



**20** **THE BIG SHOW** **15**  
OCTOBER 1-4  FRISCO, TX

**NATIONAL** **USA**  
**CHAMPIONSHIPS** **ULTIMATE**



**EVENT GUIDE \$2**





Photo by Billy Dzwonkowski

**THIS IS NO TIME  
TO DREAM SMALL.**

**FIVEULTIMATE**



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# Get the USA Ultimate Rewards Visa Card!

Now you can bring ultimate with you everywhere you go, with a USA Ultimate Visa card! You get great benefits while supporting youth outreach efforts, U.S. National Teams and grassroots development programs.

Every credit card sends you a statement. This lets you make one!

## Choose from five great designs!



Visit [usultimate.org/affinitycard](http://usultimate.org/affinitycard) for more information

# EVENT STAFF

Event staff will be wearing “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people in navy blue to help you out.

## LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Jeff Jordan  
Volunteer Coordinator – Melissa Battis  
Hospitality Coordinator – Becky Burnside  
Local Media Coordinator – Kirk Wooldridge  
Head Scorekeeper – Kristen Burt  
Assistant Scorekeeper – Freddie Fossier  
Head Statkeeper – Mark Graham  
Youth Programs Liaison – Michelle Walters  
Admissions Coordinator – Haley Tranum  
Social Coordinator – Ted Blanchard  
Field Logistics Coordinator – Marc Roberts  
PA Announcer – Steve Dunn

## USA ULTIMATE STAFF

Chief Executive Officer – Dr. Tom Crawford  
Managing Director, Competition and Athlete Programs – Will Deaver  
Manager, Competition and Athlete Programs – Ernest Toney  
Manager, Competition and Athlete Programs – Ty Krajec  
Manager, Youth and Education Programs – Dan Raabe  
Manager, Events – Byron Hicks  
Manager, Events – David Rafla  
Manager, Event Sanctioning – Leah Dolan-Kelley  
Manager, Membership and Sport Development – Rebecca Simeone  
Director, Marketing and Communications – Andy Lee  
Manager, New Media – Matthew Bourland  
Manager, Communications and Publications – Stacey Waldrup  
Manager, Finance and Administration – Ethan Taylor-Pierce  
National Men’s Director – Adam Goff  
National Mixed Director – Dave Klink  
National Women’s Director – Remy Schor

## OBSERVERS

Mitch Dengler (Head Observer), Brian Bradburn, Andrew Buermeyer, Hank Cary, Greg Connelly, Josh Cooper, Kyle Devries, Janna Hamaker, Chris Hazzi, Geoff Horsfield, Linda Kudo, Wally Kwong, Dan Laurila, Laura Meyer, Julie Morris, Ben Murphy, Matt Schiffman, Aaron Shelton, Keith Temple, Bradley Tinney, Evan Valdes, Chris Vanni, Marvin Vuong, Anne-Marie Wissman, Daniel Wong, Stephen Wang, Sam Wood, Chuck Yu, Brent Zion

## SPECIAL THANKS

Dallas Ultimate Association, Discraft, ESPN, FC Dallas, Frisco Convention & Visitors Bureau, Five Ultimate, all regional and sectional coordinators and tournament volunteers

# WELCOME

Congratulations on qualifying for the 2015 National Championships!

The Dallas Ultimate Association (DUA) is proud to partner with USA Ultimate to bring you the National Championships. DUA has existed for over 17 years, running multiple leagues year round, and we also help local ultimate players and teams to compete. Dallas area club, league, college and high school players will be working hard as volunteers to help you enjoy a great tournament experience.

The championships will be held at the FC Dallas - Toyota Sports Complex in Frisco, Texas, the premiere field location in North Texas and home of Dallas's Major League Soccer team. Bring footwear to support both natural and artificial turf, and expect temperatures ranging from mid-60s to mid-80s.

The FC Dallas Sport Complex is surrounded by restaurants within walking distance and close to many more. We'll supply you with details on area restaurants and nightlife, including those that offer discounts to competitors. If you have some spare time, we'll also give you a visitor guide for area sight-seeing.

All of our volunteers, without whom this event would not be possible, are eager to assist you with any tournament needs, so please let us know how we can help.

We wish you the best of luck!

Melissa Battis  
Volunteer Coordinator

Kirk Wooldridge  
Media & Sponsorship Coordinator

Jeff "JJ" Jordan  
Tournament Director

**DALLAS ULTIMATE ASSOCIATION**  
<http://www.dallasultimate.org>



# SITE RULES

Facility, event staff and security will be checking to make sure people are following the site rules. If you are caught violating these rules, you will risk expulsion from the event, disqualification for your team and potential ramifications outside of the event. Thank you!

## TOYOTA SOCCER CENTER AT FC DALLAS

- Stakes longer than six inches may not be driven into the ground to hold up tents, team flags, etc. All tents must be free standing using sandbags unless approved by FC Dallas Staff.
- Do not dig holes, tear up grass, disrupt landscaping, rip turf or participate in any other activities that are destructive toward our facility.
- Fighting, cursing, loitering and any other behaviors deemed inappropriate are prohibited and are grounds for removal from the facility or possible arrest.
- Drugs, alcohol and smoking are strictly prohibited.
- Children should not be left unattended.
- Pets of any kind are prohibited within the fenced-in area of the soccer complex.
- Firearms and/or concealed weapons are strictly prohibited.
- Spectators and equipment must stay at least three yards away from sidelines. Where there are buffer lines, stay behind them. Where there are not buffer lines, stay back at least three yards.
- Trash and Recycling - Place recyclables in the recycling receptacles, and place trash in the trash containers.

# ULTIMATE SPECIALS!

All weekend, ultimate players competing at the National Championships will have access to the "\$3 Ultimate Specials" at Dodie's and The Londoner in Frisco!

All domestic draft beers, house wines and well drinks will be \$3.

Just let them know you're a part of the USA Ultimate National Championships.



# WEEKEND OVERVIEW

## FOOD AND BEVERAGE CONCESSIONS:

Food will be available for purchase at the fields throughout the weekend.

### WEDNESDAY, SEPTEMBER 30

#### AT THE JC PENNEY CLUB AT DR. PEPPER BALLPARK

7300 ROUGHRIDERS TRAIL, FRISCO, TX 75034

5:00-8:00pm Discraft Welcome Reception

7:00-8:00pm Captain's Meeting / at Dr. Pepper Ballpark

### THURSDAY, OCTOBER 1 AT TOYOTA SOCCER CENTER (FC DALLAS)

9:00am-7:45pm Pool Play

### FRIDAY, OCTOBER 2 AT TOYOTA SOCCER CENTER (FC DALLAS)

9:00am-7:45pm Bracket Play

### SATURDAY, OCTOBER 3 AT TOYOTA SOCCER CENTER (FC DALLAS)

10:00am-11:45am Pro-Flight Play-in Games: Men's, Mixed, and Women's divisions

11:00am-12:30pm Learn to Play! (middle school ages)

12:00-1:45pm Mixed Semifinal at Dr. Pink Stadium

1:00-3:00pm Learn to Play! (high school ages)

1:00-2:45pm Mixed Semifinal at Field #4

2:30-4:15pm Men's Semifinal at Dr. Pink Stadium

3:30-5:15pm Women's Semifinal at Field #4

5:00-7:30pm Participant Dinner at Dr. Pink Stadium

5:30-7:15pm Women's Semifinal at Dr. Pink Stadium

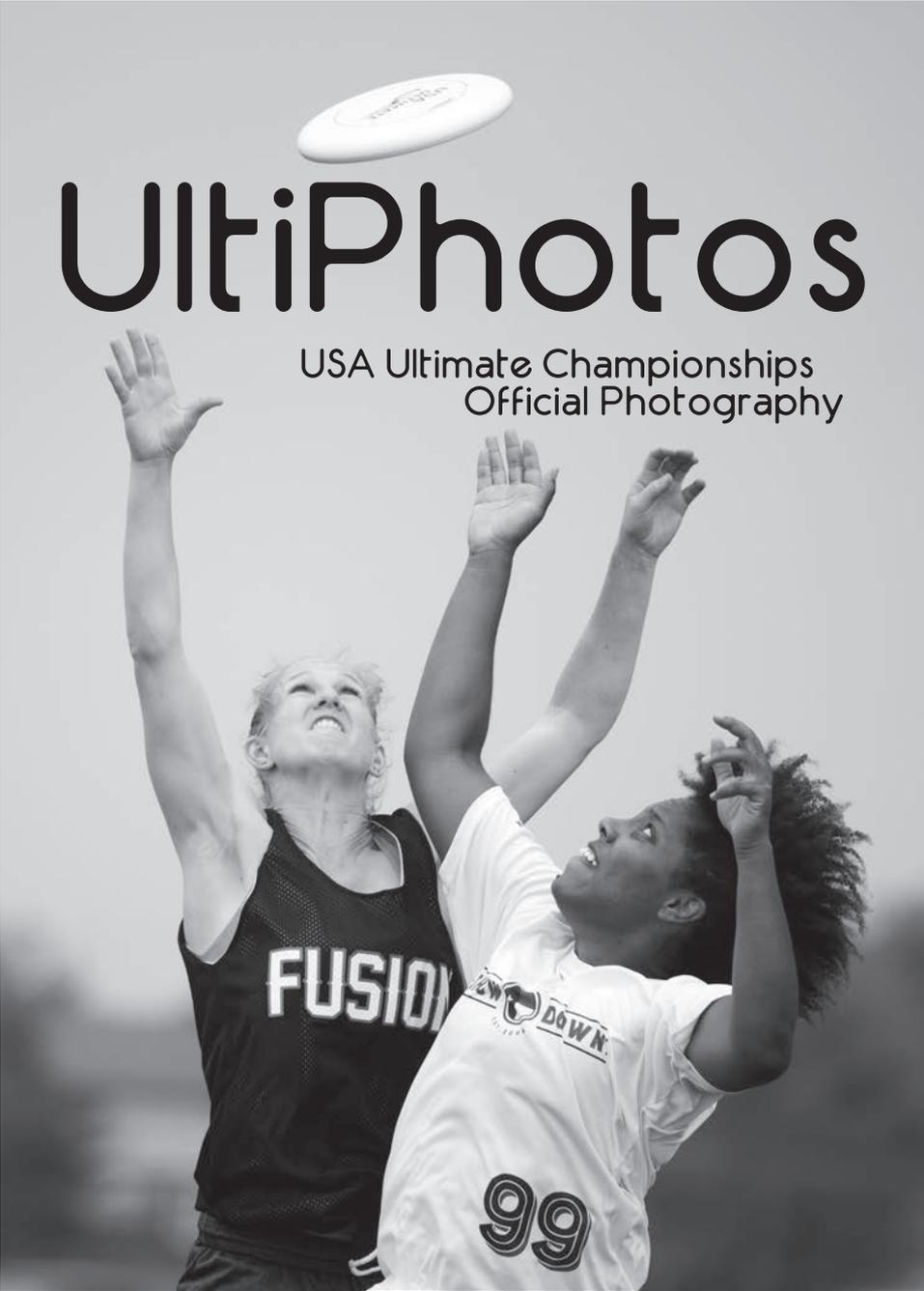
8:00-9:45pm Men's Semifinal at Dr. Pink Stadium

### SUNDAY, OCTOBER 4 AT DR. PINK STADIUM (FC DALLAS)

10:00am-11:45pm Mixed Final at Dr. Pink Stadium

12:30-2:15pm Women's Final at Dr. Pink Stadium

3:00-4:45pm Men's Final at Dr. Pink Stadium



# UltiPhotos

USA Ultimate Championships  
Official Photography



[UltiPhotos.com](http://UltiPhotos.com)



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# ADDRESSES & DIRECTIONS

## IMPORTANT ADDRESSES

Toyota Soccer Center at FC Dallas: 6000 Main Street, Frisco, TX 75034

Baylor Medical Center at Frisco: 5601 Warren Parkway, Frisco, TX 75034

## DIRECTIONS

### TO MEDICAL CENTER FROM TOYOTA SOCCER CENTER

- Head South toward Main Street
- Turn Right onto Main Street
- Turn Left onto Legacy Drive for 3.5 miles
- Turn Left onto Warren Parkway. Medical Center is 0.2 mile down Warren Parkway on the Right



## COME LEARN TO PLAY ULTIMATE



### **USA Ultimate will offer Texas-area youth a chance to Learn to Play ultimate at the National Championships!**

The Dallas Ultimate Association and USA Ultimate are partnering to offer a youth-focused celebration through USA Ultimate's Learn to Play initiative. Boys and girls ages 11-18 are invited to attend, learn to play and try out ultimate, the fastest-growing team sport in the country. The event is free to the public, and registered participants also receive free admission to the championships.

The Dallas Ultimate Association ([dallasultimate.org](http://dallasultimate.org)) offers opportunities for middle and high school aged play via their winter league, summer youth club and high school competition opportunities.

**COME AND LEARN TO PLAY ULTIMATE FROM 11-12:30PM (MIDDLE SCHOOL AGES) AND 1-3PM (HIGH SCHOOL AGES) ON SATURDAY, OCTOBER 3!**

**Register at [play.usultimate.org/events/Learn-to-Play-2015-Club-Championships](http://play.usultimate.org/events/Learn-to-Play-2015-Club-Championships)** click the "Learn to Play" logo at [usultimate.org](http://usultimate.org), or stop by the USA Ultimate Info Tent for registration information.

# FOLLOW THE ACTION



## USAULTIMATE.ORG

Check out the USA Ultimate homepage for daily recaps, photo galleries and player statistics.



## TWITTER

@USAUltimateLive  
@TripleCrownTour  
@USAUltimate

## EVENT HASHTAG: #NATIONALSTX

Be sure to # your tweets!

## AND FOLLOW ALONG FROM ANYWHERE WITH THE USA ULTIMATE APP!

Score updates, recaps, news and more will be posted throughout the 2015 National Championships.

The app is available for free in the App Store and from Google Play.

# USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate Information Tent if you have any questions about the event or about USA Ultimate! During all rounds from Thursday through Sunday, there will be a USA Ultimate representative available to answer your questions. In addition, event guides and other USA Ultimate gear will be available for purchase at the tent (as well as some free giveaways all weekend!). Please let us know what you think of the event, talk to us about the Triple Crown Tour, and learn about our outreach programs! If you are not a player but want to get involved with USA Ultimate (parents, fans, spectators, etc.), you can sign up for a USA Ultimate Friends & Family membership. You'll receive membership benefits including our quarterly magazine, merchandise discounts, and more! Finally, parents and kids can get more information about the Learn-to-Play session being offered on Saturday morning, Oct. 3.

## **CAN'T MAKE IT OVER TO THE TENT BUT STILL HAVE QUESTIONS?**

Send your tweets to @TripleCrownTour for help.

# SHOOTING PHOTOS/ VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at [usultimate.org/about/usultimate/media\\_policies.aspx](http://usultimate.org/about/usultimate/media_policies.aspx) or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at [stacey@hq.usultimate.org](mailto:stacey@hq.usultimate.org).

# ULTIMATE IN 10 SIMPLE RULES

- 1. THE FIELD:** A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.
- 2. INITIATE PLAY:** Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.
- 3. SCORING:** Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.
- 4. MOVEMENT OF THE DISC:** The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.
- 5. CHANGE OF POSSESSION:** When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.
- 6. SUBSTITUTIONS:** Players not in the game may replace players in the game after a score and during an injury timeout.
- 7. NON-CONTACT:** No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.
- 8. FOULS:** When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.
- 9. SELF-OFFICIATING:** Players are responsible for their own foul and line calls. Players resolve their own disputes.
- 10. SPIRIT OF THE GAME:** Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

# USA ULTIMATE NATIONAL CHAMPIONS

YEAR	MEN'S	WOMEN'S	MIXED
1979	Glassboro <i>Glassboro, N.J.</i>		
1980	Glassboro <i>Glassboro, N.J.</i>		
1981	Condors <i>Santa Barbara</i>	B.L.U. <i>Boston</i>	
1982	Rude Boys <i>Boston</i>	Zulu <i>Amherst, Mass.</i>	
1983	Windy City <i>Chicago</i>	Fisheads <i>East Lansing, Mich.</i>	
1984	Tunas <i>St. Louis</i>	Lady Condors <i>Santa Barbara</i>	
1985	Flying Circus <i>Bay Area</i>	Lady Condors <i>Santa Barbara</i>	
1986	Windy City <i>Chicago</i>	Lady Condors <i>Santa Barbara</i>	
1987	New York <i>New York</i>	Lady Condors <i>Santa Barbara</i>	
1988	Tsunami <i>Bay Area</i>	Lady Godiva <i>Boston</i>	
1989	New York <i>New York</i>	Crush Club <i>Los Angeles/Santa Barbara</i>	
1990	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>	
1991	New York <i>New York</i>	Lady Godiva <i>Boston</i>	
1992	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>	
1993	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>	
1994	Death or Glory <i>Boston</i>	Felix <i>Bay Area</i>	
1995	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	
1996	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	
1997	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	

<b>YEAR</b>	<b>MEN'S</b>	<b>WOMEN'S</b>	<b>MIXED</b>
1998	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	Red Fish Blue Fish <i>Bay Area</i>
1999	Death or Glory <i>Boston</i>	Fury <i>San Francisco</i>	Raleigh Llama <i>Raleigh</i>
2000	Condors <i>Santa Barbara</i>	Lady Godiva <i>Boston</i>	Spear <i>Raleigh</i>
2001	Condors <i>Santa Barbara</i>	Lady Godiva <i>Boston</i>	Trigger Hippy <i>Missoula</i>
2002	Furious George <i>Vancouver</i>	Lady Godiva <i>Boston</i>	Donner Party <i>Tahoe, Calif.</i>
2003	Furious George <i>Vancouver</i>	Fury <i>San Francisco</i>	Donner Party <i>Tahoe, Calif.</i>
2004	Sockeye <i>Seattle</i>	Riot <i>Seattle</i>	Shazam <i>Seattle</i>
2005	Furious George <i>Vancouver</i>	Riot <i>Seattle</i>	Brass Monkey <i>San Francisco</i>
2006	Sockeye <i>Seattle</i>	Fury <i>San Francisco</i>	Mischief <i>San Francisco</i>
2007	Sockeye <i>Seattle</i>	Fury <i>San Francisco</i>	Shazam Returns <i>Seattle</i>
2008	Jam <i>San Francisco</i>	Fury <i>San Francisco</i>	Mental Toss Flycoons <i>Missoula</i>
2009	Chain Lightning <i>Atlanta</i>	Fury <i>San Francisco</i>	Axis of C'Ville <i>Charlottesville, VA</i>
2010	Revolver <i>San Francisco</i>	Fury <i>San Francisco</i>	Polar Bears <i>San Francisco</i>
2011	Revolver <i>San Francisco</i>	Fury <i>San Francisco</i>	Blackbird <i>San Francisco</i>
2012	Doublewide <i>Austin</i>	Fury <i>San Francisco</i>	Blackbird <i>San Francisco</i>
2013	Revolver <i>San Francisco</i>	Scandal <i>Washington, D.C.</i>	Drag'n Thrust <i>Minneapolis</i>
2014	Johnny Bravo <i>Denver</i>	Scandal <i>Washington, D.C.</i>	Drag'n Thrust <i>Minneapolis</i>

# COMMON ULTIMATE TERMS

**BREAKMARK** – a throw made to other side of the field from what is being forced by the marker

**BRICK** – the spot where play may be initiated when a pull lands out of bounds, typically 15 or 20 yards from the front of the offense's end zone and in the center of the field (yardage varies based on individual tournament rules); players have the option of making this call or taking the disc on the sideline closest to where it lands

**CALLAHAN** – a defensive score, occurs when a defender catches the disc in the end zone he or she is attacking

**CUP** – the wall of defenders that surround the thrower in a zone defense; the wall typically consists of 3 players, but variations with 2 or 4 defenders are also common

**FLICK** – forehand, thrown outside, away from the handler's body

**FORCE** – side of the field to which throws should be contained; the marker will attempt to take away throws to one part of the field and is said to be "forcing" throws to go up in a certain direction

**GREATEST** – a jump, throw, catch combination that occurs when the disc is out-of-bounds, but a player jumps from in-bounds, catches the disc and successfully throws it back in-bounds to a teammate

**HAMMER** – an overhead throw that starts above the shoulders where the disc turns over in the air and lands upside-down

**HUCK** – a long throw

**POACH** – a defensive decision to leave a designated one-on-one matchup, usually temporarily, to clog a cutting lane or help defend a player other than the original

**PULL** – the "kick-off" of each point in which the defensive team throws the disc from their own end zone down the field toward the offensive team

**STALL** – the 10-second count for which a player is allowed to maintain possession of the disc; the opposing, defensive player must count the 10-seconds aloud; a "stall" occurs if the disc is held for more than the 10-second count

**STRIP** – occurs when a disc is knocked out of a player's hands after they have stopped rotation and achieved possession

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. - 11th Edition USA Ultimate Rules of Ultimate*

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

## 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent’s foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## **5. DON'T "GIVE AS YOU GOT."**

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## **6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## **7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.**

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.*

# SPIRIT AWARDS

## TEAM AWARDS

Following every game, each team will be asked to rate its opponent using the World Flying Disc Federation's spirit scoring system.

### WFDF SPIRIT SCORING (FROM WWW.WFDF.ORG)

The objectives of the Spirit of the Game (SOTG) scoring sheet are:

- 1) Educate players on what Spirit of the Game is
- 2) Help teams to improve specific parts of their Spirit
- 3) Celebrate SOTG by awarding a prize to the team that gets the highest score

To achieve this, every team needs to score in a similar fashion. We recognize that SOTG is hard to capture exactly, and the specifics and the examples may vary by country, competition level, etc., but if players adhere to the guidelines below, the objectives of the scoring system will be achieved.

### HOW TO FILL IN THE SCORES

- Filling in the scores is a team effort. This helps in educating your players too. While this might take several minutes the first few times, it will take only a minute after you get used to it.
- It is expected that teams display normal, good spirit. The system was designed in accordance with this expectation. Therefore the baseline in each category is "Good" which equals 2 Points. For each game, determine if the other team was better than, worse than, or the same as just a regular game and score accordingly.
- Focus on each question and answer that question only. Do not start with an overall score in mind and work backwards to get that score.
- There might be many times that nothing out of the ordinary occurred at a game. As such, each category should get 2 points. A final score of 10 points is considered Good Spirit.
- Give a real score that reflects the items detailed on the sheet; do not score a team because you felt the team was 'nice' or because they made a funny game in the circle.
- Do your part of the job and bring back the sheet when requested by the TD.

### LOGISTICS:

- Teams will receive a sample scoring sheet and explanation at the captain's meeting.
- Scorekeepers will hand out the 4-team scoring sheet during your first rounds of play each day.
- After your last round of play, return the scoring sheet to the score keeper of your last game.

# **SPIRIT AWARDS, CONTINUED**

## **INDIVIDUAL AWARDS**

Teams will each be asked to nominate a player from their own team who they feel displays the highest level of Spirit. The definition of Spirit is up to each team but should include elements of sportsmanship, leadership, perseverance, fire, etc. Choose the person whose attitude you wish other people on your team would emulate and who other players off your team admire. Individual Spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

### **PETER FARRICKER SPIRIT OF THE GAME AWARD**

The spirit award in the men's division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. This award is given to a player in the men's division of the USA Ultimate Championship Series deemed to have exhibited personal responsibility, integrity and fairness combined with a high standard of playing ability. Each qualifying men's team nominates one player from its roster who best represents the Spirit of the Game. Each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. A selection committee selects one of the four semifinal nominees as the winner. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley, Josh McCarthy, Robbie Cahill, Bart Watson, Matt Rebholz, Martin Cochran, Beau Kittredge and Danny Clark.

### **KATHY PUF AHL SPIRIT OF THE GAME AWARD**

The women's division spirit award builds upon the foundations of Spirit of the Game that are reflected in the Farricker Spirit Award: ability, fairness and integrity. The Kathy Pufahl Spirit Award also recognizes those individuals who give back to our sport and is presented to the player deemed to have exhibited personal responsibility, integrity and selfless contribution to ultimate, combined with a high standard of playing ability. Each qualifying women's team nominates one player from its roster as the person who best represents the Spirit of the Game and has contributed in a substantial way to their ultimate community. At the National Championships, each of the 16 nominees is honored with a memento reflective of Kathy's love of horticulture. A vote of the qualifying teams will determine the recipient of the Pufahl Award, which will be presented after the women's final. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, Deanna Ball, Allison Boyd, Jody Dozono, Michelle Ng, Gwen Ambler, Lauren Casey, Nancy Sun and Leila Tunnell.

# SPIRIT CIRCLE

Spirit Circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

# MEN'S TEAMS

## DOUBLEWIDE

### AUSTIN, TX

Website: [doublewidetx.com](http://doublewidetx.com)

Twitter: @doublewidetx

Captains: Steven Darroh, Kurt Gibson, Ethan Pollack, Ryan Purcell

Coach: Kurt Dahlenberg



In 2001, amidst globalization of commerce with the advent of the internet-age, the humble team Doublewide was formed. The fledgling program grew into a national contender as the Harry Potter film series took the earth by storm throughout the 21st century's first decade. Perhaps inspired by America's jaw-dropping 46 gold medals achieved at that year's Summer Olympics in London in 2012, Doublewide won its first and only national championship to date. Now, emerging from the highly sensitized culture of 2015, the well nasty brotherhood looks to reclaim the title capitalizing on hours of time spent curling in the squat rack. Dubs up!

### ROSTER

1	Tim Gehret	5'10"	32
2	Jerrold Wolfe	5'11"	31
4	Max Cook	5'7"	34
5	Jeff Loskorn	6'1"	27
6	Michael Matthis	5'10"	24
7	Kurt Gibson	6'2"	30
8	Andrew Watson	5'10"	25
9	Kevin Richardson	6'3"	29
10	Steven Darroh	6'0"	29
11	Trey LaMastres	6'0"	24
12	Andrew Walch	6'1"	27
13	Skip Sewell	5'9"	38
14	Michael Cramer	6'2"	27
17	Jacob Anderson	6'3"	30
18	Dan Emmons	6'5"	27
19	Ethan Pollack	6'6"	26
20	Chase Cunningham	6'3"	23
21	Will Driscoll	6'3"	24
22	Kiran Thomas	5'10"	31
24	Rory Orloff	5'9"	29
30	Dalton Smith	5'10"	22
31	Brandon Malecek	5'10"	31
33	Ryan Purcell	5'8"	32
42	Ryan Bigley	6'3"	29
49	Caleb Denecour	5'9"	26
84	Mike Ogren	6'1"	23



## FLORIDA UNITED

### KEY WEST, FL

Website: [facebook.com/FloridaUnited](http://facebook.com/FloridaUnited)

Twitter: @FloridaUnited

Captain: Alton Gaines

Coach: Cyle Van Auken



Established in 2012 by a core of veteran Floridian ultimate players who believed in their potential to play at a higher level, Florida United is comprised of the most talented and driven players the Sunshine State has to offer. Having improved immeasurably during their short existence, the team is proud to have earned a chance to compete on the national stage but remains hungry to prove that they belong among the top programs in the country. The USA Ultimate National Championships represents another opportunity for the team to grow, and they are United by a desire to rise to the occasion. "Enough is enough. We are Florida."

### ROSTER

2	Jeremy Langdon	6'2"	23
3	James Dahl	5'10"	23
4	Bobby Patterson	5'10"	22
6	Tyler Kuns	6'0"	23
7	Danny Bumgarner	6'1"	31
8	Bennett Wachob	6'0"	26
9	Bobby Ley	6'0"	23
10	Andrew Roney	6'0"	23
11	Mischa Freystaetter	6'7"	25
12	Travis Catron	6'4"	26
13	Alton Gaines	6'2"	27
14	Cole Sullivan	6'3"	27
15	Dustin Travaglini	5'10"	29
17	Morgan Bambace	6'0"	30
18	Chris LaRocque	6'2"	23
23	Billy O'Bryan	6'0"	20
30	Chris Gibson	6'1"	28
31	Andrew McKelvey	6'0"	24
32	Andrew Roca	6'2"	28
33	John Best	6'0"	25
37	Pete van de Burgt	6'0"	28
39	Jordan Huston	5'11"	26
45	Daniel Petronio	5'10"	28
74	Stuart Little	6'4"	21
75	Ryan Chard	6'1"	29
92	Jason Silverman	5'11"	25

# MEN'S TEAMS

## GOAT

### TORONTO, ON

Website: goatultimate.com

Twitter: @GOATultimate

Captains: Mark Lloyd, Jeff Lindquist, Geoff Powell, Anatoly Vasilyev, Jonathan Martin

Coach: Scott Hastie



GOAT was formed in 2002. GOAT is based out of Toronto but also draws players from Ottawa, Winnipeg and Edmonton.

### ROSTER

2	Michael Jones	6'2"	28
3	Andrew Carroll	5'11"	25
7	Karl Loiseau	5'10"	27
9	Derek Alexander	5'10"	32
12	Remi Ojo	6'3"	25
13	Jonathan Martin	6'1"	31
15	Jacky Hau	6'2"	23
17	Isaiah Masek-Kelly	6'4"	24
18	Anatoly Vasilyev	6'0"	32
19	Thomson McKnight	6'2"	28
20	Jeff Lindquist	6'1"	31
21	Geoff Powell	6'0"	27
23	Trevor Henry	5'10"	25
27	Nathan Hirst	5'9"	20
30	Greg Ellis	5'11"	27
41	Gord Harrison	6'2"	27
43	Andrew Ouchterlony	6'3"	38
45	David Hochhalter	6'1"	25
61	Sachin Raina	6'0"	33
64	Nima Mostaghimi	5'9"	24
72	Iain MacKenzie	6'0"	22
75	Cam Burden	5'10"	25
81	Adrian Yearwood	5'10"	26
82	Jay Boychuk	5'8"	22
91	Cam Harris	6'3"	26

SPECTATOR INFO



## HIGH FIVE

### ANN ARBOR, MI

Twitter: @highfiveulti

Captains: James Highsmith, Mike Jahn, Mike Dagher-Margosian, Johnny Bansfield

Coach: Matthew Wilken



when the Yeti first met the Bull,  
the enemies were born into the struggle

secret handshakes met the  
madness of the bovine

both reaching for the same disc  
amidst the greatest of lakes

enter the chicken and the Treaty of Versailles (OH)

one winter has passed and the seeds sown have grown

what will spring forth from the season since passed?

isn't that why we're all here??

O — H — M — I

#tuebor

### ROSTER

1	Alex Edinger	5'10"	27
2	Hamza Dodo	5'11"	23
3	Matt Wilken	6'3"	36
4	Nick Hamilton	6'1"	29
5	Austin Engel	5'10"	28
6	James Highsmith	6'1"	23
7	John-Michael Guest	6'0"	24
8	Jesse Wohl	6'2"	26
9	Michael Meilstrup	5'6"	25
10	David Bentravato	6'1"	24
11	Jordan Rhyne	6'1"	24
12	Mitch Cihon	5'11"	25
14	Mike Bruce	5'9"	25
15	Connor Haley	6'3"	24
16	Kevin Coulter	6'2"	25
17	Nate Botti	6'0"	27
19	Paul Arters	6'0"	22
20	Eliot Alexander	5'11"	28
21	Ben Ayres	6'1"	27
22	Mike Dagher-Margosian	5'7"	27
23	Ben Whiteman	6'0"	21
28	Mike Jahn	5'8"	29
34	Jesse Buchsbaum	6'9"	22
45	Kevin Baumann	6'1"	26
47	Phil Cherosky	5'9"	27
55	Johnny Bansfield	5'10"	22
98	Dan Donovan	6'1"	25

# MEN'S TEAMS

## IRONSIDE

### BOSTON, MA

Website: [bostonironside.com](http://bostonironside.com)

Twitter: @boston\_ironside

Captains: Alex Simmons, Danny Clark

Coaches: Josh McCarthy, Matthew Rebholz, Jacob Goldstein



Following a transition year for Boston Ultimate in 2007 - in the wake of the merger of historic Death or Glory with upstart Metal Ultimate, Ironside was officially founded in 2008. The crew has enjoyed a successful run since its inception, capturing numerous regular season tournament championships and reaching the semifinals or finals of the National Championships in each of the past seven years; however, the club championship title remains elusive. Danny Clark returns as the most senior naval officer, setting sail on his eighth tour - as captain alongside Alex Simmons. The 2015 edition of Ironside features 14 returning sailors alongside 10 newly enlisted midshipmen first class. Each tournament this season has been a learning experience, and the Sailors hope to peak in Frisco.

### ROSTER

00	Jacob Taylor	6'4"	28
1	Josh Markette	5'8"	36
5	Christoph Koeble	5'9"	27
6	Jake Smart	6'2"	28
7	Will Neff	6'4"	29
8	Alex Cooper	5'9"	25
9	Eli Motycka	5'11"	20
10	Tyler Chan	5'10"	22
11	Christian Foster	5'9"	27
12	Alex Simmons	5'10"	25
13	Tom Annen	5'11"	29
14	Miles		
	Montgomery-Butler	6'1"	29
15	Tannor Johnson	6'4"	18
17	Thomas		
	Sayre-McCord	6'4"	25
18	Jim Foster	6'2"	29
21	Misha Herscu	5'11"	24
22	Jordan Queckboerner	6'3"	24
23	Mark Vandenberg	6'1"	21
24	David Reshef	5'9"	28
25	John Stubbs	6'0"	20
27	Jack Hatchett	6'0"	25
28	Ben Katz	5'8"	24
77	Danny Clark	6'1"	34
84	Alex Kapinos	6'4"	26



## JOHNNY BRAVO

### DENVER, CO

Website: [bravoultimate.org](http://bravoultimate.org)

Twitter: @BravoUltimate

Captains: Jesse Roehm, Henry Konker, Jimmy Mickel

Coach: Bob Krier



Bravo has qualified for Nationals every year since 2000. The team broke through to their first semifinal in 2006, falling to Sockeye in a heated game. They faced Sockeye again in the finals in 2007 and semifinals in 2008, but could not close the door. Following those heartbreaking seasons, many Bravo greats hung up their cleats and new leadership stepped in to run the team. Though the team struggled from 2009 to 2012, they slowly started to build a new identity under the leadership of Coach Bob Krier and Captains Ryan Farrell, Jack McShane and Josh Ackley. Johnny Friendship broke through to the semifinals again in 2013, falling to perennial favorite Revolver. The team entered 2014 hungry for a title. In a double-peak year, they fell in the semis again to Revolver in a tight game at Worlds. The team regrouped and got back to the basics, taking the Club Series one game at a time. They ended up not losing another game on their way to the 2014 National Championship. This year, Johnny Bravo eyes the repeat.

### ROSTER

2	Sean Keegan	6'0"	28
3	Jesse Roehm	6'3"	27
6	Bart Watson	6'1"	34
7	David Wheeler	6'3"	25
8	Pawel Janas	5'10"	21
9	Will Lokke	6'0"	30
10	Ryan Morgan	6'1"	33
11	Nick Lance	5'10"	26
12	Eric Johnson	6'0"	26
13	Evan Padgett	5'11"	28
14	Craig Forshee	6'2"	32
15	Dennison Bechis	5'9"	24
16	Ryan Farrell	5'10"	32
19	Ian Toner	5'10"	25
20	Josh Ackley	5'11"	34
21	Joe Anderson	6'4"	29
22	Stanley Peterson	6'1"	22
23	Jimmy Mickel	6'3"	23
24	Jackson Kloor	6'0"	24
26	Owen Westbrook	6'2"	31
28	Hylke Snieder	6'4"	26
34	Henry Konker	6'0"	26
35	Todd Wolma	6'1"	24
36	Matty Farrell	5'8"	25
42	Ben Lohre	6'0"	25
77	Ben Snell	6'3"	23
85	Calvin Delamere	6'1"	24

# MEN'S TEAMS

## MACHINE

### CHICAGO, IL

Website: [chicago-machine.com](http://chicago-machine.com)

Twitter: @machineultimate

Captains: Kevin Kelly, Walden Nelson, Cullen

Geppert, Ron Kubalanza

Coach: Andy Neilsen



Chicago Machine is an ultimate team that competes in the USA Ultimate men's club division. Heir to latter-day powerhouses Windy City and Z, Machine has appeared at the USA Ultimate National Championships 12 times since its inception in 2001, including 10 consecutive trips from 2006 to the present.

The 2015 squad features 25 rowdy boys working together to prove Tony Jabroni wrong and win a National Championship (while also demonstrating themselves to be the rowdiest team in the country). #werowdy #rowdyrowdy #rowdyboys

### ROSTER

00	Goose Helton	6'0"	31
1	Craig Poeppelman	5'8"	28
2	Nick Zeman	6'0"	22
4	Ben Spielman	6'2"	19
5	Noah Backer	6'1"	21
7	Brett Kolinek	5'11"	33
8	Stephan Mance	6'1"	26
10	Von Alanguilan	5'9"	26
14	Bob Liu	5'8"	28
15	Andrew Sheehan	5'11"	32
18	Cullen Geppert	6'2"	27
19	Jack Shey	6'1"	23
20	Greg Slover	6'2"	29
25	Ron Kubalanza	5'10"	40
26	Kevin Kelly	6'4"	28
27	Travis Carpenter	6'0"	22
29	Michael Schwenk	6'3"	25
31	Walden Nelson	5'10"	28
36	Tim Fergus	5'9"	23
37	Daniel Williams	6'1"	29
45	Brett Matzuka	5'8"	30
51	AJ Nelson	6'4"	26
64	Neal Phelps	6'0"	25
73	Adrian King	6'1"	33
99	George Hughes	6'6"	31

SPECTATOR INFO



## MADISON CLUB

### MADISON, WI

Website: [madisonultimate.blogspot.com](http://madisonultimate.blogspot.com)

Twitter: @MadisonClub

Captains: Andrew Brown, Bill Everhart, Brian Hart



Madison Club is Wisconsin's top men's ultimate team who participates in the Select Flight of USA Ultimate's Triple Crown Tour. Madison is back at Nationals after winning the North Central region for the first time since 2009. During the team's most recent Nationals stretch (2009-12), Madison

broke seed each year after being placed in the first, third and fourth toughest Nationals pools of all time.

Without a coach, Madison's success in 2015 can be attributed to its players taking accountability to be better players and teammates. Players have accomplished this by pushing each other to get better through competition against teammates. Whether it's the two D-lines seeing who will give up a hold first or the O-line fighting to win their first practice in a month, intra-team competition is what has improved us

### ROSTER

1	Adam Drews	5'9"	29
2	Logan Pruess	5'11"	22
4	Pat Shriwise	6'2"	28
6	Bill Everhart	6'1"	27
8	Benjy Keren	5'7"	25
9	Andrew Meshnick	6'2"	26
10	David Meinecke	6'0"	26
11	Andrew Brown	6'1"	34
12	Chris Wilen	6'2"	26
13	Brian Hart	5'11"	23
14	David Wiseman	6'5"	27
21	Jordan O'Neill	6'1"	24
22	Alex Champe	5'10"	23
24	Dayu Liu	6'0"	25
25	Ross Barker	5'11"	21
26	Peter Graffy	6'2"	25
32	Colin Camp	6'2"	24
41	Colin Sunde	6'0"	22
42	Chase Marty	6'2"	20
44	Nick Ladas	6'3"	21
48	Thomas Coolidge	5'9"	25
52	Mike Hagenow	6'5"	23
55	Kelsen Alexander	5'9"	25
68	Ben Nelson	6'2"	27
92	Kevin Brown	6'1"	23

# MEN'S TEAMS

## PATROL

### PHILADELPHIA, PA

Twitter: @PhillyPatrol

Captains: David Baer, David Brandolph, Patrick Lindsey, Colin McIntyre

Coaches: Charles Hoppes, Michael Zargham

## PATROL

Patrol is in its second year as the top men's team in Philadelphia. The team was founded in 2014 on the premise of providing a strong and sustainable program for Philadelphia men's ultimate and was joined by second team, Citywide Special, in these efforts.

This year's team is made up of an equal blend of experience and youth. Following a regular season of solid results, Patrol is attending its first USA Ultimate National Championships.

## ROSTER

1	Colin McIntyre	5'8"	31
3	Gabe Colton	5'7"	24
5	Charlie McCutcheon	5'9"	21
6	Leon Chou	5'9"	27
7	Nick Hirannet	5'8"	29
8	Nick Patel	5'6"	22
9	Patrick Diviney	6'1"	27
10	Matt Esser	5'10"	27
11	Himalaya Mehta	6'0"	22
13	David Brandolph	5'7"	29
14	Matt Glazer	5'11"	31
18	Billy Sickles	6'1"	23
20	David Baer	5'9"	29
21	Michael Panna	5'9"	28
23	Jimmy Zuraw	6'1"	23
24	Ethan Peck	6'0"	22
25	Trey Katzenbach	6'1"	45
27	Jake Rainwater	6'2"	26
31	Patrick Lindsey	6'4"	29
36	David Shields	5'9"	21
41	Nick Mathison	6'4"	23
46	Benjamin Scharadin	5'10"	27
49	Jordan Winey	5'10"	31
55	Matt Paporone	6'1"	26
71	Ian McClellan	5'10"	35
76	Marshall Ward	5'10"	25
91	Vincent Reydams	6'6"	28



## PRAIRIE FIRE

### KANSAS CITY, KS

Website: prairiefireultimate.com

Twitter: @PFUltimate

Captains: Ben Deneka, Joe Nickels, Joe Young, Jones Clemons



Prairie Fire was founded in 2008 to unite competitive ultimate in Kansas City. Now in its eighth year, Prairie Fire returns to the national scene for the second year in a row.

Throughout the 2000s, dozens of talented Kansas City players wandered through split squads, small rosters and one-off teams. Prairie Fire's explicit goal was to unite these experienced players and combine them with young talent from regional colleges. The focus was player development, competition and defensive intensity.

While the original squad had 20 players affiliated with the University of Kansas, Prairie Fire has grown to encompass half the Midwest. This year's squad includes current and former players from Kansas, Kansas State, Missouri, Arkansas, Iowa, Missouri State, Luther and Mississippi. It's no surprise the team's potential has grown as well.

## ROSTER

2	Jay Froude	6'2"	25
3	Danny Agne	5'9"	33
4	Joe Young	5'9"	25
5	Allen Jones	6'0"	27
6	Zach Hunter	5'10"	23
7	Ben Deneka	6'0"	30
8	Abe Coffin	5'9"	23
9	Jones Clemons	6'2"	27
10	PJ Matulka	6'1"	28
11	Joe Nickels	5'11"	31
12	Wes Axtell	6'1"	23
14	Derek Thatcher	6'5"	22
15	Kaplan Maurer	6'1"	20
17	Joe Wheelock	6'0"	25
19	Tim Robbins	6'0"	31
21	Christian Simpson	6'3"	23
23	Jesse White	6'0"	20
24	Danny Kurz	6'1"	25
25	Brett Hidaka	5'11"	25
30	Andrew Wimer	5'11"	32
32	Barrett Davis	6'0"	34
34	Aaron Duff	5'11"	26
42	Jake Kersten	5'11"	24
52	Colin Lord	5'6"	22
77	Dave Woods	5'8"	28
85	Valley Renshaw	6'2"	36

# MEN'S TEAMS

## REVOLVER

### SAN FRANCISCO, CA

Website: revolverultimate.com

Twitter: @revolverult

Captains: Nick Schlag, Cassidy Rasmussen, Lucas Dallmann, Ryo Kawaoka

Coach: Mike Payne



Revolver was established in 2006 when Nick Handler, Chris McManus and Marc Weinberger came together to build a new ultimate program from scratch. They sought a team where young players could learn from veterans and where the goal was to get better in every practice and game.

Although Revolver did not set out to win championships, the program's focus on young talent, role playing and spirited competition created a foundation for a successful program. In its early years, Revolver established itself as a nationally competitive program, qualifying for Nationals in three of its first four years. In 2009, Revolver reached the finals but lost to Chain Lightning. From this point, the program continued to rise, and over the next five years, captured three USA Ultimate national championships, two WUCC world championships and one WUGC world championship.

2015 brings another group of young players and a new Revolver ready to continue to rise.



## ROSTER

1	Simon Higgins	6'4"	22
2	Taylor Lahey	5'10"	27
3	Kevin Cocks	5'10"	25
4	Joel Schlachet	5'9"	28
5	Devon Anderson	6'0"	27
7	Russell Wynne	6'1"	27
8	Patrick Baylis	5'9"	29
9	Cassidy Rasmussen	5'11"	26
10	Robbie Cahill	6'1"	31
11	Zachary Travis	6'2"	27
12	Sam Kanner	6'0"	27
13	Alex Evangelides	6'1"	26
16	Jamie Quella	6'0"	27
18	Gregory Cohen	6'1"	23
19	Ryo Kawaoka	5'8"	34
20	Nick Schlag	5'10"	28
21	Andrew Hagen	5'11"	26
22	Marcelo Sanchez	6'1"	24
23	Jordan Jeffery	6'4"	26
24	Elijah Kerns	5'11"	23
27	Ashlin Joye	6'1"	27
28	Nathan White	6'5"	23
29	Christian Johnson	6'2"	23
32	Jordan Marcy	5'10"	23
35	Lucas Dallmann	5'11"	28
50	Beau Kittredge	6'4"	32
87	Chris Kosednar	5'9"	27

SPECTATOR INFO

## RHINO

### PORTLAND, OR

Twitter: @RhinoUltimate

Captains: Jacob Janin, Dylan Freechild



Go ducks.

## ROSTER

0	Tyler Cable	5'10"	25
1	Jacob Janin	5'9"	25
3	Dusty Becker	5'8"	29
4	Eli Blackman	6'2"	29
5	Connor Matthews	5'11"	19
6	Cody Bjorklund	6'0"	27
7	Eli Friedman	5'10"	27
8	Ben Whitenack	5'10"	21
10	Breeze Strout	5'9"	30
11	Matt Melius	5'9"	31
12	Riley Meinershagen	6'2"	30
13	Timmy Perston	6'3"	26
14	Adam Rees	6'1"	20
18	Bryson Simon Fox	6'0"	27
21	Ben McGinn	6'4"	25
22	Grant Cole	5'10"	29
24	Eli Janin	5'10"	28
27	Trevor Smith	5'11"	22
31	Kevin Minderhout	5'5"	28
36	Adam Fagin	5'10"	26
42	Jeremy Norden	6'1"	26
55	Dylan Freechild	5'10"	24
65	Topher Davis	5'11"	25
70	Chris Strub	5'9"	22
77	Brian Penner	5'11"	23
88	Dan Suppnick	5'10"	31

# MEN'S TEAMS

## RING OF FIRE

### RALEIGH, NC

Website: ringultimate.org

Twitter: @ringultimate

Captains: Dennis Tarasi, Brian Casey, Josh Mullen

Coaches: Mike DeNardis, Joe Cuneo



Celebrating our 26th season, Ring of Fire is North Carolina's premier men's club ultimate team. Founded in 1989, Ring is one of the oldest club ultimate teams in the world and has a long-standing tradition of success on the national scene, qualifying for the National Championships every year except one over the last 23, including 2015,

which accounts for a 19th consecutive appearance.

### ROSTER

0	Ken Porter	5'10"	28
1	Justin Allen	6'1"	24
2	Hunter Taylor	5'11"	23
3	Josh Mullen	5'10"	35
4	Dan Kantor	5'10"	29
5	Taylor Pope	6'3"	35
6	Ben Dieter	6'3"	33
7	Jon Nethercutt	6'1"	23
8	Terrence Mitchell	5'10"	20
9	JD Hastings	5'6"	21
10	Jarrett Bowen	5'10"	27
11	Dennis Tarasi	6'0"	27
12	Joey Cretella	6'0"	27
13	Shane Sisco	5'11"	28
18	Jared Inselmann	6'2"	35
20	Drew Chandler	5'10"	23
22	Brian Casey	5'11"	28
23	Micah Hood	6'0"	26
24	Noah Saul	6'0"	26
28	Jack Williams	6'2"	21
33	Roy Matthews	6'3"	31
34	Tristan Green	5'8"	25
43	Mark Lin	6'0"	22
51	Tim McAllister	5'11"	21
54	Stephen Bender	5'11"	28
80	Kristjan Loorits	6'3"	23
84	David Richardson	6'3"	24



## SOCKEYE

### SEATTLE, WA

Website: seattlesockeye.org

Twitter: @sockeyeultimate

Captains: Reid Koss, Danny Karlinsky, Phil Murray, Matt Rehder, Spencer Wallis

Coaches: Roger Crafts, Tyler Kinley



The Sockeye Salmon lives to die. It spends its life growing, learning, fighting and climbing, all for the goal of being able to spawn and die. Their ultimate struggle to return to their native home is a battle unlike any other, and we honor them by climbing our own ladders, battling upstream and

believing in each other throughout.

### ROSTER

1	Donnie Clark	6'0"	28
2	John Reynolds	6'0"	22
3	Mario O'Brien	5'10"	33
4	Aly Lenon	5'7"	31
6	Phil Murray	6'0"	26
7	Jacob Speidel	6'2"	30
8	Matt Rehder	6'4"	24
9	Sam Harkness	5'11"	29
10	Adam Simon	6'0"	32
11	Reid Koss	6'0"	32
13	Dongyang Chen	5'8"	21
14	Justin Lim	5'11"	22
16	Mark Burton	5'11"	29
17	Zane Rankin	6'2"	23
18	Matt Russell	6'0"	22
20	Michael Caldwell	6'1"	39
21	Jesse Bolton	5'11"	21
22	Spencer Wallis	5'10"	30
23	Danny Karlinsky	5'8"	30
24	Joe Sefton	6'1"	29
25	F. Devin Barich	6'3"	31
28	Duncan Linn	5'8"	26
33	Sam Hart	6'4"	24
55	Will Chen	5'10"	30
70	Julian Hausman	6'2"	26
97	Zack Smith	5'9"	27
99	Ray Illian	6'2"	33

# MEN'S TEAMS

## SUB ZERO

### MINNEAPOLIS, MN

Website: [subzeroultimate.com](http://subzeroultimate.com)

Twitter: @SubZeroUltimate

Captains: Patrick Jensen, Simon Montague



The 2015 edition of Sub Zero Ultimate is all about additions and subtractions. Addition: 12 first-year players. Subtraction: Mustaches (most of the new guys can't grow one). Addition: The logo of our sponsor, Surly Brewing Company,

printed everywhere possible on our jerseys. Subtraction: Stripes & Tights (our O-Line handlers thought they made them look fat). Addition: A renewed sense of urgency and commitment. Subtraction: A last-place finish at Nationals (Fingers Crossed!).

## ROSTER

1	Ryan Osgar	6'0"	22
2	Ben Feldman	5'9"	27
3	Galen Ryan	6'2"	23
4	Ben Jagt	6'5"	23
5	Josh Klane	5'9"	23
6	Grayson Pangburn	5'10"	28
8	Erik Jorgensen	6'3"	21
9	Simon Montague	6'3"	24
11	Conor Kline	6'2"	21
12	Harper Garvey	5'11"	22
13	Tony Poletto	5'8"	20
14	Greg Cousins	6'0"	23
15	Logan Weiss	6'0"	25
17	Ethan Rasmussen	5'10"	23
19	Marcus Ellson	5'10"	29
22	Eric von Kampen	5'7"	20
23	Nick Vogt	6'2"	20
24	Connor Anderson	5'7"	22
25	Nick Stuart	6'4"	24
26	Grant Lindsley	5'9"	25
31	Jason Tschida	5'7"	25
42	Matt Burkhardt	6'0"	23
71	Nick Simonelli	5'11"	24
88	Patrick Jensen	6'4"	27
93	Kyle Gill	6'1"	33
96	Joe Simonelli	5'8"	21
99	Tristan Van de Moortele	5'9"	21

SPECTATOR INFO



## TRUCK STOP

### WASHINGTON, DC

Website: [truckstopultimate.org](http://truckstopultimate.org)

Twitter: @truckstopulti

Captains: David Cranston, Jonathan Neeley, Jeff Wodatch

Coach: Mike LoPresti



We are a men's ultimate team from Washington, D.C., and Baltimore. Funny story, did you know that Washington, D.C., residents do not have a vote in either the House of Representatives or the U.S. Senate? Yet we

pay federal taxes AND many serve in the U.S. military. Taxation without representation, bruh. Anyway, we've been to the USA Ultimate National Championships every year since 2006, and last year was one of our better finishes, tied for seventh.

We hope, along with D.C.'s women's team Scandal, to be a key part of putting and keeping our region on the map for top ultimate and Spirit of the Game. In March, we were honored to be among a handful of teams invited to play in Medellin, Colombia, finishing second at that tournament. In February, we achieved some internet fame when our live tweeting of our offseason meeting went viral. It has since been poorly imitated a few times, which is still flattering.

## ROSTER

2	Bradley Scott	6'1"	23
3	Keven Moldenhauer	5'11"	38
4	Delrico Johnson	5'10"	25
5	David Cranston	6'1"	26
6	Bobby Gordon	5'10"	31
7	Ben Feng	6'1"	25
8	Peter Prial	6'3"	27
9	Tom Doi	5'10"	30
10	Seth Wiggins	6'1"	31
11	Jonathan Neeley	5'11"	27
12	David Boylan-Kolchin	6'1"	32
14	Sean Childers	6'3"	26
15	Nate Castine	5'11"	28
16	Tyler Monroe	6'1"	20
17	Eric Miner	6'5"	28
21	John Agan	5'11"	31
22	Brian Marshall	6'0"	25
25	Matt Gordon	5'10"	31
27	Cody Johnston	6'0"	23
28	Matthew McDonnell	6'0"	26
36	Nicky Spiva	6'1"	26
43	Joe Freund	6'4"	17
45	Jeff Wodatch	6'1"	28
61	Erik Salmi	5'11"	31
88	Calvin Oung	6'0"	35
90	Markham Shofner	6'0"	26
99	Alan Kolick	5'10"	28

# MIXED TEAMS

## 7 EXPRESS

### NEW YORK, NY

Twitter: @7expressny

Captains: Ben Ivers, Erin Ivers, Jesse Moskowitz

Coach: David Reynolds



7 Express was founded as a unification of former high school ultimate players from across the NYC area, including schools such as Bronx Science, Stuyvesant and Brooklyn Tech. The number 7 train was often the preferred mode of transportation for many members of the team and was quickly adopted as a moniker. Over 200 different players have suited up and worn a 7 on their chest. With a proud and longstanding tradition of excellence and camaraderie, 7x is the longest-running team to call New York home, and with 15 seasons and counting, one of the oldest teams in the mixed division. Today, the team draws significant talent from NYC, Long Island, Connecticut and Westchester County. The team is defined by friendship and fun while pushing each other to the edge of our potential.

## ROSTER

2	Brian McLaughlin	6'0"	24
3	Meaghan Lass	5'6"	27
4	Cory Sale	5'0"	23
5	Joe Santosus	5'10"	26
8	Jesse Moskowitz	5'8"	24
9	Matthew LeMar	5'10"	26
11	Jack Flintermann	5'9"	27
12	Joe Babbino	5'8"	25
13	Avery Reed	5'6"	26
14	Paul Goldsmith-Pinkham	6'2"	30
15	Matthew Baum	6'3"	23
16	Ashley Snyder	5'5"	28
17	Erin Ivers	5'6"	25
18	Malcolm Baker	6'1"	32
19	Ben Ivers	6'0"	26
22	Abby Murray	5'6"	26
23	Julia Raney	5'6"	24
26	Chris Cox	5'11"	22
31	Sam Isaac	5'11"	23
46	Ruozhou Ye	6'0"	23
48	Kamil Skwarek	6'3"	25
50	Amelia Ni	5'5"	24
64	Eliot Bemis	6'1"	21
74	Hannah Garfield	5'6"	23
80	Ryan Drost	6'1"	26
88	Rowan Sill	5'8"	33
99	Kara Neaton	5'11"	29



## AMBIGUOUS GREY

### WASHINGTON, DC

Website: agultimate.com

Twitter: @ambiguously.grey

Captains: Alanna Tievsky, Andrew Allen, Jacob Merlin, Jarnail Bajwa, Peter MacArthur



Ambiguous Grey catapulted themselves onto the club scene in 2011. As the team matured, so did AG's team name and culture, driving its success with two Nationals since 2013. After observing political gridlock from the cacophony of YAY-sayers and NEIGH-sayers in its home city, AG committed to work for their teammates. The results speak for themselves. AG could not be prouder to help complete the 2015 #DCSWEEP of the Mid-Atlantic region.

## ROSTER

1	Shannon Pace	5'1"	21
3	Alanna Tievsky	5'4"	30
4	Sam McClellan	5'7"	29
5	Kevin Chiang	5'9"	29
7	Peter MacArthur	5'10"	34
8	Maggie John	5'5"	25
9	Jarnail Bajwa	5'5"	30
10	Rachel Thaw	5'10"	26
11	Jeff Truskin	6'2"	29
13	Golsa Yazdy	5'7"	27
14	Eliza Chang	5'6"	21
15	Sara Ann Peczkowski	5'2"	27
16	Anna Truskin	5'7"	27
18	Riki Cullingford	5'6"	31
21	Andrew Allen	6'3"	30
22	Andrew Gravunder	5'10"	26
23	Antoine Davis	6'2"	22
24	Abbey Hewitt	5'5"	24
26	Dan Grabowski	5'9"	22
32	Anthony McLean	6'1"	22
42	Ellen Greytak	5'6"	32
70	Brian O'Hara	5'11"	35
73	Mark Flores	5'9"	24
76	Jacob Merlin	5'9"	24
80	Paul Grabowski	6'0"	24
91	Charlie Furse	5'11"	25
92	Victor Wu	5'11"	33

# MIXED TEAMS

## AMP

### PHILADELPHIA, PA

Website: phillyamp.com

Twitter: @phillyamp

Captains: Ben Pelleg, Melissa Devlin, Raha Mozaffari, Stephen Ng

Coach: Patrick Sherlock



The yeti is a fascinating creature - strong, resilient and always ready to party. Our 2015 team has become devoted followers, tracking the abominable one through the state of Pennsylvania to a Mexican restaurant and car wash near Columbus, following its mating call across the alpine desert to a

karaoke bar outside Denver, and observing a crush of the creatures stealing large amounts of plastic spoons [and lettuce] from a Minnesota Chipotle; we anticipate a large group flocking near Dallas this October. AMP is proud to represent the Founders Section and Philadelphia at the National Championships - yeti or not, here we come.

## ROSTER

0	Melissa Devlin	5'6"	26
1	Bobby Roos	5'11"	26
2	Matt Zumbrum	6'3"	31
3	Nicholas Purifico	5'9"	32
4	Raha Mozaffari	5'4"	29
6	Kelsey Devlin	5'5"	22
7	Ben Parrell	5'9"	32
8	Charles Weinberg	5'11"	21
9	Andrea DeSabato	5'5"	28
10	Calvin Trisolini	6'1"	20
12	Fern Beetle-Moorcroft	5'6"	23
13	Nico Lake	5'11"	21
14	Stuart Hean	6'1"	23
15	Max Charles	5'6"	22
17	Stephen Ng	5'7"	24
18	Emily Shields	5'4"	23
20	Ben Pelleg	5'11"	28
21	Kevin McCormick	5'10"	33
22	Allysha Dixon	5'4"	23
26	Katie Erikson	5'8"	25
33	Katy Stanton	5'7"	30
36	Carolyn Normile	5'4"	20
40	Jessie Glazer	5'4"	30
44	Owen Murphy	6'1"	25
46	Austin Bonelli	5'9"	27
88	Matt Carter	5'9"	20

SPECTATOR INFO



## BIRDFRUIT

### SEATTLE, WA

Website: birdfruit.weebly.com

Twitter: @bird\_fruit

Captains: Lindsay Lang, Sam Pickel

Coach: Chris Page



birdfruit

Born from the pit of a Flamango, Seattle BirdFruit (originally Kiwis) has been a flock since 2014. Stemming from a successful ninth-place finish in Seattle fall league, this team knew its love of Birds, Fruit and (squ)awkward wordplay would translate well to the club game. On the field, they

have the quickness of a Plummingbird, strong Toucantelope-like grip, and the wise decision making of a Grape Blue Heron. Off the field, they chirp, squawk and pump up the 90s' jams to bring the best sideline presence at the tournament. Led by captains "Sam" Pickel "Pickel" and "Lindsay" Mom "Lang" as well as our emotional leader and Life Sherpa, Chill Monkey, BirdFruit will be migrating to the National Championships for the first time in their storied history. And although every player will tell you "I'm a dog," they are really just a group of best friends who like to chill. Monkey.

## ROSTER

2	Luke Jespersion	6'2"	26
4	Jessica Shatkin	5'4"	22
5	Christian Brink	6'2"	26
7	Nicole Bayard	5'10"	25
10	Jeff Gayle	5'10"	25
11	Laura Manson	5'7"	26
12	Peter Ostergaard	6'1"	26
14	Sam Pickel	5'10"	24
15	Matt King	5'9"	27
17	Corinne Pingul	5'7"	23
20	John Klaassen	5'9"	26
21	Dylan Harrington	6'1"	23
22	Lacy Clark	5'9"	22
24	Andrew Lynch	6'0"	26
31	Natalie Jamerson	5'8"	25
33	Spencer Sheridan	5'10"	24
40	Ky Lewis	5'5"	25
43	Peter Burrows	6'1"	24
47	Walker Bohannan	6'1"	23
51	Lindsay Lang	5'6"	24
67	Kelley Hall	5'5"	24
69	Lillian Bailey	5'6"	24
85	Ben Beehner	6'3"	29
89	Sophie Scofield-Selby	5'4"	25

# MIXED TEAMS

## BLACKBIRD

### SAN FRANCISCO, CA

Twitter: @Blackbird\_SF

Captains: Lauren Casey, Nick Slovan, Mac Taylor



Blackbird is based out of San Francisco and was founded in 2011. In our fifth year of existence, this will be our fourth appearance at Nationals with back-to-back championships in 2011 and 2012. Pulling from the deep talent pool of the Bay Area, we are a dynamic group of people and players, which make Blackbird the team it is year

after year. We pride ourselves on the Happy Grind: an attitude that takes our team's culture and pairs it with an unrelenting work ethic on the field.

## ROSTER

0	John Sandahl	6'2"	39
2	Chris Hart	5'8"	30
4	Deanna Bjorkquist	5'5"	26
5	Tommy Hendrickson	5'11"	29
8	Amanda Dauphinee	5'11"	35
9	Adam Farren	6'1"	31
10	Krisztina Jozsef	5'3"	31
11	Barrs Lang	6'1"	31
12	Lauren Casey	5'8"	32
14	Mia Smucny	5'3"	30
18	Casey Ikeda	5'6"	26
21	Adam Scow	6'2"	32
22	Nick Slovan	6'3"	32
23	Remy Schor	5'4"	35
24	Daniel Gillick	6'3"	33
26	Karen Ko	5'4"	33
28	Sheeva Slovan	5'4"	30
29	VY Chow	5'6"	40
33	Cody Rebolz	6'5"	27
40	Mac Taylor	6'3"	29
42	Aaron Caulfield	6'4"	25
51	Ryan Scribner	6'0"	35
64	Justin Norden	6'2"	24
82	Tracy Woo	5'9"	36



## BUCKET

### ATLANTA, GA

Twitter: @ATLBUCKET

Captains: Natalie Espino, Aileen Thomas, Jason Simpson



Bucket began in 2008 as a team comprised of friends from Emory, Georgia and Georgia Tech. What was once a team of players who didn't practice, Bucket has become only marginally more disciplined over the years. Our main focus is to procure AWESOME jerseys (@TRIO\_USA), abstain from any fun or indulging during the

month of September, and play the odds game to finally see who is going to get the Bucket logo tattooed where the sun don't shine.

## ROSTER

4	Ryan Archibald	6'0"	29
5	Bridget Kane	5'6"	33
8	Tim Brady	5'10"	27
9	Ana Leon	5'6"	22
11	Matt Bergin	5'10"	25
13	Sam Gainer	6'2"	28
14	Katie Franchot	5'7"	24
16	Steven Rouisse	6'2"	38
20	Taylor Nilan	6'0"	28
21	Michael Arenson	6'4"	28
22	Sean Sears	6'0"	27
27	Maureen McCamley	5'7"	35
31	Jack Barrow	6'0"	23
32	Michelle Yang	5'7"	24
33	Caroline Marsh	5'2"	23
43	Tina McDowell	5'3"	43
44	Sam Hill	5'7"	27
52	Colin Bellair	5'11"	34
54	Natalie Espino	5'2"	29
62	Steven Hicks	6'1"	28
64	Jason Simpson	6'1"	34
65	Aileen Thomas	5'4"	27
66	Asa Wilson	5'11"	31
77	Miranda Wilson	5'2"	31
78	Dylan Tunnell	6'3"	31
88	Matt Kress	5'11"	30
95	Will Blythe	6'6"	24

# MIXED TEAMS

## THE CHAD LARSON EXPERIENCE

### AMES, IA

Twitter: @clxbtpp

Captains: Neal Hanke, Kevin Seiler

Coach: Kate Lyons



Without the commitments of players from years past, without the support of our family and friends, without the sacrifices of those who have helped us in any way, our team history would ring hollow. We are grateful to represent The Chad Larson Experience during the 2015 season.

### ROSTER

1	Kevin Seiler	5'11"	35
3	Taiwo Misra	5'3"	31
6	Lana Seiler	5'5"	32
7	John Misra	5'9"	30
8	Ross Welch	6'2"	31
9	Rachel Derscheid	5'6"	34
11	Zach Eastlund	6'1"	34
12	Rachel Goldbach	5'3"	33
13	Dan Kresowik	6'1"	35
16	Cami Nelson	5'9"	23
17	Janani Ragothaman	5'3"	23
20	Neal Hanke	6'0"	26
21	Amy Sheldahl	5'3"	35
22	Dan Brennan	5'11"	27
23	Melissa Gibbs	5'7"	29
25	Ryan Tucker	6'4"	23
31	Doug Jacobs	6'1"	34
33	Bill Franey	6'0"	23
45	Jon Staron	5'10"	32
49	Steph Jacobs	5'6"	32
50	Blake Larson	6'0"	31
54	Chris Mayne	6'4"	34
55	Todd Owens	6'2"	36
61	Kelly Smith	5'9"	25
77	Kurt Brorsen	6'3"	30
97	Sarah Pesch	5'10"	24
99	Andrew Moore	6'0"	23

SPECTATOR INFO



## DRAG'N THRUST

### MINNEAPOLIS, MN

Website: dragnthrust.com

Twitter: @dragNthrust

Captains: Austin Lien, Patty King, Brian Schoenrock

Coach: Jake Henderson



Drag'n Thrust was established in 2009 as a group of friends looking to be competitive on the field and party off the field. Turns out, their parties too often involved talks about physics and the forces acting on a disc in flight. Due to these geeky discussions, the team settled on Drag'n Thrust as a team name. Also, they were in agreement as Gravity'n Lift had no clear team logo...plus dragons are awesome! This is Drag'n Thrust's sixth Nationals appearance in its seventh year of existence. Twice they have been knocked out in semifinals ('10, '12), and the last two years, they have been able to put everything together at the right time to win the national championship. Even with the recent success, Drag'n welcomes a few young bloods this year to help keep the drive alive as the team remains hungry in the hunt for a three-peat.

### ROSTER

1	Jeff Trosvig	6'0"	27
2	Emily Regan	5'3"	24
3	Pat Niles	5'10"	31
4	Erica Baken	5'7"	25
5	Alex Baker	5'5"	32
6	Jake McKean	5'11"	31
7	David Shirley	6'2"	30
8	Claire Oakley	5'8"	27
9	Jay Drescher	5'9"	26
10	Martha Harris	5'2"	27
13	Jacob Lien	5'11"	24
14	Austin Lien	5'8"	26
15	Patty King	5'4"	28
16	Brian Schoenrock	6'1"	25
17	Eric VanderMolen	6'3"	26
19	Mike Clark	5'11"	25
21	Dave Klink	6'0"	32
23	Mike Petersen	6'1"	33
24	Jess Haller	5'6"	27
31	Josh Hemmesch	5'10"	32
32	Melissa LaFrance	5'6"	26
33	Jaime Glader	5'1"	29
35	Sarah Anciaux	5'8"	27
37	Sierra Barthen	5'3"	27
42	Meredith Bray	5'4"	24
44	Sarah Meckstroth	5'8"	23
55	Carlos Wolle	6'5"	24

# MIXED TEAMS

## LOVE TRACTOR

### BOULDER, CO

Website: [lovetractorultimate.org](http://lovetractorultimate.org)

Twitter: @love\_tractor

Captains: Stanley Strunk, Brady Stoll, David Kamin

Coach: Jesse Kuroiwa



Be a team, play hard and have fun is the goal of Love Tractor.

Our name, from a song playing when this team was formed, conveys the two most important aspects of the team: Love - for the game, our teammates and our opponents. Tractor - a nod to our grit and blue collar approach. Love Tractor prides itself on playing solid team ultimate and competing hard while maintaining a fun and spirited disposition. Love and respect of our teammates, opponents and the game is our foundation.

We owe this foundation to the late Steve Vihel, a former captain and gentle warrior who showed us how to play hard yet share a good laugh and respect our teammates and opponents. This legacy will always be remembered and embraced in Love Tractor ultimate. With our Diesel D and Turbo O, Love Tractor is ready for our first Nationals appearance! Let's GOOOOOO!

### ROSTER

1	Spencer Norman	6'2"	30
2	Kim Hutton	5'8"	40
3	Peter Wilson	5'10"	25
4	Jack McShane	6'0"	28
5	David Protter	5'9"	27
6	Clay Heinzel-Nelson	5'11"	27
7	Brian Carroll	6'1"	33
8	Scott Forrester	6'4"	27
11	Liza Boyle	5'6"	28
12	Joe Iannacone	5'11"	35
13	Christine Askham	5'4"	28
14	Stephanie Redfern	5'3"	29
15	Lauren Rindels	5'3"	28
17	Brady Stoll	5'6"	27
18	Stephanie Frost	5'8"	24
19	Chloe Ries	5'10"	28
20	Mia Zutz	5'7"	27
21	Brian Kiernan	5'11"	25
22	Jackie Phipps	5'1"	27
23	Camden Kittredge	6'2"	31
25	Vincent Powell	6'4"	28
31	Lauren Baecher	5'7"	24
33	David Kamin	5'10"	30
38	Erin Neil	5'3"	29
44	Jacob Zax	5'10"	23
74	Stanley Strunk	6'1"	39
86	Robert Justice	5'10"	26



## METRO NORTH

### NEW YORK, NY

Twitter: @CatOrBag

Captains: Seth Canetti, Andrew Bosco, Liz Middleton, John Palmer

Coach: Rafe Steinhauer



Metro North is a rebranding of SHUYAMOUF, the most recent incarnation of the Bashing Piñatas (Nationals - 2007, 2009), a team formed by a group of friends who grew up together in Westchester, N.Y., which has gone through various iterations and name changes since its last trip to Nationals. This year's version is a long-awaited merger with a core of players from District 5 (Nationals - second place, 2010; tied for third place, 2011).

The team name is a reference to the commuter rail connecting NYC, Westchester, and Fairfield, CT, due to the majority of team members living in towns along the train line. Follow the sound of the train whistles to find us in Frisco! Choo choo!

### ROSTER

1	Teddy Mason	6'1"	32
2	Diane Palmer	5'8"	32
4	Dave Tedeyan	6'0"	31
5	DJ Harris	6'1"	29
6	Diana Cornell	5'11"	30
7	Liz Middleton	5'3"	31
8	Alex Grintsvayg	6'8"	28
9	Austin Raymond	6'0"	27
10	Todd Larese	6'1"	29
11	Younglo Fontaine	5'11"	27
12	Emma Stoltze	5'5"	25
14	Kerry Beyrer	5'7"	30
15	Diana DeLeo	5'4"	33
16	Emily Cho	5'2"	31
18	Kendra Frederick	5'9"	35
21	Molly McCauley	5'3"	22
23	Allison Walker	5'5"	27
24	Seth Canetti	5'9"	33
26	Andrew Bosco	5'11"	30
42	John Geraghty	6'1"	26
45	William Olli	5'8"	31
47	Lucas Murphy	5'8"	30
50	Dana Grandoni	5'11"	34
54	Mari Oshiro	5'3"	30
80	John Palmer	6'5"	33
81	Sean Murray	6'1"	34
86	Kevin McCarthy	6'2"	29

# MIXED TEAMS

## MIXTAPE

### SEATTLE, WA

Twitter: @seattlemixtape

Captains: Brad Houser, Lucy Williams, Khalif El-Salaam, Bert Abbott



Our confidence going into this season is like we are standing high on the roof, ready to fly like an eagle. For training coming into this season we run run run from a helicopter. I think we have a genie with about three wishes, and we are using one of them this year. We want to look good doing what we do, sometimes we take our hat off, comb our hair and just put our hat back on. We have a lot of fun too; we enjoy both eating fish and watching Family Matters on the couch.

## ROSTER

0	Mikey Cavanaugh	6'1"	23
2	Joel Barker	6'1"	33
3	Cam Bailey	6'0"	29
5	Lauren Pattie	5'6"	27
6	Kahye Fong	6'0"	25
7	Rachel Bleakney-Bailey	5'9"	32
8	Meagan Todd	5'5"	30
9	Jen Cogburn	5'9"	25
10	Lexi Garrity	5'6"	26
11	Bert Abbott	5'6"	26
12	Brad Houser	6'0"	24
15	Emily Ruth-Paul	5'4"	31
17	Taylor Kanemori	5'2"	25
20	Grace Noah	5'6"	21
21	Lucy Williams	5'6"	25
22	Evan Klein	6'3"	26
24	Alex Duffel	5'10"	26
27	Dom Cavalero	6'3"	23
28	Claire Revere	5'8"	20
31	Henry Phan	5'8"	21
32	Daniel Walton	6'1"	30
33	Debbie Barker-Lee	5'5"	31
50	Nick Dare	6'1"	35
81	Lani Nguyen	5'5"	20
85	Phil Paul	5'10"	32
99	Khalif El-Salaam	5'11"	21

SPECTATOR INFO



## NOISE

### MADISON, WI

Website: noiseultimate.wordpress.com

Twitter: @noiseultimate

Captains: Ari Davidson, Emily Dayton, Eric Alexander, Josh Levin

Coach: Nick Heckman



Who is safe and when? No One Is Safe Ever! NOISE began in 2009 by uniting players from Madison and Milwaukee who were interested in playing more competitively. Since that first year, NOISE has been the top mixed team in Wisconsin, progressively finishing higher at Regionals each season until becoming the first mixed club team to qualify for Nationals from Wisconsin. The "tabletop" logo signifies that no one is safe, but we are NOISE in a literal sense as well. We love to be loud and hope you can hear us cheering from fields away. Turn up!

## ROSTER

1	Fran Kelley	5'11"	30
3	Dan Rowan	6'3"	24
4	Vanessa Thibado	5'4"	27
5	Eric Alexander	6'3"	27
7	Josh Davidson	6'0"	29
8	Maria Signore	5'6"	25
9	Sam Loveland	6'3"	24
11	Brittany Bergen	5'7"	24
12	Liz Arakaki	5'7"	26
14	Martin Granick	5'8"	26
16	Frank Qin	6'2"	25
17	Emily Dayton	5'5"	23
18	Kevin Terry	6'1"	29
19	Ari Davidson	5'11"	29
20	Katherine Goode	5'9"	24
21	Anneke Vermaak	5'8"	20
22	Steve Haynes	5'7"	26
23	Keith Garner	6'0"	31
27	Mike Swain	6'0"	30
29	Chris Reichel	5'11"	25
31	Michelle VanSchyndel	5'10"	26
34	Matt Becker	6'2"	25
37	Rachel Okerstrom	5'10"	24
43	Kevin Cannaday	5'10"	26
65	Josh Levin	5'9"	24
80	Kelly Donovan	5'7"	28
88	Claire Kelley	5'11"	29

# MIXED TEAMS

## POLAR BEARS

### SAN FRANCISCO, CA

Website: [pbrawr.com](http://pbrawr.com)

Twitter: @pbrawr

Captains: Marisa Mead, Daniel Naruo



The Polar Bears are a mixed ultimate team hailing from the California Bay Area. We started as a Lei Out team in 2010 and had so much fun, we decided not to stop! We won the National Championship in our first year and have finished second in 2011, 2012 and 2013. We also won the U.S. Open Championships in 2012 and 2014 and the Pro Flight Finale in 2013 and 2014. We took our first international trip to Italy in 2014 for the World Ultimate Club Championships and finished second. Our young, ferocious squad has been preparing all season for the opportunity to compete in our sixth straight Nationals appearance. Rawr!

## ROSTER

1	Scott Roeder	5'9"	28
2	Lexi Hasan	5'8"	20
3	Eric Shaw	6'0"	23
5	Robert Gormley	5'7"	28
6	Jen Hsueh	5'8"	29
7	Megan Pera	5'6"	23
9	Greg Marliave	6'1"	31
11	Clay Miller	5'10"	28
12	Ziyue Chen	5'7"	21
14	Kate Schlag	5'6"	26
17	Sawyer Thompson	6'3"	21
18	Eric Greenwood	5'6"	30
20	Sam Adamson	5'10"	27
21	Dulcy Docken	5'7"	31
22	Marisa Mead	5'6"	27
24	Alexander Max	5'11"	21
25	Daniel Naruo	5'9"	30
27	Morgan Paulson	5'5"	25
29	Logan Greenwood	6'2"	25
30	An-chi Tsou	5'3"	33
31	Ethan Falat	5'11"	24
36	Sara Nolan	5'7"	23
40	Linh Hoang	5'0"	28
41	Lauchlan Robertson	5'10"	24



## SLOW WHITE

### BOSTON, MA

Twitter: @SlowWhite\_

Captains: Alex Trahey, Kirsten Lundquist

Coaches: Marshall Goff, Rosalyn Año, Corey Flynn



Slow White, always the innovator, never the imitator is bringing you the world's first interactive team bio. Yes, you read that right, interactive. We're letting you, the fans, choose the content of our bio. So, would you prefer educational (Slow White's storied history), or inspirational (the harrowing tale of

Snack-Hawk Down)?

Retweet for Slow White History

Fav for Snack-Hawk

Or text your vote to 1-555-SLW-WHTE

Don't miss out on your chance to be a part of history.

[messaging and data rates may apply, void where prohibited]

## ROSTER

2	Cassidy Edwards	5'9"	30
3	Alison Main	5'8"	28
4	Dave Truesdale	5'11"	33
5	Shaun Doherty	5'11"	26
6	Shaun Krieger	6'0"	27
7	Davis Whitehead	6'0"	24
8	Ryan Richardson	5'10"	30
9	Jeff Smith	5'10"	30
10	Michael Miller	5'8"	33
11	Evan Patisteas	6'1"	32
12	Chris Waite	6'0"	30
13	Dan Patisteas	6'1"	32
14	Hannah Baranes	5'6"	25
16	Erin Rea	5'10"	22
17	Kirsten Lundquist	5'5"	26
18	Caitlin O'Connell	5'10"	24
20	India Stubbs	5'8"	22
21	Steve Sullivan	5'10"	32
24	Andy Schachter	5'10"	27
25	Alex Trahey	6'4"	27
27	Knute Svenson	6'1"	27
28	Liz Mackey	5'4"	28
42	Mary Glickman	5'6"	31
55	Todd Herman	6'4"	28
69	Adrienne Altobelli	5'7"	31
71	Julie Sussman	5'3"	34
89	Annie Fisher	5'6"	25

# MIXED TEAMS

## UPA

### CHICAGO, IL

Twitter: @The\_UPA

Captain: John Kolb



## ROSTER

0	Laura Moore	5'10"	29
1	Tim Halt	5'10"	37
2	Mike Shiel	5'10"	35
3	Mike Egan	6'2"	31
4	Alex Drlica-Wagner	6'1"	29
5	Lizzy Shiel	5'4"	31
6	Bill Finn	6'3"	33
7	Raj Prasad	5'8"	31
8	Christine Huffer	5'3"	31
9	Rory Gallagher	5'10"	32
10	Jessica Schulz	5'3"	35
11	Geoff Serednesky	6'3"	31
12	Andy DeLorenzo	5'9"	38
13	Dane Olsen	5'10"	32
14	Akira Yamaguchi	5'9"	38
16	Jackie Herr	5'3"	30
17	Natalie Wu	5'2"	30
18	Richard Berger	6'1"	52
20	Katie Olsen	5'8"	33
21	John Kolb	6'6"	31
23	Lindsey Hack	5'8"	34
28	Hensley Sejour	5'8"	36
29	Brian Schulz	5'10"	39
43	Kelly Bolt	5'5"	31
45	Gary LeDonne	5'10"	41
88	Valentina Shiel	5'5"	39

SPECTATOR INFO



## WILD CARD

### BOSTON, MA

Website: wildcardultimate.com

Twitter: @WildCardult

Captains: Lee-Or Ankori-Karlinsky, Kara Hammer, Lauren Nelson

Coaches: Michael MacKenzie, Jacqueline Bourgeois, Denis Agniel



Born in 2012 from the idea that diverse talent with focused, hard work can achieve great things, Wild Card returns to Nationals for a fourth straight year. After making two consecutive semifinals appearances and winning the Team Spirit Award in 2013, Wild Card looks forward to testing its mettle against the top teams in the country in Frisco again this year. A young, determined team, Wild Card looks to continue building its season one point at a time, always supporting each other by creating a positive atmosphere while honoring its opponent and the spirit of competition on the field. Keep rising!

## ROSTER

1	Lauren Nelson	5'5"	28
3	Ian Engler	6'1"	24
4	William Dean	6'2"	23
5	Lee-Or Ankori-Karlinsky	5'11"	25
7	Aly Heath	5'11"	28
8	Laura McFeely	5'7"	23
9	Andrew Pillsbury	6'3"	22
11	Lloyd Olson	6'0"	26
12	Dan Harris	6'1"	23
14	Emily Eisner	5'8"	23
15	Sam Dinning	6'2"	28
16	Vincenzo Vitiello	5'10"	24
20	Steph Wong	5'5"	28
22	Alina Li	5'4"	21
23	Katie Meehan	5'3"	24
27	Peter Schmidt	5'11"	29
32	Karl Staber	5'11"	24
33	Scott Gatto	5'9"	27
35	Cody McInnis	5'11"	24
37	Matthew Heath	6'2"	27
38	Adrian Banerji	5'11"	25
40	Alex Hem	6'3"	21
42	Eva Petzinger	5'10"	22
44	Kara Hammer	5'10"	25
47	Abby Clement	5'9"	25
73	Katharine Sullivan	5'6"	26
88	Hailey Alm	5'9"	24

# WOMEN'S TEAMS

## BENT

### NEW YORK, NY

Website: bentultimate.weebly.com

Twitter: @BentUltimateNYC

Captains: Cara Brown, Megan Randall, Rebekah

Souder-Russo

Coach: Brian Lo



In 2009, a group of women from local and regional club women's backgrounds came together to make BENT. Since that time, BENT has become a mix of cities, states, countries (yay, Ireland) and personalities that have exemplified what is truly the heart of NYC – everyone together...from anywhere...all the time. New York, get BENT!

## ROSTER

1	Alexi Zalk	5'8"	25
2	Brittany Kaplan	5'2"	28
3	Judy Jarvis	5'10"	30
5	Katherine Cole	5'6"	26
6	Michelle Rybak	5'5"	23
7	Rebecca Gibson	5'5"	22
8	Miranda Moore	5'9"	25
9	Jennie Lummis	5'4"	23
11	Holly Fisher	5'4"	30
12	Rebekah Souder-Russo	5'7"	27
17	Eliza Pugh	5'9"	21
19	Megan Randall	5'4"	30
20	Martha Gregory	5'8"	27
21	Cara Brown	5'1"	36
22	Anna Membrino	5'2"	26
23	Brittany Smith	5'9"	30
27	Akina Younge	5'3"	25
28	Tiffani Teng	5'5"	20
31	Lauren Doyle	5'8"	26
32	Allison Kahn	5'3"	23
41	Katie Talay	5'9"	23
47	Anne Silver	5'6"	27
77	Aideen Costello	5'4"	24
82	Sophie Hulbert	5'9"	20
88	Nastasia Tangherlini	5'4"	24



## BRUTE SQUAD

### BOSTON, MA

Website: brutesquadultimate.com

Twitter: @100percentbs

Captains: Becky Malinowski, Emily Baecher, Paula Seville

Coaches: Ariel Jackson, Mike Zalisk



Since its formation in 2002, Brute Squad has become the top women's team in the Boston area. Brute has qualified for Nationals in every season, with two appearances in quarterfinals, four in semis and one in finals.

Following a top-four finish in 2014, Brute Squad looks to improve on last year's successes by adding more offensive chemistry to match our commitment to defensive pressure. We also look to improve on our tournament lodgings, from motels and hotels to lake houses, always with a steadfast commitment to the most important meal of the day.

Brute 2015 is excited to represent Boston at the National Championships.

## ROSTER

1	Sophia Herscu	5'3"	26
2	Courtney Kiesow	5'8"	29
3	Courtney Verhaalen	5'6"	27
4	Lien Hoffmann	5'6"	24
5	Magon Liu	5'4"	24
6	Claudia Tajima	5'6"	24
7	Kami Groom	5'5"	24
9	Becca Ludford	5'6"	25
10	Amber Sinicrope	5'4"	26
11	Christie Kim	5'4"	28
12	Dory Ziperstein	5'7"	27
13	Becky Malinowski	5'10"	26
14	Paula Seville	5'9"	25
17	Angela Zhu	5'5"	19
18	Leila Tunnell	5'9"	26
20	Sarah Cook	5'3"	35
21	Chelsea Murphy	5'3"	26
22	Vicky Negus	5'8"	25
23	Emily Baecher	5'7"	28
24	Rachael Westgate	5'5"	25
25	Shira Klane	5'4"	27
26	Elana Schwam	5'4"	28
28	Shellie Cohen	5'9"	22
33	Laura Bitterman	5'2"	27
39	Sydney Dobkin	5'5"	24
44	Flannery McArdle	5'11"	24
71	Cassie Wong	5'3"	27

# WOMEN'S TEAMS

## CAPITALS

### TORONTO, ON

Twitter: @capsultimate

Captains: Sarah Bobak, Darcy Drummond, Sarah Kidd, Kaylee Sparks



Capitals was formed in 2005, uniting elite players from across Ontario to compete in the USA Ultimate series. Since then, the team has played across Canada and the U.S. with the objective of representing Canada at

WUGC. The Capitals captured that honour in 2012, playing at WUGC in Japan, where they finished third and won the Spirit of the Game Award. Currently the Capitals are looking to rebuild the team through competing in the TCT to be a contender in the next qualifying cycle (2019).

### ROSTER

2	Alisha Zhao	5'5"	26
4	Sarah Kidd	5'5"	29
7	Jeannette Quach	5'4"	26
8	Alexa Kovacs	5'8"	27
12	Darcy Drummond	5'7"	35
13	Melissa Dunbar	5'2"	27
14	Miriam Tingle	5'5"	21
15	Jessie Wu	5'6"	30
16	Jessica Chen	5'1"	24
18	Latitia Soke-Seaman	5'6"	26
19	Kaylee Sparks	5'1"	23
21	Joey Cheung	5'0"	21
22	Sarah Bobak	5'8"	27
23	Marie-Christine Jacques	5'4"	27
24	Samantha Morris	5'10"	28
26	Paula Lester	5'8"	27
66	Laura Hatch	5'6"	22
89	Samantha Lovat	5'5"	25
90	Jordan Meron	5'6"	25

SPECTATOR INFO



## FURY

### SAN FRANCISCO, CA

Website: furyultimate.com

Twitter: @furyultimate

Captains: Carolyn Finney, Maggie Ruden, Alex Snyder

Coaches: Kevin Cissna, Sam Salvia



Fury is an elite women's ultimate team based in the San Francisco Bay Area, although a few players commute from afar. Since its inception in 1997, Fury has earned a reputation for excellence on the ultimate field by melding athleticism, experience, dedication and teamwork. That combination has helped Fury earn nine National Championships (1999, 2003, 2006, 2007, 2008, 2009, 2010, 2011, 2012), two runner-up finishes (2013, 2014), and the right to represent the USA at eight World Championships (2000, 2002, 2004, 2008, 2010, 2011, 2012, 2014), winning gold in 2008 and 2010 and silver in 2012 and 2014. Over the years, Fury has been comprised of a diverse group of women, but everyone has shared a common goal: to excel at the sport we love, together.

### ROSTER

4	Alex Snyder	5'8"	32
5	Kaela Jorgenson	5'8"	26
7	Stephanie Lim	5'4"	22
8	Nancy Sun	5'6"	31
9	Marika Austin	5'7"	26
10	Genevieve Laroche	5'8"	35
11	Carolyn Finney	5'3"	26
12	Diana Charrier	5'8"	23
13	Cree Howard	5'8"	26
15	Alden Fletcher	5'8"	30
16	Michela Meister	5'9"	21
20	Andrea Romano	5'9"	29
21	Meeri Chang	5'2"	23
22	Sarah Carnahan	5'8"	31
23	Sabrina Fong	5'6"	25
26	Lisa Pitcaithley	5'9"	23
27	Ness Fajardo	5'6"	29
28	Lisa Couper	5'8"	23
30	Hannah Kreilkamp	5'7"	28
33	Anna Nazarov	5'3"	29
37	Elisabeth Duffy	5'6"	40
42	Darragh Clancy	5'7"	29
44	Maggie Ruden	5'6"	25
51	Claire Desmond	5'8"	25
66	Lakshmi Narayan	5'7"	31
71	Manisha Daryani	5'4"	32

# WOMEN'S TEAMS

## HEIST

### MADISON, WI

Website: [heistultimate.wordpress.com](http://heistultimate.wordpress.com)

Twitter: @heistultimate

Captains: Robyn Wiseman, Rose Glinka



Heist was formed in 2012 to provide women in the Midwest a greater opportunity to compete in the women's division. At that time, the only options were in major cities: Minneapolis, Minn., and Chicago, Ill. Robyn Wiseman (Fennig), Corinne McKittrick (Wade) and Georgia Bosscher dreamt of providing an opportunity for women who aren't located in those bigger cities to compete against other top-tier women, while building community in the Midwest: Heist was born. Interest in and support for Heist grows every year as we increase our competitiveness, commitment to growth and investment in ourselves and the team. We balance traveling to national-caliber elite tournaments with competing in regional tournaments to build women's ultimate in the Midwest. Cheese and rice! Let's go Heist!

## ROSTER

2	Rachael Romaniak	5'5"	21
3	Liza Minor	5'6"	24
4	Robyn Wiseman	5'6"	28
5	Rose Glinka	5'2"	27
6	Claire Jencks	5'10"	26
8	Adrienne Wells	5'6"	23
9	Haley Hudson	5'5"	23
10	Alison Vandegrift	5'9"	25
11	Eva Popp	5'5"	23
12	Jasmine Draper	5'3"	28
13	Brittney Kokinos	5'3"	18
14	Anna Hrovat-Staedter	5'6"	21
17	Kelly Wiese	5'7"	25
19	Kayla Emrick	5'3"	24
20	Lauren Perucco	5'5"	23
22	Arthi Padmanabhan	5'7"	32
23	Anna Williams	5'6"	28
25	Joann Wong	5'3"	26
31	Mary VanDuynes	5'4"	24
33	Emily Lander	5'9"	21
40	Amelia Cuarenta	5'6"	24
42	Liz Gronert	5'7"	21
44	Hannah Frank	5'9"	22
45	Becky LeDonne	5'7"	38
49	Jen Nowak	5'8"	24
77	Laurel Schmidt	5'5"	26
87	Emily Langland	5'2"	26



## IRIS

### MONTREAL, QC

Website: [facebook.com/irisultimate](http://facebook.com/irisultimate)

Twitter: @iris\_ultimate

Captain: Hélène Skrotzky-Boisvert

Coach: Mathieu Bordeleau



The blue flag iris is a species native to North America. In 1999, the iris was chosen as the floral emblem of Quebec to replace the white lily, which is not inherent to the province.

Iris is the first Quebec senior women's team officially supported by the Quebec provincial team to have been created. Supported by several top female players across the province, Audrey St-Arnaud (Nova, Qub, Onyx, Team Canada) and Marianne Pilon (Qub) were the instigators of the project that was formalized during the annual meeting of the Federation in autumn 2015.

In its first season, Iris has already carved itself a place among the best North American teams displaying strong performances at the Boston Invite (second) and at the Elite-Select Challenge (third). Iris also finished with the silver medal at the Canadian Ultimate Championships last August.

Having the chance to compete at the USA Ultimate National Championships is the icing on the cake for our first-year team. Merci!

## ROSTER

1	Julie Daviau	5'9"	32
2	Audrée Jeanne Beaudoin	5'5"	26
4	Marie Genest	5'3"	20
5	Isabelle Lemay	5'7"	32
6	Marie-Hélène Audet	5'3"	34
7	Frédérique Desbiens-Blais	5'6"	30
8	Sandra Williams	5'4"	27
9	Émilie St-Pierre	5'6"	27
10	Suzanne Wavroch	5'10"	36
11	Camille Barnes	5'4"	21
14	Kimberly Morin-Coulombe	5'6"	24
16	Marie-Eve Beauchemin	5'4"	26
17	Sabrina Beaudette	5'6"	30
19	Janique Arsenault	5'7"	32
22	Audrey St-Arnaud	5'5"	27
25	Anouchka Beaudry	5'8"	17
26	Julie Landry	5'5"	33
27	Mélissa Poulin-Cadovius	5'3"	29
29	Marie-Pier Bisson-Côté	5'7"	30
33	Hélène Skrotzky-Boisvert	5'5"	33
41	Sophie Dagenais	5'9"	23
72	Isabelle Morneau Grenier	5'6"	25

# WOMEN'S TEAMS

## MOLLY BROWN

### DENVER, CO

Website: [mollybrownultimate.com](http://mollybrownultimate.com)

Twitter: @MollyBrownTown

Captains: Claire Chastain, Maggie Chen,  
Carolyn Matthews

Coach: Mike Whitaker



DEN × CO

"Sit down Molly Brown, sit down Molly Brown" were the chants at last year's Nationals as Molly Brown helped exuberantly cheer on their brother team Johnny Bravo to a national title. This year, the team is hoping to capture its first championship after a strong regular season showing with three big tournament wins. Hopefully Frisco has Sunday-night

Karaoke!

### ROSTER

2	Samantha Peletier	5'7"	24
3	Maggie Chen	5'6"	27
6	Ashley Daly Morgan	5'7"	31
7	Paige Applegate	5'7"	24
8	Lisa Doan	5'4"	30
9	Octavia Payne	5'5"	26
10	Lindsey Cross	5'8"	27
11	Dena Slattery	5'5"	30
12	Claire Henley	5'7"	25
14	Katie Patterson		29
15	Dorothe Franklin	5'9"	22
16	Megan Cousins	5'7"	23
17	Anna Schott	5'7"	31
18	Crystal Davis	5'6"	32
19	Christina Mickle	5'8"	24
21	Kristina Snodgrass	5'10"	28
23	Lauren Boyle	5'6"	29
24	Carolyn Matthews	5'2"	32
25	Kirstin Johnson	5'4"	21
27	Tania Reitz	5'6"	28
28	Sally Lambert	5'10"	30
33	Jana Krutsinger	5'7"	42
42	Lisi Lohre	5'7"	23
47	Rebecca Miller	5'4"	24
49	Alicia White	5'7"	33
52	Claire Chastain	5'5"	25
55	Sara Taggart	5'9"	24

SPECTATOR INFO



## NEMESIS

### CHICAGO, IL

Website: [chicagonemesis.com](http://chicagonemesis.com)

Twitter: @ChicagoNemesis

Captains: Emily Hadel, Sara Miller

Coach: Megan Tormey

*nemesis*

• Nemesis comes from the Greek word, "ne-mein," which means "to give what is due" or literally, "retribution." A "nemesis" is an inescapable agent of someone's or something's downfall.

- Nemesis, also called Rhamousia, is the Greek Goddess of Revenge, serving divine retribution to those who dare present arrogance before the gods.
- Nemesis is a hypothetical star, originally postulated in 1984 to be orbiting the sun at a distance of 1.5 light-years. Apparently, this hypothetical red or brown dwarf helps explain the geological record of a perceived cycle of mass extinctions.
- Founded in the 1980s, Nemesis is also Chicago's elite women's ultimate team. Nemesis placed sixth in 2012, fifth in 2013 and 13th in 2014. With a young and new squad, Nemesis 2015 is hungry for Frisco and all-in to represent Chicago!

Sources: Google & Wikipedia

### ROSTER

1	Allie Fish	5'6"	24
2	Alexandra Hu	5'7"	21
4	Samantha Cain	5'5"	27
5	Katie Reynolds	5'5"	24
6	Risa Umeno	5'3"	25
7	Servia Rindfleish	5'3"	29
8	Christina Sur	5'4"	22
9	Kristol Das	5'4"	28
10	Rachel Enyeart	5'5"	21
11	Anne Hemmelgarn	5'7"	24
13	Jessica Sipperley	5'5"	29
15	Kimberly Streff	5'8"	27
16	Jacqueline Lai	5'5"	24
20	Alexandra Chudler	5'2"	23
21	Amanda Dobbyn	5'4"	22
23	Emily Hadel	5'4"	28
27	Angelina Kim	5'2"	24
31	Abby Shure	5'5"	24
32	Carol Li	5'6"	23
72	Jacqueline Jarik	5'6"	23
77	Sara Miller	5'7"	26
94	Emilie Willingham	5'9"	21
99	Kathleen Dyer	5'8"	26

# WOMEN'S TEAMS

## NIGHTLOCK

### SAN FRANCISCO, CA

Website: [nightlockult.com](http://nightlockult.com)

Twitter: @nightlockult

Captains: Katie Barry, Iris Leung, Abby VanMuijen

Coaches: Jit Bhattacharya, Peri Kurshan



Now in our fourth season, Nightlock is a women's team out of the Bay Area, Calif., that focuses on our core values of Growth, Respect, Intensity and Team (GRIT) – we play with heart, discipline and joy and challenge each other to be our best. We love long walks on the beach, sweaty sprints up hills, obscure Hunger Games references and high fives. We'll see you on the field, and may the odds be ever in your favor!

### ROSTER

0	Mallory Meiser	5'5"	26
2	Marisa Rafter	5'8"	22
3	Loryn Kanemaru	5'5"	27
6	Monisha White	5'7"	20
7	Claire Sharman	5'8"	27
8	Rachel Habbert	5'4"	28
9	Alexandra Stambaugh	5'5"	23
10	Malina Wiebe	5'4"	25
11	Iris Leung	5'2"	27
12	Heather Waugh	5'3"	29
13	Marie Laurenza	5'7"	30
14	Emmy Kolanz	5'5"	23
15	Kathryn Barry	5'6"	29
16	Jennifer Founds	5'7"	27
17	Abby Edwards		
	VanMuijen	5'7"	25
18	Shannon Bubb	5'2"	26
19	Adrienne Lemberger	5'7"	25
20	Briana Cahn	5'7"	26
23	Sally Mimms	5'8"	35
24	Natasha Won	5'3"	24
25	Audrey Wei	5'4"	26
26	Teresa Feng	5'4"	26
27	Kira Lou	5'6"	23
33	Carol Chen	5'2"	36
77	Emily Prader	5'5"	25
88	Alina Kagan	5'5"	26



## OZONE

### ATLANTA, GA

Website: [ozoneultimate.com](http://ozoneultimate.com)

Twitter: @ozoneultimate

Captains: Angela Lin, Emily Lloyd

Coach: Chris Goodson



According to a recent data aggregation by Joe Seidler based on a Nationals finish point system he developed to measure the all-time best men's and women's club teams, Ozone placed fifth overall on the women's side with 13 quarterfinals (or equivalent), eight semifinals and two finals appearances at UPA/USAU National Championships. This represents the most finishes at Nationals at quarters or above for any team from either division. Ozone has also attended seven World Ultimate Club Championships (1991 Toronto, Canada; 1993 Madison, Wis.; 1995 Millfield, England (finalist); 1997 Vancouver, Canada; 1999 St. Andrews, Scotland; 2002 Honolulu, Hawaii (finalist); 2006 Perth, Australia (fourth)).

### ROSTER

1	Celine Sledge	5'6"	28
2	Emily Lloyd	5'7"	23
3	Paige Carver	5'0"	23
4	Alison Stargel	5'7"	29
5	Kate Wilson	5'3"	31
7	Lane Siedor	5'10"	23
8	Marissa Hicks	5'10"	25
9	Phebe Kemmer	5'7"	28
10	Sophie Darch	5'5"	23
11	Lina Pearson	5'7"	22
14	Allison Snow	5'3"	27
16	Leah Tsinajinnie	5'3"	24
17	Anna Hammond	5'7"	32
18	Hannah Leathers	5'6"	23
21	Jin-Mi Matsunaga	5'3"	21
24	Katherine Wooten	5'11"	33
25	Kate Hines	5'5"	22
26	Cate Woodhurst	5'1"	22
27	Meg Harris	5'6"	25
31	Sam Stovall	5'7"	29
32	Haley Reese	5'9"	27
35	Christina Effertz	5'10"	26
44	Mira Walker	5'6"	28
71	Angela Lin	5'6"	37

# WOMEN'S TEAMS

## PHOENIX

### RALEIGH, NC

Website: [phxultimate.wordpress.com](http://phxultimate.wordpress.com)

Twitter: @PhxUltimate

Captains: Jessi Jones, Michelle Ng



According to mythology, the phoenix is a legendary bird that consumed itself by fire and rose alive from the ashes of its predecessor to live another era. In our short history, we have taken the cyclical lifespan of the phoenix a little too literally by burning and rising from our own ashes each season. After our siesta away from Frisco last year, we are excited to be back. This phoenix is on the rise.

### ROSTER

1	Lindsay Soo	5'8"	20
2	Brooke Stanislowski	5'6"	25
4	Chloe Greene	5'9"	22
5	Jessi Jones	5'7"	24
6	Jenny Wei	5'7"	20
7	Elizabeth Longmire	5'10"	25
8	Megan Tarasi	5'3"	27
9	Jinny Eun	5'4"	35
10	Michelle Ng	5'3"	31
12	Erin Weeks	5'7"	28
13	Jenna Dahl	5'3"	25
14	Cassie Swafford	5'10"	24
19	Rachel Johnson	5'7"	26
20	Shannon Matzinger	5'6"	33
21	Kyra Catabay	5'2"	25
22	Heather Zimmerman	5'1"	26
23	Meg Duffy	5'4"	23
24	Mariel Hammond	5'4"	24
25	Judy Winglee	5'2"	29
26	Johannah Sanchez-Adams	5'1"	31
44	Katy Harris	5'6"	36
61	Devon Ericksen	5'7"	25
88	Christine Bookhout	5'6"	30

SPECTATOR INFO



## RIOT

### SEATTLE, WA

Website: [seattleriot.org](http://seattleriot.org)

Twitter: @SeattleRiot

Captains: Alyssa Weatherford, Kate Kingery, Hana Kawai

Coach: Andy Lovseth



Seattle Riot was formed in 2000 and won their first and second National Championship in 2004 and 2005. In 2002 and 2014, they won the WFDF World Ultimate Club Championships. Channeling the mayhem of our namesake, the 1999 WTO riots in Seattle, we intend to wreak havoc on our opponents all while staying true to our team core values: Excellence, Trust, Love.

### ROSTER

0	Paige Soper	5'4"	23
1	Kelly Johnson	5'5"	28
2	Elle Burstein	5'5"	26
3	Gwen Ambler	5'10"	33
4	Rohre Titcomb	5'5"	27
5	Kate Kingery	5'6"	36
6	Sarah Griffith	5'5"	29
7	Calise Cardenas	5'4"	28
8	Rachel Bradshaw	5'7"	28
9	Qxhna Titcomb	5'7"	21
10	Shira Stern	5'5"	23
11	Shannon O'Malley	5'5"	28
14	Hana Kawai	5'8"	27
15	Bailey Zahniser	5'4"	24
17	Dominique Fontenette	5'6"	40
19	Fiona McKibben	5'5"	26
20	Charlie Eide	5'7"	27
21	Molly McKeon	5'5"	28
22	Jaclyn Verzuh	5'10"	18
23	Lauren Sadler	5'2"	24
24	Sarah Davis	5'5"	23
25	Alyssa Weatherford	5'5"	28
27	Julia Snyder	5'5"	22
34	Geli Boyden	5'8"	25
55	Nora Carr	5'8"	29
77	Jillian Goodreau	5'11"	26
81	Charlie Mercer	5'8"	27

# WOMEN'S TEAMS

## SCANDAL

### WASHINGTON, DC

Website: [scandalultimate.com](http://scandalultimate.com)  
 Twitter: @ScandalUltimate  
 Captains: Shino Yoshen, Sandy Jorgensen  
 Coach: Alex Ghesquiere



Began in 2007, Scandal is the elite women's ultimate club team that draws from the Washington, D.C. metropolitan area. In 2013, its fifth Nationals appearance, Scandal captured its first USA Ultimate Club Championship title. In 2014, Scandal went on to repeat as National Champions, and placed 3rd at the World Ultimate Club Championships in Lecco, Italy.

the World Ultimate Club Championships in Lecco, Italy.

## ROSTER

3	Amy Wickner	5'9"	31
4	Sarah Itoh	5'6"	29
5	Allison Maddux	5'2"	30
7	Kimberly Beach	5'5"	42
8	Kristin Franke	5'2"	30
9	Jessie O'Connor	5'6"	23
10	Jenny Fey	5'8"	30
11	Caitlin Redding	5'7"	31
12	Jessica Mast	5'3"	22
13	Kath Ratcliff	5'8"	34
14	Nada Tramonte	5'4"	22
17	Shino Yoshen	5'8"	26
19	Claire Reintgen	5'7"	29
20	Alika Johnston	5'3"	21
24	Kate Stambaugh	5'8"	28
25	Anne Price	5'6"	27
27	Kirstin Gruver	5'5"	26
37	Sandy Jorgensen	5'9"	29
50	Hannah Boone	5'10"	24
55	Molly Roy	5'3"	28
88	Kelly Hyland	5'4"	27



## SCHWA

### PORTLAND, OR

Website: [facebook.com/schwaultimate](http://facebook.com/schwaultimate)  
 Twitter: @SchwaUltimate  
 Captains: Kathryn Weatherhead, Sarah Read-Brown, Alex Ode



This is Schwa's 20th season! After forming in 1995, Schwa went to Nationals in nine of its first 10 seasons and played for the championship in three of those appearances, helping establish the Northwest as the most formidable region in the women's division. Not only have the dedication of our players

helped us grow into the team we are today, but also the tenacity and skills of all of our Northwest neighbors. We are proud to represent the names Schwa, Oregon and the Pacific Northwest.

## ROSTER

00	Kathryn Weatherhead	5'4"	26
2	Trish Thoms	5'5"	33
3	Olivia Bartruff	5'2"	21
4	Natalie Green	5'2"	25
5	Margaret Wilson-Moses	5'9"	26
6	Alex Ode	5'7"	21
7	Beckie Zipp	5'8"	28
8	Anna Hare	5'5"	32
9	Emelie McKain	4'11"	26
10	Kimber Coles	5'3"	25
11	Emily Flanders	5'7"	27
12	Jesse Hofner	5'1"	21
13	Kelly Hansen	5'11"	29
14	Jenny Tibbals	5'8"	28
15	Sarah Read-Brown	5'4"	26
16	Jenica Villamor	5'7"	27
17	Delia Chiu	5'3"	36
18	Julia Sherwood	5'5"	27
19	Julia Bladin	5'6"	22
20	Molly Munson	5'4"	24
24	Bethany Kaylor	5'7"	22
25	Lauren Truxillo	5'2"	29
27	Hayley WahIroos	5'6"	20
29	Alice White-Cyr	5'4"	32
33	Cate Roscoe	5'5"	35
47	Amanda Kostic	5'9"	23
77	Sara Stratton	5'5"	23

# WOMEN'S TEAMS

## SHOWDOWN

### AUSTIN, TX

Website: [showdownultimate.wordpress.com](http://showdownultimate.wordpress.com)

Twitter: @txshowdown

Captains: Edith Teng, Julie Eagle Malecek, Janel Venzant

Coaches: Adam Goff, Sean McCall



After years of disputing over territory, the most fearsome bandits of Texas united in 2006 and decided to fight for the greater good. Texas Showdown represents all of the finest sheriffs from Houston to El Paso, Dallas to San Antonio. We often drive our cattle to the capital of our Republic, Austin. In

2012 and 2013, Showdown broke through to semis at Nationals. In 2014, Showdown made semis of WUCC.

## ROSTER

2	Elise Ruffin	5'9"	26
3	Jennifer Schmerling	5'5"	27
4	Sharon Tsao	5'5"	23
8	Laura Landis	5'5"	20
9	Julie Eagle Malecek	5'9"	24
10	Tiffany Schumacher	5'8"	23
11	Katharine Forth	5'5"	39
13	Angela Lee	5'6"	25
14	Edith Teng	5'5"	25
15	Austine Lin	5'5"	25
17	Marissa Land	5'3"	20
20	Michelle Landis	5'7"	22
28	Annie Ortiz	5'6"	21
29	Michelle Arceneaux	5'9"	26
30	Kayla Ramirez	5'1"	24
32	Rebecca Forth	5'6"	39
33	Erin Schran	5'3"	31
34	Madison Tomasek	5'4"	21
64	Lukiih Cuan	5'4"	25
77	Keya Davani	5'3"	23
93	Anna Meyers	5'8"	22
99	Janel Venzant	5'6"	25

SPECTATOR INFO



## TRAFFIC

### VANCOUVER, BC

Website: [traffic-ultimate.com](http://traffic-ultimate.com)

Twitter: @traffic\_ulti

Captains: Catherine Hui, Laura Mason, Rachel Moens

Coach: Jeff Cruickshank



Traffic is a women's ultimate team from Vancouver, B.C. In 2007, Prime and Rough Riders merged into one, and Traffic was born. Since then, they have represented Canada at Worlds in 2008 and competed in seven USA Ultimate Championships. This year, Traffic is looking fresher than ever. Adding

even more speed and new talent, look out for our newest teammates Danie Proby, Katie Hikida and Reanne Bowlby, backed by our seasoned veterans Terri Whitehead, Sanya Pleshakov and Candice Chan. Traffic is fast, dynamic and ready to play.

## ROSTER

0	Terri Whitehead	5'6"	32
2	Reanne Bowlby	5'8"	30
4	Katie Berezan	5'6"	27
5	Ashlee Davison	5'9"	32
6	Katie Hikida	5'3"	24
7	Allie Short	5'11"	25
8	Elizabeth Hand	5'7"	28
9	Jessica Rockliff	5'6"	29
10	Devra Waldman	5'2"	26
15	Kathryn Pohran	5'7"	27
16	Jessie Bell	5'7"	24
17	Candice Chan	5'1"	34
18	Kira Frew	5'2"	29
24	Yayuk Joffres	5'8"	26
25	Ellen Schelew	5'7"	28
27	Sanya Pleshakov	5'11"	37
32	Danie Proby	5'8"	27
33	Laura Mason	5'8"	29
35	Kate Scarth	5'7"	21
42	Rachel Moens	5'6"	26
44	Erin Bussin	5'2"	23
77	Jennifer Kwok	5'6"	39
88	Kate Werry	5'8"	37
89	Carolyn Churchland	5'8"	30
90	Catherine Hui	5'5"	25
92	Laurel Jay	5'2"	23

# MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

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photo by Billy D Photography



# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition
  - Modifications: 20-yard end zones; “contact” marking violation call
- All games to 15, point-cap at 17.
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time cap: Goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.

---

## USA ULTIMATE TRIPLE CROWN TOUR

The USA Ultimate Triple Crown Tour is a competition structure, introduced in 2013, for the USA Ultimate club season, including the summer regular season and the fall Championship Series for the men’s, mixed and women’s divisions. Teams in this structure qualify into one of four “Flights” based on their finish in the previous year’s Championship Series. Qualification for the 2015 National Championships means all teams at Nationals have earned their way into one of the two top Flights (Pro or Elite) for 2016. At the 2015 National Championships, the top 8 finishers will earn spots in the 2016 Pro Flight. Pro Flight teams will also earn a bid to the 2016 U.S. Open Championships and the 2016 Pro Flight Finale. The bottom eight teams at Nationals will be placed into the Elite Flight for the 2015 Triple Crown Tour and will earn bids to the 2016 Elite-Select Challenge and the 2016 Pro-Elite Challenge.

---

## PLACEMENT GAMES

### Schedule Clarifications

- 5\* through 8\* are quarterfinal losers in order of post-regionals ranking.
- 9\* through 16\* are pre-quarters losers in order of post-regionals ranking.
- Pro Flight Play-In/seventh-place bracket: Each fifth-place semifinal loser will match up against a ninth- place semifinal winner to compete for one the final two spots in the 2016 Pro Flight. Winners of these two games will qualify for the last two spots in the Pro Flight.

Detailed rules governing the playing of placement games and their impact on the 2016 season and events for all three divisions have been provided in the Competition Rules document, distributed to each team prior to the National Championships and reviewed at the Captain’s Meeting. Please check with your team captain or the Competition Director for questions or clarifications.

# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day. Directions to the local hospital can be found in prior pages of this program.

## CONCUSSIONS

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove athlete from play.
  2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
  4. Allow athlete to return to play only with permission from an appropriate health care professional.

## DOCTOR’S NOTE REQUIREMENT

- If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor’s office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor’s note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

- Prevention and treatment of heat illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – be honest! Are you fit enough to perform under current conditions?
  - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
  - Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
  - Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
  - Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
  - Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## SIDELINE SAFETY

- Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

## LIGHTNING GUIDELINES

- Event Staff will communicate with players and spectators via PA system and through scorekeepers equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.



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# USA ULTIMATE SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## GUIDELINES:

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g., spiking and rushing the field), and possible modifications to the captain's clause (e.g., prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own. If asked during a dispute, coaches may offer rules clarifications. After a dispute, a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

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# 2015 USA ULTIMATE COACHING SIDELINE ACCESS INFORMATION

During games at USA Ultimate championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

# MEN'S SCHEDULE

2015 USA Ultimate National Championships - Men's Division												
October 1 - 4, 2015												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Revolver (San Francisco, CA)					B1	Doublewide (Austin, TX)				
	A2	Machine (Chicago, IL)					B2	Rhino (Portland, OR)				
	A3	Patrol (Philadelphia, PA)					B3	Ring of Fire (Raleigh, NC)				
	A4	Madison Club (Madison, WI)					B4	Sub Zero (Minneapolis, MN)				
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	A1 v A3	9	-	A2 v A4	7	-	B1 v B3	2	-	B2 v B4	3	-
11:15-1:00	A1 v A4	9	-	A2 v A3	7	-	B1 v B4	5	-	B2 v B3	6	-
1:30-3:15							B1 v B2	5	-	B3 v B4	6	-
3:45-5:30	A1 v A2	3	-	A3 v A4	2	-						
6:00-7:45												

## Championship Bracket - All games to 15 cap 17

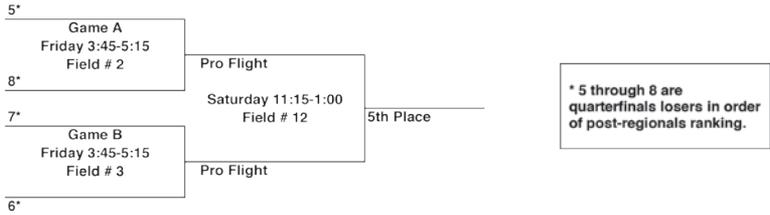


+ Field assignments subject to change based on live-streaming

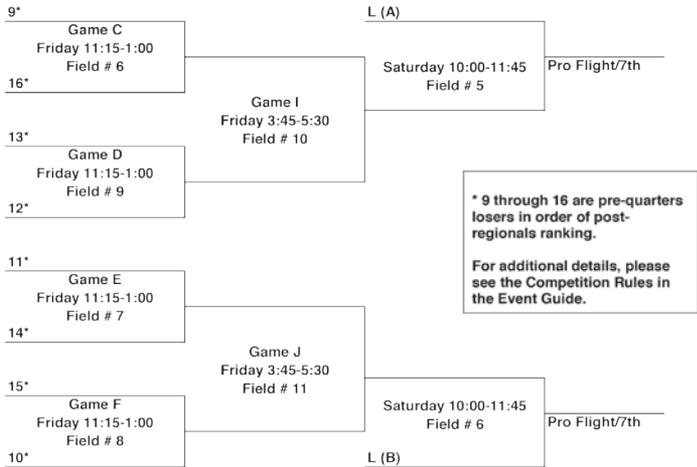


2015 USA Ultimate National Championships - Men's Division												
October 1 - 4, 2015												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Sockeye (Seattle, WA)					D1	High Five (Ann Arbor, MI)				
	C2	Truck Stop (Washington, DC)					D2	Johnny Bravo (Denver, CO)				
	C3	Florida United (Jacksonville, FL)					D3	Ironside (Boston, MA)				
	C4	GOAT (Toronto, ON)					D4	Prairie Fire (Kansas City, KS)				
Thursday		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:45	C1 v C3	4	-	C2 v C4	8	-	D1 v D3	5	-	D2 v D4	6	-
11:15-1:00	C1 v C4	4	-	C2 v C3	8	-	D1 v D4	2	-	D2 v D3	3	-
1:30-3:15	C1 v C2	3	-	C3 v C4	2	-						
3:45-5:30							D1 v D2	4	-	D3 v D4	5	-
6:00-7:45												

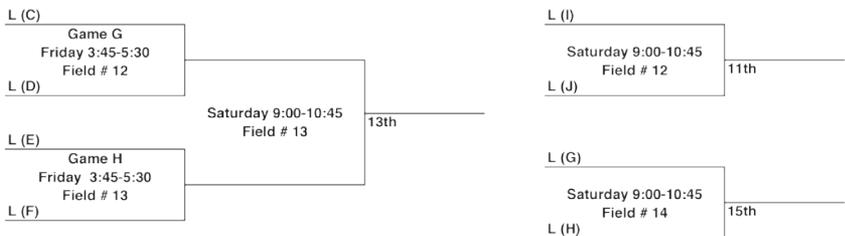
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**



**SCHEDULES & MAP**

# MIXED SCHEDULE

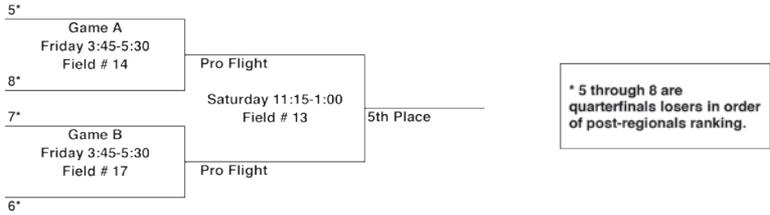
2015 USA Ultimate National Championships - Mixed Division												
October 1 - 4, 2015												
All Games to 15 Cap 17	Pool A					Pool B						
	A1	Drag'n Thrust (Minneapolis, MN)				B1	The Chad Larson Experience (Ames, IA)					
	A2	Seattle Mixtape (Seattle, WA)				B2	Bucket (Atlanta, GA)					
	A3	NOISE (Madison, WI)				B3	Metro North (New York, NY)					
	A4	7 Express (New York, NY)				B4	Ambiguous Grey (Washington, DC)					
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45												
11:15-1:00	A1 v A3	12	-	A2 v A4	15	-						
1:30-3:15							B1 v B3	12	-	B2 v B4	15	-
3:45-5:30	A1 v A4	9	-	A2 v A3	11	-	B1 v B4	12	-	B2 v B3	15	-
6:00-7:45	A1 v A2	9	-	A3 v A4	11	-	B1 v B2	12	-	B3 v B4	15	-

## Championship Bracket - All games to 15 cap 17

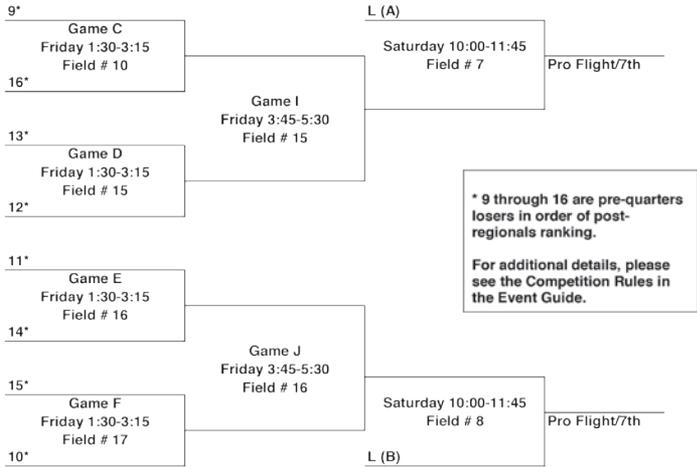


2015 USA Ultimate National Championships - Mixed Division												
October 1 - 4, 2015												
All Games to 15 Cap 17	Pool C					Pool D						
	C1	Wild Card (Boston, MA)				D1	Slow White (Boston, MA)					
	C2	Polar Bears (San Francisco, CA)				D2	Blackbird (San Francisco, CA)					
	C3	Love Tractor (Boulder, CO)				D3	AMP (Philadelphia, PA)					
C4	BirdFruit (Seattle, WA)				D4	The UPA (Chicago, IL)						
Thursday		F#	Score		F#	Score		F#	Score			
9:00-10:45												
11:15-1:00							D1 v D3	16	-	D2 v D4	17	-
1:30-3:15	C1 v C3	16	-	C2 v C4	17	-	D1 v D4	13	-	D2 v D3	14	-
3:45-5:30	C1 v C4	16	-	C2 v C3	17	-	D1 v D2	13	-	D3 v D4	14	-
6:00-7:45	C1 v C2	16	-	C3 v C4	17	-						

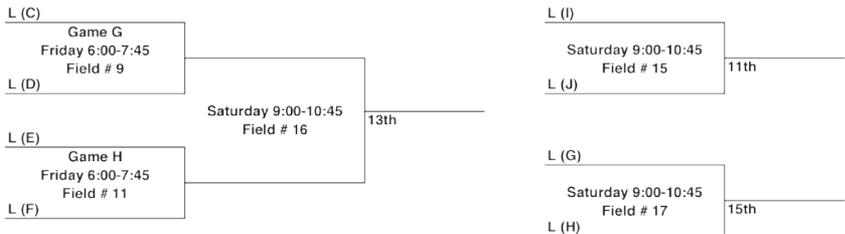
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**



# WOMEN'S SCHEDULE

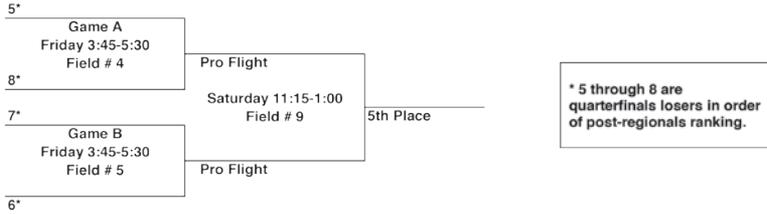
2015 USA Ultimate National Championships - Women's Division												
October 1 - 4, 2015												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Brute Squad (Boston, MA)					B1	Fury (San Francisco, CA)				
	A2	Nightlock (San Francisco, CA)					B2	Ozone (Atlanta, GA)				
	A3	Heist (Madison, WI)					B3	Bent (New York, NY)				
	A4	Capitals (Toronto, ON)					B4	Showdown (Austin, TX)				
Thursday		F#	Score		F#	Score		F#	Score	F#	Score	
9:00-10:45	A1 v A3	11	-	A2 v A4	10	-	B1 v B3	16	-	B2 v B4	15	-
11:15-1:00	A1 v A4	14	-	A2 v A3	13	-						
1:30-3:15	A1 v A2	14	-	A3 v A4	13	-	B1 v B4	7	-	B2 v B3	10	-
3:45-5:30							B1 v B2	7	-	B3 v B4	6	-
6:00-7:45												

**Championship Bracket - All games to 15 cap 17**



2015 USA Ultimate National Championships - Women's Division												
October 1 - 4, 2015												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Riot (Seattle, WA)					D1	Molly Brown (Denver, CO)				
	C2	Scandal (Washington, DC)					D2	Traffic (Vancouver, BC)				
	C3	Schwa (Portland, OR)					D3	Iris (Montreal, QC)				
	C4	Phoenix (Raleigh, NC)					D4	Nemesis (Chicago, IL)				
Thursday		F#	Score		F#	Score		F#	Score	F#	Score	
9:00-10:45	C1 v C3	14	-	C2 v C4	17	-	D1 v D3	13	-	D2 v D4	12	-
11:15-1:00							D1 v D4	11	-	D2 v D3	10	-
1:30-3:15	C1 v C4	8	-	C2 v C3	9	-	D1 v D2	4	-	D3 v D4	11	-
3:45-5:30	C1 v C2	8	-	C3 v C4	10	-						
6:00-7:45												

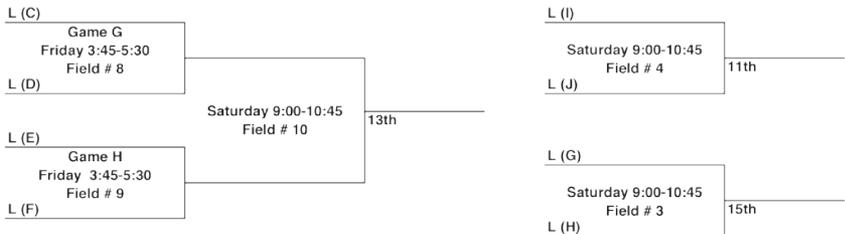
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**

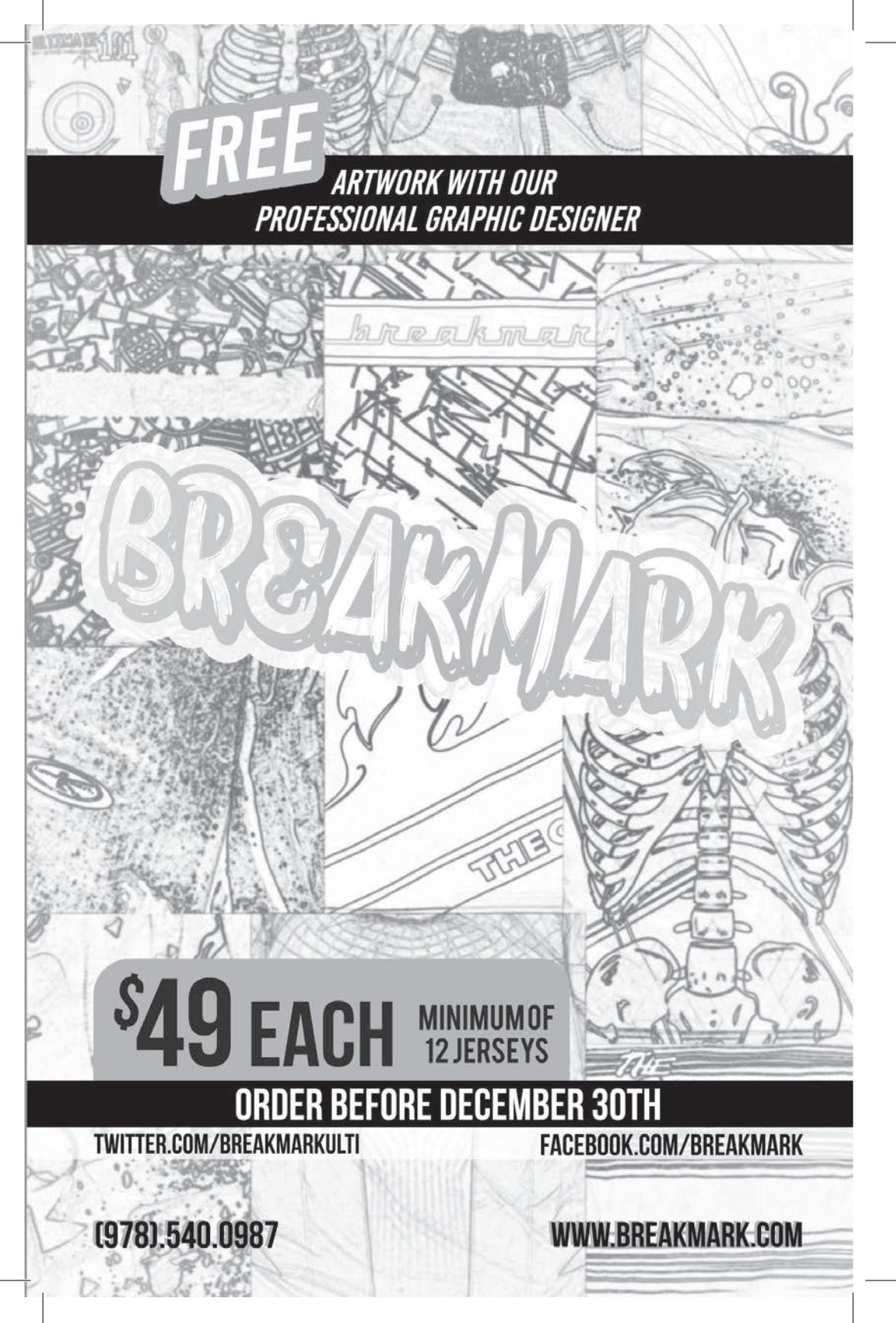


**Pro-Flight Play-in / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**





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# FIELD MAP



SCHEDULES & MAP



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