

Matthew



# EVENT GUIDE



\$1



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## STAFF

Event staff will be wearing light blue "Event Staff" shirts. If they can't answer your questions, they can point you to one of the following people to help you out:

### Local Organizing Committee Staff

Tournament Director – Bruce Mebust  
 Volunteer Coordinator – Dave Gregg  
 Head Scorekeeper – Seth Grossinger  
 Media Coordinator- Edward J. Matchett

### USA Ultimate Staff

Chief Executive Officer – Dr. Tom Crawford  
 Manager, Competition and Athlete Programs – Byron Hicks  
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# WELCOME

On behalf of USA Ultimate, the Minnesota High School Ultimate League and the Twin Cities Ultimate community, I welcome you to the Seventh Annual USA Ultimate Youth Club Championships.

This year we have a new U-16 Open Division with 8 teams. The U-19 Open, Mixed and Girls Divisions each have 8 or more teams with many teams returning from previous years and a few teams coming for the first time. You may expect lots of highly competitive and exciting Ultimate.

The tournament takes place at the National Sports Center in Blaine, Minn. The NSC has over 40 soccer fields, a stadium, an ice rink, a Velodrome and an 18-hole golf course. Ultimate is played here every summer by TCUL, the local adult league and the Minnesota High School Ultimate League holds a State Championship here in early June.

The Saturday night social event will be held in the Schwan Center at the

NSC and will feature food, a Swap Meet and possible other excitements.

The Twin Cities of Minneapolis and St. Paul are home to many local Major and Minor League sports teams including the Minnesota Stars soccer team of the North American Soccer League which plays in the stadium by the Schwan Center.

For the Ultimate Shopper, the Mall of America is on the south end of the Hiawatha Light Rail Line not far from the Minneapolis/St Paul International Airport.

The YCC only happens because lots of people volunteer their time. They will be keeping score, running the social event and running many other errands around the fields. Be sure to acknowledge their hard work. Say "Thanks!" to a volunteer when you see one.

Have a great Tournament!

Bruce Mebust  
Tournament Director

# COMPETITION RULES

**USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.**

- All games to 13, point-cap at 15
- Halftime is 5 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 13 goals, overtime occurs when the score reaches 12-12).
- Soft time-cap goes on at end of round time on schedule. Add two points to higher score after first score after soft time-cap. Game ends when first team reaches new game total, or when first team reaches 13 ahead by at least two points, whichever comes first.
- Hard time-cap goes on 20 minutes after the soft time-cap. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

# WEEKEND OVERVIEW

## FRIDAY, AUGUST 12; BLAINE, MN (NATIONAL SPORTS CENTER)

7:00-9:00pm: Team Registration

## SATURDAY, AUGUST 13; BLAINE, MN (NATIONAL SPORTS CENTER)

8:00am: Captains Meeting

9:00am – 6:00pm: Pool Play

6:00pm: Trade Night and Dinner – Schwan Center at NSC

7:00pm: Exhibition Event at NSC

## SUNDAY, AUGUST 15; BLAINE, MN (NATIONAL SPORTS CENTER)

8:30am – 2:00pm: Elimination and Placement Games

2:30pm: Finals

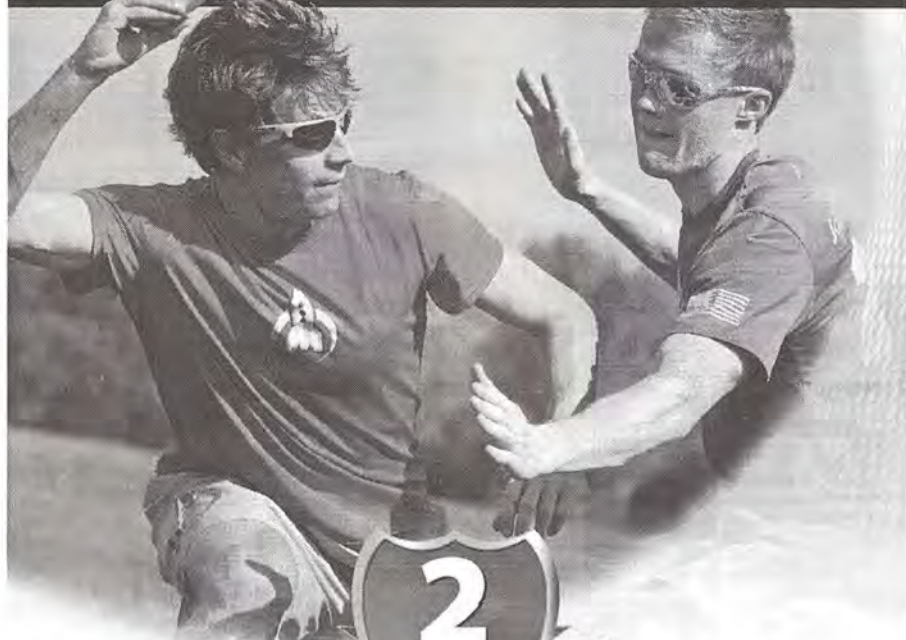
Post-Finals: Award Ceremony (awards presented to 1st and 2nd place teams in each division, Spirit Award teams and individuals)

# SITE RULES

- No alcohol
- Dogs must be leashed
- Spectators and Equipment- must stay at least 3 yards away from sidelines! Where there are buffer lines, respect them. Where there are no buffer lines, stay back at least 3 yards.
- Trash and Recycling- Place recyclables in the recycling receptacles and place trash in the trash. Thank you!



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# SPRIT AWARDS

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play – 11th Edition USA Ultimate Rules of Ultimate.*

**INDIVIDUAL AWARDS:** Teams will each be asked to nominate a player from their own team who they feel displays the highest level of Spirit. The definition of Spirit is up to each team, but should include elements of sportsmanship, leadership, perseverance, fire, etc. Choose the person whose attitude you wish other people on your team would emulate and who other players off your team admire. Individual Spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of Ultimate and Spirit of the Game!

**TEAM AWARDS:** Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

## USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

- 5: Highest level of respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unfailingly played fairly and with an excellent attitude.
- 4: Respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.
- 3: Generally exhibited respect towards opponents, officials, and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.
- 2: Exhibited a lack of respect towards opponents, officials, and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/ or with a poor attitude.
- 1: Exhibited a major lack of respect towards opponents, officials, and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## 1. The golden rule: treat others as you would want to be treated.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of the doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

## 2. Control: SOTG takes real effort.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## 3. Heckling and taunting are different.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## 4. SOTG is compatible with championship play.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## 5. Don't "give as you got."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat

others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## 6. Breathe.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## 7. When you do the right thing, people notice.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## 8. Be generous with praise.

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## 9. Impressions linger.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## 10. Have fun.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

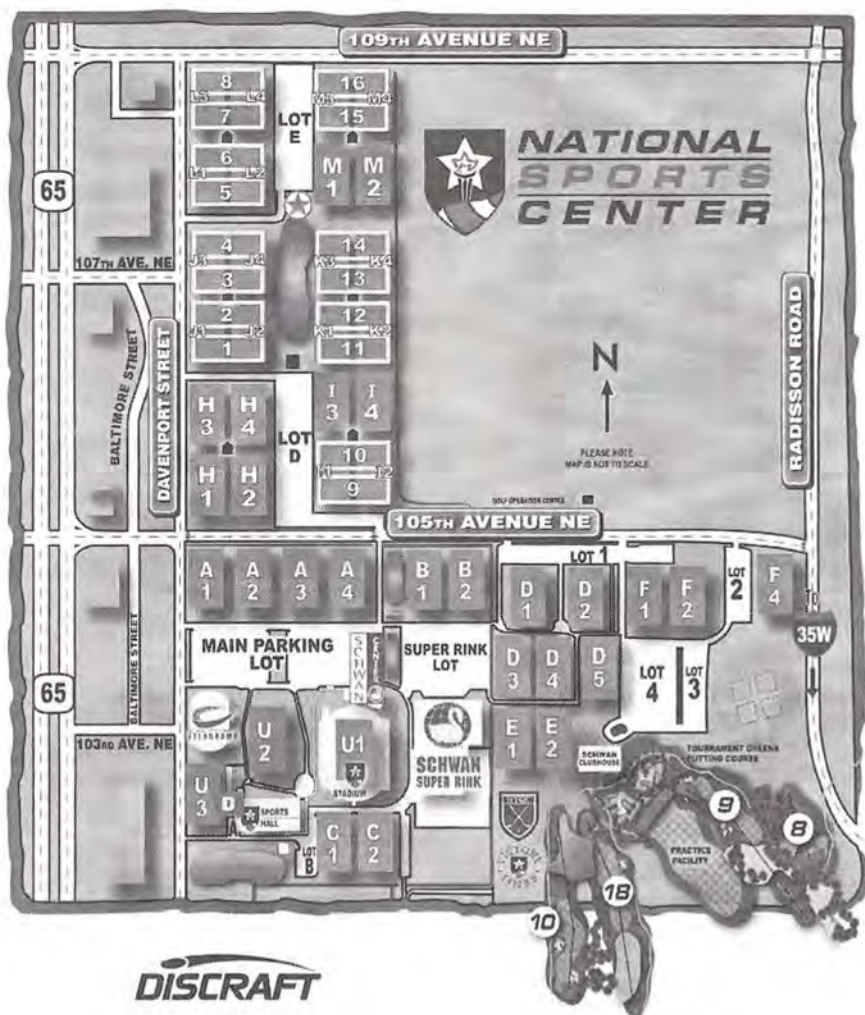
*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by UPA Executive Committee, March 29, 2005.*




# SHOOTING PHOTOS/VIDEO


USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate. Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood. The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Director of Marketing and Communications Andy Lee at [andy@hq.usultimate.org](mailto:andy@hq.usultimate.org).



## FIELD MAP



-  **Game Fields**
 **Tournament Central**
 **Dorms (Next to Field U3)**

 **Fieldmanager Pavilions**

• Check-In • Media  
 • Information • Scoring  
 • Vendors • Medical

# DIRECTIONS

## **NATIONAL SPORTS CENTER TO MERCY HOSPITAL (COON RAPIDS, MN)**

4050 Coon Rapids Blvd NW  
Minneapolis, MN 55433  
763-236-6000

- Exit the NSC on 105th Ave. NE
- Turn RIGHT on MN Rt. 65 (Central Ave. NE)
- After 2.5 miles, turn LEFT on MN Rt. 242 (Main St. NE)
- After 6 miles turn LEFT on Round Lake Blvd. NW
- Make a RIGHT turn onto Coon Rapids Blvd. NW and the hospital will be on your LEFT

## **NATIONAL SPORTS CENTER FIELDS/DORMS TO AIRPORT**

- Head west on 105th Ave NE toward Davenport St NE 0.4 mi
- Turn left at MN-65 S 6.3 mi
- Take the ramp onto I-694 W 1.5 mi
- Head west on I-694 W 0.4 mi
- Take exit 35B to merge onto I-94 E 8.4 mi
- Take exit 233B toward I-35W S 0.2 mi
- Merge onto MN-65 S 0.6 mi
- Merge onto I-35W S 4.4 mi
- Take exit 11B on the left to merge onto MN-62 E 4.0 mi
- Continue on MN-55 E 0.6 mi
- Take the exit onto MN-5 W toward International Airport 0.9 mi
- Take the exit toward Lindbergh Terminal 0.3 mi
- Merge onto Glumack Dr 0.1 mi



2011 USAU Youth Club Championships - Girls Division									
Saturday, August 13, 2011									
All Games to 13 Cap 15	1	DiscNW (Seattle, WA)							
	2	Minnesota (Minneapolis, MN)							
	3	Cincinnati (Cincinnati, OH)							
	4	Denver (Denver, CO)							
	5	BUDA (Boston, MA)							
	6	PHUL (Pittsburgh, PA)							
	7	DiscNW U16 (Seattle, WA)							
Saturday		F#	Score		F#	Score		F#	Score
9:00-10:15	5 v 6	4	8-6	2 v 7	5	11-5	3 v 4	6	7-9
10:45-12:00	1 v 4	4	10-1	2 v 6	5	6-10	3 v 7	6	10-5
1:15-2:30	1 v 2	4	10-3	5 v 7	5	13-1	3 v 6	6	7-9
3:00-4:15	1 v 5	4		Bye			4 v 6	6	
4:45-6:00	1 v 7	4		2 v 3	5		4 v 5	6	
Sunday, August 14, 2011									
Sunday		F#	Score		F#	Score		F#	Score
8:30-9:45	6 v 7	11		Bye					
10:15-11:30	1 v 3	11		2 v 5	9		4 v 7	10	
12:00-1:15	1 v 6	11		2 v 4	9		3 v 5	10	
Re-seed after Round Robin to get 1-7									

Finals  
 2:30-4:00pm  
 Field#3 (Re-seeded 1 v  
 2)

Games to 13 cap 15



GIRL'S POOLS AND BRACKETS

Lisa Newmann  
 (206) 604-2433  
 (Seattle coach)



DISCRAFT



## 2011 USA Ultimate Youth Club Championships - Mixed Division

Saturday, Aug 13, 2011												
Games to 13, Cap 15	Pool A						Pool B					
	A1	Bay Area Disc (SF Bay Area, CA)					B1	BUDA (Boston, MA)				
	A2	DiscNW (Seattle, WA)					B2	Chicago (Chicago, IL)				
	A3	Madison (Madison, WI)					B3	Idaho (Boise, ID)				
	A4	TYUL (Raleigh, NC)					B4	Minnesota (Minneapolis, MN)				
		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:15	A1 v A3	7	11-4	A2 v A4	8	10-8	B1 v B3	15	16-9	B2 v B4	16	4-11
10:45-12:00	A1 v A4	7	10-4	A2 v A3	8	10-11	B1 v B4	15	16-8	B2 v B3	16	3-13
1:15-2:30	Bye			Bye			Bye			Bye		
3:00-4:15	A1 v A2	7	-	A3 v A4	8	-	B1 v B2	15	-	B3 v B4	16	-
4:45-6:00												
Re-seed teams within each pool for Sunday play												

Re-seed teams within each pool for Sunday play

Consolation Bracket  
Sunday, Aug 14, 2011

Consolation games to 13 cap 15

Championship Bracket  
Sunday, Aug 14, 2011

Championship games to 13 cap 15

DISCRAFT

## 2011 USA Ultimate Youth Club Championships - U-15 Open Division

Saturday, Aug 13, 2011									
Games to 13, Cap 15	Pool A					Pool B			
	A1	DiscNW (Seattle, WA)				B1	DeVYL (Delaware Valley, NJ/PA)		
	A2	Minnesota (Minneapolis, MN)				B2	PhiUL (Pittsburgh, PA)		
	A3	TYUL (Raleigh, NC)				B3	Chicago (Chicago, IL)		
	A4	Bay Area (SF Bay Area, CA)				B4	Cincinnati (Cincinnati, OH)		
	Fr	Score	Fr	Score		Fr	Score	Fr	Score
9:00-10:15	A1 v A2	11	7-0	A2 v A4	12	12-8	B1 v B3	13	8-1
10:45-12:00	A1 v A4	11	1-2	A2 v A3	12	11-1	B1 v B4	13	8-1
1:15-2:30	Bye			Bye			B2 v B3	14	13-3
3:00-4:15	A1 v A2	11	-	A3 v A4	12	-	B1 v B2	13	-
4:45-6:00							B3 v B4	14	-

Re-send teams within each pool for Sunday play

Consolation Bracket  
Sunday, Aug 14, 2011

Consolation games to 13 cap 15

Championship Bracket  
Sunday, Aug 14, 2011

Championship games to 13 cap 15

DISCRAFT

## 2011 USAU Youth Club Championships Championships - U-19 Open Division

Saturday, August 13, 2011

Pool A Games to 13 Cap at 15 Pool B Games to 11 Cap at 13	Pool A				Pool B				
	A1	DeVYL (Delaware Valley, NJ/PA)	B1	DiscNW (Seattle, WA)					
	A2	Minnesota (Municipal, MN)	B2	BUDA (Boston, MA)					
	A3	Denver (Denver, CO)	B3	PHUL (Pittsburgh, PA)					
	A4	Chicago (Chicago, IL)	B4	Cincinnati (Cincinnati, OH)					
	A5	Bay Area Disc (SF Bay Area, CA)	B5	Nebraska (Lincoln/Omaha, NE)					
			B6	Denver B (Denver, CO)					
Saturday	F#	Score	F#	Score	F#	Score	F#	Score	
9:00-10:15	A4 v A5	3	13-7	A2 v A3	2	10-8	B1 v B4	1	11-7
10:45-12:00	A1 v A5	3	13-5	A3 v A4	2	7-10	B2 v B5	9	11-2
1:15-2:30	Bye			Bye			B3 v B3	9	11-7
3:00-4:15	A1 v A4	3	-	A2 v A5	2	-	B2 v B5	9	-
4:45-6:00	A1 v A2	3	-	A3 v A5	2	-	B3 v B4	10	-
Sunday	F#	Score	F#	Score	F#	Score	F#	Score	
8:30 - 9:45	A1 v A3	1	-	A2 v A4	3	-	B1 v B5	4	-

Re-seed teams within each pool for bracket play

Consolation Bracket  
Sunday, August 14, 2011

## Round Robin for 9th-11th

Sunday	F#	Score
10:30-12:00	B5 v A5	12 -
12:30-2:00	B5 v A5	12 -
2:30-4:00pm	B5 v B6	12 -



Consolation games to 13 cap 15

Championship Bracket  
Sunday, August 14, 2011

Championship games to 13 cap 15



# GIRL'S TEAMS

## BUDA WOMEN

### Boston, MA

**Captain(s):** Hannah Yee, Kelli Lenze

**Coach(es):** Claudia Tajima, Hazel Crowley

Historically, Team New England hosts a girls team in the off years of Junior Worlds, bringing a small but athletic squad to the Youth Club Championships. The team is usually comprised of several Amherst Varsity and Junior Varsity athletes, as well as strong players from other high schools in Massachusetts. In their past two appearances in Minnesota, Team New England has placed third, with competitive games in the semi-finals against Oregon in 2007, and Seattle in 2009. In recent years, many of the players on Team New England have gone on to play for the Junior Worlds team. With a young, fast and deep team this year, New England presents a squad to be reckoned with.



### ROSTER

1	Anna Kaplan	5'8"	15
2	Gloria Miller	5'5"	15
4	Audrey Gould	5'5"	17
8	Hannah Yee	5'4"	18
9	Katy Peake	5'6"	18
10	Angela tZhu	5'4"	15
11	Gabrielle McNamara	5'4"	18
13	Leah Berlin	5'3"	17
14	Tulsa Douglas	5'6"	15
17	Zoe Freedman Coleman	5'6"	16
19	Karissa Tabtieng	4'10"	17
21	Molly Schulman	5'4"	18
24	Kathryn Hopkins McGill	5'6"	18
29	Kelli Lenze	5'7"	17

## BELLE

### Cincinnati, OH

**Captains:** Kayla Fry, Bethany Kaylor,

Julia Turkevich

**Coaches:** David Fry

Ring ring, who is it? Belle is back, more bonded than ever before and fielding a bigger team filled with athleticism and skill. Belle brings together the most spirited and hard working girls of the Cincinnati area in order to compete at YCC. Carrying many returning and fresh players, Belle hopes its mix will be just the thing to do well this year.



### ROSTER

1	Brielle Reiff	5'10"	18
	<i>Ohio State University</i>		
3	Bri Forney	5'1"	18
	<i>Ohio State University</i>		
4	Madison Wilker	5'3"	16
7	Corinne Murphy	5'4"	18
	<i>Ohio State University</i>		
9	Stefanie Morris	5'1"	17
12	Grace Castelli	5'	16
18	Kelsey Gibbooney	5'6"	17
19	Jenna Galletta	5'3"	18
	<i>Ohio State University</i>		
21	Colleen Morris	5'3"	18
22	Lynne Collins	5'5"	16
23	Courtney Roth	5'3"	17
24	Bethany Kaylor	5'7"	18
	<i>University of Oregon</i>		
25	Alora Reiff	5'10"	15
43	Julia Turkevich	5'7"	18
	<i>Tulane</i>		
81	Holly Koch	5'8"	15
87	Anne Folzenlogen	5'3"	14
88	Kjersti Fry	5'4"	15
93	Kayla Fry	5'2"	17
97	Emily Reutener	5'7"	14

# GIRL'S TEAMS

## CUTTHROAT

### Denver/Boulder, CO

Captains: Lisi Lohre, Erika Hiromitsu

Coaches: Julia Echterhoff, Lauren Boyle

After taking a year off in 2010, the Cutthroat Girls team is back!



### ROSTER

0	Sarah Stamper	5'5"	17
	<i>Colorado State University</i>		
2	Brittany Thang	5'5"	17
3	Nhi Nguyen	5'5"	16
4	Julia Ting	5'3"	17
5	Alana Chen	5'7"	16
8	Jean Russell	5'4"	16
9	Jackie Turner	5'4"	16
10	Alex Fons	5'8"	18
	<i>Penn State</i>		
12	Mai Yang	5'5"	17
17	Annie Want	5'7"	17
19	Erika Hiromitsu	5'5"	18
	<i>Gap year</i>		
23	Hannah Brown	5'7"	16
42	Lisi Lohre	5'7"	19
	<i>Colorado College</i>		
43	Marcelle Sprackling	5'8"	17
46	Liz Murphy	5'6"	17

## MINNESNOWTA

### Minneapolis, MN

Captains: Aly Fassett-Carman and

Erynn Schroeder

Coaches: Jason Curtis and Kendall Jeske

2010 was by far the most successful year for the Minnesota girls YCC team. They took second, losing only to the perennial champions from Seattle. This year twelve of the same players return, led by Aly Fassett-Carman and Erynn Schroeder, along with some energetic new players as well. They look to channel the chilliness of Minnesota winter to the heat of intense August competition!



### ROSTER

0	Meg Lake	5'4"	16
2	Greta Regan	5'5"	17
3	Zoe Jameson	5'6"	18
	<i>Pomona</i>		
4	Tess Garvey	5'1"	16
5	Emily Kampa	5'5"	16
6	Luci Holte	5'8"	15
7	Clio Cullison	5'3"	14
9	Mary Thomas	5'3"	15
11	Rachel Johnson	5'3"	16
12	Alina Dain	5'4"	15
13	Robin Fassett-Carman	5'11"	15
17	Megan White	5'5"	17
	<i>St. Scholastica</i>		
18	Julia Barton	5'3"	15
19	Alyssa Belsito	5'7"	17
21	Sylvia Reilly	5'6"	16
25	Aly Fassett-Carman	5'8"	18
	<i>Middlebury</i>		
27	Brenna Bailey	5'5"	17
29	Alexa Schroeder	5'6"	16
30	Allison Fulton	5'7"	17
34	Rachel Stiyyer	5'2"	16
36	Ratih Sustrino	5'5"	17
46	Molly Patrick	5'3"	17
52	Erynn Schroeder	5'5"	18
	<i>Saint Benedict</i>		
53	Olivia Olson	5'3"	17

# GIRL'S TEAMS

## MOXIE

### Pittsburgh, PA

Coaches: Molly Moore and Kelsey Lenard

Moxie (mók'sē) –

1. The ability to face difficulty with spirit and courage.
2. Aggressive energy; initiative.
3. Skill; know-how.

Playing with all of the characteristics defined by their team name, the Pittsburgh Youth Club Girls are ready for their breakout season, just like the Pirates. Go Pittsburgh!



## ROSTER

3	Jillian Virgi	5'7"	16
4	Kristine Fedorenko	5'10"	16
5	Janny Petzinger	5'9"	15
6	Malti Mckinnon	5'8"	17
8	Gretchen Dausch	5'4"	18
	<i>Loyola University</i>		
10	Kelly Latterman	5'5"	18
	<i>Colorado College</i>		
12	Eliza Pugh	5'10"	17
13	Dora Danko	5'4"	17
14	Heather Springer	5'5"	16
15	Caroline Nofzinger	5'4"	16
21	Eva Petzinger	5'11"	18
	<i>Dartmouth College</i>		
22	Hannah Walter	5'9"	18
	<i>Northeastern University</i>		
25	Hanna Dausch	5'7"	15
26	Emily Wolfson	5'5"	18
	<i>University of Chicago</i>		

## MIGHTY HASH SLINGING SLASHERS

### Seattle, WA

Captains: Kay Duro, Tian Qing Yen

Coaches: Sam Terry, Hana Kawaii, Leah Fury

For the first time ever Seattle is sending a second girls team to compete at YCC! This team is talented, quick, hilarious, and will have the best dance moves bar none! Oh and did we forget to mention that they're all under 16? The Mighty Hash Slinging Slashers will throw dimes, sky older girls, and have fun the entire time! Small but mighty!



## ROSTER

0	Emma Prang	5'7"	15
2	Micheala Yaman	5'1"	14
3	Tian Qing Yen	5'2"	15
5	Jhanelle Cadiente	5'3"	14
7	Frances Gellert	5'6"	15
8	Kay Duro	5'4"	15
9	Maxie Jolly	5'	14
11	Miya McGinn	5'4"	14
13	Michelle Pham	5'5"	16
14	Maria Gabat	5'2"	14
15	Juliana Werffeli	5'6"	15
21	Linda Chen	5'3"	14
23	Maja Barnouw	5'7"	14
27	Mandy Truong	5'2"	14
28	Azia Ruff	5'5"	14
35	Susan Garcia	5'2"	14
36	Sophie Johansen	5'4"	14
50	Wendy Caoagdan	4'7"	16

# GIRL'S TEAMS

## TOON SQUAD

### Seattle, WA

Captains: Sarah Edwards, Ari Lozano,  
Kirstie Barton

Coaches: Chris "Fozz" Forsberg,  
Lisa Niemann

DiscNW U-19 Girls have won the YCC tournament six years running and are back to defend their title. Although we lost a number of strong seniors last year we are strengthened by the increasing skill level of HS Ultimate in the area and many talented younger players. Overall — this team is comprised from players from nine different high schools and is truly representative of the level of talent in the Seattle area. We look forward to a strong showing in 2011!



## ROSTER

1	Lynda Hoang	5'0"	16
3	Savanna Ryan	5'9"	18
4	Nina Finley	5'6"	17
5	Jasmine Isaacson	5'5"	18
	<i>University of Washington</i>		
6	Jessie Thoreson	5'7"	16
7	Arianne Lozano	5'7"	16
8	Claire Revere	5'4"	16
11	Thanh Huynh	5'5"	18
	<i>Whitman</i>		
14	Nina Job	5'5"	16
21	Camille Canter	5'6"	17
22	Sarah Edwards	5'7"	18
	<i>University of Washington</i>		
25	Kirstie Barton	5'6"	17
26	Adriana Cvitkovic	5'7"	17
32	Elena Harriss-Bauer	5'10"	15
33	Margo Heffron	5'11"	16
44	Sonja Haroldson	5'4"	16
55	Tiffany Phan	5'0"	16
81	Lani Nguyen	5'3"	17



# MIXED TEAMS

## BAY AREA DISC HAPPY COWS

### Bay Area/San Francisco, CA

Captains: Simon Higgins, Gabriella Meffert

Coaches: Geoff Rexroth

In it's second year, the Bay Area Disc Happy Cows, will represent California in the Mixed division at the 2011 YCC's looking to repeat as champions. Last year we played with amazing Spirit, while not losing our competitive focus and plan on doing the same this year. Captains Simon Higgins and Gabriella Meffert have been pushing their teammates all summer so we show our best in Minnesota. Even though this team is represented by multiple high schools, they have come together as a family and will be ready to compete-- once we play tag in the Mall of America again.



## ROSTER

3	Gabriella Meffert <i>Washington</i>	5'7"	18
5	Simon Higgins	6'3"	18
7	Jackson Valler	5'7"	18
8	David Hwang <i>UC Davis</i>	5'9"	18
9	Brett Peterson <i>UC Santa Cruz</i>	5'9"	18
13	Marisa Rafter <i>Berkeley City College</i>	5'8"	18
14	Monisha White	5'7"	16
15	Eugenah Chou	5'8"	17
17	Wyatt Pettyjohn <i>Cal Poly SLO</i>	5'9"	17
18	Sarafina Angstadt-Leto	5'7"	16
20	Maia Nofal <i>UC Davis</i>	5'6"	19
21	Cassie Sakai <i>UC Davis</i>	5'8"	18
22	Zoe Zaorski <i>Cal Poly Pomona</i>	5'8"	18
23	Alexander Johnson <i>UC Berkeley</i>	6'0"	18
25	Neena Kashyap <i>UC Davis</i>	5'9"	18
33	Michaela Lee <i>UC Davis</i>	5'2"	18
37	BJ Kato <i>Las Positas College</i>	5'11"	18
53	Jessica Olson	5'4"	17
75	Francesca Meffert	5'7"	16

## YCC IDAHO AKA SABOTAGE

### Boise, ID

Captains: Rylee Cone and  
Alexandra (Alex) Ode

Coaches: Steve Bishop, Alana Brunner  
(formerly Hansen) and Samuel Goff

Sabotage is Idaho's second team ever sent to compete in the Youth Club Championship. However, almost half of our 13 male athletes are returning from a great showing as an Open team at the 2010 YCC. Athletes: Cone, Connor, Gossard, Gurfley and Heminger were an integral part of our 3rd place achievement last year. For the 2011 YCC, the State of Idaho is extremely pleased to finally showcase our talented female athletes at a youth national level. Our quick disc movement and team defense will once again show that Idaho's youth Ultimate is a force to be reckoned with.



## ROSTER

00	Alexandra Ode <i>University of Oregon</i>	5'8"	18
01	Emmett Poole	5'7"	17
02	Ryan Pavel <i>University of Idaho</i>	6'0"	19
04	Harry Zanks	6'1"	17
05	Erin Rea <i>Beijing Normal University</i>	5'9"	18
07	Zachary Gurfley	6'0"	19
08	Janelle Riley <i>University of Nevada</i>	5'8"	18
09	Anthony Crownhart <i>Boise State University</i>	5'10"	18
10	Bryce Heminger	5'10"	18
12	Abbie Abramovich	5'10"	17
13	Anthony Gossard <i>Boise State University</i>	5'10"	17
15	Andrea Fontenot <i>University of Puget Sound</i>	5'1"	19
17	Rylee Cone <i>College of Western Idaho</i>	5'8"	19
18	Garrison Lewis <i>University of Idaho</i>	5'10"	17
22	Scott Wallingford <i>University of Utah</i>	6'2"	19
24	Jeffrey Hayden Powell	6'0"	17
29	Rosalind Reynolds <i>Colorado State</i>	5'7"	19
39	Matthew DeLange	6'2"	17
42	Cameron Connor	6'3"	17

# MIXED TEAMS

## BUDA YCC MIXED

### Boston, MA

Team Name: Axemen

Captains: Sarah Adams, Danny Katz

Coaches: Anne Westcott, Josh Seamon

The 2011 BUDA Mixed team brings together 20 players from 10 schools spanning Massachusetts and a little bit beyond. Blaine is our second home and for the 7th year running we plan on bringing the full weight of the BUDA machine to the YCC competition. Join us on the sidelines where you can see the chill handling of Sarah Adams (7) and Qxhna Titcomb (25), the crushing fanatical defense of Vinny Defelice (4), the blinding speed of Danny Katz (23) and Mary Roach (9), the vertical domination by Zach Sabin (16) and Richard Lipari (21), and Charles Marokhovsky's (13) thrilling assists.



### ROSTER

7	Sarah Adams	5'3"	16
24	Zachary Bokhour	5'10"	17
4	Conor Dannis	6'1"	18
4	Vincent Defelice	6'	16
4	Julian Grant	5'9"	17
5	Trevor Griesman	6'	17
	<i>Dickinson College</i>		
23	Danny Katz	5'6"	18
	<i>The University of Delaware</i>		
21	Richard Lipari	6'	17
13	Charles Marokhovsky	5'11"	18
	<i>McGill</i>		
11	Jason Milan	5'11"	17
	<i>Middlebury College</i>		
18	Zachary Pozniak	6'1"	17
	<i>Binghamton</i>		
46	Cyrus Ready-Campbell	6'1"	16
9	Mary Roach	5'3"	18
	<i>Georgetown University</i>		
27	Matthew Rogers	5'10"	18
	<i>Princeton University</i>		
16	Zachary Sabin	6'3"	17
20	Tara Sharp	5'6"	16
2	Jesse Shofner	5'1"	18
	<i>University of Oregon</i>		
55	Jake Stevelman	5'9"	18
	<i>Cornell</i>		
29	Tate Tabtieng	5'9"	19
	<i>University of Pennsylvania</i>		
25	Qxhna Titcomb	5'7"	18
	<i>Tufts University</i>		

## TEAM ILL

### Chicago, IL

Captains: Tasha Arvanitis, Andrew Lin,

Kyle Hanley

Coaches: Anthony Miocic and Nancy Glass

Team ILL is happy to come back to YCC for their second year. Last year was our inaugural year and we competed under the name MicroMachines. Since then we've changed our name to incorporate our Open, Mixed and U-16 programs. We're a growing area with a lot of new players. However, we're happy to bring back our female standouts Tasha and Bridget, as well as our dependable handlers Kyle Hanley, Zev Glass and Andrew Lin. Although we have a lot of new faces on our Mixed team you'll see many of our former Mixed players on the Open fields. We're happy to be here, and we're even happier to see everyone on the field. Best of luck to everyone out here and thank you for your support in growing youth Ultimate around the country!



### ROSTER

1	Blaine Harvey	5'8"	17
2	Kyle Hanley	5'9"	18
3	Justin Reeverts	5'8"	17
5	Bridget Babcock	5'7"	17
9	Kelly Kublaj	5'5"	17
11	David Small	6'1"	17
13	Andrew Lin	5'7"	16
15	Nick Jackson	6'4"	18
16	Andrew Gubernick	5'9"	16
17	Kristine Rathunde	5'7"	17
19	Peter Fineis	6'2"	17
20	Jordan Dong	5'10"	17
22	Collin Barnwell	6'2"	17
23	Mike Camis	5'11"	17
24	Stephanie Ross	5'7"	16
27	Jonathan Yu	6'1"	16
32	Devin Simonelli	5'7"	17
33	Cleo Bubulka	5'6"	17
37	Tasha Arvanitis	5'6"	17
38	Alana Rung	5'8"	18
42	Kelly Cain	5'9"	18
95	Zev Glass	6'2"	17

# MIXED TEAMS

## MADISON AREA MIXED

### Madison, WI

**Captains:** Avery Johnson, Felix Braun

**Coaches:** Rex Beaber

The Madison Area Mixed team has been proud to be a recurring competitor at the annual Youth Club Championship tournament. In the past few years the team has sent players on to top caliber collegiate teams including the Wisconsin Hodags, Minnesota Grey Duck, Michigan Magnum, Cornell Buds, St. Olaf Durga, and Eau Claire Sol. The team has even made its mark across the pond, with an alumnus on the Dutch National Women's team. This year's team hopes to ride on the strong spring season of Madison area Ultimate, with Madison West High School finishing second at the 2011 Hopkins Hustle, and James Madison Memorial High School tying for fifth at the 2011 High School Eastern Championships.



### ROSTER

1	Stephen Becker	6'3"	Fr
	<i>University of Wisconsin-Platteville</i>		
2	Logan Pruess	5'10"	Fr
	<i>University of Wisconsin-Milwaukee</i>		
3	Dana Williams	5'6"	Fr
	<i>Wellesley College</i>		
6	Arthur Herlitzka	5'11"	Sr
7	Henry Vander Hill	6'0"	Sr
8	Yasmine Sarkarati	5'9"	Sr
9	Kenji Kunugi	6'0"	Fr
	<i>Rose-Hulman Institute of Technology</i>		
12	Bryce Blakley	5'10"	Fr
	<i>University of Wisconsin-Oshkosh</i>		
13	Craig Cox	6'6"	Fr
	<i>University of Wisconsin-Madison</i>		
16	Shawn Tredinnick	5'5"	Jr
18	Lindsay Quella	5'4"	Fr
	<i>University of Wisconsin-Madison</i>		
21	Greg Maddox	5'9"	Sr
22	Avery Johnson	5'11"	Sr
24	Sam Shovers	5'9"	So
27	John Stec	5'10"	Fr
	<i>University of Wisconsin-Platteville</i>		
31	Peter Walker	6'1"	Sr
42	Hadassah McCloskey	5'6"	Jr
49	Michael Burke	5'9"	Fr
	<i>University of Minnesota</i>		
93	Felix Braun	6'3"	Fr
	<i>Colorado College</i>		

## SPACE JAM

### Seattle, WA

**Captain(s):** Khalif El-Salaam, Jessi Crowley, Alice Edwards

**Coach(es):** Henry Schneider, Eva Fury

The DiscNW Mixed team is looking to improve on their highest result ever last year when they placed 3rd. We are looking to go home with a medal and are bringing talent from all over Seattle!



### ROSTER

0	Mario Lowe	6'2"	
1	Maddie Gilbert	5'7"	
2	Drew Benditt		18
	<i>U. of Oregon</i>		
3	Khalif El-Salaam	5'10"	
4	Kaustubh Deo	5'5"	17
5	Dennis Casio	5'6"	16
6	Jessica Crowley		
7	Max Zaslove	5'10"	17
8	Mikayla Davis	5'7"	17
9	Esther Daranciang		
10	Joseph Min		
11	Gus Kitchell	5'9"	
12	Elissa Picozzi		
13	Canute Haroldson	5'11"	18
	<i>Carnegie Mellon</i>		
14	Miguel Sheets		
15	Amanda Somvilay		
16	Christian Tugade		
17	Sarah Gunderson	5'8"	
21	Zhi Chen	5'6"	17
22	Jessica Badgeley	5'8"	18
	<i>Colorado College</i>		
23	Owen Freed	6'2"	
24	Kenny Lane	5'10"	
77	Kendra Thompson	5'2"	16
87	Alice Edwards	5'5"	16
99	Autumn Nguyen	4'11"	

# MIXED TEAMS

## GRAVEYARD OF THE ATLANTIC

### Triangle Area, NC

**Captains:** Shellie Cohen, Brayton Maxson  
**Coaches:** Heather Ann Brauer, Josh Greene, Sasha Resnick

North Carolina's Graveyard of the Atlantic here, representing TYUL for the third year. However, this year NC is here as a Mixed team. Combining genders was better, it seemed, riDISCulous and Queen Anne's Revenge are now one. And are pumped to go North and get the job done! Lead by captains Brayton Maxson and Shellie Cohen, This team is excited to get the disc flowing. With skilled players from the East and the West GOTA is excited to play the best of the best. We're spirited-no curses across our lips, But beware, cause we'll sink your ships!



### ROSTER

1	Luke Hancock	5'10" 18
2	Caitlin Ball	5'5" 18
3	Austin Faur	5'10" 18
4	D'Andre Ward	5'10" 18
5	Danny Schmitt	5'9" 18
6	Ben Maxson	5'8" 16
7	David Fondern	6'3" 18
8	Jillian Altrichter	5'5" 16
10	Laura Fradin	5'7" 17
11	Jon Aycock	5'9" 17
13	Johanna Rose Lipcomb	5'1" 16
15	Brayton Maxson	6'5" 18
17	Will Maness	5'9" 16
18	Jake McGoogan	6'1" 16
21	Klara Claderon-Guthe	5'11" 15
22	Shellie Cohen	5'8" 18
23	Audrey Copeland	5'5" 16
25	Katie Cubrilovic	4'11" 14
42	Alex Grosskurth	5'7" 16
43	Jake Rovner	5'10" 16
55	Justin Foster	5'7" 18
71	Clint McSherry	5'11" 18
91	Andrew Cohen	5'7" 16

## BABES

### Twin Cities, MN

**Captains:** Nihal Bhakta, Ben Liska, Abby Mann  
**Coaches:** Erin Mirocha, John Groess, Carlos Lopez, Patrick Kunkel

Long ago, in the harshest of Minnesota winters, legendary lumberjack Paul Bunyan found a baby ox in the snow. The temperatures were so low, that both the snow and the ox were blue. Even after warming up at Paul's home, the ox never lost his blue tint. Paul adopted the little ox and named him Babe. Paul soon realized that pets leave a mess everywhere. One day, after stepping in an ox pie, Paul threw the dried circle in anger. Upon seeing how far it flew, Paul and Babe tried to see what other items could be thrown far. Discovering that plastic flew best, they settled on a flying disc and it became their favorite sport. Babe made craters all over Minnesota while catching Paul's throws, which later filled with water and became the lakes Minnesota is famous for. Therefore, Babe made it possible to play Ultimate in Minnesota.



### ROSTER

00	Clare Riley	5'5" 18
1	Matt Rock	6'2" 17
3	Mike Mueller	5'11" 19
4	Kalli Funk	5'5" 18
5	Danny Schmitz	5'10" 17
6	Mitch Corcoran	5'7" 17
7	Abbi Stark	5'6" 17
8	Tara Smith	5'7" 17
10	Ben Liska	5'9" 17
11	Ben Liska	6'1" 18
14	Brennan Johnson	6'2" 17
16	Leah Kunkel	5'5" 16
19	Jenna Dailey	5'2" 19
20	Kajsa Beatty	5'10" 16
22	Maddie Smith	5'5" 17
24	Isaac Ruff	6'3" 17
30	Jack Peirson	6'0" 17
33	Nihal Bhakta	6'4" 18
42	Tom Bakko	6'1" 17
53	Abby Mann	5'6" 18
73	Charlie Enders	6'0" 18
99	Graham Wessberg	5'7" 17

# U-16 TEAMS

## BAY AREA DISC ANGRY BIRDS

### Bay Area/San Francisco, CA

**Captains:** Justin Deierling, Jared Dilibero, Remy Smith

**Coaches:** Valerio Iani, Rand Wrobel

The Bay Area Disc Association, after winning the Mixed division in 2010, is proud to bring three teams to YCC this year, including our first U-16 team. The players hail from three Bay Area centers--Alameda, San Mateo and Berkeley--and were drawn from a pool of nearly 40 players during three tryouts.

We have a good balance of experienced and promising young players. There is plenty of talent including the Alameda gang (HS State champs), the MS State champions from San Mateo, our only girl (tough enough to challenge any boy!), as well as a couple of formidable middle school students and the U-14 Overall World Champion.

Although we will be seeking a championship, the most important aspect of this experience for us will be to play our best, show Spirit Of The Game, and grow as players and as a team.



### ROSTER

0	Jeff Korns	5'11"	14
3	Aaron Solomon	5'1"	14
5	Kainoa Chun-Moy	5'7"	15
9	Kevin Ruttenberg	5'6"	14
11	Aaron Horn	5'4"	14
12	Joseph Paulukonis	5'5"	14
13	Chloe Carothers-Liske	5'3"	13
19	Colby Chuck	5'3"	13
21	Jack Duffey	5'10"	15
31	Ashton Paulus	5'9"	15
44	Remy Smith	6'0"	16
83	Jared Dilibero	5'10"	15
85	Brendan Champlin	5'7"	14
99	Justin Deierling	6'0"	16

## TEAM ILLINOIS

### Chicago, IL

**Coaches:** Doug Ishikawa

Team Illinois U-16 is a team comprised of the best young players from the Chicagoland area. Team Illinois is out to showcase itself as a fast upstart team. Our style of play is everything that embodies the great city of Chicago. We never stop working, we play hard and we play for one another. We're out to prove that the youth of Chicago plays Ultimate as well as our deep dish pizza tastes.



### ROSTER

0	Chad Fahrenbach	5'5"	14
1	Srihari Nair	5'1"	13
2	Dana Mullen	5'6"	14
3	Karl Beck	5'5"	14
4	Dom Peluso	5'5"	14
7	Jack Shanahan	5'8"	14
9	Christine Schulz	5'3"	15
10	Matt Nelson	5'5"	14
25	Adam Wong	5'5"	14
27	Michael Hannigan	5'9"	14
29	Hafeez Shams	5'9"	14

# U-16 TEAMS

## FLYING PIGLETS

### Cincinnati, OH

**Coaches:** Larry Dean, Pete Luttmann, Chris Skindzier

This is the inaugural year for the Flying Piglets, taking their name from Cincinnati's U-19 team, The Flying Pigs. The team consists of players that have been playing Ultimate in Youth and High School Leagues around Cincinnati from the age of eight and up. Many of the older team members are members of Revolution, a Cincinnati based high school team that placed 2nd at High School Eastern Championship this past May. All the Piglets love the game and have been proactive in getting other kids in their schools to play the sport.



### ROSTER

00	Elliot Skindzier	5'5"	14
01	Kane Gormley	5'4"	12
02	Stephen Babcock	5'10"	15
03	Paul Findley	5'9"	15
04	Ryan Luttmann	5'6"	13
08	Stephen Hale	6'0"	15
09	Hersey Strickland	5'7"	12
10	Craig Kaiser	5'10"	14
12	Ricky Vandegrift	5'9"	14
18	James Morris	5'9"	15
19	Stullus Dean	5'2"	12
20	Mark Shuster	5'1"	13
22	Matt Shefcik	5'8"	15
24	Ben Snyder	5'4"	12
25	Abe Mancino	5'7"	14
27	Ben Reutener	5'5"	12
41	Charles Villano	5'4"	12
43	Stephen Kenny	5'9"	15
44	Paul Strasser	5'8"	15
67	Charlie Hausfeld	5'7"	12
85	Dominic Schuster	5'9"	15
23	Norie Amell		

## MINNESOTA SUPERIOR OPEN U-16

### Minneapolis, MN

**Coaches:** John Sandahl, John Schmit, Dan Rydel

This being the first year that the Minnesota Summer league has put together a YCC U-16 team – we have little in the way of history. The team is comprised of players from across the very large Minnesota High school league including traditionally strong programs Hopkins, Southwest, Armstrong, White Bear Lake and Charter school All-stars. Most of our team has been playing for only a year or two but we are hungry to get better and so welcome the challenge of playing against the countries best. Welcome to our fair state!



### ROSTER

7	Michael Lieberman	15
9	Lucas Bulger	15
13	Michael Rydel	14
14	Michael Forsberg	15
26	Ryan Franklin	15
28	Aaron Raskin	15
29	Malone Mischke	15
31	Grant Schroeder	14
32	Adam Shapiro	15
33	Micah Burkhardt	15
36	Donnie Wood	15
38	Sam Ramach	15
40	Peter Diede	15
42	Michael Patrick	15

# U-16 TEAMS

## DELAWARE VALLEY YOUTH LEAGUE (DEVYL)

### New Jersey/Pennsylvania

**Captains:** Andrew Lehmberg

**Coaches:** Ryan Belline and Marc Biunno

The DEVYL U-16 Team is comprised of youth players from the Delaware Valley region of New Jersey and eastern Pennsylvania. Many players have played together in a middle school program in the area and at a local sleep away summer camp. On the field, you will find sweet throws and aggressive defense. On the sideline, you will find an energetic group of players ready to challenge the best U-16 players in the nation!



### ROSTER

00	Ben Sender	5'9"	15
2	Kevin Lin	6'0"	15
5	Dan Teehan	5'10"	15
7	Jack Venezia	5'8"	15
8	Andrew Lehmberg	5'4"	15
11	Sadie Jezierski	5'7"	14
15	Matt Luppino	5'4"	15
20	Nick LaRue	5'5"	14
23	Tim Levin	6'0"	15
31	Jagger Linsky	5'1"	15
41	Dan Sanders	5'6"	15
59	Josh Strayer	5'10"	15
84	Chris McGlynn	5'9"	15

## PULSE

### Pittsburgh, PA

**Captains:** Bobby Lincoln, Austin Ruediger

**Coaches:** David Hogan, Andy Norman

We're from Pittsburgh, and we like those Pittsburgh things like the Penguins, Steelers, the Pirates when they're winning, and hilly terrain. We also like to argue over where to eat dinner, and any other thing worth arguing about. We practice twice a week against U-18 players who did not make Impulse, but are still pretty good, and in a few cases, very tan. Like most teams in Pittsburgh, we're a team that prides ourselves on our defensive play and our effort in games and at practices. We've worked hard all summer for this weekend, and we're eagerly anticipating this challenge.



### ROSTER

2	Bobby Lincoln	5'8"	14
4	Eammon Bellin	5'4"	15
6	Austin Ruediger	6'1"	15
10	Travis Terrell	5'7"	13
11	Wilson Juring	5'11"	14
12	David Danko	5'9"	15
17	Reece Norman	5'6"	14
18	Josh Zinkovsky	5'4"	14
20	Nick Stoever	6'1"	15
22	Alijah Crowe	6'2"	13
23	Jake Davis	5'10"	15
42	Ben Morgenstern	5'7"	14
48	Jimmy Towle	5'8"	15
92	Wally Gaida	5'11"	15

# U-16 TEAMS

## DOUGHBOYS

### Seattle, WA

**Captain(s):** Reggie Eng, Paolo Eleccion, Sam Lehman

**Coach(es):** Ben Goldfarb, Doug Sumi

Rising up from Seattle's fertile youth Ultimate scene the Doughboys are prepared to follow the lead of our older brothers and sisters and claim our own spot on the YCC podium. We are excited and honored to represent DiscNW in the inaugural U-16 championship and to meet other U-16 teams from around the country. Every Doughboy is a veteran of Seattle's highly competitive middle school leagues and big-game-tested at large regional competitions like Spring Reign and HS Westerns.

The Doughboys are a fresh batch of emerging stars out of Seattle's Franklin, Cleveland, Northwest, Garfield, Lakeside, U Prep and Roosevelt high schools and recent graduates of Whitman, Asa Mercer, Seattle Academy and Eckstein middle schools.

"Dolla dolla dolla bill y'all!"



## ROSTER

0	Hieu Phan	5'8"	15
1	Kai Marcus	5'7"	14
2	Eric Huynh	5'7"	15
3	Nick Hirning	5'9"	14
6	Bryce Barton	5'9"	14
7	Makhi Sanders	5'10"	15
8	Cameron Stanish	5'6"	15
11	CJ Yumang	5'10"	15
12	Paolo Eleccion	5'5"	15
14	Max Hopkins	5'3"	16
15	Bryce Jabs-Walsh	5'9"	14
16	Reggie Eng	5'5"	16
17	Grant Mitchell	5'4"	15
21	Renan Visperas	5'5"	15
26	David Ngo	5'3"	16
30	Jack Buckner	6'1"	15
31	Yu Wen Chen	5'5"	14
33	Lito Prevost-Reilly	6'1"	16
39	Sam Lehman	5'11"	15

*Hieu Phan*

## ONE HUCK WONDERS

### Triangle, NC

**Captains:** Eli Miller, Sol Yanuck, Cory Oskardmay

**Coaches:** Cate Foster, Jennifer Waldrup

This is the first that NC has been represented by a U-16 team and we are super psyched about our team. We may be small but we pack a big punch. Big skies, hucks, and plays are our game. We are the true definition of a team but look out for the lethal combination of Eli Miller and Cory Oskardmay on the field along with some mad skies from Terrance Mitchell. Look out YCC, here come the One Huck Wonders!



## ROSTER

00	Evan Clendening	5'9"	15
1	Terrence Mitchell	5'5"	15
2	Sol Yanuck	5'8"	14
4	Oliver Newland	5'8"	15
5	Nathan Kwon	5'1"	15
7	Taek Lee	5'6"	15
10	Marc Rovner	5'4"	14
11	Elijah Long	5'6"	14
12	Kevin Mateer	6'2"	15
13	Eli Miller	6'0"	15
14	Dillon Lanier	5'6"	13
17	Sam Williams	5'6"	15
18	Everett Dang	5'6"	13
20	Ben Maness	5'3"	12
23	Leon Copeland	5'11"	14
42	Abe Eichner	5'9"	15
69	Cory Oskardmay	5'7"	16
87	Walden Saldana-Montavon	5'8"	16

# U-19 TEAMS

## SAVAGE SHARKS

### Bay Area/San Francisco, CA

Team Name: Beast Aces

Coach: Steve Maack

The Bay Area "Savage Sharks" takes their name from the Great Whites that patrol the Pacific waters of California. We also take our name in honor of all those players who love to play "savage". The Bay Area has a long tradition of winning Ultimate at all levels. Club, College, and Youth ultimate teams have all captured a Nationals Championship for the area. This will be the first year that the Bay Area Disc Association has put forth an Open Team to travel to the fields of Minnesota. We strive to play the game the way it should be played - with respect to the game, to our teammates, and to our opponents. We strive to play crisp, clean, run-n-gun Flatball. Minnesota has a proud tradition of Ultimate, and we are honored to represent the California Delegation.



## ROSTER

1	Emmett Kaake	5'10	15
2	J.T. Deierling	6'2	18
	<i>Oregon State</i>		
3	Sam Kuntz	6'2	16
4	Eric Angel	6'5	18
7	Benjamin Souvey	5'11	17
8	Nathan Simon	5'11	16
11	Kevin Liantono	5'9	18
	<i>UC Davis</i>		
12	Julian Ludewigt	6'0	17
13	Jonathan Gonzalez	5'9	18
	<i>COM</i>		
14	Abel Johns	5'10	18
15	Jackson Wait-Himmelwright	5'10	16
18	Justin Duong	5'6	16
	<i>UC Davis</i>		
20	Nick Petru	6'1	18
	<i>Carleton</i>		
69	Steven Moore	5'11	18
	<i>Arizona State</i>		

## BUDA

### Boston, MA

Captains: Amos Adams, Eric Biggs,  
Ben Krupp

Coaches: Jason Chow (Head), Dan Hourigan  
(Assistant)

BUDA is excited for the opportunity to compete in Blaine again in 2011. Representing New England for the seventh year, BUDA hopes to continue to bring competitive play to the USAU Youth Club Championships. Thanks to our parents and chaperones that help make this all possible.



0	Jimmy Bright-Dumm	6'1	18
3	Kevin Rzepka	5'10	17
4	Ben Krupp	5'10	18
	<i>Washington University St. Louis</i>		
5	Sam Greenwood	6'1	18
	<i>University of Michigan</i>		
6	Jordan Kaufman	5'10	17
7	Benno Orlinsky	5'9	18
	<i>Yassar College</i>		
10	Tyler Chan	5'10	18
	<i>Tufts University</i>		
11	Dylan Wolff	6'0	18
	<i>Boston College</i>		
12	Tim Bobrowski	6'0	16
13	Danny On	5'7	17
14	Connor Fortin	5'10	18
	<i>Rochester Institute of Technology</i>		
15	Martin Markenson	6'0	18
	<i>University of Illinois</i>		
19	Ethan Kannel	6'1	17
21	Ben Sadok	5'4	16
23	Cody Ross	5'10	18
	<i>Springfield College</i>		
25	Jordy Diamond	5'10	17
27	Amos Adams	6'5	18
	<i>Colorado College</i>		
33	Eric Biggs	5'9	18
	<i>University of Maryland</i>		
50	Wesley Chow	5'9	17
71	Joel Fisker-Katz	5'8	17

# U-19 TEAMS

## CUTTHROAT OF COLORADO

### Boulder/Denver, CO

**Captains:** Jake Dickerson, Conrad Hougen, Brendan Dwyer, Joel Anton

**Coaches:** Hannah Jones, Jake Raisanen

Cutthroat of Colorado is a youth all-star team based in Denver, Colorado and comprised of players from both the Denver and Boulder Summer Youth Ultimate Leagues. 2011 is the team's first official competition year although the team is the second team of Colorado Cutthroat, a familiar sight at the Youth Club Championships. Jake Raisanen, a former coach of the Hopkins High School team in Minnesota, and Hannah Jones, a former University of Colorado-Boulder Kali player are the team's coaches. Cutthroat of Colorado is also led by four captains: Conrad Hougen, Brendan Dwyer, Jake Dickerson and Joel Anton, of whom the first two plan to continue at the college level and the second two will be seniors at Fairview High School of Boulder next year. Much appreciation to the Wright Life in Fort Collins for their support of Colorado Youth Ultimate.



### ROSTER

2	Kerry Atthey	5'8"	15
5	Brendan Dwyer	6'2"	18
	Willamette		
7	Jake Dickerson	5'8"	17
9	Rob Korbel	6'2"	16
13	David Cuellar	5'7"	16
16	Conrad Hougen	6'1"	17
	CU-Boulder		
17	Alex Kacsh	5'8"	15
21	Will Lohre	5'3"	14
22	Connor Catron	6'1"	17
23	Travis Shetter	6'2"	17
32	Scott Harris	5'11"	18
	Colorado School of Mines		
34	Diego Lander-Saldana	5'6"	17
	Wyoming		
42	Micah Levi	5'6"	16
45	Max Bessen	5'7"	17
82	Joel Anton	5'11"	17
99	Kendrick Hougen	5'11"	15

## TEAM ILL

### Chicago, IL

**Captains:** Jimmy Sykora, Patrick Kaufman

**Coaches:** Arnoush Javaherian

In 2010, Chicago YCC started with its first ever YCC team, a Mixed team that finished 5th at the 2010 YCC. This year, we have our first ever Open team. This team consists of 20 players from all over the Chicago area. Many have come from established high school programs (Neuqua, Jacobs, and Geneva), while others have come from schools that do not really have a program, and a couple are from college. But they all come together with one goal, to play the sport they love and get better at it.



### ROSTER

1	Jack Hanson	5'6"	17
2	Keith Dehnal	5'9"	17
3	Mike Sale	5'10"	18
5	Evan Swiatek	5'9"	18
	Marquette		
7	Brad Herzog	6'2"	17
8	Dan Thompson	5'11"	17
9	Nick Prozorovsky	5'10"	16
11	Tommy Gallagher	5'7"	16
13	Joey Gallagher	5'8"	18
18	Eric Bultman	6'2"	18
	Illinois		
21	Joel Biere	5'8"	17
24	Kurt Siebert	6'2"	19
	Northern Illinois		
26	Patrick Kaufman	6'4"	19
	Dayton		
27	Patrick Pearce	5'8"	18
33	Evan Power	6'1"	18
	College of Dupage		
37	Jan Szmanda	6'0"	17
44	Michael Cosmos	5'8"	17
68	Eric Churilla	5'9"	18
	Southern Illinois		
88	Johnny Sanlat	5'6"	17
99	Ben Carver	6'0"	17

# U-19 TEAMS

## FLYING PIG

### Cincinnati, OH

Captains: Tony Bort, Luke Wilken,  
Josh Fisher

Coaches: Joel Houmes and Phil Hale

Flying Pig enters its fifth season better than ever. Coming off a 6th place finish at SCINNY, Pig has its heights set high. We pride ourselves on our technical play and superior spirit. As two time defending Spirit winners at YCCs, Pig always enters with the goal of winning two trophies.



## ROSTER

0	Brendan O'Gorman	6'3"	17
1	Edric Sellon	5'10"	18
3	Jack Teller	5'10"	17
5	Josh Fisher	5'9"	17
9	Ryan Kindell	5'10"	17
10	Luke Wilken	6'2"	18
	<i>Ohio State</i>		
11	Zach Sieber	5'10"	17
13	Joel Collins	6'0"	18
	<i>Cincinnati</i>		
17	Andrew Wick	6'1"	18
	<i>Alabama</i>		
21	Dan Schuster	6'0"	17
24	John Paul Bort	5'10"	16
28	Tristan Huck	6'0"	16
33	Frank Strasser	5'11"	18
34	Jay Ratajczak	6'1"	16
39	Nick Bissonnette	6'1"	16
72	Logan Herbers	5'8"	18
	<i>Cincinnati</i>		
74	Kevin Burwinkel	5'10"	18
	<i>Cincinnati</i>		
77	Tommy Koch	6'1"	18
	<i>Cincinnati</i>		
85	Tony Bort	5'9"	18
	<i>Ohio State</i>		

## COLORADO CUTTHROAT

### Denver/Boulder, CO

Captains: Tommy Gebhardt, Eric Sanderson

Coaches: Phil Lohre, Joe Durst

Colorado's youth Ultimate scene is thriving! We bring an older team this year with talented and spirited players who are anxious to prove themselves on the national scene. While a larger number than usual will move on to C.U.'s Mama Bird next fall, this group represents ten different high schools from the Denver/Boulder area. Colorado youth Ultimate appreciates the continued support of the Wright Life, and we're fired up for some serious fun and competition in Minnesota.



0	Kevin Johnson	5'10"	18
	<i>Colorado</i>		
1	Mark Rauls	5'7"	17
7	Stephen Hilger	6'	18
	<i>U of San Diego</i>		
8	Pawel Janas	5'10"	17
	<i>Colorado</i>		
10	Stan Whitcomb	6'1"	18
	<i>UC Santa Clara</i>		
12	Jesse Fisher	6'	18
	<i>Colorado</i>		
13	Nicholas Anderson	6'	18
	<i>Colorado</i>		
14	Sean Kellogg	6'2"	18
	<i>Colorado</i>		
17	Tristan Voss	6'1"	17
	<i>Colorado</i>		
18	Erik Sanderson	6'	18
	<i>Willamette</i>		
21	Tommy Gebhardt	6'3"	17
	<i>Colorado</i>		
22	Drew Parnish	6'2"	18
	<i>U of San Diego</i>		
23	Matt Gleason	5'10"	18
	<i>Colorado</i>		
24	Matt Bubernack	5'7"	18
	<i>Colorado</i>		
44	Ben Lampert	5'11"	17
55	Oliver Feind	6'1"	18
	<i>Colorado State</i>		
59	Brunson Townsend	5'10"	17
93	Jeremy Harker	6'2"	17
96	Sean Roe	5'11"	16
99	Pierce Westenhaber	6'0"	18

# U-19 TEAMS

## DEVYL

### New Jersey/Pennsylvania

Captains: Trent Dillon, Paul Klimkowski,  
Evan Walter, Scott Xu

Coaches: Anthony Nunez and Ben Haim

The Delaware Valley Youth League Team (DEVYL) is ready for the trip to the Youth Club Championships. Known for DEVYL's deafening sideline and aggressive defense, these players are ready to defend our National Championship. After all, it's a Jersey/PA thing!



## ROSTER

1	Chris Agüero	6'0"	18
	Colorado		
3	Ell Graves	5'10"	18
	Michigan		
5	Saul Grayes	5'9"	15
7	Nico Lake	5'10"	17
9	Nils Clauson	5'11"	17
11	Scott Xu	5'8"	18
	Rutgers		
13	Quinn Hunziker	6'0"	18
16	Trent Dillon	5'10"	18
	University of Pittsburgh		
18	Adam Fischette	5'9"	18
	University of Washington		
19	Kevin Lakritz	6'2"	17
	The College of New Jersey		
22	Jesse Daugherty	5'11"	18
	Michigan		
25	Charlie Lian	5'11"	17
	UNC-Wilmington		
29	Evan Walter	5'11"	18
31	Paul Klimkowski	5'10"	17
	Florida Atlantic University		
33	Mark Lin	5'11"	18
	Maryland		
35	Kevin Tang	5'8"	16
42	Will Hoehne	6'2"	18
45	Brendan Vogl	5'6"	18
	High Point University		
48	Michael Pohling	5'10"	18
	University of Illinois		
50	Jibran Mieser	5'10"	17
	Rutgers		
55	Mathieu Savarit-Consenza	6'1"	18
	Drexel		
69	Victor Wu	5'8"	16
82	Marques Brownlee	6'2"	18
	Stevens Institute of Technology		

## FINAL HARVEST

### Omaha/Lincoln, NE

Coach: Ryan Bickel

This is the second year that Nebraska Youth Ultimate has sent a team to the Youth Club Championships. We have a dedicated group of players primarily from Omaha and Lincoln. We recently finished our first summer league season and the second year of our annual youth tournament, Nebraskionals. Our team is constantly improving and we hope to have a great showing this year at YCC.

2 - Logan Graeve  
6 - Chen Di-Ren  
16 - Chen Li-Dunn

# N

## ROSTER

0	Nolan Border	5'10"	18
1	Samuel Vossler	6'0"	18
	University of Nebraska, Lincoln		
3	Joe Richert	6'2"	18
	University of Nebraska, Lincoln		
5	Jeremy Dickes	6'4"	18
	University of Nebraska, Lincoln		
7	Creighton Gerber	5'8"	18
8	Kyle Boyle	5'11"	18
	University of Nebraska, Lincoln		
15	Nick Jenkins	6'3"	18
	University of Nebraska, Lincoln		
22	Bill Hynes	6'0"	18
25	Chas Busch	6'2"	18
27	Drew Gerber	5'8"	15
28	Austin Genzler	5'10"	17
51	Emmitt Graeve	6'1"	17
74	Matt Young	5'11"	17
90	Connor Rock	5'11"	17
91	Gabi Gutierrez	5'9"	17

# U-19 TEAMS

## IMPULSE

### Pittsburgh, PA

**Captains:** Joe Bender, Max Thorne

**Coaches:** Nick Kaczmarek, Ben Banyas, Pat Hammonds

Pittsburgh has been represented at each and every Youth Club Championship and earned semifinal births in 2006, 2007, 2008, and 2009. The team competes and trains throughout the summer in pursuit of a National Championship. We wish the best of luck to all the teams that are competing. "One team, one goal."



## ROSTER

1	Max Sheppard	5'9"	15
2	Sam VanDusen	5'10"	17
3	Patrick Earles <i>University of Pittsburgh</i>	6'2"	17
4	Luke Bodnar	5'6"	16
5	Alec Assaad <i>Carnegie Mellon University</i>	6'1"	18
8	Ariel Rascoe <i>Tufts University</i>	5'6"	17
10	Max Thorne <i>University of Pittsburgh</i>	5'10"	18
11	Justin Hill <i>CCAC</i>	6'1"	18
12	Jack Slevin	5'10"	17
13	Connor Russell	5'8"	16
14	Bradley Romantic	6'1"	17
18	Arlo Geletko	5'9"	17
19	Scott Trimble	6'0"	16
23	Graeme Kernick	6'0"	16
24	Sam Schurer	6'0"	16
28	Joe Bender <i>University of Pittsburgh</i>	5'11"	18
42	Ben Plakidas	5'11"	16
66	Chen Su	5'10"	17
71	Kelley McAndrews	6'0"	16
93	Matt Ruppert	6'3"	17

## MONSTARS

### Seattle, WA

**Captain(s):** Louis Cohen, Kilian Marsh, Henry Phan, John Raynolds

**Coach(es):** Alex Wells & Steve Gussin

The DiscNW Open team has a proud tradition including multiple YCC championships. Nine seniors departed from last year's squad, but we've reloaded with the top talent from 11 different area schools, and we're here to showcase the best of Seattle youth Ultimate on a national stage. We're excited to be back again competing for the title against the best youth teams from around the country.



00	Christopher Job <i>Santa Clara University</i>	6'3"	18
2	Tianchuan Yen	5'7"	16
3	Kilian Marsh <i>UC San Diego</i>	5'10"	18
4	Ross Smith <i>Princeton University</i>	5'9"	18
5	Louis Cohen <i>Carleton College</i>	5'10"	18
7	Henry Phan	5'7"	17
10	John Raynolds <i>Carleton College</i>	5'11"	18
14	Justin Lim	5'9"	18
15	Mark Sampayan	5'5"	16
17	Nolan Walsh	6'2"	17
21	Jesse Bolton	5'10"	17
22	Ryan Werfeli	5'11"	18
23	Mike Cavanaugh	6'1"	18
26	Eric Soria-Patrick	5'11"	16
33	Jake Lemmer	5'11"	17
45	Mikey Sylvester	6'0"	17
55	Jake Rittmire	6'0"	16
73	Jordon Lim	5'6"	16
77	Tyler Monroe	6'1"	16
91	Sottie Rowland <i>University of Denver</i>	6'0"	18
95	Natan Lee-Engel	5'7"	16

# U-19 TEAMS

## MINNESOTA SUPERIOR

### Twin Cities, MN

Captains: Greg Cousins, Sam Bumsted

Coaches: Pericles Nacionales, Nate Wohl, Zach Kasdan

Minnesota Superior has been in existence since the inaugural Youth Club Championships in 2005, although we missed the tournament in 2009. We come from schools that participate in the state's high school (spring) and youth summer leagues. We're young, we're fast, and we play hard.



### ROSTER

0	Gabe Coleman	6' 2"	18
	<i>St. Cloud State University</i>		
2	Caleb Coleman	6' 2"	17
	<i>Winona State University</i>		
3	Benjamin Jagt	6' 4"	18
4	Jason Finkelstein	5' 10"	17
5	Daniel Rasmussen	5' 8"	17
6	Ethan Rasmussen	5' 8"	18
	<i>University of St. Thomas</i>		
7	Tavis Leighton	5' 10"	16
8	Eli Leonard	5' 8"	18
	<i>University of Michigan</i>		
11	Tyrie Williams	5' 10"	18
12	Harper Garvey	5' 8"	17
14	Greg Cousins	5' 10"	18
	<i>Tulane University</i>		
15	Michael Fields	6' 2"	18
	<i>University of Minnesota - TC</i>		
19	Tyler Latham	6' 5"	18
22	Nick Ladas	6' 1"	17
24	Ryan Welch	5' 10"	18
	<i>University of St. Thomas</i>		
25	Reese Hornnes	5' 10"	18
	<i>University of Minnesota - TC</i>		
28	David Lacher	6' 2"	18
30	Curtis Cammack	5' 8"	18
33	Luis Caballero	5' 6"	16
41	Sam Bumsted	6' 0"	17
47	Ian Andre-Knudsen	6' 2"	17
77	Soham Shah	5' 10"	18
	<i>University of Minnesota - TC</i>		
85	Gabe Sadowski	5' 8"	16
88	Austin Dircks	6' 2"	17
99	Sam Reis	6' 2"	17



# HEALTH AND SAFETY

Medical staff (trainer and EMT) will be available throughout the event at Tournament Central. Please seek advice and assistance regarding prevention and treatment of injuries or illness. Directions to the local hospital can be found in the "Directions" section of this program.

## CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion, and balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the person see a medical professional. Medical staff is on hand at the event at Tournament Central.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include a change in a level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness:
  - Avoid alcohol, caffeine, and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – Be honest! Are you fit enough to perform under current conditions?
  - Drink and eat – Eat and drink (water AND sports drinks) "optimally" before, during, and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas, and oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels crackers, gummy candies).

- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine – Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness – If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play – Find shade, wet the skin, get in front of a fan or breeze.

## **SIDELINE SAFETY**

- Players and spectators should make every effort to keep objects, including but not limited to bags, strollers, chairs, coolers and tents, at least 3 yards from the sideline.
- If a player feels that an object on the sideline is not safe, he or she should inform Event Staff and should refrain from playing until satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff, or spectators.

## **LIGHTNING GUIDELINES**

- Event staff will communicate with players and spectators via PA system and field marshals equipped with radios that there is a lightning danger, play will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully-enclosed building or vehicle with a hard-top and closed windows.
- Event staff will use the Flash-to Bang method to determine when to send people to shelter. By the time the Flash-to-Bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects, and water. Assume a crouch position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

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# SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of Ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision making process, even in the most egregious violations, will indicate to players that the coach and not the players have the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or footblocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline nor offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.

- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of Ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers
- Coaches will model Spirit of the Game at all times.

**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment in which players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

## **2011 USA ULTIMATE COACHING CERTIFICATION INFORMATION**

During games at USA Ultimate Championship events where field access is restricted, sideline access will only be granted to players, coaches that are designated by the team and have completed the USA Ultimate Coaching Ethics Workshop, USA Ultimate event staff, and media. All other non-player support staff, with player-level or limited field access, including coaches, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. The limit on the number of coaches and team support personnel, all of whom must comply with the above policy, is as follows:

Coaches – 3 (may have player-level access to sidelines/field)

Team Support – 2 (must remain in team tent/bench area during points)

For more information on USA Ultimate's Spirit of Coaching or Coaching Certification Requirements, please contact USA Ultimate's Director of Education and Training, Baker Pratt via email at [Baker@hq.usaultimate.org](mailto:Baker@hq.usaultimate.org) or visit the USA Ultimate website.

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