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EVENT GUIDE \$2



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# EVENT STAFF

Event staff will be wearing green “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people in navy blue to help you out:

## LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Gail Reich  
 Volunteer Coordinator – Jessica Lang  
 Hospitality Coordinator – Nick Povilitis  
 Media Coordinator – Lisa Akey  
 Head Scorekeeper – Colleen Costello  
 Assistant Scorekeeper – Jennifer Wu  
 Head Statkeeper – Cary Hammond  
 Assistance Statkeeper - Megan Lennon  
 Youth Clinics - Sam Sadlier  
 Admissions Coordinator – Allison Hill  
 Spirit of the Game Director – Robyn Wiseman  
 Spirit Score Keeper – Jennifer Song  
 Field Logistics Coordinator – Betsy Basch  
 PA Announcer – Steve Dunn

## USA ULTIMATE STAFF

Chief Executive Officer – Dr. Tom Crawford  
 Managing Director, Competition and Athlete Programs – Will Deaver  
 Manager, Competition and Athlete Programs – Ernest Toney  
 Manager, Competition and Athlete Programs – Tom Manewitz  
 Manager, Youth and Education Programs – Dan Raabe  
 Manager, Events – Byron Hicks  
 Manager, Events – David Raffo  
 Director, Member Services and Community Development – Josh Murphy  
 Manager, Event Sanctioning – Leah Dolan-Kelley  
 Manager, Membership and Sport Development – Becca Simeone

Director, Marketing and Communications – Andy Lee  
 Manager, Communications and Publications – Stacey Waldrup  
 Manager, Finance and Administration – Ethan Taylor-Pierce  
 National Men’s Director – Adam Goff  
 National Mixed Director – Remy Schor  
 National Women’s Director – Carolyn Finney

## OBSERVERS

Mitch Dengler (Head Observer), Jeff Blair, Bill Bourret, Brian Bradburn, Randall Bugg, Josh Cooper, Paderic Driscoll, Adam Ford, Mark Fritz, Janna Hamaker, Ben Godin, Geoff Horsfield, Linda Kudo, Wally Kwong, Dan Laurila, Laura Meyer, Carl Nelson, Andrew Nguyen, Shiellah Quintos, Christopher Ries, Matt Schiffman, Sam Shapiro, Jonah Shaver, Jon Thibedeau, Bradley Tinney, Evan Valdes, Chris Vanni, Abigail Viereg, Marvin Vuong, Anne-Marie Wissman, Daniel Wong, Sam Wood, Chuck Yu, Brent Zionc

## SPECIAL THANKS

Ultimate Chicago, Discraft, ESPN, Rockford Area Convention & Visitors Bureau, Five Ultimate, all regional and sectional coordinators and tournament volunteers

# FREE ULTIMATE CLINICS!



**USA Ultimate is offering free ultimate skills clinics at the 2016 National Championships!**



## Learn to Play Clinic

**Who:** Kids ages 7-13

**When:** 12:00 - 1:30 PM

**How:** Register at  
[tinyurl.com/  
LTPClub2016](http://tinyurl.com/LTPClub2016)

## Learn to Compete Clinic

**Who:** Kids ages 14-18

**When:** 12:00 - 1:30 PM

**How:** Register at  
[tinyurl.com/  
LTCompeteClub2016](http://tinyurl.com/LTCompeteClub2016)

## Girls' Ultimate Movement Clinic

**Who:** Girls ages 7-18

**When:** 2:30 - 4:00 PM

**How:** Register at  
[tinyurl.com/  
GUMClub2016](http://tinyurl.com/GUMClub2016)

**Where:** Mercy Sportscore 2  
8800 E Riverside Blvd, Loves Park, IL 61111

**When:** Saturday, October 1  
**Cost:** Free!

**Register online or on-site at the USA Ultimate Information Tent.**

[usultimate.org](http://usultimate.org)



2016 USA ULTIMATE NATIONAL CHAMPIONSHIPS

# WELCOME

On behalf of Ultimate Chicago, I would like to welcome you to the 2016 USA Ultimate National Championships! We are very excited to host this tournament for the first time. We know this is a big change in location from past years, but we are hopeful that this shift will strengthen our community by bringing elite ultimate to an even broader audience. Welcome to the Midwest! We hope that you have an amazing time enjoying the high-level competition and fun this weekend in Rockford.

Many hours of work by a variety of individuals went into creating this event. The Rockford Park District and Rockford Area Convention and Visitors Bureau were truly gracious in their efforts throughout the planning process. A big thank you goes to all of the volunteers, especially the lead volunteers, who have dedicated their time and efforts to making this event run smoothly. Nationals could not happen without their generosity. Lastly, I would like to especially thank Nick Povalitis and Jenny Caiozzo (Rockford Area Convention & Visitors Bureau), Scott Pilkerton (Rockford Park District) and Byron Hicks (USA Ultimate) for making my TD experience easy and delightful.

Again, welcome to the Midwest! I wish the best of luck to all of the players and coaches competing this week. I hope you enjoy your experience at Nationals.

Sincerely,

Gail Reich  
Tournament Director  
2016 USA Ultimate National Championships



On behalf of the city of Loves Park, the Rockford region and the Rockford Area Convention & Visitors Bureau (RACVB), we are honored to welcome you for the 2016 USA Ultimate National Championships.

The Rockford region has over 30 years of experience holding successful sporting events because we offer some of the greatest sports facilities in the Midwest. We know you will be impressed with recent upgrades to Mercyhealth Sportscore 2 and Wedgbury Stadium, including new synthetic turf fields (highest quality in the market today), new NCAA professional grade lighting, pathways and concessions. RACVB will collaborate with the exceptional Rockford Park District, who owns and operates this facility, to ensure a memorable four-day experience in our region.

In addition to its proximity to major markets, the Rockford region has all you need to unwind with great local food, sites and attractions, lodging and entertainment. We invite you to discover the Forest Preserves of Winnebago County or Rock Cut State Park with over 10,300 acres of woods, prairies, wetlands and rivers to explore. And be sure to relax at Anderson Japanese Gardens, one of the best gardens in the country and a great place for a healthy lunch at the in-house restaurant, Fresco. Enjoy homemade pizzas at Woodfire Brick Oven Pizza and great craft brews at Prairie Street Brewing Company in downtown Rockford, or visit one of our hundreds of other Real. Original. restaurants. Check out [gorockford.com](http://gorockford.com) for a complete list of places to eat, shop and play!

The Rockford Area Convention & Visitors Bureau, Rockford Park District and the city of Rockford have experienced and knowledgeable staff available to assist you, ensuring we will host another outstanding championship event.

Enjoy your visit, and we hope to see you again soon!

Very truly yours,

John Groh  
President/CEO  
Rockford Area Convention & Visitors Bureau



# WEEKEND OVERVIEW

## Food and beverage concessions:

Food will be available for purchase at the fields throughout the weekend.

## Wednesday, September 28 at Prairie Street Brewhouse

5:00-8:00pm Discraft Welcome Reception

7:00-8:00pm Captains' Meeting

## Thursday, September 29 at Mercy Sportscore 2

9:00am-5:30pm Pool Play

## Friday, September 30 at Mercy Sportscore 2

9:00am-6:00pm Bracket Play

## Saturday, October 1 at Mercy Sportscore 2

10:00am-11:25am Pro-Flight Play-In Games: Men's, Mixed and Women's Divisions

11:30-12:55pm Mixed Semifinal at Wedgebury Stadium

11:45am-1:45pm STAR Clinic

12:00-1:30pm Learn to Play Clinic (kids ages 7-13)

12:00-1:30pm Learn to Compete Clinic (kids ages 14-18 with previous ultimate experience)

12:30-1:55pm Mixed Semifinal - Field 218

2:30-4:00pm GUM Clinic (girls ages 7-18)

2:00-3:25pm Men's Semifinal - Wedgebury Stadium

3:00-5:15pm Women's Semifinal - Field 218

5:30-7:30pm Participant Dinner - Wedgebury Stadium

5:30-6:55pm Men's Semifinal - Wedgebury Stadium

8:00-9:25pm Women's Semifinal - Wedgebury Stadium

## Sunday, October 2 at Wedgebury Stadium (Mercy Sportscore 2)

10:00-11:45am Mixed Final at Wedgebury Stadium

12:30-2:15pm Men's Final at Wedgebury Stadium

3:00-4:45pm Women's Final at Wedgebury Stadium

# SITE RULES

Facility, event staff and security will be checking to make sure people are following the site rules. If you are caught violating these rules, you will risk expulsion from the event, disqualification for your team and potential ramifications outside of the event.

## MERCY SPORTSCORE 2

- Stakes longer than six inches may not be driven into the ground to hold up tents, team flags, etc.
- Fighting, cursing, loitering and any other behaviors deemed inappropriate are prohibited and are grounds for removal from the facility or possible arrest.
- No glass or alcohol may be brought in.
- Drugs and smoking are strictly prohibited.
- Children should not be left unattended.
- Dogs must be leashed.
- Spectators and equipment must stay at least three yards away from sidelines. Where there are buffer lines, stay behind them. Where there are not buffer lines, stay back at least three yards.
- Trash and Recycling - Place recyclables in the recycling receptacles, and place trash in the trash containers.

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# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition
  - Modifications: 20-yard end zones; “contact” marking violation call
- All games to 15, point-cap at 17.
- Halftime is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time cap: Goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.
- Hard caps will not be used in the Pro Flight play-in games, semifinals or finals.

## USA ULTIMATE TRIPLE CROWN TOUR

The USA Ultimate Triple Crown Tour is a competition structure, introduced in 2013, for the USA Ultimate club season, including the summer regular season and the fall Championship Series for the men’s, mixed and women’s divisions. Teams in this structure qualify into one of four “Flights” based on their finish in the most recent Championship Series. Qualification for the 2016 National Championships means that all participating teams have earned their way into one of the two top Flights (Pro or Elite) for 2017.

At the 2016 National Championships, the top 8 finishers will comprise the 2017 Pro Flight. Pro Flight teams will also earn bids to the 2017 U.S. Open Championships and the 2017 Pro Flight Finale. The bottom eight teams at Nationals will be placed into the Elite Flight for the 2017 Triple Crown Tour and will earn bids to the 2017 Elite-Select Challenge and 2017 Pro-Elite Challenge events.

## PLACEMENT GAMES

### Schedule Clarifications

#### Pro-Flight Qualification

- 5th Semis Bracket:
  - 5\* through 8\* are quarterfinal losers in order of post-regionals ranking.
- 9th Quarters Bracket:
  - 9\* through 12\* are pre-quarters losers in order of post-regionals ranking.
  - 13\* through 16\* are pool play losers in order of post-regionals ranking.
- Pro Flight Play-In:
  - Each fifth-place semifinal loser will match up against a ninth- place semifinal winner to compete for one the final two spots in the 2017 Pro Flight. Winners of these two games will qualify for the last two spots in the Pro Flight.



TRIPLE CROWN  
TOUR

2016



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# FOLLOW THE ACTION



[usultimate.org](http://usultimate.org)

Check out the USA Ultimate homepage for daily recaps, photo galleries and player statistics.



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Event Hashtag: **#NationalsIL**

Be sure to # your posts!

SPECTATOR INFO

## USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate Information Tent if you have any questions about the event or about USA Ultimate! During all rounds from Thursday through Sunday, there will be a USA Ultimate representative available to answer your questions. In addition, printed event guides (free version available electronically via the USA Ultimate mobile app) and other USA Ultimate discs and gear will be available for purchase at the tent as well as some free giveaways like stickers and candy! Please let us know what you think of the event, talk to us about the Triple Crown Tour, and learn about our outreach programs to help spread the sport of ultimate! If you are not a player but want to get involved with USA Ultimate (parents, fans, spectators, etc.), you can sign up for a USA Ultimate Friends & Family membership and receive membership benefits, including our quarterly magazine, merchandise discounts, access to education and certification programs and more! Finally, parents and kids can get more information about the Learn-to-Play session being offered on Saturday, Oct. 1. And we will have a "Lost & Found" box, just in case you misplaced something that a kind soul noticed, picked up and turned in.

# ULTIMATE IN 10 SIMPLE RULES

- 1. THE FIELD:** A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.
- 2. INITIATE PLAY:** Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.
- 3. SCORING:** Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.
- 4. MOVEMENT OF THE DISC:** The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.
- 5. CHANGE OF POSSESSION:** When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.
- 6. SUBSTITUTIONS:** Players not in the game may replace players in the game after a score and during an injury timeout.
- 7. NON-CONTACT:** No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.
- 8. FOULS:** When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.
- 9. SELF-OFFICIATING:** Players are responsible for their own foul and line calls. Players resolve their own disputes.
- 10. SPIRIT OF THE GAME:** Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

# Get UP!



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# USA ULTIMATE NATIONAL CHAMPIONS

Year	Men's	Women's
1979	Glassboro <i>Glassboro, N.J.</i>	
1980	Glassboro <i>Glassboro, N.J.</i>	
1981	Condors <i>Santa Barbara</i>	B.L.U. <i>Boston</i>
1982	Rude Boys <i>Boston</i>	Zulu <i>Amherst, Mass.</i>
1983	Windy City <i>Chicago</i>	Fisheads <i>East Lansing, Mich.</i>
1984	Tunas <i>St. Louis</i>	Lady Condors <i>Santa Barbara</i>
1985	Flying Circus <i>Bay Area</i>	Lady Condors <i>Santa Barbara</i>
1986	Windy City <i>Chicago</i>	Lady Condors <i>Santa Barbara</i>
1987	New York <i>New York</i>	Lady Condors <i>Santa Barbara</i>
1988	Tsunami <i>Bay Area</i>	Lady Godiva <i>Boston</i>
1989	New York <i>New York</i>	Crush Club <i>Los Angeles/Santa Barbara</i>
1990	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>
1991	New York <i>New York</i>	Lady Godiva <i>Boston</i>
1992	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>
1993	New York <i>New York</i>	Maine-iacs <i>Bay Area</i>
1994	Death or Glory <i>Boston</i>	Felix <i>Bay Area</i>
1995	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>
1996	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>
1997	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>

<b>Year</b>	<b>Men's</b>	<b>Women's</b>	<b>Mixed</b>
1998	Death or Glory <i>Boston</i>	Lady Godiva <i>Boston</i>	Red Fish Blue Fish <i>Bay Area</i>
1999	Death or Glory <i>Boston</i>	Fury <i>San Francisco</i>	Raleigh Llama <i>Raleigh</i>
2000	Condors <i>Santa Barbara</i>	Lady Godiva <i>Boston</i>	Spear <i>Raleigh</i>
2001	Condors <i>Santa Barbara</i>	Lady Godiva <i>Boston</i>	Trigger Hippy <i>Missoula</i>
2002	Furious George <i>Vancouver</i>	Lady Godiva <i>Boston</i>	Donner Party <i>Tahoe, Calif.</i>
2003	Furious George <i>Vancouver</i>	Fury <i>San Francisco</i>	Donner Party <i>Tahoe, Calif.</i>
2004	Sockeye <i>Seattle</i>	Riot <i>Seattle</i>	Shazam <i>Seattle</i>
2005	Furious George <i>Vancouver</i>	Riot <i>Seattle</i>	Brass Monkey <i>San Francisco</i>
2006	Sockeye <i>Seattle</i>	Fury <i>San Francisco</i>	Mischief <i>San Francisco</i>
2007	Sockeye <i>Seattle</i>	Fury <i>San Francisco</i>	Shazam Returns <i>Seattle</i>
2008	Jam <i>San Francisco</i>	Fury <i>San Francisco</i>	Mental Toss Flycoons <i>Missoula</i>
2009	Chain Lightning <i>Atlanta</i>	Fury <i>San Francisco</i>	Axis of C'Ville <i>Charlottesville, VA</i>
2010	Revolver <i>San Francisco</i>	Fury <i>San Francisco</i>	Polar Bears <i>San Francisco</i>
2011	Revolver <i>San Francisco</i>	Fury <i>San Francisco</i>	Blackbird <i>San Francisco</i>
2012	Doublewide <i>Austin</i>	Fury <i>San Francisco</i>	Blackbird <i>San Francisco</i>
2013	Revolver <i>San Francisco</i>	Scandal <i>Washington, D.C.</i>	Drag'n Thrust <i>Minneapolis</i>
2014	Johnny Bravo <i>Denver</i>	Scandal <i>Washington, D.C.</i>	Drag'n Thrust <i>Minneapolis</i>
2015	Revolver <i>San Francisco</i>	Brute Squad <i>Boston</i>	Drag'n Thrust <i>Minneapolis</i>

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# COMMON ULTIMATE TERMS

**BREAKMARK** – a throw made to other side of the field from what is being forced by the marker

**BRICK** – the spot where play may be initiated when a pull lands out of bounds, typically 15 or 20 yards from the front of the offense’s end zone and in the center of the field (yardage varies based on individual tournament rules); players have the option of making this call or taking the disc on the sideline closest to where it lands

**CALLAHAN** – a defensive score, occurs when a defender catches the disc in the end zone he or she is attacking

**CUP** – the wall of defenders that surround the thrower in a zone defense; the wall typically consists of 3 players, but variations with 2 or 4 defenders are also common

**FLICK** – forehand, thrown outside, away from the handler’s body

**FORCE** – side of the field to which throws should be contained; the marker will attempt to take away throws to one part of the field and is said to be “forcing” throws to go up in a certain direction

**GREATEST** – a jump, throw, catch combination that occurs when the disc is out-of-bounds, but a player jumps from in-bounds, catches the disc and successfully throws it back in-bounds to a teammate

**HAMMER** – an overhead throw that starts above the shoulders where the disc turns over in the air and lands upside-down

**HUCK** – a long throw

**POACH** – a defensive decision to leave a designated one-on-one matchup, usually temporarily, to clog a cutting lane or help defend a player other than the original

**PULL** – the “kick-off” of each point in which the defensive team throws the disc from their own end zone down the field toward the offensive team

**STALL** – the 10-second count for which a player is allowed to maintain possession of the disc; the opposing, defensive player must count the 10-seconds aloud; a “stall” occurs if the disc is held for more than the 10-second count

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

## 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent’s foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## 5. DON’T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

**6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

**7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.** When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

**8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

**9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

**10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.*

# MEN'S TEAMS

## DIG

### BOSTON, MA

Coach: Tom Matthews

Captains: Tim Schoch, Mat Little, Denis Maguire

[digultimate.com](http://digultimate.com)

@digultimate



Referencing Boston's highway megaproject, Dig was predicated on bridging the talent in New England. It is a concrete mixing of college all-stars, ex-Ironside and ex-Garuda. It is a project that has in some ways spared no expense and in other ways spared every expense. Please do not ask us how much Jeff Babbitt's time costs.

This is Dig's first year of competition, so we're a little short on history. Our favorite color is mango (the same as PoNY's). We're a team that prides itself on blue collar, hard work. And we're admittedly still under construction.

## ROSTER

0	Rocco Linehan	6'0"	20
2	Spencer Diamond	5'10"	24
3	Ryan Rzepka	5'6"	26
4	Tanner Halkyard	6'3"	26
5	Michael Sender	5'8"	24
6	Thomas Cooper	5'10"	26
7	Galen Campbell	6'2"	23
8	Ben Sadok	5'5"	21
9	Misha Sidorsky	5'10"	30
10	Victor Luo	5'10"	22
11	Mat Little	5'10"	30
12	Tim Schoch	6'1"	19
13	Hartley Greenwald	6'1"	22
14	Aidan Penn	6'0"	21
15	Dylan Best	5'11"	21
16	Jeff Babbitt	6'3"	22
17	Joe Thompson	6'1"	22
18	Jordan Taylor	5'10"	25
20	Jonah Kurman-Faber	5'11"	22
21	Misha Herscu	5'11"	25
22	Ben Tseytlin	6'1"	22
24	David Reshef	5'9"	30
27	Nick Thompson	6'3"	25
64	Frederik Brasz	6'1"	29
71	Denis Maguire	6'2"	23
81	Sam Richardson	6'0"	24
83	Alex Dagley	6'1"	28

## DOUBLEWIDE

### AUSTIN, TX

Coaches: Terry Jungman, Steve Darroh

Captains: Ethan Pollack, Andrew Walch, Chase Cunningham

[doublewidetx.com](http://doublewidetx.com)

@doublewidetx



Hearts of gold encased in pecs of steel. Since 2001.

## ROSTER

1	Jason Holleran	6'3"	24
2	Jake Reinhardt	6'0"	19
4	David Brooks	5'10"	30
5	Jeff Loskorn	6'1"	28
6	Michael Matthis	5'10"	25
7	Nash Mock	5'9"	23
8	Luke Simerly	6'2"	20
12	Andrew Walch	6'1"	29
13	Skip Sewell	5'9"	39
14	Michael Cramer	6'2"	29
15	Paul Starkel	5'8"	24
16	Andrew Lord	5'10"	20
17	Doug Richardson	6'0"	27
18	Dan Emmons	6'5"	28
19	Ethan Pollack	6'7"	27
20	Chase Cunningham	6'3"	24
24	Rory Orloff	5'9"	30
29	Logan Kinney	5'8"	21
30	Parker Howard	6'0"	21
31	Brandon Malacek	5'10"	31
32	Andrew Amerson	6'4"	27
33	Ryan Purcell	5'8"	32
42	Ryan Bigley	6'3"	30
44	Jason Best	6'1"	30
52	Kamron Daftari	5'11"	22
81	Brett Gramann	5'8"	20
89	Jack Woolridge	6'0"	23

# MEN'S TEAMS

## FURIOUS GEORGE

### VANCOUVER, BC

Coach: Marc Seraglia

Captains: Alex Davis, Kevin Underhill, Myles Sinclair

furiousultimate.com

@furiousultimate



Furious George was founded in 1995 after someone drew a pretty cool looking logo that needed a cool name to go with it.

### ROSTER

4	Ari Nitikman	5'10"	20
5	Ty Barbieri	6'0"	19
6	Andre Gailits	6'0"	28
7	Bobo Eyrich	6'2"	28
8	Morgan Hibbert	6'4"	35
10	Gagan Chatha	6'1"	23
11	Kevin Greer	6'5"	25
13	Greg Moore	5'8"	23
14	Victor Cheng	6'7"	20
16	Tim Tsang	5'11"	25
17	Max Hunter	5'11"	30
22	Oliver Telfer	6'1"	24
23	Fred Lam	6'1"	24
27	Alex Davis	6'2"	34
29	Kevin Lore	5'10"	30
33	Nick Wright	6'1"	23
37	Myles Sinclair	5'11"	25
45	Malcolm Bryson	5'10"	22
73	Ben Burelle	5'7"	22
81	Rumi Tejpar	5'10"	25
88	Brett Anderson	6'2"	32
89	Kevin Underhill	6'1"	26
97	Edward Guo	5'10"	23
98	Brendan Wong	6'0"	34

SPECTATOR INFO

## H.I.P

### HOUSTON, TX

Captains: Matthew Bennett, Mitchell Bennett, Joel Clutton,

Dalton Smith

@hip\_Flatball



HIP is a team born from the essence of the Bennett brothers: Chris, the father; Mitch, the son; and Matt, the holy spirit. The three kings traveled from the banks of the Brazos River where they saw the town of Houston, and it was beautiful. They planted their

flag in the ground, and on that spot, HIP became. The brotherhood has progressed over the years from the trash of the South Central Region to a jewel in the crown of ultimate. Although expected to get fifth in the section, through a combination of bribery and dedication to the weight room, they outperformed the predictions of all pundits. Their story is an inspiration to us all, and their legacy can never be questioned. Every time they take the field, they make America great again. My friends, my brothers, HIP HIP YAH!

### ROSTER

0	Mitchell Bennett	5'8"	25
1	Carson Wilder	5'9"	20
2	Matthew Bennett	5'8"	24
3	Chris Larberg	6'0"	26
4	Sam Ward	5'6"	21
5	Dillon Larberg	6'0"	22
7	Ben Lewis	6'1"	23
8	Carter Hollo	6'2"	21
9	Peter Clarke	5'10"	27
10	Carlos Vargas	5'9"	23
11	Robert Lewis	5'9"	25
12	Kevin Christian	5'8"	27
13	Dalton Smith	5'11"	23
14	Chris Brooks	5'9"	25
16	Michael Hays	5'11"	23
17	Reid Bacon	6'4"	24
18	Kevin Land	6'3"	24
20	Brendan Adams	5'10"	21
23	Thomas Slack	5'8"	24
24	Cody Holloway	5'10"	26
27	Brandon Dial	5'8"	20
31	Kai Marshall	6'4"	21
42	Chris Bennett	5'11"	28
72	Pat Marco	5'11"	26
77	Joel Clutton	6'4"	22
81	Luke Hebert	6'3"	20

# MEN'S TEAMS

## HIGH FIVE

### ANN ARBOR, MI

Coach: Tyler Kinley

Captains: Phil Cherosky, Mike Dagher-Margosian, James

Highsmith, Mike Jahn

@highfiveult



Once the battleground of the “Great” Michigan-Ohio War, the Michigan/Ohio border now serves as a welcoming conduit, bringing together some of the top talent in the Great Lakes Region. After battling each other for many years on the college and club scenes, thanks to the 2015 Treaty of Versailles (Ohio,

not France), many former adversaries are now great friends, bound together as brothers in arms.

In 2015, Michigan (now Great Lakes) High Five qualified for Nationals for the first time. We intend to build upon our first Nationals appearance and solidify High Five as a national mainstay.

TUEBOR

### ROSTER

1	Alex Edinger	5'10"	28
4	Nick Hamilton	6'1"	30
5	Austin Engel	5'10"	29
6	James Highsmith	6'1"	24
7	John-Michael Guest	6'0"	25
8	Jesse Wohl	6'2"	27
9	Michael Meilstrup	5'6"	26
10	David Betrovato	6'1"	25
11	Jordan Rhyne	6'1"	25
12	Mitch Cihon	5'11"	26
13	Timmy Meyers	6'1"	36
14	Josh Botti	5'10"	30
15	Connor Haley	6'3"	25
16	Kevin Coulter	6'2"	26
17	Keegan North	6'1"	21
19	Paul Arters	6'0"	23
20	Sam Greenwood	6'2"	23
22	Michael Dagher-Margosian	5'7"	28
23	Eric Schumacher	6'2"	23
25	Jake Steslicki	6'1"	20
28	Michael Jahn	5'8"	30
33	Eric Hubbard	5'11"	26
42	Mike Ogren	6'1"	24
45	Kevin Baumann	6'1"	27
47	Phil Cherosky	5'10"	28
55	Johnny Bansfield	5'10"	23
98	Dan Donovan	6'1"	26

## IRONSIDE

### BOSTON, MA

Coaches: Josh McCarthy, Jacob Luria, Matthew Rebholz

Captains: Alex Simmons, Danny Clark, Will Neff

bostonironside.com

@boston\_ironside



In 2008, a formidable group of scallywags set a new course for adventure. Riding the fair winds and following seas, Ironside has stormed to Nationals every year since on the wings of rollicking shanties. This year, the crew has amassed talents both new and old to raise the flag, set the jib flying and let loose the boom against their opponents. The team Admiralty has inspired a stalwart, if murderous, attitude amongst the crew. These sailors are hungry for gold, and woe is the enemy who stands in their path.

Ironsides would like to pay special attention to all of the pirate women, who have for too long been asked to plunder harder than men for their share of the loot we all found together. We invite you to join us as we batten down the hatches and weather this storm together.

### ROSTER

1	Joshua Markette	5'8"	37
2	Rusty Ingold-Smith	5'10"	29
3	Kurt Gibson	6'2"	30
4	Jay Clark	6'1"	26
5	Jordan Taylor	6'0"	22
7	Will Neff	6'4"	30
8	Thomas Edmonds	5'11"	21
10	Tyler Chan	5'10"	23
11	Christian Foster	5'10"	28
12	Alex Simmons	5'8"	27
13	Tom Annen	5'11"	30
14	John Stubbs	6'0"	21
16	Dave Ferraro	5'11"	27
17	Thomas Sayre-McCord	6'4"	26
18	Jim Foster	6'2"	30
19	William Dean	6'2"	24
21	Jeff Graham	5'11"	35
23	Mark Vandenberg	6'1"	22
27	Jack Hatchett	6'0"	27
33	Russell Wallack	5'11"	26
34	Jared Inselmann	6'2"	35
35	Piers MacNaughton	5'10"	26
38	Adrian Banerji	5'11"	26
43	Jon Hirschberger	6'4"	28
77	Danny Clark	6'1"	35
84	Alex Kapinos	6'4"	27
99	Andrew Hooker	5'11"	27

# MEN'S TEAMS

## JOHNNY BRAVO

### DENVER, CO

Coach: Jim Schoettler

Captains: Ben Lohre, Henry Konker, Jesse Roehm

bravoultimate.com

@BravoUltimate



Bravo has qualified for Nationals every year since 2000. Under the leadership of Coach Bob Krier and Captains Ryan Farrell, Jack McShane and Josh Ackley, the team won its first National Championship in 2014.

### ROSTER

0	Mark Rauls	5'6"	22
1	Tom Tulett	5'10"	25
3	Jesse Roehm	6'3"	28
5	Ted Barnett	6'1"	30
6	Erik Hotaling	5'10"	22
7	David Wheeler	6'3"	26
8	Austin Gregersen	6'3"	32
9	Ian Toner	5'10"	26
10	Ryan Morgan	6'1"	34
11	Josh Crane	6'0"	21
12	Isaac Chestler	5'10"	20
15	Denny Bechis	5'9"	25
18	Phil Sun	5'8"	25
21	Wes Chow	5'11"	22
22	Stanley Peterson	6'1"	22
23	Jimmy Mickle	6'3"	25
26	Owen Westbrook	6'2"	32
27	Steve Schwab	6'1"	28
32	Kevin Johnson	5'11"	24
34	Henry Konker	6'0"	27
35	Todd Wolma	6'1"	25
42	Ben Lohre	6'0"	26
44	Jesse Fisher	6'0"	23
45	Will Lohre	5'11"	20
83	Zach Nager	6'0"	25
85	Calvin Delamere	6'1"	28

SPECTATOR INFO

## MACHINE

### CHICAGO, IL

Coach: Andy Neilsen

Captains: Cullen Geppert, Kevin Kelly, Ron Kubalanza,

Walden Nelson

chicago-machine.com

@machineultimate



Machine represents Chicago at the National Championships for the 11th year in a row, with a 2016 campaign that brings 27 younger, more athletic, slightly less skilled and significantly dirtier birds than its previous iterations. Machine looks to build on a 2015 semifinals loss with its first national championship title.

### ROSTER

00	Jonathan Helton	6'0"	32
1	Nick Prozorovsky	5'10"	21
2	Joshua Stevens-Stein	5'9"	22
3	Bob Liu	5'8"	29
4	Ben Spielman	6'2"	20
7	Brett Kolinek	5'11"	34
8	Stephan Mance	6'1"	26
10	Von Alanguilan	5'8"	27
11	Trent Kuhl	6'1"	23
12	Julian Childs-Walker	5'10"	25
13	Alex Evangelides	6'1"	27
15	Andrew Sheehan	5'11"	33
16	Yiding Hou	5'9"	23
18	Cullen Geppert	6'1"	28
19	Jack Shey	6'1"	24
24	Michael Pardo	6'3"	22
25	Ron Kubalanza	5'10"	41
26	Kevin Kelly	6'4"	29
29	Michael Schwenk	6'4"	26
31	Walden Nelson	5'10"	29
34	Jesse Buchsbaum	6'9"	23
37	Travis Carpenter	6'0"	23
45	Brett Matzuka	5'8"	31
51	AJ Nelson	6'4"	27
55	Pawel Janas	5'10"	22
63	Percy Stogdon	6'4"	21
64	Neal Phelps	6'0"	28

# MEN'S TEAMS

## MADISON CLUB

### MADISON, WI

Coach: Tim DeByl

Captains: Kevin Brown, Bill Everhart, Andrew Meshnick

madisonultimate.blogspot.com

@MadisonClub



Madison Club is Wisconsin's top men's ultimate team that participates in USA Ultimate's Triple Crown Tour. Madison is back at Nationals after winning the North Central Region for the second consecutive year. In the team's last five Nationals appearances, Madison has broken seed each year and is looking to continue the trend with the highest seed the team has entered Nationals with. The team's success thus far in 2016 can be attributed to Coach Tim DeByl, the first coach in Madison Club history.

### ROSTER

1	Adam Drews	5'9"	30
2	Logan Pruess	5'11"	23
3	Jordan O'Neill	5'11"	25
4	Pat Shriwise	6'2"	28
5	Franklin Li	5'7"	23
6	Bill Everhart	6'1"	28
7	Jadon Scullion	6'0"	41
8	Benjy Keren	5'7"	26
9	Andrew Meshnick	6'2"	27
10	David Meinecke	6'0"	27
11	Andrew Brown	6'1"	35
12	Chris Wilen	6'2"	26
13	Brian Hart	5'11"	24
14	Scott Richgels	6'7"	33
16	Kyle Weigand	6'1"	27
19	Lochlan Wise	6'1"	24
24	Dayu Liu	6'0"	26
25	Ross Barker	5'11"	22
26	Peter Graffy	6'2"	26
30	Sterling Knoche	6'0"	23
32	Colin Camp	6'2"	25
48	Thomas Coolidge	5'9"	26
68	Ben Nelson	6'2"	28
80	Kevin Pettit-Scantling	6'2"	25
92	Kevin Brown	6'1"	23

## PATROL

### PHILADELPHIA, PA

Coaches: Charles Hoppes, Michael Zargham, Anthony Nunez

Captains: David Baer, David Brandolph, Gabe Colton, Nick

Hirannet, Colin McIntyre

@phillypatrol



Patrol is in its third year as the top men's team in Philadelphia. The team was founded in 2014 on the premise of providing a strong and sustainable program for Philadelphia men's ultimate and was joined by second team Citywide Special in these efforts.

2016 marks the second consecutive USA Ultimate National Championships appearance for Patrol.

### ROSTER

0	Ben Johnson	5'9"	27
1	Colin McIntyre	5'8"	31
3	Gabe Colton	5'7"	25
5	Charlie McCutcheon	5'9"	21
6	Leon Chou	5'9"	28
7	Nick Hirannet	5'8"	30
8	Nick Patel	5'6"	22
9	Patrick Diviney	6'1"	28
11	Himalaya Mehta	6'0"	23
12	Codi Wood	5'8"	21
13	David Brandolph	5'7"	30
18	Billy Sickles	6'1"	24
19	Tom Allen	5'10"	29
20	David Baer	5'9"	26
21	Michael Panna	5'9"	29
23	Jimmy Zuraw	6'1"	23
24	Ethan Peck	6'0"	23
25	Trey Katzenbach	6'1"	45
27	Jake Rainwater	6'2"	27
28	Ethan Fortin	5'10"	21
30	David Bloodgood	6'0"	22
31	Patrick Lindsey	6'4"	30
33	Brice Dunn	6'1"	22
55	Matt Paparone	6'1"	27
81	Sean Mott	5'8"	22
87	Brian Nevison	5'6"	28
91	Vincent Reydam	6'6"	29

# MEN'S TEAMS

## PONY

### NEW YORK, NY

Coaches: Berend Van Heuvelen, Bryan Jones

Captains: Markian Kuzmowycz, Chris Kocher, Alberto Alarcon, Luke Wolckenhauer

pony-ultimate.com

@prideofny



#### PoNY FAQ:

**What is your favorite throw?** So many good throws to choose from – scoober, hammer, thumber – but we have to go with the “flick” otherwise known as the forehead. Tried and true. A modern classic.

**Favorite soda?** Thank you for asking and, WOW, great question. Of course, there are lots of wonderful sodas to drink in this world. But our favorite? Have to select a classic – Coca Cola Classic™, that is. It is the soda with the taste we like the best, and therefore it is our favorite.

**Favorite painting?** Another great, great question. With all of the terrific paintings to choose from, how can we pick just one? But, to us, The Mona Lisa is simply the best. And a true crowd pleaser. Fun Fact: The Mona Lisa was painted by none other than famous Italian artist Leonardo da Vinci.

### ROSTER

1	Markian Kuzmowycz	5'6"	29
2	Nicholas Silbart	5'11"	23
3	Jon Cox	5'9"	27
4	Matt Hennessy	6'1"	30
6	Michael Brenner	6'1"	26
7	Clark Cofer	6'0"	24
9	Matthew LeMar	5'11"	27
10	Gerald Tigol	5'10"	22
13	Alberto Alarcon	6'1"	26
14	David Vuckovich	6'0"	30
15	Kevin Norton	6'6"	25
17	Luke Wolckenhauer	6'1"	33
19	Isaac Saul	5'10"	25
20	Michael Hennessy	6'1"	33
22	Jack Marsh	5'11"	32
23	William Katz	6'0"	25
25	Gary Dixon	5'10"	27
27	Lionel Wininger	5'10"	33
29	Ian Guerin	5'5"	23
31	Chris Kocher	5'11"	24
33	Jake Herman	5'10"	27
43	Josh Alorro	5'10"	25
44	Robbie Gillies	6'3"	34
50	Milo Snyder	5'9"	27
61	Matthew Weintraub	5'11"	25
80	Michael Drost	6'1"	27
83	Ryan Drost	6'1"	27

SPECTATOR INFO

## PRAIRIE FIRE

### KANSAS CITY, KS

Captains: Abe Coffin, Allen Jones, Joe Young, PJ Matulka

prairiefireultimate.com

@pultimate



Prairie Fire started in 2008 as a small team from Kansas City that strived to be competitive. The team has been to the USA Ultimate National Championships since 2014, finishing 15th and tied for 7th, respectively. Based on intensity, discipline and hard work, the team assembles talent from across the

Midwest and numerous college programs who are committed to growing as players, spreading the joy of ultimate and competing at the highest level of the sport.

### ROSTER

0	Cole Petsche	6'2"	20
1	Joe Nickels	5'11"	32
2	Jay Froude	6'2"	26
3	Abe Coffin	5'9"	23
4	Joe Young	5'9"	26
5	Kaplan Maurer	6'1"	21
6	Matt Jackson	5'8"	27
7	Allen Jones	6'0"	29
9	Jones Clemons	6'2"	28
10	PJ Matulka	6'1"	29
11	Tim Robbins	6'0"	32
15	Cameron Hunter	5'9"	27
16	Brian Trussell	5'11"	22
17	Joe Wheelock	6'0"	26
18	Chris Schreiber	6'0"	20
21	Christian Simpson	6'3"	23
23	Jesse White	6'0"	21
24	Danny Kurz	6'1"	26
25	Brett Hidaka	5'11"	26
37	Mitch Kulczak	5'11"	23
42	Chas Busch	6'0"	23
44	Sam Berkelhammer	6'4"	24
85	Valley Renshaw	6'2"	37
99	Colin Fry	6'0"	22

# MEN'S TEAMS

## REVOLVER

### SAN FRANCISCO, CA

Coaches: Mike Payne, Ryo Kawaoka

Captains: Lucas Dallman, Cassidy Rasmussen, Simon Higgins, Nathan White

revolverultimate.com

@revolverult



### ROSTER

0	Lior Givol	5'9"	22
1	Simon Higgins	6'4"	23
2	Kevin Cocks	5'10"	26
3	George Stubbs	5'11"	27
4	Joel Schlachet	5'9"	
6	Josh Wiseman	5'8"	34
7	Russell Wynne	6'1"	
8	Pat Baylis	5'9"	
9	Cassidy Rasmussen	5'11"	
10	Robbie Cahill	6'1"	31
11	Zach Travis	6'2"	
12	Sam Kanner	6'0"	
15	Michael Spear	5'9"	29
16	Jamie Quella	6'0"	28
18	Greg Cohen	6'1"	
20	Nick Schlag	5'10"	
21	Andrew Hagen	5'11"	27
22	Marcelo Sanchez	6'1"	
24	Eli Kerns	5'11"	24
26	Grant Lindsley	5'11"	27
27	Ashlin Joye	6'1"	27
28	Nathan White	6'5"	24
29	Christian Johnson	6'2"	24
31	Seth Reinhardt	6'3"	30
32	Jordan Marcy	5'10"	
35	Lucas Dallmann	5'11"	29
50	Beau Kittredge	6'4"	
87	Chris Kosednar	5'9"	
88	Byron Liu	5'9"	26

## RING OF FIRE

### RALEIGH, NC

Coaches: Mike DeNardis, David Allison

Captains: Jonathan Nethercutt, Noah Saul, Shane Sisco

ringultimate.org

@ringultimate



Celebrating our 28th season, Ring of Fire is North Carolina's premier men's club ultimate team. Founded in 1989, Ring is one of the oldest club ultimate teams in the world and has a long-standing tradition of success on the national scene, qualifying for the National Championships every year except one over the last 23, including the last 19

years consecutively. Ring has also competed at WFDF World Ultimate Club Championships four times, finishing in fourth (1993, 1995), fifth (1999), and ninth place (1997).

### ROSTER

1	Justin Allen	6'1"	25
2	Hunter Taylor	5'11"	24
3	Josh Mullen	5'10"	36
5	Danny Schmitt	5'10"	23
6	Jeff Nordgren	5'11"	25
7	Jonathan Nethercutt	6'1"	24
8	Terrence Mitchell	5'10"	21
9	JD Hastings	5'6"	22
10	Henry Fisher	6'6"	20
11	Evan Howey	6'0"	27
12	Joey Cretella	6'0"	27
13	Shane Sisco	5'11"	29
14	Jakeem Polk	6'2"	26
20	Jacob Fairfax	6'2"	20
21	Matt Gouchoe-Hanas	5'10"	20
22	Sol Yanuck	5'11"	20
23	Micah Hood	6'0"	27
24	Noah Saul	6'0"	27
28	Jack Williams	6'1"	22
29	Ryan Sittler	5'10"	30
32	Jake Coleman	6'3"	25
33	Mark Lin	6'0"	23
34	Tristan Green	5'8"	25
43	Matt Wilson	6'0"	25
51	Tim McAllister	5'11"	22
84	David Richardson	6'3"	24
99	Josh Hartzog	6'1"	27

# MEN'S TEAMS

## SOCKEYE

### SEATTLE, WA

Coach: Roger Crafts

Captains: Reid Koss, Danny Karlinsky, Matt Rehder, Joe Sefton

seattlesockeye.org

@seattlesockeye



Born again each year, we return to our spawning grounds with pride knowing we are playing in a community that values gender equity. As we spawn and die, we are excited about the opportunity to create new life for future Sockeye, and future ultimate players of all genders, to be able to roam this beautiful world.

### ROSTER

1	Donnie Clark	5'11"	29
2	Nick Stuart	6'4"	25
3	Mario O'Brien	5'11"	33
5	Simon Montague	6'3"	25
6	Phil Murray	6'0"	27
8	Matt Rehder	6'4"	25
9	Sam Harkness	5'8"	29
10	John Raynolds	6'0"	23
11	Reid Koss	5'11"	32
12	Kieran Kelly	6'2"	24
13	Dongyang Chen	5'8"	22
14	Justin Lim	5'10"	22
16	Trent Dillon	5'11"	23
17	Zane Rankin	6'2"	24
18	Matt Russell	6'0"	23
19	Husayn Carnegie	6'0"	26
20	Michael Caldwell	6'2"	39
22	Spencer Wallis	5'10"	31
23	Danny Karlinsky	5'8"	31
24	Joe Sefton	6'1"	30
25	Devin Barich	6'4"	31
28	Duncan Linn II	5'6"	26
33	Sam Hart	6'4"	25
34	Mark Burton	6'0"	30
55	Will Chen	5'10"	31
70	Julian Hausman	6'2"	27

SPECTATOR INFO

## TRUCK STOP

### WASHINGTON, DC

Coach: Mike LoPresti

Captains: David Cranston, Peter Prial

truckstopultimate.org

@truckstopulti



We are a men's ultimate team from Washington, D.C. and Baltimore. Funny story, did you know that Washington, D.C. residents do not have a vote in either the House of Representatives or the U.S. Senate? Yet we pay federal taxes AND many serve in the U.S. military. Taxation without representation. Anyway, we've been to USA Ultimate Nationals every year since 2006.

We hope, along with D.C. women's team Scandal, to be a key part of putting and keeping our region on the map for top ultimate and Spirit of the Game.

### ROSTER

1	Daniel Kantor	5'10"	30
2	Sean Keegan	6'0"	29
3	Keven Moldenhauer	5'11"	40
4	Delrico Johnson	5'10"	26
5	David Cranston	6'1"	27
6	Jonathan Neeley	5'11"	29
7	David Boylin-Kolchin	6'1"	34
8	Peter Prial	6'3"	28
9	Tom Doi	5'10"	30
10	Tyler Monroe	6'0"	21
12	Jacob Smith	5'9"	22
15	Nate Castine	5'11"	29
17	Eric Miner	6'5"	29
21	John Agan	5'11"	32
22	Brian Marshall	6'0"	27
27	Cody Johnston	6'0"	24
28	Matthew McDonnell	6'0"	27
29	Jackson Cochran	5'8"	20
31	John Wodatch	6'1"	22
36	Nicky Spiva	6'1"	27
45	Jeff Wodatch	6'1"	29
61	Erik Salmi	5'11"	33
88	Calvin Oung	5'11"	36
90	Markham Shofner	6'0"	27
96	Brad Scott	6'1"	24
99	Alan Kolick	5'11"	29

# MIXED TEAMS

## ALLOY

### PITTSBURGH, PA

Coaches: Christie Lawry, John Montoya, Josh Briggeman

Captains: Aaron Kane, Christie Lawry, John Montoya

pghmixed.com

@pghalloy



The Muff'n'Men team was founded in 2007 as the competitive mixed club team in Pittsburgh before competing as The Muffin Men. The team rebranded as Pittsburgh Alloy in 2016 for the program's 10th season and stands behind the idea of synergy: that

the combined product is greater than the sum of its separate elements. Our program consists of talented players who are willing to invest in the program: learn new systems with new teammates, value personal development while helping teammates realize their own goals, and work hard for each other on and off the field. We want to have fun playing the game we love.

### ROSTER

1	Christie Lawry	5'6"	28
2	Megan Briggeman	5'6"	28
3	Maria Bajzek	5'2"	25
4	Ellie Johnson	5'11"	22
6	Jordan Roof	5'10"	22
8	Nicholas Audette	6'2"	26
10	Stephanie Goldfein	5'3"	26
11	Mike Reeves	5'9"	25
12	Nicole Fiorentino	5'6"	25
13	Jesse Kummer	6'1"	27
14	Lauren Franke	5'10"	25
18	Jed Farber	6'1"	26
22	Mark Pitts	5'10"	28
24	Alex Thomas	6'0"	23
26	Kelsey Cowles	5'2"	26
27	Anson Reppermund	6'2"	24
29	John Montoya	5'9"	36
30	Aaron Kane	5'9"	29
31	Aaron Buss	5'11"	20
33	Eliana Bonifacino	5'7"	30
44	Kenny Furdella	6'2"	27
47	Mick Van Ness	6'3"	25
48	Jimmy Towle	5'9"	21
52	Ellis Baehr	6'5"	26
59	Bryan Bernard	5'10"	28
82	Isaac Smith	5'10"	26
85	Jack Hefferon	6'0"	24
86	Robbie Paolini	5'10"	28
91	Jeremy Kanter	5'10"	30

## AMBIGUOUS GREY

### WASHINGTON, DC

Coach: Ben Feng

Captains: Alanna Tievsky, Andrew Allen, Anthony McLean, Jarnail Bajwa, Peter MacArthur

agultimate.com

@ambiguouslygrey



Widely considered the most impressive championship run any D.C.-based ultimate team has accomplished in the last decade, Ambiguous Grey capitalized on five consecutive Book Dive championships (arguably the premier fall charity hat tournament in the DMV), catapulting themselves onto the club scene in 2011.

As the team matured, so did AG's team name and culture, driving its success with three Nationals appearances since 2013. In a city where being politically correct is paramount, AG changed its team name in 2013 slightly shortening to "Ambiguous" – a syntax change heralded as the most strategic decision since dropping the period from Dr. Pepper. Furthermore, after observing political gridlock from the cacophony of YAY-sayers and NEIGH-sayers in its home city, AG committed to work for their teammates. The results speak for themselves.

### ROSTER

1	Shannon Pace	5'1"	21
2	Sara Ann Peczkowski	5'2"	28
3	Alanna Tievsky	5'4"	31
4	Kelly Ross	5'10"	22
6	Maggie John	5'5"	26
7	Peter MacArthur	5'10"	34
8	Jenny Perry	5'1"	26
9	Jarnail Bajwa	5'5"	31
10	Ella Juengst	5'1"	17
11	Kevin Chiang	5'9"	30
12	James Boley	5'8"	28
14	Justin Solis	5'10"	30
15	Zach Norrbom	5'8"	21
16	Aden Steinbrickner-Kauffman	6'4"	30
17	Kyle Khalifa	5'11"	22
18	Riki Cullingford	5'6"	32
21	Andrew Allen	6'3"	31
22	Francoise Delisle	5'6"	34
23	Antoine Davis	6'2"	23
24	Adilina Malave	5'3"	27
27	Knute Svenson	6'1"	28
31	Lincoln Verlander	6'0"	31
32	Anthony McLean	6'1"	22
42	Ellen Greytak	5'6"	33
70	Brian O'Hara	5'11"	36
73	Mark Flores	5'9"	24
81	Alexander Taylor	6'0"	22

# MIXED TEAMS

## AMP

### PHILADELPHIA, PA

**Coach:** Patrick Sherlock

**Captains:** Melissa Devlin, Andrea DeSabato, Ben Pelleg, Stephen Ng

phillyamp.com

@phillyAMP



AMP is honored to play against and alongside athletes who value ultimate's distinctiveness and share an ambition to see the sport create more opportunities for female athletes to be recognized and valued equitably. We are proud to represent the Founders' Section and Philadelphia, alongside Patrol and Green

Means Go, at the National Championships.

If you didn't get so hyped at the midnight premiere of Remember the Titans that you thought to yourself, "Dang, I wanna be part of the left side," and immediately go to the gym to blast your chest and legs for seven straight years while listening to N'SYNC only to be unsatisfied and subsequently spend your summer in the Pacific Northwest assimilating into a pack of yetis to build up your girth and memeing Benny's younger and dreamier years to finally be kicked out of the groupme by Luke, are you even tryna?

### ROSTER

00	Melissa Devlin	5'6"	27
1	Bobby Roos	5'11"	27
2	Matt Zumbrum	6'3"	31
3	Nicholas Purifico	5'9"	33
4	Raha Mozaffari	5'4"	30
5	Luke Ryan	6'1"	24
6	Kelsey Devlin	5'5"	23
7	Ben Parrell	5'9"	33
8	Charles Weinberg	5'11"	22
9	Andrea DeSabato	5'5"	29
12	Fern Beetle-Moorcroft	5'6"	24
13	Nico Lake	5'11"	22
14	Stuart Hean	6'1"	24
15	David Koch	5'11"	28
16	Rob Robinson	6'0"	24
17	Steve Ng	5'7"	25
18	Emily Shields	5'4"	23
20	Ben Pelleg	5'11"	29
21	Linda Morse	5'9"	20
22	Allysha Dixon	5'3"	23
23	Natalie Bova	5'3"	20
29	Sarah Johnson	5'7"	27
33	Calvin Trisolini	6'1"	21
36	Carolyn Normille	5'3"	21
48	Austin Bonelli	5'9"	27
79	Michael Ing	6'1"	19
89	Matt Carter	5'9"	21

SPECTATOR INFO

## BLACKBIRD

### SAN FRANCISCO, CA

**Captains:** Lauren Casey, Mac Taylor, Nick Slovan

@Blackbird\_SF



Blackbird is a San Francisco mixed team pulling from the deep talent pool of the Bay Area since 2011. We are a dynamic group of people and players with a wealth of club and international experience, which makes Blackbird the team it is year after year. In six seasons, Blackbird has earned five USAU National Championship appearances, including back-to-back championships in 2011 and 2012, and top-eight finishes (Pro Flight) in 2014 and 2015. We pride ourselves on the Happy Grind: an attitude that takes our team's culture and pairs it with an unrelenting work ethic on the field.

### ROSTER

2	Corey Lee	5'7"	34
3	Castle Sinicrope	5'4"	32
4	Deanna Bjorkquist	5'5"	27
5	Tommy Hendrickson	5'11"	30
6	Scott Mahr	5'11"	31
7	Rachel Holz	5'1"	42
9	Adam Farren	6'1"	33
10	Krisztina Jozsef	5'3"	32
11	Barrs Lang	6'1"	32
12	Lauren Casey	5'8"	33
13	Sally Mimms	5'7"	36
14	Mia Smucny	5'3"	31
17	Bill Finn	6'3"	34
18	Casey Ikeda	5'6"	27
21	Adam Scow	6'2"	33
22	Nick Slovan	6'3"	33
23	Remy Schor	5'4"	36
24	Daniel Gillick	6'3"	34
28	Sheeva Slovan	5'4"	31
29	VY Chow	5'5"	41
30	Megan Schoellhamer	5'6"	32
40	Mac Taylor	6'3"	30
42	Jeremy Norden	6'1"	27
51	Ryan Scribner	6'0"	37
64	Justin Norden	6'2"	25
99	Tim Gilligan	5'10"	27

# MIXED TEAMS

## DRAG 'N THRUST

### MINNEAPOLIS, MN

Coaches: Jake Henderson, Tallis Boyd

Captains: Sarah Meckstroth, Jake McKean, Brian Schoenrock

dragnthrust.com

@dragnthrust



Drag'n Thrust, from Minneapolis, Minn., is thrilled to be back at Nationals in 2016. Formed in 2009, Drag'n has qualified for the championship tournament for seven straight years, finishing first in '13, '14, and '15. Drag'n, as a representative of the mixed division, is committed to practicing hard, showcasing the abilities of all athletes in cross-gender play, community involvement and spirit of the game. We support gender equity and are committed to the growth of ultimate in ways that value fair play and opportunities for all. #genderequityultimate

### ROSTER

00	Alicia Carr	5'7"	31
1	Jeff Trosvig	6'0"	29
2	Emily Regan	5'3"	25
3	Pat Niles	5'10"	32
4	Erica Baken	5'7"	26
5	Brett Sullivan	6'1"	24
6	Jake McKean	5'11"	32
7	David Shirley	6'2"	32
8	Claire Oakley	5'8"	28
9	Jay Drescher	5'9"	27
10	Martha Lien	5'2"	28
12	Danny Collom	5'7"	30
13	Jacob Lien	5'11"	25
14	Austin Lien	5'8"	27
15	Patty King	5'4"	29
16	Brian Schoenrock	6'1"	26
17	Eric VanderMolen	6'3"	27
18	Greg Arenson	6'1"	26
19	Mike Clark	5'11"	26
21	Chip Chang	5'1"	24
31	Josh Hemmesch	5'10"	33
32	Meredith Bray	5'4"	25
33	Jaime Glader	5'1"	30
34	Jimmy Kittleson	6'3"	24
35	Sarah Ancaux	5'8"	28
37	Sierra Barthen	5'3"	29
44	Sarah Meckstroth	5'8"	24

## G-UNIT

### GAINESVILLE, FL

Coaches: Christopher Lemons, Allen Lu

Captains: Christopher Lemons, Lisa Fitton

@gunitultimate



G-Unit began in 2015, going undefeated in the un-sanctioned tournaments it competed in. This fast start, along with perfect timing in 2016, convinced the team to come together to make a mark on the ultimate scene. Pulling players from teams all across Florida, G-Unit started the season with two goals in mind: 1) to enjoy playing ultimate with friends, and 2) to qualify for Nationals. Experience says these two goals don't go together, but G-Unit had set its course. Against the growing pains of women's and men's players learning to work together, G-Unit experienced both success and failure in its inaugural season. Now, against all odds and opposition, G-Unit is headed to Nationals in its first year, our two goals behind us. We love our teammates, and we love the game. And we know we may not be as cool as G-Unit the rappers, but we're probably more athletic.

### ROSTER

00	Lisa Fitton	5'4"	26
1	Josh Layton	5'1"	22
2	Bennett Wachob	5'11"	27
4	Drew Magee	5'9"	36
5	Jose Varillas	5'5"	25
6	Adam Carr	6'1"	25
7	Danny Bishop		22
8	Eric Sievers	5'8"	28
9	Tori Taylor	5'4"	21
11	Jacob Dummeldinger	6'1"	23
15	Tanner Repasky	5'11"	22
16	Patrick Gettino	5'10"	24
17	Megan Reeves	4'11"	25
18	Hayden Wachob	6'1"	21
21	Joshua Hyde	5'7"	27
23	Graham Culbertson	6'2"	33
24	Lari Ferreira	5'3"	24
33	Drew Ward	6'0"	22
41	Reba Havis	5'5"	23
42	Alleigh Grover	5'7"	23
66	Hayley Plants	5'5"	20
69	Jaime Estes	5'3"	22
80	Kelsea LeBeau	5'6"	23
88	Daniel Conrad		22

# MIXED TEAMS

## LOVE TRACTOR

### DENVER, CO

Coach: Jesse Kuroiwa  
Captain: Stanley Strunk  
lovetractorultimate.com  
@love\_tractor



Since 2008, Love Tractor has been sowing the ultimate fields with seeds of love: for the game, our teammates and opponents. Like Tractors, we work hard and, over the seasons, have grown from just a lil' ole Tractor playing in Colorado into the team we are today, making our second consecutive Nationals appearance. Winners of the team spirit award at the 2015 National Championships and the TCT Pro-Elite Challenge this season, Love Tractor comes to Rockford to harvest the fruits of our labor. Love Tractor prides itself on playing solid team ultimate and competing hard while maintaining a fun and spirited disposition. Love and respect of our teammates, opponents and the game is our foundation, and we look forward to some spirited, strong competition once again at this year's National Championships. #lovesowharvest

### ROSTER

1	Spencer Norman	6'2"	31
2	Chris Hart	5'8"	31
4	David Protter	5'9"	28
5	Jack McShane	6'0"	29
6	Clay Heinzl-Nelson	5'11"	28
8	Scott Forrester	6'4"	28
9	Jimi Cantwell	6'1"	33
10	Brian Carroll	6'1"	34
11	Meg Henderson	5'3"	20
12	Joe Iannacone	5'10"	36
13	Christine Kamin	5'4"	29
14	Stephanie Redfern	5'3"	30
15	Lauren McShane	5'3"	29
16	Madeline Kreider Carlson	5'7"	27
17	Brady Stoll	5'7"	28
18	Stephanie Frost	5'8"	25
19	Garrett Moulder	6'3"	27
20	Amelia Zutz	5'7"	28
21	Leia Walker	5'7"	26
23	Camden Kittredge	6'2"	32
25	Julia Ting	5'3"	22
33	David Kamin	5'10"	31
35	Kate Pearson	5'8"	25
41	Katie Patterson	5'6"	30
44	Jacob Zax	5'9"	25
74	Stanley Strunk	6'1"	40

SPECTATOR INFO

## METRO NORTH

### MIANUS, CT

Coach: Rafe Steinhauer  
Captains: Andrew Bosco, Seth Canetti, Mari Oshiro, John Palmer  
facebook.com/ChooChooMN  
@CatOrBag



Cat or bag? We're not sure either, but the same thing happens when the train runs it over. From Mianus, Conn., Metro North, much like its namesake commuter rail, connects New York and Connecticut, merging two cores of players from Bashing Pinatas/SHUYAMOUF and District 5. This express train is coming to your station soon. Choo Choo!

### ROSTER

0	Eugene Yum	6'1"	35
1	Teddy Mason	6'1"	32
2	Diane Palmer	5'8"	32
3	John Korber	6'1"	34
4	Dave Tedayan	6'0"	32
5	DJ Harris	6'1"	30
6	Chris Mazur	6'1"	30
7	Liz Middleton	5'3"	31
8	Alex Grin	5'8"	28
11	YoungJo Fontaine	5'11"	28
12	Emma Stoltze	5'5"	25
13	Erin Ivers	5'7"	26
14	Kerry Beyrer	5'7"	30
18	Kendra Frederick Bosco	5'9"	36
19	Ben Ivers	6'0"	26
24	Seth Canetti	5'9"	34
23	Allison Walker	5'5"	27
26	Andrew Bosco	5'11"	30
27	Taylor Simpson	5'7"	25
32	Lauren Doyle	5'8"	27
37	Lindsey Newman	5'4"	27
42	John Geraghty	6'1"	26
45	William Olli	5'8"	32
47	Lucas Murphy	5'8"	31
54	Mari Oshiro	5'3"	31
69	Adrienne Altobelli	5'7"	32
76	Allison Yum	5'8"	34
80	John Palmer	6'5"	33
81	Sean Murray	6'1"	34
85	Vincent Fiacco	6'2"	31

# MIXED TEAMS

## MISCHIEF

### SAN FRANCISCO, CA

Coach: Chris Doyle  
Captain: Kevin Smith  
mischiefultimate.com  
@mischief\_nation



Mischief. It means trickery, chicanery and spirited fun. It means winning games with our legs and, when our legs can't run any more, going the last mile with heart. It means always having more in the tank. It means putting everything on the line for our team and taking pride in being the best we are capable of becoming. Above all, it means love and family.

Mischief was founded in 2003, and our goal is to foster a supportive and fun environment that motivates us to work hard, commit and sacrifice for each other to compete at the highest level. Mischief has been a consistent force in the mixed division for over a decade, and we are excited to make our ninth appearance at Nationals!

### ROSTER

00	Matt West	5'8"	33
2	Adam Brown	5'9"	35
3	Preeti Nalavade	5'6"	29
4	Drew Kim	5'11"	33
5	Robert Yeagle	6'0"	22
6	James Hansell	6'2"	28
7	Devon Ray Williams	5'9"	28
8	Jessica Madding	5'8"	27
9	Andrew Berry	6'0"	34
10	Brett Petersen	5'8"	23
11	Jon Greenberg	5'11"	32
12	Candice Tse	5'2"	32
13	Tyler Grant	6'1"	36
14	Ellen Rim	5'2"	27
15	Nate Young	5'9"	31
18	Caitlin Rugg	5'6"	28
19	Ari Weitzman	5'9"	28
20	Jenny Wang	5'2"	27
25	Jacob Serrano	5'10"	30
28	Catherine Chen	5'3"	25
34	Evan Boucher	5'9"	30
36	Matt Heffernan	5'10"	32
45	Grace Flintermann	5'6"	22
47	Gina Schumacher	5'7"	26
66	Jackie Wang	5'4"	26
80	Kevin Smith	6'0"	32
85	Evan Brydon	6'1"	26

## MIXTAPE

### SEATTLE, WA

Coach: Charlie Mercer  
Captains: Bert Abbott, Cameron Bailey, Khalif El-Salaam, Lucy Williams  
@SeattleMIXtape



We started playing in 2008, but back then, we were called [redacted]. We won our first tournament in 2012, and in 2014, the first year we made Nationals, we placed second in the nation. As a team, we are committed to gender equity and are proud to represent the Northwest in the mixed division. We're excited to return to the Championships again this year and make a run at the title once again!

### ROSTER

0	Mikey Cavanaugh	6'2"	23
3	Cam Bailey	6'0"	30
4	Jesse Bolton	5'10"	21
5	Lauren Pattie	5'3"	28
6	Kahyee Fong	6'0"	27
7	Rachel Bailey	5'8"	33
8	Meegs Kapostasy	5'6"	32
9	Jen Cogburn	5'9"	26
10	Lexi Garrity	5'7"	27
11	Bert Abbott	5'6"	27
12	Brad Houser	6'0"	25
15	Drew Johnson	5'8"	27
19	Cole Johnson	5'10"	25
20	Grace Noah	5'6"	21
21	Lucy Williams	5'8"	25
22	Evan Klein	6'0"	28
24	Alex Duffel	5'9"	28
27	Dominic Cavalero	6'2"	24
28	Claire Revere	5'6"	21
31	Henry Phan	5'8"	21
32	Daniel Walton	6'0"	30
33	Debbie Barker	5'2"	34
50	Nick Dare	6'1"	36
81	Lani Nguyen	5'3"	22
85	Phil Paul	5'10"	33
99	Khalif El-Salaam	5'10"	21

# MIXED TEAMS

## NOISE

### MADISON, WI

Madison, WI

Coaches: Nick Heckman, Josh Davidson

Captains: Brittany Bergen, Mike Swain, Fran Kelley

noiseultimate.wordpress.com

@noiseultimate



Who is safe and when? No One Is Safe Ever! NOISE began in 2009 by uniting players from the Madison and Milwaukee areas who were interested in playing more competitively. Since that first year, NOISE has been the top mixed team in Wisconsin, progressively finishing higher at regionals each season until

becoming the first mixed club team to qualify for Nationals out of Wisconsin. The "tabletop" logo signifies that no one is safe, but we are NOISE in a literal sense as well. We love to be loud and hope you can hear us cheering from fields away. BOO CAT!

### ROSTER

1	Fran Kelley	5'11"	31
2	Joel Malerba	5'11"	25
3	Daniel Rowan	6'2"	25
4	Ness Cannaday	5'4"	27
5	Eric Alexander	6'3"	28
8	Maria Signore	5'6"	26
9	Joshua Wilson	6'1"	28
11	Brittany Bergen	5'7"	26
12	Liz Arakaki	5'6"	27
13	Sabrina Hoffman	5'6"	26
16	Frank Qin	6'0"	26
17	Emily Dayton	5'5"	24
18	Kevin Herrera	6'1"	30
19	Ari Davidson	5'11"	30
20	Lauren Perucco	5'5"	24
21	Anneke Vermaak	5'8"	21
22	Steve Haynes	5'7"	26
24	Justin Simanson	6'0"	29
27	Michael Swain	6'0"	31
29	Chris Reichel	6'0"	26
31	Michelle VanSchyndel	5'9"	26
34	Matthew Becker	6'2"	26
37	Rachel Okerstrom	5'10"	25
44	Rachel Enyeart	5'5"	21
48	Peter Guerin	6'2"	24
88	Claire Kelley	5'11"	30
99	Sam Loveland	6'2"	25

SPECTATOR INFO

## NO TOUCHING

### MINNEAPOLIS, MN

Captains: Sam Valesano, Graham Brayshaw, Paul Norgaard

@notouchingult



Defined by their core values of Passion, Practice and Sobriety, No Touching is thrilled to introduce the National Championships to their one-of-a-kind style of ultimate, and they demand to be

taken seriously. Seriously. Self-described as the most exclusive club team in Minnesota, and famed throughout the upper Midwest for their complex defensive schemes and unpredictable offense, look for No Touching to carry an unconscionable streak of good luck throughout the tournament. Easily recognized for the regiment of children and toddlers that fill their sideline, and of course, by the iconic Banana Stand that follows them everywhere (unless it's too much of a hassle), No Touching is pleased to announce that their average age qualifies for the masters division. With their wealth of experience, history of mediocrity and enduring love of ultimate, they're looking forward to #makingnationalsfunagain.

### ROSTER

2	Jolien Munsterhuis	5'7"	30
3	Brenna Kruse	5'7"	25
4	Tony Michaelson	5'7"	40
6	Sheila Cheng	5'4"	26
7	Bri Andrighetti	5'3"	33
9	Tyler McKean	5'11"	32
12	Mike Tschida	5'5"	31
13	Paul Norgaard	6'2"	39
16	Lindsay Nystrom	5'6"	28
18	Kirsten Walters	5'11"	39
20	Jimmy McDonald	6'3"	29
21	Dave Klink	6'0"	34
26	Joe Andrighetti	6'1"	34
29	Sam Pepe	5'10"	31
33	Graham Brayshaw	5'10"	36
42	Sam Valesano	5'9"	28
47	Vu Nguyen	5'7"	36
53	Erik Bredesen	5'9"	28
74	Wade Moravec	5'10"	37
76	Dan VanBergen	6'3"	39
77	Scott Walters	6'3"	40
78	Jeremy Keiser	5'9"	28
86	Aaron Hushagen	5'11"	40
88	Jeremiah Gagner	6'0"	36
99	Lauren Keiser	5'5"	28

# MIXED TEAMS

## PUBLIC ENEMY

### DALLAS, TX

Captains: Jessica Gamwell, Jonathan Higgins, Paul Utesch,  
Alex Welcing, Darius Tse  
@UltiPublicEnemy



Before there was Public Enemy, the Dallas/Fort Worth mixed ultimate scene was a metroplex divided for several years. Following subpar regional finishes in 2014, the captains of feuding teams Identity Crisis and Flying Dutchman started hosting a competitive pick up with the intentions of improving players within the community while bridging the gap between the two teams. Over the course of the offseason, members of the teams became friends and resolved that we were better together. It was then that we formed our vision: to be a Nationals-viable team that is relentlessly competitive while not compromising spirit or good attitude. After a largely successful 2015 season, we attracted the attention of several higher-level players who shared and believed in our goals and vision. Public Enemy is now a collection of DFW's rowdiest individuals, nicest kids, try-hard extraordinaires, peculiarly unassuming nonesuches and conch-loving hoodrats.

### ROSTER

0	Gregory Gipson	5'5"	26
1	Jarrod Hockett	6'2"	25
2	Colby Keen	6'2"	21
3	Drew Watson	5'11"	26
4	Rowdy Howell	6'4"	24
5	Darius Tse	5'11"	28
6	Chris Pleshek	6'0"	22
7	Lindsey Kappen	5'5"	25
8	Becca Philp	5'3"	24
9	Krystina Morris	5'4"	26
10	Zoey Clark	5'8"	20
11	Matt Davis	6'0"	29
12	Frank Macon	5'8"	23
13	Senna Nilsson	5'7"	22
19	Jonathan Higgins	6'0"	27
22	Bryan Bush	6'0"	25
23	Carrie-Lucy Kulp	5'7"	25
24	Jenna Bigbie	5'6"	24
26	Trevor Wiltz	5'8"	22
29	Jessica Gamwell	5'6"	30
41	Cara Utesch	5'7"	26
42	Paul Utesch	5'11"	32
48	Alex Welcing	6'0"	25
55	Sean Reed	5'8"	24
57	Abbey Hewitt	5'5"	25
80	Matt Ondek	6'2"	26

## SHAME.

### FORT COLLINS, CO

Captains: Jacob Juszak, Kelcie Glick, Nate Roth  
@ultimate\_shame

shame.



Two idiots (or friends) got drunk in a bar and decided to make a mixed team. Tragedy struck when they followed through. Combining forces with Brie Quigley, Nate Roth and Kelcie Glick, the foundation for shame was formed, and the ultimate world wept. The regretful crew is now 27 strong and is never not looking back.

### ROSTER

2	Hugh Carey	5'10"	30
3	Kelcie Glick	5'5"	33
4	Isabel Cisneros	5'5"	24
5	Henry Adams	5'11"	31
6	Quinn Finer	5'11"	18
7	Emily Hanson	5'4"	34
8	Bailey Russel	6'0"	37
9	Nate Roth	5'9"	33
10	Doug Stencik	5'9"	31
11	Danielle Love	5'7"	22
13	Kyle Enns	5'6"	26
14	Jade McLaughlin	5'6"	26
15	John Kearns	6'0"	25
20	Joshua Ackley	5'10"	35
22	Annika Walters	5'4"	37
23	Miranda Markland	5'7"	25
24	Zackary Fleming	6'0"	22
25	Nicholas Snuszka	6'1"	29
27	Chris Gauen	6'2"	25
46	Elizabeth Murphy	5'5"	23
48	Aubree Dietrich	5'7"	23
50	William Haden Chomphosy	5'6"	25
52	Marilyn Reich	5'8"	23
55	Oliver Feind	6'2"	24
56	Jacob Juszak	6'3"	27
64	Michael Lin	6'0"	25
82	Joel Anton	5'11"	22

# MIXED TEAMS

## SLOW WHITE

### BOSTON, MA

Coaches: Marshall Goff, Michael Miller, Corey Flynn

Captains: Hannah Baranes, Alex Trahey

@SlowWhite\_



Look, this is our 12th straight year here – yes, Rockford is the perfect getaway from Northeastern leaf-peepers this time of year. You probably already know everything about us. So here's some cool information about not-us:

1. MA rt 2 (aka The Two) was recently awarded the "Flexi National Scenic Highway Award" for the 14th season in a row.
2. <http://tinyurl.com/zgrpg18> (safe for work!) - welcome to the future - no need to thank us.

### ROSTER

1	Lexi Zalk	5'9"	26
4	Dave Truesdale	5'10"	34
5	Shaun Doherty	5'11"	27
6	Shaun Krieger	6'0"	28
7	Rosie Ano	5'5"	34
8	Ryan Richardson	5'10"	31
9	Jeff Smith	5'10"	31
11	Ben Katz	5'8"	25
12	Chris Waite	6'0"	31
13	Dan Patistead	6'1"	33
14	Hannah Baranes	5'5"	26
15	Tannor Johnson	6'4"	19
16	Erin Rea	5'10"	24
17	Kirsten Lundquist	5'5"	27
19	Olivia Hampton	5'4"	21
21	Steve Sullivan	5'10"	33
22	Karl Ekwurtzel	6'2"	26
23	Miles Montgomery-Butler	6'1"	31
24	Andy Schachter	5'10"	28
25	Alex Trahey	6'4"	27
26	Rachael Westgate	5'5"	26
28	Vicki Chang	5'5"	25
42	Mary Glickman	5'6"	32
55	Todd Herman	6'4"	29
64	Davis Whitehead	6'0"	25
71	Julie Sussman	5'3"	35
89	Annie Fisher	5'6"	26

SPECTATOR INFO

## STEAMBOAT

### CINCINNATI, OH

Coaches: Jeff Kula, Nichole Kwee, Ryan Gorman

Captains: Jeff Kula, Nichole Kwee, Ryan Gorman

steamboatultimate.com

@cincysfb



Steamboat was formed in 2008 and is based out of Cincinnati, Ohio. In our ninth season, Steamboat remains one of the longest-standing mixed teams in the Great Lakes Region and draws players from southwest Ohio and beyond. We captured our second regional championship earlier this month in Rockford

to claim a bid to the National Championships, with our other Nationals appearance coming in 2013. The 2016 season has been one of the most successful in program history with a 36-1 record and championships won at five of six tournaments played (including the Elite-Select Challenge and Select Flight Invite of the Triple Crown Tour). We've been tested to get to this point of the season and hope that our experience has prepared us for the opportunity. It's anchors away as this Boat has sights set for Rockford again! #AllAboard #SFB2016

### ROSTER

0	Jeff Kula	5'6"	37
2	Nancy Haskell	5'2"	30
3	Eddie Mack	5'7"	33
4	Katie Claiborne	5'4"	25
5	Ryan Gorman	6'3"	29
7	Bryan Walsh	5'11"	22
8	Tim Settles	5'9"	27
10	Jen Golan	5'8"	31
12	Josh Findley	5'10"	31
13	Kristin Bolte	5'9"	24
17	Claire Schwaba	5'6"	20
18	Kelsey Gibboney	5'7"	22
21	Scott Schriener	6'2"	26
22	Brittany Winner	5'10"	31
23	Nichole Kwee	5'8"	23
24	Mya Hernandez	5'6"	28
27	Chris Powers	6'0"	28
28	Jeff Haney	5'10"	29
33	Austin Winner	6'2"	29
38	Joe Mozloom	5'11"	29
44	Evan Priest	5'10"	28
77	Daniel Khoe	5'9"	23
78	Tiffany Lim	5'3"	21
99	Kevin Kula	5'10"	35

# WOMEN'S TEAMS

## BRUTE SQUAD

### BOSTON, MA

Coaches: Ariel Jackson, Mike Zalisk

Captains: Chelsea Murphy, Claudia Tajima

brutesquadultimate.com

@100percentbs



Founded in 2002, Boston Brute Squad is six years younger than its youngest player and 22 years younger than its oldest player.

Brute Squad is just a bunch of athletes – athletes working tirelessly for each other. We try to be the best

we can be at the sport we love. We are honored to be taking the field in Rockford with TEAMmates, opponents and organizers who value gender equity in ultimate and are working towards finding a new path towards growth that does not inherently favor male athletes. We are excited for Nationals and the future of our sport.

The Squad's nine Jewish teammates are excited to celebrate #Rosh-HashanahinRockford with 1,200 of their closest friends. Prepare for WOOTsquad to come out in moments of joy and TOOTsquad to come out after meals. When Nationals is over, Kaputsquad will also be excited to return to the temperate October climate of Boston.

### ROSTER

1	Sophia Herscu	5'4"	27
3	Courtney Verhaalen	5'6"	28
4	Lien Hoffmann	5'6"	25
5	Julianna Werffeli	5'8"	20
6	Claudia Tajima	5'6"	25
7	Kami Groom	5'5"	26
9	Becca Ludford	5'6"	26
10	Amber Sinicrope	5'4"	27
11	Christie Kim	5'4"	29
12	Dory Ziperstein	5'7"	28
13	Becky Malinowski	5'10"	27
15	Kim Culpán	5'9"	26
17	Angela Zhu	5'4"	20
18	Leila Tunnell	5'9"	27
20	Sarah Cook	5'3"	36
21	Chelsea Murphy	5'2"	27
22	Vicky Negus	5'8"	26
25	Shira Klane	5'4"	28
26	Elana Schwam	5'4"	29
28	Shellie Cohen	5'9"	23
32	Lauren Sadler	5'2"	25
33	Laura Bitterman	6'2"	28
37	Molly Hallweaver	5'8"	26
39	Sydney Dobkin	5'6"	25
52	Caitlin O'Connell	5'10"	25
71	Cassandra Wong	5'3"	28
83	Aly Heath	5'11"	29

## FURY

### SAN FRANCISCO, CA

Coaches: Idris Nolan, Matty Tsang

Captains: Alex Snyder, Carolyn Finney, Anna Nazarov

facebook.com/furyultimate

@furyultimate

### FURY



ULTIMATE

Since its inception in 1997, Fury has been comprised of a diverse group of women, but everyone has shared a common goal: to excel at the sport we love, together. Today, we are proud to play in a league alongside athletes and with a governing body who value gender equity, and we are optimistic and excited about the

opportunities that will be available to future Furies and other female athletes in our sport.

### ROSTER

0	Marisa Mead	5'6"	28
1	Magon Liu	5'4"	25
2	Katie Ryan	5'6"	27
3	Sharon Lin	5'2"	23
4	Alex Snyder	5'8"	33
5	Kaela Jorgenson	5'8"	28
6	Alicia Dantzker	5'8"	34
7	Stephanie Lim	5'4"	24
8	Nancy Sun	5'6"	34
9	Marika Austin	5'7"	28
10	Genevieve Laroche	5'8"	38
11	Carolyn Finney	5'3"	28
12	Diana Charrier	5'8"	25
13	Cree Howard	5'8"	29
15	Alden Fletcher	5'8"	32
16	Michela Meister	5'9"	24
20	Andrea Romano	5'9"	30
21	Meeri Chang	5'2"	24
22	Sarah Carnahan	5'8"	32
27	Ness Fajardo	5'6"	32
28	Lisa Couper	5'8"	24
33	Anna Nazarov	5'3"	32
42	Darragh Clancy	5'7"	30
44	Maggie Ruden	5'6"	27
51	Claire Desmond	5'8"	26
66	Lakshmi Narayan	5'7"	32
71	Manisha Daryani	5'4"	33

# WOMEN'S TEAMS

## GREEN MEANS GO

### PHILADELPHIA, PA

Coach: Jeff George

Captains: Nichole Smith, Elaine Dziemianowicz

greenmeansgoultimate.wordpress.com

@PhillyGMG



The team was started in 2011 and has been the longest-standing competitive women's team in Philadelphia since the Philly Peppers dissolved in 2005. The team was started with the mission of encouraging, improving and sustaining women in ultimate in the greater Philadelphia region, and we are proud to say that in our fifth year, we continue to fulfill this mission. Two years ago, GMG made its first appearance at Club Nationals, finishing in 15th place. Last year, we took a very young team, including 10 college women, to regionals and challenged Scandal to a close game in the final round. GMG also was included in the All-Star Tour in 2015. It was an incredible experience for our team, as well as for the community, who came out in droves to watch (perhaps for the first time) very high-level women's ultimate. GMG is a team that works hard, has fun doing it and strives to create a community feel within the team as well as outside of the team.

### ROSTER

00	Shannon Tsai	5'2"	25
2	Margie Guy	5'4"	23
3	Angela Martin	5'8"	22
4	Meg Wadlinger	5'4"	23
5	Yolanda Scarpati	5'4"	28
6	Malti McKinnon	5'8"	23
11	Vicki Chen	5'4"	28
12	Gillian Crysler	5'3"	20
14	Sarah Gleeson	5'4"	25
16	Kat Ritzmann	5'2"	21
17	Anna Thompson	5'3"	19
18	Elaine Dziemianowicz	5'6"	28
19	Amel Awadelkarim	5'5"	22
20	Danielle Walsh	5'7"	26
21	Mackenzie Perket	5'2"	22
22	Beata Szekeres	5'3"	24
23	Nichole Smith	5'2"	28
24	Casey Gorman	5'7"	27
26	Ashley Un	5'2"	29
29	Jackie Fane	5'6"	26
43	Jocelyn Corey	5'5"	22
44	Natalie Gustafson	5'6"	25

SPECTATOR INFO

## HEIST

### MADISON, WI

Coaches: Robyn Wiseman, Kelsen Alexander

Captains: Liza Minor, Robyn Wiseman, Rose Glinka

heistultimate.wordpress.com

@heistultimate



Heist was formed in 2012 to provide women in the Midwest a greater opportunity to compete in the women's division. At that time, the only options were in major cities: Minneapolis and Chicago. Robyn Wiseman (Fennig), Corinne McKittrick (Wade) and Georgia Bosscher dreamt of providing an opportunity for women who aren't located in those bigger cities to compete against other top-tier women, while building community in the Midwest: Heist was born. Interest in and support for Heist grows every year, as we increase our competitiveness, commitment to growth and investment in ourselves and the team. We balance traveling to National-caliber elite tournaments with competing in regional tournaments to build women's ultimate in the Midwest. Cheese and rice! Let's go Heist!

### ROSTER

2	Jessi LeDonne	5'2"	28
3	Liza Minor	5'6"	25
5	Rose Glinka	5'2"	29
7	Austin Prucha	5'8"	28
8	Adrienne Wells	5'6"	25
10	Alison Vandegrift	5'9"	26
11	Melissa Gibbs	5'7"	30
12	Jasmine Draper	5'3"	29
13	Brittney Kokinos	5'3"	20
16	Margaret Walker	5'8"	17
17	Kelly Wiese	5'7"	26
19	Kayla Emrick	5'3"	25
22	Arthi Padmanabhan	5'7"	34
23	Anna Williams	5'6"	29
24	Kristen Brenner	5'2"	27
30	Jean Huang	5'7"	23
31	Mary VanDuyn	5'4"	26
33	Emily Lander	5'9"	23
40	Amelia Cuarenta	5'6"	25
42	Liz Gronert	5'7"	22
44	Hannah Frank	5'9"	23
45	Becky LeDonne	5'7"	39
47	Steph Knell	5'8"	30
55	Liz Kaloupek	5'5"	23
77	Laurel Schmidt	5'5"	27
87	Emily Langland	5'2"	27
91	Georgia Bosscher	5'7"	29

# WOMEN'S TEAMS

## IRIS

### QUEBEC, CAN

Coaches: Mathieu Bordeleau, Jean-Philippe Gérin

Captains: Audrey St-Arnaud, Genevieve Dufresne

facebook.com/irisultimate

@iris\_ultimate



Iris is the first senior women's team officially supported by the FQU (Fédération québécoise d'ultimate). The idea was to unite Quebec's top female players into a provincial team in order to compete at the highest level.

In its first season, Iris displayed strong performances, reaching the Canadian Ultimate Championships women's final and a qualification to the USA Ultimate National Championships.

This year, the returning group of coaches (Mathieu Bordeleau, Jean-Philippe Gérin and Jean-Philippe Riopel) have combined veterans with experienced rookies and youth players on the team roster.

### ROSTER

2	Audrée Jeanne Beaudoin	5'5"	27
3	Virginie Maltais	5'2"	22
4	Marie Genest	5'3"	21
6	Andréanne Bourgeois	5'4"	31
9	Emilie St-Pierre	5'6"	28
10	Jessie Grignon Tomas	5'7"	28
12	Alexandra Picard	5'7"	27
13	Anouchka Beaudry	5'9"	18
14	Kimberly Morin Coulombe	5'6"	25
15	Shaunagh Howard	5'4"	29
16	Marie-Eve Beauchemin	5'4"	26
17	Sabrina Beaudet	5'5"	31
19	Genevieve Dufresne	5'10"	38
20	Marie-Hélène Audet	5'3"	35
22	Audrey St-Arnaud	5'4"	28
23	Julie Daviau	5'9"	32
25	Corine Massé	5'9"	26
26	Frederique Asselin	5'5"	36
27	Mélissa Poulin Cadovius	5'4"	29
33	Julie Landry	5'5"	34
40	Camille Barnes	5'4"	21
70	Gabrielle Ouellet	5'3"	26
80	Marikha Nguyen	5'1"	22
82	Isabelle Toutant	5'9"	33

## MOLLY BROWN

### DENVER, CO

Coach: Joe Durst

Captains: Alicia White, Claire Chastain, Maggie Chen

mollybrownultimate.com

@mollybrownstown



Molly Brown, also known as "The Unsinkable Molly Brown," was an American socialite, philanthropist and women's rights activist. She became famous when, after surviving the 1912 sinking of the RMS Titanic in Lifeboat No. 6, she encouraged the crew to return to the capsized site to search for survivors. As a

former resident of Leadville, Colo., Molly Brown has inspired our ultimate team to represent everything she stands for. This year, our team has been involved in the advancement of gender equity in ultimate. We believe all athletes should be valued equally and, as such, we support equitable coverage of female athletes. We know Molly Brown would have supported equity herself, and we are proud to wear her name on our jerseys as we compete for a national title this year.

### ROSTER

2	Sam Peletier	5'7"	25
3	Maggie Chen	5'6"	27
5	Nhi Nguyen	5'5"	21
6	Ashley Daly Morgan	5'6"	31
7	Paige Applegate	5'7"	25
9	Octavia Payne	5'6"	27
10	Lindsey Cross	5'8"	27
11	Dena Slattery	5'5"	30
15	Dori Franklin	5'9"	23
16	Megan Cousins	5'6"	24
18	Crystal Davis	5'6"	32
19	Christina Mickle	5'8"	24
21	Tina Snodgrass	5'11"	29
23	Lauren Boyle	5'5"	29
25	Kirstin Johnson	5'4"	22
26	Lisa Pitcaithley	5'9"	24
27	Tania Reitz	5'6"	28
28	Sally Lambert	5'10"	30
33	Lauren Baecher	5'7"	25
42	Lisi Lohre	5'7"	23
47	Rebecca Miller	5'4"	25
49	Alicia White	5'7"	34
52	Claire Chastain	5'5"	25
55	Sara Taggart	5'9"	24
65	Megan Ives	5'6"	20

# WOMEN'S TEAMS

## NIGHTLOCK

### SAN FRANCISCO, CA

Coaches: Elizabeth Penny, Wesley Chao, Emanuela Argilli

Captains: Briana Cahn, Claire Sharman, Loryn Kanemaru

nightlockult.com

@nightlockult



Now in our fifth season, Nightlock is a women's team out of the Bay Area, Calif., that focuses on our core values of Growth, Respect, Intensity and Team (GRIT) -- we play with heart, discipline and joy and challenge each other to be our best. We love mini(!), sweaty sprints up hills, obscure Hunger Games references, making a thousand GroupMes that include the same group of people and high fives. We'll see you on the field, and may the odds be ever in your favor!

### ROSTER

0	Mallory Meiser	5'5"	27
2	Marisa Rafter	5'8"	23
3	Loryn Kanemaru	5'5"	28
5	Laurel Oldershaw	5'2"	24
7	Claire Sharman	5'8"	29
8	Rachel Habbert	5'4"	29
9	Alexandra Stambaugh	5'5"	24
10	Malina Wiebe	5'4"	26
11	Iris Leung	5'2"	29
12	Heather Waugh	5'3"	30
13	Marie Laurenza	5'7"	31
14	Emmy Kolanz	5'5"	24
15	Annë Rempel	5'8"	24
16	Jennifer Founds	5'7"	28
17	Abby Edwards VanMuijen	5'7"	26
18	Shannon Bubb	5'2"	27
19	Adrienne Lemberger	5'7"	26
20	Briana Cahn	5'7"	27
21	Hayley Wahlroos	5'6"	21
22	Katie Swinnerton	5'5"	24
23	Sabrina Fong	5'7"	26
24	Natasha Won	5'3"	25
25	Audrey Wei	5'4"	28
27	Kira Lou	5'6"	24
33	Carol Chen	5'2"	37
42	Jackelyne Nguyen	5'5"	21
47	Bethany Kaylor	5'7"	24
88	Alina Kagan	5'5"	27

SPECTATOR INFO

## OZONE

### ATLANTA, GA

Coaches: Chris Goodson, Martin Aguilera

Captains: Emily Lloyd, Meg Harris

ozoneultimate.com

@ozoneultimate



2016 is a pretty big year for Ozone. For starters, scientific studies have indicated that the hole in the Ozone layer is starting to heal. Go Earth! On top of

that, we got to send Mira Walker to London to win a gold medal with Team USA, participate in the All-Star Tour for the second year in row, and continue promoting women's ultimate in the Southeast through the 16 Ozone players who coach college and youth teams. In the 33 seasons that Ozone has been around, we've seen a lot of incredible women do a lot of amazing things. Thanks for being our teammates, our competitors and our friends every step of the way. And in case you haven't heard yet, those Atlanta girls sure do like to eat.

### ROSTER

2	Emily Lloyd	5'7"	25
3	Paige Carver	5'0"	24
4	Marissa Hicks	5'7"	72
5	Evelina Pierce	5'10"	28
7	Lane Siedor	5'10"	24
8	Sam Daugherty	5'9"	21
9	Anraya Palmer	5'5"	25
10	Sophie Darch	5'5"	25
11	Caroline Pearson	5'7"	24
12	Ashley Brown	5'7"	22
16	Leah Tsinajinnie	5'3"	26
19	Allison Snow	5'3"	29
20	India Stubbs	5'8"	23
22	Sierra Rimmer	5'7"	21
24	Katherine Wooten	5'11"	34
25	Katherine Hines	2'4"	23
26	Catherine Woodhurst	5'10"	23
27	Meg Harris	5'6"	27
31	Sam Stovall	5'7"	30
32	Haley Reese	5'9"	28
44	Mira Walker	5'6"	29
33	Kristin Lloyd	5'7"	23
83	Shanye Crawford	5'4"	33
89	Kristina Chambers	5'5"	27
91	Hannah Leathers	5'6"	25

# WOMEN'S TEAMS

## PHOENIX

### RALEIGH, NC

Captains: Michelle Ng, Rachel Rushing, Jenna Dahl  
phoenixultimate.com  
@PHXUltimate



According to mythology, the phoenix is a legendary bird that consumed itself by fire and rose alive from the ashes of its predecessor to live another era. In our short history, we have taken the cyclical lifespan of the phoenix a little too literally by burning and rising from our own ashes each season. But after last year's Pro Flight finish, it's safe to say this phoenix is on the rise.

### ROSTER

1	Lindsay Soo	5'8"	21
2	Brooke Stanislowski	5'6"	26
3	Lyra Olsen	5'5"	23
5	Jessi Jones	5'7"	25
6	Jenny Wei	5'7"	21
10	Michelle Ng	5'3"	32
12	Mariel Hammond	5'4"	24
15	Ashley Powell	5'4"	20
17	Jenna Dahl	5'3"	25
19	Rachel Rushing	5'7"	26
21	Kyra Catabay	5'2"	26
22	Heather Zimmerman	5'1"	26
23	Meg Duffy	5'4"	24
24	Katelyn Travaglini	5'7"	26
25	Judy Winglee	5'2"	29
26	Chloe Greene	5'9"	23
29	Ann Sittler	5'1"	28
44	Katy Harris	5'6"	36
52	Erynn Schroeder	5'6"	23
66	Simone Whale	6'0"	24

## RIOT

### SEATTLE, WA

Coaches: Gwen Ambler, Andy Lovseth  
Captains: Rohre Titcomb, Fiona McKibben  
SeattleRiot.org  
@SeattleRiot



Riot was founded in 2000 in the wake of the WTO protests. Since then, we've worked hard to promote women in the sport. We are athletes. We are coaches. We are USA Ultimate volunteers. We are ultimate business owners. We are advocates for the next generation of girls having ultimate role models and lowered barriers for participation. We believe that no athlete is inherently less valuable based on gender, but historically, female athletes have not been valued equally by society. Ultimate has the opportunity to be a sport which models gender equity on the field and in the ways in which our sport is showcased, is governed and allocates resources, which will help our sport will find a path towards growth that does not inherently favor male athletes.

### ROSTER

0	Paige Soper	5'4"	25
1	Kelly Johnson	5'5"	29
4	Rohre Titcomb	5'6"	28
5	Alex Ode	5'8"	23
6	Sarah Griffith	5'5"	30
7	Calise Cardenas	5'4"	29
8	Rachel Bradshaw	5'7"	29
9	Qxhna Titcomb	5'7"	23
10	Shira Stern	5'5"	25
11	Nora Landri	5'3"	21
12	Callie Mah	5'8"	25
13	Kirstin Gruver	5'5"	27
14	Hana Kawai	5'1"	28
15	Bailey Zahniser	5'3"	26
16	Cassie Swafford	5'10"	25
17	Dominique Fontenette	5'6"	41
19	Fiona McKibben	5'4"	27
20	Charlie Eide	5'7"	28
21	Molly McKeon	5'5"	29
22	Jaclyn Verzuh	6'1"	19
24	Sarah Davis	5'5"	25
25	Alyssa Weatherford	5'5"	29
27	Julia Snyder	5'5"	24
34	Geli Boyden	5'8"	27
77	Jillian Goodreau	5'11"	27
81	Charlie Mercer	5'8"	29

# WOMEN'S TEAMS

## RIVAL

### COLUMBUS, OH

Coaches: DeAnna Ball, Andrew Theiss

Captains: Caitlin Harley, Becky Moore, Janine Walker

rivalultimate.com

@RivalUltimate



Just in time for the 2015 club season, a group of alumni and current players from two Midwest college ultimate programs, Ohio State Fever and Michigan Flywheel, joined forces and set out to establish a new nationally competitive club women's team in the Great Lakes Region, fittingly titled Rival. After laying

the groundwork throughout our inaugural season, we continued to grow and define our team throughout the offseason and came into our second year ready to continue to raise the bar. We are beyond excited to have reached another milestone as a team as we set foot on the Nationals stage for our first time this season!

### ROSTER

1	Sadie Jezierski	5'5"	20
2	Ashley Leyden	5'4"	22
3	Alaine Wetli	5'4"	23
4	Sarah Butts	5'10"	29
5	Stevie Miller	5'6"	23
6	Corinn Pruitt	5'6"	22
8	Becky Moore	5'8"	24
9	Janine Walker	5'8"	27
10	Kristen Smiach	5'7"	27
11	Tracey Lo	5'3"	22
12	Katie Backus	5'7"	24
14	Theresa Zettner	5'7"	24
15	Brittany Wright	5'5"	20
16	Sarah Craycraft	5'11"	26
18	Caitlin Harley	5'7"	24
20	Sophia Knowles	5'9"	22
21	Danielle Runzo	5'1"	22
22	Talia Barth	5'9"	23
27	Bailey Torvinen	5'5"	24
28	Lauren Ficek	5'6"	20
30	Jodi McCloskey	6'0"	30
31	Sara Scott	5'4"	25
37	Hannah Henkin	5'3"	22
77	Amanda Noonan	5'6"	22

SPECTATOR INFO

## SCANDAL

### WASHINGTON, DC

Coaches: Alex Ghesquiere, Bryan Dombrowski

Captains: Shino Yoshen, Sandy Jorgensen

scandalultimate.com

@scandalultimate



Scandal is an elite women's team from Washington, D.C. in its ninth year. We are two-time national champions (2013 and 2014) and placed third at the World Ultimate Club Championships in 2014. We are excited for another opportunity to compete against other elite female athletes at the National Championships this year, and we are proud to add our voice to the community

of ultimate players dedicated to working for gender equity. The future is bright.

### ROSTER

3	Amy Wickner	5'9"	32
4	Sarah Itoh	5'6"	30
5	Anne Price	5'6"	28
6	Lisa Kowalski	5'7"	22
7	Kimberly Beach	5'5"	44
8	Kristin Franke	5'2"	31
9	Jessie O'Connor	5'6"	24
10	Jenny Fey	5'8"	31
11	Nada Tramonte	5'4"	23
12	Amy Zhou	5'2"	23
13	Kath Ratcliff	5'8"	35
14	Samantha McClellan	5'6"	29
15	Jesse Shofner	5'1"	23
17	Shino Yoshen	5'9"	27
18	Sarah Markowski	5'2"	26
19	Claire Smullen	5'7"	30
21	Colleen Giglia	5'4"	26
22	Theresa Hackett	5'7"	29
23	Sarah Lord	5'5"	23
24	Kate Chang	5'8"	29
37	Sandy Jorgensen	5'9"	30
42	Laura Pape	5'6"	24
44	Keila Strick	5'6"	21
50	Hannah Boone	5'10"	25
55	Molly Roy	5'3"	29

# WOMEN'S TEAMS

## SCHWA

### PORTLAND, OR

Coaches: Derek Gottlieb, Robert Gough

Captains: Kathryn Weatherhead, Emily Flanders, Sarah Read-Brown

facebook.com/schwaultimate

@SchwaUltimate



This is Schwa's 21st season! After forming in 1995, Schwa went to Nationals in nine of its first 10 seasons and played for the championship in three of those appearances, helping establish the Northwest as the most formidable region in the women's division. The dedication of our players, as well as the tenacity and

competition provided by all of our Northwest neighbors, has helped us grow into the team we are today. We are proud to represent Schwa, Oregon and the Pacific Northwest.

### ROSTER

00	Kathryn Weatherhead	5'4"	27
2	Clea Poklemba	5'5"	18
3	Emily Flock	5'4"	26
4	Natalie Green	5'2"	25
5	Margaret Wilson-Moses	5'9"	26
7	Sam Rodenberg	5'4"	23
8	Eva Popp	5'6"	24
9	Lillian Weaver	5'6"	21
10	Kimber Coles	5'3"	25
11	Emily Flanders	5'7"	28
13	Kelly Hansen	5'11"	29
14	Jenny Tibbals	5'8"	28
15	Sarah Read-Brown	5'4"	27
16	Adrienne Bovee	5'7"	24
17	Jenica Villamor	5'7"	27
18	Julia Sherwood	5'5"	27
21	Nicola Bruce	5'2"	21
25	Lauren Truxillo	5'2"	30
29	Alice White-Cyr	5'4"	33
33	Kendra Wahl	5'2"	21
35	Chelsea Twohig	5'6"	31
36	Ellen Kalenscher	5'5"	21
43	Ella Hansen	5'8"	20
77	Sara Stratton	5'5"	23

## SHOWDOWN

### AUSTIN, TX

Coaches: Adam Goff, Sean McCall

Captains: Katey Forth, Edith Teng

facebook.com/pages/Texas-Showdown/242891214064

@txshowdown



The year 2016 marks Showdown's 10th anniversary as a team. Texas Showdown represents all corners of our great state, from Houston to El Paso, Dallas to San Marcos. We often meet in

the middle, in the capital, Austin. Grind-it-out defense, quick-moving offense and the right mix of Butch Cassidies and Sundance Kids make this team one to be reckoned with. With the heart, soul and looks of all the toughest canines out there, alls I know is, they are lookin' goooooood, and they aren't fixin' to stop neither.

### ROSTER

1	Jerry Benavidez	4'11"	24
3	Domenica Sutherland	5'4"	20
4	Sharon Tsao	5'5"	25
5	Andrea Esparaza	5'3"	21
7	Shiru Liu	5'4"	22
9	Laura Landis	5'5"	21
10	Gaby Cuina	5'4"	20
11	Katey Forth	5'5"	41
12	Nici Prien	5'9"	27
13	Jennifer Schmerling	5'6"	28
14	Edith Teng	5'5"	26
15	Sydney Overman	5'5"	22
16	Sarah Levinn	5'10"	27
17	Marissa Land	5'3"	21
18	Laura Gerencser	5'10"	20
20	Michelle Landis	5'7"	23
22	Julia Schmaltz	5'10"	21
23	Lillian White	5'5"	28
25	Tina Woodings	5'9"	33
28	Annie Ortiz	5'6"	22
29	Michelle Arceneaux	5'9"	27
32	Rebecca Forth	5'6"	41
33	Erin Schran	5'3"	34
48	Melissa Loh	5'0"	27
99	Janel Venzant	5'6"	27

# WOMEN'S TEAMS

## TRAFFIC

### VANCOUVER, BC

Coach: Jeff Cruickshank

Captains: Catherine Hui, Laura Mason, Rachel Moens

traffic-ultimate.com

@traffic\_ulti



Traffic is a women's ultimate team from Vancouver, B.C. In 2007, Prime and Rough Riders merged into one, and Traffic was born. Since then, they have represented Canada at Worlds in 2008 and 2016, and competed in eight USA Ultimate National Championships. This year, Traffic is looking fresher than ever. Adding even more speed and new talent, look out for our newest teammates Collefas Mot, Naomi Morcilla and Ellen Au-Yeung. Backed by our seasoned veterans Laura Mason, Jessica Rockliff and Terri Whitehead, Traffic is fast, dynamic and ready to play.

### ROSTER

0	Terri Whitehead	5'6"	33
2	Reanne Bowlby	5'8"	31
3	Michelle Ning	5'6"	34
5	Ellie Hand	5'7"	29
6	Katie Hikida	5'3"	25
7	Naomi Morcilla	5'3"	19
8	Kate Scarth	5'6"	22
9	Jessica Rockliff	5'6"	30
10	Ashlee Davison	5'9"	33
11	Danielle Fortin	5'4"	29
15	Kathryn Pohran	5'8"	28
17	Candice Chan	5'1"	35
18	Amira Maddison	5'10"	23
19	Mira Donaldson	5'9"	22
20	Collefas Mot	5'4"	19
21	Rena Kawabata	5'5"	26
24	Yayuk Joffres	5'8"	27
27	Sanya Pleshakov	5'11"	38
29	Ellen Au-Yeung	5'3"	20
33	Laura Mason	5'8"	30
42	Rachel Moens	5'6"	27
44	Erin Bussin	5'3"	24
71	Megan Kidston	5'3"	31
77	Nicola Parker	5'9"	24
88	Kate Werry	5'8"	38
90	Catherine Hui	5'4"	26

SPECTATOR INFO

## WILDFIRE

### SAN DIEGO, CA

Coach: Jonathan Zaidman

Captains: Brittany Cabriaes, Annie Ngo, Michelle Curtis

sdwildfireultimate.com

@sd\_wildfire



In 2014, Wildfire emerged as the new San Diego women's team, ready to continue the legacy of elite ultimate in Southern California. Following an off-season filled with tremendous growth and new roster additions, this year marks the team's first appearance at Nationals since its founding. Expectations are high, and excitement is even higher, as we ready ourselves to take the field and compete against the best.

### ROSTER

00	Erin Crider	5'3"	31
1	Sharon Tseng	5'6"	27
2	Melissa Archer	5'4"	25
3	Jane Carlen	5'7"	32
4	Kristen Pojunis	5'7"	21
5	Rachel Ling	5'1"	21
8	Alexa Cohen	5'6"	24
10	Julia Johnson	5'6"	21
11	Tiffanie Gallo	5'4"	33
12	Linda Venema	5'5"	26
14	Chelsea Cotton	5'4"	26
15	Brittany Cabriaes	5'5"	26
16	Laura Wehlitz	5'6"	29
17	Sarah McNeas	5'7"	27
18	Natalie Halstead	5'6"	25
19	Amanda Albi	5'2"	26
21	Jane Griffin	5'9"	28
22	Angela Wells	5'4"	30
24	Vivi Mai	5'3"	33
30	Kelly Tidwell	5'2"	28
36	Michelle Curtis	5'7"	26
52	Annie Ngo	5'2"	29
87	Melissa Kan	5'6"	24
89	Brenda Stevens	5'8"	30

# MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2016 USA Ultimate Coaching Development Program.

**PLAY HARD. HAVE FUN.**  
**FIVEULTIMATE**

Team@FiveUltimate.com



photo by Billy D Photography



# SPIRIT AWARDS

**Peter Farricker Spirit of the Game Award** – The spirit award in the men’s division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. This award is given to a player in the men’s division of the USA Ultimate Championship Series deemed to have exhibited personal responsibility, integrity and fairness combined with a high standard of playing ability. Each qualifying men’s team nominates one player from its roster who best represents the Spirit of the Game. Each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. A selection committee selects one of the four semifinal nominees as the winner. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley, Josh McCarthy, Robbie Cahill, Bart Watson, Matt Rebholz, Martin Cochran, Beau Kittredge, Danny Clark and Ashlin Joye.

**Kathy Pufahl Spirit of the Game Award** – The women’s division spirit award builds upon the foundations of Spirit of the Game that are reflected in the Farricker Spirit Award: ability, fairness and integrity. The Kathy Pufahl Spirit Award also recognizes those individuals who give back to our sport and is presented to the player deemed to have exhibited personal responsibility, integrity and selfless contribution to ultimate, combined with a high standard of playing ability. Each qualifying women’s team nominates one player from its roster as the person who best represents the Spirit of the Game and has contributed in a substantial way to their ultimate community. At the National Championships, each of the 16 nominees is honored with a memento reflective of Kathy’s love of horticulture. A vote of the qualifying teams will determine the recipient of the Pufahl Award, which will be presented after the women’s final. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, Deanna Ball, Allison Boyd, Jody Dozono, Michelle Ng, Gwen Ambler, Lauren Casey, Nancy Sun, Leila Tunnell and Alex Snyder.

# SPIRIT CIRCLES

USA Ultimate has recommended post-game “spirit circles” to teams at the Youth Club Championships since 2010. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains or spirit captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

## CONCUSSIONS

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove athlete from play.
  2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
  4. Allow athlete to return to play only with permission from an appropriate health care professional.

## DOCTOR'S NOTE REQUIREMENT

If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor's office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor's note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and Treatment of Heat Illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – be honest! Are you fit enough to perform under current conditions?
  - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
  - Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
  - Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
  - Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
  - Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## SIDELINE SAFETY

- Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

## LIGHTNING GUIDELINES

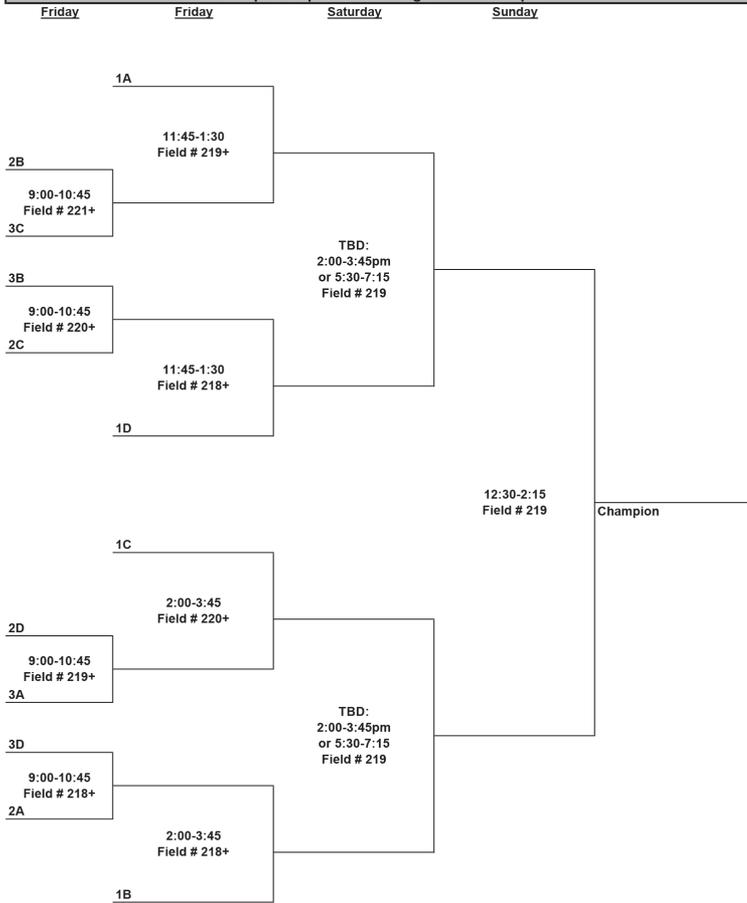
- Event staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# MEN'S SCHEDULE

2016 USA Ultimate National Championships - Men's Division												
September 29 - October 2, 2016												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Ironsides (Boston, MA)					B1	Revolver (San Francisco, CA)				
	A2	PoNY (New York, NY)					B2	Sockeye (Seattle, WA)				
	A3	Prairie Fire (Kansas City, KS)					B3	Patrol (Philadelphia, PA)				
	A4	Ring of Fire (Raleigh, NC)					B4	Doublewide (Austin, TX)				
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	A1 v A3	202	-	A2 v A4	203	-	B1 v B3	201	-	B2 v B4	224	-
11:15-1:00	A1 v A4	202	-	A2 v A3	203	-	B1 v B4	201	-	B2 v B3	224	-
1:30-3:15	A1 v A2	202	-	A3 v A4	203	-	B1 v B2	219	-	B3 v B4	224	-
3:45-5:30												



## Championship Bracket - All games to 15 cap 17



\* Field assignments subject to change based on live-streaming considerations.



2016 USA Ultimate National Championships - Men's Division												
September 29 - October 2, 2016												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Truck Stop (Washington, D.C.)					D1	Johnny Bravo (Denver, CO)				
	C2	Madison Club (Madison, WI)					D2	Machine (Chicago, IL)				
	C3	High Five (Ohio/Michigan)					D3	H.I.P (Houston, TX)				
	C4	Dig (Boston, MA)					D4	Furious George (Vancouver, BC)				
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	C1 v C3	201	-	C2 v C4	224	-	D1 v D3	204	-	D2 v D4	208	-
11:15-1:00							D1 v D4	204	-	D2 v D3	208	-
1:30-3:15	C1 v C4	221	-	C2 v C3	220	-						
3:45-5:30	C1 v C2	221	-	C3 v C4	220	-	D1 v D2	201	-	D3 v D4	218	-

**Crossover for 4th place finishers from Pool Play**

Reseed teams 1-4 in order, based on post-regionals rankings

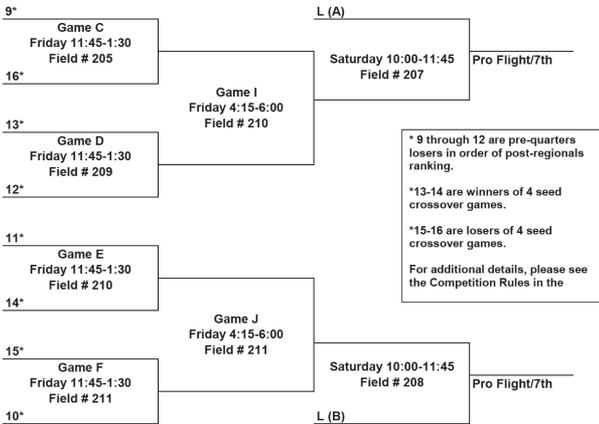
Friday	F#	Score	F#	Score		
9:00-10:45	1 v 4	210	-	2 v 3	211	-

Winner of 1 v 4 game becomes 13 seed in Pro-Flight Play-In Bracket  
 Winner of 2 v 3 game becomes 14 seed in Pro-Flight Play-In Bracket  
 Loser of 2 v 3 game becomes 15 seed in Pro-Flight Play-In Bracket  
 Loser of 1 v 4 game becomes 16 seed in Pro-Flight Play-In Bracket

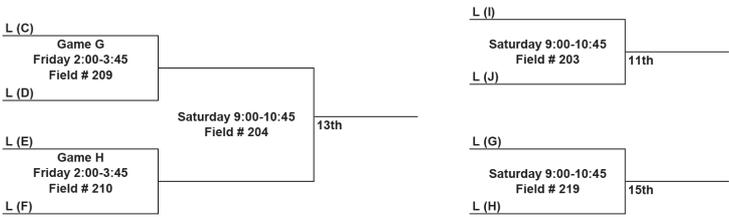
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**



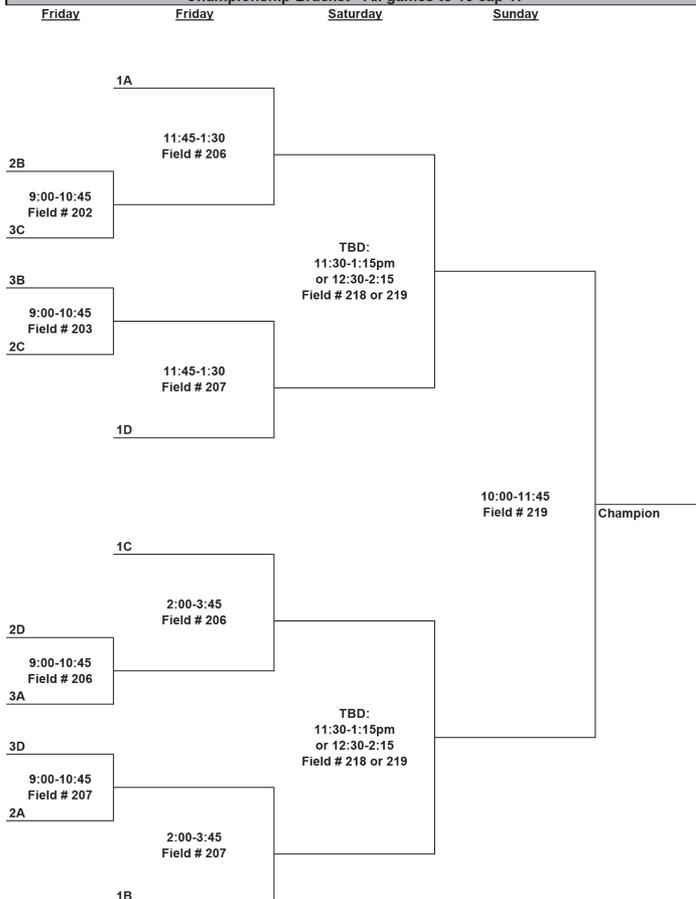
**SCHEDULES & MAP**

# MIXED SCHEDULE

2016 USA Ultimate National Championships - Mixed Division												
September 29 - October 2, 2016												
All Games to 15 Cap 17	Pool A					Pool B						
	A1	AMP (Philadelphia, PA)				B1	Slow White (Boston, MA)					
	A2	Metro North (Mianus, CT)				B2	Alloy (Pittsburgh, PA)					
	A3	Ambiguous Grey (Washington, D.C.)				B3	NOISE (Madison, WI)					
	A4	Blackbird (San Francisco, CA)				B4	Public Enemy (Dallas, TX)					
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	A1 v A3	209	-	A2 v A4	205	-						
11:15-1:00	A1 v A4	209	-	A2 v A3	205	-	B1 v B3	225	-	B2 v B4	223	-
1:30-3:15	A1 v A2	219	-	A3 v A4	218	-	B1 v B4	225	-	B2 v B3	223	-
3:45-5:30							B1 v B2	225	-	B3 v B4	223	-



## Championship Bracket - All games to 15 cap 17



+ Field assignments subject to change based on live-streaming considerations.



2016 USA Ultimate National Championships - Mixed Division												
September 29 - October 2, 2016												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Drag'n Thrust (Minneapolis, MN)					D1	Mixtape (Seattle, WA)				
	C2	Steamboat (Cincinnati, OH)					D2	Mischief (San Francisco, CA)				
	C3	Love Tractor (Denver, CO)					D3	shame. (Fort Collins, CO)				
C4	No Touching! (Minneapolis, MN)					D4	G-Unit (Gainesville, FL)					
Thursday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
9:00-10:45	C1 v C3	225	-	C2 v C4	223	-	D1 v D3	219	-	D2 v D4	218	-
11:15-1:00							D1 v D4	220	-	D2 v D3	218	-
1:30-3:15	C1 v C4	208	-	C2 v C3	204	-						
3:45-5:30	C1 v C2	208	-	C3 v C4	204	-	D1 v D2	202	-	D3 v D4	203	-

**Crossover for 4th place finishers from Pool Play**

Reseed teams 1-4 in order, based on post-regionals rankings

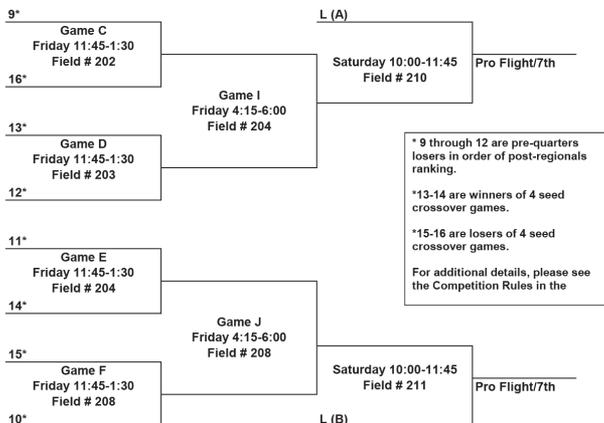
Friday	F#	Score	F#	Score		
9:00-10:45	1 v 4	204	-	2 v 3	208	-

Winner of 1 v 4 game becomes 13 seed in Pro-Flight Play-In Bracket  
 Winner of 2 v 3 game becomes 14 seed in Pro-Flight Play-In Bracket  
 Loser of 2 v 3 game becomes 15 seed in Pro-Flight Play-In Bracket  
 Loser of 1 v 4 game becomes 16 seed in Pro-Flight Play-In Bracket

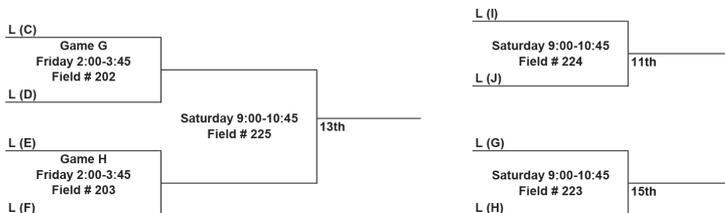
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**



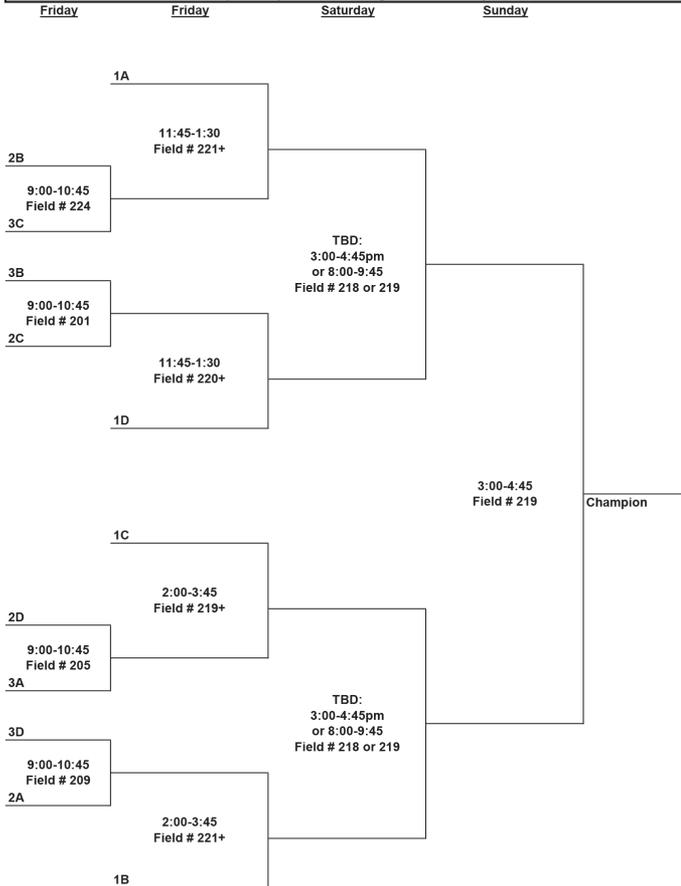
**SCHEDULES & MAP**

# WOMEN'S SCHEDULE

2016 USA Ultimate National Championships - Women's Division												
September 29 - October 2, 2016												
All Games to 15 Cap 17	Pool A						Pool B					
	A1	Riot (Seattle, WA)					B1	Brute Squad (Boston, MA)				
	A2	Nightlock (San Francisco, CA)					B2	Wildfire (San Diego, CA)				
	A3	Iris (Montreal, QC)					B3	Showdown (Austin, TX)				
	A4	Heist (Madison, WI)					B4	Rival (Columbus, OH)				
Thursday		F#	Score	F#	Score		F#	Score	F#	Score		
9:00-10:45	A1 v A3	206	-	A2 v A4	207	-						
11:15-1:00	A1 v A4	206	-	A2 v A3	207	-	B1 v B3	210	-	B2 v B4	211	-
1:30-3:15	A1 v A2	206	-	A3 v A4	207	-	B1 v B4	210	-	B2 v B3	211	-
3:45-5:30							B1 v B2	210	-	B3 v B4	211	-



## Championship Bracket - All games to 15 cap 17



+ Field assignments subject to change based on live-streaming considerations.



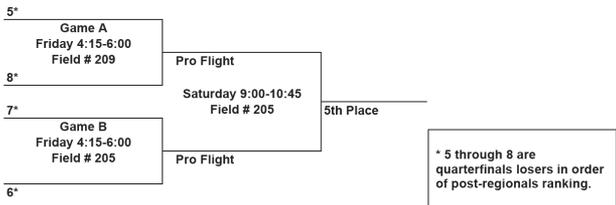
2016 USA Ultimate National Championships - Women's Division												
September 29 - October 2, 2016												
All Games to 15 Cap 17	Pool C						Pool D					
	C1	Molly Brown (Denver, CO)					D1	Fury (San Francisco, CA)				
	C2	Traffic (Vancouver, BC)					D2	Scandal (Washington, D.C.)				
	C3	Phoenix (Raleigh, NC)					D3	Ozone (Atlanta, GA)				
	C4	Green Means Go (Philadelphia, PA)					D4	Schwa (Portland, OR)				
Thursday		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:45	C1 v C3	210	-	C2 v C4	211	-	D1 v D3	221	-	D2 v D4	220	-
11:15-1:00							D1 v D4	221	-	D2 v D3	219	-
1:30-3:15	C1 v C4	209	-	C2 v C3	205	-						
3:45-5:30	C1 v C2	209	-	C3 v C4	205	-	D1 v D2	206	-	D3 v D4	207	-

**Crossover for 4th place finishers from Pool Play**  
 Reseed teams 1-4 in order, based on post-regionals rankings

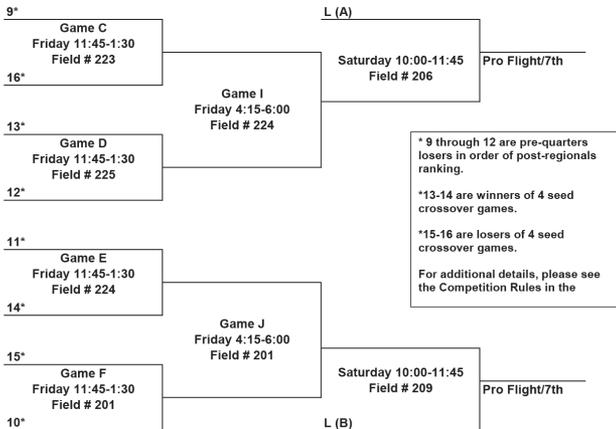
Friday		F#	Score		F#	Score
9:00-10:45	1 v 4	225	-	2 v 3	223	-

Winner of 1 v 4 game becomes 13 seed in Pro-Flight Play-In Bracket  
 Winner of 2 v 3 game becomes 14 seed in Pro-Flight Play-In Bracket  
 Loser of 2 v 3 game becomes 15 seed in Pro-Flight Play-In Bracket  
 Loser of 1 v 4 game becomes 16 seed in Pro-Flight Play-In Bracket

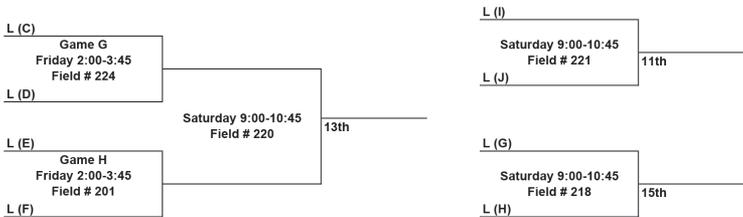
**Pro Flight / 5th Place Bracket - All games to 15 cap 17**



**Pro-Flight Play-In / 7th Place Bracket - All games to 15 cap 17**



**Placement - All games to 15 cap 17**



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