



EVENT GUIDE

\$2



Michael Ignacio Photography

coming **November 2010**

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Electro jerseys and our
Fusion jersey **sale** at



meet Five Ultimate's **NEW** jersey fabric,
anti-microbial odor suppression
enhanced wicking ability
improved sizing and fit
three new colors

ELECTRO

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STAFF

Tournament staff members will be wearing yellow event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

EVENT STAFF

Event Directors:

Will Deaver/Byron Hicks

Competition Director: David Rafo

Volunteer Coordinator:

Shiellah Quintos

Head Observer: Greg Connelly

Head Scorekeepers: Deanna Ball/

Meredith Tosta

Marketing and Communications

Director: Andy Lee

New Media Manager:

Matthew Bourland

USA Ultimate Info Booth:

Melanie Byrd/Anne Culhane

USA ULTIMATE STAFF

Most of the USA Ultimate staff will be on hand at the event. We look forward

to spending some time out of the office with the people we work hard for every day. Please especially help us welcome Andy Lee to the Ultimate community and his first USA Ultimate Club Championship.

Chief Executive Officer –

Dr. Tom Crawford

Managing Director, Competition and

Athlete Programs – Will Deaver

Manager, Championships and New

Media – Matthew Bourland

Manager, Championships –

Byron Hicks

Director, Membership and Sport

Development – Melanie Byrd

Manager, Membership and Sport

Development – Anna Schott

Director, Coach and Youth

Development – Meredith Tosta

Director, Marketing and

Communications – Andy Lee

Office Manager – Erin Wolter

SPECIAL THANKS: Shiellah Quintos, David Rafo, DeAnna Ball, Greg Connelly, Joe Brenner, Discraft, Five Ultimate, VC Ultimate, Jonathan Neeley, Tony Leonardo, Carolyn Matthews, Matt Spillum, Matt Lane, Scott Roeder, Jason Puckett (Sarasota Sports Commission), Sarah Kirschberg (Florida Sports Foundation), Rob Baril and UltiVillage, Andy Grimes (Ultimate Culinary Solutions), Aaron Freedman (Sidewalk Salads), Michele Maggie Mitchell, Maryellen Paterson, Ron Smith (Sarasota Polo Club), Barbara Long (Dollar Rental Cars), Mai Perez (Comfort Suites). National Directors – DeAnna Ball, Adam Goff, Kris Kelly, David Rafo. All Regional and Sectional Coordinators, and tournament volunteers.

USA ULTIMATE, 4730 Table Mesa Dr., Ste I-200C Boulder, Colorado 80305

TEL: 303-447-3472 **FAX:** 303-447-3483 **WEB:** www.usultimate.org

EMAIL: info@usultimate.org

WELCOME

Welcome to The Show, Nationals, or simply Sarasota! Whatever you call it, the 2010 USA Ultimate Club Championships is the goal and the measuring stick for hundreds of teams and thousands of players who train, travel, and compete throughout the spring, summer, and fall. The top 60 teams in North America will showcase the best the sport has to offer in four divisions (Masters, Mixed, Open and Women's). Ultimate fans from the U.S. and abroad will be on hand or online to see which teams will rise to the top of the most competitive Ultimate tournament in the world. Outside the lines there will be a lot going on to make the event enjoyable for spectators and for participants who are looking to celebrate a successful end to their 2010 season.

Only two of the reigning champions will be on hand in Sarasota to defend their titles. Atlanta's Chain Lightning (Open) and San Francisco's Fury (Women's) will be on many fans' short lists to win another title, but with neither team coming in seeded #1, they'll have to pull at least one "upset" along the way to get another championship. In the Masters and Mixed divisions, there are a number of former championship teams in the mix, and with the 2009 championship teams "retired", it's anyone's guess who will hoist this year's trophies. Who will be the first USA Ultimate Club Champions?

For those of you with family and friends at home, USA Ultimate and UltiVillage are partnering to cover the event online with round by round highlight clips, a daily wrap-up show, and live streaming of the championship games in each division. Live score updates, photos, write-ups, and interviews will also be available online throughout the tournament. Make sure you let the folks back home know they can still be part of the event by keeping up with the action online through www.usultimate.org.

For those of you lucky enough to be in Sarasota, be sure to check out Five Ultimate's

official tournament merchandise at the main pavilion, and be sure to visit the other exhibitors who do so much to help the sport grow and evolve. There is also an excellent selection of food on site. The medical tent is staffed with trainers who will help athletes with preventative care and injury attention. Be sure to show up well before your pre-game warm-up to ensure that you have enough time to get taped. There will also be professional massage therapists available to take care of those sore muscles and help you relax.

The Beer Garden will be open longer hours this year (see Event Schedule), with beverages for sale to spectators and participants who want to wind down at the end of their day with a cold one. Please remember that you must have a valid ID to prove you are 21 in order to enter the Beer Garden, and you may not leave the Beer Garden area with your drink. Reusable "green" cups will be provided, and we encourage you to reuse them to help reduce waste. Please respect Beer Garden rules and staff so that everyone can enjoy this aspect of the tournament.

Last but not least, please be respectful in whatever you do, on and off the field. Do your part to reduce trash by using the appropriate recycling and trash containers. Note that by picking up recyclables you have a chance to win a \$1,000 gift certificate from VC Ultimate (see page 5 for details). Be respectful of the places you stay so that teams can return there in the future. Be respectful of the tournament staff members, who are working hard to make this a great event for you. And most of all, please be respectful of each other on the field. Earning the respect of your fellow players, win or lose, is really what this is all about.

Will Deaver

USA Ultimate - Managing Director,
Competition & Athlete Programs

SITE RULES

- **NO GLASS!** This is important. We're at a world-class polo facility where protection of the horses is a huge priority. If you are found on the fields with a glass container, you will be asked to leave the Polo Club for the duration of the tournament.

- **DOGS MUST BE LEASHED!** We would prefer that you leave the pooches at home, and certainly do not lock your pets in the car or tie them up in the sun either. So if you must bring your dog, please leash it. They can spook the horses and result in loss of future

use of the Polo Club for this event.

- **SPECTATORS AND EQUIPMENT MUST STAY AT LEAST THREE YARDS AWAY FROM THE SIDELINES!** Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.

- **TRASH AND RECYCLING.** Place bottles and cans in the recycling receptacles and trash in the trash cans. Please help make the Green Program, sponsored by VC Ultimate, a success.

WEEKEND OVERVIEW

WEDNESDAY, OCT. 27 AT THE SARASOTA POLO CLUB (CLUB HOUSE)

6:00 p.m. – 7:30 p.m. – Team Registration

8:00 p.m. – 9:00 p.m. – Captain's Meeting

THURSDAY, OCT. 28 AT THE SARASOTA POLO CLUB

9:30 a.m. – 5:30 p.m. – Pool Play (all divisions)

1:00 p.m. – 6:00 p.m. – Beer Garden* open

FRIDAY, OCT. 29 AT THE SARASOTA POLO CLUB

9:30 a.m. – 2:15 p.m. – Pool Play (all divisions)

1:00 p.m. – 6:00 p.m. – Beer Garden* open

3:30 p.m. – 5:30 p.m. – Pre-quarterfinals (Mixed, Open, Women's divisions)

3:30 p.m. – 5:30 p.m. – Quarterfinals (Masters Division)

SATURDAY, OCTOBER 30 AT THE SARASOTA POLO CLUB

9:30 a.m. – 6:00 p.m. – Elimination and Placement (all divisions)

10:30 a.m. – Semifinals (Masters Division)

1:00 p.m. – 7:00 p.m. – Beer Garden* open

1:15 p.m. and 2:15 p.m. – Semifinals (Mixed, Open, Women's divisions)

3:45 p.m. – Championship Game (Masters Division)

HALFTIME AND POST-GAME – Masters Award Ceremony. During halftime presentations will be made to the Spirit Award teams and Spirit Award individuals (one from each team). Following the Masters championship game, awards will be presented to first- and second- place teams. The Marty Bakko Award will be presented by Marty's daughters, Cara Lou and Cambria Bakko, following Masters Division final.

SUNDAY, OCTOBER 31 AT THE SARASOTA POLO CLUB

9:00 a.m. – Championship Game (Women's Division)

12:00 p.m. – 5:00 p.m. – Beer Garden* open

11:45 a.m. – Championship Game (Open Division)

2:30 p.m. – Championship Game (Mixed Division)

HALFTIME AND POST-GAME – Award Ceremonies. During halftime presentations will be made to the Spirit Award teams and Spirit Award individuals (one from each team). Following each Division's championship game, awards will be presented to first- and second- place teams. The Farricker Award and the Pufahl Award will be presented following the Open Division and Women's Division finals, respectively.

***BEER GARDEN** – Beer will be available for purchase in the big tent next to the pavilion. Only those who are 21 with an ID will be allowed into the beer garden. Beer purchased in the beer garden must stay in the beer garden! As part of the VC Ultimate Green Program, beer will be served in green plastic cups. Additional cups may be picked up at the VC Ultimate Green Program tent. Please help us reduce trash by reusing your beer cup.

**PLEASE DRINK
RESPONSIBLY –
DON'T DRINK AND DRIVE!**
Local taxi companies providing
service to the field site:

DIPLOMAT TAXI
(941) 365-8294

YELLOW CAB
(941) 955-3341

COMPETITION RULES

- USA Ultimate Official Rules of Ultimate (11th Edition) will be in effect.
- All games will be played to 15, with a point-cap at 17
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. In a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time cap goes on at end of round time on schedule. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total, or when first team reaches 15 ahead by at least two points, whichever comes first.
- A hard time cap will be put into effect for all pool and placement games (5th-16th, Masters 3rd). The hard time cap will go on 35 minutes after the soft time cap for pool games and 20 minutes after the soft time cap for placement games. When the hard time cap goes on, finish the point in progress and the game is over. If it's tied, play one more point.
- Caps do not affect timeouts.

PLACEMENT GAME RULES (5TH-8TH AND 9TH-16TH ON SATURDAY AND ANY THIRD-PLACE GAMES)

For a game to be considered "played", it must be played according to the Competition Rules above. Any variance must be pre-approved by the Competition Director.

For games that could affect the strength wildcard:

- If a game will determine a strength wildcard, or leads to a game that might determine a strength wildcard, it must be played. If a team still chooses to forfeit such a game, that team's region/division will not be eligible for any nationals' wildcards the following year (size, strength, growth), unless given a specific exception by the National Division Director.

For games that do not affect the strength wildcard:

- If neither team wants to play a scheduled game that leads to another round (i.e. semis for the 5th, 9th, 13th brackets): Those two teams finish tied for the placement of the lower portion of their bracket and the other game is now for two higher spots. (e.g. In a 9-12 semifinal game, the two forfeiting teams would be tied for 11th and the other semifinal would become the game for 9/10.)
- If neither team wants to play a scheduled game that does not lead to another round: Both teams will finish tied for the higher

placement, since they went out at the same time. As an alternative to not playing a game that is the last scheduled for both teams, teams may seek approval from the Competition Director to play a shortened game to 11, point-cap at 13 or to 13, point-cap at 15.

- If only one team wants to play a scheduled game that leads to another round (e.g. semis for the 5th, 9th, 13th brackets): The forfeiting team will finish at the bottom of its respective bracket (i.e. 8th, 12th or 16th).
- If only one team wants to play a scheduled game that does not lead to another round: The game will be treated as a loss for the forfeiting team and a win for the other team, with final placement reflecting that outcome. As an alternative to not playing a game that is the last scheduled for both teams, teams may seek approval from the Competition Director to play a shortened game to 11, point-cap at 13 or to 13, point-cap at 15.

STRENGTH WILDCARD ALGORITHM

- i. Using the previous year's Club Championships, final placements of the worst finishing teams from each region are compared. Additionally, if a Region had 4 teams in attendance, then the 3rd-finishing team from that Region also participates in the comparison. This group of teams is called the "Wildcard Comparison."
- ii. The first strength wildcard is awarded to the region with the highest finishing team in the Wildcard Comparison.
- iii. If the team which earned the first strength wildcard is the 3rd-finishing team from a region with exactly three teams and the next highest finishing team in the Final Placement (all teams) is not another region's 3rd-finishing team, then the team that earned the first wildcard also earns the second strength wildcard.
- iv. If not already awarded, the second strength wildcard is awarded to the region with the 2nd-highest-finishing team in the Wildcard Comparison, provided at least one of the following conditions is met:
 - a. they are the 3rd- or 4th-finishing team from their region, OR
 - b. they are more than one place ahead in the Final Placement (all teams) of all other teams in the Wildcard Comparison, OR
 - c. they are the 2nd-finishing team from their region and the team directly below them in the Final Placement (all teams) is not a 3rd- or 4th-finishing team from another region.
- v. If not already awarded, the second strength wildcard is awarded to the region with the 3rd-highest-finishing team in the Wildcard Comparison.



DIRECTIONS

TO THE FIELDS FROM I-75:

Sarasota Polo Club
8201 Polo Club Lane, Sarasota, FL 34240

1. From I-75 take exit 213 University Parkway east (old exit 40).
2. Stay on University until Lorraine Rd. (about 3 miles)
3. Turn right on Lorraine Rd.
4. Take third right onto Polo Club Drive.

TO THE TOURNAMENT HOTEL

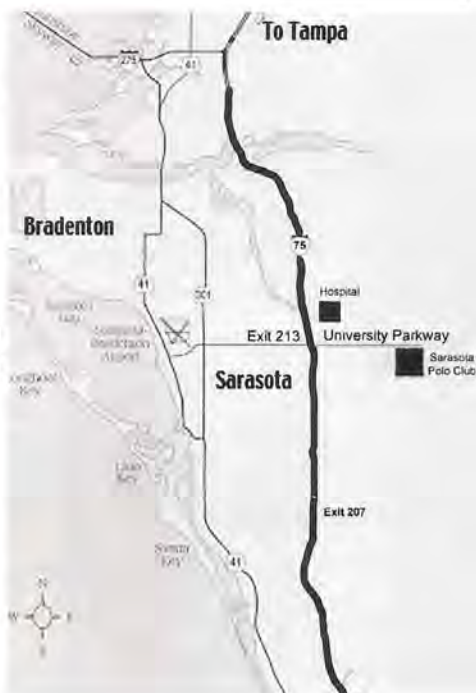
FROM I-75:
Comfort Suites
8305 Tourist Center Dr., Sarasota, FL 34201

1. From I-75 take exit 213 University Parkway west (old exit 40).
2. Stay on University for about one-half mile until Cooper Creek Blvd.
3. Turn right on Cooper Creek Blvd.
4. Turn left at Tourist Center Drive

TO THE HOSPITAL FROM FIELDS

Lakewood Ranch Medical Center -
8330 Lakewood Ranch Boulevard
Bradenton, FL 34202, (941) 782-2100

1. Left on Lorraine Rd
2. Left on University Pkwy
3. Right on Lakewood Ranch Blvd
4. Hospital on left (follow signs)



VC ULTIMATE GREEN PROGRAM

USA Ultimate and VC Ultimate are once again partnering to make the 2010 Club Championships a green event. Clearly marked recycling containers are located throughout the facility. Please be sure to put recyclables and trash in the appropriate bins.

VC ULTIMATE GREEN PROGRAM AWARD

VC Ultimate is excited to introduce the VC Green Program Award. VC and USA Ultimate have worked tirelessly for the last past four years to offer recycling at the Club Championships. This season, we're asking for your help to make this program even better. Each team captain will receive three recycling bags when he/she checks-in at registration. More bags will be available throughout the weekend at the VC tent. The three teams that return the most recycling bags (minimum 60 percent full) throughout the competition will be awarded one of the VC Green Program Awards:

- 1st Prize - a VC gift certificate for \$1,000
- 2nd Prize - a VC gift certificate for \$500
- 3rd Prize - a set of VC Green Program hats for your team

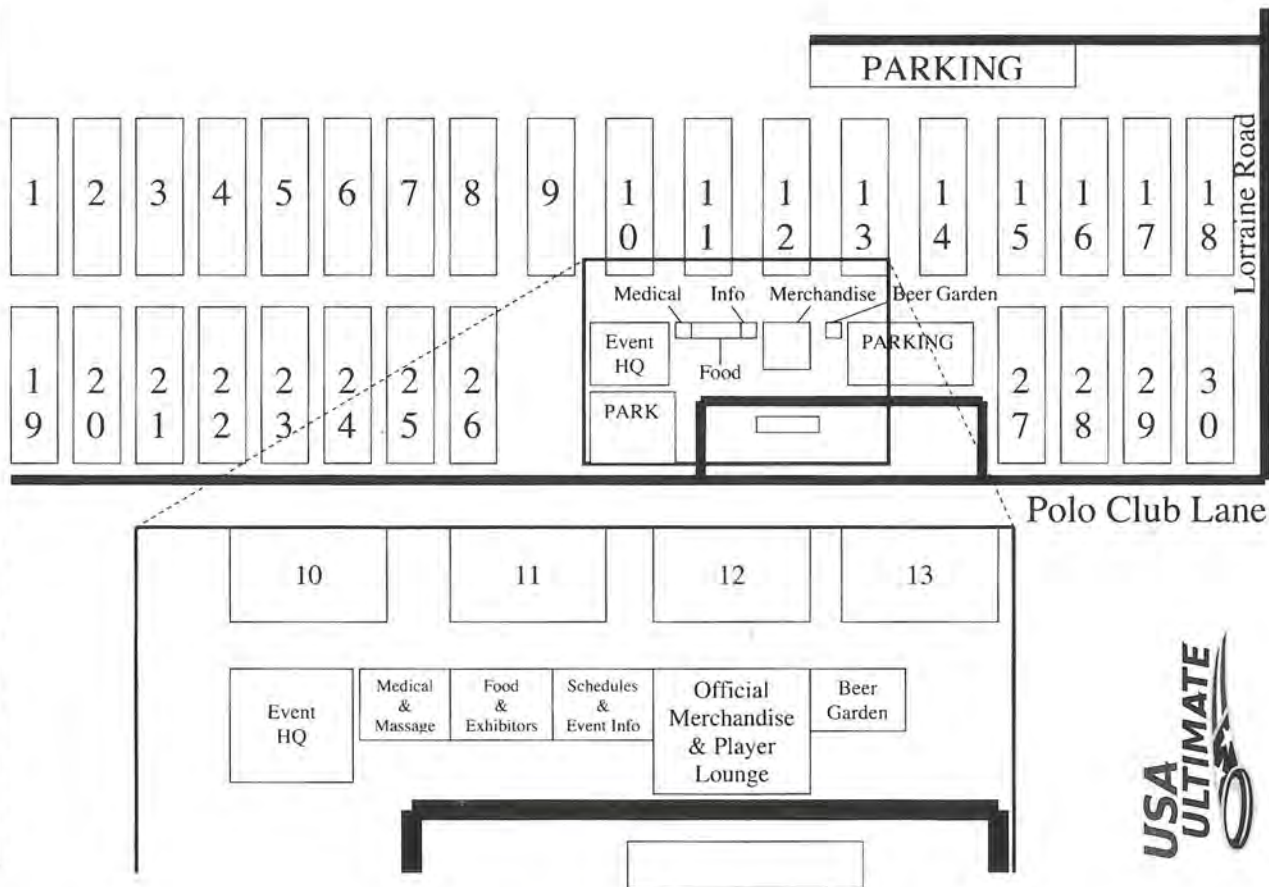
Bags can be turned in behind the VC tent, where a running tally will be kept for each team. Aluminum, plastic, glass (reminder: glass items are not permitted to be used by participants and spectators) and cardboard will be accepted. The minimum contribution in order to be eligible for the award is 6 bags. Ideas for collection:

- Clean up your sidelines
- Replace a bag from a recycling container

The final count will be taken prior to the Masters finals, and the prize will be awarded during halftime. Thanks for your help in making this an even "greener" USA Ultimate Club Championships!



FIELD LAYOUT



DIVISION SEEDS/POOLS

MASTERS DIVISION

1. Surly (Minneapolis, MN)
2. Beyondors (Santa Barbara, CA)
3. GLUM (Ottawa, ON)
4. Boneyard (Cary, NC)
5. DoG (Boston, MA)
6. Fig Jam (Calgary, AB)
7. Ball and Chain (Atlanta, GA)
8. Real Huck (Chicago, IL)
9. Rumble (New England)
10. Chesapeake (Washington, DC)
11. Slow Country Boil (Charleston, SC)
12. Le Tigre (Santa Fe, NM)

Pool A

Surly, GLUM, Fig Jam, Ball and Chain, Chesapeake, Le Tigre

Pool B

Beyondors, Boneyard, DoG, Real Huck, Rumble, Slow Country Boil

MIXED DIVISION

1. Slow White (Boston, MA)
2. District 5 (New Haven, CT)
3. Bucket (Atlanta, GA)
4. DragNThrust (Minneapolis/St. Paul, MN)
5. Chad Larson Experience (Ames, IA)
6. Mischief (Bay Area, CA)
7. Polar Bears (Castro Valley, CA)
8. Overhaul (Ann Arbor, MI)
9. AMP (Philadelphia, PA)
10. LA Metro (Los Angeles, CA)
11. Barrio (Tucson, AZ)
12. Conspiracy Theory (Dallas, TX)
13. Snowbirds (Montreal, QC)
14. wHagenweel (Triangle Area, NC)
15. Dirty Birds (Austin, TX)
16. Scientific Method (Iowa City, IA)

Pool A

Slow White, Overhaul, AMP, Scientific Method

Pool B

District 5, Polar Bears, LA Metro, Dirty Birds

Pool C

Bucket, Mischief, Barrio, wHagenweel

Pool D

Drag'n Thrust, Chad Larson Experience, Conspiracy Theory, Snowbirds

OPEN DIVISION

1. Ironside (Boston, MA)
2. Revolver (Bay Area, CA)
3. Doublewide (Austin, TX)
4. Chain Lightning (Atlanta, GA)*

Pool A

5. Truckstop (Baltimore, MD/Washington, DC)
6. Sockeye (Seattle, WA)
7. Johnny Bravo (Boulder, CO)
8. PoNY (New York, NY)
9. Machine (Chicago, IL)
10. Southpaw (Philadelphia, PA)
11. Ring of Fire (Raleigh-Durham, NC)
12. Streetgang (San Diego, CA)
13. Furious George (Vancouver, BC)
14. Madison Club (Madison, WI)
15. Madcow (Columbus, OH)
16. Tanasi (Nashville/Knoxville, TN)

Pool A

Ironside, PoNY, Machine, Tanasi

Pool B

Revolver, Johnny Bravo, Southpaw, Madcow

Pool C

Doublewide, Sockeye, Ring of Fire, Madison Club

Pool D

Chain Lightning, Truckstop, Streetgang, Furious George

WOMEN'S DIVISION

1. Riot (Seattle, WA)
2. Fury (Bay Area, CA)*
3. Brute Squad (Boston, MA)
4. Capitals (Toronto-Ottawa, ON)
5. Scandal (Washington, DC)
6. Traffic (Vancouver, BC)
7. Phoenix (Triangle Area, NC)
8. Molly Brown (Denver/Boulder, CO)
9. Showdown (Austin, TX)
10. Nemesis (Chicago, IL)
11. Pop (Minneapolis, MN)
12. Bent (New York, NY)
13. Safari (San Diego, CA)
14. Ozone (Atlanta, GA)
15. Storm (Montreal, QC)
16. RevoluTION (St. Louis, MO)

Pool A

Riot, Molly Brown, Showdown, RevoluTION

Pool B

Fury, Phoenix, Nemesis, Storm

Pool C

Brute Squad, Traffic, Pop, Ozone

Pool D

Capitals, Scandal, Bent, Safari

* denotes 2009 USA Ultimate Club Champions



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USA ULTIMATE 2010 MASTERS DIVISION CHAMPIONSHIP



MASTERS SCHEDULE

Pool A		Pool B		Championship Bracket		Placement Bracket			
1	Surly (Minneapolis, MN)	1	Beyonders (Santa Barbara, CA)	Fri 3:30-5:30		Sat 9:30-11:00 Sat 11:30-1:00			
2	GLUM (Ottawa, ON)	2	Boneyard (Cary, NC)	A1	F# 27 (1)	L1	F# 21 (7)		
3	Fig Jam (Calgary, AB)	3	DoG (Boston, MA)	B4		L2			
4	Ball and Chain (Atlanta, GA)	4	Real Huck (Chicago, IL)	B2	Sat 10:30-12:30	L3	F# 21 (11) 5th		
5	Chesapeake (Washington, DC)	5	Rumble (New England)		F# 25 (5)	L4	F# 22 (8)		
6	Le Tigre (Santa Fe, NM)	6	Slow Country Bol (Charleston, SC)	A3	F# 28 (2)	L5			
Thursday, October 28				Sat 3:45-6:00		L7			
Time	Team	Team	F#	Score	Time	Team	Team	F#	Score
9:30	A1	A6	9	-	9:30	B1	B6	12	-
to	A2	A5	10	-	to	B2	B5	13	-
11:30	A3	A4	11	-	11:30	B3	B4	14	-
12:15	A1	A4	9	-	12:15	B1	B4	12	-
to	A2	A3	10	-	to	B2	B3	13	-
2:15	A5	A6	11	-	2:15	B5	B6	14	-
3:00	A1	A2	9	-	3:00	B1	B2	12	-
to	A3	A5	10	-	to	B3	B5	13	-
5:00	A4	A6	11	-	5:30	B4	B6	14	-
Friday, October 29				Sat 10:30-12:30		L8			
Time	Team	Team	F#	Score	Time	Team	Team	F#	Score
9:30	A1	A3	16	-	9:30	B1	B3	26	-
to	A2	A6	17	-	to	B2	B6	29	-
11:30	A4	A5	18	-	11:30	B4	B5	30	-
12:15	A1	A5	16	-	12:15	B1	B5	26	-
to	A2	A4	17	-	to	B2	B4	29	-
2:15	A3	A6	18	-	2:15	B3	B6	30	-
				Sat 1:15-3:15		L9			
				F# 26 (15) 3rd		L10			
						F# 24 (14) 11th			
						F# 23 (13) 9th			
						F# 24 (10)			
						F# 23 (9)			
						B6			
						A5			
						F# 22 (12) 7th			
						L7			
						F# 12 (16) Champions			
						A4			
						F# 16 (3)			
						B1			
						F# 17 (4)			
						A2			
						F# 26 (6)			
						B3			
						L6			
						F# 21 (11)			
						5th			
						7th			
						9th			
						11th			



USA ULTIMATE

2010 MIXED DIVISION CHAMPIONSHIP



Thursday, October 28										Championship Bracket					Placement Bracket			
1		Pool A Slow White (Boston, MA)				Pool C Bucket (Atlanta, GA)				Sat 9:30-11:30					Sat 9:30-11:00		Sat 11:30-1:00	
2		Overhaul (Southeast Michigan)				Mischief (Bay Area, CA)				E1					L-E4/H1			
3		AMP (Philadelphia, PA)				Barrio (Truckee, AZ)				F# 15 (1)					G2 F# 17 (9)			
4		Scientific Method (Iowa City, IA)				wHagenweel (Triangle Area, NC)				W-F4/G1					L-F4/G1		F# 17 (13) 9th	
		F#	Score	F#	Score	F#	Score	F#	Score	Sat 1:15-3:15								
9:30-11:30		A1-A3	4	A2-A4	3	C1-C3	1	C2-C4	2	F2 F# 14 (5)					F# 18 (10)			
12:15-2:15		A1-A4	4	A2-A3	3	C1-C4	1	C2-C3	2	E3 F# 16 (2)					F# 17 (13) 9th			
3:00-5:00		A1-A2	4	A3-A4	3	C1-C2	1	C3-C4	2	Sun 2:30-4:45					H2			
1		Pool B District 5 (New Haven, CT)				Pool D Drag'n Thrust (Twin Cities, MN)				F1					L9			
2		Polar Bears (Castro Valley, CA)				Chad Larson Experience (Ames, IA)				F# 27 (3)					L10 F# 18 (14)		11th	
3		LA Metro (Los Angeles, CA)				Conspiracy Theory (Dallas, TX)				W-E4/H1					L11			
4		Dirty Birds (Southeast Texas)				Snowbirds (Montreal, QC)				Sat 2:15-4:15					H3		F# 29 (15) 13th	
		F#	Score	F#	Score	F#	Score	F#	Score	E2 F# 15 (6)					G3			
9:30-11:30		B1-B3	22	B2-B4	21	D1-D3	20	D2-D4	19	F3 F# 28 (4)					H4		F# 29 (11)	
12:15-2:15		B1-B4	22	B2-B3	21	D1-D4	20	D2-D3	19	Sun 12:00-1:30					H3		F# 29 (15) 13th	
3:30-5:30		B1-B2	22	B3-B4	21	D1-D2	20	D3-D4	19	Sat 2:00-3:30					G4		F# 30 (12)	
Friday, October 29										L1					L11			
NOTE: Seedings for pools E-H reflect W-L record carried over from original pool, not necessarily pool finish. All 1's will be 1-0. All 2's will be 0-1 going into Friday's pools.										L2 F# 27 (7*)					L12 F# 30 (16)			
Pool E					Pool F					L3					L11			
A1					B1					L4 F# 28 (8*)					L12			
C1					D1					L7					L11			
C2					D2					L8					L12			
A2					B2					L7 F# 28 (16)					L12			
		F#	Score	F#	Score	F#	Score	F#	Score	L8					L12			
9:30-11:30		A1-C2	9	C1-A2	10	B1-D2	11	D1-B2	12	L7					L12			
12:15-2:15		A1-C1	9	A2-C2	10	B1-D1	11	D2-B2	12	L8					L12			
3:30-5:30		E4-H1	10	F4-G1	11	E4-H1	10	F4-G1	11	L7					L12			
Pool G					Pool H					L7					L12			
A3					B3					L7					L12			
C3					D3					L7					L12			
C4					D4					L7					L12			
A4					B4					L7					L12			
		F#	Score	F#	Score	F#	Score	F#	Score	L7					L12			
9:30-11:30		A3-C4	3	C3-A4	4	B3-D4	21	D3-B4	22	L7					L12			
12:15-2:15		A3-C3	3	A4-C4	4	B3-D3	21	B4-D4	22	L7					L12			
3:30-5:30		E4-H1	10	F4-G1	11	E4-H1	10	F4-G1	11	L7					L12			





USA ULTIMATE 2010 OPEN DIVISION CHAMPIONSHIP



Thursday, October 28										Championship Bracket										Placement Bracket									
Pool A Ironside (Boston, MA) PoNY (New York, NY) Machine (Chicago, IL) Tanasi (Eastern Tennessee)					Pool C Doublewide (Austin, TX) Sockeye (Seattle, WA) Ring of Fire (Raleigh-Durham, NC) Madison Club (Madison, WI)					Sat 9:30-11:30 E1 F# 11 (1) W-F4/G1					Sat 1:15-3:15 F2 F# 12 (2) E3					Sat 9:30-11:00 L-E4/H1 G2 F# 1 (9) L-F4/G1 F# 2 (10) H2					Sat 11:30-1:00 F# 1 (13) 9th				
9:30-11:30	A1-A3	B	-	A2-A4	7	-	C1-C3	6	-	C2-C4	5	-	Sun 11:45-2:00 F1 F# 13 (3) W-E4/H1					Sun 11:45-2:00 F# 12 (19) Champions					L9 F# 2 (14) L10 11th						
12:15-2:15	A1-A4	B	-	A2-A3	7	-	C1-C4	6	-	C2-C3	5	-	Sat 2:15-4:15 E2 F# 14 (4) F3					Sat 2:15-4:15 F# 11 (6)					F# 19 (11) H4						
3:00-5:00	A1-A2	B	-	A3-A4	7	-	C1-C2	6	-	C3-C4	5	-	Sat 12:00-1:30 L1 F# 11 (7) L2					Sat 2:00-3:30 L3 F# 13 (6) L4					F# 19 (15) 13th F# 20 (12) G4						
Pool B Revolver (Bay Area, CA) Johnny Bravo (Colorado) Southpaw (Philadelphia, PA) Madow (Columbus, OH)					Pool D Chain Lightning (Atlanta, GA) Truckstop (Washington, DC) Streetgang (San Diego, CA) Furious George (Vancouver, BC)					Fri 9:30-11:30 B1-B3 28 - B2-B4 25 - D1-D3 24 - D2-D4 23 - 12:15-2:15 B1-B4 26 - B2-B3 25 - D1-D4 24 - D2-D3 23 - 3:30-5:30 B1-B2 26 - B3-B4 25 - D1-D2 24 - D3-D4 23 -					L7 F# 16 (18) 7th L8					L11 F# 20 (16) L12 15th									
Friday, October 29										NOTE: Seedings for pools E-H reflect W-L record carried over from original pool, not necessarily pool finish. All 1's will be 1-0. All 2's will be 0-1 going into Friday's pools.																			
Pool E A1 C1 A2					Pool F B1 D1 D2 B2					Pool G A3 C3 G4 A4					Pool H B3 D3 D4 B4														
9:30-11:30	A1-C2	13	-	C1-A2	14	-	B1-D2	15	-	D1-B2	27	-																	
12:15-2:15	A1-C1	13	-	A2-C2	14	-	B1-D1	15	-	D2-B2	27	-																	
3:30-5:30	E4-H1	12	-	F4-G1	13	-	E4-H1	12	-	F4-G1	13	-																	
9:30-11:30	A3-C4	5	-	C3-A4	6	-	B3-D4	23	-	D3-B4	24	-																	
12:15-2:15	A3-C3	5	-	A4-C4	6	-	B3-D3	23	-	B4-D4	24	-																	
3:30-5:30	E4-H1	12	-	F4-G1	13	-	E4-H1	12	-	F4-G1	13	-																	



USA ULTIMATE

2010 WOMEN'S DIVISION CHAMPIONSHIP



WOMEN'S SCHEDULE

Thursday, October 28										Championship Bracket					Placement Bracket				
1		Pool A Riot (Seattle, WA)				Pool C Brute Squad (Boston, MA)				Sat 9:30-11:30					Sat 9:30-11:00				
2		Molly Brown (Denver-Boulder, CO)				Traffic (Vancouver, BC)				E1 F# 7 (1)					L-E4/H1				
3		Showdown (Texas)				Pop (Minneapolis, MN)				W-F4/G1					G2 F# 3 (9)				
4		RevoLUTION (St. Louis, MO)				Ozone (Atlanta, GA)				F2 F# 8 (2)					L-F4/G1 F# 4 (10)				
9:30-11:30		A1-A3	27	-	A2-A4	28	-	C1-C3	29	-	C2-C4	30	-	Sat 1:15-3:15					
12:15-2:15		A1-A4	27	-	A2-A3	28	-	C1-C4	29	-	C2-C3	30	-	F# 12 (5)					
3:00-5:00		A1-A2	27	-	A3-A4	28	-	C1-C2	29	-	C3-C4	30	-	E3					
Friday, October 29										Sun 9:00-11:15					Sat 11:30-1:00				
1		Pool B Fury (Bay Area, CA)				Pool D Capitals (Toronto-Ottawa, ON)				F1 F# 9 (3)					L9 F# 4 (14)				
2		Phoenix (Triangle Area, NC)				Scandal (Washington, DC)				W-E4/H1					L10 F# 4 (14)				
3		Nemesis (Chicago, IL)				Bent (New York, NY)				E2 F# 10 (4)					G3 F# 5 (11)				
4		Storm (Montreal, QC)				Safari (San Diego, CA)				F3 F# 10 (4)					H4 F# 5 (11)				
9:30-11:30		B1-B3	15	-	B2-B4	16	-	D1-D3	17	-	D2-D4	18	-	Sat 2:15-4:15					
12:15-2:15		B1-B4	15	-	B2-B3	16	-	D1-D4	17	-	D2-D3	18	-	F# 13 (6)					
3:30-5:30		B1-B2	15	-	B3-B4	16	-	D1-D2	17	-	D3-D4	18	-	F3					
NOTE: Seedings for pools E-H reflect W-L record carried over from original pool, not necessarily pool finish. All 1's will be 1-0. All 2's will be 0-1 going into Friday's pools.										Sat 12:00-1:30					Sat 2:00-3:30				
Pool E					Pool F					L1 F# 7 (7)					G4 F# 5 (15)				
A1					B1					L2 F# 7 (7)					H3 F# 8 (12)				
C1					D1					L3 F# 8 (8)					L11 F# 6 (16)				
C2					D2					L4 F# 8 (8)					L12 F# 6 (16)				
A2					B2					L7 F# 8 (18)					7th				
9:30-11:30		A1-C2	7	-	C1-A2	8	-	B1-D2	25	-	D1-B2	26	-	5th					
12:15-2:15		A1-C1	7	-	A2-C2	8	-	B1-D1	25	-	D2-B2	26	-	6th					
3:30-5:30		E4-H1	14	-	F4-G1	15	-	E4-H1	14	-	F4-G1	15	-	7th					
Pool G					Pool H					L7 F# 8 (18)					7th				
A3					B3					L8 F# 8 (18)					7th				
C3					D3					L9 F# 8 (18)					7th				
C4					D4					L10 F# 8 (18)					7th				
A4					B4					L11 F# 8 (18)					7th				
9:30-11:30		A3-C4	1	-	C3-A4	2	-	B3-D4	19	-	D3-B4	20	-	7th					
12:15-2:15		A3-C3	1	-	A4-C4	2	-	B3-D3	19	-	B4-D4	20	-	7th					
3:30-5:30		E4-H1	14	-	F4-G1	15	-	E4-H1	14	-	F4-G1	15	-	7th					

HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies, and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal and he/she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30 a.m. each day. Directions to the local hospital can be found in the "Directions" section of this program.

CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion, and balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the athlete see a medical professional. Medical staff members are on hand at Tournament Central.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness
- Avoid alcohol, caffeine, and carbonated beverages.
 - Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
 - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.

- Know your body - Be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much: Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine: Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness: If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system, and through field marshals equipped with radios, if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.



- Event staff will use the "flash-to-bang" method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

SPORTS MASSAGE THERAPY

The Florida State Massage Therapy Association Sports Massage Therapy Team will be available next to the medical tent near the pavilion. These professional Licensed Massage Therapists will be working on a \$1/minute pay-as-you-go system. They will provide Pre- and Post-Sports Massage Therapy from 8:00 a.m. through the end of games each day.

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SPIRIT AWARDS

Ultimate has traditionally relied upon a spirit of sportsmanship which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed-upon rules of the game, or the basic joy of play. - 11th Edition USA Ultimate Spirit Ratings Guidelines.

TEAM AWARDS

Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the rating for the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award after its division's finals.

USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (lowest level):

- 5:** Highest level of respect shown throughout game toward opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.
- 4:** Respect shown throughout the game toward opponents, officials and spectators. For the level of play, showed above-average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from enjoyment of the game. The opposing team played fairly and with a good attitude.
- 3:** Generally exhibited respect toward opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from enjoyment of the game. The opposing team generally played fairly and with a decent attitude.
- 2:** Exhibited a lack of respect toward opponents, officials and spectators. For the level of play, showed a lack of knowledge of or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.
- 1:** Exhibited a major lack of respect toward opponents, officials and spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.

INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team, but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal, prize disc (courtesy of DISCRAFT), and fuzzy hat (courtesy of FIVE ULTIMATE).

**Thanks to Discraft and Five Ultimate
for their support of Ultimate and Spirit of the Game!**

PETER FARRICKER SPIRIT OF THE GAME AWARD

The spirit award in the Open Division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. This award is given to a player in the Open Division of the USA Ultimate Championship Series deemed to have exhibited personal responsibility, integrity and fairness combined with a high standard of playing ability. Each qualifying Open team nominates one player from its roster who best represents the Spirit of the Game. At the Open Championship, each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. A selection committee watches the Open semifinal round and selects one of the four semifinal nominees as the winner. The award will be presented after the Open Finals. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley, Josh McCarthy, and Robbie Cahill.

KATHY PUF AHL SPIRIT OF THE GAME AWARD

The Women's Division spirit award builds upon the foundations of SOTG that are reflected in the Farricker Spirit Award: ability, fairness and integrity. The Kathy Pufahl Spirit Award also recognizes those individuals who give back to our sports and is presented to the player(s) deemed to have exhibited personal responsibility, integrity and selfless contribution to Ultimate, combined with a high

standard of playing ability. Each qualifying Women's team nominates one player from its roster as the person who best represents the Spirit of the Game and has contributed in a substantial way to their Ultimate community. At the Club Championships, each of the 16 nominees is honored with a memento reflective of Kathy's love of horticulture. A vote of the qualifying teams will determine the recipient of the Pufahl Award, which will be presented after the Women's Finals. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, Deanna Ball, Allison Boyd and Jody Dozono.

MARTY BAKKO SPIRIT OF THE GAME AWARD

This year USA Ultimate is adding a new individual spirit award in the Masters Division to recognize one player in that division who stands out for their commitment and love of the game. The Masters Division spirit award honors players that embody the best attributes of Ultimate. Like Marty Bakko, these individuals: have an infectious sense of humor; possess a long-term passion for the sport of Ultimate; display a commitment to fair play, integrity and respect for their opponent; are shrewd, tactical innovators on the field; show an intense, competitive Spirit; and are leaders who inspire others to act. Each qualifying Masters team nominates one player from its roster as the person who best represents the Spirit of the Game and the qualities listed above. At the Club Championships, a vote of the qualifying teams will determine the recipient of the Marty Bakko Award, which will be presented after the Masters Finals.

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MASTERS DIVISION

BALL & CHAIN ATLANTA, GA

Captains: Daniel A. Powers, Dan Konisky, Charlie Yood
Coach: Chester Harich

Ball & Chain was formed to give Atlanta based Masters Ultimate players a welcome weekend pass (once in awhile) from the old Ball & Chain at home. Affectionately known as B&C, the team first formed in 2006, making the Championships in their first year together. After a two year absence, B&C again qualified for Championships in 2009, finishing 9th. In 2010, building on their momentum from 2009, the dashing handsome southern gentlemen of B&C added a number of Nationals vets from Atlanta, Florida, Alabama and Tennessee and won the South Regionals for the first time since 2006.



ROSTER

1	Johnny McDonald	6'0"	37
2	Erik Peterson	5'9"	41
4	Aaron Moredock	6'1"	35
5	Chris Hatton	5'8"	38
6	Charlie Yood	5'10"	41
7	Raley Parker	6'2"	34
8	Otto Depenbrok	6'0"	38
9	Carlos Nunez	5'8"	36
10	Mark Moore	6'3"	40
13	David Leedle	5'10"	40
14	Dan Powers	6'1"	47
15	Dan Konisky	5'10"	39
16	Marc Seto	5'9"	40
17	Doug Schwartz	5'10"	40
21	Dave Chaiken	5'10"	48
22	KC Hill	5'9"	33
23	Greg Allpow	6'4"	44
33	Andy Church	5'9"	44
42	Hale Brown	6'0"	42
43	Jay Pigford	6'1"	40
44	Jon Meade	5'8"	35
46	Rex Taylor	6'0"	40
51	Dave Goode	5'10"	41
55	Mark Driver	6'1"	39
71	Darius Khonsary	6'0"	42
77	Donovan Thomas	6'4"	44
88	Chris Dawson	5'10"	40

BEYONDORS SANTA BARBARA, CA

Captain: Jeff Landesman
Coach: Steve Dugan

The Santa Barbara Condors were formed in the mid 1970s and have been a major part of Ultimate's past and present. In 1993, a group of veteran Condors combined with friends and foe from rival teams such as The Mudsharks, The Iguanas, The Dark Star, and The Huligans of Hawaii. This original Beyondor team won a National Championship in San Antonio, Texas in the Fall of 1993. In 2009 the Beyondors placed 3rd losing 14-12 to eventual champion Troubled Past in a hard fought semifinal match. This year the team has invited some friends from Colorado to join them for some awesome fun in Sarasota. Congratulations and good luck to all the teams qualifying for this year's Championship!



ROSTER

4	JD Lobue	5'8"	41
5	Pete Wells	5'7"	44
7	Jeff Landesman	5'9"	49
8	John Frantz	5'11"	46
9	Frank Phillips	6'0"	43
10	Matt Krei	6'0"	41
11	Scott Bennett	5'11"	40
12	Mike Morrissey	5'10"	49
13	Buzz Ellsworth	6'0"	50
15	Jim Nolte	6'1"	40
24	Jim Middlebrook	6'0"	45
25	Brendon Pardington	5'8"	39
31	Matt Lefevre	5'8"	41
32	Carl Edwards	6'0"	45
33	Steve Dugan	5'10"	40
42	Randy Ricks	6'3"	51
44	Jim Mallon	5'8"	48
73	Jeremy Brown	5'8"	37
76	Jimmy Glynn	5'11"	49
99	Garrett Headley	5'11"	43

MASTERS DIVISION

BONEYARD

CARY, NC

Captains: Mark Britt, John Boswell, Terry Kramer, Augie Kreivenas, Tim Lupo

Coach: Roger Lassiter

Born of the swamp voodoo incantations of a former Naval seaman and his Cranky crew, cast over the resilient goat bones of some of old Thor's chariot team, Boneyard has been snatching up prize players from Asheville to Nags Head since 2005 and striving to make them Masters of the Mid-Atlantic domain. Staving off rigor mortis with a smooth blend of mountain moonshine, eastern bear paw stew, and good old fashioned radioactive green chaw resin grown near Shearon Harris Nuclear, this year Boneyard clinched the top spot in its region. Joining the surviving seven founders and eleven returners from last year are ten new recruits, including five ex-Ring of Fire players. We're a scary looking bunch who don't get out of the Piedmont much, but we plan to get to know you and your hip pocket in 'Sota, so don't mind those little jabs you feel in your back and sides before the first pull, or that strange chanting, smell, and green smoke rising from our sideline, 'cuz that's just us fixin' to put some voodoo NASCAR style rubbing on you, all in good fun, of course. May the best black magic, er, team win.



BONEYARD

ROSTER

1	Jason Rector	5'11"	34
2	Mark Britt	5'8"	48
3	Dwayne Purper	5'8"	43
4	Christoph Boshoff	6'2"	43
5	Tim Lupo	5'10"	41
6	Brian Sherry	6'2"	34
7	Ray Parrish	6'1"	33
8	Brian Lang	6'0"	36
9	Matthias Mueller	5'10"	33
10	Rodney Guajardo	5'11"	38
11	John Boswell	5'10"	50
12	Terry Kramer	6'2"	37
13	Nathan Fritze	6'1"	39
15	Eric Davis	6'2"	46
17	Brett McCall	6'2"	35
19	Bobby Wilson	5'11"	37
20	Derek Darr	5'10"	34
21	Daran Edmonds	6'8"	42
23	Bobby Velt	6'1"	35
28	Jeff Plentl	5'10"	35
29	Sunny Lo	5'9"	46
30	Jon Proctor	6'0"	41
34	Augie Kreivenas	6'1"	45
41	Trent Morrow	5'10"	36
42	Alan Hoyle	5'8"	36
47	Roger Lassiter	5'11"	47
54	Rich Mason	5'10"	38
98	Christopher Shepard	5'5"	39

CHESAPEAKED

WASHINGTON, DC

Captains: AJ Iwaszko, Phong Trieu

Setting a blistering pace of seven tournaments in three years, Chesapeake is primed and ready to go. After sagging a bit last year, we've picked up some new faces (rookies are always good for a round or two) to go along with some of our usual suspects. Though based in Washington D.C., we consider ourselves an international group, having strong ties to Scotland and Ireland. Not unlike many of our Master's counterparts, we've been playing this game for decades. Our halcyon days of our early years in ultimate were replete with hard running and creative throws, deep bombs and big skies. Now, creative running and hard throws, car bombs and dark skies rule the day. Once again, we return to Sarasota for another shot at glory. We'll see you on the field and see you at Mr. Bigs. What's a boat race?



ROSTER

1	Eric Wenck	5'8"	
2	Keith Scott	5'10"	
3	Rich Hart	5'7"	
4	JB Harrington	6'1"	
5	Phong Trieu	5'6"	
7	Clayton Coltman	5'11"	
8	Tom Glass	6'0"	
9	Patrick Mackie	6'4"	
10	Geyer Jones	6'0"	
11	Len Magargee	6'1"	
12	Troy Revell	6'0"	
13	Tim Eubanks	5'9"	
16	Tom Maroon	5'9"	
17	Stu Dalheim	5'7"	
21	Anthony Iwaszko	6'0"	
22	Kevin Cale	6'1"	
23	Erik O'Donoghue	6'4"	
25	Joel Shuman	5'7"	
27	Jeff George	5'9"	
28	Patrick Vennebush	6'1"	
31	Kevin Lenaburg	5'9"	
35	Andrew Rutledge	6'4"	
42	Chris Schulze	6'0"	
51	Utsav Schurmans	5'11"	
73	Ed Midden	6'1"	
77	Greg Heltzer	6'0"	
91	Wei Lu	5'10"	
	Brendan Smith	5'7"	
	Fred Van Dyk	5'10"	



MASTERS DIVISION

DOG BOSTON, MA

Captains: Alex de Frondeville, Jim Parinella

DoG (Death or Glory) is one of the most storied franchises in ultimate history. Created after years of crushing defeats, this Boston team won six consecutive Open National championships from 1994-1999 and continued to be a presence on the national scene for years afterward. After the retirement of its final original members, the team immediately made its mark in the Masters Division, capturing a National Championship in 2007, a World Championship in 2008, and the inaugural Grand Masters Championship in 2009. 2010 could be the final performance of DoG in the Masters Division.



ROSTER

0	Phil Lawrence	6'0"	45
1	Alex de Frondeville	5'11"	43
2	Jay Watson	5'11"	43
3	Jim Johnston	5'6"	47
6	David Fausel	6'2"	41
9	Chris Lehner	6'2"	36
10	Marshall Goff	5'11"	41
13	Dennis Karlinsky	5'11"	38
14	Simon Verghese	5'8"	45
17	Gary Bernard	5'6"	45
21	Jason Flock	6'0"	41
22	Joseph Chartier	5'11"	34
23	Calvin Lin	5'9"	47
24	Sam Berry	5'5"	42
25	Matt Anderson	6'0"	35
28	Mike Cooper	6'2"	43
37	Jesse Kalb	6'0"	40
44	Matt Pinckney	6'6"	39
48	Joshua Blouwolf	6'1"	35
55	Aaron Brown	6'1"	40
70	Jordan Haskell	5'8"	46
71	Larry David	5'3"	39
88	Jim Parinella	5'10"	45

FIG JAM CALGARY, AB

Website: www.figjamultimate.com

Captains: Chris Artibello, Mike Bishop, Greg O'Brien, Allan Carswell

Fig Jam was formed in the Spring of 2007 with the goal of heading to Canadian Nationals in Toronto and securing the bid to represent Canada at Worlds in 2008 in Vancouver. The learning curve in Toronto was steeper than anticipated and the boys of FJ suffered a bitter defeat to eventual champions, Toronto, in the semifinal. Determined for better in 2008, Fig Jam took another step, this time on home soil in Calgary, Alberta. FJ earned the right to battle the powerful GLUM; the first final appearance by a Calgary Masters team since 2004. Outplayed, they lost 15-6 in front of the home crowd. A similar opponent and score followed in 2009. In 2010, Calgary again battled longtime nemesis GLUM. It was a war. The final score was 15-12 and for the 3rd consecutive year, a National title eluded them.

Undeterred in their quest for their first National title and the chance to represent Canada at Worlds in 2012, FJ decided it was necessary to hone their game at the 2010 USA Ultimate Club Championships. On October 2, in Ripon, CA, Fig Jam secured the NW Regional title and earned their first ever bid at USAU Club Championships; a first for Calgary Ultimate.



ROSTER

1	Alex Cross	6'0"	37
2	Phil Ruebel	6'3"	34
3	Dave Hammond	6'3"	42
4	Adam Topp	5'11"	38
5	Curtis King	5'6"	44
11	Jason Saygnavong	5'10"	33
14	Byron Chamberlain	6'0"	34
15	Al Carswell	6'3"	38
16	Bryan Krawchyszyn	5'11"	41
17	Paul Schiess	6'0"	45
19	Greg O'Brien	5'10"	47
21	Mark McGhee	5'10"	38
25	Dwayne McFaddin	5'11"	35
26	Wayne Chamberlain	5'10"	35
31	Jeremy Hebert	6'4"	33
34	Dave McLean	5'11"	33
35	Curtis Daviduke	5'10"	38
36	Bill Sherrard	6'2"	49
41	Kerry Karter	6'2"	49
44	Brad Powell	6'0"	40
53	Herb Kaup	5'9"	41
55	Chris Artibello	5'6"	37
66	Jeremy Powell	5'10"	33
71	Lars Fjelstad	6'0"	42
73	Peter Lewis	5'9"	36
74	Bryan Slauko	5'9"	36
76	Michael Bishop	6'1"	38
77	David Burdziuk	5'11"	34
88	Rolie Ryan	5'8"	36

MASTERS DIVISION

GLUM

OTTAWA, ON

Website: www.glum.ca

Captains: Blayne Ferguson

GLUM is the defending three-time Canadian Champion and is returning to Sarasota for the 6th time in 8 years. Green Light Ultimate Masters began as an open team over a decade ago and has always been a team of high level play but highly entertaining characters as well. This year is no different as GLUM is looking to improve on last year's 5th place finish. With new additions from the open ranks (Mark Zimmerl, Dan Fassina, Brett Taylor, Ewan Reid and Dan Turcotte) to an already solid returning cast (David Janssen, Simon Teather, Pete Knowles, Owen Lumley and Chris Keith), GLUM is ready to make it's strongest showing at the Championships yet. GLUM will have the deepest roster they have ever sent to the tournament, a nice problem for captain Blayne Ferguson to have. Off the field, be sure to seek out master socialite and conversation sensation Dave Maggs who is sure to thrill audiences.



ROSTER

00	Mike Hill	6'5"	41
2	Dan Turcotte	5'9"	37
3	Brett Taylor	6'1"	37
4	Ewan Reid	5'10"	33
5	Marc Pepin	5'10"	33
6	Sean Harkins	6'1"	34
7	Derek Hodgson	6'4"	34
8	David Janssen	5'11"	37
9	Brent Cournoyer	6'0"	34
10	David Maggs	6'0"	44
11	Dan Fassina	6'1"	36
13	Ian Brooks	6'3"	37
14	David Lindsay	5'11"	41
15	Eric Budgell	5'10"	37
16	Mark Zimmerl	6'5"	41
17	Paul Morrison	5'9"	44
18	Geofford Seaborn	6'3"	33
22	Owen Lumley	6'0"	35
23	Jamie Noonan	6'4"	40
25	Eric Gross	5'10"	37
31	Eric Hassenzahl	5'10"	42
38	Chris Keith	6'0"	40
39	Simon Teather	5'9"	36
40	Pete Knowles	6'2"	43
44	Blayne Ferguson	5'11"	36
50	Seton Stiebert	6'0"	39
52	Todd Beech	5'10"	34
54	Mike Reeves	6'0"	38
72	Glenn Walker	5'10"	38

LE TIGRE

SANTA FE, NM

Captains: Mike Garvey

Combining a love of 3D glasses, David Hasselhoff and tight Izod knock-offs, Le Tigre brings a fresh breath of desert good-spirit to the Ultimate field. As gentle off the field as we are ferocious on, we are a bunch of good-natured and good-looking fellows. Row!



ROSTER

1	Justin Childs	6'0"	38
2	Chuck Randall	6'2"	33
3	Riley Merline	6'1"	33
5	Ted Winrow	5'7"	36
6	Brad Rosen	5'7"	38
7	Mike Garvey	5'10"	38
8	Dave Gleeson	5'7"	33
9	Chris Fontes	5'6"	44
10	Henrik Sandin	5'11	33
11	Joe Lindsay	6'0"	48
13	Matt Tuite	6'6"	33
14	Steve Barrett	6'0"	37
15	Dan Steuer	5'9"	42
20	Brett Linder	5'10	34
21	Venu Manne	5'9"	35
22	Dan Guevara	5'10"	44
25	Aaron Miller	5'11"	37
29	Alex LoRusso	6'2"	40
31	Nate Austin	6'4"	40
37	Louis Bair	5'12"	45
40	Aaron Jacobs	6'6"	39
44	Matt St. John	6'3"	42
46	Brandon Campbell	5'11"	34
48	Nick Sisneros	5'9"	33
66	Jamal Yusof	6'0"	44
77	Kelly Swiry	6'0"	33
86	Mark Zuliani	5'11"	38
88	Jesse Sherr	6'3"	34

MASTERS DIVISION

REAL HUCK CHICAGO, IL

Captains: John Hock, Eric Geile

The big play that hopefully results in a huge score. The skill and teamwork needed to try. The excitement and exuberance when it works. That is a Huck. Accomplishing that feat on a team level is a Real Huck.

In our fifth season, Real Huck returns the majority of its players for the first time. We have ambitious goals for Midwest melting pot of players who have (again) had no practices this season. We had our best finish at the Championships last year, and hope our added talent and cohesiveness allows us to complete a Real Huck when we go for it again this year.



ROSTER

00	Steve LaCrosse	6'3"	39
1	Akira Yamaguchi	5'8"	33
2	Tom Pearl	6'0"	37
4	Chris Reynolds	5'9"	43
6	Eric Zaslow	6'0"	42
7	Billy Thiesen	5'8"	47
10	Paul Devine	5'9"	43
11	Andrew Murray	5'9"	40
12	Gary Ledonne	5'10"	36
13	Eric Geile	6'4"	37
21	Brian Schulz	5'9"	33
22	Dave Ross	5'7"	41
25	Adam Krawitz	6'4"	35
31	Marc Landau	6'3"	45
32	Keith Allen	5'8"	38
33	Dan Zistler	6'3"	40
34	John Hock	5'11"	46
36	Ed Serzo	5'7"	38
44	Mark Houska	5'11"	45
45	Paul Callaway	5'9"	35
49	Jon Werbianskyj	5'10"	35
50	Eric Koch	6'3"	47
52	Graham Smith	6'0"	39
76	Josh Fox	6'0"	34
77	Andy Leinbach	6'0"	33
80	Mike Fritz	6'0"	39
88	Leo Wang	6'4"	35

RUMBLE NEW ENGLAND

Captains: Jim Olson, Jim Bianco, Brian Mahoney

A team named Rumble Strip formed in the spring of 2010, the name chosen when said highway feature kept one of our players from driving off the road. But it turns out two words is one too many for Masters players to remember or shout, so it was shortened to Rumble because it rolls off the tongue and sounds all macho, even if we are perhaps (perhaps!) no longer in the prime of our macho years (except for Taylor).



ROSTER

0	Brian Nichols	5'10"	41
2	Matt Mann	5'9"	40
3	Jim Olson	6'1"	46
4	Mike Kelley	5'9"	42
5	Patrick Hennessey	5'11"	40
11	Woody Clift	5'4"	35
12	Brian Mahoney	5'11"	39
13	Jed Geary	6'5"	40
14	Matt Davis	6'2"	35
17	Drew McDowell	6'0"	41
18	Doug Parent	5'11"	40
19	Jon Bakija	5'10"	42
21	Evan Hardcastle	6'0"	33
22	Tim Sultan	5'10"	43
27	Tom Gibbons	6'2"	34
28	Tony Leonardo	6'5"	37
37	Jim Bianco	6'4"	40
47	Evan Blumberg	6'4"	33
56	Brian Cleary	6'2"	42
77	Jason Wyman	5'8"	33
81	William Taylor	5'8"	41
86	Mark Gross	5'8"	41
97	Tommy Kim	5'11"	33
98	Dave Hollander	6'1"	39
99	Taylor Richey	6'4"	37

MASTERS DIVISION

SLOW COUNTRY BOIL CHARLESTON, SC

Captains: Will Bradshaw & Jimmy Brice

The Slow Country Boil is a second year master's team based out of Charleston, SC. We are a mix of corn, potatoes, sausage, and shrimp cooked slowly in a large pot with Old Bay seasoning. Oh, and we are "boiling over" about our Nationals debut!



ROSTER

0	Jake Bonenberger	5'11"	36
1	Eric Betzhold	5'11"	33
3	Keith Doucette	5'7"	36
6	Rich Holder	5'10"	52
7	Jason Chasteen	5'10"	35
8	Pete Giusti	6'0"	44
11	Geoff Smith	5'9"	35
13	Kenny Goodenow	6'2"	32
15	Sean Britton	6'0"	37
17	Lincoln Wilson	5'11"	44
18	Todd Trevillian	5'10"	41
19	Lee Norona	5'10"	48
25	Mike Barefoot	6'0"	43
29	Will Bradshaw	6'4"	34
32	Jimmy Brice	5'10"	38
33	Dan Beck	5'8"	44
46	Kirk Waters	6'0"	47
89	Greg Williams	6'0"	46
99	Jason Allman	6'4"	35

SURLY MINNEAPOLIS, MN

Website: www.surlybrewing.com

**Captains: Randy Gage, Phil Bowen,
John Chandler-Pepelnjak**

Surly Ultimate is a team defined by what we are not. Many of us were rejected by Harvard and ended up at Carleton. Several of us thought we attending the University of Minnesota, but had mistakenly filled out applications for Winona State. That mix is heartily seasoned with the grrr-factor of the Macalester Blue Monkeys, the sober Protestant judgment of the St. Olaf Oles, the turnover-associated guilt of small Midwestern Catholic schools, the we-need-a-bigger-hammer sensibility of the Wisconsin Hodags, and a few members of the Tribe who lacked better alternatives. Surly is also famous for its height-neutral roster decisions and outreach work with Europe's little people. As always, we proudly play under the banner of the finest brewery in North America, Surly Brewing, and continue to dedicate our efforts to our late beloved friend, Marty F. Bakko. This is our 11th trip to the Dance. We are shining our shoes, slicking down our cowlicks, and straightening our ties. We can't wait for the music to start.



ROSTER

0	Ricky Eikstadt	5'8"	39
1	Fritz Burkhardt	6'2"	36
2	Ron Kubalanza	5'11"	35
3	Eric Lonsdorf	5'9"	36
4	Jim Mott	5'7"	43
6	Bill Cooper	5'9"	39
7	Paul Anderson	6'0"	41
8	Dave Steglich	5'9"	43
10	Kenny Faase	6'2"	43
11	Mark Enright	5'10"	43
12	Randy Gage	5'9"	36
13	Jeremy Alden	5'9"	45
14	Phil Bowen	5'11"	36
16	John Sandahl	6'1"	34
17	Dan Rydel	5'10"	45
18	Seth Grossinger	5'5"	37
21	Don Tom	5'9.5"	38
22	Dave Boardman	6'0"	38
24	Allon Katz	6'1"	36
25	Adam Goff	6'0"	41
27	Grady Hannah	6'1"	37
28	Eric Enge	6'4"	45
33	Mark Severt	5'9"	40
35	Charlie Reznikoff	5'11"	35
36	Russ Adams	5'6"	47
37	John Chandler-Pepelnjak	6'6"	36
39	Chris York	6'1"	41
79	Steve Ridgely	5'10"	36
86	John Fenske	6'1"	41



MIXED DIVISION

AMP

PHILADELPHIA, PA

Website: phillyamp.com

Captains: Jeff Loperfido, Jill Domanico,
Patrick Sherlock

AMP is proud to represent the Founders' Section and Philadelphia at the Ultimate Club Championships for the sixth straight season. AMP stands for Aloha Mixed Plate, Ain't My Problem, Alternative to Marriage Project, American Mixed from Philadelphia, Always Mentally Prepared and Asian Massage Parlor.



ROSTER

0	Eugene Yum	6'1"	29
2	Dan Cavanaugh	5'10"	30
3	Preeti Nalavade	5'6"	23
4	Raha Mozaffari	5'4"	24
5	Patrick Sherlock	5'9"	27
6	Jill Domanico	5'6"	30
7	Jesse Gormley	5'8"	23
8	Alex Grintsvayg	6'0"	23
9	Andrea DeSabato	5'6"	24
11	Jeff Truskin	6'3"	24
13	Melanie Berlin	5'6"	27
14	Kenny Furdella	6'2"	22
15	Harrison Treegoob	5'11"	31
17	Michael Zargham	5'7"	25
20	Ben Pelleg	5'11"	24
21	Kevin McCormick	5'10"	29
22	Keith Torrey	6'6"	23
24	Krista Winalski	5'7"	24
27	Brian Acquaviva	5'8"	21
33	Dave Darowish	6'5"	29
36	Kyle Gotrick	6'3"	24
37	Petter Abrahamsson	6'2"	36
51	Megan Kuhfuss	5'9"	23
66	Jeff Loperfido	6'0"	28
79	Kathi Jenkins	5'4"	41
86	Katie Barry	5'7"	24
99	Kristin Stroupe	5'6"	26

BARRIO

TUCSON, AZ

Captains: Brandon Palmer, Juan Castro

Barrio's O flows like a river gives you the shivers and makes the D quiver

Barrio's D churns out breaks with mad fakes that'll give you aches

Barrio's ladies are quick, they always deliver

Barrio's guys are slick, they run you over

Play Barrio and you'll make mistakes

Don't let us go deep or you'll see defeat, don't let us go under, you'll just get beat

Wearing all black, on the attack, look out for the jack

Arizona to Sarasota, bringing the heat

Breaking the mark, HERE WE GO DARK



ROSTER

01	Deb Oslik	5'5"	27
3	James Weinstein	5'9"	23
4	Anita Richert	5'3"	24
5	Mark Hammond	5'9"	30
6	Kathryn Miller	5'3"	27
9	Jen Pashley	5'3"	23
13	Whitney Elkins		
	-Hutten	5'4"	34
17	Jeff Grobe	6'1"	30
18	Jon Miller	5'7"	27
19	Gretchen Kiehlauch	5'5"	30
20	Jodi McCloskey	6'0"	24
23	Brandon Palmer	6'0"	26
24	Colin Hutten	5'11"	33
25	Alex Smith	6'0"	19
29	Kasi Kiehlauch	5'5"	33
34	Juan Castro	5'9"	28
37	Ryan Hummel	5'8"	24
43	Monika Kotowski	5'6"	34
44	John Marcy	5'9"	26
47	Brendan Shean	5'9"	30
52	Henry Scharf	5'10"	25
55	Gerene Garcia	5'3"	22
62	Brice Dixon	5'8"	19
73	Damon Holmes	6'0"	31
88	Sim Khalsa	5'5"	27

MIXED DIVISION

BUCKET ATLANTA, GA

Website: www.raisingdesign.com/bucket

Captains: Chris Goodson, Chelsea Murphy, Victor Wu

Coach: Calli Ray

Josh Ziperstein once said, "Prayers make prays." He is so wise. After three years of toiling in the mixed division, Bucket has finally been enlightened to this simple truth and in 2010, the year of the Tiger, we hope we can all pray on Sunday. We humbly offer our prayer in hopes you too will share in it with us. Let us pray . . .

Our Bucket, who art in mixed, umbros be thy name

Vanilla Rice be done, Butterflies be won

In our jayers as it is in our prayers

Give us this day our one yearly practice

And forgive us our photo booths, as we forgive those whose photos offend us

Lead us not into Open but deliver us from tryouts

For thine is the pedar and the medar and the serendipity,

For ever and ever

Ramen.



ROSTER

2	Celine Sledge	5'5"	24
3	Jeremy Goecks	5'10"	33
4	Lauren Stewart	5'5"	28
5	Chris Goodson	6'5"	29
7	Doug Sindelar	6'4"	27
8	Jess Cohen	5'8"	29
9	Fred Sieling	6'0"	28
10	Andrew Carter	6'2"	25
11	Chelsea Murphy	5'3"	22
12	Golsa Yazdy	5'7"	22
13	Jeremy Majors	5'9"	25
17	Adrienne Tecza	5'7"	25
18	Michael Arenson	6'2"	22
19	Emily Mitchell	5'6"	24
20	Taylor Nilan	6'0"	24
21	Dani Kaplan	5'5"	21
23	Jessica Cofrin	5'8"	27
24	Tim Ernst	5'11"	26
29	Sam Gainer	6'3"	26
30	Madeline Roorbach	5'9"	18
32	Abby Schuster	5'7"	21
44	Mira Walker	5'5"	23
52	Colin Bellair	5'10"	30
83	Matt Kafonek	6'0"	27
88	Nick Vitone	5'4"	32
92	Victor Wu	5'11"	28
99	Joe Rougeux	6'4"	27

THE CHAD LARSON EXPERIENCE AMES, IA

The Chad Larson Experience would like to thank our families, friends, spouses, significant others, and former teammates for all their support this season and over the years. We'd also like to thank any teams that allowed us to practice with them, and those who travelled to Ames and gave up their time to increase our practice numbers. The Chad Larson Experience has fallen short of Championship title a number of times at the Club Championships, losing to the eventual national champion in the finals of 2004, semis of 2005, and finals of 2009. After qualifying for WFDF World Ultimate Club Championships in 2009, CLX made it their goal to win the self-defined Triple Crown of Mixed Ultimate. The three tournaments included were Poultry Days (which CLX had performed well at, but never won), WFDF Club Worlds, and USAU Club Championships. After winning Poultry Days for the first time in June, CLX travelled to Prague in early July and claimed a World Title, going undefeated over the week and winning in finals 17-10. The only tournament title left unclaimed is the USAU Club Championships. It should prove to be the toughest yet, and if won, the most satisfying.



ROSTER

1	Kevin Seiler	5'11"	31
3	Taiwo Misra	5'3"	26
4	Kate Sanders	6'0"	25
6	Jessica Hoppe	5'8"	24
7	Jon Misra	5'9"	25
10	Chelsea Twohigh	5'6"	25
12	Rachel Sheldahl	5'3"	28
13	Dan Kresowick	6'1"	30
14	Ben Lyons	6'0"	25
17	Steven Rice	6'1"	25
19	Jasmine Draper	5'3"	23
21	Amy Sheldahl	5'3"	31
22	Shawn Whall	5'8"	25
23	Melissa Gibbs	5'7"	24
24	Mike Lun	5'9"	26
25	Joe Brisbois	6'0"	25
27	Drew Strikwerda	6'5"	31
28	Jessy Erickson	5'9"	22
31	Doug Jacobs	6'2"	29
45	Jon Staron	5'10"	27
49	Steph Jacobs	5'6"	27
50	Blake Larson	6'0"	26
54	Chris Mayne	6'4"	29
70	Andrew Wimer	5'11"	26
71	Jeremy Meyer	6'4"	27
77	Kurt Brorsen	6'3"	26
93	Kyle Gill	6'0"	26

MIXED DIVISION

CONSPIRACY THEORY DALLAS, TX

Captains: Brian Shumard and Christina Robinson

C.T. is a Dallas, TX based team that has mixed young and old, experienced and new with tall and short. The team comprises of a handful of ladies from T.W.S.S.; the experienced and old from Mileage/Hang Time and some young athletic peeps from the great state of Texas. It has been exciting to watch this team grow and make it to the show.

CONSPIRACY
THEORY

ROSTER

2	Dana Le Claire	5'7"	31
3	Sara Caffey	5'5"	26
4	Peter Doyle	5'11"	24
5	Gina LeClaire	5'7"	31
6	Christina Robinson	5'9"	36
7	Dave Trett	6'3"	30
8	Jason Caffey	5'9"	30
9	April Grady	5'7"	34
11	Dibbit Sellers	5'4"	44
12	Amanda North	5'10"	24
14	Lenny Correll	5'10"	36
16	Aron Phillips	6'0"	22
17	John Martin	5'11"	32
19	Brian Shumard	6'2"	37
21	John Grzywinski	5'11"	36
22	Kelly Robinson	6'2"	37
23	Pam McLemore	5'3"	46
25	Jake Gross	6'3"	24
31	Dave Brooks	5'10"	24
32	Tom Etchison	6'5"	39
80	Mike Smith	5'11"	29
81	Blake Mcglaun	5'4"	19

DIRTY BIRDS AUSTIN/SAN ANTONIO/ HOUSTON, TX

Captains: Hugh Daschbach and Laney Bevil

Dirty Birds Ultimate is the brain child of two long-time Ultimate addicts and friends, Hugh D. and Laney B. The roster is a tasty mix of players from Austin, San Antonio and Houston, Texas. Ask about San Antonio's training camp and you may have a dance party on your hands. Most of us have played together at one time or another and all of us love the game and each other. The chemistry experiment that began with the goal to "play in some meaningful games on Sunday at Regionals while having a hell of a time doing it" is now a success. After winning 3 of 4 games on day 2 at Regionals to claim the 3rd bid from the South, we're ready to roll into Sarasota. The beach house will be kickin'. Cold beverages will be flowing. The Birds will be Ka-Kaw'ing.



ROSTER

00	Hugh Daschbach
3	Laney Bevil
4	Kevin Gaffney
5	Crystal Willis
6	Kristi Mellerski
7	Jason Fortner
8	Casi Cook
9	Steph Redfern
10	Judy Le
12	Charlie Stavlo
13	Meg Hofner
15	Emily Scholten
19	Matt Clark
21	Peter Lewis
22	Travis Wright
26	Alfonso Acosta
33	Matt Stephens
34	Nick Polito
54	Matt Stone
60	Tal Tversky
71	Greg Clark



MIXED DIVISION

DISTRICT 5 NEW HAVEN, CT

Website: www.district5ultimate.com

Captain: John Korber

Coach: Kelley Miller

District 5 is a first year team from New Haven, Connecticut. The team was formed with a core of Connecticut players who, in the absence of an elite Connecticut team, had commuted out of state in seasons past to play for high level teams. The team includes players formerly of Lady Godiva, MissCONNduct, Axis of C'Ville, Slow White, Puppet Regime, Hooray! for Coed, BLU, Colt .45, Replicants and others. The team spent the season getting to know each other, learning each other's styles, and keeping the baby off the field. District 5 won Boston Invite, Philly Invite, Emerald City Classic, and Chesapeake Open this year.



ROSTER

00	Jeff Ho	5'9"	29
3	Emily Estrada	5'4"	27
4	Mary Glickman	5'5"	26
5	Dwight Harris	6'1"	24
6	Chris Mazur	6'1"	24
7	Liz Middleton	5'3"	26
8	Brandon Redding	5'8"	27
10	Maren Schultz	5'2"	25
11	Karin Burghardt	5'4"	25
13	Sterling Dumas	5'6"	21
14	Justin Segool	5'10"	32
15	Liz Harrison	5'4"	26
17	Zac Roy	5'10"	29
18	Kendra Frederick	5'9"	30
22	Will Murphy	6'3"	22
23	John Korber	6'2"	28
24	Mary Kate Hogan	5'7"	22
25	Judy Winglee	5'3"	24
26	Andy Bosco	5'10"	25
33	Jacob Kravitz	6'2"	27
48	Kevin Garrity	5'7"	27
51	Rafe Steinhauer	6'1"	25
52	Ryan Strobel	6'3"	21
60	Nick Schiener	6'3"	28
67	Sara Zuba	5'4"	27
68	Jordan Kravitz	6'2"	25
81	Alex Morrone	6'2"	24

DRAG'N THRUST MINNEAPOLIS/ST. PAUL, MN

Website: dragnthrust.blogspot.com

Captains: Alicia Carr, Alex Baker, Dave Klink

In 2009, a group of athletes banded together to create a team. Some were young, green, and inexperienced, but ready to put it all on the line. Others had ridden a few waves and weathered a few storms, having felt the rush of success and the crush of defeat. Together they worked, hard at times, softly at others, but always firm. And through all of this work, through the feverish haze, arose Drag'n Thrust, pickup-team version. DnT posted a 28-4 record in our rookie year, finishing 3rd in a two-bid region. Good times! (Seriously, we had good times.) Come 2010, DnT roared back with new leadership, tryouts, some new faces, and practice, building a 30-3 record and earning our first trip to Florida as NWP Section and Central Region champs. Are we just happy to be here? Speculation runs rampant, but Trogdor doesn't show up to a party without burninating. Drag'n Thrust is based out of the Twin Cities, composed of Ultimate athletes from around the area. Our name comes from this one time last year when a founding thruster was explaining that four forces act on a disc's flight—gravity, lift, drag and thrust.



ROSTER

00	Alicia Carr	5'6"	25
1	Jeff Trosvig	6'0"	23
2	Tom Bombberg	5'10"	25
03	Pat Niles	5'10"	26
4	Matt Holzer	6'3"	29
5	Alex Baker	5'5"	27
7	Missy Klajda	5'0"	25
10	Martha Harris	5'2"	22
11	Jake Henderson	6'7"	27
13	Anna Hettler	5'5"	23
14	Austin Lien	5'9"	21
15	Alex Stanislav	5'7"	26
16	Jeanine Kooman	5'7"	26
17	James Hron	6'3"	22
19	Pete Carr	6'1"	25
21	Dave Klink	6'0"	28
23	Mike Petersen	6'0"	28
24	Lindsay Pastor	5'4"	25
31	Josh Hemmesch	5'10"	27
32	Melissa Jordan	5'6"	22
33	Jaime Glader	5'1"	23
37	Alex Delegard	6'2"	25
44	Robyn Fennig	5'6"	23
57	Laura Steinkraus	5'7"	27
71	Mike Berseth	5'10"	31
79	Elijah Edwards	6'0"	31
88	Kirsta Jeske	5'2"	21



MIXED DIVISION

L.A. METRO LOS ANGELES, CA

Website: metroultimate.org

Captains: Keegan Uhl, Angie Sanan, Andy Curtis,
Ryan Hunt, Jon Miles
Coach: Frankie Rho

LA Metro is a coed Ultimate frisbee team based in Los Angeles but with players from Santa Barbara to San Diego. Metro was founded in 2008 by Chad & Dee Christensen, Shai Schwartz, and Keegan and Martha Uhl. A couple veterans led a squad of youngsters through a successful first season, missing the big show by a handful of points. 2009 saw the retirement of two captains and the addition of a new captain, the tactical savant Frankie Rho. Metro took second in the southwest region and finished 11th at Sarasota in 2009. Despite a lot of personnel turnover for 2010, this year brought increased confidence to the squad. We come to the Championships sporting some baller young ladies, a trifecta of former Claremont teammates, some mediocre asians and more captains than you can count. Adherence to founding tenets and a crazy dedication to each other fueled our Southwest Regionals win. Our standard unit of measurement is The Enway.



ROSTER

1	Spencer Barr	5'8"	28
2	Ryan Hunt	6'0"	27
3	Michelle Andrews	5'6"	21
4	Angie Sanan	5'5"	24
5	Anne Ohliger	5'6"	22
6	Kief Zangaro	5'10"	33
8	Ben Bergen	5'8"	34
9	Kara Scheu	5'7"	21
10	Sam Chen	5'8"	24
11	Barrs Lang	6'1"	26
12	Scotty Mahr	6'1"	25
13	Jeff Chai	5'11"	28
14	Alex Korb	5'9"	30
15	Gordy Stecklein	5'11"	24
17	Frances Ajo	5'6"	30
21	Keegan Uhl	6'4"	31
23	Jon Miles	5'11"	27
25	Lexy Sinnott	5'4"	22
26	Karen Ko	5'4"	28
29	Erin Mordecai	5'9"	25
32	Daniel Walton	6'0"	25
36	Andy Curtis	6'0"	24
47	Yvette Fisher	5'8"	23
50	Enway Hsu	5'4"	22
88	Matt Hennessy	6'1"	24
97	Katie Killebrew	5'5"	22
99	Holly Schwarz	5'8"	27

MISCHIEF BAY AREA, CA

Website: mischief.ultiteam.org

Captains: Andi Coleman, Adam Leventhal, Justin Safdie

Mischief. It means trickery, chicanery, and spirited fun. It means winning games with our legs, and when our legs can't run any more, going the last mile with heart. It means always having more in the tank. It means putting everything on the line for your team, feeling the high of every victory, the heartbreak of every loss, and bouncing back stronger than ever. It means making superheroes out of ordinary people. It means rewarding the fans for sticking with us 'til the very end, and then boatracing all who dare challenge us. Old hands and fresh faces make this eighth year team a force to be reckoned with. And if you doubt? In the words of Ochocinco, "Child, please."



ROSTER

0	Paul Youn	6'3"	29
1	Warren Schechter	6'1"	30
2	Adam Brown	5'8"	29
3	Chris Doyle	5'10"	34
6	Matt West	5'8"	27
7	Sarah Carnahan	5'8"	26
11	Steffi Wu	5'6"	25
12	Daniel Olstein	5'7"	33
13	Andi Coleman	5'7"	24
14	Quinn Kennett	6'1"	25
15	Jen Schmerling	5'6"	23
17	Sunya Ojire	5'6"	25
18	Nick Weiss	6'0"	25
19	Shirley Wu	5'2"	28
20	Sam Law	5'6"	21
21	Melinda Lee	5'5"	30
22	Justin Safdie	5'2"	33
24	Adam Leventhal	6'1"	31
25	Gretchen Safdie	5'4"	36
26	Andy Fisher	5'11"	29
27	Lisa Vampola	5'6"	25
32	Peter Washington	5'9"	35
33	Kyle Smith	6'1"	30
42	Mark Smith	6'1"	33
44	Ryan Gerlach	6'0"	29
88	Will Goodyer	5'9"	30

MIXED DIVISION

OVERHAUL

ANN ARBOR, MI

Captains: Logan Braun, Kristin Essary, Colin McIntyre, Lindsey Stewart

Overhaul is a newly formed mixed team based in Michigan. We are excited that our team is nationally competitive in its first year. Our roster consists of club, college, and high school players from different cities in southeastern Michigan. We look forward to continuing as Michigan's elite club team in the future.



ROSTER

1	Colin McIntyre	5'8"	26
2	James Highsmith	6'1"	18
3	Ryan Purcell	5'8"	27
4	Kristin Essary	5'6"	28
5	Ryan Heffernan	6'2"	23
6	Tom Haynes	5'11"	23
7	John Collins	6'2"	29
10	Matt Wilken	6'2"	32
11	Logan Braun	6'1"	27
13	Jessica Sipperley	5'5"	24
14	Ollie Honderd	6'0"	21
15	Kim Sabo	5'5"	24
16	Nate Solon	6'0"	25
17	Ross Welch	6'2"	26
19	Darren Galligan	6'0"	27
20	Becky Malinowski	5'11"	21
22	Paula Seville	5'9"	21
24	Serina Mazzoni	5'9"	24
25	Lindsey Stewart	5'6"	27
26	Jules Cooch	5'6"	21
27	Kaiser Shen	6'0"	27
31	Spencer Jolly	6'8"	21
33	Erin Schran	5'3"	28
49	Eric Witham	5'11"	32
82	Seth Buchsbaum	6'5"	21
99	Jonathan Zigel	6'3"	32

POLAR BEARS

CASTRO VALLEY, CA

Website: www.pbawr.com

Captains: Greg Marliave and An-Chi Tsou

The Polar Bears began their journey at Lei Out 2010 as just a bunch of cubs who loved the sand, sun, Ultimate and of course, PBR. After making it to finals and realizing they didn't want the fun to end, they decided to migrate to grassier climates and enter the co-ed club scene as hungry cubs who wanted a challenge. Polar Bears Ultimate is dedicated to assembling the best young talent in the Bay Area and beyond to breakout in our debut season. We hope that each player's commitment and work ethic inspires greatness on an individual and team level. If you're ever looking for us on the field, just listen for a "RAWR!"



ROSTER

1	Michael Liu	5'8"	23
5	Robert Gormley	5'7"	23
8	Bekah Sexton	5'8"	30
9	Greg Marliave	6'1"	26
10	Emily West	5'6"	26
11	Jacob Serrano	5'10"	24
12	Eli Kerns	5'10"	18
13	Ernst Westphal	6'1"	24
16	AJ Shankar	5'9"	30
17	Natasha Won	5'3"	20
20	Alexa Kirkland	5'5"	23
22	Matty Sung	5'9"	22
24	Emma Dobbins	5'4"	22
25	Daniel Naruo	5'9"	25
26	Lisa Pitcaithley	5'10"	18
35	Lucas Dallman	6'0"	23
50	Clay Miller	5'10"	23
55	Kwai Philipott	5'6"	20
76	Adam Raty	6'2"	25
82	An-Chi Tsou	5'2"	28
88	Brenda Shaylor	5'4"	25

MIXED DIVISION

SCIENTIFIC METHOD IOWA CITY, IA

Captains: Alex Versackas, Jake Bradley

Scientific Method is back in 2010. Reloaded and revamped, this reincarnation of Iowa City mixed Ultimate is poised to show Sarasota what's growing in the fields of the midwest. Fresh off a 9th place finish at College Championships the boys of IHUC join forces with the ladies of Saucy Nancy to infuse some young blood into the club field. Riding our good looks and sheer athletic ability into the Championships, we're looking to prove that there's a method to the madness.



ROSTER

0	Steve Hanson	6'3"	28
1	Alex Versackas	5'10"	25
2	Jake Bradley	5'11"	23
3	Kristen Appelson	5'3"	21
4	Nick Moore	6'2"	22
5	Nick Sanchez	6'1"	21
7	Ross Sullivan	5'7"	20
8	Sergei McNulty	5'11"	21
9	Andrew Edwards	5'10"	28
10	Garrett Brander	5'9"	21
13	Sarah Danilson	5'5"	27
14	Tara Olds	5'4"	25
17	Kelli Parsons	5'4"	22
24	Megan Nimmo	5'6"	24
25	Liza Minor	5'6"	19
28	Chris Sedgwick	5'10"	22
29	Jake Short	5'11"	22
31	Katie Johnson	5'7"	22
36	Joe Reed	5'11"	24
49	Jen Nowak	5'8"	20
52	Jake Kersten	6'0"	19
77	Katie Morin	5'6"	23
81	Sara Francis	5'6"	25
88	Sean Parker	6'5"	22

SLOW WHITE BOSTON, MA

Captains: Mike Miller, Rosie Ano, Evan Patisteas
Coach: Marshall Goff

What if everything you ever wanted...came. In. A. Rocket Can! Slow White: Rocket Edition. With all new players like Sneaky, Frosty, and Gretzky. You've watched the worst, now watch the first... seed! Playing for Slow White makes you feel like a fighter jet made of biceps! We interrupt this team bio... to blow your mind! With Slow White, anything is possible: Blarpy! It's the nickname you'll get because you're too unbelievable for a normal nickname! If you play for Slow White, you'll win at everything forever! You'll win at college, grad school, self-employment, unemployment and sports! You'll even win at spirit! Slow White, it's like playing against the 1996 Chicago Bulls. Slow White IS the 1996 Chicago Bulls! Warning: May contain Rusty Ingold-Smith. Slow White, your thirst will be quenched.



ROSTER

00	Chris Farina	5'10"	27
1	Jordan Kwok	5'6"	25
2	Cassidy Edwards	5'9"	24
3	Kris Kelly	5'2"	30
4	Dave Truesdale	5'11"	28
5	Meriden D'Arcy	5'7"	28
6	Jasper Hoitsma	5'9"	27
7	Rosie Ano	5'6"	28
8	Rusty Ingold-Smith	5'10"	23
9	Jeff Smith	5'10"	25
10	Mike Miller	5'7"	28
11	Evan Patisteas	6'1"	27
12	Christopher Waite	6'1"	25
13	Dan Patisteas	6'1"	27
17	Christina Kelley	5'9"	21
21	Steve Sullivan	5'9"	27
22	Lauren Gloede	5'6"	28
25	Alex Trahey	6'4"	22
28	Liz Hand	5'6"	22
31	Adam Patisteas	6'2"	24
32	Christina Allain	5'3"	27
33	Cody Reholz	6'6"	22
42	Ellen McRae	5'6"	27
69	Adrienne Altobelli	5'7"	26
71	Julie Sussman	5'3"	30
84	Zirui Song	5'10"	26
99	Julie Eagle	5'9"	19



MIXED DIVISION

SNOWBIRDS MONTREAL, QC

Captains: Eric Dion, Yan Bouchard, Hugo Lefrancois, Mathieu Bordeleau, Philippe Gannon

The Snowbirds project began this past August in the parking lot of the Canadian Ultimate Championships (CUC) following the exhilarating final won by Onyx (Québec City, QC) over their perpetual rival RIP (Montréal, QC). The CUC was the last tourney of an emotional year for both squads, which was highlighted by Onyx's 2nd place and RIP's 10th place at WUCC in Prague. However, for some die-hard players, it was just not enough. A captain committee quickly emerged with the clear goal of tearing down the barricades and forming a joint elite mixed team whose goal was to be the first Quebec mixed club to reach the USA Club Championships. Snowbirds is composed of the top individuals from both Onyx and RIP as well as some dynamic players from Gatineau, QC and Sherbrooke, QC. After only a handful of practices and a couple of tourneys, Snowbirds is set to make its mark in Florida.

Snowbirds

ROSTER

0	Jean-François Mauger	5'10"	30
2	Julie Beaulac	5'5"	31
5	Mathieu Bordeleau	6'0"	30
7	Eric Dion	5'6"	31
9	Philippe Gannon	5'9"	30
10	Jessie Grignon Tomas	5'7"	22
12	Stéphane Payeur	6'2"	33
13	Jean-François Paul	5'9"	31
16	Alexandre Lévesque	6'4"	20
21	Andrew Batchelor	5'9"	28
22	Audrey St-Arnaud	5'5"	22
23	Hugo Lefrancois	5'11"	31
25	Nicolas Vanasse	5'10"	23
27	Mathieu Vinette	6'0"	29
28	Jean-Arsenault	5'8"	28
31	Marie-Andrée Imbeault	5'2"	30
33	Julie Tremblay	5'8"	33
43	Jérôme Boucher	5'10"	26
44	Gabrielle Germain-Tremblay	5'3"	22
63	Raynald Nemours	5'9"	33
71	Annie-Claude Brien Chicoine	5'5"	28
72	Kate Beaulieu	5'6"	22
77	Julie Blais	5'7"	29
89	Jean-Philippe Gérin	5'7"	31
93	Yan Bouchard	5'8"	32

WHAGONWHEEL RALEIGH-DURHAM, NC

Captains: Evan Bowles & Julie Morris

Headed down south to the land of the pines and I'm thumbin' my way into North Caroline, starin' up the road, pray to God I see headlights.

I made it down the coast in seventeen hours, pickin' me a bouquet of dogwood flowers and I'm a-hopin' for Raleigh I can see my baby tonight.

So rock me, mama, like a wHagonweel. Rock me, mama, any way you feel. Hey, mama rock me. Rock me, mama, like the wind and the rain. Rock me, mama, like a south-bound train. Hey, mama rock me.



ROSTER

00	Jordan Moore	5'11"	20
2	Jenny Rogers	5'2"	30
3	Chris Kelly	5'8"	23
4	Nick Poore	5'10"	32
05	Brad Thornton	5'8"	23
7	Beth Gifford	5'3"	35
8	Evan Bowles	5'11"	27
10	Laurie Williams	5'5"	23
11	Brandon Jones	5'10"	22
13	Andrew Ryan	5'13"	24
15	Jesse Overby	6'1"	30
16	Debbie Lowther	5'4"	28
17	Stacey Waldrup	5'5"	25
18	Missy Overby	5'5"	27
20	Peter Linnartz	5'11"	22
21	Julie Morris	5'3"	27
22	Kurt Chapman	5'8"	27
25	John McNaughton	6'0"	23
26	Katie Irons	5'6"	26
27	Joey Connelly	6'1"	26
49	Derrick Marcey	6'0"	24
76	Alison Murray	5'10"	22
81	Drew Moore	5'11"	22
84	Adam Pike	5'10"	29
87	Rob Sayre-McCord	6'2"	23



OPEN DIVISION

CHAIN LIGHTNING

ATLANTA, GA

Website: chainlightning.org

Captains: Josh Ziperstein, Jonathan Monforti, and A.J. Tjarsmith

A famous proverb declares, "A chain is only as strong as its weakest link." So, needless to say, when captain Josh Ziperstein read that, he had to make some cuts. Unfortunately, he unilaterally determined that being the team's fastest player and having the biggest tool belt in Ultimate were weaknesses. Snip snip, they were gone. Josh Markette is now the flashiest player in the Northeast Region. And, worse than losing the speed of Joel Wooten, we also lost the most gullible treasurer in team history. For the first time in years, we now have to pay out of pocket what were once considered standard deductions from the team "kitty," such items as breakfast, cleats, and mortgage payments.

Thankfully, Mark Poole stepped up to "organize" the most talented, if not most naive, band of rookies ever assembled. Finally, things were starting to run smoothly again. The practice fields were being lined, the Gatorade was flowing, and the houses were getting cleaned on time.

Plato once said, "You can discover more about a person in an hour of play than in a year of conversation." And as John Hammond demonstrates, we can certainly talk. But, now it's time for Chain Lightning to play.



ROSTER

00	Benjamin Spears	6'1"	26
2	Josh Ziperstein	5'11"	26
3	Andrew Hollingworth	5'11"	22
4	Robert Runner	6'3"	23
5	Brandon Perales	5'9"	27
9	Will Lokke	5'11"	24
10	Peter Dempsey	6'0"	22
11	John Hammond	6'1"	33
12	Frank Wooten	6'5"	25
14	Sam Chatterton-Kirchmeier	6'2"	29
15	Michael Spear	5'9"	23
16	Russell Snow	5'9"	24
18	Greg Swanson	6'1"	23
19	Mark Poole	5'10"	25
20	Kiran Thomas	5'10"	26
21	David Berendes	6'5"	23
22	Nick Lance	5'10"	22
25	Paul Vandenberg	6'1"	26
31	A.J. Tjarsmith	6'1"	29
34	Robert White	5'11"	25
41	William Moore	5'10"	24
47	Asa Wilson	5'10"	26
60	Jolian Dahl	6'2"	25
64	Jason Simpson	6'0"	30
78	Dylan Tunnell	6'2"	25
88	Taylor Goforth	6'7"	22
98	Jonathan Monforti	5'9"	26

DOUBLEWIDE

AUSTIN, TX

Website: www.austinultimate.org/doublewide

Captains: Max Cook, David Melancon, Patrick Eberle

Doublewide is a well nasty Ultimate Frisbee club based in Austin, TX. We are a balanced team committed to common goals: play hard, fair, and with respect for our teammates and our opponents. This is Doublewide's 10th year in existence and the team has qualified for UPA/USA Ultimate Club Championships 8 out of 10 years. Doublewide has attended the past two WUCC in Perth and Prague, respectively. Doublewide is committed to finishing the 2010 season with a bang. We hope to see you soon on the field.

ROSTER

0	Scott Berens	5'10"	30
1	Casey Hogg	5'10"	29
4	Max Cook	5'7"	29
5	Jeff Loskorn	6'1"	23
6	David Melancon	6'0"	28
7	Jay Lane	5'7"	27
8	Edward Freiner	5'9"	23
9	Chase Hudson	5'10"	26
10	Broderick Smith	6'4"	23
11	Ben Hamilton	5'11"	22
12	Andrew Walch	6'1"	24
13	Terry Jungman	5'10"	26
14	Patrick Eberle	6'2"	26
15	Daniel Poindexter	6'0"	26
16	Zach Riggins	6'1"	20
17	Jacob Anderson	6'3"	24
18	Michael Natenberg	6'0"	29
19	Kevin Richardson	6'2"	24
20	Kurt Gibson	6'1"	25
21	William Driscoll	6'3"	19
22	Stephen Presley	5'10"	25
24	Rory Orloff	5'8"	25
30	Chris Gibson	6'1"	23
42	Ryan Bigley	6'4"	23
50	Bjorn Schey	6'0"	25

dw★tx

OPEN DIVISION

◎ FURIOUS GEORGE

VANCOUVER, BC

Website: www.furiousultimate.com

Captains: Alex Hughes, Andrew Lugsdin, Morgan Hibber, Nick Menzies, Oscar Pottinger

The angry monkey has returned to the show after a two year absence. Furious George previously won the UPA Club Championships in 2002, 2003 and 2005. Furious also won the 1998, 2004 and 2008 World Championships and boasts 7 Canadian National titles.



ROSTER

2	Adam Silverstein	5'10"	32
4	Matthew Doyle	5'10"	31
5	John Norris	6'2"	21
6	Alex Chan	5'10"	28
8	Morgan Hibbert	6'3"	28
9	Andrew Lugsdin	6'5"	41
10	Masahiro Matsuno	5'10"	27
11	Andrew Brown	6'2"	28
12	Aaron Liu	5'9"	21
13	Marc Seraglia	6'2"	35
14	Alex Hughes	5'11"	27
17	Max Hunter	6'0"	24
18	Nick Menzies	5'10"	27
21	Aaron Loach	6'4"	22
23	Mauro Ortiz	5'8"	35
24	Neil Terry	6'0"	29
25	Oscar Pottinger	5'10"	27
27	Alex Davis	6'2"	28
33	Andy Collins	6'1"	34
36	Aaron Koenig	5'11"	30
49	Jon Hayduk	6'4"	23
57	Russell Street	5'10"	32
66	Andre Gailits	6'1"	22
67	Ryan Knowles	6'0"	35
89	Kevin Underhill	6'0"	20
91	Kirk Savage	5'10"	36
96	CJ Harner	5'9"	37

◎ IRONSIDE

BOSTON, MA

Captains: Jeff Graham, Mike Zalisk, and Colin Mahoney

Coaches: Josh McCarthy and Nathan Wicks

Ironside formed in 2007 from the top Boston Ultimate teams, Metal and Death or Glory. Though only eight players remain from that squad, the team has maintained Boston's dominance as the top Open team out of the Northeast. Chasing the elusive gold medal at the Club Championships, Ironside strives to be the best of the best every year. A Finals appearance in '08, a Semis appearance in '09, and a 5th place finish at the 2010 World Ultimate Club Championships in Prague, has left the door open for improvement and fuels the fire for a team that has come close to winning it all. Approaching its 4th Club Championships, the team's offense and defense have gelled into two well-oiled machines. The team also has two new coaches that have provided a different voice after years of successful coaching under the prior regime. Lastly, the team elected to take on a smaller roster than in prior years requiring greater contributions from everyone on the roster at tournaments and practices alike. Ironside has proved itself a top contender with a very strong regular season and enters the 2010 USA Ultimate Club Championships aiming once again to bring the trophy back to Boston.



ROSTER

1	Teddy Browar-Jarus	6'2"	26
2	Seth Reinhardt	6'3"	24
3	George Stubbs	5'10"	21
4	Matt Rebholz	6'3"	25
5	Michael Zalisk	5'10"	30
6	Peter Prial	6'2"	23
7	Will Neff	6'4"	24
8	Seth Crockford	5'10"	29
9	Misha Sidorosky	5'10"	24
10	Jacob Goldstein	5'10"	25
11	Dan Forseter	5'10"	32
12	Ben Kleaveland	6'0"	31
13	Brandon Malecek	5'10"	26
14	Sam Rosenthal	5'10"	34
18	Jim Foster	6'1"	25
19	Colin Mahoney	6'6"	25
20	Adam Simon	6'0"	27
21	Jeff Graham	5'11"	30
23	Ryan Holmes	6'0"	20
24	Andrew Vogt	5'9"	20
27	Nasser M'Bae Vogel	5'11"	31
34	Josh Markette	5'8"	31
35	Paul Batten	5'6"	29
77	Daniel Clark	6'1"	29

OPEN DIVISION

JOHNNY BRAVO DENVER/BOULDER, CO

Website: bravoultimate.org

Captains: Josh Ackley, Ryan Farrell

Coach: Bob Krier

Johnny Bravo was founded in 1996. The team was founded on vengeance by castoffs from the top Boulder-area team, Secret Squirrel. Johnny Bravo quickly overtook their rivals and began their reign as the top elite team in Colorado, qualifying for the Club Championships in 1997. Bravo split into two teams (Bravo and Gun Club) in 1998 and failed to qualify for The Club Championships after falling to the Santa Barbara Condors in the final and Los Guapos from San Diego in the backdoor game. Bravo and Gun Club reunited in 1999 and took the name of the old Boulder team, Secret Squirrel. After a disappointing 15th place finish at the Club Championships in 1999, the team reclaimed their Johnny Bravo identity in 2000. Bravo has qualified for The Club Championships every year since 2000, a feat matched by Seattle Sockeye and surpassed only by Raleigh's Ring of Fire (1997). Bravo broke into the quarterfinals in 2001 and has never placed lower than a top 8 finish since. In the past few years, Bravo made three semifinals appearances and a finals appearance in 2007. Johnny Bravo has established itself as one of the premier club teams in the country and continues to produce top talent, year after year.



ROSTER

0	Joe Durst	6'0"
3	Jeff Berget	6'1"
4	Andrew Mangan	6'0"
5	Jack McShane	6'0"
6	Keith Borsheim	6'0"
9	Steve Rouisse	5'11"
10	Jon Greenberg	5'11"
11	Brett Kolinek	5'11"
12	Jordan White	6'4"
13	Matty Zernel	5'9"
14	Craig Forshee	6'0"
15	Jeff Cohee	6'0"
16	Ryan Farrell	5'10"
17	Dave Belsheim	6'1"
19	Parker Krug	6'1"
20	Josh Ackley	5'11"
21	Darin DeLay	6'1"
23	Jimmy Mickle	6'3"
24	Jackson Kloor	6'1"
25	Justin Salvia	5'10"
27	Steve Roberts	6'2"
30	Clark Bishop	5'11"
32	Andy Stringer	6'1"
72	Jimmy Hughes	5'11"
84	Adam Zwickl	6'0"
86	Timmy Paymaster	6'2"
89	Mitch Schminke	6'1"

MACHINE CHICAGO, IL

Websites: machineultimate.com

Captains: Bill Finn, Joel Koehneman, Andy Neilsen,
Hensley Sejour, Michael Shiel

Machine is making its fifth consecutive trip to the Club Championships, this time with the first Central Region title for a Chicago open team since 1997. This year's campaign features 25 cogs eager to prove themselves on the national stage.

Though the bells are tolling for the infamous political organization from which the Chicago club takes its name, a retooled and reloaded 2010 Machine looks to run strong for years to come.



ROSTER

2	Hensley Sejour	5'8"	31
4	Mike Shiel	5'11"	30
5	Kevin Cho	5'7"	31
6	Bill Finn	6'3"	28
7	Joel Koehneman	6'2"	25
8	Grant Zukowski	6'0"	28
9	Brody Felchle	6'5"	32
10	Bjorn Gunderson	5'9"	32
11	Geoff Serednesky	6'3"	26
13	Dane Olsen	5'10"	27
15	Andrew Sheehan	5'11"	27
17	Rob Greenberg	5'9"	25
21	John Kolb	6'6"	26
22	Mike Egan	6'2"	26
23	Dave Fumo	6'1"	24
25	Ryan Carrizales	5'0"	28
26	Kevin Kelly	6'4"	24
28	Andy Neilsen	5'10"	26
29	Taylor Kraemer	6'3"	21
30	Joe Ferrari	6'1"	31
31	Walden Nelson	5'10"	23
33	Russell Wallack	5'11"	21
51	AJ Nelson	6'3"	21
61	Pat Stephens	6'0"	26
63	Zubair Abdulla	6'1"	24



OPEN DIVISION

MADCOW COLUMBUS, OH

Website: www.madcowultimate.com

Captains: Jeff Kula, Rodger Oakes, Kevin Ryan

Madcow's history stretches back to the summer of 2000, when a group of Ohio State Leadbelly players formed the team along with a few pickups from the Columbus club scene. During the humble early years, Madcow was primarily intended as a means to keep the younger players in shape for the next college season. However, over time, Madcow shifted its focus to competing at the elite club level. Along with this change in focus, Madcow also expanded its recruiting base from Columbus into a wide swath of the Ohio-Indiana region. The team is now proud to include players from Cleveland, Cincinnati, Athens, Bloomington, and Indianapolis.

Madcow punched its first ticket to Sarasota in 2009, finishing 13th at the Club Open Championships. Heading into the 2010 season, Madcow faced a challenging road in its bid to improve upon its success with 11 new faces on the roster. Yet through hard work and dedication, the 'Cow made it work and is peaking at the right time. After pulling out a gritty win in the fourth game on Sunday at Regionals, Madcow looks to climb to even greater heights and take full advantage of their gusto at the 2010 Club Open Championships.

M000000000!!!!

MADCOW



ROSTER

1	Danny Olson	6'2"	21
2	Joe Taris	6'2"	24
3	Jesse Roehm	6'3"	22
4	David Vuckovich	6'0"	24
5	Jeff Kula	5'6"	31
6	David Valentine-Elam	6'4"	28
7	Robert Snyder	6'0"	24
8	Jared Payne	6'0"	26
9	Timmy Thurston	5'9"	27
10	Michael Groeber	5'11"	29
11	Christopher Misleh	6'2"	20
12	Mitch Cihon	5'10"	20
13	Timmy Meyers	6'0"	30
14	Josh Botti	5'10"	24
16	Scott O'Brien	6'0"	26
17	Nate Botti	6'0"	22
18	Jesse Wohl	6'2"	21
21	Steve Schwab	6'0"	22
22	Kyle Cox	5'10"	22
23	Kevin Reichert	6'0"	32
26	Axis Sivitz	5'10"	24
27	Jimi Cantwell	6'0"	24
37	Rodger Oakes	6'1"	30
41	Eric Lewis	6'1"	28
47	Phil Cherosky	5'9"	22
74	Ed Wu	5'6"	22
99	Kevin Ryan	6'0"	29

MADISON CLUB MADISON, WI

Captains: Seth Meyer, Hector Valdivia

Madison Club is making a second consecutive Club Championships appearance after a long hiatus. In the recent past the team has had difficulty retaining it's top local talent, but the current team has been able to keep a stable core of players for the last several years. After last year's 10th place finish, this year we are looking to build on our experience and make it deeper into the tournament.



ROSTER

1	Chris Ashbrook	5'11"	35
3	Seth Meyer	6'2"	26
4	John Bergen	6'0"	22
5	Jon Gaynor	6'0"	24
6	James Smart	6'2"	23
7	Hector Valdivia	5'11"	30
9	Andrew Meshnick	6'3"	21
10	David Wiseman	6'4"	21
13	Brian Hart	5'10"	18
17	Nathan Bosscher	6'5"	30
18	Zach Alter	6'3"	21
19	Eric Reynolds	5'11"	22
22	Ben Feldman	5'6"	16
23	Michael Swain	6'1"	25
24	Rodrigo Valdivia	5'9"	27
27	Clay Schelitzche	6'0"	27
29	Nathan Thibedeau	5'11"	32
32	Colin Camp	6'2"	19
33	Jon Masler	5'11"	23
44	Jadon Scullion	5'11"	35
61	John Reynolds	5'11"	33
71	Tom Annen	5'11"	24
81	Dayu Liu	6'0"	20
93	Patrick Donovan	6'5"	21



OPEN DIVISION

POONY

NEW YORK, NY

Website: www.prideofny.net

Captains: Ben Van Heuvelen, Chris Gore, Dan Heijmen

Founded in 2005 by Alex Masulis, Daniel Quaranta, Peter Hennessy and Noah Levine, PoNY represents New York, NY, the greatest city on Earth.



ROSTER

00	Alex Masulis	5'9"	29
2	Dan Heijmen	5'11"	26
3	Chris Gore	5'10"	30
4	Mike Hennessy	6'1"	27
7	Eduardo Suero	6'0"	29
8	Jody Avirgan	5'11"	30
10	Jeff Irvine	6'0"	26
12	Isaiah Bryant	5'11"	25
14	Nate Hurst	5'8"	28
15	Reid Hopkins	6'0"	26
16	Dan Chirlin	5'9"	30
18	Ignacio Yz	5'9"	24
21	Joe Anderson	6'3"	24
22	Jack Marsh	5'11"	26
24	Tom Burkly	5'10"	27
33	Aaron Bell	6'2"	29
37	Scott Arnold	6'2"	34
42	Ben Van Heuvelen	6'5"	30
43	Ben Faust	6'2"	29
44	Robbie Gillies	6'3"	28
56	Nick Malinowski	6'3"	28
80	John Baldwin	6'1"	29
81	Webster McBride	6'3"	33
82	Emilio Panasci	5'7"	28
88	Kevin Terry	6'0"	24
91	Grant Boyd	5'9"	27
94	Dusty Rhodes	5'9"	30

REVOLVER

BAY AREA, CA

Website: www.revolverultimate.com

Captains: Mike Payne, Robbie Cahill, Alex Ghesquiere, Bart Watson

Revolver was established in the spring of 2006 when Nick Handler, Chris McManus, and Marc Weinberger came together to build a new Bay Area Ultimate program from scratch. The captains sought to install a team-first mentality, to build strong team chemistry, and to use the values of intensity, humility, and discipline to define the team ethic. These are still the values Revolver strives to demonstrate.

In its inaugural season the team quickly jumped on the national stage by qualifying 3rd for Sarasota out of the cutthroat Northwest, and capped its debut year by claiming a 5th-place finish at the Club Championships. A tough loss in the game to go at NW Regionals in 2007 was followed by a return to Sarasota in 2008 and again a 5th place finish. In 2009, Revolver followed its best ever regular season with a finals berth at Championships, on the way winning the Open division team spirit award and captain Robbie Cahill winning the Farker Spirit award.

In 2010 Revolver has continued growing stronger as a team, culminating in a champion's trophy at the World Ultimate Club Championships in Prague. Building on the team's history, ethics, and recent WUCC success, Revolver is now aiming for a 2010 USA Ultimate Championship.



ROSTER

1	Brian Garcia	6'3"	27
4	Jon Levy	6'1"	26
5	Taylor Cascino	6'1"	29
6	Josh Wiseman	5'8"	27
7	Russell Wynne	6'0"	22
8	Eric Halverson	6'1"	27
9	Cassidy Rasmussen	5'11"	21
10	Robbie Cahill	6'1"	26
11	Nick Handler	5'7"	28
12	Nick Chapman	5'10"	24
13	Tyler Grant	6'1"	30
14	Mark Sherwood	5'10"	25
15	Joel Schlachet	5'9"	23
17	Jit Bhattacharya	5'8"	32
19	Ryo Kawaoka	5'8"	29
20	Nick Schlag	5'10"	24
23	Mike Payne	6'0"	36
24	Alex Ghesquiere	6'1"	33
27	Ashlin Joye	6'0"	22
28	Martin Cochran	6'4"	29
29	Bart Watson	6'1"	29
32	Sam Kanner	5'11"	22
37	Jon Hester	6'0"	28
40	Mac Taylor	6'3"	24
50	Beau Kittredge	6'3"	28
99	Joshua Greenough	6'2"	31

OPEN DIVISION

RING OF FIRE RALEIGH-DURHAM, NC

Website: www.ringoffireultimate.com

Captains: Jared Inselmann, Thomas Ward, Kris Bass

Representing NC at The Club Championships 15 years in a row. Ring of Fire has got your back. Best believe that.



ROSTER

00	Ken Porter	5'11"	23
1	Zach Washburn	6'5"	25
2	Pat McNally	6'0"	33
3	Josh Mullen	6'0"	30
5	Taylor Pope	6'3"	30
6	Raju Prasad	5'9"	27
7	Thomas Ward	6'0"	24
9	Kris Bass	5'8"	35
10	Mike Moore	6'0"	30
11	Josh Torell	6'2"	24
12	Jared Inselmann	6'3"	29
13	Bryan Conklin	6'6"	23
14	Stephen Poulos	6'1"	29
15	Gabe Hart	6'1"	24
16	Brian Lowther	6'3"	27
17	Thomas Sayre-McCord	6'4"	20
18	Dave Snoko	5'11"	29
21	Brian Casey	5'10"	23
22	Robbye Brooks	6'0"	38
24	Noah Saul	5'10"	21
26	James Murray	6'0"	25
28	Larry Durgin	6'1"	25
32	Josh Berkowitz	6'2"	27
40	Jon Stone	5'9"	23
45	Bret Matzuka	5'9"	25
50	Josh Norris	6'0"	25
99	Tuba Benson-Jaja	6'2"	30

SOCKEYE SEATTLE, WA

Website: www.seattlesockeye.org

Captains: Ben Wiggins, Tyler Kinley, Matt Sewell

Established in 1994 and forged in the fires of the Northwest region, Sockeye enters the 2010 series already having earned a silver medal and Spirit award in the World Championships with most of its current roster. The new goals are simple: win a National Championship and have the most fun possible on that dirt road. The party's rockin'. Yes. The post-Prague Sockeye has seen its share of challenges, stumbling out of the gates at ECC and re-learning what it means to earn your luck. This is the single youngest Sockeye team ever, both in experience and years...but every day we've seen our dream. Responding with passion and sweat and intense practices, we resurrected our swagger a bit at Labor Day, and met our goals at Sectionals and Regionals to secure a Club Championships bid and the opportunity to fight, together, for gold. There ain't no stoppin'. Yes. We're lucky to hail from an amazing Ultimate community in Seattle, and we owe our gratitude to our family, fans, and supporters both in the Puget Sound and canchas worldwide. With an offense fueled by chaos and a defense that grinds to create it, Sockeye 2010 is on and poppin. Yes.



ROSTER

1	Tim Gehret	5'10"	26
2	Aaron Talbot	6'0"	34
3	Matt Knowles	6'1"	24
4	Aly Lenon	5'8"	25
5	Reid Koss	5'11"	26
6	Phil Murray	5'10"	22
8	Bailey Russell	5'11"	31
9	Sam Harkness	5'9"	24
10	Moses Rifkin	6'1"	31
11	Tyler Kinley	5'8"	26
12	Benjamin Wiggins	5'10"	30
13	Matthew Sewell	5'9"	32
15	Nathan Castine	5'11"	24
16	Thomas Sebby	6'3"	31
18	Charlie Ellis	6'1"	31
20	Michael Caldwell	6'1"	32
21	David Bestock	5'11"	29
22	Spencer Wallis	5'10"	25
23	Andrew Fleming	5'10"	30
24	Joe Sefton	6'0"	25
25	F. Devin Barich	6'2"	25
30	Sam Kittross-Schnell	6'2"	21
31	Matthew Rehder	6'3"	20
33	Eddie Feeley	5'9"	24
40	Adam Holt	6'0"	27
44	Jaime Arambula	5'7"	32
99	Ray Illian, Jr	6'1"	27

OPEN DIVISION

SOUTHPAW PHILADELPHIA, PA

Captains: Trey Katzenbach, Matt Schmucker
Coach: Jeff Snader

2010 is the inaugural season for the Philadelphia-based Southpaw. The team is a collection of the best Philly talent from the open, mixed and masters divisions drawing players from teams such as Pike, Ironside, Machine, Chain, Truckstop, Roots, Philly Love, Amp, Hooray, and OLDSAG. Southpaw is the first Philadelphia-based open team to make the Club Championships since Rage qualified in 1998. It represents a long tradition of Ultimate in the city best exemplified by the Philadelphia Area Disc Alliance (PADA) which promotes the continual growth and Spirit of the Game. Southpaw takes its name from the fictional yet universally motivating Rocky Balboa, a figure linked to determination, mental grit, and an underdog spirit. His voice echoes in the effort and action of each member of the team when they descend on the Ultimate field. Simply stated, "Nobody wants to fight a southpaw." Let it fly!



ROSTER

1	Tim Gaulton	6'3"	25
2	Nick Purifico	5'9"	27
3	Frederick Brasz	6'1"	23
4	Art Shull	6'3"	21
5	Adrian Chow	5'6"	22
6	Leon Chou	5'9"	22
7	Nick Hirannet	5'8"	24
8	Dan Furfari	5'10"	31
9	Brandon Silverman	5'10"	30
10	Alex Kadesch	5'9"	22
11	Ross Littauer	5'5"	23
12	Joel Wooten	6'5"	32
13	David Brandolph	5'7"	25
14	Matt Glazer	5'11"	26
15	Greg Owens	6'1"	21
16	Matt Schmucker	5'9"	30
17	Thomas Pribicko	5'11"	29
23	Eddie Peters	5'11"	22
24	David Stoddard	5'10"	22
25	Trey Katzenbach	6'1"	40
27	Jake Rainwater	6'3"	21
31	Tim Johnson	5'11"	27
33	Carl Deffenbaugh	6'0"	23
39	Billy Maroon	5'9"	39
42	Jon Fink	6'0"	28
71	Ian McClellan	5'11"	32
81	Sean Murray	6'1"	30

STREETGANG SAN DIEGO, CA

Website: www.sdstreetgang.com
Captains: Matt "Thoopa" Heffernan and Ryan "Nos" Slaughter
Coach: Kevin Stuart

In its second year together, San Diego Streetgang has been working harder than ever to put together a solid team on both sides of the disc. The defense in particular really shines with their athleticism and fierceness to stop the competition. We get breaks on every single team we play against no matter how strong they are. The offense will deliver huge hucks against unsuspecting teams along with fast movement from the speedy downfield cutters.

Backed by our incredible coach, Kevin Stuart, Streetgang is ready to make another exciting appearance at the Club Championships and will hopefully dole out huge upsets. We've won a few games against high caliber teams and we hope to repeat that with some consistency throughout our run in Sarasota. Don't turn your back on the Streetgang or they will rob you of your confidence, pride, and of course the precious W your team is striving for.



ROSTER

0	Richard Prodan	5'11"	22
1	Justin Goodman	5'9"	28
2	Kory Helms	6'0"	24
3	Evan Valdes	5'9"	25
4	Mark Johnston	5'10"	24
7	Steve Prodan	5'10"	25
8	Josh Nickerson	6'4"	22
9	Keenan Herbon	6'1"	29
12	Mike Stukel	5'11"	28
13	Stephen Hubbard	6'1"	22
14	Ross Lenta	5'9"	29
17	Will Griffin	5'10"	24
18	Kyle Olson	6'1"	26
20	Satoru Ishii	5'6"	24
21	Mike Bevers	5'10"	30
22	Zachary Schakner	5'9"	26
24	Pat Metz	6'1"	24
30	David Neder	6'0"	27
31	Ryan Slaughter	5'10"	28
36	Matt Heffernan	5'10"	26
49	Matt Parisi	5'10"	27
56	Adam Bunn	5'9"	27
68	Allen Lai	5'10"	24
71	David Billings	6'4"	31
80	Kevin Smith	6'0"	27
84	Matt Welsh	6'0"	27
99	Tim Gilligan	5'10"	21

OPEN DIVISION

TANASI

NASHVILLE/KNOXVILLE, TN

Captains: Ryan Balch, Cameron Amey, Ray Davenport

Tanasi is a revival of the former Tanasi team that competed in the early 2000's. The current version of the team is in its second year, finishing 3rd at regionals behind Doublewide and Chain in 2009 and 2010. Though the players on Tanasi are young (only two players have competed at the Club Championships), they are athletic and play together well as a team. Players come from Tennessee, Alabama, Georgia, and Cavernous Caverns from across the south. See you all on the field and at the party!! FYT!!



ROSTER

1	Tyler Conger	6'2"	23
2	Chris Browning	5'7"	26
4	Ryan Archibald	6'0"	24
6	Phil Brock	5'10"	22
7	Alex Dagley	6'1"	22
8	Tim Brady	5'7"	21
9	Cameron Amey	6'0"	26
10	Zach Hipkens	6'0"	23
11	Jake Wright	6'0"	24
14	Brian Belkin	5'11"	29
15	Ray Davenport	6'2"	25
16	Nick Thomas	6'0"	23
18	Chad Borer	5'10"	25
20	Eliot Alexander	5'11"	24
21	Ryan Balch	6'1"	32
22	Matt Kress	6'0"	27
23	Craig Stewart	6'2"	24
24	Josh Currey	6'2"	25
30	Dane Hinton	6'2"	21
36	Nicky Spiva	6'1"	22
66	Rob Hilton	5'9"	27
84	Gray Lloyd	6'4"	25
90	Markham Shofner	6'0"	21

TRUCK STOP

BALTIMORE, MD/WASHINGTON, DC

Website: www.truckstopultimate.com

Captains: Brian Stout, Keven Moldenhauer, Sean McComb

Truck Stop is making its fifth consecutive appearance at the Club Championships. Though the D.C. and Baltimore area is well known for its transience, this team has kept a core together over the last few years that has led to one of the strongest seasons in memory: Colorado Cup and Mid-Atlantic Regional championships as well as strong performances at ECC and Chesapeake. The camaraderie that makes the Truck such a joy to be a part of has also contributed to many ingenious cheers you may hear this weekend. Here is some background information on a few:

- "Stop Halloween arson" - a cause we can all rally around, also note of our building up to playing Ring of Fire...and the need to work hard to qualify for a tournament on Halloween.
- "Kobe" - sweet throw...preferably by Alan)
- "Blackhawk up" - Big sky by anyone on the team. The thought is that Truck Stop is so powerful that as a team we can rewrite history such that Blackhawk did not go down.
- "Chow Mein" - said after sweet throws
- "TIA" - Stands for "This Is Africa." After we get a sick block and score we can repeat this several times.
- "Mississippi Quick Step" - George Hughes Strange



ROSTER

00	David Boylan-Kolchin	6'1"	28
1	Daniel Kantor	5'10"	24
2	Sean McComb	6'0"	27
3	Jake Christian	5'9"	24
4	Robin Poullath	6'1"	28
5	Keven Moldenhauer	6'0"	34
6	Bobby Gordon	5'10"	27
7	Sean Keegan	5'11"	23
8	Adam Sigelman	5'11"	28
9	Andrew Berry	6'1"	28
10	Ryan Todd	4'11"	30
11	Russell Howd	6'0"	22
12	Brent Bellinger	6'0"	26
14	Michael McAndrew	6'0"	28
18	Ernesto Ricourt	6'0"	28
20	Ryan Morgan	6'1"	28
21	Robert Dulabon	6'1"	25
22	Brian Stout	6'5"	28
24	Kenneth McWilliams	6'0"	24
30	Francisco Hazera	6'4"	24
34	Calvin Oung	6'1"	30
40	Jeff Wodatch	6'1"	23
41	Noah Eden	6'0"	28
47	Tommy Nicholson	6'1"	27
67	Ben Cohen	5'11"	34
87	Alan Kolich	5'10"	23
99	George Hughes-Strange	6'5"	27



WOMEN'S DIVISION

BENT

NEW YORK, NY

Website: bentultimate.weebly.com

Captains: Claire Storck, Linda Dolan, Monica Heger, Holly Shapiro

Coach: Lionel Winger

B-E-N-T. BENT! BENT! BENT! We're the NYC women's Ultimate team, in the midst of our second year of existence. We may be new, but we have worked hard to leave an impression. As a group of varied women pulled together with the drive to be a national-level team, in our first year, we were invited to Emerald City Classic (ECC) in Seattle to be a part of elite competitive play and finished third at Northeast Women's Club Regionals, falling just short of a Championships bid.

So far, our second year has proven to be just as spectacular. Despite flux in the team roster, we again achieved a bid to ECC and displayed our incredible potential for greatness at Chesapeake Open with a second place finish. We have the drive, energy, and talent to be competitive in the 2010 USA Championship Series. Even more importantly, we thrive on having fun both on and off the field, which is crucial for success as a team.

Find out more about us at <http://bentultimate.weebly.com> or like "BENT Ultimate" on Facebook!



ROSTER

1	Pooja Shah	5'5"	26
2	Amanda Lobel	5'8"	22
3	June Bae	5'3"	29
4	Deirdre Ronaldson	5'8"	30
5	Erin Herzog	5'7"	30
7	Kimberly Beach	5'5"	38
8	Whitney Viets	5'5"	23
9	Linda Dolan	5'8"	27
11	Holly Shapiro	5'4"	25
13	Rebecca Tucker	5'4"	28
14	Kerry Beyrer	5'8"	25
17	Marika Austin	5'7"	22
19	Megan Randall	5'4"	25
21	Cara Brown	5'1"	20
22	Shelley Su	5'5"	30
26	Claire Storck	5'5"	26
28	Monica Heger	5'8"	29
32	Melanie Harvey	5'7"	29
77	Minerva Muzquiz	5'2"	25
83	Patricia Funk	5'6"	27
86	Rowan Sill	5'8"	28
88	Kelly Hyland	5'4"	22

BRUTE SQUAD

BOSTON, MA

Website: www.brutesquad.buda.org

Captains: Christie Kim, Peri Kurshan, Shelly Peyton

Coaches: Bill Rodriguez, Michael Lawler

Since Brute Squad formed in 2002, we've not-so-accidentally turned intra-city college and club rivals into incredible friends, teammates, and more often than not - roommates. The 2010 season marks an extra special year as we've finally overcome our biggest cross-town differences by incorporating the best women's players in Boston into what we've all secretly been hoping for: One. Single. Team. Granted, it's a crazy meringue of flamingos, hyenas, coyotes, antelopes, those lizards that run on water, slytherins, hufflepuffs, non-magical creatures and everything in between, but our commitment to each other and to our team has us working hard every weekend to push each other to bring out our best. Recognizing our strength is in our diversity, our dedicated coaches and captains have transformed the delightful chaos of the Brute Squad zoo into a crisp, composed offense with a tenacious and suffocating defense. We are the Brute Squad, and the only play we run is called chainsaw. Chaaaainsaw? CHAINSAW!



ROSTER

2	Jessica Blanton	5'3"	27
3	Sara Jacobi	5'5"	25
4	Betsy Calkins	5'4"	29
5	Blake Spitz	5'6"	28
6	Kathy Dobson	5'10"	29
7	Lauren Nelson	5'5"	24
8	Stephanie Barker	5'8"	24
9	Chelsey Burrows	5'6"	21
10	Amber Sinicrope	5'4"	21
11	Christie Kim	5'4"	24
12	Dory Ziperstein	5'6"	22
13	Beth Nakamura	5'7"	27
14	Hana Kawai	5'8"	23
15	Julia Echterhoff	5'8"	31
16	Shelly Peyton	5'4"	30
17	Dominique Fontenette	5'8"	35
19	Chrissy Dobson	5'10"	29
20	Sarah Cook	5'3"	31
21	Vivian Zayas	5'6"	38
22	Rana Kannan	5'3"	28
24	Peri Kurshan	5'5"	30
25	Tabitha Bennett	5'3"	24
27	Maureen McCamley	5'6"	30
29	VY Chow	5'8"	35
32	Lisa Kanner	5'6"	28
82	Tracy Woo	5'10"	31

WOMEN'S DIVISION

CAPITALS

TORONTO/OTTAWA, ON

Captains: Alyson Walker, Danielle Fortin, Kaitlyn Lovatt, Kate Werry, Kristin Laurin

In its short five-year history, Capitals Ultimate has made a name for itself on the UPA scene. In 2005, top-players from the Ottawa and Toronto competitive clubs joined to make a run at the series. After three days of competition in Sarasota, the Capitals shocked the crowds with a jump from 16th to 6th place. In its second and third seasons the team recorded two more top 8 finishes (7th/5th). With 2008 being a world clubs year, Capitals lost a few key players to Team Canada and had a new core of players getting their feet wet for the first time in Sarasota. The result was a 9th place finish in 2008. In 2009, the Capitals had their strongest finish ever, losing their semifinal game by one point, and placing third. This year, with most players having competed together on Lotus at WUCC, the Capitals are a unified team aiming to achieve their best showing yet on the polo fields of Sarasota.



ROSTER

00	Lisa Di Diodato	5'4"	31
3	Shannon Becker	5'8"	25
4	Sarah Kidd	5'3"	24
5	Anne Mercier	5'8"	21
6	Meredith MacNaughton	5'7"	33
7	Kate Cavallaro	5'7"	33
11	Danielle Fortin	5'4"	24
12	Carla Difilippo	5'5"	32
13	Alyson Walker	5'6"	36
15	Sonia Komenda	5'5"	21
16	Martha Paterson	5'10"	27
18	Josee Guibord	5'4"	33
19	Kaitlyn Lovatt	5'10"	24
21	Kristin Laurin	5'7"	26
26	Natalie Fitzgerald	5'4"	28
44	Elizabeth Love	5'6"	30
50	Laurel Berkowitz	5'9"	24
55	Mal Lundgren	5'10"	28
59	Marie-Celine Alexander	5'3"	30
60	Dominique Rioux	5'6"	19
79	Alena Papayanis	5'6"	30
88	Kate Werry	5'8"	32

FURY

BAY AREA, CA

Website: www.furyultimate.com

Captains: Alex Snyder, Nancy Sun

Coach: Matty Tsang

The tale of Fury Oh-Ten began when mostly old faces, with the addition of some blondes, cagey vets and a heart breaker gathered amongst the mud puddles in the land by the Bay with the familiar hum of planes overhead. From the beginning all involved knew that the journey would not be easy. Along the unmarked trail a clock tower was found and summited, but not before exploring new lands, donning sequin tube tops, avoiding assassinations, graciously declining Snickers bars and relaxing in trash can ice baths. This first stage of the journey culminated with the winning of an epic battle that came down to the wire.

After returning to more familiar lands, Fury Oh-Ten sadly said goodbye to a few close friends before continuing. Next came the long anticipated reunion of rusty legs and throws, togas, and trapped scooters, Jobe finding an extra -be in the reeds, and a physics lesson in the shadow of a water tower, *clap clap clap*. The final stage of the journey has begun and all 27 members know what must be done. Fury Oh-Ten is ready to step in to the ring.



ROSTER

3	Karen Brimacombe	5'2"	41
4	Alex Snyder	5'8"	27
5	Emily Damon	5'6"	23
6	Alicia Dantzker	5'8"	26
7	Kaela Jorgenson	5'8"	22
8	Nancy Sun	5'6"	28
9	Alicia Barr	5'6"	37
10	Genevieve Laroche	5'8"	32
11	Lauren Casey	5'8"	27
13	Cree Howard	5'8"	23
14	Liz Penny	5'7"	31
17	Nicole Beck	5'5"	42
18	Amanda Leahy	5'5"	25
19	Alicia White	5'7"	28
20	Kari De Leeuw	5'8"	34
22	Arlie Stern	5'2"	36
23	Megan Schoellhamer	5'6"	26
24	Jody Dozono	5'2"	37
25	Abby Christopher	5'7"	25
27	Ness Fajardo	5'7"	26
34	Robin Davis	5'6"	31
41	Yelena Gorlin	5'7"	26
42	Darragh Clancy	5'6"	24
66	Lakshmi Narayan	5'8"	26
71	Manisha Daryani	5'4"	27
88	Manu Argilli	5'7"	35
91	Georgia Bosscher	5'7"	23

WOMEN'S DIVISION

MOLLY BROWN DENVER/BOULDER, CO

Captains: Anna Schott, Anne Pogoriler
Coach: Catt Wilson

Pshhht. Escaping a sinking ship in the cold waters of the northern Atlantic is like the easiest thing Molly Brown ever did. An advocate to disenfranchised women and workers in the 1900s, MollyB was dedicated to philanthropy and social reform in Colorado and beyond. Why? She had a passion for equality and greatness. How did she succeed? She kept at it. She worked hard. She had fun.

This season, we have honored her indomitable spirit and combined a dangerous blend of speed and talent hand-picked from the Rocky Mountains to make some noise at our first appearance at the Club Championships. Molly Brown is all about overcoming adversity whether it be surviving impact with a giant iceberg or scoring double-game point. Anchoring the squad is Coach Catt Wilson, of Mamabird and Johnny Bravo fame, bringing new strategy and focus to the MBT.

Molly Brown ain't throwin out no life rafts on D, so you're advised to run to the disc as fast as humanly possible (and mostly throw dumps). We are unpredictable. We are unsinkable. For real.



ROSTER

1	Sara Hill	5'5"	31
2	Emily Hanson	5'4"	29
6	Yelena Onnen	5'9"	29
7	Sophie Herscu	5'4"	22
9	Leslie Schein	5'4"	32
10	Lindsey Cross	5'8"	22
11	Dena Slattery	5'5"	25
12	Shannon Waugh	5'4"	22
13	Kath Ratcliff	5'8"	30
15	Anne Pogoriler	5'5"	32
17	Anna Schott	5'7"	26
19	Amanda Good	5'5"	19
20	Jamie Anderson	5'9"	30
21	Beth Goldstone	5'3"	27
22	Kelley Kneib	5'5"	33
31	Stephanie Shea	5'5"	30
33	Jana Krutsinger	5'7"	37
40	Michelle Groscoast	5'7"	28
43	Kelly Bolt	5'4"	26
55	Leah Borsheim	5'6"	30

NEMESIS CHICAGO, IL

Website: www.chicagonemesis.com
Captains: Jessica Hellyer, Sally Mimms, Christine Dube
Coaches: Pfil Broering, Akira Yamaguchi

Nemesis, the Greek goddess of Invasion, grew up in a cornfield on the south side of Chicago. Unbeknownst to local farmers, the corn had been imported from Canada, and as an alien species, began to take over and dominate the entire city. Nemesis took over every inch of land occupied by her cornfield, looked around, and said, "not enough." So she expanded her territory further and further, terrorizing the local wildlife and creating the largest corn maze in the history of the world. Not long ago, a crop duster in North Chicago noticed some strange formations in the corn, resembling the words "Nemesis invades Sarasota." The corn never lies.



ROSTER

0	Laura Moore	5'10"	24
1	Candice Tse	5'1"	27
2	Lizzy Shiel	5'4"	26
3	Lori Eich	5'6"	29
4	Ali Harris	5'5"	23
5	Erin Percival	5'9"	29
7	Christine Dube	5'3"	26
9	Lien Hoffman	5'5"	19
10	Jessica Hellyer	5'2"	30
11	Brit Belsheim	5'7"	26
12	Megan Torney	5'9"	26
14	Mel Lau	5'2"	26
16	Christine O'Brien	5'11"	21
17	Kate Fasbender	5'6"	22
21	Kelly Johnson	5'6"	23
23	Sally Mimms	5'7"	31
25	Courtney Kiesow	5'9"	25
33	Lindsay Schneider	5'2"	28
37	Servia Rindfleisch	5'3"	24
47	Alyssa Kelly	5'7"	21
51	Adrienne Ohler	5'9"	30
77	Sara Miller	5'7"	21
88	Val Ngai	5'5"	35



WOMEN'S DIVISION

◎ OZONE ATLANTA, GA

Website: ozoneultimate.com

Captains: Maggie Jackson and Anna Bucher

Coaches: Kyle Weisbrod and Aaron Abrams

Celebrating our 26th season, Ozone has done our best to represent Atlanta wherever we go. We've got better costumes than Elton. Our beverage of choice is always Coca-Cola. We've rediscovered our youth and we've been playing great ever since. We are so proud to represent the South, and of our rich history with Atlanta women's Ultimate.



ROSTER

00	Mary Grace DeCasta	5'4"	21
3	Abbie Roberts	6'4"	29
5	Meredith Leahy	5'5"	30
8	India Stubbs	5'8"	17
10	Sophie Darch	4'11"	18
11	Kirsten Shell	5'5"	27
12	Annie Newton	5'4"	26
14	Allison Snow	5'3"	23
18	Michelle VanHandel	5'9"	27
24	Katherine Wooten	5'11"	28
25	Kate Wilson	5'3"	27
42	Taylor Horton	6'2"	21
64	Maggie Jackson	5'10"	26
71	Angela Lin	4'11"	29

◎ PHOENIX TRIANGLE AREA, NC

Captains: Cate Foster, Leila Tunnell, Lindsey Hack

Coach: Tully Beatty

The Phoenix is a vibrant, mythical bird that will typically live 500 to 1000 years and then build a nest. The Phoenix will ignite the nest and burn fiercely until out of the embers and ashes a young Phoenix is reborn anew. This new Phoenix is destined to live as long as its old self.

A new Phoenix has been reborn in NC women's Ultimate. This new Phoenix recognizes that a tradition of winning has been built by the sweat of previous generations. We respect and thank the women who have gone before us. It is with our deepest gratitude that we go forward, hoping that we may ignite a history of excellence as long as the previous.

Phoenix is a program dedicated to opportunity for play for women. Therefore, Ember was born. The Phoenix program seven core values we live by are:

1. We play for the love of the game.
2. We play for our teammates.
3. We are relentlessly positive
4. We are coachable.
5. We believe in Spirit of the Game.
6. We believe that success and failure are not synonymous with winning and losing.
7. We believe that if you love what you do, you will never work a day in your life.



ROSTER

00	Sharon Tucker	5'4"	26
1	Kelly Tidwell	5'1"	22
4	Juliette McNamara	5'7"	25
5	Jessi Jones	5' 8"	20
6	Sara Dieter	5'6"	28
7	Janna Coulter	5'8"	21
9	Jessi Witt	5'7"	32
10	Teresa Rouse	5'5"	25
11	Jennifer Waldrup	5'11"	27
13	Jennifer Joyner	5'10"	27
14	Claire Calise	5'9"	24
17	Cate Foster	5'5"	26
18	Leila Tunnell	5'10"	22
19	Whitney Morgan	5'4"	30
22	Nicole Chauvigne	5'8"	28
23	Lindsey Hack	5'9"	29
24	Christina Beauchamp	5'6"	27
25	Sasha Resnick	5'4"	30
27	Tania Reitz	5'6"	23
30	Heather Zimmerman	5'1"	22
34	Frannie Goodrich	5'10"	36
42	Britta Jones	5'8"	24
44	Katy Harris	5'6"	31
51	Lindsay Lang	5'6"	19
54	Lauren Gardner	5'4"	29
74	Melissa Gannon	5'8"	20
84	Kate Morrison	5'6"	27



WOMEN'S DIVISION

POP

MINNEAPOLIS, MN

Captains: Anna Hagstrom, Jill Oesterreich Kiener

2008 was a remarkable year in history: Obama was elected President of the United States, California legalized same sex marriage, the world's first pregnant man gave birth to a daughter, snowfall was detected on Mars, Britney Spears made her comeback, the iPhone was released, and the Minnesota Ultimate team Pop was formed. Three years later this team is younger (how did that happen?), faster, and gearing up for its 3rd consecutive trip to Sarasota. 2008 was a remarkable year, but Pop 2010 is ready to make its own history!



ROSTER

1	Christie Dosch	5'4"	27
5	Bridget Norris	5'4"	28
6	Michelle Verant	5'8"	26
7	Sanna Beek	5'9"	24
9	Anna Hagstrom	5'4"	28
10	Brit Gartner	5'6"	20
11	Emily Muirhead	5'6"	25
12	Rebecca Enders	5'11"	20
15	Sarah Solarz	5'6"	27
16	Beth Bernhardt	5'8"	27
18	Jill Kiener	5'7"	30
19	Megan Molteni	5'1"	24
21	Patty King	5'4"	23
23	Anna Snyder	5'9"	21
25	Elise Rasmussen	5'6"	20
27	Sarah Weeks	5'4"	30
35	Sarah Hoistad	5'6"	21
39	Christine Rosen	5'4"	21
42	Robin Kunze	5'10"	38
48	Krissy Morin	5'3"	26

REVOLUTION

ST. LOUIS, MO

Captains: Britt Gott, Emma Harty, Abby Stephens, Sam Huo, Tasha Parman

RevoLUTION is a first-year team made up of women hailing mostly from St. Louis, with additional talent from recent college alumni and current students from Washington University, Saint Louis University, University of Kansas, Truman State, University of Iowa, and Iowa State. After years of initial planning, we were finally established this past spring with the goal of enhancing the growth of women's Ultimate locally and regionally. We want to increase the opportunities for a higher level of play in the Club, College, and Youth scenes by bringing together competitive and spirit-minded female athletes from around the Midwest. Revo is thrilled to represent the Central Region at the Club Championships this year, and we hope to bring inspiration to other women's programs.



ROSTER

1	Abby Stephens	5'6"	23
2	Lindsey Gapstur	5'2"	22
3	Laura Halfmann	5'6"	24
5	Danielle Blatt	5'4"	19
6	Kate Wilson	5'6"	21
8	Megan Greenwood	5'4"	22
9	Kami Groom	5'5"	20
10	Tasha Parman	5'9"	23
11	Ellen Miller	5'5"	22
12	Kasey Sudkamp	5'9"	29
13	Emma Harty	5'4"	33
14	Britt Gott	5'9"	28
19	Kara O'Malley	5'4"	23
21	Michelle Place	5'4"	23
23	Sam Huo	5'6"	21
24	Megan Epperson	5'6"	26
25	Hilary Biggar	5'2"	22
26	Tricia Wong	5'4"	23
27	Katie Bilek	5'8"	23
34	Melissa Huegerich	5'4"	25
47	Theresa Chan	5'2"	21

WOMEN'S DIVISION

RIOT

SEATTLE, WA

Website: seattleriot.org

Captains: Sarah Griffith, Gwen Ambler

The rich history of Seattle women's Ultimate began in the late 1980s and evolved through the 1990s with Women on the Verge – a team that notched numerous successful Club Championships appearances, as well as three WUCC titles. With the turn of the millennium came the birth of Riot, a team name inspired by the 1999 WTO riots in Seattle. In 2001, the Riot red made its first appearance at the Club Championships, and the team played to a silver-medal finish.

This season marks Riot's tenth consecutive Club Championships appearance. Meanwhile, the team has accumulated two Club Championships, one World Championship, and a slew of silver and bronze medals – never finishing lower than the semifinals of Championship play.

Riot also prides itself on sharing our love of Ultimate whenever and wherever possible. In addition to our participation in incredible international programs such as Torneo Eterna Primavera and Ultimate Peace, the Seattle women's clinic celebrated its 15th anniversary this summer, and more than half of the team coaches youth Ultimate.



seattleriot

ROSTER

3	Lisa Niemann	5'4"	26
4	Rohre Titcomb	5'6"	22
5	Kate Kingery	5'6"	31
6	Sarah Griffith	5'5"	24
7	Calise Cardenas	5'4"	23
8	Gwen Ambler	5'10"	29
9	Alyson Thieman	5'10"	23
11	Shannon O'Malley	5'5"	23
12	Wynne Scherf	5'7"	29
13	Heidi-Marie Clemens	5'4"	29
15	Drew Johnson	5'7"	21
16	Maddy Frey	5'7"	31
17	Jinny Eun	5'4"	30
23	Caitlin Cordell	5'3"	27
25	Miranda Roth	5'9"	28
31	Jenn Willson	5'9"	33
34	Loriana Berman	5'6"	28
37	Liz Duffy	5'7"	35
38	Kathryn Lawson	5'1"	27
39	Sarah Ross-Viles	5'8"	30
43	Emily Baecher	5'7"	23
48	Erin Gallagher	5'7"	32
66	Val Dion	5'8"	33
69	Alyssa Weatherford	5'5"	23
88	Claire Suver	5'3"	23

SAFARI

SAN DIEGO, CA

Website: www.safariultimate.com

Captains: Brooking Gatewood, Vivi Mai

Safari still rising out of the jungle is again back at the Club Championships and hungry for victory. Despite our ever changing faces, our tradition of playing hard stands strong. We overcame many obstacles this season and remain one of the longest running Championships level teams in the country with 20+ years under our belt. Safari brings a fast, young team to the Championships this year with a handful of veterans to balance us. We play for the love of the game, the win, and each other. Safari is a word derived from the Swahili verb meaning "to journey". As Safari we have all embarked on a journey enriched with friends, experiences and struggles. As the popular saying goes: "No journey worth taking is easy." But, it is worth taking nonetheless.



ROSTER

1	Goldamer Thach	5'7"	25
4	Brittany Cabriales	5'4"	20
5	Sarah Skye McNees	5'7"	21
6	Amy Besek	5'5"	23
9	Amy Little	5'8"	37
11	Iris Leung	5'2"	23
12	Melissa Spalding	5'8"	22
17	Amy Chang	5'6"	24
20	Shar Stuit	5'7"	42
23	Brooking Gatewood	5'9"	27
24	Vivi Mai	5'3"	27
26	Alexa Dix	5'5"	27
27	Rosalind Tsao	5'5"	22
43	Lauren Silverman	5'3"	21
51	Katherine Miles	5'6"	24
52	Annie Ngo	5'3"	23
69	Angela Wells	5'4"	24
72	Ruth Chen	5'5"	28
77	Jennifer Sanderson	5'6"	32
86	Kristen Boles	5'6"	25
89	Brenda Stevens	5'7"	24
96	Patricia Anderson	5'5"	21

WOMEN'S DIVISION

SCANDAL WASHINGTON, D.C.

Website: scandalultimate.com
Captains: Katie Klein, Jenny Fey
Coach: Nate Miller

Whoa, free boat ride for three to the Club Championships. Now who should we take? Nate Miller...and T-Payne! Cool. Get your towels ready, the boat is back with a Regional title. We've decided to take our talents to South Beach Sarasota. We're Scandal and we're here to crash your Tea Party. So, get out your nine iron and bust a taillight. Believe us when we say, we are for real.

SCANDAL

ROSTER

2	Huldah Gronvall	5'6"	28
3	Marie Laurenza	5'7"	26
4	Allison Maddux	5'2"	25
5	Crystal Davis	5'6"	27
6	Ashley Daly	5'6"	26
7	Adrienne Nicholson	5'5"	25
8	Octavia Payne	5'5"	21
9	Taryn Price	5'10"	31
10	Katie Klein	5'8"	29
11	Trudy Philip	5'4"	34
13	Jenny Fey	5'8"	25
14	Sam McClellan	5'6"	24
15	Margalit Gould	5'7"	28
17	Sandy Jorgensen	5'10"	24
21	Carolyn Scully	5'5"	30
22	Rebecca Rundle	5'9"	25
23	Johanna Neumann	5'11"	31
27	Heather Smith	5'4"	24
33	Maureen Hsia	5'5"	24
42	Meredith Sheperd	5'7"	27
51	Jill Bingham	5'10"	28
55	Molly Roy	5'3"	23
81	Charlie Mercer	5'8"	23
99	Jennie Wellman	5'1"	32

SHOWDOWN AUSTIN, TX

Website: showdownultimate.com
Captains: Michelle Ng, Tina Woodings
Coach: Mark "Moose" Krasniewski

Showdown emerged in the spring of 2006 after a small group of players from Austin and Houston came together with the same burning desire to play Ultimate at an elite level. Ever since the first tryouts in the spring of 2006, we have been selecting top-tier women Ultimate players from all around Texas to join the Showdown force. In 2008, we placed 6th in Sarasota, and last year we took 5th place, earning a spot to go to Worlds in Prague. After some vets retired, we lured in rookie talent from the Third Coast and hope to make some noise at the Championships once again.

SHOWDOWN

ROSTER

1	Amanda Berens	5'4"	30
2	Katie Blyth	5'5"	22
3	Mia Iseman	5'6"	25
5	Cara Crouch	5'8"	28
6	Sheila Ogden	5'8"	27
8	Amanda Hepp	5'4"	29
9	Whitney Miller	5'3"	21
10	Michelle Ng	5'3"	27
11	Katey Forth	5'5"	35
12	Christina Choffel	5'5"	27
13	Sarah Blyth	5'4"	25
18	Hannah Giles	5'6"	25
19	Alyssa Ricker	5'5"	25
21	Kim Breese	5'7"	26
22	Rebecca Shelton	5'7"	24
23	Lilly White	5'6"	21
24	Holly Greunke	5'4"	26
25	Tina Woodings	5'8"	27
31	Shelby Kuni	5'8"	23
33	Meredith Hicks	5'7"	20
34	Jess Huynh	5'5"	26
50	Marjo Manalang	5'3"	25
87	Ashley Greiwe	5'4"	23
99	Janel Venzant	5'6"	21

WOMEN'S DIVISION

STORM MONTREAL, QC

Captains: Marie-Eve Latendresse, Geneviève Dufresne, Caroline Cadotte, Sonia Krajcicek, Catherine Viau
Coach: Lorne Beckman

Storm is a Montreal based team that was started in 2004. Ever since its first year, Storm has steadily climbed the ranks of Canadian Ultimate, always making the quarterfinals at Canadian Nationals, culminating in their first victory at this year's Nationals in August. Storm also attended WUCC 2010 in Prague, finishing 13th and gaining valuable international experience. After 5 tries, this is the first year that Storm has succeeded in qualifying for the USA Ultimate Club Championships. In fact, Storm is the first Montreal team to ever qualify! Despite our lack of experience at the Club Championships (only 3 players have ever participated), we are sure to surprise teams with our fearless approach on the field, our French-speaking skills, and our top notch defensive skills.



ROSTER

2	Renee Dumont	5'5"	32
4	Caroline Cadotte	5'7"	27
5	Alexa Lavergne	5'9"	28
6	Sonia Krajcicek	5'10"	35
7	Kaoru Matsui	5'5"	34
9	Marie-Eve Latendresse	5'7"	33
10	Christine Lord	5'5"	32
11	Claudie Turcotte	5'4"	31
12	Melanie Gagne	5'4"	33
13	Frederique Asselin	5'5"	30
14	Marie-France Hivert	5'4"	32
19	Geneviève Dufresne	5'10"	33
20	Marie-Helene Audet	5'3"	29
23	Julie Daviau	5'9"	26
28	Isabelle Lemay	5'8"	27
27	Sarah Latendresse	5'2"	29
30	Helena Skrotzky-Boisvert	5'6"	29
31	Catherine Viau	5'7"	34
32	Marie-Eve Robert	5'4"	30
33	Julie Landry	5'6"	28
38	Cathy Janvier	5'6"	39
88	Naomi Jackson	5'9"	31

TRAFFIC VANCOUVER, BC

Captains: Eva Cham, Betsy Chan, Candice Chan, Kira Frew, Amy Hodgins
Coach: Jeff Cruickshank

Traffic formed in 2007 in the rainy city of Vancouver, BC. This year the team is a combination of wise veterans and speedy youngsters ready to take on the heat in Florida. This will be Traffic's third UPA Club Championships and they are looking fierce after wins at Flowerbowl and Solstice, and a challenging third-place win at the perpetually difficult Northwest Regionals.

Although Traffic did not send a team to Club Worlds this year, several of the players represented Canada not only in Prague, but also on the U23 team in Italy, and the U20 team in Germany. After some world travelling, Traffic is ready for yet another challenge and is stoked to be escaping the rain for a few days of sun, beach, and costumes. (Watch out for an OP comeback...)



ROSTER

1	Megan O'Brien	5'6"	28
2	Louisa Thue	5'6"	35
3	Michelle Ning	5'6"	28
5	Ashlee Davison	5'9"	27
6	Betsy Chan	5'0"	25
9	Karen Wright	5'9"	33
11	Eva Cham	5'2"	35
12	Catherine Hui	5'5"	20
15	Jessie Wu	5'7"	25
17	Candice Chan	5'2"	29
18	Kira Frew	5'1"	24
20	Kat Neal	5'3"	29
21	Sanya Pleshakov	5'11"	32
22	Sarah Bobak	5'8"	23
23	Jaimie Kot	5'4"	26
26	Beverly Porter	5'6"	33
32	Neiltu Rishi	5'10"	33
37	Tasia Balding	5'10"	31
54	Lindsay Nettlefold	5'3"	29
61	Amy Hodgins	5'5"	28
66	CrystalKoo	5'0"	20
72	Amira Maddison	5'10"	17
77	Jennifer Kwok	5'6"	34
83	Janice Lo	5'4"	27
88	Barb Paulsen	5'9"	34



10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of the doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "Treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed, SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following point No. 1 above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T "GIVE AS YOU GOT."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring up the issue with a captain, Tournament Director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We

recall point No. 1: treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out?; did you hit his hand or the disc?; did that pick affect the play?). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on her good catch. Remark to a teammate that you admire his honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long-term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee on March 29, 2005.

Matt Lane Photos



www.mattlanephotos.com

FIVE ULTIMATE IS HERE!

We've got official 2010 USA Ultimate Club Championships merchandise, comfortable couches, and a collection of cool activities for players and fans. Our goal is to help make this tournament the best Club Championships to date, so swing by the pavilion and check out the scene...

- * Get your hands on some cutting edge ultimate apparel. Check out our new jersey fabric, Electro.
- * Pick up your Club Championships postcard, fill it out, and drop it in our mailbox. Postage is on us.
- * Fill out a bracket by Friday 9:00am EST for a chance to win sweet prizes from Five Ultimate.
- * Donate a used disc to Discs for Development and do your part in supporting Ultimate's development around the world.
- * Take 5 or 10 at our internet station - remind your Facebook friends that you're in Florida, and fill your fans in on how awesome that layout D from last game was!
- * Win free Five Ultimate gear! Try your hand at our mini disc carnival game.
- * Bust out your sunglasses, sit back, and relax in the player lounge.



SHOOTING PHOTOS/VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as the rights of participating athletes and to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. Please see USA Ultimate Director of Marketing and Communications, Andy Lee, at the event for more information.

EVENT COVERAGE

USA Ultimate will provide extensive event coverage of the 2010 Club Championships throughout the week on its website. For the latest results, photos, event reports and video clips, or to discuss the event on USA Ultimate's message boards, visit www.usultimate.org.

VIDEO COVERAGE

USA Ultimate will be providing players and fans with comprehensive video coverage, including live streaming of each division's finals! UltiVillage will be on hand to produce daily highlight clips and round-by-round coverage, as well as a daily wrap up show with highlights, commentary and insight into the day's big stories. Be sure to check out usultimate.org to watch all the video coverage from the Club Championships.



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