

7th Tune-Up Invitational



at the

Naperville Polo Club

Just east of Rt. 59 on 119th St.

Sept. 9 & 10, 2000

9 am - 6 pm

Welcome to the 7th Annual Tune-Up Invitational!

For most of you it's a return trip, and we are certainly thankful for your support each year. As you have seen over the years, our once remote corner of the world is being engulfed by the growing communities to the north and south of us. We love our fields, and we want to be good neighbors. This year we have been asked to secure permits from fire, health, police, and the county. People have been very helpful along the way...now it's up to us. You will notice that we will be checking I.D.s for beer. As in year's past, we asked that you respect the law - in Illinois the drinking age is 21. We ask the same again this year. We have pop (soda for you east coasters) and water for anyone who is under 21 and/or who is driving. The sheriff's department and the health department will definitely be stopping by in the evening. Be friendly & helpful!

As with any major event, there are people to thank...here's a quick list - Naperville Convention and Visitors Bureau (1500 water bottles + hotel help), Goose Island Brewery (beverage donation), Discraft (game discs), UPA (insurance & forms), Midwest Land Company (trucks & more), the Naperville Polo Club (great space), Spaghetti Warehouse (captain's meeting + dinner at fields), and Nemesis women's and Chicago men's teams (field crew)! Special thanks to Sally and Scott, without whose support this tourney wouldn't happen!

Enjoy! - Cola, Lynne, and Adam

P.S. Pull out the rumor weed. There will be an 8th Annual Tune-Up - here, next year.

Under the main tent you will find:

- Bagels
- Bananas
- Coffee (in the morning only)
- Programs
- Field assignments
- Trainers
- Merchandise for sale

Bill Hughes - Tune-Up Trainer Extraordinaire

Will be available for taping and assisting with injuries

Saturday 8 am - 6 pm

Sunday 8 am - 5 pm

This is his 7th year with us! Next year maybe we'll put him on the shirt! He is the best - trainer and friend!

No public phones are available at the fields! Sorry! The nearest phones are at the gas station at Rt. 59 and 111th.

WATER

We will try and bring water to the fields during the day.

Take 6 gallons to start. Return jugs to the refill area by the flag pole at the end of the day or take them with you to refill.

TRASH

Is our biggest problem. Flatten boxes and crush plastic. Dumpsters are by the cars for your carry off convenience.

Neuqua Valley High School Interact Service club will have snacks and sack lunches for sale in the Club House.

Spaghetti Warehouse lasagna and pasta dinner - \$6
Have dinner at the fields with us!

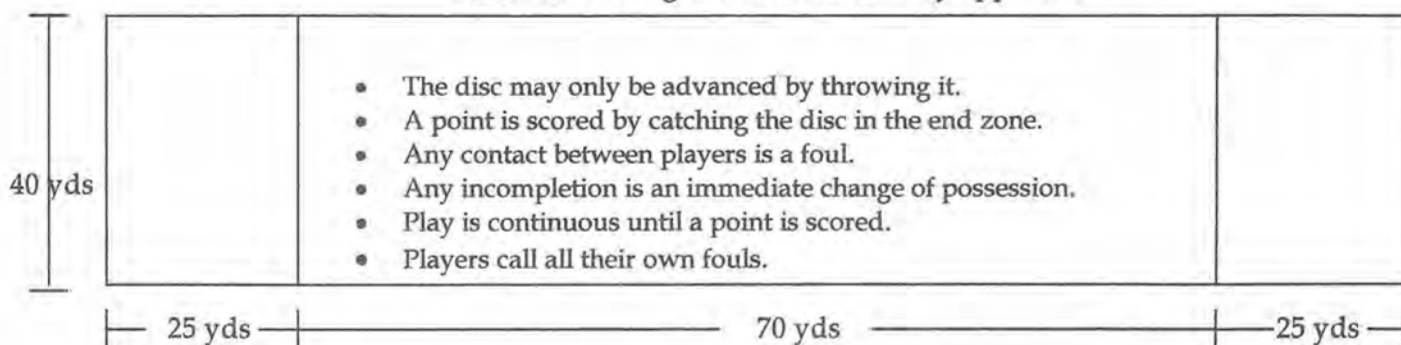
Food

The legal drinking age in Illinois is 21 years old. Your compliance with the law is necessary to insure a safe, repeatable event. IDs will be checked at the beer serving station. We reserve the right to restrict service to anyone, who in our opinion, has had "too many".

Pop & water are available to designated drivers as well as under-21 year-olds from 6 -9 pm.

Spectator's Guide

The easiest way to understand ultimate is to watch it-
the basics of the game are immediately apparent.



Each team has 7 players on the field - substituting only between points. There is more running in Ultimate than any other team game. This year's champions will play 7 of the best teams in the world in 2 days.

The Disc is what separates Ultimate from all team sports. The official discs of the Tune-Up Invitational is the 175 gram Ultra-Star by Discraft, Inc

Offense

- The Thrower has ten seconds to throw, but a lot of fakes can happen in that 10 seconds. The two basic throws are the backhand and the forehand. The back-hand is easier to learn because the back of the hand acts as a wind break during release. The forehand has a shorter, quicker windup, and is actually more common in tournament play.
- The Receiver's job is just like in football. Look for cuts, fakes, buttonhooks, long breaks, and players dragging their feet to keep in bounds. In Ultimate, the first point of contact determines in bounds - not both feet.
- Catching the disc is really pretty easy-if you can get your hand on it. Spectacular diving catches are common, especially since the disc floats in the air so long.
- Set Plays are used by most teams at this level of the game, especially whenever play stops. The rest of the time teams use what's called flow offense, which tends to be guided by experience and field sense.
- Offensive styles vary between teams. Some teams throw the disc up field at every opportunity, while others swing the disc across the field before gaining yardage. Throwing up the field is more efficient-it takes fewer passes to score-but it requires harder throws.

Defense

- Defenders are governed by two rules: 1) any contact between players is a foul, and 2) any incomplete pass is a change of possession, (so a knock-down is as good as an interception.) Look for lots of spectacular diving blocks-the slightest change in the disc's flight can be the difference between a completion and a turnover.
- The marker is the player guarding the thrower. Their goal is usually to deny one throw (either forehand or backhand) so that their teammates have less area to cover. The marker's ultimate goal is to block the throw (a "point block"), without letting the thrower "break the mark", i.e. make the throw the marker is trying to stop.
- Person-to-person is the most common defense-each defender covers one offensive player all over the field. This scheme varies with changes in the marker-most teams will either force the thrower towards the sideline (a "side trap") or towards the middle.
- Zone defense is based on letting the offense swing the disc across the field, but blocking all the up field throwing lanes. Most offenses try to go around a zone with lots of easy throws until the zone gets tired-or until the offense makes a mistake. An alternative is to try to throw over the zone with a vertical throw called a hammer, an effective but risky throw into the wind.

Spirit of the Game

Perhaps the most striking feature of Ultimate is that it has always relies on players to make their own calls and to resolve disputes on the fields between themselves.

"highly competitive play is encouraged, but never at the expense of the bond of mutual respect between players, adherence to agreed-upon rules of the game, or the basic joy of play."

-The Official Rules of Ultimate

Women's Division

	Pool A	Pool B	Pool C	Pool D	Pool E
1	Lady Godiva (MA)	Fury (CA)	Bnogo (DC)	Juice (DC)	Syzygy (MN)
2	Riot (Verge) (WA)	Rare Air (CO)	Madison Women (WI)	Weird Alice (TX)	GLU (MN)
3	Ozone (GA)	Nemesis (IL)	WORM (CO)	Jane Air (MN)	Clevedge (OH)
4	BackHoe (NC)	Philly Peppers (PA)	Luna (DC)	Chicago (IL)	Saucy Nancy (IA)
5	Heroine (CA)	Twister (MA)	Clutch (MI)	Womb (ND)	Wash U (MO)
6			Catshit (PA)	Betty (KS)	Calamity Jane (IN)

Women		Pool A	Pool B		Pool C		Pool D		Pool E	
		Field #	Field #			Field #		Field #		Field #
Round 1	1 v 5	1	13	Round 1	Bye		D1 v D5	3	E1 v E5	6
9-10:15	2 v 4	2	12	9-10:15	Bye		D2 v D4	4	E2 v E4	7
	3 bye				Bye		D3 v D6	5	E3 v E6	8
Round 2	1 v 2	1	13	Round 2	C1 v C5	3	Bye		E1 v E3	6
10:35-11:50	3 v 4	2	12	10:35-11:50	C2 v C4	4	Bye		E2 v E5	7
	5 bye				C3 v C6	5	Bye		E4 v E6	8
Round 3	2 v 3	2	12	Round 3	C1 v C3	3	D1 v D3	6	Bye	
12:10-1:25	4 v 5	1	13	12:10-1:25	C2 v C5	4	D2 v D5	7	Bye	
	1 bye				C4 v C6	5	D4 v D6	8	Bye	
Round 4	1 v 3	2	12	Round 4	C1 v C6	5	D1 v D6	8	E1 v E6	9
1:40-2:55	2 v 5	1	13	1:40-2:55	C2 v C3	3	D2 v D3	6	E2 v E3	10
	4 bye				C4 v C5	4	D4 v D5	7	E4 v E5	11
Round 5	1 v 4	2	12	Round 5	C1 v C2	3	D1 v D2	6	E1 v E2	9
3:25-4:40	3 v 5	1	13	3:25-4:40	C3 v C4	4	D3 v D4	7	E3 v E4	10
	2 bye				C5 v C6	5	D5 v D6	8	E5 v E6	11
Round 6	bye	bye	bye	Round 6	C1v C4	3	D1v D4	6	E1v E4	9
5:00-6:15				5:00-6:15	C2 v C6	5	D2 v D6	8	E2 v E6	11
					C3 V C5	4	D3 V D5	7	E3 V E5	10

	Pool A	Pool B
Place after Pool Play	1	1
	2	2
	3	3
	4	4
	5	5

	Pool C	Pool D	Pool E
1	1	1	
2	2	2	
3	3	3	
4	4	4	
5	5	5	
6	6	6	

The top 4 finishers in Pools A & B enter the Championship Quarterfinal bracket.

The top 5th place finishers in Pools A & B, the top 4 finishers in Pool C, and the winners of the D & E play for 9th place.

Pool C's 5th and 6th place teams join #2, 3, 4 from Pools D & E and play to 17th place.

Pool E & F's 5th and 6th place teams play semi's and finals against each other.

Women's Division

Continued from previous page.

Championship (A)	
Place after reseeding	1 (A1)
	2 (B1)
	3 (A2)
	4 (B2)
	5 (A3)
	6 (B3)
	7 (A4)
	8 (B4)

9th Place (B)	
Place after reseeding	1 (A5)
	2 (B5)
	3 (C1)
	4 (C2)
	5 (D1)
	6 (E1)
	7 (C3)
	8 (C4)

17th Place (C)	
Place after reseeding	1 (B5)
	2 (B6)
	3 (D2)
	4 (E2)
	5 (D3)
	6 (E3)
	7 (D4)
	8 (E4)

25th Place	
Place after reseeding	1 (D5)
	2 (E5)
	3 (D6)
	4 (E6)

Note: Teams are renamed according to their placement in the charts above. They then play quarters, semis, and finals as listed below.

Sunday's Play

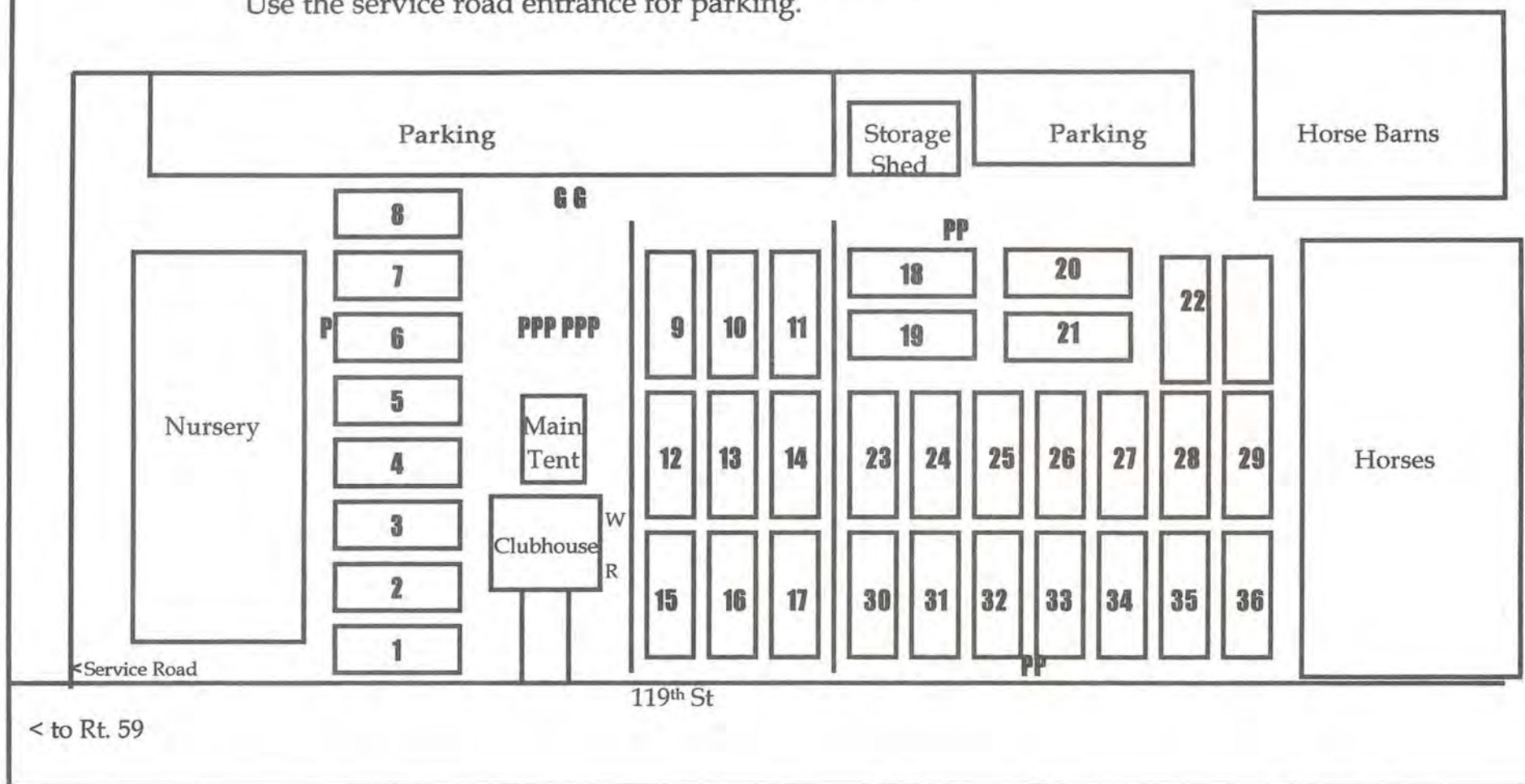
	Championship Field #	B Division Field #	C Division Field #	D Division Field #
Round 1 9-10:15	bye bye bye bye	L B1 v B8 1 M B2 v B7 3 N B3 v B6 4 O B4 v B5 2	P C1 v C8 7 Q C2 v C7 6 R C3 v C6 5 S C4 v C5 8	D1 v D4 11 D2 v D3 10
Round 2 10:30-11:50	W A1 v A8 12 X A2 v A7 13 Y A3 v A6 9 Z A4 v A5 10	WL v WO 1 WM v WN 3 LL v LO 2 LM v LO 4	WP v WS 7 WQ v WR 6 LP v LS 8 LQ v LR 5	D Finals 11
Round 3 12:30-1:50	WW v WZ 12 WX v WY 13 LW v LZ 10 LX v LY 9	B Finals 1	C Finals 7	
Round 4 3-4:30	A Finals 12			



All pool play, quarter, and semi-final games are to 13 points. (Finals are to 15 pts.) The 20yd brick rule is in effect. Play the disc where it lands in the endzone off a pull. Two time-outs per game. Men's games have NO half-time. Women's games have a very short half-time. Mirror at half. Cap: Add 1 to the highest score and play to that score. If you are up by 4 or more, game over. Note: the cap goes on at the end of the last point.

Field Maps : Team field Assignments can be found on the Schedule Page of this Program.
Any changes to field assignments will be posted in the tent.

Please don't park on 119th Street, as cars may be ticketed.
Use the service road entrance for parking.



Field Assignments will change on Sunday due to
Quarterfinal play. See the Sunday Schedule at the tent.

P = Port-o-lets W = water R = refill hose G = Garbage Bins

Co-Ed Division

Format A will be used if 5 teams are present. Format B will be used if 6 teams are present.

- 1 Springfield (IL)
- 2 Full Tilt (IL)
- 3 SPUN (IL)
- 4 Bradley (IL)
- 5 Thunder Chickens (OH)
- 6 Team 6

Format A		Field #
Round 1		
9-10:15	1 v 5	14
	2 v 4	23
Round 2	3	
10:35-11:50	1 v 4	14
	2 v 3	23
Round 3	5	
12:10-1:25	1 v 3	14
	4 v 5	23
Round 4	2	
1:40-2:55	1 v 2	23
	3 v 5	14
Round 5	4	
3:25-4:40	bye	
	bye	
Round 6		
5:00-6:15	2 v 5	12
	3 v 4	13
	1	

New Seeding	1
	2
	3
	4
	5

Sunday		Field #
Round 1	bye	
Round 2	2 v 3	
10:35-11:50	4 v 5	14
Co-Ed Championship		23
12:30-1:50	1 v (W2v3)	14

Format B		Field #
Round 1	1 v 5	14
9-10:15	2 v 4	23
	3 v 6	19
Round 2	1 v 4	14
10:35-11:50	2 v 3	23
	5 v 6	19
Round 3	1 v 3	14
12:10-1:25	4 v 5	23
	2 v 6	19
Round 4	1 v 2	14
1:40-2:55	3 v 5	19
	4 v 6	23
Round 5	bye	
3:25-4:40	bye	
	bye	
Round 6	2 v 5	1
5:00-6:15	3 v 4	13
	1 v 6	12

New Seeding	1
	2
	3
	4
	5
	6

Sunday		Field #
Round 1	bye	
Round 2	1 v 4 (A)	14
10:35-11:50	2 v 3 (B)	23
	5 v 6	24
Co-Ed Championship		
12:30-1:50	Winner A v	14



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Men's A Division

	Pool A	Pool B	Pool C	Pool D
1	DoG (MA)	Sub Zero (MN)	Ring of Fire (NC)	Houndz (TX)
2	Chicago (IL)	CBASS (DC)	Boulder Ultimate (CO)	Madison Ultimate (WI)
3	Sockeye (WA)	Undertow (FL)	KCU (KS)	Philly (PA)
4	No Mas (NJ/PA)	Peligro (CA)	Medicine Men (MD)	Valhalla (CA)

	Pool A	Field #	Pool B	Field #	Pool C	Field #	Pool D	Field #
Round 1	A1 v A3	15	B1 v B3	17	C1 v C3	31	bye	
9-10:15	A2 v A4	16	B2 v B4	30	C2 v C4	32	bye	
Round 2	A1 v A4	15	B1 v B4	17	bye		D1 v D3	31
10:35-11:50	A2 v A3	16	B2 v B3	30	bye		D2 v D4	32
Round 3	A1 v A2	16	bye		C1 v C4	17	D1 v D4	31
12:10-1:25	A3 v A4	15	bye		C2 v C3	30	D2 v D3	32
Round 4	bye		B1 v B2	15	C1 v C2	17	D1 v D2	31
1:40-2:55	bye		B3 v B4	16	C3 v C4	30	D3 v D4	32
Place after 3 rounds	1		1		1		1	
	2		2		2		2	
	3		3		3		3	
	4		4		4		4	

Men's Pools are reseeded- the Top 2 from each form the Championship Division (Pools A & B below).

Top 2 of the B Division challenge the third and fourth place finishers in the A Division for 9th place (Pools C, D,E and F-next page)

	Pool A	Pool B
New Seeding	1	1
	2	2
	3	3
	4	4

	Championship Division			
		Field #		Field #
Round 5	A1 v A4	15	B1 v B4	17
3:25-4:40	A2 v A3	16	B2 v B3	30
Round 6	A1 v A3	15	B1 v B3	17
5:00-6:15	A2 v A4	16	B2 v B4	30

Sunday	Championship Division			
Round 1		Field #		Field #
9-10:15	bye		bye	
Round 2	A1 v A2	15	B1 v B2	17
10:35-11:50	A3 v A4	16	B3 v B4	30
Round 3	A1 v B2	15		
12:30-1:50	B1 v A2	16		
Round 4	Finals	15		
3-4:30				

MIDWEST LAND

PROPERTY MANAGEMENT

630-420-4000

5 s Sherman Ave. Naperville, IL 60563

Men's B Division

	Pool A	Pool B	Pool C	Pool D
1	Frau (MI)	Heartland (OH)	Chain (GA)	Route 66 (MO)
2	Leadbelly (OH)	Trout (MA)	Shake (IN)	Smoke (CA)
3	Tanasi (TN)	Money \$hot (MN)	Union Crew (IL)	Cuyahoga Sheet Metal (MI)
4	Carleton (MN)	Swank (MN)	Hodags (WI)	Chicago Masters (IL)

	Pool A	Field #	Pool B	Field #	Pool C	Field #	Pool D	Field #
Round 1	A1 v A3	24	B1 v B3	26	C1 v C3	20	bye	
9-10:15	A2 v A4	25	B2 v B4	27	C2 v C4	21	bye	
Round 2	A1 v A4	24	B1 v B4	26	bye		D1 v D3	20
10:35-11:50	A2 v A3	25	B2 v B3	27	bye		D2 v D4	21
Round 3	A1 v A2	25	bye		C1 v C4	26	D1 v D4	20
12:10-1:25	A3 v A4	24	bye		C2 v C3	27	D2 v D3	21
Round 4	bye		B1 v B2	24	C1 v C2	26	D1 v D2	20
1:40-2:55	bye		B3 v B4	25	C3 v C4	27	D3 v D4	21
Place after 3 rounds	1		1		1		1	
	2		2		2		2	
	3		3		3		3	
	4		4		4		4	

1 and 2 from the B Division pools advance to the 9th place pool with 3 and 4 from the A Division.
3 and 4 from the B Division play in the 24th place pool with 1 and 2 from the C Division.

A Division Reseeding (continued)

	Pool C	Pool D	Pool E	Pool F
New Seeding	1	1	1	1
	2	2	2	2
	3	3	3	3
	4	4	4	4

	Field #	Field #	Field #	Field #
Round 5	C1 v C4 31	D1 v D4 33	Round 5	E1 v E4 24
3:25-4:40	C2 v C3 32	D2 v D3 34	3:25-4:40	E2 v E3 25
Round 6	C1 v C3 31	D1 v D3 33	Round 6	E1 v E3 24
5:00-6:15	C2 v C4 32	D2 v D4 34	5:00-6:15	E2 v E4 25

Sunday	Field #	Field #	Field #	Field #
Round 1				
9-10:15	C1 v C2 31	D1 v D2 33	9-10:15	E1 v E3 24
	C3 v C4 32	D3 v D4 34		E3 v E5 25
Round 2	C1 v E1 31			
10:35-11:50	D1 v F1 32			
Round 3	9th Place 17			
12:30-1:50				

Men's C Division

	Pool A	Pool B	Pool C	Pool D
1	Cincinnati (OH)	HoosierMamas (IN)	Cooler by the Lake (WI)	unWanted (IA)
2	SallaD (TX)	ihuc (IA)	isuc (IA)	Villians (GA)
3	Ultimate Feeling (MI)	Papal Rage (IN)	RedRum (IL)	Swarthmore Earthworms
4	Cornfed (NE)	Fresh Jive (MO)	Nerve (ON)	The Wing (NE)

	Pool A		Pool B		Pool C		Pool D	
		Field #		Field #		Field #		Field #
Round 1	A1 v A3	33	B1 v B3	35	C1 v C3	28	bye	
9-10:15	A2 v A4	34	B2 v B4	36	C2 v C4	29	bye	
Round 2	A1 v A4	33	B1 v B4	35	bye		D1 v D3	28
10:35-11:50	A2 v A3	34	B2 v B3	36	bye		D2 v D4	29
Round 3	A1 v A2	34	bye		C1 v C4	35	D1 v D4	28
12:10-1:25	A3 v A4	33	bye		C2 v C3	36	D2 v D3	29
Round 4	bye		B1 v B2	33	C1 v C2	35	D1 v D2	28
1:40-2:55	bye		B3 v B4	34	C3 v C4	36	D3 v D4	29
Place after 3 rounds	1		1		1		1	
	2		2		2		2	
	3		3		3		3	
	4		4		4		4	

1 and 2 from the C division advance to the Championship B Division with 3 and 4 from the B Division pools. (below)

Third and fourth place finishers of the men's C division play the C division championship. (See next page).

B Division Reseeding

	Pool A	Pool B	Pool C	Pool D
New Seeding	1	1	1	1
	2	2	2	2
	3	3	3	3
	4	4	4	4

		Field #		Field #		Field #		Field #
Round 5	A1 v A4	22	B1 v B4	20	C1 v C4	35	D1 v D4	28
3:25-4:40	A2 v A3	37	B2 v B3	21	C2 v C3	36	D2 v D3	29
Round 6	A1 v A3	22	B1 v B3	20	C1 v C3	35	D1 v D3	28
5:00-6:15	A2 v A4	37	B2 v B4	21	C2 v C4	36	D2 v D4	29

Sunday								
Round 1		Field #		Field #		Field #		Field #
9-10:15	A1 v A2	22	B1 v B2	20	C1 v C3	35	D1 v D3	28
	A3 v A4	37	B3 v B4	21	C3 v C5	36	D3 v D5	29
Round 2	A1 v C1	22						
10:35-11:50	B1 v D1	37						
Round 3	B Champion							
12:30-1:50		22						

Men's C Division - continued

Third and fourth place finishers of the men's C division play the C division championship.

	Pool A	Pool B
New Seeding	1	1
	2	2
	3	3
	4	4

Saturday		Field #		Field #
Round 5	A1 v A4	18	B1 v B4	14
3:25-4:40	A2 v A3	19	B2 v B3	23
Round 6	A1 v A3	18	B1 v B3	14
5:00-6:15	A2 v A4	19	B2 v B4	23

Sunday		Field #		Field #
Round 1	A1 v A2	18	B1 v B2	14
9-10:15	A3 v A4	19	B3 v B4	23
Round 2	A1 v B2	19		
10:35-11:50	B1 v A2	18		
Round 3	C Champ	19		
12:30-1:50				

Quick Facts:

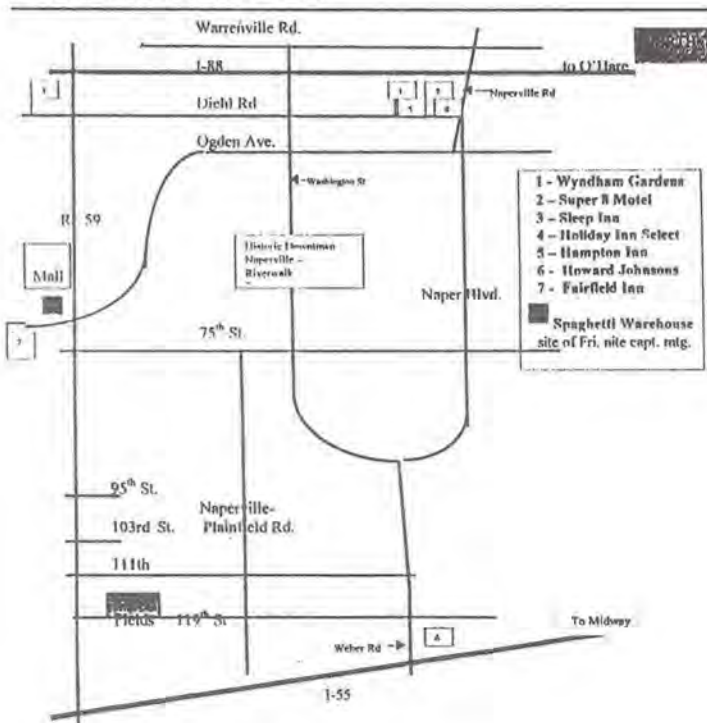
History:

Started in 1994 to give National level teams in the men's and women's divisions an opportunity to play each other before entering the UPA national qualifying series. In many ways, Tune-Up has become a kick-off to the fall series, as teams test their strengths and discover their weaknesses against a highly competitive field. Sectional tournaments are in the next two weeks. Qualifiers move on to Regionals and finally to Nationals. The UPA National tournament will be held in Sarasota, FL the last weekend in October.

Growth:

1994 - 35 teams (11 women's and 24 men's teams)
2000 - 82 teams (28 women's, 48 men's, 6 co-ed teams)

Maps: Count on a 40 mile drive from O'Hare or Midway to the Naperville area. From O'Hare, take 190 east to 294 south to I-88 west to Naperville Rd. From Midway, take Cicero north to I-55 south to Weber Rd. north. (Weber Rd. north will lead you to Washington St. Continue north to hotels.)



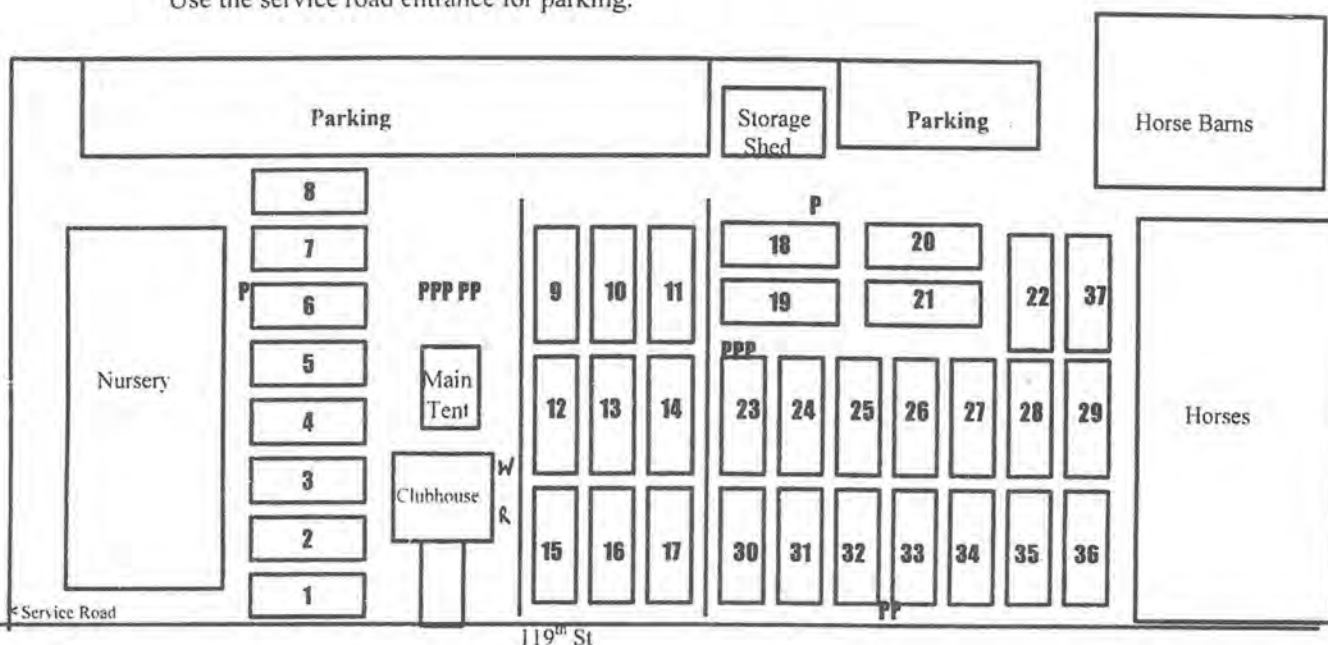
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Field Maps : Team field Assignments can be found on the Schedule Page of this Program.
Any changes to field assignments will be posted in the tent.

Please don't park on 119th Street, as cars may be ticketed.
Use the service road entrance for parking.



< to Rt. 59

All pool play, quarter, and semi-final games are to 13 points. (Finals are to 15 pts.) The 20yd brick rule is in effect. Play the disc where it lands in the endzone off a pull. Two time-outs per game. Men's games have NO half-time. Women's games have a very short half-time. Mirror at half. Cap: Add 1 to the highest score and play to that score. If you are up by 4 or more, game over. Note: the cap goes on at the end of the last point.

SISAI

This Chicago based band plays Peruvian music at festivals across the midwest. Enjoy their music tonight at the fields from 6-9 pm.

CDs are available for purchase.



The Official Restaurant
of the 2000
Tune-Up Invitational

Spaghetti Warehouse celebrates 5 years with Tune-Up!
An ultimate match-up, stop in for a veggie or meaty meal!

Located on Ogden Ave., just west of Rt. 59.