

#### "Welcome to San Diego"

Your host teams have graciously bowed out of the competition in order to allow more teams the opportunity to come to our fine city and enjoy the 1988 UPA Nationals. Our thanks to:

Dave Claycomb — Tournament Director

Mike Butler

Jim Herrick

Amy Bekken

Chris Wagner

Dave Hopkins

Cole Williamson

Brian Murphy

Chris Perry

And a special thanks to our tournament sponsors and the locals:

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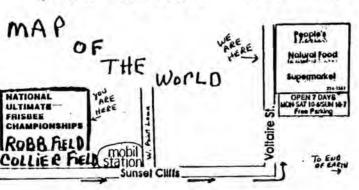
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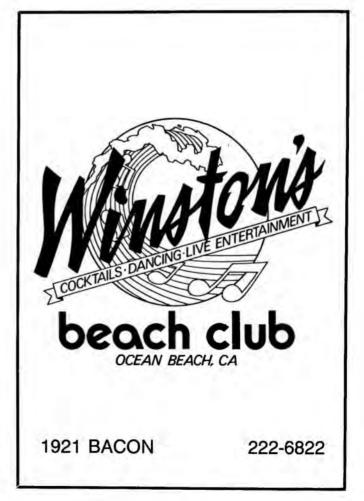
#### The Game

Ultimate is a fast moving, non-contact field sport played by two seven-person teams. It is played on a field similar to a football field, with 25-yard endzones at either end of a 70-yard by 40-yard playing field. The object of the game is to score goals by passing the disc from teammate to teammate until a pass is caught in the opponent's endzone. Running with the disc is not allowed; rather upon catching a pass, the player must stop running and establish a pivot foot before attempting the next pass. While the team in possession of the disc seeks to thwart advancement and obtain immediate possession by forcing a turnover. A turnover results whenever a pass is incomplete, caught or knocked down by an opposing player, touches the ground at any point or is caught by a player outof-bounds. No overt contact or tackling is allowed.

The action of the game combines the passing and scoring of football, the cutting and guarding of basketball and the non-stop field movement of soccer. The use of a flying disc as the object of play adds a dimension not seen in ball games and is one of the elements that makes Ultimate a truly unique sport. The disc is not limited to a two-dimensional gravity-controlled flight path. In the hands of a skilled thrower the disc can be made to curve around, float over or rise under defenders. It can be thrown hard for a long pass or thrown softly for a short one. An Ultimate game is filled with leaping one-handed catches, short give-and-go passes, field length bombs and diving blocks and catches. Action is intense, exciting and continuous.

Although the competition is fierce, it is rarely malicious. This is the second unique element to Ultimate. Players call their own fouls—there are no referees. This creates an etiquette, camaraderie and spirit of sportsmanship not typically found in other sports.





#### MESSAGE FROM THE DIRECTOR

Welcome Ultimate players, spectators and friends to the UPA National Championship of Ultimate. It's a pleasure to have you here with us in beautiful sunny (I hope) San Diego. You are part of the eighth annual UPA National Championship and the twelfth "national" championship for the sport of Ultimate. This is a special tournament in that we are celebrating the 20th anniversary of the development of the sport this year. I'm sure the Columbia High School students who played the game first back in 1968 did not imagine that the new game they had invented ("play catch, invent games") would ever grow to the present level!

We have the finest Ultimate teams from around the United States assembled here this weekend, many of which have been at Nationals several times before, so I'm sure we'll be seeing the best Ultimate ever. Congratulations to all the teams who have qualified to be here — your very presence is evidence of your skill and hard work. While we can only have one winner in each of the open and womens' divisions, you can all be proud of your accomplishments.

Finally, thanks to all of those who have worked so hard to organize this tournament and all of the other qualifying events — regionals and sectionals throughout the country. A special thanks to Dave Claycomb and all of his San Diego tournament staff for all of their work for over a year now, and to all the UPA sectional and regional coordinators for their contributions in what is so often a thankless task. Enjoy yourselves and may the best teams win!

Robert L. Rauch Executive Director Ultimate Players Association



PHOTO COURTESY OF CHRIS PERRY



PHOTO COURTESY OF CHRIS PERRY

#### Women's Nationals Welcome

#### By Kathy Pufahl

This year promises to be an especially exciting one in the Women's Division. Eight teams will be competing for the coveted title the largest field ever. In 1981, the first UPA Women's Nationals, five teams, one representative from each region, competed in that historical event. It was not until 1986 that the decision was made to expand the field to six teams by awarding the Western Region a wild card spot based on the tremendous density of women's teams in that region. In 1988, a growth surge has occurred in the division and the second place finishers in both the Central and Northeast Regions have been awarded wild card spots, bringing the total number of teams to eight.

All regional competition was at an all time high this year with respect to skill level and numbers of teams. The Western region, home of the four time National Champion Santa Barbara Condors, continued to lead the way, boasting a sixteen team field. The Northeast was second with thirteen, Central next with 12, Mid-Atlantic fourth with nine and finally, the South with 5 teams competing. The total number of teams

that competed in the 1988 UPA series was nearly double of those that competed in 1987. Congratulations to all those teams for their hard work and dedication.

Special recognition is in order for all the women's college teams that played in the Second Women's College series in May, returned to compete this fall. All the growth the division has experienced is due to the perserverance of these teams. The future of the sport looks bright in their hands.

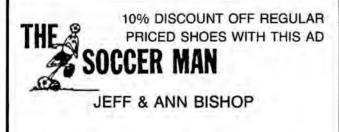
Good luck to all the 1988 National qualifiers. The competition will be fierce as the defending champion Santa Barbara Condors look to capture their fifth straight National title, and the 1987 second place finishers, Boston's Lady Godiva, aim to improve on last year's performance. And a warm welcome to the Bay Area Mamba team and the Stray Cows from Kansas as they make their National debuts. Chicago's Nemesis, Washington D.C.'s CMS, and Atlanta's Ozone all successfully defended their 1987 Regional titles and are hot on the trail of the National title. Best of luck to all.

#### History of the Sport

Ultimate was developed by students at Columbia High School in Maplewood, New Jersey, and the first game was played in 1968 between the student council and newspaper staff. From this modest beginning, the sport spread to other local high schools and graduates introduced the game to their respective colleges and universities. The first intercollegiate competition was held in 1972 between Princeton and Rutgers, on the 103rd anniversary and on the exact site of the first intercollegiate football game. By 1974, about 25 teams had been organized and the first intercollegiate championship was held. The sport continued to spread, with numerous club teams forming, and in 1977, the first national championship was organized. In response to the strong growth, the Ultimate Players Association (UPA) was formed in 1979 to organize, promote and direct the sport of Ultimate.

Highly competitive club teams have been established in most major U.S. cities, giving the sport a distinctive nationwede image despite its non-professional, amateur status. Currently, the UPA has nearly 6,000 members and there are over 500 teams who participate in the National Championship Series. Players compete in a variety of divisions, including the Open Division, Division II, College Division, Women's Division and High School Division. Outside of activities in the U.S., there is also an active, growing presence in Canada, Europe, and the Pacific basin. At the upcoming World Championship, twenty countries are expected to field a team.

In addition to highly competitive play, numerous summer leagues and corporate leagues have been established, and Ultimate has also become quite popular as a collegiate intramural sport. The sport is increasingly becoming an accepted part of the high school physical education curriculum and was recently incorporated as a physical fitness elective for the Cub Scouts. It is estimated that over 20,000 enthusiasts and over 1,500 teams actively participate in Ultimate on a regular basis.



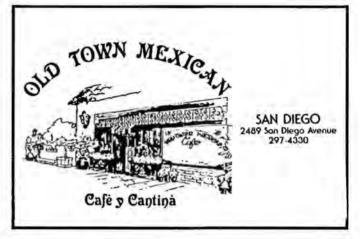
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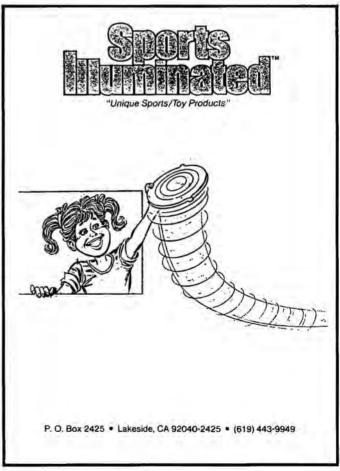
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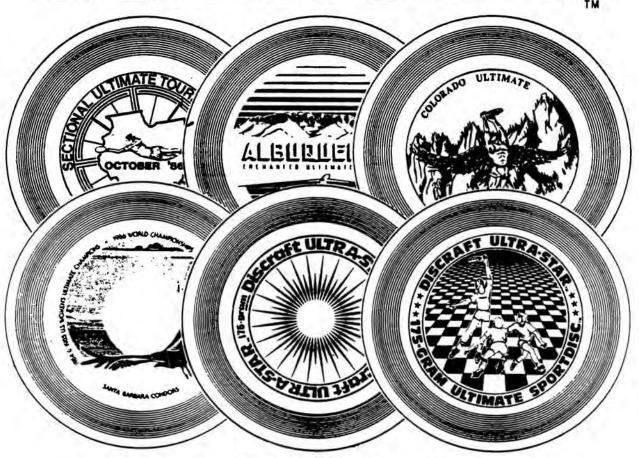
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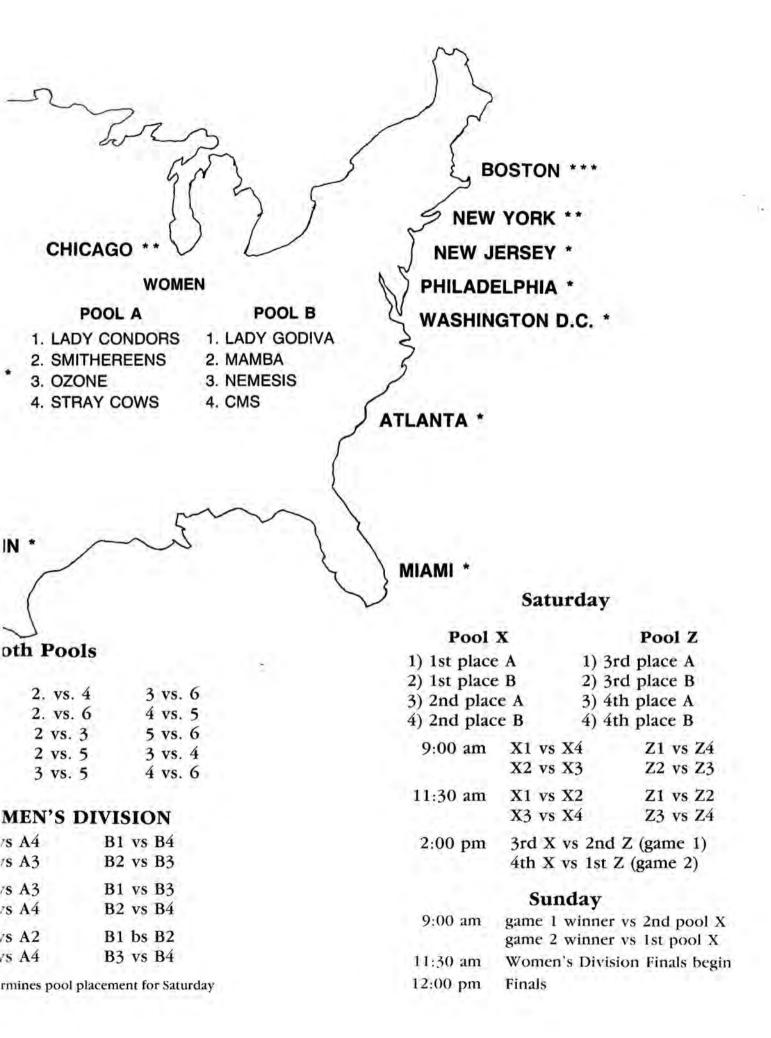
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	* LOS ANGELES	* SAN D	IECO		
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	SCHEDULE				
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1:45 pm					/
	Round 2 Begins				1
4:15 pm	Cap Imposed				1
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	Saturday		Round		
9:00 am	Round 3 Begins		1	1 vs	. 5
11:15 am	Cap Imposed		2	1 vs	
11:30 am	Round 4 Begins		3 4 5	1 vs	
1:45 pm			4	1 vs	
2:00 pm	Round 5 Begins		5	1 vs	. 2
4:15 pm	Cap Imposed		-	***	-
				IDAY	
	Sunday		9:0	00 am	A1 A1
9:00 am	Semi-finals Begin		11.3	30 am	A1
11:15 am	Cap Imposed on Women's Semi-fina	ls	11:	o am	A2
11:30 am	Women's Division Begins		21.2		
1:45 am			2:0	00 pm	A1
2:00 pm	Open Division Final Begins				A3
4:45 pm	Cap Imposed on Final		Results of I	riday's p	lay de



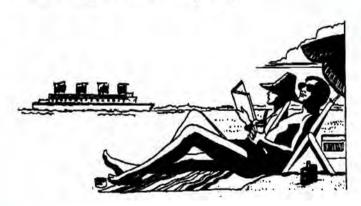
#### TITANIC

The scene: Sun soaked beach, far, far away.

"Honey, do you think New York, New York has the character to repeat?"

"Bill, you know I could never live in New York, even with all if its . . . character, if that's what you chose to call it. I'd call it insanity."

"Betty, you're not listening. I'm talking about the National Championships of Ultimate Frisbee, in San Diego over Thanksgiving."



"Why Thanksgiving?"

"New York's good, but I like that other team from the Northeast."

"You mean Lady Godiva? Great shirts."

"No, I mean Titanic. How can you forget them? Aren't you the one who comments on the size of their . . ."

"Not now, I have a headache."

"What?"

"Oh, I thought you said something else."

"Last year's loss to Windy hurt, but they've bounced back with fresh blood."

"Bill, I seem to remember talking about Titanic's offensive woes. That must be why they brought in the eggheads from Stanford and M.I.T. How does the cute one with the chains fit in?"

"That's 'Chain', but if you want to talk Southern Fashion, how about the Gomer hat and Goatee?"

"Well, I'm with you dear. If Titanic pulls off the upset, we'll move to Boston with everyone else."



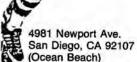
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#### Lady Godiva

Lady Godiva of yore (Not the one from the chocolate store) Rode naked through town To keep taxes down While Peeping Tom watched through the door

But her namesakes from the East coast Wear clothes which annoys her the most When our defense is slow And or offense won't go It's not really us it's her ghost

To make sure we play out of our head To see we don't run like cold lead It may suit every player To remove a stray layer Just to show some respect for the dead

#### NEMESIS

NUDE OR NAKED EXCITABLE MOLESTANDO ENERVATING SEETHING INDESCRIBABLE SIRENS (sleezes)

NOWHERE
EH. . . CHICAGO
MONOTONOUS
EARNEST (elite)
SAVVY (stube)
IMPORTANT

SOMEWHERE

NEMESIS

SAN DIEGO

ERUPTING from the MIDWEST

EVOLVING see you pSYCHED INSPIRED in

#### Kansas City Stray Cows

You herd it right, these girls have nothing to hide, they hope to steak a claim, milk some passes, stray with the best of them, and end up out standing in their field — No beef about it — it would be-hoove you to know them.

#### Graffiti

Graffiti is a gritty young up-and-coming New York City team sprinkled with a core of cagey hard nosed vets.

#### Philmore

PHILMORE! An improbable idea that has grown from an unlikely dream into a coherent team. Along a 230 mile stretch of Interstate 95 dwell our disc players. Some have come lately from other regions of the U.S.A.; some are veterans of the Middle Atlantic; some are fresh faces. The challenge has been to conquer our geographic diversity and fuse this assortment of individuals into a team. With I-95 serving as the main artery, from the north of PHILadelphia to south of baltiMORE, an idea that had not existed before the spring of 1988 has become a reality.

#### Miami Refugees

... Yeah, so we are The Refugees from Miami. and it's been four long years since we were here last. We've gone through a lot as a team during that time, even stormy moments in the past, but we've also managed to take a few State Championships along the way. We've had enough arthroscopies and sprains to start a medical journal, but we've also done a few N.F.L. half-time shows to keep things interesting. Throw in a newspaper article or two on our progress, and even the fact that we hosted last year's Nationals (a mighty fine little get-together if we must say so ourselves!) So we started thinking to ourselves. "What else is there to do?". Well heck, the only thing left to do was show up here, and eat Big Bomber Burritos South of the Border!!!

What a Long, Strange Trip it's been. . .





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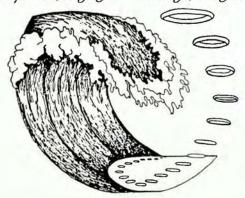
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#### New York, New York, New York

An assemblage of body parts from the looted graves of many teams, this "Frankenstein's Monster" is an eclectic blend of seasoned, senile veterans and hard-running, unstable rookies. Like the city from which they hail, they are often vociferous, usually vegement and always angst-ridden.

Since coming together in the Spring of 1987. New York, New York, New York has compiled an impressive record — but to what end? Nothing means anything.

Twenty Years of Ultimate Frisbee Maplewood, N.J. 1968 – San Diego, GA 1988



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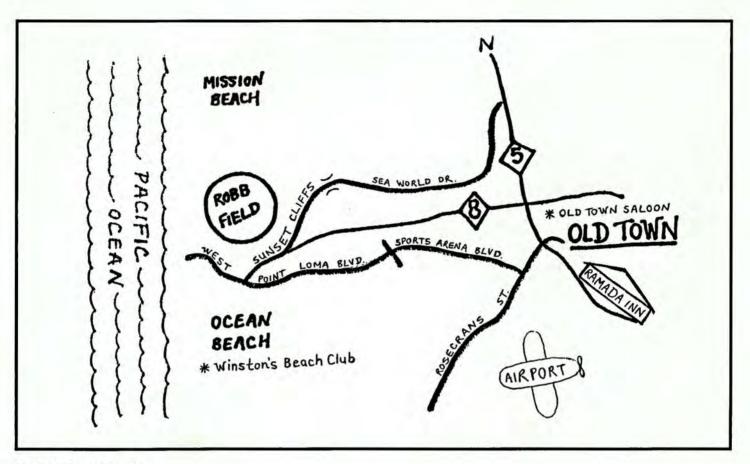
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	Men's Open	Division	Women's Ope	n Division
Year	Champion	Runner-Up	Champion	Runner-Up
1977	Santa Barbara	Penn State		
1978	Santa Barbara	Cornell		
1979	Glassboro St U	Santa Barbara		
1980	Glassboro St U	Boston		
1981	Santa Barbara	New Jersey	Boston	Eugane
1982	Boston	St. Louis	UMASS	Michigan St
1983	Chicago	San Diego	Michigan St	Boston
1984	St. Louis	San Francisco	Santa Barbara	Michigan St
1985	San Francisco	New York	Santa Barbara	Boston
1986	Chicago	San Francisco	Santa Barbara	Chicago
1987	New York	Chicago	Santa Barbara	Boston

1 -	Name:		
ST	City:	State:	Zip:
1 E	Phone:		
7 L m	Current Team:	Team	Number:
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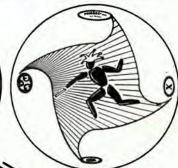
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