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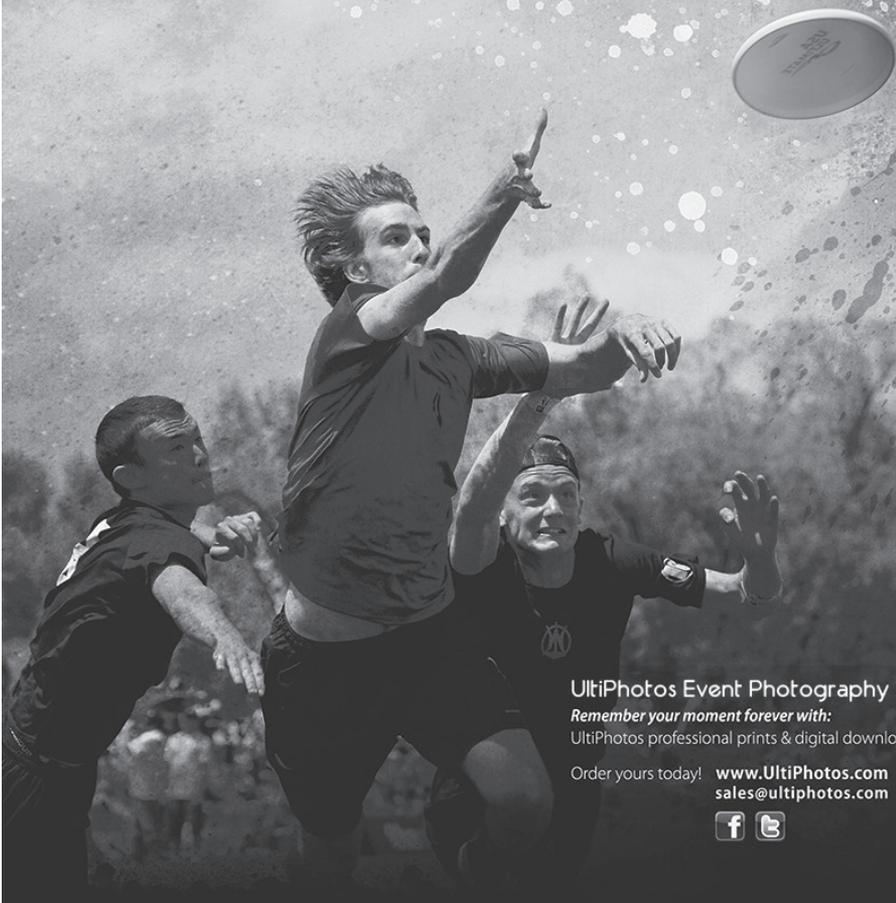
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WELCOME

Altitude Ultimate is very excited to be working with USA Ultimate and Visit Aurora to bring this great championship event to Colorado! We pride ourselves on running top-notch tournaments that provide a great experience for both the players and spectators! Our sincere gratitude goes out to all of the volunteers who make this weekend possible. If you see them running around, be sure to thank them for their hard work. Have a great weekend, and we hope you enjoy your stay in Colorado!

Tarrance O'Connor
Tournament Director, Altitude Ultimate



Aurora, Colorado is proud to again host the USA Ultimate Masters Championships. Last year's event demonstrated the growing popularity of ultimate, and we are excited to welcome ultimate teams from throughout the United States to our city for the 2016 Masters Championships. In partnership with USA Ultimate, Altitude Youth Ultimate, the City of Aurora Parks, Recreation & Open Space Department and local businesses, we are confident that players and spectators will have a great Colorado experience at this year's Championships!

Justin Clark
Visit Aurora





COME LEARN TO PLAY ULTIMATE



From 9:00 a.m. - 11:00 a.m. on Saturday, August 6!

In partnership with Altitude Ultimate, USA Ultimate is hosting a FREE Learn to Play clinic at the 2016 Masters Championship.

The clinic is open to kids ages 8-14! For more information and to register, check out <http://tinyurl.com/LTPMastersChamps2016>.

COME OUT AND LEARN TO PLAY!

WEEKEND OVERVIEW

Food concessions available

Thursday, August 4 – Doubletree Stapleton North

7:00pm – 9:00pm Team Registration

Friday, August 5 – Aurora Sports Complex

8:00am Captains Meeting

9:00am – 8:30pm Pool Play

Saturday, August 6 – Aurora Sports Complex

9:00am – 6:30pm Bracket Play

Saturday Evening, August 6 – Doubletree Stapleton North

6:30pm – 11:30pm Tournament party with music, food and beverages
DON'T DRINK AND DRIVE!

Sunday, August 7 – Aurora Sports Complex

9:00am – 3:30pm Placement & Championship Games

Post-Finals – Awards Ceremony

Immediately following the conclusion of the last championship games, awards will be presented to first- and second-place teams as well as Team Spirit Award winners.

EVENT STAFF

Event staff will be wearing “Event Staff” shirts. If they can't answer your questions, they can point you to one of the following people to help you out.

Local Organizing Committee Staff

Tournament Directors – Jeff Berget, Tarrance O'Connor

Volunteer Coordinator – Lisa Pitcaithley

Head Scorekeeper – Sam Peletier

Assistant Scorekeeper – Opi Payne

Learn to Play – Lisi Lohre

Visit Aurora – Justin Clark

USA Ultimate Staff

Manager, Events – Byron Hicks

Manager, Competition and Athlete Programs (Club) - Ernest Toney

National Men's Masters Director – Kyle Christoph

National Women's Masters Director – Kristi Schmeling

Head Observer – Sam Wood

Observers: Sam Wood, Shiellah Quintos, Chris Hazzi, Jeff Blair

26

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COLORADO BLVD



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COLFAX

STATION 26

BREWING CO

COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- All games to 15, point cap at 17.
- Halftime is 5 minutes.
- Each team has 2 timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime, each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Hard time cap goes on at the end of round time on the schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point. **There will be no hard cap for semifinals and finals games.**
- Soft time cap goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- **Caps do not affect timeouts.**

SITE RULES

NO GLASS!

DOGS MUST BE LEASHED! We would prefer that you leave the pooches at home, and certainly do not lock your pets in the car or tie them up in the sun either. So if you must bring your dog, please leash it.

SPECTATORS AND EQUIPMENT MUST STAY AT LEAST 3 YARDS AWAY FROM SIDELINES! Where there are buffer lines, stay behind them. Where there are not buffer lines, stay back at least 3 yards.

TRASH AND RECYCLING. Place bottles and cans in the recycling receptacles and trash in the trash cans.

ALCOHOLIC BEVERAGES. Alcohol is not allowed in the park.

NO OVERNIGHT CAMPING ALLOWED.

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COLFAX

MEN'S TEAMS



BEYONDORS

Santa Barbara, CA

Captain: Eric Brach

The oldest team in the history of the game. And all the oldest players on it.

Swoop and guzzle.



ROSTER

0	Jason Edelman	5'9"	33
2	Ryan Reynolds	6'2"	39
5	Dan Bellinger	5'9"	33
6	Kief Zangaro	5'9"	39
7	Eric Brach	5'9"	34
9	Jay Plasman	6'2"	34
10	Neil Pallaver	6'2"	36
12	William Garcia	5'9"	38
13	Mark Miller	5'9"	39
15	Conor Kelly	6'0"	38
16	Ryan Plant	6'0"	34
22	Christopher Feeney	6'0"	36
23	Dean Bolton	6'0"	36
24	Misha Horowitz	6'0"	35
28	Allan Jong	6'0"	32
38	Philip Hansen	6'2"	34
40	Benjamin Friedenson	7'0"	38
41	Alexander Korb	5'9"	36
42	Brett Schellenberg	6'0"	36
45	Steve McDonnell	6'0"	35
49	Zibi Braniecki	6'2"	32
68	Chris Sherwood	6'0"	47
88	Russell Gaskamp	6'0"	32
91	Grant Boyd	5'9"	33

SPECTATOR INFO

BLACK CANS & HIGHLANDS

Washington, DC

Captain: Steve Helvin

@BlackCans

facebook.com/profile.php?id=100010702788224&fref=ts

What is a carbomb?



ROSTER

00	Jay Brooks	5'11"	36
3	Chris Muller	6'1"	33
7	Pete Macarthur	5'10"	34
8	Matt Babin	5'9"	35
9	Peter Anderson	6'4"	35
11	Jackson Schreiber	6'0"	32
12	Oliver Platts-Mills	6'2"	36
13	Justin Kratz	5'5"	33
14	Reid Whitten	6'0"	35
16	Robin Poullath	6'1"	33
22	Rob Luhrs	5'11"	39
25	Ryan Morgan	6'1"	34
26	Matt Greytak	6'0"	34
27	Steve Helvin	5'10"	39
34	Jeff Hale	6'0"	37
35	Paul Butterfoss	6'2"	34
43	Steve Kreider	6'1"	34
47	Tommy Nicholson	6'1"	33
50	Kevin Ekkebus	5'9"	34
77	Greg Heltzer	6'1"	39
80	Braden Paynter	6'1"	33
81	Caner Cooperrider	5'11"	37
86	Nate Miller	6'0"	38
88	Jake Horowitz	5'10"	39
91	Wei Lu	5'10"	38

MEN'S TEAMS



BURNSIDE

Portland, OR

Captain: Nate Semm

@Burnsideulti

Rallying around its great mascot, General Ambrose Burnside, this year's Portland masters team makes its fifth consecutive appearance at Nationals.



ROSTER

0	Courtney Dale	5'10"	33
1	Ron Dolan	5'10"	37
2	Dylan Darling	5'9"	38
17	Kellen Russell	5'8"	33
18	Myles Lu	5'8"	38
21	Paul Alvarez	6'0"	36
22	Troy Unverdruss	6'0"	33
24	Ashish Shah	5'6"	37
26	Michael Berkenwald	5'8"	36
28	George Vollinger	5'9"	33
29	Matt Ryan	5'9"	35
30	Kimball Walton	5'6"	44
33	Jesse King	5'9"	35
36	Terry Oliver	6'2"	32
37	Chris Spittal	5'11"	34
38	Thad Blank	5'11"	35
39	Thomas Russell	5'10"	33
40	Jorge Chavier III	6'1"	35
41	Josh Walker	5'10"	33
51	Ryan Earley	6'1"	34
68	Jeremy Stevens	5'9"	39
70	George Bonnet	5'10"	51
77	Neil Haigh	5'9"	35
79	Nate Semm	6'1"	36
99	Jeremy James	5'10"	35

FLOOD

Winnipeg, MB

Captain: Yacine Bara

@floodultimate

Flood, hailing from Winnipeg, Manitoba, has existed as the Canadian Prairies' premier masters club team since the early 2000s. On the heels of a 10th-place finish at last year's USAU Masters Championships and a top-15 showing at WUCC in Lecco in 2014, the team looks forward to taking the field in Aurora again this year. In addition to the inspiring competition, the quality of the grass will undoubtedly keep these guys returning to this tournament as long as they're invited.



ROSTER

1	Dwayne McFaddin	41
2	Trevor Horvath	47
3	Colin Yeung	33
5	Dale Burton	33
7	Kyle Parker	37
9	Jeremie Kuypers	37
13	Weichi Truong	36
14	Jordan Chochinov	34
15	Simon Haywood	33
17	Jon Boman	38
21	Lee Crierie	37
33	Dave Howes	42
24	Craig McFarlane	35
44	Anthony Slater	34
45	Yacine Bara	33
71	Clark Greenfield	45
86	Bhavesh Mistry	35
97	Jeff Yuen	39

MEN'S TEAMS



JOHNNY ENCORE

Denver, CO

Captains: Steven Rouisse, Jeff Berget and Bob Krier

Coach: Jimmy Mickle

[facebook.com/Johnny-Encore-1428961947365066/#](https://www.facebook.com/Johnny-Encore-1428961947365066/#)

Johnny Encore was formed in 2012 with a roster comprised of mostly ex-Bravo players. The team finished third at Nationals and returned the following year to finish fourth. In 2014, Encore was one of three teams to represent the United States at the World Ultimate Club Championships in Lecco, Italy. The team finished third bringing home bronze to the U.S. Last year, Encore brought that momentum home to go for its first national title at the Masters Championships but fell just short to Boneyard in the finals, getting second, short of their goal. This

year, Johnny Encore enters the 2016 tournament as the South Central Region champions and is looking to finish the season on top! Average age – 35.75. Nineteen current players played with Johnny Bravo at some point.



ROSTER

2	James Beeby	5'9"	39
4	Andrew Mangan	6'0"	34
5	David Bacci	5'6"	39
6	Keith Borsheim	5'10"	37
7	Rodrigo Valdivia	5'9"	33
9	Steven Rouisse	5'11"	38
10	Brett Kolinek	5'11"	34
11	Nic Whitescarver	5'6"	33
12	Dar DeLay	6'2"	41
13	Mitch Schmink	5'10"	43
14	Ryan Farrell	5'8"	34
15	Ted Tripoli	5'9"	34
17	Dave Belsheim	6'0"	34
18	Bart Watson	6'0"	36
19	Parker Krug	5'11"	35
20	Josh Ackley	5'9"	35
22	Justin Goodman	5'9"	35
23	Jeff Berget	6'1"	38
24	Mike Lun	5'8"	33
25	Justin Salvia	5'6"	33
26	Joe Iannacone	5'6"	37
28	Adam Simon	5'10"	33
29	Bob Krier	6'0"	42
31	Brian Carroll	6'1"	34
32	Kevin Walsh	5'11"	38
33	Clark Bishop	5'10"	33
44	Craig Forshee	6'1"	33
55	Chuck Stavlo	5'6"	35
53	Andrew Sheehan	5'11"	33

SPECTATOR INFO

MAN OLD MAN (M.O.M.)

New York, NY

Captains: Dan Cohen, Manuel Fergus

[facebook.com/groups/manoldman](https://www.facebook.com/groups/manoldman)

Approximately 13.7 billion earth years ago, we've been told there was a gigantic explosion. This expanded for some time until the gases began to cool. Star systems with planets were born. About 4.5 billion years ago, the planet earth formed, and some time after, life appeared. Recently, humans evolved and, almost immediately after discovering fire, electricity and mastering space flight, created ultimate as a first order of business. MOM appeared spontaneously out of ancient players from New York City and Boston to continue this leading-edge legacy of humanity. When we got together to discuss strategy and name the team, we suddenly discovered that all of our mothers have the same name, and so we named the team after her.



ROSTER

0	Piotr Surie von Czechowski	5'9"	37
1	John Sakon	5'11"	33
5	Josh Kent	6'1"	37
7	Henry Lee	5'3"	38
9	Anthony Adams	6'1"	35
15	Keith Shapiro	6'0"	33
17	Dylan Zeigler	5'9"	39
27	Alex Vorce	5'11"	33
31	Luke Eddins	6'0"	33
33	Dan Cohen	5'7"	33
34	Mateo Mead	6'0"	34
53	Pete Gilchrist	6'1"	36
56	Jason Sharrigan	5'11"	33
69	Manuel Fergus	5'11"	34
85	Bob Suvanich	5'5"	38

MEN'S TEAMS



NORTH WEST

Portland, OR

We're just happy to be here.



ROSTER

3	Justin Twenter	5'10"	40
5	Charlie Ellis	6'3"	36
7	Brian Kennett	5'5"	35
8	Jeremy Kallman	5'9"	37
9	Ian McKelvey	6'3"	34
10	Keith Bucher	5'9"	38
11	Peter Brady	6'0"	35
13	Nate Merrill	5'10"	35
14	David Shiel	5'10"	40
19	Adam Koren	5'11"	36
25	Eric Hartge	6'0"	36
34	Whit Scott	6'1"	34
35	Vinai Charoenwongsawang	5'9"	33
42	Dan Hostetler	5'10"	37
44	Kyle Christoph	5'10"	42
71	Steve Wilson	5'10"	35
81	Doug Kawasaki	5'8"	37
84	Will Whitwell	6'4"	33
87	Joshua Lang	6'0"	36
88	David Lott	5'7"	33
91	Theodore McClure	5'11"	35

OHIOld

Columbus, OH

Captain: Kevin Kula

@ohiold

"OH" ... "I Old." A cheer heard on this light-blue-clad, masters sideline shows the spirit and competitiveness of OhioOld. Assembled by Kevin Willis Ryan in 2014, OhioOld is at their third straight Nationals and continues to push toward a semifinals appearance. This may be a rebuilding year for the roster, but we hope to generate some excitement in Aurora. Win or lose, we will definitely leave a lot of fun and layouts on the field! And...quite frankly, the chicken was a tad dry.



ROSTER

0	Graham McNeil	5'11"	33
2	Mike Walsh	6'0"	34
5	Jeff Kula	5'6"	37
6	Matt Barlow	5'10"	42
7	Jeffrey Meyers	5'11"	36
8	Paul Klingler	5'9"	37
17	Josh Swanson	6'2"	34
22	Michael Braddock	5'11"	33
24	Kevin Kula	5'10"	34
36	Jeff Servaites	6'1"	36
47	Chung Lee	5'11"	35
49	Alan Zagier	5'10"	49
55	Patrick Gleason	5'10"	33
71	Paul Kosmerl	5'9"	33
76	Ryan Leard	5'10"	40
84	Greg Eckhart	6'0"	37

MEN'S TEAMS



OUTLAW

Fayetteville, AR

Captains: Terrell Hoagland, Joel Brow, Ross Noland,
Jon Summers

Outlaw is comprised of the top club players from across Oklahoma and Arkansas. We have all played together and against each other since college and finally hit a critical mass of masters-eligible participants this year. Technically, the team started in 2015 with a skeleton crew at South Centrals Regionals in Denver. This year, the crew was able to fully flush out the roster with half the team being the minimum qualifying age for the division. The team is super pumped coming into its first Nationals with its no-holds-barred approach and fresh young legs. This is the first of many Nationals runs for a young and hungry squad of notorious suspects looking to wreak havoc.



ROSTER

00	John Clark	6'2"	33
1	Rick White	6'1"	33
2	Jon Summers	5'9"	32
3	Jonathan Perry	5'8"	34
6	Kevin Waruszweski	6'4"	34
7	Toby Von Rombow	5'10"	34
9	Josh McGee	6'1"	34
10	Keith Larson	6'4"	34
11	Aeon Hoagland	6'0"	37
15	Joel Brown	5'10"	35
16	Hugh Bond	6'3"	33
17	Stewart Jack	6'0"	34
18	Chris Stewart	6'0"	35
19	Joe Sundell	5'10"	33
20	Sergio Ferbres	6'2"	37
21	Ross Noland	6'2"	35
23	Terrell Hoagland	5'7"	40
24	Casey Kleinhenz	6'2"	34
25	Samuel Clifton	6'4"	39
27	Josh Pixley	6'2"	37
28	Aaron Craig	5'11"	33
31	Justin Adams	6'1"	34
42	David McWhorter	5'11"	36
43	Jonathan Lantz	5'11"	34
69	Josh Hess	6'2"	37
71	Anthony Austin	6'0"	36
99	Chris Bay	6'6"	33

SPECTATOR INFO

PACEMAKER

Chicago, IL

Captains: Dan Baker, Rob Berg, Keith Hernandez
@Chi_Pacemaker

Pacemaker is a second-year squad from Chicago, Ill., birthed long ago from a vision. In the first year of Haymaker (an open team from the same city), the core group of guys thought that maybe one day they would form either a mixed team, appropriately named "BabyMaker," or a seasoned squad of crotchety vets named "Pacemaker." The latter won the day due to the bro-love that kept Haymaker together for 11 years and still going strong. Pacemaker welcomes players from other regional teams such as Beachfront Property and Machine and looks to improve on last year's T-13 finish to make a run for the championship at USA Ultimate Masters Championships. Pacemaker replaces the Haymaker virtues of "Glory, Honor, Liberty, and Pleasure" with "GET OFF OUR LAWN!"



PACEMAKER

ROSTER

00	Steve Meyer	6'6"	33
1	Tim Halt	5'10"	38
2	Thor Martin	6'2"	36
3	Vijay Menon	6'1"	33
4	Ryan Hochstetler	5'7"	39
5	Andy Spencer	6'0"	33
6	Dan Benjamin	5'9"	33
8	Akira Yamaguchi	5'9"	39
9	Rob Berg	6'0"	33
10	Doug Ishikawa	6'2"	33
12	Leo Wang	6'4"	39
13	Brian Keefe	5'11"	34
15	Jamie Wolf	5'10"	33
16	Tom Carter	6'1"	33
17	Andrew Edwards	6'1"	33
18	Mati Chessin	5'9"	34
23	Keith Hernandez	5'11"	33
27	Joey Shapiro	5'7"	35
28	Hensley Sejour	5'8"	36
34	Josh Cooper	6'2"	35
44	Zach Higgs	6'2"	33
45	Gary LeDonne	5'10"	42
47	Dan Kang	6'0"	34
66	Bill Finn	6'1"	34
70	Rich Aycock	6'1"	32
77	Andy Leinbach	6'0"	38
88	Michael Shiel	5'10"	36
96	Dan Baker	6'5"	38
99	Matt Wechter	5'11"	33

MEN'S TEAMS



REAL ATLANTA

Atlanta, GA

Captains: Gregory Allpow, Alan Reeves

Controversy has courted Real Atlanta since its inception. The relentless and dogged press coverage of the Southeastern Masters Regional Champions has been hog wild since day one people! Lots of questions abound. First of all, have you seen the web log (blog) traffic on this team? Seriously though, what is that smell? ATL?...Maybe? But really, what could go wrong with that crew? Right? Critics and fans alike have begrudgingly hailed Real as perhaps the greatest collection of rag-tag-thrown-together-pseudo-champs since '09. One thing's for sure though, zone will be thrown, and calls will be discussed at length. Welcome to masters.



ROSTER

0	Gregory Allpow	6'4"	50
1	Josh Markette	5'8"	37
2	Otto Depenbrok	6'0"	43
3	Paul Vandenberg	6'0"	33
4	Asa Wilson	5'8"	33
5	Chris Goodson	6'3"	35
6	Mark Przybysz	5'10"	38
8	Grant Kirby	5'9"	34
10	Brandon Perales	6'0"	34
11	John Hammond	6'2"	40
12	Frank Wooten	6'4"	32
13	Adam Steele	5'10"	35
15	Phil Mantel	6'4"	36
17	Chris Church	5'11"	36
18	Alan Reeves	6'0"	50
21	Joel Wooten	6'4"	38
24	Rob Barrett	5'10"	46
25	Brendan Cleary	5'8"	36
31	AJ Tiarsmith	6'3"	36
37	Chris Gwinner	6'0"	36
47	Martin Aguilera	5'10"	37
51	Mark Driver	6'2"	45
52	Colin Bellair	5'11"	36
64	Jason Simpson	6'1"	36
69	Will Arnold	6'0"	34
78	Dylan Tunnell	6'4"	32
88	Calvin Oung	6'0"	36
92	Victor Wu	5'10"	34
99	Jay Hammond	5'9"	37

REST STOP

Baltimore, MD

Captains: Joe Cuneo, Bobby Gordon, Matt Gordon, Joe Lott

@reststopulmat

Rest Stop was formed in 2016 by a group of alumni from the early Truck Stop (D.C./Baltimore) rosters. This is our first year competing in the masters division. Captain Bobby Gordon is the only player to have been on every Truck Stop team from 2005 through 2015.



ROSTER

0	Richard Rudnicki	5'8"	33
1	Jim Kirchhoff	5'6"	36
2	Sean McComb	6'1"	32
3	Nick Purifico	5'9"	33
5	Keven Moldenhauer	5'11"	39
6	Bobby Gordon	5'10"	33
7	Will Cvengros	6'1"	34
8	Ed Van Leer	6'1"	35
9	Matt Jahromi	5'9"	34
10	Charley Grevers	5'9"	35
11	Joshua Mull	5'9"	33
12	Brent Bellinger	6'0"	32
13	Phil Roth	5'9"	34
15	Eric Prange	6'2"	38
16	Brandon Redding	5'10"	33
18	David Schnaars	5'7"	33
19	Carlos Orr-Gonzalez	5'10"	39
21	Ernesto Ricourt	5'10"	34
22	Brian Stout	6'4"	34
24	Daniel Everson	5'10"	35
25	Matthew Gordon	5'10"	33
27	Tom Charpentier	6'1"	34
28	Joe Lott	6'0"	34
29	Jason Andryuk	5'10"	36
38	Joseph Cuneo	5'10"	32
66	Kevin Walko	5'11"	32
85	Mike Stephen	5'9"	32

MEN'S TEAMS



REVUELTOS

San Francisco, CA

Captains: Louis Eisenberg, Chris McManus

Ten years after San Francisco Revolver burst onto the scene with a quarterfinal finish in the open division of Nationals in the club's inaugural season, many of the members of that immortal squad – including the three co-founders and original captains – have reassembled to confront their own mortality and recapture past glory on the ultimate field. To round out the roster and ensure the seven on the line will occasionally feature someone who can actually run and jump, the team also includes a number of more recent Revolver alumni, along with a formidable group of former Condors and other friends who survived a rigorous email-based tryout process. Put it all together, and Revueltos boasts a roster that is surely, on paper, one of the more fearsome masters squads in recent memory. In Denver, the team will seek to honor the Revolver program's core principles of IHD: incontinence, hemorrhoids and dyspepsia.



ROSTER

0	Eric Halverson	6'2"	33
1	Brian Garcia	6'3"	33
2	Daryl Nounnan	5'11"	50
3	Brandon Steets	6'1"	40
4	David Janinis	6'1"	36
6	Joshua Wiseman	5'8"	33
7	Louis Eisenberg	5'8"	34
8	Drew Kim	5'11"	32
9	Aaron Richards	6'2"	36
10	Nat Kinsky	6'0"	33
11	Nick Handler	5'7"	34
13	Tyler Grant	6'1"	36
15	Chris McManus	5'11"	42
16	Jason Seidler	5'10"	42
17	Jit Bhattacharya	6'5"	37
19	Ryo Kawaoka	5'8"	35
23	Mike Payne	6'0"	42
26	Steve Joye	6'1"	53
28	Martin Cochran	6'4"	34
29	Loren O'Hara	5'9"	38
33	Marc Weinberger	5'11"	46
44	Jonathan Hester	6'0"	34
46	Ray Fort	6'0"	47
56	Nick Fiske	5'9"	37
64	Patrick Hard	6'1"	37
69	Jon Moldover	5'11"	40
83	Greg Husak	6'2"	42
99	Adam Farren	6'1"	33

SPECTATOR INFO

SURLY

Minneapolis, MN

Captains: Dave Klink, Dan Kresowik, Kyle Gill, Todd Owens,

Kevin Seiler, Nick Turco

@SurlyUltimate

surlybrewing.com

Surly won National Championships in 2008, 2010, 2011, 2012 and 2013. Though Surly comes in four packs, we'd love to conform and get that six pack of championships. Without Omar, Jim Mott, all of the former Surlies, the GM guys and the Cynics, we would not be here. Thanks, guys. We strive to not only finish as high as possible in the final standings, but just as importantly, also in the spirit standings. Though our spirit ranking may be assisted by the delicious Surly beer we provide to other teams, we aim to carry on the legacy of Marty Bakko, to whom the Spirit Award is dedicated, both on and off the field. MFB!



ROSTER

1	Kevin Seiler	5'11"	36
2	Mark Schmelzle	6'3"	35
4	Geoffrey Beek	6'2"	32
5	Todd Owens	6'3"	37
6	Joe Andrighetti	6'1"	33
7	Jeremiah Gagner	6'0"	35
8	Dave Kuettnner	6'0"	38
10	Josh Hemmesch	5'10"	32
13	Dan Kresowik	6'1"	35
21	Zach Eastlund	6'2"	36
23	Mike Petersen	6'1"	34
25	Alex Baker	5'5"	33
27	Ben Nalezny	6'2"	34
28	Lou Abramowski	5'11"	37
31	Doug Jacobs	6'2"	35
33	Graham Brayshaw	5'10"	36
45	Jon Staron	5'10"	32
46	Andy Wineberg	6'3"	36
63	Dave Klink	6'0"	34
74	Wade Moravec	5'11"	37
75	Nick Turco	6'2"	35
76	Paul Norgaard	6'1"	39
77	James Kennedy	5'11"	34
81	Kevin Ryan	6'0"	35
82	Matt Lyle	6'1"	34
84	Asif Mohammed	5'10"	36
88	Joe Brisbois	6'1"	32
93	Kyle Gill	6'1"	33
99	Sam Rapson	5'8"	35

MEN'S TEAMS



SURLY CYNIC

Minneapolis, MN

Captains: Jonah Shaver, Tim Jacobson

It's been said that good things come in pairs, like Surly beer and ultimate. In 2016, however, good things come in threes as Surly Ultimate adds a third squad to the National Championships for the first time in history. Staying true to the longstanding traditions of the Surly Ultimate community, we are proud to compete with and in the spirit of our teammate Marty F. Bakko, who passed away in 2009 but whose name remains synonymous with competitive, spirited play. We are honored and excited to play and cheer alongside the rest of Surly Nation, a community of teams competing for titles in both masters and grand masters divisions. For the sake of simplicity, consider the Cynics just another delicious flavor of the Surly brand. Mmm... delicious. We're here, we're beer...let's get cynical.



ROSTER

00	Nathan Hubbard	35	6'0"
2	Ryan Oesterreich	35	6'0"
3	Mike Daug	37	5'7"
4	Anthony Michaelson	40	5'8"
5	Hans Peterson	33	6'5"
7	Andy Exley	34	5'8"
9	Mark McNairy	37	5'7"
10	Tim Jacobson	36	6'3"
11	Morgan Bird	33	6'4"
13	Andrew Kahn	39	5'8"
16	Jonathan Kallin	32	5'10"
17	Andrew Barten	35	5'9"
20	Ryan Nord	34	6'2"
21	Jonathan Zagal	37	6'3"
24	Matt Anderson	38	5'3"
27	Miguel Cline	55	5'11"
28	Dave Schaeffer	40	6'3"
33	Russ Barr	34	5'9"
47	Vu Nguyen	36	5'8"
55	Patrick Jones	33	5'11"
56	Jonah Shaver	34	5'6"
64	Erik Nerison	36	6'4"
76	Dan Vanbergen	39	6'5"
96	Brian Edgerton	33	6'0"
99	Alex Cook	35	5'8"

WOOLLY MAMMOTH

Gainesville, FL

Captains: Philip Nassoiiy, Travis Tooke

@WoollyUltimate

woollyultimate.com

This is our third year together as Woolly Mammoth and our third trip to Nationals. In a lot of respects, 2016 has been the hardest to put together with several new faces this season. But on the flip side, it has been the most fulfilling because it got us down to only the core believers of who Woolly is and what Woolly does. Our mission as a team is still to be the best players in both skill and attitude as we can on the field and extend that to off-the-field behavior as well. Quite possibly, if our attitude can reflect that team mentality, then we could make the sport of ultimate proud, we could help change our local ultimate communities and – who knows – even change the world. All of this starts with us as individual players on Woolly Mammoth! Like us on Facebook, follow us on Twitter.



ROSTER

00	Dan West	6'4"	33
1	Corey Whittaker	6'1"	33
2	Brian Shinnners	6'4"	34
3	Tom Brown	6'0"	38
4	Drew Magee	5'9"	36
6	Alex Heslep	6'3"	33
7	Philip Nassoiiy	6'1"	36
8	Michael June	6'2"	35
9	Casey Degnan	5'11"	35
10	Brandon Smock	5'11"	32
11	Travis Tooke	6'0"	44
13	Dan Galarraga	6'1"	38
16	Tommy Rush	5'10"	34
17	Graham Culbertson	6'2"	33
21	Mark Strazzer	6'2"	37
22	Bruce Getz	5'11"	34
23	Jia Xie	5'10"	37
25	Matt Robinson	6'0"	34
30	Nick Joyce	5'8"	34
35	Tommy Akin	5'8"	35
41	Troy Revell	5'11"	39
50	Tim Darnell	6'0"	41
60	Tim Sannes	6'0"	35
77	Joe Cutrono	5'6"	34
81	Henry Foerster	5'10"	33
88	Ron Fassler	5'10"	56

WOMEN'S TEAMS



ATLANTIQUES

Atlanta, GA

Captains: Robin Sasseville, Eileen Murray

Knock off the rust and blow off the dust, underneath you'll find nothing but crust. From down in the South, these ladies were found, the Atlantiques, so they were crowned. To Nationals they came not looking for fame, but only Spirit of the Game!



ROSTER

1	Shimrit Markette	5'4"	32
5	Meredith Leahy	5'6"	35
7	Eileen Murray	5'4"	45
8	Lisa Kitora	5'3"	51
9	Rachael Aubert	5'4"	38
10	Holly Sommers	5'6"	48
11	Mara Lindsley	5'9"	48
14	Sarah Nawrocki	5'8"	29
15	Kimberly Sabo	5'5"	30
16	Rhoda Gao	5'5"	30
19	Alexandra Hoover	5'5"	31
21	Tina Vance	5'6"	44
24	Kathrine Wooten	5'11"	34
26	Anna Mckee	5'2"	33
33	Emily Merkle	5'5"	52
42	Jennifer Smith	5'4"	43
47	Jami Cashin	5'8"	47
71	Dorsey Norwood	5'4"	45
81	Jody Karol	5'9"	35
84	Robin Sasseville	5'10"	32
88	Loretta Newcomer	5'6"	40

SPECTATOR INFO

C.O.U.G.A.R.S

Twin Cities, MN

Captains: Erin Francis, Christie Dosch, Erin Mirocha

@cougarsultimate

C.O.U.G.A.R.S. return in 2016 with some new faces in our Summer Resort line. With our powerful hind legs (proportionally the largest in the cat family), we used our leaping and short-sprint ability to earn a bid out of the North Central. Even though cougars are solitary creatures, we are excited to be able to join our former teammates, the P.U.M.A.S., in Aurora. As always, we use our stalk-and-ambush style to put our paws on your plastic. As the second heaviest cat in the Western Hemisphere, those paws are heavy, but these aging predator hearts are light in the crepuscular hours when we search for young meat, beer and corn – our standard Midwest diet. Rawr.



ROSTER

00	Alicia Carr	5'6"	32
1	Christie Dosch	5'4"	33
3	Kalee Wothe	5'8"	30
7	Alyssa Olson	5'8"	30
10	Erin Mirocha	5'9"	33
11	Katt Bittner	5'5"	32
18	Michelle Waters	5'7"	32
22	Tobie Miller	5'8"	30
28	Erin Manlove	5'3"	31
33	Jaime Glader	5'1"	30
76	Erin Francis	5'6"	33
78	Alicia Vechik	5'3"	38
87	Missy Davey	5'0"	32

WOMEN'S TEAMS



FIRST LADIES

Washington, DC

Captains: Stephanie Hart, Karin Rafaels

The primary roles of a First Lady are to play hostess to the White House's many important guests and to further organize the social events of the President. In keeping with this tradition, the First Ladies come to Denver ready to party on behalf of the country; however, that does not mean we don't take our other work and effort seriously. The First Ladies support the cause of increasing health, fitness and competitiveness of women of a certain age. In so doing, we have come to the Mile High City to play elite ultimate and represent the nation's capital, past and present, with members hailing from Boulder, Colo., Philadelphia, Pa., Baltimore, Md., and Washington, D.C.



ROSTER

2	Leslie Walko	31
3	Jenny Murphy-Lubowicz	5'6" 30
6	Meghan Gloyd	5'0" 32
8	Jennifer Hsieh	36
9	Swati Agarwal	5'2" 42
11	Terri Brandt	36
12	Stephanie Hart	5'1" 45
15	Katy Murphy-Lubowicz	32
16	Hon Yin Eubanks	5'4" 43
21	Tina Yen	30
24	Jessica Konrath O'Hara	31
26	Katherine Burgess	33
27	Heather Marshall	32
28	Mayra Nava	5'2" 30
42	Kimberly Agan	5'5" 31
43	Anya Lagasse	5'3" 35
47	Stacey Zargham	6'0" 32
55	Claudia Knez	5'4" 38
65	Alexia McCaskill	5'6" 50
72	Sandy Gani	5'6" 35

HOT FLASH

Cincinnati, OH

Captains: Kristi Schmeling, Betsy Basch

@HotFlashUlti

Since 2014, the two most memorable distinctions of USA Ultimate Masters Championships are Hot Flashes and night sweats, which can happen concurrently. Hot Flashes, sudden feelings of intense heat, are caused by internal sources and are usually greatest over the face, neck and chest. Hot Flashes cause profuse sweating and leave you chilled.

Common Symptoms can include, tingling fingers, accelerated heart-beat, skin suddenly feeling warm, face getting red or flushed, sweating, especially in the upper body, loss of balance, and a tendency to wobble!

Hot Flash triggers are different for everyone and may include drinking alcohol, consuming caffeine, eating spicy foods, being in a hot room, wearing tight clothing and participating in intense physical activity or competition.



If the frequency with which you are experiencing Hot Flashes is undesirable, you may want to find us at the fields in Aurora and Wobble until you're feeling like yourself (or one of us)!

ROSTER

3	Steph Mack	5'5" 31
5	Brittany Winner	5'10" 31
6	Alison Lanski	5'0" 33
7	Kali Frost	5'6" 33
8	Kathleen Boyle	5'7" 31
9	Liz McCullagh	5'7" 32
10	Jen Golan	5'8" 31
12	Gail Reich	5'5" 34
13	Rachel Clark	5'6" 32
15	Kate McInerney	5'10" 30
16	Jennifer Shouldice	5'8" 36
19	Betsy Basch	5'9" 36
22	Mary Uthuppuru	5'5" 34
24	Tal Kopan	5'3" 29
27	Laura Dues	5'4" 43
32	Sandy Helquist	5'9" 38
34	Jackie Herr	5'3" 32
44	Laura Meyer	5'9" 34
45	Katherine Buckingham	5'8" 30
51	Adrienne Ohler	5'9" 36
54	Lindsey Cencula	5'9" 33
76	Cary Hammond	5'5" 40
99	Kristi Schmeling	5'2" 35

WOMEN'S TEAMS

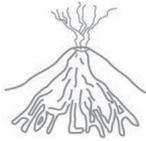


HOT LAVA

California

Captains: Beth Liebert, Lori Eich, Remy Schor

Hot Lava rises from the depths of one's core to a temperature of 4,000 degrees when reaching the earth's surface. It is known to erupt, flow, smolder and become the foundation for future plant and animal life distributed by wind and ocean systems. While the initial Lava pool first formed on the polo fields of Waimanalo, the flow has since travelled great distances, with new hot spots now popping up up and down the coast of California, now sporting a more Masterful and rugged texture formed from seismic-grade shout-out circles over many years.



ROSTER

00	Linh Hoang	5'1"	29
1	Candice Tse	5'1"	33
2	Lizzy Shiel	5'6"	32
3	Megan Prazenica	5'5"	30
4	Nicole Belle-Isle	5'6"	44
6	Emily Scholten	5'6"	32
7	Lori Eich	5'6"	34
8	Meredith Tosta	5'8"	34
9	Emily Haranin	5'6"	36
15	Rebecca Smith	5'8"	34
18	Stephanie Decker	5'7"	40
23	Remy Schor	5'7"	36
24	Debbie Liu	5'10"	29
29	Liz Gupta-Harrison	5'6"	32
31	Frances Ajo	5'4"	36
34	Emily Baker	5'6"	36
40	Jo Chong	5'5"	34
44	Karen Boardman	5'8"	38
49	Karen Brohard	5'7"	30
55	Brynne Speizer	5'6"	37
72	Alice Chen	5'3"	35
73	Amanda Wing	5'6"	42
77	Beth Liebert	5'10"	32

SPECTATOR INFO

LAME DUCK

Washington, DC

Captain: Jenny Fey

Bringing the generations of D.C. women's ultimate together, we are a combination BNOGO and Scandal. Still loving the sport and happy to represent!



ROSTER

2	Huldah Gronvall	5'5"	34
5	Lisa Helvin	5'2"	37
6	Ashley Daly Morgan	5'7"	31
7	Adrienne Nicholson	5'5"	31
10	Katie Shepley	5'8"	35
11	Kimberly Beach	5'5"	44
12	Jenny Fey	5'8"	31
13	Trudy Philip	5'4"	39
14	Samantha McClellan	5'6"	29
15	Margalit Gould	5'7"	34
16	Kirsten Zalisk	5'9"	
17	Katherine Crisham	5'7"	
18	Crystal Davis	5'6"	32
22	Rebecca Delmar	5'8"	
24	Sarah Itoh	5'6"	30
27	Whitney Potter	5'7"	36
29	Andrea Duran	5'9"	31
32	Marni Gail Jones	5'4"	
51	Jill Bingham	5'9"	
57	Molly Roy	5'3"	29
72	Laura Lu	5'5"	
77	Jenny Miller	5'5"	

WOMEN'S TEAMS



LOOSE CANNON

Philadelphia, PA

Captain: Erin Crider

@loosecannonulti

Loose Cannon burned out of the club ultimate scene in a rainbow blaze of glory following the 2008 UPA Club Championships. We're back for our third season of masters (I know, unbelievable). Though this year we were unable to celebrate our regionals win with Hoagie Haven like the Metro East teams of yore, we were able to make do with another time-honored tradition: a picnic and winning the fields at Edgely. Loose Cannon is excited for another opportunity to play hard and party harder in Colorado!



ROSTER

00	Erin Crider	5'3"	31
1	Karen Fields	5'5"	29
5	Julie Laughner	5'6"	36
6	Stacy Huffstetler	5'10"	33
7	Beth Gifford	5'3"	41
8	Caitlin Redding	5'7"	31
10	Krisztina Jozsef	5'4"	32
11	Holly Fisher	5'4"	31
12	Kim Lane	5'7"	31
13	Becca Tucker	5'4"	34
17	Petra Kowalski	5'9"	32
19	Bonny Hodges	5'6"	37
22	Shelley Su	5'6"	36
24	Krista Winalski	5'6"	30
27	Katrina Krasnansky	5'8"	37
29	Candace Yeh	5'6"	29
32	Katie Ulrich	6'0"	38
42	Kathryn Drake	5'7"	34
43	Lora Waldman	4'11"	33
44	Kristen Dean	5'6"	38
61	Jennifer Grier	5'7"	33

MOLLY GREY

Denver, CO

Captains: Anna Schott, Holly Greunke

@discemily

We are just a group of people that have played together in the past and wanted to play together once again. #BlastFromThePast

COLORADO
MOLLY GREY

9

ROSTER

1	Dena Slattery	5'5"	30
2	Emily Hanson	5'4"	34
4	Ivy Byun	5'3"	30
7	Allison Boyd	5'6"	50
8	Lisa Doan	5'2"	31
10	Dana Chang	5'2"	32
11	Jana Krutsinger	5'7"	43
13	Tina McDowell	5'6"	43
14	Katie Patterson	5'5"	30
15	Marley Steele-Inama	5'4"	41
17	Anna Schott	5'7"	32
21	Betsy Andrews	5'6"	49
22	Leah Borsheim	5'6"	35
23	Lauren Boyle	5'6"	29
24	Holly Greunke	5'4"	32
25	Courtney Kiesow	5'8"	30
27	Christina Contreras	5'10"	31
28	Sally Lambert	5'10"	30
33	Stephanie Shea	5'4"	36
55	Jess Blanton	5'5"	32
69	Keenan Keenan	5'9"	44
82	Tracy Woo	5'8"	37

WOMEN'S TEAMS



P.U.M.A.S. (PERFECT ULTIMATE MAIDENS AGING SLOWLY)

Twin Cities, MN

Captains: Rachel Derscheid, Rachel Goldbach

@pumasuremate

P.U.M.A.S., aka Southern Cougars, is the sister team to C.O.U.G.A.R.S., formed as there were so many of us aging gracefully it necessitated a second team! Most of us prowled in Iowa or Missouri for part of our ultimate careers, but have extended our territory into Minnesota, Oregon, Nebraska and North Carolina. For those not up on the hip lingo, urban dictionary says this about a Puma: a woman in her prime between the ages of 30-39 who prefers to date younger individuals. We still got it, and we just might flaunt it!



ROSTER

3	Tai Misra	5'11"	31
5	Jenny Shirbroun	5'2"	31
6	Jessica Austerbrunn	5'2"	30
7	Sarah Savage	5'9"	51
9	Rachel Derscheid	5'6"	35
10	Kristel Nelson	5'5"	32
11	Jen Brown	5'6"	33
12	Rachel Goldbach	5'3"	34
13	Megan Epperson	5'6"	32
14	Haldre Rogers	5'5"	37
16	Lana Seiler	5'5"	33
18	Jane Ly	5'5"	31
21	Amy Sheldahl	5'3"	36
23	Laura Halfmann	5'7"	29
30	Love Anjonrin-Ohu	5'0"	31
34	Erin Healey	5'8"	36
49	Steph Jacobs	5'6"	33
67	Jenny McKenzie	5'4"	34
77	Jen Huckett	5'10"	38

SPECTATOR INFO

RETRO

Triangle Area, NC

Captains: Thuy Brooks, Melissa Proctor

Retro is Dank.



ROSTER

2	Melissa Proctor	5'8"	48
3	Lucia Derks	5'4"	31
4	Lee Veit	5'10"	40
5	Erica Zuhr	5'8"	31
7	Katie Dyer	5'6"	32
8	Linda Zier	5'8"	47
9	Lauren Tompson	6'0"	36
11	Mandy Davis	5'2"	51
12	Britta Jones	5'8"	30
13	Thuy Brooks	5'2"	45
14	Brigitte Newsom	5'5"	47
16	Becki Cleveland	5'4"	47
17	Annie Reuben	5'1"	32
18	Kelly Merhar	5'4"	32
21	Tammy Moose	5'2"	47
22	Jenny Green	5'2"	37
24	Alexa Barwick	5'8"	32
28	Brandi Langsdorf	5'7"	45
31	Laura Levandoski	5'5"	39
37	Heather Gardner	5'4"	38
82	Molly Doyle	5'8"	33

WOMEN'S TEAMS



SAFARI-TARIANS

San Diego, CA

Captains: Shar Stucht, Stephanie Schlosser

Out of the Jungle, a team still rises...



ROSTER

1	Goldamer Thach	5'6"	30
4	Taiala Carvalho	5'9"	34
7	Kelly Jarvis	5'4"	32
11	Tiffanie Gallo	5'4"	33
13	Julia Tenen	5'4"	32
18	Stephanie Schlosser	5'6"	36
20	Shar Stucht	5'7"	48
22	Arthi Padmanabhan	5'7"	34
24	Vivi Mai	5'3"	33
25	Katie O'Brien	5'2"	39
31	Reba Robinson	5'4"	41
38	Brooking Gatewood	5'9"	33
42	Janine Marr Marr	5'5"	51
51	Katherine Johnston	5'6"	30
52	Kristen Boles	5'6"	31
69	Angela Wells	5'4"	29
70	Rebecca Zangaro	5'5"	31
71	Manisha Daryani	5'4"	33
72	Ruth Chen	5'4"	35
88	Leigh Ann Adams	5'4"	33
89	Brenda Stevens	5'9"	30

SALTY

San Francisco, CA

Captains: Cheryl Prideaux, Susan Kinsky

Salty combines women who have played together in various combinations over the years...from Homebrood to UCLA to Zeitgeist to Dark Horse to beach pick-up in Santa Barbara. We share a love of all things salty, especially fried eggs.



ROSTER

0	Caroline Loh	5'5"	37
2	Susan Kinsky	5'3"	36
3	Dulcy Docken	5'7"	32
4	Leila Clark	5'4"	36
5	Julia James	5'7"	33
9	Ashley Simons	5'9"	41
13	Meg Berry	5'6"	33
15	Cheryl Prideaux	5'9"	30
19	Christy Remucal	5'7"	35
21	Krista McDonald	5'6"	37
22	Ashley Black	5'4"	34
23	Kelley Hibberd	5'5"	39
24	Chelsea Witte-Garcia	5'11"	32
25	Gretchen Safdie	5'4"	42
29	Pooja Shah	5'5"	32
30	Judy Jarvis	5'10"	31
33	Monica Heger	5'8"	35
42	Megan Insko	5'4"	36
52	Andi Coleman	5'7"	30
73	Kimmey Hardesty	6'1"	37
77	Holly Schwarz	5'7"	33
80	Val Shiel	5'5"	40
88	Monika Petroczy	5'3"	
99	Karen Ko	5'3"	34

WOMEN'S TEAMS



SEATTLE MINT

Seattle, WA

Captains: Kim Blakemore, Erin Gallagher, Ann Huang, Jen Schneeweis

Coch: Pam Kraus

@mint_ultimate

Mint is excited to represent Northwest Elderly Women at Nationals this year! First established in 2009, our team appreciates fresh perspectives, spear-ited play and double mojitos.



ROSTER

2	Kim Blakemore	5'2"	46
3	Olivia Shone	5'7"	34
4	Jane Kaufman	5'2"	37
5	Kate Kingery	5'6"	37
8	Meegs Kapostasy	5'7"	30
12	Cassy Fok	5'3"	32
14	Hilary Mead	5'9"	36
15	Ann Huang	5'4"	31
16	AJ Beard	5'8"	38
17	Maya Smorodinsky	5'2"	33
19	Julie Brooke	5'6"	30
21	Jenn Willson	5'9"	39
22	Gina Phillips	5'8"	29
23	Caitlin Cordell	5'2"	32
24	Jen Schneeweis	5'3"	43
26	Deirdre Storck	5'9"	35
31	Hsing-Hui Hsu	5'4"	32
36	Katie Nielsen	5'8"	37
42	Liz Korb	5'2"	36
45	Melissa DiGioia	5'0"	39
48	Erin Gallagher	5'7"	38
74	Faye Ziegeweid	5'5"	35
86	Grace Lee	5'4"	35
92	Jess Smith	5'7"	30

SPECTATOR INFO

TERRA

Toronto, ON

Captains: Melissa Duseith, Johanna Elias, Velda Wong

@TerraUltimate

Terra Ultimate had its inaugural season in 2013 as a part of a larger effort to advocate for, and successfully secure, the first women's masters division at the Canadian Ultimate Championships. Since that time, we have continued to thrive as a competitive team that supports the growth of women's ultimate within Toronto and the surrounding region. We are looking forward to our first appearance at the USA Ultimate Masters Championships! #WeTheOther



ROSTER

1	Ashleigh Duffy	5'9"	32
7	Natalie Wong	5'3"	41
9	Bonnie Lee	5'2"	34
13	Krysti Dodd	5'4"	30
17	Barbara Pontes	5'8"	41
19	Laura Main	5'7"	35
21	Jennifer Chen	5'6"	31
24	Michelle Chandler	5'10"	32
27	Michelle Po	5'3"	33
28	Heather Adams	5'10"	37
31	Melissa Duseith	5'9"	39
32	Johanna Elias	5'6"	37
33	Julianna Jee	5'3"	40
37	Allison Tannis	5'0"	37
44	Rachel Robichaud	5'6"	45
47	Jane Logan	5'4"	36
54	Connie Lee	5'2"	32
78	Velda Wong	5'4"	34
85	Hazel Tenefrancia	5'2"	31
86	Catherine Chao	5'11"	31
88	Serena Jennings	5'8"	35
92	Janelle Hassell	5'7"	29

WOMEN'S TEAMS



WINNIPEG MINT

Winnipeg, MB

Captains: Amanda Mills, Cheryl Coulter, Erin McKinley

Mint is a competitive women's masters team based in Winnipeg, MB. The team was established in 2015 by a group of like-minded women who shared a passion for competitive ultimate. It is comprised of former Fusion, Chaos and Rebellion players with the addition of several rookies who are keen to learn all they can from the veteran players.

The name "Mint" was chosen to honour the branch of the Royal Canadian Mint located in our great city. Since opening its doors in 1976, the Mint's Winnipeg facility has produced coinage for over 70 countries. We also like to think of ourselves as still being in mint condition when it comes to our on-field play!

Mint is more than just committed to improving as women's masters team, we are dedicated to developing driven female players within our community. Mint hosts clinics and leagues to teach strategies and develop players' skills. Also, we run two teams, one plays in the U.S.A., and the other competes in Canada, which gives more masters-age females the opportunity to tour.



ROSTER

3	Erin Huck	5'6"	43
4	Stacey Teetaert	5'4"	32
9	Britney Griffiths	5'7"	31
10	Cheryl Coulter	5'7"	40
11	Lindsay Walker	5'4"	37
13	Leah Parker	5'4"	41
14	Amanda Mills	5'10"	33
15	Jess Lin	5'5"	30
17	Kim Spiers	5'4"	38
18	Amber Kubas	5'6"	29
19	Cherise Chambers	5'7"	31
22	SJ Milne	5'7"	37
25	Martha Hinton	5'4"	33
27	Megan Chopyk	5'5"	36
28	Melanie Stevens	5'7"	32
33	Christina MacIsaac	5'7"	44
42	Stephanie Chow	5'2"	41
54	Erin McKinley	5'3"	36
76	Michelle Chrisp	5'3"	40
78	Carrie Dunford	5'6"	41
85	Delaney Vun	5'4"	30

GRAND MASTERS TEAMS



AGE AGAINST THE MACHINE

Cincinnati, OH

Captains: Thomas Brewster, George White

@AGE_Ultimate

facebook.com/AgeAgainstTheMachineUltimate

Since rising from the ashes of their youth in the late 1990s, Age Against the Machine has led the struggle for spirited Old Man Ultimate in southern Ohio.



ROSTER

1	Nathan Partenheimer	6'0"	40
2	Michael Potter	5'7"	41
10	Ken Hughes	5'10"	53
23	Mark McCarthy	6'0"	40
24	Jon Sauer	7'0"	52
27	Chris Oldstone-Moore	6'3"	54
31	Thomas Brewster	5'10"	47
32	Keith Allen	6'0"	44
33	Dave Schenck	5'9"	49
36	Bryan Hawkins	5'10"	43
37	Paul Devine	5'9"	49
43	Nick DiNardo	6'2"	45
48	Patrick Barrow	6'0"	48
50	Derek Stottlemeyer	6'0"	47
52	Dave Arters	5'9"	57
55	Dave Mancino	5'9"	51
59	Richard Wagner	6'0"	57
71	Mathew Smith	6'0"	48
97	Joe Bendix	6'0"	48

SPECTATOR INFO

ALCHEMY

Carrboro, NC

Captains: Greg Williams, Nat Taylor, Daran Edmonds

Is the heyday for pirates in the Carolinas really past? While some of our straw hat buccaneers may look like they rolled out of the 1700s, you're squiffy if you think our bones are brittle. Our schooner's made stops up and down the Atlantic coast, picking up gunners and powder monkeys for the long sail for gold.

We're a spirited gang – the brethren of the coast – and offer a firm handshake to those who can keep pace. In the heat of the plunder is where we're most cool, so stay savvy: we might just be winking behind that eye patch.



ROSTER

1	Wes Hunt	5'9"	39
3	Dwayne Purper	5'8"	48
6	Eric Davis	6'0"	52
7	Clayton Coltman	5'10"	42
8	Mike Jolley	6'2"	44
9	Jon Proctor	6'0"	47
11	Brian Lang	6'0"	42
12	Keith Doucette	5'8"	42
13	Nat Taylor	5'11"	46
15	Sean Britton	6'0"	43
16	Billy Maroon	5'9"	45
17	Brett McCall	5'11"	41
18	Tim Eubanks	5'10"	51
19	Bobby Wilson	6'0"	42
20	Len Magargee	6'0"	44
21	Daran Edmonds	6'5"	47
24	Andy Brewer	5'11"	49
29	Will Bradshaw	6'4"	40
32	Bobby Veit	6'0"	40
33	Lucious Wilson	6'0"	42
39	Pat Vennebush	6'4"	45
41	Trent Morrow	5'11"	41
44	Jason Rector	6'2"	40
54	Rich Mason	5'10"	43
60	Nathan Fritze	6'1"	45
89	Greg Williams	6'0"	52
99	Ted Kubisek	5'11"	43

GRAND MASTERS TEAMS



BIG DNR

Dallas, TX

Captain: Michael Johnson

@thebigDNR

facebook.com/groups/bigdnr

Big DNR started as a team with only a hope and a prayer. Based out of Dallas, Texas, those hopes and prayers were answered when the team qualified for Nationals in its inaugural year with only 16 on the roster. We continue the tradition, in not only making our way to Nationals, but with a short roster and a big heart. Go BigDNR or go home!



ROSTER

0	Jonathan Altschul	5'9"	42
1	Lawrence Liu	5'8"	40
3	Young Byun	5'7"	41
4	Zack Rader	6'2"	43
5	Corey Garrow	5'9"	42
8	Josh Rader	6'4"	41
10	Joseph Rodriguez	5'10"	40
11	Veronica Coombs	5'4"	37
14	Brett Stauffer	5'9"	41
16	Leon De Oliveira	5'10"	44
17	Kirk Woodridge	5'11"	54
22	Yuee Ong	5'9"	42
23	Zach Hochstadt	6'0"	42
33	Jason Diltz	5'9"	46
34	Brian Higgins	5'9"	45
42	Karl Juhnke	6'0"	45
97	Michael Johnson	6'3"	49

BIGHORN

Boulder, CO

Captains: Mark Piper, Mike Galloy, Tyson Nunemacher

@bighornultimate

Bighorn, from beautiful Boulder, Colo., (and with friends from Denver, Fort Collins, the mountains, Tacoma and N.Y.C.), was formed so a group of guys who've known each other for 20-odd years could get together and play ultimate. We play for the love of the game.



BIGHORN

ROSTER

0	Charles Klamm	6'0"	42
1	Chris Gutmann	6'1"	43
2	Jerry Keister	6'0"	45
3	Dave Rosenthal	5'8"	45
6	Tyson Nunemacher	6'4"	42
7	Anshu Boonapalli	5'10"	41
8	Greg Berbaum	6'2"	51
9	Andrew Schwartz	5'8"	39
10	Chad Underwood	5'10"	41
12	Jeff Kenney	5'9"	43
13	Rich Mowery-Evans	6'0"	45
14	Mike D'Onofrio	6'0"	40
15	Jayson Ayers	6'3"	43
17	Mark Piper	5'10"	46
18	Pete Clapp	6'1"	41
19	Dean Marrone	5'9"	47
23	Gabe Hamilton	5'7"	39
39	Gene Calo	5'7"	44
40	Michael Galloy	6'0"	45
42	Alex Blanton	6'1"	46
44	Aaron Ketchum	5'11"	45
50	Josh Feinstein	5'8"	46
54	Drew Jones	5'9"	45
58	Ken Lambert	5'10"	43
69	Marc Anievas	6'0"	47
71	Kevin Reardon	5'7"	46
75	Stanley Strunk	6'1"	40
88	Travis Frazier	6'0"	42
99	Bobby Lee	5'4"	40



GRAND MASTERS TEAMS



BIGWHEEL

Birmingham, AL

Captains: Jay Pigford, Butch Brown, Mark Stuewe

Coach: Butch Brown

BigWheel is a collection of players from Florida, Georgia, Alabama, South Carolina and Tennessee that have joined together in an effort to field the best team possible out of the Southeast Region. The team was founded by Jay Pigford, a pillar in the Birmingham ultimate community, and has grown steadily since. This year's team adds a number of national-caliber players from Tennessee and Florida who are in their rookie GM seasons and looking to make an impact.

Rip off the hand-brake.

Whiteknuckle the handlebars.

Pedalin' for glory!!



ROSTER

00	Steve LaCrosse	6'4"	46
1	Mark Stuewe	5'10"	45
2	Richard Russell	6'4"	47
5	Ben Nanny	5'11"	41
6	Charlie Yood	5'9"	46
7	Lee Lynch	6'2"	42
9	Carlos Nunez	5'9"	42
10	Tony Brown	5'8"	43
11	Rex Taylor	6'3"	45
12	Mo Bunnell	6'0"	48
13	Mike Wood	5'10"	40
14	Aaron Moredock	6'2"	41
15	Peter Winslett	6'0"	44
16	Brett Marinelli	5'10"	45
18	Adam Smith	6'0"	48
21	Bryan Vance	5'11"	45
23	Rusty Sewell	5'11"	45
24	John McDonald	6'0"	42
27	Anthony Gutierrez	5'11"	40
28	Boe Quisenberry	6'0"	42
40	Dan Konisky	5'10"	45
42	David Leedle	6'0"	46
43	Jay Pigford	6'2"	45
44	Jon Meade	5'8"	40
55	Brad Smith	5'10"	40
56	Kevin Jones	6'4"	58
66	Daryl Fefee	5'10"	49
96	Butch Brown	5'8"	47

SPECTATOR INFO

DINOSLAM!

Portland, OR

Captains: Stephen Feldman, Mark McGhee

Jurassic World might be a farce.

Dinos aren't a bunch of leathery monsters.

Sure, a T-Rex can't see you if you stay perfectly still.

But who knows if a Velociraptor can open doors?

They certainly have the hands and arms.

We just have no idea how smart the dinosaurs were.

No freaking idea.

Roaming Portland, Seattle, Calgary and points beyond: DinoSlam!



ROSTER

1	Barney Ahouse	51
2	Spencer Reeder	49
3	Jeff Flynn	42
4	Chris Page	48
5	Darrin Byle	46
7	Lars Fjelstad	47
8	Ted Wardlaw	49
11	Nick Atwell	43
13	Dennis Karlinsky	43
16	Tim Laverty	44
17	Bryan Krawchyshyn	46
20	Bryan McGriff	46
22	Ted Savage	47
23	Larry Uhlman	47
25	Paul Schiess	51
27	Pepper Williams	47
30	Josh Platis	44
31	Jeremy Clark	44
33	Danny Quarrell	40
37	Mark McGhee	44
44	Pete Farrelly	40
49	Stephen Feldman	49
55	Chris Artibello	43
71	Dave Burdziuk	40
77	Aaron Switzer	49
99	Mark Learned	43

GRAND MASTERS TEAMS



ENDLESS SUNSET

San Diego, CA

Captains: Matt Shaff, Ryan Thoma

We're a group of SoCal vintage ultimate players with unbridled enthusiasm! We have put together a grand masters team ready to showcase radical moves with the best the country has to offer. Endless Sunset plays with Endless spirit, Endless competition and Endless aspirin. Our Endless determination to play into the Sunset is as constant as the waves off our awesome beaches.



ROSTER

0	Mark Scott	5'9"	41
2	Ian Robinson	5'7"	43
3	Dennis Kingery	5'9"	42
4	Ed Cable	6'0"	50
6	Stephen Chiang	5'10"	42
7	Ryan Thoma	6'1"	41
11	Rob Johnson	5'10"	40
13	Mark Lukens	5'9"	60
15	Bryan Monroe	6'0"	42
17	Dan Klippert	6'0"	41
20	Satoru Ishii	5'6"	40
22	Trey Paulissen	5'11"	47
23	Calvin Lin	5'9"	53
31	Adam Ruderman	5'11"	47
37	Chris Seawood	5'11"	41
42	Mark Laffoon	5'10"	52
44	David Bixler	5'9"	40
48	Richard Brown	6'0"	48
55	Alan Saluk	6'0"	47
66	Chris Vaughan	5'11"	41
75	Jonathan Hayles	6'2"	41
76	Ben Bergen	5'8"	40
77	Donovan Thomas	6'5"	48
84	Clif Smith	5'9"	50
88	Matt Shaff	5'10"	45
99	Jason Allman	6'3"	41

GRANDMASTER FLASH

Orlando, FL

Captains: Chris Falk, Matt Vernon, Eric Gilmore

Kingfish, Cocktail Party and OldLando had a baby and out popped GrandMaster Flash. Our message: Between the white lines and orange cones, we like to smoke. Not necessarily the smoking that is legal now in Denver. The kind that pushes defenses close to the edge, so they begin to lose their head. Ultimate is a jungle, and we are going to send you under.



ROSTER

1	Todd Demetriades		45
3	Matt Vernon	6'1"	40
4	Chris Cleaver	5'7"	44
5	Mark Hoover	5'9"	58
7	Eric Gilmore		53
8	Adam Geluso	5'7"	40
10	Russell Kahn		41
12	Chris Fontes	5'6"	50
13	Justin Childs	5'11"	43
14	Venu Manne	5'9"	41
15	Jimi Glaze		40
19	Trippe Cheek		54
21	Chris Lindseth		40
26	Kenneth Taylor		54
27	Louis Bair	6'1"	50
31	Brad Kalil	5'10"	51
34	Chris Blackburn		41
35	Chris Falk	6'4"	42
40	Thad Ellett	5'10"	43
44	Lyle Brenner	5'11"	46
65	Steve Widoff	6'2"	50
66	Jamal Yusof	6'0"	50
76	Boris McCormack		53
84	Steve Loerzel	6'2"	51
98	Gregg Shapiro		49
99	Jon Zisman		52

GRAND MASTERS TEAMS



JOHNNY WALKER

Denver, CO

Captains: Matt Krei, Jim Nolte



ROSTER

1	Eric Albright	5'7"	44
2	Wes Williams	5'10"	45
3	Keith Monohan	6'1"	45
5	Tad Miller	5'10"	45
6	Kevin Monohan	6'1"	46
7	Heath Mackay	6'0"	46
8	Van Le	5'8"	40
9	Jeremy Friedman	5'6"	44
10	Jason Wedekind	6'0"	44
11	Matt Krei	6'0"	47
13	Buzz Ellsworth	6'0"	55
14	Kevin Broughton	5'11"	44
15	Jim Nolte	6'1"	46
16	Brian Linkfield	6'2"	44
17	Fritz Bussman	5'9"	47
18	Curtis Manning	6'0"	41
20	Jason Brask	6'4"	45
21	John Grzywinski	5'11"	41
22	Ry Koteen	5'7"	44
23	Mike Knapp	5'9"	46
24	Brendon Pardington	5'11"	45
32	Tom Etchison	6'5"	44
33	Eric Peacock	6'1"	42
34	Tim Galvin	6'1"	41
47	Dan Carson	5'8"	47
55	Aaron Brown	6'1"	45
73	Bill Burke	5'9"	40
77	Charles Greaves	5'11"	47
88	Gabe Fuzat	6'0"	42

SPECTATOR INFO

KALAKALA

Seattle, WA

Captains: Jude Larene, Wolfe Maykut

Coach: Bil Elsinger

@kalakalaSEA

We are Kalakala: We practice hard, we play hard and we rep Seattle hard. Like the fabled boat that sailed the sound of yesteryear, we are streamlined, fast and iconic. Our name conjures memories of bygone glories and inspires visions of a brighter future.

Our ship, Kalakala, sails from Seattle, and our crew hails from these same home waters. This is a team for us and by us.

Our team charter: We play with heart, we win with our legs, and we play for each other even when the seas get heavy and the winds blow hard.



ROSTER

3	Ben Thielhorn	5'11"	53
6	Wolfe Maykut	6'2"	45
8	Adam Croft	6'2"	41
9	Jack Smith	5'10"	46
11	Jude LaRene	6'0"	47
12	Justin Deng	5'11"	39
13	Craig Black	5'11"	41
14	Josh Sadow-Hasenberg	5'7"	46
16	Michael Lapin	5'10"	45
21	Dan Millikan	5'6"	41
24	Dave Radomski	6'0"	44
28	Delfino Cornali	5'8"	62
31	Bil Elsinger	5'10"	45
34	Ben Goldfarb	5'11"	54
44	Max Chickering	5'11"	47
50	James Matsusaka	5'4"	49
55	Chris Cook	5'10"	46
56	John Springer	5'8"	56
71	Andreas Springborn	5'10"	44
72	Fraser Stanton	6'2"	44
95	Rhetick Sengupta	5'10"	42

GRAND MASTERS TEAMS



MOSCOW STATE

New Rochelle, NY

Captain: Sanjeev Khanna

Coach: Woo Jin Ho

In 1983, former New Rochelle High School ultimate captain Jonathan Rubin, then a captain at Vassar and seeking funding, concocted the idea of telling the Vassar administration that a team from the Soviet Union was coming to their tournament. Thus, Moscow State was formed from NHRS and other local players, went on to win the tournament and ended up being one of those omnipresent summer touring teams. For 20+ years, we did the annual NE circuit (including Ow-My-Knee, No Borders and Hingham), culminating in a #20 finish at 1993 Worlds in Madison and participation in 1995 Worlds in the U.K.



Over the years, we've had friendly and not-so-friendly rivalries over the years, but whoever the opponent, we've been told playing against Moscow State was always memorable! We've gathered up our memories of glory and our broken bodies and made the journey to Denver. We're a Soviet-era team trying to find our way in the modern world.

ROSTER

2	Jonathan Davis	5'8"	43
5	Sean Brown		
7	Alex Felson	5'11"	45
9	Matt Kye	5'5"	48
11	Chris Mollomo	5'9"	45
12	Scott Fields		
13	Woo Jin Ho	5'7"	46
14	Jaideep Talwalkar	5'9"	42
15	Adam Zagoria	5'11"	47
17	Linwood Lewis	6'0"	53
19	Stu Snodgrass		
22	Tim Sultan	5'10"	48
25	Evin Lederman		
28	Tony Leonardo		
32	Pat Stoltz	5'11"	41
33	Sanjeev Khanna	5'4"	51
34	Eric Eckelman	5'11"	43
37	Phil Vlahakis	5'6"	52
51	George Knight	6'3"	48
52	David Sieling		

NO COUNTRY

Brattleboro, VT

Captain: Jim Olson

2016 represents No Country's fourth trip to Grand Masters Nationals. After a couple close finishes last year, we returned to Beach Nationals this year and were able to close the deal. We are hoping to bring another strong team to Colorado. For many of us, playing each year continues to be about getting the chance to play with teammates, connect with old friends and play in games that remind us why we go buy a new pair of cleats every once in a while after adamantly leaving the last pair on the fields when we retired the last time.



ROSTER

1	Alex de Frondeville	6'0"	48
3	Jim Biancolo	6'4"	46
6	Orion Lillyreed	6'0"	40
7	Steve Finn	6'1"	49
8	Jim Olson	6'1"	52
9	Chris Lehner	6'1"	42
10	Marshall Goff	5'11"	45
11	Woody Clift	5'6"	45
12	Bob Doane	5'11"	47
13	Jed Geary	6'5"	46
14	Simon Verghese	5'8"	50
16	Kevin Cale	6'1"	43
18	Dan Sage	6'0"	43
19	Jon Bakija	5'10"	48
21	Eric Olson	6'3"	45
22	Arnold Sanchez	5'8"	45
24	Joel Thompson	6'2"	43
25	Tom Glass	5'11"	51
33	Steve Dugan	5'10"	45
34	Jeff Brown	5'10"	48
37	Fritz Burkhardt	6'2"	42
67	Benjamin Cohen	5'10"	41
75	Matty Anderson	6'0"	41
88	Jim Parinella	5'10"	51

GRAND MASTERS TEAMS



OLD MAN WINTER

Chicago, IL

Captains: Frank Menendez, Wayne Tang, Lawrence Walters
@polarvortexultimate

Like most ultimate teams, we were started in a bar. Andy DeLorenzo and Frank Menendez met during the coldest night of 2014 in Chicago to launch Polar Vortex. Polar Vortex made it to Nationals in 2014 and co-won the Team Spirit Award. We then launched Old Man Winter in 2015 and started to gather momentum. Old Man Winter and its young brothers, Polar Vortex, practice consistently with and against each other. After Masters Nationals, we combine to form Vortex and compete up to sectionals. We cap off the ultimate season with a great team BBQ and party. We are looking forward to our second Nationals appearance to connect with old friends and make new friends.



ROSTER

1	Wayne Tang	5'6"	48
2	Mike Gwinn	6'0"	40
3	David Allocco	6'2"	40
4	Lawrence Walters	6'6"	40
7	Benjamin Davis	5'10"	
8	Keith Kreinbihl	6'2"	40
9	Bradley Strahan	5'9"	45
10	Michael Hixenbaugh	5'6"	44
11	Andrew DeLorenzo	5'11"	
12	Eric Newman	6'2"	44
13	Frank Menendez	6'0"	48
14	William Schneider	6'3"	54
15	Samson Sackett	6'0"	48
16	Tim Monahan	5'9"	48
18	Richard Berger	6'1"	
25	Darrin Speegle	6'4"	46
28	Ernie Miyashita	5'8"	41
31	Mike Balas	5'10"	49
36	James Mshar	6'4"	43
40	Noah Levine	5'8"	40
44	John Conour	6'2"	
45	Graham Brisben	5'10"	47
63	Mark Olivo	5'8"	40
64	Mark Abney	6'1"	49
71	Marc Furigay	6'0"	42
72	Douglas Meislahn	5'8"	40
74	Daniel Rubenstein	5'10"	
80	Jake Stake	6'2"	51

SPECTATOR INFO

SHADOWS

San Francisco, CA

Captains: Colin Smith, Joey Stewart, KK Karter

We Shadows have been playing together since 2014, but it all started long before that...

You should have seen each of us play way back when! We've got stories to tell for days...

Each year that goes by, our past greatness increases!

The older we get, the better we were!

Shadows of our former selves!



ROSTER

1	Kerry Karter	6'1"	54
2	Shasta Phillips	5'8"	40
3	Alan Harder	6'0"	43
4	Will DeBello	5'8"	49
5	Brett Mitchell	6'1"	42
7	Clayton Hurd	6'1"	45
8	Eric Johnson	6'0"	46
9	Robert Briant	6'0"	46
10	Matt Albinson	5'8"	41
13	Hartti Suomela	6'0"	48
15	Stephen LaBonge	6'4"	47
16	Peter Nieh	5'8"	50
18	Dan Francis	5'10"	47
20	Ozzie Thoreson	6'5"	45
21	Jason Nettleton	5'10"	42
22	Anthony Wagner	5'8"	48
27	Jonathan Ingersoll	5'10"	43
30	Matt Cragun	6'1"	41
37	Kevin Lee	5'8"	50
40	Kib Dacklin	6'1"	51
42	Colin Smith	5'8"	46
44	Kurt Uhler	5'10"	43
45	Harris Masket	6'2"	45
48	Scott Runkel	6'0"	48
49	Bobby Clark-Riddell	5'8"	53
53	Herb Kaup	5'9"	47
55	Nik Radey	5'11"	40
77	Joey Stewart	5'11"	46
85	Ian Appleyard	5'8"	49

GRAND MASTERS TEAMS



SHUTDOWN

Washington, DC

Captains: Richard A. Hart, Kevin Lenaburg

Coaches: Richard A. Hart, Kevin Lenaburg

Fresh off our strong showing at the 2015 Masters Championships and silver medal at the 2015 Pan American Games, the elder statesmen of Black Cans and Highlands have created the grand masters team ShutDown. The team is founded on the cultural values of Camaraderie and Competitiveness. While our team name aptly describes the increasingly shut-down status of our bodies, as well as how we've shut down many bars over the years, it is intended as inspiration for our smothering defensive play.



ROSTER

1	Rod Hannon	5'9"	47
2	Steve Peterson	5'11"	59
3	Richard Hart	5'7"	46
4	John O'Neill	5'8"	53
7	Carl Edwards	6'0"	51
8	Michael Laub	5'9"	40
11	Russ Furr	6'4"	44
15	Will Schaefer	6'2"	44
17	Mike Rumley-Wells	5'8"	47
19	Ben Potash	6'2"	43
22	Pat Wright	5'8"	53
24	Gregg Landry	6'0"	47
29	Henry Ferland	5'11"	51
31	Kevin Lenaburg	5'10"	39
32	Bryan Greenwald	5'10"	42
33	Brian Lee	6'2"	43
36	Bill Dristy	6'4"	53
39	Brad Moser	5'11"	45
42	David Ross	5'7"	46
48	Ian Fisher	6'4"	48
50	Graham Katz	5'8"	50
80	Alit Balk	6'3"	40
99	Eric Urban	5'11"	48

SURLY GRAND MASTERS

Minneapolis, MN

Captains: Dan Rydel, Jim Mott, John Chandler, Dave Boardman

Surly Grand Masters continues the long-standing Minneapolis tradition of old man ultimate. We have had success at the masters and grand masters levels, winning multiple championships in both divisions. We carry forward the traditions of Surly, playing hard ultimate and sharing great beer. The quality of senior tour ultimate has been on the rise for some time now, and we are proud of our part in elevating the game to the current standard. Our talent is driven by our pipeline from the nationally recognized, collegiate powerhouses of Winona State and Carleton College. We dedicate every season to our teammate, Marty F. Bakko, who passed away in 2009 and gives his name and character to the Masters Division Spirit Award



ROSTER

00	Richard Eikstadt	5'7"	45
2	Alex Fraser	6'0"	41
4	Jim Mott	5'7"	49
5	Chris Hickman	5'9"	55
6	Andrew Rutledge	6'2"	47
7	Paul Anderson	6'0"	47
8	Dave Steglich	5'7"	49
10	Don Tom	5'8"	44
11	Mark Enright	5'10"	49
12	Randy Gage	5'10"	42
13	Jeremy Alden	5'10"	51
16	John Sandahl	5'11"	40
17	Dan Rydel	5'10"	51
18	Seth Grossinger	5'5"	43
19	Sean McCall	6'0"	44
20	Jon Remucal	5'10"	40
22	Dave Boardman	5'11"	44
24	Charlie Reznikoff	5'10"	41
28	Eric Enge	6'3"	50
34	John Hock	5'10"	51
36	Russ Adams	5'5"	53
37	John Chandler	6'4"	42
44	Sky Davey	5'10"	43
71	John Klaus	6'1"	41
76	Aaron Hushagen	5'11"	40
79	Steve Ridgely	5'9"	42
88	Dave Remucal	6'0"	45
96	Luke Smith	6'1"	46
99	Donovan Wiebe	5'9"	40

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Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.

PLAY HARD. HAVE FUN.
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photo by Billy D Photography



HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day. Directions to the local hospital can be found in the “Directions” section of this program.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: usaultimate.org/membership/usa_ultimate_membership_forms.asp

COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
 1. Remove athlete from play.
 2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
 3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
 4. Allow athlete to return to play only with permission from an appropriate health care professional.

DOCTOR’S NOTE REQUIREMENT

If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor’s office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor’s note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

- **Prevention and Treatment of Heat Illness**

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

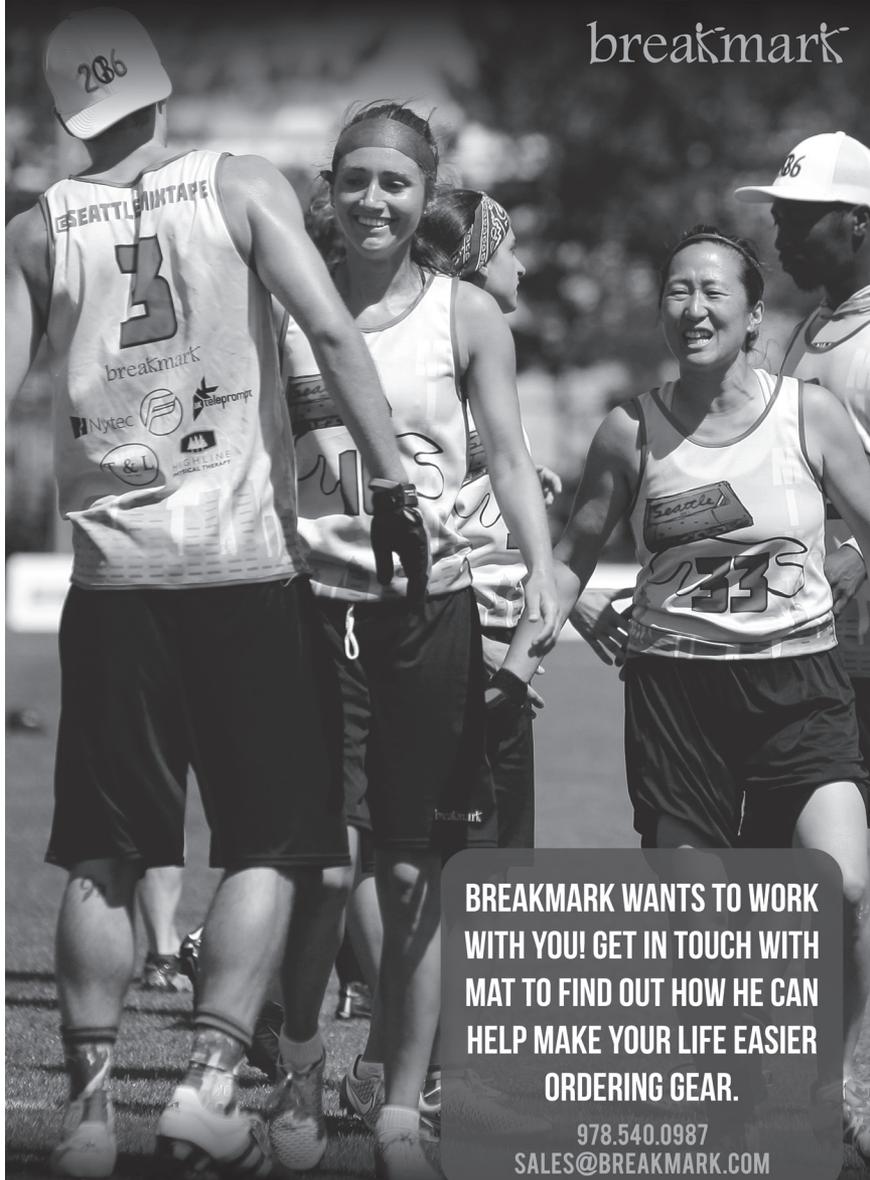
- Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

ARE YOU A HEAD HONCHO? IN CHARGE OF A TEAM?
LEAGUE? TOURNAMENT?

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10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE. When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.

SPIRIT CIRCLES

Spirit Circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains or spirit captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

BOXED LUNCHES FROM PANERA

We know there are not very many lunch options near the tournament, so we are pleased that Panera Bread will be offering pre-ordered team meal deliveries to the Masters Championships at the Aurora Sports Park on August 5-7! Please visit panerabread.com to see our boxed lunch options and to place your order. A minimum of 24-hour advance notice is appreciated for this event. If you have any questions, please reach out to our catering team at our nearby café, (303) 731-8300.

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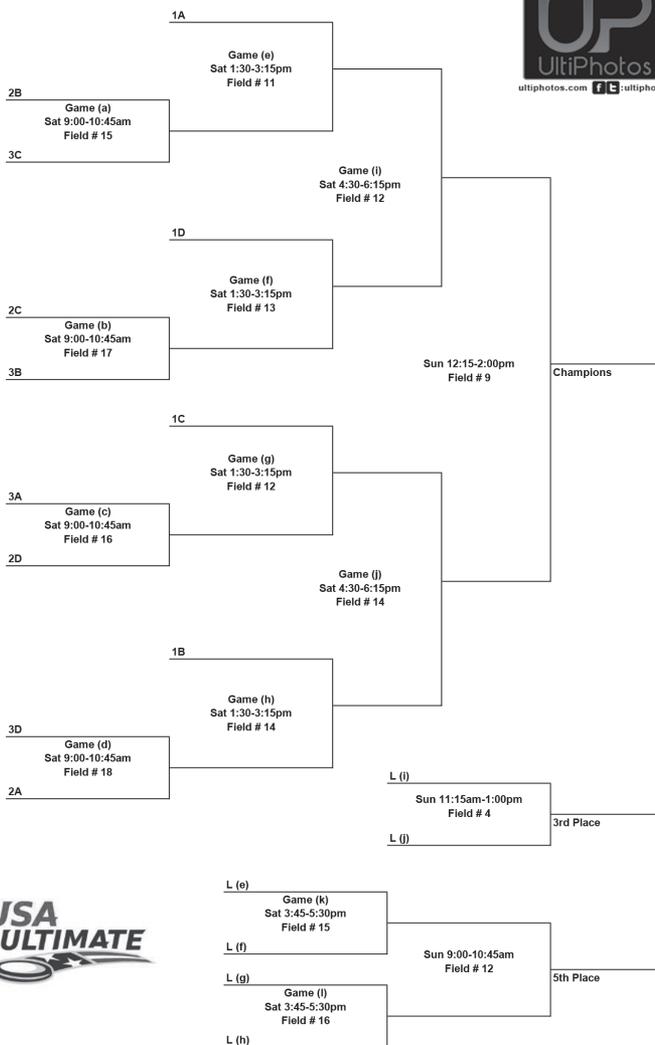
Visit usultimate.org/affinitycard for more information and to find out how to apply!

MEN'S SCHEDULE

2016 USA Ultimate Masters Championships - Men's												
Friday, August 5, 2016												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Johnny Encore (Denver, CO)					B1	Surly (Minneapolis, MN)				
	A2	Pacemaker (Chicago, IL)					B2	Black Cans & Highlands (Washington, D.C.)				
	A3	Beyondors (Santa Barbara, CA)					B3	M.O.M. Man Old Man (New York, NY)				
A4	Burnside (Gresham, OR)					B4	Woolly Mammoth (Gainesville, FL)					
Friday		F#	Score		F#	Score	F#	Score		F#	Score	
9:00-10:45	A1 v A3	3	-	A2 v A4	1	-	B1 v B3	7	-	B2 v B4	5	-
11:15-1:00	A1 v A4	3	-	A2 v A3	1	-	B1 v B4	7	-	B2 v B3	5	-
1:30-3:15							B1 v B2	7	-	B3 v B4	5	-
3:45-5:30	A1 v A2	7	-	A3 v A4	5	-						

Championship Bracket August 6-7, 2016

Official Event Photography:



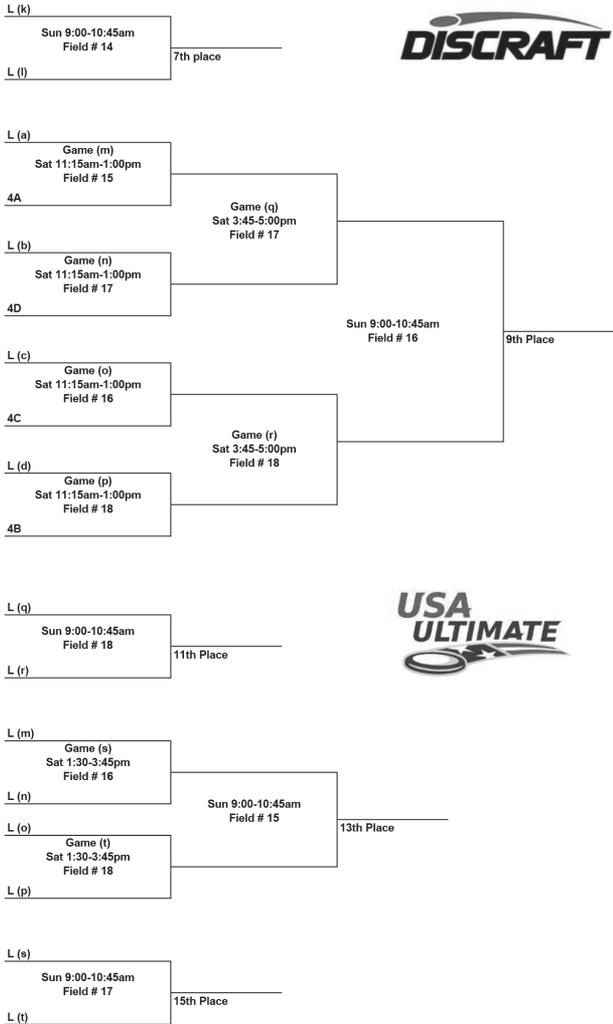
All games to 15 cap 17



2016 USA ULTIMATE MASTERS CHAMPIONSHIPS

2016 USA Ultimate Masters Championships - Men's												
Friday, August 5, 2016												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Real Atlanta (Atlanta, GA)					D1	Revueltos (San Francisco, CA)				
	C2	North West (Portland, OR)					D2	Rest Stop (Baltimore, MD)				
	C3	Flood (Winnipeg, MB)					D3	OhiOld (Columbus, OH)				
	C4	Outlaw (Fayetteville, AR)					D4	Surly Cynic (Minneapolis, MN)				
Friday		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:45	C1 v C3	4	-	C2 v C4	2	-						
11:15-1:00							D1 v D3	6	-	D2 v D4	4	-
1:30-3:15	C1 v C4	3	-	C2 v C3	1	-	D1 v D4	6	-	D2 v D3	4	-
3:45-5:30	C1 v C2	3	-	C3 v C4	1	-	D1 v D2	6	-	D3 v D4	4	-

Placement Brackets
August 6-7, 2016



All games to 15 cap 17

WOMEN'S SCHEDULE

2016 USA Ultimate Masters Championships - Women's												
Friday, August 5, 2016												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Molly Grey (Denver, CO)					B1	Loose Cannon (Philadelphia, PA)				
	A2	Safari-tarians (San Diego, CA)					B2	PUMAS (Ames, IA)				
	A3	Hot Flash (Cincinnati, OH)					B3	Hot Lava (California)				
	A4	Winnipeg Mint (Winnipeg, MB)					B4	Atlantiques (Atlanta, GA)				
Friday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	A1 v A3	12	-	A2 v A4	14	-	B1 v B3	9	-	B2 v B4	10	-
11:15-1:00	A1 v A4	12	-	A2 v A3	14	-	B1 v B4	9	-	B2 v B3	10	-
1:30-3:15	A1 v A2	12	-	A3 v A4	14	-						
3:45-5:30							B1 v B2	12	-	B3 v B4	14	-

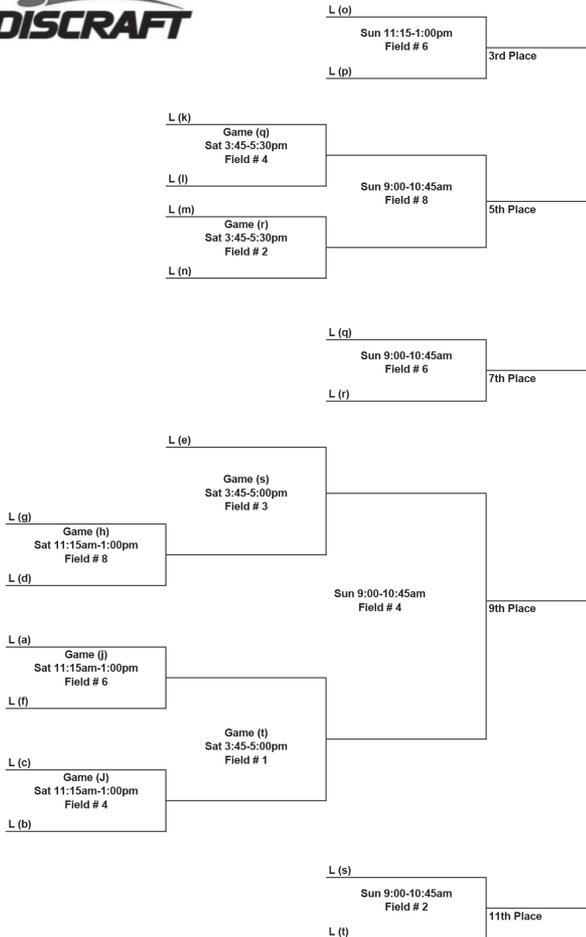
Championship Bracket - All games to 15 cap 17
August 6-7, 2016

Official Event Photography:



2016 USA Ultimate Masters Championships - Women's								
Friday, August 5, 2016								
All Games to 15 Cap 17	Pool C					Pool D		
	C1	Seattle Mint (Seattle, WA)			D1	Lame Duck (Washington, D.C.)		
	C2	Salty (San Francisco, CA)			D2	Retro (Raleigh, NC)		
	C3	COUGARS (Minneapolis, MN)			D3	Terra (Toronto, ON)		
	C4	First Ladies (Washington, D.C.)						
Friday	F#	Score	F#	Score	F#	Score	F#	Score
9:00-10:45	C1 v C3	6	-	C2 v C4	8	-		
11:15-1:00							D1 v D3	8 -
1:30-3:15	C1 v C4	9	-	C2 v C3	10	-	D2 v D3	8 -
3:45-5:30	C1 v C2	9	-	C3 v C4	10	-	D1 v D2	8 -

Placement Bracket - All games to 15 cap 17
August 6-7, 2016



Round Robin for 13th-15th			
1: Loser of game h			
2: Loser of game i			
3: Loser of game j			
Saturday		F#	Score
1:30-3:15	2 v 3	2	-
Sunday		F#	Score
9:00-10:45	1 v 3	3	-
11:15-1:00	1 v 2	3	-



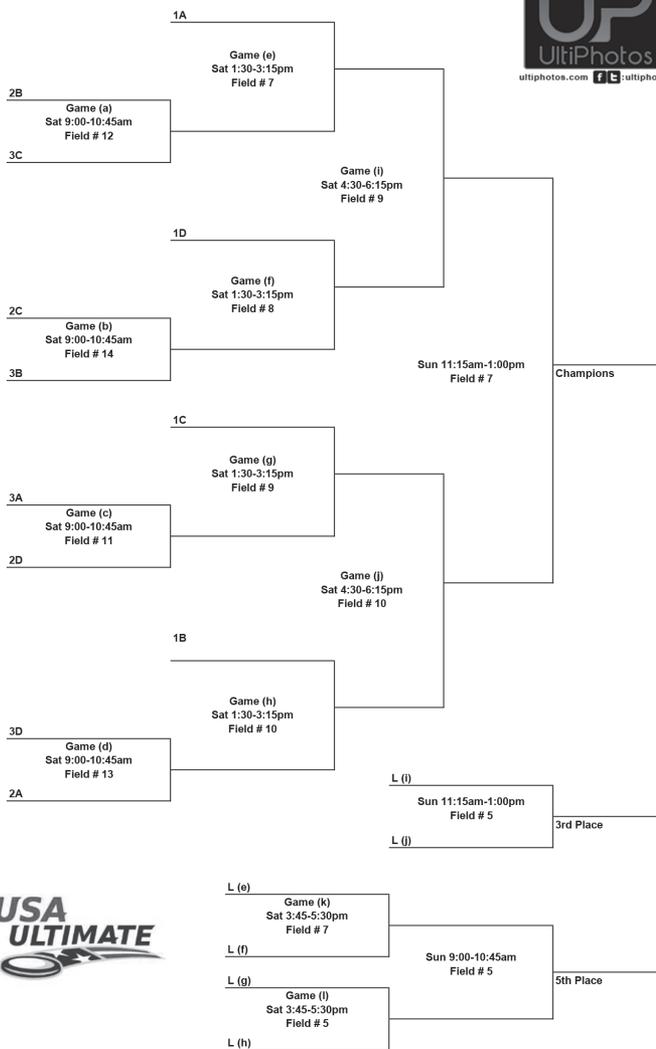
SCHEDULES & MAP

GRAND MASTERS SCHEDULE

2016 USA Ultimate Masters Championships - Grand Masters												
Friday, August 5, 2016												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Johnny Walker (Denver, CO)					B1	No Country (Brattleboro, VT)				
	A2	Endless Sunset (San Diego, CA)					B2	Bighorn (Boulder, CO)				
	A3	Moscow State (New York, NY)					B3	BigWheel (Birmingham, AL)				
A4	Old Man Winter (Chicago, IL)					B4	Kalakala (Seattle, WA)					
Friday		F#	Score		F#	Score		F#	Score	F#	Score	
9:00-10:45	A1 v A3	16	-	A2 v A4	18	-	B1 v B3	15	-	B2 v B4	17	-
11:15-1:00	A1 v A4	16	-	A2 v A3	18	-	B1 v B4	15	-	B2 v B3	17	-
1:30-3:15							B1 v B2	15	-	B3 v B4	17	-
3:45-5:30	A1 v A2	15	-	A3 v A4	17	-						

Championship Bracket August 6-7, 2016

Official Event Photography:



All games to 15 cap 17



2016 USA Ultimate Masters Championships - Grand Masters												
Friday, August 5, 2016												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Shadows (Oakland, CA)					D1	Alchemy (Carrboro, NC)				
	C2	Surlly (Minneapolis, MN)					D2	DinoSlam (Portland, OR)				
	C3	Big D N R (Dallas, TX)					D3	ShutDown (Washington, D.C.)				
	C4	GrandMaster Flash (Orlando, FL)					D4	Age Against the Machine (Cincinnati, OH)				
Friday		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:45	C1 v C3	11	-	C2 v C4	13	-						
11:15-1:00							D1 v D3	11	-	D2 v D4	13	-
1:30-3:15	C1 v C4	16	-	C2 v C3	18	-	D1 v D4	11	-	D2 v D3	13	-
3:45-5:30	C1 v C2	16	-	C3 v C4	18	-	D1 v D2	11	-	D3 v D4	13	-

Placement Brackets
August 6-7, 2016



All games to 15 cap 17



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SCHEDULES & MAP

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