



SEPTEMBER 17 & 18, 1994

**AT THE NAPERVILLE POLO CLUB
ROUTE 59 AND 119th STREET**

Important Tournament Information

Dogs are allowed at the polo fields provided that they are leashed (especially when there are horses around). Please keep them under close control and clean up after them. Plastic bags are available at Frisbee Central.

Polo may be played on Sunday and fields may be renumbered to accommodate polo play. Check Frisbee Central for field changes.

Captain's Meeting
Saturday at 8:30 am.

Play begins
Saturday at 9:00 am.
Sunday at 9:00 am
all divisions

While the consumption of alcohol is permitted at the polo club, glass bottles are not allowed anywhere around the field or parking areas. Any bottles on the grounds will be immediately confiscated. With respect to the polo players and their horses, let's leave the bottles at home.

Trainers will be available for taping and assisting with injuries on

Saturday 9:00am - 5:00pm.

Sunday 9:15am - 3:30pm.

Thanks to **Bill Hughes** and **Amy Grant**, certified trainers, and their volunteer assistants from the **University of Illinois-Chicago Circle**. Bill has worked with the Olympic Diving team and is past president of the Illinois High School Association of Athletic Trainers. Amy works with Bill at **Naperville Central High School**. Thanks to **Peggy Browning** for coordinating volunteers!

**Special Thanks
to**

Shirley Kuhn and the Naperville Polo Club

Ultimate Players Association

Hinckley & Schmitt

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Power Bar

The Avalon

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Cathy O. --Disc & T-shirts

Welcome to the Chicago Ultimate Invitational Tune-up!

My original concept for this show was for it to be a small intimate gathering of no more than eight teams grinding it out on the turf in preparation for the fall series. But it has turned into a 36 team 5 star UPA tournament. In the original premise, I wanted to host a tourney without an entrance fee. I've always hated shelling out dollars after paying for airfare, car rental and hotel accommodations. "They should be paying me!" I stuck to the concept of an entry fee free tournament and I thank my teammates on Z for backing me up and hosting this division. Have fun!

IronMan

Greetings to everyone! Welcome!!

This Tune-Up Tournament was originally Tom "Ironman" Coffin's idea. He wanted to invite high caliber teams to a low-(or no)-cost tournament to prepare themselves for the upcoming National series. Needless to say, the remaining Chicago teams wanted to play too. So Miss Nolan and Ruth put together a hot women's division and told me, Crash, to take care of the men. No problems there! Hence, you have all traveled from far and near to play here!

There will be spectators, especially local high school players out this weekend, so please extend to them every courtesy that you would to another player. Answer their questions. And remember, they are the future of our sport; so let's encourage them.

Enjoy the weekend!
Competition will be intense and fun. The fields are plush and the parties will be fun and exciting. The Avalon, a hot Chicago nightspot, will host the after hours fest downtown. And a small social gathering will be held at the fields at the end of Saturday's play. So have a great time, get psyched, and play hard!

Barrett "Crash" White

**"A vision without a task is but a dream,
a task without a vision is drudgery,
a vision with a task is the hope of the
world."**

*Church Inscription
Sussex, England, 1730*

Welcome players, spectators, and friends!!

This tournament is about a vision that we have for Ultimate.

Our dream was to have the best teams in the nation come to Chicago.

Our task was to provide the highest quality tournament at the lowest budget possible. (Ultimate is a player-supported sport--so double thanks to the sponsors, who paid for advertising on the shirts and in the program, and helped us keep costs down).

Our vision is that spectators, players, and friends will return to Ultimate in Chicago and across the nation with enthusiasm and renewed spirit...the spirit of the game.

A witness to this spirit is the many members of the Chicago Ultimate community who donated their time and energy in organizing this tournament and drawing on their resources to "make it happen". Special thanks to Shirley Kuhn and the Naperville Polo Club for their flexibility as the tournament grew and grew!

Thanks to "Ironman", "Rudy", and "Crash" for their teamwork and readiness to help out.

Let's play Ultimate!

Lynne
a.k.a. Miss Nolan

Spectator's Guide

The easiest way to understand Ultimate is to watch it—
the basics of the game are immediately apparent.

40 yards	<ul style="list-style-type: none"> • The disc may only be advanced by throwing it. • A point is scored by catching the disc in the end zone. • Any contact between players is a foul. • Any incompletion is an immediate change of possession • Play is continuous until a point is scored • Players call all their own fouls.
	<div style="display: flex; justify-content: space-between; width: 100%;"> 25 yards 70 yards 25 yards </div>

Each team has 7 players on the field—substituting only between points. There is more running in Ultimate than any other team game. This years champions will play 7 of the best teams in the world in 4 days.

The Disc is what separates Ultimate from all team sports. The disc used is the Ultra-Star, a 175-gram sportdisc made by Discraft, Inc.

Offense

- **The Thrower** has ten seconds to throw, but a lot of fakes can happen in that 10 seconds. The two basic throws are the backhand and the forehand. The backhand is easier to learn because the back of the hand acts as a wind break during release. But the forehand has a shorter, quicker windup, and is actually more common in tournament play.
- **The Receiver's** job is just like in football. Look for cuts, fakes, buttonhooks, long breaks, and players dragging their feet to keep in bounds. In Ultimate, the first point of contact determines in bounds—not both feet.
- **Catching a disc** is really pretty easy—if you can get your hand on it, you can catch it. Spectacular diving catches are common, especially since the disc floats in the air so long.
- **Set Plays** are used by most teams at this level of the game, especially whenever play stops. The rest of the time teams use what's called flow offense, which is usually quite freeform and is guided, if at all, more by experience and field sense than by rules or principles.
- **Offensive styles** vary between teams. Some teams throw the disc upfield at every opportunity, while others swing the disc across the field before gaining yardage. Throwing straight upfield is more efficient—it takes fewer passes to score—but it requires harder throws.

Defense

- **Defenders** are governed by two rules; any contact between players is a foul, so the defender has to make each play clean or it doesn't count; any incomplete pass is a change of possession, so a knock-down is as good as an interception. Look for lots of spectacular diving blocks—the slightest change in the disc's flight can be the difference between a completion and a turnover.
- **The Marker** is the player guarding the thrower. Their goal is usually to deny one throw (either forehand or backhand) so that their teammates have less area to cover. The marker's ultimate goal is to block the throw (a "point block"), without letting the thrower "break the mark", i.e. make the throw the marker is trying to stop.
- **Person-to-person** is the most common defense—each defender covers one offensive player all over the field. This scheme varies with changes in the marker—most teams will either force the thrower towards the sideline (a "side trap") or towards the middle ("force middle").
- **Zone defense** is based on letting the offense swing the disc across the field, but blocking all the upfield throwing lanes. Most offenses try to go around a zone with lots of easy throws until the zone gets tired—or until the offense make a mistake. An alternative is to try to throw over the zone with a vertical throw called a hammer. This is more effective, but it's risky, especially in the wind.

Spirit of the Game

Perhaps the most striking feature of Ultimate is that it has always relies on players to make their own calls and to resolve disputes on the fields between themselves.

"highly competitive play is encouraged, but never at the expense of the bond of mutual respect between players, adherence to agreed-upon rules of the game, or the basic joy of play."

—The Official Rules of Ultimate

About the Men's Elite Division

- Atlanta** Chain Lightning won the South last year. This year while Miami is percolating in southern Florida, Chain is here in Chicago. After this tourney the lightning will be striking.
- Balt/Wash** Chesapeake - Baltimore pairs up with an ultimate power scene in Washington. The question arises...Can they squelch the Fire?
- Boston** Boston is standing tall in this year of northeast ultimate mixup. This powerhouse is in a strong position to dominate here and in the fall series.
- Chicago** The host team is footing the bill for the open division, an unprecedented act. This young team is hungry for experience and ready to play. They call themselves Z.
- Huntsville** Hello? You guys owe Stu a lifetime supply of beer. Stu you owe me a lifetime supply of beer. So lets get rid of the middleman.
- Madison** These dairy dudes played host to the World Championships last year, showing the world how to party. I hope they ate their cheddar for this show.
- Minneapolis** A perennial Midwest ultimate team. The Buddha Boys will need all the help they can get from Carlton in their quest for Midwest glory.
- New York** "Were not New York!" OK. These fellahs call themselves Leap of Faith. Their knuckles are dragging on the ground from all their National and World Championship rings. Heavy favorites after a European vacation.
- Philadelphia** A very strong contender from the Mid-Atlantic. This team always draws fresh blood from a competitive city summer league. Ring and Chesapeake need to watchout!
- Portland** Everyone wants to play the Rhino Slam. They're here to test their young blood against the best. This team carries heavy hitters from the Oregon College Championship team.
- Raleigh** Burning Ring of Fire is loaded with talent and speed. The Mid-Atlantic Champions are gearing up for the fall series. Can they out run the wolves at their heels?
- St.Louis** With their leaders gone fishing this team may be in for a surprise. But they're hot after an easy victory at the Cooler Classic and lust for a Midwest title.



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Dinner: Monday to Thursday, 4-11 pm

Friday 4-12 pm, Saturday 5-12 pm

Sunday 4-9:30 pm

About the Women's Division

San Francisco, CA "Felix"

Nothing Catty about their play! Hoping to bring their game to yet another level of perfection, the members of the 1993 national and world champion Maniac squad have combined with the best of Whirled Peas.

Boston, MA "Lady Godiva"

Smooth rich flow is their signature. Representing the finest ultimate in the northeast, these women were second at nationals and at worlds in 1993. Building on a solid foundation, 1994 could be their year.

Washington, D.C. "Lucy"

Certainly not the fossil!?! New players and new name, with seasoned veterans combine to rekindle the Ultimate flame.

Atlanta, GA "Ozone"

The Ozone aura certainly struck at Nationals 1993 when these women burned through pool play to make it to "semi's". They are intense, fun, and a force to be reckoned with.

Philadelphia, PA "Philly peppers"

Hot to play...These women were the first to respond to the call for teams. They are fired up and ready to add spice to each game they play.

Chapel Hill, NC "Grits"

Heading south? No need, Grits is here to give others a taste of their Ultimate. They're ready to serve it up on the field.

Ann Arbor, MI "Spike"

"We can rebuild them"
The \$6 million dollar team is ready to put their game (and their new knees) to the test. Given the chance, they'll grab that disc and "SPIKE" it!?!!

Madison, WI "Mudeaters"

Hosts of the highly successful 1993 World Championships, these players from the land of cheese prove that there's "gouda" ultimate in Madison.

Minneapolis, MN "Jane Air"

Perhaps the most up and coming team in the midwest, Jane Air enters the national scene with this tournament. Jane Air is focused and hopes to be in the season's epilogue in Lexington.

Chicago, IL "Terrible Thunder Lizards"

Straight from the Jurassic, these awesome predators are the new breed of women's ultimate in Chicago. "Why do we run? Because we are predators and we are hungry!"

Chicago, IL "Nemesis II"

"Sweet Home Chicago."
There are no blues for this team... Your humble hosts are psyched by the positive response to this tourney and hope to graciously crush their guests en route to finals.

Team X

As of the printing of this program, an unidentified team is making its way to the tournament...or so we hope...

Midwest Regional Ultimate Tournament

Oct. 13-16, 1994

**at the
Naperville Polo Club
Rt. 59 and 119th**

Special Thanks to
Ruth Loveless
Women's Coordinator

About the Men's Open Division

Bad Oscar From Bumble

A crew of crafty veterans from Chicago. Don't let them fool you. They're no longer gout ridden old men.-- They're Grand Master Flash!

Ann Arbor

Intellectuals from the mitten state. Just ask them, they'll show you exactly where they live (on their hand). Can they successfully take ultimate off the quad and onto the Polo ground? We'll see...

Cooler By The Lake

The Milwaukee boys finally made it to Chicago for a tournament. Don't write them off as simple cheeseheads. They're experienced players, cornfed, and dairy strong.

South Side

An up coming team from Chicago. These ex-U of C-ers and Northsiders almost went with a cool new name, but Adam got vetoed. If this is their "Alter Ego", we can't wait to see them party.

Ultimayhem

Michigan State University These party veterans came all the way from East Lansing. They may not look organized, but Ultimayhem is a force to be reckoned with.

Underdog

Columbus, OH When you play them, the score is tight. They'll argue when they're right. If you snap back they just might bite. They'll party with you all the night. They're Underdog, Underdog speed of defense, power of hammers, doing shotguns, pounding slammers, Underdog! (Sung to the tune, of course.)

Frostbite

What this brand new team from Chicago lacks in experience, they make up for in enthusiasm. Don't underestimate them. They're cool under pressure and always finish strong at the party.

Pittsburgh

We'd be much more witty if we knew they're name. For now, they're an unknown quantity. Could be Guinness, could be Schaffer...see you on the field.

Team Scratch

Sounds mighty suspicious to me...A conglomeration of Chicago and suburban athletes with some Bostonians thrown in for seasoning. What was that about Babson Beaver Fever, Kip?

Team Michigan

Again, we'd know more...if we knew their name. A team from all over Michigan. Could be Night Train rising from the ashes like a phoenix Could be a train wreck.

Team Ohio

Don't panic! These guys say it's a whole new team and a whole new game. Yeah, right. Soon enough you'll follow the host women's team's example and come back as "Panic II"!

Team Ole

A new team arose from the vast cornfields of Iowa saying, "If you host it, we will come."

*Come into the city
For the Party at the*



Saturday
the Ultimate party

DATE SEPT. 17

BANDS HOT LOCAL ACTS!

COMPLIMENTARY ADMISSION FOR TWO WITH THIS INVITATION

Free Draft Beer from 9-11 pm

959 W. BELMONT - CHICAGO - 472-3020



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GAME FORMAT

Field maps and assignments are available at the Tent.

MEN'S ELITE

WOMEN'S

MEN'S OPEN

A Pool

- 1 Boston
- 2 Portland
- 3 Philadelphia
- 4 St. Louis
- 5 Atlanta
- 6 Minneapolis

B Pool

- New York
- Chicago
- Raleigh
- Balt/Wash
- Madison
- Huntsville

A Pool

- 1 Boston
- 2 Nemesis II
- 3 Lucy
- 4 Philly Peppers
- 5 Jane Air
- 6 Team X

B Pool

- Felix
- Ozone
- Grits
- Spike
- Mudeaters
- Thunder Lizards

A Pool

- 1 Team Ohio
- 2 Team MI
- 3 South Side
- 4 Cooler
- 5 Ultimayhem
- 6 Scratch

B Pool

- Pittsburgh
- Underdog
- Bad Oscar
- Ann Arbor
- Team Ole'
- Frostbite

Saturday

Round 1 9am

- 1-6
- 2-5
- 3-4

Round 2 11:30am

- 1-3
- 2-6
- 4-5

Round 3 2pm

- 1-5
- 2-4
- 3-6

Round 4 4:30pm

- 1-2
- 3-5
- 4-6

Sunday

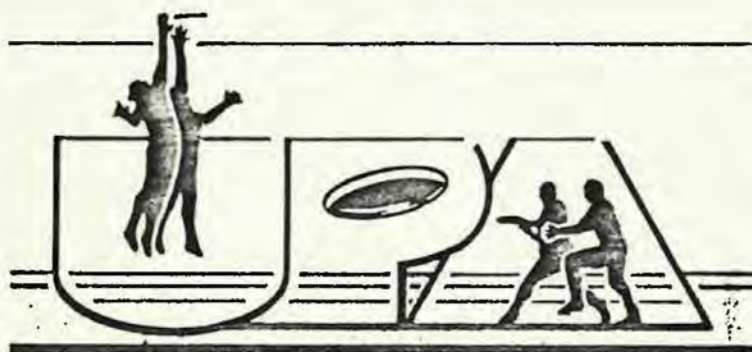
Round 5 9am

- 1-4
- 2-3
- 5-6

Semis noon

A1	
B2	
B1	
A2	
A3	
B4	
B3	
A4	
A5	
B6	
B5	
A6	

Finals 3pm



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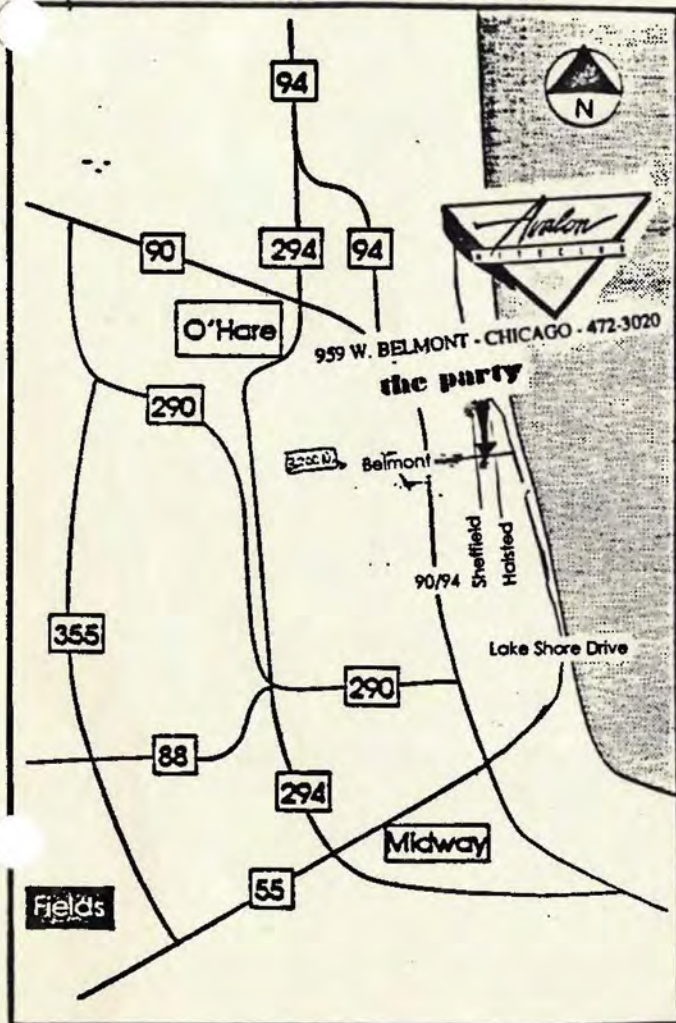


Sketch field maps

here
↙



Map to downtown "fest"



Thanks for coming!
Lynne +
Barrett ☺

Thanks to our Supporters



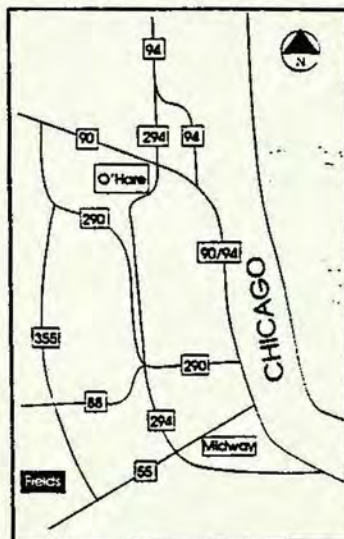
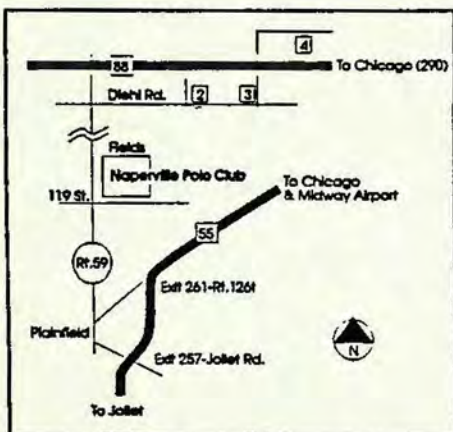
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**Chicago Ultimate Invitational
Tune-up!
Sept. 17-18, 1994**

Directions to the Naperville Polo Club:
Take 290 west to 188 west. Exit at Rt. 59.
Go south (9.5 miles) to 119th St. Go left to
fields.