



USA TIMATE

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2017 USA ULTIMATE BEACH WESTERNS



Greetings, ultimate players!

On behalf of USA Ultimate, the Los Angeles Organization of Ultimate Teams, Southern California Youth Ultimate, and all of us here in greater Los Angeles, I take great pleasure in welcoming you to the 2017 USA Ultimate Beach Westerns.

With men's, women's, mixed and grand masters competition, we're looking forward to a strong weekend of beach ultimate in the California sun. Many teams are returning from last year, and there are new faces as well, each looking to take the titles that Gyros and Bachelorette Party claimed last year.

We strive to make this a premier event, and with new amenities this year like the food carts and the water truck – as well as great returning events like the Saturday-night party – we're hoping this keeps you all coming back for more, year after year.

Big thanks to the Santa Monica city government, the Santa Monica police and fire departments, Santa Monica Travel & Tourism and all the volunteers who help make this event happen. And of course, thanks to YOU ALL – you could be spending your weekend anywhere in the world, and you're spending it here. We appreciate it.

Surf's up, Eric Brach Tournament Director



Weekend, Overview

Friday, April 21 at Courtyard by Marriott, 425 Colorado Avenue, Santa Monica, CA 90401 7:00 – 9:00 p.m.: Team Registration

Saturday, April 22 at Santa Monica State Beach

8:00 a.m.: Captains' Meeting 9:00 a.m.: Competition Begins

Saturday, April 22 at The Garage Motor Club, 3387 Motor Avenue, Los Angeles, CA 90034

7:00 p.m.:	Party starts
8:30 p.m.:	Team and Individual Spirit Awards Ceremony

Sunday, April 23 at Santa Monica State Beach

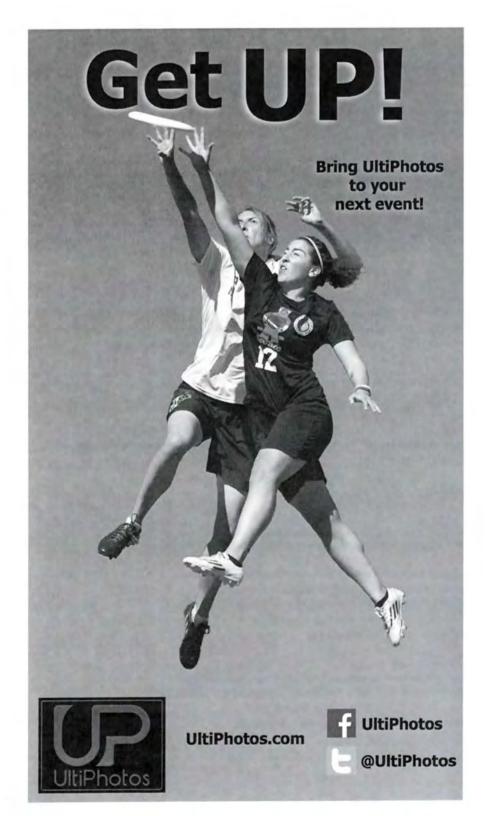
9:00 a.m.:	Competition Continues
12:00 p.m.:	Women's and Men's Grand Masters Finals
1:30 p.m.:	Men's and Mixed Finals with Awards Ceremony to Follow

Event Stap

Tournament staff members will be wearing event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

Tournament Director and Hospitality Coordinator – Eric Brach Volunteer Coordinator – Russell Gaskamp Local Media Coordinator – Andy Bandit Head Scorekeeper – Grant Boyd Youth Coordinator – Don Macatangay

USA Ultimate Staff Managing Director, Competition & Athlete Programs – Will Deaver Director, Member Services & Community Development – Josh Murphy Manager, Event Sanctioning – Leah Dolan-Kelley Manager, Youth & Education Programs – Dan Raabe Manager, Events – David Raflo



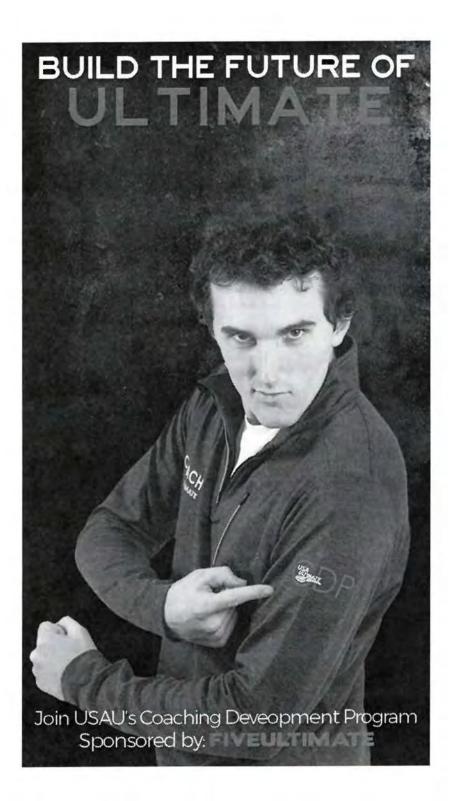
Competition Rules

- USA Ultimate Official Rules of Ultimate 11th Edition will be in effect with the following modifications.
 - o 5 players per team instead of 7
 - o Smaller field dimensions
 - o "Contact" marking violation call
 - o Shoes or cleats are not permitted
- All games to 13, point cap at 15 except Women's Pool A & Men's Pool B to 11/13
- Halftime is 5 minutes.
- · Each team has one timeout per game.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 13 goals, overtime occurs when the score reaches 12-12).
- · Soft time-cap will not be used.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end
 of the point in progress, unless tied. If tied, play one more point.
- · Cap does not affect timeouts.

Site Rules

- No Tobacco! Facility, event staff and security will be checking to make sure people are not smoking. Please abide by the rules.
- No alcohol!
- Pets, glass containers, motorized vehicles and any other items that are deemed unsafe are prohibited.
- Spectators and equipment must stay at least 5 yards away from sidelines! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 5 yards.
- Trash and Recycling! Place recyclables in the recycling receptacles, and place trash in the trash. Keep the beach clean.
- Bathrooms and potable water are both available in the parking lot behind headquarters as well as other designated areas at the pier and around the beach.
- Language! This is a family environment. Please keep this in mind.

EVENT INFO



Ultimate in 10 Simple Rules

1. THE FIELD: A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 20 yards deep.

[Editor's note: The preceding dimensions are for grass ultimate fields. 5v5 beach ultimate fields are 49 by 27 yards, with end zones 16 yards deep.]

2. INITIATE PLAY: Each point begins with both teams lining up on the front of their respective end zone line. The defense throws ("pulls") the disc to the offense. A regulation game has seven players per team.

3. SCORING: Each time the offense completes a pass in the defense's end zone, the offense scores a point. Play is initiated after each score.

4. MOVEMENT OF THE DISC: The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc ("thrower") has ten seconds to throw the disc. The defender guarding the thrower ("marker") counts out the stall count.

5. CHANGE OF POSSESSION: When a pass in not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

6. SUBSTITUTIONS: Players not in the game may replace players in the game after a score and during an injury timeout.

7. NON-CONTACT: No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

8. FOULS: When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

9. SELF-OFFICIATING: Players are responsible for their own foul and line calls. Players resolve their own disputes.

10. SPIRIT OF THE GAME: Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

Men's Teams

#BEACHBODY

USA

Captains: Moses Rifkin, Sandy Hartwiger

Jeunesse éternelle



ROSTER

- **Kieran Kelly** 25
- **Bart Watson** ĩ
- Tyler Kinley Tom Doi
- 9 10 Moses Rifkin
- Barrs Lang
- 11 13 15
- Skip Sewell Andy Sheehan Gavin McKibben 17
- 24 25 Dan Gillick
- Will Chen
- 31 **David Brooks**
- 42 Ben Van Heuvelen
- 99 Ray Illian

BEACH BOYS USA

USA

Coach: Bryan Jones

We are the U.S. Men's Beach National Team that will compete at the World Championships of Beach Ultimate in Royan, France this summer.

ROSTER

Peter Prial **Russell Wynne** Mario O'Brien AJ Nelson Brett Matzuka Jay Clark **Goose Helton** Jared Inselmann Tyler Chan



Men's Teams



BAYONET

SAN FRANCISCO, CA

Captain: Zack Purdy @bayonut

> Group of beach players from San Francisco looking to ball on the national stage.

ROSTER

7	Zack Purdy	5'10"	25
10	Amod Desai	6'2"	24
11	Drew Galiger	5'10"	27
12	Simon Margolis	5'4"	32
15	Devin Drewry	5'10"	26
21	Daniel Geller	5'6"	26
23	Sam Trachtman	5'8"	28
24	Cory Fauver	5'8"	27
25	Robert Yeagle	6'1"	24
27	Daniel Bower	5'9"	31
28	Michael Padula	5'9"	26
30	Nick Petru	6'1"	24
55	Abe McKay	5'10"	25



DETOX

LOS ANGELES, CA

Captain: Cameron Westbury

Who are we? We are handlers for Detox. It's a cute story about how one time in college a super-hot girl was talking to Noah, and she asked who he was. He responded, "You don't know who I am, I'm a handler for Detox!" Detox is our college team name, and if there is one thing every ultimate player knows, it's that your ultimate accomplishments are super impressive to random hot girls. It's basically why we all play. We are Occidental College's alumni team.

3	Cameron Westbury	6'0"	26
4	Fredrick Lough	5'11"	30
6	Spencer Goldman	5'10"	21
11	Zach Bruno	5'11"	26
17	Jacob Surpin	5'10"	25
28	Ben Toney	6'1"	24
33	Patrick Panuski	6'1"	23
41	Noah Donnell Kilmer	5'11"	26
50	Kade Cheetham	6'0"	20
54	Jonny Rodgers	5'8"	29

Men's Teams

GRAND M.U.S.A.

USA

Captains: John Sandahl, Sean McCall

The U.S.A. Grand Masters beach team representing in France at the World Championships of Beach Ultimate this summer.



ROSTER

00	Ricky Eikstadt	46
1	Brandon Steets	40
	Tim Murray	39
25	Jim Schoettler	43
7	Keven Moldenhauer	40
79	Steven Rouisse	39
10	Don Tom	45
11	Jason Rector	41
16	John Sandahl	41
19	Sean McCall	45
20	Jon Remucal	41
26	Michael Namkung	45
31	Jeremy Clark	45
45	Gary LeDonne	42
77	Kelly Swiryn	39
83	Greg Husak	42

KARMA BANDITS

Captain: Ken Calello

The Karma Bandits are a mash up of two different ultimate scenes. New Jersey beach players meet the Tucson club team. We will bring all kinds of good karma to the beach and a very high level of competition to go with it.

0	Ryan Murphy	5'10"	24
1	Tom Sum	5'8"	25
3	John Denman	5'9"	26
5	Frank Calello	6'2"	30
10	Nicholas Arnaud	5'7"	25
17	Eric Eia	5'10"	26
22	Tim Wood	5'9"	25
24	Steve Willis	6'4"	34
34	Billy McCormick	5'7"	24
55	Holf Newton	6'3"	28
80	Ken Calello	6'0"	28







MOM'S SPAGHETTI

OCEANSIDE, CA

Captain: Jordan Harmer, Abe Shklar Coach: James Murray

Mom's Spaghetti consists of club players located in San Diego County, Calif., who all share a true love of mom's spaghetti.

ROSTER

0	Abe Shklar	5'10"	24
1	Andy Ruden	6'0"	25
2	Daniel Ben-Zion	5'8"	30
3	David Ritchie	5'7"	29
4	Dylan Kluck		28
12345	James Murray	5'11"	32
6	Jordan Harmer		23
6789	Kyle Brown	5'7"	27
8	Mark Turner	5'9"	25
9	Matthew Richards	5'7"	25
10	Matthew Stroup	5'10"	26
11	Shawn Kenney		30



SANTA GNARBRAH

SANTA BARBARA, CA

Captains: Stewart Gude, Collin Gall



0	Joe Dodson	6'3" 22
14	Michael Kiyoi	5'10" 31
4	Victor Smith	5'7" 27
7	Andrew Pebley	5'8" 27
11	Sean O'Malley	6'1" 25
13	Stewart Gude	6'2" 29
16	Chris Zimmer	5'11" 32
17	Alex Howard	5'11" 25
27	Collin Gall	5'11" 27
31	Lincoln Scott	6'1" 28
36	Nathan Yeazel	6'4" 22
37	Nate Kirchhofer	6'2" 30
74	Andrew Kirchhoff	5'9" 26
90	Kevin Kirchhoff	5'9" 25
92	Luke Tursick	5'11" 33

Men's Teams

STEALTH

LOS ANGELES, CA

Captain: Mitchell Steiner

By day, the team members on Stealth are mustachioed aviation enthusiasts. But when darkness falls, they slip into their more sinister and deadly Stealth Mode to exact aerial justice upon any who would stand in the way of their good time. A first-year squad selected from an unnamed local sports team purely on the basis of "Best Beach Bodies," look out for Stealth to rain destruction from above before you even know they're there.

ROSTER

0	Ted Barnett	6'1"	30
2	Josiah Mort	6'1"	21
11	Alex Drum	6'3"	29
14	Mitchell Steiner	6'0"	25
17	Steve Jollota	5'10"	23
20	Ryan Lepore	5'11"	22
21	Caleb Ferguson	6'3"	21
23	Matt Theologidy	6'1"	23
26	Sam Plasman	5'10"	29
34	Jacob Bartholomew	6'1"	23
47	Daniel Kwok	6'6"	28
57	KuoHsun Wang	5'8"	27

THUNDERSNOW

FLAGSTAFF, AZ

Captains: Scott Campbell, Kevin Farrell

It was a wintry February night in 2017 when we were all attending our bi-monthly Flagstaff men's slumber party. At approximately 7:45 p.m., some ominous clouds rolled into town, and it began to snow over our quaint city. While frolicking about in the driveway, a tremendous flash followed by a thunderous boom shook our very beings and altered our perspective on life. We had witnessed our first thundersnow, and our lives were changed forever. This team is coming to Santa Monica to share that experience with the rest of the country and to alter everyone else's perspective on who Flagstaff and her mighty Thundersnow are.

0	Brad Wylam	6'2"	21
4	Michael Gehrke	5'7"	20
9	Brett Carr	5'9"	32
14	Campbell Morrissy	6'1"	29
16	Adam Tardio	5'9"	26
17	Jeff Morrison	6'3"	24
19	Scott Campbell	6'4"	25
34	Lucas Klein	6'3"	28
36	Kevin Farrell	6'0"	23
96	Josh Washburn	6'2"	27



Men's Teams



LOS ANGELES, CA

Captain: Orin Moore

We mix young and old, fast and throwers. The game is a peaceful hunt to us.



0	Orin Moore	5'10"	39
1	Geoff lyer	6'0"	27
1234	Matthew Yee	5'4"	21
3	Michael Peng	5'11"	18
4	Alex Julian	6'0"	21
5	David Clyde	6'1"	25
567	Zak Pritchard	5'10"	38
7	Ryan Plant	6'0"	34
89	Tim O'Leary	6'0"	47
9	Noah Anderson	5'10"	19

2017 USA ULTIMATE BEACH WESTERNS

Mixed Teams



HAMMER OR BUST

ORANGE COUNTY, CA

Captain: Jo Chong



When the stall count is at nine, and it is double-game point, there is only one option: Hammer or Bust!

ROSTER

1	Paul Kempler	6'2"	24	
1 2 4 8	Camille Sultana	5'7"	28	
4	Joanne Chong	5'4"	35	
8	Suzanne Iwanicki	5'9"	27	
12	Caleb Shen	5'10"	26	
13	Jeff Hagen	6'0"	33	
19	Anika Ballent	5'8"	25	
21	Eric Owens	6'0"	24	
22	Julia Weinert	5'7"	34	
42	Brett Schellenberg	6'0"	37	
46	Sarah Kibler	5'4"	24	
91	Grant Mark	5'8"	34	
98	Keziah Choi	5'8"	23	

LONG BEACH LEGACY

LONG BEACH, CA

Captains: Jake Baumer, Daniel Davisson Coach: Hale Brown facebook.com/LongBeachLegacy



Beach ultimate in Long Beach goes way back. It's hard to say when the Belmont Shore pickup game got started, but it's been going strong for over a decade. Ever since winning Lei-Out in 2013, Long Beach players have known they can compete at an elite level. With the formation of the Long Beach Legacy grass mixed team last year and a correspond-

ing beach team for the U.S. Beach Open, it feels like competitive ultimate in Long Beach is finally taking off.

ROSTER

2389 Daniel Landry 31 Lauren Hanna 17 Daniel Landesman 16 Zach Theodore 27 12 Brent George 28 13 Ava Hanna 17 16 17 **Evie Herzfeld** 27 16 Calvin Brown 18 21 23 Khristina Marumoto 29 Ivana Monson 28 **Rheggie Carranza** 31 42 Jacob Baumer 31 44 **Daniel Davisson** 30 64 25 Ashley Landry



Mixed Teams

LOOSE SEAL

COLORADO

Captains: Sam Valesano, Paul Norgaard



An older mixed club team once heard A rumor that sounded absurd. "We can play in L.A., Against people our age; Mixed masters!" They gaily conferred.

Alas! Their plans were quite foiled; The division floundered and toiled. "Shucky darn. What a drag! Shall we fly a white flag?" Three teammates shyly recoiled.

The rest of them stubbornly stayed And recruited some youths to their aid. "We've got nothing to lose! Now we'll have an excuse! If we suck, it's because we're old maids."

ROSTER

5	Rhonda Kracker	5'4"	41
8	Emily Woolridge	5'5"	40
11	Nate Woolridge	6'3"	32
13	Paul Norgaard	6'2"	41
15	Dan Schmit	5'10"	30
19	Garrett Moulder	6'4"	27
20	Russ Barr	5'8"	35
22	Tobie Miller	5'8"	30
35	Patty King	5'4"	29
41	Teddy Taggart	6'0"	27
42	Sam Valesano	5'9"	29

POINT BREAK LA

LOS ANGELES, CA

Captains: Remy Schor, Russell Gaskamp



I've been to every city in Mexico. Came across an unclaimed piece of meat in Baja, turned out to be Rosie. Guess he picked a knife fight with somebody better. Found a passport of yours in Sumatra. Missed you by about a week in Fiji. But I knew you wouldn't miss the 50-Year Storm, Bodhi.

3	Evan Valdes	5'9"	31
4	Kristen Pojunis	5'7"	22
7	Eric Brach	5'10"	35
8	Alexa Cohen	5'6"	25
10	Trevor Smith	5'10"	31
11	Barrs Lang	6'1"	33
14	Andrew McRae	6'2"	30
16	Lori Eich	5'6"	35
21	Keegan Uhl	6'4"	37
23	Remy Schor	5'4"	37
28	Stephanie Pritchard	5'9"	26
30	Russell Gaskamp	5'9"	32
33	Jane Carlen	5'7"	31
80	Brandon Severson	6'1"	26
86	Megan Prazenica	5'5"	31
-	Eli Friedman	5'10"	29

Mixed Teams

6

SPRING CHICKENS

CANADA

Captain: Dan Benvenuti



The Spring Chickens are a plucky group of players that came together over their love of beach ultimate. Hailing from north of the border, these folks long to shake the snow off their boots and feel the sand between their toes.

ROSTER

- Warren Tang 235
 - Colin Yeung Jacqueline Man
- Jordan Bower 8 Andrea Proulx
 - Moko Ishii
- 13 Dan Benvenuti
 - Satoru Ishii
- 19 24 29 **Owen Watt**
- 35 **Tushar Singh**
- 36 David Kaufman
- 65 Amanda Moore
- 66 **Emily Noton**
- 76 **Taylor Kirsten**
- 82 **Ivy** Sebastian

TANKS OBAMA

USA

Coach: Eileen Murray

Tanks Obama is comprised of players heading to Royan, France this summer to represent the U.S.A. in the World Championship of Beach Ultimate's mixed division, fresh off (not) their hugely attended (not) victory in the balmy (not) finals of Lei Out 2017. Please join us in celebrating life, liberty, inclusivity and the pursuit of sleeve-free arms for all.

- Simon Higgins 1
- 3 Liza Minor
- Jack McShane
- 45 Kaela Jorgenson
- Byron Liu
- 89 Marika Austin
- Eli Kerns
- Briana Cahn
- Lisi Lohre
- 12 20 21 23 24 28 Sally Mimms
- Andrea Romano
- Nathan White 40 Mac Taylor
- 42 Ben Lohre
- 44 Sarah Meckstroth
- 55 **David Cranston**
- 90 Markham Shofner



Women's Teams



SEATTLE, WA

Captains: Lexi Garrity, Kelley Hall



Huck the Patriarchy is a group of female mixed players hailing from sunny Seattle. Every year, we come together to remind ourselves how baller the women in the mixed division are and to get to play with one another instead of against. From playing all women in a mixed tournament in Whistler to competing at Solstice against top women's teams, we love to

play and have fun. We are all committed to fighting for gender equity, developing allies across genders and divisions and playing at the highest level. We all find ways to give our time and energy back to the larger ultimate community through coaching, fundraisers for AGE UP or working on the Equity in Mixed Ultimate group.

ROSTER

8	Meagan Kapostasy	5'7"	31
10	Lexi Garrity	5'6"	27
11	Laura Manson	5'7"	28
12	Lucy Williams	5'7"	26
22	Lacy Clark	5'7"	26
31	Natalie Jamerson	5'7"	26
47	Alyssa Kelly	5'7"	27
51	Lindsay Lang	5'7"	26
67	Kelley Hall	5'5"	26
69	Lillian Bailey	5'7"	26
89	Sophie Scofield-Selby	5'5"	26
91	Tessora Young	5'8"	25
31	lessora roung	20	23

RONRUNNER usa

Minou-



Ronrunner is a group of dynamic female ultimate players. The squad contains most of the roster for the U.S.A. women's masters team heading to Royan, France to compete for the World Championships of Beach Ultimate in June 2017. We are excited for the opportunity to play together. Ronrunner is French for "to purt" and is satisfyingly onomatopoeic.

9	Courtney Kiesow	5'8"	31
10	Geneviève Laroche	5'8"	38
13	Becky LeDonne	5'7"	40
22	Brittany Winner	5'10"	31
23	Melissa Gibbs	5'7"	31
24	Katherine Wooten	5'11"	35
25	Kate Wilson	5'3"	33
28	Sally Lambert	5'10"	31
32	Emily Smith-Wilson	5'8"	34
44	Robyn Wiseman	5'6"	29
71	Angela Lin	5'6"	39
77	Manisha Daryani	5'4"	33
87	Haley Reese	5'9"	29



SAN DIEGO YACHT CLUB

SAN DIEGO, CA

Captains: Brittany Cabriales, Annie Ngo



Eleven sailors came together in 2016 to take on the greatest challenge in the Pacific Ocean—Kaimana Klassik. We bravely sailed to Hawaii, fought against the savages and often played savage as well. We overthrew many seeds ahead of us, and alas, we took home the unexpected treasure of third place. Since then, our team sails on, looking for more

tournaments and more ways to purvey fine goods and establishments across the western seaboard.

ROSTER

00	Erin Crider	5'2"	32
2	Melissa Archer	5'4"	25
8	Mary-Beth Young	5'6"	33
11	Tiffanie Gallo	5'4"	33
15	Brittany Cabriales	5'4"	27
24	Vivi Mai	5'3"	33
25	Shira Klane	5'4"	29
52	Annie Ngo	5'2"	29
89	Brenda Stevens	5'9"	30

SANTA BABE-RA

SANTA BARBARA, CA

Captains: Ann Lee, Jeanette Clark

We're just here to have a good time.

1	Stephanie Karba	6'1"	26	
2	Christina Tursick	5'9"	29	
3	Liv Wheeler	5'9"	34	
8	Joy Kang	5'7"	23	
2389	Beckie Menten	5'2"	33	
10	Alison Regan	5'6"	41	
11	Amanda Magnuson	5'6"	30	
16	Jeanette Clark	5'4"	29	
17	Kim Schlesinger	5'7"	27	
18	Kalin Hanson	5'4"	22	
19	Ann Lee	5'5"	31	
28	Tahlia Hodes	5'7"	23	
29	Maggie Griffin	5'10"	31	
88	Monika Petroczy	5'4"	46	



Women's Teams

SEA SALT

BAY AREA, CA

Captains: Krista McDonald, Cheryl Prideaux

Sun, sand, glitter and, of course, Salt. Let's play some beach.

ROSTER

1	Krista McDonald	5'6"	38
2	Cheryl Prideaux	5'9"	31
234	Margot Stert	5'9"	23
4	Meg Berry	5'6"	34
	Jessica Wilson	5'6"	35
6	Liz Flegel	5'7"	38
7	Leila Clark	5'6"	34
5 6 7 8	Dulcy Docken	5'7"	33
9	Sara Nolan	5'7"	25
10	Kimmey Hardesty	5'10"	33
11	Malina Wiebe	5'4"	27
12	Krisztina Jozsef	5'3"	33
13	Loryn Kanemaru	5'5"	28
14	Ashley Black	5'6"	33
15	Mia Greenwald	100	1
16	Anna Nazarov	5'3"	32

SUNBREAKS

SEATTLE, WA

Captain: Juliana Williams

When the clouds part and the rain stops, Sunbreaks shine through in all their glory. Although Seattle beaches are cold and pebbly, Sunbreaks is based on the idea that joy can be found anywhere, especially with good teammates. In our first year, this team brings together women from across club teams to build beach ultimate in the Northwest.

1	Emily Baker	5'4"	36	
2	Grace Baron	5'4"	23	
234	AJ Beard	5'8"	39	
4	Becky Edmonds	5'9"	29	
5	Hsing-Hui Hsu	5'7"	33	
6	Hannah Sherwood	5'10"	30	
7	Alisha Stoun	5'5"	28	
8	Linda Venema	5'5"	27	
9	Taylor Westlund	5'8"	24	
10	Juliana Williams	5'8"	31	
11	Amanda Wing	5'6"	43	

Women's Teams

TCWM

TORONTO, ON, CANADA

Captains: Malissa Lundgren, Laura Main, Megan O'Brien

We will represent Canada at the World Championships of Beach Ultimate in Royan, France this summer in the women's masters division. Beach Westerns will be our first tournament together, and we will use it to work on our chemistry and get to know each other.

ROSTER

- Héléna Skrotzky-Boisvert 3
- Alexa Lavergne
- 11 Julie Landry
- 15 Janick St-Cyr 19
- Laura Main **Michelle Chandler**
- 24 25 Samantha Lee
- **Bev Porter**
- 26 28 Jenn Leroux
- 33 Jennifer Nicholls
- 35 **Courtney Benvenuti**
- 42 Kate Jardine
- 44 Rachel Robichaud
- 55 Malissa Lundgren
- 72 Andréane Bourgeois
- 89 Carolyn Churchland

VIVA

LOS ANGELES, CA

Captains: Amy Lee, Maggie Morrison, Samantha Zyck Coaches: Eric Brach, Jessica Creamer facebook.com/VivaUltimate @vivaultimate



Viva is heading into its sixth year and is proud to be the longest-standing women's club team in Los Angeles history. We believe in positivity and spirit on and off the field, working hard to improve ourselves and our teammates and in playing beach whenever possible. We're known for unicorns, rainbows and throwing awesome parties.

2	Felicia Yang	5'1"	26	
245	Amy Lee	4'10"	24	
5	Kathryn Fowler	5'5"	25	
6	Erin Childs	5'7"		
10	Josephine Ma	5'3"	24	
11	Emily Haranin	5'3"	36	
15	Melissa McNicoll	5'8"	28	
18	Connie Chan	5'3"	24	
21	Ellen Smith	5'4"	25	
35	Alison Webster	5'8"	27	
40	Meghan Kemp-Gee	5'9"	31	
70	Samantha Zyck	5'10"	29	
72	Myisha Tarvin	5'2"	21	
89	Lexy Roy	5'3"	28	
97	Sheila Robles	5'1"	21	
99	Liz Gupta-Harrison	5'4"	33	



Women's Teams

WOOSAND

USA

Coach: Mike Whitaker

We are the U.S.A. women's beach team selected to compete at the World Championships of Beach Ultimate this June. We're motivated to compete with intensity and porpoise here at Beach Westerns. Shrimply enough, we're hoping to krill it.

ROSTER

2	Allison Maddux	5'2"	31	
5	Paige Soper	5'4"	25	
7	Calise Cardenas	5'4"	29	
10	Amber Sinicrope	5'4"	28	
11	Becky Malinowski	5'10"	27	
13	Cree Howard	5'8"	29	
16	Sarah Levinn	5'10"	27	
23	Lauren Sadler	5'2"	25	
27	Ness Fajardo	5'7"	32	
35	Sarah Anciaux	5'8"	28	
44	Maggie Ruden	5'6"	28	
71	Magon Liu	5'4"	25	
77	Sara Miller	5'7"	27	

2017 USA ULFIMATE BEACH WESTERNS

Men's Grand Masters Teams

ENDLESS SUNSET

SAN DIEGO, CA

Captains: Ryan Thoma, Trey Paulissen



We're SoCal ultimate players who love fish facos and playing beach ultimate! Endless Sunset plays with Endless spirit, Endless competition and Endless aspirin. We are ready to showcase radical moves with the best the country has to offer, while enjoying

the ride with an umbrella in our drink. Our Endless determination to play into the Sunset is as constant as the waves hitting our awesome beaches.

ROSTER

Aaron Weinfield	53
Bryan Monroe	42
Dennis Kingery	42
Eric Moelter	54
Gus Estrano	46
Kevin Lenaburg	40
Kief Zangaro	40
Mark Laffoon	52
Mark Scott	41
Russell Furr	44
Ryan Thoma	42
Steve Chang	46
Stuart Brock	46
Trey Paulissen	47

KALAKALA

SEATTLE, WA

Captains: Alex Blanton, Jerry Keister, Wolfe Maykut Coach: Jude LaRene



We are Kalakala: We practice hard, we play hard and we rep Seattle hard. Like the fabled boat that sailed the sound of yesteryear, we are streamlined, fast and iconic. Our name conjures memories of bygone glories and inspires visions of a brighter future. Our ship, Kalakala, sails from Seattle, and our crew hails

from these same home waters. This is a team for us and by us. Our team charter: We play with heart, we win with our legs, and we play for each other even when the seas get heavy and the winds blow hard.

6	Wolfe Maykut	6'1"	46	
10	Terry Crowley	5'9"	58	
25	Rob Severson	6'0"	46	
42	Alex Blanton	6'1"	47	
44	Max Chickering	5'11"	47	
50	Josh Feinstein	5'8"	47	
55	Chris Cook	5'9"	46	
56	Johnny Springer	5'8"	56	
72	Fraser Stanton	6'2"	44	
88	Travis Frazier	6'0"	43	
95	Rhetick Sengupta	5'10"	43	
99	Jerry Keister	6'0"	46	



Men's Grand Masters Teams

'MERICA

USA

Captains: Dan Powers, John Hock



'Merica - An experienced group of fun, well-aged and dedicated players from everywhere across the U.S., who will represent the U.S. at the World Great Grand Masters Beach Ultimate Championships in Portugal this summer.

ROSTER

1236789	Kerry Karter	6'1" 6'4"	54 48
2	Richard Russell	5'6"	50
2	Stephen Feldman	6'0"	
	Eric Zaslow		48
1	Lars Fjelstad	5'11"	48
8	Thomas Glass	6'0"	52
9	Chris Sherwood	6'0"	48
11	Matt Krei	6'0"	47
12	Britt Atack	5'11"	48
14	Dan Powers	6'1"	53
15	Jim Nolte	6'1"	47
16	Peter Nieh	5'8"	51
18	Adam Smith	5'11"	51 49
	AJ Iwaszko	6'0"	51
22	Patrick Wright	5'8"	54
21 22 34	John Hock	5'11"	52
89	Greg Williams	6'0"	52

TEAM CANADA GGM

CANADA

Captains: Donnie McPhee, Tim O'Toole, Trevor Horvath, Pete McCann



We are Team Canada's great grand masters team participating in WFDF's 2017 Beach Worlds in Portugal. We come from across Canada and are using this tournament as our warm-up tournament prior to Worlds.

ROSTER

2	Trevor Horvath	5'9"	48	
23	Chris Cannon	5'11"	48	
4	Scott Northrup	6'0"	50	
12	Kelly Mah	5'9"	50	
13	Pete McCann	6'2"	47	
14	Tim O'Tople	5'10"	49	
16	Curtis Barranoik	5'10"	48	
17	Marianne Long	5'6"	49	
18	Daniel Gwartz	5'10"	50	
35	David Lewis	6'1"	54	
44	François Lavigne	5'6"	47	
50	Donnie McPhee	5'10"	50	
53	Barry Goldlist	6'1"	53	
57	Dale Todd MacAulay	5'10"	59	
68	Mike McAllister	5'6"	48	
81	Victor Gaysinsky	5'8"	49	

SPECTATOR INFO

Men's Grand Masters Teams

ZONE ULTIMATE

HUNTINGTON BEACH, CA

Captains: Matt Shaff, Rob Johnson



Zone Ultimate: A mix and match band of grand masters headed for the sand. From the Endless Sunsets of SoCal to the Pirates of the Appalachians and some big Midwest power

built-in to keep us from being frail, we are planning to leave some shark bait in our trail...

0	Stephen LaCrosse	6'2" 47
026	Brian Barney	5'10" 56
6	Stephen Chiang	5'10" 46
7	Jeff Landesman	5'9" 56
11	Rob Johnson	5'10" 40
13	Brian Petteys	6'2" 46
15	Eric Davis	6'2" 52
19	Cliff Hanna	6'0" 56
21	Eric Olson	6'3" 45
22	Daran Edmonds	6'6" 48
23	Jonathan Havles	6'2" 41
27	Dave Patton	5'9" 54
32	Carl Edwards	5'11" 51
42	Clif Smith	5'9" 50
51	Doug McLaughlin	5'10" 49
88	Matt Shaff	5'10" 46



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Spirit Of The Game

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. — 11th Edition USA Ultimate Rules of Ultimate.

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T "GIVE AS YOU GOT."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.



6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

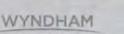
Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.



HOTEL GROUP





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Spirit Circles

Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circles. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely something that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

Health and Safety

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC "Heads Up Safety" program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
- USA Ultimate's participant waiver includes important information from the CDC regarding concussion safety; usaultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

 Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course).Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
 - 1. Remove athlete from play.

2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management.

Do not try to judge the seriousness of the injury yourself.

If a minor, inform athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussion.

Allow athlete to return to play only with permission from an appropriate health care professional.

DOCTOR'S NOTE REQUIREMENT

 If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor's office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor's note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

HEAT, NUTRITION AND HYDRATION

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes
 the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or
 symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.



PREVENTION AND TREATMENT OF HEAT ILLNESS

- · Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- . Know your body be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges. Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- · Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least five yards away from the sidelines. Where
 there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least
 three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will use the "flash-to-bang" method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.



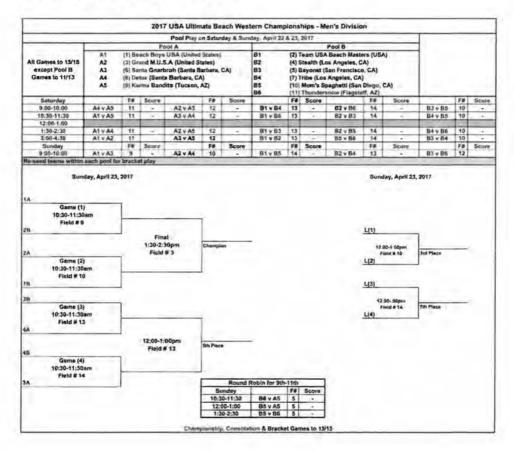
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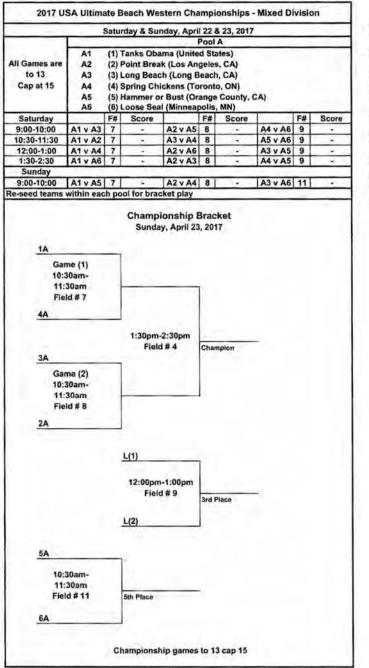


Men's Schedule



You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

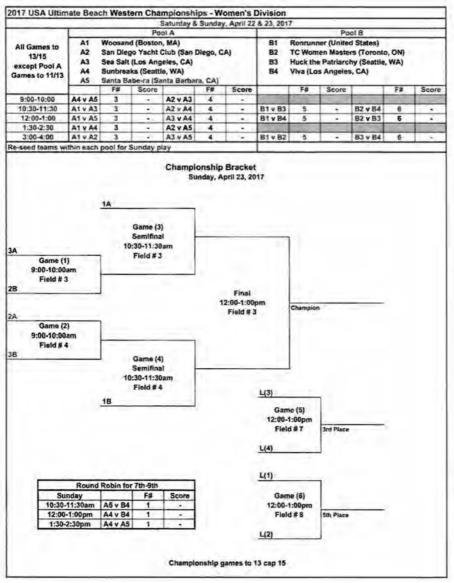
Mixed Schedule



You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.



Women's Schedule



You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

2017 USA ULTIMATE BEACH WESTERNS

35

SCHEDULES & MAP

Men's Grand Masters Schedule

		Saturday & S	Sunday, Apri			
All Games are to 13 Cap at 15	3 A2 (2) Team Canada GGM (Canada) A3 (2) Endlers Surget (San Diago CA)					
Saturday	- 43	F# Score		F#	Score	
9:00-10:00	A4 v A5	1 .	A2 v A3	2	acore	
10:30-11:30	A1 V A5	1 .	A3 V A4			
12:00-1:00	AI V A4	1 .	A2 v A5	_		
1:30-2:30	A1 v A2	1	A3 v A5			10
3:00-4:00	A1 v A3	1 .	A2 V A4			
e-seed teams				- 1		
	00am Id # 5		om-1:00pm			
3A		Fi	eld # 4	Chan	plom	
9:00am	ne (2) -10:00am Id # 6	-				
2A						
	P	Rou Sunday 10:30-11:3 12:00-1:0 1:30-2:30	L2 v 5A	3rd- F# 2 2 2	5th Score	

You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.



Field Map



SCHEDULES & MAP

2017 USA ULTIMATE BEACH WESTERNS

