



MASTERS ULTIMATE CLUB CHAMPIONSHIPS

LIMERICK, IRELAND
25 JUNE - 2 JULY 2022



OFFICIAL EVENT
GUIDE

Event Partners & Sponsors





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Welcome

To all WMUCC 2022 participants:

On behalf of the World Flying Disc Federation, I am pleased to welcome all athletes, coaches, staff, supporters, volunteers and spectators to Limerick for the WFDF World Masters Ultimate Club Championships. It's great to be celebrating with our first Ultimate World Championships back after the long pandemic pause of over 30 months.

WFDF is excited to see over 3,000 participants from 23 countries representing 115 teams competing in six masters divisions at WMUCC 2022. Masters continues to grow across the globe and this packed out capacity tournament proves just how keen our masters players are to re-enter the world stage and get back to doing what they love best - throwing the disc!

The playing fields here at the famous sports University of Limerick are in top condition and are ready to welcome athletes from all over the world for eight days of fierce and spirited competition. We offer a big thank you to the UL for the use and preparation of the fields and accommodation facilities.

WFDF couldn't be more grateful to the Local Organizing Committee, Siege Events, and both event directors Barry Walsh and Liam Grant and their experienced team of staff who have put in a huge effort to make this event world class and to ensure this will be a special event for all participants.

I wish all the players and teams competitive success and I hope that you have an enjoyable tournament, with great memories that will last for years to come. May the sun shine over Limerick and the beer flow green – if not gold – during your time here.

Very truly yours,

A handwritten signature in blue ink that reads 'NOB' in a stylized, cursive font.

Robert "Nob" Rauch
WFDF President

Welcome from the LOC

Cead Mile Failte - A Hundred Thousand Welcomes!

We're delighted to be able to welcome you to Limerick, Ireland for WMUCC 2022. This is only the second World Championship event Ireland has hosted, 10 years on from WJUC 2012 in Dublin, and we couldn't be more excited. This has been a huge ambition of ours since we started playing Ultimate back in 2010. Like most of you, once we dipped our toe into the world of Ultimate we were consumed and have spent most of our time since then traveling the world, playing and organising tournaments, making great friends and memories along the way. Now we get to create new memories together here in sunny sunny Limerick (disclaimer; we cannot guarantee the sun!).

This event has been the culmination of nearly two and a half years of work and it's been a rollercoaster journey. From Covid to cancellations to 'we're on' to 'we're off', it's been a wild ride but happily we're here now. We understand how challenging a period this has been for all teams and we thank you for your patience and willingness to come together with us in Limerick. While we're optimistic that we're moving past the worst of the pandemic, we ask every player, staff, guest and spectator to be mindful of the health and safety of all those around them.

On that note, we'd like to take this opportunity to say a huge thanks to our team of staff and volunteers who have helped bring this event together. It's been a beast of a project, and we wouldn't be here without all of their work. If you get a chance, please thank them over the course of the week and always remember to be kind. It's a long week, there are lots of early mornings and late nights, so you never know when you could make someone's day with a simple 'thank you'.

Lastly, enjoy the competition and rivalries, old and new. Help us to showcase the fantastic sport of Ultimate and embody the Spirit of the Game in every moment on the field. It makes the pints of Guinness at the pub in the evening taste so much better.

As we say in Ireland - have the 'craic', and good luck!

The image shows two handwritten signatures in black ink. The first signature, on the left, is 'BW' for Barry Walsh. The second signature, on the right, is 'LG' for Liam Grant. Both are written in a casual, cursive style.

Barry Walsh & Liam Grant
Tournament Directors
Siege Events, Local Organising Committee

Welcome from the IFDA

On behalf of the Irish Flying Disc Association and the Irish Ultimate community I would like to warmly welcome all players, coaches, staff and families to Limerick for the WFDF 2022 World Masters Ultimate Club Championships.

Ireland is a small nation in Ultimate terms with around 600 members and a similar number participating in the sport outside of our events. With 2500 athletes taking part in WMUCC, Ireland will briefly be hosting three times our normal playerbase! Thanks to WFDF for putting their faith in our small community's ability to host this event.

Your participation at the tournament will go towards supporting the IFDA's development efforts. The IFDA are keen to continue working to grow our school and youth divisions and foster the development of more local leagues to make the sport more accessible to more people. We hope that this tournament will be a fantastic week for all participating and also leave a lasting legacy as we continue our work growing the sport.

We thank and welcome all the volunteers from Ireland and around the world. Without your work the event would not be possible and your efforts are greatly appreciated.

Finally the IFDA would like to recognise and congratulate the Local Organising Committee. Firstly for their vision in imagining hosting a World tournament on this scale, and also for their incredible dedication to running the best tournament possible.

Ian French
President, Irish Flying Disc Association
www.irishultimate.com



IRISH FLYING DISC ASSOCIATION
IRISH ULTIMATE



World Flying Disc Federation

The World Flying Disc Federation (WFDF) is the international sports federation responsible for world governance of flying disc (frisbee) sports, including Ultimate, Beach Ultimate, Disc Golf, Freestyle, Guts, and Individual Events. WFDF is a federation of 106 member associations which represent flying disc sports and their athletes in more than 104 countries.

WFDF is an International Federation recognised by the International Olympic Committee (IOC), the International Paralympic Committee (IPC), and the International University Sports Federation (FISU). WFDF is a member of the Global Association of International Sports Federations (GAISF), the Association of IOC Recognised International Sports Federations (ARISF), the International World Games Association (IWGA), the International Masters Games Association (IMGA), and the Association for the International Sport for All (TAFISA). WFDF is a signatory to the World Anti-Doping Code, and is a registered not-for-profit 501(c)(3) corporation in the state of Colorado, USA.

World Flying Disc Federation Key Officials:

WFDF President	Robert "Nob" Rauch
WFDF Treasurer	Kate Bergeron
WFDF Secretary	Tomas Griesbaum
WFDF Secretary General	Volker Bernardi

Email: ed@wfdf.sport
Website: www.wfdf.sport



SPIRIT OF THE Game:



RECOGNIZE IT, DISPLAY IT

Spirit of the Game

Ultimate relies upon a Spirit of the Game that places the responsibility for fair play on every player.

Spirit of the Game (SOTG) is the mindful behavior practiced by players worldwide prior to, during and after a game. It encompasses attitudes and skills such as good knowledge and application of the rules, fair-mindedness, safe play and spatial awareness, clear and calm communication, and a positive and respectful attitude towards teammates, fans, and opponents, in a mutual effort to protect the basic joy of play.

We strongly believe that Spirit of the Game helps people to improve their skills in polite, calm and respectful communication even in difficult situations and to make friends all over the world despite ethnic, national or religious differences. Spirit promotes understanding and peace in our sport, and we hope that through you players, that influence can even spread beyond and make real changes in the outside world.

At the WFDF 2022 World Masters Ultimate Club Championships, every team in every division has chosen a Spirit Captain. It is this player's responsibility to work with their team and all opposition teams to ensure that the highest standard of the Spirit of the Game is maintained throughout the competition (both on and off the field).

A spirit scoring system has been developed to evaluate the other team immediately after each game. With all players involved and led by the spirit captain, each team fills in a spirit scoresheet. Using guidelines found in the spirit scoring examples document, each team can provide a more consistent score for the other team. The spirit scoring system therefore serves as an educational tool where teams can learn how to improve based on standardised feedback.

To celebrate Spirit of the Game, an award will be presented to the team with the highest total spirit score in each division. Winning this award is held in the highest regard and all teams strive to achieve this.

Good luck to all at WMUCC. Athletes, your ability represents the pinnacle of our sport in your age group and you have the opportunity to demonstrate the highest

values of our sport through the Spirit of the Game. Fans and spectators, you can look forward to some incredible action and even more incredible displays of spirit throughout the Championships.

Please feel free to reach out to the Spirit of the Game Director at any time throughout the tournament. Eoghan Staunton: sotg@wmucc.sport

WMUCC Personnel

For general inquiries, information and lost and found, please contact the Information Desk in the Main Tent which is located [*map ref. 'Info Desk'*].

Key Event Personnel (LOC)

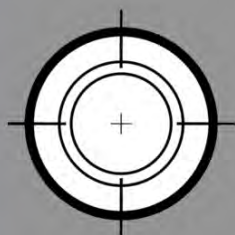
Tournament Directors	Barry Walsh, Liam Grant
Operations	Andrew Meade
Accreditation	Eoghan Staunton
Accommodation & Meals	Chris McAllister
Comms & Media	Fiona Vaughan
Competitions	Ian McAuliffe, Eoghan Staunton, Darren Scully
Medical	Owen Higginbotham
Volunteers	Nuala Casey, Sheillah Quintos
Venue	Brian O'Sullivan
Social Events	Aoife McKeon

WFDF Officials and Officers (in attendance at WMUCC)

Tournament Technical Director	Brian Gisel (CAN)
Managing Director Events & Operations	Karina Woldt (AUS)
Event Manager	Patrick Fourcampe-Maye (GBR)
Head Game Advisor	Kate Monforti (USA)
Spirit Director	Eoghan Staunton (IRL)

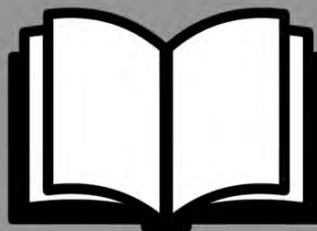
Tournament Rules Group (TRG)

WFDF Tournament Technical Director (Chair)	Brian Gisel
LOC Tournament Director	Liam Grant
LOC Spirit of the Game Director	Eoghan Staunton
WFDF Event Manager	Karina Woldt
WFDF Head Game Advisor	Kate Monforti



AIM

The aim of GAs is to support the Players to self-officiate as effectively and efficiently as possible. Players remain responsible for making and resolving all game calls.



RULES ADVICE

During stoppages GAs can help to clarify the rules, if asked by the Players.



TIME LIMITS

GAs closely monitor time limits in accordance with the rules, including in between points, time outs, and during discussions, and encourage teams to comply with these rules.



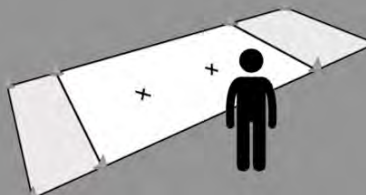
NON BINDING ADVICE

If Players need help resolving any call they may ask the GA for their advice. This advice is non-binding and Players must still make the call.



WHISTLES

GAs give information to Players about time limits by using whistles, but also by providing verbal advice.



SIDELINE ROLE

GAs remain on the sideline during play. They may come on to the field during stoppages, if needed.



SPIRIT OF THE GAME

If GAs have concerns about Spirit they can talk to the Captains, the Players involved, or can even call a SOTG Stoppage to help the Players resolve the issue.



MISCONDUCT

In extreme circumstances GAs can issue warnings in accordance with the WFDF Conduct Policy.



OFFSIDE



PICK

HAND SIGNALS

GAs use hand signals to echo the calls made by the Players, for the benefit of other Players and spectators. They also actively signal to inform the opposition of Offside violations, but the Players must still make the call.



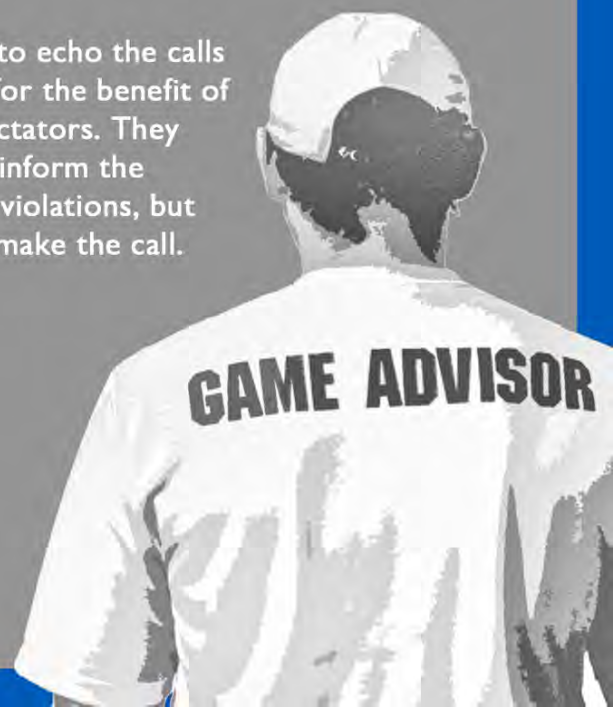
FOUL



ACCEPTED



CONTESTED



Role of Game Advisors

WMUCC will be using Game Advisors, who will work with players during some selected games to help with game management, promote better understanding of the rules and spirit of the game and aid in improving the presentation of the sport to spectators.

Self-officiating is one of the key aspects of Ultimate and is embedded in the WFDF Rules of Ultimate. WFDF wants Ultimate to remain a player-officiated as it defines the sport and its culture, it is an extremely unusual approach and it is undoubtedly part of the sports growing appeal.

Key roles and functions of the Game Advisors are:

Presence at games - simply by being present at the game, a GA can reduce the number of calls, types of calls, delays in play and contention between teams.

Rules expertise - Often disputes come down to players not knowing or disagreeing about the rules, so having someone there to assist helps.

Call Management - Keeping players aware of the appropriate process for resolving calls can help move things forward.

Game Management - Being able to talk with Captains, Spirit Captains and Coaches can help resolve any issues that might arise between teams.

Giving Perspective - Being able to provide an independent perspective can help with call resolution, even if that perspective is that it was "too close to tell" what occurred in the play.

It is important to note, however, that the presence of Game Advisors does not diminish the responsibilities of players to self-officiate the sport of Ultimate. WMUCC will have 11 Game Advisors in attendance, all with extensive playing and rules experience. Games with GA's will be selected by the Head Game Advisor and the Tournament Technical Director in consultation with the Tournament Rules Group. Games selected will not primarily be because of SOTG problems, but rather to allow WFDF to give teams from as many countries as possible the chance to play with the Game Advisors. Teams should not feel that they have done something wrong if a GA crew shows up to work one of their games.

The Game Advisors for WMUCC are:

WFDF Game Advisors

Andrea Cardenas (COL)

Andrés Felipe Calderón Lenis (COL)

Cat Gale (GBR)

Chevereau Guillaume (FRA)
Dmitriy Doroshenko (LAT)
Dominik Smyth (IRL)
Jakub Wróbel (POL)
Julia Kinday (SWE)
Kate Monforti (USA)
Mark Moran (CAN)
Melissa Shih (USA)

Volunteer Information

WMUCC 2022 would not be possible without the hard work and dedication of our volunteer workforce. We have 120 volunteers from 20 countries all gathered here in Limerick to make this event happen for each of you, the teams and players. They have and continue to dedicate a huge amount of their time into making WMUCC 2022 the most successful event it can be with player enjoyment and safety at the heart of everything.

Please feel free to ask our volunteers questions throughout the week and they will be able to provide you with the information you need. If they do not have the answer, have patience and they will quickly find someone who knows. They are a friendly, funny and helpful bunch so do feel free to also just stop for a chat and get to know them.

The LOC and WFDF are extremely grateful for all the volunteer applications we received and everyone who has dedicated time to this amazing event. For all of your support, we thank you and hope you enjoy being part of our WMUCC 2022 team. Players - look out for volunteers at the social events and buy them a pint, trade a jersey or invite them to get to know your team.

Below are the jerseys you can look out for to spot key staff and volunteers:



Lead Volunteer

Volunteer



Tournament Director



Physio



Media

Anti-Doping

The World Flying Disc Federation (WFDF) requires ALL athletes and coaches/medical staff competing in the WDF 2022 World Masters Ultimate Club Championships in Limerick to complete the ADEL anti-doping education course prior to the event.

ADEL is an internet-based tool which WFDF has used for the past several years. This

is an educational exercise and test to enhance your knowledge of Anti-Doping matters for elite athletes and their support personnel concerning subjects such as doping control procedures, the WADA Prohibited List, athletes' whereabouts reporting and Therapeutic Use Exemptions (TUE).

We kindly ask you to ensure that ALL team members review the following information carefully.

WFDF Anti-Doping Rules
WADA Prohibited List
WFDF Therapeutic Use Exemption (TUE)
ADEL Online Tool
WADA International Standards on TESTING, TUE's and protection of Privacy and Personal Information



If you have any questions on WADA or Anti-Doping please email:
antidoping@wfdf.sport

Accreditation

Accreditation will be open from Thursday 23 July on the UL campus.

Thursday 23 July - 16:00-20:00 - Kilmurry Village Hall [map ref. 'Kilmurry Village']

Friday 24 July - 16:00-20:00 - Kilmurry Village Hall [map ref. 'Kilmurry Village']

Saturday 25 July - 08:00-12:00 - UL Arena [map ref. J]

Late registration - Saturday 25 July - 18:00-19:00 - WFDF Office, Kilmurry Village Hall [map ref. 'Kilmurry Village']

Any teams/players who are not accredited by Saturday evening, need to contact Patrick Fourcampré-Maye and meet him at the WFDF Office in Kilmurry Village Hall [map ref. 'Kilmurry Village']. **Players who are not accredited ARE NOT ELIGIBLE TO PLAY.** Registration for each and every player must be completed before any player may begin competition.

Patrick Fourcampré-Maye

Email: patrick.fourcampre@wfdf.sport

Mobile (WhatsApp): +971 (0) 50 8151323

All registered players, team members, staff, volunteers, media and guests will receive event accreditation attached to a lanyard. To be eligible to play, utilise event services and access official event areas and social events, **you must keep your accreditation on you at all times.**



In the event you lose your accreditation, please speak to a volunteer at the Information Desk in the Main Tent at the UL South Campus site. There may be a small fee to cover the cost of producing a replacement. If you subsequently find your accreditation, please drop it back to the Information Desk immediately.

VC Ultimate Merchandise

VC Ultimate are the official apparel and merchandise partner for WMUCC 2022. Pick up some of their fantastic apparel range at their tent, mark at [map ref. VC 'Merchandise'] on the UL South Campus site map. There's something for everyone in various styles, colours and designs.

Friction Gloves, Greatest Bags and Discraft Discs will also be available at the VC Merchandise tent.

VC Ultimate is proud to be

WFDF OFFICIAL
MERCHANDISE
PARTNER



#OnlyTheBest

www.vcultimate.com

Media

Website	www.wmucc.sport
Facebook	https://www.facebook.com/wfdf.wmucc/
Twitter	@wfdf_wmucc
Instagram	wfdf.wmucc
Hashtag	#WMUCC2022

Stay connected throughout the tournament by checking in on our social media pages regularly. We'll be posting updates, results, important information and maybe even a few competitions. Want to share your WMUCC 2022 experience? Great! Take pictures, post on your story, use the **#WMUCC2022** official hashtag and share your experiences with the world. Spread the word about Ultimate, Ireland and WMUCC 2022. We can't wait to see!

Livestream broadcast - ULTI.TV

Ulti.tv showcases and grows Ultimate in an equitable, fair and diverse way. Led by ultimate production veterans Mike Palmer of Australia and Milan van den Boevenkamp of the Netherlands, Ulti.tv will be broadcasting all streamed games on their YouTube channel free-of-charge, meaning nobody needs to miss out. Tune in every day and stay up to date with the latest plays at WMUCC!

Twitter: @ulti_tv

Facebook & Instagram: @ulti.tv

Written coverage - The Showgame

The ShowGame has been covering ultimate in the UK and Ireland for over a decade. The team has also covered world and European championships all over the world, working to update fans and players during the biggest events in the sport. They'll be writing articles, taking photos and producing podcasts to make sure that no one misses any of the big stories from WMUCC.

Twitter & Facebook: @TheShowGame

Instagram: @showgameulti

Photography & videography - NKolakovic

Nathan Kolakovic is a Vancouver based photographer and video maker. His work speaks volumes when it comes to capturing the true essence of Ultimate events. WMUCC 2022 is excited to have Nathan on board - don't miss a moment of his unique coverage.

Twitter, Facebook & Instagram: @nkolakovic

Drones Policy

There is a strict 'NO Drones Policy' at all WFDF Events unless fully accredited. No one is permitted to operate any drone without first obtaining prior written consent from WFDF and obtaining the necessary Media with Drone Accreditation. The LOC

will also need to be informed and permission sought from the University venue officials. Anyone caught using a drone will have equipment and footage confiscated, with the TRG handling possible sanctions. Anyone in breach of the No Drones Policy will also have their spectator or participant rights revoked.

Artwork

A special thanks to our marvellous friend Eimhin Daly for all his work in the development of the World Masters Ultimate Club Championship 2022 visual brand.

Main Venue - University of Limerick

Venue Information

The main venue for WMUCC 2022 is the University of Limerick (UL) campus. This is Ireland's sporting campus and a perfect location for the event with fields, facilities, accommodation and restaurants all wrapped up into one Olympic Village like setting. We have a fantastic relationship with the UL Sport team through years of playing Ultimate and organising tournaments on campus such as The Siege of Limerick.

Playing Surface

The UL fields are a mix of grass and 3G synthetic grass fields. See below to identify playing surface of each field number:

Field 1-3: Grass

Field 4-9: 3G synthetic

Field 10-20: Grass

Field 21-26: 3G synthetic

IMPORTANT NOTE FOR ALL PLAYERS - no metal studs are allowed on the 3G synthetic grass fields. Anyone found in breach of this and damaging the fields will be removed from play and the facilities. Molded studs or rubber blades are the preferred choice of footwear.

Please note, fields 18, 19 and 20 are backup fields and not currently in use in the competition schedule.

Fields 23, 24, 30 and 31 will have a very narrow sideline and field dimensions will be slightly smaller than regulation. Further details will be shared in the Captains' Meeting on Saturday 25th June.

Map: UL Campus



Secondary Venue - TUS Moylish Campus

Venue Information

The secondary venue for WMUCC 2022 is the TUS Moylish Campus. This is a fantastic Technical University located on the outskirts of Limerick City Centre and has a rich array of sporting and event facilities. The venue has been used on several occasions by the LOC for Irish National Championships and boasts high quality grass fields. This venue will be used from Sunday 26th to Thursday 30th June during WMUCC 2022 and teams can use the daily shuttle bus service from the UL campus to TUS. Spectators can drive or use public buses to get there.

Playing Surface

All fields at TUS are high quality grass fields.

Map - TUS Moylish Campus



Venue Rules: UL & TUS

Venue Rules: UL & TUS

We ask that all teams read the below information carefully and please abide by the rules of the venue. If teams are found to be in breach of these rules, they may be asked to leave the venue and will be withdrawn from competitions. Please respect UL and TUS staff and venues so we can continue to come back year after year.

Access to the Venue

UL and TUS are **open and free to access venues** for all of the public. Spectators will not need to buy tickets to watch the Championships. Spectators will be restricted to specified areas and viewing platforms and might be restricted from team sidelines.

Toilets

Toilets are clearly marked 'WC' on the venue maps below. These vary between port-a-loos and changing room toilets across the UL South Campus, UL North Campus and TUS. If there are no toilet paper rolls available, please seek out one of our lovely volunteers and/or pop to the Info Desk, and we will re-stock. Public Urination is prohibited and will be considered in breach of the event rules. Anyone caught not using the toilets provided will be dealt with by the TRG with a 1 match suspension.

Food

Food is not permitted on the playing fields.

No Smoking

The UL campus and WFDF has a NO-SMOKING policy which applies to the fields, buildings, seating and parking areas.

No Glass

No glass or glass bottles should be brought into the field sites, social venues including marquees, campus restaurants or other buildings. You may **ONLY** have glass bottles in your official tournament accommodation.

Alcohol

Only alcohol purchased from the official campus restaurants and bars is allowed at the fields and this should always be in a plastic cup. These points of purchase are clearly marked on the venue map below. Alcohol from external sources is prohibited and if the grounds staff find anyone in breach of this, they will be asked to leave the venue.

Pets

Pets are prohibited in the campus accommodation, unless they are for guide or care

purposes (officially registered as caregiving dogs). Pets are allowed on the campus but must be on a leash at all times. They are not permitted on any of the field playing surfaces.

Grandstands

No large bags are allowed in or under the grandstand as they hinder evacuations and are a security threat. Small backpacks are allowed (under 8kg and lap size only).

Tents

The erection of tents, gazebos or marquees at the field sites is prohibited. This can obstruct space on sidelines, between fields and in the case of an emergency hinder access. Each field will have official tents set up for scorekeepers and for team shade / shelter.

Thank you for your cooperation!

Friction Gloves

Be prepared for rain, humidity, cold, wind & more



The Official Glove of

WFDF

Get 15% off
online orders
with promo code
"WFDFGloves"



#GetAGrip



#FrictionGloves

www.FrictionGloves.com

Spectators

Field 1 at UL is the showcase field and will have a grandstand on the sideline. This has a capacity of approximately 750 spectators and will be available on a first come first served basis. Please just grab a seat and enjoy the spectacle. Field 1 has a natural grass amphitheater surrounding it which makes for the perfect viewing point.

General Information

Lost & Found

The lost & found will be located by the Info Desk all week and will be clearly signposted. No need to ask a volunteer or the staff at the Info Desk, just pop over and have a look through if you're missing an item.

Rubbish & Recycling

There are a large number of bins across the venue, including General Waste and Recycling bins. We strongly encourage teams to recycle as much as possible without contaminating. Recycling bins are for paper, cardboard, recyclable plastics, cans, tins, disposable items and are labeled accordingly. Teams are requested to clean up after every game before they leave the field and to leave it in a tidy manner. Spectators are responsible for their own rubbish and should use the bins provided.

Teams are reminded to clean up after yourself. Any team caught leaving a mess behind will be asked to return to clean it up and will have to talk with the SOTG crews about the mess.

Tournament Accommodation

For those staying at UL campus accommodation, Punches and Ashdown - please bring an ethernet cable for fastest internet connection. Accommodations also have WiFi.

Childcare

For Children aged 5-14 years, we have arranged a week long pre-booked kids camp in partnership with Adventure World Camps. The camp will run from Monday 27th June to Friday 1st July from 09:30 to 15:15 at the University of Limerick Sports Arena. Right in the middle of our tournament site!

The camp has been pre-booked, however if you are interested in including your child please visit the Info Desk and we will let you know if there are spots remaining. The cost is €115 total for the five days. Adventure World Camps have been running summer kids camps for a number of years. Kids are led through a variety of high activity games by professional teachers. They experience a full and varied program throughout the week. A list of the activities can be found on their website here: <https://www.adventureworldcamps.com/school-tours/activities/>

Please park your car in the East Gate car park, located at the East Gate entrance, the one with the white pillars. Please walk to the side entrance of the UL Sports Arena. One of our staff members will be clearly visible and will direct you.

The camp starts at 09:30 and ends at 15:15, Monday 26th June to Friday 1st July.

Children will need their swimming gear (including a cap) with them for swimming, every day. Please ensure that your children bring a change of clothes (spare t-shirt and shorts and a towel for the outdoor waterslide), sun cream, a pack lunch and plenty of drinks.

Unfortunately we couldn't find an operator to provide early child care to kids less than 4 years old. Parents can make an account on Babysits.ie to book babysitters in the area & provide their specific needs through the website: <https://www.babysits.ie/babysitter/limerick/>

Parents are responsible for arranging on-time pick up each afternoon.

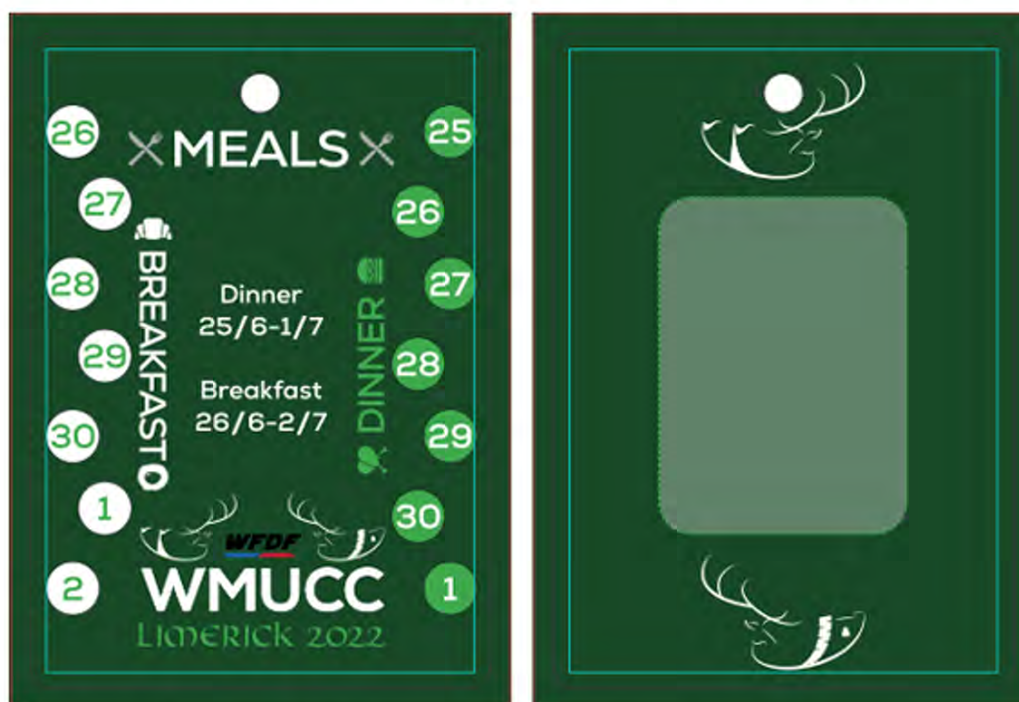
Lost children

In the event of a lost child, please inform a volunteer/scorekeeper immediately who will escalate to the LOC and WFDF. Protocol will be followed and we will work closely with parents / guardians, University campus staff and officials to document and resolve the situation. Parents are reminded to take note of what your child is wearing and also ensure they are wearing their accreditation provided by the event.

Anyone reporting a lost child must then immediately send a representative to the INFO DESK (marked on the venue maps for each field site) so we have immediate contact with your team.

Meal Plans & Beverages

For those who pre-booked meal plans, you will receive an extra card on your accreditation which will indicate which plan you purchased (Breakfast Only / Dinner Only / Breakfast + Dinner) and have a punchable hole for each day. If you flagged dietary requirements on your team order form, you will receive a relevant sticker at registration and must show this when redeeming your meals to ensure the restaurant provides you with the correct meal type. See sample meal card below:



The meal plan offers 7 of each meal type purchase and will be redeemable on the below dates and service times:

Breakfast: 06:30 - 09:30, Sunday 26th June - Saturday 2nd July

Dinner: 17:30 - 20:30, Saturday 25th June - Friday 1st July

All pre-paid meal plans will be served from the The Stables [map ref. D] restaurant on the UL campus. Depending on demand and capacity, teams may be allocated to other restaurants to dine from to ensure efficiency of service.

Players must keep your accreditation with you at all times. **Lost meal cards will not be replaced nor missed services refunded as a result of the loss.** Meal cards have a specific punchable hole for each day, i.e. '26 June - Breakfast'. Please be sure to use the correct day for each meal otherwise service will be refused.

Didn't pre-book your meal plan? Fear not! The below restaurants on campus will be operating a pay-as-you-go service for the duration of the event and you will be

able to avail of meals and snacks throughout the day:

The Pavilion [map ref. A]

Red Raisins [map ref. C]

The Paddocks [map ref. E]

The Scholars [map ref F]

The Sports Bar [map ref. K]

Beverages, including hot, cold, alcoholic and non-alcoholic, can also be purchased from the on campus restaurants. If bringing a beverage to the field sites, it must be in a paper, plastic or reusable cup.

Drinking Water for Athletes

Drinking water will be available at all field sites from the taps marked by the water droplet symbol on the venue maps.



Bar

Alcohol is available to purchase across the various restaurants on the UL campus marked on the venue map. No external alcohol should be brought onto either the UL or TUS field sites and if found, it will be confiscated.

Ice & Shade

Ice is available at the Main Tents / Info Desks across the various sites for medical use only. Shade is available at every field, one tent for each team playing. Please respect the shade tents for the staff, officials, scorekeepers and volunteers which are different to your team tents.

The Face Of Ultimate

WFDF



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Programme and Meetings

Thursday 23 June

- 15:00 - 21:00 Practice fields available (pre-booking required - 3G fields only)
UL South Campus / UL North Campus
- 16:00 - 20:00 Accreditation
Kilmurry Village Hall [map ref. 'Kilmurry Village']

Friday 24 June

- 15:00 - 21:00 Practice fields available (pre-booking required - 3G fields only)
UL South Campus / UL North Campus
- 16:00 - 20:00 Accreditation
Kilmurry Village Hall [map ref. 'Kilmurry Village']
- 19:00 - 23:00 **Player & Volunteer Welcome Party**
The Stables [map ref. D]

Saturday 25 June

Official Opening Day of the WFDF 2022 World Masters Ultimate Club Championships

- 07:30 - 11:30 Practice fields available (pre-booking required - 3G fields only)
UL South Campus / UL North Campus
- 08:00 - 12:00 Accreditation
UL Arena [map ref. J]
- 10:45 - 12:00 Captains' Meeting
Room FG042, Foundation Building, UL [near map ref. B]
- 10:45 - 12:00 Spirit Captains' Meeting
Room FB028, Foundation Building, UL [near map ref. B]
- 12:30 - 13:00 Meeting time for flag bearers and team representatives (2 reps per team)
Hockey Astro [map ref. I]
- 13:00 - 14:00 Opening Ceremony
Field 1

Programme and Meetings cont.

14:00 - 15:30	Showcase Game - Women's Div.: Masterclass (IRL) vs Stello (CAN) Field 1
16:00 - 18:00	Round 1 (UL campus only)
18:00 - 19:00	Late Accreditation - WFDF Office by appointment Kilmurry Village Hall [map ref. 'Kilmurry Village']

Sunday 26 June - Thursday 30 June

Regular Competition Days

07:25	Bus transfer from UL to TUS [map ref. 'Shuttle Bus'] Approx. 25-30min trip (traffic dependent)		
09:00 - 11:00	Round 1	11:00 - 13:00	Round 2
13:00 - 15:00	Round 3	15:00 - 17:00	Round 4
17:00 - 19:00	Round 5		
<i>Check TUS specific schedule for alternative start times (09:00, 12:00, 14:00, 17:00)</i>			
14:30 - 15:00	Second bus transfer from UL to TUS (bus pick up from TUS back to UL)		
19:00	Bus transfer from TUS to UL [map ref. 'Shuttle Bus']		

Thursday 30 June

During the day *Semi-finals: Grand Masters Open, Grand Masters Mixed, Great Grand Masters Open*

19:30 - 22:00	Trade Night, The Stables [map ref. D] and UL Courtyard [map ref. G]
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Friday 1 July

During the day *Semi-finals: Masters Women's, Masters Mixed, Masters Open
Bronze Medal Games: GMO, GMX, GGMO
Final placement games for all teams*

13:00 - 15:00	Final - Grand Masters Mixed (followed by Medal Ceremony)
15:00 - 17:00	Final - Great Grand Masters Open (followed by Medal Ceremony)
17:00 - 19:00	Final - Grand Masters Open (followed by Medal Ceremony)
19:00 - 20:00	Bus transfer from Ashdown / Punches to UL
20:00 - 01:00	Official Friday Night Party, UL Courtyard [map ref. G]
00:00 - 01:30	Bus transfer from UL to Ashdown / Punches

Programme and Meetings cont.

Saturday 2 July

09:00 - 10:30	Bronze Medal Games: MO, MX, MW
10:00 - 12:00	Final - Masters Mixed (followed by Medal Ceremony)
12:30 - 14:30	Final - Masters Open (followed by Medal Ceremony)
15:00 - 17:00	Final - Masters Women's (followed by Medal Ceremony)
17:00 - 17:15	Closing Ceremony
18:40 - 20:20	Bus transfers from UL to King John's Castle
19:00 - 20:00	Bus transfers from Ashdown / Punches to King John's Castle
19:00 - 23:00	Official Saturday Night Party, King John's Castle
23:00 - 23:30	Bus transfer from King John's Castle to UL / Ashdown / Punches
23:00 - 02:00	After Party, Various pubs in Limerick City

Medical Facilities

First Aid:

First Aid providers from multiple organisations will be on all playing venues throughout the duration of the event (competition times). These locations are marked on the venue maps with a cross (+).

The first aid services are for players, volunteers and spectators. If you are feeling unwell or are injured, please seek medical advice. For serious injuries or illnesses, the first aid providers will ring for an external ambulance to transfer you to hospital. Venue based first aid vehicles will remain on site for health and safety reasons. Please be prepared to organise your own transport to local hospitals for minor non-emergency related travel. For serious and life threatening injuries dial 999.

Physio

We are pleased to be able to provide physiotherapy services for all athletes participating at WMUCC 2022. Physio services are free and include injury assessment and evaluation, massaging / soft tissue release, and taping (strapping). While the service is free, there will be a "supplies tip jar" at the physio tent if you would like to

say an extra 'thank you' and provide a small donation to our hard working team to cover their material costs.



Please note, some of our physio team are students and will not have the same level of experience and skill as our qualified physios. We appreciate your patience and respect for all staff (or you will lose the privilege of being treated).

Any player with a pre-existing injury and / or who requires daily taping as part of their routine, will need to either bring their own tape or purchase tape from the physio tent.

The Physio Tent [map ref. 'First Aid/Physio' (+)] is located on the UL South Campus beside the VC tent. Services are available from 08:00 - 17:30 each day. **Please note, no physios are located at the UL North Campus or TUS sites.**



Hospital / A&E:

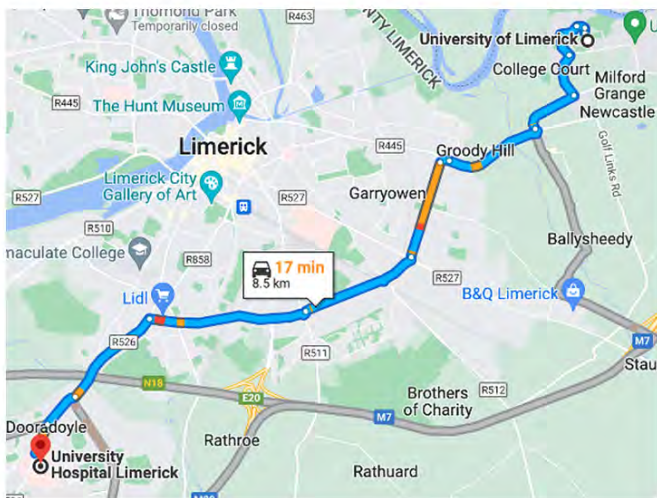
The main hospital for any medical attention, accidents and emergencies will be the University Hospital Limerick which is a 17 minute drive from the UL campus and a 13 minute drive from TUS.

Address:

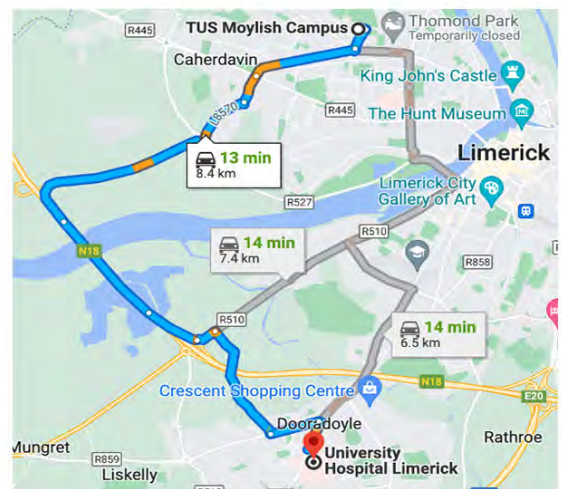
St Nesson's Road,
Dooradoyle,
Co. Limerick,
V94 F858

Google map: <https://goo.gl/maps/xBN2bTYU6bRzMQGD9>

UL to University Hospital Limerick
(17min drive):



TUS to University Hospital Limerick
(13min drive):



Check out our amazing DIGITAL MAP to locate useful amenities and services including pharmacies, dentists, supermarkets, restaurants and more. Scan the QR code below.



All event participants are reminded that Health Care in Ireland for visitors will incur costs and is not provided on a free of charge for a large number of services, including visits to accident and emergency departments. WFDF & the LOC does not provide health or travel insurance for participants. There are always risks associated with playing Ultimate. Although WMUCC will have medical staff on site to deal with first aid and to assess critical injuries, there may be injuries / illness in which players need medical attention that requires emergency visits to local hospitals. WMUCC has requested that all players and event participants acknowledge these risks and understand that WFDF and the LOC cannot be held liable for any risk or cost associated with injury or bad health at WMUCC. All event participants should alleviate some personal financial liability by purchasing your own traveller's insurance to make sure you are covered for any medical issues that arise. All teams should bring proof of medical insurance with them in case the hospital asks.

COVID-19 Event Protocol

Over the past 24 months, the effects of the Covid-19 Pandemic have created uncertainty on sports events and created travel restrictions globally. The WFDF Covid-19 Working Group have been monitoring the situation and have also worked with the LOC to ensure that national and local governmental and health agency advice and criteria for the event are met in full. WFDF also has a social responsibility to each and every participant, to ensure you are able to attend the event and play so that world champions can be crowned in each division and to get you all back home safe and healthy.

Every participant attending WMUCC, must make specific inquiries about cross border travel and fully comply with any restrictions or requirements that are in place at the time you arrive in Ireland. It is important to note that event restrictions and countermeasures might differ from the requirements you are asked to fulfill when travelling to Ireland or back home to your own country again. You are responsible to understand all imposed mandates and to follow the rules for both border crossing and for WMUCC.

The following countermeasures are intended to help keep all event participants safe and informed while at the event. Attending teams and players are responsible for taking necessary health and safety precautions to minimise the spread of the virus making it possible for teams to play throughout the tournament;

- Avoid transmission of Covid-19 by reducing your physical contact to an absolute minimum.
- Players are encouraged to keep their distance off the field and to avoid high fives.

- Spirit Circles should be conducted with a distance of at least 2 metres between players.
- Anyone displaying symptoms of active Covid-19 must self isolate immediately and get yourself tested.
- Anyone with a positive test result must self isolate immediately and not return to the venue until you are officially cleared with a negative test result.
- Anyone living with a person who is displaying symptoms or has been diagnosed with a positive test must self test for the next 3 days. (Living with is regarded as a close contact and encompasses sharing a hotel or dorm room, or sharing a full house if booked at an AirBnB or private home)
- WFDF will be monitoring a register for all people who either present symptoms, have a positive test or who are living as a close contact with a positive case. Anyone in this category must immediately inform WFDF via the online Covid-19 Status Form <https://forms.gle/nsrZiKKS1U1vwchJ8>

WFDF and the LOC are also requiring all participants to provide proof of vaccination or proof of negative status prior to the event. All participants must either (copy of certificate handed in during registration):

- Provide proof of Full vaccination (14 days after the last dose) *Boosters are not required.
 - Proof of Negative Status through an official RAT or PCR test administered and certified by a local authority no more than 48 hours prior to the Opening Ceremony (Tests must be dated from 16:00 on the Thursday 23rd of June through until 16:00 on Saturday 25th June)
- Anyone unvaccinated, will be required to show proof of a 2nd negative test on day 4 of the tournament on Tuesday 28th June - supplied to WFDF event office prior to your first game that day.

Despite all care taken, risks and impacts may not be fully eliminated and therefore teams agree to attend WMUCC at their own risk. Participants are encouraged to travel with their own self RAT tests for use during the event and are encouraged to test upon arrival to Limerick and again during the week you return home.

Covid Test Centres

Jace Medical
Eastway Business Park
Ballysimon Road
Limerick, V94 AW89

Book here: [LINK](#)

Randox Travel Centre
Southern Ring Road
Roxboro Road
Limerick, V94 EDP4

Book here: [LINK](#)

Health Services Executive, Ireland

Book here: [LINK](#)

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Competition Format

Masters Open

4 Pools of 7 teams play a round robin. Top 4 of each pool move to the 16 team championships bracket. 5th and 6th place teams move to an 8 team bracket for 17th-24th place. 7th place teams play a round robin for 25th-28th place.

Pool A

Voltron2020
Magic toast
Iznogood
Goldfingers Ultimate Club
WIZARDS GRAND CRU
Puyal India
Carbon

Pool B

Johnny Encore
Still
King Louie
Devon
GOLD (Gentle-OLD)
Urutau Ultimate Club
Warao Ultimate Turnero

Pool C

Boneyard
Woolly Mammoth
Status Quo
NSOM
MasterClass
Mr Friz
Wolpertinger

Pool D

Pacemaker
Royal Stag
Hardfisch
Paixão
Dead Circus
Skyline
Ragings Bananas

Masters Women's

2 Pools of 9 teams play a round robin. Top 4 of each pool move to the 8 team championship bracket. 5th, 6th and 7th place teams move to a 6 team bracket for 9th to 14th place. 8th and 9th place teams move to a 4 team bracket for 15th to 18th place.

Pool A

Reboot Squad
Ripe
Stello
PDXtra
Seagulls
Les Culottées
Masterclass
MaQramée
Spanglish

Pool B

Molly Grey
Soar! *sore
PUMAS
LMU
lowercase
Berta
Kalipso Master
jinX
Samsui

Masters Mixed

7 pools of 4 teams and 1 pool of 5 teams play a round robin. 1st and 2nd place teams create 4 power pools of 4 teams. 3rd place teams create 2 placement pools of 4 teams. 4th and 5th place teams create 2 consolation pools, 1 of 4 teams, 1 of 5 teams. A round robin is played by all these pools. The 1st and 2nd teams from the power pools move to the 8 team championship bracket. The 3rd and 4th teams from the power pools move to an 8 team bracket for 9th to 16th place. The 1st and 2nd teams from the placement pool move to a 4 team bracket for 17th to 20th place. The

3rd and 4th teams from the placement pool move to a 4 team bracket for 21st to 24th place. The 1st and 2nd place teams from the consolation pool move to a 4 team bracket for 25th to 28th place. The 3rd, 4th and 5th place team from the consolation pool complete a round robin with previous scores carried forward for 29th to 33rd place.

Pool A

Slower
Halal
Sugar Mix
Old Main Line Frankfurt

Pool B

Descent
Disctèrics
Amsterdam Ultimate Club
Birds of Paradise

Pool C

SOS
RJP
BoD
Handle with Care MX

Pool D

Members Only
Reading Ultimate
Fly High Lausanne
Chilli Legends

Pool E

Old #7
QOLD
Spätmix
Thundering Herd Masters

Pool F

Epoq
Beefire
Frisbeurs Nantais
Club Comunidad el Oso

Pool G

PUC Ultimate
Heidees (TV Eppelheim)
ReUnion
Long Donkeys

Pool H

Snowbirds
Pie Wagon
MCP
Learning to Fly
Guambats

Grand Masters Open

1 Pool of 7 teams and 1 pool of 8 teams play a round robin. Top 4 teams from each pool move to the 8 team championship bracket. 5th, 6th, 7th and 8th teams from each division create a placement pool and complete a round robin with previous scores carried forward for 9th to 15th place.

Pool A

Johnny Walker
Black Cans and Highlands
Tombstone
DJ Dahlem
Quarantine
FIGJAM
SG Uncles

Pool B

Surly GM
Shadows
Silence
Zimmer
NSOM
Oida
Esperanza UP Ultimate Club A.C.
Handle with Care GMO

Grand Masters Mixed

1 Pool of 5 teams and 1 pool of 6 teams play a round robin. The 1st, 2nd and 3rd place teams create 1 power pool of 6 teams. The 4th, 5th and 6th place teams create 1 placement pool of 5 teams. Each pool completes a round robin with previous scores carried over. The top 4 teams from the power pool move to the 4 team

championship bracket. The 5th and 6th teams from the power pool and the 1st and 2nd team from the placement pool move to a 4 team bracket for 5th to 8th place. The remaining teams complete a round robin for 9th-11th place.

Pool A

Molasses Disaster
HiJinx
Grey Owl
Cur\$!ve
Big Fish, Little Fish

Pool B

SURLY GMX
Southern Charm
Endless Sunset
Happy Campers
Max power
Woodies

Great Grand Masters Open

1 pool of 10 teams play a round robin. The top 4 teams move to a 4 team championship bracket. The 5th and 6th teams play one game for 5th and 6th place. The 7th and 8th teams play 1 game for 7th and 8th place. The 9th and 10th teams play 1 game for 9th and 10th place.

Pool A

Relics
No Country
Surly GGM
Recycled
TOAST
SOUP
Torontosaurus Rex
Flash
German Alltime Ultimate Lovers
JETS

WMUCC 2022 CELEBRATIONS



TRADE NIGHT

THURSDAY 30TH JUNE
@ STABLES CLUB



COURTYARD PARTY FEAT. UNDER STARLING

FRIDAY 1ST JULY
@ ULSU COURTYARD



CASTLE PARTY FEAT. MOXIE


FLANNERY'S
FAMILY PUB & BAR

SATURDAY 2ND JULY
@ KING JOHN'S CASTLE

Official Ceremonies

Opening Ceremony

The Opening Ceremony will take place on Field 1 at the UL South Campus on Saturday 25th June at 13:00. The ceremony will include welcome addresses, parade with flag bearers and authentic Irish dance and entertainment to bring out your Irish spirit for the week.

All teams will be invited to nominate two team members to form part of the group walking with your country's flag. Please can all of these nominated individuals meet at 12:30 on the Hockey Astro [map ref. I] to prepare for the parade of flags with our volunteer team. Spectators and players can take their seats at Field 1 from approximately 12:15 onwards.

At 14:00, the opening showcase game will begin in the Masters Women's Division between Masterclass (IRL) and Stello (CAN). Following this, a full round of games will be played as the competition officially begins.

Closing Ceremony

The Closing Ceremony will take place on Field 1 at the UL South Campus on Saturday 2nd July at 17:00 following the conclusion of all Finals. The ceremony will include closing addresses and a thank you to all volunteers and participants. We encourage all WMUCC participants to stay for the closing ceremony to celebrate with us.

Social Events

Player & Volunteer Welcome

Join us at The Stables Club [map ref. D] on Friday 24th June from 19:00. Get to know the other participants as we look forward to the week ahead together. We encourage you to bring along your club or country flags that will be hung up by the Stables staff for the week. You can collect them at the end of the week. Volunteers will be given free drink tokens as a thank you.

Trade Night

Trade Night will take place on Thursday 30th June from 19:30 in the The Stables [map ref. D] and UL Courtyard [map ref. G]. Bring along your kit and trade for

something new - maybe make a few new Ultimate friends along the way! Please do not lay out kit on pathways or near doorways / emergency exits. Volunteers will help manage this.

Friday Night Party

The Friday night party will take place at the UL Courtyard [map ref. G] from 19:30-01:00. There will be a stage set up with a live band, Under Starling, followed by a DJ on the night. The Stables and The Scholars are located around the Courtyard and players will be able to buy beverages, both alcoholic and non-alcoholic, from these bars.

All attendees must be over 18 and no children are allowed. The party has a limited capacity and therefore we will not be extending tickets to family, friends or spectators. Only those officially accredited as players, NPTS or volunteers will be allowed into the party. **Players must bring their official event accreditation in order to gain access.** Once the venue is at capacity, entry will be restricted to one-out, one-in so we suggest you come early.

The adjoining Stables Club, which has a capacity of 800 people, will act as a secondary party location and will give wristbands to the first 800 people that arrive. These people will be able to move freely between The Stables and the larger UL Courtyard area. The remainder will not be granted access to The Stables for venue health & safety reasons. The live band will finish at 23:00 at which point the DJ set will play in the same location until approximately 01:00. Due to residential noise restrictions after 23:00, the DJ set in the Courtyard will have a more relaxed vibe and we ask everyone attending to be respectful of the surrounding area.

Saturday Night Party

The Saturday night party will take place at **King John's Castle in Limerick City from 19:00-23:00**. Shuttle buses will run from UL between 18:40 - 20:20 and Ashdown / Punches between 19:00-20:00 into the venue after the end of Finals and the Closing Ceremony. King John's Castle is a unique and beautiful heritage site in the city centre and looks out onto the River Shannon. A live band, Moxie, will play on the night and a bar will be set up to serve beverages, both alcoholic and non-alcoholic.

All attendees must be over 18 and no children are allowed. The party has a limited capacity and therefore we will not be extending tickets to family, friends or spectators. Only those officially accredited as players or NPTS as well as the event Staff and Volunteers will be allowed into the party. **Anyone wanting access to the party must bring their official event accreditation or you will be refused entry.**

King John's Castle is surrounded by several bars where we anticipate WMUCC participants will hang out sharing time between the bars and the Castle throughout the night building a great party atmosphere. The Nicholas Street businesses will be open in the evening for drinks and food before the party starts and we encourage

you to visit Katie Daly's, Bakehouse 22 and Treaty City Brewery, which are located right outside the venue. The Locke Bar, home of traditional Irish dance in Limerick, is only a stone's throw away and would suit for team dinner bookings if you would like to book directly in advance.

The Castle will close at 23:00 at which point we will shuttle anyone wanting to return to their UL campus, Ashdown and Punches accommodation back home. The main after-party will be in Flannery's Bar, 17 Upper Denmark St. Entry will be granted on a first come, first serve basis to the first 1000 attendees. Volunteers will help to direct you there. Other great pubs in close proximity include The Locke Bar, Nancy Blakes and Mickey Martins. See the DIGITAL MAP (QR code opposite) for details & locations. Scan the QR code below.

Please note, if you do not get the shuttle bus home when King John's Castle closes at 23:00, **it will be your own responsibility to get home**. Taxi numbers are provided below in the 'Transport & Parking' section of the Guide.



Please note, if you do not get the shuttle bus home when King John's Castle closes at 23:00, it will be your own responsibility to get home. Taxi numbers are provided below in the 'Transport & Parking' section of the Guide.

**Trust takes years to build,
and we haven't changed a thing since 1981.**



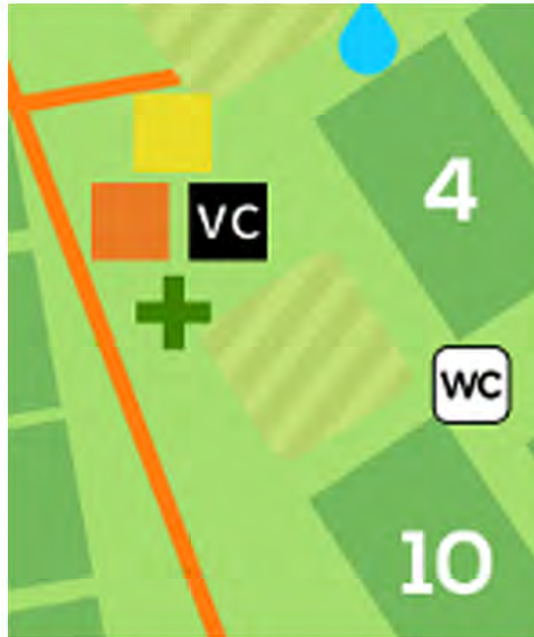
DISCRAFT

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Player Areas

Players Tent, VC Merchandise Tent & Physio Tent

In the centre of the South Campus site at UL, adjacent to Field 4 and Field 10, there will be a Player and Volunteer chill out area including marquee with covered seating, music and various games to play out on the green. Browse in the VC merchandise tent, find the Information Desk & visit the Physio if needed at the same location.



Sustainability

WFDF is committed to ensuring that its Flying Disc events, which are held all over the world, are fully aligned to the principles of sustainability. This is in recognition of but not limited to the growing environmental challenges that the world faces specifically air pollution, climate change and our over consumption of resources and materials. We are also aware of social issues of global equality and diversity creating unequal opportunities.

To influence the quality of our lives, communities and planet, WFDF strives to organise events in a way that accounts for the needs of future generations, provides a fair and level sporting platform, actively involves open decisions and activities around sustainability and ensures our actions take a balanced approach to social, economic and environmental impacts.

The LOC and UL have worked hard to establish a robust sustainability approach

during their planning and execution of WMUCC and each participant is asked to do your part. Minimise wastage, use recycling bins and separate your rubbish, take shorter showers and switch off lights. Do not drive between fields unless necessary. Donate rather than throwing out and only take enough food as to what you can eat.

Ensure Ultimate and Flying disc sports are open and accessible to everyone regardless of gender, race or religion or ability. Treat all staff, volunteers, suppliers and fellow participants with respect and remember that SOTG reaches far beyond the field of play.

Sustainability is about behavioral change when it comes to delivery. We ask each and every one of you to be committed to focus on taking effective action both in Ireland and when you return home.

Transport and Parking

Parking

There is free and paid parking available on both the UL and TUS campuses. These points are clearly marked on the venue maps. We encourage guests and spectators to carpool where possible and make use of public transport. Several bus routes pick up and drop off on the UL campus.

Teams who are staying at the official University accommodation can avail of free parking at their villages. This may be limited in some villages so please take note of the other parking available on site.

Any costs incurred for parking are at the full responsibility of the driver.

For those using SatNav or a Maps app, the postcode of each tournament site is below:

UL South Campus: V94 ED77
UL North Campus: V94 F7XW
TUS campus: V94 EC5T

Taxis

There are a variety of local taxi companies providing services around the University of Limerick and Limerick City. Taxis will pick up and drop off groups from most locations on both the UL and TUS campus' as they are well used to serving the huge student population of Limerick. Below are some numbers for local taxi services, although this is not an exhaustive list:

Castletroy Cabs	+353 61 332 266
Limerick City Taxis	+353 89 428 2346
Taxi Twenty 20	+353 61 748 888
Swift Taxis Limerick	+353 61 313 131
Munster Cabs	+353 61 412 727
Set Price Taxis	+353 61 414 141

Please note, Uber or other similar services are currently **not** available in Limerick.

If you need assistance with booking a taxi, please visit the Information Desk at the Main Tent in UL or speak to a volunteer.

Local Supermarkets

There are a number of large supermarkets close to the UL campus. These are approximately a 20-25 minute walk or 5 minute drive. This is ideal for teams staying at the official University accommodation as the houses are self catering. Below are Google Map links for the closeby supermarkets.

<i>Lidl</i>	Open 08:00-22:00 Monday - Saturday & 09:00-21:00 Saturday / Sunday
<i>SuperValu</i>	Open 08:00-22:00 Monday to Sunday
<i>Aldi</i>	Open 09:00-22:00 Monday to Friday & 09:00-21:00 Saturday / Sunday

Getting into Limerick City

The simplest and quickest way into Limerick City centre is to drive, get a taxi or get the public bus service which runs from the UL campus. For more information on the public bus service, please ask at the Information Desk in the Main Tent.

Tournament Shuttle Buses

We will be running a shuttle bus service throughout the event from the UL campus to the TUS campus. This will run from Sunday to Thursday, schedule dependent (if no games are running in TUS, no shuttle bus will run). **This is only for players and guests with official event accreditation. Spectators cannot use this service.** You must show your accreditation to get onto the bus. We will also operate a shuttle bus service on the Friday night to the UL party and on the Saturday night party at King John's Castle.

Daily Fields Bus

The daily shuttle bus pick up point on the UL Campus is located in the Eastgate car park by the white pillar entrance to the campus and marked on the venue map with a bus symbol [map ref. 'Shuttle Bus'].

The daily shuttle bus pick up point on the TUS Campus is located in the top car park close to Field 28 and marked on the venue map with a bus symbol [map ref. 'Shuttle Bus'].



	Daily Fields Shuttle Bus	
Route	Departure Time	Arrival Time (approximate)
UL to TUS	07:25	07:55
	12:25	12:55
TUS to UL	14:00	14:35
	19:00	19:30

Friday Night Party Bus

On Friday night, the shuttle bus will run from Ashdown and Punches accommodation to UL for the UL Courtyard Party. At the end of the night from midnight, the shuttle bus will run back to these two accommodations. Ashdown / Punches pick up point is TBC and will be communicated separately to those teams staying at this accommodation.

	Friday Night Party Shuttle Bus	
Route	Departure Time	Arrival Time (approximate)
Ashdown / Punches to UL	19:00	19:20
	19:30	19:50
	20:00	20:20
UL to Ashdown / Punches	00:00	00:20
	00:30	00:50
	01:00	01:20
	01:30	01:50

Saturday Night Party Bus

On Saturday night, the shuttle bus will run from UL, Ashdown and Punches accommodation to King John's Castle for the party. **The pick up point on Saturday night at UL is different to the usual pick up point marked on the map.** It will be the big car park behind the Foundation Building and beside Dromroe Village accommodation, located here.

At 23:00 when the Castle closes, the shuttle bus will run back to these three accommodations. No shuttle buses will run after this time and anyone staying in the city for the afterparty will be responsible for finding their own transport home. Taxi numbers have been provided.

	Saturday Night Party Shuttle Bus	
Route	Departure Time	Arrival Time (approximate)
UL to King John's Castle (KJC)	18:40	19:00
	19:00	19:20
	19:20	19:40
	19:40	20:00
	20:00	20:20
	20:20	20:40
Ashdown / Punches to KJC	19:00	19:15
	19:30	19:45
	20:00	20:15
KJC to UL	23:00	23:20
	23:30	23:50
KJC to Ashdown / Punches	23:00	23:15
	23:30	23:45

Emergency Evacuation

If there is an emergency, a long siren will sound repeatedly until the threat has been removed or has been resolved. When you hear this sound please head to the Emergency Muster Point in a calm but quick manner. Please do not stop to gather up your things, leave them where they are and head to the Muster Point straight away. Volunteers will be ushering and assisting people to the Muster Point. Please take the time to ensure you are familiar with the Muster Point locations below:

UL South Campus muster point: Outside UL Arena

UL North Campus muster point: Outside building with Info Desk

TUS Campus muster point: 'Shuttle Bus' point (car park)

In the event of an emergency, Irish Emergency Services can be reached by dialing 999 on your phone. For police, Limerick Henry Street Garda Station can be reached on +353 61 232 400.

WFDF, LOC and lead staff hold overall authority for clearing venues. If you are asked to move to another area, please obey instructions and move when asked. Refusal will be dealt with by the TRG. Instructions will be given for your safety and must be followed. We don't have time to discuss with you as this puts our lives and those around you at risk.

Create memories in Munster, Ireland

EXPLORE LIMERICK CITY

- King John's Castle
- The Treaty Stone
- The Hunt Museum
- Limerick City Gallery of Art
- Thomond Park Stadium
- Milk Market (Fri-Sun)
- Escape Limerick
- Treaty City Brewery Tour
- Arena 5
- Nevsail
- Get West & much more!

...OR STEP INTO NATURE

COUNTY LIMERICK

- Clare Glens Woodland
- Curraghchase Forest Park
- Lough Gur Lakeshore Park
- Limerick Greenway
- Ballyhoura Mountains

COUNTY CLARE

- Bunratty Castle
- Killaloe Lakeside
- West Lake Aquapark
- Cliffs of Moher
- The Burren
- Lahinch Beach
- Spanish Point Beach
- Fanore



Special Offers

Exclusive Discount Codes have been obtained for WMUCC Players & other attendees, for local Limerick attractions. These codes will work 20th June to 6th July to allow you to visit before, during or after the week of games:

King John's Castle - Visit the iconic 12th century medieval castle by day & party there by night at the Saturday Night Tournament Party. Use the code **W2KJC Frisbee30** for a 30% discount.

Escape Limerick - Challenge yourself to complete an Escape Room with your team or family, use **WUFRISBEE_LMK** for a 10% discount. If booking for more than 6 people, email office@escapelimerick.ie directly to book.

Athletic Brewing Co.

Athletic Brewing Co. is an alcohol free beer company dedicated to making great-tasting craft brews, without compromise. Athletic Beer lets you enjoy the taste and experience of refreshing craft beer without sacrificing your performance, passions, health, or good taste.

Inspired by a love for an active, healthy lifestyle and a love for great beer, they have positively impacted their customers' health, fitness, and happiness while greatly impacting our communities and environment. Bringing more delight to our event, Athletic Beer have kindly shared a WMUCC discount code that all attendees can use on their website. Use code "**WMUCC10**" at the checkout to keep the cold drinks rolling.

Useful Things to Know About Ireland

Timezone: UTC +00:00 (Greenwich Mean Time)

Language: English

Currency: Euro (EUR)

Voltage: 230 volts AC, 50Hz

Plug Socket: Type G (three rectangular pins in a triangular pattern)

Driving: On left hand side of the road

International dialing code: +353

Weather in summer: Average 16°C to 23°C (Celsius)

Official beverage: Guinness

Official snack: Tayto Crisps & a hot chicken roll

Patron Saint: St. Patrick - he chased all the snakes away!

Best fast food in Limerick: Chicken Hut

Fun fact: UL has the longest footbridge in Ireland and one of the longest footbridges in Europe - it is called the Living Bridge!

