



AND CONVENTION

**EVENT GUIDE \$2**

# HOW BADLY DO YOU WANT IT?



Photo by Alex Fraser/UltiPhotos

**THE GEAR THAT ATHLETES WEAR.  
ONLY THE BEST. ONLY VC.**





## AND CONVENTION

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# STAFF

Event staff will be wearing yellow “volunteer” shirts. If they can’t answer your questions, they can point you to one of the following people in to help you out:

## LOCAL ORGANIZING COMMITTEE STAFF

Tournament Director – Bruce Mebust  
Volunteer Coordinators – Jake McKean & Chris Dascalos  
Hospitality Coordinator – Brock Stevens  
Head Scorekeeper – Josh Axzen  
Head Statkeeper – Adam Jacobson  
Assistant Scorekeeper – Mike Helmecki  
Convention Liaison & Assistant Scorekeeper – Seija Stratton  
Local Media Coordinator – Cora Schoenbauer  
Transportation & Admission Coordinator – Sam Torgerson  
Youth Liaison – Ashley Green

## USA ULTIMATE STAFF

Chief Executive Officer – Dr. Tom Crawford  
Managing Director, Competition and Athlete Programs – Will Deaver  
Manager, Competition and Athlete Programs – Ernest Toney  
Manager, Competition and Athlete Programs – Ty Krajec  
Manager, Competition and Athlete Programs – Baker Pratt  
Manager, Education and Youth Programs – Mike Lovinguth  
Manager, Events – Byron Hicks  
Manager, Events – David Raflo  
Director, Membership and Sport Development – Melanie Byrd  
Manager, Membership and Sport Development – Rebecca Simeone  
Manager, Membership and Sport Development – Ryan Gorman  
Manager, Membership and Sport Development – Josh Murphy  
Director, Marketing and Communications – Andy Lee  
Manager, New Media – Matthew Bourland  
Manager, Communications and Publications – Stacey Waldrup  
Manager, Administration and Finance – Julia Echterhoff  
Manager, Finance and Administration – Ethan Taylor-Pierce  
National Men’s Director – Adam Goff  
National Mixed Director – Dave Klink  
National Women’s Director – Remy Schor

## USA ULTIMATE BOARD OF DIRECTORS

Mike Payne, President – At-Large Representative  
Gwen Ambler, Vice President – At-Large Representative  
DeAnna Ball, Secretary – At-Large Representative  
Kathy Hendrickson, Treasurer – Mid-Atlantic Representative  
Mike Kinsella, Secretary – Central Representative  
Ben Slade – South Representative  
Stephen Hubbard – Southwest Representative  
Brian Garcia – Athlete Representative  
Henry Thorne – At-Large Representative  
Mary Clare Brennan – At-Large Representative  
Sandy Park – At-Large Representative  
Val Belmonte – At-Large Representative

## OBSERVERS

Mitch Dengler (Head Observer), Hank Cary, Kyle Devries, Glen Ford, Stephen Hubbard, Dan Hunt, Josh Hyde, Mike Kinsella, Linda Kudo, Callum Lamb, Laura Meyer, Jacob Nuxoll, Shiellah Quintos, Brad Tinney, Warren Wells, Daniel Wong, Sam Wood

## SPECIAL THANKS

Minnesota Youth Ultimate  
National Sports Center  
Embassy Suites Minneapolis North  
Minneapolis Northwest Convention & Visitors Bureau  
City of Blaine, Minnesota  
Discraft  
Surly

# USA ULTIMATE WELCOME

USA Ultimate would like to extend a warm welcome to athletes, coaches, convention attendees, fans and all participants of the 2014 U.S. Open Ultimate Championships and Convention. This one-of-a-kind ultimate event is a celebration of our organization's mission, with a special focus on enhancing and promoting community, character and competition. You will no doubt find all three in the Twin Cities this week, as top teams and ultimate enthusiasts from the local community and all over the world come together to learn from each other, compete and showcase the best of the sport. We also re-organized this year's program, with competition now occurring in the morning and convention sessions in the afternoon. This is an attempt to give more athletes and coaches the opportunity to attend the sessions and learn and grow while also competing at the highest level.

The 2014 U.S. Open Championship is the kickoff event of USA Ultimate's Triple Crown Tour (TCT) season for many teams. The top four Pro Flight teams from each of the men's, mixed and women's divisions will be facing off against each other and a field of top international teams as well as other Pro and Elite flight teams looking to start their 2014 seasons with a bang. Each will be in the hunt for a U.S. Open Championship which comes with a \$2,000 cash prize and brings teams one step closer to winning the Triple Crown, a feat accomplished by winning the U.S. Open, TCT regular season and National Championships.

This year's U.S. Open builds on the international flavor of the event with two great teams from the United Kingdom in attendance (welcome!), in addition to teams from returning countries Canada and Colombia, and through an event partnership with our sport's international governing body, the World Flying Disc Federation (WFDF). We are continuing to build on opportunities created by WFDF's recognition by the International Olympic Committee (IOC). WFDF President Robert "Nob" Rauch stated, "WFDF welcomes this recognition to join the Olympic family, and we confirm the commitment of the flying disc community to the ideals set out in the Olympic Charter. Our strong value of "spirit of the game" on the field of play and off of it has always reflected these principles. This recognition by the IOC is a very important milestone for flying disc sports and should greatly support our grassroots development programs in countries around the world, opening the door for our members to seek their own National Olympic Committee recognition." Come to Thursday's nights welcome session at the Embassy Suites to hear about how the sport is continuing to build on this important international relationship.

The convention schedule promises attendees a wealth of information on topics ranging from building youth programs to team development to coach training to building and sustaining programs for girls, all from a slate of presenters including Olympians, world and national championship coaches, league organizers and other industry experts. Check out the schedule to see what's available from amongst the fun list of sessions.

So, after a morning of great competition, everyone is invited to learn from each other in the "classroom." The unique set-up

of the National Sports Center (NSC) is perfect for our event, as these educational sessions (with the exception of the keynote kick-off which will be at the headquarters hotel), will be held on-site at the NSC.

USA Ultimate is proud to again have ESPN, the worldwide leader in sports, as its broadcast partner for the U.S. Open and National Championships. Through its online platform, ESPN3, millions of sports fans around the world will have access to live semifinal and finals coverage from the U.S. Open. This partnership brings with it an opportunity to continue building unprecedented visibility for the sport. We are also excited to be partnering with NexGen to provide live online coverage of early tournament action. By showcasing ultimate's top players' and teams' athleticism, skill and sportsmanship, we will be creating positive awareness for the sport that will help lay the foundation for future growth.

When it comes to growth, it's all about local disc organizations and their ability to provide instruction and create playing opportunities for players of all ages, but especially for youth. Minnesota Youth Ultimate, a USA Ultimate Affiliate, has been both active and successful in this respect. Through its own programs and USA Ultimate's Learn to Play program, Minnesota Youth Ultimate (MYU) has been instrumental in growing youth ultimate across the state. Now, as the host organization for the 2014 U.S. Open, MYU is not only organizing an incredible event, they are laying a groundwork for continued growth of the sport, both locally and beyond. USA Ultimate is excited to continue this partnership with MYU and other local disc organizations as we build and develop a vibrant national and global ultimate community.

We are glad you are here and hope you will take advantage of all there is to experience. Thursday features exciting competition all day, followed by the kick-off keynote address at the headquarters hotel, with some very special announcements! Don't miss this! Friday continues the on-field action, followed by a showcase game with free on-site dinner for all teams and convention attendees, integrated into a family oriented community sports event with over 8,000 attendees expected. The evening will include a welcome from the mayor of Blaine and an introduction of the U.S. Open teams to the crowd in the stadium, as well as a fireworks show immediately following the professional soccer game that will take place right beside our showcase game. Saturday includes not only ESPN-broadcast semifinal action, but also a catered dinner for athletes and conventioners at the fields and an exclusive post-competition, after-hours party at a huge recreation center with laser-tag, bowling, hundreds of games, a DJ-driven dance floor and two bars. And of course, everyone should come out to the finals on Sunday!

Once again, welcome to the event. Please be safe and respectful in all you do, on and off the field. Have a great time, leave a great impression on the city and help us show off the best of the sport to the world.

Tom Crawford, CEO, USA Ultimate  
Will Deaver, Managing Director – Competition and Athlete Programs

OFFICIAL PHOTOGRAPHY  
for  
U S A U l t i m a t e



photography   graphic design   website   video



[cbmtultimate.com](http://cbmtultimate.com)



# WELCOME FROM THE LOCAL ORGANIZING COMMITTEE

On behalf of USA Ultimate, Minnesota Youth Ultimate and the Twin Cities Ultimate community, I welcome you to the 2014 USA Ultimate U.S. Open Championships and Convention.

The U.S. Open takes place at the National Sports Center in Blaine, Minnesota. The NSC has over 40 soccer fields, a stadium, an Expo Center and meeting facilities. Ultimate is played here every summer by the local adult league, and Minnesota Youth Ultimate holds a State High School Championship at NSC every year in early June.

At the Championships, there will be 24 top-flight teams from all over the United States as well as from Canada, the United Kingdom and Colombia competing over four days in the men's, mixed and women's divisions. You may expect world-class ultimate.

The U.S. Open Convention takes place in the Schwan Center at the NSC with three days of learning sessions and other activities.

On Friday night, the Fourth of July, we will see a soccer (fútbol) game played in the stadium by Minnesota United FC, the local soccer franchise, followed by an opening ceremony for U.S. Open and the annual Blaine Independence Day fireworks show.

On Saturday night, athletes and convention participants are all invited to a social event with bowling, laser tag and much more. Transportation will be provided between the hotel and the Brunswick Bowling Center.

The Twin Cities of Minneapolis and St. Paul are home to many major and minor league sports teams and other entertainment attractions. For the ultimate shopper, the Mall of America is on the south end of the Twin Cities, not far from the Minneapolis/St. Paul International Airport.

The U.S. Open is only possible because dozens of people volunteer their time. They will be keeping score, running the social event and taking care of many other errands around the fields and at the Convention. Be sure to acknowledge their hard work by saying, "Thanks!" to a volunteer when you see one.

Have a great U.S. Open!

Bruce Mebust  
Tournament Director





2014



The highest level of competitive ultimate in North America is back.

COME CHECK IT OUT. EVERYONE IS INVITED. [USAULTIMATE.ORG/TRIPLECROWNTOUR](http://USAULTIMATE.ORG/TRIPLECROWNTOUR)



# SCHEDULE OF EVENTS

TIME	ACTIVITY	LOCATION	SESSION TITLE(S)*
<b>WEDNESDAY, JULY 2</b>			
3:00-7:00pm	Event Registration	Embassy Suites	
5:00-9:00pm	Discraft Welcome Reception	Embassy Suites	
7:00-8:00pm	Captains' Meeting	Embassy Suites	
<b>THURSDAY, JULY 3</b>			
9:00am-3:15pm	Competition Rounds 1-3	National Sports Center	
6:30pm	Keynote & Special Presentation	Embassy Suites	
<b>FRIDAY, JULY 4</b>			
9:00am-3:15pm	Competition Rounds 4-6	National Sports Center	
12:00-1:30pm	Convention Check-In, Meet & Greet	NSC Schwan Center	
1:30-5:45pm	Convention Sessions	NSC Schwan Center	Where Are We Headed: Building a National Infrastructure for the Sport of Ultimate  Youth Club Ultimate: Roadmap for the Future  Girls' Ultimate Movement: Sustainable Ideas that Stick  Coaching National and International Champions
5:00-7:30pm	Participant Dinner	NSC Dormitories – Southwest Corner of U2 Bowl	
5:30-7:15pm	Showcase Game	NSC U2 Bowl	
7:30-9:30pm	Soccer – Minnesota United FC	NSC U1 Stadium	
9:30-10:15pm	Opening Ceremony & Fireworks	NSC U1 Stadium	
<b>SATURDAY, JULY 5</b>			
9:00-10:45am	Competition Round 7	National Sports Center	
9:00-11:30am	Learn to Play Youth Program - Offered in conjunction with local organization Minnesota Youth Ultimate	National Sports Center	
9:30am- 12:00pm	Convention Sessions	NSC Schwan Center	Event Manager and Observer Certification: Two New Programs for Local Affiliates  Affiliate Organization Highlights

\*Detailed session descriptions can be found on pages 11-12

## SCHEDULE OF EVENTS, CONTINUED

TIME	ACTIVITY	LOCATION	SESSION TITLE(S)*
12:00-1:45pm	Luncheon Social & Viewing of Mixed Semi 1	NSC Schwan Center Veranda	
12:00-1:45pm	Mixed Semi 1 (ESPN3)	National Sports Center Stadium	
1:00-2:45pm	Mixed Semi 2	National Sports Center Field U2	
1:45-2:45pm	Convention Session	NSC Schwan Center	Affiliate Organization Highlights Continued
2:30-4:15pm	Women's Semi 1 (ESPN3)	National Sports Center Stadium	
3:30-5:15pm	Women's Semi 2	National Sports Center Field U2	
5:00-8:00pm	Participant Dinner – Athletes, conventioners and event staff dinner	National Sports Center Stadium	
5:30-7:45pm	Men's Semi 1 (ESPN3)	National Sports Center Stadium	
8:00-9:45pm	Men's Semi 2 (ESPN3)	National Sports Center Stadium	
10:00pm-2:00am	Bowling, Dancing, Laser Tag, Bumper Cars, Arcade Games, and more	Brunswick Zone XL (Shuttle bus service provided between Embassy Suite & Brunswick Zone XL)	

### SUNDAY, JULY 6

11:00am	Mixed Final (ESPN3) <i>Mixed Division Award Ceremony will immediately follow game's conclusion</i>	National Sports Center Stadium	
1:30pm	Women's Final (ESPN3) <i>Women's Division Award Ceremony will immediately follow game's conclusion</i>	National Sports Center Stadium	
4:00pm	Men's Final (ESPN3) <i>Men's Division Award Ceremony will immediately follow game's conclusion</i>	National Sports Center Stadium	

\*Detailed session descriptions can be found on pages 11-12

# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition
  - Modifications: 20-yard end zones; “contact” marking violation call
- All games to 15, point-cap at 17.
- Half-time is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time cap: Goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Hard time cap: Goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Cap does not affect timeouts.

## SITE RULES

Facility, event staff, and security will be checking to make sure people are following the site rules. If you are caught violating these rules you will risk being barred from the facility, team/athlete disqualification, vehicle towing, or other potential ramifications outside of the event. Thank you!

- **NO ALCOHOL** except alcohol sold at the stadium
- **NO TOBACCO**
- **NO GLASS**
- **DOGS MUST BE LEASHED** & only service dogs allowed in stadium
- **NO WEAPONS**
- **NO ABUSIVE LANGUAGE** – Respect your opponent, teammates, spectators, officials, etc.
- **DRIVING AND PARKING** – Observe parking restrictions and handicap/staff spots.
- **SPECTATORS AND EQUIPMENT** – Must stay behind designated lines. Where there are not buffer lines, stay back at least 5 yards.
- **TRASH AND RECYCLING.** Use the appropriate receptacles. Keep the facility clean.

# DIRECTIONS & IMPORTANT ADDRESSES

## ADDRESSES:

### FIELD SITE

National Sports Center  
1700 105th Avenue NE  
Blaine, MN 55449

### SATURDAY NIGHT SOCIAL

Brunswick Zone XL  
7545 Brooklyn Boulevard  
Brooklyn Park, MN 55443

### EVENT HOTEL

Embassy Suites Minneapolis North  
6300 Earle Brown Drive  
Brooklyn Center, MN 55430

### MINNEAPOLIS – SAINT PAUL INTERNATIONAL AIRPORT

4300 Glumack Drive  
St. Paul, MN 55111

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## DIRECTIONS TO HOSPITALS & URGENT CARE:

### NATIONAL SPORTS CENTER TO MERCY HOSPITAL (COON RAPIDS, MN)

4050 Coon Rapids Blvd NW  
Minneapolis, MN 55433  
763-236-6000

- Exit the NSC on 105th Ave. NE
- Turn RIGHT on MN Rt. 65 (Central Ave. NE)
- After 2.5 miles, turn LEFT on MN Rt. 242 (Main St. NE)
- After 6 miles turn LEFT on Round Lake Blvd. NW
- Make a RIGHT turn onto Coon Rapids Blvd. NW and the hospital will be on your LEFT

### PARK NICOLLET CLINIC

(closest urgent care center to event hotel – directions from hotel)

6000 Earle Brown Drive  
Brooklyn Center, MN 55430  
952-993-4900

- Turn RIGHT (heading North) onto Earle Brown Drive for 0.6 mile & clinic will be on the left

### NORTH MEMORIAL HOSPITAL

(closest hospital to event hotel – directions from hotel)  
3300 Oakdale Avenue North  
Robbinsdale, MN 55422  
763-520-5200

- Head South on Earle Brown Drive toward Summit Drive North
- Turn LEFT onto Summit Drive North for 0.3 mile
- Take the ramp & merge onto MN 100 South for 2.5 miles
- Take the County Road 81 exit, keep LEFT at the fork, & follow signs for Robbinsdale Business District
- Turn LEFT onto Bottineau Boulevard for 1.8 miles
- Turn RIGHT onto Abbott Avenue North for 0.1 mile
- Turn LEFT onto Oakdale Avenue North for 0.1 mile & hospital will be on the left

# U.S. OPEN CONVENTION SESSION DESCRIPTIONS

*\*Session particularly geared toward athletes*

## THURSDAY, JULY 3

### Embassy Suites

#### **\*6:30PM – KEYNOTE PRESENTATION & SPECIAL EVENT**

*Presenters: Jenny Potter – Four-Time Olympian and Four-Time Medalist, U.S. National Hockey Team  
George Stubbs – Captain, 2013 World Games U.S. National Team*

Jenny Potter and George Stubbs share their experiences competing on the international stage as members of their respective national teams.

## FRIDAY, JULY 4

### National Sports Center

#### **12:00-1:30PM – CONVENTION MEET & GREET**

#### **1:30-2:30PM – WHERE WE ARE HEADED: BUILDING A NATIONAL INFRASTRUCTURE FOR THE SPORT OF ULTIMATE**

*Presenter: Tom Crawford – Chief Executive Officer, USA Ultimate*

In order to successfully grow and scale our sport, and attempt to catch the other team sports that are quickly surpassing us in growth, we will be launching a more aggressive strategy to build local delivery systems and partners for all of our programs. Be part of this forward looking discussion about where USA Ultimate is going strategically and why it is important to be part of this growth plan.

#### **2:40-3:40PM - YOUTH CLUB ULTIMATE: ROADMAP FOR THE FUTURE**

*Presenters: Erin Mirocha, Member – USA Ultimate Youth Club Task Force & Hopkins Ultimate Head Coach  
Baker Pratt, Manager – Competition and Athlete Programs, USA Ultimate*

A six-month task force interviewed ultimate, rugby, hockey and soccer organizations and compiled the findings to determine best practices in youth sport. This report will also provide recommendations for the next steps in the sport of ultimate toward developing a national youth infrastructure.

#### **\*3:45-4:35PM - GIRLS' ULTIMATE MOVEMENT: SUSTAINABLE IDEAS THAT STICK**

*Presenters: Zara Cadoux, Co-Chair Girls' Ultimate Movement & MA Candidate, Intercultural Service, Leadership, and Management*

*Heather Ann Brauer, Co-Chair Girls' Ultimate Movement & USA Ultimate Regional Youth Director - West*

*Mike Lovinguth, Manager – Education & Youth Programs, USA Ultimate*

Come see what the Girls' Ultimate Movement (GUM) is all about! Learn more about how the National Task Force came to be, hear results from our survey asking former youth players how they would improve the division, and GUM moving forward. Most importantly, find out the top 5 action items for girls' ultimate developed by our task force working groups over the past six months. These will be revealed along with USA Ultimate's plans to implement them and how you can get involved! Don't miss your chance to be part of this exciting movement as we take a proactive stance on recruiting and retaining more girls in our sport. Who knows, some of our ideas might stick to you!

## **\*4:45-5:45PM - COACHING NATIONAL AND INTERNATIONAL CHAMPIONS**

*Presenters: Alex Ghesquiere, Coach Washington DC Scandal, Head Coach World Games 2013 Team USA  
Matty Tsang, Coach San Francisco Fury, Assistant Coach World Games 2013 Team USA*

Presented by multiple-championship-winning, their experiences representing the country on the international stage have provided valuable insight into what makes for good coaching, why coaches are valuable, and how to develop successful teams and successful players at the national and international level. Includes Q&A session from participants.

**SATURDAY, JULY 5**

National Sports Center

## **9:30-10:30AM – EVENT MANAGER AND OBSERVER CERTIFICATION: TWO NEW PROGRAMS FOR LOCAL AFFILIATES**

*Presenter: Will Deaver, Managing Director – Competition & Athlete Programs, USA Ultimate*

Learn about two new ways USA Ultimate can help you develop human resources to support the sport in your local community.

- 1) Events are an important part of the fabric of the ultimate community. But they are often organized with limited resources, personnel, and experience. USA Ultimate is developing a program to train event managers, so that local communities can rely on these experts to run top-notch events that meet important quality standards, provide high value, and exceed the expectations of participants.
- 2) From helping supervise youth play to teaching novice players the rules to helping officiate competitive showcase matches, Observers can serve as an invaluable resource for any local ultimate community. USA Ultimate is expanding its Observer Certification Program to offer league-based training for local disc associations, so that local communities can utilize these game management experts in a wide variety of local programs and events.

## **10:45-11:45AM - AFFILIATE ORGANIZATION HIGHLIGHTS**

*Facilitated by: USA Ultimate Affiliates from around the nation*

Find out what USA Ultimate's local Affiliate organizations are doing to promote growth of the sport at the local level. Share ideas & gain insight into how to improve programs in your area

## **1:45-2:45PM - AFFILIATE ORGANIZATION HIGHLIGHTS CONTINUED**

*Facilitated by: USA Ultimate Affiliates from around the nation*

Finish the convention off strong by connecting with the insights & ideas of other local organizers, so that we can all effectively promote ultimate's character, community, and competition.

# USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate information tent if you have any questions about the event or about USA Ultimate! During all rounds Thursday through Sunday, there will be a USA Ultimate staff member available to answer questions. We will also have event guides available for purchase as well as other USA Ultimate schwag and information.

Please come by and let us know what you think of the event, talk to us about the college structure and learn about our outreach programs! Players, be sure to send your parents over to have them sign up for a USA Ultimate Friends & Family membership, so they can stay in the loop about your favorite sport!

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## FOOD AT THE NATIONAL SPORTS CENTER

Food will be available for purchase from concessions vendors at the main field site on Thursday and Friday from before the start of games until shortly after. During Friday's soccer game, Saturday's semifinals, and Sunday's finals concessions will be available inside the stadium.

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## SHOOTING PHOTOS/VIDEOS

USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate.

Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood.

The agreement can be found online at [usultimate.org/about/usultimate/media\\_policies.aspx](http://usultimate.org/about/usultimate/media_policies.aspx) or may be obtained from the USA Ultimate staff at your event.

The agreement is intended to protect USA Ultimate's rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like to submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications & Publications Stacey Waldrup at [stacey@hq.usultimate.org](mailto:stacey@hq.usultimate.org).

# MEN'S TEAMS

## CLAPHAM ULTIMATE



### LONDON, UK

**Captains:** Marc Guilbert, Justin Foord, Richard Harris

Clapham Ultimate brings together the best ultimate players living near and training on Clapham Common in southwest London. Since forming in 2001, Clapham has dominated the UK Ultimate scene, winning 13 consecutive national titles. Its main domestic rivals over the years have been Chevron Action Flash, LeedsLeedsLeeds and Fire of London. Clapham was the first UK open team to win the European Club Championships in 2005 and emulated that success in 2007, as well as being current defending back-to-back champions (2012, 2013). Clapham has formed many rivalries with top European teams, notably Skogshyddan (Sweden), Flying Angels (Switzerland) and Bad Skid (Germany). Since 2007, Clapham has regularly travelled to the U.S. to play against the top club teams from Canada and the U.S. at some of the best tournaments in the world. The U.S. Open is the latest of these journeys following previous trips to the Chesapeake Invite, Texas Shootout and Emerald City Classic. With the World Ultimate Club Championships being held in Lecco, Italy in August, the U.S. Open provides Clapham with a great opportunity to test itself against the best teams in the world.

### ROSTER

3	Stephan Rossbauer	6'0"	29
4	Marc Guilbert	5'10"	37
5	Anthony Solomon	6'2"	40
7	Matt Parslow	6'0"	
10	Jaimie Cross	6'2"	32
11	John James Howell	6'2"	27
13	Phil Johnson	5'10"	30
14	Ollie Gordon	6'4"	26
16	Phil Garner	5'10"	24
18	Richard Raz	5'8"	34
19	Richard Harris	6'1"	28
23	David Stobbs	5'11"	32
25	Andy Mitchell	6'3"	21
27	Benjamin Funk	6'2"	24
28	Justin Foord	6'1"	27
32	Tom Abrams	6'2"	25
64	Chris Frazer	5'11"	27
77	Chris Baker	6'2"	28
78	Oliver Benjamin	6'0"	35
81	Magnus Wilson	6'6"	25
88	James Baron	5'11"	28
96	Fergus Weldon	5'9"	30
99	Rob Schumacher	6'3"	25

### ROSTER

3	Mauricio Moore	6'1"	37
4	Carlos Mario Monsalve	5'5"	31
7	David Arcila	5'7"	19
8	Juan Guillermo Benjumea	5'7"	27
10	Daniel Jimenez	5'5"	20
11	Julian Felipe Agudelo	6'0"	27
14	Luis Miguel Ibarguen	5'6"	20
16	Daniel Lora	5'7"	22
18	Marlon Jaramillo	5'6"	20
20	Felipe Posada	5'5"	22
21	Oscar Taborda	5'9"	36
27	Juan Diego Ortiz	5'11"	20
31	Walter Mauricio Jaramillo	5'2"	32
33	Felipe Vasquez	5'11"	20
42	Julian Camilo Jaramillo	5'4"	20
47	Andres Muñoz	5'11"	20
63	Juan Sebastian Perez	5'6"	26
77	Andres Ochoa	5'8"	36
94	Santiago Castrillon	5'5"	20

## EVOLUTION

### MEDELLÍN/ANTIOQUIA, COLOMBIA

**Captains:** Mauricio Moore, Daniel Jimenez,  
Carlos Mario Monsalve  
**Coach:** Alejandra Maria Torres



In 2012, we decided to create the team that is the men's division of Revolution Club. We played at Nationals of Colombia for the first time, and we finished in seventh place. In the next year, 2013, lots of young players with a lot of experience joined the team, and we got third place and achieved the opportunity to represent our country at the U.S. Open. In that year, we also went to play in the Pan American Ultimate Club Championships 2013 in Brasil and finished in fifth place.

[facebook.com/evoulultimate](https://facebook.com/evoulultimate)



# MEN'S TEAMS

## FURIOUS GEORGE



### VANCOUVER, BC

**Captains:** Morgan Hibbert, Alex Davis, Kevin Underhill

Furious George is an elite-level club open team headquartered in Vancouver, British Columbia and stands among the oldest in Canada. Established in 1995, the club has garnered 10 Canadian Club Championship titles, three USA Ultimate titles and three world championship titles whilst representing Canada. The mascot is Furious George, the focused, determined and consummate angry monkey.

[furiousultimate.com](http://furiousultimate.com)

## ROSTER

2	Seb Toth	6'0"	29
3	Andre Gailits	6'0"	25
7	Bobo Eyrich	6'2"	25
8	Morgan Hibbert	6'3"	32
10	Gagan Chatha	6'1"	20
11	Andrew Brown	6'1"	33
17	Alex Ramadan	5'11"	32
20	Nathan Dandurand	5'8"	26
21	Aaron Loach	6'4"	26
22	Matthew Berezan	6'5"	28
24	Peter Yu	5'7"	21
27	Alex Davis	6'2"	32
33	Nick Wright	6'1"	21
37	Myles Sinclair	5'11"	23
41	David Hochhalter	6'1"	24
47	Ryan Kremsater	5'11"	22
75	Joel Bellevance	5'11"	25
81	Rumi Tejpar	5'10"	23
88	Blair Underhill	6'0"	26
98	Kevin Greer	6'3"	22

SPECTATOR INFO

## ROSTER

00	Jacob Taylor	6'4"	26
2	Brian Garcia	6'3"	31
3	George Stubbs	5'11"	25
4	Matt Rebholz	6'3"	29
5	Josh Markette	5'8"	35
6	Jeremy Nixon	6'1"	21
7	Will Neff	6'4"	28
8	Alex Cooper	5'9"	24
9	Misha Sidorsky	5'10"	27
10	Rusty Ingold-Smith	6'0"	27
11	Christian Foster	5'9"	26
12	Alex Simmons	5'9"	25
13	Brandon Malecek	5'10"	29
14	Miles		
	Montgomery-Butler	6'1"	28
16	Jamie Quella	6'0"	26
17	Thomas		
	Sayre-McCord	6'4"	24
18	Jim Foster	6'2"	28
21	Misha Herscu	6'0"	23
25	John Stubbs	6'0"	19
27	Jack Hatchett	6'0"	24
28	Matt McDonnell	6'0"	25
33	Russell Wallack	5'11"	25
35	Piers MacNaughton	5'10"	24
43	John Hirschberger	6'4"	27
77	Danny Clark	6'1"	33

## IRONSIDE



### BOSTON, MA

**Captains:** George Stubbs, Russell Wallack, Danny Clark  
**Coach:** Josh McCarthy

Following a transition year for Boston Ultimate in 2007, in the wake of the merger of historic Death or Glory with upstart Metal Ultimate, Ironside was officially founded in 2008. The crew has enjoyed a successful run since its inception, capturing several regular-season tournament championships and reaching the semifinals or finals of the USA Ultimate Club Championships in each of the past six years. However, in three trips to the championship game, the Boat has come up short each time in its efforts to bring an elusive title back home to Boston. Though only two members of the original 2007 transitional team (captain Danny Clark and Teddy Browar-Jarus) remain rostered, the 2014 edition of Ironside features 21 (out of a possible 27) returners from last year's semifinals squad. The six newly charged midshipmen first class range from savvy veterans to young sailors competing at the elite level for the first time. The team has targeted early August (Worlds) and the middle of October (Nationals) for the elusive double peak while navigating the varied regular-season challenges of the Triple Crown Tour. All hands on deck!

[bostonironside.com](http://bostonironside.com)

# MEN'S TEAMS

## JOHNNY BRAVO



### BOULDER, CO

**Captains:** Josh Ackley, Ryan Farrell,

**Jack McShane**

**Coach:** Bob Krier

Johnny Bravo was originally formed in Boulder, Colo., while other club teams pulled the talent from Denver into another team. Today, the team is a split between Boulder and Denver, but also between CU and its Mamabird alums and out-of-state transplants who have relocated to the area. Bravo has appeared in more quarterfinals than anyone wants to talk about, two semifinals and one final

[bravoultimate.org](http://bravoultimate.org)

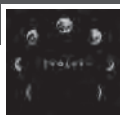
## ROSTER

1	Kurt Gibson	6'3"	27
2	Sean Keegan	6'1"	26
3	Jesse Roehm	6'2"	27
4	Andrew Mangan	6'0"	31
5	Jack McShane	6'0"	27
6	Bart Watson	6'1"	34
7	Hidde Snieder	6'2"	22
8	Austin Gregersen	6'3"	28
9	Will Lokke	5'11"	30
10	Ryan Morgan	6'1"	32
11	Nick Lance	5'11"	24
12	Tim Morrissey	5'11"	23
13	Evan Padgett	5'10"	27
14	Craig Forshee	6'2"	30
15	Dennison Bechis	5'10"	22
16	Ryan Farrell	5'10"	31
19	Ian Toner	5'10"	24
20	Josh Ackley	5'11"	32
21	Brodie Smith	6'4"	26
22	Stanley Peterson	6'1"	21
23	Jimmy Mickle	6'3"	22
24	Jackson Kloor	6'0"	23
26	Owen Westbrook	6'1"	28
28	Hylke Snieder	6'4"	27
34	Henry Konker	6'0"	27
38	Matt Farrell	5'9"	24
45	Brett Matzuka	5'9"	29

## ROSTER

1	Simon Higgins	6'4"	21
2	Taylor Lahey	5'10"	26
4	Joel Schlachet	5'9"	27
5	Devon Anderson	5'11"	25
7	Russell Wynne	6'1"	26
8	Patrick Baylis	5'9"	28
9	Cassidy Rasmussen	5'11"	25
10	Robbie Cahill	6'1"	30
11	Zach Travis	6'2"	26
12	Sam Kanner	6'0"	26
13	Alex Evangelides	6'1"	25
18	Greg Cohen	6'1"	22
19	Ryo Kawaoka	5'8"	33
20	Nick Schlag	5'10"	27
21	Andrew Hagen	5'11"	25
22	Marcelo Sanchez	5'1"	23
23	Jordan Jeffery	6'4"	25
24	Eli Kerns	5'11"	22
27	Ashlin Joye	6'1"	26
28	Nathan White	6'5"	22
32	Jordan Marcy	5'10"	22
34	Evan Boucher	5'9"	28
35	Lucas Dallmann	6'0"	27
50	Beau Kittredge	6'4"	31
64	Martin Cochran	6'4"	32
87	Chris Kosednar	5'11"	26
99	Tim Gilligan	5'10"	25

## REVOLVER



### SAN FRANCISCO, CA

**Captains:** Ashlin Joye, Nick Schlag, Cassidy

**Rasmussen, Ryo Kawaoka**

**Coaches:** Mike Payne, Josh Wiseman

Revolver was established in 2006 when Nick Handler, Chris McManus and Marc Weinberger came together to build a new ultimate program from scratch. They sought a team where young players could learn from veterans and where the goal was to get better in every practice and game. Although Revolver did not set out to win championships, it quickly became apparent that the program's focus on young talent, role playing and great spirit had great potential. Between 2006 and 2008, Revolver qualified for Nationals twice and finished fifth both times. In 2009, Revolver lost in the finals to Chain Lightning in a game that exposed the program's inexperience at that level. In 2010, Revolver broke through and won both the National Championship and the World Club Championship in Prague, CZ. Revolver enjoyed continued success in the next several years, winning Nationals in 2011 and Worlds in Japan in 2012. A loss to Doublewide in the finals of Nationals in 2012 stopped Revolver's streak of major championships, but in 2013, Revolver returned with a largely revamped roster, including eight entirely new players. Public expectations for the team were not high, but by the end of the season, Revolver was back on top with another National Championship. 2014 brings another group of young players and a new Revolver that is hungry to rise again.

[revolverultimate.com](http://revolverultimate.com)

# MEN'S TEAMS

## SOCKEYE

### SEATTLE, WA

**Captains:** Danny Karlinsky, Tyler Kinley, Spencer Wallis

**Coach:** Roger Crafts

Hailing from Seattle, Washington, Sockeye has been one of the strongest ultimate clubs of the last decade. Since 2000, the team has qualified for the USA Ultimate Club Championships 12 times, where they've appeared in quarterfinals 12 times, semifinals eight times, finals five times, and won three championships. In 2014, captains Danny Karlinsky, Tyler Kinley and Spencer Wallis and coach Roger Crafts work to prepare the Fish to swim upstream to World and National championships.



[seattlesockeye.org](http://seattlesockeye.org)

## ROSTER

1	Donald Clark	5'11"	26
2	Tyler Kinley	5'7"	32
3	Mario O'Brien	5'11"	31
4	Aly Lenon	5'7"	30
5	Vehro Titcomb	6'2"	28
6	Philip Murray	6'0"	25
7	Jacob Speidel	6'2"	28
9	Sam Harkness	5'10"	27
10	Adam Simon	6'0"	31
11	Reid Koss	6'0"	30
12	Riley Meinershagen	6'2"	29
13	Matthew Sewell	5'9"	37
14	Matt Rehder	6'3"	22
15	Nate Castine	5'11"	26
17	John Reynolds	6'0"	21
18	Matt Russell	5'11"	20
20	Michael Caldwell	6'2"	37
22	Spencer Wallis	5'10"	29
23	Danny Karlinsky	5'8"	29
24	Joe Sefton	6'1"	28
26	Seth Kotzman	6'3"	21
28	Duncan Linn	5'6"	24
55	Will Chen	5'10"	29
70	Julian Hausman	6'2"	25
73	Justin Lim	5'10"	20
90	Markham Schofer	6'0"	25
99	Ray Illian	6'2"	32

SPECTATOR INFO

## ROSTER

0	Drew Mahowald	6'2"	29
1	Grant Lindsley	5'10"	25
2	Ben Feldman	5'9"	25
3	Galen Ryan	5'10"	22
4	Jon Gaynor	6'0"	28
5	Danny Miesen	5'11"	24
6	Grayson Pangburn	5'10"	29
7	Josh Klane	5'7"	22
8	Thomas Murray	5'9"	28
9	Simon Montague	6'3"	24
10	Julian Childs-Walker	5'9"	24
12	Harper Garvey	5'9"	20
13	Alex Trautman	5'10"	20
14	Greg Cousins	5'10"	21
17	Logan Weiss	5'11"	25
19	Marcus Ellison	6'1"	28
20	Matt Young	5'9"	31
21	Eric Johnson	5'11"	24
22	Reese Hornnes	5'8"	23
25	Nick Stuart	6'3"	24
26	Jake Oakley	6'2"	22
31	David Eddy	6'0"	23
88	Patrick Jensen	6'4"	24
93	Kyle Gill	6'0"	31
99	Andrew Moore	5'11"	23

## SUB ZERO

### MINNEAPOLIS, MN

**Captains:** Tom Murray, Grant Lindsley, Jon Gaynor

**Coach:** Phil Bowen



Sub Zero ultimate was founded a long time ago. This year's version of the team returns a good portion of its core, although a healthy number of fresh faces makes us as athletic as ever. If it weren't for our generous sponsorship through Surly Brewing Company - allowing us beer after practices and other team events - the team would have never reached the same levels of success because nobody would come to practice or team events. Thank you Surly, for helping to keep us chugging along, year after year.

[subzeroultimate.com](http://subzeroultimate.com)

# MIXED TEAMS

## AMP



### PHILADELPHIA, PA

**Captains:** Patrick Sherlock, Jill Furfari, Kevin McCormick,

**Melissa Devlin**

**Coach:** Patrick Sherlock

Originally called Donkey Bomb, our mixed team out of Philly first played as AMP in 2006 and has been competing as such ever since. Over the last 8 years, AMP has gone to Worlds, won 7 regional championship titles, finished in the top 10 at nationals over five times, retired numerous jerseys in search of an appropriate logo, and built a family of players working in pursuit of a national championship. Since 2006, over 100 players have represented AMP and 20 couples have played on AMP and gotten married. Past captains of AMP include Peter Knappenberger, Kathi Jenkins, Jeff Snader, Eugene Yum and Jeff Loperfido. Current captains are Patrick Sherlock, Jill Furfari, Kevin McCormick and Melissa Devlin.

## ROSTER

00	Melissa Devlin	5'6"	25
1	Alex Peters	6'0"	29
2	Matt Zumbrum	6'3"	29
3	Nick Purifico	5'9"	31
4	Raha Mozaffari	5'4"	28
7	Nick Hirannet	5'9"	28
8	Dan Furfari	5'10"	34
9	Andrea DeSabato	5'6"	27
10	Kelly Nye	5'4"	27
11	Diana Cornell	5'11"	29
12	Melanie Berlin	5'4"	31
14	Matt Glazer	5'11"	30
15	Sara Taggart	5'8"	22
16	Anna Truskin	5'8"	25
17	Gabe Colton	5'8"	23
20	Ben Pelleg	5'11"	27
21	Kevin McCormick	5'10"	31
22	Michael Panna	5'9"	27
25	Trey Katzenbach	6'1"	43
26	Katie Erikson	5'8"	24
27	Alexandra Stambaugh	5'4"	22
28	Bill Schrecker	6'1"	32
40	Jessie Glazer	5'4"	28
44	Owen Murphy	6'0"	23
52	Charlie Patten	5'9"	23
55	Matthew Paparone	6'0"	25
81	Alex Grintsvayg	6'0"	26

phillyamp.com

## ROSTER

1	Kevin Seiler	5'11"	34
3	Taiwo Misra	5'3"	28
4	Kate Lyons	5'11"	28
7	John Misra	5'9"	28
8	Magon Liu	5'4"	23
9	Kelly Smith	5'9"	24
11	Bill Franey	6'1"	22
12	Rachel Goldbach	5'3"	32
13	Dan Kresowik	6'1"	33
16	Cami Nelson	5'9"	22
19	Jasmine Draper	5'3"	27
20	Neal Hanke	6'0"	24
21	Liz Kaloupek	5'5"	20
22	Dan Brennan	6'0"	26
23	Melissa Gibbs	5'7"	28
25	Joe Brisbois	6'0"	30
28	Jessica Erickson	5'8"	28
31	Ryan Tucker	6'4"	22
32	Barrett Davis	6'1"	33
45	Jon Staron	5'10"	31
47	Rebecca Miller	5'4"	23
50	Blake Larson	6'0"	30
54	Chris Mayne	6'4"	33
70	Brent Novey	6'4"	23
75	Nick Turco	6'2"	33
77	Kurt Brorsen	6'3"	29
97	Sarah Pesch	5'10"	23

## THE CHAD LARSON EXPERIENCE



### AMES, IA

**Captains:** Neal Hanke, Kevin Seiler

The Chad Larson Experience was founded in 2003, made Nationals for the first time in 2004, and besides a two-year hiatus during 2007 and 2008 (when most CLX players were playing on The Van Buren Boys, Small Rackages and Alpha Cobra Squadron), has qualified for Nationals every year thereafter. We've been club mixed runner-up twice, first in 2004 and later in 2009. We're probably on a five-year cycle to return in 2014. We've represented the U.S. at two World Ultimate Club Championships, first in 2006 in Perth, Australia, where we finished 10th and later in 2010, in Prague, Czech Republic, where we finished as champions. Our attempt to qualify for Worlds 2014 fell one spot short at Nationals last year. We thank our families and friends for supporting us in our ultimate endeavors and thank those players who have been in the CLX family before us, helping us to get to where we are today.

# MIXED TEAMS

## DRAG'N THRUST



### MINNEAPOLIS, MN

**Captains:** Austin Lien, James Hron, Patty King

**Coach:** Jake Henderson

Drag'n Thrust was born of fire and flame in 2009. Built on the vision of work ethic, respect and friendship, Drag'n Thrust has made Nationals in four of the last five years, with semifinals appearances in 2010 and 2012. In 2013, Drag'n Thrust's hard work paid off, as they won their first ever national championship. This year, with an opportunity to play at the World Championship in Italy, Drag'n Thrust is hungrier than ever.

**Work Ethic:** Drag'n Thrust knows that success comes through hard work. Mistakes that are made today become victories tomorrow.

**Respect:** Drag'n Thrust strives at all times to respect each other, all opponents and the game itself. This respect is shown both on and off the field. **Friendship:** Playing for Drag'n Thrust means more than just playing for a team. It is a group of friends that work hard all year for a single, attainable goal. As the saying goes, "Once a Drag'n, always a Drag'n."

[dragnthrust.com](http://dragnthrust.com)

## ROSTER

00	Alicia Carr	5'6"	29
2	Emily Regan	5'3"	23
3	Pat Niles	5'10"	30
4	Erica Baken	5'7"	24
6	Jake McKean	5'11"	30
7	David Shirley	6'2"	29
8	Claire Oakley	5'8"	26
9	Jay Drescher	5'9"	25
10	Martha Harris	5'2"	26
11	Andrea Crumrine	5'1"	23
12	Jacob Lien	5'11"	22
13	Anna Hettler	5'5"	27
14	Austin Lien	5'8"	24
15	Patty King	5'4"	27
16	Brian Schoenrock	6'1"	24
17	James Hron	6'3"	26
18	Mike Clark	5'11"	24
19	Pete Carr	6'1"	29
21	Dave Klink	6'0"	31
23	Mike Peterson	6'1"	32
24	Jess Hailer	5'6"	25
31	Josh Hemmesch	5'10"	30
33	Jaime Glader	5'1"	28
35	Sarah Anciaux	5'8"	26
39	Tallis Boyd	6'5"	26
40	Jordan Hupp	5'11"	25
44	Sarah Meckstroth	5'8"	22

SPECTATOR INFO

## ROSTER

1	Alex Baker	5'5"	31
4	Jackie Booth	5'9"	25
5	Courtney Moores	5'1"	28
7	Mei Bruist	5'6"	21
8	Casey Terp	6'4"	25
9	Chelsey Burrows	5'6"	25
13	Paul Norgaard	6'1"	37
15	Dan Schmit	5'10"	27
16	John Sandahl	6'2"	38
21	Tyler Mahony	6'0"	22
22	Tobie Miller	5'8"	28
25	Amelia Murphy	5'5"	25
31	Beth Nakamura	5'8"	31
32	Anne Lightbody	5'7"	36
33	Graham Brayshaw	5'10"	34
42	Sam Valesano	5'9"	26
46	Ruozhou Ye	6'0"	22
47	Nihal Bhakta	6'3"	21
55	Ben Jagt	6'5"	21
73	Andrew Medeiros	5'11"	29
92	Todd Owen	6'3"	35

## THE GHOSTS



### BOSTON, MA

**Captains:** Jackie Booth, Beth Nakamura

The Ghosts have won the Northeast region three years in a row and have lost to the eventual finalists or National Champions in each of those three years (Blackbird, Polar Bears, Drag'n Thrust). As a reward for making the semifinals in 2013, The Ghosts make their 2014 Triple Crown Tour debut at the U.S. Open.

[theghostultimate.webs.com](http://theghostultimate.webs.com)

# MIXED TEAMS

## ONE TO ONE

### BUCARAMANGA, COLOMBIA

**Captain:** Diego Cordoba

One to One is a club that was funded in 2009 in Bucaramanga, Colombia, with over 80 members distributed across four different teams in three divisions. One to One has become the most successful team in the region and a well-known team in the country.

Bucaramanga is a small city located in the northeast part of Colombia away from Bogotá and Medellín, Colombia's super powers in ultimate. This gave the opportunity to Bucaramanga to develop a unique playing style that was adjusted to its players having a fast-paced and intensive playing style.

The name was given due to a philosophy of doing things a step at a time, or as they say it "uno a uno" or one by one. This is an example of what we do in the field - winning games a point at a time.

In our process of becoming a club, we have achieved several championships in Colombia, the most important being second place at the National Championship in 2013, a place that gave us the opportunity to represent our country at the 2014 USA Ultimate U.S Open in the mixed division.

[facebook.com/groups/72161814248/](https://facebook.com/groups/72161814248/)

## ROSTER

1	Jose Reyes	5'6"	19
2	Juan Solano	5'2"	18
3	Diego Dueñez	5'7"	23
4	Diego Cordoba	5'8"	31
5	Jose Ramirez	6'2"	28
6	Michael Espinosa	6'0"	18
7	Harving Suarez	5'3"	24
8	Isabella Cortes	5'9"	16
9	Aura Mejia	5'2"	20
10	Andrea Prada	5'5"	21
11	Mario Moran	5'10"	24
12	Adriana Reyes	5'3"	28
13	Sebastian Madieto	5'10"	19
14	Carlos Suarez	6'1"	21
15	Ivan Corredor	5'6"	23
16	Leidi Ramirez	5'5"	29
17	Juan Becerra	6'0"	23
18	Orlando Ortiz	5'9"	23
19	Laura Espinosa	5'3"	25
20	Jeniffer Hernandez	5'5"	23
21	Esteffany Gutierrez	5'4"	22
22	Santiago Garcia	5'10"	24

## ROSTER

0	Federico Chialvo	5'10"	30
1	Scott Roeder	5'10"	27
2	Kevin Cocks	5'10"	24
3	Cecil Qiu	6'0"	23
5	Robert Gormley	5'7"	27
6	Meeri Chang	5'3"	22
8	Tom Watson	6'0"	29
9	Greg Marliave	6'1"	30
10	Sonny Zaccaro	5'10"	23
11	Clay Miller	5'10"	27
12	Nicholas Alexander	5'9"	21
14	Kate Schlag	5'6"	25
16	AJ Shankar	5'9"	34
17	Natasha Won	5'3"	23
18	Marisa Mead	5'6"	25
20	Sam Adamson	5'10"	26
21	Dulcy Docken	5'7"	30
23	Ellen Zwickl	5'6"	28
25	Daniel Naruo	5'9"	29
27	Morgan Paulson	5'5"	24
28	Eric Greenwood	5'6"	29
36	Megan Norr	5'8"	26
42	Bob Madden	6'4"	30
74	Ben Hubbard	6'5"	24
76	Adam Raty	6'2"	29
82	An-Chi Tsou	5'3"	31
88	Linh Hoang	5'0"	27

## POLAR BEARS

### SAN FRANCISCO, CA

**Captains:** Greg Marliave, An-Chi Tsou

**Coach:** Alex Crew



The Polar Bears are a mixed ultimate team hailing from the California Bay Area. We started as a Lei Out team in 2010 and had so much fun we decided not to stop! We won the National Championship in our first year and have finished second all three years since. We also won the first U.S. Open Championship in 2012, and the first Pro Flight Finale in 2013. We are excited to make our first international trip to Italy this year for Worlds!

[pbrawr.com](http://pbrawr.com)

# MIXED TEAMS

## UNION



### TORONTO, ON

**Captains:** Amanda Moore, Warren Tang

Union is in its fourth year of competition. Our values include respect, attitude and work. Our goals include conquering Space Team and competing at WUCC. It's an urban myth that some people believe Union takes its name from the merger of Toronto mixed ultimate teams. The reality is, it's the Union of 14 dudes, nine women, three fathers, two moms, five kids, two lesbians, two monkeys, one rookie, nine Caps, seven and a half Asians, 30 Star Wars fans, one bling, one knitrix and two data plans. Our favourite venue is Icons, and our favourite dance is "two lines." We would like to give hugs and kisses to all our fans and invite everyone to play games with us on our Facebook page. Follow us on the future: Twitter. Respect.

[union.playwithspirit.com](http://union.playwithspirit.com)

## ROSTER

4	Steven Lee	5'9"	26
5	Emma Seaborn	5'4"	28
6	Andy Milne	6'0"	37
10	Amanda Moore	5'7"	33
12	Jamie Galloway	5'7"	35
13	Cameron Dunning	5'6"	25
15	Jacky Hau	6'2"	22
19	Chris Bracht	6'1"	33
21	Bryan Spekkers	5'8"	25
22	Taylor Martin	6'2"	28
24	Michelle Chandler	5'10"	30
28	Jenn LeRoux	6'0"	32
29	Kirsten Niles	5'9"	32
44	Matt Chellew	5'9"	35
47	Aaron Kucherawy	5'10"	27
55	Warren Tang	6'1"	34
68	Norman Lew	5'8"	33
71	Matt Kirk	6'2"	32
72	Krista Kotwa	5'11"	23
77	Hadiya Roderique	5'4"	33
82	Malissa Lundgren	5'10"	32
88	Peyton Leung	5'9"	32
97	Cory Galloway	6'2"	35
99	Katherine Jardine	5'5"	31

SPECTATOR INFO

## ROSTER

2	Seth Reinhardt	6'3"	27
3	Ian Engler	6'1"	23
5	Lee-Or		
	Ankori-Karlinsky	5'11"	24
7	Aly Heath	5'11"	27
10	Lauren McNamara	5'6"	26
11	Lloyd Olson	6'0"	24
12	Denis Agniel	6'0"	29
14	Emily Eisner	5'8"	22
15	Sam Dinning	6'2"	27
16	Vincenzo Vitiello	5'10"	23
18	Anna Chute	5'4"	25
19	Lily Steponaitis	5'11"	24
20	Shellie Cohen	5'9"	21
21	Scott Sottosanti	6'3"	24
23	Katie Meehan	5'3"	23
24	David Reshef	5'10"	27
27	Peter Schmidt	5'11"	28
33	Scott Gatto	5'9"	25
35	Cody McInnis	5'11"	23
38	Adrian Banerji	6'0"	24
42	Eva Petzinger	5'10"	21
44	Kara Hammer	5'10"	24
64	Lee Farnsworth	5'2"	24
73	Katharine Sullivan	5'6"	25
88	Hailey Alm	5'9"	22

## WILD CARD



### BOSTON, MA

**Coaches:** Michael MacKenzie,  
Jacqueline Bourgeois

Born in 2012 from the idea that diverse talent with focused, hard work can achieve great things, Wild Card returns for its third season to test its mettle against the top teams in the United States and abroad. After two consecutive appearances at the USA Ultimate Club Championships, including a fourth place showing and the Team Spirit Award in 2013, Wild Card kicks off its summer ready to work toward fall success. This young, determined team looks to build its season one point at a time, always supporting each other by creating a positive atmosphere while honoring its opponent and the spirit of competition on the field.

[twitter.com/WildCardult](https://twitter.com/WildCardult)

# WOMEN'S TEAMS

## BAMBOO

### BOGOTÁ, COLOMBIA

**Captains:** Maria Camila Yepes, Catalina Borrero  
**Coach:** John Camargo



BAMBOO is an elite women's ultimate team with seven years of experience, located in the city of Bogotá, Colombia. Since our inception, BAMBOO has been recognized for joy on the field, teamwork, experience, discipline and dedication, a combination that has positioned us as one of the most dominant ultimate teams of the past years. BAMBOO competes annually at the AJUC Ultimate Club National Championship. They have been the local champion for the last three years and are two-time national finalists, winning silver in 2011 and 2013.

The team is a group of dedicated and driven amateur and experienced athletes with one team vision and goal: compete at the highest level.

[bambooultimate.com](http://bambooultimate.com)

## ROSTER

2	Jennifer Ricarute	5'8"	21
5	Sara Builes	5'4"	22
8	Laura Cuevas	5'2"	21
9	Lila Piñeros	5'2"	24
15	Evelyn Nazarit	5'9"	24
16	Katherine Herrera	5'2"	21
18	Sandra Quintero	5'6"	25
21	Maria Camila Yepes	5'8"	22
22	Erika Acero	5'7"	22
24	Catalina Borrero	5'2"	25
30	Juanita Acevedo	5'7"	19
55	Paula Rojas	5'6"	23
70	Erika Rodriguez	5'3"	21
95	Marieed Dorado	5'4"	22
98	Laura Vasquez	5'8"	21

## ROSTER

1	Kami Groom	5'5"	24
2	Courtney Kiesow	5'8"	28
3	Sara Jacobi	5'5"	28
4	Betsy Calkins	5'4"	32
5	Blake Spitz	5'6"	32
6	Claudia Tajima	5'6"	23
7	Mia Greenwald	5'7"	22
9	Becca Ludford	5'6"	24
10	Qxhna Titcomb	5'7"	21
11	Christie Kim	5'4"	27
12	Dory Ziperstein	5'7"	26
13	Becky Malinowski	5'10"	25
14	Paula Seville	5'9"	24
16	Kirsten Unfried	5'9"	36
17	Angela Zhu	5'5"	18
18	Leila Tunnell	5'9"	25
19	Lien Hoffman	5'6"	23
21	Chelsea Murphy	5'3"	26
22	Vicky Negus	5'8"	24
23	Emily Baecher	5'7"	27
24	Chelsea Witte-Garcia	5'10"	29
25	Shira Klane	5'4"	26
26	Elana Schwam	5'4"	27
28	Vicki Chang	5'5"	25
33	Laura Bitterman	5'3"	26
37	Molly Hallweaver	5'8"	24

## BRUTE SQUAD



### BOSTON, MA

**Captains:** Becky Malinowski, Blake Spitz,  
 Courtney Kiesow, Emily Baecher  
**Coach:** Mike Zalisk

Formed in 2002 and developed alongside the once-dominant Godiva, Brute Squad has since become the top team in the Boston area. Brute has qualified for Nationals every season, with two appearances in quarterfinals, three in semifinals and one in finals.

[brutesquadultimate.com](http://brutesquadultimate.com)



# WOMEN'S TEAMS

## FURY

### SAN FRANCISCO, CA

**Captains:** Alex Snyder, Ness Fajardo

**Coach:** Matty Tsang



Fury is an elite women's ultimate team based in the San Francisco Bay Area. Since its inception in 1997, Fury has earned a reputation for excellence on the ultimate field by melding athleticism, experience, dedication and teamwork. That combination has helped Fury earn nine National Championships (1999, 2003, 2006-2012) and the right to represent the USA at eight World Championships, winning gold in 2008 and 2010 and silver in 2012. The team also highly values the importance of coaching and is pleased to have been coached by Matty Tsang for the last nine seasons.

Over the years, Fury has been comprised of a diverse group of women with a common goal: to excel at the sport we love, together.

[furyultimate.com](http://furyultimate.com)

## ROSTER

3	Castle Sinicrope	5'5"	30
4	Alex Snyder	5'8"	31
5	Kaela Jorgenson	5'8"	26
6	Alicia Dantzker	5'8"	31
8	Nancy Sun	5'6"	31
9	Loryn Kanemaru	5'5"	26
10	Gen Laroche	5'8"	35
11	Lauren Casey	5'8"	31
12	Kristie Bowen	5'2"	29
13	Cree Howard	5'8"	27
15	Alden Fletcher	5'8"	30
16	Michela Meister	5'9"	21
20	Dre Romano	5'9"	28
22	Arlee Tsang	5'2"	39
23	Sabrina Fong	5'6"	24
26	Lisa Pitcaithley	5'9"	22
27	Ness Fajardo	5'7"	29
29	VY Chow	5'5"	38
33	Anna Nazarov	5'3"	29
37	Liz Duffy	5'6"	39
42	Darragh Clancy	5'7"	28
44	Maggie Ruden	5'6"	25
51	Claire Desmond	5'8"	24
66	Shmi Narayan	5'7"	30
71	Manisha Daryani	5'4"	31
77	Carolyn Finney	5'3"	26

SPECTATOR INFO

## ROSTER

0	Mallory Meiser	5'7"	23
2	Nici Prien	5'10"	
6	Lauren Bryant	5'8"	24
9	Jackie Verralls	5'0"	29
13	Ange Wilkinson	5'9"	30
14	Rachel Kelly	5'9"	27
15	Sonia Komenda	5'5"	25
19	Meryl Kusyk	5'9"	30
22	Jenna Thomson	5'4"	27
24	Caroline Nicholls	5'8"	28
27	Isabella Burke	5'5"	29
32	Francesca Scarampi	5'10"	28
33	Mara Alperin	5'5"	28
50	Alex Meixner	5'10"	26
54	Fiona Kwan	5'6"	23
88	Joanna Rowbury	5'5"	25

## ICENI

### LONDON, UK

**Captains:** Ange Wilkinson, Sonia Komenda

**Coach:** Paul Waite



Iceni is the UK's premier women's ultimate team and was London's first geo women's club. Formerly known as HRH, the club were the UK Women's National Champions in 2004. The club had a name change to Iceni in early 2005 and has won the National Champion crown eight times since its inception - 2005, 2006, 2007, 2008, 2009, 2011, 2012 and 2013. We came 17th in the 2010 World Ultimate Club Championships in Prague and have medalled every year in the European Club Series, including five golds in 2006, 2009, 2011, 2012 and 2013.

The name Iceni is inspired by the legend of Boudicca from 60AD(ish). We love the tale of a powerful warrior princess leading an army of determined and intimidating Celts (mostly from the Iceni tribe) to wage war on the Romans - even though the Romans were far better trained and equipped!

[iceniultimate.co.uk](http://iceniultimate.co.uk)

# WOMEN'S TEAMS

## RIOT

### SEATTLE, WA

**Captains:** Gwen Ambler, Rohre Titcomb,  
Alyssa Weatherford  
**Coach:** Andy Lovseth



Since its formation in 2000, Riot has become a perennial powerhouse in the women's club division. In fact, Riot has the lone distinction of making the semifinals or finals in every single tournament the team has attended.

We work hard to be the best team we can be while living and playing by our core values: excellence, trust and love. We take pride in our contributions to the women's ultimate community through our volunteer efforts and are committed to not just playing great ultimate, but making our division and sport better.

seattleriot.org

## ROSTER

1	Kelly Johnson	5'5"	27
2	Elle Burstein	5'5"	25
3	Gwen Ambler	5'11"	31
4	Rohre Titcomb	5'7"	26
5	Kate Kingery	5'6"	35
6	Sarah Griffith	5'5"	28
7	Calise Cardenas	5'4"	27
8	Rachel Bradshaw	5'8"	27
9	Shannon McDowell	5'8"	28
10	Shira Stern	5'5"	22
11	Shannon O'Malley	5'5"	27
12	Callie Mah	5'8"	23
13	Hana Kawai	5'8"	25
15	Bailey Zahniser	5'6"	24
17	Dominique Fontenette	5'7"	37
20	Katy Craley	5'8"	24
21	Molly McKeon	5'4"	27
24	Sarah Davis	5'5"	22
25	Alyssa Weatherford	5'5"	27
34	Angelica Boyden	5'9"	24
38	Kathryn Lawson	5'4"	29
49	Charlie Eide	5'5"	26
55	Nora Carr	5'8"	28
77	Jillian Goodreau	5'11"	24
81	Charlie Mercer	5'9"	26

## ROSTER

2	Huldah Gronvall	5'6"	32
3	Amy Wickner	5'9"	30
4	Sarah Itoh	5'6"	28
6	Ashley Daly	5'7"	29
7	Kimberly Beach	5'5"	41
8	Kristin Franke	5'1"	29
9	Octavia Payne	5'5"	25
11	Ellie Graeden	5'6"	34
14	Samantha McClellan	5'7"	27
16	Leah Tsinajinnie	5'4"	23
17	Shino Yoshen	5'8"	25
18	Crystal Davis	5'6"	30
20	Alika Johnston	5'3"	20
21	Maggie John	5'5"	23
23	Lauren Saddler	5'3"	23
24	Amy Hudson	5'11"	26
27	Maddy Frey	5'8"	34
37	Sandy Jorgensen	5'9"	27
42	Laura Pape	5'6"	22
55	Molly Roy	5'3"	27
71	Sasha Bugler	5'6"	22
77	Quinne Farenwald	5'5"	26
91	Jessie O'Connor	5'6"	22

## SCANDAL

### WASHINGTON, DC

**Captains:** Sandy Jorgensen, Octavia Payne,  
Kath Ratcliff  
**Coach:** Alexander Ghesquiere



Begun in 2007, Scandal is the elite women's ultimate club team that draws from the Washington, D.C., metropolitan area. In 2013, in its fifth Nationals appearance, Scandal captured its first USA Ultimate Club Championship title.

scandalultimate.com

# WOMEN'S TEAMS

## SHOWDOWN

### AUSTIN, TX

**Captains:** Shereen Rabie, Christina Contreras  
**Coach:** Sean McCall



After years of playing against each other, the strength of Texas united in 2006. Texas Showdown represents all corners of the state, from Houston to El Paso, Dallas to San Antonio. We often meet in the middle, in the capital, Austin. In 2012 and 2013, Showdown broke through to semis at Nationals, and based on our performance in 2013, we qualified for the World Ultimate Club Championships in Lecco, Italy in August 2014.

## ROSTER

3	Rebecca Shelton	5'7"	28
4	Monica Matsumoto	5'3"	23
7	Lukiih Cuan	5'4"	24
8	Shereen Rabie	5'1"	23
11	Katharine Forth	5'6"	38
12	Sunny Harris	5'7"	23
13	Angela Lee	5'6"	24
14	Edith Teng	5'5"	24
15	Marjo Poindexter	5'3"	28
16	Sarah Levinn	5'10"	24
17	Marissa Land	5'4"	19
18	Lauren McKenna	5'5"	20
22	Barbara		
	Karia-Marton	5'4"	39
23	Lillian White	5'6"	26
25	Tina Woodings	5'10"	31
26	Susan Gilbert	5'6"	20
27	Christina Contreras	5'10"	29
28	Annie Ortiz	5'6"	20
29	Michelle Arceneaux	5'9"	25
32	Rebecca Forth	5'7"	38
33	Kayla Ramirez	6'1"	23
34	Mariel Hammond	5'4"	23
44	Sharon Tsao	5'5"	22
99	Janel Venzant	5'6"	24

SPECTATOR INFO

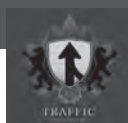
## ROSTER

0	Terri Whitehead	5'5"	30
3	Michelle Ning	5'6"	32
4	Katie Berezan	5'6"	26
5	Ashlee Davison	5'9"	31
7	Allie Short	5'10"	24
8	Ellie Hand	5'7"	26
9	Jessica Rockliff	5'6"	27
11	Eva Cham	5'2"	40
12	Maria Chau	5'4"	25
14	Troë Weston	5'6"	32
15	Lindsay Earle	5'5"	30
17	Candice Chan	5'2"	32
20	Kat Neal	5'3"	32
21	Rena Kawabata	5'6"	24
22	Tiffany Chao	5'5"	27
23	Julie Daviau	5'8"	30
24	Yayuk Joffres	5'8"	25
33	Laura Mason	5'8"	28
36	Emma Madden-Krasnick	5'3"	18
		5'6"	25
42	Rachel Moens	5'6"	25
66	Crystal Koo	5'2"	23
89	Carolyn Churchland	5'8"	28
90	Catherine Hui	5'5"	24
92	Laurel Jay	5'2"	21

## TRAFFIC

### VANCOUVER, BC

**Captains:** Candice Chan, Catherine Hui, Kira Frew



Traffic was formed in 2007 and is based out of Vancouver, BC. Since its inception, Traffic has proven year after year to be one of the most competitive teams in the world and one of the best in Canada. Traffic has been the reigning Canadian champions for the last two years, won bronze in 2008 at the World Ultimate Championships and have qualified six times for the USA Ultimate Championships. This year, Traffic has picked up some new blood. Adding even more speed to our lanes, look out for our rookies Ellie Hand and Yayuk Joffres. Seasoned veterans to watch out for are Eva Cham, Crystal Koo and Laura Mason. This team is athletic, fast and ready to play.

[traffic-ultimate.com](http://traffic-ultimate.com)

# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff. If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers. If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields by 7:30am each day. Directions to the local hospital can be found in the “Directions” section of this program.

## Concussions

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion:
  1. Remove athlete from play.
  2. Ensure athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If a minor, inform athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
  4. Allow athlete to return to play only with permission from an appropriate health care professional.

## Heat, Nutrition and Hydration

- Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
- Prevention and Treatment of Heat Illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.

- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

## Sideline Safety

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

## Lightning Guidelines

- Event Staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

## 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

## 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

## 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

## 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## 5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## **6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

**7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.** When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.*

# SPIRIT AWARDS

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. -- 11th Edition USA Ultimate Rules of Ultimate.*

## INDIVIDUAL AWARDS

Teams will each be asked to nominate a player from their own team who they feel displays the highest level of Spirit. The definition of Spirit is up to each team but should include elements of sportsmanship, leadership, perseverance, fire, etc. Choose the person whose attitude you wish other people on your team would emulate and who other players off your team admire. Individual Spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

## TEAM AWARDS

Following every game, each team will be asked to rate its opponent using the World Flying Disc Federation's spirit scoring system.

## WFDF SPIRIT SCORING (from [www.wfdf.org](http://www.wfdf.org))

The objectives of the Spirit of the Game (SOTG) scoring sheet are:

- 1) Educate players on what Spirit of the Game is
- 2) Help teams to improve specific parts of their Spirit
- 3) Celebrate SOTG by awarding a prize to the team that gets the highest score

To achieve this, every team needs to score in a similar fashion. We recognize that SOTG is hard to capture exactly, and the specifics and the examples may vary by country, competition level, etc., but if players adhere to the guidelines below, the objectives of the scoring system will be achieved.

## HOW TO FILL IN THE SCORES

- Filling in the scores is a team effort. This helps in educating your players too. While this might take several minutes the first few times, it will take only a minute after you get used to it.
- It is expected that teams display normal, good spirit. The system was designed in accordance with this expectation. Therefore the baseline in each category is "Good" which equals 2 Points. For each game, determine if the other team was better than, worse than, or the same as just a regular game and score accordingly.
- Focus on each question and answer that question only. Do not start with an overall score in mind and work backwards to get that score.
- There might be many times that nothing out of the ordinary occurred at a game. As such, each category should get 2 points. A final score of 10 points is considered Good Spirit.
- Give a real score that reflects the items detailed on the sheet; do not score a team because you felt the team was 'nice' or because they made a funny game in the circle.
- Do your part of the job and bring back the sheet when requested by the TD.

## LOGISTICS:

- Teams will receive a sample scoring sheet and explanation at the captain's meeting.
- Scorekeepers will hand out the 4-team scoring sheet during your first rounds of play each day.
- After your last round of play, return the scoring sheet to the score keeper of your last game.



# SPIRIT CIRCLE

USA Ultimate has recommended post-game “spirit circles” to teams at the Youth Club Championships since 2010. It’s an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championships where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well, and anything else that might be worth communicating...even if it’s something you think could be done better (and don’t forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!



Official Beer of the  
**2014 U.S. OPEN**  
Ultimate Championships  
& Convention

Available at:

**DISCRAFT WELCOME RECEPTION**

Wednesday, July 2, 5:00pm  
Embassy Suites, Brooklyn Center

**KEYNOTE PRESENTATION**

Thursday, July 3, 6:30pm  
Embassy Suites, Brooklyn Center

**POST-TOURNAMENT SOCIAL**

Sunday, July 6, 10:00pm  
Brunswick Zone XL Blaine

# USA ULTIMATE SPIRIT OF COACHING

**BACKGROUND:** The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach — and not the players — has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

## **GUIDELINES:**

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or foot-blocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
- Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
- Coaches will always exhibit respect for opposing players, other coaches and observers.
- Coaches will model Spirit of the Game at all times.

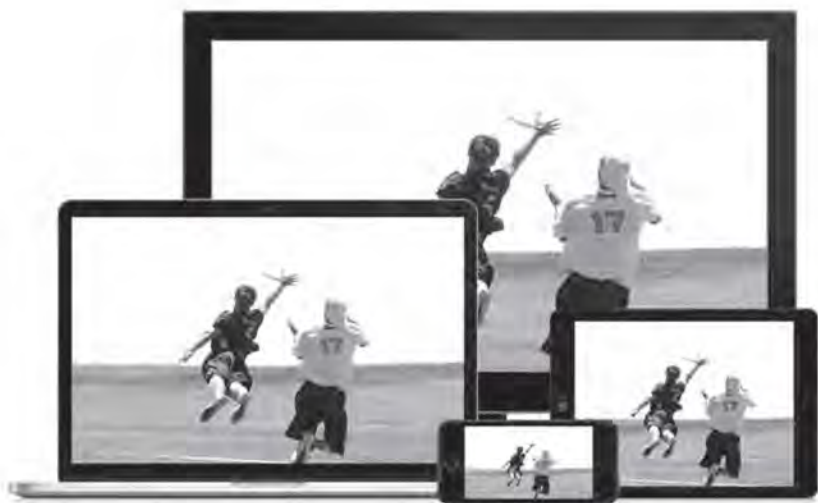
**SUMMARY:** The coach's goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.

# 2014 USA ULTIMATE COACHING CERTIFICATION INFORMATION

During games at USA Ultimate Championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff with player-level or limited field access must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

For more information on USA Ultimate's Spirit of Coaching or Coaching Certification Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at [mike@hq.usultimate.org](mailto:mike@hq.usultimate.org), or visit the USA Ultimate website at [usultimate.org](http://usultimate.org).

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## MAKING ULTIMATE STRONGER

Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments. We really can't thank them enough for the work they do!



Five Ultimate is proud to sponsor the 2014 USA Ultimate Coaching Development Program.




**PLAY HARD. HAVE FUN.**  
**FIVEULTIMATE**

[Team@FiveUltimate.com](mailto:Team@FiveUltimate.com)



photo by Billy D Photography



2014 USA Ultimate US Open Championships - Men's Division												
All Games to 15 Cap 17	1	Revolver (San Francisco, CA)										
	2	Sockeye (Seattle, WA)										
	3	Ironside (Boston, MA)										
	4	Johnny Bravo (Denver, CO)										
	5	Sub Zero (Minneapolis, MN)										
	6	Clapham (London, UK)										
	7	Furious George (Vancouver, BC)										
	8	Evolution (Medellin, Colombia)										
												
Thursday, July 3rd												
Thursday		F#	Score		F#	Score		F#	Score		F#	Score
9:00 - 10:45	1 v 8	L4	-	2 v 7	L1	-	3 v 4	L2	-	5 v 6	L3	-
11:15 - 1:00	1 v 4	L4	-	2 v 6	L2	-	3 v 7	L1	-	5 v 8	L3	-
1:30 - 3:15	1 v 2	J4	-	5 v 7	L4	-	3 v 6	L1	-	4 v 8	L3	-
Friday, July 4th												
Friday		F#	Score		F#	Score			Score		F#	Score
9:00 - 10:45	1 v 7	K3	-	2 v 4	L2	-	3 v 5	K1	-	6 v 8	K2	-
11:15 - 1:00	1 v 5	K3	-	2 v 3	K4	-	4 v 6	K1	-	7 v 8	K2	-
1:30 - 3:15	1 v 3	L2	-	2 v 8	K4	-	4 v 5	K1		6 v 7	K2	-
Saturday, July 5th												
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
9:00 - 10:45	1 v 6	J4	-	2 v 5	J3	-	3 v 8	J2	-	4 v 7	J1	-
Re-seed after Round Robin (1st vs 4th; 2nd vs 3rd)												
5:30 - 7:15	Semifinal 1:	* vs *									U1	-
8:00 - 9:45	Semifinal 2:	* vs *									U1	-
Sunday, July 6th, 4:00 - 5:45pm												
				Winner Semi 1								
U1 Stadium												
Winner Semi 2												
* TBD based on competition and broadcast considerations.												



## 2014 USA Ultimate US Open Championships - Mixed Division

All Games  
to 15  
Cap 17

- 1 Drag 'n Thrust (Minneapolis, MN)
- 2 Polar Bears (San Francisco, CA)
- 3 The Ghosts Boston (MA)
- 4 Wild Card (Boston, MA)
- 5 Union (Toronto, ON)
- 6 Chad Larson Experience (Ames, IA)
- 7 AMP (Philadelphia, PA)
- 8 One 2 One (Bucaramanga, Colombia)

#### Thursday, July 3rd

Thursday	F#	Score		F#	Score		F#	Score		F#	Score	
9:00 - 10:45	1 v 8	K3	-	2 v 7	K4	-	3 v 4	K1	-	5 v 6	K2	-
11:15 - 1:00	1 v 4	K3	-	2 v 6	K4	-	3 v 7	K1	-	5 v 8	K2	-
1:30 - 3:15	1 v 2	K3	-	5 v 7	K4	-	3 v 6	K1	-	4 v 8	K2	-

#### Friday, July 4th

Friday	F#	Score		F#	Score		F#	Score		F#	Score	
9:00 - 10:45	1 v 7	J4	-	2 v 4	J3	-	3 v 5	J2	-	6 v 8	J1	-
11:15 - 1:00	1 v 3	J4	-	2 v 8	J3	-	4 v 5	J2	-	6 v 7	J1	-
1:30 - 3:15				2 v 3	J4	-	4 v 6	J2	-	7 v 8	J3	-
5:30 - 7:15	1 v 5	U2	-									

#### Saturday, July 5th

Saturday	F#	Score		F#	Score		F#	Score		F#	Score	
9:00 - 10:45	1 v 6	K3	-	2 v 5	K4	-	3 v 8	K1	-	4 v 7	K2	-

Re-seed after Round Robin (1st vs 4th; 2nd vs 3rd)

12:00 - 1:45	Semifinal 1:	*	vs	*	U1	-
1:00 - 2:45	Semifinal 2:	*	vs	*	U2	-

Sunday, July 6th, 11:00am - 12:45pm

Winner Semi 1

U1 Stadium




Winner Semi 2

Champions

\* TBD based on competition and broadcast considerations.



# WOMEN'S SCHEDULE

2014 USA Ultimate US Open Championships - Women's Division													
All Games to 15 Cap 17	1	Scandal (Washington, DC)											
	2	Fury (San Francisco, CA)											
	3	Riot (Seattle, WA)											
	4	Showdown (Austin, TX)											
	5	Iceni (London, UK)											
	6	Brute Squad (Boston, MA)											
	7	Traffic (Vancouver, BC)											
	8	Bamboo (Bogota, Colombia)											
													
Thursday, July 3rd													
Thursday		F#	Score		F#	Score		F#	Score		F#	Score	
9:00 - 10:45	1 v 8	J4	-	2 v 7	J3	-	3 v 4	J2	-	5 v 6	J1	-	
11:15 - 1:00	1 v 4	J4	-	2 v 6	J3	-	3 v 7	J2	-	5 v 8	J1	-	
1:30 - 3:15	1 v 2	L2	-	5 v 7	J3	-	3 v 6	J2	-	4 v 8	J1	-	
Friday, July 4th													
Friday		F#	Score		F#	Score		F#	Score		F#	Score	
9:00 - 10:45	1 v 5	L1	-	2 v 3	L4	-	4 v 6	K4	-	7 v 8	L3	-	
11:15 - 1:00	1 v 7	L1	-	2 v 4	L4	-	3 v 5	L2	-	6 v 8	L3	-	
1:30 - 3:15	1 v 3	L1	-	2 v 8	L4	-	4 v 5	K3	-	6 v 7	L3	-	
Saturday, July 5th													
Saturday		F#	Score		F#	Score		F#	Score		F#	Score	
9:00 - 10:45	1 v 6	L*	-	2 v 5	L*	-	3 v 8	L*	-	4 v 7	L*	-	
Re-seed after Round Robin (1st vs 4th; 2nd vs 3rd)													
2:30 - 4:15	Semifinal 1:	*				vs				*			
3:30 - 5:15	Semifinal 2:	*				vs				*			
Sunday, July 6th, 1:30 - 3:15pm													
<div><div></div><div><div>Winner Semi 1</div><div>U1 Stadium</div><div>Winner Semi 2</div></div><div>Champions</div><div></div></div>													
* TBD based on competition and broadcast considerations.													



## COME LEARN TO PLAY ULTIMATE



**from 9:00 – 11:30am on Saturday, July 5!**

In partnership with Minnesota Youth Ultimate, USA Ultimate is hosting a Learn to Play clinic at the 2014 U.S. Open Championships.

The clinic is open to kids of all ages and includes sessions for both boys and girls! For more information and to register, check out [mnyu.org](http://mnyu.org) or visit the USA Ultimate Information Tent at the National Sports Center.

**COME OUT AND LEARN TO PLAY!**

# FIELD MAP



**U.S. OPEN CHAMPIONSHIPS**



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SCHEDULES & MAP

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