World Championship in 2008, and the inaugural Grand Masters Championship in 2009. This fall season saw the team face its first elimination game ever at Regionals after a disappointing performance in the championship game, and it responded in classic fashion with an outstanding

defensive run to seal the game. The team is eager to prove itself against old and new rivals in Sarasota.

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Roster

Stei		
Player	Ht.	Age
		44
		42
Jay Watson		42
Jim Johnston	5-6	46
	6-2	47
Eric Zaslow	6-0	41
Alec Ewald		39
Jim Olson		45
Chris Lehner		35
Marshall Goff		40
		44
Gary Bernard	5-6	44
Scott Hastie	6-1	37
Mark Agius	5-11	38
Jim Mento		39
Mike Cooper		43
		41
Matt Pinckney	6-3	34
Josh Blouwolff	6-1	34
		41
		45
Larry David		38
		40
Mark Gross		40
Jim Parinella		44
Taylor Richey	6-1	37
	Player Phil Lawrence Alex de Frondeville Jay Watson Jim Johnston John Axon Eric Zaslow Alec Ewald Jim Olson Chris Lehner Marshall Goff Simon Verghese Gary Bernard Scott Hastie Mark Agius Jim Mento Mike Cooper Jeff Brown Matt Pinckney Josh Blouwolff Bobby Stoddard Jordan Haskell Larry David William Taylor Mark Gross Jim Parinella	Player Ht. Phil Lawrence 5-11 Alex de Frondeville 5-11 Jay Watson 5-11 Jim Johnston 5-6 John Axon 6-2 Eric Zaslow 6-0 Alec Ewald 6-0 Jim Olson 6-0 Chris Lehner 6-2 Marshall Goff 5-11 Simon Verghese 5-8 Gary Bernard 5-6 Scott Hastie 6-1 Mark Agius 5-11 Jim Mento 5-10 Mike Cooper 6-2 Jeff Brown 5-10 Matt Pinckney 6-3 Josh Blouwolff 6-1 Bobby Stoddard 5-11 Jordan Haskell 5-8 Larry David 5-3 William Taylor 5-8 Mark Gross 5-10 Jim Parinella 5-10

Double Black

COLORA

Captains: Eric Hudson & Charles Greaves

Double Black is a Masters Ultimate club with 70-plus members out of the Rocky Mountains of Colorado and is comprised of Grand Masters Finalists Yomo Fog Oho and many other clubs such as Old and In The Way, High Plains Drifters, Post Masters and Bravo. We've had a lot of fun preparing for the UPA Club Series — practicing and partying together since April. We formed two Masters teams for Regionals and look to continue the fun year after year.



Roster

No. 3 4 5 6 7 9 10 11 1 3 4 4 5 5 3 3 4 4 4 4 4 4 4 4 4 4 4 4 4	Player Eric Peacock Tommy Viskocil Jason Wedekind Brian Hicke Matt Hynes Jeremy Friedman Aaron Brown Mark Karger Rob Steinmetz Kevin Broughton Jason Flock Fritz Bussman Eric Hudson Scott Bennett Charles Greaves Brendon Pardington Van Le Dave Smith Tim Galvin Will Brownlee Alex Bellows Renzo Verbeck Guy Martin Steve Phillips Michael Kuhns Tad Miller	Ht. 6-1 5-9 6-0 5-10 5-16 6-2 6-0 5-9 5-9 5-11 6-2 6-2 6-2 6-2 6-2 5-11 6-2 5-11	Age 50 37 41 38 39 46 35 37 41 38 39 41 41 41 41 41 41 41 41 41 41
67	Michael Kuhns	5-7	42
89 96	Jeff Bryant Brandon Twine		41 43

GLUM

ONTARIO

Captains: Jamie Noonan, Mike Hill, Blayne Ferguson & Dave Janssen

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GLUM's history goes back to the summer of 2001, when Green Light Ultimate (GLU) was born as an Open team in Ottawa, Ontario. Competing locally with perennial Canadian National contenders waX, GLU forged its own identity early as an easy-going but hard-competing close-knit group. After two great summer campaigns on the Canadian circuit, the older core of the team retired from Open in 2003 and began the long road to Masters contention at the UPA national level while much of the younger talent moved to upstart Phoenix. In the seven years since, GLUM (Green Light Ultimate - Masters) has enjoyed a lot of success, winning the Northeast region twice and making it to Sarasota five times. This year, the boys will be looking for nothing less than a finals berth after an injection of athleticism and experience, and a dominating performance at Regionals.

Roster

88

Kevin Eckstrand

5-10 35

Mileage



Captains: Kip Weatherwax, John Grzywinski & Lenny Correll Coach: Mark Sellers

A finalist in 2008 and a semi-finalist in 2007 at the UPA Club Championships, Mileage from Dallas has reloaded for another run at the title.

mileage

Roster

No. 2 3 4 5 6 7 8 9 10 1112 113 114 5 119 212 223 225 227 232 333 643	Player Eric Ward Jim Gerencer Mike Jones Peter Wells Brad Sparks Kip Weatherwax Doug Moellering Jason Phillips Scott Morse Matt Krei Carl Edwards Kirk McLemore Lenny Correll John (Rex) O'Quinn Brian Shumard John Grzywinski Kelly Robinson Ian Maclean James (Jos) Spann Johnny Thompson Dave Patton Tom Etchison Mike Strange John Nelson Jay Pigford	Ht. 6-6-5 3-7 6-6-6-5-3-5 6-6-0 6-5-110 5-6-6-6-6-111 5-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6	Age 349 45 433 339 41 445 345 346 344 45 345 346 341 349 466 381 466 39
33	Mike Strange	6-0	41
36	John Nelson	6-0	46
47	Gabriel Fuzat	6-1	35
56	Jerome Price	5-11	33
77	Donovon Thomas	6-5	41
87	Keith (Monty) Monteith	5-10	40

O.L.D. S.A.G.

PHILADELPHIA PHILADELPHIA

Captain: Steve Wherry

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One last-ditch shot at glory! Our team history is well documented in the pages of past programs. This is our 10th straight trip to the UPA Club Championships (excluding 2006 when we earned the silver medal at Worlds). We are proud to represent Philadelphia Ultimate, home of the world's best summer league, and one of the great breeding grounds of the sport since its inception up the turnpike 40 years ago.



Roster

Roster			
No.	Player	Ht.	Age
2	Jim Brose	5-8	46
3	Pete Reavey	6-0	45
4	J.B. Harrington	6-1	42
4 5 6	Mark Worley	5-10	33
7	Andrew Rutledge	6-4	40
/	Clayton Coltman	5-11	35
8 9	Walt Kalicki	6-0 6-0	39 39
10	Jay Soda Jim Viner	6-0	46
11	Len Magargee	6-1	37
12	Billy Maroon	5-8	38
13	Dan Sage	6-0	40
14	Chris Kelly	6-5	45
15	Steve Wherry	5-11	48
16	Tom Maroon	5-9	44
17	Steve Finn	6-2	42
18	Paul Minecci	5-10	41
19	Petter Abrahamsson	6-2	35
20	Paul Bonfanti	5-5	36
27	Brian Whelan	5-10	33
28	Tony Leonardo	6-4	36
29	Curtis Maier	5-8	46
30	Jon Proctor	6-0	40
33	Peter Knappenberger	5-10	42
37	Daryl Norcott	5-9	37
51	Utsav Schurmans	5-11	34
67	Rich Fisher	6-1	42
78	Andy Joshua	6-2	37

19

Real Huck

Captains: John Hock & Eric Geile

In our fourth season, and after last year's hiatus from Sarasota, Real Huck is anxious to spend Halloween in Florida again. We regrouped, recouped, recruited and rejuvenated with over half of our roster being new to the team. While the primary Chicago and Buckeye flavor remains, we added a large helping of Michigan ingredients and some Hoosier spice. We have yet to hold a team practice, but traveled the tourney circuit for several weekends while tweaking our recipe. So with our new logo and look, we are back with our vision of completing a REAL Huck!



Roster

Surly

Captains: Dan Rydel, Eric Enge & Randy Gage

Minnesota has been sending a team to the Masters national tournament since 2002. What once was Grey Expectations is now Surly. One of our own, Omar Ansari, founded the Surly Brewing Company a few years ago, and it has guickly become renowned throughout the land as one of the finest beers you'll ever have the pleasure to swill. Our team is known for playing tough, competitive Ultimate on the field, and generously sharing our craft brew at the end of the day on the sidelines. This year we are carrying the memory of Marty Bakko in our hearts. Marty passed away in July after a three-year battle with cancer. He was a great competitor, a close friend, and an outstanding teammate. We are dedicating this season to him. Please join us sometime during the tournament to swap a story and raise a toast to MFB.



Dostor

Throwback

WASHINGTON

Captains/Coaches: Rhetick Sengupta & Justin Hughes

throwback thro-bak: reversion to an earlier type or phase

And so, it begins. Again. A faint creaking, labored breathing, a gasp and a hunched form staggers out of the marsh and onto the pitch. Glancing furtively about, it stops and squints intently as another form emerges from the shadows. Eyes lock, a grunt of recognition. A rustling in the reeds and soon others emerge.

: to quaff vigorously, or consume a serving in a singlegulp, especially alcoholic beverages

The first incamation of Throwback culminated with an exhilarating Callahan goal on double-game point of the 2006 Championship Game. The 2007 iteration featured a new roster and a new result: failing to move past Regionals; finally being eliminated by the same team it had defeated for the Championship the previous season.

: one that is suggestive of, or suited to, an earlier time or style

Rooted firmly in the rain-dampened soil of the Pacific

Northwest: from the foothills of British Columbia, through the shores of Puget Sound, and down to the banks of the Columbia, Throwback returns to Sarasota looking to revert to earlier form.



Roster

Roster

	•••		
No.	Player	Ht.	Age
2	Darrin Byle	5-10	39
3	Alexander Cross	6-2	41
4	Robert Choi	6-0	35
7	John Frantz	6-0	45
8	Eric Goetz	5-10	42
11	John Babin	6- 0	47
16	Bryan Krawchyshyn	5-9	35
19	James Matsusaka	5-5	38
22	Matt Bartolotti	5-10	36
24	Dan Anderson	5-6	36
26	Brian Fish	6-2	38
29	Justin Hughes	5-10	37
32	Greg O'Brien	5-11	40
33	Ben Thielhorn	5-10	43
42	Chris Hurwitz	5-10	40
50	Josh Feinstein	5-11	36
55	Chris Artibello	5-9	34
66	Fraser Stanton	6-2	37
75	J.T. Thompson	5-9	37
78	Don Cox	6-1	38
92	Herb Kaup	5-10	40
95	Rhetick Sengupta	5-10	35

Troubled Past

CALIFORNIA

Captain: Michael O'Dowd

In its third year flying the banner of Troubled Past, this team continues to amaze with its style of play that many refer to as the Big Z. Those who have followed the sport over the years know Z is this team's ability to beat players with its boundless Spirit. When a player on the other team enters the Z they first experience fear, followed by dryness of the throat and lungs and finally, often crying, the player will see their Spiritual side for what it is — a weak and dark little gnome. This can be a scary moment for a player — but together in the Spirit of Z the gnome becomes a man. For many players, just the experience of playing Troubled Past and seeing themselves in the Z is the highlight of their Club Championship. As Masters, we are eager to share the secrets of the Z with other Regions as we

have shared with our progeny on teams like Rhino Slam and Jam, whose 2008 UPA Club Championship victory we take credit for. Come by our sideline and let us tell you more about the Big Z. We are the team with the sight on our chest and love on our lips.

No.	Player	Ht.	Age
0	Phil Ruebel	6-3	33
1	Lars Fjelstad	6-0	41
2	Kevin Monohan	6-1	40
	Keith Monohan	6-1	38
4	Spencer Reeder	6-3	42
5	Ryan De Austin	6-2	33
6	Stephen Feldman	5-5	42
7	Michael O'Dowd	6-0	47
8	Brian Morris	5-11	41
9	Walter Van der Schraaf	5-8	46
10	Pat Benson	5-10	40
11	Matt Albinson	5-8	34
12	Matt Rodkey	5-8	34
13	Rick Nultemeier	6-0	42
19	Chuck Johnson	5-11	43
23	Michael Knapp	5-9	39
25	Paul Scheiss	6-0	44
27	Jason Kropf	6-1	39
29	Jason Draut	6-2	33
31	Paul De Morgan	6-0	41
33	Mark McGhee	5-10	37
44	Brian Snyder	6-4	34
47	Jesse Cortes	6-0	45
70	Eric Johnson	6-0	39
77	Aaron Switzer	6-3	43
79	Brian Linkfield	6-1	37
83	Geoff Richman	5-10	41

AMP

PENNSYLVANI

Captains: Jill Domanico, Patrick Sherlock & Eugene Yum

AMP is proud to represent the Founders' Section and Philadelphia at the Ultimate Club Championships for the fifth straight season. AMP will also be making appearances at Ultisquash Nationals, Rock Band Nationals, Tent Game Nationals, William Tell Nationals, Wiffle Ball Nationals and Catchphrase Nationals.



Roster

No.	Player	Ht.	Age
0	Eugene Yum	6-1	28
1	Alex Peters	6-0	24
2	Jonathan Tew	6-2	25
3	Preeti Nalavade	5-6	22
4	Patrick Sherlock	5-9	26
5	Allison Cameron	5-8	27
6	Jill Domanico	5-6	29
7	Dave Brandolph	5-7	23
8	Dan Furfari	5-10	30
10	D. Brian Felt	6-0	32
11	Marc Stachowski	5-11	44
12	Ben Kleaveland	6-0	30
13	Brian Lo	5-10	31
14	Matt Glazer	5-11	25
15	Alison Cohen	5-5	34
18	Whitney Viets	5-5	22
23	Stacey Janz	5-5	24
25	Sean Murray	6-1	28
27	Nurit Bloom	5-9	32
28	Ricky Chung	5-9	23
29	Jeff Laarz	6-3	24
32	Eddie Peters	6-1	21
33	Pamela Winkler	5-11	25
54	Raha Mozaffari	5-4	23
55	Dan Heckman	6-0	32
66	Jeff Loperfido	6-0	27
99	Kristin Stroupe	5-5	25

Axis of C'Ville

VIRGINIA

Axis of C'ville was created in 2006, just in time for the fall series. Charlottesville has a long history of strong mixed Ultimate with a blend of folks brought in through the University, along with home-grown talent. The team reached the final stage of the fall series in 2007 and finished 13th. This season we held our first tryouts and have put together a mix of club players (Open, Women and Mixed) as well as a strong group of youngin's from UVA. Although the majority of the team is based in Charlottesville, we have teammates who live in D.C., Baltimore, Richmond and Harrisonburg. The team keeps it simple, plays a mean game of Ultimate ninja, digs Tabatas, the third quarter and a well-put-together bag-o.



Roster

Player	Ht.	Age
Caroline Loh	5-6	30
Jay Guise	5-11	28
Emily T.J. Estrada	5-4	26
Tyler Conger	6-2	21
Keith Stanley	6-0	28
Karin Rafaels	5-7	27
Anna Neeras	5-6	32
Jon Jay	6-0	27
Kristi Williamson	5-3	40
Joy Ferenbaugh	5-3	36
Oliver Platts-Mills	6-2	30
Justin Webster	5-9	24
Reid Whitten	6-0	29
Jill Bingham	5-9	27
Tom Licitra	6-0	20
Chase Sparling-Beckley	6-4	27
Mitchell Psotka	5-8	30
Marshall Koch	6-4	25
Julie (Ducky) Mitchell	5-2	21
Jonathan Neeley	5-11	22
Andrea Duran	5-9	24
Kevin Kusy	6-2	32
Chris (Scuttle) Barker	6-0	23
Natasha Sienitsky	5-4	29
Hannah Marie		
(Gonzo) Green	5-6	21
	Caroline Loh Jay Guise Emily T.J. Estrada Tyler Conger Keith Stanley Karin Rafaels Anna Neeras Jon Jay Kristi Williamson Joy Ferenbaugh Oliver Platts-Mills Justin Webster Reid Whitten Jill Bingham Tom Licitra Chase Sparling-Beckley Mitchell Psotka Marshall Koch Julie (Ducky) Mitchell Jonathan Neeley Andrea Duran Kevin Kusy Chris (Scuttle) Barker Natasha Sienitsky Hannah Marie	Caroline Loh 5-6 Jay Guise 5-11 Emily T.J. Estrada 5-4 Tyler Conger 6-2 Keith Stanley 6-0 Karin Rafaels 5-7 Anna Neeras 5-6 Jon Jay 5-3 Kristi Williamson 5-3 Joy Ferenbaugh 5-3 Oliver Platts-Mills 6-2 Justin Webster 5-9 Reid Whitten 6-0 Jill Bingham 5-9 Tom Licitra 6-0 Chase Sparling-Beckley 6-4 Mitchell Psotka 5-8 Marshall Koch 6-4 Julie (Ducky) Mitchell 5-2 Jonathan Neeley 5-11 Andrea Duran 5-9 Kevin Kusy 6-0 Chris (Scuttle) Barker 6-0 Natasha Sienitsky 5-4 Hannah Marie 5-4

Barrio

ARIZONA

drought

Captains: Brandon Palmer, Jeff Grobe & Jen Pashley

Best in the Southwest, Barrio won't rest in our quest to dominate the rest

Barrio doles out the pain, you'll get no lanes like we get no rain, we'll drive 'em insane

With our flow and deliver deadly blows to put on a show

D line so fine we get breaks that make you ache, we fake out your mark and break out our darks

Won't hesitate to layout, no doubt we bring the

From Arizona to Sarasota we get to know ya so we can show ya

Our mad break mark throws, we might go low

We might go high, don't even try

To get in the way cause Barrio flow keeps 'em all at bay



Roster

No.	Player	Ht.	Age
2	Trisha Thoms	5-6	27
3	James Weinstein	5-9	22
4	Chris Shepard	6-2	25
5	Chris Baldyga	6-1	35
8	Kelly Swiryn	5-10	32
9	Jen Pashley	5-4	22
10	Laura Prelsnik	5-2	20
11	Harding Brumby	5-11	26
17	Jeff Grobe	6-1	29
18	Jon Miller	5-6	26
19	Gretchen Kiehlbaugh	5-6	29
20	Jodi McCloskey	6-0	23
22	Anita Richert	5-3	22
23	Brandon Palmer	6-2	25
24	Colin Hutten	5-11	32
25	Alex Smith	6-0	18
27	Jess Thoms	5-6	31
31	Whitney Hutten	5-4	33
34	Juan Castro	5-9	27
43	Monika Kotowski	5-6	33
49	Erik Gafni	6-0	24
52	Henry Scharf	5-10	24
73	Damon Holmes	6-0	30
88	Simrit Khalsa	5-5	26

Bashing Piñatas

NEW YORK CITY

Captains: Lucas Murphy, Ryan West, Billy Olli & Seth Canetti Coach: John Sardo

The Bashing Piñatas are a humble team from Joanne, N.Y. The Bashing family has been expanding since 2006 and is looking forward to another week-long vacation down in Sarasota. The team with the attention span of a five-year-old got to the big show thanks to its coach who, as it turns out, deals with children who have the attention span of an eight-year-old. By the way, one time when we were at lunch, a dog came up to us with those puppy-dog eyes. He looked at us eating our sandwiches and then started talking to us, like people talk. It was really weird. We will empty your pool, shake your world and get attacked by freaking jungle cats like it's our job. Roll-out the red carpet for the Bashing Piñatas. HUZZAH!

Roster

170	, J.C.I		
No.	Player	Ht.	Age
00	Ryan West	5-10	25
2	John Palmer	6-4	27
2 3 7	June Bae	5-3	28
	Kerry Chang	5-9	20
8	Alon Brown	6-0	20
9	Amanda Lobel	5-7	22
10	Allison Walker	5-7	21
11	Dave Dayan	6-0	25
12	Caitlin O'Connell	5-10	19
13	Kimberly Ryan	5-4	22
14	Natalya Budnyatsky	5-4	25
17	Tracy Stankavage	5-6	23
18	Ignacio Yz	5-9	23
21	Emily Cho	5-3	25
22	Diane Palmer	5-8	26
24	Seth Canetti	5-9	27
26	Kevin Ferri	6-1	26
27	Akina Younge	5-3	19
31	Emily Pearson	5-6	25
33	Chris Zybert	6-0	25
36	Adam Stern	5-9	21
37	Lindsey Newman	5-4	20
43	Zac Hilton	6-2	23
45	Billy Olli	5-8	25
47	Lucas Murphy	5-8	25
54	Livingston Ordway	6-0	25
88	Devon Huang	5-5	34

Brown Chicken Brown Cow

CALIFORNI

Captains: Beth Liebert, Brian Calle & Alice Chen

BCBC started with a group of friends who wanted to play elite Ultimate but couldn't fit weekly practices into their schedules. With recruiting prowess, dirty jokes and belly laughs on our side, our first year forged bonds deep in our hearts that left us wanting more. Now in our second year, we capitalized on the connections forged through Lady Gaga dance parties, sandy Callahan grabs, and a little sexy, sexy, to create one of the most unique Ultimate experiences SoCal has ever known. Come make out with us later.



Roster

	,5001		
No.	Player	Ht.	Age
0	Lafitte Lamberto-Egan	6-1	29
1	Chuck kindred	6-3	29
2	Tonya Lenaburg	5-7	26
3	Britta halverson	5-6	31
4	Nicole Belle Isle	5-6	36
6	Sam Miner	6-0	25
7	Adrienne Baker	5-8	20
8	Tenise Ambler	5-8	25
10	Jeremy Carr	6-0	27
11	Benjamin Potash	6-2	36
12	Dana Gerrits	5-2	26
13	Jennifer Milholen	5-2	26
14	Marie Madaras	5-7	20
17	Tom Hall	6-0	28
20	Eric Brach	5-9	26
21	Adam Paicely	6-2	21
22	Emily Bass	5-4	21
23	Paul Van Bloemen		
	Waanbers	6-0	25
31	Brian Calle	6-1	27
32	Daniel Walton	6-0	24
34	Alice Chen	5-10	
55	Tyler Bacon	5-8	23
56	Jacob Juszak	6-3	20
77	Beth Liebert	5-10	
99	Jason White	6-1	28

Bucket

GE TO ROLL

Captains: Chris Goodson, Sara Gravelin & Victor Wu Coach: Norman Dale

//////////

Bucket hears a lot of words like beauty and flow and incredibly chiseled flicks. To us that's like a vanity — a self-absorption that we try to steer clear of. We dig the Bucket. For us, it's just the way we live our lives. We grip it and we rip it. We live it with a lot of flair, live it on the edge — where we gotta be. Bucket wasn't like every Mixed team out there, you know, who dreams about playing Open. We were always more interested in what bark was made out of on a tree. Butch is a real hero of ours. Chain. Chain Lightning would be another team who's a hero. The music they've created over the years, we don't really listen to it, but the fact that they're making it, we respect that. We care desperately about what we do. Do we know who we're playing? No. Do we know when the game starts today?

No. But we're here, and we're gonna give it our best shot.



Roster

NU	3161		
No.	Player	Ht.	Age
1	Kyle Weisbrod	5-11	30
2	Celine Sledge	5-5¾	
3	Jeremy Goecks	5-10	32
4	Lauren Stewart	5-5	27
5	Chris Goodson	6-5	28
7	Doug Sindelar	6-4	26
8	Shimrit Paley	5-4	25
9	Fred Sieling	6-0	27
10	Brian Cornelison	6-3	38
11	Chelsea Murphy	5-3	21
12	Golsa Yazdy	5-7	21
13	Josh Klehr	6-1	25
14	Theo Beck	5-6	31
15	Nick Fiske	5-9	31
16	Calli Ray	5-8	29
21	Dani Kaplan	5-5	20
22	Chris Gwinner	5-10	29
23	Sara Gravelin	5-11	29
24	Tim Ernst	511	25
29	Greg Schwartz	6-1	25
30	Michelle Young	5-5	31
42	Alisha Kramer	5-4	20
44	Mira Walker	5-5	22
52	Colin Belair	5-10	29
88	Nick Vitone	5-4	31
92	Victor Wu	5-11	27

D'oh!

WASHINGTON

Captains: Chris Bushnell & Hall Walker Coach: Mike Rode

Starting as a city league entry in 1999, D'oh! has slowly grown from a scrappy upstart to a national-caliber coed team. The team has drawn heavily from the strong Seattle Juniors scene, the University of Washington teams, and local league players to assemble rosters of increasing experience and skill. In the early 2000s, D'oh! made regular regional appearances and acted as an incubator for young players, with alumni moving into big roles on elite single-gender teams. After a fall-series hiatus from 2005-07, the team returned in 2008 with wins over elite stalwarts at ECC, and grabbed a bid for its first UPA Club Championships appearance. This year, the citizens of Springfield are back with many of their veterans and strong new pickups for another run on the national stage.

Roster

KU.	orei		
No. 2 3 4 6 6 7 9 10 111 12 114 117 220 221 223 324 42 27 31 337 441 442 99 99 99	Player Chris Bushnell Drew Siler Hannah Volkman Lindsey Johnson Anthony Cacallori Mickey Thompson Josh Lang Cody Bean Mick Gier Claire Horan Dean Stevens Megan Bushnell Gabriel Pedersen Jo Harman Janna Hamaker Kelly Jewell Hall Walker Tera Johnson Sara York Cory Lyngaas Jackie Williams Mike Schwindeller Dan Hostetler Jon Hamaker Grace Lee James Evans Ester Katsaros	Ht. 6-0 5-11 5-8 5-8 5-10 6-0 6-0 6-3 5-6 6-0 5-6 5-7 5-6 5-6 5-6 5-7 5-6 5-1 5-11 5-11 5-11 5-11 5-8	Age 486 32 27 266 29 28 31 23 24 31 227 34 32 226 33 30 35 29 30 39

Jukebox Hero

FLORIDA TLORIDA

Captain(s): Clancy Shannon, Kebo Klipp & Beth Vavrica

////////////

After many years of farming out their local talent across the state, a collection of Open and Women's players out of Jacksonville, Fla., decided to give Mixed a shot for 2009. The captains took a core group from Jax and added incredible talent from across the state and southern Georgia to form a team that has found great success in its first year competing in the series. Fielding all-stars from Open, Women's, Mixed, and even Masters, Jukebox Hero has a collection of great athletes and play makers. With close games against national-caliber teams all season and semifinal appearances at Glazed Daze and Chesapeake, Jukebox has shown the ability to play with the top-tier teams and is excited for the opportunity to play at the UPA Club Championships. We'll be rock-

ing out in Sarasota . . . with stars in our eyes.

Roster

Kostei			
No. 00 1 2 5 6 7 8 9 10 11 12 13 16 17 20 21 22	Player Jonathan Helton Josh Shepard Sam Carroll David Howard Carolyn Freeman Kevin Klipp Nicole Hawkins Phil Leung Clancy Shannon Ryan Torvik Jason Cade Bryce Carleton Brendon Vavrica Brett Egger Josh Hyde Jon Cobb Lindsey	Ht. 6-0 5-9 5-10 5-7 5-7 6-2 5-6 6-3 6-0 6-2 6-1 6-1 5-7 6-3	Age 25 25 32 27 24 26 34 30 29 26 24 31 24 20 31
23 24 28 30 33 34 45 77 96	Riemenschneider Ryan Curtiss Kate Cobelens Angela Shepard GabeTreesh Beth Vavrica Molly Hareid Christine Lynch Emily Paterson Larry Butch Brown Andrew Carleton	5-5 6-3 5-7 5-8 6-2 5-8 5-9 5-3 5-8 5-10 6-4	26 31 19 24 30 28 30 21 32 40 24

Mental Toss Flycoons

Captain: James Kennedy General Manager/Coach: John O'Connor

Capitalizing on their UPA Club Championship last year, the Mental Toss Flycoons make their fourth straight appearance in Sarasota and are proud to represent the Big Sky Section. With very few roster changes this season the Flycoons add another year of experience and some new faces and look to bring the title back to Montana once again. Enduring a season filled with long travel schedules, many tournaments and grueling conditioning, while also featuring a roster filled with athleticism, experience and desire, the Flycoons look to leave a lasting mark of the Big Sky Section in Florida. We thrive on the sun and gusty wind, patience and speed, and the dump and huck. We are the Flycoons and we're coming to your room!



Roster

Captains: Chad Christensen, Frankie Rho, Keegan Uhl & Martha Uhl

/ / / / / / /

METRO was founded in 2008 by Chad and Dee Christensen, Shai Shwartz, and Keegan and Martha Uhl. A couple veterans led a squad of youngsters through a successful first season, missing the big show by a handful of points. The 2009 season saw the retirement of two captains and the addition of another, Frankie Rho, as well as a handful of new athletes to round-out the squad. The team's second season brought lots of hard work and even more success with what was put into place in 2008. Players travel to practices in Los Angeles from as far as Santa Barbara and San Diego, but most are L.A. locals. For over half the team this is their first Nationals of any kind.



Roster

No.	Player	Ht.	Age
1	Spencer Barr	5-8	27
2	Ryan Hunt	6-0	26
3	Michelle Andrews	5-6	20
4	Chad Christensen	6-2	33
6 7	Robert Severson	5-11	38
7	Kief Zangaro	5-10	32
10	Samuel Chen	5-8	23
11	Frankie Rho	5-7	34
12	Scott Mahr	5-10	24
13	Mark Miller	6-0	33
17	Martha Uhl	5-5	27
19	Simon Margolis	5-3	25
20	Lindsey Cross	5-8	21
21	Keegan Uhl	6-4	30
22	Sarah Carnahan	5-8	25
23	Jon Miles	5-10	26
24	Barrs Lang	6-1	25
25	Gerene Garcia	5-3	21
26	Karen Ko	5-4	27
28	Mary Kate Hogan	5-8	21
29	Jen Chen	5-3	23
30	Holly Schwarz	5-8	26
33	Sarah VanWagenen	5-8	36
36	Andy Curtis	6-0	23
39	Jeff Chai	5-11	27
50	Enway Hsu	5-3.5	21
84	Matt Welsh	6-0	26

One Trick Pony

Captains: Howie Place, Kate Sanders & David Karsten

Three words to describe One Trick Pony? Intimidating. Hardworking. Jackhammer. Caring. We've always cared, even about our opponents. We cared so much that in our very first tournament (the one that was supposed to be that one trick for our team), we poached players from our first-round opponents, just so we-d have enough players to give them a good game and then win the tournament. But we didn't stop there. We knew that you'd want us to keep recruiting great

players so that eventually you would want us at your tournament to fill your life with pink hearts and stars and glitter. We just knew you wouldn't keep holding your Ultimate tournament at a polo club unless you wanted a few ponies running around. OTP is so fortunate to have you as a friend. So we decided to give something back. Have you noticed the Tramplestamp™

on the lower back of our baby-blue jersey? It's not iust another delightful stop for vour eves as vou scan us from head to toe. That heart is there to let you know we love you as we blow by you on the way to the disc. Because we care.



Roster

	200.		
No.	Player	Ht.	Age
0	Howie Place	5-9	25
1	Kevin McCarthy	6-2	23
2	David Karsten	5-10	32
4	Jenny McKenzie	5-4	27
5	Emily Tobias	5-5	22
6	Allen Jones	6-0	22
7	Steph Jacobs	5-6	26
8	Patrick Austermann	5-9	24
9	Bret Gramlich	6-0	25
10	Meghan Minner	5-4	24
11	Abby Stephens	5-6	21
12	Joe MacDonald	6-6	21
13	Doug Jacobs	6-2	28
14	Britt Gott	5-9	27
16	Morgan Shahan	5-5	22
17	Jeremy Meyer	6-4	26
19	Thomas Hoyt	5-10	23
22	Ryan Meinkoth	5-11	20
25	Ross Welch	6-2	25
29	Lauren Gramlich	5-6	26
34	Troy Woytek	6-2	28
50	Blake Larson	5-10	25
56	Abby Karsten	5-4	27
66	James McKenzie	6-3	27
77	Julie Sztukowski	5-6	21
79	Henry Samson	5-9	23
88	Kate Sanders	6-0	24

Psychoplastique



Captains/Coaches: Jennifer Nicholls & Sebastian Toth

Based out of Edmonton, Alberta, Canada, Psychoplastique is excited to be making its debut at the UPA Club Championships. Psycho is made up of a combination of energetic youngsters and savvy veterans with just enough hardware in the trophy case to keep their roster spots. During the offseason, Psycho stays fit by stalking and trapping polar bears (catch-and-release only), and can often be seen ice fishing and upgrading their central heating. This year, Psycho has committed to spending the time and money to travel south in search of better competition and weather. If you are scheduled to play this team, make sure you get them to say such words as "about" and "roof" - Canadian pronunciation can be an endless source of free entertainment!

With the distinction of being the northernmost team to ever qualify for the UPA Championships, Psychoplastique is ready to make a big splash in Sarasota - mostly because all the water up in Edmonton Porchago ASTICAL is already frozen.



RC	oster		
No.	Player	Ht.	Age
0	Terri Whitehead	5-6	26
1	Johnny MacLean	5-10	30
2 5	Kiersten Stead	5-6	36
	Tanya Beasley	5-7	30
7	Darren DiMarco	6-1	31
8	Eric Bulley	6-	23
10	Lorraine Stelck	5-8	26
12	Petra Stephen	5-6	23
13	Graham Troughton	5-10	22
14	Breanne McCook	5-8	27
17	Matt Berezan	6-5	23
19	David Quail	6-0	30
21	Patrick MacQuarrie	6-1	23
22	Sebastian Toth	6-0	25
26	Wendy Sligl	5-8	36
31	Aaron Dobson	6-3	32
33	Jennifer Nicholls	5-5	36
38	David Stelck	6-2	23
41	Cynthia Hollimon	5-2	25
43	KatieBerezan	5-6	21
76	Vivian Krauchek	5-9	39
87	Jared Lehotsky	6-0	22
88	Scott Warwaruk	6-4	33
98	Brendan Wong	6-0	27

Quiet Coyote

Captains: Jason Adams & Ryan Scribner

It was a dark stormy night in a cornfield far, far away. Roger, a.k.a. "The Quiet Coyote," now three years old, was prepared to fulfill his mission on planet Earth. As the green corn moon rose gently over the dark cityscape, Roger grabbed his trusty blue and purple scarf and his lucky sunglasses for the journey. Roger had been born with several unique gifts that he had finally mastered for his trip to the green planet. Unlike most Rocket Dogs who only leave a single-colored streak in their wake. Roger had been endowed with pink bat wings that gave him the ability to hover and move laterally. Not to mention that, behind his lucky sunglasses, Roger possessed a pair of unimaginably powerful laser beam eyes. As he ascended into the stormy night sky, Roger wondered how his journey would end: Would he end up back home in The Corn, in The Tub with a

Rocket Dogette, in The Jar of Spite, or as usual, in The Bag? Fortunately, the green planet was close, his team had his back, and it was only a matter of time before the Quiet Coyote's mission was complete. Who's got your back?

ostei		
Player	Ht.	Age
		31
		29
		26
		28
		23
		29
		18
		22
		25
		24
		22
		18
		26
Erin Baumgartner		
Sally Lambert		
		26
Max Woolf		28
Ryan Scribner	6-0	30
Caroline Linehan	5-8	26
	Player Jake Eberly Mat Packard Roy VanCleef Andy Joynt Tim Cobbett Mike Wiseman Misha Horowitz Courtney Moores Matt Trudea Derek Chawalit Claudia Tajima Jason Adams Laura Cedro Julie Goff Andrew Keely Caroline Chow Natalie Thompson Henry Brecher Lauren Baecher Jeremy Maunus Erin Baumgartner Sally Lambert Eric Stevens Max Woolf	Player Ht. Jake Eberly 6-1 Mat Packard 5-10 Roy VanCleef 6-0 Andy Joynt 6-1 Tim Cobbett 5-10 Mike Wiseman 5-10 Misha Horowitz 6-1 Courtney Moores 5-1 Matt Trudea 6-0 Derek Chawalit 5-10 Claudia Tajima 5-6 Jason Adams 5-11 Laura Cedro 5-6 Julie Goff 5-9 Andrew Keely 5-10 Caroline Chow 5-6 Natalie Thompson Henry Brecher 5-10 Lauren Baecher 5-8 Jeremy Maunus 5-9 Erin Baumgartner 5-10 Sally Lambert 5-10 Eric Stevens 5-11 Max Woolf 6-2 Ryan Scribner 6-0

Slow White

Captains: Mike Miller & Kendra Frederick

Riding a four-year stretch of top-five finishes, Slow White came into 2009 with a strong returning roster, including several All-Stars and a host of experienced role players. Still, the General Manager's office, historically one of the most innovative and successful in the country, went to work in the off-season to plug any final holes and improve overall depth to set the team up for another run at the title. Free-agent signings Jeff Smith (Black Molly), Ellen McRae (Godiva) and Julie Sussman (Ambush) complemented our draft class of Emily Baecher (Michigan), Jordan Kwok (MIT) and late-round steal Becky Malinowski (Michigan). The biggest splash, however, came with the surprise trade of clubhousefavorite and fan-heartthrob Peter Prial to Boston's Ironside for former standout Dan Patisteas and a player to

be named later (John Korber). All of this gives Slow White one of its most well-rounded and deepest teams ever. Once a Cinderalla story, this organization has transformed itself into a perennial contender.

Roster No. Player

00	Chris Farina	5-10	26
1	Jordan Kwok	5-6	24
2	Cassidy Edwards	5-9	24
3	Kris Kelly	5-2	29
5	Meriden D'Arcy	5-7	27
9	Jeff Smith	5-10	24
10	Mike Miller	5-7	27
11	Evan Patisteas	6-1	26
12	Chris Waite	6-1	24
13	Dan Patisteas	6-1	26
16	Tim Warden-Hertz	5-8	26
18	Kendra Frederick	5-9	29
20	Matt Greytak	6-0	27
21	Steve Sullivan	5-9	26
22	Becky Malinowski	5-11	19
23	Emily Baecher	5-7	22
31	Adam Patisteas	6-2	22
32	Christina Allain	5-3	25
34	Bethany Dutra	5-3	27
42	Ellen McRae	5-6	26
48	Erin Kelleher	5-5	29
58	Elliott Gould	6-0	26
69	Adrienne Altobelli	5-7	25
71	Julie Sussman	5-3	25
81	Alex Morrone	6-1	23
88	Frank Fellone	5-9	26
98	John Korber	6-2	27

Ht.

Age

TAU

NORTH CAROLINA

Captains: Tammy Moose, Jimmy Holtzman, Lauren Tompson & Ben Murphy

TAU—add equal parts Big Winston Wake Forest and LCN Ultimate. Heat until warm. Throw in a dash of UNCG. Mix with some SAS, stir continuously, sprinkle a bit of Clemson and touch of App. State. Increase heat and cover, adding a pinch of Jaga. As mixture comes to a boil, add one French Canadian and someone from an I-state. Combine with enough blood, sweat and tears to completely cover the mixture. Allow to roast over an open flame until raging hot, season with one Warrior. Once your TAU mixture is steaming vigorously, remove from heat and serve. Do not allow to cool.



Roster

			_
No.	Player	Ht.	Age
00	Mike Gerics	6-0	39
1	Beth Harrington	5-7	23
2	Charlie Tefft	6-2	35
3	Lucia Derks	5-6	23
4	Juliette McNamara	5-6	24
5	Chris Cosgrove	5-10	22
7	Scott SanGeorge	6-2	36
8	Eric Woolridge	5-10	31
9	Lauren Tompson	5-11	29
10	Jimmy Holtzman	6-0	32
11	Danny Marlow	6-4	26
13	Ben Murphy	5-10	26
14	Sandy Hartwiger	6-1	35
19	Jimmy Mangum	6-0	32
20	Dave Northrup	5-10	28
21	Tammy Moose	5-4	39
22	Brian Gane	6-0	30
23	Becca Stephens	5-7	23
25	Linda Kroger	5-7	30
26	Rebecca Creer	5-3	23
27	Sara Gray	5-10	25
28	Charlie Kroger	5-10	30

The Chad Larson Experience

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CLX has been on hiatus from the UPA Club Championships since 2005, last competing in the fall series in 2006, but turning down the bid earned to attend Worlds. In the meantime, members of the CLX family have attended Nationals as part of 2007 Women's team Small Rackages, 2007 Open team Van Buren Boys, and 2008 Mixed team Alpha Cobra Squadron. A small core of CLX veterans are back, along with some Rackages/VBB/ACS friends picked up along the way, added to the standard mix of solid regional pickups. The family reunion comes in time to attempt to qualify for Worlds yet again, while keeping the goal of a national championship firmly in view. We'd like to thank all family members, friends and old teammates who have been instrumental in supporting us and helping bring us to this point.



Roster

Ro	Roster			
No.	Player	Ht.	Age	
0	Steven Meyer	6-6	26	
1	Kevin Seiler	5-11	30	
2	Mark Groteluschen	6-1	27	
3	Taiwo Anjonrin-Ohu	5-3	25	
5	Zach Eastlund	6-2	26	
2 3 5 6	Jessica Hoppe	5-9	24	
7	Jon Misra	5-10	25	
8	Steven Hanson	6-4	28	
9	Rachel Derscheid	5-7	27	
11	SethBartel	6-0	28	
12	Rachel Sheldahl	5-4	28	
13	Dan Kresowik	6-1	27	
14	Ben Lyons	6-0	26	
15	Sarah Solarz	5-6	28	
16	Lana Seiler	5-5	26	
17	Steven Rice	6-0	25	
19	Jasmine Draper	5-4	21	
21	Amy Sheldahl	5-4	30	
22	Shawn Whall	5-7	26	
23	Melissa Gibbs	5-7	24	
24	Mike Lun	5-11	26	
25	Joe Brisbois	6-0	26	
39	Christine Rosen	5-4	20	
45	Jon Staron	5-11	27	
54	Chris Mayne	6-4	27	
69	Michael Brisbois	6-3	22	
77	Kurt Brorsen	6-3	25	

Bodhi

Captains: Micah Flynn, Andrew Hollingworth & Miles Montgomery-Butler

Bodhi was formed in the spring of 2008 with a core of players representing some of the best young talent in Massachusetts, many of whom had been teammates on either the Junior or college circuit with a good amount of high school, college, and Junior Worlds hardware to show for it. The team's first year was up and down but ended with a third-place finish in the Northeast and a bid to the UPA Club Championships.

The 2009 season has seen the team add new talent with broad experience at the club level, as well as consolidate the majority of the squad in and around Amherst, Mass. After a successful sophomore campaign we're proud to make our second straight appearance at the Championships.



Roster

No.	Dlavor	Ht.	٨٠٠
	Player	п . 6-3	Age 23
1	Jacob Taylor		21
3	Andrew Hollingworth	5-11	
4	Miles Montgomery-Butle		24
5	Phillip Pietrangelo	5-11	22
6 7	Tyler Auer	6-2	25
	Brendan Nichols	5-9	23
8	Patrick Baylis	5-9	23
9	Micah Flynn	6-1	28
10	Alex Kapinos	6-4	21
11	Christian Foster	5-11	21
12	Jonah Herscu	6-0	18
13	Chuck McBride	6-2	20
15	Sam Roberts	6-0	23
17	Patrick Roberts	6-2	20
23	Bill Stewart	6-2	44
24	Charlie Upton	6-1	23
26	Owen Westbrook	6-2	25
32	Sam Kanner	5-11	21
33	Zachary Kaufman	5-11	22
34	Evan Johnson	5-11	23
39	Robin Stewart DeMartino	6-0	21
43	Jon Hirschberger	6-4	22
45	Chris Skipper	6-0	25
56	Joe Costello	6-1	26
76	Brent Anderson	5-10	27
85	Vinny Fiacco	6-1	24

Chain Lightning

Captains: Josh Ziperstein, A.J. Tiarsmith & Jonathan Monforti

Atlanta's Chain Lightning has been a regional power ever since the team's inception in 1981, qualifying for the UPA Club Championships 21 out of 29 seasons. The 2009 squad entered the season with high expectations after finishing with disappointing losses in the quarterfinals in 2007 and semifinals in 2008. Chain proved that they wanted it in early-season tournaments, winning two out of three tournaments that they attended before the club series. Lots of hype has followed the team this year, and Chain looks forward to living up to it all at the fields in Sarasota.

CHAIN LIGHTNING

Roster

No.	Player	Ht.
00	Benjamin Spears	6-1
1	Josh Markette	5-9
2	Josh Ziperstein	5-11
4	Robert Runner	6-3
5	Brandon Perales	5-9
8	Grant Kirby	5-11
9	Will Lokke	5-11
10	Peter Dempsey	6-0
11	John Hammond	6-1
12	Frank Wooten	6-5
13	Joel Wooten	6-5
16	Russell Snow	5-9
17	Rob Barrett	5-10
18	Greg Swanson	6-1
19	Mark Poole	5-10
21	David Berendes	6-5
22	Nick Lance	5-10
25	Paul Vandenberg	6-1
31	A.J. Tiarsmith	6-1
34	Robert White	5-11
41	William Moore	5-10
47	Asa Wilson	5-10
64	Jason Simpson	6-0
78	Dylan Tunnell	6-2
98	Jonathan Monforti	5-9
99	Jay Hammond	5-10

Doublewide

Captains: Max Cook, Kiran Thomas & Michael Natenberg

Doublewide is a well-nasty Ultimate club based in Austin, Texas. We are a balanced team with neither superstars nor role players, committed to common goals: Play hard, fair, and with respect for our teammates and our opponents. We hope to see you soon on the field.



Dostar

RU	21 <u>C</u> I		
No.	Player	Ht.	Age
1	Casey Hogg	5-11	27
2	Marcus Gavin	5-11	30
4	Max Cook	5-7	28
5	Jeff Loskorn	6-1	22
6	David Melancon	6-0	26
7	Jay Lane	5-7	26
8	Chase Hudson	5-11	25
9	Matthew Clark	6-2	26
11	Ben Sims	6-1	29
12	Andrew Walch	6-1	23
13	Terry Jungman	5-9	25
14	Patrick Eberle	6-2	25
15	Daniel Poindexter	6-1	25
16	Kiran Thomas	5-11	26
17	Jake Anderson	6-3	25
18	Michael Natenberg	6-0	29
19	Sean McCall	6-2	37
20	Kurt Gibson	6-2	24
21	Edward Freiner	5-10	24
22	Stephen Presley	5-10	24
23	Matt Randall	6-2	25
24	Rory Orloff	5-8	24
27	Kevin Gaffney	5-10	32
33	Matthew Stephens	6-1	26
42	Brandon Hill	5-9	29
44	Jason Best	5'11	23

Captains: John Hassell & Andrew Ouchterlony Coach: Garry Watanabe

GOAT is Greater Ottawa and Toronto. When we're not ironing our Mounties outfits or renovating our igloos, we're stampeding the Canadian shield, training hard with visions of the sparkling emerald grasses of Sarasota dancing in our heads. A semifinal berth in 2007 and a quarterfinals finish in 2008 gave the team a taste of what could be in 2009. Today, GOAT is forging an identity as a gritty, faceless army pushing hard to earn respect. To the best of our recollection, the team was formed in 2002 as a split between Ottawa and Toronto. Since then, GOAT has become predominantly Torontobased, thanks to a three-team club system, with Grand Trunk the second team and Roy the third. GOAT has also drawn heavily from the university system in south-

ern Ontario in recent years, most notably from previous Canadian university champions, the University of Toronto and Queen's University.



KO	ster		
No.	Player	Ht.	Age
00	Shawn Chua	5-8	32
01	Joel Hogberg	5-9	27
2	Derek Alexander	5-9	26
7	Graham Withers	6-1	32
9	Scott Nicholls	5-8	25
11	Patrick Mooney	5-9	26
12	Evan Phillips	6-2	33
13	John Martin	6-1	25
15	Malcolm Jonhston	6-0	26
16	Phil Watanabe	5-11	38
17	Lowell Heppner	6-2	25
18	Anatoly Vasilyev	5-10	26
19	Thomson McKnight	5-11	22
20	Jeff Lindquist	6-0	25
22	Kirk Nylen	6-4	32
24	Colin Green	6-2	28
25	James Donovan	6-0	29
27	David Pichler	6-2	26
30	Jesse Roberston	6-2	34
33	Inian Moorthy	6-0	31
38	John Hassell	6-3	32
43	Andrew Ouchterlony	6-3	32
69	Zachary Saxe	5-9	32
72	Taylor Martin	6-2	24
81	Adrian Yearwood	6-0	20
83	Sam Kennedy	6-4	25

Ironside

MASSACHUSET1

Captains: Jeff Graham, Ryan Todd & Josh McCarthy

Coaches: Ted Munter & Greg Connelly

One year removed from a heartbreaking loss to Jam in the 2008 UPA Club Championship finals, Ironside returns to Sarasota determined to take the next step and carry the trophy back to the Northeast. This offseason saw the departure of several of the team's elder statesmen, including Fortunat Mueller and Doug Moore, the last remaining Bostonians competing in the Open division to have held the title. These stalwarts are replaced by a crew of youthful college all-stars. In the process Ironside may have lost the self-proclaimed title of smartest team in Ultimate. however, the team is still dedicated to utilizing a number of varying offensive and defensive schemes that keep an opponent off-balance and guessing. These strategic elements, combined with a stingy offense and waves of man-to-man defensive pressure, carried the team to a 38-3 regular-

season record. However, as the team discovered so brutally last year, it is whether you win at the Championships that matters in the end...

Roster

	200.		
No.	Player	Ht.	Age
0	David Hoel	6-3	26
1	Teddy Browar-Jarus	6-2	25
2	Ryan Todd	5-6	28
2	Josh Mullen	5-10	29
4	Matt Rebholz	6-3	24
6	Jasper Hoitsma	5-10	26
7	Will Neff	6-4	23
8	Adam Sigelman	5-11	27
9	Seth Crockford	5-10	28
10	Jacob Goldstein	5-11	24
11	Dan Forseter	5-10	31
14	Sam Rosenthal	5-10	33
15	Kevin Albert	5-10	28
17	Matt Holzer	6-3	28
18	Jim Foster	6-2	23
19	Colin Mahoney	6-6	24
20	Adam Simon	6-0	26
21	Jeff Graham	5-11	29
22	Seth Reinhardt	6-3	23
24	Peter Prial	6-2	22
25	Trey Katzenbach	6-1	39
27	George Stubbs	6-0	20
33	Ryan Purcell	5-8	26
37	Josh McCarthy	6-1	33
41	Ben Faust	6-2	28
75	Paul Batten	5-6	28
77	Danny Clark	6-1	28

<u>Jam</u>

CALIFORNI

Captain: Damien Scott Coach: Dan Goldman

In its 11th year, San Francisco Jam comes to the 2009 UPA Club Championships as the defending Open Division Champions for the first time in its history. Whizzing its way through an up-and-down season, Jam qualified once again by the skin of its teeth through the ultracompetitive Northwest region. Tickled to be here, Jam looks to make the best of its opportunity and play with passion and spirit.



Roster

NO.	Player	Ht.	Age
0	Dan Goldman	5-10	42
1	Brian Garcia	6-4	26
2	Allen Thoe	6-0	33
3	Jason Zhang	5-10	26
4	Jeff Eastham-Anderson	6-2	31
5	Taylor Cascino	6-1	29
6	Idris Nolan	6-1	33
7	Dan Hodges	6-0	29
8	Ian Ranahan	5-11	29
9	Choongil Fleischman	5-11	23
10	Jon Remucal	5-10	34
11	Kevin Buchanan	5-11	31
12	Jim Schoettler	6-4	36
13	Jonathan Hester	6-0	28
14	Mark Humphrey	5-10	31
17	Jon Zalisk	5-11	32
18	Neil Pallaver	6-0	29
20	Tommy Hendrickson	5-11	24
21	Adam Scow	6-2	26
22	Justin Safdie	6-1	33
24	Bart Watson	6-1	29
25	Ron Kubalanza	5-10	35
26	Michael Namkung	6-0	39
27	Damien Scott	6-2	34
55	Will Che	5-10	25
68	Chris Sherwood	6-0	42

Johnny Bravo

COLORAD

Captains: Jolian Dahl & Josh Ackley

First time in semifinals was 2006.

Ramped it up for a finals appearance in 2007. Another strong semifinals push in 2008.

Now Bravo has reloaded.

Knowledge has been passed from the battle-tested to the green.

One crowning event remains. No contest is won on paper. Earn it on the field.



Roster

No.	Player	Ht.	Age
0	Joe Durst	6-2	25
2	Brian Bogle	6-1	31
	Jeff Berget	6-1	30
4	Andrew Mangan	6-0	26
5	Kevin Schipper	5-8	24
6	Keith Borsheim	6-0	30
9	Steven Rouisse	5-11	32
11	Brett Kolinek	6-0	27
12	Alex Mars	5-11	22
13	Matty Zemel	5-7	20
14	Craig Forshee	6-0	26
15	Ted Tripoli	5-8	27
16	Ryan Farrell	5-10	26
17	DavidBelsheim	6-0	27
19	Parker Krug	6-1	28
20	Josh Ackley	5-11	28
21	Darin Delay	6-1	34
22	Hayden Sewell	6-2	24
24	Rodrigo Valdivia	5-9	26
25	Justin Salvia	5-7	26
28	Hylke Snieder	6-5	20
30	Clark Bishop	5-11	26
34	Chris Wicus	6-3	24
60	Jolian Dahl	6-2	25
84	Adam Zwickl	6-0	27
86	Tim Paymaster	6-2	31
89	Mitch Schminke	6-1	36

Machine



Captains: Joe Ferrari, Michael Shiel & Akira Yamaguchi Coach: Matthew 'Brady' Meisenhelder

//////////////

Machine started in 2001 with Chicago players leftover from the ashes of the former teams, Z and Second Wind. In the first few years, Machine had a young, constantly rotating roster of graduates from mostly Midwestern universities, and struggled to find consistency as they were on-again, off-again qualifiers for the UPA Club Championships. A solidified core roster developed in 2006, and Machine added new talent each year that helped achieve more consistent performances and earn the team four-straight qualifications to the Championships, including this year. This will be the 25th year a Chicago Open Elite team will be competing at the Championships, and Machine is looking to improve upon its best-ever 10th-place finish in 2008



Roster

K	oster		
No.	Player Ricky Eikstadt	Ht. 5-9	Age 38
1	Tim Halt	5-10	31
2	Hensley Sejour	5-8	30
3	Vijay Menon	6-2	27
4 5	Mike Shiel	5-11	29
6	Kevin Cho	5-7	30
6	Bill Finn	6-3	27
7	Joel Koehneman	6-1	24
8	Matt Wilken	6-3 6-4	30
10	Brody Felchle	5-4 5-9	31
13	Bjorn Gunderson Dane Olsen	5-10	26
14	Akira Yamaguchi	5-10	
15	Andrew Sheehan	5-10	26
17	Tyson Park	5-8	28
18	Cullen Geppert	6-2	21
20	Brian Schulz	5-11	33
21	John Kolb	6-6	25
24	Matt Stupca	6-1	29
27	Jacob Meyers	5-10	22
28	Andy Neilsen	5-10	25
29	Zack Thompson	5-8	24
30	Joe Ferrari	6-0	30
31	Walden Nelson	5-10	22
32	Alex Evangelides	6-1	20
33	Carl Deffenbaugh	6-0	22
61	Pat Stephens	6-1	25

Madcow

OHIO COLUMBUS

Captains: Rodger Oakes & Mike Groeber

Madcow is a group of friends. They happened to meet through, and keep in touch by, playing Ultimate. But no mistaking, they are a group of friends. A decade has passed. Members have left to other parts of their lives. But most remain and all are remembered. This long journey, with slightly more heartache than jubilation on the field — and the extreme opposite off of it — has been their gusto. Like many from the Midwest, they are a group of fighters...passionate, loyal, determined.

Possibly lacking the flash of the perennial powerhouses, they have never lacked in heart. This Sarasota trip is now a dream realized for many, while only the beginning to a promising career for others. The great animal pauses, glancing eastward, and for an instant the warm glow meets those old, tired eyes. Reflected therein are the uncountable battles fought — all in search of the cure. Its eyelids drop,

its jaw clenches and its leg muscles tighten as if struggling, for at least a moment longer, to control the madness. The feeling slowly subsides and the Madcow turns south, resuming its quest. The heart boldly echoes in its path.

MADCOW

Roster

	5001		
No.	Player	Ht.	Age
00	Josh Findley	5-10	24
2	Joe Taris	6-2	23
	Phil Roebuck	6-0	24
4	David Vuckovich	5-11	23
5	Jeff Kula	5-6	30
6	Ryan Sitler	5-9	23
7	Robbie Snyder	6-0	23
8	Jared Payne	6-0	25
9	Jimmy Hughes	5-10	25
10	Mike Groeber	5-11	28
11	Craig Poeppelman	5-9	22
12	Brent Reeb	6-0	33
13	Timmy Meyers	6-0	29
14	Josh Botti	5-9	23
16	Scott O-Brien	6-0	25
17	Nate Botti	5-11	21
19	Andy Theiss	5-10	23
23	Kevin Reichert	6-0	30
26	Axis Sivitz	5-11	23
27	Jimi Cantwell	6-0	23
28	Drew Hendrickson	6-0	26
31	Chris Spittal	6-0	28
37	Rodger Oakes	6-1	29
46	Isaac Jeffries	5-10	24
47	Phil Cherosky	5-9	21
73	Mike Boeckl	5-10	30
99	Kevin Ryan	6-0	28

Madison Club



Captains: Seth Meyer & Hector Valdivia

The last time Madison qualified for the UPA Club Championships was 2003. Since then, Madison has had a strong regional team, but we have not quite been able to qualify. Refocused after a tough loss last year in the qualifying game, and coupled with some key additions, Madison enjoyed its most successful year in recent memory. We are hoping to build on our Regional Championship this year in Florida and we plan to make the trip again in the years to come.



Roster

No.	Player	Ht.	Age
1	Chris Ashbrook	5-10	34
2	Randy Richgels	6-1	25
3	Seth Meyer	6-2	25
4	Nathan Meyer	6-3	20
5	Jon Gaynor	6-0	23
6	Jake Smart	5-11	21
7	Hector Valdivia	5-11	25
8	Tom Murray	5-10	23
10	David Schleicher	6-0	25
12	Scott Richgels	6-7	26
13	Brandon Malecek	5-10	25
15	Kyle Geppert	6-1	18
16	Jeff Bozeman	6-0	26
17	Nate Bosscher	6-5	28
20	Matt Young	6-0	26
22	Ben Feldman	5-10	21
24	Tom Annen	5-10	23
25	Chris Doede	6-0	25
27	Clay Schelitzche	5-10	26
29	Nate Thibedeau	5-11	31
33	John Bergen	5-9	21
37	Jacob Meyer	6-0	23
38	Evan Klane	5-9	22
44	Jadon Scullion	5-11	33
61	John Reynolds	5-11	32
93	Pat Donovan	6-6	21

Pike

Captains: Tim Johnson & Dusty Rhodes

In this, Pike's sixth berth at the UPA Club Championships over eight years of existence, the team has found the young wave of talent coming through the Northeastern Mid-Atlantic to be every bit the stars as the previous iteration. By striking the right balance of oldpikes, funpikes, botpike, Swisspike and Whatthehe Ilschooldidyougoto?pikes, we put the me in team first. And although we once lost our swagger to the u we most definitely know our roots and love to be philthily amped for wildcard. And now, before we have old sag, we might just start a barfight! We don't know what you know about us, but now we know what we know about us. Pike is proud to represent the Mid-Atlantic and we would like to thank everyone who has had any part in putting on The Show.



Roster

	5001		
No.	Player	Ht.	Age
2	Aman Nalavade	5-8	21
4	Nick Ongpauco	5-7	23
5	Shaun Krieger	6-0	21
6	Leon Chou	5-9	21
7	Jason Kunsa	6-0	19
8	Alex Grintsvayg	6-0	22
9	Ellis Kim	5-11	27
11	Ross Littauer	5-5	22
12	Toussaint Careathers	5-9	31
13	Dave Baer	5-9	23
15	Glenn Poole	5-9	22
16	Art Shull	6-3	21
17	Justin Illuzzi	6-1.5	24
21	Jake Rainwater	6-3	20
27	Jeff George	5-8	37
31	Tim Johnson	5-10.5	26
32	C.J. Kozarski	6-3	25
42	Jon Fink	6-0	27
46	Alex Kinsey	6-1	20
55	Tom Carroll	6-2	33
56	Nick Malinowski	6-2	27
63	Dusty Rhodes	5-9	29
71	Ian McClellan	5-10	29
77	Bo Li	5-11	20
89	J. Dono	5-10	32
90	Raphael Vangelista	6-0	33
98	David Boyea	5-11	20

Revolver

Captains: Mike Payne, Robbie Cahill & Alex Ghesquiere

/ / / / / / / / /

Coach: Chris McManus

Revolver was established in the spring of 2006 when Nick Handler, Chris McManus and Marc Weinberger came together to build a new Bay Area program from scratch. The captains sought to install a team-first ethic, to build strong team chemistry, and to demand intensity, humility and discipline from the players. In its inaugural season the team guickly turned heads by qualifying third for Sarasota out of the cut-throat Northwest, and capped its impressive debut by claiming a surprising fifth-place finish at the UPA Club Championships. A tough loss in the game-to-go at Regionals in 2007 kept Revolver home from the Championships. However in 2008 the team returned to Sarasota and again finished fifth, re-establishing itself among the elite club teams in the country.

In 2009, with several huge player additions, Revolver has compiled

a very strong regular-season record. Starting with tournament victories at Cal States, Solstice, and ECC, Revolver has capped off the regular season with Bay Area Sectional and Northwest Regional titles. Revolver hopes this year to bring our own championship trophy home to the Bay Area.



Dostor

RU	ster		
No.	Player	Ht.	Age
1	Joel Schlachet	5-9	22
3	Tom James	6-0	24
4	Jon Levy	6-1	25
5	Rocky Beach	5-10	34
6	Josh Wiseman	5-8	26
7	Daryl Nounnan	5-11	44
8	Eric Halverson	6-1	26
9	Cassidy Rasmussen	5-11	20
10	Robbie Cahill	6-1	25
12	Nick Chapman	5-10	23
13	Tyler Grant	6-1	29
14	Mark Sherwood	5-10	28
15	Ashlin Joye	6-0	21
16	Kim Van Berkel	5-8	30
17	Jit Bhattacharya	5-8	31
19	Ryo Kawaoka	5-8	28
20	Nick Schlag	5-10	23
21	James Herbert	5-10	27
22	Whit Clark	6-1	29
23	Mike Payne	6-0	35
24	Alex Ghesquiere	6-1	32
28	Martin Cochran	6-2	28
40	Mac Taylor	6-3	23
50	Beau Kittredge	6-3	25
99	Josh Greenough	6-2	30

Ring of Fire

NORTH CAROLIN

Captains: Jared Inselmann & Kris Bass

Ring of Fire Ultimate: 20 years of bringing it from N.C. Burn, baby, burn.



Roster

•••		
No.	Player	Ht.
00	Ken Porter	5-9
1	Zach Washburn	6-2
2	Pat McNally	5-10
3	Dan Seifer	5-7
4	Nick Poore	5-8
5	Taylor Pope	6-3
6	Raju Prasad	6-0
7	Thomas Ward	6-0
8	Rusty Ingold-Smith	6-0
9	Kris Bass	5-8
10	Mike Moore	6-0
11	Brian Lang	6-0
12	Jared Inselmann	6-1
13	Kyle Foreman	5-7
14	Stephen Poulos	6-1
16	Brian Lowther	6-2
18	Dave Snoke	5-10
21	Brian Casey	6-0
22	Robbye Brooks	6-0
24	Matthias Mueller	5-10
26	James Murray	6-0
28	Larry Durgin	6-0
30	Chris Gibson	6-4
32	Josh Berkowitz	6-2
45	Brett Matzuka	5-7
50	Josh Norris	6-0

6-2

Sockeye

WASHINGTON

Captains: Jaime Idaho Arambula, Michael Caldwell, Tim Gehret, Moses Rifkin & Ben Wiggins

//////////

Sockeye was formed in 1994. The Fish reached the Finals in their first three UPA Club Championship appearances (1995-97), but came up empty each time. After a two-year absence, Sockeye began a new run of success that has included three UPA titles and four finals appearances. This is Sockeye's 10th consecutive year qualifying for the UPA Championships. Sockeye features a host of new players and many familiar faces. Our goal in 2009 is simple: build the kind of team we would be proud to be a part of, through effort and time and vomit and wolf T-shirts; on the track and in the gym and after practice. We began our season together with strong runs at Solstice and the Emerald City Classic, but fell short of a finals win both times. We turned a corner in September, notching undefeated records and

tourney wins at Labor Day and Sectionals, but fell short again at Northwest Regionals. Sockeye comes to Sarasota hungry, red and Left For Dead, younger than ever and wise beyond our years, full of veteran savy, and dumb as a sack of wet hammers. Really big, heavy hammers. Everybody dies!

Roster

Tuba Benson-Jaia

99

No. 00 1 2 3 4 5 6 8	Player Ryan Seguine Tim Gehret Jimmy Chu Blaine Robbins Aly Lenon Alex Nord Danny Trytiak Ben Wiggins	Ht. 5-10 5-10 6-0 6-3 5-7 6-4 5-8 5-10	Age 30 26 27 31 25 30 25 29
9	Sam Harkness	5-10	23
10 11 13 14	Moses Rifkin Tyler Kinley Matthew Sewell Sam Chatterton-	6-2 5-6 5-9	30 27 32
	Kirchmeier	6-2	29
15 16	Nate Castine Thomas Sebby	5-11 6-4	22 31
17	Jeremy Cram	6-0	28
20 21	Mike Caldwell Dave Bestock	6-2 6-0	33 29
22	Spencer Wallis	5-10	24
23 24	Andrew Fleming Joe Sefton	5-11 6-1	29 23
28	Seth Wiggins	6-1	25
31 33	Matt Rehder Eddie Feeley	6-3 5-10	18 23
40	Adam Holt	6-1	27
44 99	Jaime Arambula Ray Illian	5-5 6-2	34 27

OPEN TEAMS

Streetgang

CALIFORNIA

Captains: Matt Heffernan & Ryan Slaughter

After our last Nationals appearance, San Diego split into two teams. A few years later, neither team had made it back to Florida. Captains of both teams were fed-up with the split and decided that they needed to combine into one. In order to test the waters, we went to New Year's Fest in Arizona as one group. We beat every team there and went home as tournament champions. From that point on, there was no looking back. Everyone was hungry for more and ready for the season to begin; one might say that a Streetgang was formed! With members from both the UCSD Air Squids and the SDSU Federalis, this team boasts a lot of talent. We may be young, we may be a bit reckless, we may even be headstrong, but we are all in it together. We win and lose together, run track workouts together, and fight through any hardships together. Through the thick-and-thin of it all, there

is always someone raising the other members up. San Diego Streetgang is ready to rise up as one and be a force to be reckoned with in Sarasota. Here comes the Thug D!



Roster

No.	Player	Ht.	Age
1	Justin Goodman	5-9	27
2	Kory Helms	6-0	23
3	Adam Bunn	5-9	26
4	Mark Johnston	5-10	23
5	Justin Elliot	6-4	21
6	Jeremy Cho	5-6	28
7	Steve Prodan	5-8	24
9	Keenan Herbon	6-1	28
10	Marcos Alvarez	5-11	21
12	Michael Stukel	5-11	27
14	Ross Lenta	5-9	28
18	Kyle Olson	6-1	25
19	Kevin Stuart	5-8	34
21	Michael Bevers	5-10	29
22	Zach Schakner	5-9	25
31	Ryan Slaughter	5-10	27
36	Matt Heffernan	5-10	25
37	Jared Clorfeine	5-8	34
47	Richard Prodan	5-11	21
49	Matthew Parisi	5-10	
71	David Billings	6-4	30
73	Alan Marquardt	5-7	30
77	Kent Bollfrass	6-1	25
80	Kevin Smith	6-0	26

Truck Stop

Captains: Noah Eden, Keven Moldenhauer & Brian Stout

Truck Stop celebrates its fifth anniversary with its fourth consecutive trip to Sarasota — and its first as Regional Champs. Born out of the fiery womb of the vaunted Mid-Atlantic college scene, Truck Stop has gradually developed into a Regional powerhouse, drawing players from Maryland, Virginia and the District to stake a claim to regional supremacy. The past two years have seen a lot of bling appearing on Trucker hands, as almost half the team succumbed to marriage (despite an average age of 26 and a location that is not technically in the South). But we have emerged stronger, recruiting a contingent of fresh young college grads to carry the torch at tournament parties, and claim with a straight face that they don't get hungover. Truck Stop has its eyes set on Glory this year, looking to

thrust itself onto the national scene and make a big splash in Sarasota.

KC	ster		
No. 1 2 3 4 4 5 5 6 6 7 7 9 9 110 111 112 114 118 220 22 27 331 334	Player Daniel Kantor Sean McComb Jason Andryuk Robin Poullath Keven Moldenhauer Bobby Gordon Sean Keegan Andrew Berry Daniel Noll Jake Horowitz Brent Bellinger Michael McAndrew Joe Cuneo Ryan Morgan Brian Stout Matt Gordon Linc Verlander Calvin Oung Jeff Wodatch	Ht. 5-10 6-1 5-10 5-11 5-10 5-11 6-2 5-10 6-1 6-4 5-10 6-1 6-2 6-2	22 24 23 25 23 25 27 27 25 24 26
34	Calvin Oung	6-0	26
40	Jeff Wodatch	6-2	23
41	Noah Eden	6-0	27
45	John Agan	5-11	26
47	Tommy Nicholson	6-1	26
51	Michael Stout	6-1	24
65	Damon Taylor	5-10	35
67	Benjamin Cohen	5-10	34
87	Alan Kolick	5-11	22
99	George Hughes-Strange	6-5	25

Backhoe

NORTH CAROLIN

Captains: Frannie Goodrich, Sasha Resnick, Sharon Tucker, Cate Foster & Lindsey Hack Coach: Tully Beatty

Based in the Triangle area of North Carolina, Backhoe has held the Mid-Atlantic Regional title since 1999, and since 2003 has been ranked among the top seven teams in North America, including a silver-medal finish at the 2005 UPA Club Championship. As a relatively isolated team on the Southeastern Coast, we use hardwork and determination to compete against teams from the largest U.S. cities. Surely, this is the source of our deep, Southern pride, and it's what fuels our love of intense competition. Every year we train to be the best in the nation. This year we return to Sarasota with more fire, more strength and more speed than we have ever had. We have trained under the leadership of Tully Beatty. To the 2009 Championship we bring depth from a decade of quarterfinal appearances and enough encreated in the strength of the second o

ergy to fulfill our one-time label as the fastest defensive team in the country. If you are a team gunning for a national medal then we will be gunning for you.

Roster

No.	Player	Ht.	Age
00	Sharon Tucker	5-4	25
4	Katy Harris	5-5	30
7	Liz Willetts	5-2	29
8	Katy Cagle	5-11	29
10	Teresa Rouse	5-5	24
12	Beth Stagner	5-7	38
13	Becky Ledonne	5-7	31
14	Rachel Gross	5-3	31
17	Cate Foster	5-5	25
18	Leila Tunnell	5-8	21
22	Nicole Chauvigne	5-8	27
23	Lindsey Hack	5-10	28
24	Lauren Gardner	5-4	28
25	Sasha Resnick	5-3	29
27	Tania Reitz	5-7	22
34	Frannie Goodrich	5-10	35
48	Frances Deschenes	5-7	22
76	Alison Murray	5-10	21
81	Sarah Morrison	5-8	29
84	Kate Morrison	5-7	25
99	Erin Crider	5-9	26

Brute Squad

MASSACHUSETT

Captains: Peri Kurshan, Shelly Peyton & Lucy Barnes

Coaches: Matt Kromer, Michael "Tross" Lawler & Olivier Humblet

Formed in 2002 when a group of college-aged pioneers wanted to play club Ultimate AND have fun at the same time, Brute Squad has worked our way to the top of the Boston Ultimate scene. Along the way, we've turned blood-thirsty, intra-city college and club rivals into beloved friends — and more often than not, roommates. We somehow manage to balance a crisp, composed offense with a tenacious and suffocating defense. We work tirelessly to push each other, and are driven by our commitment to the sport and to this team — but there's still no telling when our stanky legs will emerge from our spandex. We are the Brute Squad. Anybody want a peanut?

,5001		
Player	Ht.	Age
		24
		24
		28
		28
		28
Lauren Nelson	5-5	23
Stephanie Barker	5-8	23
Ellie Graeden	5-6	29
Amber Sinicrope	5-4	20
Christie Kim	5-4	23
Dory Ziperstein	5-6	21
Beth Nakamura	5-7	26
Hana Kawai	5-8	22
Shelly Peyton	5-4	29
Dominique Fontenette	5-8	34
Chrissy Dobson	5-10	28
Vivian Zayas	5-6	37
RanaKannan	5-3	27
Peri Kurshan	5-5	29
Tabitha Bennett	5-3	23
Lauren Childs	5-5	27
Lisa Kanner	5-6	27
Rohre Titcomb	5-5	21
Lucy Barnes	5-6	27
	Mackenzie Fazekas Sara Jacobi Betsy Calkins Blake Spitz Kathy Dobson Lauren Nelson Stephanie Barker Ellie Graeden Amber Sinicrope Christie Kim Dory Ziperstein Beth Nakamura Hana Kawai Shelly Peyton Dominique Fontenette Chrissy Dobson Vivian Zayas RanaKannan Peri Kurshan Tabitha Bennett Lauren Childs Lisa Kanner Rohre Titcomb	Mackenzie Fazekas 5-2 Sara Jacobi 5-5 Betsy Calkins 5-4 Blake Spitz 5-6 Kathy Dobson 5-10 Lauren Nelson 5-5 Stephanie Barker 5-8 Ellie Graeden 5-6 Amber Sinicrope 5-4 Christie Kim 5-4 Dory Ziperstein 5-6 Beth Nakamura 5-7 Hana Kawai 5-8 Shelly Peyton 5-4 Dominique Fontenette 5-8 Chrissy Dobson 5-10 Vivian Zayas 5-6 RanaKannan 5-3 RanaKannan 5-3 Tabitha Bennett 5-3 Lauren Childs 5-5 Lisa Kanner 5-6 Rohre Titcomb 5-5

Capitals

ORONIO/OTTAW

Captains: Kaitlyn Lovatt, Alyson Walker, Jenna McBride & Kate Crump Coach: Josée Guibord

In its short four-year history, Capitals Ultimate has made a name for itself on the UPA scene. In 2005, top players from the Ottawa and Toronto competitive clubs joined to make a run at the series. After three days of competition in Sarasota, the Capitals shocked the crowds with a jump from 16th to sixth place. In its second and third seasons the team recorded two more top-eight finishes (seventh and fifth). With 2008 being a world clubs year, Capitals lost a few key players to Team Canada and had a new core of players getting their feet wet for the first time in Sarasota. The result was a ninth-place finish in 2008. This year, with Lotus and Stella having very strong showings in the Canadian series (meeting in

the finals at Canadian Nationals), the combination created a Capitals team that is stronger than ever and aims to have its best showing yet on the polo fields of Sarasota.



Roster

No.	Player	Ht.	Age
00	Lisa Di Diodato	5-5	30
3	Kathryn Pohran	5-9	21
4	Jenna McBride	5-7	24
5	Anne Mercier	5-10	20
6	Meredith MacNaughton	5-10	32
7	Kate Cavallaro	5-7	32
8	Alison Flynn	5-5	31
11	Danielle Fortin	5-4	21
12	Carla DiFilippo	5-6	31
13	Alyson Walker	5-6	34
15	Sonia Komenda	5-5	20
18	Josée Guibord	5-4	32
19	Kaitlyn Lovatt	5-10	23
21	Kristin Laurin	5-7	25
22	Sheri Madigan	5-4	32
26	Natalie Fitzgerald	5-4	27
28	Chantal Mayotte	5-6	23
32	Monica Kerr-Coster	5-2	37
44	Heather Adams	5-10	30
50	Laurel Berkowitz	5-7	23
55	Malissa Lundgren	5-10	27
64	Elizabeth Love	5-8	25
77	Hadiya Roderique	5-4	29
79	Alena Papayanis	5-7	29
88	Kate Crump	5-7	31
	•		

Fury

CALIFORNIA CALIFORNIA

Captains: Alex Snyder & Nancy Sun Coach: Matty Tsang

After a story-book ending to an epic 2008 season, Fury found itself bidding a fond farewell to many long-time familiar faces who finally decided to pursue the legend of life beyond Ultimate. As the skies cleared and spring approached, a solid core of cagey veterans who were not quite ready to be done set to the task of building a team with the rock-star talent and athleticism that has always been the foundation of Fury Ultimate. The returners' efforts would not be in vain and, with Matt Tsang once again at the helm, a toolbox with everything one could want in an Ultimate team was created. Tasks along the way include saving whales, making rain, filming Jaws, kung-fu fighting, window shopping for puppies, savoring hot pockets, perfecting hammer-time moves, and of course making sure B.J. always makes it to home sweet home. Now, close to six months in the

making, the Fury '09 project is almost complete, the final pieces are falling into place and only one last performance remains. All we need is our bikinis.



Roster

K	ostei		
No.	Player	Ht.	Age
2	Lyrica Hammann	5-10	28
4	Alex Snyder	5-8	26
5	Emily Damon	5-6	22
6	Alicia Dantzker	5-8	26
8	Nancy Sun	5-6	27
9	Alicia Barr	5-6	36
10	Genevieve Laroche	5-8	31
11	Julie Baker	5-7	21
13	Cree Howard	5-8	22
14	Liz Penny	5-7	21
17	Nicole Beck	5-10	29
18	Amanda Leahy	5-5	24
19	Alicia White	5-7	27
20	Abby Christopher	5-7	24
22	Arlie Stern	5-3	21
23	Megan Schoellhamer	5-6	25
24	Jody Dozono	5-2	21
27	Ness Fajardo	5-7	25
29	Lauren Casey	5-8	26
41	Yelena Gorlin	5-7	25
42	Darragh Clancy	5-6	23
66	Lakshmi Narayan	5-8	25
71	Manisha Daryani	5-4	26
88	Manu Argilli	5-7	21
91	Georgia Rosscher	5-7	22

Lady Condors

SANTA BARBARA CALIFORNI/ Captains: Andrea Romano, Allison Maddux & Carolyn Finney Coach: Steve Dugan

The Lady Condors began in 1981 with the creation of the UPA Women's Division. The Lady Condors dominated women's Ultimate worldwide from 1984-90, finishing first in the nation four years in a row (1984-87), and first at Worlds in 1986, 1988, 1989 and 1990. Battling extinction, the Lady Condors have been absent from the national spotlight since their fifth-place UPA Club Championship finish in 2002. This year's team is comprised primarily of current and recent UCSB Burning Skirts graduates, as well as a few birds from the past. The Lady Condors are proud to flock it out once again at Nationals.



Roster

No.	Player	Ht.	Age
2	Alexis Thompson	5-5	25
3	Jill Van Wie	5-1	38
5	Kaela Jorgenson	5-8	21
6	Allison Maddux	5-2	24
9	Alina Warner	5-5	21
11	Carolyn Finney	5-4	21
12	Kristie Bowen	5-2	25
13	Melissa Chun	5-3	27
14	Shannon Bubb	5-2	20
19	Claire Fletcher	5-7	27
20	Briana Cahn	5-6	25
21	Megan Lovelace	5-4	30
24	Andrea Romano	5-9	23
29	Erin Mordecai	5-9	24
42	Alden Fletcher	5-8	25

Nemesis

Captain: Jessica Hellyer, Sally Mimms & Jessi Witt Coach: Phil Boering

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Since 1983, Nemesis has been kicking it live in Chi-Town. Coached by the p-fil and motivated by the black pole, Nemesis brings speed, hops and experience (sometimes even all in the same person) to the UPA Club Championships this year.

This being our 21st trip to Nationals, we plan to celebrate our new legality by going so hard that we hit the ground (hopefully via bids for the disc and not by more traditional 21st birthday means). And, if needed, we will Boot and rally through the weekend.

And now, a haiku: Who's this? Nemesis! Bring the darkness. P.S.W. Huck...Score. Boom. Roasted



	J. J		
No.	Player	Ht.	Age
0	Laura Moore	5-10	23
1	Candice Tse	5-1	26
2	Leah Berry	5-8	24
3	Lori Eich	5-6	28
4	Ali Harris	5-5	22
5	Lizzy Shiel	5-4	25
7	Christine Dube	5-3	25
8	Megan Sweas	5-7	26
9	Jessi Witt	5-7	31
10	Jessica Hellyer	5-2	29
11	Dena Slattery	5-5	24
12	Megan Tormey	5-9	25
13	Momo Hsia	5-5	23
15	Kim Streff	5-8	21
18	Christine Dube	5-3	25
19	Josie Ferrell	5-6	28
21	Kelly Marshall	5-6	22
23	Sally Mimms	5-7	30
25	Courtney Kiesow	5-9	24
33	Lindsay Schneider	5-2	27
34	Kelly Rippl	5-9	24
37	Servia Rindfleish	5-3	23
88	Valentina Ngai	5-5	34

Ozone

Captains: Deb Cussen & Angela Lin

Ozone is one of the longest-running women's teams in the country and has a record of excellence matched by few. Founded in 1984, we are in our 26th continuous year of competition, and we have maintained the highest levels of performance for over a quarter century - without once sacrificing our good looks or our impeccable Southern charm. In 2007 we began cherrypicking women from all over the Southeast to join our formidable team. Thanks to the dissolution of a couple of co-ed teams, we picked up some Mixed ringers, coaxed a newbie up from the Swamp, and added yet another high schooler into the mix in 2009. We also paid Heather Waugh a handsome bribe to move to the Dirty, and the stage was set for a great year. We still love visiting strange bars in familiar cities, Coca-Cola, and

SEC football (some teams more than others). Watch out for Atlanta this year we've got plans for every division. Vick's out of prison! Who says the South won't rise again?

Roster

No.	Player	Ht.
2	Jessica Blanton	5-2
3	Emily Estrada	5-4
4 5	Ariel Plotkin	5-4
5	Jessica Millar	5-11
7	Liz Middleton	5-4
8	Taliser Avery	5-3
10	Sarah Cook	5-5
11	Kiersten Mailler	5-6
12	Dominique Fontenette	5-8
15	Jennifer Hou	5-8
16	Anna Quinn Hare	5-6
17	Elise McDevitt	5-5
18	Marie-France Hivert	5-5
19	MaryCatherine Arbour	5-10
20	Rosalyn Ano	5-6
24	Alice Hwang	5-6
25	Judy Winglee	5-3
26	Wendy Sligl	5-8
27	Maureen McCamley	5-7
29	Victoria Chow	5-6
31	Christina Cianfrani	5-5
38	Cassandra Huck	5-7
42	Ellen McRae	5-6
47	Alex Kapitan	5-2
77	Lauren E. Grandpre	5-4
82	Tracy Woo	6-2
88	Rowan Sill	5-8

Pop

Captains: Jill Oesterreich Kiener, Robin Kunze & **Bridget Kane Norris**

On a torn dance floor seven months ago, our stage managers set forth in Minnesota a new world domination, conceived in soberness and dedicated to the proposition that all pop-stars are created equal. Now we are on stage in a great dance-off, testing whether that world domination, or any domination so conceived and so dedicated, can long endure. We are met on an Ultimate field of that war. We have come to dedicate a portion of that field, as a final resting place for those blades of grass that were bid and laid out on so that world domination might thrive. It is altogether fitting and proper that we should do this. But, in a larger sense, we can eradicate - we can consecrate – we can hallow – any available keg of Surly. The brave men and women, living and dead, who boat raced here, have tolerated it, far above our pouring power to chug and overextract. The Ultimate world will

little note, nor long remember what we say here, but it can never forget what the King of Pop and his pop-thusiasts did here...that the governing pop-stars, by the populace, for the populace, shall not perish from the field.

Ro	ster		
No.	Player	Ht.	Age
1	Christie Dosch	5-4	26
2	Sarah Dikeman	5-4	29
3	Julie Schmitz	5-4	29
5	Bridget Kane Norris	5-4	27
6	Emily Muirhead	5-6	24
7	Alyssa Olson	5-8	23
9	Anna Hagstrom	5-4	27
10	Lisa Fenske	5-4	38
11	Sarah Berseth	5-7	28
13	Katie Wilson	5-8	27
16	Jeanine Kooman	5-7	25
18	Jill Oesterreich Kiener	5-7	29
19	Megan Molteni	5-1	23
21	Patty King	5-4	22
23	Anna Snyder	5-9	20
24	Trish York	5-8	40
27	Sarah Weeks	5-4	29
28	Meghan Cain	5-6	25
32	Anne Lightbody	5-7	32
42	Robin Kunze	5-10	37
48	Krissy Thatcher	5-3	25

Rare Air

Captains: Heather Paylak & Anna Schott

Rare Air is a team known for an innate athleticism paired with a relentless high-altitude training regimen, and is driven by continuous efforts to reach new heights. A UPA Club Championships-qualifying team for 10 of the last 12 years, Rare Air continually resolves never to take a practice, workout or game for granted, Drawing talent from all over the state. Rare returns in 2009 speedy. conditioned and motivated as hell. Led by savvy and experienced captains, rich in crafty veterans (six of whom recently won a national championship with the women's masters team, Well Done), and rounded out by a skilled youthful contingent. Rare Air has the speed. knowledge, and tenacity to take on any adversary, and the passion to leave it all on the field every time.

	^
RARKAIR	7

Roster

No.	Player	Ht.	Age
2	Kelley Knieb	5-4	32
4	Katy Janzen	5-7	28
5	Leah Brooks	5-7	30
7	Allison Boyd	5-7	43
9	Krista Miller	5-4	25
11	Leslie Schein	5-4	31
12	Heather Pavlak	5-6	25
13	Shannon Waugh	5-4	21
15	Anne Pogoriler	5-5	31
17	Anna Schott	5-7	25
18	Courtney Verhaalen	5-6	22
21	Sophie Herscu	5-4	21
22	Jen Wolchansky	5-6	30
23	Lauren Boyle	5-6	23
24	Laura Travers	5-10	21
27	Ally DeBastiani	5-5	36
33	Jana Krutsinger	5-7	36
43	Kelly Bolt	5-5	25
88	Emily Anderson	5-5	32

Riot

Captains: Miranda Roth, Liz Duffy, Val Dion & Maddy Frey Coaches: Dennis Karlinsky & Danny Karlinsky

Riot was inspired by the mayhem of the 1999 WTO riots in Seattle. Trading in baby-blue shorts for Riot red in 2001, the team made its first appearance at the UPA Club Championships, rolling all the way to the finals and finishing second to Godiva. In 2002, Riot came home from Hawaii with the fourth consecutive Club World Championship for Seattle. The 2004 season brought a first. After a long wait, the Seattle women finally won a UPA Club Championship title. And then, in 2005, they won again. Riot collected three second-place finishes at the UPA Club Championships from 2006-08, adding a coach for the first time in 2008. Picking up talent from the Seattle co-ed and Bay area women's Ultimate

scenes in 2009, as well as their first South American player, Riot has put in a season of hard work and will arrive in Sarasota ready to play.



No.	Player	Ht.	Age
1	Aleja Torres	5-4	31
3	Lisa Niemann	5-4	25
5	Kate (K.K.) Kingery	5-6	30
6	Sarah (Surge) Griffith	5-5	23
8	Gwen Ambler	5-5	28
9	Alyson Thieman	5-10	22
11	Shannon O'Malley	5-5	22
12	Wynne Scherf	5-7	28
15	Drew Johnson	5-7	20
16	Madeleine (Maddy)		
	Frey	5-7	30
17	Jinny Eun	5-4	29
23	Karen (K.B.)		
	Brimacombe	5-2	39
25	Miranda Roth	5-9	27
31	Jenn Willson	5-9	32
34	Loriana Berman	5-6	27
37	Elisabeth (Liz) Duffy	5-7	34
38	Kathryn (Smalls)		
	Lawson	5-1	26
39	Sarah (R.V.) Ross-Viles	5-8	29
55	Emily Grad	5-5	26
66	Val Dion	5-8	32
69	Alvssa Weatherford	5-5	22

Safari

Captains: Stephanie Jong, Mary Ann Polityka & Jennifer Sanderson Coach: Clif Smith

"Out of the jungle a team did rise, with animal strength to no surprise. They'd run and hunt for the perfect score, with eyes of confidence hear them roar."

By "jungle," we mean the hot, nasty streets of Southern California, not the San Diego Zoo. "Animal strength" refers to Safari pulling the most athletic and talented women playing Ultimate in the Southern California pool. "The perfect score" not only applies to Safari's domination on the field, but also off ... like in the Beer Garden, which is indigenous habitat for most team members. Throughout the past decade, Safari has made many appearances at the UPA Club Championships, often placing in the top 10. Safari significantly expanded its roster this year from the low-key 2008 season and revived the long-lost art of team practices. Last season

the team relied heavily on player chemistry derived from Safari's Ultimate and Goaltimate legacies rooted in the early 1980s. However, inherent Goaltimate grit and a practice schedule are not the only supplements for the 2009 season, but also a fresh slate of leadership, strategies and Ultimate veteran, Coach Clif.



Roster

No.	Player	Ht.	Age
3	Erika Swanson	5-6	24
4	Taiala Carvalho	5-9	27
7	Anahid Brakke	5-10	39
8	Mary Ann Polityka	5-8	31
11	Iris Leung	5-2	22
14	Taylor Pence	5-4	28
18	Stephanie (Shaq) Jong	5-6	29
19	Lisa Bittner	5-2	35
20	Shar Stuht	5-7	41
21	Heather (Roswell)		
	Kinkead	5-8	25
22	Arthi Padmanabhan	5-8	27
23	Gina Phillips	5-8	22
24	Vivi Mai	5-3	26
25	Minh Huynh	5-0	31
26	Alexa Dix	5-6	26
31	Melody (Bonds) Gaal	5-7	21
32	Astrid Manning	6-0	27
38	Brooking Gatewood	5-9	26
52	Annie Ngo	5-2	22
64	Jennifer (Sir Robin)		
	Jacobsen	5-4	23
69	Angela (Spipit) Wells	5-4	23
72	Brenda Stevens	5-7	23
77	Jennifer (Poof)		
	Sanderson	5-6	32

Scandal

Captains: Carolyn Scully & Katie Klein

Scandal first headlined in 2007 as an illegitimate child of BNOGO. The D.C. Madams of Scandal are breaking into Nationals like Watergate, cruising to Sarasota ON A BOAT with a topless towel companion named Beat*ts (a.k.a. B). When we say Scandal is the best, we won't need to define what 'is' is ... you'll know. We lay out more than Monica Lewinsky. We get higher than Marion Barry. We throw more flicks than D.C. drivers and more hammers than a Supreme Court Justice. We huck longer than Congressional interns. We bid more often than Halliburton. We abuse the mark more than Bush did the Constitution, and we're harder to shut down than Guantanamo. We're D.C. Scandal; we love to cut and run.



Roster			
No.	Player	Ht.	Age
1	Sarah Smith	5-5	28
2	Huldah Gronvall	5-5	27
3	Jenny Hong	5-5	29
4	Megan McVey	5-7	26
6	Sarah arnham	5-5	28
7	Adrienne Dass	5-6	24
9	Taryn Price	5-9	30
10	Katie Klein	5-8	28
11	Susan Peine	5-2	34
12	Lisa Helvin	5-2	30
13	Jenny Fey	5-8	24
14	Samantha McClellan	5-6	23
15	Margalit Gould	5-7	27
17	Sandy Jorgensen	5-9	23
21	Carolyn Scully	5-5	29
22	Rebecca Rundle	5-9	24
24	Sarah Itoh	5-7	24
25	Rachel Borchardt	5-6	28
31	Jennie Yang	5-3	23
33	Alanna Tievsky	5-4	24
37	Beth Stankevich	5-5	24
42	Meredith Sheperd	5-7	26
55	Molly Roy	5-3	22
70	Courtney Wang	5-6	25
81	Charlie Mercer	5-8	22
91	Abby Elbow	5-8	33
99	Jennie Wellman	5-1	31

Showdown

TEXAS

Captains: Cara Crouch & Tina Woodings Coach: Allen Clement

Showdown began in 2006 when women across Texas united with the goal of working hard together to create magic on the Ultimate field. This season the team survived the hottest Texas summer on record, multiple missed flights, Mariah Carey karaoke, a caffeine-less Saturday of Regionals, and an initiation into the Twitter nation. As the early morning fog lifts in Sarasota, a lone tumbleweed may cross your path. You feel the ground vibrate before you hear the galloping . . . and then you see them: the tough, gritty strangers swagger into view. A showdown ensues and we're quick on the draw, all-fired for the brawl. Passion for the challenge, passion for the team, passion in their love of the game. Showdown Ultimate: True Love Indeed.



Roster

ĸς	Jacei		
No. 33 44 55 66 77 78 89 91 110 111 112 113 115	Player Mia Iseman Lisa Short Cara Crouch Shelia Ogden Jess Guffey Amanda Hepp Stephanie Redfern Michelle Ng Katey Forth Christina Choffel Sarah Blyth	Ht. 5-6 5-3 5-8 5-8 5-7 5-5 5-3 5-5 5-4	Age 24 31 27 26 29 28 23 25 34 26 24 20
15 16 17	Austine Lin A.J. Beard Frances Tsukano	5-4 5-8 5-3	20 31 22
18 19	Hannah Giles Alyssa Ricker	5-6 5-5	24 24
21 22 23	Kim Breese Rebecca Shelton Natalie Guimard	5-7 5-7 5-6	25 23 30
25 26	Tina Woodings Johannah Sanchez-Adams	5-8 5-1	26 25
32 47 54	Leda McDaniel Becky Brindley Lindsay	5-6 5-2	23 24
J- 1	Lowe-Worthington	5-9	28

Traffic

VANCOUVER BRITISH COLU

Captains: Kira Frew, Jill Calkin & Tasia Balding Coach: Jeff Cruickshank

/ / / / / / / / / /

Traffic is a women's team from Vancouver, B.C., Canada. This team formed from the merging of two Vancouver women's teams in 2007 for the purpose of world domination. This is Traffic's second UPA Club Championship appearance.



Player	Ht.	Age
Megan O'Brien	5-6	27
Louisa Thue	5-6	34
Michelle Ning	5-6	27
Betsy Chan	5-0	24
	5-5	23
Manuelle Chanoine	5-3.5	21
Karen Wright	5-9	32
Stephanie Chow	5-2	34
Eva Cham	5-2	35
Nikki Short	5-9	24
Melissa Harder	5-2.5	29
Candice Chan	5-2	28
Kira Frew	5-1	23
Jill Calkin	5-8	34
Kat Neal	5-3	28
Sanya Pleshakov	5-11	31
Sarah Bobak	5-8	22
Megan Atkinson	5-7	34
Tasia Balding	5-10	30
Lindsay Nettlefold	5-3	28
Amy Hodgins	5-5	27
Jennifer Kwok	5-6	33
Janice Lo	5-4	26
Barb Mulchay	5-8	33
Anne-Marie Carey	5-6	36
	Megan O'Brien Louisa Thue Michelle Ning Betsy Chan Tory Hislop Manuelle Chanoine Karen Wright Stephanie Chow Eva Cham Nikki Short Melissa Harder Candice Chan Kira Frew Jill Calkin Kat Neal Sanya Pleshakov Sarah Bobak Megan Atkinson Tasia Balding Lindsay Nettlefold Amy Hodgins Jennifer Kwok Janice Lo Barb Mulchay	Megan O'Brien 5-6 Louisa Thue 5-6 Michelle Ning 5-6 Betsy Chan 5-0 Tory Hislop 5-5 Manuelle Chanoine 5-3.5 Karen Wright 5-9 Stephanie Chow 5-2 Eva Cham 5-2 Nikki Short 5-9 Melissa Harder 5-2.5 Candice Chan 5-2 Kira Frew 5-1 Jill Calkin 5-8 Kata Neal 5-3 Sanya Pleshakov 5-11 Sarah Bobak 5-8 Megan Atkinson 5-7 Tasia Balding 5-10 Lindsay Nettlefold 5-3 Amy Hodgins 5-5 Jennifer Kwok 5-6 Janice Lo 5-4 Barb Mulchay 5-8

PENNSYLVANIA

Wildcard

Captains: Liz Thompson, Katie Ulrich & Erin Steven Coach: Mary Ellen Hoffman Dono

Wildcard formed in 2009, when former rivals with a great deal of respect for one another gathered from the four corners of the Earth (or at least from all over Pennsylvania, New Jersey, Delaware, and D.C.). As we drew strength from our different styles, our athletic ability, and drive to improve and work together, we discovered we were indeed much more than the sum of our parts! More than our 28 cool-calculating minds, 54 blazingly fast legs, 27 finely-tuned throwing arms, and 87 blisters, and even more than our huge hearts and the fire in our bellies. We became something more vibrant, dangerous and impeccably well-dressed than we could have imagined, and that crazy combination is here to stay!



Roster

Player	Ht.	Age
Kate Bennett	5-7	22
Katie Motyka	5-9	23
Jen Kacin	5-5	24
Sara Peczkowski	5-2	21
Jessie Morris	5-4	24
Diana Cornell	5-11	24
Kristin Brindle	5-5	22
Octavia Payne	5-4	20
Erin Stacy	5-10	23
Kelsey Lenard	5-6	21
Trudy Philip	5-4	33
Kayla Kleynen	5-4	21
Megan Kuhfuss	5-8	22
Susan Thomas	5-5	22
Katie Barry	5-7	23
Tina Fink	5-9	28
Molly Moore	5-8	22
Vicki Chen	5-5	22
Erin Steven	5-6	28
Stephanie Bailey	5-2	26
Rebecca Nugent	5-9	33
Katie Ulrich	6-0	32
KateLynn Benton	5-4	22
Chelsea Grindle	5-2	20
Meredith Martin	5-8	33
Meghan Mallouk	5-3	23
Liz Thompson	5-6	33
	Kate Bennett Katie Motyka Jen Kacin Sara Peczkowski Jessie Morris Diana Cornell Kristin Brindle Octavia Payne Erin Stacy Kelsey Lenard Trudy Philip Kayla Kleynen Megan Kuhfuss Susan Thomas Katie Barry Tina Fink Molly Moore Vicki Chen Erin Steven Stephanie Bailey Rebecca Nugent Katie Ulrich Katelynn Benton Chelsea Grindle Meredith Martin Meghan Mallouk	Kate Bennett Katie Motyka Jen Kacin Jen Kacin Sora Peczkowski Jessie Morris Jen Kacin Sora Peczkowski Jessie Morris Jessie Jessie Jessie Morris Jessie Jessi

Zeitgeist

CALIFORNI

Captains: Jamie Nuwer, Liz Flegel & Maggie McKeon Coach: Chris "Woody" Sherwood

Zeitgeist was formed in 2007 with the intent of creating another nationally competitive team from the Bay Area. So far, so good. That first year we made it out of a ridiculously stacked Northwest region with only three bids, and got our first taste of Sarasota. In 2008 we fell just short against the perennially strong Traffic. Now it's 2009 and we are back in Sarasota, third out of the Northwest, and ready to do what we do best: do more better.



Roster

Roster			
No.	Player	Ht.	Age
2	Susan Batchelder	5-3	30
3	Jen Burney	5-10	32
4	Leila Jirari	5-3	30
5	Anna Nazarov	5-3	24
6	Melanie Berlin	5-2	26
7	Liz Flegel	5-7	30
8	June Srisethnil	5-6	31
9	Ashley Simons	5-10	33
12	Jamie Nuwer	5-8	29
13	Kath Ratcliff	5-8	29
15	Cheryl Prideaux	5-10	23
17	Patty Perasso	5-5	31
18	Liz Cassel	5-8	27
19	Christy Remucal	5-7	28
21	Krista McDonald	5-7	29
23	Kelley Bagby	5-5	31
25	Chelsea Witte	5-11	25
29	A.J. Bowden	5-8	28
42	Megan Insco	5-5	29
43	Lisa Vampola	5-5	24
55	Tessa Nichols	5-9	28
66	Maggie McKeon	5-5	26
84	Jessica Wilson	5-4	33
87	Kate Leslie	5-6	31
88	Alina Kagan	5-6	21

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of the doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "Treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following point No. 1 above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T "GIVE AS YOU GOT."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring up the issue with a captain, Tournament Director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We

recall point No. 1: treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out?; did you hit his hand or the disc?; did that pick affect the play?). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire his honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long-term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee on March 29, 2005.







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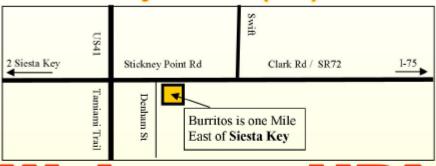


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