



EVENT GUIDE \$2





**FIVE ULTIMATE**

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## STAFF/CONTACT INFO

Volunteers will be wearing light blue shirts. If they can't answer your questions, they can point you to one of the following people to help you out:

### LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Bruce Mebust  
Volunteer Coordinator – Dave Gregg  
Head Scorekeeper – Seth Grossinger  
Head Statkeeper – Jesse Stratton  
Local Media Coordinator- Seija Rahkola

### USA ULTIMATE STAFF

Chief Executive Officer – Dr. Tom Crawford  
Director, Marketing and Communications –  
Andy Lee  
Manager, Education & Youth Programs –  
Mike Lovinguth  
Manager, Events – Byron Hicks

## SITE RULES

- No alcohol
- Dogs must be leashed
- Spectators and Equipment - must stay at least 3 yards away from sidelines! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.
- Trash and Recycling - Place recyclables in the recycling receptacles and place trash in the trash. Thank you!



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# WELCOME

On behalf of USA Ultimate, the Minnesota High School Ultimate League and the Twin Cities Ultimate community, I welcome you to the Eight Annual USA Ultimate Youth Club Championships. This year we have more than 30 teams in U16 Open, U19 Open, Mixed and Girls Divisions. Many teams are returning from previous years (some with titles to defend). And, as usual, there are a few teams coming for the first time. All this growth is very exciting and should result in some excellent Ultimate.

The tournament takes place at the National Sports Center in Blaine, Minnesota. The NSC is one of the largest sports facilities in America and continues to grow. Ultimate is played here every summer by TCUL, the local adult league, and the Minnesota High School Ultimate League holds its State Championship here in early June.

The Saturday night social event will be held in the Schwan Center at the NSC and will feature food, a Swap Meet and possible other excitement.

Traditionally, we organize an exhibition game between coaches which is always very popular.

The Twin Cities of Minneapolis and St. Paul are home to many Major and Minor League sports teams including the Minnesota Stars FC of the North American Soccer League which plays in the stadium by Schwan Center. The Stars will be playing a home game Saturday night.

For the Ultimate Shopper, the Mall of America is in Bloomington, MN, not far from the Minneapolis/St Paul International Airport.

The YCC only happens because lots of people volunteer their time. They will be keeping score, running the social event and running many other errands around the fields. Be sure to acknowledge their hard work. Say "Thanks!" to a volunteer when you see one.

Have a great Tournament!

Bruce Mebust, Tournament Director

# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- All games to 13, point-cap at 15 except U-19 Open Pools A & C to 15/17
- Halftime is 5 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 13 goals, overtime occurs when the score reaches 12-12).
- Soft time-caps will not be used.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- The cap does not affect timeouts.

# WEEKEND OVERVIEW

## FRIDAY, AUGUST 10; BLAINE, MN (NATIONAL SPORTS CENTER)

7:00-9:00pm: Team Registration

## SATURDAY, AUGUST 11; BLAINE, MN (NATIONAL SPORTS CENTER)

8:00am: Captains Meeting  
9:00am – 5:00pm: Pool Play & Cross-over for U-19 Open  
6:00pm: Trade Night and Dinner – Schwan Center at NSC  
7:00pm: Exhibition Game at NSC field U-2

## SUNDAY, AUGUST 12; BLAINE, MN (NATIONAL SPORTS CENTER)

8:30am – 2:00pm: Pool Play, Elimination, and Placement Games  
2:30pm: Championships Games  
Post-Finals: Award Ceremony (awards presented to 1st and 2nd place teams in each division, Spirit Award teams and individuals)

# DIRECTIONS

## NATIONAL SPORTS CENTER TO MERCY HOSPITAL (COON RAPIDS, MN)

4050 Coon Rapids Blvd NW, Minneapolis, MN 55433 763-236-6000

- Exit the NSC on 105th Ave. NE
- Turn RIGHT on MN Rt. 65 (Central Ave. NE)
- After 2.5 miles, turn LEFT on MN Rt. 242 (Main St. NE)
- After 6 miles turn LEFT on Round Lake Blvd. NW
- Make a RIGHT turn onto Coon Rapids Blvd. NW and the hospital will be on your LEFT

# SHOOTING PHOTOS/VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate. Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood. The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Director of Marketing and Communications Andy Lee at [andy@hq.usaultimate.org](mailto:andy@hq.usaultimate.org).

# SPIRIT AWARDS

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play.

-- 11th Edition USA Ultimate Rules of Ultimate.

**INDIVIDUAL AWARDS:** Teams will each be asked to nominate a player from their own team who they feel displays the highest level of Spirit. The definition of Spirit is up to each team, but should include elements of sportsmanship, leadership, perseverance, fire, etc. Choose the person whose attitude you wish other people on your team would emulate and who other players off your team admire. Individual Spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of Ultimate and Spirit of the Game!

**TEAM AWARDS:** Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged and the team in each division with the highest rating will be awarded the Team Spirit Award after their division's finals.

## USA ULTIMATE SPIRIT RATINGS GUIDELINES:

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

**5:** Highest level of respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team's conduct added to our enjoyment of the game. The opposing team unflinchingly played fairly and with an excellent attitude.

**4:** Respect shown throughout the game towards opponents, officials, and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team's conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

**3:** Generally exhibited respect towards opponents, officials, and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team's conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

**2:** Exhibited a lack of respect towards opponents, officials, and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team's conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/ or with a poor attitude.

**1:** Exhibited a major lack of respect towards opponents, officials, and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team's conduct made the game basically unenjoyable. The opposing team played unfairly and their attitude was abysmal.



# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

**1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.** Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

**2. CONTROL: SOTG TAKES REAL EFFORT.** SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

**3. HECKLING AND TAUNTING ARE DIFFERENT.** Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

**4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.** It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

**5. DON'T "GIVE AS YOU GOT."** There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

**6. BREATHE.** After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

**7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.** When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

**8. BE GENEROUS WITH PRAISE.** Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

**9. IMPRESSIONS LINGER.** Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

**10. HAVE FUN.** All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.

# USA ULTIMATE SPIRIT OF COACHING

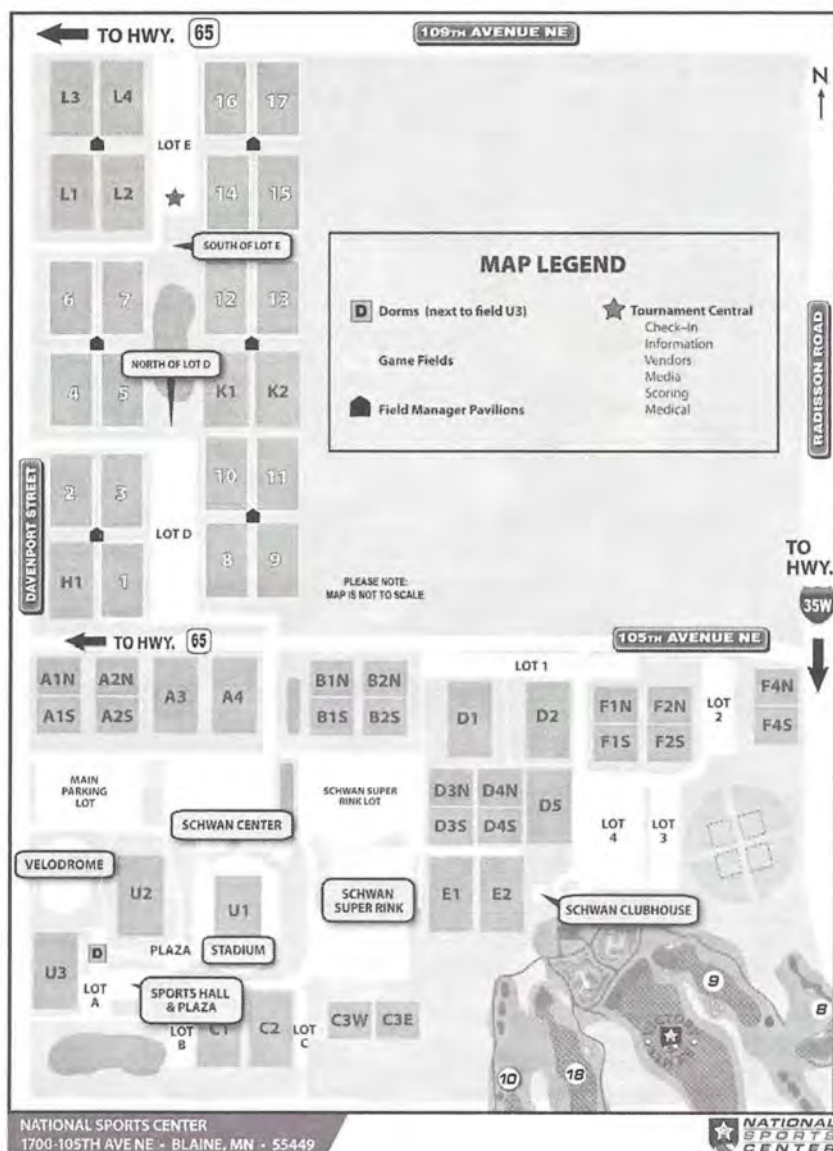
**BACKGROUND:** The role of the coach at all levels of Ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision making process, even in the most egregious violations, will indicate to players that the coach and not the players have the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or footblocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never ok at any level.
- Coaches will not make calls from the sideline nor offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of Ultimate.
- Coaches will always exhibit respect for opposing players.
- Coaches will always exhibit respect for other coaches.
- Coaches will always exhibit respect for observers.
- Coaches will model Spirit of the Game at all times.

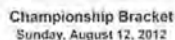
**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment in which players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

# FIELD MAP



# U19 OPEN SCHEDULE & BRACKETS

Pool A/C Games to 15 Cap 17 All other Games to 13 Cap 15	Pool A				Pool B				Pool C				Pool D				
	A1	DiscNW (Seattle, WA)			B1	PHUL (Pittsburgh, PA)			C1	BUDA (Boston, MA)			D1	DeVYL (Delaware Valley, NJ/PA)			
	A2	Chicago (Chicago, IL)			B2	Cincinnati (Cincinnati, OH)			C2	Denver A (Denver, CO)			D2	Minnesota (Minneapolis, MN)			
	A3	DiscNY (New York, NY)			B3	Iowa (Ames, IA)			C3	Atlanta (Atlanta, GA)			D3	TYUL (Triangle Area, NC)			
		F#	Score	F#	Score		F#	Score	F#	Score		F#	Score	F#	Score		
9:00-10:30	A1 v A3	12	-	D2 v D4	16	B1 v B3	14	-	B2 v B4	15	-	C1 v C3	13	-	D1 v D3	17	-
11:00-12:30	A2 v A3	12	-	D2 v D3	16	B1 v B4	14	-	B2 v B3	15	-	C2 v C3	13	-	D1 v D4	17	-
1:30-3:00	A1 v A2	12	-	D3 v D4	16	B1 v B2	14	-	B3 v B4	15	-	C1 v C2	13	-	D1 v D2	17	-
Re-seed teams 1-4 within each pool																	
3:30-5:00	A1 v C1	12	-	A2 v C3	13	-	B2 v D3	14	-	D2 v B3	16	-	C2 v A3	15			





Consolation prizes to 13 cap 15



Championship games to 12 cap 15

# U19 WOMEN SCHEDULE & BRACKETS

2012 USA Ultimate Youth Club Championships - U-19 Girls Division									
Saturday, August 11, 2012 continuing Sunday, August 12, 2012									
All Games are to 13 Cap at 15	Pool A								
	A1	DisCHW (Seattle, WA)							
	A2	Denver (Denver, CO)							
	A3	PHUL (Pittsburgh, PA)							
	A4	Cincinnati (Cincinnati, OH)							
	A5	Minnesota (Minnesota, MN)							
	A6	TYUL (Triangle Area, NC)							
Saturday		F#	Score	F#	Score	F#	Score		
9:00-10:30	A1 v A3	3	-	A2 v A5	2	-	A4 v A6	1	-
11:00-12:30	A1 v A2	3	-	A3 v A4	2	-	A5 v A6	1	-
1:30-3:00	A1 v A4	3	-	A2 v A6	2	-	A3 v A5	1	-
3:30-5:00	A1 v A6	3	-	A2 v A3	2	-	A4 v A5	1	-
Sunday									
8:30-10:00	A1 v A5	7	-	A2 v A4	12	-	A3 v A6	13	-
Re-seed teams within each pool for bracket play									
Consolation Bracket Sunday, Aug 12, 2012					Championship Bracket Sunday, Aug 12, 2012				
<p>Loser of 1A vs 4A</p> <p>12:30pm-2:00pm Field # 12</p> <p>Loser of 3A vs 2A</p> <p>5A</p> <p>12:30pm-1:30pm Field # 13</p> <p>6A</p> <p>2nd Place</p> <p>5th Place</p>					<p>1A</p> <p>10:30am-12:00pm Field #12</p> <p>4A</p> <p>2:30pm-4:00pm Field # 7</p> <p>3A</p> <p>10:30am-12:00pm Field #13</p> <p>2A</p> <p>Champion</p>				
 <p>Consolation games to 13 cap 15</p> 					<p>Championship games to 13 cap 15</p> 				

# MIXED SCHEDULES & BRACKETS

## 2012 USA Ultimate Youth Club Championships - U-19 Mixed Division

Saturday, Aug 11, 2012

Games to 13, Cap 15	Pool A				Pool B			
	A1	Bay Area Disc (SF Bay Area, CA)			B1	BUDA (Boston, MA)		
	A2	DiscNW (Seattle, WA)			B2	Minnesota (Minnesota, MN)		
	A3	Chicago (Chicago, IL)			B3	Madison (Madison, WI)		
	A4	Maine (Portland, ME)			B4	DiscNY (New York, NY)		

		FB	Score		FB	Score		FB	Score		FB	Score
9:00-10:30	A1 v A3	7	-	A2 v A4	6	-	B1 v B3	5	-	B2 v B4	4	-
11:00-12:30	A1 v A4	7	-	A2 v A3	6	-	B1 v B4	5	-	B2 v B3	4	-
1:30-3:00	Bye			Bye			Bye			Bye		
3:30-5:00	A1 v A2	7	-	A3 v A4	6	-	B1 v B2	5	-	B3 v B4	4	-

Re-seed teams within each pool for Sunday play



### Consolation Bracket Sunday, Aug 12, 2012



### Championship Bracket Sunday, Aug 12, 2012



Consolation games to 13 cap 15



Championship games to 13 cap 15





## 2012 USA Ultimate Youth Club Championships - U-16 Open Division

Saturday, Aug 11, 2012

Games to 13, Cap 15	Pool A						Pool B					
	A1	TYUL (Triangle Area, NC)					B1	DiscNW (Seattle, WA)				
	A2	Cincinnati (Cincinnati, OH)					B2	Minnesota (Minnesota, MN)				
	A3	PHUL (Pittsburgh, PA)					B3	DeVYL (Delaware Valley, NJ/PA)				
	A4	Chicago (Chicago, IL)					B4	Bay Area Disc (SF Bay Area, CA)				
		F#	Score		F#	Score		F#	Score		F#	Score
9:00-10:30	A1 v A3	8	-	A2 v A4	9	-	B1 v B3	10	-	B2 v B4	11	-
11:00-12:30	A1 v A4	8	-	A2 v A3	9	-	B1 v B4	10	-	B2 v B3	11	-
1:30-3:00	Bye			Bye			Bye			Bye		
3:30-5:00	A1 v A2	8	-	A3 v A4	9	-	B1 v B2	10	-	B3 v B4	11	-



Re-seed teams within each pool for Sunday play

## Consolation Bracket

Sunday, Aug 12, 2012



Consolation games to 13 cap 15

## Championship Bracket

Sunday, Aug 12, 2012



Championship games to 13 cap 15



# OPEN TEAMS

## ATLANTA DIRTY DOGS

### ATLANTA, GA

Coaches: Bart Yeager, Kris Osher

Captains: Alex Glick, Gino Mattace, Zachary Mills

After several years of being out of the Youth Club Championship scene, Atlanta is happy to be back with the debut of the Dirty Dogs. This team is made up of seven different high schools in the Atlanta area. After playing against each other during a very competitive high school season, we are looking forward to being teammates. What we lack in history, we make up for in spirit! What's that smell? ATL!



### ROSTER

2	Michael Dillard	5'-8"	16
4	Fritz Meinert	6'-1"	16
6	Riley Erickson	5'-7"	16
8	Anders Olsen	5'-7"	16
16	Alexander Glick	5'-10"	18
18	Sebastian Di Francesco	5'-5"	16
21	Eric Sjostrum	5'-11 1/2"	
16			
22	Josh Weinstock	5'-11"	16
24	Matt Crutchfield	5'-11"	18
42	Zachary Mills	5'-11"	18
44	Seas Patton-Miller	6'-1"	16
45	Jeremiah Hassett	6'-2"	17
87	Gino Mattace	5'-10"	18
99	Nicolas Seidler	6'-1"	17

## BUDA

### BOSTON, MA

Coaches: Anne Westcott, Daniel Hourigan

Captain: Kevin Rzepka

The Boston open team is back and ready to take the field by storm. With tremendous team depth and a strong performance at a pre-YCC adult club tournament (Ow My Knee), the team is excited to reach their potential on the fields of Blaine. Make sure to visit our games to check Kevin Rzepka's (3) field marshaling, Trevor Griesman's (5) deceptive speed, Drake Greenwood's (4) intelligent cutting, and Marty Makenson's (35) all-around dominating play.



### ROSTER

2	Benjamin Tseytlin	6'1"	18
3	Kevin Rzepka	5'10"	18
4	Drake Greenwood	5'7"	17
5	Trevor Griesman	6'1"	18
8	Ethan Fortin	5'10	16
9	Elliot Lee	5'8	18
11	Jason Milan	5'11"	18
13	Zachary Sabin	6'4"	18
14	Scott Groux	6'2"	17
15	Tim Bobrowski	6'0"	17
18	Eli Sandler	6'2"	18
21	Ben Sadok	5'4	17
22	Malcolm Hecht	5'11"	16
23	Alec Zabrecky	5'6"	17
27	Mike Reid	6'3"	18
28	Ben Kaufman	5'10"	18
35	Martin Markenson	6'	19
41	Jordan Kaufman	5'9"	17
43	Alex Schmitt	6'1"	19
64	Eliot Bemis	6'1"	18

# OPEN TEAMS

## CHICAGO MICROMACHINES

### CHICAGO, IL

Coaches: Arnoush Javaherian, Grant Zukowski

Captains: Jan Szmanda, Johnny Saniat,

Evan Swiatek

Micromachines is in its third year of existence! We started three years ago as one team from Chicago, a Mixed team. Now we have three solid teams and hope to do well in each of the three divisions we are in (Open U-19, Open U-16, Mixed). We have players from all over the Chicago area and the youth Ultimate community has grown tremendously over the past three years. This is our best Open team yet and we hope to finish better than we ever have!



### ROSTER

1	Jack Hanson	5'10" 18
2	Justin Reeverts	5'6" 18
3	Jesse White	6'0" 18
4	Joel Biere	5'10" 18
5	Evan Swiatek	5'10" 18
6	Cameron Petit	6'2" 18
9	Nick Prozorovsky	5'10" 18
10	Clayton Adams	6'0" 17
11	Tommy Gallagher	5'9" 17
15	Abe Gambert	6'0" 17
20	Jordan Dong	5'9" 18
23	Brad Herzog	6'2" 18
37	Jan Szmanda	6'0" 18
44	Michael Cosmos	5'10" 18
65	Blaine Harvey	5'10" 18
88	Johnny Saniat	5'8" 18
95	Zach Diener	5'11" 17
98	Andy Hegg	6'0" 18
99	Ben Carver	6'1" 18

## CINCINNATI FLYING PIG

### CINCINNATI, OH

Coaches: Joel Houmes, Phil Hale

Captains: Josh Fisher, Tony Bort, Tristan Huck

Flying Pig enters its sixth season better than ever. With much of last year's team returning and joined by a strong core from our U16 team, Pig hopes to have its best finish ever. We pride ourselves on our effort and superior spirit. As a two time spirit winner at YCCs, Pig always enters with the goal of winning two trophies.



### ROSTER

1	Adam Turner	5'11" 17
2	Stephen Babcock	5'11" 16
3	Jack Teller	5'10" 17
4	Alex Young	5'10" 17
5	Josh Fisher	5'8" 18
7	Jacob Turner	5'11" 17
8	Stephen Hale	6'2" 16
9	Ryan Kindell	5'10" 17
11	Zach Sieber	5'10" 18
17	Jordan Kinde	6'0" 18
18	James Morris	5'10" 16
21	Dan Schuster	6'0" 18
23	Paul Findley	5'10" 16
24	John Paul Bort	5'10" 16
28	Tristan Huck	6'1" 17
34	Jay Ratajczak	6'3" 16
43	Stephen Kenny	5'9" 16
55	Joe Beatrice	5'10" 18
69	Khafra Flynn	5'6" 17
72	Logan Herbers	5'9" 18
85	Tony Bort	5'8" 18
99	Dom Schuster	5'9" 16

# OPEN TEAMS

## COLORADO CUTTHROAT (A)

### DENVER/BOULDER, CO

Coaches: Phil Lohre, Joe Durst

Captains: Tommy Gebhardt, Pawel Janas, Tristan Voss

The Cutthroat rises again; tempered by fire and drought and ready to feed in the lush wetlands of Minnesota! The swift waters running in and through Colorado University are particularly strong this year. All three captains come from CU and two thirds of our college students will play there next year. Our team combines the talents of players from nine different high schools and hopes to embody the best of competition and spirit. Thanks again to Ft. Collins' Wright Life for their great support of youth ultimate!

### ROSTER

00	Jeremy Harker	6' 2"	18
2	Mark Rauls	5' 7"	18
3	Sam Black	5' 9"	17
8	Pawel Janas	5' 10"	18
10	Mitch Carson	5' 10"	18
13	David Cuellar	5' 8"	17
16	Conrad Hougen	6' 1"	18
17	Tristan Voss	6' 1"	18
18	Tommy Gebhardt	6' 3"	18
27	Andrew Commander	6'	18
28	Andrew Oak Nelson	6'	17
35	Travis Shetter	6'	18
42	Will Lohre	5' 10"	15
43	Nicky Schardt	5' 10"	18
44	Ben Lampert	5' 11"	18
55	Cam Waugh	5' 10"	16
72	Peter Hart	5' 8"	17
82	Joel Anton	5' 11"	18
96	Sean Roe	5' 11"	17



## CUTTHROAT OF COLORADO (B)

### DENVER/BOULDER, CO

Coaches: Hannah Jones, Andy Thompson

Cutthroat of Colorado is the second competitive open team being sent to YCG this year. After the growth and development of the first B team last year, Colorado decided to send a second competitive team once again. This year, the team is a blend of experience and athleticism levels, with the players dedicated to both competing and growing as athletes.

### ROSTER

2	Kerry Athey	6'	16
4	Aaron Kennedy	6'	18
7	Kendrick Hougen	6'	16
10	Girish Narayanswamy	6' 1"	16
11	MacLean Freund	5' 9"	17
12	Mark Stratford	6' 1"	17
14	Sam Park	5' 4"	17
15	Alex Honeyman	6' 1"	18
17	Abhisar Yadav	6' 3"	17
23	Rob Korbel	6' 2"	17
25	Bryce Igo	6' 1"	17
34	Diego Lander-Saldana	5' 6"	18
42	Zach Smith	5' 11"	18
47	Alex Kacsh	5' 10"	16
84	Jasper Schneider	6' 3"	17



# OPEN TEAMS

## DEVYL

### TRENTON, NJ

Coaches: Anthony Nunez, Michelle Kondracki

Captains: Jibran Mieser, Charlie Lian,

Marques Brownlee

The Delaware Valley Youth League team (DEVYL) is heading back to the fields in Blaine, MN after a semifinal appearance in 2011 and a championship in 2010. The team is a combination of players from the New Jersey and eastern Pennsylvania area and is highly known for its deafening sideline. NJ-PA!



### ROSTER

3	Nico Lake	5'10"	18
5	Rob Gambone	5'8"	18
7	Asher Levine	5'7"	16
8	Nim Sten-Gilady	5'9"	17
10	Anderson Chan	5'6"	17
11	Chris McGlynn	5'9"	16
14	Travis O'Connor	6'4"	17
15	Leo Galbraith-Paul	5'9"	16
16	Gabriel Price	6'0"	17
17	James Brier	6'0"	16
18	Andrew Lehmberg	5'6"	16
19	Kevin Lakritz	6'2"	18
20	Kyle Potkay	6'0"	18
22	Rohan Varty	5'10"	17
24	Dustin Sullivan	5'11"	18
25	Charlie Lian	5'11"	18
30	Andrew Auyeung	5'7"	18
33	Mitch Messick	5'11"	18
35	Kevin Tang	5'9"	17
38	Jonah Wisch	5'10"	17
47	Zilin Zhou	5'5"	18
50	Jibran Mieser	5'9"	18
69	Sean Mott	5'9"	18
82	Marques Brownlee	6'2"	18

## DISC NW STAG

### SEATTLE, WASH.

Coaches: Alex Wells, Steve Gussin

Captains: Jake Lemmen, Jake Ritmire, Nolan Walsh

Seattle has a long and successful history in the Open division at YCC, including capturing last year's championship. This year's squad is excited to be back in Minnesota to test itself on the national stage and write its own chapter.



### ROSTER

1	Luke Allen	5'7"	18
2	Tian chuan Yen	5'9"	17
3	Dennis Casio	5'7"	17
4	Glenn Zieve	6'2"	18
5	Eli Savelle	5'9"	17
7	Tyler Monroe	6'1"	17
8	Mahki Sanders	5'10"	16
9	Sam Lehman	6'0"	16
10	Rodel Santos	5'10"	17
11	Gus Kitchell	5'10"	18
17	Nolan Walsh	6'2"	18
21	Will Marks	6'0"	18
22	Ryan Werfelli	6'0"	19
23	Jesse Bolton	5'9"	18
24	Zhi Chen	5'6"	18
26	Eric Soria-Patrick	5'11"	17
27	Geramey Evans	6'3"	17
33	Jake Lemmen	6'0"	18
55	Jake Ritmire	6'0"	17
73	Jordan Lim	5'6"	17



# OPEN TEAMS

## IOWA ULTIMATE

### AMES/DES MOINES, IA

Coaches: Robbie Dennis, David Shirbroun

Captains: Cody Brown, Andy Buys, Jack Sanders

Astute observers of past YCC events will recall seeing a mixed team from Iowa at the 2006 tournament. Six years later, Iowa returns to Blaine, this time with an open squad. With a number of nationally successful club and college squads calling Iowa home, the state is now an emerging hotspot for younger talent. The Iowa High School Spring League, under the direction of Nathan Wiemers, serves as an ideal venue for players to learn about Ultimate and compete against schools across the state. Making the short trek up I-35, this squad of 18 young men brings a dangerous combination of athleticism and strong disc skills. We're here to show the nation why Iowa has some of the best Ultimate in the country!



### ROSTER

2	Andy Buys	5'11" 18
4	Derek Thatcher	6'3" 19
5	Charlie Rathe	6'0" 18
6	Alec Sauerbrei	6'1" 17
8	Jaden Van Dike	6'4" 17
9	Cody Brown	5'10" 18
10	Joel Heilman	5'10" 18
11	Daniel Tarasi	5'11" 18
12	Jack Sanders	6'1" 18
14	Scott Miller	6'1" 18
15	Nate Stahl	5'11" 18
16	Hunter Lewis	5'11" 18
17	Luke Coleman	6'0" 18
22	Brian Whitley	6'1" 18
23	Ethan Kumbura	6'1" 19
27	Alex Constant	5'9" 18
33	Myles Davis	5'11" 17
54	Brady Brinkmeyer	5'11" 18

## MINNESOTA SUPERIOR

### MINNEAPOLIS/ST. PAUL, MN

Coaches: Kevin Flynn, Nate Wohl, Peter Burrows

Captain: Ian Andre-Knudsen, Dan Rasmuson

Minnesota Superior takes its name after the greatest of the Great Lakes. Fitting, as Superior's players are the greatest of a great high school ultimate league in the state of Minnesota. The team is comprised of many third-year YCC players like Dan Rasmuson, Jason Finkelstein, Joel Morton, Tavis Leighton, Caleb Coleman, & Luis Caballero. Schools contributing to the Superior team are Hopkins, South, Edina, Como Park, Cretin Derham Hall, St. Paul Charter, Armstrong, St. Paul Central, Wayzata, Roseville, and Eden Prairie. Returning college players Eli Leonard (Michigan), Soham Shah (Minnesota), & Caleb Coleman (Winona State) also bring strong leadership. Superior has a dynamic style of play which stems from championship experience, elite speed, controlled possession, passion for defense, and living up to the meaning of Spirit of the Game.



### ROSTER

2	Ashton Robinson	5'10 18
3	Caleb Coleman	6'0 19
4	Jason Finkelstein	5'9 18
5	Dan Rasmuson	5'9 18
8	Eli Leonard	5'9 19
9	Conor Kline	5'11 17
10	Michael Jordan	5'10 18
13	KJ Johnson	5'9 16
18	Nick Heid	5'9 18
19	Tavis Leighton	5'11 18
21	Jared Eshelman	6'3 17
22	Nick Ladas	6'1 18
23	Joel Morton	6'2 18
32	Sam Hage	5'10 18
34	Luis Caballero	5'6 17
36	Charlie Dorn	5'11 17
41	Sam Bumsted	6'1 18
47	Ian Andre-Knudsen	6'3 18
77	Soham Shah	5'10 19
88	Donovan O'Dowd	5'9 18
99	Sam Reis	6'0 18



# OPEN TEAMS

## NYCC

### NEW YORK, NY

Coaches: Aaron Bell, Isaiah Bryant

Captains: Jonah Cader, Ethan Schwab

Over the last decade the New York metropolitan area has given birth to an incredibly vibrant youth ultimate scene – pick-up games, clubs, recognized varsity teams, elite high school programs, and leagues of every form. This year players from these many discrete backgrounds have come together to form the inaugural New York YCC teams. In a city of scarce field space and scarcer permits we practice in the shadows of skyscrapers and bridges, huck amidst the honking of cabs and cars, and play with spirit on every strip of turf we can find. We are the best in the Big Apple and we are ready to break out on the national stage!



### ROSTER

2	Harley Pasternak	5'9"	18
6	Yuval Pearl	5'5"	16
7	Ethan Schwab	5'6"	16
10	Eli Rosenthal	5'8"	18
11	Elliot Warner	6'0"	16
13	Tony Valentin	5'7"	18
21	Miles McKey	5'11"	17
24	Jonathan Villaran	5'11"	18
26	Alex Chao	5'5"	18
27	Aidan Penn	6'0"	17
28	Jeremy Carr	5'10"	17
35	Andrew Sklar	5'8"	18
43	Jonah Cader	5'8"	18
77	Benjamin Attal	5'7"	15
99	Danny Siegel	5'8"	18

## PITTSBURGH IMPULSE

### PITTSBURGH, PA.

Coaches: Nick Kaczmarek, Aaron Watson, Ben Banyas  
Captains: Pat Earles, Jack Slevin, Graeme Kernick, Max Sheppard

Pittsburgh Impulse has competed at the Youth Club Championships since its inception in 2005. Since then, the team has made semifinals five times, finished third once, and brought home two silver medals. Nearly all Pittsburgh Impulse alumni continue to compete with and lead college and club teams around the nation. Perhaps more than any other year, Impulse 2012 is a broad representation of the depth of character, athleticism, and skill in Pittsburgh. We look forward to competing against the well-prepared and highly talented teams at YCCs – let the games begin.

**PITTSBURGH**  
PULSE

### ROSTER

2	Max Sheppard	5'9"	16
3	Sam Van Dusen	5'11"	18
4	Patrick Earles	6'2"	18
5	Justin Abel	6'0"	17
6	Mark Schwoegl	5'6"	17
7	Graham Walker	6'1"	17
9	Mitch Maley	6'0"	18
10	Alan Yan	5'8"	18
11	Keil Toso	6'0"	18
12	Kelley McAndrews	5'10"	18
13	Jack Slevin	5'9"	17
15	Conner Russell	6'0"	18
16	Rohith Rao	5'10"	18
17	Isaac Smith	5'10"	17
18	Matt Hanna	5'8"	18
19	Arlo Geletho	6'2"	17
21	Scott Trimble	5'10"	18
22	Richie Giza	5'10"	18
23	David Claypool	6'0"	18
24	Graham Kernick	5'11"	17
29	Sam Schurer	5'11"	16
33	Jake Davis	6'1"	16
34	Austin Ruediger	5'11"	17
61	Kenny Zhou	5'10"	18
66	Carl Morgenstern	5'11"	18
	Chen Su		

# OPEN TEAMS

## SPEARFISH STORM

### SPEARFISH, SD

Coach: Dennis Servaty

Captains: Jake Servaty, Tristan Blain

The Spearfish Storm is a new team on the ultimate scene. One year ago organized ultimate didn't exist in the Black Hills of South Dakota. The sport has caused a lightning storm in the Black Hills area due to the hosting of the first annual Spearfish Spooktacular Hat Tournament in October, the Spring Ultimate Thrills in the Black Hills Tournament, and the 2012 BH Summer Ultimate League. The team consists of mostly Spearfish Sophmores and Juniors, with a player from Sioux Falls and a couple Eden Prairie players. Leading the team are co-captains and handlers Jake Servaty and Tristan Blain.

The team hopes to have a lot of fun while they gain experience at the YCC. Although they may be young and inexperienced, the storm will bring a lot of heart and spirit to the tournament as they represent South Dakota.



### ROSTER

1	Kiefer Goldberg	6'1"	16
2	Cory Whalen	6'0"	16
3	Noah Scholz	5'11"	16
4	Tristan Blain	5'8"	16
6	Alex Jirele	5'10"	17
7	Henry Plummer	5'11"	16
8	Trevor Sigmund	5'11"	16
9	Jake Servaty	5'7"	16
11	Trevor Rombough	5'11"	16
12	Tanner Weisser	5'10"	17
13	Nate Lechner	6'3"	17
14	Colin Williams	5'10"	16
18	Austin Simon	5'11"	17
23	Connor Sigmund	6'3"	16
24	Sterling McMichael	5'9"	15
44	Austin Walker	6'0"	16

## TYUL TRIFORCE

### TRIANGLE AREA, N.C.

Coaches: Josh Greene, Michael DeNardis, Garrett Dyer

Though the Triangle has been represented in the U-19 division by previous teams, this marks the outset of the "TriForce" identity. The core of last year's U-16 champion has graduated to join a veteran group from the Graveyard of the Atlantic mixed team, and while they have left their tuxedos on the hanger, they are bringing their confidence and outrageous haircuts along for the ride. The Swoll Patrol is on the loose, so you best put a little giddy-up in your caboose!



### ROSTER

0	Aaron Warshauer	6'0"	18
1	Terrence Mitchell	5'7"	17
2	Sol Yanuck	5'7"	16
3	Andrew Cohen	5'6"	17
4	Vitchyr Pong	5'11"	17
5	Reed Berger	5'10"	17
6	Ben Maxson	5'9"	17
7	Tanner Gardner	5'8"	17
8	Greg Jones	5'9"	18
9	Jamie Mainwaring	5'11"	18
10	Walker Matthews	5'8"	16
11	Norman Archer	6'0"	17
12	Kevin Maleer	6'0"	16
13	Eli Miller	5'9"	16
18	Jake McGoogan	6'0"	17
22	Mikko Rich-Voorhees	5'10"	17
26	Eric Howell	5'9"	17
37	Jon Aycock	5'8"	18
42	Alex Grosskurth	5'7"	17
43	Jake Rovner	5'8"	17
69	Cory Oskardmay	5'7"	17
76	Clayton Noblit	6'0"	18

# GIRLS TEAMS

## DISC NW RAPTURE

### SEATTLE, WA

Coaches: Chris Forsberg, Lisa Nieman  
Captains: Lani Nguyen, Arianne Lozano

DiscNW U19 Girls have won the YCC tournament six years running and are back to defend their title. Although we lost a number of strong seniors last year we are strengthened by the increasing skill level of HS ultimate in the area and many talented younger players. Overall, this team is comprised of players from 12 different high schools and is truly representative of the level of talent in the Seattle area. We look forward to a strong showing in 2012!

### ROSTER

2	Mia Bladin	5'8"	16
3	Soriya Ton	5'4"	18
4	Maddie Gilbert	5'8"	17
5	Michaela Yaman	5'1"	15
6	Jordan Palmer	5'4"	18
7	Ari Lozano	5'8"	17
8	Elena Harris-Bauer	5'10"	16
9	Amanda Somvilay	5'2"	17
11	Miyu McGinn	5'5"	15
13	Jessi Crowley	5'2"	18
14	Nina Job	5'6"	17
17	Elissa Picozzi	5'5"	18
20	Linnea Soo	5'6"	16
21	Michelle Hanneman	5'9"	17
22	Jaclyn Verzuh	5'11"	15
32	Alissa Soo	5'6"	16
36	Sophie Johansen	5'5"	15
55	Juliana Werfelli	5'7"	16
81	Lani Nguyen	5'3"	18



## CINCINNATI BELLE

### CINCINNATI, OH

Coaches: David Fry  
Captains: Kayla Fry, Kelsey Gibboney

Hey you just met us,  
And this is crazy,  
But here's our numbers  
So play us maybe.

To be a Belle  
You must be swift as the coursing river  
With all the force of a great typhoon  
With all the strength of a raging fire  
Mysterious as the dark side of the moon.

Baby we play ultimate like nobody else  
The way that we spin the disc gets you overwhelmed  
And when we sprint down the field it ain't hard to tell  
That's what makes us Cincy Belle.

### ROSTER

2	Sarah Fitzpatrick	5'5"	18
3	Andrea Wilging	5'5"	17
4	Madison Wilker	5'3"	17
7	Kayla Bowery	5'1"	17
9	Stefanie Morris	5'2"	18
11	Grace Castelli	5'0"	17
15	Candace Borders	5'7"	17
18	Kelsey Gibboney	5'7"	18
19	Sara Friemoth	5'7"	15
21	Colleen Morris	5'2"	18
22	Malika Smoot	5'5"	18
25	Alora Reiff	5'10"	16
42	Lucy Teller	5'5"	15
49	Emily Dorsey	5'5"	15
81	Holly Koch	5'8"	16
87	Annie Folzenlogen	5'3"	15
88	Kjersti Fry	5'4"	16
93	Kayla Fry	5'2"	18
97	Emily Reutener	5'6"	15



# GIRLS TEAMS

## COLORADO CUTTHROAT

### DENVER/BOULDER, CO

Coaches: Anne Pogoriler, Julia Echterhoff

We are looking to build on our strong third-place finish in the U-19 girls division at YCC in 2011. If you know what our cheer "5280!" represents, come let us know - we've got a prize for you!



#### ROSTER

3	Hannah Dryke	5'4"	18
5	Lena Gibbs	5'8"	18
8	Jean Russell	5'4"	17
9	Jackie Turner	5'4"	17
12	Mai Yang	5'5"	18
17	Nina Lundstrom	5'6"	17
19	Kaci Cessna	5'8"	17
21	Meg Henderson	5'3"	16
23	Hannah Brown	5'7"	17
26	Caitlyn Lee	5'5"	14
43	Marcelle Sprackling	5'8"	18
57	Alana Chen	5'8"	17
65	Megan Ives	5'6"	17
81	Corey Baron	5'7"	16
99	Kelsey Bennett	4'10"	16

## MINNESNOWTA

### MINNEAPOLIS, MN

Coaches: Anna Hagstrom, Jason Curtis, Kelsie Brust, Cindy Tamaki

Captains: Lucia Holte, Vivian Chu

Minnesnowta is back with nine returning players and 11 new ones! It may be the hottest time of the year, but this team channels the Minnesota winters to stay cool. Ice runs through our veins and the heat of competition cannot melt our chilly composure and spirit.



#### ROSTER

0	Meg Lake	5'4"	16
4	Hannah Weber	5'1"	18
5	Emily Kampa	5'5"	16
6	Lucia Holte	5'8"	16
8	Tessa Danielson	5'4"	17
9	Amanda Huber	5'11"	18
11	Guarani Gomez-Van Cartwright	5'6"	16
12	Tess Garvey	5'1"	17
13	Danielle Stacey	5'5"	18
16	Hannah Cowan	5'5"	15
17	Rachel Stiyer	5'2"	16
19	Alyssa Belsito	5'7"	18
22	Alina Dain	5'4"	16
24	Ellie Martin	5'2"	16
29	Alexa Schroeder	5'6"	17
30	Allison Fulton	5'7"	17
32	Vivian Chu	5'4"	18
36	Ratih Sutrisno	5'6"	18
67	Ruby Bayliss	5'3"	16
88	Meghan Hayden	5'3"	16



# GIRLS TEAMS

## MOXIE

### PITTSBURGH, PA

Coach: Jessica Sheehan

Captains: Eliza Pugh, Hanna Dausch

Moxie (mok'se) – 1. The ability to face difficulty with spirit and courage. 2. Aggressive energy; initiative. 3. Skill; know-how. Playing with all of the characteristics defined by their team name, the Pittsburgh Youth Club Girls are ready for their breakout season, just like the Pirates. Go Pittsburgh!

### ROSTER

6	Malti Mckinnon	5'9"	18
7	Remy Niman		18
8	Hanna Dausch		16
16	Eliza Pugh	5'9"	18
17	Anusha Nagabandi	5'3"	18
19	Rachel Varisco		18
21	Emily Wolfson		18
23	Heather Springer		17
27	Kristine Fedorenko		17
42	Victoria Zhang		16
56	Abi Schurer		15
77	Gretchen Dausch		18
81	Caroline Nofzinger		17



## TYUL WARHAWKS

### DURHAM, NC

Coaches: Heather Ann Brauer, Sasha Resnick, Shellie Cohen

Captains: Laura Fradin, Klara Calderon-Guthe

A team from North Carolina,  
You won't find a group any finer...

The NC Warhawks; first in flight  
Playing ultimate is their delight!

We've got a small roster to man this plane  
And many a good experience we will gain.

Led by captains Laura Fradin and Klara C-G,  
The Warhawks are ready to make a show at YCC!

Excited to travel to the land of 10,000 lakes  
This team is prepared to do what it takes.

Ready to go for gold and make friends  
on the way  
We are planned to work hard and ready  
to play!



### ROSTER

3	Domenica Sutherland	5'4"	16
4	Ashley Powell	5'5"	16
5	Katie Cubrilovic	5'1"	15
8	Jillian Altrichter	5'5"	17
10	Laura Fradin	5'7"	18
12	Joy Chen	5'4"	17
13	Kelly Rigsbee	5'5"	18
15	Rebecca Parada	5'2"	15
17	Kate Lanier	5'4"	12
22	Klara Dean	5'8"	16
23	Abigail Derbyshire	5'1"	18
28	Hally Bohs	5'4"	17
44	Michelle Gay	5'8"	18
55	Klara Calderon-Guthe	6'0"	17
56	Audrey Copeland	5'6"	17
96	Taylor Fisher	5'5"	18

# MIXED TEAMS

## BAY AREA DISC HAPPY COWS

### SAN FRANCISCO, CA

Coach: Geoff Rexroth

Captains: Benjamin Souvey, Sarafina Angstadt-Leto

The Bay Area Disc Association, after winning the mixed division in 2010 and 2011 and working on several youth developmental programs, is proud to bring two teams to YCC this year (Mixed and U16).

Happy Cows is represented by multiple high schools from the Bay Area, they have come together as a family and will be ready to compete. We bring a very young and passionate team. The most important aspect of this experience for us will be to play our best, show Spirit of the Game, and grow as players and as a team. This may be a great rebuilding year, so you better watch out!



### ROSTER

4	Nick Maher	5'11"	16
5	Kainoa Chun-Moy	5'7"	16
7	Benjamin Souvey	5'11"	18
10	Hannah Wells	5'2"	13
11	Charlie Weatherford	5'11"	16
13	Chloe Carothers-Liske	5'4"	14
14	Sarafina Angstadt-Leto	5'8"	17
18	Amelia Khoo	5'5"	15
19	Amanda Khoo	5'6"	18
31	Jonathan Gonzalez	5'9"	18
44	Remy Smith	6'0"	16
66	Rio Chuck	5'4"	17
71	Ali Mathews	5'2"	14
73	Derek Zakaria	5'8"	17
75	Francesca Meffert	5'6"	16
78	Eleanora Angstadt-Leto	5'1"	12

## BUDA

### BOSTON, MA

Coach: Josh Seamon

Captains: Julian Grant, Sarah Adams

The Boston mixed team is back and stronger than ever. After finishing well at a pre-YCC adult club tournament (Ow My Knee), the team is looking to bring their momentum to the fields of Blaine. Make sure to stop by our games and look for the patient handling of Julian Grant (4), Tulsa Douglas (14), and Emmet Blau (25), the dominating deep game of Richard Lipari (21), the speed of Aly Johnson-Kurts (3), and the crushing defense of Cyrus Ready-Campbell (46).



### ROSTER

0	Justin Wu	5'7"	18
1	Anna Kaplan	5'8"	16
2	Marianna Heckendorn	5'7"	18
3	Alyssa Johnson-Kurts	5'2"	18
4	Julian Grant Grant	5'10"	18
7	Sarah Adams	5'3"	17
10	Zachary Bokhour	5'11"	18
11	Vincent DeFelice	6' 2"	17
12	Leah Berlin	5'3"	18
14	Tulsa Douglas	5'8"	16
15	Rory Palmer	5'11"	17
18	Zachary Pozniak	6'2"	18
20	Tara Sharp	5'6"	17
21	Richard Lipari	6'1"	19
22	Mei Reffsin	5'4"	16
25	Emmet Blau	5' 9"	17
26	Sam Letcher	6' 3"	18
38	Tamar Austin	5'4"	17
46	Cyrus Ready-Campbell	6'1"	17
60	Caitlin Go	5'3"	17
64	Walker Mayerchak	6'	18
75	Ezra Orlinsky	5' 9"	16



# MIXED TEAMS

## DISC NW PANDAMONIUM

### SEATTLE, WA

Coaches: Frank Nam, Jinny Eun

Captains: Hallie Dunham, Sarah Afromowitz, Owen Freed, Kaustubh Deo

The DiscNW Mixed team is looking to medal for the first time in its history. Pandamonium represents 11 different high schools in the Seattle area and all four grade levels. We're returning only a handful of players from the 2011 team but have re-loaded with the fabulous talent that Seattle offers. Look out for our fresh warm-ups, spirited attitude and hard work!



### ROSTER

0	Paolo Eleccion	16
2	Josie Gilett	14
3	Miko Bagoisan	17
5	Jhanelle Cadiente	15
6	Nikki Bruce	17
7	Martin Horst	18
10	Jack Baba	17
11	Julia Minkoff	
12	Steven Benaloh	15
13	Sarah Afromowitz	18
14	Claire Rostov	17
17	Sarah Gunderson	17
19	Anna Iglitzin	17
20	Grace Noah	17
21	Dylan Spence	18
23	Owen Freed	17
24	Miguel Sheets	17
28	Jonathan Collins	17
29	Grant Mitchell	15
31	Yu Wen Chen	15
32	Homer Aalfs	17
33	Shane Worthington	17
35	Rose Soiffer-Kosins	15
84	Hallie Dunham	15

## MICROMACHINES

### CHICAGO, IL

Coach: Luke Johnson

Captains: Kristine Rathunde, Jack Shanahan

Micromachines emerged this year as a team on a mission to have fun while playing a sport we have all come to love. The team has players from three different Chicago area schools and despite our differences, we play a mean game of flatball (and spikeball).

### ROSTER

2	Dana MULLEN	5'2"	16
3	Karl BECK	4'11"	16
7	Megan HALVERSON	5'11"	15
7	Jack SHANAHAN	6'5"	17
9	Kirstin JOHNSON	6'1"	18
9	Christine SCHULZ	5'6"	16
10	Lauren BLOOMFIELD	5'2"	14
10	Matt NELSON	5'10"	17
11	Devin SIMONELLI	5'3"	18
13	RJ FARINA	6'3"	17
13	Kevin JAMIESON	5'2"	19
15	Zoe MORETTA	5'11"	14
16	Anika ARVANITIS	5'8"	15
17	Kristine RATHUNDE	6'2"	18
24	Dominick PELUSO	4'8"	17
25	Adam WONG	5'9"	18
27	Michael HANNIGAN	6'1"	18
29	Hafeez SHAMS	6'9"	17
32	AiselALCEDO	5'2"	17



# MIXED TEAMS

## MINNESOTA SKYLINE

### MINNEAPOLIS/ST. PAUL, MN

Coaches: Erin Mirocha, John Groess, Patrick Kunkel, Carlos Lopez

Captains: Kajsa Beatty, Jack Peirson, Brennan Johnson, Rachel Johnson

Minnesota is known for many famous things: lakes, nice people, and freezing winters. One fact that is not known to most people is that Minneapolis is home to the largest pedestrian skyway system in the world connecting its iconic SKYLINE. The fact that Minneapolis is home to the world's best walkway inspired our team. We strive to have all the features of a great walkway every time we step onto the field of play. We are strong, rising above minor issues like traffic or bad weather. We seem simple and unnoticeable until needed, and then we become irreplaceable. We remain connected to one another, because though our foundations may shake, our SKYLINE will endure. A SKYLINE is built of hardened metals and rises to represent a state, so too have we come to represent MN to the rest of the country. We are MN mixed ultimate, we are SKYLINE.



### ROSTER

1	Matt Rock	6' 1" 18
5	Alex Kunzer	6' 1" 16
7	Cheyenne Connolly	5' 5" 18
8	Tara Smith	5' 7" 18
10	Derek Klein	5' 9" 17
11	Rachel Johnson	5' 3" 17
13	Josh Kautz	6' 2" 18
14	Brennan Johnson	6' 1" 18
15	Sam Berglund	6' 18
16	Leah Kunkel	5' 6" 16
17	Mitch Corcoran	5' 8" 18
20	Kajsa Beatty	5' 11" 16
21	Emily Mattison	5' 6" 18
22	Maddie Smith	5' 5" 18
23	Clancy Ferris	5' 17
24	Isaac Ruff	6' 18
25	Luke Snider	6' 17
30	Jack Peirson	6' 1" 18
52	Matt Berthiaume	5' 7" 18
66	Clare Riley	5' 5" 18
77	Abbi Stark	5' 6" 17
84	Caroline Miller	5' 3" 17
88	Wyatt Mekler	5' 11" 17

## NYCC

### NEW YORK, NY

Coaches: Emma Groetzinger, Porter Bishop

Captains: Joseph Hawthorne, Nancy Ko

Over the last decade the New York metropolitan area has given birth to an incredibly vibrant youth ultimate scene - pick-up games, clubs, recognized varsity teams, elite high school programs, and leagues of every form. This year players from these many discrete backgrounds have come together to form the inaugural New York YCC teams. In a city of scarce field space and scarcer permits we practice in the shadows of skyscrapers and bridges, huck amidst the honking of cabs and cars, and play with spirit on every strip of turf we can find. We are the best in the Big Apple and we are ready to break out on the national stage!



### ROSTER

11	Victoria Detres	5'2" 17
15	Sophia Siu	5'2" 15
18	Paola Ayala	5'5" 16
19	Nancy Ko	5'4" 16
23	Timmy Levin	6'1" 16
25	Marta Bakula	5'4" 16
32	Mark Lipnickey	5'10" 18
34	Justin Wong	6'0" 17
40	Windy Feng	5'3" 16
55	Beatrice Huang	5'1" 17
56	Ben Chatham	5'8" 17
75	Jason Leehow	5'9" 18
77	Joseph Hawthorne	5'9" 17

# MIXED TEAMS

## RISEING TIDE

### MAINE

Coaches: Rich Young, Rob Rowse, Jeremy Foster, Jes Heil, Matt Bates

Captains: Noah Backer, Thomas Edmonds, Tyler O'Brien, Chloe Rowse

Rising Tide was organized in the fall of 2011 and is the first youth club team from Maine. We are the younger offshoot of Red Tide, an open division club team out of Portland, ME that went to Nationals in 98 and 99. Red Tide also spawned Red Tried (the B team) and Red Tired, our Masters team. Rising Tide includes athletes from seven different Maine high schools.



### ROSTER

0	Hudson Carr	5' 11" 18
2	Heather Kraft	5'10" 18
3	Gabe Currier	5'8" 17
4	Sierra Bates	5'4" 15
5	Noah Backer	6'1" 18
6	Chloe Rowse	5'9" 18
7	Payson Sowles	6'1" 17
8	Tom Edmonds	6'1" 18
9	Cyrus Fenderson	5'10" 18
10	Sierra Jeffers	5'7" 18
11	Cameron Jack	6'2" 16
12	Andre Clement	5' 8" 17
13	Nick Plummer	5'8" 16
14	Mckenzie Myers	5'5" 18
16	Sierra Baker	5'8" 18
17	Sarah Sparks	5'8" 17
18	Sarah Hemphill	5'8" 18
19	Olivia Hoch	5'2" 18
21	Noah Robinson	6'4" 15
22	Tyler O'Brien	6'1" 18
24	Thomas Robinson	6'4" 18
26	Jacob Brady	6' 17
31	Izzy Clarke	5'2" 15
42	Haydee Jacobs	5'8" 18
82	Sophie Hulbert	5'9" 17
94	Henry Babcock	6'4" 17

## WISCONSIN

### MADISON, WI

Coach: Rex Beaber

Captain: Avery Johnson

Wisconsin is proud to be a recurring competitor at the annual Youth Club Championship tournament. Although small in numbers, Wisconsin has always developed top tier talent. Year after year youth players graduate to go on and compete on top tier programs including the Wisconsin Hodags, Minnesota Grey Duck, Michigan Magnum, Cornell Buds, UW-Milwaukee Black Cat, St. Olaf Durga, Eau Claire Sol, Colorado Kali, and even the Dutch National team.

### ROSTER

5	Austin Reif	5'9" 18
7	Avery Johnson	5'11" 18
9	Peter Walker	6'2" 16
11	John Stec	5'11" 19
13	Craig Cox	6'6" 18
14	Bill Kluender	6'3" 18
16	Shawn Tredinnick	5'5" 16
20	Andrew Everts	5'9" 17
21	Greg Maddox	5'9" 18
22	Andrew Maicke	5'11" 18
23	Margaret Walker	5'4" 13
24	Sam Shovers	5'10" 16
27	Lauren Roach	5'10" 18
42	Hadassah McCloskey	5'6" 16
68	Harry Stebbins	5'11" 17



# U16 TEAMS

## BAY AREA DISC AFTERSHOCK

### SAN FRANCISCO, CA

Coaches: Valerio Iani, Rand Wrobel

Captains: Dylan Owens, Aaron Hom, Aaron Solomon

The Bay Area Disc Association, after winning the mixed division in 2010 and 2011 and working on several youth developmental programs, is proud to bring two teams to YCC this year (Mixed and U16). The U16 players hail from three Bay Area centers--Alameda, San Mateo and Berkeley, with the addition of few players from Santa Cruz, San Jose and Marin.

We have a good balance of experienced and promising young players. There is plenty of talent including the Alameda crew (HS State champs), the Berkeley high school gang (5th at HS Westerns) and the MS State champions from King middle school (Berkeley).

Although we will be seeking a championship, the most important aspect of this experience for us will be to play our best, show Spirit of the Game, and grow as players and as a team.



### ROSTER

0	Jeff Korns	6'0"	15
1	Oscar Kohut	5'1"	14
3	Aaron Solomon	5'5"	15
5	Luke Garrison	5'8"	15
7	Oliver Newland	5'8"	15
8	Brendan Champlin	5'8"	15
9	Kevin Rutenberg	5'8"	15
10	Dylan Owens	5'11"	15
11	Aaron Hom	5'5"	16
13	Casey Fonseca Jensen	6'2"	15
14	Max Orland	5'9"	14
16	Skylar Johnson	6'1"	14
19	Colby Chuck	5'4"	14
21	Jack Duffey	5'10"	15
33	Ian Sweeney	6'1"	15
36	Blake Johnson	5'7"	14
55	Malcolm Scruggs	5'3"	14
99	Gavin Maxwell	5'9"	14

## CHICAGO MICROMACHINE

### CHICAGO, IL

Coaches: John Hock, Tony Miocic

Captains: Tyler Barrett, Jake Marrapode

This is the second year of competition for the Chicago U-16 YCC Team and the team has added significant talent and experience due to the tremendous ongoing growth of junior ultimate in the Chicagoland area. The team has players from three different Chicago area schools who have competed in various leagues and multiple tournaments, such as the Chicago Invite and Sandblast (a beach tournament in downtown Chicago). We look forward to our biggest challenge to date, some great fun and awesome competition!



### ROSTER

0	Tyler Barrett	5' 10"	15
2	James Bongiovanni	5' 9"	15
7	Ben Swiatek	5' 6"	13
11	Hunter Klein	5' 10"	15
16	Jake Marrapode	5' 9"	15
17	Dylan Power	5' 9"	14
17	Reno Brinn	5' 6"	15
18	Steve Tisinai	5' 7"	14
18	Anthony Conigliaro	5' 8"	15
22	Alex Diener	5' 7"	14
44	Evan Hock	5' 10"	15
47	Bill Kellens	5' 10"	15
62	Kyle Krukowski	5' 10"	15
89	Ryan Hock	5' 10"	15
91	Aiden Frank	5' 6"	15



# U16 TEAMS

## CINCINNATI FLYING PIGLETS

### CINCINNATI, OH

Coaches: Larry Dean, Pete Luttmann, Chris Skindzier

Captains: Craig Kaiser, Elliot Skindzier, Mark

Schuster, Ricky Vandegrift

Cincinnati Flying Piglets, or simply Piglet, was founded in 2011 and derives its name from Cincinnati's U19 Open Team, Flying Pigs. We are a strong, well balanced team that is returning 12 players from our 2011, third place YCC team. While we are still young with an average age of less than 14, we are ready to play with the best of the best and are looking to continue to improve on our results each and every year.



### ROSTER

0	Elliot Skindzier	5'4"	15
1	Kane Gormley	5'5"	13
4	Ryan Luttmann	5'10"	14
6	Tyler Hirsch	5'9"	15
7	Greyson Fuller	6'0"	15
9	Hersey Strickland	5'6"	13
10	Craig Kaiser	6'0"	15
12	Ricky Vandegrift	6'1"	15
19	Tullus Dean	5'5"	13
20	Mark Schuster	5'4"	14
21	Austin Herriott	5'11"	15
24	Ben Snyder	5'3"	13
25	Arthur Cilley	5'7"	12
27	Ben Reutener	5'3"	13
30	Jordan Monnin	6'1"	14
33	Tyler Morrison	5'4"	14
41	Charles Villano	5'3"	13
42	Seth Phillips	5'4"	13
44	Landon Sagle	5'8"	15
63	Nick Krzmarzick	5'10"	14
67	Charles Hausfeld	5'6"	13
87	Seth Donovan	5'9"	16
99	Michael Schuster	4'7"	12

## DEVYL YCC

### TRENTON, NJ

Coaches: Ryan Belline, Dave Hsiung

Captains: Nick LaRue, Sadie Jezierski

The Delaware Valley Youth League team (DEVYL) is heading back to the fields in Blaine, MN after a fifth place finish in 2011. The team is a combination of players from the New Jersey and eastern Pennsylvania area and is highly known for its deafening sideline. NJ-PA



### ROSTER

1	Matt Baker	5'1"	13
2	Stefan Crigler	5'9"	13
3	Kevin Stelmach	6'1"	15
4	Varun Rajesh	5'9"	15
5	Jeremy Desmond	6'0"	15
6	Theo Morris	5'6"	15
8	Jordan Glass	5'9"	14
10	Jack Liebling	5'7"	13
11	Sadie Jezierski	5'5"	15
14	Sam Fagundez	5'8"	15
17	Kevin Tsui	5'5"	12
20	Nick LaRue	5'7"	15
21	Cole Feltman	5'1"	13
23	Alec Hunziker	5'9"	15
24	Nehar Damle	5'7"	15
26	Andrew Harting-Smith	5'11"	15
27	Brandon Egert	5'9"	15
33	Adam Federbusch	5'4"	15
42	Albert Chen	5'7"	14
47	Brad Smith	5'1"	14
52	Connor Russell	5'10"	13
56	Owen Hurley	6'4"	15
73	Adrian Hertel	6'0"	15
81	Cole Drummond	5'6"	15
97	Connor Stratton	5'11"	14

# U16 TEAMS

## MINNESOTA SUPERIOR U16

### MINNEAPOLIS, MN

Coaches: Dan Rydel, Chris Miller, Martin Lohman  
Captain: Lucas Bulger

This is the second year for the U16 team and the second year for the division. We were thrilled by our last minute results (both before and during the tournament). Though our team will have limited practice time (yet again) we're bringing a stronger and fuller team to the division. We're made up of players from traditional power house team Hopkins as well as perennial up and comers like Minneapolis South, Charter Stars, Eden Prairie and Mahtomedi. We hope to be the best team but more importantly, we plan to be the most fun to play against. Bring your best and we'll all be closer to the "big boys" next year.



### ROSTER

1	Ben Holte	12
2	Nelson Moroukian	13
3	Zach Trosvig	14
4	Lucas Bulger	15
5	Jonah Malenfant	14
6	Kunle Ajao	14
7	Alan Edwards	14
8	Michael Sundby	15
9	Klayton Elliott	14
10	Joshua Eufinger	15
11	Johan Cavert	14
12	Grant Schroeder	15
13	Juan Domingo Davila	14
14	Owen Lazur	15
15	Michael Densinger	15
16	Ian Hahn	15
18	Sam Kaminsky	14
19	Michael Lieberman	15
20	Ian King	15
21	Nathan Van Brunt	13
24	Michael Rydel	15
31	Jacob Elias	14
47	Christian Thomsen	15
54	Sam Ramach	15
99	David Kaiser	15

## PITTSBURGH PULSE

### PITTSBURGH, PA

Coach: David Hogan  
Captains: Bobby Lincoln, Ben Morgenstein, Travis Terrell

We're the Pittsburgh U16 team, and we're excited to roll into the second year of USA Ultimate's U16 YCC division. In addition to keeping up the tradition of winning Pittsburgh has become associated with, we also look to keep up the Pittsburgh ultimate tradition of great spirit we're known for. On the field look for us to be throwing hucks, getting big skies, and playing shutdown defense, while off the field we'll either be found in our hotel pool or filling up at a Mongolian BBQ. Either way, this year's team is out here to represent our city, the only way we know how.

### ROSTER

00	Max Thompson	6'2"	15
2	Bobby Lincoln	5'10"	15
10	Travis Terrell	5'10"	15
15	Sahil Dadoo	5'9"	14
22	Kevin Trimble	5'10"	15
24	Larry McKay	5'10"	15
25	Tal Cohen	5'6"	15
27	Ryan Mann	5'8"	15
32	Brian Fulton	5'8"	14
42	Ben Morgenstein	5'10"	15
66	Leo Hildebrandt	6'0"	16
88	Ethan Scheidlmeier	5'6"	13
97	Eli Ziff	5'8"	14

**PITTSBURGH**  
PULSE



# U16 TEAMS

## SEATTLE REBELLION

### SEATTLE, WA

Coaches: Reid Koss, Shannon O'Malley

Captains: Eric Huynh, Xander Cuizon-Tice, Bryce Walsh

Rising up from the Seattle youth Ultimate scene, Rebellion are prepared to claim our own spot at the top. We are excited to represent Seattle and to play other U-16 teams from around the country. Every Rebel is a veteran of Seattle's highly competitive and highly spirited middle school leagues and big-game-tested at large regional competitions like Spring Reign and HS Westerns. Rebellion are emerging stars out of The Northwest School, Franklin, Seattle Academy, Garfield, Nathan Hale, Bush, Ingraham, Eastside Prep, and Roosevelt high schools.



### ROSTER

3	Manny Eckert	5'11"	15
5	Logan Chantelois	5'11"	15
6	Bryce Barton	5'11"	15
11	Eli Wilson	5'11"	14
12	Adran Golay	5'10"	15
15	Marco Schugurensky	6'3"	16
21	Daniel Mah	5'9"	15
24	Xander Cuizon-Tice	5'8"	16
26	Eric Huynh	5'8"	15
28	Leonard Hakizimana	5'10"	15
30	Nels Schimek	5'8"	15
33	Nicholas Hirning	6'2"	15
34	Henry Freed	6'3"	15
45	Michael Bartell	5'10"	15
69	Gero Bergk	5'11"	15
77	Bryce Walsh	6'0"	15
97	Kai Marcus	5'10"	15

## TYUL GREATEST HITS

### DURHAM, NC

Coaches: Cate Foster, Aaron Stern, Josh Hartzog  
Captains: Elijah Long, Dillon Lanier, Everett Dang

Forged from the remains of the One Huck Wonders, last year's YCC-U16 Champions, Greatest Hits returns to the fields at Blaine, Minnesota. Many of the top players have graduated to the U-19 level, but notable returners include Dillon Lanier, Marc Rovner, and Liam Searles-Bohs. Greatest Hits has also picked up a plethora of talented new players. Be on the lookout for Sean Murray, Chathan Driehuys, and Yuma Kobayashi to have big week-ends. Greatest Hits is out to prove that last year's universe point victory was not a fluke and that they have what it takes to repeat as champions. They have fought through pounding rainstorms during workouts and 100+ practices to reach the playing fields at the Championships. They are ready to play for each other, their state, and for the Spirit of the Game.



### ROSTER

0	Conor Chickos	5'7"	14
1	Elijah Long	5'9"	15
2	Austin Von Alten	5'4"	14
3	Yuma Kobayashi	5'6"	14
4	Jacob Warshawer	6'1"	15
5	Sean Murray	5'6"	14
10	Marc Rovner	5'6"	15
11	Taek Lee	5'7"	16
12	Liam Searles-Bohs	5'11"	13
13	Chathan Driehuys	5'1"	15
14	Dillon Lanier	5'10"	14
16	Lucas Tax	5'6"	15
18	Everett Dang	5'10"	14
30	Kyle McCauley	5'10"	15
42	Abe Eichner	5'10"	16
59	Brian Maulucci	5'8"	15
67	Austin Sorscher	6'0"	15
69	Marichi Gupta	5'7"	14
89	Matt Carson	5'4"	14
99	Amos Pomp	6'2"	15

# HEALTH AND SAFETY

Medical staff (trainer and EMT) will be available throughout the event at Tournament Central. Please seek advice and assistance regarding prevention and treatment of injuries or illness. Directions to the local hospital can be found in the "Directions" section of this program.

## CONCUSSIONS

- Concussions are brain injuries that can occur as a result of a blow to the head.
- Symptoms may include headache, nausea, vision problems, confusion and balance problems.
- If you think you or one of your teammates might have a concussion, tell your coach and have the person see a medical professional. Medical staff is on hand at the event at Tournament Central.

## HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include a change in a level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and treatment of heat illness:
  - Avoid alcohol, caffeine, and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications, and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – Be honest! Are you fit enough to perform under current conditions?
- Drink and eat – Eat and drink (water AND sports drinks) "optimally" before, during, and after play. Potassium is important (good sources include: sports drinks, yogurt, grapefruit juice, bananas, and oranges). Sodium is also important (good sources include: sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels crackers, gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine – Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness – If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play – Find shade, wet the skin, get in front of a fan or breeze.

## SIDELINE SAFETY

- Players and spectators should make every effort to keep objects, including but not limited to bags, strollers, chairs, coolers and tents, at least 3 yards from the sideline.
- If a player feels that an object on the sideline is not safe, he or she should inform Event Staff and should refrain from playing until satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff, or spectators.

## LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and field marshals equipped with radios that there is a lightning danger, play will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully-enclosed building or vehicle with a hard-top and closed windows.
- Event staff will use the Flash-to Bang method to determine when to send people to shelter. By the time the Flash-to-Bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects, and water. Assume a crouch position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# 2012 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted, sideline access will only be granted to players, coaches that are designated by the team and have completed the USA Ultimate Coaching Ethics Workshop, USA Ultimate event staff, and media. All other non-player support staff, with player-level or limited field access, including coaches, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. The limit on the number of coaches and team support personnel, all of whom must comply with the above policy, is as follows:

Coaches – 3 (may have player-level access to sidelines/field)

Team Support – 2 (must remain in team tent/bench area during points)

For more information on USA Ultimate's Spirit of Coaching or Coaching Certification Requirements, please contact USA Ultimate's Manager, Youth & Education Programs, Mike Lovinguth via email at [mike@hq.usultimate.org](mailto:mike@hq.usultimate.org) or visit the USA Ultimate website.

# MAKING ULTIMATE STRONGER

Five Ultimate is proud to sponsor the 2012 USA Ultimate Coaching Development Program. We are honored to support those individuals who work hard every day to make ultimate stronger.



Youth Ultimate is the future of our sport, and Five Ultimate supports youth programs by offering discounts on all youth team orders.

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