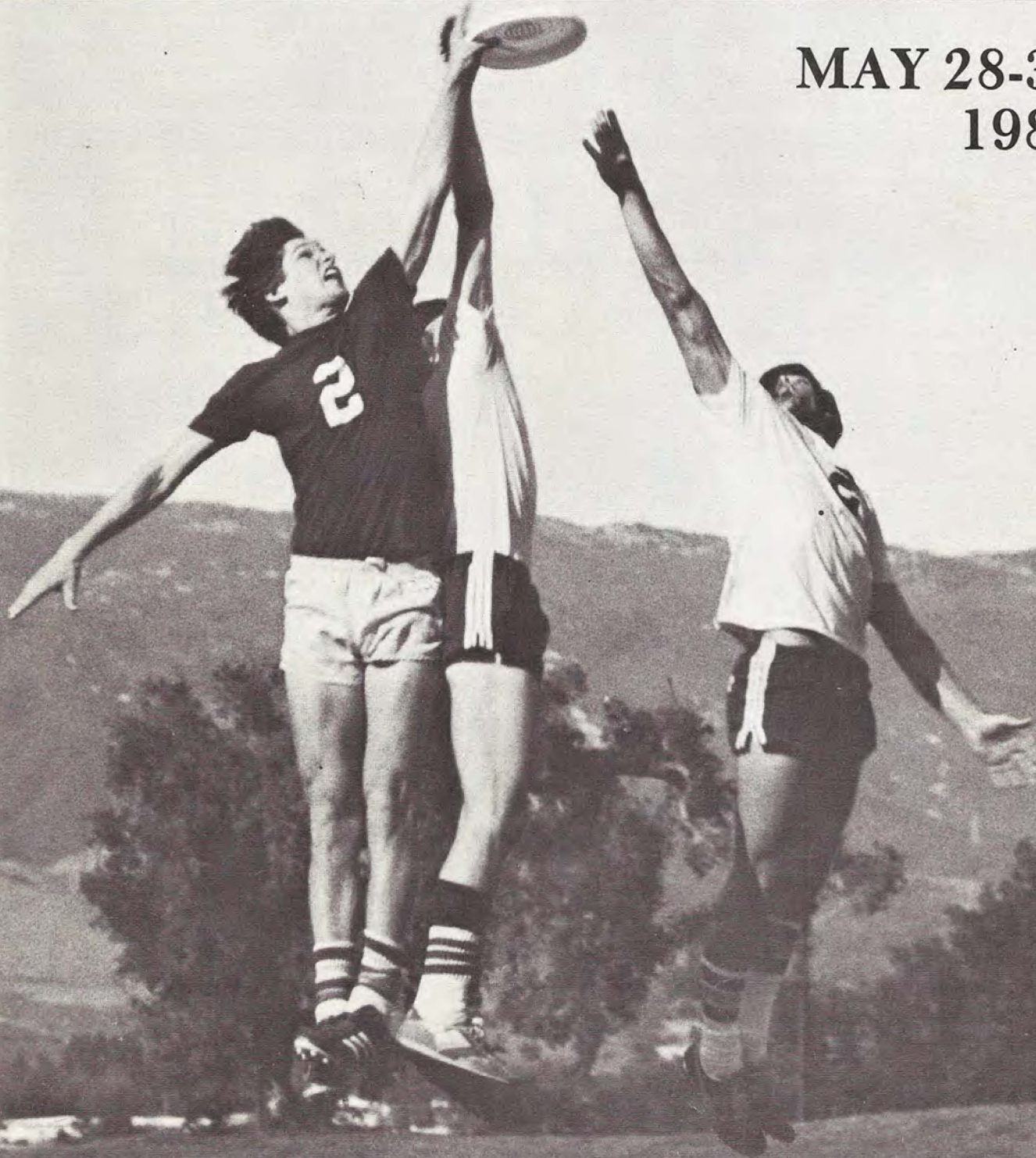
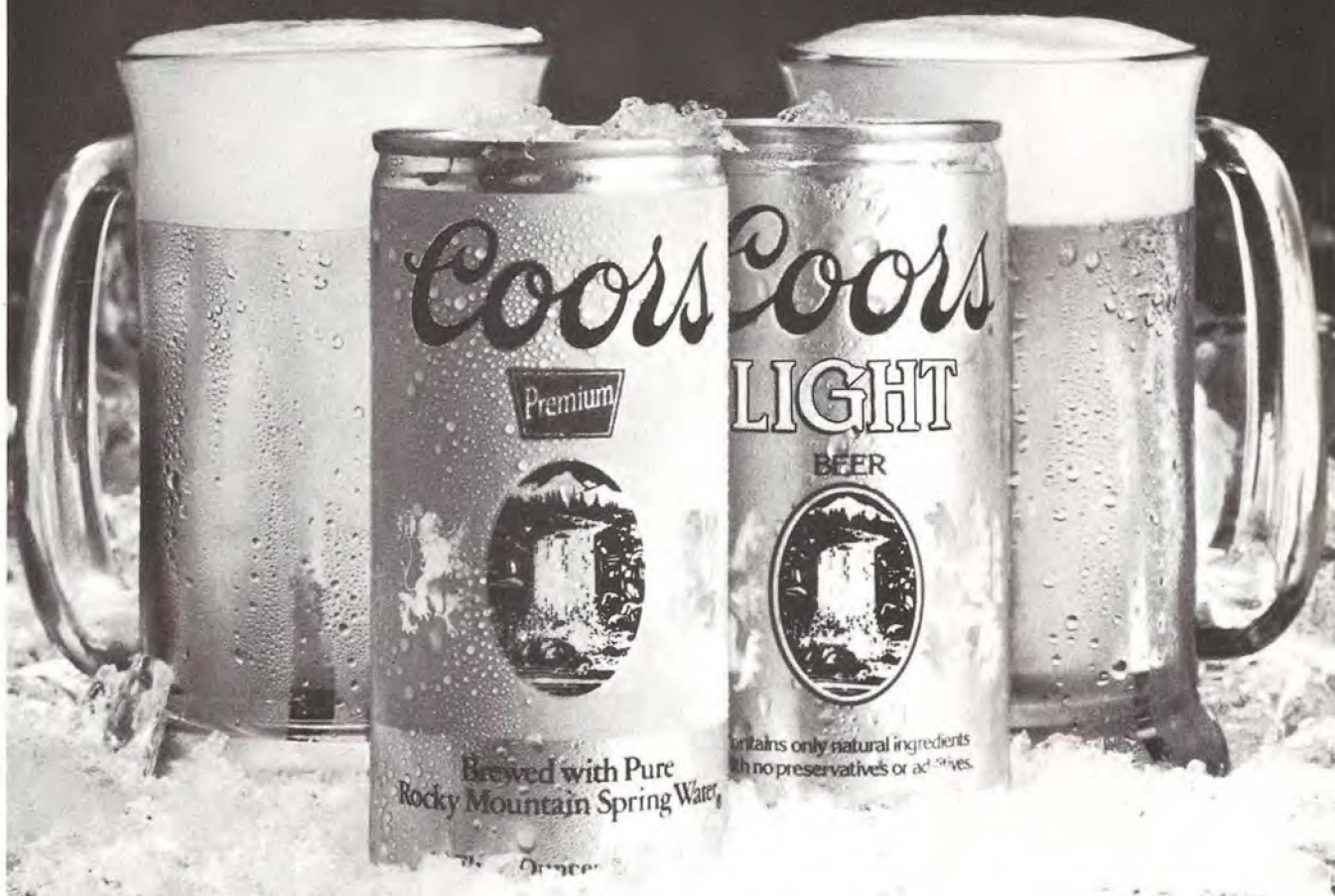

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WELCOME

The Santa Barbara men and women Condors and the Santa Barbara Seawolves are proud to welcome you to the 1983 Coors Santa Barbara Ultimate Classic. Ultimate Frisbee has come a long way since those Columbia High School students first conceived the game way back in 1968. Though New Jersey was the sports' birthplace, it has progressed to where there are now active teams in 17 countries. The United States is by far the most active country with more than 600 club and college affiliated teams. Though if in all the world there was an Ultimate capitol, it would have to be here in Santa Barbara.

Not only is Santa Barbara the home of the three-time National Champion Santa Barbara Condors, the winningest team in the history of the sport, but UCSB boasts the largest intramural Ultimate program in the country with 72 teams participating this Spring quarter, 1983. The local enthusiasm doesn't stop there. The Condors host an inner city co-ed Ultimate league where the Condors and Seawolves are divided up among twelve teams. Included in that league are two other local behind-the-scenes organizations, the Ducks (a bunch of Ultimate quackers) and the Goleta Lemons.

So much for the local interest. What you will be seeing at the Santa Barbara Ultimate Classic is the cream of Western Ultimate, with 21 men's teams and 8 women's teams representing the best Ultimate in five states.

Ultimate is a fast moving, competitive, non-contact field sport played by two seven-person teams. The sport has a

Please turn to next page



Photo: Chris Perry

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Contributing Photographers: Michael 'Snuffy' Broughton, Chris Perry, Bill Boyd, Jamie Caldwell, Stuart Beringer and Tom Kennedy

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Disc Design—Paul Stephens

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great amount of freedom and informality implicit in the rules. Primary among these is the spirit of sportsmanship which enables the honor system to be effective, thus eliminating the need for outside officials.

Highly competitive play is encouraged but never at the expense of the bond of mutual respect between players or the basic joy of play. Protection of these vital elements eliminate some standard sports behavior from the Ultimate field. Such actions as the taunting of opposing players, dangerous aggression, intentional fouling, or other "win at all costs" behaviors are fouls against the spirit of the game and are discouraged by all players.

The object of the game is to gain points by scoring goals. Completing a pass to a teammate in the opponents end zone constitutes one goal. The disc may only be passed—no running while in possession is allowed. There are no offsides or downs in Ultimate and the disc can be passed in any direction including over and around the opposing players. The defense is constantly trying to intercept or knock down the disc which in turn results in an immediate change of possession. The first team to reach a pre-set point total is declared the winner, but a team that plays hard and has fun is never viewed as the loser.

As you begin to become acquainted with the game and the unique flavor of the sport, the individual personality of each team begins to shine through. The Santa Barbara Ultimate Classic is made up of teams from all over the Western United States so you will be able to notice specific qualities from different areas. Each team develops their own unique

style of play. Some teams are known for their defensive tactics, others for their offensive prowess while the best teams usually combine both.

In the west, most of the teams will employ a person on person defense, but you will also see both men's and women's teams using effective zone defenses. The zone style of defense is especially popular in the Eastern United States where there is a tendency for excessive wind, thus greatly increasing the effectiveness of this type of defense. Offensively, teams will utilize a wide range of strategies ranging from a short controlled game to the wide open long bomb offense.

Regardless of which games you find time to watch, you will be guaranteed excitement as Ultimate lends itself perfectly to dramatic plays. Common are full extension (horizontal) catches and diving defensive blocks. It is also likely that you'll catch a glimpse of a hovering pass with Ultimate players "skying" to grab the disc.

No matter the outcome, Ultimate players will always leave a tournament with a smile on their faces. That's because the sport is inherently fun and exciting. We hope everyone attending the 1983 Coors Santa Barbara Ultimate Classic will leave with that same feeling. Enjoy the tournament and this special Memorial Day weekend. We know we will.

FOR A FULL LISTING OF THE ATTENDING TEAMS
SEE PAGE 21.



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WOMEN'S ULTIMATE

The first year of "official" women's competition in Ultimate Frisbee has come and gone. For those among us who've been involved since the beginning, it seems incredible. In August 1981, after 5 years of unofficial, random competition, the Women's Division of the Ultimate Players Association National Championship series was established. In November 1981 the first Women's National Ultimate Championship game was played in Austin, Texas—the final phase of the play-off series which included more than 30 women's teams from all over the United States. In one short year the number of women's teams vying for a shot at the national title more than doubled. The 1982 Championship game showcased the growth of Women's Ultimate featuring a match-up between one of the original Women's Ultimate teams and one of the newest. It was a display of seasoned experience pitted against eager athletic aggressiveness. In the time that lapsed between the 1981 debut of the Women's division and the 1982 Championship game the skill level and quality of play in Women's Ultimate had dramatically increased.

Women's Ultimate has expanded at other levels as well. Paralleling the significant upswing in women's participation in sports, Women's Ultimate has blossomed into an arena allowing full expression for female athletes. Most

Please turn to next page



Photo: Michael 'Snuffy' Broughton

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women Ultimate players learned the game and built their skills playing at men's practices. Those who sustained their involvement and were most successful generally fit into one of two categories; 1) those graced with natural athletic ability and sports sense and, 2) those graced with a great deal of enthusiasm and determination. Given the challenge of integrating herself into the realm of men and sports, a woman was best equipped if she could boast both attributes. It is significant to note, however, that perhaps more than any team sport Ultimate has adapted to the often awkward and unsuccessful integration of the sexes in team sports. Among the unique aspect of Ultimate, protected and nurtured by its developmental leaders, has been the commitment to foster women's involvement. Co-ed as well as separate women's play has been encouraged and groomed with nearly equal enthusiasm by men and women players alike. Women have been challenged to build their athletic skills to play the game at a higher level. Contrary to outdated images about femininity, there's something about a female athlete sprinting for a reception or diving for a block which at once surprises and delights spectators of both sexes. There's no doubt that Ultimate is an expressive and dynamic sport for women.

As the 1983 Championship series approaches, more and more women are getting involved. Athletes from a wide variety of sports backgrounds are discovering Ultimate. The quality of play in Women's Ultimate continues to grow as the sport itself expands, becoming still another domain for expression of female athletic ability...with no end in sight.

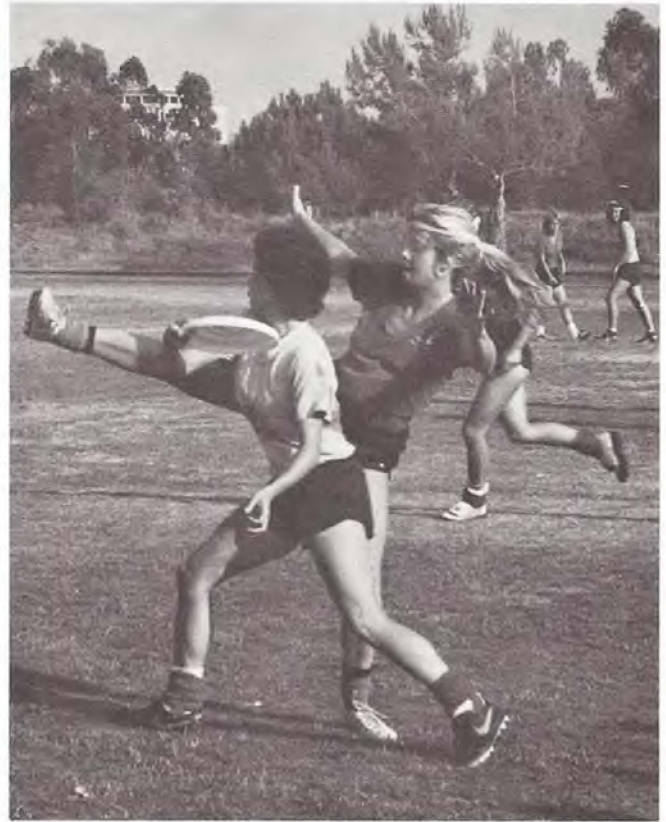


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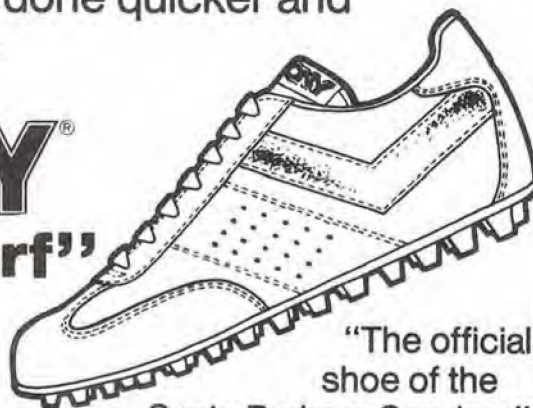
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THE HISTORY OF ULTIMATE

Believe it or not, there really is a history to the sport. Many think that Ultimate is popular only in remote places, but the truth is that it is one of the fastest growing team sports in the world today.

With close to a thousand active teams in the U.S. today, and eighteen countries currently playing the sport, Ultimate continues to gain widespread acceptance and acknowledgement as a qualified athletic activity.

Ultimate was developed by students at Columbia High School in Maplewood, New Jersey. Although the exact date is unknown, the staff of the school newspaper played in the first game against members of the student council some time in 1968. The roots of the sport can be easily traced back to "football played with a disc." Varying from traditional football rules led to elimination of running while in possession of the disc (and therefore no need for tagging or tackling) and removal of the concept of a set of downs in which to gain yardage. These and other modifications formed the basis for what is now known as Ultimate. The group which did the initial development of the sport called itself the CHS Varsity Frisbee Team (CHSVFT). In 1970, the CHSVFT drafted the first edition of the official rules of the sport.

On November 7, 1970, the CHSVFT defeated Millburn High School 43 to 10 in the first interscholastic game. By the end of the school year, five high school teams were playing and the New Jersey Frisbee Conference (NJFC) was formed. The NJFC grew to nine teams by the end of the 1972 school year. The CHSVFT was the dominating force building up a string of nineteen consecutive victories. A great number of the CHSVFT members graduated high school that year and went on to college. Before leaving the area, they made a pact to start teams at each of their respective schools.

On November 6, 1972, the newly formed Rutgers University and Princeton University teams met to play the first-ever intercollegiate Ultimate contest. The game was played on the anniversary of—and on the same spot as—the first intercollegiate football game, also between Rutgers and Princeton 103 years earlier. History repeated itself and Rutgers defeated their crosstown rivals 29 to 27, winning by the same margin of victory as their football counterparts.

The sport spread rapidly on the college level. By the end of the 1973-74 school year, approximately twenty-five teams had been organized. The concept of a tournament was introduced in 1975 as the nation's top eight teams met at Yale University for the Intercollegiate Ultimate Frisbee Championships. Rutgers University defeated Rensselaer Polytechnic Institute in the final game, 28 to 24.

In 1976 the tournament was expanded into the National Ultimate Frisbee Championships and included the top sixteen college and club teams. Rutgers again took top

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honors as they defeated the host Hampshire College team 29 to 27. Rutgers dominated play in the mid-seventies as they went undefeated in forty-five consecutive games.

Reflecting the sport's growth, in 1977 the country was split into Western and Eastern regions, each holding separate championships. The winning teams—Penn State University and the Santa Barbara Condors—met at La Mirada, California, for the first East-West game. Santa Barbara was declared to be the first champions from a truly national draw as they defeated Penn State 32 to 14.

In 1978, the Santa Barbara Condors repeated as the Western champions, and Cornell University was the Eastern winner. The Condors won their second consecutive national title as they defeated Cornell in Santa Barbara 23-17.

In 1979, the Ultimate Players Association (UPA) was formed to organize, promote, and direct the sport of Ultimate. One of the first acts of the UPA was to split the nation into five regions and to coordinate championships in each. In addition to sanctioning the full series of tournaments leading to the national championship, the UPA began publishing a newsletter to keep members informed of the tournament results and current issues in the sport.

In 1979, five teams met in a round-robin match to determine the National Champs. Glassboro State University of New Jersey defeated the Santa Barbara team 19 to 18 to capture the national title.

In 1980, Glassboro retained their national title by defeating the Boston Aerodisc team 12 to 11.

In 1981, the Santa Barbara Condors again regained their National Championship title by defeating the Knights of Nee from New Jersey.

In 1982, the tournament format was expanded to include two teams from each region. The Rude Boys from Boston captured their first National Championship.

In 1981, the women's division was added to the national series of tournaments. In the first-ever Women's National Championship game, Boston Ladies Ultimate defeated Ultimate Synergy 7 to 6.

In 1982, the women's division National Championship was won by Zulu from Univ. of Massachusetts over the Fisheads from Michigan.

Recently, the Santa Barbara Condors travelled back east for the first time ever to compete in the 1983 Eastern Ultimate Championships. After exciting tournament play, the Condors met the 1982 National Champions Rude Boys in the finals.

After a neck and neck battle, a threatening lightning storm and imminent darkness resulted in a premature end to the game and an official draw was called. Perhaps these two teams will meet again in the '83 Nationals to determine the Nations best!

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Santa Barbara Condors

A LOOK BACK

Excellence is achieved through years of hard work, talent and to some degree a measure of luck. The Santa Barbara Condors have established a standard of excellence that few teams in the Ultimate world have ascended to.

The development of the Condors is directly tied to the growth of all phases of disc play. In the early seventies, organized disc tournaments began to occur throughout Southern California though by far the most significant Frisbee occurrence was the Rose Bowl in Pasadena. This gathering brought together the best disc players from across the country.

At one of the early Rose Bowls two of Santa Barbara's better disc players, Tom Shepherd and Tom Kennedy, went and participated in the activities and came back to Santa Barbara pumped to play all forms of organized Frisbee events. One afternoon while 'styling on the Mission lawn, they organized a rudimentary Ultimate game. Although they lacked any rules or strategic concepts of how the game was played, they never the less immensely enjoyed themselves and arranged to play again the next week. Weeks passed and disc skills improved. It turned out that TK's game closely resembled Irv Kalb's Ultimate Frisbee game.

After a year of play, another Rose Bowl was to occur and they wished to feature an East vs. West Ultimate game. The game up to this point was strictly an eastern game and the only two players west of the Alleghenys to make the team were TK and John Schmechle. By this time, Ultimate in Santa Barbara was fairly well organized and went by the name of Santa Barbara Disc Connection (T-shirts are definitely collectors items).

In 1976 the Santa Barbara team was invited to go back east to play for the national title but were unable to attend. During this time they changed their name to the Condors and had several opportunities to play outside games, mostly against the LA Frisbee club. It was during this time that the team first established their unbeaten winning streak that was to last until late 1977.

By the middle of 1977, the Condor reputation was growing and they were given their first opportunity to play for the national title. The 1977 Rose Bowl was to feature the champs of the eastern tournament, Penn State against the western champs. A truly classic game of Ultimate between Foothill and the Condors was played in the finals of the westerns. The Condors took a close 14-13 game and were afforded the opportunity to play Penn State.

Eastern Ultimate has reigned supreme from day one so everyone expected the State boys to crush the Condors. The game of Ultimate may have begun on the east coast but no one has a copyright on running and the Condors proceeded to destroy the Eastern representatives offense and then take total advantage of their disc skills to score goals against them. In the end the score, 32-14, reflected the dominance.

The next year the Condors beat Cornell to demonstrate that they were truly national champs and deserving of the respect of eastern teams. In 1979 Ultimate experienced a great growth spurt as the Ultimate Players Association



Photo: Chris Perry

Johnny Sky and Keay Nakae of the Santa Barbara Condors sky above an opposing player.

(UPA) was formed. Five regions were established and a national championship was organized. The Condors represented the west but as was to be the case in 1980, Glassboro Ultimate from New Jersey took the title.

After the 1980 season, the Condors lost some of their experienced players and picked up a crop of young UCSB Intramural players. The 1981 season was somewhat magical, an early season Cal State victory, a dramatic Santa Cruz title and a come from behind western victory set the stage for the Condors in Austin, Texas. Though they had represented the west four previous times it was expected that once again, a New Jersey team would take the title. The Knights of Nee from New Jersey did make the finals and though they took a four goal halftime lead the Condors fought back and captured the 1981 National Ultimate title, their third in five years.

1982 was a strange year in that the Condors were fairly dominant all year winning most of the major regional tournaments only to stumble in the most important tourney, the Westerns in November. This year the Condors have captured the Winter Crystal Tourney, the April Fools West, their third consecutive Cal State championship and they traveled back east and shared the spring Eastern championship title with the 1982 National champs, the Boston Rude Boys.

For seven years, the Condors have displayed their excellence as an Ultimate team winning over 70% of every disc tournament they've entered. Their skills are developed to a fairly high degree as is their knowledge of the game. The Condors are working to capture the 1983 National Title and with enough dedication and work they just may succeed.

—Barton Merrill



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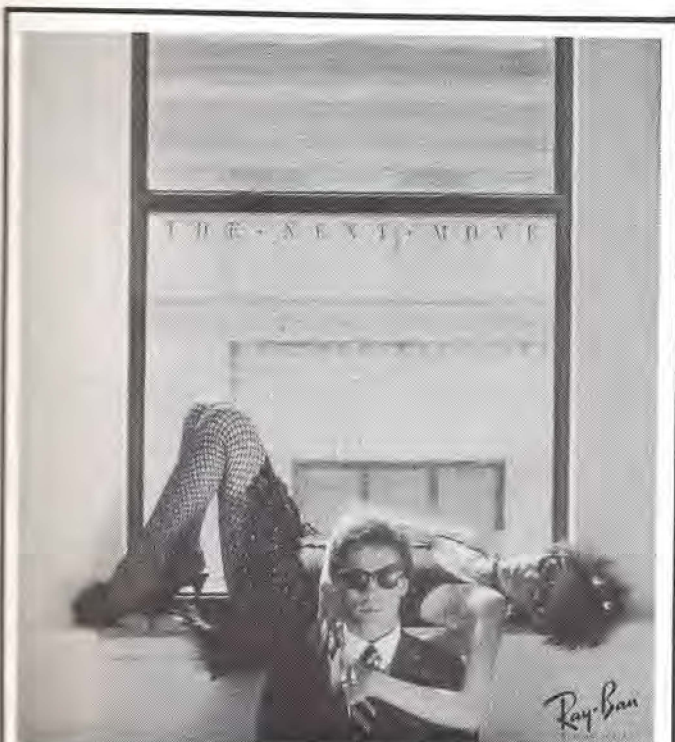
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2:00 pm Semi-Finals, Women's

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FREUDIAN FRISBEE

When I initially assumed the position of team psychologist for the Jersey Clouds Ultimate team, I had hoped to open the channels of communication among team members, to assist them in dealing with the pressures of third rate competition, and to explore the motivations behind their irrational passes when three men are standing wide open in the end zone.

Unfortunately, a single extraordinary case absorbed all my time and energy.

I first suspected that Dave Altana's relationship with Ultimate went beyond the ordinary fanaticism associated with the game on the afternoon he told team captain Paul Teshima, "I have to get my arm put in a cast, my girlfriend is threatening to leave me forever if I don't spend more time with her, and my house is on fire; so I'll be about five minutes late for practice." As it turned out, Dave delegated the fire problem to the girlfriend (now ex-girlfriend) and made it to practice on time, his arm dangling like a knumchuk stick.

After observing Dave's play in several games, I knew, psychologically speaking, that he was not landing with both feet in-bounds. No matter how close the score, Dave refused to stay on the fringes of the action, which best suited his modest talents, but insisted on constantly handling (fumbling) the disc. On those rare occasions when someone else held the disc, he continuously shouted, "Hit me long," or "Look at me when I cut," or "Right here, cement head." And if the opposition played man to man defense, he would reveal, "I'm isolated one on one," as though that were a

once in a lifetime situation that guaranteed a score.

No matter how great his exhaustion or the frustration of our talent on the bench, Dave would keep himself in the entire game. When he collapsed for the third time in a game played in 95 degree heat and teammate Ed Niemczyk asked if he was all right, Dave claimed that he was just diving for a pass.

Dave's sensitivity to being benched was such that after he finally fell unconscious, the team let him remain on the field for three more scores. After he turned a sickening gray color, however, Niemczyk carried him to the sideline for sunstroke treatment.

When Dave came to, he acted like a pitcher removed in the last inning of a perfect game, calling Niemczyk "Captain Hook" and clubbing him with the ice bag that had cooled his 106 degree temperature.

For Dave's well-being, for the good of the team, and because his obsession was cutting into my own Ultimate playing time, I prescribed shock therapy for Dave and zapped him with enough volts to turn him into a human Moonlighter conversion kit. The treatments transformed Dave's feelings about electricity but did not influence his craving for Ultimate.

After the power failure, I tried talk therapy and entered Dave in an Ultimate Anonymous support group composed mostly of the Webb College Vegetables, a team that I had recommended for institutionalization in 1979. In the few seconds of the scheduled rap sessions that they were not

Please turn to page 20

DISCATHON

Discathon has been around since 1974. However, 1982 was its first year as an international competitive event. For Ultimate players, the event is particularly interesting because it requires many of the same skills that are important for high quality Ultimate. Players must throw a disc around a circuitous 1 kilometer course in the shortest possible time. The event presents a complex and demanding challenge. A wide range of throwing skills are required including precise curve control, strong distance and great accuracy. The running component demands speed, endurance and agility. Additionally, a carefully planned race strategy is needed to get good time.

The new Santa Barbara course is a particularly challenging one, using the well-established eucalyptus groves to the east of Storke Field. Although the course is relatively flat it does use the undulating terrain quite effectively.

Even if you aren't an Ultimate competitor this weekend, we invite you to come by and give it a try, or if you're not the competitive type stop by and check out a new and upcoming disc sport.

Photo: Stuart Beringer



Throwing Awareness

Throwers must develop confidence in their throwing and faking abilities. The thrower should recognize that they are at a distinct advantage; through fakes the thrower can dictate the movements of the marker. The thrower should never be intimidated by the presence of the marker. While looking for a receiver, the thrower should assume a composed, tall, head-up stance.

The thrower is faced with a number of difficult decisions which must be made in a limited amount of time, often instantaneously. The decisions include electing a receiver, finding the correct moment to throw, choosing the flight path, and delivering the pass without being blocked. The number of potentially successful passes is virtually unlimited, given the infinite variety of flight trajectories.

The positioning of the marker limits the areas open to the thrower. The combination of the backhand and side arm deliveries allows the thrower to release a pass from either side of the body. A right-handed thrower should use the backhand delivery for downfield passes to his left, and the side arm delivery for downfield passes to his right. The addition of the upside down delivery gives the thrower the ability to pass over the marker.

The ingredients of a good pass include: the applicability to the game situation, the use of deception, the proper pass selection, and good timing.

Excerpted from the Book "Ultimate: Fundamentals of the Sport" by Irv Kalb and Tom Kennedy



In the hands of a skilled thrower the range of deliveries is virtually unlimited. Depending on the situation the disc can be thrown around or over defenders.

Ultimate Players,
Discathoners,
Spectators...

The

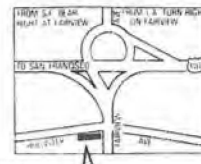
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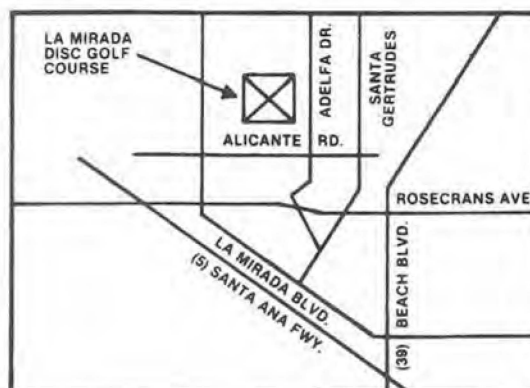




Photo: Chris Perry



Photo: Michael 'Snuffy' Broughton



Photo: Bill Boyd



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Freudian...

Cont'd from page 15

playing Ultimate, the Vegetables taught Dave how to plant himself on the playing field to eliminate any chance of forced removal.

Just as I gave up hope for Dave's rehabilitation, the results of the team IQ test pinpointed his problem. On the test, Dave scored twice as high as the rest of the Clouds put together, which does not sound that impressive if you know the Clouds, but some of the players are smarter than they act.

Dave's superior intellect was causing him to relate to Ultimate on a higher plane; he more acutely sensed the game's beauty and perfection, its harmony with the highest of human values. Asking Dave to restrict his playing time or his disc handling would be akin to asking a gourmet to live in a Dunkin' Donuts.

Given that reality, the only possible solution I could think of, off hand, was to bring the patient's intelligence into the normal range of the frisbee playing population by removing half of his brain. Understandably, Dave balked at the operation. He came around, however, when I promised, in exchange, to get him into an upcoming all-star game.

Unfortunately, I had scheduled a game of Frisbee golf right after the operation, and in my haste to get on the links I removed nine-tenths of Dave's brain instead of the intended half.

Dave now plays outside linebacker for a Big Ten football team.

DON'T MISS OUT!

Join the Ultimate Players Association and receive the bimonthly UPA Newsletter, as well as an official UPA mini and membership card. More important, you get the right to vote on all current issues and proposed rule changes. Many important issues—such as elections, and rule and bylaw changes—will be coming up shortly and only members will be able to take part in determining their outcome. Don't be left out—sign up today and do your part toward the progress of the sport.

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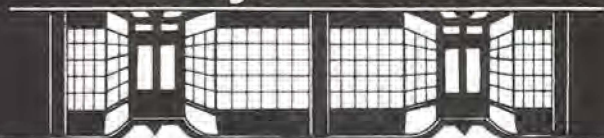
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