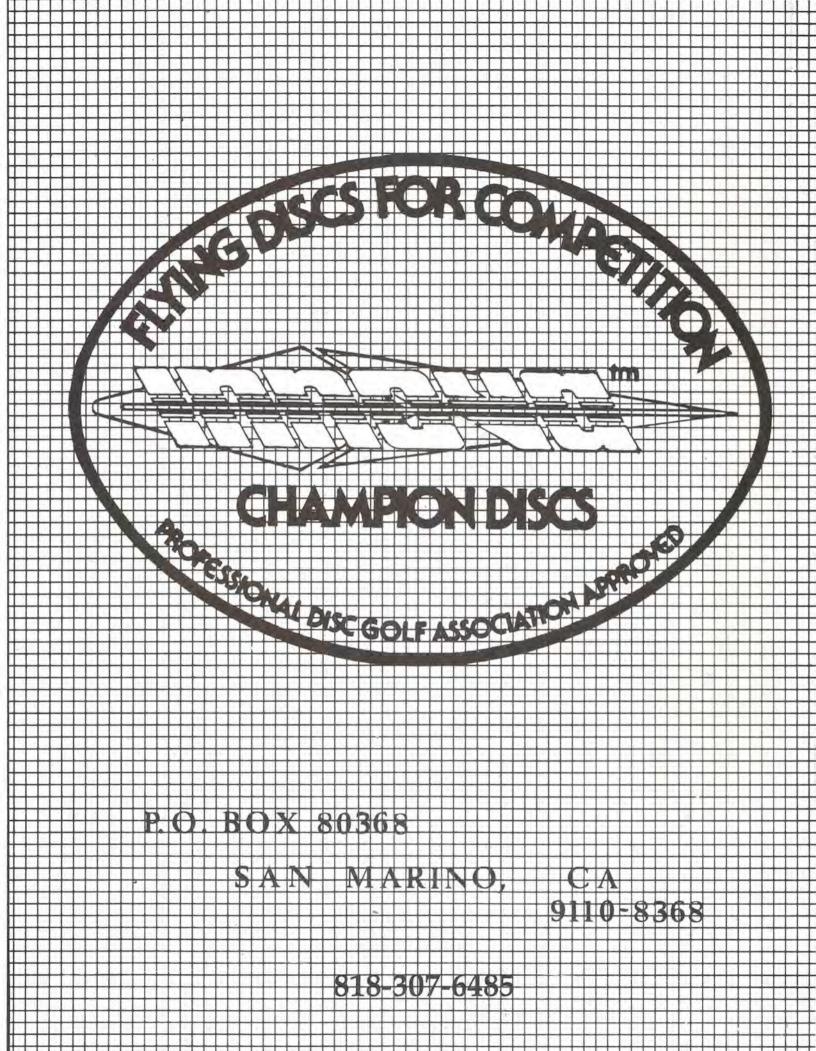


sponsored by McLean Community Center



## **ULTIMATE: the Sport**

Sports such as football and basketball have been around for so long that few people need to ask what they are. Ultimate frisbee is another matter entirely. It is a tough game. Name another sport where the wind almost becomes another player, where even if a pass is caught, the catcher can't move and 14 people from two teams are constantly running, leaping, and spinning all to catch a frisbee.

Ultimate got off to a tenuous start in 1967 when a group of Columbia High School students in Maplewood, N.J. converted a parking lot into a playing field. A little bit of football, a touch of basketball, and alot of stamina combined to become what is known as Ultimate Frisbee.

The game has been shortened to just Ultimate but the rules and rhythm remain the same. Played by two sevenperson teams on a 70 x 40 yard rectangle with two 25 yard endzones, Ultimate's object is to score goals by completing a pass from a player to a teammate in an endzone.

Ultimate begins with a downfield throwoff from one team to another. The player who catches the disc must stop, establish a pivot foot and attempt to throw; he/she may not take any steps before passing. The person defending him/her counts off to twelve (the time allowed for the pass) as the catcher's teammates maneuver to get into position to receive a pass. An intercepted, out of bounds, or incomplete pass results in a turnover. A goal is scored when the pass is caught in the opposing team's endzone. The downfield throwoff restarts play after each goal. Ultimate dows not require referees to control the game; players are self officiating, calling their own fouls and making their own decisions.

April Fools Promotions would like to thank the sponsors, participants, staff, Northern Virginia Regional Park Authority, and special thanks to McLean Community Center.



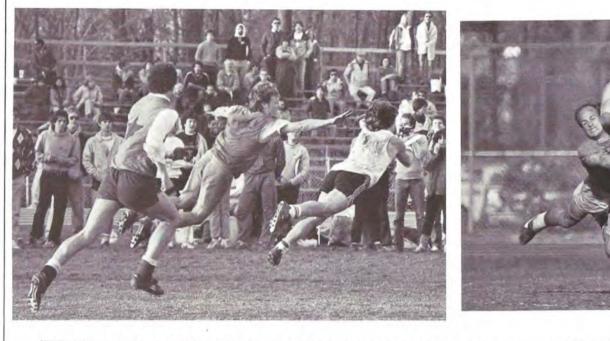
In 1986 April Fools will be a three day tournament. There will be no qualifying round on Friday. If your team is interested in playing, send a postcard or letter with the team name to be used in the tournament and address and phone that will be good between Jan. 1, 1986 and April 1, 1986.

Send correspondence between Dec. 1 and Jan. 1 to:

April Fools 513 Springvale Rd. Great Falls, VA 22066

## **MEN'S POOLS**

| POOL A          | POOL B             | POOL C              | POOL D                       |
|-----------------|--------------------|---------------------|------------------------------|
| Kaboom          | Fat Women          | Static              | Gang                         |
| Mr. Pouce       | Void               | Gang of Disc        | Rude Boys                    |
| Houston         | Blue Meanies       | Life Before Plastic | Kalamazoo                    |
| Kamikaze        | Worms              | Weswill             | 10 <sup>th</sup> St. Dealers |
| Nietzsch Factor | Gremlins           | Edge                | Cornell                      |
| Middletown      | Indefinite Article | Walking Canes       | Fresh Produce                |
|                 |                    |                     |                              |

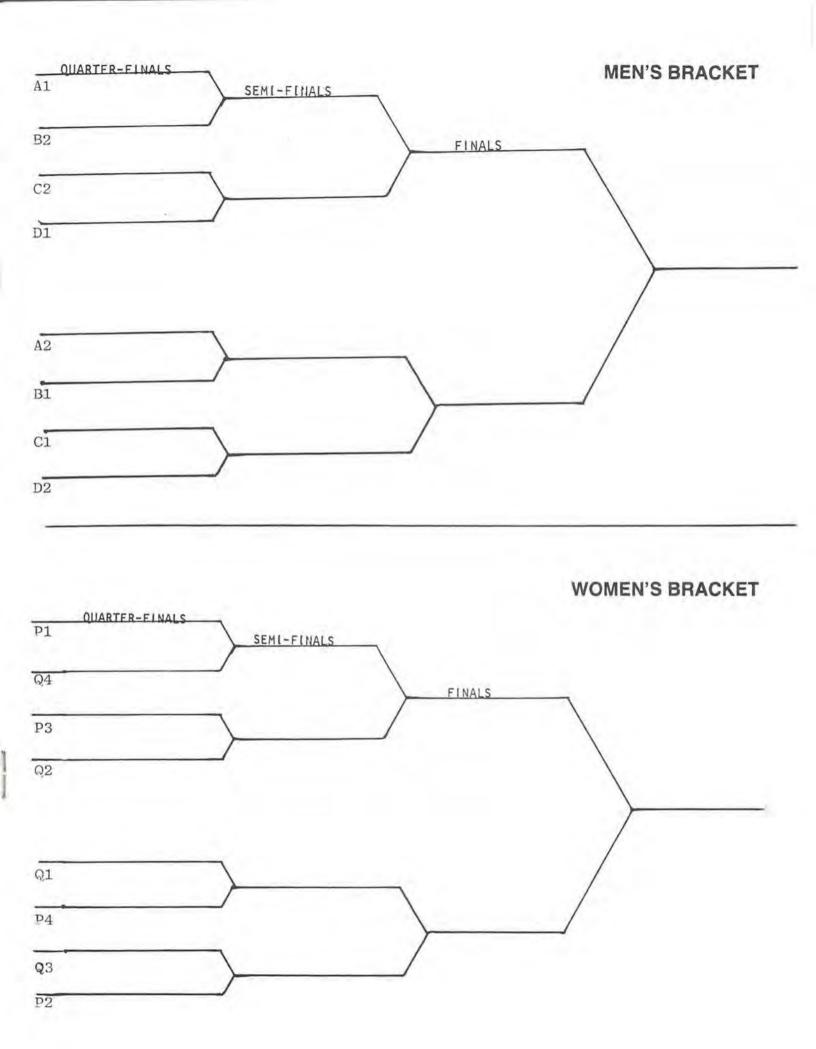


<u>POOL P</u> Fisheads Andromeda Boneless Chickens Traffic Zulu Ohio

## **WOMEN'S POOLS**



<u>POOL Q</u> Spinsters Shakti Nuns Survival Nemesis Club Mich Flying Squirrels



--SUMMER LEAGUE--

Summer Fun! The third annual D.C. Summer Ultimate League starts in eight weeks. The league is co-ed and geared for newcomers. It is competitive, but always very friendly and alot of fun. The emphasis is always on fun, ultimate, learning, and meeting new friends. The teams play about one game a week; a weekday evening. Registration cost is one dollar.

For more information, write to "Summer Frisbee League" at PO Box 5211, Arlington, VA 22202.



--NATIONALS IN D.C FOR HALLOWEEN--

The UPA Coordinating Committee picked Washington, D.C. to host the UPA National Championships. It is the first time the Nationals have been held in the Mid Atlantic region since they were moved to the Fall in 1980 (In 1979 they were held at Penn State). The date has also been moved--from the traditional Fall date (Thanksgiving) to Halloween weekend (October 25-27) on the Mall.

Program: editor Barb Leefman layout Jim Grant article Steve Goodwin photos Karl Cook

# **Disc Organizations**

WHAM-O SPORTS PROMOTIONS P.O. Box 970 San Gabriel, CA 91776 Write for list of upcoming events

#### ULTIMATE PLAYERS ASSOCIATION

P.O. Box 4844 Santa Barbara, CA 93103 \$7.00 per year-membership & newsletter

DISC PLAYERS GOLF ASSOCIATION P.O. Box 1501 Davis, CA 95617 \$5.00 per year-membership, button & newsletter

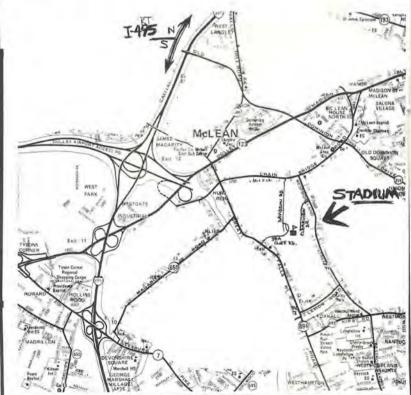
FREESTYLE PLAYERS ASSOCIATION

P.O. Box 9552 Rochester, N.Y. 14604 \$8.00 per year-membership & newsletter

RIDERS OF THE WIND (Field Events Players) P.O. Box 43 Wallops Island, VA 23337 \$5.00 per year-membership

#### Direction to Final

Take 123 towards Mclean to Great Falls st. take Great Falls to Chainbridge to either Davidson or westmoreland turn south to high school sign.



The Ultimate Singles' Scene by Steve Goodwin

Let's start off from the premise that you're a dedicated Ultimate player -road trips, practices, meetings, laundry. A real credit to the sport. Given that assumption, your, time is a very valuable commodity, and scarce at that. So who has time for things like romantic relationships? While it takes years to build the foundation of a lasting relationship, it takes equally as long to explain to a member of the opposite sex how you'd like to get serious, but Frisbee prevents it (the look you get from this one is priceless). That leaves the people you work with, and other Ultimate players. Forget about the folks at work. If your office is like mine, there's enough "dirty laundry" floating around to make Oscar Madison feel at home. That leaves other Ultimate players. I recently overheard this conversation between a man and a woman at a tournament. It should be noted that they were a man and a woman of opposite sex: M: Hey, how ya doin'? Come here often?

- F: Yeah, this is a happening place.
- M: What's your sign?
- F: Yield. Only kidding, I'm a Taurus with a moon in Leo on the cusp of Libra.
- M: What's that mean?
- F: It means I think you're trying to come on to me.
- M: Why the thought never entered my mind. I just like to have girls for <u>friends</u>. <u>I'm</u> not the kind of guy who hits on every woman that carries a disc.
- F: Too bad. Those guys are kinda cute.
- M: Oh, well uh, I guess I am trying to hit on you. You know, I don't want to brag, but one time I won a game for my team.
- F: Very impressive. Listen, I've got to go and mail a letter. Nice to meet you.
- M: Wait! One time I pulled off, got a diving block on the first pass, tossed the disc into the endzone, blocked the pass, then dove 30 feet, straight up, to catch it. A couple of times, actually.
- F: Gee, you should have called a foul on youself, just to be thorough.
- M: Sarcasm...Does that mean you won't be coming home with me tonight?
- F: You got it slugger. Nice try though.
- M: Damn'! She must have a steady boyfriend. I mean, who could resist my charm? Oh... Hey, how ya doin'? Come here often?
- F2: Skip it pal, I'm her best friend.



#### 

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# the Ultimate tournament

