



5th annual

CENTRAL ULTIMATE CHAMPIONSHIPS

East Lansing, Michigan
May 24 & 25, 1986

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5th annual

*CENTRAL ULTIMATE
CHAMPIONSHIPS*

East Lansing, Michigan
May 24 & 25, 1986

Welcome to East Lansing and the Centrals. If it is your first year here we hope you enjoy it as much as we do. If you have been here before we hope this year's tourney out does them all.

We have more teams this year than ever, 16 men's teams and eight women's. **Washington DC**, a finalist last year, is back for the fourth straight year and **Windy City** will be back to defend their crown for the Fifth consecutive year.

New York will be represented for the first time since the inaugural tourney. On the women's side the **Fisheads** will also be looking for their fifth straight tournament victory.

We all hope that the frisbee and fun in East Lansing on Memorial Day Weekend turns out to be a great experience for everyone.

ULTIMATE: THE SPORT

Ultimate is a fast-moving sport, where the wind becomes another player, and people are constantly churning and diving after a piece of plastic.

Ultimate started in 1967 at Columbia High School in Maplewood, New Jersey. A group of students used a parking lot as a field and invented a new sport, what was later to become known as Ultimate Frisbee.

The name was shortened to Ultimate because of a trademark infringement with Whamo and the sport grew to be nationwide, and ultimately worldwide. It is played on a 70 X 40 yard field, with 25 yard end zones. Games are played to points, and goals are scored by completing a pass to a teammate in the end Zone.

A point is started with a downfield throw-off , or pull as it is called by players, from one team to another. The player who catches the disc must stop, establish a pivot foot, and throw a pass before the defender reaches a count of ten. If the defender reaches ten before the pass is thrown, or is the pass is intercepted, incomplete, or out of bounds, the result is a turnover and the possession of the disc is reversed. This process is repeated with every completed pass. The result is a dynamic, free-flowing game, with lots of exciting dives and catches.



IKE AND TINA



THE ECSTASY OF SPOT

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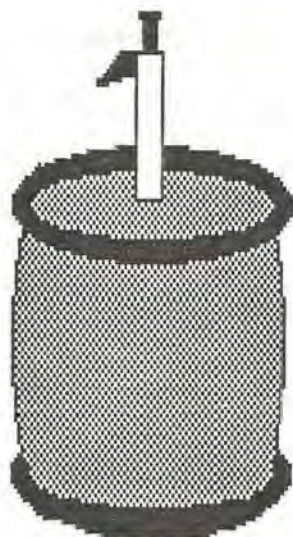
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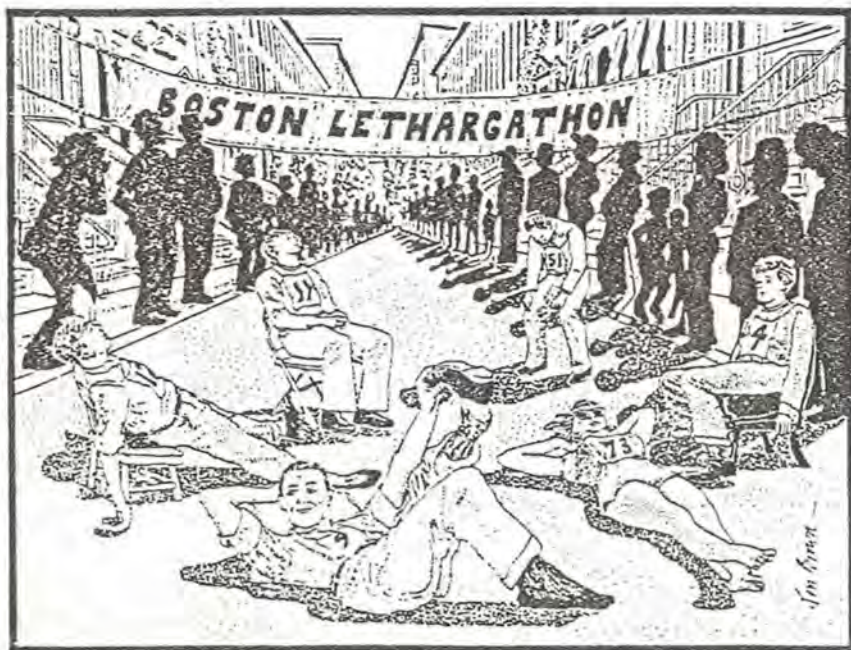
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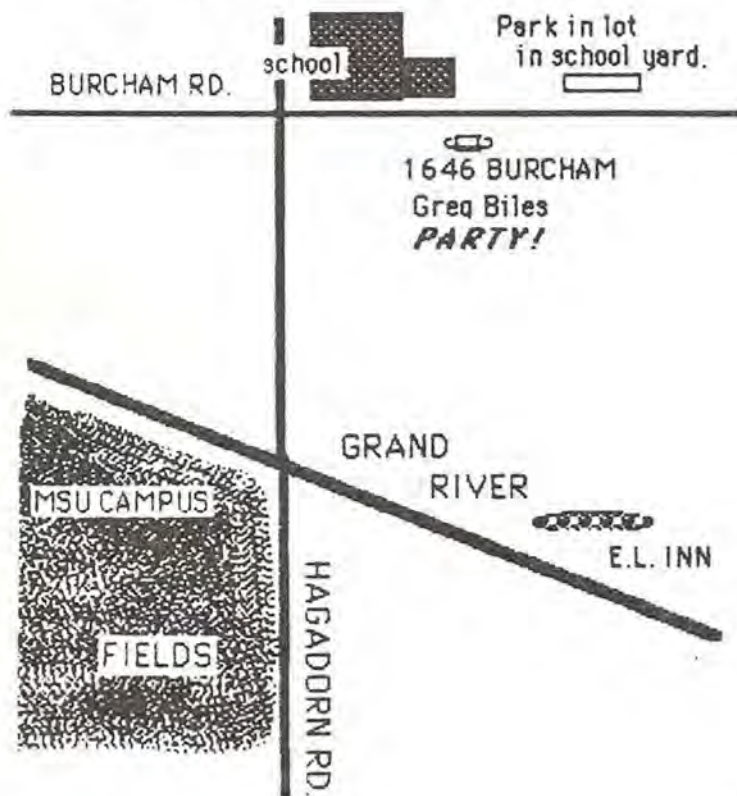
10% OFF!



SPEAK SOFTLY AND WEAR A LOUD SHIRT



MAP TO THE PARTY



"No thanks, I'm trying to quit."

MENS TEAMS

WINDY CITY- (Chicago)- This team has won all four years we've had this tourney. They've been presented with a key to the city. But this year we're gonna change the locks.

SEE SPOT RUN- (New York)- This is a new team from Long Island. They were finalists at April Fool's as well as several other tourneys this spring. Have they learned sit and speak, or roll over and beg?

COGZ- (Washington DC)- This will be the fourth straight year DC has been represented at our tourney. We'd like to welcome Fly and The Walrus back to East Lansing. Rumor has it the COGZ are picking up George Jetson, recently released by the Spacely Sprockets.

THIRD WORLD- (Chicago)- Their economy has been declining in the midst of a severe debt crisis. Can they break out of their financial woes?

THE MEN FROM GLAD- (a pick up team from the east coast)- These relics from Michigan are returning to the water, winter wonderland. Tim and his boys tend to cut like Fred Sanford, but they may pull through and win one for old time sake. Hey Kojak, wheres your lollypop?

THE DISC PUPPETS- (Madison)- The Puppets have just finished finals and are ready to party! We hope their strings don't wear through before saturday night. Though school may be out we hope you brought your notebooks.

NORTH COAST- (Cleveland)- This powerhouse from Cleveland picked up some free agents and is having a good spring. When you play the host you could be burned like toast.

NILES- Niles has come along way. They are a potential host for Regionals this fall. Although they have become a very competative team, they have Niles and Niles to go.

FLYING TERRAPINS- (Minnesota)- The Flying Terrapins are flying in from the arctic wasteland. On the way they are stopping at the parish of St. Alphonso. We hope they don't get heat stoke in the Michigan tropics.

EAGLES- (Indinapolis)- This will be the Eagles debut at the Centrals. But they gave been around the block a few times. We will see if they soar or they fall from the sky in a fiery crash.

SQUARE AMERICANS- (Cincinnati)- This scrappy squad from Ohio is still working on that miserly offense. They were semi-finalists with it last year. Can they do it again?

- KALAMAZOO COLLEGE-** A powerhouse in the olden days of Michigan Ultimate, it is a pleasure to welcome them back to East Lansing. They feature the immortal Bruce "Frisbee" Johnson.
- TRAVERSE CITY-** The Nuclear Rodents are making their debut at our tourney. With all the hullabaloo about nuclear power, rumor has it this team will be picketed by protestors.
- THE SCAB KINGS-(East Lansing)-**These men have been working hard for this tournament. They feature the Don Staub scabby knees and the Marty dives.
- COFFEE and DONUTS-** This team has been struggling to keep their numbers, but they always fill it, fill it, fill it. Ray Singer will be churning up the field and Elroy Jones will probably drop the pull again!

WOMENS TEAMS

- CLUB MICH-(Ann Arbor, MI)** Forming a reunion team of experienced players, these women are psyched to play and have fun. Welcome back!
- FISHEADS-(East Lansing, MI)** We're proud to be sponsoring the Central Ultimate Championships and looking forward to the increasing competition. EATEM' UP YUM!
- MUDEATERS-(Madison, WI)** These enthusiastic women know how to have a great time chewing up the turf.
- NEMISIS-(Chicago, IL)** Coming to Michigan for the 5th consecutive Central's tourney the Windy City women are back again for an ultimate weekend.
- PLEADIES-(Richmond, IN)** The seven sisters are a young team with determination. Welcome to the Central's!
- REPO WOMEN-(Minneapolis, MN)** Flying down from far north in the Central Region these women are excited for an ultimate time. If you eat sushi here you will have to pay.
- SQUEEZE-(Washington, D.C.)** With new faces and old stars, Squeeze is here to cram intense ultimate into their Memorial weekend.
- SURVIVAL-(New York, N.Y.)** Road trippin' their way to E.L. it's great to have you travelling to the midwest. Say YES to MICHIGAN!

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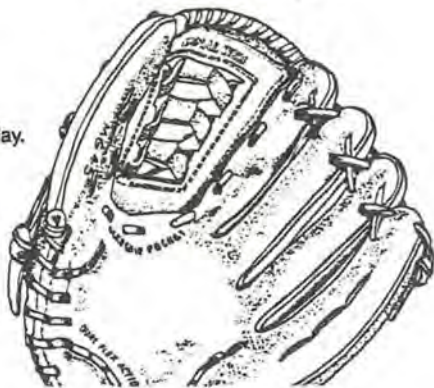


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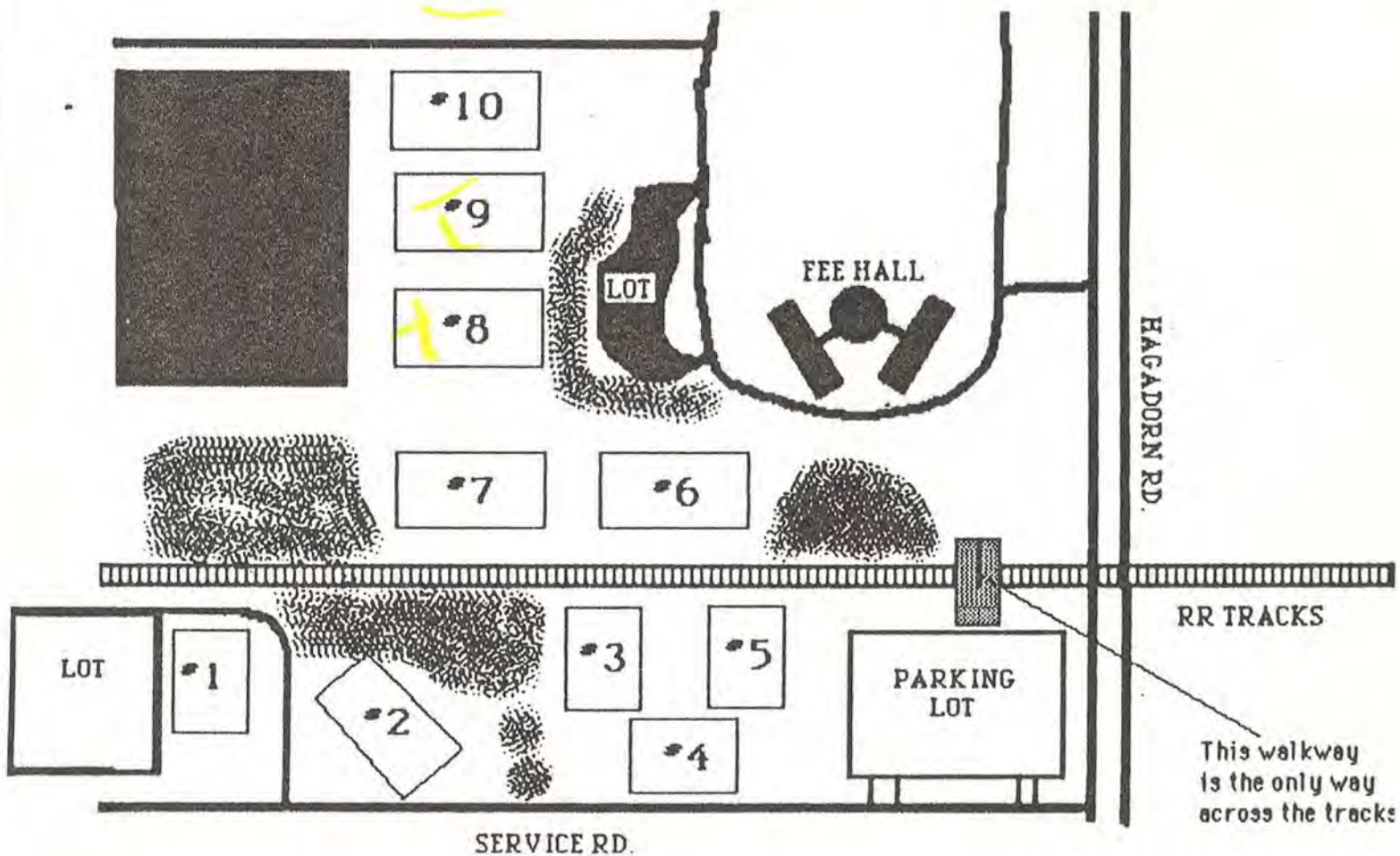


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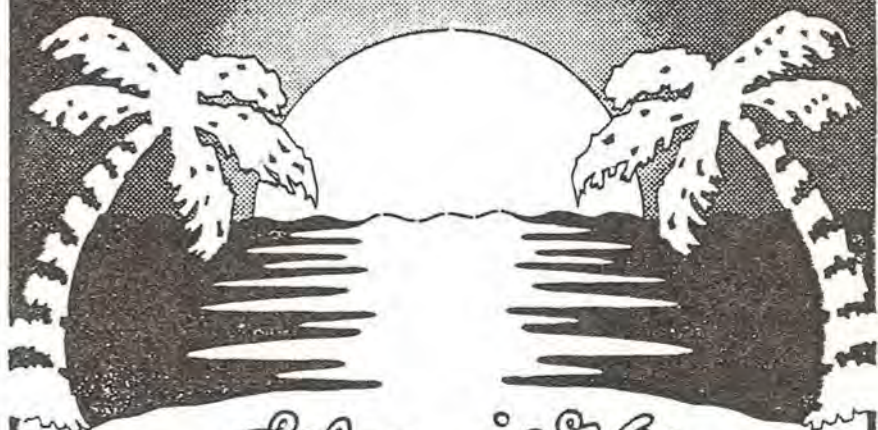
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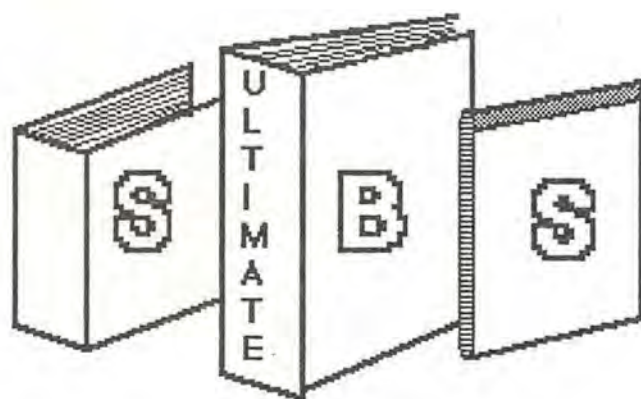
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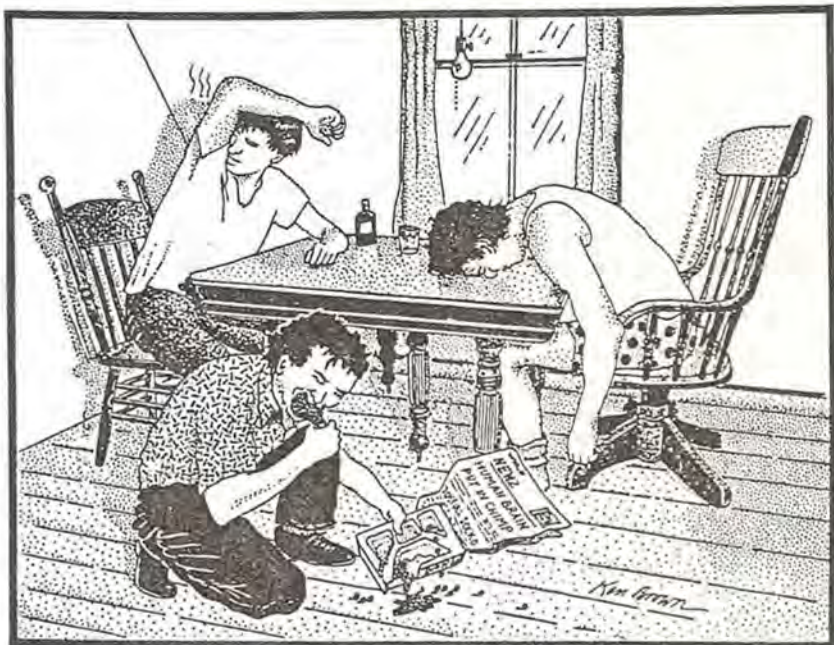
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PUBLIC

Hair



"Don't be a fool, Billy!"

A

Windy City
Men from Glad
Minnesota
Traverse City

B

Spot
Indianapolis
Niles
Scabkings

C

COGZ
Square A's
Third World
Grand Rapids

D

Coffee & Donuts
North Coast
Madison
Kalamazoo College

FIELD**10:00****12:00****2:00**

1	C2-3	C3-4	C2-4
2	B2-3	B3-4	B2-4
3	B1-4	B1-2	B1-3
4	D2-3	D3-4	D2-4
5	C1-4	C1-2	C1-3
6	D1-4	D1-2	D1-3
7	A1-4	A1-2	A1-3
10	A2-3	A3-4	A2-4

QUARTER FINALS:A1 Windy City

C2 _____

D1 Coffee + DonutsB2 IndianapolisC1 COGZ

A2 _____

B1 Spot

D2 _____