



# EVENT GUIDE \$2



MULTI-SPORT  
ORGANIZATION

# ONLY THE BEST!



Photo by Burt Granofsky /UltiPhotos





---

# TABLE OF CONTENTS

## EVENT INFORMATION

Event Staff.....	3
Welcome.....	4
Site Rules.....	5
Weekend Overview.....	6-7
Addresses & Directions.....	9
Learn to Play.....	10

## SPECTATOR INFORMATION

Follow the Action.....	11
Information Tent.....	12
Shooting Photos & Videos.....	12
Ultimate in 10 Simple Rules.....	13
Past National Champions.....	14-15
Common Ultimate Terms.....	16
Spirit of the Game.....	17-21
Men's Teams.....	22-29
Mixed Teams.....	30-37
Women's Teams.....	38-45

## PLAYER INFORMATION

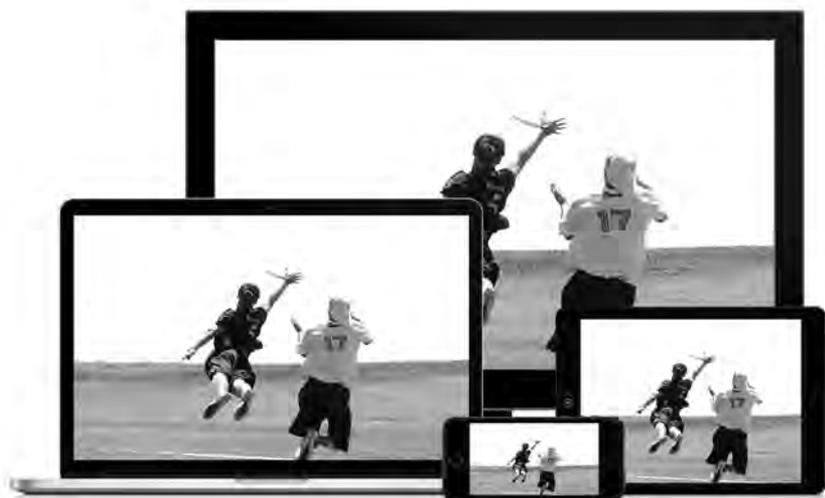
Competition Rules.....	47
Health & Safety.....	48-49
USA Ultimate Coaching Information.....	51-53

## SCHEDULES AND MAP

Men's Schedule.....	54-55
Mixed Schedule.....	56-57
Women's Schedule.....	58-59
Field Map.....	61

WATCHING ULTIMATE JUST GOT EASIER

**NGN** X



[WWW.NGNULTIMATE.COM/EASY](http://WWW.NGNULTIMATE.COM/EASY)

LIVE COVERAGE FROM  
COLLEGE CHAMPIONSHIPS  
US OPEN  
PRO-ELITE CHALLENGE  
PRO FLIGHT FINALE  
CLUB CHAMPIONSHIPS

sponsored by

**patagonia**

ELEMENTAL 

# EVENT STAFF

Event staff will be wearing “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people to help you out:

## LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Jeff Jordan  
Volunteer Coordinator – Melissa Battis  
Hospitality Coordinator – Becky Burnside  
Local Media Coordinator – Kirk Wooldridge  
Head Scorekeeper – Kristen Burt  
Assistant Scorekeeper – Jarrod Hockett  
Head Statkeeper – Mark Graham  
Assistant Statkeeper – Jonathan Higgins  
Youth Programs Liaison – Michelle Walters  
Admissions Coordinator – Haley Trantum  
Social Coordinator – Ted Blanchard  
Field Logistics Coordinator – Marc Roberts  
PA Announcer – Steve Dunn

## USA ULTIMATE STAFF

Chief Executive Officer – Dr. Tom Crawford  
Managing Director, Competition and Athlete Programs – Will Deaver  
Manager, Competition and Athlete Programs – Ernest Toney  
Manager, Competition and Athlete Programs – Ty Krajec  
Manager, Education and Youth Programs – Mike Lovinguth  
Manager, Events – Byron Hicks  
Manager, Events – David Raflo  
Manager, Membership and Sport Development – Ryan Gorman  
Manager, Membership and Sport Development – Rebecca Simeone  
Director, Marketing and Communications – Andy Lee  
Manager, New Media – Matthew Bourland  
Manager, Communications and Publications – Stacey Waldrup  
Manager, Administration and Finance – Julia Lee  
Manager, Finance and Administration – Ethan Taylor-Pierce  
National Men’s Director – Adam Goff  
National Mixed Director – Dave Klink  
National Women’s Director – Remy Schor

## USA ULTIMATE BOARD OF DIRECTORS

Mike Payne, President – At-Large Representative  
Gwen Ambler, Vice President – At-Large Representative  
DeAnna Ball, Secretary – At-Large Representative  
Kathy Hendrickson, Treasurer – Mid-Atlantic Representative  
Val Belmonte – At-Large Representative  
Mary Clare Brennan – At-Large Representative  
Brian Garcia – Athlete Representative  
Stephen Hubbard – Southwest Representative  
Mike Kinsella – Central Representative  
Sandy Park – At-Large Representative  
Ben Slade – South Representative  
Henry Thorne – At-Large Representative

## OBSERVERS

Julie Morris (Head Observer), Keith Temple (Head Observer), Brian Bradburn, Hank Cary, Joshua Cooper, Janna Hamaker, Stephen Hubbard, Kai Hudek, Brandon Jones, Wally Kwong, Callum Lamb, Dan Laurilla, Maria Mendiburo, Laura Meyer, Jonathan Moore, Ben Murphy, Aaron Shelton, Bradley Tinney, Evan Valdes, Chris Vanni, Marvin Vuong, Steve Wang, Anne-Marie Wissman, Daniel Wong, Sam Wood, Dylan Zeigler

## SPECIAL THANKS

Dallas Ultimate Association, Discraft, ESPN, FC Dallas, Frisco Convention & Visitors Bureau, NexGen, VC Ultimate, all regional and sectional coordinators and tournament volunteers

# WELCOME

Congratulations on qualifying for the 2014 National Championships!

The Dallas Ultimate Association (DUA) is proud to partner with USA Ultimate to bring you the National Championships. The DUA has existed for over sixteen years running multiple leagues year round and we also help local ultimate players & teams to compete. Dallas area club, league, college, and high school players will be working hard as volunteers to help you enjoy a great tournament experience.

The Championships will be held at the FC Dallas Sports Complex in Frisco, TX, the premiere field location in North Texas and home of Dallas's Major League Soccer team. Bring footwear to support both natural and artificial turf, and expect lows in the 50s and highs in the 70s.

The FC Dallas Sport Complex is surrounded by restaurants within walking distance and close to many more. We'll supply you with details on area restaurants and nightlife, including those that offer discounts to competitors. If you have some spare time, we'll also give you a visitor guide for area sight-seeing.

All of our volunteers, without whom this event would not be possible, are eager to assist you with any tournament needs, so please let us know how we can help.

We wish you the best of luck!

Melissa Battis  
Volunteer Coordinator

Kirk Wooldridge  
Media & Sponsorship Coordinator

Jeff "JJ" Jordan  
Tournament Director

**DALLAS ULTIMATE ASSOCIATION**

<http://www.dallasultimate.org>



# SITE RULES

Facility, event staff and security will be checking to make sure people are following the site rules. If you are caught violating these rules, you will risk expulsion from the event, disqualification for your team and potential ramifications outside of the event. Thank you!

## TOYOTA SOCCER CENTER AT FC DALLAS

- Stakes longer than six inches may not be driven into the ground to hold up tents, team flags, etc. All tents must be free standing using sandbags unless approved by FC Dallas Staff.
- Do not dig holes, tear up grass, disrupt landscaping, rip turf or participate in any other activities that are destructive toward our facility.
- Fighting, cursing, loitering and any other behaviors deemed inappropriate are prohibited and are grounds for removal from the facility or possible arrest.
- Drugs, alcohol and smoking are strictly prohibited.
- Children should not be left unattended.
- Pets of any kind are prohibited within the fenced-in area of the soccer complex.
- Firearms and/or concealed weapons are strictly prohibited.
- Spectators and equipment must stay at least three yards away from sidelines. Where there are buffer lines, stay behind them. Where there are not buffer lines, stay back at least three yards.
- Trash and Recycling - Place recyclables in the recycling receptacles, and place trash in the trash containers.

# WEEKEND OVERVIEW

## FOOD AND BEVERAGE CONCESSIONS:

Food will be available for purchase at the fields throughout the weekend.

## WEDNESDAY, OCTOBER 15 AT THE RIVER CLUB BY WINSTAR WORLD CASINO AT TOYOTA (FC DALLAS) STADIUM

5:00-8:00pm Discraft Welcome Reception

7:00-8:00pm Captain's Meeting

The River Club by WinStar World Casino at Toyota (FC Dallas) Stadium

## THURSDAY, OCTOBER 16 AT TOYOTA SOCCER CENTER (FC DALLAS)

9:00am-7:45pm Pool Play

## FRIDAY, OCTOBER 17 AT TOYOTA SOCCER CENTER (FC DALLAS)

9:00am-7:45pm Bracket Play

## SATURDAY, OCTOBER 18 AT TOYOTA SOCCER CENTER (FC DALLAS)

10:00am-11:45am Pro-Flight Play-in Games: Men's, Mixed, and Women's divisions

11:00-12:30pm Learn to Play! (middle school ages)

12:00-1:45pm Mixed Semifinal at Dr. Pink Stadium

1:00-3:00pm Learn to Play! (high school ages)

1:00-2:45pm Mixed Semifinal at Field #4

2:30-4:15pm Women's Semifinal at Dr. Pink Stadium

After First Women's Semifinal

- Individual Spirit Awards (Men's Division)
- Peter Farricker Spirit of the Game Award (Men's Division)

3:30-5:15pm Women's Semifinal at Field #4

5:00-7:30pm Participant Dinner at Dr. Pink Stadium

5:30-7:15pm Men's Semifinal at Dr. Pink Stadium

8:00-9:45pm Men's Semifinal at Dr. Pink Stadium

**SUNDAY, OCTOBER 19 AT DR. PINK STADIUM (FC DALLAS)**

11:00am-12:45pm Mixed Final at Dr. Pink Stadium

Halftime

- Team & Individual Spirit Awards (Mixed Division)

Post-game

- Team 2nd and 1st Place Awards (Mixed Division)

1:30-3:15pm

Women's Final at Dr. Pink Stadium

Halftime

- Team Spirit Award (Women's Division)

Post-game

- Individual Spirit Awards (Women's Division)
- Kathy Pufahl Spirit of the Game Award (Women's Division)
- Team 2nd and 1st Place Awards (Women's Division)

4:00-5:45pm

Men's Final at Dr. Pink Stadium

Halftime

- Team Spirit Award (Men's Division)

Post-game

- Team 2nd and 1st Place Awards (Men's Division)



**DON'T TELL  
YOUR FRIENDS  
HOW GOOD YOU ARE—  
SHOW THEM**



**UltiPhotos Event Photography**

*Remember your moment forever with:*

UltiPhotos professional prints & digital downloads.

Order yours today! [www.UltiPhotos.com](http://www.UltiPhotos.com)  
[sales@ultiphotos.com](mailto:sales@ultiphotos.com)



# ADDRESSES & DIRECTIONS

**TOYOTA SOCCER CENTER AT FC DALLAS:** 6000 Main Street, Frisco, TX 75034

**BAYLOR MEDICAL CENTER AT FRISCO:** 5601 Warren Parkway, Frisco, TX 75034

## DIRECTIONS

### TO MEDICAL CENTER FROM TOYOTA SOCCER CENTER

- Head South toward Main Street
- Turn Right onto Main Street
- Turn Left onto Legacy Drive for 3.5 miles
- Turn Left onto Warren Parkway. Medical Center is 0.2 mile down Warren Parkway on the Right



## COME LEARN TO PLAY ULTIMATE



### **USA Ultimate will offer Texas area youth the chance to Learn to Play Ultimate at this fall's National Championships!**

USA Ultimate's National Championships hosts the world's best teams competing for the most prestigious title in ultimate. To take advantage of the excitement and interest generated by the National Championships, the Dallas Ultimate Association and USA Ultimate are partnering to offer a youth-focused celebration through USA Ultimate's "Learn to Play" initiative. Boys and girls from 11-18 are invited to attend, learn to play and try out ultimate, the fastest-growing team sport in the country. The event is free to the public and registered participants also receive free admission to the Championships. This is a great opportunity to learn from the best coaches and players in the country.

High school-aged participation in ultimate has soared in recent years across the United States, and more and more middle schools are joining the fray. The Texas State Championships boast more than 20 school-based teams each year from Austin, Dallas, San Antonio and Houston. Dallas Ultimate Association ([dallasultimate.org](http://dallasultimate.org)) offers opportunities for middle and high school aged play via their winter league, summer youth club and high school competition opportunities.

**COME AND LEARN TO PLAY ULTIMATE FROM 11-12:30PM  
(MIDDLE SCHOOL AGES) AND 1-3PM (HIGH SCHOOL AGES)  
ON SATURDAY, OCTOBER 18.**

**Register at <http://play.usultimate.org/events/Learn-to-Play-Club-Championships/>, click the "Learn to Play" logo at [www.usultimate.org](http://www.usultimate.org), or stop by the USA Ultimate Info Tent for registration information.**

# FOLLOW THE ACTION



## USAULTIMATE.ORG

Check out the USA Ultimate homepage for daily recaps, photo galleries and player statistics.



### TWITTER

@TripleCrownTour  
@USAUltimate

## EVENT HASHTAG: #NATIONALSTX

Be sure to # your tweets!

## TWITTER LISTS

Can't watch every game you'd like to see? Follow along in each division with the teams' Twitter accounts, all combined in one convenient feed.

### MEN'S DIVISION TEAMS:

<https://twitter.com/TripleCrownTour/lists/natstx14-men>

### MIXED DIVISION TEAMS:

<https://twitter.com/TripleCrownTour/lists/natstx14-mixed>

### WOMEN'S DIVISION TEAMS:

<https://twitter.com/TripleCrownTour/lists/natstx14-women>

# USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate Information Tent if you have any questions about the event or about USA Ultimate! During all rounds from Thursday through Sunday, there will be a USA Ultimate representative available to answer your questions. In addition, event guides and other USA Ultimate gear will be available for purchase at the tent (as well as some free giveaways all weekend!). Please let us know what you think of the event, talk to us about the Triple Crown Tour, and learn about our outreach programs! If you are not a player but want to get involved with USA Ultimate (parents, fans, spectators, etc.), you can sign up for a USA Ultimate Friends & Family membership. You'll receive membership benefits including our quarterly magazine, merchandise discounts, and more! Finally, parents and kids can get more information about the Learn-to-Play session being offered on Saturday morning (Oct. 18) at 11:00am.

## **CAN'T MAKE IT OVER TO THE TENT BUT STILL HAVE QUESTIONS?**

Send your tweets to @TripleCrownTour for help.

# SHOOTING PHOTOS/ VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at [usaultimate.org/about/usaultimate/media\\_policies.aspx](http://usaultimate.org/about/usaultimate/media_policies.aspx) or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at [stacey@hq.usaultimate.org](mailto:stacey@hq.usaultimate.org).

# ULTIMATE IN 10 SIMPLE RULES

- 1. THE FIELD:** A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.
- 2. INITIATE PLAY:** Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.
- 3. SCORING:** Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.
- 4. MOVEMENT OF THE DISC:** The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.
- 5. CHANGE OF POSSESSION:** When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.
- 6. SUBSTITUTIONS:** Players not in the game may replace players in the game after a score and during an injury timeout.
- 7. NON-CONTACT:** No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.
- 8. FOULS:** When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.
- 9. SELF-OFFICIATING:** Players are responsible for their own foul and line calls. Players resolve their own disputes.
- 10. SPIRIT OF THE GAME:** Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

# USA ULTIMATE NATIONAL CHAMPIONS

YEAR	MEN'S	WOMEN'S	MIXED
1979	Glassboro <i>Glassboro, N.J.</i>		
1980	Glassboro <i>Glassboro, N.J.</i>		
1981	Condors <i>Santa Barbara</i>	B.L.U. <i>Boston</i>	
1982	Rude Boys <i>Boston</i>	Zulu <i>Amherst, Mass.</i>	
1983	Windy City <i>Chicago</i>	Fisheads <i>East Lansing, Mich.</i>	
1984	Tunas <i>St. Louis</i>	Lady Condors <i>Santa Barbara</i>	
1985	Flying Circus <i>Bay Area</i>	Lady Condors <i>Santa Barbara</i>	
1986	Windy City <i>Chicago</i>	Lady Condors <i>Santa Barbara</i>	
1987	New York <i>New York</i>	Lady Condors <i>Santa Barbara</i>	
1988	Tsunami <i>Bay Area</i>	Lady Godiva <i>Boston</i>	
1989	New York <i>New York</i>	Crush Club <i>Los Angeles/Santa Barbara</i>	
1990	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>	
1991	New York <i>New York</i>	Lady Godiva <i>Boston</i>	
1992	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>	
1993	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>	
1994	Death or Glory <i>Boston</i>	Felix <i>Bay Area</i>	
1995	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	

<b>YEAR</b>	<b>MEN'S</b>	<b>WOMEN'S</b>	<b>MIXED</b>
1996	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	
1997	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	
1998	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	Red Fish Blue Fish <i>Bay Area</i>
1999	Death or Glory <i>Boston</i>	Fury <i>San Francisco</i>	Raleigh Llama <i>Raleigh</i>
2000	Condors <i>Santa Barbara</i>	Lady Godiva <i>Boston</i>	Spear <i>Raleigh</i>
2001	Condors <i>Santa Barbara</i>	Lady Godiva <i>Boston</i>	Trigger Hippy <i>Missoula</i>
2002	Furious George <i>Vancouver</i>	Lady Godiva <i>Boston</i>	Donner Party <i>Tahoe, Calif.</i>
2003	Furious George <i>Vancouver</i>	Fury <i>San Francisco</i>	Donner Party <i>Tahoe, Calif.</i>
2004	Sockeye <i>Seattle</i>	Riot <i>Seattle</i>	Shazam <i>Seattle</i>
2005	Furious George <i>Vancouver</i>	Riot <i>Seattle</i>	Brass Monkey <i>San Francisco</i>
2006	Sockeye <i>Seattle</i>	Fury <i>San Francisco</i>	Mischief <i>San Francisco</i>
2007	Sockeye <i>Seattle</i>	Fury <i>San Francisco</i>	Shazam Returns <i>Seattle</i>
2008	Jam <i>San Francisco</i>	Fury <i>San Francisco</i>	Mental Toss Flycoons <i>Missoula</i>
2009	Chain Lightning <i>Atlanta</i>	Fury <i>San Francisco</i>	Axis of C'Ville <i>Charlottesville, VA</i>
2010	Revolver <i>San Francisco</i>	Fury <i>San Francisco</i>	Polar Bears <i>San Francisco</i>
2011	Revolver <i>San Francisco</i>	Fury <i>San Francisco</i>	Blackbird <i>San Francisco</i>
2012	Doublewide <i>Austin</i>	Fury <i>San Francisco</i>	Blackbird <i>San Francisco</i>
2013	Revolver <i>San Francisco</i>	Scandal <i>Washington, D.C.</i>	Drag'n Thrust <i>Minneapolis, MN</i>

# COMMON ULTIMATE TERMS

**BREAKMARK** – a throw made to other side of the field from what is being forced by the marker

**BRICK** – the spot where play may be initiated when a pull lands out of bounds, typically 15 or 20 yards from the front of the offense's end zone and in the center of the field (yardage varies based on individual tournament rules); players have the option of making this call or taking the disc on the sideline closest to where it lands

**CALLAHAN** – a defensive score, occurs when a defender catches the disc in the end zone he or she is attacking

**CUP** – the wall of defenders that surround the thrower in a zone defense; the wall typically consists of 3 players, but variations with 2 or 4 defenders are also common

**FLICK** – forehand, thrown outside, away from the handler's body

**FORCE** – side of the field to which throws should be contained; the marker will attempt to take away throws to one part of the field and is said to be "forcing" throws to go up in a certain direction

**GREATEST** – a jump, throw, catch combination that occurs when the disc is out-of-bounds, but a player jumps from in-bounds, catches the disc and successfully throws it back in-bounds to a teammate

**HAMMER** – an overhead throw that starts above the shoulders where the disc turns over in the air and lands upside-down

**HUCK** – a long throw

**POACH** – a defensive decision to leave a designated one-on-one matchup, usually temporarily, to clog a cutting lane or help defend a player other than the original

**PULL** – the "kick-off" of each point in which the defensive team throws the disc from their own end zone down the field toward the offensive team

**STALL** – the 10-second count for which a player is allowed to maintain possession of the disc; the opposing, defensive player must count the 10-seconds aloud; a "stall" occurs if the disc is held for more than the 10-second count

**STRIP** – occurs when a disc is knocked out of a player's hands after they have stopped rotation and achieved possession

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

## 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is uninspired and wrong. Harassing remarks after an opponent’s foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## 5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## 6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## **7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.**

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.*

# SPIRIT AWARDS

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play.*  
- 11th Edition USA Ultimate Rules of Ultimate

## TEAM AWARDS

Following every game, each team will be asked to rate its opponent using the World Flying Disc Federation's spirit scoring system.

## WFDF SPIRIT SCORING

The objectives of the Spirit of the Game (SOTG) scoring sheet are:

- 1) Educate players on what Spirit of the Game is
- 2) Help teams to improve specific parts of their Spirit
- 3) Celebrate SOTG by awarding a prize to the team that gets the highest score

To achieve this, every team needs to score in a similar fashion. We recognize that SOTG is hard to capture exactly, and the specifics and the examples may vary by country, competition level, etc., but if players adhere to the guidelines below, the objectives of the scoring system will be achieved.

## HOW TO FILL IN THE SCORES

- Filling in the scores is a team effort. This helps in educating your players too. While this might take several minutes the first few times, it will take only a minute after you get used to it.
- It is expected that teams display normal, good spirit. The system was designed in accordance with this expectation. Therefore the baseline in each category is "Good" which equals 2 Points. For each game, determine if the other team was better than, worse than, or the same as just a regular game and score accordingly.
- Focus on each question and answer that question only. Do not start with an overall score in mind and work backwards to get that score.
- There might be many times that nothing out of the ordinary occurred at a game. As such, each category should get 2 points. A final score of 10 points is considered Good Spirit.
- Give a real score that reflects the items detailed on the sheet; do not score a team because you felt the team was 'nice' or because they made a funny game in the circle.
- Do your part of the job and bring back the sheet when requested by the TD.

## LOGISTICS:

- Teams will receive a sample scoring sheet and explanation at the captain's meeting.
- Scorekeepers will hand out the 4-team scoring sheet during your first rounds of play each day.
- After your last round of play, return the scoring sheet to the score keeper of your last game.

# SPIRIT AWARDS

## INDIVIDUAL AWARDS

Teams are asked to nominate a player from their own team who displays the highest level of spirit. The definition of spirit is up to each team but should include elements of respect, sportsmanship, leadership, perseverance, intensity, etc. Teams are asked to choose the player whose attitude should be emulated by teammates and admired by opponents. Individual spirit winners will receive a medal and a prize disc (courtesy of DISCRAFT).

**THANKS TO DISCRAFT FOR THEIR SUPPORT OF ULTIMATE AND SPIRIT OF THE GAME!**

**PETER FARRICKER SPIRIT OF THE GAME AWARD** – The spirit award in the men's division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. This award is given to a player in the men's division of the USA Ultimate Championship Series deemed to have exhibited personal responsibility, integrity and fairness combined with a high standard of playing ability. Each qualifying men's team nominates one player from its roster who best represents the Spirit of the Game. Each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. A selection committee selects one of the four semifinal nominees as the winner. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley, Josh McCarthy, Robbie Cahill, Bart Watson, Matt Rebholz, Martin Cochran and Beau Kittredge.

**KATHY PUF AHL SPIRIT OF THE GAME AWARD** – The women's division spirit award builds upon the foundations of Spirit of the Game that are reflected in the Farricker Spirit Award: ability, fairness and integrity. The Kathy Pufahl Spirit Award also recognizes those individuals who give back to our sport and is presented to the player deemed to have exhibited personal responsibility, integrity and selfless contribution to ultimate, combined with a high standard of playing ability. Each qualifying women's team nominates one player from its roster as the person who best represents the Spirit of the Game and has contributed in a substantial way to their ultimate community. At the National Championships, each of the 16 nominees is honored with a memento reflective of Kathy's love of horticulture. A vote of the qualifying teams will determine the recipient of the Pufahl Award, which will be presented after the women's final. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, DeAnna Ball, Allison Boyd, Jody Dozono, Michelle Ng, Gwen Ambler, Lauren Casey and Nancy Sun.

# SPIRIT CIRCLE

USA Ultimate began recommending post-game “spirit circles” to teams at the Youth Club Championships in 2010, and continues to do so for other championship events. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

# MEN'S TEAMS

## CHAIN LIGHTNING



### ATLANTA, GA

Website: [chainlightning.org](http://chainlightning.org)  
Captains: Andrew Hollingworth,  
Nicky Spiva, Frank Wooten  
Coach: Martin Aguilera

Chain Lighting has manufactured for customer in 60 countries with over 20 employees. Our team has always been put forward to ensure the highest customers satisfaction, constant skill development of our human resources, as well as management systems and structures that align with the dynamic environment of novel technologies and innovation. With our vision in energy saving solutions and emphasis on new technologies and innovation, Chain Lighting, as the energy saving leader, has developed a wide spectrum of products in both local and international markets, and thus was granted both national and international certificates of quality. Not only have we focused on energy saving objectives, but also on a quality standard in every manufacturing process from production, packaging, to overseas sales. Our company has been internationally guaranteed for our product quality, management system and environmental policy. Chain Lighting's potential and teamwork spirit as well as exploration and exploitation of new technologies, our team has grown strongly in parallel with awareness of social and environmental responsibility. Most importantly our mission to deliver the best to customers is always our priority.

### ROSTER

1	Jack Krieger	5'11"	24
2	Austin Taylor	5'10"	22
3	Andrew Hollingworth	5'11"	26
5	Elliott Erickson	5'8"	22
6	Allan Laviolette	5'5"	25
7	Jay Clark	6'2"	24
8	Byron Liu	5'9"	23
9	Sam Little	6'0"	21
10	Tyler Conger	6'2"	26
11	Joel Wooten	6'5"	36
12	Frank Wooten	6'5"	30
13	Jared Inselmann	6'3"	33
16	Russell Snow	5'9"	29
18	Michael Spear	5'9"	27
19	Mark Poole	5'10"	30
22	Brian Moore	6'2"	23
24	Christian Olsen	5'11"	22
32	Andy Stringer	6'1"	28
36	Nicky Spiva	6'1"	25
47	Asa Wilson	5'10"	31
55	Blake Hannah	6'2"	25
60	Jolian Dahl	6'2"	30
87	Trenton Spinks	6'3"	24
88	Taylor Goforth	6'7"	26

## DOUBLEWIDE



### AUSTIN, TX

Website: [doublewidetx.com](http://doublewidetx.com)  
Captains: Steven Darroh, Jeff Loskorn, Jerrod Wolfe

### ROSTER

2	Ryan Piersall	5'10"	24
4	Max Cook	5'7"	32
5	Jeff Loskorn	6'1"	26
6	Michael Matthis	5'10"	23
7	Christopher Sackmann	6'3"	26
8	Andrew Watson	5'11"	24
10	Steven Darroh	6'0"	28
11	Trey LaMastres	6'0"	24
12	Andrew Walch	6'1"	27
13	Dalton Smith	5'10"	21
14	Michael Cramer	6'2"	27
15	Daniel Poindexter	6'0"	29
16	Chris Brooks	6'1"	23
17	Jake Anderson	6'3"	29
18	Wes Nemece	6'4"	25
19	Ethan Pollack	6'6"	26
20	Jerrod Wolfe	5'10"	30
21	Will Driscoll	6'3"	23
22	Chase Cunningham	6'3"	22
24	Rory Orloff	5'9"	28
27	Reid Bacon	6'4"	21
28	Dan Emmons	6'5"	26
29	Austin Walker	5'10"	22
30	Alexander Brammer	6'3"	25
32	Andrew Amerson	6'4"	25
33	Ryan Purcell	5'8"	31
49	Caleb Denecour	5'9"	25

# MEN'S TEAMS

## FURIOUS GEORGE



### VANCOUVER, BC

Website: [furiousultimate.com](http://furiousultimate.com)

Captains: Alex Davis, Kevin Underhill

Established in 1995, Furious George's past accomplishments include three world titles, three U.S. national titles, and 10 Canadian Nationals titles. Less interested in reproducing the works of Shakespeare than their brethren, these 25 angry monkeys are focused on the far more difficult task of trying to win a USA Ultimate title.

### ROSTER

2	Seb Toth	6'0"	30
3	Nick Wright	6'1"	21
4	Josh Tan	5'9"	23
5	John Norris	6'2"	26
6	Andre Gailits	6'0"	26
7	Bobo Eyrich	6'2"	26
10	Gagan Chatha	6'1"	21
11	Kevin Greer	6'3"	23
16	Trevor Knechtel	6'2"	19
17	Nick Lin	6'1"	21
22	Matthew Berezan	6'5"	28
24	Peter Yu	5'7"	21
27	Alex Davis	6'2"	32
28	Keanee Knapp	6'0"	22
33	Andy Collins	6'2"	38
37	Myles Sinclair	5'11"	23
47	Ryan Kremsater	5'11"	22
55	John Russell	5'8"	34
75	Joel Bellavance	5'11"	25
81	Rumi Tejpar	5'10"	23
88	Blair Underhill	6'1"	27
89	Kevin Underhill	6'1"	24
93	Taylor Kotwa	6'2"	21
97	Edward Guo	5'10"	20
98	Brendan Wong	6'0"	32

SPECTATOR INFO

## GOAT



### TORONTO, ON

Website: [goatultimate.com](http://goatultimate.com)

Captains: Jonathan Martin, Mark Lloyd

Coach: Scott Hastie

GOAT was formed in 2002, and this is the eighth time the Herd is competing at the USA Ultimate National Championships. GOAT is based out of Toronto but also draws players from Ottawa, Winnipeg and even Vancouver. GOAT is proud to represent Toronto's three-tiered club system that also includes Grand Trunk and Roy.

### ROSTER

2	Mike Jones	6'2"	27
3	Andrew Carroll	5'11"	24
4	Derek Alexander	5'10"	31
7	Karl Loiseau	5'10"	26
8	Morgan Hibbert	6'4"	32
9	Scotty Nicholls	5'8"	30
12	Remi Ojo	6'3"	24
13	Jonathan Martin	6'1"	30
16	Phil Watanabe	6'0"	43
17	Isaiah Masek-Kelly	6'4"	23
18	Anatoly Vasilyev	6'0"	32
19	Thomson McKnight	6'2"	27
20	Jeff Lindquist	6'1"	30
21	Geoff Powell	6'0"	26
23	Trevor Henry	5'10"	24
28	Justin Food	6'0"	28
33	Aaron Liu	5'9"	24
41	Gord Harrison	6'2"	26
43	Andrew Ouchterlony	6'3"	37
45	David Hochhalter	6'1"	24
61	Sachin Raina	6'0"	32
64	Nima Mostaghimi	5'9"	23
74	Ricky Szeto	5'8"	23
81	Adrian Yearwood	5'10"	25
84	Eamonn Pinto	6'1"	24
89	Mark Lloyd	6'3"	25
91	Cam Harris	6'3"	25

# MEN'S TEAMS

## IRONSIDE



### BOSTON, MA

Website: [bostonironside.com](http://bostonironside.com)

Captains: Danny Clark, George Stubbs,  
Russell Wallack

Coach: Josh McCarthy

Following a transition year for Boston Ultimate in 2007, in the wake of the merger of historic Death or Glory with upstart Metal Ultimate, Ironside was officially founded in 2008. The crew has enjoyed a successful run since its inception, capturing several regular-season tournament championships and reaching the semifinals or finals of the USA Ultimate Club Championships in each of the past six years. However, in three trips to the championship game, the Boat has come up short each time in its efforts to bring an elusive title back home to Boston. Though only two members of the original 2007 transitional team (captain Danny Clark and Teddy Browar-Jarus) remain rostered, the 2014 edition of Ironside features 21 (out of a possible 27) returners from last year's semifinals squad. The six newly charged midshipmen first class range from savvy veterans to young sailors competing at the elite level for the first time.

### ROSTER

00	Jacob Taylor	6'4"	27
1	Teddy Browar-Jarus	6'2"	30
2	Brian Garcia	6'2"	31
3	George Stubbs	6'0"	25
4	Matt Rebolz	6'3"	29
6	Josh Markette	5'8"	35
7	Will Neff	6'4"	28
8	Alex Cooper	5'10"	24
9	Misha Sidorsky	5'10"	28
10	Rusty Ingold-Smith	5'10"	27
11	Christian Foster	5'10"	26
12	Alex Simmons	5'9"	25
13	Brandon Malecek	5'10"	30
14	Miles Montgomery-Butler	6'1"	29
16	Jamie Quella	6'0"	26
17	Thomas Sayre-McCord	6'4"	24
18	Jim Foster	6'2"	28
21	Misha Herscu	5'11"	23
24	Mark Sherwood	5'11"	29
25	John Stubbs	6'0"	20
27	Jack Hatchett	6'0"	27
31	Jeff Babbitt	6'2"	20
33	Russell Wallack	5'11"	25
35	Piers MacNaughton	5'9"	24
77	Danny Clark	6'1"	33
84	Alex Kapinos	6'4"	25

## JOHNNY BRAVO



### DENVER, CO

Website: [bravoultimate.org](http://bravoultimate.org)

Captains: Jack McShane, Ryan Farrell, Josh Ackley

Coach: Bob Krier

Johnny Bravo was originally formed in Boulder, Colo., while other club teams pulled the talent from Denver into another team. Today, the team is split between Boulder and Denver, but also between CU and its Mamabird alums and out-of-state transplants who have relocated to the area. Bravo has appeared in more quarterfinals than anyone wants to talk about, two semifinals and a final.

### ROSTER

2	Sean Keegan	6'1"	26
3	Jesse Roehm	6'2"	27
4	Andrew Mangan	6'0"	31
5	Jack McShane	6'0"	27
6	Bart Watson	6'1"	34
7	Kurt Gibson	6'3"	27
8	Austin Gregersen	6'3"	28
9	Will Lokke	5'11"	30
10	Ryan Morgan	6'1"	32
11	Nick Lance	5'11"	24
12	Tim Morrissy	5'11"	23
13	Evan Padget	5'10"	27
14	Craig Forshae	6'2"	30
15	Dennison Bechis	5'10"	22
16	Ryan Farrell	5'10"	31
19	Ian Toner	5'10"	24
20	Josh Ackley	5'11"	32
21	Brodie Smith	6'4"	26
22	Stanley Peterson	6'1"	21
23	Jimmy Mickle	6'3"	22
24	Jackson Kloor	6'0"	23
26	Owen Westbrook	6'1"	28
28	Hylke Snieder	6'4"	27
34	Henry Konker	6'0"	27
38	Matty Farrell	5'9"	24
45	Brett Matzuka	5'9"	29

# MEN'S TEAMS

## MACHINE



### CHICAGO, IL

Website: [chicago-machine.com](http://chicago-machine.com)

Captains: Kevin Kelly, Walden Nelson,  
Ron Kubalanza, Craig Poeppelman

Heir to latter-day powerhouses Windy City and Z, Machine has appeared at the USA Ultimate National Championships 11 times since the team's inception in 2001, including nine consecutive trips from 2006 to the present. 2012 and 2013 marked Machine's highest finishes at the National Championships, finishing fifth and sixth overall, respectively. In both years, Machine also won the men's Nationals Team Spirit Award (and has finished in first three out of the past four years). In 2014, Machine won the Pro-Elite Challenge (Chesapeake Invite), the Pro-Flight Finale (ECC), placed second nationally in the Triple Crown Tour regular season rankings, and earned their bid to Nationals by winning the Great Lakes Regional Championship. Captained by Walden Nelson, Kevin Kelly, Ron Kubalanza and Craig Poeppelman, Machine returns to Frisco in 2014 with high expectations and a dedicated team of 25.

Hoot Hoot Hoot. #RED

### ROSTER

00	Goose Helton	6'0"	30
1	Craig Poeppelman	5'8"	27
4	Patrick Shriwise	6'2"	26
6	Xtehn Titcomb	5'10"	30
7	Brett Kolinek	5'11"	32
8	Stephan Mance	6'1"	25
9	Charlie Hubbard	6'3"	25
10	Von Alanguilan	5'9"	25
11	Bob Liu	5'8"	27
15	Andrew Sheehan	5'11"	31
17	Tom Annen	5'11"	28
18	Cullen Geppert	6'2"	26
19	Jack Shey	6'1"	22
20	Greg Slover	6'2"	28
21	Dave Wiseman	6'4"	26
25	Ron Kubalanza	5'10"	39
26	Kevin Kelly	6'4"	27
29	Taylor Kraemer	6'2"	25
31	Walden Nelson	5'10"	27
36	Tim Fergus	5'9"	22
37	Daniel Williams	6'1"	28
51	AJ Nelson	6'4"	25
58	Chris Vandervoort	6'4"	25
64	Neal Phelps	6'0"	24
76	Ben Rehmann	5'11"	23

## PONY



### NEW YORK, NY

Website: [pony-ultimate.com](http://pony-ultimate.com)

Captains: Andrew Wilkes, Milo Snyder,  
Christopher Mazur  
Coach: Bryan Jones

Since its founding in 2005, the Pride of New York (PoNY) has attempted to advance the disc up and down fields with two end zones. Their movement combines the fluid improvisation of soccer with the aerial passing attack of football – except every player is both a quarterback and a receiver. PoNY never runs while in possession of the disc, but does pivot and throw passes to teammates. If a pass is dropped, intercepted or thrown out of bounds, PoNY loses possession and plays defense. The team's efforts are highly competitive: they don't wear tie-dye, and there are no dogs allowed. Still, PoNY's intensity never comes at the expense of mutual respect among competitors or the basic joy of play.

### ROSTER

1	Markian Kuzmowycz	5'7"	27
2	Berend Van Heuvelen	6'5"	34
4	Andrew Wilkes	6'0"	25
5	Michael Sender	5'8"	23
6	Chris Mazur	6'1"	28
8	Chris Neitzey	6'0"	26
9	Michael Brenner	6'1"	24
10	Matt Hennessy	6'1"	28
13	Quinn Hunziker	5'11"	21
14	David Vuckovich	6'0"	28
16	Sam Taylor	6'0"	27
17	Matthew Stevens	5'11"	25
19	Sean Childers	6'2"	26
21	David Ferraro	5'11"	26
22	Jack Marsh	5'11"	30
23	Billy Katz	6'0"	23
24	Dan Glatt	6'0"	26
26	Andrew Bosco	5'10"	29
28	Albert Alarcon	6'0"	22
31	John Wodatch	6'2"	20
33	Jake Herman	5'10"	25
39	Taylor Brooks	6'1"	25
42	John Geraghty	6'4"	25
43	Josue Alorro	5'9"	22
44	Robbie Gillies	6'3"	32
50	Milo Snyder	5'9"	25
97	Zack Smith	5'9"	26

# MEN'S TEAMS

## PRAIRIE FIRE



### KANSAS CITY, KS

Website: [prairiefireultimate.com](http://prairiefireultimate.com)

Captains: Kyle Welch, Ben Deneka, Joe Nickels, Joe Young

Prairie Fire was founded in 2008 to unite competitive ultimate in Kansas City. Now in its seventh year, Prairie Fire has broken through to the National scene for the first time. Throughout the 2000s, dozens of talented Kansas City players wandered through split squads, small rosters and one-off teams. Prairie Fire's explicit goal was to unite these experienced players and combine them with young talent from regional colleges. The focus was player development, competition and defensive intensity. While the original squad had 20 players affiliated with the University of Kansas, Prairie Fire has grown to encompass half of the Midwest. This year's squad includes current and former players from Kansas, Kansas State, Missouri, Arkansas, Iowa, Missouri State, Luther, Iowa State and Mississippi. It's no surprise the team's potential has grown as well.

### ROSTER

0	Joe Nickels	5'11"	30
1	PJ Matulka	6'1"	27
2	Jay Froude	6'2"	24
4	Joe Young	5'9"	24
5	Allen Jones	6'0"	27
6	Zach Hunter	5'10"	22
7	Ben Deneka	6'0"	29
8	Abe Coffin	5'9"	22
10	Brendan Orwig	5'7"	28
11	Tim Robbins	6'0"	30
12	Lee Clark	5'10"	32
13	Alex Dennis	6'0"	19
15	Cameron Hunter	5'9"	25
17	Joe Wheelock	6'0"	24
20	Kyle Welch	5'10"	25
21	Christian Simpson	6'3"	21
23	Jesse White	6'1"	19
24	Danny Kurz	6'1"	24
25	Brett Hidaka	5'10"	24
27	Taylor Boyd	6'1"	24
29	Matt Hudspith	5'11"	21
34	Aaron Duff	5'11"	25
42	Logan Nesseth	5'11"	28
43	Cameron Bond	6'5"	32
52	Colin Lord	5'7"	21
77	Dave Woods	5'8"	26
85	Valley Renshaw	6'2"	34

## REVOLVER



### SAN FRANCISCO, CA

Website: [revolverultimate.com](http://revolverultimate.com)

Captains: Ashlin Joye, Nick Schlag, Cassidy Rasmussen, Ryo Kawaoka  
Coach: Mike Payne

Revolver was established in 2006 when Nick Handler, Chris McManus and Marc Weinberger came together to build a new ultimate program from scratch. They sought a team where young players could learn from veterans and where the goal was to get better in every practice and game. Although Revolver did not set out to win championships, it quickly became apparent that the program's focus on young talent, role playing and great spirit had great potential. Between 2006 and 2008, Revolver qualified for Nationals twice and finished fifth both times. In 2009, Revolver lost in the finals to Chain Lightning in a game that exposed the program's inexperience at that level. In 2010, Revolver broke through and won both the National Championship and the World Club Championship in Prague, CZ. Revolver enjoyed continued success in the next several years, winning Nationals in 2011 and Worlds in Japan in 2012. A loss to Doublewide in the finals of Nationals in 2012 stopped Revolver's streak of major championships, but in 2013, Revolver returned with a largely revamped roster, including eight entirely new players. Public expectations for the team were not high, but by the end of the season, Revolver was back on top with another National Championship. 2014 brings another group of young players and a new Revolver that is hungry to rise again.

### ROSTER

1	Simon Higgins	6'4"	21
2	Taylor Lahey	5'10"	26
4	Joel Schlachet	5'9"	27
6	Joshua Wiseman	5'8"	31
7	Russell Wynne	6'1"	26
8	Patrick Baylis	5'9"	28
9	Cassidy Rasmussen	5'11"	25
10	Robbie Cahill	6'1"	30
11	Zach Travis	6'2"	26
12	Sam Kanner	6'0"	26
13	Alex Evangelides	6'1"	25
18	Greg Cohen	6'1"	22
19	Ryo Kawaoka	5'8"	33
20	Nick Schlag	5'10"	27
21	Andrew Hagen	5'11"	25
22	Marcelo Sanchez	5'1"	23
23	Jordan Jeffery	6'4"	25
24	Eli Kerns	5'11"	22
27	Ashlin Joye	6'1"	26
28	Nathan White	6'5"	22
32	Jordan Marcy	5'10"	22
34	Evan Boucher	5'9"	28
35	Lucas Dallmann	6'0"	27
50	Beau Kittredge	6'4"	31
64	Martin Cochran	6'4"	32
87	Chris Kosednar	5'11"	26
99	Tim Gilligan	5'10"	25

# MEN'S TEAMS

## RHINO



### PORTLAND, OR

Captains: Dylan Freechild, Jacob Janin

### ROSTER

0	Tyler Cable	5'10"	24
1	Jacob Janin	5'10"	24
2	Connor Matthews	5'11"	19
4	Eli Blackman	6'1"	28
6	Cody Bjorklund	5'11"	26
7	Eli Friedman	5'6"	27
9	Chris Hancock	5'8"	27
10	Breeze Strout	5'9"	30
11	Steve Kenton	6'1"	27
13	Timmy Perston	6'3"	25
17	Raphael Hayes	6'0"	21
18	Camden Allison-Hall	6'0"	25
20	Will Shaw	5'11"	21
21	Ben McGinn	6'4"	24
22	Grant Cole	5'9"	29
24	Jeremy Norden	6'1"	25
27	Trevor Smith	5'9"	22
31	Kevin Minderhout	5'9"	27
36	Adam Fagin	5'10"	26
42	Ben Lohre	6'1"	24
51	Russell Mayhew	5'11"	25
55	Dylan Freechild	5'10"	23
70	Christopher Strub	6'6"	21
86	Jack Slevin	5'9"	20
88	Dan Suppnick	5'10"	31
99	Kelly Van Arsdale	6'5"	24

SPECTATOR INFO

## RING OF FIRE



### RALEIGH, NC

Website: [ringultimate.org](http://ringultimate.org)

Twitter: @ringultimate

Captains: Brian Casey, Josh Mullen, Dennis Tarasi

Coach: Mike DeNardis

Celebrating our 25th season, Ring of Fire is North Carolina's premier open club ultimate team. Founded in 1989, Ring is one of the oldest club ultimate teams in the world and has a long-standing tradition of success on the national scene, qualifying for the National Championships every year except one over the last 23, including 2014, which accounts for 18 consecutive appearances. Ring has also competed at WFDF World Ultimate Club Championships four times, finishing in fourth (1993, 1995), fifth (1999), and ninth place (1997).

### ROSTER

00	Ken Porter	5'10"	27
1	Justin Allen	6'1"	23
02	Hunter Taylor	6'0"	22
3	Josh Mullen	5'10"	34
4	Dan Kantor	5'10"	28
5	Taylor Pope	6'3"	34
6	Ben Dieter	6'3"	32
8	Terrence Mitchell	5'10"	19
9	Kristjan Looirts	6'3"	26
10	Jarrett Bowen	5'10"	26
11	Dennis Tarasi	6'0"	26
12	Joey Cretella	6'0"	25
13	Shane Sisco	5'11"	27
14	Mark Evans	6'0"	24
17	Brian Clark	6'0"	23
18	Jake McGoogan	6'2"	20
21	Jon Nethercutt	6'1"	22
22	Brian Casey	5'11"	27
23	Micah Hood	6'0"	25
24	Noah Saul	6'0"	25
29	Christian Johnson	6'2"	22
33	Roy Matthews	6'3"	29
34	Tristan Green	5'8"	23
50	Josh Norris	5'10"	29
51	Tim McAllister	5'11"	20
54	Stephen Bender	5'11"	27
79	Matt Bode	5'10"	23

# MEN'S TEAMS

## SOCKEYE



### SEATTLE, WA

Website: [seattlesockeye.org](http://seattlesockeye.org)

Captains: Danny Karlinsky, Tyler Kinley, Spencer Wallis

Coaches: Roger Crafts, John Reynolds, Ren Caldwell

Hailing from Seattle, Wash., Sockeye has been one of the strongest ultimate clubs of the last decade. Since 2000, the team has qualified for the USA Ultimate Club Championships 12 times, where they've appeared in quarterfinals 12 times, semifinals eight times, finals five times, and won three championships. In 2014, captains Danny Karlinsky, Tyler Kinley and Spencer Wallis and coach Roger Crafts work to prepare the Fish to swim upstream to the National Championships.

### ROSTER

1	Donald Clark	5'11"	27
2	Tyler Kinley	5'7"	32
3	Mario O'Brien	5'11"	31
4	Aly Lenon	5'7"	30
5	Vehro Titcomb	6'2"	28
6	Philip Murray	6'0"	25
7	Jacob Speidel	6'2"	29
9	Sam Harkness	5'10"	23
10	Adam Simon	6'0"	28
11	Reid Koss	6'0"	31
12	Riley Meinershagen	6'2"	31
13	Matthew Sewell	5'9"	29
14	Matt Rehder	6'3"	37
15	Nate Castine	5'11"	27
17	John Reynolds	6'0"	27
18	Matt Russell	5'11"	21
20	Michael Caldwell	6'2"	38
22	Spencer Wallis	5'10"	29
23	Danny Karlinsky	5'8"	29
24	Joe Sefton	6'1"	28
26	Seth Kotzman	6'3"	29
28	Duncan Linn	5'6"	21
55	Will Chen	5'10"	25
70	Julian Hausman	6'2"	25
73	Justin Lim	5'10"	29
90	Markham Schofner	6'0"	25
99	Ray Illian	6'2"	32

## SUB ZERO



### MINNEAPOLIS, MN

Website: [subzeroultimate.com](http://subzeroultimate.com)

Captains: Jon Gaynor, Grant Lindsley, Tom Murray

Sub Zero ultimate was founded a long time ago. This year's version of the team returns a good portion of its core, although a healthy number of fresh faces makes us as athletic as ever. If it weren't for our generous sponsorship through Surly Brewing Company – allowing us beer after practices and other team events – the team would have never reached the same levels of success because nobody would come to practice or team events. Thank you Surly, for helping to keep us chugging along, year after year.

### ROSTER

0	Drew Mahowald	6'2"	29
1	Grant Lindsley	5'10"	25
2	Ben Feldman	5'10"	26
3	Galen Ryan	5'11"	22
4	Jon Gaynor	6'0"	28
5	Danny Miesen	6'0"	24
6	Grayson Pangburn	5'10"	23
7	Josh Klane	5'9"	27
8	Thomas Murray	5'11"	28
9	Simon Montague	6'3"	23
10	Julian Childs-Walker	5'10"	23
12	Harper Garvey	5'11"	21
13	Alex Trautman	6'0"	21
14	Greg Cousins	5'10"	22
17	Logan Weiss	5'11"	25
19	Marcus Ellison	5'9"	28
20	Matt Young	5'10"	30
21	Eric Johnson	5'10"	23
22	Reese Hornnes	5'10"	22
25	Nick Stuart	6'4"	23
31	David Eddy	6'0"	23
71	Nick Simonelli	5'11"	24
88	Patrick Jensen	6'4"	26
93	Kyle Gill	6'0"	30
99	Andrew Moore	6'0"	22

# MEN'S TEAMS

## TEMPER

TEMPER

### PITTSBURGH, PA

Captains: Tyler DeGirolamo, Trent Dillon,  
Nick Kaczmarek  
Coaches: Stu Kellner, David Lionetti

### ROSTER

2	Christopher Brenenburg	6'3"	27
3	Patrick Earles	6'2"	21
4	David Vatz	5'7"	27
5	Alec Assaad	6'1"	22
7	Mark Fedorenko	6'3"	22
8	Tyler Kunsa	6'0"	22
9	Carl Morgenstern	5'7"	20
10	Max Thorne	5'7"	21
11	Nick Kaczmarek	6'0"	28
12	Kevin Tang	5'8"	20
16	Trent Dillon	5'11"	22
18	Mike Reeves	5'9"	23
21	Rob Dulabon	6'1"	29
23	Eddie Peters	6'1"	26
24	Sam Schurer	6'0"	19
27	Anson Reppermund	6'2"	22
28	Ethan Beardsley	6'5"	23
29	Sam VanDusen	6'2"	20
35	Jacob Christian	5'6"	27
41	Patrick Hammonds	6'2"	27
42	Marcus Ranii-Dropcho	6'3"	23
59	Aaron Watson	6'1"	23
70	Alex Thorne	5'8"	24
77	William Brotman	5'10"	36
81	Tyler DeGirolamo	6'3"	25
82	Joseph Bender	5'10"	21

SPECTATOR INFO

## TRUCK STOP



### WASHINGTON, DC

Website: [truckstopultimate.com](http://truckstopultimate.com)  
Captains: Jeff Wodatch, David Cranston,  
Jonathan Neeley  
Coach: Will Smolinski

Following the 2005 Metro East Regional Championships, players from several teams happened upon each other at the Chesapeake House Service Area just off I-95. Tensions still high from some contentious games earlier in the day, words were shouted, chests were bumped, players were separated. Somehow this ended with Truck Stop being born. Now you know.

### ROSTER

2	Russell Howd	6'0"	26
3	Keven Moldenhauer	5'11"	38
4	Delrico Johnson	6'0"	25
5	David Cranston	6'2"	26
6	Bobby Gordon	5'10"	31
7	Ben Feng	6'1"	25
8	Peter Prial	6'3"	27
9	Tom Doi	5'10"	30
10	Sam Trachtman	5'8"	25
11	Jonathan Neeley	5'11"	27
12	Brent Bellinger	6'0"	30
20	Glenn Poole	5'9"	27
21	John Agan	6'0"	31
22	Brian Marshall	6'0"	25
23	Mark Vandenberg	5'11"	20
24	Ben Fleming	6'2"	23
25	Matt Gordon	5'10"	31
27	Collier Cobb	6'0"	26
31	Chris Kocher	6'0"	22
33	Mark Lin	5'11"	21
34	David Boylan-Kolchin	6'1"	32
42	Ryan Nam	6'1"	23
45	Jeff Wodatch	6'1"	27
61	Erik Salmi	5'11"	31
88	Calvin Oung	6'0"	34
90	Markham Shofner	6'0"	25
99	Alan Kolick	5'10"	27

# MIXED TEAMS

## 7 FIGURES



### LOS ANGELES, CA

Website: [7figuresultimate.com](http://7figuresultimate.com)

Captains: Emma Frankel, Daniel Walton, Matt Welsh

The Los Angeles 7 Figures Golf and Polo Club was founded in 2010 by a group of friends determined to enjoy the finer things in life. Hailing from the entertainment capital of the world, opulence and glamor are the standard for members of the club. When not pursuing leisurely athletic activities, you can find club members lounging poolside, sipping champagne with movie stars and super models.

Club members adhere to three ideals: Fun, Friendship and Fitness. Under these principles, 7 Figures is making its fourth consecutive trip to the USA Ultimate National Championships. Eleven new members have contributed enormously to a successful 2014 regular-season campaign. After learning that it is not possible to simply buy the ultimate national title, the members of the club have invested their considerable resources into trying to win a championship the old-fashioned way.

### ROSTER

0	Orin Moore	5'10"	36
1	Peter Zhou	5'11"	25
2	Dan Oettinger	6'3"	28
3	Erika Swanson	5'6"	29
4	Gary Molano	5'11"	26
5	Joe Forbes	5'10"	27
7	Nils Clauson	5'11"	20
8	Eric Brach	5'10"	32
9	Lisa Kanner	5'6"	32
10	Emma Frankel	5'4"	24
11	Aaron Jacobs	6'1"	37
12	Dan Smeltzer	5'9"	28
14	Kristen Pojunis	5'7"	20
16	Ryan Plant	6'0"	33
18	Caitlin Rugg	5'6"	26
19	Ann Lee	5'5"	29
21	Sophie Hines	5'10"	25
22	Chris Feeney	6'0"	34
23	Connie Wang	5'0"	25
30	Russell Gaskamp	5'11"	31
32	Daniel Walton	6'0"	29
34	Jacob Bartholomew	6'1"	21
77	Stephanie Pritchard	5'8"	27
80	Brandon Severson	6'1"	23
84	Matt Welsh	6'0"	31
88	Alisha Stoun	5'4"	26
90	Annie Lee	5'5"	22

## THE ADMINISTRATORS

### PORTLAND, OR

Captain: Jacob Artz

Coach: Kelly Marx

The tale begins when Jacob Artz, realizing that, due to an accident, his chances of qualifying for Portland's 2016 Olympic track team are dashed, scrounges around looking for another sport for competition. Since ex-Jamaican gold medal ultimate winner Kelly Marx now lives in Portland, Jacob chooses ultimate, convincing Kelly to coach the team. Jacob then forms his team. He gets his friend David Marble to join up and recruits Jared Fitzpatrick, a young man who lacks self-confidence, and Andie Hendrick, a disagreeable and bitter malcontent. After setbacks and near disasters, the group gels as team members and they head off to Nationals to compete for a Pro Flight spot.

### ROSTER

0	Pete Overright	5'9"	28
1	Brian Kennett	5'7"	33
3	Kendall Jorgensen	5'6"	22
4	Emily Flock	5'6"	24
5	Rachel Kalnbach	5'6"	18
6	Carmen Ellis	5'2"	35
9	Ian Lawson	6'5"	26
10	Jacob Artz	5'9"	27
11	Chris Beaulieu	5'6"	31
13	Roxanne Myslewski	5'8"	26
16	Phil Rollo	5'9"	30
17	Rachel Reiter	5'7"	23
22	Andie Hendrick	5'7"	22
23	Maddie Franz	5'9"	23
25	Lauren Truxillo	5'2"	28
28	Vikki Li	5'5"	23
30	Mark Hartford	5'7"	30
33	Cody Rebolz	6'6"	26
42	Sarah Burnap	5'5"	27
44	Jon Sebert	6'4"	29
45	George Zimmerman	6'0"	28
47	David Marble	5'8"	29
48	Brian Pearson	5'9"	23
72	Rigel Berg	5'10"	32
77	Kayla Nowlin	5'8"	22
91	Jared Fitzpatrick	6'7"	22

# MIXED TEAMS

## AMERICAN BARBECUE



### SAN FRANCISCO, CA

Captains: Sarah Carnahan, Kevin Manss

### ROSTER

0	Caroline Loh	5'6"	35
1	Mike Weil	5'7"	28
2	Damian Park	6'1"	33
3	Molica Anderson	5'3"	27
4	Angie Hunt	5'5"	28
5	Alex Grande	5'9"	26
6	Colin Morgan-Outhisack	5'8"	29
7	James Sheridan	5'9"	26
8	Marlena Hartman-Filson	5'8"	23
9	Kevin Manss	5'10"	26
10	Ryan Hunt	6'0"	31
11	Noel Arsenault	6'0"	29
13	Nicole Wires	5'4"	28
14	Andrew Hooker	6'0"	25
15	Kyle McBard	5'5"	25
16	Jason Seidler	5'10"	40
17	Lyuda Grigorieva	5'6"	24
19	Nick Auger	6'3"	33
22	Sarah Carnahan	5'8"	30
23	Megan McClain	5'8"	28
24	Brandon Kwock	6'2"	26
25	Allison Fink	5'10"	24
32	Jake Coleman	6'4"	23
34	Sam Keller	5'11"	24
47	Yvette Fisher	5'7"	27
55	Dan Parker	6'1"	37
97	Jack Moxon	6'0"	27

SPECTATOR INFO

## AMP



### PHILADELPHIA, PA

Website: phillyamp.com

Captains: Melissa Devlin, Nick Hirannet, Raha Mozaffari

Coaches: Patrick Sherlock, Jill Furfari, Kevin McCormick

Originally called Donkey Bomb, our mixed team out of Philly first played as AMP in 2006 and has been competing as such ever since. Over the last eight years, AMP has gone to Worlds, won eight regional championship titles, finished in the top 10 at Nationals over five times, retired numerous jerseys in search of an appropriate logo, and built a family of players working in pursuit of a national championship. Since 2006, over 100 players have represented AMP, and 20 couples have played on AMP and gotten married. Past captains of AMP include Peter Knappenberger, Kathi Jenkins, Jeff Snader, Eugene Yum and Jeff Loperfido. Current captains are Patrick Sherlock, Jill Furfari, Kevin McCormick and Melissa Devlin.

### ROSTER

00	Melissa Devlin	5'6"	25
1	Alex Peters	6'0"	29
2	Matt Zumbum	6'3"	30
3	Nick Purifico	5'9"	31
4	Raha Mozaffari	5'4"	28
7	Nick Hirannet	5'9"	28
8	Dan Furfari	5'10"	35
9	Andrea DeSabato	5'6"	28
10	Kelly Nye	5'4"	27
11	Diana Cornell	5'11"	29
12	Melanie Berlin	5'4"	31
14	Matt Glazer	5'11"	30
15	Sara Taggart	5'8"	23
16	Anna Truskin	5'8"	26
17	Gabe Colton	5'8"	23
20	Ben Pelleg	5'11"	27
21	Kevin McCormick	5'10"	32
22	Michael Panna	5'9"	27
25	Trey Katzenbach	6'1"	44
26	Katie Erikson	5'8"	24
27	Alexandra Stambaugh	5'4"	22
28	Bill Schrecker	6'1"	32
40	Jessie Glazer	5'4"	29
44	Owen Murphy	6'0"	24
52	Charlie Patten	5'9"	23
55	Matthew Paparone	6'0"	25
81	Alex Grintsvayg	6'0"	27

# MIXED TEAMS

## BLACKBIRD



### SAN FRANCISCO, CA

Twitter: @Blackbird\_SF

Captains: Rachel Holz, Eli Janin, Nick Slovan

Blackbird is an elite mixed ultimate team based in the San Francisco Bay Area. The strength in our wings comes from communication, discipline and energy. We whet our beaks with Leather Bound Books and Sidewinders. #24strong

### ROSTER

0	David Hoel	6'3"	31
2	Eli Janin	5'10"	27
3	Krista McDonald	5'6"	36
4	Deanna Bjorkquist	5'5"	25
6	Jessica Wilson	5'5"	39
7	Rachel Holz	5'1"	40
8	Hannah Kreilkamp	5'7"	27
9	Adam Farren	6'1"	31
10	Tyler Boyd-Meredith	5'8"	23
11	Barrs Lang	6'1"	30
12	Casey Ikeda	5'6"	25
14	Mia Smucny	5'3"	29
17	Franzi Sinner	5'8"	35
21	Adam Scow	6'2"	31
22	Nick Slovan	6'3"	31
24	Dan Gillick	6'3"	33
26	Karen Ko	5'4"	32
28	Sheeva Slovan	5'4"	29
33	Monica Heger	5'8"	33
34	Pat Corneille	6'0"	32
40	Mac Taylor	6'3"	28
42	Aaron Caulfield	6'4"	24
50	Josh Wardle	6'0"	30
51	Ryan Scribner	5'10"	35

## BUCKET



### ATLANTA, GA

Twitter: @ATLBUCKET

Captains: Aileen Thomas, Ben Spears, Jason Simpson, Natalie Espino

This is the true story of 25 or so strangers picked to play on a team, drink water together and get their ankles taped. To see what happens when people stop being smart and start throwing no looks: Bucket - The Story of Peaches

### ROSTER

00	Benjamin Spears	6'1"	31
4	Ryan Archibald	6'0"	28
8	Tim Brady	5'8"	25
10	Katie Franchot	5'4"	24
11	Matt Bergin	5'11"	26
13	Jen Schermerling	5'6"	27
20	Jack Barrow	6'0"	24
21	Michael Arenson	6'1"	26
22	Matt Kress	6'0"	30
23	Michelle Yang	5'7"	24
27	Maureen McCamley	5'6"	34
31	Sean Sears	6'2"	27
32	Michelle Van Handel	5'9"	31
33	Caroline Marsh	5'2"	22
37	Matt Knowles	5'11"	28
52	Colin Bellair	5'10"	34
54	Natalie Espino	5'2"	28
62	Steven Hicks	5'11"	28
64	Jason Simpson	6'0"	34
65	Aileen Thomas	5'5"	27
77	Randi Wilson	5'2"	30
78	Dylan Tunnell	6'2"	30
92	Sam Gainer	6'3"	28
95	Will Blythe	6'5"	23

# MIXED TEAMS

## THE CHAD LARSON EXPERIENCE



### AMES, IA

Captains: Kevin Seiler, Neal Hanke

The Chad Larson Experience was founded in 2003, made Nationals for the first time in 2004, and besides a two-year hiatus during 2007 and 2008 (when most CLX players were playing on The Van Buren Boys, Small Rackages and Alpha Cobra Squadron), has qualified for Nationals every year thereafter. We've been club mixed runner-up twice, first in 2004 and later in 2009. We've represented the U.S. at two World Ultimate Club Championships: 2006 in Perth, Australia, where we finished 10th and later in 2010, in Prague, Czech Republic, where we finished as champions. We thank our families and friends for supporting us in our ultimate endeavors and thank those players who have been in the CLX family before us, helping us to get to where we are today.

### ROSTER

1	Kevin Seiler	5'11"	35
3	Taiwo Misra	5'3"	30
4	Kate Lyons	5'11"	29
5	Liz Kaloupek	5'5"	21
7	John Misra	5'9"	29
8	Magon Liu	5'4"	23
12	Rachel Goldbach	5'3"	32
13	Dan Kresowik	6'1"	34
16	Cami Nelson	5'9"	22
20	Neal Hanke	6'0"	25
21	Amy Sheldahl	5'3"	35
22	Dan Brennan	6'0"	26
23	Melissa Gibbs	5'7"	28
25	Ryan Tucker	6'4"	22
31	Doug Jacobs	6'1"	33
32	Barrett Davis	6'1"	33
33	Bill Franey	6'1"	22
45	Jon Staron	5'10"	31
47	Rebecca Miller	5'4"	23
49	Steph Jacobs	5'6"	31
50	Blake Larson	6'0"	30
54	Chris Mayne	6'4"	33
75	Nick Turco	6'2"	33
77	Kurt Brorsen	6'3"	30
88	Brent Novey	6'3"	23
97	Sarah Pesch	5'10"	23
99	KellySmith	5'9"	24

SPECTATOR INFO

## COSA NOSTRA



### AUSTIN, TX

Captains: David Reinhardt, Brady Stoll, Ryan Pickens

Just happy to be here.

### ROSTER

0	Chris McBride	6'3"	28
2	Jacob Lohman	6'2"	28
4	Stephanie Redfern	5'3"	28
6	BJ Owens	6'1"	28
7	Vicki Salimov	5'1"	29
9	Rebecca Smith	5'5"	32
10	Dave Reinhardt	6'2"	27
11	Paul Hanna	6'2"	30
12	Charlie Stavlo	5'8"	33
13	Varun Pattani	5'10"	28
14	Alexe Klein	5'2"	24
15	Emily Scholten	5'7"	30
17	Brady Stoll	5'7"	26
18	Sawyer Thompson	6'3"	20
20	Kimberly Hyde	5'10"	23
21	John Grzywinski	5'11"	40
23	Ryan Pickens	5'9"	33
25	Dave Street	6'3"	36
26	Joe Iannacone	5'11"	35
27	Aaron Saylor	6'0"	24
32	Paul Starkel	5'8"	22
33	Erin Schran	5'3"	32
46	Jacob Thomas	5'11"	28
64	Ben Garrett	6'0"	28
88	Jeanne Yu	5'8"	34
99	Rachel Yeager	5'3"	26

# MIXED TEAMS

## D'OH! ABIDES



### SEATTLE, WA

Captains: Gabriel Pedersen, Hall Walker

### ROSTER

2	Thomas Rosatto	5'11"	27
3	Anthony Cacallori	5'11"	31
4	Drew Siler	6'0"	31
5	Douglas Kawasaki	5'8"	35
6	Danny Trytiak	5'7"	30
7	Kerry Chang	5'9"	25
8	Barbara Hoover	5'9"	23
9	Claire Horan	5'6"	29
10	Joshua Lang	6'0"	33
11	Rory Gallagher	5'11"	31
13	Mickey Thompson	5'10"	34
17	Chrissie Seilie	5'5"	25
20	Gabriel Pedersen	6'1"	32
21	Kimberly Morgan	5'7"	33
22	Gina Phillips	5'7"	27
23	Hall Walker	6'0"	33
24	Ronald Hause	5'8"	29
29	Jimmy Hooper	5'11"	24
31	Linc Verlander	6'1"	29
33	Miriam Bowring	5'11"	29
36	Scott Causey	5'9"	35
37	Jackie Williams	5'2"	31
48	Erin Gallagher	5'7"	36
54	Emily Grad	5'3"	31

## DRAG'N THRUST



### MINNEAPOLIS, MN

Website: [dragnthrust.com](http://dragnthrust.com)

Captains: Austin Lien, James Hron, Patty King

Coach: Jake Henderson

Drag'n Thrust was born of fire and flame in 2009. Built on the vision of work ethic, respect and friendship, Drag'n Thrust has made Nationals in four of the last five years, with semifinals appearances in 2010 and 2012. In 2013, Drag'n Thrust's hard work paid off, as they won their first ever national championship. In August 2014, Drag'n Thrust won the World Ultimate Club Championship in Lecco, Italy. Work Ethic: Drag'n Thrust knows that success comes through hard work. Mistakes that are made today become victories tomorrow. Respect: Drag'n Thrust strives at all times to respect each other, all opponents and the game itself. This respect is shown both on and off the field.

Friendship: Playing for Drag'n Thrust means more than just playing for a team. It is a group of friends that work hard all year for a single, attainable goal. As the saying goes, "Once a Drag'n, always a Drag'n."

### ROSTER

00	Alicia Carr	5'7"	29
1	Jeff Trosvig	6'0"	27
2	Emily Regan	5'3"	23
3	Pat Niles	5'10"	30
4	Erica Baken	5'7"	24
6	Jake McKean	5'11"	30
7	David Shirley	6'2"	30
8	Claire Oakley	5'8"	26
9	Jay Drescher	5'9"	25
10	Martha Harris	5'2"	26
11	Andrea Crumrine	5'1"	23
12	Jacob Lien	5'11"	22
13	Anna Hettler	5'5"	27
14	Austin Lien	5'8"	24
15	Patty King	5'5"	27
16	Brian Schoenrock	6'1"	24
17	James Hron	6'3"	26
18	Mike Clark	5'11"	24
19	Pete Carr	6'1"	29
21	Dave Klink	6'0"	32
23	Mike Petersen	6'1"	32
24	Jess Haller	5'6"	26
31	Josh Hemmesch	5'10"	31
33	Jaime Glader	5'1"	28
35	Sarah Anciaux	5'8"	26
39	Tallis Boyd	6'5"	26
44	Sarah Meckstroth	5'8"	22

# MIXED TEAMS

## MISCHIEF



### SAN FRANCISCO, CA

Website: [mischiefultimate.com](http://mischiefultimate.com)

Captains: Kevin Smith, Jenny Wang

Coach: Chris Doyle

Mischief. It means trickery, chicanery and spirited fun. It means winning games with our legs and, when our legs can't run any more, going the last mile with heart. It means always having more in the tank. It means putting everything on the line for your team, feeling the high of every victory, the heartbreak of every loss and bouncing back stronger than ever. It means making superheroes out of ordinary people. It means rewarding the fans for sticking with us 'til the very end.

Founded in 2003, Mischief has been a consistent force in mixed for over a decade, and we are excited to make our eighth appearance at Nationals. The last few years, have seen the departure of some long-time veterans, but our team retains the same identity that has made us so successful and fun. Fueled by trust on the field and pizza off of it, we're ready to make some mischief in Frisco.

### ROSTER

00	Matt West	5'8"	31
1	Sean Ham	5'10"	23
2	Adam Brown	5'9"	33
3	Preeti Nalavade	5'6"	27
5	Matt Crawford	6'1"	27
6	Lori Eich	5'7"	33
8	Jess Madding	5'8"	25
9	Andrew Berry	6'1"	32
10	Brett Petersen	5'9"	21
11	Jon Greenberg	5'11"	30
12	Candice Tse	5'1"	30
13	Tyler Grant	6'1"	34
14	Kirk Willmarth	5'10"	28
15	Anne Rempel	5'9"	22
18	Sharon Lin	5'1"	21
20	Jenny Wang	5'2"	25
21	Noelle Neason	5'4"	22
23	Kate Pearson	5'8"	23
24	Nick Weiss	5'11"	29
27	Remy Schor	5'4"	34
33	Kyle Smith	6'1"	33
36	Matt Heffernan	5'10"	30
38	Kat Velayo	5'4"	32
42	Matt Jaffe	6'1"	24
80	Kevin Smith	6'0"	31
81	Paul Youn	6'1"	30
99	Lucas Dillow	6'0"	22

SPECTATOR INFO

## POLAR BEARS



### SAN FRANCISCO, CA

Website: [pbawr.com](http://pbawr.com)

Captains: Greg Marliave, An-Chi Tsou

Coach: Alex Crew

The Polar Bears are a mixed ultimate team hailing from the California Bay Area. We started as a Lei Out team in 2010 and had so much fun, we decided not to stop! We won the National Championship in our first year and have finished second all three years since. We also won the U.S. Open Championships in 2012 and 2014 and the Pro Flight Finale in 2013 and 2014. We took our first international trip to Italy this year for the World Ultimate Club Championships and finished second.

### ROSTER

0	Federico Chialvo	5'10"	31
1	Scott Roeder	5'10"	27
2	Kevin Cocks	5'10"	25
3	Cecil Qiu	6'0"	23
5	Robert Gormley	5'7"	27
6	Meeri Chang	5'3"	22
8	Tom Watson	6'0"	29
9	Greg Marliave	6'1"	30
10	Sonny Zaccaro	5'10"	23
11	Clay Miller	5'10"	27
12	Nicholas Alexander	5'9"	21
14	Kate Schlag	5'6"	25
16	AJ Shankar	5'9"	24
17	Natasha Won	5'3"	34
18	Marisa Mead	5'6"	26
20	Sam Adamson	5'10"	26
21	Dulcy Docken	5'7"	30
23	Ellen Zwickl	5'6"	29
25	Daniel Naruo	5'9"	29
27	Morgan Paulson	5'5"	24
28	Eric Greenwood	5'6"	29
36	Megan Norr	5'8"	26
42	Bob Madden	6'4"	31
74	Ben Hubbard	6'5"	24
76	Adam Raty	6'2"	29
82	An-Chi Tsou	5'3"	32
88	Linh Hoang	5'0"	27

# MIXED TEAMS

## SANTA MARIA



### COLUMBUS, OH

Twitter: @ColumbusMixed

Captains: Jeff Kula, Paige Soper

2009: Columbus Mixed set sail aboard two separate vessels, Scurvy and Commitment Issues. While fun was high, both long-term direction and vitamin C intake were low. 2010: Leadership tackled the age-old question, are discs "flat" or "round"? To find the answer, a larger ship was commissioned for construction. Using a new map – worn proudly by each shipmate – "Santa Maria" was formed. A valiant quest destined them for sixth place in a loaded region, facing some Drag('n Thrust) along their travels before deciding to Overhaul initial plans. 2012: After a Super Phun year at port, Santa Maria set sail once again. Still searching, the journey took the sailors to uncharted lands beyond the Great Lakes, including the mighty Chesapeake. Facing occasional rough waters, the explorers floated adrift to a third-place regionals finish. 2013: Core leadership and crew intact, Santa Maria was welcomed in foreign lands. Withstanding battle wounds, they believed to have found the answer they sought. But on the return trip home, on a treacherous September afternoon, Santa Maria collided with a sturdy Steamboat. 2014: Repaired and fortified, and still boasting nine shipmates from its maiden voyage, Santa Maria's quest continues. Uno, dos, tres ... Juan de la Cosa.

### ROSTER

0	Jeff Kula	5'6"	35
1	Andy Farrand	5'9"	23
2	Steve Booth	5'9"	31
3	Alaine Wetli	5'4"	21
4	Nick Hamilton	6'1"	28
5	Paige Soper	5'4"	23
6	Nancy Haskell	5'2"	28
7	Stevie Miller	5'6"	21
8	Caitlin Harley	5'7"	22
9	Janine Walker	5'8"	26
10	Kristen Smiach	5'6"	25
11	Mike Ford	6'1"	26
12	Katie Backus	5'7"	22
14	Steven Myers	6'1"	25
15	Chris Ratcliff	6'1"	29
17	Nathan Buddemeyer	6'3"	22
19	Jenna Galletta	5'4"	21
20	Eliot Alexander	6'0"	27
23	David Betrovato	6'1"	23
24	Liz Gates	5'6"	22
25	Tim San Pedro	5'7"	33
32	Cassie Swafford	5'10"	23
33	Killian Hollo	6'1"	21
49	Nate Landry	5'10"	29
68	Danny Shonk	6'2"	22
84	Greg Eckhart	6'1"	36
99	Kevin Kula	5'10"	33

## SEATTLE MIXED

### SEATTLE, WA

Captains: Brad House, Mark Burton

### ROSTER

2	Joel Barker	6'1"	32
3	Cameron Bailey	6'0"	25
5	Lauren Pattie	5'5"	27
6	Kahyee Fong	6'0"	24
7	Rachel Bailey	5'8"	31
8	Meagan Todd	5'5"	29
9	Jennifer Cogburn	5'9"	24
10	Lexi Garrity	5'5"	24
12	Brad Houser	6'0"	23
15	Drew Johnson	5'10"	24
16	Mark Burton	6'0"	27
17	Taylor Kanemori	5'2"	23
19	Cole Johnson	5'11"	27
20	Gracie Noah	5'8"	19
21	Lucy Williams	5'8"	23
22	Evan Klein	6'2"	25
24	Alex Duffel	5'11"	24
29	Dominic Cavaleiro	6'2"	22
32	Henry Phan	5'7"	21
33	Deborah Barker-Lee	5'6"	32
44	Jaime Arambula	5'9"	36
50	Nicholas Dare	6'1"	33
53	Roberta Abbott	5'6"	25
85	Phil Paul	5'10"	32
99	Khalif El-Salaam	6'0"	21

# MIXED TEAMS

## SLOW WHITE



### BOSTON, MA

Captains: Alex Trahey, Kirsten Lundquist

Coaches: Marshall Goff, Rosalyn Ano

Look up the word consistency in the dictionary, do you know what you'll see? A definition of the word consistency. However, look up consistency on the internet, and you'll see a picture of Slow White. Sure, some of the names and faces have changed, but it's still the same program you know and love. This year marks Slow White's 10th consecutive trip to the USA Ultimate National Championships. We are a two-time silver medalist still searching for that elusive gold.

### ROSTER

2	Cassidy Edwards	5'9"	29
3	Alison Main	5'8"	27
4	Dave Truesdale	5'11"	32
5	Shaun Doherty	5'11"	25
6	Shaun Krieger	6'0"	26
8	Ryan Richardson	5'10"	29
9	Jeff Smith	5'10"	29
10	Michael Miller	5'8"	32
11	Evan Patisteas	6'1"	31
12	Chris Waite	6'0"	29
13	Dan Patisteas	6'1"	31
14	Hannah Baranes	5'6"	24
16	Aimie Kawai	5'11"	22
17	Kirsten Lundquist	5'5"	25
19	Phoebe Shambaugh	5'2"	23
20	India Stubbs	5'8"	21
21	Steve Sullivan	5'10"	31
24	Andy Schachter	5'10"	26
25	Alex Trahey	6'4"	26
27	Knute Svenson	6'1"	26
35	Corey Flynn	5'10"	32
38	Geoa Geer	5'8"	25
42	Mary Glickman	5'6"	30
55	Todd Herman	6'4"	27
69	Adrienne Altobelli	5'7"	30
71	Julie Sussman	5'3"	33
89	Annie Fisher	5'6"	24

## WILD CARD



### BOSTON, MA

Twitter: @wildcardult

Captains: Denis Agniel, Ian Engler, Lily Steponaitis

Coaches: Michael MacKenzie, Jacqueline Bourgeois

Born in 2012 from the idea that diverse talent with focused, hard work can achieve great things, Wild Card returns to Nationals for a third time. After earning a fourth-place finish and the Team Spirit Award in 2013, Wild Card looks forward to once again testing its mettle against the top teams in the country in Frisco. This year's Wild Card squad comes into Frisco well-travelled and battle-tested after trips to the U.S. Open in Minneapolis, World Ultimate Club Championships in Italy, and the Pro Flight Finale in Seattle. A young, determined team, Wild Card looks to build its season one point at a time, always supporting each other by creating a positive atmosphere while honoring its opponent and the spirit of competition on the field. Keep rising!

### ROSTER

1	Lauren Nelson	5'5"	27
2	Seth Reinhardt	6'3"	27
3	Ian Engler	6'1"	23
4	William Dean	6'2"	22
5	Lee-Or Ankori-Karlinsky	5'11"	24
7	Aly Heath	5'11"	27
8	Laura McFeely	5'7"	22
10	Lauren McNamara	5'6"	26
11	Lloyd Olson	6'0"	25
12	Denis Agniel	6'0"	29
14	Emily Eisner	5'8"	22
15	Sam Dinning	6'2"	27
16	Vincenzo Vitiello	5'10"	23
18	Anna Chute	5'4"	25
19	Lily Steponaitis	5'11"	24
20	Shellie Cohen	5'9"	21
21	Scott Sottosanti	6'3"	24
24	David Reshef	5'10"	27
27	Peter Schmidt	5'11"	28
33	Scott Gatto	5'9"	25
35	Cody McInnis	5'11"	24
38	Adrian Banerji	6'0"	24
42	Eva Petzinger	5'10"	21
44	Kara Hammer	5'10"	24
64	Lee Farnsworth	6'2"	24
73	Katharine Sullivan	5'6"	25
88	Hailey Alm	5'9"	23

# WOMEN'S TEAMS

## BRUTE SQUAD



### BOSTON, MA

Website: [brutesquadultimate.com](http://brutesquadultimate.com)

Captains: Becky Malinowski, Blake Spitz,  
Courtney Kiesow, Emily Baecher

Head Coach: Mike Zalisk

Assistant Coaches: Sarah Cook, Mike Lawler

Formed in 2002 and developed alongside the once-dominant Godiva, Brute Squad was since become the top team in the Boston area. Brute has qualified for Nationals every season, with two appearances in the quarterfinals, three in the semifinals and one in finals.

### ROSTER

1	Kami Groom	5'5"	24
2	Courtney Kiesow	5'8"	29
3	Sara Jacobi	5'5"	28
4	Betsy Calkins	5'4"	33
5	Blake Spitz	5'6"	32
6	Claudia Tajima	5'6"	23
7	Mia Greenwald	5'6"	22
9	Becca Ludford	5'6"	24
10	Qxhna Titcomb	5'7"	21
11	Christie Kim	5'4"	28
12	Dory Ziperstein	5'7"	26
13	Becky Malinowski	5'10"	25
14	Paula Seville	5'9"	24
16	Kirsten Unfried	5'9"	37
17	Angela Zhu	5'5"	18
18	Leila Tunnell	5'9"	26
19	Liën Hoffmann	5'6"	23
21	Chelsea Murphy	5'3"	26
22	Vicky Negus	5'8"	24
23	Emily Baecher	5'7"	27
24	Chelsea Witte-Garcia	5'10"	30
25	Shira Klane	5'4"	26
26	Elana Schwam	5'4"	27
28	Vicki Chang	5'5"	23
33	Laura Bitterman	5'3"	26
37	Molly Hallweaver	5'8"	25

## CAPITALS



### TORONTO, ON

Website: [facebook.com/pages/Capitals-Ultimate/125301100873962](http://facebook.com/pages/Capitals-Ultimate/125301100873962)

Captains: Darcy Drummond, Kathryn Pohran  
Coach: Carla Di Filippo

Capitals started in 2005 with a combination of players from across Ontario to compete in the USA Ultimate series and to hopefully represent Canada at the WUGC. Since inception, Capitals have made the top eight at the USA Ultimate National Championships in each year except 2008, where they finished ninth. In their nine-year history, Capitals have broken into the semifinals twice, 2009 and 2011, and the finals in 2010, where they lost to Fury 15-9. Capitals fell short to fellow Canadian team Traffic in 2007 in an attempt to compete at WUGC. However, Capitals captured the honour of representing Canada at the WUGC in 2012 where they finished third and won the Spirit of the Game Award. Capitals will make the push in 2015 to represent Canada once again on the world stage.

### ROSTER

00	Laura Kinoshita	5'5"	17
1	Anne Maffei	5'5"	30
4	Sarah Kidd	5'6"	28
8	Andrea Kurahashi	5'2"	29
10	Kathryn Pohran	5'7"	26
12	Darcy Drummond	5'8"	34
13	Melissa Dunbar	5'3"	26
14	Brianna VanderGriendt	5'4"	24
16	Adrianna Rowe	5'8"	21
17	Alex Benedict	5'7"	27
19	Kaylee Sparks	5'2"	22
22	Sarah Bobak	5'8"	27
23	Marie-Christine Jacques	5'5"	26
25	Kristen Dearden	5'10"	22
26	Carla Di Filippo	5'5"	36
44	Erin Bussin	5'2"	22
45	Shaunagh Howard	5'6"	27
50	Sam Cheung	5'4"	20
51	Alisha Zhao	5'2"	25
55	Lee Berkowitz	5'8"	28
74	Megan Thomas	5'6"	26
77	Karen Chan	5'0"	18
88	Tawnya Gonzalez	5'6"	32
90	Jordan Meron	5'6"	24

# WOMEN'S TEAMS

## FURY



### SAN FRANCISCO, CA

Website: [furyultimate.com](http://furyultimate.com)

Captains: Ness Fajardo, Alex Snyder

Coach: Matt Tsang

Fury is an elite women's ultimate team based in the San Francisco Bay Area. Since its inception in 1997, Fury has earned a reputation for excellence on the ultimate field by melding athleticism, experience, dedication and teamwork. That combination has helped Fury earn nine National Championships (1999, 2003, 2006-2012) and the right to represent the U.S.A. at nine World Championships, winning gold in 2008 and 2010 and silver in 2012 and 2014. The team also highly values the importance of coaching and is pleased to have been coached by Matty Tsang for the last nine seasons.

Over the years, Fury has been comprised of a diverse group of women with a common goal: to excel at the sport we love, together.

### ROSTER

3	Castle Sinicrope	5'5"	30
4	Alex Snyder	5'8"	31
5	Kaela Jorgenson	5'8"	26
6	Alicia Dantzker	5'8"	31
8	Nancy Sun	5'6"	31
9	Loryn Kanemaru	5'5"	26
10	Genevieve Laroche	5'8"	35
11	Lauren Casey	5'8"	31
12	Kristie Bowen	5'2"	29
13	Cree Howard	5'8"	27
15	Alden Fletcher	5'8"	30
16	Michela Meister	5'9"	21
20	Dre Romano	5'9"	28
22	Arlie Tsang	5'2"	39
23	Sabrina Fong	5'6"	24
26	Lisa Pitcaithley	5'9"	22
27	Ness Fajardo	5'6"	29
29	V.Y. Chow	5'5"	38
33	Anna Nazarov	5'4"	29
37	Liz Duffy	5'6"	39
42	Darragh Clancy	5'7"	28
44	Maggie Ruden	5'6"	25
51	Claire Desmond	5'8"	24
66	Lakshmi Narayan	5'7"	30
71	Manisha Daryani	5'4"	31
77	Carolyn Finney	5'3"	26

## GREEN MEANS GO



### PHILADELPHIA, PA

Website: [greenmeansgoultimate.wordpress.com](http://greenmeansgoultimate.wordpress.com)

Captains: Joanne Burgess, Katie Ryan, Nichole Smith

Coach: Jeff George

Green Means Go was founded in 2011 by former captain Keri Dorko. After several years of upheaval in the Philadelphia women's club scene, the original players of Green Means Go came together with the intention of creating a competitive and sustainable program that would foster development at all levels. The team has grown significantly over the past four years, with its strong Philadelphia core being supplemented by top players from New Jersey and Delaware. After three consecutive years of losing in the game-to-go at regionals, GMG was able to secure the second bid from the Mid-Atlantic this year, making this the first trip to Nationals in the team's history.

### ROSTER

00	Shannon Tsai	5'2"	23
1	Lyra Olson	5'4"	21
3	Nikki Ross	5'8"	27
4	Keri Dorko	5'4"	30
5	Yoli Scarpati	5'3"	26
6	Claire Remington	5'9"	25
7	Kelsey Devlin	5'5"	21
8	Whitney Viets	5'5"	27
9	Joanne Burgess	5'8"	28
10	Samantha Peletier	5'8"	23
11	Vicki Chen	5'3"	26
12	Katie Ryan	5'6"	25
16	Abbey Newsome	5'8"	25
17	Xenia Rudenko	5'6"	25
18	Elaine Saylor	5'6"	26
23	Nichole Smith	5'2"	26
24	Casey Gorman	5'6"	25
26	Ashley Un	5'2"	27
28	Kelsey Johnson	5'6"	24
32	Melanie Harvey	5'7"	33
37	Hannah Henkin	5'3"	20
40	Kristin Rosser	5'6"	24
44	Natalie Gustafson	5'6"	23
51	Jamie Barr	5'7"	24
53	Margie Guy	5'4"	21
66	Sherry Li	5'5"	20
88	Eileen Regan	5'7"	26

# WOMEN'S TEAMS

## HEIST



### MADISON, WI

Website: [heistultimate.wordpress.com](http://heistultimate.wordpress.com)  
 Captains: Robyn Wiseman, Rose Glinka  
 Coaches: Keith Westgate, Monica Kappes

Heist formed in Madison, Wis., to give women the opportunity to play ultimate closer to home, although our players come from Wisconsin, Iowa and Nebraska. Our team is committed to cultivating opportunities to empower women ultimate athletes in the Midwest, where most of us developed a passion for the game. Heist has qualified for the National Championships every year since first competing in the USA Ultimate club division in 2012.

#### Who is Heist 2014?

This year's history is written by 32 positive, inclusive, growth-focused, hard-working women committed to creating an open, honest and accountable team together. We are a group of fun-loving athletes who play with grit, heart and intensity. We love cheese and rice, sugar and spice, and stars and stripes. We celebrate loud and accept each other for all we bring to the team.

### ROSTER

2	Rachael Romaniak	5'5"	21
3	Liza Minor	5'6"	23
4	Jenny Gaynor	5'6"	27
5	Rose Glinka	5'2"	27
8	Adrienne Wells	5'6"	23
9	Lorraine Guerin	5'4"	20
10	Jessica Mast	5'3"	21
12	Jasmine Draper	5'3"	27
13	Erin Newman	5'7"	23
14	Robyn Wiseman	5'6"	27
16	Anna Hrovat-Staedter	5'6"	20
17	Kelly Wiese	5'7"	24
18	Kayla Emrick	5'4"	23
19	Georgia Bosscher	5'7"	27
20	Lauren Perucco	5'5"	22
22	Arthi Padmanabhan	5'7"	32
23	Anna Williams	5'6"	27
25	Joann Wong	5'3"	26
26	Rachael Westgate	5'5"	24
30	Love Anjonrin-Ohu	4'11"	30
31	Mary Kate Van Duyn	5'4"	24
33	Emily Lander	5'9"	21
40	Amelia Cuarenta	5'6"	23
44	Corinne McKittrick	5'7"	32
49	Jen Nowak	5'5"	24
77	Laurel Schmidt	5'5"	25
87	Emily Langland	5'2"	25

## MOLLY BROWN



### DENVER, CO

Website: [mollybrownultimate.com](http://mollybrownultimate.com)  
 Captains: Lindsey Cross, Maggie Chen,  
 Carolyn Matthews

Titanic is a 1997 American epic romantic disaster film directed, written, co-produced, co-edited and partly financed by James Cameron. A fictionalized account of the sinking of the RMS Titanic, it stars Leonardo DiCaprio and Kate Winslet as members of different social classes who fall in love aboard the ship during its ill-fated maiden voyage.

"Kate Winslet's character, Rose, was one of the vilest and most disgusting characters ever to grace the silver screen. From beginning to end, she displayed nothing but character flaws and a lack of concern for everyone else around her."

Molly Brown, a minor character in the movie, said: '[upon seeing the upended Titanic] God Almighty.'

Sources: Wikipedia and The Gospel Coalition

### ROSTER

3	Maggie Chen	5'6"	26
7	Paige Applegate	5'7"	23
8	Lisa Doan	5'2"	29
10	Lindsey Cross	5'9"	26
11	Dena Slattery	5'5"	29
12	Claire Henly	5'7"	24
13	Tina McDowell	5'6"	42
15	Dori Franklin	5'8"	21
16	Megan Cousins	5'8"	22
18	Stephanie Frost	5'7"	23
19	Christina Mickle	5'8"	23
20	Emily Stege	5'9"	25
21	Tina Snodgrass	5'11"	27
22	Shannon Waugh	5'4"	26
23	Lauren Boyle	5'5"	27
24	Lisi Lohre	5'7"	22
27	Lauren Baecher	5'7"	23
28	Sally Lambert	5'11"	29
32	Christy Cheung	5'5"	25
33	Jana Krutsinger	5'7"	41
42	Carolyn Matthews	5'2"	31
52	Claire Chastain	5'5"	24
80	Jean Russell	5'4"	19

# WOMEN'S TEAMS

## NEMESIS



nemesis

### CHICAGO, IL

Website: [chicagonemesis.com](http://chicagonemesis.com)

Captains: Sara Miller, Emily Hadel

Coach: Marc Furigay

### ROSTER

0	Laura Moore	5'10"	28
1	Maggie Kennedy	5'9"	19
3	Emily DePalma	5'8"	24
4	Sam Cain	5'5"	26
5	Katie Raynolds	5'5"	24
6	Risa Umeno	5'3"	24
7	Servia Rindfleish	5'3"	28
8	Becky Moore	5'6"	23
10	Katie Dolara	5'8"	33
12	Megan Tormey	5'8"	30
13	Jessica Sipperley	5'5"	28
15	Kim Streff	5'7"	26
16	Jackie Lai	5'5"	23
20	Emilia Garcia	6'0"	26
23	Emily Hadel	5'4"	27
26	Al Chlebeck	5'7"	24
31	Sara Scott	5'3"	23
32	Carol Li	5'6"	23
43	Kelly Bolt	5'5"	30
72	Jacqueline Jarik	5'6"	22
77	Sara Miller	5'7"	25
88	Stazi Tangherlini	5'4"	23
99	Katie Dyer	5'7"	25

SPECTATOR INFO

## NIGHTLOCK



### SAN FRANCISCO, CA

Website: [nightlockult.com](http://nightlockult.com)

Captains: Abby VanMuijen, Katie Barry

Coaches: Jit Bhattacharya, Peri Kurshan

Now in our third season, Nightlock is a women's team out of the Bay Area, Calif., that focuses on our core values of Growth, Respect, Intensity and Team (GRIT) – we play with heart, discipline and joy and challenge each other to be our best. We love long walks on the beach, sweaty sprints up hills, obscure Hunger Games references and high fives. We'll see you on the field, and may the odds be ever in your favor!

### ROSTER

1	Sharon Tseng	5'6"	25
2	Marisa Rafter	5'8"	21
3	Michaela Lee	5'2"	21
4	Marika Austin	5'7"	26
6	Monisha White	5'7"	19
7	Claire Sharman	5'7"	27
8	Rachel Habbert	5'4"	27
11	Iris Leung	5'2"	27
12	Heather Waugh	5'3"	28
13	Marie Laurenza	5'7"	30
14	Emmy Kolanz	5'5"	22
15	Kathryn Barry	5'7"	28
16	Jennifer Founds	5'7"	27
17	Abby VanMuijen	5'5"	24
18	Shannon Bubb	5'2"	25
20	Briana Cahn	5'6"	25
22	Ashley Black	5'4"	33
23	Sally Mimms	5'7"	34
25	Audrey Wei	5'4"	25
28	Catherine Chen	5'3"	23
31	Stephanie Lim	5'4"	22
33	Carol Chen	5'2"	35
35	Lily Lin	5'4"	24
77	Emily Prader	5'5"	25
88	Alina Kagan	5'6"	26

# WOMEN'S TEAMS

## OZONE



### ATLANTA, GA

Website: ozoneultimate.org

Captains: Alison Douglas, Angela Lin

Coach: Chris Goodson

Established in 1984, this is Ozone's 31st season. This year, we have focused on having fun, being pretty, and not taking ourselves too seriously. It's safe to say that this season's motto is "Look at nothing to see everything," and it has served us well, as we are regional champions for the first time since 2008. This year, we are ready to come out strong in Frisco, make people pay the troll toll, and in the words of Mr. Puppy, "Get nasty!"

### ROSTER

2	Emily Lloyd	5'7"	23
3	Paige Carver	5'0"	22
5	Kate Wilson	5'4"	31
7	Lane Siedor	5'10"	22
9	Phebe Kemmer	5'7"	27
10	Caroline Pearson	5'7"	22
11	Kirsten Shell	5'5"	31
12	Annie Newton	5'2"	30
13	Sarah Owenby	5'8"	27
14	Allison Snow	5'3"	27
17	Anna Hammond	5'7"	31
18	Hannah Leathers	5'6"	23
24	Katherine Wooten	6'0"	32
26	Cate Woodhurst	5'10"	21
28	Meg Harris	5'6"	25
31	Sam Stovall	5'7"	28
32	Haley Reese	5'9"	26
42	Alisha Kramer	5'5"	24
44	Mira Walker	5'5"	27
57	Abbey Hewitt	5'5"	23
71	Angela Lin	5'6"	37
80	Alison Douglas	5'8"	26

## RIOT



### SEATTLE, WA

Website: seattleriot.org

Captains: Alyssa Weatherford, Gwen Ambler,

Rohre Titcomb

Head Coach: Andy Lovseth

Strength and Conditioning Coach: Ren Caldwell

Since the team's formation in 2000, Riot has become a perennial powerhouse in the women's club division, including earning world titles in 2002 and 2014, as well as back-to-back national championships in 2004 and 2005. This season, the team returned most of our 2013 roster (including getting our ACL crew back on the field!), added two new faces and a former Riot returning after a break, and are proud to be coached by Andy Lovseth. Andy was an assistant coach last year, and we couldn't be happier that he wanted to stay on board with Riot in 2014 as our head coach. 2014 has been a process-focused year, thinking about what being successful means to us and the "how" behind the way we play. Channeling the mayhem of our namesake, the 1999 WTO riots in Seattle, we intend to wreak havoc on our opponents with stifling defense and an aggressive offensive attack. All while staying true to our team core values: Excellence, Trust, Love. It's harvest time!

### ROSTER

1	Kelly Johnson	5'5"	27
2	Elle Burstein	5'5"	25
3	Gwen Ambler	5'10"	33
4	Rohre Titcomb	5'5"	26
5	Kate Kingery	5'6"	35
6	Sarah Griffith	5'5"	28
7	Calise Cardenas	5'4"	27
8	Rachel Bradshaw	5'7"	27
9	Shannon McDowell	5'9"	27
10	Shira Stern	5'5"	22
11	Shannon O'Malley	5'5"	27
12	Callie Mah	5'8"	24
14	Hana Kawai	5'8"	26
15	Bailey Zahniser	5'3"	23
17	Dominique Fontenette	5'6"	39
19	Fiona McKibben	5'4"	24
20	Katy Craley	5'7"	25
21	Molly McKeon	5'5"	27
24	Sarah Davis	5'5"	23
25	Alyssa Weatherford	5'5"	27
34	Angelica Boyden	5'8"	24
38	Kathryn Lawson	5'1"	31
49	Charlie Eide	5'6"	26
55	Nora Carr	5'7"	28
77	Jillian Goodreau	5'11"	25
81	Charlie Mercer	5'8"	27

# WOMEN'S TEAMS

## SCANDAL



### WASHINGTON, DC

Website: [scandalultimate.com](http://scandalultimate.com)

Captains: Sandy Jorgensen,

Octavia Payne, Kath Ratcliff

Coach: Alexander Ghesquiere

Began in 2007, Scandal is the elite women's ultimate club team that draws from the Washington, D.C., metropolitan area. In 2013, in its fifth Nationals appearance, Scandal captured its first USA Ultimate Club Championship title. In 2014, Scandal placed third at the World Ultimate Club Championships.

### ROSTER

2	Huldah Gronvall	5'6"	32
3	Amy Wickner	5'9"	31
4	Sarah Itoh	5'6"	29
5	Allison Maddux	5'2"	29
6	Ashley Daly	5'7"	30
7	Kimberly Beach	5'3"	41
8	Kristin Franke	5'1"	29
9	Octavia Payne	5'5"	25
11	Ellie Graeden	5'6"	34
13	Kath Ratcliff	5'8"	34
14	Samantha McClellan	5'7"	28
16	Leah Tsinajinnie	5'4"	23
17	Shino Yoshen	5'8"	25
18	Crystal Davis	5'6"	30
19	Alicia White	5'7"	32
20	Alika Johnston	5'3"	20
21	Maggie John	5'5"	23
23	Lauren Sadler	5'3"	23
24	Amy Hudson	5'11"	27
37	Sandy Jorgensen	5'9"	28
42	Laura Pape	5'6"	22
55	Molly Roy	5'3"	27
71	Sasha Bugler	5'6"	23
77	Quinne Farenwald	5'5"	27
89	Anne Mercier	5'8"	25
91	Jessie O'Connor	5'6"	22

SPECTATOR INFO

## SCHWA



### PORTLAND, OR

Website: [facebook.com/pages/Schwa/138104639625008](http://facebook.com/pages/Schwa/138104639625008)

Schwa/138104639625008

Captains: Emily Flanders,

Sarah Read-Brown, Kathryn Weatherhead

Coaches: Danny Quarrell, Mike Knapp

Schwa has reigned as the elite women's ultimate team out of Portland, OR, since 1995. Schwa began to really make waves in the ultimate community in 1996 when they first qualified for Worlds. In 1999, Schwa pulled a huge upset over then-perennial champions Godiva to meet Fury in the finals, where Schwa fell to second place. Schwa took second place at Worlds in 1997 and 1999 and continued to be regulars at the top of U.S. competition through the early 2000s. 2007-2011 was a time of growth and rebuilding until 2012 when they made their return to Nationals. Schwa is a young, hungry team looking to represent Oregon and the Northwest and leave it all on the fields in Frisco!

### ROSTER

00	Kathryn Weatherhead	5'4"	25
1	Jesse Shofner	5'1"	21
2	Trish Thoms	5'5"	32
3	Olivia Bartruff	5'2"	21
5	Margaret Wilson-Moses	5'9"	25
6	Chloe Mandell	5'6"	27
7	Beckie Zipp	5'8"	27
8	Anna Hare	5'6"	32
9	Emelie McKain	4'11"	25
10	Malina Wiebe	5'4"	25
11	Emily Flanders	5'7"	26
12	Erin Devlin	5'11"	29
13	Kelly Hansen	6'0"	28
14	Jenny Tibbals	5'8"	27
15	Sarah Read-Brown	5'4"	25
16	Adrienne Bovee	5'7"	23
17	Delia Chiu	5'3"	35
19	Whitney Mount	5'8"	29
20	Alex Ode	5'8"	21
21	Molly Munson	5'4"	23
24	Sophie Darch	5'5"	23
28	Shannon Dennehy	5'4"	23
33	Cate Roscoe	5'5"	35
47	Amanda Kostic	5'9"	23
88	Becky Hamilton	5'8"	21

# WOMEN'S TEAMS

## SHOWDOWN



### AUSTIN, TX

Website: [facebook.com/pages/Texas-Showdown/242891214064](https://facebook.com/pages/Texas-Showdown/242891214064)

Captains: Shereen Rabie, Christina Contreras

Coaches: Sean McCall, David Melancon

After years of playing against each other, the strength of Texas united in 2006. Texas Showdown represents all corners of the state, from Houston to El Paso, Dallas to San Antonio. We often meet in the middle, in the capital, Austin. In 2012 and 2013, Showdown broke through to the semis at Nationals and, based on our performance in 2013, we qualified for the 2014 World Ultimate Club Championships in Lecco, where we finished fourth.

### ROSTER

3	Rebecca Shelton	5'7"	28
4	Monica Matsumoto	5'3"	24
5	Kimber Coles	5'3"	24
8	Shereen Rabie	5'6"	24
9	Julie Malecek	5'9"	23
10	Sunny Harris	5'6"	24
11	Katey Forth	5'6"	39
12	Diana Charrier	5'8"	23
13	Angela Lee	5'6"	24
14	Edith Teng	5'5"	24
15	Marjo Poindexter	5'3"	29
16	Sarah Levinn	5'10"	25
17	Marissa Land	5'3"	19
21	Mariel Hammond	5'4"	23
22	Barbara Karia-Marton	5'4"	39
23	Lilly White	5'6"	26
25	Tina Woodings	5'9"	31
27	Christina Contreras	5'10"	29
28	Annie Ortiz	5'6"	20
29	Michelle Arceneaux	5'9"	25
32	Bex Forth	5'5"	39
33	Kayla Ramirez	5'1"	23
34	Jess Huynh	5'5"	29
44	Sharon Tsao	5'5"	23
64	Lukiih Cuan	5'4"	24
99	Janel Venzant	5'6"	25

## TABBY ROSA



### GAINESVILLE, FL

Website: [facebook.com/TabbyRosaUltimate](https://facebook.com/TabbyRosaUltimate)

Captains: Jenna Dahl, Katelyn Cobelens

Coach: Joe Tilley

In the spring of 2012, three gingers sat around a table to discuss the upcoming club season and our hopes and dreams for a competitive women's club team in Florida. Being soulless isn't easy, and we all missed the camaraderie that can only be found with a group of intense, athletic, committed individuals. We started by gauging interest in all of the cities with college teams or ultimate ties, but our first year was small and mostly confined to players from Gainesville. Then, with the siren call of Michelle Ng's captaining clinic, the college wenches joined forces to progress the future of Florida women's ultimate. With fresh, new talent, our second-year team had the fuel we needed to establish a fundamental combined-city club team that we hoped would be worth everyone's sacrifice. We're now in our third season, and these native ladies have returned to finish what we started: punching a ticket to Frisco, Texas. We're looking forward to upcoming challenges and can't wait to keep building up women in ultimate. #tabbyball

### ROSTER

00	Lisa Fitton	5'3"	24
1	Zoe Stapleton	5'9"	20
3	Lili Morris	5'3"	25
4	Michelle Fusting	5'10"	27
5	Diana Elsner	5'6"	21
6	Alexa Wood	5'2"	20
7	Kelsey Viars	5'5"	23
8	Reba Havis	5'5"	21
9	Katie Fox	5'6"	23
12	Teal Dabney	6'1"	24
15	Amanda Schworm	5'5"	26
18	Shayna Brock	5'2"	20
19	Jenna Dahl	5'3"	24
20	Laura Payne	5'8"	23
22	Carolina Gonzalez-Llanos	5'6"	23
24	Katelyn Cobelens	5'7"	24
29	Jackie Fane	5'6"	24
42	Megan Reeves	4'11"	23
77	Brooke Stanislawski	5'5"	24

# WOMEN'S TEAMS

## TRAFFIC



### VANCOUVER, BC

Website: [traffic-ultimate.com](http://traffic-ultimate.com)

Captains: Candice Chan, Catherine Hui, Kira Frew

Traffic was formed in 2007 and is based out of Vancouver, B.C. Since its inception, Traffic has proven year after year to be one of the most competitive teams in the world and one of the best in Canada. Traffic won the Canadian champions in 2012 and 2013, won bronze in 2008 at the World Ultimate Championships and have qualified seven times for the USA Ultimate Championships.

### ROSTER

0	Terri Whitehead	5'6"	31
2	Louisa Thue	5'7"	39
3	Michelle Ning	5'6"	32
4	Katie Berezan	5'6"	26
5	Ashlee Davison	5'9"	31
8	Ellie Hand	5'9"	26
9	Jessica Rockliff	5'7"	28
10	Jaimie Kot	5'4"	35
11	Eva Cham	5'2"	41
12	Maria Chau	5'4"	25
16	Melissa Harder	5'2"	34
17	Candice Chan	5'2"	33
18	Kira Frew	5'2"	28
21	Rena Kawabata	5'6"	24
23	Julie Daviau	5'9"	30
24	Yayuk Joffres	5'8"	25
33	Laura Mason	5'8"	28
37	Tasia Balding	5'10"	35
42	Rachel Moens	5'6"	25
66	Crystal Koo	5'2"	23
77	Jenn Kwok	5'6"	37
89	Carolyn Churchland	5'8"	29
90	Catherine Hui	5'5"	24
92	Laurel Jay	5'2"	22

## UNDERGROUND



### SEATTLE, WA

Website: [seattleunderground.wordpress.com](http://seattleunderground.wordpress.com)

Captains: AnnaMaria Paruk, Noel Hanzel, Trudy Philip

Coach: Frank Nam

Seattle Underground started making waves in the greater Puget Sound in 2009, barely missing out on a bid to Nationals in its first club season. The 2010 and 2011 seasons were similar, with UG continuing to turn heads, returning wise veterans and recruiting savvy rookies, but missing Nationals by only a few points.

In 2012, UG made big moves. With the addition of a very talented rookie class and returners with a fire, UG earned a bid to Nationals for the Northwest region and took it at regionals to make a first Nationals appearance. In 2013, UG competed in the elite tier. At regionals, UG lost a heartbreaking game-to-go to Nationals, taking fourth in the region. That loss only made Underground hungrier and more eager for the 2014 season. We love to play ultimate and have fun doing it, and now...we keep digging.

### ROSTER

1	Margie Quinn	5'9"	23
2	Lindsey Wilson	5'6"	25
5	Erica Petru	5'3"	25
6	Molly Sinnott	5'6"	24
7	Eden Marsicek	5'7"	27
8	Kimberly Tee	5'3"	33
10	Julia Bladin	5'5"	21
11	Kaley Bender	5'4"	24
12	Noel Hanzel	5'7"	24
13	Trudy Philip	5'4"	38
14	Ashley Chan	5'6"	28
15	Eva Fury	5'3"	26
16	Katie Silveria	5'3"	28
17	Adrienne Lemberger	5'7"	24
20	Elaine Leung	5'3"	27
21	Nikki Bruce	5'1"	19
22	Jazmine Cañez	5'4"	25
23	Anh-Thu VoBa	5'1"	22
33	AnnaMaria Paruk	5'2"	25
47	Alyssa Kelly	5'7"	25
50	Heather Ann Brauer	5'5"	31
61	Alex Fussell	5'10"	24
81	Lani Nguyen	5'2"	20
92	Jess Smith	5'7"	28

# MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.

**PLAY HARD. HAVE FUN.**  
**FIVEULTIMATE**

Team@FiveUltimate.com



photo by Billy D Photography



# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition
  - Modifications: 20-yard end zones; “contact” marking violation call
- All games to 15, point-cap at 17.
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time cap: Goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Hard time cap: Goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

---

## USA ULTIMATE TRIPLE CROWN TOUR

The USA Ultimate Triple Crown Tour is a competition structure, introduced in 2013, for the USA Ultimate club season, including the summer regular season and the fall Championship Series for the men’s, mixed and women’s divisions. Teams in this structure qualify into one of four “Flights” based on their finish in the previous year’s Championship Series. Qualification for the 2014 National Championships means all teams at Nationals have earned their way into one of the two top Flights (Pro or Elite) for 2015. At the 2014 National Championships, the top 8 finishers will earn spots in the 2015 Pro Flight. Semifinalists will earn a bid to the 2015 U.S. Open Championships. The bottom eight teams at Nationals will have earned spots in the Elite Flight for the 2015 Triple Crown Tour.

---

## PLACEMENT GAMES

### Schedule Clarifications

- 5\* through 8\* are quarterfinal losers in order of post-regionals ranking.
- 9\* through 16\* are pre-quarters losers in order of post-regionals ranking.
- Pro Flight Play-In/seventh-place bracket: Each fifth-place semifinal loser will match up against a ninth- place semifinal winner to compete for one the final two spots in the 2015 Pro Flight. Winners of these two games will qualify for the last two spots in the Pro Flight.

Detailed rules governing the playing of placement games and their impact on the 2014 season and events for all three divisions have been provided in the Competition Rules document, distributed to each team prior to the National Championships and reviewed at the Captain’s Meeting. Please check with your team captain or the Competition Director for questions or clarifications.

# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal and he/she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours before game time each day. Directions to the local hospital can be found in the “Directions” section of this program.

## CONCUSSIONS

1. Concussions are brain injuries that can occur as a result of a blow to the head.
2. Symptoms may include headache, nausea, vision problems, confusion, and balance problems.
3. If you think you or one of your teammates might have a concussion, tell your coach and have the athlete see a medical professional. Medical staff members are on hand at Tournament Central.
4. Athletes who have suspected concussions will not be allowed to return to play without a note from a health professional skilled in concussion management clearing them for healthy participation.
5. Coaches are required to complete a concussion training course (like the Heads Up course offered by the CDC free online) annually.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – be honest! Are you fit enough to perform under current conditions?
  - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).

- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## **SIDELINE SAFETY**

- Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

## **LIGHTNING GUIDELINES**

- Event Staff will communicate with players and spectators via PA system and through scorekeepers equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.



2014



The highest level of competitive ultimate in North America

CHECK IT OUT. EVERYONE IS INVITED. [USAULTIMATE.ORG/TRIPLECROWNTOUR](http://USAULTIMATE.ORG/TRIPLECROWNTOUR)

# USA ULTIMATE SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach and not the players have the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

1. Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or footblocking).
2. Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never okay at any level.
3. Coaches will not make calls from the sideline nor offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute, a coach may talk to his or her own player about the dispute and offer opinions.
4. Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
5. Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
6. Coaches will always exhibit respect for opposing players.
7. Coaches will always exhibit respect for other coaches.
8. Coaches will always exhibit respect for observers.
9. Coaches will model Spirit of the Game at all times.

**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment in which players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

WYNDHAM  
HOTEL GROUP

USA  
ULTIMATE

SAVE UP TO 20% OFF  
"Best Available Rate\*" at more than 7,000 properties!

Call 877.670.7088 & mention  
ID# 100009286 to receive the discount!

Part of the Wyndham Hotel Group

WYNDHAM  
Hotels and Resorts

WYNDHAM  
GRAND COLLECTION

WYNDHAM  
GARDEN OF EDDEN

WINGATE  
Hotels

HAWTHORN  
HOTELS BY WYNDHAM

RAMADA  
WORLDWIDE

Days Inn

Spring  
8  
HOURS

BAYMONT  
INN & SUITES

Microtel  
INN & SUITES

Howard Johnson

Travelodge

Knights  
Inn

\*"Best Available Rate" is defined as the best, non-qualified, publicly available rate on the Internet for the hotel, date and accommodations requested. The discount for International properties may be less than or equal to 20% of Best Available Rate. Certain restrictions apply. To redeem this offer call the hotel brand phone number above and give ID at the time of reservation. Offer not valid if hotel is called directly, caller must use toll free numbers listed above. Advanced reservations are required. Offer is subject to availability at participating locations and some blackout dates may apply. Offer cannot be combined with any other discounts, offers, or special promotions. Discounts vary by location and time of year. Offer is void where prohibited by law and has no cash value.

# 2014 USA ULTIMATE COACHING SIDELINE ACCESS INFORMATION

During games at the 2014 National Championships where field access is restricted, sideline access will only be granted to players, coaches and team support staff that are designated by the team and have registered for the event. Coaches must be registered as Coach Members of the organization, which includes a background check and agreement to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. The limit on the number of coaches and team support personnel, all of whom must comply with the above policy, is as follows:

Coaches – 3 (may have player-level access to sidelines/field)

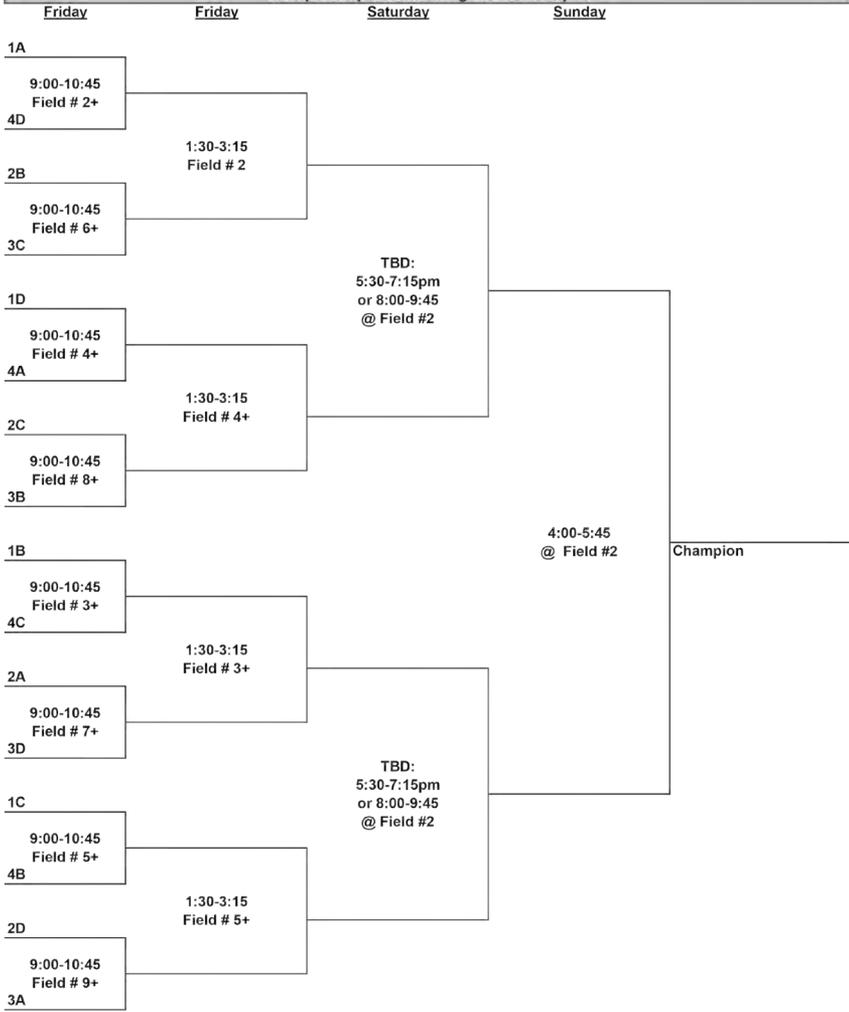
Team Support – 2 (must remain in team tent/bench area during points)

For more information on USA Ultimate's Spirit of Coaching or Coaching Certification Requirements, please contact USA Ultimate's Manager of Youth and Education Programs, Mike Lovinguth, via email at [mike@hq.usultimate.org](mailto:mike@hq.usultimate.org) or visit the USA Ultimate website.

# MEN'S SCHEDULE

2014 USA Ultimate National Championships - Men's Division												
October 16 - 19, 2014												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Revolver (San Francisco, CA)					B1	Machine (Chicago, IL)				
	A2	Doublewide (Austin, TX)					B2	Rhino (Portland, OR)				
	A3	PoNY (New York, NY)					B3	Sub Zero (Minneapolis, MN)				
A4	Prairie Fire (Kansas City, KS)					B4	Truck Stop (Washington, DC)					
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	A1 v A3	6	-	A2 v A4	8	-	B1 v B3	14	-	B2 v B4	5	-
11:15-1:00	A1 v A4	6	-	A2 v A3	8	-	B1 v B4	5	-	B2 v B3	4	-
1:30-3:15							B1 v B2	9	-	B3 v B4	10	-
3:45-5:30	A1 v A2	7	-	A3 v A4	9	-						
6:00-7:45												

## Championship Bracket - All games to 15 cap 17



+ Field assignments subject to change based on live-streaming considerations.

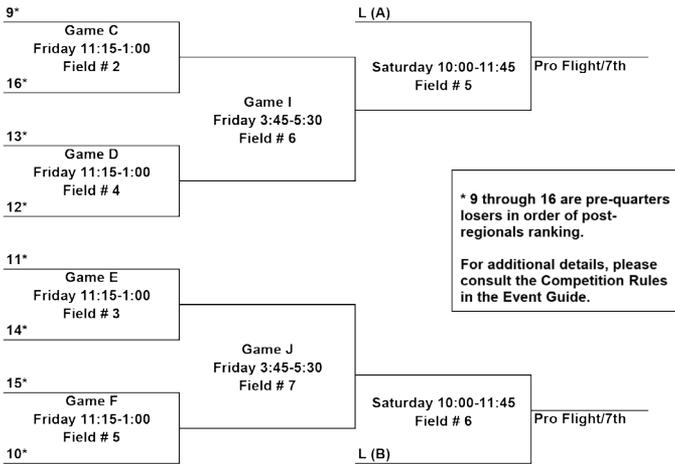


2014 USA Ultimate National Championships - Men's Division												
October 16 - 19, 2014												
All Games to 15 Cap 17	Pool C					Pool D						
	C1	Sockeye (Seattle, WA)				D1	Ironsides (Boston, MA)					
	C2	Ring of Fire (Raleigh, NC)				D2	Johnny Bravo (Denver, CO)					
	C3	GOAT (Toronto, ON)				D3	Chain Lightning (Atlanta, GA)					
	C4	Temper (Pittsburgh, PA)				D4	Furious George (Vancouver, BC)					
Thursday		F#	Score	F#	Score	F#	Score	F#	Score			
9:00-10:45	C1 v C3	3	-	C2 v C4	2	-	D1 v D3	7	-	D2 v D4	9	-
11:15-1:00	C1 v C4	3	-	C2 v C3	2	-	D1 v D4	7	-	D2 v D3	9	-
1:30-3:15	C1 v C2	7	-	C3 v C4	6	-						
3:45-5:30							D1 v D2	4	-	D3 v D4	6	-
6:00-7:45												

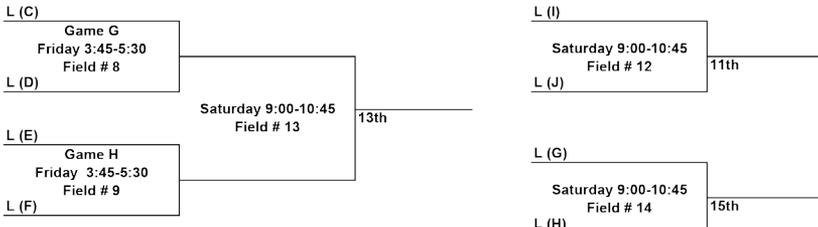
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



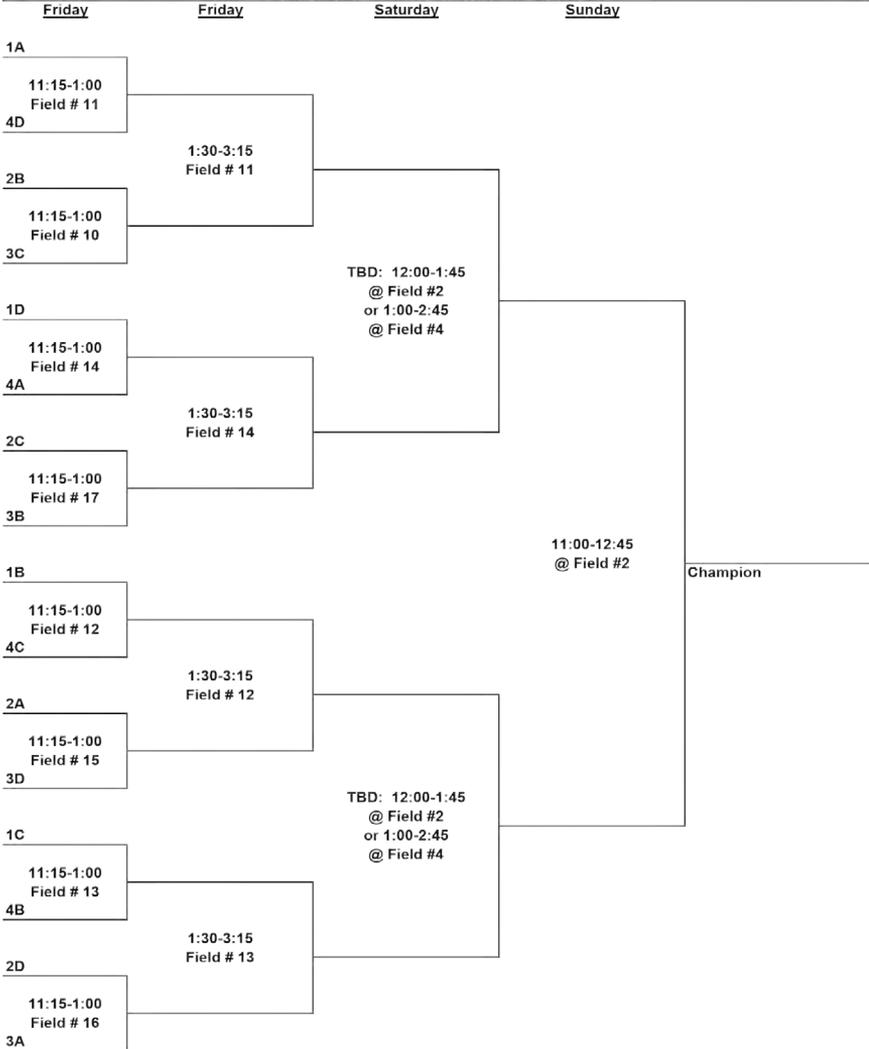
**Placement - All games to 15 cap 17**



# MIXED SCHEDULE

2014 USA Ultimate National Championships - Mixed Division												
October 16 - 19, 2014												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Polar Bears (San Francisco, CA)					B1	Drag'n Thrust (Minneapolis, MN)				
	A2	Bucket (Atlanta, GA)					B2	Slow White (Boston, MA)				
	A3	Seattle Mixed (Seattle, WA)					B3	D'oh! Abides (Seattle, WA)				
	A4	American BBQ (San Francisco, CA)					B4	Santa Maria (Columbus, OH)				
Thursday		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:45												
11:15-1:00	A1 v A3	15	-	A2 v A4	16	-						
1:30-3:15							B1 v B3	15	-	B2 v B4	16	-
3:45-5:30	A1 v A4	10	-	A2 v A3	11	-	B1 v B4	15	-	B2 v B3	16	-
6:00-7:45	A1 v A2	9	-	A3 v A4	11	-	B1 v B2	15	-	B3 v B4	16	-

## Championship Bracket - All games to 15 cap 17



**2014 USA Ultimate National Championships - Mixed Division**

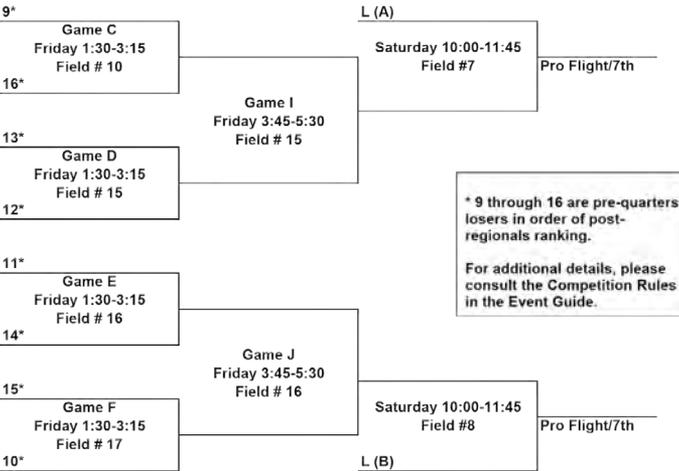
October 16 - 19, 2014

All Games to 15 Cap 17	Pool C						Pool D					
	C1	Chad Larson Experience (Ames, IA)					D1	Blackbird (San Francisco, CA)				
	C2	7 Figures (Los Angeles, CA)					D2	Mischief (San Francisco, CA)				
	C3	AMP (Philadelphia, PA)					D3	Wild Card (Boston, MA)				
	C4	Cosa Nostra (Austin, TX)					D4	The Administrators (Portland, OR)				
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45												
11:15-1:00							D1 v D3	14	-	D2 v D4	17	-
1:30-3:15	C1 v C3	14	-	C2 v C4	17	-						
3:45-5:30	C1 v C4	14	-	C2 v C3	17	-	D1 v D4	12	-	D2 v D3	13	-
6:00-7:45	C1 v C2	14	-	C3 v C4	17	-	D1 v D2	12	-	D3 v D4	13	-

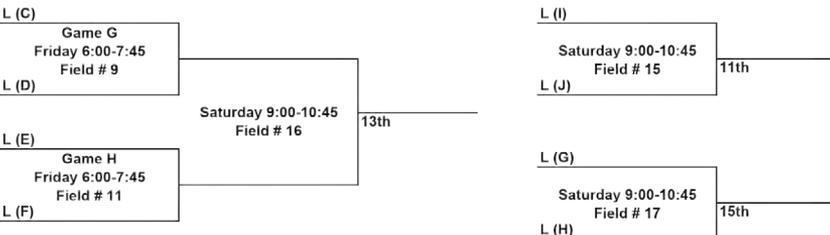
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**

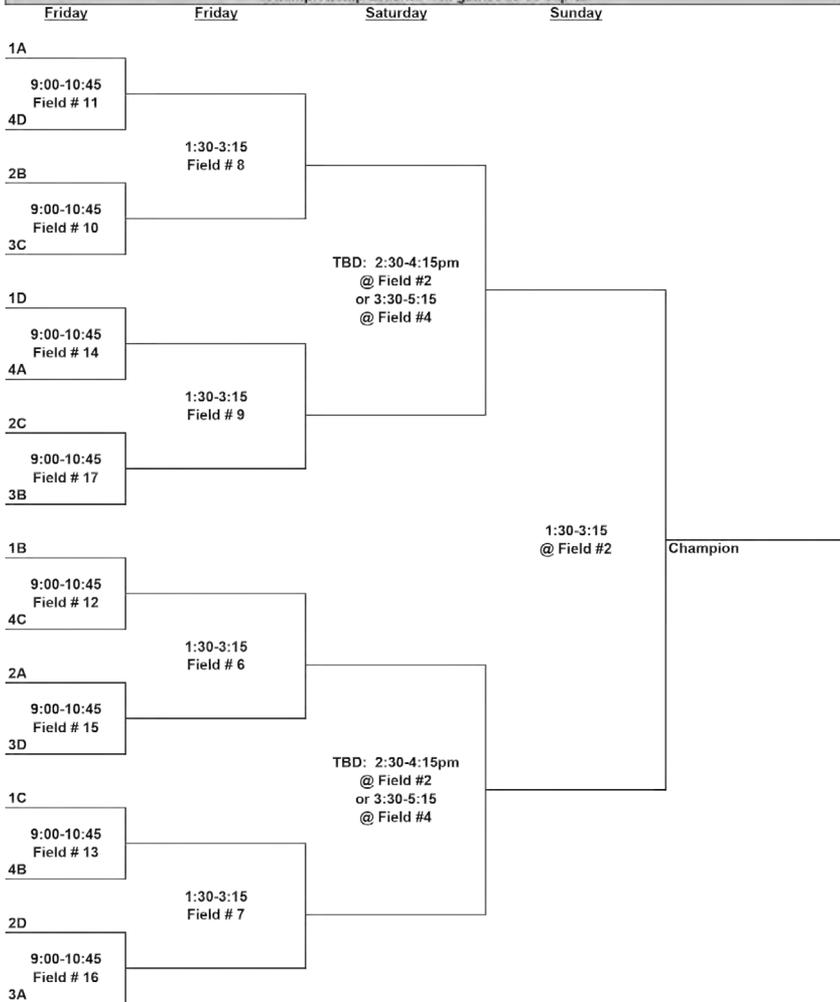


**SCHEDULES & MAP**

# WOMEN'S SCHEDULE

2014 USA Ultimate National Championships - Women's Division												
October 16 - 19, 2014												
All Games to 15 Cap 17	Pool A					Pool B						
	A1	Brute Squad (Boston, MA)				B1	Riot (Seattle, WA)					
	A2	Ozone ( Atlanta, GA)				B2	Nightlock (San Francisco, CA)					
	A3	Schwa (Portland, OR)				B3	Heist (Madison, WI)					
	A4	Capitals (Toronto, ON)				B4	Green Means Go (Philadelphia, PA)					
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	A1 v A3	12	-	A2 v A4	13	-	B1 v B3	15	-	B2 v B4	16	-
11:15-1:00	A1 v A4	12	-	A2 v A3	13	-						
1:30-3:15	A1 v A2	12	-	A3 v A4	13	-	B1 v B4	2	-	B2 v B3	8	-
3:45-5:30							B1 v B2	2	-	B3 v B4	8	-
6:00-7:45												

## Championship Bracket - All games to 15 cap 17



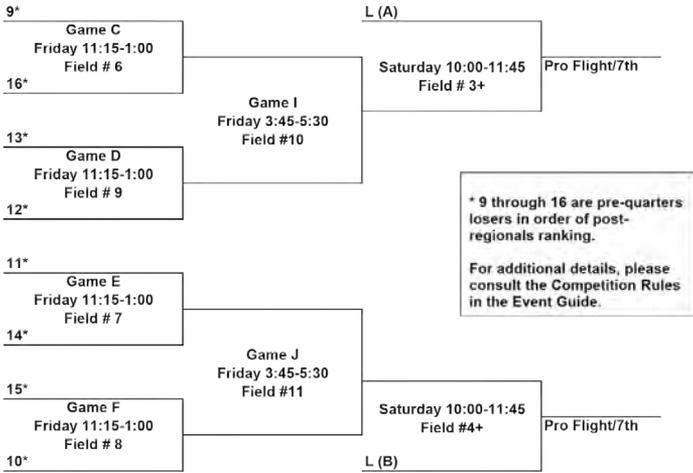
+ Field assignments subject to change based on live-streaming considerations.

2014 USA Ultimate National Championships - Women's Division												
October 16 - 19, 2014												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Fury (San Francisco, CA)					D1	Scandal (Washington, DC)				
	C2	Traffic (Vancouver, BC)					D2	Molly Brown (Denver, CO)				
	C3	Showdown (Austin, TX)					D3	Nemesis (Chicago, IL)				
	C4	Underground (Seattle, WA)					D4	Tabby Rosa (Gainesville, FL)				
Thursday		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:45	C1 v C3	4	-	C2 v C4	17	-	D1 v D3	10	-	D2 v D4	11	-
11:15-1:00							D1 v D4	10	-	D2 v D3	11	-
1:30-3:15	C1 v C4	3	-	C2 v C3	5	-	D1 v D2	4	-	D3 v D4	11	-
3:45-5:30	C1 v C2	3	-	C3 v C4	5	-						
6:00-7:45												

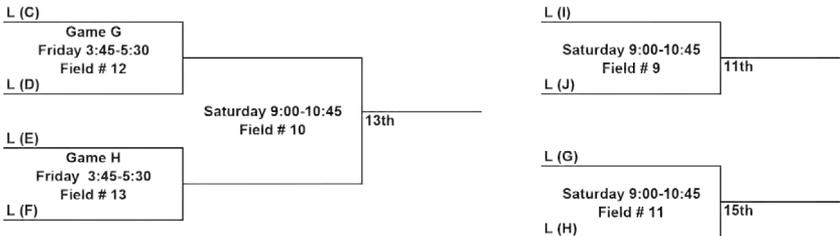
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**



**SCHEDULES & MAP**



**2015 USA ULTIMATE  
BEACH CHAMPIONSHIPS  
MAY 2-3, 2015  
VIRGINIA BEACH, VA**

PHOTO: JASON PRATT



# FIELD MAP



SCHEDULES & MAP



# FIND YOUR CENTER



Customize your UltraStar with SuperColor center printing. Now USAU championship approved.

