

The Seventh Annual
FOOLS™

Ultimate Fest



McLean High School
McLean, Va.
April 1st 1984

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The tournament director would like to thank the following:

All the sponsors of the program

McLean Youth, Inc.

The participants

STAFF

And you for helping to make it all happen



Eric Knudsen
April Fool's Ultimate Director

Text Photos © Karl Cook



ULTIMATE: the Sport

In 1968, students at Columbia High School in Maplewood, N.J. combined the fun of throwing and catching a disc with the excitement of team sports and developed a sport called Ultimate. It is a fast-moving, non-contact team field sport which requires good throwing and catching skills, elusive running tactics and stamina.

Ultimate is played by two seven-person teams. The main playing field is a 70 by 40 yard rectangle, with two 25 yard end zones. The object of the game is to score goals by completing a pass from a player to a teammate in the end zone. The disc can only be moved by passing. Once a player catches the disc, he must stop, establish a pivot foot, and attempt to throw; he may not take any steps before passing. His teammates maneuver to get themselves open to receive a pass. The opposing team tries to block the pass by guarding the thrower and by covering all the receivers. The opposing team gains possession of the

disc when the pass is incomplete, intercepted, knocked down, or goes out of bounds. Play is continuous until a goal is scored. A throw off restarts play after each goal.

Ultimate combines elements found in other sports: the cutting, guarding and pivoting of basketball; the interplay of the quarterback and receiver of football, and the field movement of soccer. The use of the disc gives Ultimate a flavor of its own. Thrown skillfully, the disc can be made to curve around or literally float over the players. Because of its aerodynamics, high leaping catches, full field-length throws, and diving blocks and catches are common during play.

Ultimate is played at many levels from a friendly pick up game to national and world championship competition. Ultimate does not require referees to control the game; players are self-officiating, calling their own fouls and making their own decisions.

APRIL FOOLS: the History

At the East Coast Captain's Meeting in 1977, Eric Knudsen, the Ultimate Fool, announced the coming of a D.C. tournament. A foolish letter was sent to approximately fifty teams inviting them to the first annual April Fools Frisbee Fest.

The day of the tournament arrived; sunny, 88 degrees, 30-40 mph winds. The tournament had attracted the big names from the Mid-Atlantic: Knights of Nee, Penn State (the 1977 East Coast Champions), Webb Institute, and a team called Glassboro. Although the first April Fools Frisbee Fest might have been a foolish adventure, the competition was serious; 54 games were played in 28 hours. The finals began a tradition in D.C. tournaments of Glassboro vs. Nee competing for ultimate victory. Webb played WAFC, the locals, for third place. WAFC wanted to prove they were up to snuff although Webb was well tooled. Down 12-7 at the half, WAFC scored the first five goals and continued to trade goals until the final score was 17-14. As hundreds watched, the final game of Glassboro vs. Nee began. Nee scored first but Glassboro answered, kept on top and were up 10-5 at the half. Nee came out smoking with three goals but were unable to maintain: the final score was 19-12. The first AFU was over but the shared bliss had been contagious and soon everyone had become Ultimate Fools.

Bull Run Regional Park became the site of the second annual April Fools Frisbee Fest. That year there were more teams from both the north and south. WUFO, a colorful, zany bunch who looked great and played almost as well, made their official debut. University of Penn and Swarthmore arrived with Flite and Richmond, the representatives for the south. The final was again an intense game of Boro vs. Nee, with Boro victorious. UVA, who had formed the previous year, came in third. The first AFU disc was produced that year and has since become a classic. The 1979 AFU was a tournament of great Ultimate and we all knew that foolishness was here to stay.

In 1980 the April Fools Ultimate tournament was back on the Mall. AFU had caught on and there were more teams than there were fields. However, Eric Simon, with his mathematical genius, was able to keep the play to a maximum and the confusion to a minimum.

Women's Ultimate was still in its formative stages in 1980. UVA's women's team was the only one present on Sturday and much to their credit, entered the open division playing four men's teams. When Boro's women's team arrived on Sunday, UVA was able to show their competitive prowess and won decisively.

In the men's division, much to the pleasure of the tourists on the Mall, WUFO wore clown make-up, three piece suits, and aviator hats and still played well. Two new teams, the N.J. Plastic Exchange and the Mud Sharks, made their debut with players that would return again and again in later



years under names such as Jolt, Sages, Boro, and the Gang. While the women set new traditions, the men were breaking the old. Pete Bloome, making a guest appearance with Nee, helped to upset Boro. UVA men's team maintained their hold on third beating the N.J. Plastic Exchange.

Manassas was the site for the fourth April Fools Ultimate tournament in 1981. In order to accomodate the growing number of teams (34 this year), the Wild Card Friday was introduced with 14 teams competing for four slots. The teams competing on Wild Card Friday represented some of the hottest Ultimate of the tournament. There was one team that stood out; the Hostages, a new team from Boston, epitomized the spirit and sportsmanship of the game. They advanced from Fridays competition on to the quarter finals. They even played an extra game and wrote a thank-you letter after the tournament- what style!

The semi-finals were between Cornell and Jersey Jolt on one field, with Cornell coming out on top, and Atlanta and Boston Aero Disc on the other. Atlanta, a psyched team who wanted to prove that the south had excellent Ultimate talent, played a highly competitive game in which observers were necessitated for the first time. Boston was victorious. The final game placed Cornell against Boston, a team which had many Cornell graduates. Within minutes of the game a downpour sent spectators running for their cars. The intensity of the storm did not match the enthusiasm of the play as Cornell went on to win.

1981 was the year the women's division took off with seven teams competing, including Cornell, MSU, BLU, UVA, Glassboro, and two new teams- ZULU and Galaxy. The final was a very close game between BLU and Glassboro. It was in the final seconds of the game that Louie Mahoney, a pioneer in women's Ultimate, made a diving endzone catch to win the game by one for BLU. (can't on p. 14)



OTHER DISC SPORTS

Disc Golf One of the most exciting developments in play is the public acceptance of disc golf. Many club and municipal courses have been experiencing heavy usage. Play is analagous to ball golf except that fairways are shorter and much more restricted. holes are completed by either striking objects on informal courses or hitting Disc Pole Holes on standardized courses.

Freestyle Freestyle in the "hotdog" aspect of disc sports. Based on the throw and catch fun of the beach and backyard, freestyle has become an extremely challenging and beautiful aspect of competitive play. Judging is done by other active players and considers difficulty, execution, variety and presentation.

Maximun Time Aloft MTA is one of the most demanding of all flying disc disciplines. Good performances require strength, control and an extensive knowledge of the nature of disc flight. Players throw a "boomerang" flight into the air and catch the return flight cleanly with one hand.

There are many other disc sports and nothing stopping you from inventing your own. JUST HAVE FUN:

NEXT YEAR !

In 1985 April Fools™ will be a three day tournament. There will be no qualifying round on friday. If your team is interested in playing, send a postcard or letter with the team name to be used in the tournament and address and phone that will be good between Jan.1 1985 and April 1 1985.

Send correspondence between Dec 1 & Jan 1

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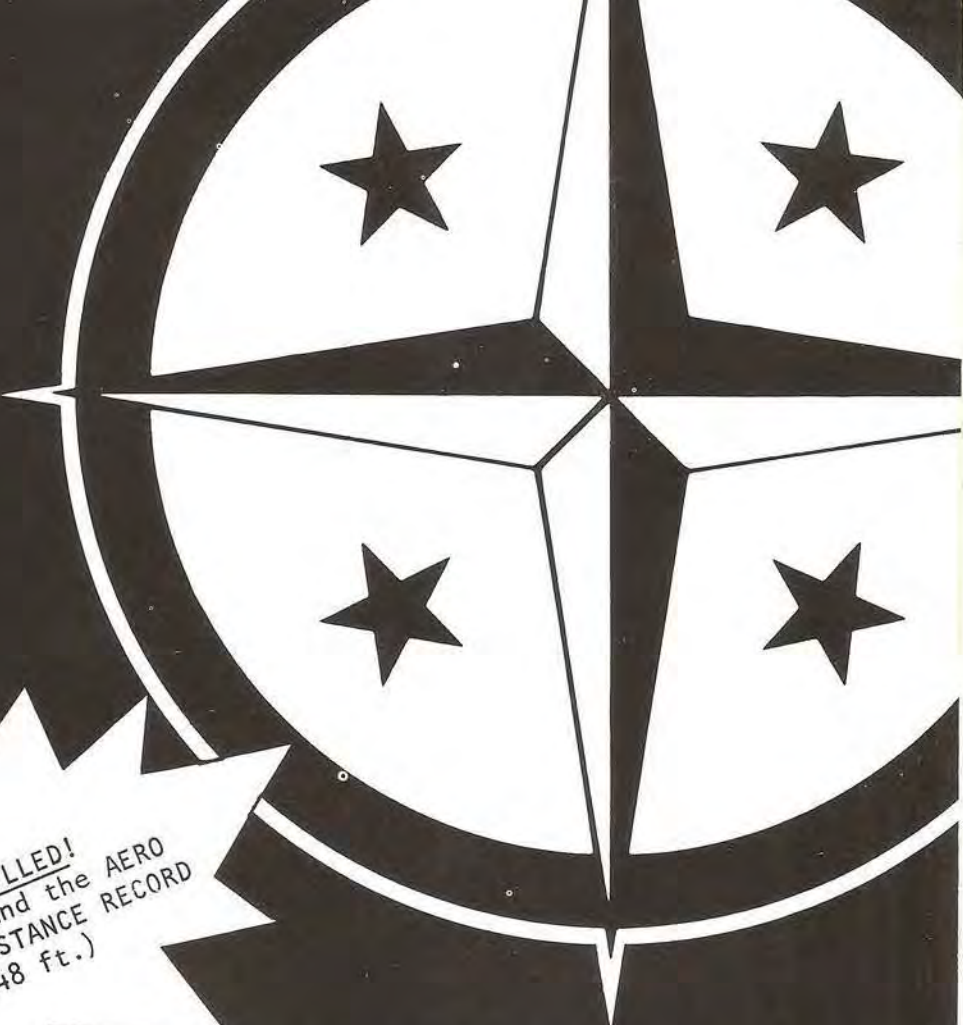
McLean Youth, Inc. is a non-profit organization which provides sports programs for the youth in the McLean community. They arrange for fields and equipment, as well as qualified staff for football, basketball, soccer, cheerleading, bowling, lacrosse, rugby, and track. This is all volunteer work. If interested in helping or having your children participate, please call 790-9248.

McLean Raiders, a soccer team of students from McLean and Langley High Schools, are going to England, Scotland, and Wales. Many of these students coach and assist in coaching McLean Youth teams. All proceeds from the refreshment stand are going directly to help reward these boys who have given their afternoons and weekends to teach young children. In addition, all proceeds from both the program and final games will go to McLean Youth, Inc. to help them continue their work.

McLean Youth Inc.

YOUTH SPORTS INFORMATION NUMBERS

McLean Youth, Inc. (MYI)	
Football/Basketball/Soccer/Track	
Rugby/Bowling/Lacrosse/Cheerleading	356-6300
Little League T Ball	356-3392
Babe Ruth Baseball:	560-5347
Girls Softball League	356-2566
Pigtall	827-8252



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P.O. BOX 80368/SAN MARINO, CA 91108-8368
TELEPHONE: (213) 307-6485

Friday qualifying round for men

4 pools of 5; top two go on

ANACOSTIA**BLUEMONT**

<u>Pool A</u>	<u>Pool B</u>	<u>Pool C</u>	<u>Pool D</u>
Weswill	Boozing Idiots (NJ)	Windy City	Coffee Achievers (MA)
PLO (Atlanta)	Kamikaze (Fairfax)	Crimes of Passion(NY)	Periodic Tables (VA)
U. Penn	Bears (Boston)	Air Apparent (MI)	Jive Dudes (MSU)
Madison Ult. (Wis)	Blue Meanies (OH)	UVA.	U of Ga.
Fresh Produce (VPI)	CRUD	Tufts	Rage (NY)

Saturday preliminary round for men

4 pools of 5; top two go on

ANACOSTIA**HAINS POINT**

<u>Pool A</u>	<u>Pool B</u>	<u>Pool C</u>	<u>Pool D</u>
Circus (CA)	Static (DC)	Rude (Boston)	KaBoom (NYC)
Stooges (Boston)	Stains (Colo)	Gang (NJ)	Gainsville (FL)
Houston (TX)	Zeke (Cornell)	Pouce (NC)	Team For A Day (MI)
A ₁	B ₁	C ₁	D ₁
D ₂	C ₂	B ₂	A ₂

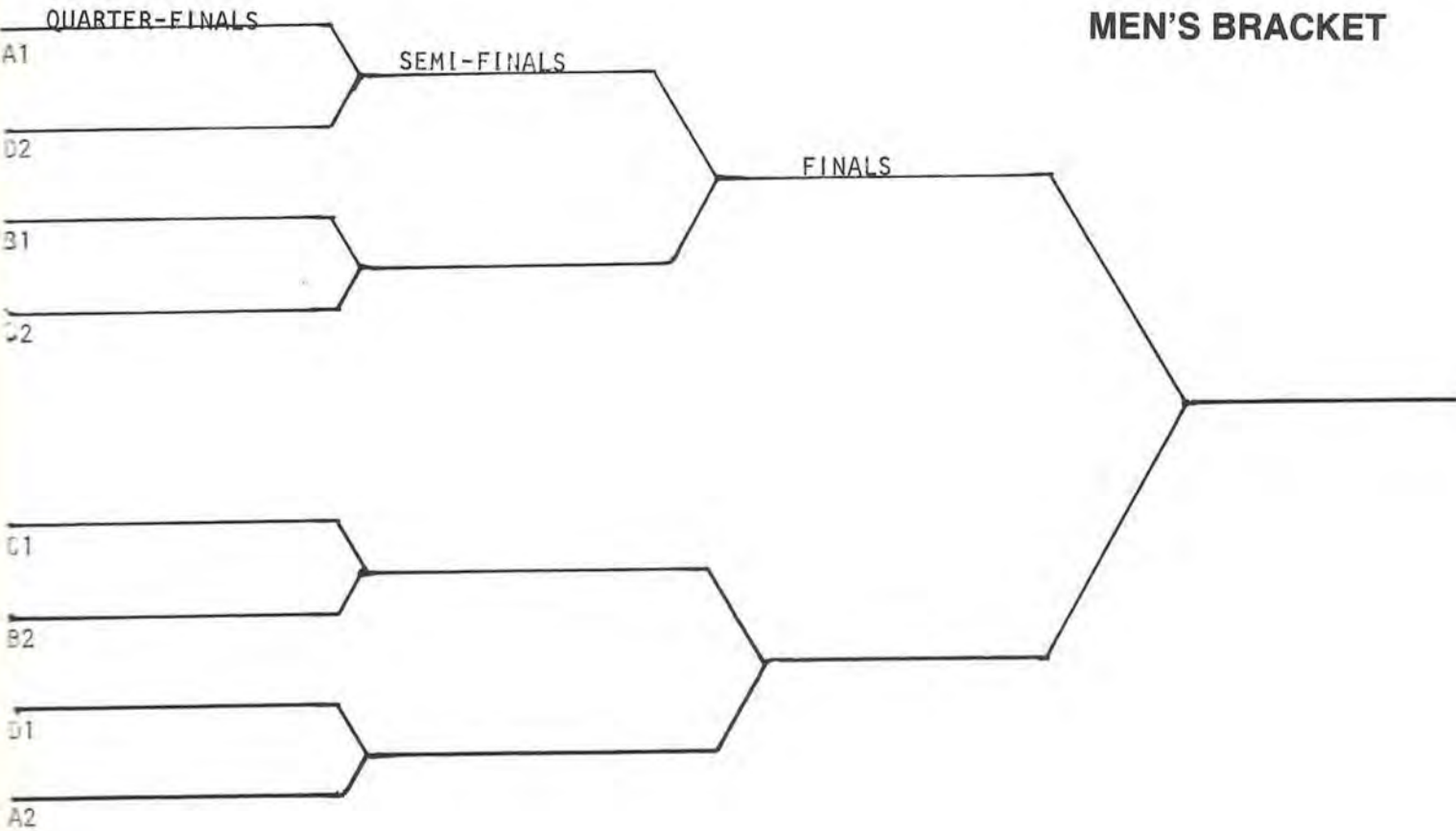
Saturday preliminary round for women

4 pools of 4; top two go on

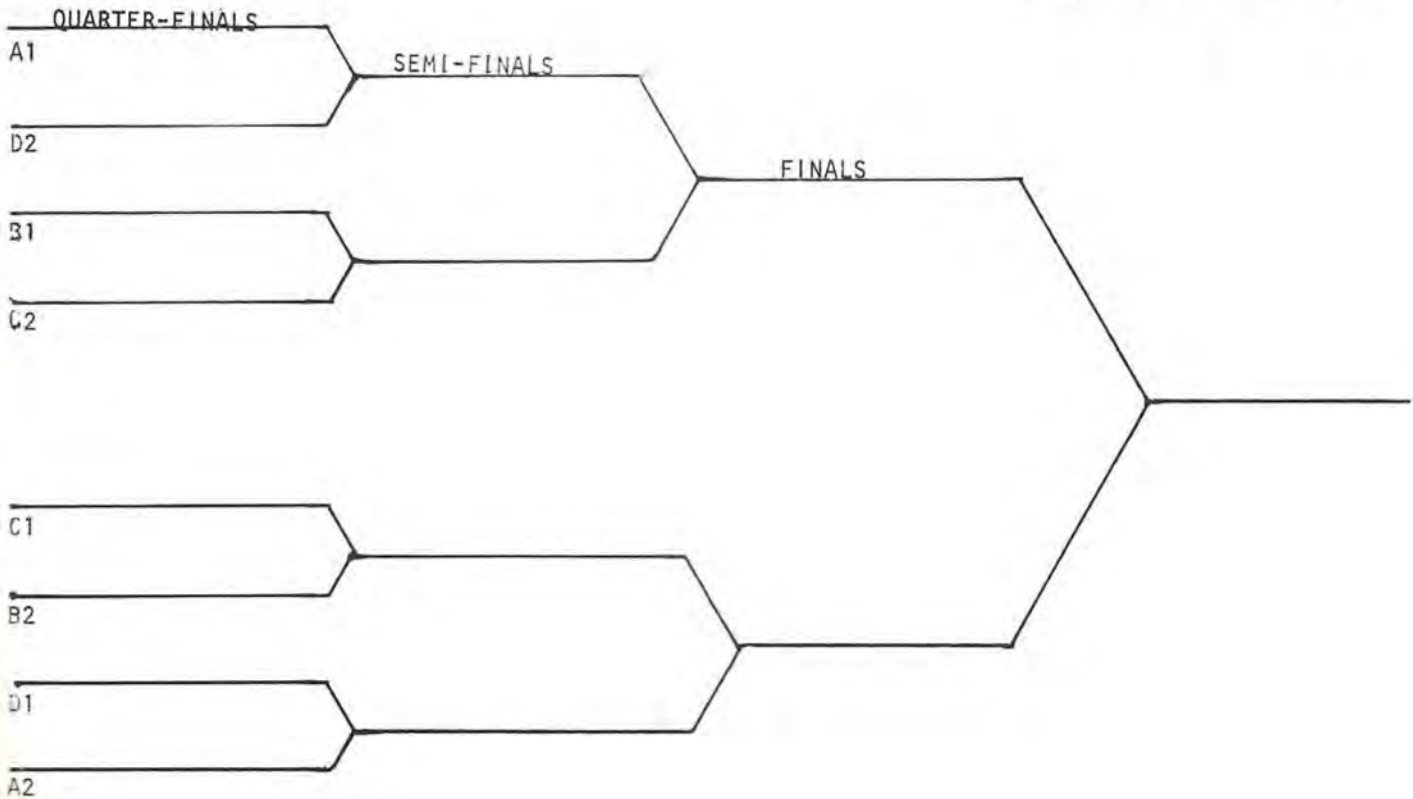
BLUEMONT

<u>Pool A</u>	<u>Pool B</u>	<u>Pool C</u>	<u>Pool D</u>
Fish Heads (MI)	Spinsters (Boston)	Andromeda (DC)	UVA
Survival (NY)	Fly Nuns (FL)	Slaves to the Wind (Tll)	Discontents (NY)
Zyphers (UPenn)	Club Med (UMich)	Traffic (Boston)	Atlanta
Menageria (VPI)	Roses (Cornell)	Supremes (Austin)	Horizontals Kaos (NJ)

MEN'S BRACKET



WOMEN'S BRACKET



Disc Organizations

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\$5.00 per year, \$13.50 for three years

WORLD FLYING DISC CHAMPIONSHIPS

P.O. Box 73
Capitols, CA. 95010
Organizers of the World Disc Championships

WHAM-O SPORTS PROMOTIONS

P.O. Box 970
San Gabriel, CA 91776
Write for list of upcoming events

ULTIMATE PLAYERS ASSOCIATION

P.O. Box 4344
Santa Barbara, CA 93103
\$7.00 per year, membership and newsletter

DISC PLAYERS GOLF ASSOCIATION

P.O. Box 1501
Davis, CA 95617
\$5.00 per year, membership, button & newsletter

FREESTYLE PLAYERS ASSOCIATION

P.O. Box 9552
Rochester, N.Y. 14604
\$3.00 per year, membership and newsletter

DOUBLE DISC COURT PLAYERS ASSOCIATION

2700 Huntington Drive
San Marino, CA 91108
\$4.00 per year, membership

GUTS PLAYERS ASSOCIATION

9663 Nathaline
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DISC GOLF ASSOCIATION

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Frisbee Festival Format

Goes Nationwide

This year the Wham-o Corp. will sponsor a national series of 25 public events designed to promote Frisbee and Hacky Sack play. The events will have a Festival format patterned after the highly successful Smithsonian Frisbee Festival held on the Capitol Mall in Washington, D.C. annually Labor Day weekend.

These Festivals are designed for players of all ages, for families, and for maximum FUN! There is no competition during the Festival. The Festival format includes a demonstration of Frisbee and Hacky Sack skills, and an instruction period for the public. Local Frisbee and Hack Sack enthusiasts throughout the area are encouraged to volunteer their time as demonstrators and instructors.

April 21	San Jose
April 28	Phoenix
May 5	Berkeley/
May 6	Houston
May 26	Sacramento
June 2	Boston/ Atlanta/ Dallas
June 9	New York/ Pittsburg/ Detroit
June 16	Minneapolis/ Portland
June 23	Philadelphia
June 30	Los Angeles
July 7	Chicago/ San Diego
July 14	Cleveland/ Miami
July 21	St. Louis/ Raleigh
July 28	Denver
August 4	Seattle/ Kansas City
September 2	Washington, D.C.



In the seven years of AFU there have been many changes in the discs. The first tournament in 1978 produced no discs but the winning teams received wooden disc plaques. The first AFU disc produced in 1979 had a bold design which has become a classic. The following year the jester motif was adopted and the use of this logo continues today. In 1981 the AFU disc won second place in disc of the year competition.

This year Whamo honored AFU with the first ever tournament design on an HDX disc. Unlike the regular 165 gram discs used in Ultimate, the HDX is known for its high durability and resistance to cracking in cold weather.

This year's design is the work of an artist who is no stranger to the frisbee world. Don Balk lives in Buffalo, N.Y. with his wife Shirley and their one year old son Justin. He runs his own company,

April Fools

Disc Designs



Graphic Eclipse, and also works as a printer for New Buffalo Graphics. Both Don and Shirley enjoy disc sports and began by printing tee-shirts. Now Don has not only designed the 1984 AFU disc but is also designing the Mazda American Open disc and the disc for the Canadian Open.

Eric Knudsen would be happy if his disc would one year win disc of the year but says he can't complain if his discs continue to win honorable mentions.

SCHEDULE

- | | | | | | |
|-----------|---|-----------|---|------------|---|
| April 6-7 | Golf and Freestyle
Riverside Park, Victoria TX
808 Mistletoe, Victoria, TX
PDGA Event- Prize \$ | May 26-27 | OCTAD
Philly, PA
Jim Powers: 215-873-0559 | July 6-8 | WFDC Regional
Sacramento, CA
Charlie Callahan: 916-677-5161
Golf, Freest., Dist., Disc. |
| April 9 | 1st Ann. Object Golf
Richmond, VA
Phil Pollack 804-355-5648 | May 26-28 | 2nd Ann. Santa Barbara Ult. Classic
Jeff Hirsch: 805-964-8451 | July 7-8 | FPA Meet
Boulder, CO
Bill Wright: 303-484-6932 |
| Apr 14-15 | Ultimate Bowl III
Athens, GA
Fred Perivier
1143 Gracewood Ave. SE
Atlanta, GA 30316
(bids in by Mar. 15) | May 26-28 | Nat'l Collegiate Ult. Champs.
Mike Farnham: 914-253-5026 | July 14-15 | PDGA Qualifying
Seattle, WA
Tom Lander: 206-882-0285 |
| Apr 14-15 | Rocklege Pro-Am Handicap
Rocklege, FL
Ed Aviles | May 28 | PDGA Regional
Sedgley- Philly, PA
Jim Powers: 215-873-0559 | Jul 14-15 | WFDC Regional
Bull Run??
Mike Conger: 301-651-3472 |
| Apr 14-15 | WFDC Series
Auburn, CA
Vicky Saterlee: 916-823-7687
Golf, Accuracy | June 2-3 | WFDC Series
Boise, ID
Gregg Beukelman: 208-466-5349 | Jul 14-15 | WFDC Regional
Huntsville, AL
Lavone Wolf: 205-772-4250
All Events |
| Apr 14-15 | 8th Annual Virginia State
823 Marye
Fredericksburg, VA 22401
703-731-0076
Golf, Dist., MTA, Freest.
\$10.00 pre-registration fee | June 2-3 | PDGA Qualifying
Kentwood Cnty Club-Raleigh, NC
Ed Burt: 919-834-3341 | Jul 14-15 | FPA Meet
Fort Collins, CO
Bill Wright: 303-484-6932 |
| Apr 15 | Golf at Sedgley
Philly, PA
Jim Powers: 215-873-0559 | June 9-10 | 2nd Ann. Poultry Day Ult. Classic
Versailles, OH
Mark Simons: 513-526-4691
Trophies, Beer, Bar-B-Q, No ent. fee | Jul 14-15 | Capitol Lake Doubles Net
Olympia, WA
World Footbag Assn. 206-694-4989 |
| Apr 26-29 | Hawaii St. Champ'ships/ WFDC Series
Honolulu, Hawaii
Tom Boda: 808-524-3571
for group travel: G. Rose 408-425-8747 | June 9-10 | WFDC Series
Portland, OR
Jay Beukelman
Freest., Golf, & more | Jul 20-22 | FPA World Championships
Minneapolis, MN
Theo Black: 612-722-7099
Open, Coop, Women, Mixed |
| Apr 28-29 | Calif. Nationals (IFDA)
Co-op Freestyle Pro/Am.
Bill Tulin: 619-273-7441 | June 9-10 | Waterloo Golf Championship
Austin, Texas
Chris Baker: 512-442-6119 | Jul 27-29 | PDGA World Championships
AFDO 10th Anniversary
Rochester, NY
Jim Palmeri: 716-546-4145 |
| Apr 29 | Danish Hacky Sack Championship
Golf, Net, Singles
World Footbag Assn. 206-694-4989 | June 10 | Golf at Sedgley
Philly, PA
Jim Powers 215-873-0559 | Jul 28-29 | WFDC Regional
Seattle, WA
Doug Newland: 206-454-9959 |
| May 5 | PDGA Qualifying
South Snohomish, WA
Pete Fust: 206-745-3908 | Jun 16-17 | PDGA Qualifying
Tacoma, WA
Don Fogel | Jul 28-29 | Awesome Aubin Open
Portland, OR
World Footbag Assn. 206-694-4989 |
| May 5-6 | PDGA- Raleigh, NC
Carlton Howard: 919-755-0413 | Jun 23-24 | Horizons Park Classic- PDGA Tour
Winston-Salem, NC
Phil Heitman: 919-679-2918 | Aug 8-12 | WFDC-World Flying Disc Champs
Santa Cruz, CA
Tom Schot: 408-462-5293 |
| May 12-13 | PDGA Qualifying
Salem, OR
Mike Clark: 503-371-9333 | Jun 23-24 | WFDC Series
Las Vegas, Nevada
Don Blake: 702-384-1769 | Aug 15-19 | W.F.A. Nationals
Boulder, CO
Golf, Freest., Net Singles, Doubles,
Mixed S. Ulfes
World Footbag Assn. 206-694-4989 |
| May 18-19 | WFDC Series
San Diego, CA
Snapper Pierson: 619-435-3977
Golf, MTA | Jun 27-1 | Mazda U.S. Open
La Mirada, CA
Dan Mangone: 714-523-5282
SCF, Golf, Acc., Dist., Disc, DDC,
Freestyle
\$\$Richest Tourn. of 1984\$\$
Mucho Prize Money | Aug 18-19 | 11th Annual La Mirada Open(Golf)
La Mirada, CA
Dan Mangone: 714-523-5282 |
| May 19-20 | PDGA, FPA- Charlotte, NC
Russel Schwartz | June 30-1 | PDGA Qualifying
Portland, OR
Jerry Miller: 503-761-9268 | Aug 25-26 | Washington State Championships
Olympia, WA
Don Fogel |
| May 26-27 | WFDC Series
Vancouver, BC Canada
Ross Lapper: 604-276-7924
Golf, Freest., Distance
(or call Doug Newland) | July 4-8 | World Senior Flying Disc Chmps
Pasadena, CA
Rick Shaffer: 213-797-2846 | Aug 25-26 | Beach Bowl
Santa Monica, CA
Jan Sobel: 213-889-6424
Golf, Freest., Mizbo |

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PUT ON SOME TUNES
& DANCE IT AROUND!



The program was produced by
the following VERY foolish
people.

Barb Leefman

Karl Cook

Eric Knudsen

history of... (con't)

By the fifth year of AFU the promoters were finally getting their act together. The UPA was putting out a fine frisbee publication and Frisbee News was a year old. Forty teams would play on the fields at Mannassas. Twenty-eight men's, teams and twelve women's teams from Florida, Michigan, Boston, and everywhere in between were into being foolish. This year the growth brought joys and pains. No longer were there dominant teams; upsets were the name of the game. In the open division, Windy City beat Boro; Atlanta beat the Rude Boys; Rude beat Knights of Nee. Every team that lost their first game seemed to win their second so that three way ties were inevitable with many games having only one point spreads. Great man to man teams played great zone teams. The wind was very much a factor and by Saturday afternoon, all hail broke loose- literally!

The women's division was well seeded and went as expected. One of the more exciting games was the Cornell vs. Glassboro match up. Glassboro made a gallant effort to make up a three point deficit by throwing into overtime



Everyone thought that the Hostage-Heifer game might be a joke since the Heifers only had eight men and had already played eight games. The winds were still a major factor. The Heifers, a fast bombing team, continued to develop this offense and it kept them in the game. During the half time the Hostages planned an adaptive move that would change the style of the game. They went man to man and though it initially did not bring the results they wanted, they were patient. With more energy needed to break their man, the Heifers began to tire. The Boston Hostages, who were the new kids on the block the year before, were now the champs.

In 1983 The Flying Circus, a San Francisco team whose logo is a jester and who puts on their own Fools tournament, added their bit of foolishness to the tournament. Competition was tough in the women's division. The Discontents, after two overtime periods, played a nine minute sudden death to beat Glassboro. The finals in the women's was University of Michigan vs. MSU in a close match. The National Champions, The Rude Boys, met The Circus in the finals, in what was called by many the best Ultimate game ever. The teams were well matched. Both adopted the strategy of several short passes followed by long bombs. Throughout the game the teams traded goals but The Circus prevailed to take the trophy with a 25-23 win.

The seventh celebration is at hand and each new fool should realize that the jester cannot avoid the dance of spring. And the wisdom of the fool is that we all win if we have fun.

but lost the disc on an upwind drop. Cornell worked a series with the last throw leaving :01 second on the clock and left Boro one short. The quarter-final games were all decided by one point. In the semi-final games, NEWD lost to MSU and UVA was victorious over BLU. The UVA-MSU game went the way of many games that weekend. UVA knew how to use the wind and a tight zone to hold back a less experienced team. MSU tried to swing but even the best had trouble making passes against the wind. UVA won 8-4.

In the open division, the quarter and semi-final games fostered an old Ultimate theory- a well tooled squad who enjoys playing will beat a highly talented team who is out to win. University of San Salvador and Atlanta thought that the disc mold was so important that they argued for 20 minutes. The Heifers started Friday with a small squad and were down to eight due to injuries. Down three against Boro they scored six straight. The University of San Salvador also fell to the Heifers. The Hostages, a small friendly team, were able to ride the joy of having played together for a year and maintained that energy to win.





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for Seven Years of Foolishness**

